

GLOBAL HEALTH ALERT: COVID-19

TAKE A CARD

STOP THE SPREAD OF COVID-19

Mexico and the United States both have widespread COVID-19. Cross the border only for essential reasons. Do not cross the border when sick.



Keep distance and wear a mask.



Watch your health.

COVID-19 can spread from people with no symptoms.

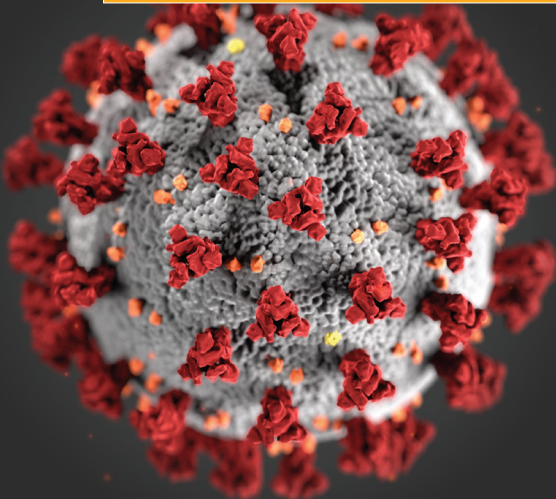
- Wash hands often or use hand sanitizer.
- Follow local guidance on both sides of the border.
- Avoid social gatherings.

IF YOU GET SICK, call ahead before seeing a doctor.

For more information: www.cdc.gov/coronavirus



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