

# DID YOU **KNOW?**

## **UNT Health Science Center**

offers **WellConnect by Student Resource Services**—a Student Assistance Program that gives you and your family members free, confidential access to a full range of life services.



## **WELLCONNECT** *by Student Resource Services*

### **Services include:**

- 24-hour telephonic access to licensed mental health professionals at 800-326-6142 for in-the-moment support.
- 6 sessions of in-person or telephonic counseling.
- Professionals help students identify key needs, problem solve, and find solutions to work through their concerns such as emotional stressors, test anxiety, or relationship issues.
- Free legal and financial consultations.
- Referrals to local valuable resources on daily living concerns such as housing, utilities, childcare, and others.
- Health and wellness consultations.
- Robust website featuring articles, assessments, webinars, financial calculators, searchable databases, skill builders and more.

*Note: The WellConnect program assists students by providing information and support in meeting their needs, and links them to agencies or community-based resources to provide the help they are seeking. The program provides information and referrals only, and is not a source for students to access funds directly.*

Log on to: [www.wellconnectbysrs.com](http://www.wellconnectbysrs.com) || Org Code: UNTHSC