

Cleaning and Disinfecting Surfaces (35 sec)

You can reduce your risk of COVID-19 by **cleaning and disinfecting frequently touched items and surfaces every day**

These items include **remotes, tables, counters, light switches, doorknobs, handles, toilets, and sinks.**

Wear disposable gloves to clean and disinfect. If you can see that the item is dirty, **wash first with soap and water** or another general cleaner.

Then, **use a household disinfectant to kill germs. Follow manufacturer's instructions** for application and proper ventilation to safely use the product.

For phones or other electronics, follow the **manufacturer's instructions** for cleaning and disinfecting. If no instructions, use alcohol-based wipes or sprays containing at least 70% alcohol. Dry surface thoroughly.

For more tips, visit [c-d-c dot g-o-v](https://www.cdc.gov).