## COVID-19 | Donate Blood Plasma and Help Save Lives | Dr. Redfield

I'm Dr. Robert Redfield, Director of the CDC. If you have recovered from COVID-19, confirmed by a positive test, you're in a special position to help us fight the virus. Your plasma antibodies may help others fight COVID. Please donate plasma now. You can help save lives. There are locations across the country that have safe ways for you to donate. Find a site to donate your plasma at coronavirus.gov.