

Mental Health Resources in Denton and Surrounding Counties

Crisis Resources

Organization	Hotline/Phone
UNT Counseling & Testing Services	940-565-2741 (press 1)
Denton County MHMR Crisis Line	1-800-762-0157
National Suicide Prevention Hotline	1-800-273-8255
Crisis Text Line Website	https://www.crisistextline.org/
Live Chat	https://suicidepreventionlifeline.org/
The Trevor Project Lifeline	1-866-488-7386

UNT Resources

Organization	Phone Number	Website	Location	Services
Counseling & Testing Services	940-565-2741	https://studentaffairs.unt.edu/counseling-and-testing-services	Chestnut Hall 311	UNT students
UNT Psychology Clinic	940-565-2631	https://psychology.unt.edu/clinics-and-centers/psychology-clinic	Terrill 171	Students, staff, and community
UNTWELL Clinic	940-565-3598	https://untwell.unt.edu/services-offered	Chilton 130	UNT students
Counseling & Human Development Center	940-565-2970	https://coe.unt.edu/counseling-and-human-development	Welch St. Complex # 2	Students, staff, and community
Child & Family Resource Center	940-565-2066	https://www.coe.unt.edu/child-and-family-resource-clinic	Matthews Hall Annex	Students, staff, and community

* In patient/outpatient

Denton

Organization	Phone Number	Website	City	Services
Denton County MHMR	1-800-762-0157	http://www.dentonmhmr.org/	Denton	Mental Health Services
CCD Counseling, PA	940-382-5328	https://ccdounseling.com/	Denton	Counseling
Lewisville Counseling	469-645-1375	http://lewisvillecounselingservices.com/Home_Page.html	Lewisville	Counseling
Connections Wellness	940-222-2399	https://connectionswellnessgroup.com/	Denton	Counseling, Psychiatry
*University Behavioral Health	940-539-4989	https://ubhdenton.com/	Denton	Behavioral treatment/ Psychiatric Clinic

Dallas

Organization	Phone Number	Website	City	Services
Texas Health	682-549-7916	https://www.texashealth.org/health-and-wellness/behavioral-health	Dallas	Mental Health
Metrocare	866-260-8000 877-283-2121	https://www.metrocareservices.org/	Dallas	Behavioral treatment
Suicide and Crisis Center	214-828-1000 800-273-8255 (additional number)	https://www.sccenter.org/	Dallas	Suicide Prevention
North Texas Behavioral Health Authority	214- 366-9407 866-260-8000	https://ntbha.org/	Dallas	Counseling
* Dallas Behavioral Healthcare Hospital	972-982-0900	https://www.dallasbehavioral.com/	Dallas	Behavioral Health

* In patient/outpatient

Tarrant

Organization	Phone Number	Website	City	Services
MHMR of Tarrant County	817-335-3022	https://www.mhmrtarrant.org/	Fort Worth	Mental Health
Mental Health of Greater Tarrant County	817-569-5780	http://mhatc.org/	Fort Worth	Mental Health/Support Groups
* Harris Methodist Springwood Hospital	817-355-7777	https://www.texashealth.org/	Bedford	Psychiatric Clinic
* JPS Health Network	817 702 1100	https://www.jpshealthnet.org/	Ft. Worth	Psychiatric Clinic

Wise

Organization	Phone Number	Website	City	Services
*WHS Behavioral Health	940-627-5921	https://www.wisehealthsystem.com/	Decatur	Mental Health Treatment

Collin

Organization	Phone Number	Website	City	Services
Life Path Systems	972-422-5939	https://www.lifepathsystems.org/	McKinney, Plano, Frisco	Mental Health Services
* Carrollton Springs Hospital	972-885-6287	https://carrolltonsprings.com/	Carrollton	Mental Health Services
*Premier Care	469-631-0935	https://premiercarebh.com/	McKinney	Psychiatric Clinic

* In patient/outpatient

Cooke/Grayson/Fannin

Organization	Phone Number	Website	City	Services
Texoma Community Center Resources	903-957-4700 877-277-2226	https://www.texomacc.org/	Multiple Cities	Mental Health Services//Ment Disorder support

Johnson/Erath/Hood/Palo Pinto/Parker/Somervell

Organization	Phone Number	Website	City	Services
Pecan Valley Centers	1-800-772-5987	https://www.pecanvalley.org/	Weatherford, Cleburne, Mineral Wells	Mental Health Services

Henderson

Organization	Phone Number	Website	City	Services
Andrews Center	877-934-2131 903-535-7312	http://www.andrewscenter.com/	Tyler	Mental Health Services