

UNT Counseling & Testing (CTS) Training Program



Counseling & Testing Services is a University College Counseling Center that serves the students and community of UNT in support of the mission of the University. Through our Counseling Center services, we strive to support the academic success and general well-being of UNT students through professional counseling, career counseling, consultation, mental-health screenings, educational programs and self-help resources as well as referral services. We work in a stepped-care model offering students a range of mental health services ranging from self-help tools to short term individual therapy. If you are interested in gaining experience community mental health, higher education settings or short term therapy skills, this is a good fit for you.

CTS Training Program General Information:

- Minimum 2 semester commitment to CTS
- Up to 2 positions available beginning in Fall 2020 – Spring 2021
- Encouraged to begin June 2020 for orienting new class 2-3 hr/week
- About 20hrs/week long semesters
- Preference given to Ph.D. students 5th year or beyond
- At least 2 years of therapy/practicum experience recommended
- Fourth year students encouraged to apply.
- Opportunity for different training rotations, including (but not limited to) training/administration, group, multicultural services, etc.

Training Activities for General Practicums and Internships (Examples)

Direct service activities	Indirect service activities
<ul style="list-style-type: none"> - Individual therapy - Outreach programming - Initial consultation sessions - Group therapy / weekly workshops (if available) 	<ul style="list-style-type: none"> - Individual supervision - Didactic seminars - Consultation with staff and colleagues - Supervision of group therapy (if available) - Administration (e.g., note writing)

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Our Training program is influenced by the principals of “deliberate practice” and a developmental approach*

Highlights of the CTS Training Program:

- Customizable training
- Invested supervisors
- Different potential training focus (i.e., training, group, multicultural services)
- Flexible schedule
- Variety of didactic topics and training
- Multi-disciplinary staff
- Varied level of training in crisis and consultation work

Application Process for External Applicants

Please email the following information and forms to Dr. Arlene Rivero (Arlene.rivero@unt.edu) by March 25th at 5:00pm.

- [Training Program Application Form](#)
- Curriculum Vitae
- Cover letter describing your fit with our training model and program, reasons for applying, and your goals for the training year
 - ❖ If applying for a rotation/s, please include in the cover letter or as an additional attachment a detailed description of past/current experiences working with the topic or population
- [Readiness for Training Program Form](#), to be completed by your training director, advisor, or professor who has supervised your clinical work
- Interviews conducted from April 2nd through April 13th

Upon acceptance, trainees will undergo a background check and the following must be submitted:

- [Prior Training Experiences Questionnaire](#)
- Proof of clinical liability insurance

For more information visit our website: <https://studentaffairs.unt.edu/counseling-and-testing-services/services/training-program>

Or email questions to Dr. Arlene Rivero (Arlene.rivero@unt.edu)