

# Board Game: Protect Others & Protect Yourself from COVID-19

Suggested for Ages 6-12 years

## DIRECTIONS

- 1 Cut out game pieces.
- 2 Follow the path one space at a time and scan the QR codes to learn tips to protect others and yourself.
- 3 Use CDC's COVID-19 [Parental Resources Kit](#) to learn more about ways to prevent and cope with COVID-19.

## Cut out your character of choice!



## TIPS



### TIP #1

Keep a distance of at least 6 feet (about 2 arm lengths) – between yourself and people who do not live with you, indoors and outdoors.

<https://bit.ly/3gnflpv>

### TIP #2

Masks can help prevent people who have COVID-19 from spreading it to others. You can protect people around you by wearing your mask correctly.

<https://bit.ly/34GCsJJ>

### TIP #3

Wash your hands with soap and water, for at least 20 seconds. Handwashing is one of the best ways to prevent getting sick and avoid spreading germs.

<https://bit.ly/32n1s5S>

### TIP #4

At home, it is important to keep frequently touched surfaces clean. Make it a team effort – ask your parents if you can safely help.

<https://bit.ly/3hq0cFt>

