

COVID-19 | Donate Blood Plasma and Help Save Lives | Surgeon General Dr. Adams

I'm Surgeon General Jerome Adams. If you have recovered from COVID-19, confirmed by a positive test, you're in a special position to help us fight the virus. Your plasma has antibodies that may help others fight COVID. So please donate plasma now. You can literally help save lives. There are locations across the country that have safe ways for you to donate. Find a site to donate your plasma at [coronavirus.gov](https://coronavirus.gov).