

# Wildland Firefighters & COVID-19

Wildfires are dangerous and pose several hazards to firefighters. COVID-19 is another hazard wildland firefighters must be aware of. Here are actions wildland firefighters can take to prevent the spread of COVID-19:



## Wear a Cloth Mask

- Cover your mouth and nose with a cloth mask during non-arduous fire operations when in contact with people outside your module or crew

## Cover Coughs

- Cover your mouth and nose with a tissue when you cough or use the inside of your elbow
- Dispose of used tissues appropriately and wash your hands



## Practice Social Distancing

- Stay at least 6 feet apart from others outside your module or crew, when possible
- Use radios, remote units, and virtual technology in place of person-to-person communications

## Clean and Disinfect

- Regularly clean and disinfect shared areas and high touch surfaces in workspaces, living spaces, vehicles, and on equipment, making sure to wear appropriate personal protective equipment (PPE) and follow cleaning and disinfectant product instructions
- Disinfect equipment and PPE according to manufacturer guidelines and limit equipment sharing, when possible



## Wash Your Hands Often

- Wash your hands with soap and water for at least 20 seconds, especially if visibly dirty
- If soap and water are not available, try to remove visible dirt and grime with a wipe before using hand sanitizer with at least 60% alcohol
- Avoid touching your eyes, nose, and mouth

## Monitor Your Health Daily

- Rest and get proper hydration and nutrition
- Know the symptoms of COVID-19 and self-monitor for symptoms daily
- Let your supervisor know if you are experiencing symptoms to prevent spreading COVID-19 to others



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention

For more information on how to stay safe  
at work, visit

[www.cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)