# **MEDICAL EMERGENCIES**

Medical emergencies are one of the most common emergencies that occur on the UNT campus. Any of the following signs could indicate a medical emergency:

- Bleeding that will not stop
- Breathing problems (difficulty breathing, shortness of breath)
- Change in mental status (such as unusual behavior or confusion)
- Chest pain
- Choking
- Coughing up or vomiting blood
- Fainting or loss of consciousness
- Feeling of severe depression, anger, or anxiety
- Head or spine injury
- Inhaling or splashed with chemical
- Severe or persistent vomiting
- Sudden injury due to a motor vehicle accident, burns or smoke inhalation, near drowning, deep or large wound, or other injuries
- Sudden, severe pain anywhere in the body
- Sudden dizziness, weakness, or change in vision
- Swallowing a poisonous substance
- Severe abdominal pain or pressure

NOTE: This is not necessarily a comprehensive list.

## IN ANY MEDICAL EMERGENCY, FOLLOW THESE STEPS:

- 1. Call 911 (or have someone call 911 for you)
- 2. Check to make sure that providing assistance does not endanger self or others
- Send someone to get the Automated External Defibrillator (AED) located in each building on campus – AEDs can be located on the <u>UNT Mean Green Ready App</u>. AEDs are used to treat cardiac arrest.
- 4. Ask the individual injured if you can provide assistance
  - a. If they say yes, provide first aid assistance to the extent that you feel able (our office recommends referring to the **American Red Cross First Aid App** for quick-reference first aid information)
  - b. If they say no, move away from the individual and wait for first responders
  - c. If they are unconscious, you have implied consent to provide assistance, as long as you are not negligent or performing medical tasks beyond your scope of training or understanding
- 5. Send someone to meet first responders at the door
- 6. Gather as much information about the injury or illness as able





7. Report the incident to **Risk Management Services** after the incident has ended

### FOR MINOR INJURIES

Provide first aid (as appropriate) and encourage the individual to go to the **Student Health and Wellness Center** (students) or urgent care (faculty/staff) for evaluation. Report the incident to **Risk Management Services**.

#### STUDENT HEALTH AND WELLNESS CENTER

- 940-565-2333
- Web: studentaffairs.unt.edu/student-health-and-wellness-center
- 1800 Chestnut Street Chestnut Hall 2nd Floor
- General questions: <u>askSHWC@unt.edu</u>Fall/Spring Hours: Mon-Thurs 8 am to 5:00 pm, Fri 9:15 am to 5:00 pm
- Summer Hours: Mon-Thurs 8 am to 5 pm, Fri 9:15 am to 5 pm
- If closed, students can see other options for care at: <u>https://studentaffairs.unt.edu/student-health-and-wellness-</u> <u>center/resources/options-when-the-clinic-is-closed</u>

#### RISK MANAGEMENT SERVICES

- 940-565-2109
- Web: riskmanagement.unt.edu
- Incident Report Form: <u>https://riskmanagement.unt.edu/sites/default/files/incident\_report\_form.pdf</u>
- 700 North Texas Boulevard Risk Management Center
- General questions: askRMS@unt.edu



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