

# REPORT COVID-19 SYMPTOMS

## PROTECT YOUR FELLOW CREW!



People with COVID-19 (coronavirus disease 2019) have reported a wide range of symptoms. Illness ranges from mild to severe. Symptoms may appear **2-14 days after exposure** to the virus. Crew with these symptoms may have COVID-19:



**Fever (100.4° F (38° C) or greater) or chills**



**Cough**



**Shortness of breath or difficulty breathing**



**Fatigue**



**Muscle or body aches**



**Headache**



**New loss of taste or smell**



**Sore throat**



**Congestion or runny nose**



**Nausea or vomiting**



**Diarrhea**

*This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19: <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>. (You may also go to [www.cdc.gov](http://www.cdc.gov) and search for "Symptoms of Coronavirus.")*

## REPORTING COVID-19 SYMPTOMS TO YOUR SHIP'S DESIGNATED MEDICAL PERSONNEL HELPS...



Identifying symptoms can help you get the care you need. You can also keep from spreading COVID-19 to others. Stay in your cabin until your ship's medical staff clears you for duty.



Your fellow crew can monitor their health and take precautions to prevent further spread of COVID-19 on board.



Your ship can implement more measures to prevent the further spread of COVID-19 and protect the health of people on board.

