

FAMILY DEVELOPMENT MATRIX

Status Level	Shelter	Food & Nutrition	Transportation & Mobility	Health & Safety	Social & Emotional Health & Competence
Benchmarks	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria	Benchmark Criteria
Thriving	<ul style="list-style-type: none"> Living in housing of choice Spends less than 40% of income on housing rent or mortgage Has adequate housing space and rooms for family size Feels safe and secure in home and neighborhood Takes measures to maintain household in a safe and livable condition Owens property or has maintained tenancy for more than one year 	<ul style="list-style-type: none"> Can afford a variety of healthy and nutritious foods Has appliances and utensils to prepare food in a variety of methods Eats nutritious, well-balanced meals on a regularly scheduled basis All special dietary requirements are met Is ideal weight 	<ul style="list-style-type: none"> Has current and valid drivers license Has a vehicle that is safe and in adequate running condition Is fully insured and has comprehensive insurance coverage Can afford choice of transportation Is able to repair vehicle when needed 	<ul style="list-style-type: none"> Has established relationships with health care professionals Has comprehensive health insurance Practices preventive health habits Practices safe behaviors in all environments 	<ul style="list-style-type: none"> Working to change negative social and cultural conditions on a personal and community level Uses resources for personal development Is not using drugs or alcohol Is maintaining sobriety
Safe and/or Self-Sufficient	<ul style="list-style-type: none"> Lives in or has access to adequate housing Spends less than 50% of income on rent or mortgage Has some choice in housing options Feels safe and secure in home and neighborhood Has adequate space and rooms for family size Tenancy is secure for one year 	<ul style="list-style-type: none"> Has enough food to satisfy recommended daily allowances Has appliances and utensils to prepare most foods Eats well balanced meals on a regularly scheduled basis Special dietary needs are usually met Is ideal weight or less than 10 lbs. heavier or lighter than ideal weight 	<ul style="list-style-type: none"> Has current and valid drivers license Has and maintains own vehicle Has basic insurance coverage Has a good driving and accident record Has some choice of transportation 	<ul style="list-style-type: none"> Can access health care when needed Has insurance that covers at least 80 percent of costs of care Has adequate income to make payment arrangements Has sound health and hygiene practices Seeks timely assessment and treatment Practices safe behaviors in most environments 	<ul style="list-style-type: none"> Is able to cope with social, cultural and economic pressures Is not using drugs or alcohol Has used treatment to make progress toward sobriety and is maintaining sobriety Has well developed social support system – is able to receive as well as provide support Generally makes wise use of community resources to meet full range of family needs
Stable	<ul style="list-style-type: none"> Housing is not hazardous, unhealthy or overcrowded Spends less than 60% of income on rent or mortgage Housing options may be limited Feels safe and secure in home All housing and utility costs are paid and up to date Has telephone or access to a telephone Tenancy is secure for more than six months 	<ul style="list-style-type: none"> Has adequate nutritious food Has some appliances and utensils to prepare food Eats at least one nutritious meal daily Food is sufficient to prevent malnutrition or health problems Is ideal weight or less than 20 lbs. heavier or lighter than ideal weight 	<ul style="list-style-type: none"> Has current and valid drivers license Has a vehicle Can afford alternate transportation when needed Can generally repair vehicle when needed 	<ul style="list-style-type: none"> Can and does access health care but has significant difficulty and/or gaps in health coverage Has major and emergency insurance coverage Has adequate income to pay treatment of care balances over time Generally practices sound hygiene Seeks treatment for significant problems Practices safe behaviors in many environments 	<ul style="list-style-type: none"> Is usually able to handle social, cultural and economic pressures Acknowledges any drug or alcohol problems and is utilizing treatment Generally using community resources needed to meet family needs Generally able to control symptoms of mental illness or seeks treatment when needed
At Risk and/or Vulnerable	<ul style="list-style-type: none"> Lives in temporary or share housing Spends more than 60% of income for rent Housing options are severally limited or non-existent Living in unsafe and over-crowded conditions May have a recent eviction or utility shut off notice Feels unsafe in home and neighborhood May be dependent upon housing assistance Tenancy is secure for six months or less 	<ul style="list-style-type: none"> Family members are sometimes hungry and/or malnourished due to lack of food Does not have appliances and utensils to prepare food Nutritional requirements are not consistently met Eats when food is available Is obese or underweight 	<ul style="list-style-type: none"> Has a revoked, suspended or invalid drivers license May have insufficient funds to obtain transportation when needed Has unpaid traffic tickets Does not have safe or reliable transportation Does not have auto insurance Does not have income to obtain transportation 	<ul style="list-style-type: none"> Health care is sporadic Has difficulty accessing health care Is not covered by insurance Has inadequate income to access necessary health care Doesn't take care of self – ignores health problems Is unaware of and does not practice safe behaviors or hygiene practices 	<ul style="list-style-type: none"> Uses illegal drugs Abuses alcohol or prescription drugs Has inadequate social support systems but is beginning to develop appropriate connections Is often in denial of emotional, mental health, and/or substance abuse problems Is unable to control symptoms of mental illness or does not seek treatment when needed
In Crisis	<ul style="list-style-type: none"> Is homeless or on the verge of being homeless Has insufficient income for anything but substandard or temporary housing Living in housing that is unsafe, deteriorating or seriously over-crowded Fears for safety in home and neighborhood Lacks income or resources to maintain permanent housing Lacks basic household necessities 	<ul style="list-style-type: none"> Hunger is common Has a serious lack of resources to obtain food Evidence of or diagnosis of malnutrition Has a severe eating disorder No one is preparing meals Is extremely obese or severally underweight 	<ul style="list-style-type: none"> Is driving without a license Is driving without insurance Does not have a drivers license Does not know how to drive Is not insurable Has no access to transportation for basic needs Has no income to obtain transportation Has been incarcerated for traffic violations 	<ul style="list-style-type: none"> Has no access to health care Needs immediate health care Displays dangerous and/or self-destructive behavior 	<ul style="list-style-type: none"> Is unable to take care of self or family Has severe and untreated drug or alcohol abuse Has severe and untreated mental illness Has no social support system Is isolated

STRONG BEGINNINGS PROGRAM

Developed by the Orange County Shelter and Hunger Partnership for California Department of Health and Human Services