

# 2011-12 NORTH TEXAS TRACK AND FIELD

**FACT AND RECORDS BOOK** 





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# MEAN GREEN TRACK AND FIELD

# North Texas Athletics Department

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**Credits:** the North Texas Media Relations Department

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### **Mean Green Mission Statement**

- \* To Promote and monitor the educational achievement and personal growth of student-athletes, emphasizing that their educational growth and development is the primary purpose of intercollegiate athletics
- \* To conduct an athletics program that protects and enhances the physical and educational welfare of student-athletes
- \* To provide fair and equitable opportunity for all student-athletes and staff participating in intercollegiate sport activities, regardless of gender or ethnicity
- \* To promote the principles of good sportsmanship and honesty in compliance with the University of North Texas, state, NCAA and conference regulations
- \* To conduct a competitive athletics program that promotes faculty, staff, student and community affiliation with the University of North Texas
- \* To serve the community through public service and outreach activities which positively reflect on the University of North Texas and promote good will in the community.

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### **Track & Field Quick Facts**

### **University Information**

Location: Denton, Texas Founded: 1890 Enrollment: 35, 754 Nickname: Mean Green Colors: Green and White Conference: Sun Belt President: V. Lane Rawlins

Home Facility: Fouts Field Main Athletics Phone: 940.565.2662 School Website: MeanGreenSports.com

Athletic Director: Rick Villarreal

### **Coaching Staff**

Director of Track & Field and Cross Country: Carl Sheffield, Jr.

Phone: 940.565.4753

Assistant Coaches: Sam Burroughs, Derek Mackel, Pete Abbey

### **Athletic Media Relations**

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# Carl Sheffield Jr.

## Director of Track & Field

1st Year ▶ UTA '93

North Texas Athletics Director Rick Villarreal announced on August 19, 2011 the hiring of Carl Sheffield as the program's next Director of Track & Field

Sheffield spent 12 years coaching as a Mean Green track & field assistant coach from 1996 to 2007 before departing for an opportunity to be a performance coach at the Michael Johnson Training Center in McKinney, Texas.

Under Sheffield's guidance as the sprints and hurdles coach at North Texas, his athletes established or tied over 20 school records and earned more than 70 all-conference awards. The Mean Green won four team championships while Sheffield was on staff, two on each of the men's and women's side.

Sheffield's leadership of the sprints group also led North texas back to the NCAA Championships in 1999 with the men's 4x100 meter relay team after an 11 year absence. Three more sprinters appeard at the NCAA Outdoor Championships under Sheffield as Detrion Woodson went in the 100 meter dash in 2001, Ananka Clark in the same event two years later and lastly Kory Williams in the 400-meter hurdles in 2005.

He brings enhanced credentials through his work at the Michael Johnson Training Center where he focused on improving the ability of his athletes to integrate linear speed concepts through biomechanics, motor control and performance analysis.

He began his coaching career as a volunteer assistant at LSU in 1988. The Tigers went on to win a string of 11 consecutive NCAA Indoor and Outdoor Championships. He also coached national-caliber athletes with Nike sponsored teams in Texas and along the Atlantic Coast before his first stint at North Texas.

A native of Dallas, Sheffield was one of the top-five hurdlers in the state while attending Skyline High School and attended UTA on scholarship as a high hurdler.

After earning his bachelor's degree from UTA in 1993, Sheffield earned his master's degree from North Texas in exercise physiology in 1996. In addition to his coaching duties, he served as an adjunct instructor for North Texas from 2005-07 for the Department of Kinesiology.

### The Sheffield File

Alma Mater: UTA'93

Coaching Experience

2011-present: Director of Track and Field

North Texas

1996-2007: Assistant Coach, North Texas

\* 4 Conference Titles

2000, 02 Men's Outdoor Champions 2003 Women's Outdoor Champions 2005 Women's Indoor Champions







# Sam Burroughs

**Assistant Coach** 

Second Year ▶ Buffalo '00

Sam Burroughs begins his second year as an assistant track & field coach at North Texas, primarily responsible for the middle and long distance running events.

The 2011-12 season has already been a success for Burroughs as the women's cross-country team nabbed a second place overall finish at the Sun Belt Conference Championships in October. Seniors Ingrid Mollenkopf (3rd) and Sara Dietz (6th) were named All-Conference performers and the Mean Green women registered their lowest total score since winning the Southland Conference Championships in 1989. He received Sun Belt Coach of the year honors for the womens performance. Dietz also received All-South Central Regional honors for her finish at the South Central Regional Championships.

Burrough's first season at North Texas saw Mean Green cross country finish in sixth place at the Sun Belt Conference Championships on both the men's and women's sides. Three runners nabbed All-SBC honors with Patrick Strong taking 8th, while Mollenkopf (7th) and Dietz (10th) earned them on the women's side. Dietz (2nd, 800 and 2nd, 5,000) and Mollenkopf (2nd, 10,000) would go on to earn SBC Outdoor All-Conference honors as well. Patrick Strong nabbed Burroughs his 15th NCAA Championship qualifier as the senior ran the 10K at the 2011 NCAA Outdoor Championships in Eugene, Ore. Strong took 22nd place after qualifying with the 48th fastest time entering the race.

Burroughs has spent the 2008-10 in the same position at Abilene Christian University, where he collected two Lone Star Conference Championships, a South Central Regional Championship and a fourth-place finish at the NCAA Division II championship meet in men's cross country.

He was named the 2008 South Central Regional Coach of the Year by the United States Track & Field and Cross Country Coaches' Association as well as the Lone Star Conference Men's Coach of the Year in 2008 and '09.

In 2010, Burroughs coached Amos Sang to first place finishes in both the 5,000 and 10,000 meter runs at the NCAA Division II Championships as well as leading Sang and Cleophas Tanui to first and second place finishes, respectively, in the 10,000 meter run at the prestigious Penn Relays in 2009.

Before joining the ACU staff, Burroughs was the assistant cross country coach and an assistant track and field coach at Iona College (N.Y.) for three seasons. Burroughs helped lead the Gaels to unprecedented success from 2005-07 as he was part of a program that posted three straight top-four finishes at the NCAA Division I national cross country championship meet.

While at Iona, Burroughs helped coach the Gaels to three straight Metro Atlantic Athletic Conference (MAAC) titles and helped the women's program to its third straight MAAC title.

In track and field, Burroughs has coached 15 individual qualifiers for the NCAA Division I indoor and outdoor track and field championships, including three in the 5,000 meters and 10,000 meters at the 2008 outdoor championship meet. He coached 13 All-America athletes at Iona and saw 31 male athletes and 25 female athletes claim individual MAAC championships.

Burroughs, who earned his bachelor's degree in exercise physiology in 2000 from the University of Buffalo, competed as a top member of the school's distance teams. Burroughs remained at Buffalo for graduate work, earning his Master of Science in human performance in 2002.

### The Burroughs File

Alma Mater: Buffalo '00
Coaching Experience

2010-present: Cross Country/Distance

Coach, North Texas

2008-10: Head Coach, Cross Country,

Abilene Christian

2005-07: Cross Country/Asst. Track and

Field Coach, Iona College

2003-05: Cross Country/Asst. Track and

Field Coach, Manhattan College

### 8 Conference Titles

2005-07 MAAC Champions (Iona)

(3 men, 3 women's titles)

2008 Lone Star Champions (ACU)

2009 Lone Star Champions (ACU)

### Coaching Awards

2011 Sun Belt Coach of the Year

2009: Lone Star Coach of the Year (ACU)

2008: South Central Regional Coach of the Year

2008: Lone Star Coach of the Year (ACU)

### Athlete Honors:

15 NCAA Championship Qualifiers

13 All-Americans

56 Conference Champions





# Derek Mackel

### **Assistant Coach**

### Second Year ▶ New Mexico

Derek Mackel begins his second season as an assistant track & field coach at North Texas after a three-year stint in a similar capacity at the University of New Mexico. Mackel works

primarily with the pole vaulters and jumpers.

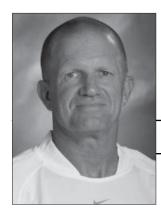
His first season at North Texas saw two vaulters and a jumper qualify for the NCAA West Preliminary Rounds. Freshman Terrance Williams won second place and a sport on the US Junior Team at the USA Junior Track and Field Championships. Williams would then win another silver at the Junior Pan American games. Christal Brewster and Jordan Wehr were the two pole vaulters to advance to the NCAA West Prelims. Brewster would finish 22nd and Wehr would take 28th.

At New Mexico in 2010, Mackel coached pole vaulter Kyle Walker to All-Mountatin West Conference honors and a spot in the NCAA West Preliminary Round in the pole vault (17'4"). Mackel, also worked with Sandy Fortner, the Mountain West Conference Heptathlon Champion (5723), a qualifier to the NCAA Outdoor Championhips in the Heptathlon. Fortner was named the Mountain West Female Athlete of the Year in 2010. Mackel also coached three women's vaulters in 2010: Kelly Fortner (12'9"), Lauren Jaramillio (12'1") and Amber Menke (12'1"), as well as numerous others.

In 2008, Mackel mentored pole vaulter Robert Caldwell into the 18' club (18'1), and to a 6th place finish at the NCAA Outdoor Championships. Mackel also coached the throwing events at New Mexico and mentored several walk-ons to personal bests in 1 year, including Briana Paxton (158'10 Discus, 45'0" Shot) and Sarah Smartwood (160'10" Hammer).

Mackel, the 2006 NCAA Midwest Regional pole vault champion, also set the Midwest Regional record in that event (18' 1") and was one of the great success stories in UNM track & field history. He began as an unrecruited walk-on in 2002, with a best vault of under 12' in high school. He improved by more than six feet during his collegiate career to become one of the nation's premier vaulters.

He is a 2006 graduate of the University of New Mexico, receiving his bachelor's degree in university studies and received an master's degree in exercise science from the University of New Mexico in 2010.



# Pete Abbey

### **Assistant Coach**

### First Year ▶ New Mexico

North Texas Director of Track & Field Carl Sheffield announced the addition on Pete Abbey to his staff for the 2011-12 seasons as the Mean Green's throws coach.

Abbey, who previously served as an assistant coach at North Texas, brings a wealth of knowledge from many different levels of coaching, making previous stops at LSU, Oklahoma and Oklahoma State.

"Pete will begin the process of building the throwing event areas here at North Texas to outstanding heights," said Sheffield. "His background and ability to develop athletic potential will be a tremendous boost in our conference as well as the national stage"

While at LSU, Abbey was a member of three women's track & field national championship teams.

A fifteen-year veteran of coaching, Abbey earned his bachelor's degree from Eastern Illinois University in elementary education.

He has served as the meet director for the Big 8 Cross Country Championships and has been the assistant meet director for the NCAA Championships, USATF Junior Olympics and four SEC meets.





## **→** Men

Name	<u>Event</u>	Class	<u>Hometown</u>	<u>Last School</u>
Collins, Clinton	Sprints	So.	Ft, Worth, TX	Fossil Ridge High School
Dittmar, Brodie	Distance	Fr.	Aubrey, TX	Aubrey High School
Donovan, Riley	Throws	Fr.	The Woodlands, TX	The Woodlands High School
Fowler, James	Sprints	Sr.	Dallas, TX	Union College
Fullman, Brad	Distance	Fr.	Phoenix, AZ	Horizon Honors High School
Hickman, Johnny	Sprints	Jr.	San Antonio, TX	Karen Wagner High School
Ikonen, Aleksi	Distance	So.	Tyrjansaari, Finlad	Joensuun Yhteiskoulun
January, Cody	Throws	Jr.	Richardson, TX	Paradise Valley CC
Lewis, Charleston	Throws	So.	Temple, TX	Belton High School
Moore, Darwin	Hurdles	So.	Ft. Worth, TX	Eastern Hills High School
Noel, Trevor	Jumps	So.	Montgomery, AL	Southwestern College
Ortiz, Michael	Distance	Jr.	Arlington, TX	Kennedale High School
Russ, Matthew	Distance	Jr.	Nelson, New Zealand	Waimea College
Silva, Aurelio	Distance	Fr.	Cedar Park, TX	Vista Ridge High School
Sirles, Aaron	Throws	Jr.	Austin, TX	W. Charles Akin High School
Sumner, Andrew	Mid-Distance	Sr.	Jarrell, TX	Jarrell High School
Thiel, Adam	Hurdles	Sr.	Lubbock, TX	Plainview High School
White, Steven	Hurdles	Jr.	Killeen, TX	Ellison High School
Wooten, Marcus	Hurdles	So.	Arlington, TX	Timberview High School
Yaeger, Austin	Distance	Fr.	Dallas, TX	Bishop Dunne High School
Yankovich, Jordan	Pole Vault	Fr.	Amarillo, TX	River Road High School



## **→** Women

Name	<u>Event</u>	Class	<u>Hometown</u>	Last School
Alcala, Amy	Distance	Sr.	Ennis, TX	Ennis High School
Arends, Elisha	Distance	Fr.	Austin, TX	Westwood High School
Bareni, Shahaf	High Jump	So.	Neot Golan, Israel	Beit Yerach
Burton, Kendria	Hurdles	So.	Garland, TX	Naaman Forest High School
Cartwright, Jamilia	Sprints	Fr.	Dallas, TX	Naaman Forest High School
Childress, Shelby	Throws	So.	Lufkin, TX	Groveton-Centerville High School
Dietz, Sara	Mid-Distance	Sr.	Prosper, TX	Prosper High School
Donald, Kelsey	Sprints	So	Ft. Worth, TX	Southwest High School
El-Amin, Nadiya	Sprints	Fr.	Austin, TX	McCallum High School
Griffith, Carly	Distance	Jr.	Gruyere, Victoria, Australia	Ringwood Secondary Col.
Harrison, Ashley	Sprints	Jr.	Sacramento, CA	American River College
Hermes, Chelsea	Multi	Sr.	Lindsay, TX	North Central Texas College
Hutchinson, Natalya	Throws	Fr.	Arlington, TX	Mansfield Timberview High School
Korn, Sarah	Pole Vault	So.	Seguin, TX	Navarro High School
Kutac, Carligh	Distance	Sr.	Houston, TX	Memorial High School
Lex, Rebecca	Jumps	So.	Keller, TX	Cal State Northridge
McKinney, Olivia	Distance	Fr.	Lufkin, TX	Lufkin High School
McKnight, Deja	Throws	Fr.	Odessa, TX	Odessa High School
McNew, Jessica	Pole Vault	Fr.	White Oak, TX	White Oak High School
Mollenkopf, Ingrid	Distance	Sr.	Mesa, AZ	Mesa CC
Moore, Janesa	Sprints	Sr.	Mesquite, TX	Mesquite Horn High School
Morales, Leesa	Distance	Fr.	Victoria, TX	Victoria East High School
Nickerson, Jalyn	Sprints	Fr.	Dallas, TX	North Mesquite High School
Prikryl, Suzy	High Jump	Jr.	Van Alstyne, TX	Van Alstyne High School
Savoie, Kayla	Hurdles	Fr.	Houston, TX	Hightower High School
Stafford, De'Ona	Hurdles	Jr.	Ft. Worth, TX	Crowley High School
Starks, Ashley	Hurdles	Sr.	Lancaster, TX	Lancaster High School
Stephens, Adrian	Jumps	So.	White Oak, TX	White Oak High School
Stewart, Chastity	Hurdles	Fr.	Whitehouse, TX	Whitehouse High School
Sullivan, Lauren	Distance	Fr.	Austin, TX	McNeil High School
Thompson, Haley	High Jump	Jr.	College Station, TX	A&M Consolidated High School
Thornton, Tytiana	Sprints	Fr.	Dallas, TX	Carter High School
Vann, Sarah	Pole Vault	So.	Evant, TX	Evant High School







# Amy Alcala

**Distance** 

Sr. ▶ 5-3 Ennis, TX ▶ (Ennis HS)

### 2011

Finished 14th at the John Jacobs Invitational in the 1,500 in 5:25.58.

### 2011 Cross-Country

Competed in four races including the Sun Belt Championships, where she finished top-60 ... Registered a season-high finish at the Centenary Invite when she crossed the line in 32nd.

### 2010 Cross-Country

Competed in four races including the Sun Belt Championships, where she finished top-60 ... Registered a season-high finish at the Centenary Invite when she crossed the line in 32nd.

### 2010 Track & Field

Registered an 11:33.79 in the 3000-meter run at the Indoor Sooner Open, finishing fifth ... Tallied a ninth-place finish in 5:19.05 in the 1500 meter run at the Horned Frog Invitational.

### 2009 Cross-Country

Competed in six cross country races in the fall ... Best finish of the season was a 10th-place performance at the North Texas Invitational 5k (19:55.00) ... Placed in the top 20 at the TCU Cross Country Season Opener (18th- 12:34).

### 2009 Track & Field

Raced in the 3,000-meter run and one mile run during the indoor season  $\dots$  Participated in both the 1,500-meter run and 5,000-meter run in the outdoor season.

### 2008

Competed in cross country and finished 31st at the SBC Championships.

### High School/Personal

Was a two-time district champ and state qualifier in cross country under head coach Lonnie Redning at Ennis High School ... Was also a four-time regional qualifier in cross country and a three-time regional qualifier for the 3200 meter and 1600 meters ... Set the school record with time of 5:29 in the 1600 meter ... Was named the Dale Hansen Athlete of the Week and was the cross country captain for two years ... Aside from cross country and track also played two years of varsity soccer ...Born April 6, 1990 ... Daughter of David and Elizabeth Alcala.



# Shahaf Bareni

**High Jump** 

So. ▶ 5-7 Neot Golan, Israel ▶ (Beit Yerach)

### 2011

Made her North Texas debut at the Sun Belt Conference Indoor Championships and

earned a sixth-place finish in the high jump, clearing the 1.60m bar ... Won the high jump at the Mean Green Twilight ... Topped out at 1.70m for the year at the Michael Johnson Classic ... Received all-conference honors for her third-place finish at the SBC Outdoor Championships.

### High School/Personal

Was the Israel Champion for ages 13-15 in the high jump in 2004-05 and was named the champion for youth and cadets from 2007-09 ... Took third place at the Israel Championship in 2010 ... Attended high school at Beit Yerach ... Daughter of Anat and Yaakov Bareni ... Has two siblings, Yarden and Adva.



# Kendria Burton

**Hurdles** 

So. 5-3
Garland, TX ➤ (Naaman Forest HS)

2011

Was injured.

### High School/Personal

Was the TAAF State Champion in the 100-meter hurdles and a USATF National Qualifier ... Three-time district champion ... Daughter of Ken and Sharon Burton ... Has one sister, Sharonda Cooks ... Great granddaughter of North Texas football great Abner Haynes.





# Shelby Childress

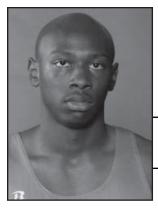
### **Throws**

So ► 5-7 Lufkin, TX ► (Groveton -Centerville HS)

### High School/Personal

Became the first shot putter to advance to regional's from Groveton-Centerville High

School, achieving that feat three times ... Lettered in multiple sports, including basketball, golf and cross country ... Was the Salutatorian of her class and two-time member of the North Texas Presidents list ... Daughter of Scott and Anne Childress ... Born May 30, 2010 ... Has one brother, Tommy.



# Clinton Collins

**Sprints** 

So. ▶ 6-1 Fort Worth, TX ▶ (Fossil Ridge HS)

### 2011

Registered two all-conference performances during the indoor season by finishing in third

place in both the 400 and 200 meter dash races at the Sun Belt Conference Indoor Championships ... Qualified for the NCAA West Preliminary Rounds in the 200 with a season-fast time of 21.36 and was a member of the 4x400 relay team that took 20th in the West Region ... Qualified for the finals at the SBC Outdoor Championships in the 200 and 400, but was injured during the 400 meter race and finished 8th.

### High School/Personal

Finished second at the US High School Indoor meet with a time of 47.56 ... Registered the second-fastest high school time indoors in the 200 ... Took third in the state at the 5A outdoor meet ... Named to the 2009 Texas 4A All-State team ... Won the UIL Region I Championship in the 400 meter dash with a time of 47.52 seconds ... Was a two-time all-district runner ... Son of Barrato and Rhonda Collins ... Born December 14, 1991 ... Has two brothers, Barrato and Emmanuel, as well as a sister Shondra.







# Sara Dietz

### **Middle Distance**

Sr. ➤ 5-9
Prosper, TX ➤ (Prosper HS)

### 2011 Cross Country

Crossed the line 18th at the NCAA South Central Regional, earning all-region honors with

the second-fastest 6k in women's history in 21:29 ... Was named all-conference for her sixth-place finish at the SBC Championships ... Was the top finisher for the Mean Green at the Cowboy Jamboree.

### 2011

Finished second in both the 800 (2:12.47) and 1,500 (4:34.55) meter runs at the SBC Championships ... Grabbed first-place finishes at both the John Jacob Invitational and the North Texas Classic in the 800 ... Took fourth in the 800 and the mile at the SBC Indoor Championships ... Finished top-three in thre e of her four indoor races to start the season.

### 2010 Cross-Country

Garnered All-Sun Belt Conference honors by finishing 10th at the SBC Championships in the women's 5K, crossing the line in 18:43.1 ... Finished second place twice on the year, first at the North Texas Ken Garland Invitational and then again the next week at the Centenary Invite ... Competed at the NCAA South Central Regional.

### 2010 Track & Field

Took first place at the Texas Tech Indoor Open in the one mile run (5:11.01) ... Was a member of the distance medley relay that finished third at the Sun Belt Indoor Championships (12:13.79) ... Tallied two third-place finishes in the 1500 meter run during the outdoor season as well as a fifth-place finish at the Sun Belt Championships.

### 2009 Cross-Country

Competed in all six cross-country races for the Mean Green ... Posted three top 10 finishes ... Finished fifth at both the Sam Houston Invitational and the North Texas Invitational ... Was seventh at the TCU Cross Country Season Opener ... Helped the Mean Green finish third at the Sun Belt Championship with a 16th-place performance (21:16.52).

### 2009 Track & Field

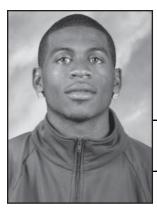
Competed in the 800-meter run during the indoor season ... Finished fifth at the Sun Belt Conference Championship with a time of 2:15.22 ... Placed third in the one mile run at the Sooner Open II ... Earned all-conference honors at the Outdoor Sun Belt Conference Championship by placing third in the 800-meter run (2:12.40) ... Qualified for the 2009 USA Jr. National Championships ... Ran the 800-meter run unattached at the USA National Championships.

### 2008 Cross-Country

Was named the Freshman of the Year in cross country after her 10th place finish at the SBC Championships ... Also finished third at the Sam Houston Invitational.

### **High School/Personal**

Ran cross country and track and field at Prosper High School ... Was named district MVP for distance in track under head coach Rachelle Robbins ... Was salutatorian of her senior class ... Has one brother, John ... Was born July 22, 1990 ... Daughter of James and Sharon Dietz.



# CJ Fowler

### Sprints

Sr. ➤ 5-7 Dallas, TX ➤ (Union College)

### High School/Personal

Was a 2008 state qualifier in the 400-meter relay and 800-meter relay for coach Willie

Rash and Waxahachie High School ... Was also second-team all-district in football ... Born Nov. 10, 1989 ... Son of James Fowler and Kimberly Stewart.





# Carly Griffith

**Distance** 

Jr. ▶ 5-7 Victoria, Australia ▶ (Ringwood Secondary College)

2011

Finished 12th in the 10K at the Sun Belt Conference Outdoor Championships in 40:13.76.



# Chelsea Hermes

**Multi-Events** 

Sr. ➤ 5-8 Lindsay, TX ➤ (North Central Texas College)

2011

Registered a seventh-place finish in the pentathlon at the SBC Indoor Championships

with 3,237 points ... Finished fifth at the TCU Invitational in the javelin throw ... Took third at the North Texas Open in the 100H and long jump ... Registered a tenth-place finish at the SBC Outdoor Championships in the heptathlon with 4,108 pts.

### 2010

Notched a career-high points in the heptathlon at the Sun Belt Outdoor Championships (4,239) ... Cleared a season-high 1.57 meters in the high jump at the SBC Championships.

### High School/Personal:

Ran cross country and track for coach Don Neu at Lindsay High School ... Won individual state championships in cross country in 2005 and 2006 and in track in the 1600m (5:14) and 800m (2:08) ... Also participated in volleyball, basketball and softball ... Selected to the all-state team in basketball, volleyball, cross country and track and named to the all-state championship teams in cross country, track and basketball ... Played volleyball at North Central Texas College ... Was a state qualifier in Extemporaneous Speaking in 2007 and 2008 as well as the National Honor Society ... Named to the Academic All-District team in high school ... Has one sister, Stephanie and two brothers, Austin and Zachary ... Is the daughter of David and Melissa Hermes.







# Johnny Hickman

**Sprints** 

Jr. ▶ 5-6 San Antonio, TX ▶ (Karen Wagner HS)

### 2011

Ran a season-fast 10.78w 100-meter dash at the North Texas Open ... Was a member of the

4x100 relay team that took third at the SBC Outdoor Championship ... Finished fifth at the North Texas Open followed by a sixth-place finish in the 100-meter at the John Jacobs Invitational.

### 2010

Ran in four events, two during the indoor season and two outdoor ... Registered a season-high 200-meter dash at the Horned Frog Invitational, finishing in 23.02 seconds.

### High School/Personal

Ran track for four years at Karen Wagner High School for coach Charles Bruce ... In 2008 he was a 200-meter district champion, 100-meter district champion, 4X100 relay regional champion and a 100-meter regional champion ... Was a two-time state qualifier in 2009 (100 and 4x400 relay) and 2008 (200 and 4x400) ... Ran for Coach Willie Davis of the San Antonio Blazers Track Club ... Was selected to the all-area team in 2009 ... Also played football for three seasons ... Born May 16, 1991 ... Has one sister, Iris, who runs track at Texas State ... Son of Ghuetta Hickman.



# Sarah Korn

### Pole Vault

So. ➤ 5-3 San Antonio, TX ➤ (Navarro HS)

### 2011

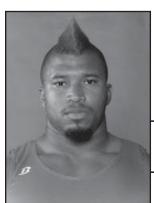
Finished fourth at the UTA Bobby Lane Invitational in the pole vault, clearing 3.35m

 $\dots$  Followed up that performance with a season-high tying clear of 3.45m at the John Jacobs Collegiate Invitational  $\dots$  Finished fifth at both the TCU Invitational and the North Texas Classic.

### High School/Personal

Collected a silver medal at the Texas 2-A State Championship in both 2009 and 2010 ... District champion pole vaulter in her final three years of high school (2008,09,10) ... Named to the San Antonio Express-News All Area Track & Field Team in 2009 and 2010 ... Holds the current Navarro record for pole vault at 11"6" ... Was her class Salutatorian and a National honor Society officer ... Daughter of Gary and Susan Korn ... Born October 2, 1991 ... Has two siblings, Travis and Rachel.





# Charleston Lewis

**Throws** 

So. ► 6-2 Temple, TX ► (Belton HS)

2011

Registered a fourth-place finish at the Sun Belt

Conference Outdoor Championships in the Discus with his career-best throw of 50.59m ... Notched a long hammer throw of 47.47m at the Mean Green Twilight ... Collected a total of six top-five finishes during his freshman campaign.

### High School/Personal

Lettered in multiple sports ... Was an All-District 12-5A selection his senior year as well as a member of the all-state academic team in football ... Finished third in his region at both the discus and shot put as a senior ... Son of Charlie and Ronda Lewis ... Born January 29, 1992 ... Has one sister, Chloe.



# Ingrid Mollenkopf

**Distance** 

Sr. ➤ 5-1 Mesa, AZ ➤ (Mesa CC)

### 2010 Cross-Country

Ran her way to All-Sun Belt Conference honors at the SBC Championships by finishing

in seventh place, completing the 5K in  $18:20.8\ldots$  Nabbed two first-place finishes during the year, once at the North Texas Ken Garland Invitational and again a week later at the Centenary Invite  $\ldots$  Was top Mean Green women's finisher in every race this year, including a 40th-place finish at the 2010 NCAA South Central Regional Championships.

### 2010 Track & Field

Took fourth in the 10,000-meter run at the Sun Belt Outdoor Championships in a school record 37:23.71 ... Notched a second-place finish in 10:16.90 in the 300-meter run at the North Texas Spring Classic ... Member of the third-place distance medley relay a the SBC Indoor Championship.

### 2009 Cross-Country

Had a breakout season in which she was the team's top finisher in five of the six meets she competed at ... Won her first ever career race at the North Texas Invitational with a first-place finish of 18:44 ... Finished third at the Sam Houston Invitational ... Placed 12th at the Sun Belt Conference Championship.

### High School/Personal

Ran track & field and cross country at Skyline High School ... Has two siblings, Dagmar and Gretchen ... Is the daughter of Carrieann Mollenkopf.







# Darwin Moore

**Hurdles** 

So. ► 6-0 Fort Worth, TX ► Eastern Hills HS)

### 2011

Primarily ran the short sprints and hurdles in the 2011 season ... Notched a season-fast time of 11.62 seconds in the 100 meter dash at the Mean Green Twilight ... Finished the 110-hurdles in 15.29 seconds at the John Jacobs Invitational, taking home eighth ... Grabbed a 12th-place finish in the 110-hurdles at the Sun Belt Conference Outdoor Championships ... Crossed the line in third in the hurdles at the North Texas Open.



# Janesa Moore

## **Sprints**

Sr. ➤ 5-5 Mesquite, TX ➤ (John Horn HS)

### 2011

Was a member of both the 4x100 relay team that took first and the 4x400 relay team that

took second at the SBC Outdoor Championships ... Finished fourth at the Mean Green Twilight in the 400 ... Won first place as a leg of the 4x100 relay team at the SBC Indoor Championships.

### 2010

Member of the 4x400 relay team that took third at the Sun Belt Outdoor Championships as well as fourth at the Horned Frog Invitational ... Ran a season-fast 12.20 100-meter dash at the Horned Frog Invite ... Registered a fourth-place finish in the 400-meter dash at the SBC Indoor Championships.

### 2009

Competed in the 100-meter dash, 200-meter dash and 4X100 relay during the outdoor season ... Part of the 4X100 relay team that placed second at the Horned Frog Invitational ... Participated in the long jump, triple jump, 55-meter dash, 60-meter dash, 200-meter dash and 4X400 relay during the indoor season.

### High School/Personal

Is the John Horn High School record holder in the triple jump (38' 3 ¼) ... Was a district champ under head coach Ashley Peach in the triple jump, 4X100 and 4X400 ... Was named the most valuable player in 2008 and best sprinter award in 2004 ... Also played basketball and ran cross country in high school ... Has one brother, Dylon and three sisters, Ashleigh, Jasmine and Jewel ... Was born November 13, 1989 ... Daughter of Wilfred and Clemmie Green.





# Michael Ortiz

**Distance** 

Jr. ➤ 5-7 Arlington, TX ➤ (Kennedale HS)

### 2011 Track & Field

Grabbed a third-place finish at the North Texas Open in the 800 ... Recorded a sixth-

place finish at the Mean Green Twilight with a career-best 800 meter run of 1:54.97 ... Was a member of the DMR relay team that crossed the line first at the Texas A&M Indoor Conference Challenge.

### 2010 Track & Field

Took home fourth place at the Sooner Indoor Open in the 400-meter dash, finishing in 52.25 seconds ... His season-fast time in the 800-meter run was recorded at the UTA Bobby Lane Invitational (1:58.38).

### 2009 Cross-Country

Ran at four cross country meets during the fall and finished a season-best 19th place at the TCU Cross Country Season Opener.

### High School/Personal

Competed in track, cross country and football at Kennedale High School ... Was named MVP for track his senior year ... Ran for the Ft. Worth Wildcats track club ... Born September 17, 1990 ... Has two brothers; Marcus and Marlon, and two sisters; Marisa and Marisela ... Is the son of Pedro and Maria Ortiz.



# Suzy Prikryl

**High Jump** 

Jr. ► 5-7 Van Alstyne, TX ► (Van Alstyne HS)

2011

Did not compete due to injury.

### 2010

Finished second in the high jump at the Sun Belt Conference Indoor Championships ... Cleared a season high 5" 6.5' at the Texas Tech Indoor Invitational, which was good enough for second ... Took first at the North Texas Classic and the John Jacobs Invitational during the outdoor season before ending her season early with an injury.

### High School/Personal

Ran track, cross country and played volleyball and basketball at Van Alstyne High School ... Was a district champion in the high jump her senior and junior year ... Placed fifth and fourth respectively in her junior and seniors years in the state high jump ... Born in Farmersville, Texas ... Has seven siblings, Ruth, Rudy, Becca, Lizzy, Ben, Salty and David ... Is the daughter of Rudy and Suzy Prikryl.







# Matthew Russ

### **Distance**

Jr. ► 5-8
Nelson, New Zealand
► (Waimea College)

### 2011 Cross Country

Opened the season with a second-place overall finish at the Metroplex Opener ... Was the top

North Texas finisher in three of the six races on the year ... Finished 27th at the Sun Belt Conference Championships with a time of 26:51.4 ... Ran at the NCAA South Central Regional, finishing 47th overall.

### 2011 Track& Field

Collected a second-place finish at the North Texas Open in the 1,500 meter run with a time of 4:01.29 ... Took home third at the 2011 Clyde Littlefield Texas Relays in the 5,000, crossing the line in 14:53.36 ... Registered eight top-five finishes on the year with personal records in the 800, 1,500 and 5,000 meter runs.

### 2010 Cross-Country

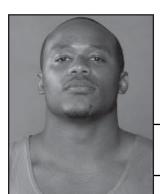
Registered two-top five finishes on the year, once at the North Texas Ken Garland Invitational and the other a week later at the Centenary Invite ... Took 30th place in the 8K Sun Belt Conference Championships in 27:09.6 ... In the Baylor Season Opener, he grabbed a 17th-place finish ... Ran at the NCAA South Central Regional.

### 2010 Track & Field

Nabbed a second-place finish at the Sooner Indoor Open with a time of 4:22.41 in the one mile run ... Recorded a season fast time and third-place finish at the Oklahoma Invitational II ... Crossed the line in 8:41.20 in the 3,000 meter run at the North Texas Spring Classic, good enough for second place ... Registered a third-place finish at the prestigious Texas Relays in the 5,000 meter run with a time of 15:12.91.

### High School/Personal

Ran track and cross country for coach Greg Lautenslager at Waimea College ... Also played field hockey ... Was fourth at the 2008 New Zealand athletics championship as a senior ... Was the cross country champion all four years in high school ... Finished as the South Island 3000m champion his sophomore year ... Graduated NCEA level 3 with merit ... Has three sisters, Sally, Amy and Mandy ... Is the son of Stephen and Robyn Russ.



# **Aaron** Sirles

### **Throws**

Jr. ➤ 5-11 Austin, TX ➤ (W. Charles Akin HS)

### 2011

Finished fourth at the Sun Belt Conference Outdoor Championships in the shot put with

a career mark of 15.84m ... Started the outdoor season with a fourth-place finish at the TCU Invitational ... Registered six overall top-five finishes on the year with a career best in the hammer throw at 47.01 to go along with his shot put mark.

### 2010

Threw shot put and discus in six meets during the outdoor season ... Set his season high of 15.17 meters in the shot put during the Sun Belt Championships where he finished 10th ... Recorded a seventh-place finish in the discus at the SBC Championships, throwing 47.57 m.

### High School/Personal

Lettered in both football and track & field ... Son of Donald and Robin Sirles ... Born April 8, 1990 ... Has one older sister, Danielle.





# De'Ona Stafford

**Hurdles** 

Jr. ➤ 5-4
Fort Worth, TX ➤ (Crowley HS)

### 2011

Finished seventh at the Texas A&M Invitational in the 60H, crossing the line in

8.81 seconds ... Took 11th at the Iowa State Classic as well before ending her season due to injury.

### 2010

Ran her season fast time in the 100-meter hurdles at the Texas Invite when she clocked in at 14.07 seconds ... Took sixth at the Sun Belt Outdoor Championships in the 100-hurdles ... Was a member of the SBC Outdoor Champion 4x100 relay.

### High School/Personal

Ran track at Crowley High School for coach Linda Arnold for four years ... Also ran club for Dallas Gold under Mike Hart ... Born July 17, 1991 ... Has one sister, Domonique Stafford ... Is the daughter of Brenda and Hugh Stafford.



# Adrian Stephens

**Jumps** 

So. ▶ 5-4 White Oak, TX ▶ (White Oak HS)

### 2011

Competed in both the long jump and triple jump ... Finished second in the long jump at

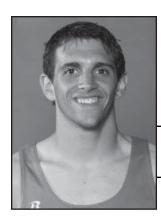
the North Texas Open with a jump of 5.37m ... Took fifth at the TCU Invitational in the triple jump at 10.42m ... Grabbed another fifth-place finish at the Mean Green Twilight with a season-best 5.47m jump in the long jump.

### High School/Personal

Was a four-time district champion in the 100-meter dash ... Was a three-time district champion in the long jump ... Qualified for regional's all four years in long jump, finishing first at the 2010 regional's and sixth at the state meet ... Was also a two-time district champion in power lifting as well as a state champion her senior year and named and ACA All-Star and NCA All-American in cheerleading ... Named to the academic all-state team in 2010 for track & field ... Daughter of Joseph and Stephanie Stephens ... Born May 6, 1992 ... Has to sisters, Brittany and Ciara.







# **Andrew Sumner**

### Middle Distance

Sr. ▶ 6-1 Jarrell, TX ▶ (Jarrell HS)

### 2011

Took home second place in the 800 meter run at the North Texas Classic in a season-best

1:56.96 ... Was a member of the DMR relay team that won the Texas A&M Conference Challenge ... Grabbed a fourth-place finish in the SBC Indoor Championships in the 800 ... Recorded another second-place finish as a member of the 4x400 meter relay team at Oklahoma's John Jacob Invitational.

### 2010

Tallied a season fast time of 1:54.89 in the 800 meter run during the Sun Belt Conference Outdoor Championships ... Completed the 400 meter in 51.07 at the North Texas Spring Classic ... Took sixth place at the Sooner Indoor Open in the 600 yard run.

### 2009

Finished seventh in the distance medley at the indoor Sun Belt Conference Championship ... Competed in the 800-meter run at the Horned Frog Invitational during the outdoor season.

### 2008

Finished fourth at the SBC Championships with a time of 10:27.82 in the DM Relay ... Took fifth place at the NT Open, finishing with a time of 1:56.08 in the 800-meter run in outdoor ... Also finished fifth in the 1,500-meter outdoor run at the NT Classic ... Placed eighth at the Horned Frog Invite in the 400-meter dash.

### High School/Personal

Was a two-time qualifier to the UIL State Class 2A Championships in the 800-meter run ... Earned three trips to the 2A State Cross-Country Championships, finishing fourth in 2006 ... Was an all-state guard on the Jerrell basketball team, which advanced to the state tournament in 2005 and 2006 ... In baseball, Sumner was an All-district centerfielder on the baseball team, and an all-district cornerback and receiver in football ... Born May 2, 1989 ... Son of Drew and Jill Sumner.



# Haley Thompson

High Jump

Jr. ➤ 5-10 College Station, TX ➤ (A&M Consolidated HS)

### 2011

Finished fourth at the SBC Indoor Championships in the high jump, clearing a

bar of 1.65m ... Took third at the Sooner Indoor Invitational ... Finished sixth at the Texas Relays before ending her season due to injury.

### 2010

Recorded an outdoor season high at the Sun Belt Championships when she cleared 1.59 meters in the high jump ... Finished fourth at the Horned Frog Invite in the high jump ... Competed in the heptathlon during the SBC Indoor Championships.

### High School/Personal

Ran track for four years at A&M Consolidated High School for coach Rodney Wellmann ... Also played volleyball ... Born April 29, 1991 ... Has one brother, Tyler ... Is the daughter of Robert and Lauren Thompson.



# Sarah Vann

**Jumps** 

So. ▶ 5-2 Evant, TX ▶ (Evant HS)

### 2011

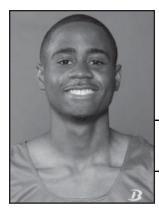
Jumped a season-high 3.63 m in the pole vault at the Texas A&M Conference Challenge,

the first meet of the season, finishing fourth ... Grabbed a fourth-place finish at the SBC Indoor Championships, clearing 3.60m ... Took second at the TCU Invitational and third at the UTA Bobby lane Invitational.

### High School/Personal

Received two medals, a bronze and silver, at the state meet ... Has personal best in pole vault at 12'6" and long jump 16'7" ...Lettered in five sports ... Daughter of Dale and Lynette Vann ... Born December 7, 1991 ... Has two brothers, Dalton and William.





# Steven White

**Hurdles** 

Jr. ▶ 5-5 Killeen, TX ▶ (Ellison HS)

### 2011

Took home a second-place finish at the Sun Belt Conference Outdoor Championships in

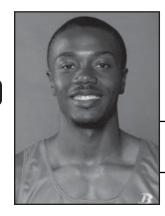
the 400meter hurdle in 52.01 seconds ... Qualified and finished 26th in the event at the NCAA West Preliminary Rounds ... Grabbed a sixth-place finish in the 400 at the SBC Indoor Championships with a career best amrk of 48.76 ... Was a member of the 4x400 relay team that finished 20th at the NCAA West Preliminary Rounds ... Recorded a third overall finish at the Texas Relays in the 400H ... Finished six races in the top-five.

### 2010

Finished second at the US Junior Championships and ran for the US Junior Team at the World Junior Championships in Canada in the 400-meter hurdles ... Qualified for the NCAA Preliminary Round ... Won the Sun Belt Conference Outdoor Championship in the 400-meter hurdles with a time of 51.51 seconds ... Was part of the 4x400 relay team that took second at the SBC Outdoor Championships ... Ran a personal best of 51.19 seconds in the 500-hurdles ... Took seventh in the 400-meter dash with a time of 49.05 seconds at the Iowa State Classic.

### High School/Personal

Ran track and cross country at Ellison High School for coach Larry Moore ... Was the 5A State Champion in the 300 Hurdles (36.50) and the AAU Jr. Olympic Champion in the 400 Hurdles in 2009 ... Named to the High School All-American Team by Track & Field News ... Named the Hurdler of the Year in the 2007-08 and 2008-09 seasons ... Born July 27, 1991 ... Has three siblings, Amari, Jarred and Shannon ... Is the son of Veronica Snead.



# Marcus Wooten

### **Hurdles**

So. ► 6-0 Arlington, TX ► (Mansfield Timberview HS)

### 2011

Finished fifth in the 60 meter hurdles at the Sooner Invitational in 8.57 ... Participated in

two meets during the outdoor season, the UTA Bobby Lane Invite and the Michael Johnson Classic.

### High School/Personal

Was a District 8-4A runner-up and regional qualifier in the 300 hurdles in 2009 ... Qualified for the 4A State Championship as a member of the 4x400 relay ... Named his team's most improved athletes in 2009 ... Lettered in multiple sports, including football ... Son of Marvin Jr., and LaTania Wooten ... Born April 13, 1992 ... Has two brothers, Marvin III and Marsean.





# Elisha Arends

**Distance** 

Fr. ► 5-2 Austin, TX ► (Westwood HS)

### 2011 Cross Country

Grabbed an 11th place finish at the Metroplex Opener ... Took 21st at the Baylor Invitational

4K in 15:29.7 ... Was the second North Texas girl across the line at the Cowboys Jamboree ... Took 22nd at the Sun Belt Conference Championship, helping the women to a second-place overall finish.

### High School/Personal

Ran cross country at Westwood High School ... Won district as a senior in 2010 and qualified for regionals the last two years ... Daughter of Richard and Ione Arends ... Has two younger siblings, Abbey and Max.



# Brodie Dittmar

**Distance** 

Fr. ▶ 6-0 Aubrey, TX ▶ (Aubrey HS)

### 2011 Cross Country

Ran for the Mean Green at the Baylor Invitational and finishing the 6K race in 24:32

... Missed rest of the cross-country season due to injury.

### **High School/Personal**

Ran track and cross country at Aubrey High School and set the school record for the 800 meter race in 1:56.6 ... Also played football ... Was a three-year regional qualifier in track sophomore through senior year ... Awarded Athletic Booster Club Scholarship ... Won top cross country and track runner three years in a row ... Son of Robert and Kimberly Dittmar ... Has three siblings, Robert, Haley and Krystal.



# Jamilia Cartwright

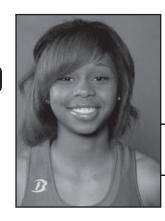
Sprints

Fr.
Dallas, TX > (Naaman Forest HS)

### High School/Personal

Four-time regional qualifier  $\dots$  Took first place in the 400m at the district meet  $\dots$  Named

team captain her senior year  $\dots$  Daughter of Jamie and Roderick Cartwright  $\dots$  Has five siblings, Jeremy, Joshua, Jametrial, Hannah and Matthew.



# Kelsey Donald

**Sprints** 

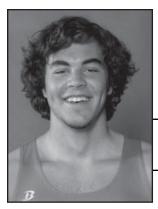
So.
Fort Worth, TX ➤ (Southwest HS)

### High School/Personal

District champion in the 400m and regional qualifier ... Was named an honorable mention

for the DFW All-Star team  $\dots$  Daughter of Kevin and Tricia Donald  $\dots$  Has two siblings, Julian and Chante.





# Riley Donovan

### **Throws**

Fr. ▶ 6-3 The Woodlands, TX ▶ (The Woodlands HS)

### High School/Personal

Was a regional qualifier both his junior and senior year ... Has PR's of 55'4 in the shot put

and 160'2 in the discus ... Named all-district in football twice ... Son of Greg and Peachy Donovan ... Has three siblings, Sydney, Lindsey and Luke.



# Brad Fullman

**Distance** 

Fr. ▶ 5-9 Phoeniz, AZ ▶ (Horizon Honors HS)

### 2011 Cross Country

Took 15th at the Metroplex Opener 6K in 21:32 ... Was the fourth North Texas runner

across the line at the NCAA South Central Regional.

### High School/Personal

Participated in varsity track, cross country, and soccer at Horizon Honors High School ...Ran a personal-record 1600 meter race with a 4:32 ...Ran a personal record in the five kilometer race in 16:53 ...Won fifth place in cross country, second place in 1600 meter race and second in the 4x800 at the corss country and track state meets ... Graduated with honors from high school ... Son of Cathy Castle and Ed Fullman ... Has two siblings, Shane and Terah.



# Nadiya El-Amin

**Sprints** 

Fr. ► 5-5 Austin, TX ► (McCallum HS)

### High School/Personal

Qualified for the 4A state championship her junior and senior year ... Won both the 100

and 200 regional finals her senior year ... Daughter of Wanda El-Amin ... Has three siblings, Corey, Jamal and Zannah.



# Ashley Harrison

**Sprints** 

Jr. ▶ 5-7 Sacramento, CA ▶ (American River College)

### American River College/Personal

Holds the school records at American River College in the 400 and as a member of both the

 $4x100\ and\ 4x400\ relay teams \dots$  Daughter of William and Angela Harrison  $\dots$  Has two siblings William and Cameryn.





# Natalya Hutchinson

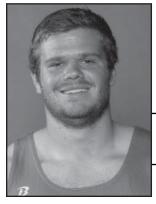
**Throws** 

Fr. ➤ 5-4
Arlington, TX ➤ (Mansfield Timberview HS)

### High School/Personal

Was a two-time regional qualifier in shot put ... Notched six regional qualifications in AAU

Club track ... Participated in the AAU Club Track Nationals ... Named the MVP of her high school team in 2010 and 2011 ... Daughter of Cassandra and Errola Hutchinson ... Has one brother, Andrew.



# Cody January

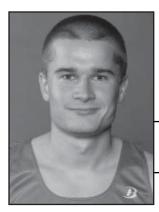
**Throws** 

Jr. ▶ 5-9 Richardson, TX ▶ (Paradise Valley CC)

### High School/Personal

Competed in the NJCAA National Championships for Paradise Valley

Community College ... Also lettered in football ... Son of Tim and Lori January ... Has one brother, Sean, who plays football for North Texas ... Grandson of Mean Green great Don January.



# Aleksi Ikonen

**Distance** 

So. ► 5-8
Tyrjansaari, Finland ► (Joensuun Yhteiskoulun)

### 2011 Cross Country

Made his North Texas and North American debut at the Cowboy Jamboree ... Finished

42nd at the Sun Belt Conference Championships.

### High School/Personal

Finished first in the 3000m steeple chase at the Finland U23 National Championships in 2010 and third in 2009 ... Won a National Championship in the U16 Relay Cross Country Skiing in 2006 ... Son of Kyosti and Leena Ikonen ... Has five siblings, Risto, Riitta, Aino, Juho and Joel.



# Rebecca Lex

**Jumps** 

So. ► 5-5 Keller, TX ► (Covenant Christian HS)

### High School/Personal

Was a member of the TAAPS track state champions at Covenant Christian in 2008,

2009 and 2010  $\dots$  Lettered in volleyball for two years  $\dots$ Daughter of Lamar and Angels Lex  $\dots$  Has one sister, Rachael.





# Olivia McKinney

### **Distance**

Fr. ▶ 5-4 Lufkin, TX ▶ (Lufkin HS)

### High School/Personal

Ran cross country at Lufkin High School ... Daughter of Joyce and Ollie McKinney ... Has

five older siblings, Toshia Lee, Fonda Turner, Josh Lee, Keisha Lee and Octavia McKinney.



# Jessica McNew

Pole Vault

Fr. ► 5-3 White Oak, TX ► (White Oak HS)

### High School/Personal

Advanced to the state championship meet in the pole vault her senior year ... Also

competed at the state cross country meet her junior and senior years ... Daughter of Jackie and Teresa McNew ... has six siblings, Kimberly, Stephanie, Cody, Lauren, Jennifer and Jimmy.



# Deja McKnight

### **Throws**

Fr. ▶ 6-0 Odessa, TX ▶ (Odessa HS)

### High School/Personal

Advanced to the state meet in 2010 and 2011 ... Was a member of the 2011 all-state track

team ... Also lettered in volleyball and basketball ... Daughter of Bruce and Regina McKnight ... Has one brother, Damon.



# Leesa Morales

**Distance** 

Fr. ▶ 5-2 Victoria, TX ▶ (Victoria East HS)

### 2011 Cross Country

Finished 28th at the Baylor Invitational ... Was the fifth scorer for North Texas at the Sun Belt

Conference Championships, recording a 26th place finish in the women's second place overall team finish.

### High School/Personal

Ran cross country at Victoria East High School ... Received her team's distance award in 2010-11 ... Daughter of Ralph and Cynthia Morales ... Has two siblings, Ralph II and Sarah.





# Jalyn Nickerson

### **Distance**

Fr. ▶ 5-4
Mesquite, TX ▶ (North Mesquite HS)

### High School/Personal

Ran cross country at North Mesquite High School ... Also lettered in soccer ... Daughter

of Sabrina and Curbie Nickerson ... Has three brothers, Charles, Regginald and Cedric.



# Aurelio Silva

### **Distance**

Fr. ▶ 6-1 Cedar Park, TX ▶ (Vista Ridge HS)

### 2011 Cross Country

Was the third man across the line for the Mean Green in every race he competed in ... Named

2011 Cross Country freshman of the year for North Texas ... Finished 31st at the SBC Championships with a time of 27:05.8.

### High School/Personal

Ran cross country for four years, track for two years, and played soccer for one year at Visto Ridge High School ... Son of Aurelio Silva and Angelica Ries ... Has one brother, Azalea Silva.



# Kayla Savoie

### Hurdles

Fr. ▶ 5-4 Houston, TX ▶ (Hightower HS)

High School/Personal



# Ashley Starks

### Hurdles

Sr. ▶ 5-5 Lancaster, TX ▶ (Texas)

### Texas

Named All-Big 12 her freshman year after finishing seventh in the 400 hurdles at the Big

12 Championship.

### High School/Personal

Was a three-time state champion at Lancaster High School ... Won the 300-meter hurdles and was a member of the 4x100 and 4x400 meter state champions in 2007 ... Assisted Lancaster High School to its record-setting seventh consecutive 4A state title ... Daughter of Penny and Sterling Starks ... Has one sister Keshima.





# **Chastity Stewart**

## Hurdles

Fr. ▶ 5-9 Whitehouse, TX ▶ (Whitehouse HS)

### High School/Personal

Named All-East Texas her final three years of high school ... Finished second in the 100m

hurdles at the 4A State Championship  $\dots$  Took home second in the 100 hurdles at the 2011 Texas Relays  $\dots$  Daughter of Sonya Stewart  $\dots$  Has three siblings, Cordney, Casey and Candis.



# Tytiana Thornton

## **Sprints**

Fr. ▶ 5-8 Dallas, TX ▶ (Carter HS)

### High School/Personal

Was a three time qualifier for the state championship ... Ran the second leg for

the 4x100 relay team that captured third place at state ... Claimed a district and regional championship ... holds a PR of 11.86 for the 100m dash ... daughter of Tracey Thornton ... Has one brother who plays football at Stephen F. Austin, Darren Robinson ... Has a three-year old daughter, Micayla.



# Lauren Sullivan

### **Distance**

Fr. ▶ 5-5 Austin, TX ▶ (McNeil HS)

### 2011 Cross Country

Took 14th at the Metroplex Opener ... Was the third girl North Texas across the line at

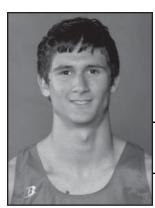
the Baylor Invitational with a 19th place finish  $\dots$  Finished 58th at the Sun Belt Conference Championships.

### High School/Personal

Ran cross country at McNeil High School ... Daughter of Vivian Sullivan ... Has two siblings, Caitlin and Zach.

# PROFILES → newcomer profiles





# Austin Yaeger

**Distance** 

Fr. ▶ 6-0 Dallas, TX ▶ (Bishop Dunne HS)

### 2011 Cross Country

Finished eighth at the Metroplex Opener 6K in 20:42 ... Was the second Mean Green man

across the line at the Baylor Invitational where he finished 33rd overall  $\dots$  Took 45th at the Sun Belt Conference Championships with an 8K time of 27:51.8.

### High School/Personal

Ran cross country at Bishop Dunne ... Was the team captain and MVP of the cross country team ... Was captain of the track team ... Ran the 800-meter race in 1:58, 1600-meter race in 4:28, 3200-meter race in 9:38, and five kilometer race in 16:23 ... Named to the All-South Cross Country Team ... Was academic all-state junior and senior year ... Was a three time all-state performer in track ... Tabbed a four-time all-district honoree in track ... Two-time district champion ... Won the state championship as both a junior and senior in the 800-meter run ... Son of Jere Yaegar and Christy Hendrixson.



# Jordan Yankovich

Pole Vault

Fr. ▶ 5-10 Amarillo, TX ▶ (River Road HS)

### High School/Personal

Recorded two top-five finishes at the state championship meet in the pole vault ... Holds

a personal record of 15' ... Son of Joe Yankovich ... has one brother, Josh.



→ Women / Indoor  55-Meter Dash  7.08
7.08
7.53 Missy Barnes JD Martin Invite
7.54 Alysha Adams Iowa St. Classic 7.66 Brittani Simmons Iowa St. Classic
200-Meter Dash 24.41Alysha AdamsIowa St. Classic 24.63Ciara SmithSBC Championship 24.85Brittani SimmonsSBC Championship
<b>400-Meter Dash</b> 54.46 * Ciara Smith Virginia Tech Qualifier 58.96 Janesa Moore Iowa St. Classic
800-Meter Run 2:14.00 *Sara DietzSBC Championship 2:19.10Monica DunnSooner Invitational
600-Yard Run 1:27.62 Monica Dunn
Mile Run 5:02.20Sara DietzSBC Championship
3,000-Meter Run 10:08.54Ingrid Mollenkopf A&M Conf. Challenge
<b>5,000-Meter Run</b> 17:52.29 Ingrid Mollenkopf SBC Championship
<b>4 x 400-Meter Relay</b> 3:46.57SBC Championship
<b>Distance Medley Relay</b> 12:13.79 Dietz, Pierson, Dunn, Mollenkopf SBC Cham
High Jump 5-05.25 Haley ThompsonSooner Invitational 5-03.00 Shahaf BareniSBC Championship 5-03.00 Chelsea Hermes Iowa St. Classic
Long Jump 16-09.25 Adrian Stephens Sooner Invitational 15-11.00 Chelseas Hermes JD Martin Invite
<b>Triple Jump</b> 32-09.00 Adrian Stephens SBC Championship
<b>55-Meter Hurdles</b> 7.72 *
60-Meter Hurdles 8.28
Pole Vault 12-03.50 Christal BrewsterSBC Championship 11-10.75 Sarah VannA&M Conf. Challeneg 11-03.75 Sarah KornSBC Championship
Shot Put 33-01.25 Chelsea HermesSBC Championship
Pentathlon 3,287 pts Chelsea Hermes Iowa St. Classic

### → Men / Indoor

<b>→</b> Men / Indoor
55-Meter Dash 6.47
60-Meter Dash 6.91
200-Meter Dash 21.69
22.28Montrell PyronSBC Championship 400-Meter Dash
47.87 Clinton Collins Iowa St. Classic 48.76 Steven White Iowa St. Classic 50.26 Montrell PyronSBC Championship
800-Meter Run 1:56.38 Matt PetersSBC Championship 1:56.60 Reggis Hayter Iowa St. Classic 1:56.60 Andrew SumnerSBC Championship 1:56.78 Matt RussSooner Invitational
600-Yard Run 1:12.18Reggie HayterIowa St. Classic 1:15.04Montrell PyronSooner Invitational 1:14.50Kevin TaylorIowa St. Classic 1:14.70Andrew SumnerSooner Invitational
Mile Run 4:16.37 Matt Russ
1,000-Meter Run 3:01.09Jordan WehrSBC Championship
3,000-Meter Run 8:37.35 Patrick Strong A&M Conf. Challenge
<b>5,000-Meter Run</b> 14:48.99 Patrick Strong Iowa St. Classic
High Jump 6-08.75 Jermaine Jamison Sooner Invitational 6-07.00 Jordan Wehr Iowa St. Classic 6-03.50 Eron Phillips SBC Championship
Long Jump 23-10.75 Terrance WilliamsSBC Championship 23-08.00 Eddie LanierSBC Championship 23-08.00 Eron PhillipsSBC Championship
<b>Triple Jump</b> 46-08.00 Terrance Williams SBC Championship 46-00.75 Eron PhillipsSBC Championship
55-Meter Hurdles 7.96
60-Meter Hurdles 8.36Jordan WehrIowa St. Classic 8.57Marcus WootenSooner Invitational 8.68Darwin MooreSooner Invitational
5,000-Meter Run 14:56.60 Patrick StrongSBC Championship 15:13.14 Matt RussSBC Championship
4 x 400-Meter Relay 3:13.25 Jowa St. Classic

Distance Medley Relay 10:21.07Texas A&M Conference Challenge
Pole Vault 16-00.75 Jordan WehrSBC Championship
Shot Put 49-09.25 Aaron SirlesSBC Championship 47-03.50 Charleston LewisSBC Championships
Heptathlon 5,115 pts Jordan Wehr Iowa St. Classic
* School Record # NCAA Provisional Qualifer

→ Women / Outdoor	<b>Heptathlon</b> 4,224 pts Chelsea Hermes Angle St. Relays
100-Meter Dash	
11.70SBC Championship	→ Men / Outdoor
11.85Brittani SimmonsJohn Jacobs Invite	100-Meter Dash
11.89 Brittany Blaylock TCU Invitational	10.54 Justin Flowers North Texas Classic
12.01 Missy Barnes	10.96Johnny HickmanSBC Championship
200-Meter Dash	10.97John Jacobs Invite
24.04	11.12Brelan ChancellorSBC Championship
24.88	200-Meter Dash
25.13 Cassie Heffernan Michael Johnson Clas.	21.16 Steven WhiteTCU Invitational
	21.36Clinton CollinsTCU Invitational
400-Meter Dash	21.48 Justin Flowers Michael Johnson Classic
57.37 Janesa Moore Mean Green Twilight 59.24 TCU Invitational	21.73 Montrell Pyron John Jacobs Invite
	400-Meter Dash
800-Meter Run	47.09 Darnell Greig John Jacobs Invite
2:12.47Sara DietzSBC Championship	47.52 Justin Flowers John Jacobs Invite
2:17.17 Monica DunnSBC Championship.	47.62
1,500-Meter Run	47.90 Montrell Pyron John Jacobs Invite
4:34.55Sara DietzSBC Championship	000 M ( D 1
4:44.41Ingrid Mollenkopf Bobby Lane Invite	800-Meter Dash
5,000-Meter Run	1:53.58Reggie HayterSBC Championship 1:54.93Michael OrtizMean Green Twilight
17:55.28Ingrid MollenkopfSBC Championship	1:55.22 Matt Russ Bobby Lane Invite
17.55.20 Highe Molenkopiobe championship	1:56.14 Matt PetersSBC Championship
10,000-Meter Run	
36:20.00 Ingrid Mollenkopf Mt. SAC Relays	1,500-Meter Run
100 16 4 17 11	3:55.33 Matt Russ Mean Green Twilight 3:58.83 Patrick Strong Mean Green Twilight
100-Meter Hurdles	4:01.30 Michael Sandoval Mean Green Twill.
13.28	101000111111111111111111111111111111111
13.28 Madelyli Sileed Mean Green Twingin	3,000-Meter Steeplechase
400-Meter Hurdles	10:00.33 Micahel SandovalSBC Championship
1:06.95 Chelsea Hermes SBC Championships	5 000 Matar Dun
4 -	5,000-Meter Run 14:46.79 Patrick StrongSBC Championship
High Jump	14:53.36 Matt Russ Texas Relays
5-07.00 Shahaf BareniMichael Johnson Classic	,
5-07.00 Haley Thompson Bobby Lane Invite 5-01.75 Chelsea Hermes Angelo St. Relays	10,000-Meter Run
3-01.75 Cheisea Hermes Anigelo St. Relays	30:02.82 Patrick StrongNCAA West Regional
Long Jump	110-Meter Hurdles
17-11.50 Adrian Stephens Mean Green Twilight	14.57
16-01.75 Chelsea Hermes North Texas Open	15.29
Trinle Iron	
<b>Triple Jump</b> 35-07.75 Adrian Stephens Bobby Lane Invite	400-Meter Hurdles
33-07.73 Adrian stephens Bobby Lane mivite	52.01Steven WhiteSBC Championship
Pole Vault	57.46 Marcus Wooten .Michael Johnson Class.
12-11.50 Christal Brewster TCU Invite	High Jump
11-07.75 Sarah VannMean Green Twilight	6-11.00 Jermaine Jamison North Texas Classic
11-03.75 Sarah KornJohn Jacobs Invite	6-07.00Jordan WehrSBC Championship
Cl. 4 D. 4	6-04.75 Eron PhillipsSBC Championship
Shot Put	6-01.25 Eddie LanierSBC Championship
36-05.00Shelby ChildressNort Texas Classic	Long Jump
34-01.25Chelsea HermesAngelo St. Relays 33-01.25Ashley ElliotNorth Texas Classic	Long Jump 24-09.00 Terrance Williams Jr. Pan American's
55-01.25Asincy EnfotNorth Texas Classic	23-07.50 Eron Phillips Mean Green Twilight
Discus	23-04.50 Eddie Lanier Mean Green Twilight
139-11 Christena Dowsett North Texas Classic	m · 1 · x
	Triple Jump
Javelin	46-04.75 Terrance Williams SBC Championship
96-03 Chelsea Hermes Angelo St. Relays	Pole Vault
	17-00.75 Jordan Wehr Texas Relays
4X100-Meter Relay	,
4X100-Meter Relay 44.96 UTA Robby Lane Invitational	
44.96UTA Bobby Lane Invitational	Shot Put
44.96UTA Bobby Lane Invitational 45.38Michael Johnson Classic	51-11.75 Aaron SirlesSBC Championship
44.96UTA Bobby Lane Invitational	

Heptathlon 4,224 pts Chelsea Hermes Angle St. Relays
→ Men / Outdoor
100-Meter Dash 10.54 Justin Flowers North Texas Classic 10.96 Johnny HickmanSBC Championship 10.97 Steven White John Jacobs Invite 11.12 Brelan ChancellorSBC Championship 200-Meter Dash
21.16 Steven White TCU Invitational 21.36 Clinton Collins TCU Invitational 21.48 Justin FlowersMichael Johnson Classic 21.73 Montrell Pyron John Jacobs Invite
400-Meter Dash 47.09 Darnell Greig John Jacobs Invite 47.52 Justin Flowers John Jacobs Invite 47.62 Clinton Collins John Jacobs Invite 47.90 Montrell Pyron John Jacobs Invite
800-Meter Dash 1:53.58 Reggie HayterSBC Championship 1:54.93 Michael Ortiz Mean Green Twilight 1:55.22 Matt Russ Bobby Lane Invite 1:56.14 Matt PetersSBC Championship
1,500-Meter Run 3:55.33 Matt Russ Mean Green Twilight 3:58.83 Patrick Strong Mean Green Twilight 4:01.30 Michael Sandoval Mean Green Twil.
3,000-Meter Steeplechase 10:00.33 Micahel SandovalSBC Championship
5,000-Meter Run 14:46.79Patrick StrongSBC Championship 14:53.36Matt RussTexas Relays
10,000-Meter Run 30:02.82 Patrick Strong NCAA West Regional
110-Meter Hurdles 14.57
400-Meter Hurdles 52.01Steven WhiteSBC Championship 57.46Marcus Wooten .Michael Johnson Class.
High Jump 6-11.00 Jermaine Jamison North Texas Classic 6-07.00 Jordan Wehr SBC Championship 6-04.75 Eron Phillips SBC Championship 6-01.25 Eddie Lanier SBC Championship
Long Jump 24-09.00 Terrance Williams Jr. Pan American's 23-07.50 Eron Phillips Mean Green Twilight 23-04.50 Eddie Lanier Mean Green Twilight
Triple Jump 46-04.75 Terrance Williams SBC Championship
Pole Vault 17-00.75 Jordan Wehr Texas Relays
Shot Put

Javelin 150-05
Discus 166-00Charleston LewisSBC Championship 147-60Aaron SirlesSBC Championship
<b>Decathlon</b> Did not competer in event in 2011
Hammer Throw 155-09 Charleston Lewis Mean Green Twilight 154-03 Aaron Sirles Mean Green Twilight
<b>4X100-Meter Relay</b> 40.51
4X400-Meter Relay 3:09.17
w wind aided



### 

### February 5, 1938

**31st Millrose Games - Madison Square Garden, New York City** Delmer and Elmer Brown and Wayne and Blaine Rideout set a new world record of 7:27.5 in the mile and seven-eights relay.

### April 29, 1938

### 44th Penn Relays - Franklin Field, Philadelphia

Alvin Chrisman, Henry Morgan, Wayne and Blaine Rideout set a new world record of 9:59.4 for the outdoor two mile and one-eighth distance medley relay.

### **June 18, 1938**

Princeton Invitational - Princeton Stadium, Princeton, New Jersey
Wayne Rideout set a new world record of 3:00.3 in the three-quarter mile run.
He became the first Texan in history to set a world record by himself.

### 

- 1935: Sprint medley relay (3:38, Johnny Stovall, C.B. Midkiff, Paul Matthews, R.C. Conlee)
- **1937:** Blaine Rideout, mile (4:20); Sprint Medley Relay (3:31.9); 880-yard relay (1:28); Mile relay (3:21.0)
- 1938: Distance Medley Relay (10:14.4, Alvin Chrisman, H. Morgan, Blaine Rideout, Wayne Rideout) 4 x Mile relay
- 1939: 4 x Mile relay (Wayne Rideout, Blaine Rideout, Jack Sahling, Bob Hanna); Distance Medley Relay (10:17.6, James McDaniel, Harvey Bryant, Wayne Rideout, Blaine Rideout)
- 1940: Welby Williams, 100-yard dash (10.0); 880-yard relay (1:26.3, Welby Williams, Olvis Hicks, Harvey Bryant, James McDaniel); Albert Mikeska, javelin (202 feet); Blaine Rideout, 880-yard run
- 1941: 880-yard relay (Bobby Dodd, Welby Williams, Ed Rogers, Johnny Jackson); Mile relay (3:15.4, James McDaniel, Wilson Terry, Johnny Jackson, Ed Rogers); Albert Mikeska, javelin (203-5)
- 1942: Boyd Vaughn, 880-yard run; Joe Wood, mile run
- 1943: Sprint Medley Relay (3:43.3)
- 1946: Sprint Medley Relay (3:37.1)
- **1947:** Mile relay (3:20.7)
- 1948: 880-yard relay
- 1950: 880-yard relay (Richard Smith, Lloyd Lowe, Ray Renfro, Jerome Zabojnik); 440-yard relay (42.0, Harlan Howell, Ray Renfro, Lloyd Lowe, Jerome Zabojnik)
- **1951:** 880-yard relay; 440-yard relay (42.0)
- 1952: 880-yard relay; 440-yard relay (42.5)
- 1953: Sprint Medley Relay (3:31.2)
- 1955: Kelley, high jump (6-6); Sprint Medley Relay (3:23.1, Mike Hagler, Dean Renfro, Boyd Dollar, Paul Patterson); Mile relay (Jimmie Weaver, Jimmie Huffman, Mike Hagler, Paul Patterson)
- 1970: Bill Schmidt, javelin (257-10.5)
- 1981: Leana Hocking, 1,500-meter run (4:30.50)

### **→** Kansas Relays Champions

- 1937: 440-yard relay (41.9, Johnny Stovall, Alvin Chrisman, Delmer Brown, Elmer Brown); 880-yard relay (1:28.6, Johnny Stovall, Alvin Chrisman, Delmer Brown, Elmer Brown); mile relay (3:19.8, Johnny Stovall, Alvin Chrisman, Delmer Brown, Elmer Brown)
- 1938: Mile relay (Wayne Rideout, Blaine Rideout, H. Morgan, J. Sahling); Distance Medley Relay (10:28.1, Alvin Chrisman, H. Morgan, Blaine Rideout, Wayne Rideout)
- 1939: Distance Medley Relay (10:06.9, Wayne Rideout, Blaine Ridout, Doyle Chrisman, H. Bryant); Mile Relay (3:19.5, Wayne Rideout, Blaine Rideout, Doyle Chrisman, H. Bryant)
- **1940:** Blaine Rideout, mile run (4:10.1)
- 1941: 880-yard relay (Bobby Dodd, Welby Williams, Olvis Hicks, Ed Rogers); Two Mile Relay (James McDaniel, J.B. Outlaw, Boyd Vaughn, Doyle Chrisman); Albert Mikeska, javelin
- 1949: 880-yard relay (1:27.7, Harlan Howell, Ray Renfro, Charle Teague, Jerome Zabojnik)
- 1950: 880-yard relay (Richard Smith, Lloyd Lowe, Ray Renfro, Jerome Zabojnik)

- 1951: 880-yard relay
- 1953: Sprint medley relay (3:36.0, Charlie Teague, Walt Lindsey, Ken Smith, Paul Patterson)
- 1954: Two mile relay (7:49.5)
- 1955: Sprint medley relay (Mike Hagler, Boyd Dollar, Dean Renfro, Paul Patterson); Mile relay (Jimmie Weaver, Jimmie Huffman, Mike Hagler, Paul Patterson)
- 1970: Jove Gomez, mile run (4:09.3)

### → Penn Relays Champions

- 1937: Mile Relay (3:19.6, Johnny Stovall, Elmer Brown, Alvin Chrisman, Delmer Brown); 440-yard relay (42.1, Johnny Stovall, Elmer Brown, Alvin Chrisman, Delmer Brown)
- 1938: Distance Medley Relay (9:59.4\*, Alvin Chrisman, H. Morgan, Blaine Rideout, Wayne Rideout)
- 1939: Distance Medley Relay (10:11.5, Doyle Chrisman, H. Bryant, Wayne Rideout, Blaine Rideout); Four-Mile Relay (17:25.9, H. Bryant, Wayne Rideout, Blaine Rideout, J. Sahling)
- 1940: 880-Yard Relay (1:25.4\$, W. Williams, Olvis Hicks, J. jackson, E. Rogers)
- 1941: Welby Williams, 100-yard dash; 880-Yard Relay (Bobby Dodd, Welby Williams, Ed Rogers, Olvis Hicks)

### **→** Drake Relays Champions

- 1946: Mile Relay (3:23.3, Joe Coquat, Norman Spray, Bill Adams, Jack Gilbert)
- 1950: 4 x 100 relay (42.5, Harlan Howell, Lloyd Lowe, Ray Renfro, Jerome Zabojnik)
- **1951:** 4 x 200 relay (1:26.4); 4 x 100 relay (42.0)
- **1952:** 4 x 200 relay (1:25.8); 4 x 100 relay (41.7)
- 1953: Sprint medley relay (3:33.9)
- 1954: Sprint medley relay (3:25.8)
- 1955: Mile relay (3:15.6, Jimmie Weaver, Jimmie Huffman, Mike Hagler, Paul Patterson)
- 1970: Bill Schmidt, javelin (250-1)
- \*World Record \$-Penn Relays record



### **→** Men

Event	Name	Time/Mark	
55 Meters	Keyth Talley	6.20	2010
60 Meters	Keyth Talley		2010
200 Meters	Keyth Talley	20.98	2010
		30.76	
		47.73	
		1:11.24	
		1:53.24	
		2:12.24	
		4:05.24	
47400	(Levarity, Howe, Pace, Flow		1702
Distana Madlay	Dolor		1000
Distance Medicy			1999
2000 M /	(Lutkenhaus, Breaut, Wilson		1001
		8:13.04	
		7.34	
		8.0	
		57-6	
		53-6.25	
		7-1.75	
Long Jump	John Gilford	24-5.25	1975
Triple Jump	Gerald Shepherd	50-11.50	2001
Heptathlon	Jordan Wehr	5318 pts	2010
<b>→</b> Women			
Event	Name		Date
		6.96	
		7.45	
		24.01	
		54.49	
		1:25.66	
		2:11.36	
		2:33.98	
		2:44.49	
	_	4:50.42	
		3:44.15	
	(Smith, Robinson, Mackenn		
Distance Medley	Relay	12:13.79	2010
,	(Dietz, Pierson, Dunn, Mol		
		9:53.77	
		17:09.66	
		7.72	
60 Hurdles	Lauren Wiggins		2008
		5-9.75	
	Donna Thomas	20-11.75	
Shot Dut	CA ( ) l		

 Shot Put
 Stacy Orakpo
 47-7
 2005

 Weight Throw
 Alana Tyler
 56-03.75
 2009

 Pole Vault
 Christal Brewster
 12-5.50
 2009

 Pentathlon
 Deidra Wesley
 3679 pts
 2005

<sup>\*</sup> Records broken this year in BOLD

→ Men/Outdoors	110-Meter Hurdles	Triple Jump
100 Materia David	1 13.98#c Joe Jubert	1 52-5 ¼ John Gilford
100-Meter Dash	2 14.15 Carlos Yearwood 5/8/99	2 52-0 ½ Abe Brown 5/20/74
1 10. 18	3 14.16	3 52-0 ¼ Greg Norman
2 10.22w Detrion Woodson 5/19/01 10.22w Justin Anderson 3/19/10	4 14.18 Sammy Dabbs	4 50-8 ¼ Gerald Shepherd
4 10.25#c Marvin Baker 5/28/76	5 14.18w Calvin Smith 5/6/00	5 50-3 ½ Eric Jackson 5/17/95
5 10.28w Keyth Talley	400-Meter Hurdles	Decathlon
3 10.20 w Rey til Talley	1 50.98c Ed Eberhart 19752	1 6,999 pts Ben Botello 5/10/03
200-Meter Dash	2 50.99 Kory Williams 5/15/05	2 6,825 pts Jordan Wehr 5/8/10
1 20.50w Rudy Levarity 6/5/80	3 51.49 Chris Gibbons	3 6,722 pts Teddy Sondota 5/24/97
2 20.74w Keyth Talley 4/30/09	4 51.51 Steve White 5/9/10	4 6,711 pts Andrew Turner 5/10/09
3 20.82 Keyth Talley 5/1/10	5 51.93 James Lobdell 5/17/93	5 6,710 pts Jordan Wehr 5/10/09
4 20.95w Detrion Woodson 5/19/01		
5 21.04#c Marvin Baker 4/10/76	Discus	High Jump
400-Meter Dash	1 182-03 Brock Stickler	1 7-0.5
1 46.17#c Doyle Magee 4/10/65	2 177-10 James Barefield 3/31/79	7-0.5Jermaine Jamison
2 46.23 David Turner	3 174-8 Jim Parker 1974	3 7-0 Stoney Marquis 5/17/96
3 46.40 Arthur Cox	4 173-3 Adrian Awasom 5/29/04	7-0
4 46.74#c John Cotton	5 170-5 Jerome Carrothers 5/11/03	
5 47.00 Jeff Hudson	Shot Put	7-0 Mike Ryan 4/28/79
,	1 57-9.5 Phil Hall	Hammer Throw
800-Meter Run	2 56-0	1 165-00 Heath Smith
1 1:47.22 Johnny Walker 5/7/83	3 55-11.75 Heath Smith 5/12/07	2 155-09 Charleston Lewis 4/29/11
2 1:48.20#c Dennis Stephens	4 55-10.25 Don Rhode	3 154-03 Aaron Sirles
3 1:50.10 Artie Breault 5/20/00	5 54-9 Mike Minter 4/25/87	154-03 Jordan Wehr 4/30/11
4 1:50.42 Matthew Boit 5/22/82		
5 1:50.53 Brian Rowley 5/22/82	Old Javelin	
1,500-Meter Run	1 280-7* Bill Schmidt	
1 3:43.44c Ben Moturi	2 243-10* Calvin Bowers	
2 3:47.47 Jonah N'Geny	3 228-2* Ross Percifield	
3 3:48.07 Paul Ndachi	4 227-11* Dan Hopkins	
4 3:49.14c Matthew Boit	5 204-0* Dennis Lemmons	
5 3:49.51 Ken Buyers 4/15/78	New Javelin	
·	1 215-3 Heath Smith 5/27/06	
5,000-Meter Run	2 189-7 Lupe Florez	
1 14:09.04c Ron Wakefield	3 188-6 Parrish Johnson 5/22/99	
2 14:22.01 Jonah N'Geny	4 178-1 Justin Bowers	
3 14:22.15 Paul Ndachi	5 176-9 Ben Botello 5/10/03	
4 14:22.35 Ben Moturi	D L W J	
5 14:27.04c Don Jindra	Pole Vault	
10,000-Meter Run	1 17-06 ½ Jordan Wehr 5/10/09	
1 29:44.00 Juan Zetina	2 16-8 ¾ Ryan Lancon	
2 30:02.82 Patrick Strong 5/26/11	416-6	
3 30:50.74c James McGee	5 16-0¾ William Nitcholas	
4 30:55.09 Paul Ndachi 5/12/00	5 16-0¾ Josh Papagno	
5 30:59.14c Rusty Hageman	10 0,	
	Long Jump	
3,000-Meter Steeplechase	1 25-10 John Gilford 1975	
1 8:57.94c Juan Zetina	2 25-4 ¾ Eric Jackson	
2 9:03.29 John Gardner	3 25-3 Aaron Donnell 5/14/77	
3 9:06.50 Joey Chapman 5/14/88	4 25-2 ¾ Johnnie Rodgers 5/21/89	
4 9:12.10 Frank Ngeno 5/12/07	5 25-0 ¾ Ron Linscomb	
5 9:13.00 Jonah N'Geny		

<b>→</b> Women/Outdoors
100-Meter Dash
1 11.48 Ananka Clark 5/30/03
2 11.48w Lisa Nolting 4/14/07
3 11.56w Brittani Simmons 3/19/10
4 11.62 Brittany Blaylock 5/29/10
5 11.64 Rachael Runnels 4/1/06
200-Meter Dash
1 23.57 Debra Pinnix
2 23.59w Ananka Clark 5/30/03
3 23.76 Brittani Simmons 5/10/09
4 23.82 Alysha Adams
23.82w Brittany Blaylock 3/19/10
400-Meter Dash
1 53.41 Ciara Smith 5/2/08
2 53.72 Chiqueta Ellis 5/23/98
3 53.83 Ella Smith 5/7/83
4 54.17 MeShelley Sams 5/24/97
5 54.58 Liana Claxton 5/20/95
800-Meter Run
1 2:06.32 Leanna Hocking 5/2/80
2 2:09.63 Valerie Clary
3 2:10.52 Joann Dohanich
4 2:12.40 Sara Dietz 5/10/09
5 2:13.43 Keri Schneider 5/13/00
1,500-Meter Run
1 4:19.41 Leanna Hocking 5/25/80
2 4:34.55 Sara Dietz 5/13/11
3 4:37.69 Krista Davey 5/14/00.
44:38.55 Debbie Thornhill 3/31/01
5 4:41.05 Valerie Clary 5/3/97
3,000-Meter Run
1 9:48.62 Leanna Hocking 4/18/80
2 9:51.05 Debbie Thornhill 5/12/01
3 10:06.66 Jessica Schmidt
4 10:08.36 Brandi Orozco 5/22/99
5 10:09.37 Dagmar Salazar 3/22/03
, and the second
5,000-Meter Run
1 16:57.13 Jessica Schmidt
3 17:42.77 Brandi Orozco
4 17:50.12 Ingrid Mollenkopf 5/8/10
5 17:51.01 Dagmar Salazar 5/11/03
-
10,000-Meter Run
1 36:20.00 Ingrid Mollenkopf 4/14/11
2 38:02.72 Cassie Storms 5/14/06
3 38.13.65 Liz Sanchez
4 38:41.38 Cassie Storms 5/15/05
5 38:59.06 Dagmar Salazar

100-Meter Hurdles
1 13.25 Alysha Adams 6/25/11
2 13.40 Lauren Wiggins 5/10/09
3 13.74w Ciji Brooks
4 13.89 Keri Glover
400-Meter Hurdles
1 1:00.18 Roshunda Pierson 5/9/10
2 1:00.60 Traci Logan 5/15/94
3 1:00.68 Raquel Hudson 5/09/08
4 1:00.89 Lisa Helm
5 1:01.30 Brandie Riggs 5/7/98
Discus
1 167-2 Jessica Henderson 5/10/03
2 153-0 Shauna Shepherd 4/30/09
3 151-11 Elizabeth Dominguez 4/30/09
4 147-9.62 Alana Tyler 4/09/09
5 145-5 Michelle Beck 5/10/03
Shot Put
1 48-4 Heather Wood 5/14/06
2 47-9.75 Ciji Brooks
3 46-2.75 Latrecia Taylor
4 45-6.50 Rachel Barr
5 45-3 Stacy Orakpo 4/1/04
Javelin
1 149-2
2 137-4 LaKisha Gentry
3 136-1 Guinness Dealy
5 122-01 Shelley Hollingsworth 5/10/09
3 122 of Shelicy Hollingsworth 3,10,05
High Jump
1 5-10
2 5-8.75 Maria Spencer
5-8.75 Ryan Hill
5 5-8
J 3-0
Long Jump
1 21-2.50 Donna Thomas
2 20-10.50 Brandi Stanfield
3 20-7.25 Ashyley Austin
4 20-3.75 Sherry Anderson
5 20-3.50 Ashley Austin
Triple Jump
1 44-3.50 Brandi Stanfield 4/8/06
2 41-9w Dionte Campbell 4/8/00
3 41-8 Sandra Mondy 5/20/91
4 41-3 Tiffanie Jordan 5/11/03
5 38-10.5 Kelli Johnson 3/27/10

Pole Vault
1 12-11.50 Christal Brewster 3/18/11
2 12-04.00 Shelley Hollingsworth 5/8/10
3 12-01.50 Shelley Hollingsworth 5/9/08
4 11-07.75 Kellie Delka 4/30/09
11-07.75 Sarah Vann 4/29/11
Heptathlon
1 5,030 pts Deidra Wesley 5/15/05
2 4,707 pts Nikki Hyles 4/23/94
3 4,695 pts Rhatisha Scott 5/12/02
4 4,597 pts Alysha Adams 5/09/08
5 4,590 pts Shara Watson 5/20/99
Hammer Throw
1 180-5 Alana Tyler
2 163-4 Shauna Shepherd 4/09/09
3 149-6 Jessica Henderson 4/16/05
Conversions: # - Imperical event to metric event c - Hand time to Fully Automatic Time * - Old Implement

→ Men/Outdoors
100-Meter Dash
1 10.18 Rudy Levarity
2 10.22w Detrion Woodson 5/19/01
10.22w Justin Anderson 3/19/10
4 10.25 Marvin Baker 5/28/76
5 10.28w Keyth Talley
, ,
200-Meter Dash
1 20.50 Rudy Levarity 6/5/80
2 20.74w Keyth Talley 4/30/09
3 20.76 Keyth Talley 5/2/10
4 20.82 Keyth Talley 5/1/10
5 20.85 Keyth Talley 6/27/09
400-Meter Dash
1 46.17#c Doyle Magee 4/10/65
2 46.23 David Turner
3 46.40 Arthur Cox
4 46.53 Arthur Cox
4 46.74#c John Cotton
800-Meter Run
1 1:47.22 Johnny Walker 5/7/83
2 1:48.20#c Dennis Stephens
3 1:50.10 Artie Breault 5/20/00
4 1:50.42 Matthew Boit 5/22/82
5 1:50.53 Brian Rowley 5/22/82
1,500-Meter Run
1 3:43.44c Ben Moturi
2 3:47.47 Jonah N'Geny
3 3:48.06 Paul Ndachi 5/19/00
4 3:49.14c Matthew Boit
5 3:49.51 Ken Buyers 4/15/78
5,000-Meter Run
1 14:09.04 Ron Wakefield
2 14:22.01 Jonah N'Geny 4/25/87
3 14:22.15 Paul Ndachi 4/24/99
4 14:22.35 Ben Moturi
5 14:27.04c Don Jindra
10,000-Meter Run
1 29:44.00 Juan Zetina
2 30:02.82 Patrick Strong
3 30:50.74c James McGee
4 30:55.09 Paul Ndachi 5/12/00
5 30:59.14c Rusty Hageman
, ,
3,000-Meter Steeplechase
1 8:57.94c Juan Zetina
2 9:03.29 John Gardner
3 9:13.00 Jonah N'Geny
4 9:13.19 Frank Ngeno 5/14/06
5 9:13.46 Derrick Garrett

110-Meter Hurdles
1 13.98#c Joe Jubert
2 14.15 Carlos Yearwood 5/8/99
3 14.16 Remarcus Smith 5/4/02
4 14.18 Sammy Dabbs 5/11/02
5 14.18w Calvin Smith 5/6/00
400-Meter Hurdles
1 50.98c Ed Eberhart
2 50.99 Kory Williams 5/15/05
3 51.11 Kory Williams 5/28/05 4 51.13 Kory Williams
5 51.19 Lynn Howe
51.19 Steven White
31.19 Steven writte 0/20/10
Discus
1 182-03 Brock Stickler 4/30/09
2 178-03 Brock Stickler 4/24/09
3 177-10 James Barefield 3/31/79
4 175-00 Brock Stickler 5/30/09
5 174-8 Jim Parker 1974
Shot Put
1 57-9 ½ Phil Hall 4/4/75
2 56-0
3 55-11 ¾ Heath Smith
4 55-10 <sup>1</sup> / <sub>4</sub> Don Rhode 5/3/73
5 55-3 ½ Heath Smith
Old Javelin
1 280-7* Bill Schmidt
1 280-7* Bill Schmidt
1      280-7*
1 280-7*
1      280-7*
1 280-7*
1      280-7*
1
1      280-7*
1
1       280-7*       Bill Schmidt       1970         2       243-10*       Calvin Bowers       1966         3       228-2*       Ross Percifield       3/4/72         4       227-11*       Dan Hopkins       3/11/72         5       204-0*       Dennis Lemmons       1974         New Javelin         1       215-3       Heath Smith       5/26/07         2       210-3       Heath Smith       5/14/07         3       205-8       Heath Smith       3/31/07
1       280-7*       Bill Schmidt       1970         2       243-10*       Calvin Bowers       1966         3       228-2*       Ross Percifield       3/4/72         4       227-11*       Dan Hopkins       3/11/72         5       204-0*       Dennis Lemmons       1974         New Javelin         1       215-3       Heath Smith       5/26/07         2       210-3       Heath Smith       5/14/07         3       205-8       Heath Smith       3/31/07         4       196-0       Heath Smith       5/14/06         5       192-5       Heath Smith       3/25/06
1       280-7*       Bill Schmidt       1970         2       243-10*       Calvin Bowers       1966         3       228-2*       Ross Percifield       3/4/72         4       227-11*       Dan Hopkins       3/11/72         5       204-0*       Dennis Lemmons       1974         New Javelin         1       215-3       Heath Smith       5/26/07         2       210-3       Heath Smith       5/14/07         3       205-8       Heath Smith       3/31/07         4       196-0       Heath Smith       5/14/06         5       192-5       Heath Smith       3/25/06         Pole Vault
1       280-7*       Bill Schmidt       1970         2       243-10*       Calvin Bowers       1966         3       228-2*       Ross Percifield       3/4/72         4       227-11*       Dan Hopkins       3/11/72         5       204-0*       Dennis Lemmons       1974         New Javelin         1       215-3       Heath Smith       5/26/07         2       210-3       Heath Smith       5/14/07         3       205-8       Heath Smith       3/31/07         4       196-0       Heath Smith       5/14/06         5       192-5       Heath Smith       3/25/06         Pole Vault         1       17-6 ½       Jordan Wehr       5/10/09
1       280-7*       Bill Schmidt       1970         2       243-10*       Calvin Bowers       1966         3       228-2*       Ross Percifield       3/4/72         4       227-11*       Dan Hopkins       3/11/72         5       204-0*       Dennis Lemmons       1974         New Javelin         1       215-3       Heath Smith       5/26/07         2       210-3       Heath Smith       5/14/07         3       205-8       Heath Smith       3/31/07         4       196-0       Heath Smith       5/14/06         5       192-5       Heath Smith       3/25/06         Pole Vault         1       17-6 ½       Jordan Wehr       5/10/09         2       17-0 ¼       Jordan Wehr       4/9/11
1       280-7*       Bill Schmidt       1970         2       243-10*       Calvin Bowers       1966         3       228-2*       Ross Percifield       3/4/72         4       227-11*       Dan Hopkins       3/11/72         5       204-0*       Dennis Lemmons       1974         New Javelin         1       215-3       Heath Smith       5/26/07         2       210-3       Heath Smith       5/14/07         3       205-8       Heath Smith       3/31/07         4       196-0       Heath Smith       5/14/06         5       192-5       Heath Smith       5/14/06         Pole Vault         1       17-6 ½       Jordan Wehr       5/10/09         2       17-0 ¼       Jordan Wehr       4/9/11         3       16-8 ¾       Ryan Lancon       4/19/03
1       280-7*       Bill Schmidt       1970         2       243-10*       Calvin Bowers       1966         3       228-2*       Ross Percifield       3/4/72         4       227-11*       Dan Hopkins       3/11/72         5       204-0*       Dennis Lemmons       1974         New Javelin         1       215-3       Heath Smith       5/26/07         2       210-3       Heath Smith       5/14/07         3       205-8       Heath Smith       3/31/07         4       196-0       Heath Smith       5/14/06         5       192-5       Heath Smith       3/25/06         Pole Vault         1       17-6 ½       Jordan Wehr       5/10/09         2       17-0 ¼       Jordan Wehr       4/9/11         3       16-8 ¾       Ryan Lancon       4/19/03         4       16-6 ¾       Frank Sykora       4/19/96
1       280-7*       Bill Schmidt       1970         2       243-10*       Calvin Bowers       1966         3       228-2*       Ross Percifield       3/4/72         4       227-11*       Dan Hopkins       3/11/72         5       204-0*       Dennis Lemmons       1974         New Javelin         1       215-3       Heath Smith       5/26/07         2       210-3       Heath Smith       5/14/07         3       205-8       Heath Smith       3/31/07         4       196-0       Heath Smith       5/14/06         5       192-5       Heath Smith       5/14/06         Pole Vault         1       17-6 ½       Jordan Wehr       5/10/09         2       17-0 ¼       Jordan Wehr       4/9/11         3       16-8 ¾       Ryan Lancon       4/19/03
1       280-7*       Bill Schmidt       1970         2       243-10*       Calvin Bowers       1966         3       228-2*       Ross Percifield       3/4/72         4       227-11*       Dan Hopkins       3/11/72         5       204-0*       Dennis Lemmons       1974         New Javelin         1       215-3       Heath Smith       5/26/07         2       210-3       Heath Smith       5/14/07         3       205-8       Heath Smith       3/31/07         4       196-0       Heath Smith       5/14/06         5       192-5       Heath Smith       3/25/06         Pole Vault         1       17-6 ½       Jordan Wehr       5/10/09         2       17-0 ¼       Jordan Wehr       4/9/11         3       16-8 ¾       Ryan Lancon       4/19/03         4       16-6 ¾       Frank Sykora       4/19/96
1       280-7*       Bill Schmidt       1970         2       243-10*       Calvin Bowers       1966         3       228-2*       Ross Percifield       3/4/72         4       227-11*       Dan Hopkins       3/11/72         5       204-0*       Dennis Lemmons       1974         New Javelin         1       215-3       Heath Smith       5/26/07         2       210-3       Heath Smith       5/14/07         3       205-8       Heath Smith       3/31/07         4       196-0       Heath Smith       5/14/06         5       192-5       Heath Smith       3/25/06         Pole Vault         1       17-6 ½       Jordan Wehr       5/10/09         2       17-0 ¼       Jordan Wehr       4/9/11         3       16-8 ¾       Ryan Lancon       4/19/03         4       16-6 ¾       Frank Sykora       4/19/96         5       16-6       George Rodriguez       5/29/76
1       280-7*       Bill Schmidt       1970         2       243-10*       Calvin Bowers       1966         3       228-2*       Ross Percifield       3/4/72         4       227-11*       Dan Hopkins       3/11/72         5       204-0*       Dennis Lemmons       1974         New Javelin         1       215-3       Heath Smith       5/26/07         2       210-3       Heath Smith       5/14/07         3       205-8       Heath Smith       3/31/07         4       196-0       Heath Smith       5/14/06         5       192-5       Heath Smith       3/25/06         Pole Vault         1       17-6 ½       Jordan Wehr       5/10/09         2       17-0 ¼       Jordan Wehr       4/9/11         3       16-8 ¾       Ryan Lancon       4/19/03         4       16-6 ¾       Frank Sykora       4/19/96         5       16-6       George Rodriguez       5/29/76
1       280-7*       Bill Schmidt       1970         2       243-10*       Calvin Bowers       1966         3       228-2*       Ross Percifield       3/4/72         4       227-11*       Dan Hopkins       3/11/72         5       204-0*       Dennis Lemmons       1974         New Javelin         1       215-3       Heath Smith       5/26/07         2       210-3       Heath Smith       5/14/07         3       205-8       Heath Smith       5/14/06         5       192-5       Heath Smith       5/14/06         5       192-5       Heath Smith       3/25/06         Pole Vault         1       17-6 ½       Jordan Wehr       5/10/09         2       17-0 ¼       Jordan Wehr       4/9/11         3       16-8 ¾       Ryan Lancon       4/19/03         4       16-6 ¾       Frank Sykora       4/19/96         5       16-6       George Rodriguez       5/29/76         Long Jump         1       25-10       John Gilford       1975
1       280-7*       Bill Schmidt       1970         2       243-10*       Calvin Bowers       1966         3       228-2*       Ross Percifield       3/4/72         4       227-11*       Dan Hopkins       3/11/72         5       204-0*       Dennis Lemmons       1974         New Javelin         1       215-3       Heath Smith       5/26/07         2       210-3       Heath Smith       5/14/07         3       205-8       Heath Smith       5/14/06         5       192-5       Heath Smith       5/14/06         5       192-5       Heath Smith       3/25/06         Pole Vault         1       17-6 ½       Jordan Wehr       5/10/09         2       17-0 ¼       Jordan Wehr       4/9/11         3       16-8 ¾       Ryan Lancon       4/19/03         4       16-6 ¾       Frank Sykora       4/19/96         5       16-6       George Rodriguez       5/29/76         Long Jump         1       25-10       John Gilford       1975         2       25-4 ¾       Eric Jackson       4/9/94

Triple Jump
1 52-5 ¼ John Gilford
2 52-0 ½ Abe Brown 5/20/74
3 52-0 ¼ Greg Norman
4 50-8 ¼ Gerald Shepherd 4/6/01
5 50-3 ½ Eric Jackson 5/17/95
Decathlon
1 6,999 pts Ben Botello 5/10/03
2 6,825 pts Jordan Wehr 5/8/10
3 6,722 pts Teddy Sondota 5/24/97
4 6,711 pts Andrew Turner 5/10/09
5 6,710 pts Jordan Wehr 5/10/09
High Jump
1 7-0 ½ Toby Edwards
7-0 ½ Toby Edwards 5/13/07
7-0 ½ Jermaine Jamison 4/18/09
7-0 ½ Jermaine Jamison 4/4/09
5 7-0 Stoney Marquis 5/17/96
7-0 Jeff Randall 3/14/92
7-0 Aaraon Donnel 5/14/77
7-0 Mike Ryan 4/28/79
,
Hammer Throw
1 165-00 Heath Smith
2 155-09 Charleston Lewis 4/29/11
3 154-03 Aaron Sirles
154-09 Jordan Wehr 4/30/11

### Conversions:

- # Imperical event to metric event
- c Hand time to Fully Automatic Time
- \* Old Implement

→ Women/Outdoors
100-Meter Dash
1 11.48 Ananka Clark 5/30/03
2 11.48w 4/14/07
3 11.56w Brittany Simmons 3/20/10
4 11.61w Brittany Blaylock 4/2/11
5 11.62 Ananka Clark 5/10/02
11.62 Brittany Blaylock 5/29/10
200-Meter Dash
1 23.58 Debra Pinnix
2 23.59w Ananka Clark 5/30/03
3 23.76Brittani Simmons 5/10/09
4 23.82 Alysha Adams 5/9/10
23.82w Brittani Simmons 3/19/10
400-Meter Dash
1 53.41 Ciara Smith 5/31/08
2 53.59
3 53.72Chiqueta Ellis 5/23/98
4 53.83 Ella Smith 5/7/83
5 54.17MeShelley Sams 5/24/97
800-Meter Run
1 2:06.32 Leanna Hocking 5/2/80
2 2:09.63 Valerie Clary 4/18/98
3 2:10.52 Joann Dohanich 4/1/80
4 2:12.40 Sara Dietz 5/10/09
5 2:12.47 Sara Dietz 5/13/11
1,500-Meter Run
1 4:19.41 Leanna Hocking 5/25/80
2 4.34.55 Sara Dietz 5/13/11
3 4:37.69 Krista Davey 5/14/00
4 4:38.44 Sara Dietz
5 4:38.55 Debbie Thornhill 3/31/01
3,000-Meter Run
19:48.62 Leanna Hocking
2 9:51.05 Debbie Thornhill 5/12/01
3 10:06.66 Jessica Schmidt
4 10:08.36 Brandi Orozco
5 10:09.37 Dagmar Salazar 3/22/03
5,000-Meter Run
1 16:57.13 Jessica Schmidt 3/26/04
2 17.05.26 Debbie Thornhill
3 17:42.77 Brandi Orozco 5/22/99
4 17:50.42 Ingrid Mollenkopf 5/8/10
5 17:51.01 Dagmar Salazar 5/11/03
10 000 Mater Prin
10,000-Meter Run  1 36:20.00 Ingrid Mollenkopf 4/14/11
1 36:20.00 Ingrid Mollenkopf
2 36:51.77 Ingrid Mollenkopf 5/13/11 3 37:23.71 Ingrid Mollenkopf 5/7/10
4 38:02.72 Cassie Storms 5/14/06
2.2

100-Meter Hurdles
1 13.08w Alysha Adams
2 13.09w Alysha Adams
3 13.15w Alysha Adams
4 13.25w Alysha Adams
5 13.28 Alysha Adams 5/15/11
400-Meter Hurdles
1 1:00.18 Roshunda Pierson 5/9/10
2 1:00.44Roshunda Pierson
3 1:00.59Roshunda Pierson 5/8/10
4 1:00.60
5 1:00.68Raquel Hudson 5/09/08
1
Discus
1 167-2Jessica Henderson 5/10/03
2 153-00Shauna Shepherd
3 151-11Elizabeth Dominguez 4/30/09
4 147-9.62 Alana Tyler
5 146-07Jessica Henderson 4/08/05
Shot Put
1 48-4 Heather Wood 5/14/06
2 48-3 ¼ Heather Wood
3 47-9 ¾ Ciji Brooks
4 47-2 ½ Ciji Brooks
5 47-0 ¼ Heather Wood
Javalin
Javelin
1 149-2Nikki Hyles
1 149-2Nikki Hyles
1 149-2 Nikki Hyles
1      149-2      Nikki Hyles
1 149-2 Nikki Hyles
1      149-2      Nikki Hyles
1 149-2 Nikki Hyles
1 149-2 Nikki Hyles
1149-2Nikki Hyles
1      149-2
1
1 149-2 Nikki Hyles
1149-2
1 149-2 Nikki Hyles
1 149-2 Nikki Hyles
1
1
1 149-2 Nikki Hyles
1
1
1 149-2 Nikki Hyles

Hammer Throw
1 54.99 Alana Tyler 4/09/09
2 54.70 Alana Tyler 4/24/09
3 54.35 Alana Tyler 4/18/08
4 53.66 Alana Tyler 5/10/09
5 51.31 Alana Tyler 4/14/07
Pole Vault
1 12-11½Christal Brewster 3/18/11
2 12-09½ Christal Brewster 4/16/11
3 12-07½ Christal Brewster 5/26/11
12-07½ Christal Brewster 4/30/11
12-07 ½ Christal Brewster 5/10/09
Heptathlon
1 5,030 pts Deidra Wesley 4/7/05
2 4,966 pts Deidra Wesley 5/14/06
3 4,808 pts Deidra Wesley 5/8/04
4 4,707 pts Nikki Hyles 4/23/94
5 4,695 ptsRhatisha Scott 5/12/02
Conversions:
# - Imperical event to metric event
c - Hand time to Fully Automatic Time
* - Old Implement



# **→** Men/Relays

	Kori Crampton, Charnita Williams, MeShelley Sams, Valerie Clary	
44:04.09	Shazzell Grimes, Candace Rowe, Alicia Kuydendall, Keri Schenieder	4/7/00
	Pam Lewis, Alicia Kuykendall, MeShelley Sams, Valerie Clary	
	Missy Barnes, DeOna Stafford, Ciarra Smith, Sara Dietz	
	Pam Lewis, Chiqueta Ellis, MeShelley Sams, Valerie Clary	
Sprint Medley Rel	ay (200-200-400-800)	
59:40.90	LaShonda McCarty, Shannan Hunt, Dara Eley, Ashley Saunders	3/1/97
	Valerie Clary, Tammy Lee, Tischa Russell, Ashley Saunders	
	Robyn Wiley, Robyn Winnie, Joann Dohanich, Leanna Hocking	
	Shannan Hunt, LaShonda McCarty, Ashley Saunders, Valerie Clary	
4 x 800-Meter Rel	ay Joann Dohanich, Dee Dee Rylance, Sherri Painter, Kay Thompson	1/2/90
		37 307 07
	Shayla Hart, Ciara Smith, Brittani Simmons, Chrystal Mitchell	
	Chi Chi Echebelem, Ciara Smith, Shayla Hart, Keisha Hornsby	
	Shayla Hart, Ciara Smith, Alysha Adams, Chrystal Mitchell	
	Shayla Hart, Chi Chi Echebelem, Chrystal Mitchell, Ciara Smith	
4 x 400 Meter Rela	ny en	
		1,0,02
	Ananka Clark, Kim Brown, Candace Rowe, Rhonda Williams	
	Chi Chi Echebelem, Keisha Hornsby, Rachael Runnels, Chastidy Russell	
	Brittany Blaylock, Missy Barnes, Janessa Moore, Brittani Simmons	
4 x 200 Meter Rela	•	
	Rachael Runnels, Osaze Aghedo, Chastidy Russell, Chi Chi Echebelem	
	Missy Barnes, Brittany Blaylock, DeOna Stafford, Alysha Adams	
	Brittani Simmons, Alysha Adams, Janesa Moore, Brittany Blaylock	
	Missy Barnes, Brittani Simmons, Brittany Blaylock, Alysha Adams	
	Brittani Simmons, Missy Barnes, Alysha Adams, Brittany Blaylock	5/29/10
4 x 100 Meter Rela	•	
<b>→</b> Women/F	Relays	
	Tramaine Baker, Kelleyton Wilson, Jeff Hudson, Artie Breault	4/03/98
	Tramaine Baker, Antone Malone, Jeff Hudson, Artie Breault	
	Rodney Walker, Vernon Evans, Austin Salter, Dennis Stephens	
	Tramaine Baker, Detrion Woodson, Jeff Hudson, Artie Breault	
	Eric Cuffee, Richard Pace, Lynn Howe, Johnny Walker	
	ay (200-200-400-800)	
57:44.10	Herchel Yelder, Shane Wall, Cody Overstreet, Jay Johnston	4/9/94
	Randy Smith, Hal Finley, Ben Moturi, Lynn Howe	
	Jim Blassingame, John Spencer, John Cooper, Richard Menchaca	
	Johnny Walker, Matt Wiggins, Ron Wakefield, Matthew Boit	
	Johnny Walker, Matthew Boit, Matt Wiggins, Lynn Howe	
4 x 800-Meter Rel	ay	
53:08.37	Darnell Greig, Ryan Varner, Montrell Pyron, Kelvin Wright	5/31/08
	Brandon Woodard, David Schwein, Derek Logan, Kelvin Wright	
33:08.09	Arthur Cox, David Turner, Michael Krebs, Derek Logan	5/31/03
	Brandon Woodard, Derek Logan, David Schwein, Kelvin Wright	
	ay Richard Pace, Lynn Howe, Doug Jackson, Johnny Walker	5/07/83
4 x 400-Meter Rel	AV.	
51:25:90	Remarcus Smith, Arthur Cox, Michael Krebs, Detrion Woodson	3/23/01
	W.L. Mitchell, Deonzia Fremen, Jim Carter, Joe Jubert	
	Justin Flowers, Ryan Varner, Byron Washington, C.J. Fowler	
	Jimmy Weaver, Freddie Stuart, Gilbert Gerdes, John Cotten	
	Ed Simon, Richard Pace, Rudy Levarity, Greg Norman	4/24/81
4 x 200-Meter Rel	ay	
3		3/31/01
	Tony Jackson, Richard Pace, Rudy Levarity, Ed Simon	
	Keyth Talley, Ryan Varner, Byron Washington, C.J. Fowler	
	Byron Washington, Ryan Varner, Keyth Talley, C.J. Fowler	
	Tramaine Baker, Jeff Hudson, Carlos Yearwood, Detrion Woodson	

→ Men's Team Titles
Texas Inter. Athletic Assoc. (1)
1923
Lone Star Conference (11)
19321943
19331946
193519401949
19361941
Missouri Valley Conference (4)
196719731974
1970
Sun Belt Conference (2)
20002002
→ Men's Outdoor Team Finishe
Sun Belt Conference
Year Place Point
2011Eighth65
2010Sixth85
2009Fourth
2008Fourth98

→ IV	len's Outdoor Ieam Fi	nishes
	t Conference	
Year	Place	Points
2011	Eighth	65
	Sixth	
2009	Fourth	98
2008	Fourth	98
2007	Fifth	97
	Sixth	
2005	Fourth	101
	Fourth	
2003	Third	133.5
2002	First	148.25
	Second	
2000	First	122
Rig Wee	t Conference	
1000	Fifth	07.5
	Tenth	
	Seventh	
		31.3
	nd Conference	
	Sixth	
	Eighth	
	Sixth	
	Sixth	
	Seventh	
	Seventh	
	Fifth	
	Fifth	
	Fifth	
	Seventh	
	Seventh	
	Seventh	
1983	Fifth	54
Missour	ri Valley Conference	
	Third	108
	First	
1973	First	143
1972	Second	134
1971	Third	97
1970	First	127
	Second	
	Second	
1967	First	73
1966	Second	47
	Third	
1964	Fifth	20
	Fourth	
	Fourth	
1961	Fourth	36.6
1960	Second	42.5
1959	Second	49

1958	Second	54.5
1957	Third	40.5
Gulf Coa	st Conference	
1956	Second	68.5
1955	No conference meet	
1954	No conference meet	
Lone Star	r Conference	
1949	First	62
1948	NA	
1947	Third	29.5
1946	First	57.5
1944-45	No meets	
1943	First	92.5
1942	Second	46.8
1941	First	67.3
1940	First	77.3
1939	Second	
1932	First	67.5
→ Me	en's Indoor Team I	Finishes
Sun Belt	Conference	
Year	Place	Poin
2011	Third	95
2010	Second	98
2009	Fifth	69

# 2004 ......Fifth ......61 2003 ......Sixth ......55 2002 ......Fifth ......71 **Southland Conference** 1990 ...... Fifth ..... 49 1988 .......51

# **→** Individual Outdoor Champions

#### **Sun Belt Conference**

**2011:** None

**2010:** Jordan Wehr, Decathlon (6,825 pts), Steven White, 400-meter hurdles (51.51)

2009: Jermaine Jamison, high jump (6-10.75)

**2008:** Temitayo Harriman, 800-meter Run (1:54.30); Jermaine Jamison, high jump (6-08.75); 4x400-meter relay, Darnell Greig, Ryan Vaner, Montrell Pyron and Kelvin Wright (3:10.23)

2007: Heath Smith, Javelin (210-03).

**2006:** Frank Ngeno, 3,000-meter steeplechase (9:13.19); Heath Smith, javelin throw (196-00); Mark Lee, high jump (6-08.75).

2005: Kory Williams, 400-hurdles (50.99); 4x100-meter relay, David Schwein, Derek Logan, Brandon Irabor, Johnny Quinn (40.39); 4x400-meter relay, Kory Williams, Derek Logan, David Schwein and Kelvin Wright (3:08.05).

**2004:** Matt Gieringer, 10,000-meter Run; 4x400-meter relay, Andre Douglas, David Turner, Arthur Cox, Derek Logan; Chris Mordecai, Pole Vault (15-11.00)

2003: Ben Botello, Decathlon (6,999 pts.)

2002: Ryan Lancon, Pole Vault (15-11.25)

**2001:** Detrion Woodson, 100-meter Dash (10.31); 4x400-meter Relay, Terrance Boatwright, Michael Krebs, Brian Stephenson, Arthur Cox.

**2000:** Arthur Cox, 400-meter Dash (46.53); Paul Ndachi, 5,000-meter Run (14:33.06); 10,000-meter Run (30:55.09); 4 x 400-meter Relay, Terrance Boatwright, Michael Krebs, Artie Breault, Arthur Cox (3:10.24)

#### Big West Conference

**1999:** 4 x 100-meter Relay - Detrion Woodson, Carlos Yearwood, Tramaine Baker, Jeff Hudson (39.50); Paul Ndachi, 5,000-meter Run (14:42.13)

# **Southland Conference**

**1993:** James McGee, 5,000-meter Run (14:56.11) and 10,000-meter Run (31:01.03)

**1992:** James Lobdell, 400-meter Hurdles (52.24)

**1991:** Derrick Garrett, 3,000-meter Steeplechase (9:13.82); Shane Burt, 1,500-meter Run (3:55.17)

1990: Dylan Fugitt, 5,000-meter Run (14:52.55)

1989: Tim Martin, 1,500-meter Run (3:49.81)

1988: Joey Chapman, 3,000-meter Steeplechase

(9:06.5); Johan Ngeny, 5,000-meter Run (14:44.0)

**1987:** Johan Ngeny, 5,000-meter Run (14:22.01)

1986: Johan Ngeny, 5,000-meter Run (14:37.57)

**1983:** Johnny Walker, 800-meter Run (1:48.6); Ron

Wakefield, 5,000-meter Run (14:38.94)

#### Missouri Valley Conference

**1975:** Phil Hall, Shot Put (56-10.5); John Gilford, Long Jump (25-10);

1974: 440-yard Relay - James Butler, Jim Carter, W.L. Mitchell, Deonzia Freeman (41.2); Joe Jubert, 120-yard Hurdles (14.2); Rod Cromeans, 880-yard Run (1:51.5); Ed Eberhart, 440-yard Hurdles (53.6); Chuck Mork, Six-mile Run (30:25.4); Jeff Foster, Pole



Vault (15-7); John Gilford, Long Jump (24-7.5) and Triple Jump (52-5.75); Mile Relay - Ed Eberhart, Peter McDonald, Tom Wilkerson, James Butler (3:16.5) 1973: Joe Jubert, 120-yard Hurdles (14.3); Pat Curry, 880-yard Run (1:50.5); Abe Brown, Triple Jump (49.4.5); Mike Swonke, Pole Vault (15-0);

1972: Vernon Evans, 440-yard Dash (47.7); Dennis Lemmons, Shot Put, (54-9.75); Jim Parker, Discus (170-4); Bob Iverson, High Jump (6-8); Mile Relay - Sam Fous, tom Wilkerson, B.J. Lott, Vernon Evans (3:13.6)

1971: Dennis Stephens, 880-yard Run (1:51.8); Dennis Lemmons, Shot Put (53-4.25); Mile Relay - Oren Smith, Austin Salter, Dennis Stephens, Vernon Evans (3:13.9)

1970: Jimmy Jones, 440-yard Hurdles (53.0); Jove Gomez, Mile Run (4:12.9); Bob Vander Drift, Discus (157-9); Bill Schmidt, Javelin (265-6); Don Rohde, Shot Put (54-.5)

1969: 440-yard Relay - Ed DeWitty, Dan Svatek, Vernon Evans, Mike Neeley (42.6); Bill Schmidt, Javelin (239-9)

**1968:** 440-yard Relay - Jimmy Jones, John Hagler, W.L. Wallace, Carl Jackson (42.3); Carl Jackson, 100-yard Dash (9.7) and 220-yard Dash (21.6); Jim Jones, 440-yard Hurdles (54.5)

**1967:** 440-yard Relay-Louis Smith, Oscar Howard, John Hagler, Doyle Magee (42.4); Louis Smith, 120-yard Hurdles; Doyle Magee, 220-yard Dash (21.7) and 440-yard Dash (47.2); Oscar Howard, 100-yard Dash (9.8); Mile Relay-Louis Smith, Joe Yalenty, John Hagler, Doyle Magee (3:16.5)

1966: 440-yard Relay - Louis Smith, Ira Daniels, Doyle Magee, Oscar Howard (41.7); Doyle Magee, 220-yard Dash (21.9); Louis Smith, 120-yard Hurdles (14.4); Calvin Bowser, Javelin (226-9.5); Ira Daniels, Triple Jump (45-5)

1965: 440-yard Relay - Avester Sheppard, Ira Daniels, Don Fox, Doyle Magee (41.6); Doyle Magee, 220-yard Dash (21.4); Henry Allen, 120-yard Hurdles (14.6); Ron Linscomb, Long Jump (25-0.75); Ira Daniels, Triple Jump (47-4)

**1963:** 440-yard Relay - (42.2); Calvin Bowser, Javelin (230-2); Dave Ballauer, Discus (142-1)

1962: Bill Argo, 100-yard Dash (9.5) and 220-yard Dash (21.5); Richard Menchaca, Mile Run (4:20.3); Dave Ballauer, Discus (147-7)

**1961:** Brothmer, 100-yard Dash (9.3); Cooper, Mile Run (4:15.2) and Two Mile Run (9:40.0)

**1960:** Cooper, Mile Run (4:10.5); Dave Clark, Pole Vault (14-1.25)

1959: John Cotten, 440-yard Dash (47.6); Grissom, 120-yard Hurdles (14.6); Dave Clark and Black, Pole Vault (13-7)

1958: 440-yard Relay - Fred Reuter, Fred Stuart, John Cotten, Jimmy Weaver (41.0); Jimmy Weaver, 100-yard Dash (9.6) and 220-yard Dash (21.2); John Cotten, 440-yard Dash (48.8); Andrews, Javelin (187-2.5); Mile Relay - (3:15.7)

1957: Andrews, Javelin (200-11); Mile Relay (3:17.8)

#### **Gulf Coast Conference**

1956: John Cotten, Long Jump (23-8.75) and 440-

yard Dash (48.1); Denny Andrews, Javelin (190-10.75); Bob Burch, Shot Put (45-10.5); Wade Fisk and Al Oglesby, High Jump (6-1)

#### Lone Star Conference

**1949:** 440-yard Relay - Luther Fambro, Ray Renfro, Charles Teague, Jerome Zabojnik (42.6)

1948: 440-yard Relay - Harlan Howell, Loyd Lowe, Ray Womack, Chick Adams; 880-yard Relay - Ted Ball, Luther Fambro; Bob Grundy, Wallace (1:33.8); Luther Fambro, Long Jump (24-0.5); Johnny Slack, Discus (140-3)

**1942:** Loyd Wood, Mile Run (4:28.6); Boyd Vaughn, 880-yard Run (1:58.5); Al Boatman, Discus (142-7); Al Mikeska, Javelin (204-2)

**1940:** Olvis Hicks, 220-yard Dash; Welby Williams, 100-yard Dash (9.8); Albert Mikeska, Javelin (202-11.25)

1937: Mile relay - James McDaniel, Harvey Bryant, Johnny Jackson, Ed Rogers (3:15.4); 440-yard Relay -Johnny Jackson, Ed Rogers; Delmer Brown, 100-yard Dash (9.6); 220-yard Dash (20.7); Long Jump (23-6.25); Johnny Jackson, 440-yard Dash (48.9); Blaine Rideout, Mile Run (1:52.8)

# **☐** Individual Champions - Indoor

#### **Sun Belt Conference**

2011: Jordan Wehr, Heptathlon (5,010 pts)
2010: Keith Talley, 55-meter dash, (6.24), 200-meter dash, (21.02), Jordan Wehr, Heptathlon, (5,075 pts.), 4 x 400-meter Relay, Keyth Talley, Reggie Hayter, Russell Sams, Montrell Pyron, (3:16.28)

**2009:** 4x400-meter relay, Darnell Greig, Montrell

Pyron, Reggie Hayter, Keyth Talley (3:16.45)

2008: Temitayo Harriman - 800 Meter Run (1:53.46)

**2007:** Toby Edwards - High Jump (6-11) **2006:** Mark Lee - High Jump (6-09.75)

2004: Jarrod Stone - High Jump

#### **Southland Conference**

**1991:** Dylan Fugitt, Mile Run (4:13.26) and Two-Mie Run (8:35.20)

1990: Dylan Fugitt, Two-Mile Run (9:04.00)

1989: Dylan Fugitt, Mile Run (4:15.90) and Two-

Mile Run (9:07.90)

**1988:** Jonah Ngeny, Mile Run (4:14.65) and Two-

Mile Run (9:05.66)

1987: Jonah Ngeny, Two-Mile Run (9:00.49)1984: Ron Wakefield, Two-Mile Run (9:08.69)

# 

Sun Belt Conference (2) 2003 ......2005 (Indoor)

# **Women's Outdoor Team Finishes**

#### **Sun Belt Conference**

Year	Place	Points
2011	Third	93.5
2010	Third	120
2009	Fourth	97
2008	Second	115
2007	Third	93.5
2006	Third	102.5
2005	Third	119
2004	Second	143
	First	
2002	Third	118.5
2001	Seventh	59
2000	Sixth	
Big West C	Conference	
1999	.Eighth	44
1998	Eighth	36
1997	Eighth	47
Southland	Conference	
1995	.Eighth	21
1994	Seventh	39
1993	.Eighth	46
1992	Sixth	32
1991	.Fifth	51
1990	Seventh	34
1989	.Fifth	43
1988	Fifth	54
1987	Second	95
1986	Sixth	28

#### **Women's Indoor Team Finishes**

# Sun Belt Conference

Year	Place Points
2011	Third87.5
2010	Third104.33
2009	Fifth73
2008	Third93
2007	Fourth79.5
2006	Second97
2005	First111
2004	Second
2003	Second99
2002	Second81
2001	Sixth
	10.4
Southla	and Conference
1996	Seventh26
1995	Ninth16
1994	Ninth2.33
1993	Ninth8
1992	Fifth24
1991	Sixth20.3
1990	Sixth26
1989	Fifth22
1988	Fourth
1987	Third60

## ☐ Individual Champions - Outdoor

#### Sun Belt Conference

2011: Alysha Adams, 100-meter dash (11.70), 200-meter dash (24.04), 100-meter hurdles (13.28), Women's 4x100-meter relay, Alysha Adams, Brittani Simmons, Missy Barnes, Janesa Moore (45.50) 2010: Alysha Adams, 200-meter dash (23.82), 100-meter hurdles (13.29), Ashley Austin, Long Jump (20-07.25), Brittany Blaylock, 100-meter dash (11.64), Ciara Smith, 400-meter dash (55.46), 4 x 100-meter relay, De'Ona Stafford, Alysha Adams, Missy Barnes, Brittany Blaylock (45.07)

2009: Lauren Wiggins (100-meter Hurdles, 13.40) 2008: Alysha Adams (100-meter Hurdles, 13.82); 4X400 Relay (3:39.89), Shayla Hart, Racquel Hudson, Chrystal Mitchell and Ciara Smith

**2007:** Brandi Stanfield (Triple Jump, 42-11.50); 4X400 Relay (3:40.16).

2006: Ryan Hill (High Jump, 5-8); Deidra Wesley (Hep, 4,966); Heather Wood (Shot put, 48-4); 2005: Bonnie McKernan (3,000-Steeplechase, 11:02.82)

2004: Deidra Wesley (Hep., HJ); Jessica Henderson (Discus); Ciji Brooks (Shot put, 100-meter hurdles, 13.91); 4X100 Relay (45.40), Chastidy Russell, Rhonda Williams, Ronniqua Wilson, Osaze Aghedo 2003: Rhonda Williams (Long Jump, 19-10.25); Tiffanie Jordan (Triple Jump, 41-3); Latrecia Taylor (Shot Put, 46-2.75); Jessica Henderson (Discus, 167-2); Lakisha Gentry (Javelin, 137-4).

2002: Latrecia Taylor (Shot Put, 44-3.25); Lisa Helm (400-Meter Hurdles, 1:00.89; Rhatisha Scott (Heptathlon, 4,695 points)

**2001:** Debbie Thornhill (5,000-meter Run, 17:05.47) **2000:** Krista Davey (1,500-meter run, 4:37.69); 4 x 400-meter relay, Chiqueta Ellis, Cherri Rowe, Sazelle Grimes, Dore'Ann Atkinson (3:42.02)

#### **Big West Conference**

1999: Dionte Campbell (Triple Jump, 41-4.25) 1997: 4 x 400-meter relay (MeShelley Sams, Charnita Williams, Brandie Riggs, Valerie Clary)

# **Southland Conference**

1994: Traci Logan (400-meter Hurdles, 1:00.60); Nicole Hyles (Javelin, 140-3) 1991: Charletta Gaines (200-meter Dash (24.53);

Sandra Mondy, (Triple Jump, 41-8)

1990: Sandra Mondy, (Triple Jump, 40-10)
1988: Sherry Anderson (200-meter Dash, 23.98)
1987: Sandra Mondy (Triple Jump, 39-9.5); Rachel
Barr (Shot Put, 45-4; Javelin, 133-10); 4 x 400-meter
Relay (47.00)

## ☐ Individual Champions - Indoor

#### Sun Belt Conference

2011: Ciara Smith, 400-meter dash (54.94), Women's 4x400-meter relay, Alysha Adams, Monica Dunn, Janesa Moore, Ciara Smith (3:46.57)

**2010:** Alysha Adams, 200-meter dash (24.01), 55-meter hurdles (7.91), Missy Barnes, 55-meter dash (6.96), 4 x 400-meter relay, Alysha Adams, Brittani Simmons, Monica Dunn, Roshunda Pierson (3:53.23)

**2009:** Lauren Wiggins (55-meter Hurdles, 7.92); 4x400 Yard Relay- Shayla Hart, Monica Dunn, Chrystal Mitchell, Ciara Smith (3:47.91)

**2008:** Lauren Wiggins (55-meter Hurdles, 7.74); Shelley Hollingsworth (Pole Vault, 3.60); 4x440 Yard Relay (3:47.60), Shayla Hart, Racquel Hudson, Chrystal Mitchell, Ciara Smith

2007: Brandi Stanfield (Triple Jump, 41-10).

**2006:** Brandi Stanfield (Triple Jump, 43-05.25)

Heather Wood (Shot Put 46-02.5)

2005: Deidra Wesley (High Jump, 1.72m; Pentathlon, 3621 pts); Rhonda Williams (Long Jump, 5.91m); Stacy Orakpo (Shot Put, 14.50m)

**2004:** Jessica Schmidt (5000-meter run, 17:25.91; 3000-meter run, 9:58.90), Deidra Wesley (High Jump, 1.72m)

2003: Monica Coates (55-meter Hurdles, 8.22) 2002: Monica Coates (55-meter Hurldles, 7.96); Maria Spencer (High Jump, 5-6); Latrecia Taylor (Shot Put, 46-2.5)

2001: Debbie Thornhill (5000-meter Run, 17:09.66)

# **Southland Conference**

1992: Keri Glover (55-meter Hurdles, 8.04)

1991: Keri Glover (55-meter Hurdles, 8.08)

**1987:** Sandra Mondy (Triple Jump, 39-10.50); Angela Taylor (60-Yard Hurdles, 8.21)

# **→** All-Conference Honors

#### SOUTHLAND CONFERENCE

#### 1983 Outdoor, Beaumont, Texas

Johnny Walker (800-meter Run); Ron Wakefield (5,000-meter Run); Matt Boit (1500-meter Run); Lynn Howe (400-meter Hurdles)

#### 1984 Indoor, Monroe, LA

Ron Wakefield (Two-Mile Run)

#### 1986 Outdoor, Arlington, Texas

Jonah Ngeny (5,000-meter Run)

#### 1987 Indoor, Monroe, LA

Jonah Ngeny (Two-Mile Run); Sandra Mondy (Triple Jump)

#### 1987 Outdoor, Denton, TX

Sandra Mondy (Triple Jump); Rachel Barr (Shot Put, Javelin); Jonah Ngeny (5,000-meter Run)

#### 1988 Indoor, Monroe, LA

Jonah Ngeny (Mile Run, Two-Mile Run)

#### 1988 Outdoor, Natchitoches, LA

Sherry Anderson (200-Meter Dash); Joey Chapman (3000-meter Steeplechase); Jonah Ngeny (5,000-meter Run)

#### 1989 Indoor, Monroe, LA

Dylan Fugitt (Mile Run, Two-Mile Run)

#### 1989 Outdoor, Huntsville, Texas

Tim Martin (1,500-meter Run)

#### 1990 Indoor, Monroe, LA

Dylan Fugitt (Two-Mile Run)

# 1990 Outdoor, San Marcos, TX

Sandra Mondy (Triple Jump); Dylan Fugitt (5,000-meter Run)

# 1991 Indoor, Monroe, LA

Dylan Fugitt (Mile Run, Two-Mile Run); Keri Glover (55-Meter Hurdles)

# 1991 Outdoor, Nacogdoches, TX

Sandra Mondy (Triple Jump); Charletta Gaines (200-Meter Dash); Shane Burt (1,500-meter Run); Derrick Garrett (3000-meter Steeplechase)

#### 1992 Indoor, Monroe, LA

Keri Glover (55-Meter Hurdles)

#### 1992 Outdoor, Arlington, Texas

James Lobdell (400-meter Hurdles)

#### 1993 Outdoor, Monroe, LA

James McGee (10,000-meter Run)

#### 1994 Indoor

Jeff Randle (High Jump)

# 1994 Outdoor, Lake Charles, LA

Nicole Hyles (Javelin); Traci Logan (400-Meter Hurdles)

# 1995 Outdoor,Lake Charles, LA

Jeff Randall [HJ]

#### 1996 Outdoor, Natchitoches, LA

Frank Sykora [PV]; Andre Steele (4x400); Jeff Hudson (4x400); Artario Morgan (4x400); Tramoine Baker (4x400)

#### BIG WEST CONFERENCE

#### 1997 Outdoor, Irvine, CA

Brandy Wylie [Hep]; Stony Marquis [HJ]; Valerie Clary [4X400]; MeShelley Sams [4X400]; Charnita Williams [4 X 400]; Brandie Riggs [4 X 400]

#### 1998 Outdoor, Boise, ID

Chiqueta Ellis [400]

#### 1999 Outdoor, Fullerton, CA

Teddy Sondota [Dec]; Tramoine Baker [TJ]; Tramaine Baker [4 X 100]; Jeff Hudson [4 X 100]; Carlos Taylor

X 100]; Paul Ndachi [5000]; Artie Breault [800]; Jeff Hudson [100]; Detrion Woodson [100]; Dionte Campbell [TJ]; Chiqueta Ellis [400]; Chiqueta Ellis [200]

#### 1999 Cross Country, Denton, TX

Paul Ndachi; Brandi Orozco

# **2000 Cross Country, Sacramento, CA (BW)**Paul Ndachi

#### SUN BELT CONFERENCE

#### 2000 Outdoor, Miami, FL

Chiqueta Ellis [200; 400]; Krista Davey [1500]; Keri Schneider [1500]; Dionte Campbell [TJ]; Candace Rowe [LJ] Arthur Cox [400; 4 X 400]; Terrance Boatwight [400; 4 X 400]; Artie Breault [800; 4 X 400]; Paul Ndachi [10K; 5K; 1500]; Jerome Carrothers [SP; DT]; Parrish Johnson [SP]; Michael Krebs [4 X 400]

#### 2000 Cross Country, Little Rock, AR

Edmond Chapa; Nick Mokashi; Matt Gieringer

# 2001 Indoor, Jonesboro, AR

Jerome Carrothers (SP); Edmond Chapa (3K; 5K); Arthur Cox (400); Sammy Dabbs (55H); Kyle King (5k); Gerald Shepherd (LJ; TJ); Maria Spencer (HJ); Debbie Thornhill (3K; 5K);

# 2001 Outdoor, New Orleans, LA

Edmond Chapa [10k; 5k]; Jerome Carrothers [SP; DT]; Debbie Thornhill [3k; 5k]; Maria Spencer [HJ]; Detrion Woodson [100]; Arthur Cox [400; 4X400]; Kyle King [1500]; ReMarcus Smith [110H]; Terrance Boatwright [4X400]; Michael Krebs [4X400]; Brian Stephenson [4X400]

#### 2001 Cross Country, Bowling Green, KY

Debbie Thornhill; Kyle King; Edmond Chapa

#### 2002 Indoor, Murphreesboro, TN

Jerome Carrothers (SP); Sammy Dabbs (55H); Ryan Lancon (PV); Gerald Shepherd (TJ); Jarrod Stone (HJ); Ananka Clark (200); Monica Coates (55H); Lakisha Gentry (SP); Maria Spencer (HJ); LaTrecia Taylor (SP)

#### 2002 Outdoor, New Oreleans, LA

Justin Bowers [Dec]; Rhatisha Scott [Hep]; Nick Mokashi [10K]; Adrian Awasom [DT]; Jerome Carrothers [SP]; Ron Paris [SP]; Jessica Shockley [HJ]; LaTrecia Taylor [SP]; Ryan Lancon [PV]; Chris Mordecai [PV]; Lakisha Gentry [JT]; Jarrod Stone [HJ]; Ananka Clark [100]; Monica Coates [100H]; David Turner [400; 4 X 400]; Lisa Helm [400H]; Stephanie Allen [400H]; Cherri Rowe [4X400]; Erika Washington [4X400]; Kim Brown [4X400]; Norman Clay [4X400]; Terrance Boatwright [4X400]; Michael Krebs [4X400]

#### 2003 Indoor, Jonesboro, AR

Jerome Carrothers (SP); Ryan Lancon (PV); Jarrod Stone (HJ); David Turner (400); Ciji Brooks (55H); Ananka Clark (55); Rhatisha Scott (55H); LaTrecia (SP); Deidra Wesley (HJ).

#### 2003 Outdoor, Denton, TX

Ben Botello (Dec); Arthur Cox (400); Michael Krebs (800); Ryan Lancon (PV); Jerome Carrothers (SP; DT); Ron Paris (DT); Jahnisha Warren (100H); Ciji Brooks (SP; 100H); Ananka Clark (100; 200); Rhonda Williams (LJ); Chelsea Creech (HJ); Jessica Shockley (HJ); Tiffanie Jordan (TJ); LaTrecia Taylor (SP); Jessica Henderson (DT); LaKisha Gentry (JT); Rhatisha Scott (HEP); Deidra Wesley (HEP)

#### 2003 Cross-Country, Bowling Green, KY

Josh Rogers; Matt Gieringer; Bonnie McKernan

#### 2004 Indoor, Murfreesboro, TN

Lee Porter (800); Jarrod Stone (HJ; LJ); David Turner (400); Ciji Brooks (55H); Ryan Hill (HJ); Ashley Porter (PV); Jessica Schmidt (5K; 3K; Mile); Deidra Wesley (HJ)

#### 2004 Outdoor, Denton, TX

Deidra Wesley (Hep., HJ); Jessica Henderson (Disc); Ciji Brooks (SP; 100H); Jessica Shockley (HJ); Katrina Couch (HJ); Ryan Hill (HJ); Erika Washington (800); Stephanie Alen (400H); Tiffanie Jordan (TJ); Chastidy Russell (4 X 100); Rhonda Williams (4 X 100; 4 X 400); Roniqua Wilson (4 X 100); Osaze Aghedo (4 X 100); Adrian Awasom (disc); Matt Gieringer (10k); Jarrod Stone (LJ; HJ); Andre Douglas (4 X 400; 400); David Turner (4 X 400; 400); Arthur Cox (4 X 400); Derek Logan (4 X 400); Justin Kauffman (800); Kory Williams (400H); Chris Mordecai (PV); Josh Rogers (5k)

# 2004 Cross-Country, Little Rock, AR

Jill Brennan; Justin Kauffman

# 2005 Indoor, Jonesboro, AR

Ciji Brooks (55H); Ryan Hill (HJ); Bonnie McKernan (3000; 5000); Stacy Orakpo (SP); Deidra Wesley (HJ; Pent.) [Exhibition]; Rhonda Williams (LJ);

#### 2005 Outdoor, New Orleans LA

Mark Lee (HJ); Frank Ngeno (SC); Heath Smith (JT); Jarrod Stone (LJ); Kory Williams (400H); David Schwein (4 X 100; 4 X 400); Derek Logan (4 X 100; 4 X 400); Brandon Irabor (4 X 100); Johnny Quinn (4 X 100); Brandon Woodard (4 X 400); Kelvin Wright (4 X 400); Osaze Aghedo (100); Ciji Brooks (SP); Ryan Hill (HJ); Bonnie McKernan (SC; 5K); Rachael Runnels (200); Cassie Storms (5K); Rhonda Williams (LJ)

# 2005 Cross-Country, Bowling Green, KY

Jill Brennan; Frank Ngeno



#### $2006\,Indoor, Murfreesboro, TN$

Brandon Irabor (200); Mark Lee (HJ); Kelvin Wright (4X400; DMR); Ciji Brooks (SP); Chi Chi Echebelem (400); Ryan Hill (HJ); Brandi Stanfield (LJ;TJ); Deidra Wesley (PENT); Heather Wood (SP)

#### 2006 Outdoor, Lafayette, LA

Ciji Brooks (SP); Ryan Hill (HJ); Brandi Stanfield (LJ); Cassie Storms (10k); Deidra Wesley (HEP; HJ); Heather Wood (SP); Mark Lee (HJ); Frank Ngeno (Steeple); David Schwein (400; 4X100); Heath Smith (JT);

# **2006** Cross-Country, Little Rock, AR Frank Ngeno

#### 2007 Indoor, Jonesboro, AR

Toby Edwards (HJ); Josh Papagno (PV); Heath Smith (SP); Byron Washington (55); Brandi Stanfield (TJ; LJ); Alana Tyler (WT); Heather Wood (SP)

#### 2007 Outdoor, Lafayette, LA

Toby Edwards (HJ); Tayo Harriman (800); Frank Ngeno (Steeple); Josh Papagno (PV); Heath Smith (SP; JT); Toby Zelt (PV); Ryan Hill (HJ); Brandi Stanfield (TJ); Lauren Wiggins (100H); Heather Wood (SP); Chi Chi Echebelem (4 X 400); Keisha Hornsby (4 X 400); Shayla Hart (4 X 400); Ciara Smith (4 X 400)

## **2007 Cross-Country, Bowling Green, KY** Frank Ngeno; Patrick Strong

# **2008 Cross Country, Bowling Green, KY**Patrick Strong

#### 2008 Indoor, Murfreesboro, TN

Toby Edwards (HJ); Temitayo Harriman (800); Josh Papagno (PV); Alysha Adams (55H); Christal Brewseter (PV); Shelley Hollingsworth (PV); Brandi Stanfield (TJ); Alana Tyler (WT); Lauren Wiggins (55H; 55); Shayla Hart (4X400); Racquel Hudson (4X400); Christal Mitchell (4X400); Ciara Smith (4X400)

#### 2008 Outdoor, Denton, TX

Toby Edwards (HJ); Tayo Harriman (800); Jermaine Jamison (HJ); Ryan Varner (200; 400; 4X400); Toby Zelt (PV); Kelvin Wright (4X400); Darnell Greig (4X400); Reggie Hayter (4X400); Alysha Adams (HEP; 100H); Shelly Hollingsworth (PV); Rachael Runnels (200; 100; 4X100); Ciara Smith (400, 4X400); Alana Tyler (HT); Lauren Wiggins (100); Shayla Hart (4X400); Chi Chi Echebelem (4X400); Chrystal Mitchell (4X400)

# 2009 Cross Country, Monroe, LA

Patrick Strong

#### 2009 Indoor, Jonesboro, AR

Christal Brewster (PV); Monica Dunn (4X400), Darnell Greig (4X400), Shayla Hart (4X400), Reggie Hayter (800; 4X400), Chrystal Mitchell (4X400), Josh Papagno (PV), Montrell Pyron (4X400), Brittani Simmons (200), Ciara Smith (400; 4X400), Keyth Talley (200; 4X400), Jordan Wehr (HEP), Lauren Wiggins (55H)

#### 2009 Outdoor, Murfreesboro, TN

Sara Dietz (800); Toby Edwards (HJ); Jermaine Jamison (HJ); Brittani Simmons (100; 200); Ciara Smith (400); Keyth Talley (200), Andrew Turner (DEC); Jordan Wehr (PV); Lauren Wiggins (100H, 100)

#### 2010 Cross Country, Bowling Green, KY

Patrick Strong, Ingrid Mollenkopf, Sara Dietz

#### 2010 Indoor, Murfreesboro, TN

Alysha Adams (200, 55 H, 4x400); Justin Anderson (55); Lonnie Bacon (TJ); Misssy Barnes (55); Brittany Blaylock (55, 200); Monica Dunn (4x400); Reggie Hayter (4x400, 800); Roshunda Pierson (4x400, DMR); Montrell Pyron (4x400); Russell Sams (4x400); Brittani Simmons (44, 4x400); Suzy Prikryl (HJ); Keyth Talley (55, 200, 4x400); Jordan Wehr (Heptathlon, HJ)

#### 2010 Outdoor, Denton, TX

Alysha Adams (200, 100 H, 4x100); Ashley Austin (LJ); Missy Barnes (4x100); Brittany Blaylock (100, 200, 4x100); Darnell Greig (400); Jermaine Jamison (HJ); Matt Peters (800); Roshunda Pierson (400 H); Ciara Smith (400); De'Ona Stafford (4x100); Jordan Wehr (Decathlon); Steven White (400 H)

#### 2011 Indoor, Jonesboro, AR

Alysha Adams (4x400, 55-H, 200), Ciara Smith (400, 4x400), Monica Dunn (4x400), Janesa Moore (4x400), Christal Brewster (PV), Clinton Collins (200, 400), Jermaine Jamison (HJ), Jordan Wehr (Hep, PV), Terrance Williams (LJ)

#### 2011 Outdoor, Murfreesboro, TN

Alysha Adams (100, 200, 100-H, 4x100), Sara Dietz (800, 1500), Ingrid Millenkopf (5,000, 10,000), Brittani Simmons (4x100), Missy Barnes (4x100), Janesa Moore (4x100), Shahaf Bareni (HJ), Reggie Hayter (800), Patick Strong (5,000, 10,000), Steven White (400-H)

# 2011 Cross Country, Bowling Green, KY

Ingrid Mollenkopf, Sara Dietz

# **→** NCAA Participants

#### 2011 West Preliminaries

Alysha Adams (100, 100-H, 4x100), Missy Barnes (4x100), Brittany Blaylock (100, 4x100), Christal Brewster (PV), Janesa Moore (4x100, Brittani Simmons (4x100), Clinton Collins (200, 4x400), Darnell Greig (400, 4x400) Justin Flowers (200, 4x400), Reggis Hayter (4x400), Patrick Strong (10,000), Jordan Wehr (PV), Steven White (400-H, 4x400)

#### 2010 West Preliminaries

Alysha Adams (4x100, 100 H, 100); Ashley Austin (LJ); Lonnie Bacon (TJ); Missy Barnes (4x100, 100); Brittany Blaylock (4x100, 100, 200); Darnell Greig (4x400); Reggie hayter (4x400); Jermaine Jamison (HJ); Eron Phillips (LJ); Roshunda Pierson (400 H); Montrell Pyron (4x400); Brittani Simmons (4x100, 100); Keyth Talley (100, 200, 4x400); Steven White (400 H)

#### 2009 NCAA Midwest Regionals

Finals: Jordan Wehr, pole vault (fifth place, 16-11.00); Keyth Talley, 4x100 (second place, 39.83); Ryan Varner, 4x100 (second place, 39.83); Byron Washington, 4x100 (second place, 39.83); C.J. Fowler, 4x100 (second place, 39.83); Alysha Adams, 100m hurdles (sixth place, 13.70); Brock Stickler, discus (10th place, 175-00)

Keyth Talley (200, 4x100), C.J. Fowler (4x100), Ryan Varner (4x100), Byron Washington (4x100), Jermaine Jamison (HJ), Brock Stickler (discus), Jordan Wehr (pole vault), Alysha Adams (100 hurdles), Ashley Austin (Long Jump), Christal Brewster (Pole Vault), Shayla Hart (4x400), Chrystal Mitchell (4x400), Brittani Simmons (100, 200, 4x400), Ciara Smith (400, 4x400), Alana Tyler (Hammer Throw)

#### 2009 NCAA Midwest Regionals

Finals: Jordan Wehr, pole vault (fifth place, 16-11.00); Keyth Talley, 4x100 (second place, 39.83); Ryan Varner, 4x100 (second place, 39.83); Byron Washington, 4x100 (second place, 39.83); C.J. Fowler, 4x100 (second place, 39.83); Alysha Adams, 100m hurdles (sixth place, 13.70); Brock Stickler, discus (10th place, 175-00)

#### 2008 NCAA Midwest Regionals

Finals: Ciara Smith, 400 (fifth place, 53.41), 4x400 (fifth place, 3:37.18); Chi Chi Echebelem, 4x400 (fifth place, 3:37.18); Shayla Hart, 4x400 (fifth place, 3:37.18); Chrystal Mitchell , 4x400 (fifth place, 3:37.18); Alysha Adams, 100H (seventh place, 13.98); Brandi Stanfield, TJ (14t place, 41-01.00); Kelvin Wright, 4x100 (eighth place, 3:08.37); Ryan Roberson, 4x100 (eighth place, 3:08.37); Brandon Irabor, 4x100 (eighth place, 3:08.37); Byron Washington, 4x100 (eighth place, 3:08.37)

Temitayo Harriman (800), Jermaine Jamison (HJ), Ryan Varner (200, 400), Kelvin Wright (4x100), Ryan Roberson (4x100), Brandon Irabor (4x100), Byron Washington (4x100), Lauren Wiggins (100 H, 4x100), Rachael Runnels (4x100), Alysha Adams (100H, 4x100), Keisha Hornsby (4x100), Brandi Stanfield (TJ), Chi Chi Echebelem (4x400), Shayla Hart (4x400), Chrystal Mitchell (4x400), Ciara Smith (400, 4x400)

#### 2007 NCAA Midwest Regionals

Finals: Heath Smith, Javelin (second place, 65.62); Brandi Stanfield, triple jump (eighth place, 12.76); Ciara Smith, 4x400 (eighth place, 3:40.05); Chi Chi Echebelem, 4x400 (eighth place, 3:40.05); Keisha Hornsby, 4x400 (eighth place, 3:40.05); Shayla Hart, 4x400 (eighth place, 3:40.05)

Toby Edwards (High Jump), Mark Lee (High Jump), Heath Smith (Javelin, Shot Put), Ryan Varner (200), Chi Chi Echebelem (4x100, 4x400), Shayla Hart (4x400, Ryan Hill (High Jump), Keisha Hornsby (4x100, 4x400), Lisa Nolting (4x100), Rachael Runnels (4x100), Ciara Smith (4x400), Brandi Stanfield (Triple Jump), Lauren Wiggins (100H), Heather Wood (Shot Put)

#### 2006 NCAA Midwest Regionals

Finals: Heath Smith, Javelin (eighth place, 202-feet-9-inches); Brandi Stanfield, triple jump (seventh place, 42-feet-2-1/4), Deidre Wesley, High Jump (seventh place, 5-feet-9-1/4); Heather Wood, shot put (10th place, 48-1/2); Mark Lee, high jump (16th place, 6-feet-9); Frank Ngeno, 3,000-Meter Steeplechase (15th place, 9:31.55).

Frank Ngeno (3,000-Meter Steeplechase), David Schwein (4x100), Brandon Irabor (4x100), Ryan Roberson (4x100), Johnny Quinn (4x100), Tim Musomba (4x100), Kelvin Wright (4x100), Mark Lee (High Jump), Heath Smith (Javelin), Rachael Runnels (100, 4x100), Ciji Brooks (100H, Shot Put), Chastidy



Russell (4x100), Keisha Hornsby (4x100), Chi Chi Echebelem (4x100), Brandi Stanfield (4x100, Triple Jump), Lisa Nolting (4x100), Ryan Hill (High Jump) Deidra Wesley (High Jump), Heather Wood (Shot Put)

#### 2005 NCAA Midwest Regionals

Finals: Kory Williams, 400 H (fifth place, 51.11); David Schwein, 4x100 (11th place, 40.42); Derek Logan, 4x100 (11th place, 40.42); Brandon Irabor, 4x100 (11th place, 40.42); Johnny Quinn, 4x100 (11th place, 40.42); Brandon Woodard, 4x400 (fourth, 3:08.21); David Schwein, 4x400 (fourth, 3:08.21); Derek Logan, 4x400 (fourth, 3:08.21); Kelvin Wright 4x400 (fourth, 3:08.21); Chastidy Russell, 4x400 (10th place, 3:41.42); Chi Chi Echebelem, 4x400 (10th place, 3:41.42); Chrystal Mitchell, 4x400 (10th place, 3:41.42); Rhonda Williams, 4x400 (10th place, 3:41.42); Rhonda Williams, high jump (15th place, 18-11.75); Ciji Brooks, 100H (11th place, 13.78); Bonnie McKernan, 3,000-meter steeplechase (13th, 11:28.23); Ciji Brooks, shot put (17th place, 43-05.00).

Brandon Irabor (4 X 100), Mark Lee (High Jump), Derek Logan (4x100, 4x400), Johnny Quinn (4x100), Ryan Roberson (4x100), David Schwein (4x100, 4x400), Jarrod Stone (Long Jump), Bryant Williams (4x400), Kory Williams (400H, 4x400), Brandon Woodard (4x400), Kelvin Wright (4x400, 4x100), Osaze Aghedo (4 X 100), Ciji Brooks (Shot Put, 100 Hurdles), Chi Chi Echebelem (4x100), Racquel Hudson (4x400), Bonnie McKerran (3000 Steeplechase), Chrystal Mitchell (4x400, 4x100), Rachel Runnels (200, 4x100), Chastidy Russell (4x100, 4x400) Wesley, Deidra (High Jump), Rhonda Williams (Long Jump, 4x100, 4 X 400)

# 

#### **Sun Belt Conference**

2000 Rick Watkins (Men's)
2002 Rick Watkins (Men's)
2003 Rick Watkins (Women's)
2005 Rick Watkins (Women's)

#### **South Central Region**

2002 Rick Watkins (Men's)

#### → Freshman of the Year

#### Sun Belt Conference

2009 Keyth Talley (Indoor, Outdoor)
2008 Alysha Adams (Indoor, Outdoor)
2006 Brandi Stanfield (Indoor)
2006 Brandi Stanfield (Outdoor)

# **→** Outstanding Field Performer

#### **Sun Belt Conference**

2011 Jordan Wehr (Indoor)2006 Brandi Stanfield (Indoor)

2004 Rhonda Williams (Co-Honors, Outdoor)

#### Southland Conference

1987 Rachel Barr (Outdoor)

# **→** Outstanding Track Performer

#### Southland Conference

1991 Dylan Fugitt (Indoor)

#### **Sun Belt Conference**

2011 Alysha Adams (Outdoor)
2010 Alysha Adams (Outdoor)
2010 Keyth Talley (Indoor)
2004 Jessica Schmidt (Indoor)
2000 Paul Ndachi (Outdoor)

# **☐** Individual High-Point Scorer

# **Southland Conference**

1988 Sherry Anderson (Outdoor, 28 points)

#### Sun Belt Conference

2011 Alysha Adams (Outdoor)
2010 Alysha Adams (Outdoor)
2004 Jessica Schmidt (Indoor)
2000 Paul Ndachi (Outdoor)

# **→** NCAA All-American

2006 Brandi Stanfield (Indoor, Triple Jump)
 2001 Detrion Woodson (Outdoor, 100 Meters)
 1982 Donna Thomas (Outdoor, Long Jump)

#### 

# **ESPN** The Magazine

2007 Heath Smith, First Team2006 Heath Smith, Second Team

# → Division I All-Academic Track and Field Team

2011 Christal Brewster, Brittani Simmons,

Clinton Collins

2009 Christal Brewster, Shayla Hart, Brittani

Simmons, Alana Tyler

# → Division I All-Academic Track and Field Teams

2011 Women's Track & Field2009 Women's Track & Field

# → North Texas At National Championships

#### NCAA Track & Field Championship

#### Outdoor

2010: Alysha Adams, 100-meter hurdles (17th-place finish); Women's 4x100-meter relay team (Brittani Simmons, Alysha Adams, Missy Barnes, Brittany Blaylock) 11th-place finish

2009: Jordan Wehr, Pole Vault (15th-place finish); Men's 4X100-meter relay team (Keyth Talley, Ryan Varner, Byron Washington, C.J. Fowler) 11th-place finish

2008: Toby Edwards, High Jump (18th-place finish); Ciara Smith, 400-meter dash (25th-place finish)

2007: Heath Smith, Javelin (22nd-place finish)

2006: Brandi Stanfield, Triple Jump (18th-place finish)

2005: Kory Williams, 400-meter hurdles (24th-place finish

2003: Ananka Clark, 100-meter dash. (24th-place finish)

2001: Detrion Woodson, 100-meter dash. (advanced to semifinals)

1999: Men's 4 x 100-meter relay team (Detrion Woodson, Carlos Yearwood, Tramaine Baker, Jeff Hudson) - DNF in preliminaries.

1988: Sherry Anderson, long jump, did not advance to finals

1983: Donna Thomas, long jump, 4th (20-8.75); Johnny Walker, 800-meter run (did not advance to finals); Lynn Howe, 400-meter hurdles (did not advance to finals); 4

x 400-meter relay (Lynn Howe, Doug Jackson, Richard Pace, Johnny Walker, did not advance to finals)

1980: Rudy Levarity, 100-meter dash (advanced to semifinals), 200-meter dash (7th, 20.5)

1982: Donna Thomas, long jump (5th, 21-2.5)

1970: Bill Schmidt, javelin, second place (267-11)

#### Indoor

2010: Keyth Talley, 60-meter dash (13th place)

2008: Lauren Wiggins, 60-meter Hurdles (14th place)

2006: Brandi Stanfield, Triple Jump (11th place)

#### **AIAW National Championship**

#### Indoor

1982: Donna Thomas, long jump (1st, 20-8.5)

1980: 1,000-meter run, Leana Hocking (2nd, 2:44.49); Mile relay (3rd, 3:45.29, Joan Bennett, Debra Pinnix, Leana Hocking, Julie Bergeron)

#### Outdoor

1982: Donna Thomas, long jump (2nd, 21-0); McDonald, 100-meter dash (4th, 11.86); 800-meter sprint medley relay (Donna Thomas, Anita Whitley, Sharon McDonald, Ella Smith, 2nd, 1:42.20)

1981: Donna Thomas, long jump (1st place)

# **☐** Junior USA Championship

2011: Terrance Williams, Long Jump (7.54m) - Silver Medal

2010: Steven White, 400-meter hurdles (51.19) - Silver medal

2009: Keyth Talley, 200-meter dash (20.86) - Gold Medal

2006: Brandi Stanfield, Triple Jump

2000: Sammy Dabbs, 110H

1999: Maria Spencer, High Jump

**1999:** Dionte Campbell, Triple Jump (41.6 (+) - Silver Medal

# → Pan American Junior Championship/ IAAF World Junior Championship

2011: Terrance Williams (USA), Long Jump (7.54m) - Silver Medal

2010: Steven White (USA), 400-hurdles (51.19) - Silver Medal

2010: Darnell Greig (Trinidad & Tobago), 400 meter, 4x400 meter relay

2009: Keyth Talley (USA), 200-meter dash (20.78) - Silver Medal; 4x100 relay (of 39.06)\* - Gold Medal

1999: Dionte Cambell (USA) - Triple Jump

\* championship record

(Pan American Junior Championship) (IAAF World Junior Championship) (IAAF World Junior Championship) (Pan American Junior Championship) (Pan American Junior Championship)

<b>→</b> Coaching History	
1	
1921-28	Theron J. Fouts
1929-41	
1942	
1943	Lloyd Russell
1944	
1945-46	Bill Cooper
1947	
1948-71	
1971-73	
1973-82	John McKenzie
1983-96	Ken Garland
1997-2011	Rick Watkins
2011-present	



# → 2011 Sun Belt Conference Championship October 29, 2011 / Bowling Green, Ky.

# Men / 8K **Team Results** 1. Western Kentucky ......36 2. UALR ......51 3. Middle Tennessee 64 5. ULM......149 7. North Texas......169 9. Louisiana-Lafayette......230 10. Arkansas State......232 11. Troy .......270 **Top 10 Finishers (All-Conference Runners)** 1. Justus David (MTSU) ......24:25.7 2. Deus Rwaheru (WKU) ......2:27.5 3. Daniel Mutai (ULM)......24:28.1 4. David Mokona (WKU)......24:47.0 5. Peter Okwera (WKU).....24:53.1 6. Robinson Simatei (MTSU)......25:03.7 7. Felix Maritim (UALR) ......24:19.0 8. Dustin Mettler (UALR) ......25:24.7 9. Kyle Chettleburgh (WKU)......25:28.5 10. Sebastian Castillo (FIU) ......25:39.5 North Texas Results

 31. Aurelio Silva
 27:05.8

 42. Aleksi Ikonen
 27:44.9

 45. Austin Yaeger
 27:51.8

 49. Justin Paul
 28:08.3

Women / 5K	
Team Results	
1. Westen Kentucky	60
2. North Texas	74
3. South Alabama	9
4. UALR	9
5. Arkansas State	113
6. Florida Atlantic	130
7. Middle Tennessee	15
8. Florida International	187
9. ULM	249
10. Louisiana-Lafayette	28
11. Troy	28
Top 10 Finishers (All-Conference Runne	
1. Marion Kandie (WKU)	
2. Lucy Kapkiai (MTSU)	
3. Ingrid Mollenkopf (NT)	
4. Vasity Chemweno (WKU)	18:00.
4. Vasity Chemweno (WKU)	18:00.
4. Vasity Chemweno (WKU)	18:00. 18:07.9 18:15.0
4. Vasity Chemweno (WKU)	18:0018:07.9 18:15.0
4. Vasity Chemweno (WKU) 5. Tori Lawson (USA) 6. Sara Dietz (NT) 7. Erika LaCroix (UALR)	18:0018:07.9 18:15.0 18:19
4. Vasity Chemweno (WKU) 5. Tori Lawson (USA) 6. Sara Dietz (NT)	18:00
4. Vasity Chemweno (WKU) 5. Tori Lawson (USA) 6. Sara Dietz (NT) 7. Erika LaCroix (UALR)	18:00
4. Vasity Chemweno (WKU) 5. Tori Lawson (USA) 6. Sara Dietz (NT) 7. Erika LaCroix (UALR)	18:00
4. Vasity Chemweno (WKU) 5. Tori Lawson (USA) 6. Sara Dietz (NT) 7. Erika LaCroix (UALR)	18:0018:07.918:15.018:1918:21 18:2118:27.0
4. Vasity Chemweno (WKU) 5. Tori Lawson (USA) 6. Sara Dietz (NT) 7. Erika LaCroix (UALR) 8. Michelle Finn (WKU) 9. Rebecca Hallam (FAU) 10. Sanna Mustonen (UALR) North Texas Results 3. Ingrid Mollenkopf	18:0018:07.9
4. Vasity Chemweno (WKU) 5. Tori Lawson (USA) 6. Sara Dietz (NT) 7. Erika LaCroix (UALR) 8. Michelle Finn (WKU) 9. Rebecca Hallam (FAU) 10. Sanna Mustonen (UALR) North Texas Results 3. Ingrid Mollenkopf 6. Sara Dietz	18:0018:07.5
4. Vasity Chemweno (WKU) 5. Tori Lawson (USA) 6. Sara Dietz (NT) 7. Erika LaCroix (UALR) 8. Michelle Finn (WKU) 9. Rebecca Hallam (FAU) 10. Sanna Mustonen (UALR) North Texas Results 3. Ingrid Mollenkopf 6. Sara Dietz 17. Hanna Rice	18:00
4. Vasity Chemweno (WKU) 5. Tori Lawson (USA) 6. Sara Dietz (NT) 7. Erika LaCroix (UALR) 8. Michelle Finn (WKU) 9. Rebecca Hallam (FAU) 10. Sanna Mustonen (UALR) North Texas Results 3. Ingrid Mollenkopf 6. Sara Dietz 17. Hanna Rice 22. Ellie Arends	18:00
4. Vasity Chemweno (WKU) 5. Tori Lawson (USA) 6. Sara Dietz (NT) 7. Erika LaCroix (UALR) 8. Michelle Finn (WKU) 9. Rebecca Hallam (FAU) 10. Sanna Mustonen (UALR) North Texas Results 3. Ingrid Mollenkopf 6. Sara Dietz 17. Hanna Rice 22. Ellie Arends 26. Leesa Morales	18:0018:07.918:15.618:1918:2118:27.918:27.917:52.619:03.619:1919:31.9
4. Vasity Chemweno (WKU) 5. Tori Lawson (USA) 6. Sara Dietz (NT) 7. Erika LaCroix (UALR) 8. Michelle Finn (WKU) 9. Rebecca Hallam (FAU) 10. Sanna Mustonen (UALR) North Texas Results 3. Ingrid Mollenkopf 6. Sara Dietz 17. Hanna Rice 22. Ellie Arends	18:00

# → All-Time Honors Coach of the Year

#### **Sun Belt Conference**

2011 Sam Burroughs (women)

#### Southland Conference

1994 Ken Garland (men)
 1991 Ken Garland (men)
 1990 Ken Garland (men)
 1989 Ken Garland (women)

# Athlete of the Year

# **Southland Conference**

1989 Dylan Fugitt

# Freshman of the Year

#### Sun Belt Conference

2007 Patrick Strong2008 Sara Dietz

# All-Region

# NCAA South Central Regional

2011 Sara Dietz

# 2010 North Texas Top Finishes Men Matt Russ, 2nd, 20:05 Baylor Invitational (6K) Michael Sandoval, 26th, 20:12.80 Cowboy Jamboree (8K) Michael Sandoval, 161st, 26:41.67 Chile Pepper Festival (10K) Matt Russ, 86th, 31:34.7 Sun Belt Championship (8K) Michael Sandoval, 24th, 26:33.60 NCAA South Central Regional (10K) Matt Russ, 47th, 32:41.0 Women Hanna Rice, 7th, 15:08 Baylor Invitational (4K) Ingrid Mollenkopf, 6th, 14:30.20 Cowboy Jamboree (5K) Sara Dietz, 27th, 18:10.46 Chile Pepper Festival (6K) Ingrid Mollenkopf, 42nd, 21:42.70 Sun Belt Championship (5K) Ingrid Mollenkopf, 3rd, 17:52.60 NCAA South Central Regional (6K) Sara Dietz, 18th, 21:29.0

Men / 8-K
1. Patrick Strong (2007)24:38
2. Paul Ndachi (1999)24:49
3. Patrick Strong (2010)25:50
4. Paul Ndachi (1999)24:56
5. Patrick Strong (2010)25:02
6. Paul Ndachi (1999)25:08
7. Paul Ndachi (1998)25:12
8. Frank Ngeno (2006)25:14
9. James McGee (1993)25:16
10. Patrick Strong (2007)25:17
11. Duane Stice (1992)25:25
Patrick Strong (2007)25:25
13. Stephen Murphy (1991)25:26
Patrick Strong (2008)25:26
15. John Gardiner (1993)25:29
, ,
Women / 6-K
1. Debbie Thornhill (2001)21:11
2. Sara Dietz (2011)21:29
3. Jessica Schmidt (2003)21:42
4. Ingrid Mollenkopf (2010)22:10
5. Brandi Orozco (2000)22:28
6. Dagmar Salazar (2003)22:33
7. Ingrid Mollenkopf (2009)22:38
8. Bonnie McKernan (2003)22:58
9. Jill Brennan (2005)22:59
10. Sara Dietz (2008)23:05
11. Cassie Storms (2005)23:13
12. Jill Brennan (2004)23:19
13. Dagmar Salazar (2002)23:28
14. Jill Brennan (2005)23:35
15. Cassie Storms (2005)23:38
W (5 W
Women / 5-K
1. Debbie Thornhill (2001)
2. Ingrid Mollenkopf (2011)17:52
3. Tischa Russell (1994)
4. Brandi Orozco (1998)18:04
5. Sherri Painter (1982)
6. Jessica Schmidt (2003)
7. Sara Dietz (2011)18:10
8. Brandi Orozco (1998)18:12
9. Sara Dietz (2011)
10. Jill Brennan (2005)18:16
11. Ingrid Mollenkopf (2010)18:20
12. Tischa Russell (1996)18:27
13. Jill Brennan (2004)18:32
14. Ingrid Mollenkopf (2010)18:42
15. Ingrid Mollenkopf (2009)18:44

→ An-Time Champions	
Individual	
Men	
Missouri Valley Conference	
John Cooper1960	
Southland Conference	
Jonah Ngeny1986	
Dylan Fugitt1989	
Women Sun Belt Conference	
Debbie Thornhill2001	
Debbie Inornniii2001	
Conference	
Men	
Lone Star Conference1932	
Lone Star Conference1932	
Lone Star Conference1934	
Southland Conference1986	
Southland Conference1987	
Southland Conference1988	
Southland Conference1990	
Southland Conference1991	
Southland Conference1994	
Sun Belt Conference2000	
Women	
Southland Conference1989	
<b>→</b> All-Time Results	
Sun Belt Conference (Men)	
2011Seventh	)
2010Sixth	
2009Fourth	
2008Third	
2007Second	
2006Third	
2005Tied Second	
2004Fifth	
2003Third	
2002Fifth	
2001Second	
2000First	
2000First	
Big West Conference (Men)	
1999Eighth	
1999Eighth	1
1999Eighth	1
1999Eighth	3
1999Eighth	3
1999Eighth	1
1999       Eighth       164         1998       Fifth       114         1997       Seventh       228         Southland Conference (Men)       177         1995       Eighth       177	1 3
1999       Eighth       164         1998       Fifth       114         1997       Seventh       228         Southland Conference (Men)       177         1995       Eighth       177         1994       First       68	3 3 5
1999       Eighth       164         1998       Fifth       114         1997       Seventh       228         Southland Conference (Men)       177         1995       Eighth       177         1994       First       68         1993       Third       95	1 3 5 1

1986 Tied for First 4
1985Third6
1984Second6
1983Fourth
Sun Belt Conference (Women)
2011Second
2010Sixth157
2009Third98
2008Fourth113
2007Sixth
2006Seventh240
2005Fourth95
2004Fifth129
2003Second
2002Fifth118
2001Fifth
2000Seventh
Big West Conference
1999Eleventh
1998Eleventh
1997Tenth
Southland Conference
199583
1994Fifth
1993 Fourth
1992 Fourth
1991Seventh
199086
1989First
1988Seventh
1987Fifth
1986Sixth
1985 Sixth
121



#### Men

EVENT	NAME, SCHOOL	TIME/MARK	DATE
100 Meters	Monzavous Edwards, Bevill State	10.18	June 23, 2000#
200 Meters	Steve SLowly, New Era Spring	20.27	April 27, 2006
400 Meters	Deon Miner	45.67	May 20, 1995
	Jackson Langat, TCU		
1500 Meters	Russell Mangum, UL Monroe	3:47.46	April 25, 1987
5000 Meters	Deus Rwaherur, WKU	14:06.17	May 9, 2010
10,000 Meters	Patrick Cheptoek, WKU	29:38.40	May 9, 2010
110-M Hurdles	Jeff Jackson, Baylor	13.60	April 15, 1995
	Rickey Harris, Centerville, VA		
3000-M Steeplechase	Gary Lackey, Unattatched	9:10.00	April 27, 2006
4x100-M Relay	Texas Christian University	39.44	1991
4x400-M Relay	TCU	3:06.98	April 15, 2006
High Jump	Robert Jordan, Millville, NJ	7-4.25 (2.24)	June 20, 1999#
Pole Vault	Chris Roy, ULL	17-10.25 (5.44)	May 9, 2010
Long Jump	Andre Ester, UL Monroe	27-2 (8.28)	April 25, 1987
Triple Jump	Tydree Lewis	54-10 (16.48)	April 30, 2011
Old Javelin	Bill Schmidt, North Texas	241-6 (73.60)	1970
	Kyle Kent, UL Monroe		
	Thomas Freeman, East Greenwich, RI		
Shot Put	Nick Jones, ACU	60-3.25 (18.37)	April 30, 2011
	Alex Tammenrt,Estonia		
Decathlon	Ben Botello, North Texas	6,999	May 11, 2003

#### Women

EVENT	NAME/SCHOOL	TIME/MARK	DATE
100 Meters	Tawanna Meadows, Troy	11.27	May 5, 2008
200 Meters	Tiffany Townsend,		
400 Meters	Monique Henderson, MLK Blasters	51.96	June 20, 1999#
800 Meters	Erin Bedell, Baylor	2:07.34	April 15, 2006#
1500 Meters	Alejandra Barrientos, San Lorenzo, CA	4:27.78	June 20, 1999#
3000 Meters	Silje Fjortoft, SMU	9:32.78	April 11, 2008
5000 Meters	Mary Davies, Oklahoma State	16:38.00	April 27, 2006
10,000 Meters	Marion Kandie, WKU	35:26.64	May 9. 2010
	Delloreen London		1
	Sheena Johnson, Garfield, VA		
3000-M Steeplechase	Michelle Finn, Western Kentucky	10:59.54	May, 9, 2010
4x100-M Relay	Unattached	44.70	May 17, 2008
4x400-M Relay	North Texas	3:39.89	May 5, 2008
High Jump	Gaelle Niare, SMU	6-0 (1.83m)	April 27, 2006
	Tameka Roberts, UT-San Antonio		
Triple Jump	, Middle Tennessee	42-0 (12.95m)	
Javelin	Kendra Wecker, Marysville, KS	169-3 (51.59)	June 23, 2000#
Hammer	Caroline Soong, UCLA	194-10 (59.40)	June 23, 2000#
Shot Put	Michelle Carter, Texas	54-00.50(16.47)	April 15, 1995
	Simone du Toit, SMU		
	Jennie Sewell, Unattached		
	Eva Johnson, UT-Arlington		May 20, 1995

<sup># -</sup> Record set at 1999 or 2000 USA Track & Field Junior National Championships
\* - Records in the 100 meters,200 meters, 100 Hurdles, Long Jump and Triple Jump include Legal Wind (2.0 m/s)

# 2011-12 North Texas Track and Field Schedule

# **Indoor Season**

Date	Meet	Location
January 14	Texas A&M Invite Challenge	College Station, TX
January 21	JD Martin Invitational	Norman, OK
January 28	Houston Indoor Invitational	Houston, TX
February 4	Red Raider Open	Lubbock, TX
February 9	Iowa State Classic	Ames, IA
February 18	Oklahoma Invitational	Norman, OK
February 25-26	Sun Belt Championship	Murfreesboro, TN
March 9-10	NCAA Indoor Championship	Nampa, ID

# **Outdoor Season**

Date	Meet	Location
March 15-16	TCU Invitational	Ft. Worth, TX
March 24	Bobby Lane Invitational	Arlington, TX
March 28-31	Texas Relays	Austin, TX
April 6-7	North Texas Invitational	Denton, TX
April 14	Oklahoma Classic	Norman, OK
April 21	Michael Johnson Invitational	Waco, TX
April 26-28	Drake Relays	Des Moines, IA
April 27-28	Bobcat Classic	San Marcos, TX
May 11-13	Sun Belt Championship	Lafayette, LA
May 24-26	NCAA West Regional Prelims	Austin, TX
June 6-9	NCAA Outdoor Champ.	Des Moines, IA
June 23-25	USA Junior Championships	Bloomington, IN
June 22-July 1	USA Olympic Trials	Eugene, OR