

## Mental Health Resources in Denton and Surrounding Counties

### Crisis Resources

Organization	Hotline/Phone
UNT Counseling & Testing Services	940-565-2741 (press 1)
Denton County MHMR Crisis Line	1-800-762-0157
National Suicide Prevention Hotline	1-800-273-8255
Crisis Text Line Website	<a href="https://www.crisistextline.org/">https://www.crisistextline.org/</a>
Live Chat	<a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a>
The Trevor Project Lifeline	1-866-488-7386

### UNT Resources

Organization	Phone Number	Website	Location	Services
Counseling & Testing Services	940-565-2741	<a href="https://studentaffairs.unt.edu/counseling-and-testing-services">https://studentaffairs.unt.edu/counseling-and-testing-services</a>	Chestnut Hall 311	UNT students
UNT Psychology Clinic	940-565-2631	<a href="https://psychology.unt.edu/clinics-and-centers/psychology-clinic">https://psychology.unt.edu/clinics-and-centers/psychology-clinic</a>	Terrill 171	Students, staff, and community
UNTWELL Clinic	940-565-3598	<a href="https://untwell.unt.edu/services-offered">https://untwell.unt.edu/services-offered</a>	Chilton 130	UNT students
Counseling & Human Development Center	940-565-2970	<a href="https://coe.unt.edu/counseling-and-human-development">https://coe.unt.edu/counseling-and-human-development</a>	Welch St. Complex # 2	Students, staff, and community
Child & Family Resource Center	940-565-2066	<a href="https://www.coe.unt.edu/child-and-family-resource-clinic">https://www.coe.unt.edu/child-and-family-resource-clinic</a>	Matthews Hall Annex	Students, staff, and community

\* In patient/outpatient

## Denton

Organization	Phone Number	Website	City	Services
Denton County MHMR	1-800-762-0157	<a href="http://www.dentonmhmr.org/">http://www.dentonmhmr.org/</a>	Denton	Mental Health Services
CCD Counseling, PA	940-382-5328	<a href="https://ccdounseling.com/">https://ccdounseling.com/</a>	Denton	Counseling
Lewisville Counseling	469-645-1375	<a href="http://lewisvillecounselingservices.com/Home_Page.html">http://lewisvillecounselingservices.com/Home_Page.html</a>	Lewisville	Counseling
Connections Wellness	940-222-2399	<a href="https://connectionswellnessgroup.com/">https://connectionswellnessgroup.com/</a>	Denton	Counseling, Psychiatry
*University Behavioral Health	940-539-4989	<a href="https://ubhdenton.com/">https://ubhdenton.com/</a>	Denton	Behavioral treatment/ Psychiatric Clinic

## Dallas

Organization	Phone Number	Website	City	Services
Texas Health	682-549-7916	<a href="https://www.texashealth.org/health-and-wellness/behavioral-health">https://www.texashealth.org/health-and-wellness/behavioral-health</a>	Dallas	Mental Health
Metrocare	866-260-8000 877-283-2121	<a href="https://www.metrocareservices.org/">https://www.metrocareservices.org/</a>	Dallas	Behavioral treatment
Suicide and Crisis Center	214-828-1000 800-273-8255 (additional number)	<a href="https://www.sccenter.org/">https://www.sccenter.org/</a>	Dallas	Suicide Prevention
North Texas Behavioral Health Authority	214- 366-9407 866-260-8000	<a href="https://ntbha.org/">https://ntbha.org/</a>	Dallas	Counseling
* Dallas Behavioral Healthcare Hospital	972-982-0900	<a href="https://www.dallasbehavioral.com/">https://www.dallasbehavioral.com/</a>	Dallas	Behavioral Health

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## Tarrant

Organization	Phone Number	Website	City	Services
MHMR of Tarrant County	817-335-3022	<a href="https://www.mhmrtarrant.org/">https://www.mhmrtarrant.org/</a>	Fort Worth	Mental Health
Mental Health of Greater Tarrant County	817-569-5780	<a href="http://mhatc.org/">http://mhatc.org/</a>	Fort Worth	Mental Health/Support Groups
* Harris Methodist Springwood Hospital	817-355-7777	<a href="https://www.texashealth.org/">https://www.texashealth.org/</a>	Bedford	Psychiatric Clinic
* JPS Health Network	817 702 1100	<a href="https://www.jpshealthnet.org/">https://www.jpshealthnet.org/</a>	Ft. Worth	Psychiatric Clinic

## Wise

Organization	Phone Number	Website	City	Services
*WHS Behavioral Health	940-627-5921	<a href="https://www.wisehealthsystem.com/">https://www.wisehealthsystem.com/</a>	Decatur	Mental Health Treatment

## Collin

Organization	Phone Number	Website	City	Services
Life Path Systems	972-422-5939	<a href="https://www.lifepathsystems.org/">https://www.lifepathsystems.org/</a>	McKinney, Plano, Frisco	Mental Health Services
* Carrollton Springs Hospital	972-885-6287	<a href="https://carrolltonsprings.com/">https://carrolltonsprings.com/</a>	Carrollton	Mental Health Services
*Premier Care	469-631-0935	<a href="https://premiercarebh.com/">https://premiercarebh.com/</a>	McKinney	Psychiatric Clinic

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### Cooke/Grayson/Fannin

Organization	Phone Number	Website	City	Services
Texoma Community Center Resources	903-957-4700 877-277-2226	<a href="https://www.texomacc.org/">https://www.texomacc.org/</a>	Multiple Cities	Mental Health Services//Ment Disorder support

### Johnson/Erath/Hood/Palo Pinto/Parker/Somervell

Organization	Phone Number	Website	City	Services
Pecan Valley Centers	1-800-772-5987	<a href="https://www.pecanvalley.org/">https://www.pecanvalley.org/</a>	Weatherford, Cleburne, Mineral Wells	Mental Health Services

### Henderson

Organization	Phone Number	Website	City	Services
Andrews Center	877-934-2131 903-535-7312	<a href="http://www.andrewscenter.com/">http://www.andrewscenter.com/</a>	Tyler	Mental Health Services

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