



# NORTH TEXAS™

## Women's Tennis

### 2010 Sun Belt Champions

Tennis Contact: Ryan Kasmiersky • Media Relations • Ryan.Kasmiersky@UNT.edu • Office 940.565.3671 Week of 3/28/11

#### GENERAL

School ..... University of North Texas  
 Nickname ..... Mean Green  
 City/State ..... Denton, Texas  
 Founded ..... 1890  
 Enrollment ..... 36,123  
 School Colors ..... Green and White  
 Facility ..... Waranch Tennis Complex  
 Capacity ..... 300  
 First Year of Tennis Program ..... 1978  
 Affiliation ..... Division I-A  
 Conference ..... Sun Belt  
 President ..... Dr. V. Lane Rawlins  
 Athletics Director ..... Rick Villarreal  
 Athletic Dept. Phone ..... 940.565.2662  
 SID Fax ..... 940.369.8408  
 Website ..... www.MeanGreenSports.com  
 Mailing Address ..... PO Box 311397  
 Denton, TX 76203-1397

#### COACHES INFO

Head Coach ..... Sujay Lama (fifth year)  
 Alma Mater ..... Luther College '92  
 At North Texas ... 55-50 (dual matches)  
 Overall Record ..... 163-134  
 Office Phone ..... 940.565.2139  
 Best Time to Call ..... 9 a.m.-2 p.m.  
 E-Mail ..... Sujay.Lama@unt.edu  
 Associate Head Coach ..... Jeff Maren  
 Volunteer Asst. .... Francisco Barrientos

#### TEAM QUICK FACTS

2010-11 Overall Record ..... 6-9  
 ITA Ranking ..... N/A  
 SBC Standings ..... 4th  
 Conference ..... 1-1  
 Home ..... 4-3  
 Away ..... 0-5  
 Neutral ..... 2-2  
 vs. Ranked Teams ..... 1-3  
 Current Streak ..... W-3  
 Best In Singles ..... Paraschiv  
 Best In Doubles ..... Paraschiv/Vykydalova  
 Letterwinners Returning/Lost ..... 6/3



#### NEXT UP

Denver  
Pioneers (6-10)



Date ..... Sunday, April 3, 2011  
 Time ..... 11 a.m.  
 Location ..... Denver, Colo.  
 Facility ..... Stapleton Tennis Complex  
 Conference ..... Sun Belt  
 All-Time Record vs. NT ..... 8-1  
 Last Meeting vs. NT ..... April 2, 2010  
 NT def. Denver 4-3  
 Head Coach: Jeremy Wurtzman (2nd Year)

#### Top Three Singles (based on last match)

- No. 1- Sophia Bergner
- No. 2 - Elena Najera
- No. 3- Gabrielle Boboc

#### Top Doubles Team (based on last match)

- No. 1- Bergner / Najera

#### Last Time Out

#### Mean Green Down

#### Northwestern State 5-2

DENTON, Texas – North Texas tennis captured its third straight match Sunday afternoon when it took down the Northwestern State Lady Demons 5-2 at the Waranch Tennis Complex.

The Mean Green (6-9) started off the afternoon with a victory at the No. 2 and No. 3 doubles spots.

Amy Joubert and Paula Dinuta were able to defeat Kathrin Lange and Bianca Shulz of Northwestern State (10-4) after a back and forth battle, 8-5.

The Lady Demons would go on to take the No. 1 doubles slot with an 8-5 victory over Irina Paraschiv and

Barbora Vykydalova before Madura Ranganathan and Nadia Lee pulled out the No. 2 doubles match and overall doubles point in a close 8-6 match.

The Ranganathan/Lee win marked only the third loss in the last two years for the Northwestern duo of Andrea Nedorostova and Martina Rubesova.

#### 2010-11 SCHEDULE & RESULTS

##### Fall

Date	Opponent	Location	Result
Sept. 17-19	Mean Green Invite	Denton, Texas	
Oct. 22-26	Wilson/ITA Texas Regional	Waco, Texas	
Nov. 5-7	Baylor Invitational	Waco, Texas	
Jan. 14-17	Florida Gulf Coast Invite	Ft. Meyers, Fla.	

##### Spring

Jan. 22	at No. 22 Arkansas	Fayetteville, Ark	L, 7-0
Jan. 23	No. 59 Oklahoma State	Tulsa, Okla.	W, 4-3
Jan. 28	No. 9 California @	Berkeley, Calif.	L, 6-1
Jan. 29	No. 51 TCU @	Berkeley, Calif.	PPD
Feb. 11	Wichita State	Denton, Texas	L, 5-2
Feb. 13	No. 52 Kansas State	Denton, Texas	L, 5-2
Feb. 19	at No. 64 Texas Tech	Lubbock, Texas	L, 6-1
Feb. 24	Utah State	Denton, Texas	W, 6-1
Feb. 26	Miami (OH)	Louisville, Ky.	L, 6-1
Feb. 27	at Louisville	Louisville, Ky.	L, 7-0
March 6	No. 30 Tulsa	Denton, Texas	L, 6-1
March 9	Xavier	Denton, Texas	W, 7-0
March 15	at No. 61 FIU *	Miami, Fla.	L, 6-1
March 17	South Alabama *	Miami, Fla.	W, 6-1
March 25	UTEP	Denton, Texas	W, 4-3
March 27	Northwestern State	Denton, Texas	W, 5-2
April 3	at Denver *	Denver, Colo.	11 a.m.
April 7	No. 69 UTA	Arlington, Texas	3 p.m.
April 15	Middle Tennessee *	Denton, Texas	3 p.m.
April 18	Troy *	Denton, Texas	Noon
April 21-24	Sun Belt Championship	Mobile, Ala.	All Day

@- ITA Kick-Off Weekend \* - Sun Belt opponent

Singles saw North Texas take four of the first five completed matches.

After dropping the match on court two, Joubert gave North Texas its third point on court six.

The senior dispatched the Lady Demons' Lauren Peters in straight sets 6-3, 6-1.

Lee would then clinch the victory for the Mean Green when she cruised through Kathrin Lange of Northwestern State in straight sets, 6-1, 6-4.

Paraschiv would also go on to win her match at No. 1 singles 5-7, 6-2, 1-0 (10-8).

North Texas will be back in action on Sunday when it travels to Denver, Colo., for a Sun Belt Showdown with the Denver Pioneers.



# Sujay Lama

## Head Coach

### ► Fifth Year

Sujay Lama, who led the University of Illinois to

five NCAA Tournament appearances, took over the reigns of the North Texas Tennis program on June 14, 2006, and it didn't take him long to make an impact.

Lama led North Texas to a 17-6 record in the spring of 2009, its best record since '86-87. In 2007, he led the program to its best fall season in history. The Mean Green turned the heads of the nation's premier programs, notching individual wins over Ohio State, Kentucky, LSU, Oklahoma State, Baylor, Texas Tech and many others in the fall of '07.

"I am very excited about the opportunity to work at the University of North Texas," said Lama. "This is a tremendous academic institution in a great location. We have one of the premier tennis facilities in the country and an athletic director who is dynamic and has great vision. Our goal is to build a tennis program that demands excellence on the courts and in the classroom. We want to be one of best programs in the country but make sure our student-athletes enjoy the process and the family atmosphere we have built."

Lama compiled a dual-meet record of 108-84, including a 57-25 mark in Big Ten play, during his eight-year career as the Illini's head coach. In addition to leading the school to five NCAA

Tournament appearances, his team ranked as high as No. 16 in the nation in the spring of 2004.

North Texas is the third stop in Lama's collegiate coaching career, also serving as the top assistant at the Univ. of Florida from 1995 to 1998 before taking over at Illinois.

Lama turned the Illinois tennis program around right away, taking the Illini from a ninth-place finish in the Big Ten the year before his arrival to a third-place finish in his first year at the helm. In 2003-04 the Illini went 17-6, posting their best winning percentage since Illinois' first team went 6-0 in 1975. Additionally, Lama led Illinois to a victory over top-ranked Duke, 4-3, at the UI Atkins Tennis Center in 2003.

Among the other milestones the Illinois women's tennis program reached under Lama is winning its first-ever NCAA Tournament match in May of 2001.

During Lama's time at Illinois, he coached the tennis program's first Big Ten Freshman of the Year, the Rookie of the Year in the Midwest Region, nine All-Big Ten players, four Big Ten Medal of Honor players, 13 ITA Scholar-Athletes and two Academic All-Americans. UI women's tennis players earned Academic All-Big Ten recognition 42 times under Lama.

## The Lama File

**Age:** 42

**Birthplace:** Kathmandu, Nepal

**High School:** St. Joseph's H.S., North Point

**Alma Mater:** Luther College '92

BS in Public Communications/Political Science

### Coaching Career

**Dual-Meet Career Record:** 151-128

**Record At North Texas:** 50-45

### Coaching Experience

**2006-present:** University of North Texas, Head Women's Coach

**1998-2006:** University of Illinois, Head Women's Coach

**1995-98:** University of Florida, Assistant Coach

**1992-95:** Van Deer Tennis Center, Senior Staff Professional

### Collegiate Experience

**1988-92:** Luther College

Two-time Volvo Collegiate All-American (1991-92)

GTE/CoSIDA Academic All-American (1992)

Midwest Region Senior Player of the Year (1992)

Ranked No. 5 in NCAA Division III singles (1992)

Inducted in Luther College's Hall of Fame (2002)

*"Our goal is to be a program that is always striving for excellence both on and off the court with the focus on the process. This is an exciting time for the North Texas tennis. Every day, we are breaking barriers and realizing the enormous potential we have. The sky is the limit for us."*

*-Sujay Lama*



While at Florida, he helped lead the Gators to two NCAA titles, three SEC crowns and three undefeated dual-match seasons. Lama was honored for his contribution as the 1997 ITA National Assistant Coach of the Year in the South Region.

Prior to Florida, Lama was the Senior Staff Professional at the Van Der Meer Tennis Center in Hilton Head, S.C., where he worked with the elite player development program (for touring pros and top junior players) from 1992-95. A noted teacher and clinician, Lama has worked at tennis camps across the United States, Europe and Asia. He has earned the highest certification level with the USPTR and the USPTA, and is a USTA Certified High Performance Coach.

He was a traveling coach on the WTA tour for several players including two top twenty ranked Amanda Coetzer (South Africa) and Naoko Sawamatsu (Japan). Lama has coached at 12 grand slam events including Wimbledon, U.S Open, Australian Open and French Open.

In his playing career, Lama was the top-ranked player in Nepal from 1989-91 and reached No. 50 in the International Tennis Federation (ITF) junior world singles rankings. He represented his country in several international tournaments, including the Asian Games in Beijing, China in 1990.

The Nepal native attended Luther College in Decorah, Iowa, from 1988-92 and was a two-time Volvo Collegiate All-American in singles (1991-92). He also earned Senior Player of the Year honors in the Midwest Region in 1992 and was ranked No. 5 in NCAA Division III singles. Lama dominated the Iowa Intercollegiate Athletic Conference the four years he competed at Luther.

## WHAT THEY ARE SAYING ABOUT SUJAY LAMA

“Sujay Lama is one of the up-and-coming women’s coaches in the country. With his knowledge, work ethic, enthusiasm and passion for coaching, it will bring the North Texas women’s tennis to new heights.”

-- **Andy Brandi, Director of the Harold Solomon Tennis Institute former head coach at University of Florida, won three team and individual titles**

“Sujay is one of the finest coaches in the world. He has helped me become a better person and coach. His passion for life is infectious, and it has brought him and those fortunate enough to be in his presence much success. He is the coach I would gladly send my daughter to play for. North Texas is going to become a contender with his leadership.”

-- **Bryan Shelton, Head Coach, Georgia Tech, 2007 National Champions**

“I have never worked with a finer coach than Sujay Lama. He deals with all aspects of the player from athletics to academics to their physical and mental well being. He believes all of these attributes need to be addressed in order to have a successful student-athlete.”

-- **JoAnne Russell, former Wimbledon and NCAA Champion**

He won the league’s singles and doubles titles and took conference MVP honors all four years of his collegiate career, leading his team to four IIAC titles. Lama put together a career singles record of 104-18 and captured two Rolex Midwest Regionals (1989 and 1991), while advancing to the semifinals of the Rolex National Intercollegiate Indoor Championship in 1991. Lama also made three NCAA Tournament appearances. He was inducted into the school’s athletic hall of fame in the fall of 2002.

He earned his bachelor’s degree from Luther College in 1992, earning GTE/CoSIDA Academic All-America honors during his time there. He was the recipient of the U.S./Nepal Educational Foundation Scholarship from 1990-92. Lama has traveled in more than 50 countries and is fluent in English, German, Hindi and Nepalese. He has lived five or more years on three continents (Asia, Europe and North America).

Recently, Lama has lent his time and expertise to a unique venture he calls “Project Nepal”. He has helped raise over \$12,000 each year to fund the education of 67 orphanage children in his hometown of Nepal ([www.supportprojectnepal.com](http://www.supportprojectnepal.com)).

Lama is also currently writing a bi-weekly column for Nepalitimes. His column, Game Point, has been well received in his native country and throughout the world for its insight and expertise on the game of tennis and life.

Lama and his wife, Lynne, reside in Corinth with their nine-year-old daughter, Priya and four-year-old son, Siddhartha.

## Sujay Lama's Coaching Career

YEAR	SCHOOL	RECORD	HIGHLIGHTS
1995-96	University of Florida (Asst. Coach)	31-0 (14-0 SEC)	NCAA Champions
1996-97	University of Florida (Asst. Coach)	31-1 (14-0 SEC)	2nd in NCAA
1997-98	University of Florida (Asst. Coach)	27-0 (14-0 SEC)	NCAA Champions
1998-99	University of Illinois (Head Coach)	13-8 (7-4 Big Ten)	Semifinals of Big Ten Tournament, NCAA Tourn.
1999-00	University of Illinois (Head Coach)	13-11 (8-4 Big Ten)	Semifinals of Big Ten Tournament, NCAA Tourn.
2000-01	University of Illinois (Head Coach)	18-8 (9-1 Big Ten)	Second Place in Big Ten, NCAA Tournament Win
2001-02	University of Illinois (Head Coach)	11-12 (6-5 Big Ten)	NCAA Singles Tournament
2002-03	University of Illinois (Head Coach)	17-8 (9-3 Big Ten)	Third Place in Big Ten, NCAA Tournament Win NCAA Doubles Tournament
2003-04	University of Illinois (Head Coach)	17-6 (8-3 Big Ten)	Won school-record 11 straight matches NCAA Tournament, NCAA Doubles Tournament
2004-05	University of Illinois (Head Coach)	12-11 (6-5 Big Ten)	NCAA Singles Tournament
2005-06	University of Illinois (Head Coach)	8-15 (3-9 Big Ten)	
2006-07	University of North Texas (Head Coach)	2-19 (0-3 Sun Belt)	
2007-08	University of North Texas (Head Coach)	13-9 (5-2 Sun Belt)	North Texas' best record since '86-87
2008-09	University of North Texas (Head Coach)	17-6 (2-1 Sun Belt)	North Texas' highest win total since '84-'85
2009-10	University of North Texas (Head Coach)	17-7 (8-1 Sun Belt)	Sun Belt Champions, NCAA First Round