



**2017-18**  
**NORTH TEXAS**  
**SWIMMING AND DIVING**

**FACT AND RECORDS BOOK**

**MEAN GREEN™**

**SWIMMING AND DIVING**

# North Texas Athletics Department

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**Credits:** the North Texas Athletic Communications Department

**Photography:** Rick Yeatts

**Mean Green Mission Statement**

BUILDING CHAMPIONS and PREPARING LEADERS through the pursuit of perfection in academics, athletics, and life.



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**Swimming & Diving Quick Facts**

**University Information**

Location: Denton, Texas  
 Founded: 1890  
 Enrollment: 37,973  
 Nickname: Mean Green  
 Colors: Green and White  
 Conference: USA  
 President: Dr. Neal Smatresk  
 Athletic Director: Wren Baker  
 Home Facility: Pohl Recreation Center  
 Main Athletics Phone: 940.565.2662  
 School Website: MeanGreenSports.com

**Staff Information**

Head Coach: Brittany Roth  
 Alma Mater: Ball State '08  
 Overall Record: 1-4  
 NT Record: 1-4  
 Office Phone: 940.369.7528  
 E-Mail: brittany.roth@unt.edu  
 Assistant Coaches: Rachel Friel, Mark Murdock

**Team Information**

2016-17 Record: 1-4  
 Conference Finish: 4th  
 Letterwinners Returning/Lost: 22/7  
 Newcomers: 3

**Media Information**

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# PROFILES

↳ 2017-18 roster

## ↳ Alphabetical Roster

| NAME                | Event                    | HT   | Class | Hometown                      | Last School                  |
|---------------------|--------------------------|------|-------|-------------------------------|------------------------------|
| Lindsey Blanchard   | IM/Backstroke            | 5-6  | So.   | Frisco, Texas                 | Lone Star HS                 |
| Sydney Buckley      | Fly/Breast               | 5-6  | Sr.   | Colorado Springs, Co.         | Cheyenne Mountain HS         |
| Deneen Carter       | Middle Distance Free     | 5-5  | Sr.   | Bedford, Texas                | Eules Trinity HS             |
| Allison Crites      | Diving                   | 5-3  | Sr.   | Lubbock, Texas                | Lubbock HS                   |
| Caroline Culpepper  | Butterfly                | 5-3  | Sr.   | Antelope, Calif.              | Antelope HS                  |
| Cecilia Hernandez   | Diving                   | 5-3  | Sr.   | Mission, Texas                | Sharyland HS                 |
| Emma Beth Jensen    | Fly, Back, Free, IM      | 5-8  | Jr.   | Auckland, Australia           | Trinity College              |
| Claudia Kitching    | Breaststroke             | 5-3  | Sr.   | Antibes, France               | Skema Business School        |
| Natalia Kwiatkowska | Backstroke               | 5-9  | Jr.   | Burlington, Ontario           | Robert Bateman HS            |
| Meredith Manry      | Fly                      | 5-4  | So.   | Round Rock, Texas             | Round Rock HS                |
| Leigh Faires McGee  | Freestyle                | 5-10 | Fr.   | Jackson, Miss.                | Home School                  |
| Meghan Miller       | Diving                   | 5-10 | Fr.   | Woodbury, Minn.               | Woodbury HS                  |
| Micayla Morgan      | Back/Fly/Free            | 5-8  | Fr.   | Plano, Texas                  | Home School                  |
| Isabelle Morris     | Sprint/Mid Distance Free | 5-7  | Sr.   | Toronto, Ontario              | Silverthorn Collegiate Inst. |
| Kelsey Opiela       | Free/Fly                 | 5-10 | Jr.   | Kingwood, Texas               | Kingwood HS                  |
| Kathleen Rousset    | Breaststroke             | 5-5  | Jr.   | Round Rock, Texas             | Cedar Ridge HS               |
| Meaghan Rousset     | Breast/IM                | 5-5  | Jr.   | Round Rock, Texas             | Cedar Ridge HS               |
| Averie Ruiz         | Diving                   | 5-2  | Jr.   | Lubbock, Texas                | Coronado HS                  |
| Jowita Sienczyk     | IM/Back/Free             | 5-8  | So.   | Biala Podlaska, Poland        | Zsoms Krakow                 |
| Gabryella Silva     | Diving                   | 5-3  | So.   | Brazil, Brasilia              | Pacifica Christian HS        |
| Brittany Thurstin   | Freestyle                | 5-4  | Jr.   | Bryan, Texas                  | Bryan HS                     |
| Haley Timmons       | Fly                      | 5-4  | So.   | Leander, Texas                | Rouse HS                     |
| Sarah Vaisse        | Breast/IM                | 5-7  | Sr.   | Montesquieu-Lauragais, France | Universite Lille III         |
| Barbara Wasilewska  | Distance Freestyle       | 5-6  | Sr.   | Lodz, Poland                  | Jana Pawla II HS             |
| Sara Whelan         | Freestyle                | 5-5  | Jr.   | Port Coquitlam, B.C.          | Riverside Secondary School   |

Head Coach: Brittany Roth (2nd year)  
Assistant Coach: Rachel Friel (2nd year)  
Diving Coach: Mark Murdock (3rd year)

## ↳ Roster Breakdown

### BY CLASS

**Seniors (9):** Buckley, Carter, Crites, Culpepper, Hernandez, Kitching, Morris, Vaisse, Wasilewska

**Juniors (9):** Jensen, Kwiatkowska, Opiela, Rousset, K., Rousset, M., Ruiz, Sienczyk, Thurstin, Whelan

**Sophomores (4):** Blanchard, Manry, Silva, Timmons

**Freshman (3):** McGee, Miller, Morgan

### BY EVENT

**Backstroke (5):** Blanchard, Jensen, Kwiatkowska, Morgan, Sienczyk

**Breaststroke (5):** Buckley, Kitching, Rousset, K., Rousset, M., Vaisse

**Butterfly (7):** Buckley, Culpepper, Jensen, Manry, Morgan, Opiela, Timmons

**Diving (5):** Crites, Hernandez, Miller, Ruiz, Silva

**Freestyle (10):** Carter, Jensen, McGee, Morgan, Morris, Opiela, Sienczyk, Thurstin, Wasilewska, Whelan

**Individual Medley (5):** Blanchard, Jensen, Rousset, M., Sienczyk, Vaisse

### BY NATIONALITY

**Brazil (1):** Silva

**Canada (3):** Kwiatkowska, Morris, Whelan

**France (2):** Kitching, Vaisse

**New Zealand (1):** Jensen

**Poland (2):** Sienczyk, Wasilewska

**United States (16):**

**California (1):** Culpepper

**Colorado (1):** Buckley

**Minnesota (1):** Miller

**Mississippi (1):** McGee

**Texas (12):** Blanchard, Carter, Crites, Hernandez, Manry, McGee, Opiela, Rousset, K., Rousset, M., Ruiz, Thurstin, Timmons



## Brittany Roth

**Head Coach**

**Second Year ▶ Ball State '08**

Brittany Roth enters her first season as the full-time head coach of the Mean Green after serving in an interim role in 2016-17. Prior to being named interim head coach, she spent three seasons as an assistant coach with the Mean Green.

In its first season under Roth, the North Texas swimming and diving program saw several program firsts and new records set. The 2016-17 squad matched its highest finish (fourth) at the Conference USA Championship, having six members of the team medal in three different events. The squad finished the season 1-4 in dual meets, including a first-place showing at the Little Rock Invitational and a dual meet victory over TCU.

The 2016 league championships capped one of the most successful seasons in school history, as they finished with the second-most dual-meet wins (7) and second-best winning percentage (.636) in school history.

In 2014-15, she helped North Texas to a 4-4 record in 2014-15, including a 3-1 start, the best start in program history. The team earned all-conference honors in the 400 medley relay and 400 IM.

Seniors Krista Rossum and Mona Groteguth set three program records and notched NCAA B-qualifying times in five events. Rossum's program-best marks came in the 200 IM (2:00.35) and 400 IM (4:15.22) in consecutive days at the C-USA meet, while Groteguth claimed the 200 backstroke record (1:56.20) at Incarnate Word's Christmas Invitational.

In 2013-14, the team's first season in C-USA, Mean Green swimmers set four program records and achieve NCAA B-qualifying times in three events. Rossum originally broke the school record in the 400 individual medley at the Houston Invitational and then went on to break it again at the conference championships finishing with a 4:16.95 time. Groteguth set program records in the 100 backstroke (54.02) and 200 backstroke (1:56.62), accomplishing both feats at the Houston Invitational.

Outside of the pool, the Mean Green have received the Spring Scholar All-America Team Award for having one of the top GPAs in the nation in Division I women's swimming and diving in each of the last two seasons. Rossum and Groteguth have also been named to the Conference USA All-Academic team in each of the last two seasons, with Rossum receiving the Conference USA Scholar Athlete of the Year Award in swimming and diving in each of the last two seasons.

Before making her way to North Texas, Roth spent three seasons with the University of Wisconsin-Milwaukee men's and women's swimming and diving programs. She helped coach 31 individual league champions over the course of the three seasons and sent the first-ever female in Horizon League history and the first ever Panther to swim in the NCAA Championships.

Roth worked with Emily McClellan, the program's first female, and also the first female from the Horizon League, to earn a spot at the NCAA Championships. She swam in the 100 breaststroke, 200 breaststroke and 200 IM at the 2011 NCAA Championships. McClellan would also post the league's first ever NCAA A-qualifying times in the 100 and 200 breaststroke and just missed honorable mention All-American honors at the 2012 NCAA Championships. That same season, she also helped the men's program finish with an undefeated record.

Prior to her career in Milwaukee, Roth spent two years at Frankfort High School in Frankfort, Indiana, where she was the high school boys' and girls' swimming and diving head coach, as well as the coach of the USA Swimming Sugar Creek Swim Club Satellite program.

Roth was a four-year swimmer at Ball State, where she qualified for the 2006 U.S. Open in the 100 and 200 backstroke. As team co-captain her senior year, she claimed the team's High Point Award and twice earned Mid-American Conference Academic All-Team honors and was nominated MAC Senior of the Year.

In addition to claiming all-league second-team honors on two occasions, she broke school records in both the 100 and 200 backstroke and was a part of a record-setting 400 medley relay team. After her four years of eligibility had passed, she worked a season as the student assistant at Ball State.

Brittany Roth is a native of Crawfordsville, Indiana, and her husband, Ben, works in the Dallas-Fort Worth area as a firefighter.

### The Roth File

**Age:** 32

**Hometown:** Crawfordsville, Indiana

**High School:** Southmont HS

**Alma Mater**

Ball State '08 -

B.S. in Elementary Education

M.A. in Athletic Coaching Education

**Coaching Career**

**Overall Record:** 1-4

**Record At North Texas:** 1-4

**Coaching Experience**

**2017-Present:** University of North Texas  
Head Coach

**2016-17:** University of North Texas,  
Interim Head Coach

**2013-16:** University of North Texas,  
Assistant Women's Coach

**2010-13:** Assistant Men's and Women's  
Coach at the University of Wisconsin-  
Milwaukee

**2008-10:** Head Men's and Women's  
Coach at Frankfort High School (Ind.)

**Spring 2008:** Volunteer Student Assis-  
tant Coach at Ball State University

**Fall 2007:** Assistant Men's and Women's  
Coach at Frankfort High School (Ind.)

**Collegiate Experience**

**2003-07:** Student-Athlete at Ball State  
University



# PROFILES

↳ assistant coaches



## Rachel Friel

**Assistant Coach**

**Second Year ▶ BYU '12**

Rachel Friel enters her second year as an assistant coach for the North Texas swimming and diving program.

Friel heads to North Texas after coaching at Texas Ford Aquatics in Frisco for the last 10 months.

The Hong Kong native competed collegiately at BYU, where she garnered the Mountain West conference's Swimmer of the Year award two times as well as competed in the NCAA Division I National Championships three separate times. She competed in the 200 butterfly and both the 200 and 400 individual medley.

In addition to a successful collegiate career, Friel represented Hong Kong in several international competitions including the World University games in Serbia (2009) and again in Shenzhen China (2011). Friel also competed in the 2008 Olympic trials in Hong Kong and the USA.

Once she completed her eligibility at BYU in 2011, Friel stayed in Provo, Utah, as a graduate assistant before accepting the swimming head coaching at Maple Mountain High School in August 2012.

In her coaching career, Friel has coached six Olympic trial qualifiers and two men who went on to compete in the 2012 Olympic Games in London representing El Salvador and Bolivia.

Friel resides in Frisco with her husband.



## Mark Murdock

**Diving Coach**

**Third Year ▶ Wyoming '12**

Mark Murdock recently completed his second season at North Texas after spending the previous three seasons as the diving

coach at Northern Colorado. He helped the Mean Green to another fourth-place finish at the Conference USA Championships, matching the team's highest finish since joining the conference.

This past season, junior Cecilia Hernandez secured the highest finish of any North Texas diver in the three-meter dive at the C-USA Championship with a score of 218.40, good for ninth place. Sophomore Averie Ruiz took 10th in the event with a score of 216.75 and earned C-USA Diver of the Week honors after a win in the three-meter dive in a dual meet with Rice. Hernandez also became the fifth-best performer in school history with a score of 188.55 on the platform at the conference championship.

In his first season, senior Jasmine Abercrombie placed fifth overall and set the school record with a score of 207.65 in the platform competition at the Conference USA Championships, while junior Samantha Scheck advanced to the "A" final in all three diving competitions. Both Abercrombie and Scheck also earned Conference USA Diver of the Week earlier in the season.

In his three seasons at Northern Colorado, he coached three NCAA Zone Diving Qualifiers and most recently was named the Western Athletic Conference diving coach of the year and coached the conference diver of the year in Savanna Meadows. Kelsey Smith and Sara Moldenhauer, as well as Meadows, all earned WAC Diver of the Week honors and all three divers also qualified for the NCAA Zone Meet. He helped guide Northern Colorado to a program-best third-place finish at the WAC Championships.

Under Murdock's tutelage, the Bears placed three divers on WAC all-conference teams, including Meadows, who won the one-meter and platform league titles to earn first team honors. Meadows set program records in both the 3 meter (327.25) and platform (222.80). She also finished in the top 25 in all three diving events at the NCAA zone meet, including a program-best 22nd-place finish on the three-meter board.

Prior to his time at Northern Colorado, Murdock dove at Wyoming, where he received his bachelor's degree in social science in May, 2012, and spent his final year with the Cowboys as the volunteer assistant coach.

In addition to being an honorable mention All-American and a two-time Mountain West Conference champion, Murdock also holds the Wyoming platform and three-meter records and the UW pool records on both the one-meter and three-meter boards.

Competing on the national and international level, Murdock and his diving partner Dashiell Enos finished fifth in the synchronized men's platform at the U.S. Olympic Trials in June, 2012, while he represented the United States at the Canada Cup for Synchronized Platform Diving in April, 2011.

Mark Murdock is a native of nearby Flower Mound.





## Lindsey Blanchard

**IM/Backstroke**

So. ▶ 5-6  
Frisco, Texas  
(Lone Star HS)

### 2016-17:

Named to the Conference USA Commissioner's List Honor Roll...Finished 11th in the 400 IM

and 16th in the 200 backstroke at the C-USA Championships.

**100 Backstroke:** Swam a career-best time at the Phill Hansel Invitational (57.90), after qualifying for the "E" final...Picked up a pair of fifth place finishes in dual meets against Rice (59.92) and Houston (59.77)...Swam a time of 1:01.36 in a dual meet versus No. 7 Texas A&M... Finished sixth with a time of 1:01.60 in a dual meet against TCU.

**200 Backstroke:** Set a career-best time of 2:03.81 at the Phill Hansel Invite, finishing 33rd in the event... Finished sixth in a dual meet against TCU with a time of 2:17.15.

**200 IM:** Clocked a career-best time at the C-USA Championship (2:08.65), finishing 19th in the event.

**400 IM:** Finished 11th at the C-USA Championship with a time of 4:33.46... Finished 31st at the Phill Hansel Invite, clocking a time of 4:35.95 in the finals... Swam a time of 4:45.07, good for third place against No. 7 Texas A&M.

### High School

Was a three-time state qualifier (2013, 2014, 2016)... Was a regional champion for the 100-yard breaststroke in 2013... Swam with the Metroplex Aquatics club team for five years.



## Sydney Buckley

**Free/Fly/Breast**

Sr. ▶ 5-6  
Colorado Springs, Colorado  
(Cheyenne Mountain HS)

### 2016-17:

Named to the Conference USA Commissioner's List Honor Roll...Finished 18th in the 100 butterfly and

100 breaststroke at the C-USA Championships.

**50 Freestyle:** Finished 22nd at the C-USA Championships with a time of 24.18...Set a career-best time of 24.11 in the preliminaries at the Phill Hansel Invitational

**100 Freestyle:** Swam a career-best time of 53.22 in the preliminaries at the Phill Hansel Invitational

**100 Breaststroke:** Clocked a season-best time at the C-USA Championships (1:06.16).

**100 Butterfly:** Swam a season-best time of 56.13 at the C-USA Championships

**200 Freestyle Relay:** Swam the second leg, helping her team to a second-place showing against No. 7 Texas A&M with a time of 1:40.55.

**200 Medley Relay:** Helped her relay team to a time of 1:48.19 against TCU, good for second place.

**400 Freestyle Relay:** Helped her team to a time of 3:35.62 and a third-place finish in a dual meet against TCU.

### 2015-2016

Named to the Conference USA Commissioner's List Honor Roll... Finished 15th in the 100 butterfly and 17th in the 100 breaststroke at the Conference USA Championships... Picked up individual wins in the 100 butterfly at Houston and at the triple-dual meet in Little Rock... Was part of relay wins at the triple-dual meet in Little Rock and the dual-meet against TCU.

**100 Butterfly:** Finished 15th overall at the Conference USA Championships with a time of 57.04...Won first place at Houston with a season-best time of 57.33... Finished 16th overall at the Phill Hansel Invitational in Houston with a time of 57.12 after posting a season-best time of 56.75 in the preliminaries... Also won first place at the triple-dual meet at UALR with a time of 57.82.

**100 Breaststroke:** Won the "C" final, placing 17th overall, of the Conference USA Championships with a season-best time of 1:06.10.

**200 Medley Relay:** Was part of a relay team that won first place at the triple-dual meet at UALR with a time of 1:45.42... Was also a part of a relay team that won first place against TCU with a time of 1:44.60... Was also part of a relay team that placed second at SMU with a time of 1:43.43, the second-fastest by a North Texas relay team in the event this season.

### 2014-2015

Awarded the Conference USA Commissioner's Academic Medal with a GPA of 3.75 or better... Earned all-conference honors for a third-place finish in the 400 medley relay at the C-USA Championships...Notched three individual wins, two in the 100 butterfly and one in the 50 butterfly... Was part of four relay wins, two in the 200 and one each in the 400 medley and 4x100 medley... Was part of all-time top-10 times in school history in the 200 and 400 medley relays.

**100 Breaststroke:** Placed 13th at the C-USA Championships with a time of 1:04.82.

**100 Butterfly:** Placed 11th at the C-USA Championships with a team-best time of 55.13... Took first against Incarnate Word (57.84) and SMU (57.47).

**200 Medley Relay:** Recorded a time of 1:43.70 at the C-USA Championships, the ninth-best time in school history... Took first against Incarnate Word (1:46.72)... Finished third at the Houston Invite with a time of 1:43.61, the eighth-best time in school history.

**400 Medley Relay:** Took first against SMU (3:49.67)... Placed third at the C-USA Championships to earn all-conference honors with a time of 3:43.28, the fourth-best time in school history.

### High School

Was a three-time state champion in the 100 butterfly, claiming titles in Colorado's 4A division from 2012-2014... Was an All-Colorado swimmer for the 4A class in 2014 ... Was a part of the 200 medley relay team that set the Colorado state record in 2013... Named Most Valuable Swimmer of her team in 2012 and 2014... Awarded Cheyenne Mountain High's Swimming Athlete Excellence Award in 2014.



# PROFILES

↳ swimmer profiles



## Deneen Carter

**Middle Distance Free**

Sr. ▶ 5-5  
Bedford, Texas  
(Eules Trinity HS)

**2016-17:**  
Finished 18th in the 500 freestyle, and 19th in the 200 freestyle and 1650 freestyle at the

Conference USA Championships.

**200 Freestyle:** Swam a career-best time of 1:52.22 at the C-USA Championships... Placed fifth against Houston (1:57.09).

**500 Freestyle:** Recorded a career-best time at the C-USA Championships (5:02.46)...Placed fifth in dual meets with Houston (5:18.98) and Texas A&M (5:21.74).

**1000 Freestyle:** Placed fifth in dual meets against TCU (10:59.86) and Rice (11:06.90)

**1650 Freestyle:** Set a career-best time at the C-USA Championships with a time of 17:51.69

**400 Freestyle Relay:** Helped her team to a time of 3:44.40 and a fifth-place finish in a dual meet against TCU.

### 2015-16

**200 Freestyle:** Finished 19th at the Conference USA Championships, clocking a season-best time of 1:52.72 in the preliminaries and 1:52.86 in the final.

### 2014-15

**200 Freestyle:** Placed fifth at Incarnate Word (1:58.45) and TCU (1:59.14)... Recorded a season-best 1:55:22 at the C-USA Championships.

**500 Freestyle:** Swam a career-best 5:04.69 time at the C-USA Championships... Took third at Incarnate Word (5:17.36).

**1000 Freestyle:** Finished fourth against Rice with a season-best time of 10:49.44.

**1650 Freestyle:** Recorded a season-best time of 18:06.71 at the Houston Invite.

### High School

Swam in the 2014 5A State Championships, recording a time of 1:54.70 in the 200 freestyle... Competed in the 100 freestyle at the 5A State Championships in 2013, finishing with a time of 53.40... Swam for the Fort Worth Area Swim Team under coach Ron Forrest.



## Allison Crites

**Diving**

Sr. ▶ 5-3  
Lubbock, Texas  
(Lubbock HS)

**2016-17:**  
Named to the Conference USA Commissioner's List Honor Roll...Finished 13th in the one-meter dive and 17th in the three-meter dive at the C-

USA Championships.

**One-Meter:** Recorded a season-high score of 223.73 against Rice, good enough for second place...Took sixth against Texas A&M with a score of 208.50...Finished eighth in dual meets against TCU (190.04) and Houston (198.45).

**Three-Meter:** Posted a career-best score of 219.38 in a dual meet versus Houston... Finished seventh in a dual meet against Texas A&M with a score of 184.72.

### 2015-16

Named to the Conference USA Commissioner's List Honor Roll.

**One-Meter:** Posted a season-best score of 219.45 at the double-dual meet against Incarnate Word and Liberty.

**Three-Meter:** Posted a season-best score of 201.98 at the dual meet against Texas A&M.

### 2014-15

Claimed her first career individual win... Was the team's third-best performer on the one-meter board.

**One-Meter:** Placed 11th at the C-USA Championships... Finished first against Rice (195.75)... Finished fourth against Incarnate Word (216.85)... Placed fifth against Tulane (199.88) and SMU (191.77).

**Three-Meter:** Earned a second-place finish against Rice (193.80)... Finished fifth against Incarnate Word (195.20), SMU (207.08) and Tulane (201.53)... Placed 15th at the C-USA Championships.

### High School

Four-year letterwinner under coach Penny DiPamazio... First-team all-state selection in 2014... Scored a 394.80 at the Regional I-5A Championships, a meet record... Earned second-team all-state honors as a junior in 2013... Academic All-American in 2013 and 2014.





## Caroline Culpepper

**Butterfly**

Sr. ▶ 5-3  
Antelope, California  
(Antelope HS)

**2016-17:** Named to the Conference USA Commissioner's List Honor Roll...Finished 17th in the 200 butterfly and 19th in the 100 butterfly at the C-USA

Championships.

**500 Freestyle:** Swam a season-best time of 5:09.47 at the C-USA Championships, good for 24th place.

**100 Butterfly:** Recorded a career-best time at the C-USA Championships (56.59)... Finished fourth in a dual meet against No. 7 Texas A&M, swimming a time of 1:01.62.

**200 Butterfly:** Placed 17th at the C-USA Championships with a season-best time of 2:03.87...Secured a third-place finish with a time of 2:09.13 in a dual meet against TCU.

**200 Medley Relay:** Helped her relay team to a time of 1:52.26 against TCU on Jan. 27, good for fourth place.

### 2015-2016

Named to the Conference USA Commissioner's List Honor Roll... Picked up her first two wins of the season in a double-dual meet against Incarnate Word and Liberty... Also took first place overall in the 200 butterfly at the triple-dual meet against Arkansas-Little Rock, Ouachita Baptist and Southern Illinois in Little Rock and at the dual meet against TCU.

**100 Butterfly:** Swam a season-best time of 58.38 at Houston.

**200 Butterfly:** Picked up a win over Incarnate Word, placing second-place overall in a double-dual meet against Incarnate Word and Liberty with a time of 2:07.36... Placed third at the Phill Hansel Invitational in Houston with a season-best time of 2:01.37, posting the fifth-fastest time in program history...Won first place overall at the triple-dual meet at UALR with a time of 2:07.41... Also won first place against TCU with a time of 2:05.64... Advanced to the "A" final and placed fifth overall with a time of 2:01.80.

**500 Freestyle:** Picked up a win over Incarnate Word, finishing fourth-place overall in a double-dual meet against Incarnate Word and Liberty with a time of 5:16.33... Placed second in the D final, 26th overall, with a season-best time of 5:01.20.

**400 Individual Medley:** Placed 13th at the Phill Hansel Invitational in Houston with a season-best time of 4:27.22... Finished 16th at the Conference USA Championships with a time of 4:32.61.

**200 Medley Relay:** Finished fifth at the Conference USA Championships with a season-best time of 1:41.70, the second-fastest time in school history.

**400 Medley Relay:** Was part of a relay team that placed second at the UIW Christmas Invitational with a time of 3:49.97.

### 2014-2015

Was the team's top performer in the 200 butterfly, holding four of the team's top five times and six of the top 10 times, including the season's top time.

**100 Butterfly:** Swam a season-best time of 58.13 at the C-USA Championship... Placed fifth against SMU (1:00.58).

**200 Butterfly:** Placed 15th at the C-USA Championships with a time of 2:07.51... Placed third against Texas A&M and Houston (2:06.36) and Rice (2:09.80)...Finished fourth at the Houston Invite with a team-best time of 2:03.88... Also finished fourth at TCU (2:11.44)... Took fifth at Tulane (2:11.39).

### High School

Held all eight individual swimming records following her senior season... Winner of the United States Marine Corps Distinguished Athlete Award, given to only two student-athletes who exhibited the personal traits of courage, poise, self-confidence, and leadership while performing as a varsity athlete... Four-time winner of the Sierra Nevada Swimming Scholar-Athlete Award... Named a Scholastic All-American... Swam for the California Capital Aquatics under coach Debbie Walker.



## Cecilia Hernandez

**Diving**

Sr. ▶ 5-3  
Mission, Texas  
(Sharyland HS)

**2016-17:** Named to the Conference USA Commissioner's List Honor Roll...Finished eighth from the platform and ninth in the three-meter board at the C-USA Championships.

**One-Meter:** Placed 12th at the C-USA Championship with a score of 192.30... Finished fifth in a dual meet against Rice with a score of 200.78.

**Three-Meter:** Secured the highest finish of any North Texas diver at the C-USA Championship with a score of 218.40... Took third at the Little Rock Invitational with a score of 232.95.

**Platform Diving:** Became the fifth-best performer in school history with a score of 188.55 at the Conference USA Championship.

### 2015-16

Named to the Conference USA Commissioner's List Honor Roll.

**One-Meter:** Posted a career-best score of 207.55 in the preliminaries of the Conference USA Championships.

**Three-Meter:** Placed seventh with a career-best score of 230.92 at the dual meet against TCU.

**Platform Diving:** Finished 15th at the Conference USA Championships with a career-best score of 170.55 in the preliminaries and 144.40 in the final.

### 2014-15

**One-Meter:** Recorded a season-high score of 184.90 at the UIW Invitational... Placed 16th at the C-USA Championships.

**Three-Meter:** Placed 13th at the C-USA Championships with a career-high score of 211.70.

**Platform Diving:** Placed 15th at the C-USA Championships with a career-high score of 112.25.

### High School

Was a two-time qualifier at the 5A State Championships... Earned letters all four years of high school under coach Tina Jensen.



# PROFILES

↳ swimmer profiles



## Emma Beth Jensen

**Back/Fly/Free/IM**

Jr. ▶ 5-8  
Auckland, New Zealand  
(Trinity College)

### 2016-17

Named to the Conference USA Commissioner's List Honor Roll... One of four North Texas

athletes to qualify for the USA Winter Nationals... Broke North Texas' 100 freestyle record (50.45) at the C-USA Championships... Swam the anchor leg for the 400-yard freestyle relay at the C-USA Championship, helping the team break the program record... Also swam the anchor leg for the 200 freestyle relay team at the C-USA Championships, helping the team to a program record time of 1:32.99... Recorded two victories in the Little Rock Invitational, her first individual victories as a member of the Mean Green... Was a part of two relay victories versus Houston and one versus Rice... Member of 10 all-time top 10 performances in school history across six events.

**50 Freestyle:** Tied the fifth-fastest time in North Texas history at the Phill Hansel Invite (23.21), securing a second-place finish... Finished fourth in the 'B' final at the C-USA Championship with a time of (23.37)... Picked up her first victory in the event after clocking a time of 23.97 against Rice... Finished second in a dual meet against TCU with a time of 24.31.

**100 Freestyle:** Broke the North Texas record in the event, recording a time of 50.56 in the Phill Hansel Invite... Recorded her first individual top finish with a time of 52.60 in the Little Rock Invitational.

**200 Freestyle:** Finished second in the event with a time of 1:53.39 during the Little Rock Invitational.

**100 Butterfly:** Finished 11th at the C-USA Championship with a time of 55.42... Swam the fifth-fastest time in North Texas history at the Phill Hansel Invite (55.33)... Secured a first-place finish (57.58) in a dual meet against TCU.

**200 Freestyle Relay:** Swam the anchor leg for the 200 freestyle relay team at the C-USA Championship, helping the team to a program record time of 1:32.99... Swam the opening leg of the race at the Phill Hansel Invite, helping secure a time of 1:34.23, the eighth-fastest time in school history... Was a part of the relay team that placed first in the Little Rock Invitational with a time of 1:37.12.

**400 Freestyle Relay:** Swam the anchor leg of the race at the C-USA Championship, helping her team to a program-best time of 3:21.58... Swam the anchor leg of the race, helping her team to a fourth-place finish at the Phill Hansel Invite (3:24.88) and the fifth-fastest time in program history... Helped her team to a time of 3:31.33 and a first-place finish in a dual meet against TCU.

**800 Freestyle Relay:** Helped her team to a fourth-place finish at the C-USA Championships (7:22.69) with the ninth-fastest time in school history.

**200 Medley Relay:** Was a part of the relay team that placed first in a dual meet versus Houston, finishing with a time of 1:45.33.

**400 Medley Relay:** Helped her team to a season-best time (3:46.06) and the 10th-fastest time in program history at the Phill Hansel Invite... Swam the anchor leg for the relay team that placed first versus Rice with a time of 3:50.80.

### Previous to North Texas

Placed in the top-20 in Australia for the 50- and 100-yard fly during the 2016 Olympic trials... Finalist in the 100 free in the World Cup Meet in Singapore... Competed in the 2016 New Zealand Olympic trials, taking fourth in the 100 fly... Australian Age medalist 2012 (third in 400IM).



## Claudia Kitching

**Breaststroke**

Sr. ▶ 5-3  
Antibes, France  
(Skema Business School)

### 2016-17:

One of four swimmers to represent North Texas at the USA Winter Nationals... Earned all-conference

honors for a second-straight year in the 200 breaststroke... Posted two NCAA "B" time standards in the 200 breaststroke and picked up three victories in the event

**100 Breaststroke:** Clocked a season-best time of 1:02.56 at the C-USA Championships, good for seventh place... Finished second behind teammate Sarah Vaisse with a time of 1:05.48 in the Little Rock Invitational... Clocked a time of 1:05.80 versus No. 7 Texas A&M, good for fifth place... Finished second in a dual meet against TCU with a time of 1:04.65

**200 Breaststroke:** Swam the fifth-fastest time in program history (2:13.76) to earn her second NCAA "B" cut time of the season at the C-USA Championships, earning a bronze medal... Recorded her first "B" cut time of the season, clocking a time of 2:15.80 in the Phill Hansel Invite... Secured a victory in the event with a final time of 2:18.92 in the Little Rock Invitational... Picked up her second victory of the season in the event, clocking a time of 2:19.56 in a dual meet against Houston... Finished second in a dual meet with No. 7 Texas A&M with a time of 2:19.89... Swam a time of 2:19.03, good for first place, in a dual meet against TCU

**200 IM:** Won the "C" final at the C-USA Championship with a time of 2:07.35... Finished sixth in a dual meet against TCU on Jan. 27 with a time of 2:13.21

**200 Medley Relay:** Helped her relay team to a time of 1:48.19 against TCU, good for second place

### 2015-16

Posted seven NCAA "B" time standards, five in the 200 breaststroke and two more in the 100 breaststroke... Placed second in the 200 breaststroke and third in the 100 breaststroke at the Conference USA Championships... Posted top-five times in school history in both events at the Conference USA Championships.

**100 Breaststroke:** Placed third at the Conference USA Championships, posting an NCAA "B" time standard in both the preliminaries (1:02.35) and the final (1:01.88)... Her time in the final was a career best and the fifth-fastest time in school history... Won first place against TCU with a time of 1:04.63.

**200 Breaststroke:** Placed second at the Conference USA Championships, posting her fourth and fifth NCAA B time standard in both the preliminaries (2:14.90) and final (2:13.18)... Her time in the final was a career best and the second-fastest time in school history... Took first place against Liberty, finishing second among all swimmers in the double-dual meet against Incarnate Word and Liberty, with a time of 2:21.26... Won first place at Houston with a time of 2:19.62... Won first place at the Phill Hansel Invitational in Houston and posted two NCAA B time standards with times of 2:15.09 in the preliminaries and 2:13.51 in the finals... Also won first place overall at the triple-dual meet at UALR (2:19.36) and at the dual meet against TCU (2:18.49)... Posted her third NCAA B time standard of the season with a time of 2:15.79, placing second at SMU.

**200 IM:** Finished 19th at the Conference USA Championships with a season-best time of 2:07.02.

**400 Medley Relay:** Was part of a relay team that placed second at Rice with a time of 3:52.98.

### High School

Won the French Junior Short Course championships in the 200 breaststroke in 2013... Was the French national age group champion in the 100 and 200 breaststroke... Qualified for the 2012 British Olympic Trials... Placed third at the French Open Championships in the 200 breaststroke and was a finalist in the 100 breaststroke in 2015... Was a finalist in the French Open Nationals finalist in the 200 breaststroke in 2015.



## Natalia Kwiatkowska

### Backstroke

Jr. ▶ 5-9  
Burlington, Ontario, Canada  
(Robert Bateman HS)

#### 2016-17

Placed second in the 200 backstroke “C” final at the 2017 Conference USA Championships...

Finished 16th in the 1650 freestyle and 24th in the 500 freestyle at the C-USA Championships.

**200 Backstroke:** Posted a season-best time of 2:06.34 at the Phill Hansel Invite... Earned two eighth-place finishes against Rice and at the Little Rock Invite.

**500 Freestyle:** Finished sixth in a dual meet against TCU with a time of 5:29.57.

**1000 Freestyle:** Finished third in a dual meet against No. 7 Texas A&M with a time of 10:32.87... Placed sixth in a dual meet against TCU with a time of 11:04.20.

**1650 Freestyle:** Clocked a season-best time at the Phill Hansel Invite (17:34.93).

**400 IM:** Swam a career-best time of 4:41.39 en route to a second-place finish against No. 7 Texas A&M.

#### 2015-16

Named to the Conference USA Commissioner’s List Honor Roll... Took first place in the 100 backstroke and 200 IM at Houston... Placed second overall in the 1000 freestyle in the triple-dual meet against Arkansas-Little Rock, Ouachita Baptist and Southern Illinois in Little Rock... Took first place in the 1000 freestyle against TCU.

**500 Freestyle:** Placed fourth at the UIW Christmas Invitational with a season-best time of 4:58.18... Finished 21st at the Conference USA Championships with a time of 5:03.26.

**1000 Freestyle:** Placed second overall, picking up dual-meet wins over UALR and Ouachita Baptist, with a time of 10:28.63 at the triple-dual meet at Little Rock... Won first place against TCU with a team season-best time of 10:24.79.

**1650 Freestyle:** Placed 11th at the Conference USA Championships with a season-best time of 17:12.26.

**100 Backstroke:** Took first place at Houston with a season-best time of 57.38.

**200 Backstroke:** Finished third at Texas A&M (2:07.35)... Placed third at Houston with a time of 2:05.34... Finished 15th at the Phill Hansel Invitational in Houston with a time of 2:04.44 in the finals after posting a season-best time of 2:03.47 in the preliminaries... Finished 18th at the Conference USA Championships with a time of 2:04.29.

**200 IM:** Placed first at Houston with a time of 2:07.87... Placed 27th at the Phill Hansel Invitational with a time of 2:07.90 in the finals after posting a season-best time of 2:07.81 in the preliminaries.

**400 IM:** Placed second at Texas A&M with a season-best time of 4:39.03.

**800 Freestyle Relay:** Was part of a relay team that finished fourth at the Conference USA Championships with a season-best time of 7:22.48, the eighth-fastest time in school history.

#### High School

Set records in the 50 backstroke, 200 IM and 400 IM for the Burlington Aquatic Devilrays under coach Sergei Soloukhin... Claimed top-five finishes in three events at the 2015 Provincial Age Group Championships.



## Meredith Manry

### Fly

So. ▶ 5-6  
Round Rock, Texas  
(Round Rock HS)

#### 2016-17

Named to the Conference USA Commissioner’s List Honor Roll... Won the “C” final in the 100

butterfly at the C-USA Championships.

**200 Breaststroke:** Swam a season-best time of 2:08.16 at the Phill Hansel Invite.

**100 Butterfly:** Placed 17th at the C-USA Championships after posting a career-best time of 55.39 in the preliminaries.

**200 Butterfly:** Recorded a career-best time of 2:06.88 at the C-USA Championships, good for 18th... Finished fourth in a dual meet against No. 7 Texas A&M with a time of 2:09.22... Finished fifth in a dual meet against TCU with a time of 2:11.67.

**200 Medley Relay:** Helped her relay team to a time of 1:52.26 against TCU, good for fourth place.

**400 Freestyle Relay:** Helped her team to a time of 3:44.40 and a fifth-place finish in a dual meet against TCU.

#### High School:

Named to the Regional Team as a freshman and sophomore... All-State Honorable Mention as a sophomore... Named to the Sectional Team for the short course and long course events in 2015 and 2016... Won the Female Leadership Award as a freshman in 2013... Two-sport letter winner (water polo and swimming)



# PROFILES

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## Leigh Faires McGee

**Freestyle**

Fr. ▶ 5-10  
Jackson, Miss.  
(Home School)

### Prior to North Texas

State record holder in the 100 freestyle (51.13) and 200 freestyle (1:49.61)...USA Swimming

Scholastic All-America in 2016...Swam for the Mississippi Makos under head coach Brian Ware...Two-time club MVP in 2016 and 2017...Holds every individual freestyle club record.



## Micayla Morgan

**Back/Fly/Free**

Fr. ▶ 5-8  
Plano, Texas  
(Home School)

### Prior to North Texas

Swam with Metroplex Aquatics for four years under head coach Flip Gammon...Earned two

top-20 finishes in the 50 freestyle and 100 butterfly at the 2016 Winter Junior Championship Time Trials in College Station...Three trips to the Speedo Championships Series from 2014-16.



## Meghan Miller

**Diving**

Fr. ▶ 5-10  
Woodbury, Minnesota  
(Woodbury HS)

### High School

Was a National Interscholastic Swim Coaches Association (NISCA) All-American for 2015-

16...Three-time all-state, all-section and all-conference selection from 2015-17...Three-time qualifier at the Minnesota Class AA State Diving Meet...Earned Section 3AA Diver of the Year honors three-straight years from 2015-17...Holds the overall Woodbury HS records for six-dive (305.65) and 11-dive scores (481.30)...Four-year letterwinner under head coach Sherry Gross...Served as team captain from 2015-17.





## Isabelle Morris

### Freestyle

Sr. ▶ 5-7

Toronto, Ontario, Canada  
(Silverthorn Collegiate Institute)

#### 2016-17

Named to the Conference USA Commissioner's List Honor Roll...Part of the relay team

that set the 400-yard freestyle record at the C-USA Championship... Also part of the relay team that set the program record in the 200 freestyle at the C-USA Championships... Secured nine first place finishes across four events...Participated in 10 all-time top 10 performances in school history.

**50 Freestyle:** Swam a season-best time of 23.86 at the Phill Hansel Invite... Placed first at the Little Rock Invitational with a time of 24.32...Secured her second first-place finish versus Houston with a time on 24.37.

**100 Freestyle:** Placed eighth at the C-USA Championships with a time of 50.52, the second-fastest time in program history... Picked up her first victory of the season in the event with a time of 53.12 versus Houston... Clocked a time of 52.38. good for first place, in a dual meet against TCU.

**200 Freestyle:** Finished seventh at the C-USA Championships after posting a career-best time of 1:48.93 in the preliminaries, the sixth-fastest time in school history... Secured a top finish for the Mean Green with a time of 1:52.04 versus Rice...Clocked a time of 1:53.56 versus Houston to secure first place...Secured a first-place finish in a dual meet against TCU with a time of 1:52.83.

**500 Freestyle:** Swam a career-best time of 5:00.18 at the C-USA Championships, good for 15th.

**200 Freestyle Relay:** Swam the second leg of the race at the C-USA Championships, helping her team to a program-best time of 1:32.99... Was part of a relay team that placed first at Little Rock with a time of 1:37.12... Swam the third leg, helping her team to a first-place finish versus No. 7 Texas A&M.

**400 Freestyle Relay:** Swam the third leg of the race at the C-USA Championship, helping her team to a program-best time of 3:21.58... Helped her team to a time of 3:31.33 and a first-place finish in a dual meet against TCU on Jan. 27

**800 Freestyle Relay:** Helped her team to a fifth-place finish at the Phill Hansel Invite (7:30.22).

**200 Medley Relay:** Swam the anchor leg at the Phill Hansel Invite, helping her team to a time of 1:42.24, the seventh-fastest in North Texas history and a third-place finish... Anchored the 200 medley relay team that finished first in the Little Rock Invitational with a time of 1:46.67.

**400 Medley Relay:** Swam the anchor leg of the race at the C-USA Championships, helping her team to a fourth-place finish and a season-best time of 3:43.33, ranking 10th in school history.

#### 2015-2016

Named to the Conference USA Commissioner's List Honor Roll... Part of the 400 freestyle relay team that posted a time of 3:26.24, the seventh fastest time in program history... Also a part of the relay team that clocked a time of 3:26.92 at the C-USA Finals, a time good for 10th all time... Was a member of the 200 freestyle relay team that posted the ninth-fastest time in program history (1:43.29) at the Phill Hansel Invite... Was part of three wins at the dual meet against TCU... Finished in the top 14 of the 50, 100 and 200 freestyle at the Conference USA Championships, including a 10th-place finish in the 200 freestyle.

**50 Freestyle:** Finished 14th at the Conference USA Championships with a time of 23.67.

**100 Freestyle:** Took first place against Incarnate Word, finished second overall in a double-dual meet against Incarnate Word and Liberty with a time of 53.04... Also won first place at the triple-dual meet against Arkansas-Little Rock, Ouachita Baptist and Southern Illinois (52.69)... Took 12th at the Conference USA Championships with a time of 51.70.

**200 Freestyle:** Took 10th at the Conference USA Championships, clocking a time of 1:50.54 in the preliminaries and 1:50.59 in the final... Finished first place overall, defeating all swimmers in a double-dual meet against Incarnate Word

and Liberty with a time of 1:52.65... Won first place at Houston (1:52.89)... Placed third in the Phill Hansel Invitational with a season-best time of 1:48.94, the sixth fastest time in program history... Won first place at the San Diego Shootout with a time of 1:53.57... Also won first place at the triple-dual meet against Arkansas-Little Rock, Ouachita Baptist and Southern Illinois (1:53.16) and at the dual meet against TCU (1:52.87).

**500 Freestyle:** Posted a season-best time of 5:00.53, the 15th-fastest time of the preliminaries at the Phill Hansel Invitational in Houston.

**200 Freestyle Relay:** Finished fifth at the Conference USA Championships with a season-best time of 1:34.39, the seventh-fastest time in school history... Was part of a relay team that won first place at the UIW Christmas Invitational with a time of 1:35.21.

**400 Freestyle Relay:** Was part of a relay team that won first place against Incarnate Word, finishing second-place overall among all relay teams in a double-dual meet against Incarnate Word and Liberty... Was also part of a relay team that won first place at Houston (3:30.61) and against TCU (3:30.49).

**800 Freestyle Relay:** Was part of a relay team that finished fourth at the Conference USA Championships with a season-best time of 7:22.48, the eighth-fastest time in school history.

**200 Medley Relay:** Was part of a relay team that won first place at Houston with a season-best time of 1:45.74... Was part of a relay team that won first place at the triple-dual meet against Arkansas-Little, Ouachita Baptist and Southern Illinois with a time of 1:45.42.

**400 Medley Relay:** Member of the team that clocked the ninth-fastest time in program history (3:46.14) at the Phill Hansel Invite.

#### 2014-2015

Was the team's second-best performer in the 50 and 200 freestyle and third-best performer in the 100 freestyle... Notched four individual wins, two in the 200 freestyle and one each in the 50 and 100 freestyle... Was part of three relay wins, two in the 200 freestyle relay and another in the 400 freestyle relay... Clocked all-time top-10 times in school history in the 100 and 200 freestyle... Was part of all-time top-10 times in school history in the 200, 400 and 800 freestyle relays and 400 medley relay.

**50 Freestyle:** Swam a career-best 23.67 in the preliminary round at the C-USA Championships... Placed first against Rice (24.71).

**100 Freestyle:** Placed 15th overall at the C-USA Championships (51.51)... Took first place at TCU (52.31)... Finished third at the Houston Invite with a personal-best time of 51.12, the seventh-best time in school history.

**200 Freestyle:** Placed eighth at the C-USA Championships (1:50.03)... Took first place against TCU (1:52.71) and SMU (1:51.65)... Finished second at the Houston Invite with a time of 1:49.18, the eighth-best time in program history, after posting a time of 1:49.53, the 10th-best time in program time in program history, in the prelims.

**200 Freestyle Relay:** Placed fifth at the C-USA Championships with a time of 1:33.74, the fourth-best time in school history... Notched a time of 1:34.00 at the C-USA Championships, the sixth-best time in school history... Finished third at the Houston Invite with a time of 1:34.75, the ninth-best time in school history...

Notched a third-place finish at the UIW Invitational with a time of 1:35.11, the 10th-best time in school history... Took first place against Incarnate Word (1:36.82) and Houston and Texas A&M (1:38.44).

**400 Freestyle Relay:** Claimed third place at the Houston Invite with a time of 3:25.31, the fifth-best time in school history... Placed sixth at the C-USA Championships with a time of 3:25.92, the sixth-best time in school history... Placed second at the UIW Invitational with a time of 3:26.61, the eighth-best time in school history... Took first place at TCU (3:32.88).

**800 Freestyle Relay:** Took fifth place at the C-USA Championships with a time of 7:19.81, the third-best time in school history... Took second at the Houston Invite with a time of 7:27.53, the 10th-best time in school history.

**200 Medley Relay:** Took third at the UIW Invite (1:44.11)

**400 Medley Relay:** Finished second at the UIW Invite with a time of 3:46.62, the eighth-best time in school history.

#### High School

Placed second in the B Final of the Canadian Senior Nationals... Earned a second-place finish in the 100 and 200 freestyle at the Canadian Age Group Nationals... Earned the Sportsmanship Award for Swimming in 2010... Awarded the Ontario Scholar Award... Swam for coach Kevin Thoresborn at Silverthorn C.I.



# PROFILES

↳ swimmer profiles



## Kelsey Opiela

Free/Fly

Jr. ▶ 5-10  
Kingwood, Texas  
(Kingwood HS)

### 2016-17

Named to the Conference USA Commissioner's List Honor Roll...Placed 15th in the 100

butterfly and 16th in the 50 freestyle and 100 freestyle at the C-USA Championships...Helped her team to a first-place finish in the 400 medley relay versus Rice... Set a career-best time in the 100 freestyle at the Phill Hansel Invite.

**50 Freestyle:** Set a career-best time of 23.66 in the preliminaries of the C-USA Championships.

**100 Freestyle:** Swam a career-best time of 51.80 at the C-USA Championships.

**100 Butterfly:** Finished 15th at the C-USA Championship with a time of 55.76...

Finished third in dual meets against Rice (58.84), No. 7 Texas A&M (1:00.00) and TCU (58.15).

**200 Butterfly:** Clocked a time of 2:21.42 in a dual meet against No. 7 Texas A&M

**200 Freestyle Relay:** Swam the opening leg, helping her team to a second-place showing with a time of 1:40.55.

**400 Freestyle Relay:** Helped her team to a time of 3:35.62 and a third-place finish in a dual meet against TCU on Jan. 27.

**200 Medley Relay:** Swam the third leg of the race at the Phill Hansel Invite, helping her team to a time of 1:42.24, the seventh-fastest in North Texas history... Was part of the relay team that clocked a time of 1:45.33 to defeat Rice in a dual meet.

**400 Medley Relay:** Swam the third leg of the race, helping her team to a first-place finish with a time of 3:50.80.

### 2015-16

Named to the Conference USA Commissioner's List Honor Roll.

**50 Freestyle:** Finished 18th at the Conference USA Championships with a season-best time of 23.92.

**100 Freestyle:** Finished 20th at the Conference USA Championships, clocking a season-best time of 52.37 in the preliminaries and 52.54 in the final.

**100 Butterfly:** Finished 13th at the Conference USA Championships, clocking a season-best time of 55.92 in the preliminaries and 56.63 in the final... Placed second at Texas A&M (58.66)... Finished fourth at Rice (58.40)... Placed third at Houston with a season-best time of 58.07.

**200 Medley Relay:** Was part of a relay team that won first place at Houston with a time of 1:45.74... During the time trials at the Conference USA Championships, clocked a time of 1:42.02, the fourth-fastest time in school history.

**400 Medley Relay:** Was part of a relay team that finished fourth at the Conference USA Championships with a season-best time of 3:46.02, the eighth-fastest time in school history.

### High School

Named a NISCA/Speedo Girls High School All-American in the 200 and 400 freestyle relays... Was a finalist at the NASA Junior National Championship Cup in the 100 and 50 butterfly in 2015... Was a NCSA Junior National qualifier in 2013, 2014 and 2015... Named a two-time all-state selection and won the state title in the 200 freestyle relay in 2013 and 2015... Set the regional record in the 200 freestyle relay in 2013... Swam for the Blue Tide Aquatics Swim Club under coach Charlie Fry.



## Kathleen Rousset

Breaststroke

Jr. ▶ 5-2  
Round Rock, Texas  
(Cedar Ridge HS)

### 2016-17

Named to the Conference USA Commissioner's List Honor Roll and Commissioner's

Academic Medal recipient...Took third in the 100 breaststroke "B" final at the C-USA Championships.

**100 Breaststroke:** Placed 11th at the C-USA Championships after recording a career-best time (1:04.69) in the preliminaries...Finished fourth in a dual meet against Rice with a time of 1:07.23.

**200 Breaststroke:** Finished 13th at the C-USA Championships with a time of 2:21.81... Secured a third-place finish in a dual meet against TCU with a time of 2:22.83... Earned fourth-place finishes in dual meets against No. 7 Texas A&M (2:27.77) and Rice (2:27.16).

**200 IM:** Swam a career-best time of 2:13.73 at the C-USA Championships... Posted a season-best time of 2:18.43 at the Phill Hansel Invitational in Houston.

### 2015-16

Named to the Conference USA Commissioner's List Honor Roll and Commissioner's Academic Medal recipient.

**100 Breaststroke:** Posted a season-best time of 1:05.28 at the Phill Hansel Invitational in Houston... Finished 19th at the Conference USA Championships, clocking a time of 1:06.41 in the preliminaries and 1:07.37 in the final.

**200 Breaststroke:** Posted a time of 2:24.96 at SMU... Finished 18th at the Conference USA Championships with a season-best time of 2:24.19.

**200 IM:** Posted a season-best time of 2:17.63 at the Phill Hansel Invitational in Houston.

### High School

Named a three-time all-state selection at both the 4A and 5A levels... Was a state finalist in the 100 breaststroke while setting a Cedar Ridge record... Was also a state finalist in the 4x100 freestyle relay... Was also a state qualifier in water polo in 2014 and 2015.





## Meaghan Rousset

**Breast/IM**

Jr. ▶ 5-5  
Round Rock, Texas  
(Cedar Ridge HS)

**2016-17**  
Named to the Conference USA Commissioner's List Honor Roll and Commissioner's

Academic Medal recipient...Placed 12th in the 100 breaststroke and 16th in the 200 breaststroke at the C-USA Championships.

**200 Breaststroke:** Swam a season-best time of 2:22.55 in the preliminaries of the Phill Hansel Invite... Finished 16th at the C-USA Championship with a time of 2:23.69... Swam a time of 2:26.03, good for fourth in a dual meet against TCU.

**200 IM:** Recorded a time of 2:10.68 at the C-USA Championships, good for 21st.

**200 Medley Relay:** Helped her relay team to a time of 1:52.26 against TCU on Jan. 27, good for fourth place.

### 2015-16

Named to the Conference USA Commissioner's List Honor Roll and Commissioner's Academic Medal recipient.

**100 Breaststroke:** Posted a time of 1:05.61 at TCU... Finished 14th at the Conference USA Championships, clocking a season-best time of 1:04.94 in the preliminaries and 1:05.09 in the final.

**200 Breaststroke:** Finished 12th at the Conference USA Championships with a season-best time of 2:20.40... Placed second at TCU with a time of 2:21.84.

**200 IM:** Posted a season-best time of 2:11.54 in the preliminaries of the Conference USA Championships.

### High School

Was a 4A state finalist in the 100 breast and 400 freestyle relay as a freshman... Earned all-state honors for three years at the 4A and 5A levels... Was the District 16-6A Women's Swimmer of the Meet... Previously set Cedar Ridge records in the 100 breaststroke and 200 IM.



## Averie Ruiz

**Diving**

Jr. ▶ 5-2  
Lubbock, Texas  
(Coronado HS)

**2016-17**  
Named to the Conference USA Commissioner's List Honor Roll...Earned C-USA Diver of

the Week for the first time in her career on Nov. 2...Placed 10th in the three-meter dive and 16th in the one-meter dive at the C-USA Championships...Picked up a pair of first-place finishes in a dual meet against Rice.

**One-Meter:** Posted a score of 175.20 at the C-USA Championships, good for 16th...Picked up a victory in a dual meet against Rice with a score of 232.88... Earned third-place finishes in dual meets against No. 7 Texas A&M (215.62) and TCU (237.37).

**Three-Meter:** Finished 10th at the C-USA Championships with a score of 216.75... Posted a season-best score of 233.85 in a dual meet against TCU... Secured first place versus Rice with a score of 217.88.

### 2015-16

Named to the Conference USA Commissioner's List Honor Roll.

**One-Meter:** Posted a season-best score of 220.95 at the double-dual meet against Incarnate Word and Liberty... Finished 13th at the Conference USA Championships with a score of 213.70.

**Three-Meter:** Took third at SMU with a season-best score of 225.90... Finished 12th at the Conference USA Championships with a score of 209.35.

**Platform:** Finished 11th at the Conference USA Championships with a career-best score of 155.00.

### High School

Placed first in district and second in regionals before finishing ninth at the UIL 6A State Championships... Former qualifier for the AAU Nationals and a 2013 TISCA All-State selection... Competed with the Lubbock Dive Club under coach Penny



# PROFILES

↳ swimmer profiles



## Jowita Sienczyk

**IM/Back/Free**

So. ▶ 5-8  
Biala Podlaska, Poland  
(Zsoms Krakow)

**2016-17**

Named to the Conference USA Commissioner's List Honor Roll... One of four athletes to represent North Texas at the USA Winter Nationals... Part of the relay team that set the 400-yard freestyle record at the C-USA Championships... Also part of the relay team that set the 200 freestyle record at the C-USA Championships... Had a strong showing in the Little Rock Invitational, securing two relay victories and a top-three finish in the 100 backstroke... Added two relay victories in a dual meet versus Houston... Secured a victory in the 400 medley relay in a dual meet against Rice... Member of six all-time top 10 relay performances.

**200 IM:** Finished fifth at the C-USA Championship with a career-best time of 2:02.30... Secured a second-place finish with a time of 2:09.16 in a dual meet against TCU.

**400 IM:** Posted a time of 4:23.70 at the C-USA Championship, good for ninth.

**100 Backstroke:** Swam a season best time of 55.93 in the prelims of the Phill Hansel Invite, finished 11th with a final time of 56.08... Finished first with a time of 56.23 in a dual meet against TCU... Finished third at the Little Rock Invitational with a time of 57.90... Secured a third-place finish versus No. 7 Texas A&M with a time of 57.70.

**200 Backstroke:** Placed 11th at the C-USA Championship with a time of 2:03.24... Logged a career-best time of 2:02.40 at the Phill Hansel Invite... Earned third-place finishes in dual meets against TCU (2:06.08) and Rice (2:05.43).

**200 Freestyle Relay:** Swam the second leg of the race at the C-USA Championship on Feb. 23, helping her team to a program-best time of 1:32.99... Was a part of the team that set a then season-high time of 1:36.65 versus Houston... Was a part of the relay team that finished first in the Little Rock Invitational with a time of 1:37.12... Swam the opening leg, helping her team to a first-place finish versus No. 7 Texas A&M.

**400 Freestyle Relay:** Swam the second leg of the race at the C-USA Championship, helping her team to a program-best time of 3:21.58.

**200 Medley Relay:** Was a part of the relay team that swam a time of 1:41.22 at the C-USA Championship, the second-fastest time in program history... Swam the opening leg of the race at the Phill Hansel Invite, helping her team to a time of 1:42.24, the third-fastest in North Texas history... Swam the third leg of the relay, helping the Mean Green to a first-place finish with a time of 1:46.67... Swam the opening 50, helping her team to a time of 1:45.33 and a first-place finish... Helped earn a fifth-place finish in a dual meet versus No. 7 Texas A&M (1:47.80).

**400 Medley Relay:** Helped her team to a season-best time (3:46.06) and a sixth-place finish at the Phill Hansel Invite... Swam the first leg of the race and helped her team secure its first victory in the event with a time of 3:50.80.

### High School

Placed eighth in the 200 and 400 meter individual medley events at the European Junior Championships in 2013... Secured a third-place finish in the 200-meter individual medley at the Polish Championships in 2015... Finished second in the 400-meter individual medley in the 2015 Polish Championships.



## Gabryella Silva

**Diving**

So. ▶ 5-3  
Brazil, Brasilia  
(Pacifica Christian HS)

**2016-17**

Placed 11th in the one-meter dive and 14th in the three-meter dive at the Conference USA

Championships.

**One-Meter:** Finished 11th at the C-USA Championship with a score of 194.90... Finished fourth versus No. 7 Texas A&M with a score of 211.95... Finished fifth in a dual meet against Houston with a score of 210.38.

**Three-Meter:** Finished 14th at the C-USA Championship with a score of 201.35... Logged a career-high score of 231.83, good for third place in a dual meet against Houston... Also placed third in a dual meet against Rice with a score of 211.28... Finished fourth in a dual meet with No. 7 Texas A&M with a score of 205.35.

### High School

Dual-sport letterwinner in diving and gymnastics... Placed first on the 3m tower, third on the 1m tower and 5m tower in her fifth competition as a diver... Placed second on the uneven bars in the 2013 California state competition and third in the Brasil National competition... Was a member of UCLA's diving club team



## Brittany Thurstin

**Freestyle**

Jr. ▶ 5-4  
Bryan, Texas  
(Bryan HS)

**2016-17**

Named to the Conference USA Commissioner's List Honor Roll and Commissioner's Academic Medal recipient...Part of the 200 freestyle relay team that set the North Texas Record at the C-USA Championships.

**50 Freestyle:** Swam the ninth-fastest time in program history (23.31) at the C-USA Championships... Secured a podium finish with a time of 24.35 versus No. 7 Texas A&M... Finished first in a dual meet against TCU with a time of 24.16.

**100 Freestyle:** Clocked a time of 51.31 at the C-USA Championships, a career best... Placed third in a dual meet against No. 7 Texas A&M with a time of 53.66... Swam a time of 53.95 in a dual meet against TCU, good for fourth place.

**200 Freestyle Relay:** Swam the opening leg of the 200 freestyle at the C-USA Championships, helping her team to a program-best time of 1:32.99... Swam the anchor leg in the Phill Hansel Invite, helping her team to an eighth-place finish (1:34.23)... Swam the second leg, helping her team to a first-place finish versus No. 7 Texas A&M.

**200 Medley Relay:** Swam the anchor leg for the relay team that swam a time of 1:41.22 at the C-USA Championship, the second-fastest time in program history... Helped earn a fifth-place finish in a dual meet versus No. 7 Texas A&M (1:47.80)... Helped her relay team to a time of 1:48.19 against TCU, good for second place.

**400 Freestyle Relay:** Helped her team to a time of 3:31.33 and a first-place finish in a dual meet against TCU.

**2015-16**

Named to the Conference USA Commissioner's List Honor Roll and Commissioner's Academic Medal recipient.

**50 Freestyle:** Posted a time of 23.81 in a swim-off at the Phill Hansel Invitational in Houston... Picked up her first career individual win at the San Diego Shootout with a time of 24.74 in the finals... Her preliminary time of 24.69 was the fastest of entire meet at the San Diego Shootout... Also won first place overall at the triple-dual meet against Arkansas-Little Rock, Ouachita Baptist and Southern Illinois (24.23) and the dual-meet against TCU (24.16)... Finished 11th at the Conference USA Championships with a season-best time of 23.52

**100 Freestyle:** Finished 24th at the Conference USA Championships, clocking a season-best time of 52.22 in the preliminaries and 52.97 in the final

**200 Freestyle Relay:** Was part of a relay team that placed second at Rice with a time of 1:37.70, the fifth-fastest by a North Texas relay team in the event this season... Was also part of a relay team that placed second at SMU with a time of 1:35.05, the second-fastest time by a North Texas relay team in the event this season... Finished fifth at the Conference USA Championships with a season-best time of 1:34.39, the sixth-fastest time in school history

**400 Freestyle Relay:** Was a part of a relay team that won first place against TCU with a time of 3:30.49, the second-fastest time by a North Texas relay team in the event this season.

### High School

Was a two-time district championship and four-time regional finalist in the 50 freestyle... Placed second at the 5A Region V meet during her junior year... Finished fourth in the 50 freestyle at the 2014 South Zone TISCA Championships.



## Haley Timmons

**Fly**

So. ▶ 5-4  
Leander, Texas  
(Rouse HS)

**2016-17**

Named to the Conference USA Commissioner's List Honor Roll and Commissioner's

Academic Medal recipient...Placed 20th in the 100 butterfly at the C-USA Championships...Picked up a pair of victories in dual meets against Rice and TCU.

**100 Butterfly:** Posted a season-best time of 59.94 at the C-USA Championships, good for 20th.

**200 Butterfly:** Clocked a season-best time of 2:06.11 in the prelims of the Phill Hansel Invite... Secured her first collegiate victory with a time of 2:07.92 in a dual meet against Rice... Secured a first-place finish in a dual meet against TCU with a time of 2:07.38...Also earned a podium finish with a time of 2:10.62 in a dual meet against Houston, good for second.

### High School

Was a 4A swimming state qualifier in 2012 ... Swimming and cross country 6A qualifier in 2013 and 2014... 2015 state qualifier in cross country... Three-time Academic All-American (2013-2015)... Two-sport letter winner (swimming and cross country).



# PROFILES

↳ swimmer profiles



## Sarah Vaisse

**Breast/IM**

Sr. ▶ 5-7

**Montesquieu-Lauragais, France  
(Universite Lille III)**

### 2016-17

One of four North Texas swimmers to qualify for the USA Winter Nationals... Broke the

North Texas record in the 100 breaststroke (1:01.38) and the 200 IM (2:00.01)... Secured four victories at the Little Rock Invitational... Picked up three victories in a dual meet against Houston... Secured three victories (one individual, two relay) in a dual meet against C-USA foe Rice.

**100 Breaststroke:** Swam the fastest time in North Texas history at the Phill Hansel Invite (1:01.38) en route to a first-place finish... Finished fifth at the C-USA Championships with a time of 1:02.12, the eighth-fastest time in school history... Posted a time of 1:03.47, securing a first-place finish against Rice... Secured a first-place finish in the Little Rock Invitational with a time of 1:03.55... Logged her third victory of the season in the event, posting a time of 1:04.03 against Houston... Finished first in a dual meet against TCU with a time of 1:04.36.

**200 Breaststroke:** Swam a time of 2:16.14 at the Phill Hansel Invite, the fifth-fastest time in program history... Placed ninth at the C-USA Championships with a time of 2:17.08

**100 Freestyle:** Finished second in a dual meet against TCU with a time of 53.35... Swam a season-best time of 53.11 to take third in a dual meet against Rice

**200 IM:** Secured the bronze medal at the C-USA Championship with a program-best time of 2:00.01... Secured a first-place finish in the Little Rock Invitational with a time of 2:04.98... Picked up her second win in a dual meet against TCU with a time of 2:07.40.

**200 Medley Relay:** Was a part of the relay team that swam a time of 1:41.22 at the C-USA Championship, the second-fastest time in program history... Part of the relay time that defeated Houston with a time of 1:45.33... Helped secure a first-place finish in the Little Rock Invitational with a time of 1:46.67... Helped earn a fifth-place finish in a dual meet versus No. 7 Texas A&M (1:47.80).

**400 Medley Relay:** Swam the second leg at the C-USA Championships, helping the team to a fourth place finish and the second-fastest time in school history (1:41.22)... Helped her team to a sixth-place finish at the Phill Hansel Invite with a time of 3:46.06, ranking 10th all-time in school history... Swam the second leg of the race, helping her team to a first-place finish with a time of 3:50.80.

**200 Freestyle Relay:** Swam the third leg of the race at the Phill Hansel Invite, helping secure a season-best time of 1:34.23, the eighth-fastest time in school history... Helped her relay team to a time of 1:36.65 in a victory over Houston... Anchored the relay team that finished first with a time of 1:37.12 in the Little Rock Invitational... Anchored the team that finished first versus No. 7 Texas A&M with a time of 1:37.77.

**400 Freestyle Relay:** Swam the opening leg of the race, helping her team to a fourth-place finish at the Phill Hansel Invite (3:24.88), the fifth-fastest time in program history.

**800 Freestyle Relay:** Helped her team to a fifth-place finish at the Phill Hansel Invite (7:30.22).

### 2015-2016

Named Conference USA Co-Swimmer of the Week on Jan. 19, her first career C-USA weekly award... Ranks second in school history in both 100 breaststroke and 200 IM and fourth in the 200 breaststroke... Won first place in the 100 breaststroke at Rice and Houston... Was part of two relays wins, the 400 freestyle relay and 200 medley relay, at Houston... Placed second in both the 100 breaststroke and 200 IM at the Phill Hansel Invitational in Houston... Was a member of the 200 freestyle

relay team that posted the ninth-fastest time in program history (1:43.29) at the Phill Hansel Invite... Helped secure first place as part of the 200 freestyle relay and won first place in the 200 individual medley at the Incarnate Word Christmas Invitational... Was a part of two first-place finishes against TCU... Posted the fastest time of the preliminaries of the 100 breaststroke (1:01.75) and won the "B" final of the 200 IM at the Conference USA Championships.

**50 Breaststroke:** Took first place at the San Diego Shootout with a time of 29.85  
**50 Butterfly:** Placed second at the San Diego Shootout with a time of 26.33

**100 Freestyle:** Finished fourth at Houston (52.87)... Placed third at the triple-dual meet at ULR (54.18).

**100 Breaststroke:** Posted the fastest time of the preliminaries at the Conference USA Championship with a time of 1:01.75, the fourth-fastest time in school history... Secured first place at Rice (1:04.17) and at Houston (1:03.90)... Placed second at the Phill Hansel Invitational in Houston with a season-best time of 1:02.73... Also finished first at the triple-dual meet at UALR (1:04.41).

**200 Breaststroke:** Posted a season-best time of 2:19.26 in a time trial at the Incarnate Word Invitational... Finished 13th at the Conference USA Championships with a time of 2:20.51.

**200 IM:** Won the "B" final, finishing ninth place overall, at the Conference USA Championships with a career-best time of 2:01.95, the ninth-fastest time in school history... Placed third at Rice with a time of 2:06.97... Finished second in the B final at the Phill Hansel Invitational in Houston, placing 10th overall, with a time of 2:03.87... Won first place at the UIW Christmas Invitational with a time of 2:02.97... Also won first place at the triple-dual meet at UALR (2:07.39) and at the dual meet against TCU (2:06.82).

**200 Freestyle Relay:** Was part of a relay team that took first place at the UIW Christmas Invitational with a time of 1:35.21... Was also part of a relay team that placed second at SMU with a time of 1:35.05.

**400 Freestyle Relay:** Was part of a relay team that won first place at Houston with a time of 3:30.61.

**200 Medley Relay:** Finished fifth at the Conference USA Championships with a season-best time of 1:41.70, the second-fastest time in school history... During the time trials at the Conference USA Championships, clocked a time of 1:42.02, the fourth-fastest time in school history... Was part of a relay team that took first place at Houston with a time of 1:45.74... Was also a part of a relay team that won first place at the triple-dual meet at UALR (1:45.42) and at the dual meet against TCU (1:44.60)... Was also part of a relay team that placed second at SMU with a time of 1:43.43.

**400 Medley Relay:** Was part of a relay team that placed second at Rice (3:52.98)... Was part of a relay team that also placed second at the UIW Christmas Invitational with a time of 3:49.97... Was part of a relay team that won first place at the San Diego Shootout (3:54.43)... Was part of a relay team that finished fourth at the Conference USA Championships with a season-best time of 3:46.02, the eighth-fastest time in school history... Also a part of the relay team that clocked a time of 1:43.29 at the Phill Hansel Invite, a time good for ninth in program history.

### 2014-2015

Was the team's second-best performer in the 100 breaststroke and 200 IM and third-best performer in the 200 breaststroke... Was part of the ninth-best 200 medley relay performance in school history.

**100 Breaststroke:** Finished third against Tulane (1:08.12)... Placed 12th at the C-USA Championships with a season-best time of 1:04.50, the team's fourth-best performance of the season.

**200 Breaststroke:** Finished fourth at Tulane (2:29.96)... Took fifth at TCU (2:29.80)... Swam a season-best 2:26.19 in the preliminary round at the C-USA Championships.

**200 Medley Relay:** Earned a third-place finish at Tulane (1:48.33)... Placed seventh at the C-USA Championships with a time of 1:43.70 at the C-USA Championships, the ninth-best time in school history.

### Prior to North Texas

Was a member of the French National Team... Participated in the European Championships at Herning, Denmark in 2014... Qualified for the World Championships at Barcelona in 2013... Participated in the 2013 FINA Swimming World Cup at Doha, Qatar in 2013... Was the French champion in the 50 breaststroke in 2013... Qualified for the European Junior Championships at Belgrade, Serbia in 2011... Holds multiple champion titles from the France Youth Championships.





## Barbara Wasilewska

### Distance Freestyle

Sr. ▶ 5-6  
Lodz, Poland  
(Jana Pawla II HS)

#### 2016-17

Named to the Conference USA Commissioner's List Honor Roll...Placed 13th in the 1650

freestyle and 16th in the 500 freestyle at the C-USA Championships.

**500 Freestyle:** Recorded a time of 5:03.79 at the C-USA Championships, good for 16th...Clocked a season-best time (4:58.23) en route to an 18th-place finish at the Phill Hansel Invite... Finished second versus No. 7 Texas A&M with a time of 5:13.54... Finished fourth in a dual meet against TCU with a time of 5:17.66.

**1000 Freestyle:** Finished third in a dual meet versus Houston (10:41.75)... Clocked a time of 10:43.08 in a dual meet against No. 7 Texas A&M, finishing fourth... Clocked a time of 10:43.58 against TCU, good for second place

**1650 Freestyle:** Clocked a season-high time of 17:19.30 at the C-USA Championships.

#### 2015-16

Named to the Conference USA Commissioner's List Honor Roll.

**200 Freestyle:** Finished 21st at the Conference USA Championships, clocking a season-best time of 1:54.10 in the preliminaries and 1:55.43 in the final.

**500 Freestyle:** Won the "C" final, placing 17th overall, at the Conference USA Championships with a season-best time of 4:58.21... Placed second at Texas A&M with a time of 5:08.89... Finished fourth at Rice (5:09.03)... Tied for second place at Houston (5:09.48)... Finished 16th at the Phill Hansel Invitational in Houston with a time of 5:01.20... Posted a season-best time of 4:59.96 at the Incarnate Word Invitational.

**1000 Freestyle:** Finished fourth at Texas A&M (10:33.18)... Finished fourth at Rice (10:29.59)... Took third at Houston with a time of 10:29.16... Placed second at SMU with a season-best time of 10:17.99.

**1650 Freestyle:** Finished 18th at the Phill Hansel Invitational in Houston with a season-best time of 17:23.29... Finished 15th at the Conference USA Championships with a time of 17:31.35.

#### 2014-2015

Captured three wins on the season... Was the team's top performer in the 1000 and 16500 freestyle and second-best performer in the 500 freestyle... Awarded the Conference USA Commissioner's Academic Medal with a GPA of 3.75 or better

**500 Freestyle:** Swam a personal-best 4:56.19 at the C-USA Championships, finishing 16th overall... Placed first at Incarnate Word (5:08.35)... Notched a third-place finish against Rice (5:13.88)... Finished fourth against TCU (5:09.69) and SMU (5:09.89).

**1000 Freestyle:** Finished first at Incarnate Word (10:32.12) and Tulane (10:28.54)... Placed second against Rice (10:35.93), TCU (10:26.10) and SMU (10:28.08).

**1650 Freestyle:** Took third place at the Houston Invite with a team-best time of 17:10.22... Her 1000 split time of 10:20.63 at the Houston Invite was also a top team time... Finished third against Texas A&M and Houston (17:52.33)... Notched a 17:13.56 time at the C-USA Championships, taking 14th overall.

#### High School

Ranked 16th in the world in the 1500 freestyle with the time of 16:36.64 at the Polish Winter Nationals in 2013... Won multiple medals at the Polish National Championship, including a 10,000-meter swim on open water in 2013, placing third... Competed in the Polish Summer Nationals where she posted top-ten finishes in the 200, 400 and 800 freestyle, placing personal bests in two of those events... Was the Polish champion in 2012 in the 800 freestyle, placing second in the 400 and 1500 freestyle races... Competed in the 800 and 1500 freestyle at the European Junior Championship in 2010... Swam for the Omega club team in Poland.



## Sara Whelan

### Freestyle

Jr. ▶ 5-5  
Port Coquitlam, B.C  
(Riverside Secondary School)

#### 2016-17

Named to the Conference USA Commissioner's List Honor Roll... Finished ninth in the

100 freestyle at the C-USA Championships... Was a part of the 400-yard relay team that broke the program record at the C-USA Championships.

**200 Butterfly:** Swam a season-best time of 1:50.53 in the prelims of the Phill Hansel Invite, later finished 11th (1:50.60).

**100 Freestyle:** Won the "B" final at the C-USA Championships with a time of 50.93, which is tied for 10th-fastest in school history...Finished 18th at the Phill Hansel Invite with a season-best time of 51.50.

**200 Freestyle:** Placed third in a dual meet versus Houston with a time of 1:55.33... Finished sixth in a dual meet versus No. 7 Texas A&M with a time of 1:55.87... Finished second in dual meets against TCU (1:54.17) and Rice (1:53.80).

**500 Freestyle:** Swam a season-best time of 4:54.74 at the C-USA Championship, good for 11th... Finished first in a dual meet against TCU with a time of 5:04.39.

**400 Freestyle Relay:** Swam the opening leg of the race at the C-USA Championship, helping her team to a program-best time of 3:21.58... Swam the second leg of the race, helping her team to a fourth-place finish at the Phill Hansel Invite (3:24.88)... Helped her team to a time of 3:31.33 and a first-place finish in a dual meet against TCU.

#### 2015-16

Advanced to the "A" finals of the 200 and 500 freestyle, placing fifth and fourth, respectively, at the Conference USA Championships... Ranks among the top 10 performers in school history in the 200 freestyle, 500 freestyle and 100 butterfly.

**200 Freestyle:** Took third at SMU with a time of 1:49.91... Advanced to the "A" final and finished fifth at the Conference USA Championships with a time of 1:50.44 in the preliminaries and 1:49.81 in the final.

**500 Freestyle:** Picked up her career first-place finish with a time of 4:53.91... Advanced to the "A" final and finished fourth at the Conference USA Championships with a time of 4:55.29 in the preliminaries and 4:53.12 in the final.

**100 Butterfly:** Posted a season-best time of 57.01 at the SMU pre-conference time trial, becoming the second-fastest North Texas swimmer in the event this season.

**200 Butterfly:** Finished 16th at the Conference USA Championships, clocking a season-best time of 2:07.32 in the preliminaries and 2:08.62 in the final.

**800 Freestyle Relay:** Was part of a relay team that finished fourth at the Conference USA Championships with a season-best time of 7:22.48, the eighth-fastest time in school history.

#### High School

Reached the final of six different freestyle events, highlighted by a fifth-place finish in the 400-meter and 800-meter freestyle and a fourth-place finish in the 1500-meter freestyle events, at the 2015 Mel Zajac International... Competed at the 2015 Speedo Western Canadian Open... Joined future teammates Natalia Kwiatkowska and Isabelle Morris at the 2015 Canadian Swimming Trials... Competed in the 400-meter and 800-meter freestyle events, reaching the final of the 800-meter, placing 21st overall, at the national trials... Coached by Kelly Taitinger of the Canadian Dolphin Swim Club.



# IN REVIEW

↳ 2015-16 results/superlatives

## ↳ 2016-17 Results (1-4)

| DATE             | OPPONENT/MEET                      | SITE                    | SCORE/TEAMS    |
|------------------|------------------------------------|-------------------------|----------------|
| Sept. 30, 2016   | North Texas Relays                 | Lewisville, Texas       | 3rd/5          |
| Oct. 15, 2016    | Little Rock Invitational           | Little Rock, Ark.       | 1st/5          |
| Oct. 28, 2016    | Rice                               | Denton, Texas           | L, 155.5-138.6 |
| Oct. 29, 2016    | Houston                            | Denton, Texas           | L, 160-140     |
| Nov. 17-19, 2016 | Texas Diving Invitational          | Austin, Texas           |                |
| Nov. 18-20, 2016 | University of Houston Invitational | Houston, Texas          | 8th/10         |
| Dec. 17-19, 2016 | Incarinate Word Invitational       | San Antonio, Texas      | 2nd/4          |
| Jan. 7, 2017     | San Diego Shootout                 | San Diego, Calif.       | 2nd/4          |
| Jan. 11, 2017    | Texas A&M                          | College Station, Texas  | L, 178-109     |
| Jan. 25-27, 2017 | Air Force Diving Invitational      | Colorado Springs, Colo. |                |
| Jan. 27, 2017    | TCU                                | Fort Worth, Texas       | W, 183-117     |
| Feb. 3, 2017     | SMU                                | Denton, Texas           | L, 143-99      |
| Feb. 22-25, 2017 | C-USA Championships                | Atlanta, Ga.            | 4th/6          |

## ↳ 2016-17 Superlatives

| Event                 | Time     | Name(s)                                 | Team/Meet                | Date       |
|-----------------------|----------|---|--------------------------|------------|
| 50 Freestyle          | 23.21    | Jensen, Emma Beth                       | Houston Invitational     | 11/18/2016 |
| 100 Freestyle         | 50.45*   | Jensen, Emma Beth                       | C-USA Championships      | 02/25/2017 |
| 200 Freestyle         | 1:48.93  | Morris, Isabelle                        | C-USA Championships      | 02/24/2017 |
| 500 Freestyle         | 4:54.74  | Whelan, Sara                            | C-USA Championships      | 02/23/2017 |
| 1000 Freestyle        | 10:28.30 | Wasilewska, Barbara                     | Houston Invitational     | 11/18/2016 |
| 1650 Freestyle        | 17:19:30 | Wasilewska, Barbara                     | C-USA Championships      | 02/25/2017 |
| 100 Backstroke        | 54.81    | Sienczyk, Jowita                        | C-USA Championships      | 02/22/2017 |
| 200 Backstroke        | 2:00.45  | Stone, Ash                              | Houston Invitational     | 11/20/2016 |
| 100 Breaststroke      | 1:01.38* | Vaisse, Sarah                           | Houston Invitational     | 11/19/2016 |
| 200 Breaststroke      | 2:13.76  | Kitching, Claudia                       | C-USA Championships      | 02/25/2017 |
| 100 Butterfly         | 54.35    | Cornelissen, Mikaela                    | C-USA Championships      | 02/24/2017 |
| 200 Butterfly         | 2:03.87  | Culpepper, Caroline                     | C-USA Championships      | 02/25/2017 |
| 200 Individual Medley | 2:00.01* | Vaisse, Sarah                           | C-USA Championships      | 02/23/2017 |
| 400 Individual Medley | 4:23.70  | Sienczyk, Jowita                        | C-USA Championships      | 02/24/2017 |
| 200 Freestyle Relay   | 1:32.99* | Thurstin, Sienczyk, Morris, Jensen      | C-USA Championships      | 02/23/2017 |
| 400 Freestyle Relay   | 3:21.58* | Whelan, Sienczyk, Morris, Jensen        | C-USA Championships      | 02/25/2017 |
| 800 Freestyle Relay   | 7:22.69  | Jensen, Moore, Morris, Whelan           | C-USA Championships      | 02/22/2017 |
| 200 Medley Relay      | 1:41.22  | Sienczyk, Vaisse, Cornelissen, Thurstin | C-USA Championships      | 02/22/2017 |
| 400 Medley Relay      | 3:43.33  | Sienczyk, Vaisse, Cornelissen, Morris   | C-USA Championships      | 02/25/2017 |
| 1-Meter Diving        | 237.37   | Ruiz, Averie                            | TCU                      | 01/27/2017 |
| 3-Meter Diving        | 249.00   | Scheck, Samantha                        | Little Rock Invitational | 10/15/2016 |
| Platform Diving       | 188.55   | Hernandez, Cecilia                      | C-USA Championships      | 02/25/2017 |

\*-School Record





## ↳ 2017 C-USA Swimming and Diving Awards

### Women's Swimmer of the Year:

Letizia Bertelli, FIU

### Women's Diver of the Year:

Rebecca Quesnel, FIU

### Women's Swimming Coach of the Year:

Randy Horner, FIU

### Women's Diving Coach of the Year:

Yadiel Gamboa, Florida Atlantic

## ↳ C-USA Female Performers of the Week Archive

| Date    | Swimmer                        | Diver                              |
|---------|--------------------------------|------------------------------------|
| WEEK 1  | Marie-Claire Schillinger, Rice | None                               |
| WEEK 2  | Kyna Pereira, FIU              | Rebecca Quesnel, FIU               |
| WEEK 3  | Skye Carey, FIU                | Rebecca Quesnel, FIU               |
| WEEK 4  | Marie-Claire Schillinger, Rice | Averie Ruiz, North Texas           |
| WEEK 5  | Jaecey Parham, Rice            | None                               |
| WEEK 6  | Emilie Petit, Old Dominion     | None                               |
| WEEK 7  | Naomi Ruele, FIU               | Rebecca Quesnel, FIU               |
| WEEK 8  | None                           | None                               |
| WEEK 9  | Chloe Parsemain, Marshall      | Megan Wolons, Marshall             |
| WEEK 10 | None                           | None                               |
| WEEK 11 | Alicia Caldwell, Rice          | Rebecca Quesnel, FIU               |
| WEEK 12 | None                           | None                               |
| WEEK 13 | Letizia Bertelli, FIU          | Rebecca Quesnel, FIU               |
| WEEK 14 | Alicia Caldwell, Rice          | Brittany Haskell, FIU              |
| WEEK 15 | None                           | None                               |
| WEEK 16 | Sirena Rowe, Marshall          | Rebecca Wolons, Marshall           |
| WEEK 17 | Sirena Rowe, Marshall          | Victoria Moretti, Florida Atlantic |
| WEEK 18 | Jordyn O'Dell, Marshall        | Rebecca Quesnel, FIU               |
| WEEK 19 | Kiley Beall, Rice              | None                               |

## ↳ Final C-USA Team Rankings

### Women - Team Scores

| Place | School           | Points |
|-------|------------------|--------|
| 1.    | FIU              | 922    |
| 2.    | Rice             | 749    |
| 3.    | Marshall         | 724    |
| 4.    | North Texas      | 435    |
| 5.    | Old Dominion     | 326    |
| 6.    | Florida Atlantic | 221    |

## ↳ C-USA Championship Results (Top UNT finishes)

| 200 Yard Medley Relay |  | Prelims | Finals  |
|-----------------------|--|---------|---------|
| 4                     | <b>Sienczyk, Vaisse, Cornelissen, Thurstin</b> |         | 1:41.22 |
| 7                     | Stone, Kitching, Opiela, Connelly              |         | 1:44.44 |

| 800 Yard Freestyle Relay |                                      |  |         |
|--------------------------|--------------------------------------|--|---------|
| 4                        | <b>Jensen, Moore, Morris, Whelan</b> |  | 7:22.69 |

| 500 Yard Freestyle |                    |    |         |
|--------------------|--------------------|----|---------|
| 11                 | Sara Whelan        | SO | 4:57.23 |
| 15                 | Isabelle Morris    | JR | 5:00.48 |
| 16                 | Barbara Wasilewska | JR | 5:01.08 |

| 200 Yard IM |                 |    |         |
|-------------|-----------------|----|---------|
| 3           | Sarah Vaisse    | JR | 2:02.40 |
| 5           | Jowita Sienczyk | FR | 2:02.68 |

| 50 Yard Free |                   |    |       |
|--------------|-------------------|----|-------|
| 12           | Emma Beth Jensen  | SO | 23.28 |
| 13           | Brittany Thurstin | SO | 23.31 |
| 16           | Kelsey Opiela     | SO | 23.66 |

### 3 mtr Diving

|    |                          |    |        |        |
|----|--------------------------|----|--------|--------|
| 9  | <b>Cecilia Hernandez</b> | JR | 218.40 | 218.40 |
| 10 | <b>Averie Ruiz</b>       | SO | 216.75 | 216.75 |
| 12 | Samantha Scheck          | SR | 207.40 | 207.40 |
| 14 | <b>Gabryella Silva</b>   | FR | 188.35 | 188.35 |

### 200 Yard Freestyle Relay

|   |                                  |  |  |         |
|---|----------------------------------|--|--|---------|
| 5 | Opiela, Buckley, Connelly, Manry |  |  | 1:34.96 |
|---|----------------------------------|--|--|---------|

### 400 Yard IM

|    |                          |    |         |         |
|----|--------------------------|----|---------|---------|
| 9  | <b>Jowita Sienczyk</b>   | FR | 4:27.26 | 4:23.70 |
| 11 | <b>Lindsey Blanchard</b> | FR | 4:33.70 | 4:33.46 |

### 100 Yard Butterfly

|    |                            |    |       |       |
|----|----------------------------|----|-------|-------|
| 6  | <b>Mikaela Cornelissen</b> | FR | 54.35 | 54.59 |
| 12 | <b>Emma Beth Jensen</b>    | SO | 55.89 | 55.42 |
| 15 | <b>Kelsey Opiela</b>       | SO | 56.09 | 55.76 |

### 1 mtr Diving

|    |                          |    |        |        |
|----|--------------------------|----|--------|--------|
| 10 | Samantha Scheck          | SR | 198.90 | 198.90 |
| 11 | <b>Gabryella Silva</b>   | FR | 194.90 | 194.90 |
| 12 | <b>Cecilia Hernandez</b> | JR | 192.30 | 192.30 |
| 13 | <b>Allison Crites</b>    | JR | 181.00 | 181.00 |
| 16 | <b>Averie Ruiz</b>       | SO | 175.20 | 175.20 |

### 200 Yard Freestyle

|    |                        |    |         |         |
|----|------------------------|----|---------|---------|
| 7  | <b>Isabelle Morris</b> | JR | 1:48.93 | 1:49.28 |
| 11 | <b>Katie Moore</b>     | SO | 1:51.98 | 1:50.64 |
| 16 | <b>Sara Whelan</b>     | SO | 1:50.56 | 1:51.86 |

### 100 Yard Breaststroke

|    |                         |    |         |         |
|----|-------------------------|----|---------|---------|
| 5  | <b>Sarah Vaisse</b>     | JR | 1:02.28 | 1:02.12 |
| 7  | <b>Claudia Kitching</b> | JR | 1:02.61 | 1:02.56 |
| 11 | <b>Kathleen Rousset</b> | SO | 1:04.69 | 1:05.01 |
| 12 | <b>Meaghan Rousset</b>  | SO | 1:05.56 | 1:05.55 |

### 100 Yard Backstroke

|    |           |    |       |       |
|----|-----------|----|-------|-------|
| 14 | Ash Stone | SR | 56.45 | 57.08 |
|----|-----------|----|-------|-------|

### 400 Yard Medley Relay

|   |  |  |  |         |
|---|--|--|--|---------|
| 4 | <b>Sienczyk, Vaisse, Cornelissen, Morris</b> |  |  | 3:43.33 |
| 6 | <b>Kwiatkowska, Buckley, Manry, Carter</b>   |  |  | 3:53.79 |

### 1650 Yard Freestyle

|    |                            |    |  |          |
|----|----------------------------|----|--|----------|
| 13 | <b>Barbara Wasilewska</b>  | JR |  | 17:19.30 |
| 16 | <b>Natalia Kwiatkowska</b> | SO |  | 17:36.90 |
| 19 | <b>Deneen Carter</b>       | JR |  | 17:51.69 |

### Platform Diving

|    |                          |    |        |        |
|----|--------------------------|----|--------|--------|
| 8  | <b>Cecilia Hernandez</b> | JR | 188.55 | 171.85 |
| 9  | Samantha Scheck          | SR | 177.75 | 177.75 |
| 11 | <b>Avery Ruiz</b>        | SO | 152.75 | 152.75 |
| 12 | <b>Gabryella Silva</b>   | FR | 143.00 | 143.00 |
| 15 | <b>Jordan Ransom</b>     | FR | 132.55 | 132.55 |

### 200 Yard Backstroke

|    |                          |    |         |         |
|----|--------------------------|----|---------|---------|
| 11 | <b>Jowita Sienczyk</b>   | FR | 2:04.15 | 2:03.24 |
| 12 | Ash Stone                | SR | 2:04.19 | 2:03.91 |
| 16 | <b>Lindsey Blanchard</b> | FR | 2:05.51 | 2:06.84 |

### 100 Yard Freestyle

|    |                            |    |       |       |
|----|----------------------------|----|-------|-------|
| 7  | <b>Emma Beth Jensen</b>    | SO | 50.87 | 50.45 |
| 8  | <b>Isabelle Morris</b>     | JR | 50.78 | 50.52 |
| 9  | <b>Sara Whelan</b>         | SO | 51.06 | 50.93 |
| 13 | <b>Brittany Thurstin</b>   | SO | 51.31 | 51.69 |
| 14 | <b>Mikaela Cornelissen</b> | FR | 51.74 | 51.77 |
| 16 | <b>Kelsey Opiela</b>       | SO | 51.80 | 51.80 |

### 200 Yard Breaststroke

|    |                         |    |         |         |
|----|-------------------------|----|---------|---------|
| 3  | <b>Claudia Kitching</b> | JR | 2:13.76 | 2:14.13 |
| 9  | <b>Sarah Vaisse</b>     | JR | 2:21.31 | 2:17.08 |
| 13 | <b>Kathleen Rousset</b> | SO | 2:21.40 | 2:21.81 |
| 16 | <b>Meaghan Rousset</b>  | SO | 2:24.42 | 2:23.69 |

### 200 Yard Butterfly

|    |                      |    |         |         |
|----|----------------------|----|---------|---------|
| 12 | <b>Haley Timmons</b> | FR | 2:06.78 | 2:06.35 |
|----|----------------------|----|---------|---------|

### 400 Yard Freestyle Relay

|   |   |  |  |         |
|---|---|--|--|---------|
| 3 | <b>Whelan, Sienczyk, Morris, Jensen</b> |  |  | 3:21.58 |
| 9 | Manry, Opiela, Cornelissen, Connelly    |  |  | 3:29.72 |

Bold names denote players currently on roster



# IN REVIEW

↳ 2016-17 Individual Performances List

## 50-YARD FREESTYLE

|                                      |       |            |
|--------------------------------------|-------|------------|
| <b>North Texas Record</b>            |       |            |
| Pope, Seabre                         | 22.99 | 02/18/2010 |
| <b>Pohl Recreation Center Record</b> |       |            |
| Sammie Bosma (TAMU)                  | 22.72 | 10/31/2014 |
| <b>2016-17 Top Performances</b>      |       |            |
| Jensen, Emma Beth                    | 23.21 | 11/18/2016 |
| Jensen, Emma Beth                    | 23.28 | 02/23/2017 |
| Thurstin, Brittany                   | 23.31 | 02/23/2017 |

## 100-YARD FREESTYLE

|                                      |       |            |
|--------------------------------------|-------|------------|
| <b>North Texas Record</b>            |       |            |
| Jensen, Emma Beth                    | 50.45 | 02/25/2017 |
| <b>Pohl Recreation Center Record</b> |       |            |
| Nathalie Lindborg (SMU)              | 50.69 | 02/06/2015 |
| <b>2016-17 Top Performances</b>      |       |            |
| Jensen, Emma Beth                    | 50.45 | 02/25/2017 |
| Morris, Isabelle                     | 50.52 | 02/25/2017 |
| Jensen, Emma Beth                    | 50.56 | 11/20/2016 |

## 200-YARD FREESTYLE

|                                      |         |            |
|--------------------------------------|---------|------------|
| <b>North Texas Record</b>            |         |            |
| Weickgenant, Catia                   | 1:47.67 | 02/27/2013 |
| <b>Pohl Recreation Center Record</b> |         |            |
| Sycerika McMahon (TAMU)              | 1:49.38 | 10/31/2014 |
| <b>2016-17 Top Performances</b>      |         |            |
| Morris, Isabelle                     | 1:48.93 | 02/24/2017 |
| Morris, Isabelle                     | 1:49.14 | 11/19/2016 |
| Whelan, Sara                         | 1:50.53 | 11/19/2016 |

## 500-YARD FREESTYLE

|                                      |         |            |
|--------------------------------------|---------|------------|
| <b>North Texas Record</b>            |         |            |
| Weickgenant, Catia                   | 4:46.01 | 02/28/2013 |
| <b>Pohl Recreation Center Record</b> |         |            |
| Flavia Rigamonti (SMU)               | 4:49.06 | 01/14/2005 |
| <b>2016-17 Top Performances</b>      |         |            |
| Whelan, Sara                         | 4:54.74 | 02/23/2017 |
| Whelan, Sara                         | 4:57.25 | 11/18/2016 |
| Wasilewska, Barbara                  | 4:58.23 | 11/18/2016 |

## 1000-YARD FREESTYLE

|                                      |          |               |
|--------------------------------------|----------|---------------|
| <b>North Texas Record</b>            |          |               |
| Phillips, Kimmy                      | 9:48.72  | 03/02/2013    |
| <b>Pohl Recreation Center Record</b> |          |               |
| Sarah Henry (TAMU)                   | 9:58.59  | 02/01/2013    |
| <b>2016-17 Top Performances</b>      |          |               |
| Wasilewska, Barbara                  | 10:28.30 | \$ 11/20/2016 |
| Wasilewska, Barbara                  | 10:28.87 | \$ 02/25/2017 |
| Kwiatkowska, Natalia                 | 10:32.87 | 01/11/2017    |

## 1650-YARD FREESTYLE

|                                      |          |            |
|--------------------------------------|----------|------------|
| <b>North Texas Record</b>            |          |            |
| Phillips, Kimmy                      | 16:13.58 | 03/02/2013 |
| <b>Pohl Recreation Center Record</b> |          |            |
| Sarah Henry (TAMU)                   | 16:23.84 | 02/01/2013 |
| <b>2016-17 Top Performances</b>      |          |            |
| Wasilewska, Barbara                  | 17:19.30 | 02/25/2017 |
| Wasilewska, Barbara                  | 17:23.21 | 11/20/2016 |
| Kwiatkowska, Natalia                 | 17:34.93 | 11/20/2016 |

## 100-YARD BACKSTROKE

|                                      |       |                 |
|--------------------------------------|-------|-----------------|
| <b>North Texas Record</b>            |       |                 |
| Bradley, Rebekah                     | 53.13 | 02/26/2016      |
| <b>Pohl Recreation Center Record</b> |       |                 |
| Isabella Arcila (SMU)                | 55.52 | 02/06/2015      |
| <b>2016-17 Top Performances</b>      |       |                 |
| Sienczyk, Jowita                     | 54.81 | \$(B)02/24/2017 |
| Sienczyk, Jowita                     | 55.93 | 02/26/2016      |
| Sienczyk, Jowita                     | 56.23 | 01/27/2017      |

## 200-YARD BACKSTROKE

|                                      |         |            |
|--------------------------------------|---------|------------|
| <b>North Texas Record</b>            |         |            |
| Groteguth, Mona                      | 1:56.20 | 12/21/2014 |
| <b>Pohl Recreation Center Record</b> |         |            |
| Anja Carman (SMU)                    | 1:59.78 | 11/10/2006 |
| <b>2016-17 Top Performances</b>      |         |            |
| Stone, Ash                           | 2:00.45 | 11/20/2016 |
| Sienczyk, Jowita                     | 2:02.40 | 11/20/2016 |
| Stone, Ash                           | 2:02.53 | 02/04/2017 |

## 100-YARD BREASTSTROKE

|                                      |         |                |
|--------------------------------------|---------|----------------|
| <b>North Texas Record</b>            |         |                |
| Vaisse, Sarah                        | 1:01.38 | (B) 11/19/2016 |
| <b>Pohl Recreation Center Record</b> |         |                |
| Breeja Larson (TAMU)                 | 1:00.88 | 02/01/2013     |
| <b>2016-17 Top Performances</b>      |         |                |
| Vaisse, Sarah                        | 1:01.38 | (B) 11/19/2016 |
| Vaisse, Sarah                        | 1:02.12 | 02/24/2017     |
| Kitching, Claudia                    | 1:02.56 | 02/24/2017     |

## 200-YARD BREASTSTROKE

|                                      |         |               |
|--------------------------------------|---------|---------------|
| <b>North Texas Record</b>            |         |               |
| Rossum, Krista                       | 2:12.57 | 03/02/2013    |
| <b>Pohl Recreation Center Record</b> |         |               |
| Ashley McGregor (TAMU)               | 2:16.83 | 02/01/2013    |
| <b>2016-17 Top Performances</b>      |         |               |
| Kitching, Claudia                    | 2:13.76 | (B)02/25/2017 |
| Vaisse, Sarah                        | 2:16.14 | 11/20/2016    |
| Vaisse, Sarah                        | 2:17.08 | 02/25/2017    |

## 100-YARD BUTTERFLY

|                                      |       |               |
|--------------------------------------|-------|---------------|
| <b>North Texas Record</b>            |       |               |
| Gentile, Rosa                        | 54.14 | 12/02/2010    |
| <b>Pohl Recreation Center Record</b> |       |               |
| Marne Erasmus (SMU)                  | 55.43 | 02/03/2017    |
| <b>2016-17 Top Performances</b>      |       |               |
| Cornelissen, Mikaela                 | 54.35 | (B)02/24/2017 |
| Jensen, Emma Beth                    | 55.33 | 11/19/2016    |
| Manry, Meredith                      | 55.39 | 02/24/2017    |

## 200-YARD BUTTERFLY

|                                      |         |            |
|--------------------------------------|---------|------------|
| <b>North Texas Record</b>            |         |            |
| Weickgenant, Catia                   | 1:59.65 | 02/25/2012 |
| <b>Pohl Recreation Center Record</b> |         |            |
| Caroline McElhany (TAMU)             | 2:01.85 | 02/01/2013 |
| <b>2016-17 Top Performances</b>      |         |            |
| Culpepper, Caroline                  | 2:03.87 | 02/25/2017 |
| Timmons, Haley                       | 2:06.11 | 11/20/2016 |
| Timmons, Haley                       | 2:06.35 | 02/25/2017 |

## 200-YARD INDIVIDUAL MEDLEY

|                                      |         |               |
|--------------------------------------|---------|---------------|
| <b>North Texas Record</b>            |         |               |
| Rossum, Krista                       | 2:00.35 | 02/19/2015    |
| <b>Pohl Recreation Center Record</b> |         |               |
| Katie Kastes (Arkansas)              | 2:04.15 | 11/08/2008    |
| <b>2016-17 Top Performances</b>      |         |               |
| Vaisse, Sarah                        | 2:00.01 | (B)02/23/2017 |
| Sienczyk, Jowita                     | 2:02.30 | 02/23/2017    |
| Vaisse, Sarah                        | 2:02.68 | 11/18/2016    |

## 400-YARD INDIVIDUAL MEDLEY

|                                      |         |            |
|--------------------------------------|---------|------------|
| <b>North Texas Record</b>            |         |            |
| Rossum, Krista                       | 4:15.22 | 02/20/2015 |
| <b>Pohl Recreation Center Record</b> |         |            |
| Sarah Henry (TAMU)                   | 4:13.11 | 10/31/2014 |
| <b>2016-17 Top Performances</b>      |         |            |
| Sienczyk, Jowita                     | 4:23.70 | 02/24/2017 |
| Sienczyk, Jowita                     | 4:28.20 | 11/19/2016 |
| Blanchard, Lindsey                   | 4:33.19 | 11/19/2016 |

## ONE-METER DIVING

|                                 |        |            |
|---------------------------------|--------|------------|
| <b>North Texas Record</b>       |        |            |
| Johnson, Catherine              | 304.85 | 11/19/2011 |
| <b>PEB Record</b>               |        |            |
| Tania Cagnotto (Houston)        | 321.00 | 11/11/2005 |
| <b>2016-17 Top Performances</b> |        |            |
| Ruiz, Averie                    | 237.37 | 01/27/2017 |
| Scheck, Samantha                | 236.24 | 01/27/2017 |
| Ruiz, Averie                    | 232.88 | 10/28/2016 |

## THREE-METER DIVING

|                                 |        |            |
|---------------------------------|--------|------------|
| <b>North Texas Record</b>       |        |            |
| Taylor, Rebecca                 | 304.45 | 02/22/2012 |
| <b>PEB Record</b>               |        |            |
| Anastasia Pozdnyakova (HOU)     | 397.65 | 01/22/2010 |
| <b>2016-17 Top Performances</b> |        |            |
| Scheck, Samantha                | 249.00 | 10/15/2016 |
| Scheck, Samantha                | 240.89 | 01/27/2017 |
| Ruiz, Averie                    | 235.05 | 02/03/2017 |

## PLATFORM DIVING

|                                 |        |            |
|---------------------------------|--------|------------|
| <b>North Texas Record</b>       |        |            |
| Abercrombie, Jasmine            | 207.65 | 02/27/2016 |
| <b>2016-17 Top Performances</b> |        |            |
| Hernandez, Cecilia              | 188.55 | 02/25/2017 |
| Scheck, Samantha                | 177.75 | 02/25/2017 |
| Ruiz, Averie                    | 152.75 | 02/25/2017 |

## 200 FREESTYLE RELAY

|  |         |            |
|--|---------|------------|
| <b>North Texas Record</b>                |         |            |
| Thurstin, Sienczyk, Morris, Jensen       | 1:32.99 | 02/04/2017 |
| <b>Pohl Recreation Center Record</b>     |         |            |
| Arcila, Lindborg, Parmenter, Santa (SMU) | 1:34.63 | 02/06/2015 |

## 2016-17 Top Performances

|                                    |         |            |
|------------------------------------|---------|------------|
| Thurstin, Sienczyk, Morris, Jensen | 1:32.99 | 02/04/2017 |
| Jensen, Morris, Vaisse, Thurstin   | 1:34.23 | 11/20/2016 |
| Jensen, Vaisse, Morris, Thurstin   | 1:34.70 | 12/17/2016 |

## 400 FREESTYLE RELAY

|  |         |            |
|--|---------|------------|
| <b>North Texas Record</b>                |         |            |
| Whelan, Sienczyk, Morris, Jensen         | 3:21.58 | 02/25/2017 |
| <b>Pohl Recreation Center Record</b>     |         |            |
| Blackman, Blackman, Cisneros, Soza (SMU) | 3:28.84 | 10/03/2007 |

## 2016-17 Top Performances

|                                     |         |            |
|-------------------------------------|---------|------------|
| Whelan, Sienczyk, Morris, Jensen    | 3:21.58 | 02/25/2017 |
| Vaisse, Whelan, Morris, Jensen      | 3:24.88 | 11/20/2016 |
| Sienczyk, Moore, Connelly, Thurstin | 3:28.01 | 11/20/2016 |

## 800 FREESTYLE RELAY

|                                      |         |            |
|--------------------------------------|---------|------------|
| <b>North Texas Record</b>            |         |            |
| Weickgenant, Rossum, Ploetz, Burkard | 7:14.57 | 02/27/2013 |

## Pohl Recreation Center Record

|  |         |            |
|--|---------|------------|
| Blackman, Blackman, Roberts, Van den Branden (SMU) | 7:31.00 | 10/04/2007 |
|--|---------|------------|

## 2016-17 Top Performances

|                                     |         |            |
|-------------------------------------|---------|------------|
| Jensen, Moore, Morris, Whelan       | 7:22.69 | 02/25/2017 |
| Jensen, Morris, Moore, Whelan       | 7:30.22 | 11/20/2016 |
| Stone, Carter, Thurstin, Wasilewska | 7:41.42 | 11/20/2016 |

## 200 MEDLEY RELAY

|                                      |         |            |
|--------------------------------------|---------|------------|
| <b>North Texas Record</b>            |         |            |
| Groteguth, Rossum, Lewis, Ploetz     | 1:40.85 | 02/23/2011 |
| <b>Pohl Recreation Center Record</b> |         |            |
| Sienczyk, Vaisse, Opiela, Thurstin   | 1:44.76 | 02/03/2017 |

## 2016-17 Top Performances

|   |         |            |
|---|---------|------------|
| Sienczyk, Vaisse, Cornelissen, Thurstin | 1:41.22 | 02/25/2017 |
| Sienczyk, Vaisse, Opiela, Morris        | 1:42.24 | 11/18/2016 |
| Sienczyk, Vaisse, Opiela, Thurstin      | 1:44.76 | 02/03/2017 |

## 400 MEDLEY RELAY

|   |         |            |
|---|---------|------------|
| <b>North Texas Record</b>               |         |            |
| Groteguth, Rossum, Gentile, Weickgenant | 3:41.25 | 02/18/2010 |

## Pohl Recreation Center Record

|                                       |         |            |
|---------------------------------------|---------|------------|
| Brandt, McMahon, Ibanez, Bosma (TAMU) | 3:43.90 | 10/31/2014 |
|---------------------------------------|---------|------------|

## 2016-17 Top Performances

|                                       |         |            |
|---------------------------------------|---------|------------|
| Sienczyk, Vaisse, Cornelissen, Morris | 3:43.33 | 02/24/2017 |
| Sienczyk, Vaisse, Jensen, Morris      | 3:46.06 | 11/18/2016 |
| Sienczyk, Vaisse, Opiela, Jensen      | 3:47.81 | 12/18/2016 |

(B) - NCAA B-cut  
\$ - Split Time



# IN REVIEW

↳ 2016-17 Individual Performer's List

## 50-YARD FREESTYLE

|                                      |       |               |
|--------------------------------------|-------|---------------|
| <b>North Texas Record</b>            |       |               |
| Pope, Seabre                         | 22.99 | 02/18/2010    |
| <b>Pohl Recreation Center Record</b> |       |               |
| Sammie Bosma (TAMU)                  | 22.72 | 10/31/2014    |
| <b>2016-17 Top Performers</b>        |       |               |
| Jensen, Emma Beth                    | 23.21 | 11/18/2016    |
| Thurstin, Brittany                   | 23.31 | 02/23/2017    |
| Opiela, Kelsey                       | 23.56 | \$ 02/23/2017 |
| Cornelissen, Mikaela                 | 23.73 | 02/23/2017    |
| Connelly, Courtney                   | 23.85 | 02/23/2017    |
| Morris, Isabelle                     | 23.86 | 11/18/2016    |
| Buckley, Sydney                      | 24.11 | 11/18/2016    |
| Vaisse, Sarah                        | 24.15 | \$ 10/29/2016 |

## 100-YARD FREESTYLE

|                                      |       |               |
|--------------------------------------|-------|---------------|
| <b>North Texas Record</b>            |       |               |
| Jensen, Emma Beth                    | 50.45 | 02/25/2017    |
| <b>Pohl Recreation Center Record</b> |       |               |
| Nathalie Lindborg (SMU)              | 50.69 | 02/06/2015    |
| <b>2016-17 Top Performers</b>        |       |               |
| Jensen, Emma Beth                    | 50.45 | 02/25/2017    |
| Morris, Isabelle                     | 50.52 | 02/25/2017    |
| Whelan, Sara                         | 50.86 | \$ 02/25/2017 |
| Thurstin, Brittany                   | 51.31 | 02/25/2017    |
| Cornelissen, Mikaela                 | 51.74 | 02/25/2017    |
| Opiela, Kelsey                       | 51.80 | 02/25/2017    |
| Vaisse, Sarah                        | 52.10 | \$ 11/20/2016 |
| Connelly, Courtney                   | 52.12 | 02/25/2017    |

## 200-YARD FREESTYLE

|                                      |         |               |
|--------------------------------------|---------|---------------|
| <b>North Texas Record</b>            |         |               |
| Weickgenant, Catia                   | 1:47.67 | 02/27/2013    |
| <b>Pohl Recreation Center Record</b> |         |               |
| Sycerika McMahon (TAMU)              | 1:49.38 | 10/31/2014    |
| <b>2016-17 Top Performers</b>        |         |               |
| Morris, Isabelle                     | 1:48.93 | 02/24/2017    |
| Whelan, Sara                         | 1:50.53 | 11/19/2016    |
| Moore, Katie                         | 1:50.64 | 02/24/2017    |
| Jensen, Emma Beth                    | 1:51.98 | \$ 02/22/2017 |
| Carter, Deneen                       | 1:52.22 | 02/24/2017    |
| Thurstin, Brittany                   | 1:52.61 | 02/24/2017    |
| Stone, Ash                           | 1:53.99 | \$ 11/19/2016 |
| Wasilewska, Barbara                  | 1:54.42 | 02/24/2017    |

## 500-YARD FREESTYLE

|                                      |         |            |
|--------------------------------------|---------|------------|
| <b>North Texas Record</b>            |         |            |
| Weickgenant, Catia                   | 4:46.01 | 02/28/2013 |
| <b>Pohl Recreation Center Record</b> |         |            |
| Flavia Rigamonti (SMU)               | 4:49.06 | 01/14/2005 |
| <b>2016-17 Top Performers</b>        |         |            |
| Whelan, Sara                         | 4:54.74 | 02/23/2017 |
| Wasilewska, Barbara                  | 4:58.23 | 11/18/2016 |
| Morris, Isabelle                     | 5:00.18 | 02/23/2017 |
| Moore, Katie                         | 5:00.30 | 02/24/2017 |
| Carter, Deneen                       | 5:02.46 | 02/23/2017 |
| Kwiatkowska, Natalia                 | 5:04.98 | 12/17/2016 |
| Stone, Ash                           | 5:08.31 | 11/18/2016 |
| Culpepper, Caroline                  | 5:09.47 | 02/23/2017 |

## 1000-YARD FREESTYLE

|                                      |          |               |
|--------------------------------------|----------|---------------|
| <b>North Texas Record</b>            |          |               |
| Phillips, Kimmy                      | 9:48.72  | 03/02/2013    |
| <b>Pohl Recreation Center Record</b> |          |               |
| Sarah Henry (TAMU)                   | 9:58.59  | 02/01/2013    |
| <b>2016-17 Top Performers</b>        |          |               |
| Wasilewska, Barbara                  | 10:28.30 | \$ 11/20/2016 |
| Kwiatkowska, Natalia                 | 10:32.87 | 01/11/2017    |
| Carter, Deneen                       | 10:38.32 | 02/25/2017    |

## 1650-YARD FREESTYLE

|                                      |          |            |
|--------------------------------------|----------|------------|
| <b>North Texas Record</b>            |          |            |
| Phillips, Kimmy                      | 16:13.58 | 03/02/2013 |
| <b>Pohl Recreation Center Record</b> |          |            |
| Sarah Henry (TAMU)                   | 16:23.84 | 02/01/2013 |
| <b>2016-17 Top Performers</b>        |          |            |
| Wasilewska, Barbara                  | 17:19.30 | 02/25/2017 |
| Kwiatkowska, Natalia                 | 17:34.93 | 11/20/2016 |
| Carter, Deneen                       | 17:51.69 | 02/25/2017 |

## 100-YARD BACKSTROKE

|                                      |         |                 |
|--------------------------------------|---------|-----------------|
| <b>North Texas Record</b>            |         |                 |
| Bradley, Rebekah                     | 53.13   | (B) 02/26/2016  |
| <b>Pohl Recreation Center Record</b> |         |                 |
| Isabella Arcila (SMU)                | 55.52   | 02/06/2015      |
| <b>2016-17 Top Performers</b>        |         |                 |
| Sienczyk, Jowita                     | 54.81   | \$(B)02/24/2017 |
| Stone, Ash                           | 56.27   | 11/19/2016      |
| Vaisse, Sarah                        | 57.16   | 01/04/2017      |
| Kwiatkowska, Natalia                 | 57.79   | 02/24/2017      |
| Blanchard, Lindsey                   | 57.90   | 11/19/2016      |
| Rush, Emily                          | 58.72   | 02/24/2017      |
| Manry, Meredith                      | 59.09   | 02/24/2017      |
| Culpepper, Caroline                  | 1:01.26 | 11/19/2016      |

## 200-YARD BACKSTROKE

|                                      |         |            |
|--------------------------------------|---------|------------|
| <b>North Texas Record</b>            |         |            |
| Groteguth, Mona                      | 1:56.20 | 12/21/2014 |
| <b>Pohl Recreation Center Record</b> |         |            |
| Anja Carman (SMU)                    | 1:59.78 | 11/10/2006 |
| <b>2016-17 Top Performers</b>        |         |            |
| Stone, Ash                           | 2:00.45 | 11/20/2016 |
| Sienczyk, Jowita                     | 2:02.40 | 11/20/2016 |
| Blanchard, Lindsey                   | 2:03.81 | 11/20/2016 |
| Kwiatkowska, Natalia                 | 2:06.34 | 11/20/2016 |
| Morris, Isabelle                     | 2:07.08 | 12/19/2016 |
| Manry, Meredith                      | 2:11.09 | 02/04/2017 |
| Rush, Emily                          | 2:13.80 | 02/25/2017 |

## 100-YARD BREASTSTROKE

|                                      |         |                |
|--------------------------------------|---------|----------------|
| <b>North Texas Record</b>            |         |                |
| Vaisse, Sarah                        | 1:01.38 | (B) 11/19/2016 |
| <b>Pohl Recreation Center Record</b> |         |                |
| Breeja Larson (TAMU)                 | 1:00.88 | 02/01/2013     |
| <b>2016-17 Top Performers</b>        |         |                |
| Vaisse, Sarah                        | 1:01.38 | (B) 11/19/2016 |
| Kitching, Claudia                    | 1:02.56 | 02/24/2017     |
| Rousset, Kathleen                    | 1:04.69 | 02/24/2017     |
| Rousset, Meaghan                     | 1:05.55 | 02/24/2017     |
| Buckley, Sydney                      | 1:06.16 | 02/24/2017     |
| Connelly, Courtney                   | 1:06.23 | 02/24/2017     |
| Rush, Emily                          | 1:10.98 | 11/19/2016     |

## 200-YARD BREASTSTROKE

|                                      |         |               |
|--------------------------------------|---------|---------------|
| <b>North Texas Record</b>            |         |               |
| Rossum, Krista                       | 2:12.57 | 03/02/2013    |
| <b>Pohl Recreation Center Record</b> |         |               |
| Ashley McGregor (TAMU)               | 2:16.83 | 02/01/2013    |
| <b>2016-17 Top Performers</b>        |         |               |
| Kitching, Claudia                    | 2:13.76 | (B)02/25/2017 |
| Vaisse, Sarah                        | 2:16.14 | 11/20/2016    |
| Rousset, Kathleen                    | 2:21.26 | 02/04/2017    |
| Rousset, Meaghan                     | 2:22.55 | 11/20/2016    |

## 100-YARD BUTTERFLY

|                                      |       |               |
|--------------------------------------|-------|---------------|
| <b>North Texas Record</b>            |       |               |
| Gentile, Rosa                        | 54.14 | 12/02/2010    |
| <b>Pohl Recreation Center Record</b> |       |               |
| Marne Erasmus (SMU)                  | 55.43 | 02/03/2017    |
| <b>2016-17 Top Performers</b>        |       |               |
| Cornelissen, Mikaela                 | 54.35 | (B)02/24/2017 |
| Jensen, Emma Beth                    | 55.33 | 11/19/2016    |
| Manry, Meredith                      | 55.39 | 02/24/2017    |
| Opiela, Kelsey                       | 55.76 | 02/24/2017    |
| Buckley, Sydney                      | 56.13 | 02/24/2017    |
| Culpepper, Caroline                  | 56.59 | 02/24/2017    |
| Timmons, Haley                       | 56.94 | 02/24/2017    |
| Whelan, Sara                         | 58.12 | 02/04/2017    |

## 200-YARD BUTTERFLY

|                                      |         |            |
|--------------------------------------|---------|------------|
| <b>North Texas Record</b>            |         |            |
| Weickgenant, Catia                   | 1:59.65 | 02/25/2012 |
| <b>Pohl Recreation Center Record</b> |         |            |
| Caroline McElhany (TAMU)             | 2:01.85 | 02/01/2013 |
| <b>2016-17 Top Performers</b>        |         |            |
| Culpepper, Caroline                  | 2:03.87 | 02/25/2017 |
| Timmons, Haley                       | 2:06.11 | 11/20/2016 |
| Manry, Meredith                      | 2:06.88 | 02/25/2017 |
| Kwiatkowska, Natalia                 | 2:13.97 | 10/15/2016 |
| Opiela, Kelsey                       | 2:21.42 | 01/11/2017 |

## 200-YARD INDIVIDUAL MEDLEY

|                                      |         |               |
|--------------------------------------|---------|---------------|
| <b>North Texas Record</b>            |         |               |
| Rossum, Krista                       | 2:00.35 | 02/19/2015    |
| <b>Pohl Recreation Center Record</b> |         |               |
| Katie Kastes (Arkansas)              | 2:04.15 | 11/08/2008    |
| <b>2016-17 Top Performers</b>        |         |               |
| Vaisse, Sarah                        | 2:00.01 | (B)02/23/2017 |
| Sienczyk, Jowita                     | 2:02.30 | 02/23/2017    |
| Kitching, Claudia                    | 2:07.35 | 02/23/2017    |
| Blanchard, Lindsey                   | 2:08.65 | 02/23/2017    |
| Jensen, Emma Beth                    | 2:09.98 | 12/18/2016    |
| Rousset, Meaghan                     | 2:10.16 | 11/18/2016    |
| Buckley, Sydney                      | 2:11.45 | 12/18/2016    |
| Culpepper, Caroline                  | 2:12.13 | 12/18/2016    |

## 400-YARD INDIVIDUAL MEDLEY

|                                      |         |            |
|--------------------------------------|---------|------------|
| <b>North Texas Record</b>            |         |            |
| Rossum, Krista                       | 4:15.22 | 02/20/2015 |
| <b>Pohl Recreation Center Record</b> |         |            |
| Sarah Henry (TAMU)                   | 4:13.11 | 10/31/2014 |
| <b>2016-17 Top Performers</b>        |         |            |
| Sienczyk, Jowita                     | 4:23.70 | 02/24/2017 |
| Blanchard, Lindsey                   | 4:33.19 | 11/19/2016 |
| Kwiatkowska, Natalia                 | 4:41.39 | 01/11/2017 |
| Whelan, Sara                         | 4:46.11 | 10/29/2016 |
| Timmons, Haley                       | 4:47.41 | 11/19/2016 |
| Rousset, Meaghan                     | 4:47.46 | 01/11/2017 |

## ONE-METER DIVING

|                               |        |            |
|-------------------------------|--------|------------|
| <b>North Texas Record</b>     |        |            |
| Johnson, Catherine            | 304.85 | 11/19/2011 |
| <b>PEB Record</b>             |        |            |
| Tania Cagnotto (Houston)      | 321.00 | 11/11/2005 |
| <b>2016-17 Top Performers</b> |        |            |
| Ruiz, Averie                  | 237.37 | 01/27/2017 |
| Scheck, Samantha              | 236.24 | 01/27/2017 |
| Crites, Allison               | 223.73 | 10/28/2016 |
| Silva, Gabryella              | 211.95 | 01/11/2017 |
| Ransom, Jordan                | 210.66 | 01/27/2017 |
| Hernandez, Cecilia            | 200.78 | 10/28/2016 |

(B) - NCAA B-cut  
\$ - Split Time



## THREE-METER DIVING

### North Texas Record

Taylor, Rebecca 304.45 02/22/2012

### PEB Record

Anastasia Pozdniakova (HOU) 397.65 01/22/2010

### 2016-17 Top Performers

Scheck, Samantha 249.00 10/15/2016  
 Ruiz, Averie 235.05 02/03/2017  
 Hernandez, Cecilia 232.95 10/15/2016  
 Silva, Gabryella 231.83 10/29/2016  
 Ransom, Jordan 224.48 02/03/2017  
 Crites, Allison 219.38 10/29/2016

## PLATFORM DIVING

### North Texas Record

Abercrombie, Jasmine 207.65 02/27/2016

### 2016-17 Top Performers

Hernandez, Cecilia 188.55 02/25/2017  
 Scheck, Samantha 177.75 02/25/2017  
 Ruiz, Averie 152.75 02/25/2017

## 200 FREESTYLE RELAY

### North Texas Record

Thurstin, Sienczyk, Morris, Jensen 1:32.99 02/23/2017

### Pohl Recreation Center Record

Arcila, Lindborg, Parmenter, Santa (SMU)  
 1:34.63 02/06/2015

### 2016-17 Top Performers

Thurstin, Sienczyk, Morris, Jensen 1:32.99 02/23/2017  
 Jensen, Morris, Vaisse, Thurstin 1:34.23 11/20/2016  
 Opiela, Buckley, Connelly, Manry 1:34.96 02/25/2017  
 Buckley, Opiela, Sienczyk, Connelly 1:35.14 11/20/2016  
 Morris, Jensen, Vaisse, Connelly 1:35.90 10/28/2016  
 Vaisse, Jensen, Sienczyk, Morris 1:36.65 10/29/2016  
 Jensen, Morris, Connelly, Opiela 1:36.85 02/03/2017  
 Opiela, Buckley, Whelan, Moore 1:38.42 10/28/2016

## 400 FREESTYLE RELAY

### North Texas Record

Whelan, Sienczyk, Morris, Jensen 3:21.58 02/25/2017

### Pohl Recreation Center Record

Blackman, Blackman, Cisneros, Soza (SMU)  
 3:28.84 10/03/2007

### 2016-17 Top Performers

Whelan, Sienczyk, Morris, Jensen 3:21.58 02/25/2017  
 Vaisse, Whelan, Morris, Jensen 3:24.88 11/20/2016  
 Sienczyk, Moore, Connelly, Thurstin  
 3:28.01 11/20/2016  
 Manry, Opiela, Cornelissen, Connelly  
 3:29.72 02/25/2017  
 Jensen, Morris, Whelan, Thurstin 3:31.33 01/27/2017  
 Carter, Buckley, Imes, Opiela 3:31.80 11/20/2016  
 Buckley, Moore, Connelly, Opiela 3:35.62 01/27/2017  
 Rush, Stone, Manry, Kwiatkowska 3:37.99 11/20/2016

## 800 FREESTYLE RELAY

### North Texas Record

Weickgenant, Rossum, Ploetz, Burkard  
 7:14.57 02/27/2013

### Pohl Recreation Center Record

Blackman, Blackman, Roberts, Van den Branden  
 (SMU) 7:31.00 10/04/2007

### 2016-17 Top Performers

Jensen, Moore, Morris, Whelan 7:22.69 02/25/2017  
 Stone, Carter, Thurstin, Wasilewska 7:41.42 11/20/2016  
 Kwiatkowska, Connelly, Rousset, Manry  
 7:46.89 11/20/2016

## 200 MEDLEY RELAY

### North Texas Record

Groteguth, Rossum, Lewis, Ploetz 1:40.85 02/23/2011

### Pohl Recreation Center Record

Sienczyk, Vaisse, Opiela, Thurstin 1:44.76 02/03/2017

### 2016-17 Top Performers

Sienczyk, Vaisse, Cornelissen, Thurstin  
 1:41.22 02/25/2017  
 Sienczyk, Vaisse, Opiela, Morris 1:42.24 11/18/2016  
 Sienczyk, Vaisse, Opiela, Thurstin 1:44.76 02/03/2017  
 Sienczyk, Vaisse, Opiela, Jensen 1:45.33 10/29/2016  
 Stone, Vaisse, Sienczyk, Morris 1:46.67 10/15/2016  
 Stone, Kitching, Jensen, Thurstin 1:47.08 11/18/2016  
 Kwiatkowska, Rousset, Buckley, Connelly  
 1:47.14 11/18/2016  
 Sienczyk, Thurstin, Morris, Vaisse 1:47.80 01/11/2017

## 400 MEDLEY RELAY

### North Texas Record

Groteguth, Rossum, Gentile, Weickgenant  
 3:41.25 02/18/2010

### Pohl Recreation Center Record

Brandt, McMahan, Ibanez, Bosma (TAMU)  
 3:43.90 10/31/2014

### 2016-17 Top Performers

Sienczyk, Vaisse, Cornelissen, Morris  
 3:43.33 02/24/2017  
 Sienczyk, Vaisse, Jensen, Morris 3:46.06 11/18/2016  
 Sienczyk, Vaisse, Opiela, Jensen 3:47.81 12/18/2016  
 Stone, Kitching, Opiela, Thurstin 3:49.33 11/18/2016  
 Stone, Kitching, Buckley, Thurstin 3:53.05 12/18/2016  
 Stone, Kitching, Buckley, Connelly  
 3:54.43 10/28/2016  
 Sienczyk, Vaisse, Opiela, Morris 3:54.75 01/07/2017  
 Blanchard, Rousset, Buckley, Connelly  
 3:56.19 11/18/2016

(B) - NCAA B-cut

\$ - Split Time





# RECORDS

↳ all-time results

## ↳ Year-By-Year Dual Meet Results

| Year    | W | L  | T | Pct. | Year    | W | L  | T | Pct. |
|---------|---|----|---|------|---------|---|----|---|------|
| 1998-99 | 2 | 14 | 0 | .125 | 2010-11 | 1 | 10 | 0 | .090 |
| 1999-00 | 0 | 15 | 0 | .000 | 2011-12 | 6 | 4  | 0 | .600 |
| 2000-01 | 4 | 6  | 0 | .240 | 2012-13 | 3 | 4  | 0 | .428 |
| 2001-02 | 3 | 6  | 0 | .333 | 2013-14 | 2 | 8  | 0 | .200 |
| 2002-03 | 5 | 12 | 0 | .294 | 2014-15 | 4 | 4  | 0 | .500 |
| 2003-04 | 5 | 10 | 0 | .333 | 2015-16 | 7 | 4  | 0 | .583 |
| 2004-05 | 5 | 8  | 0 | .384 | 2016-17 | 1 | 4  | 0 | .200 |
| 2005-06 | 2 | 10 | 0 | .166 |         |   |    |   |      |
| 2006-07 | 7 | 5  | 0 | .583 |         |   |    |   |      |
| 2007-08 | 4 | 8  | 0 | .333 |         |   |    |   |      |
| 2008-09 | 1 | 9  | 0 | .100 |         |   |    |   |      |
| 2009-10 | 9 | 5  | 0 | .643 |         |   |    |   |      |

## ↳ All-Time Tournament Results

| Date                     | Tournament   | Place      | Teams    |
|--------------------------|--|------------|----------|
| 01/08/99-01/09/99        | TCU Classic (Fort Worth, Texas)                                    | 4th        | 4        |
| <b>02/25/99-02/27/99</b> | <b>Big West Conf. Championships (Long Beach, Calif.)</b>           | <b>7th</b> | <b>7</b> |
| <b>02/17/00-02/19/00</b> | <b>Big West Conf. Championships (Long Beach, Calif.)</b>           | <b>7th</b> | <b>7</b> |
| 11/10/00-11/11/00        | Lobo Invitational (Albuquerque, N.M.)                              | 7th        | 7        |
| 01/12/01-12/13/01        | TCU Classic (Fort Worth, Texas)                                    | 4th        | 5        |
| <b>02/15/01-02/18/01</b> | <b>Sun Belt Conf. Championships (Little Rock, Ark.)</b>            | <b>4th</b> | <b>5</b> |
| 11/30/01                 | UALR Christmas Invitational (Little Rock, Ark.)                    | 2nd        | 9        |
| <b>02/14/02-02/16/02</b> | <b>Sun Belt Conf. Championships (Denver, Colo.)</b>                | <b>4th</b> | <b>5</b> |
| 12/06/02-12/07/02        | UALR Christmas Invitational (Little Rock, Ark.)                    | 2nd        | 8        |
| 01/31/03-02/01/03        | Trinity Invitational (San Antonio, Texas)                          | 1st        | 7        |
| <b>02/13/03-02/15/03</b> | <b>Sun Belt Conf. Championships (Little Rock, Ark.)</b>            | <b>4th</b> | <b>6</b> |
| 12/05/03-12/06/03        | UALR Christmas Invitational (Little Rock, Ark.)                    | 3rd        | 8        |
| <b>02/12/04-02/14/04</b> | <b>Sun Belt Conf. Championships (Little Rock, Ark.)</b>            | <b>5th</b> | <b>7</b> |
| 12/3/04-12/04/04         | UALR Christmas Invitational (Little Rock, Ark.)                    | 3rd        | 7        |
| 01/07/05-01/08/05        | UNO Sugar Bowl Invitational (New Orleans, La.)                     | 3rd        | 7        |
| <b>02/17/05-02/19/05</b> | <b>Sun Belt Conf. Championships (Little Rock, Ark.)</b>            | <b>5th</b> | <b>9</b> |
| 12/04/05-12/05/05        | UALR Christmas Invitational (Little Rock, Ark.)                    | 2nd        | 7        |
| <b>02/17/06-02/19/06</b> | <b>Sun Belt Conf. Championships (Denver, Colo.)</b>                | <b>5th</b> | <b>7</b> |
| 12/01/06-12/02/06        | UALR Christmas Invitational (Little Rock, Ark.)                    | 1st        | 8        |
| <b>02/15/07-02/17/07</b> | <b>Sun Belt Conf. Championships (Nashville, Tenn.)</b>             | <b>4th</b> | <b>7</b> |
| 12/15/07-12/17/07        | UNLV Winter Invitational (Las Vegas, Nev.)                         | 4th        | 15       |
| <b>02/28/08-03/01/08</b> | <b>Sun Belt Conf. Championships (Nashville, Tenn.)</b>             | <b>4th</b> | <b>7</b> |
| 11/20/08-11/23/08        | Husker Invitational (Lincoln, Neb.)                                | 2nd        | 9        |
| 01/03/09                 | FAU Invitational (Boca Raton, Fla.)                                | 5th        | 6        |
| <b>02/18/09-2/21/09</b>  | <b>Sun Belt Conf. Championships (Nashville, Tenn.)</b>             | <b>3rd</b> | <b>7</b> |
| 12/03/09-12/05/09        | Texas Invitational (Austin, Texas)                                 | 5th        | 14       |
| <b>02/17/10-2/20/10</b>  | <b>Sun Belt Conf. Championships (Nashville, Tenn.)</b>             | <b>3rd</b> | <b>7</b> |
| 12/02/10-12/04/10        | Texas Invitational (Austin, Texas)                                 | 5th        | 8        |
| <b>02/23/11-02/26/11</b> | <b>Sun Belt Conf. Championships (Rockwall, Texas)</b>              | <b>3rd</b> | <b>6</b> |
| 12/01/11-12/03/11        | Missouri Invitational (Columbia, Mo.)                              | 4th        | 8        |
| <b>02/22/12-02/25/12</b> | <b>Sun Belt Conf. Championships (Rockwall, Texas)</b>              | <b>3rd</b> | <b>6</b> |
| 12/15/12-12/17/12        | Incarate Word Invitational (San Antonio, Texas)                    | 1st        | 5        |
| <b>02/27/13-03/02/13</b> | <b>Sun Belt Conf. Championships (Rockwall, Texas)</b>              | <b>2nd</b> | <b>5</b> |
| 11/21/13-11/23/13        | University of Houston Invitational (Houston, Texas)                | 6th        | 7        |
| <b>02/26/14-03/01/14</b> | <b>Conference USA Championships (Atlanta, Ga.)</b>                 | <b>5th</b> | <b>9</b> |
| 11/21/14-11/23/14        | University of Houston Invitational (Pearland, Texas)               | 3rd        | 4        |
| 12/19/14-12/21/14        | Incarate Word Invitational (San Antonio, Texas)                    | 3rd        | 4        |
| <b>02/18/15-02/21/15</b> | <b>Conference USA Championships (Knoxville, Tenn.)</b>             | <b>5th</b> | <b>7</b> |
| 11/19/15-11/21/15        | University of Houston Invitational (Houston, Texas)                | 7th        | 10       |
| <b>02/24/16-02/27/16</b> | <b>Conference USA Championships (Atlanta, Ga.)</b>                 | <b>4th</b> | <b>6</b> |
| 10/15/16                 | Little Rock Invitational (Little Rock, Ark.)                       | 1st        | 5        |
| 11/18/16-11/20/16        | University of Houston Invitational (Houston, Texas)                | 8th        | 11       |
| 12/17/16                 | University of the Incarnate Word Invitational (San Antonio, Texas) | 2nd        | 4        |
| <b>02/22/17-02/25/17</b> | <b>Conference USA Championships (Atlanta, Ga.)</b>                 | <b>4th</b> | <b>6</b> |



↳ 2016-17 (1-4)

**Head Coach: Brittany Roth**

| DATE     | W/L/PLACE | OPPONENT/MEET                | SCORE/TEAMS |
|----------|-----------|------------------------------|-------------|
| 9/30     | 3         | North Texas Relays           | 5           |
| 10/15    | 1         | Little Rock Invitational     | 5           |
| 10/28    | L         | Rice                         | 155.5-138.5 |
| 10/29    | L         | Houston                      | 160-140     |
| 11/18-20 | 8         | Houston Invitational         | 10          |
| 12/17    | 2         | Incarnate Word Invitational  | 4           |
| 1/11     | L         | Texas A&M                    | 178-109     |
| 1/27     | W         | TCU                          | 183-117     |
| 2/3      | L         | SMU                          | 143-99      |
| 2/22-25  | 4         | Conference USA Championships | 6           |

↳ 2015-16 (7-4)

**Head Coach: Brendon Bray**

| DATE    | W/L/PLACE | OPPONENT/MEET                | SCORE/TEAMS |
|---------|-----------|------------------------------|-------------|
| 10/2    | 2         | North Texas Relays           | 4           |
| 10/10   | W         | Incarnate Word               | 167-76      |
|         | L         | Liberty                      | 102-140     |
| 10/23   | L         | Texas A&M                    | 110-180     |
| 10/30   | L         | Rice                         | 67-139      |
| 10/31   | W         | Houston                      | 164.5-135.5 |
| 12/18   | 1         | Incarnate Word Invitational  | 4           |
| 1/9     | W         | San Diego                    | 62-48       |
| 1/16    | W         | Arkansas-Little Rock         | 209-86      |
|         | W         | Southern Illinois            | 180-118     |
|         | W         | Ouachita Baptist             | 238-54      |
| 1/29    | W         | TCU                          | 168-130     |
| 2/6     | L         | SMU                          | 112-131     |
| 2/18-21 | 4         | Conference USA Championships | 6           |

↳ 2014-15 (4-4)

**Head Coach: Brendon Bray**

| DATE     | W/L/PLACE | OPPONENT/MEET                | SCORE/TEAMS |
|----------|-----------|------------------------------|-------------|
| 9/26     | 1         | North Texas Relays           | 3           |
| 10/24    | W         | Incarnate Word               | 127-116     |
| 10/31    | W         | Houston                      | 144-86      |
|          | L         | Texas A&M                    | 86-140      |
| 11/1     | W         | Rice                         | 151-140     |
| 11/21-23 | 3         | Houston Invitational         | 4           |
| 12/19-21 | 3         | Incarnate Word Invitational  | 4           |
| 1/9      | W         | San Diego                    | 20-16       |
| 1/24     | L         | Tulane                       | 112-188     |
| 1/30     | L         | TCU                          | 130-168     |
| 2/6      | L         | SMU                          | 112-131     |
| 2/18-21  | 5         | Conference USA Championships | 7           |

↳ 2013-14 (2-8)

**Head Coach: Brendon Bray**

| DATE     | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS |
|----------|-----------|-----------------------------------|-------------|
| 10/4     | 2         | North Texas Relays                | 4           |
| 10/5     | L         | Arkansas                          | 94-207      |
| 11/01    | L         | Houston                           | 128-109     |
| 11/2     | L         | Rice                              | 158-102     |
| 11/21    | N/A       | Tiger Southwest Shootout (Diving) | N/A         |
| 11/21-23 | 6         | Houston Invitational              | 7           |
| 1/10     | W         | Tulane                            | 162-137     |
|          | L         | San Diego St.                     | 125-160     |
|          | L         | Colorado St.                      | 79.5-220.5  |
| 1/18     | W         | Tulane                            | 181-119     |
| 1/31     | L         | SMU                               | 141-96      |
| 2/1      | L         | Texas A&M                         | 153-97      |
| 2/5      | L         | TCU                               | 154-131     |
| 2/26-3/1 | 5         | Conference USA Championships      | 9           |

↳ 2012-13 (3-4)

**Head Coach: Joe Dykstra**

| DATE     | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS |
|----------|-----------|-----------------------------------|-------------|
| 10/5     | W         | UALR                              | 154-77      |
| 10/6     | 2         | Arkansas Relays                   | 5           |
| 10/20    | W         | Tulane                            | 158.5-141.5 |
| 11/2     | L         | Rice                              | 150-144     |
| 11/16-17 | N/A       | Tiger Southwest Shootout(Diving)  | N/A         |
| 12/15-17 | 1         | Incarnate Word Invitational       | 5           |
| 1/16     | L         | SMU                               | 118-180     |
|          | W         | Houston                           | 155-145     |
| 1/30     | L         | TCU                               | 161-139     |
| 2/2      | L         | Texas A&M                         | 118-168     |
| 2/27-3/2 | 2         | Sun Belt Conference Championships | 5           |

↳ 2011-12 (6-4)

**Head Coach: Joe Dykstra**

| DATE      | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS |
|-----------|-----------|-----------------------------------|-------------|
| 10/15     | W         | Tulane                            | 172-123     |
| 10/22     | W         | New Mexico State                  | 184.5-115.5 |
| 11/4      | L         | SMU                               | 44-69       |
|           | L         | Wyoming                           | 56-57       |
| 11/5      | W         | Rice                              | 165-129     |
| 11/18-19  | 4         | Missouri Invitational             | 8           |
| 12/20     | W         | FIU                               | 113.5-109.5 |
|           | L         | Alabama                           | 115.5-121.5 |
| 1/14      | W         | UALR                              | 137-124     |
| 1/20      | W         | TCU                               | 132-111     |
| 2/4       | L         | #6 Texas A&M                      | 105-186     |
| 2/23-2/26 | 3         | Sun Belt Conference Championships | 6           |

2010-11 (1-10)

**Head Coach: Joe Dykstra**

| DATE      | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS |
|-----------|-----------|-----------------------------------|-------------|
| 10/8      | 4         | North Texas Relays                | 5           |
| 10/9      | L         | #18 Arkansas                      | 75-163      |
|           | W         | Tulane                            | 140-102     |
| 10/22     | L         | New Mexico State                  | 75-168      |
|           | L         | Boise State                       | 67-176      |
| 10/23     | L         | New Mexico State                  | 83-160      |
|           | L         | Boise State                       | 66-177      |
| 11/5      | L         | #22 SMU                           | 97-201      |
| 12/2-12/4 | 5         | Texas Invitational                | 8           |
| 12/18     | L         | Florida Gulf Coast                | 95-205      |
| 1/7       | L         | #10 Texas A&M                     | 116.5-173.5 |
| 1/14      | L         | Rice                              | 97-168      |
| 1/15      | L         | Houston                           | 129-171     |
| 2/23-2/26 | 3         | Sun Belt Conference Championships | 6           |

↳ 2009-10 (9-5)

**Head Coach: Joe Dykstra**

| DATE    | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS |
|---------|-----------|-----------------------------------|-------------|
| 10/3    | 3         | North Texas Relays                | 4           |
| 10/10   | W         | Tulane                            | 173-118     |
| 10/17   | W         | New Orleans                       | 177-109     |
| 10/24   | L         | Denver                            | 182.5-116.5 |
|         | L         | Utah                              | 174-126     |
| 11/6    | L         | SMU                               | 143-96      |
| 11/7    | W         | Austin College                    | 216-58      |
|         | W         | Southwestern                      | 218-50      |
| 12/3-5  | 5         | Texas Invitational                | 14          |
| 1/6     | W         | UALR                              | 65-29       |
|         | W         | Henderson State                   | 65-29       |
| 1/9     | L         | Arkansas                          | 192-106     |
| 1/15    | W         | TCU                               | 155.5-144.5 |
| 1/22    | W         | Houston                           | 141-101     |
| 1/23    | W         | Rice                              | 152-110     |
| 2/6     | L         | Texas A&M                         | 178-112     |
| 2/17-20 | 3         | Sun Belt Conference Championships | 7           |





# RECORDS

↳ year-by-year records

## ↳ 2008-09 (1-9)

Head Coach: Joe Dykstra

| DATE     | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS |
|----------|-----------|-----------------------------------|-------------|
| 10/3     | 4         | North Texas Relays                | 5           |
| 10/10    | L         | Texas A&M                         | 103-187     |
|          | L         | Rice                              | 109-184     |
| 10/11    | L         | Houston                           | 126-174     |
| 10/24    | W         | New Orleans                       | 171-116     |
| 11/8     | L         | Arkansas                          | 63-237      |
|          | L         | Colorado State                    | 111-189     |
|          | L         | New Mexico State                  | 123-177     |
|          | L         | SMU                               | 75-225      |
| 11/20-23 | 2         | Husker Invitational               | 9           |
| 1/3      | 5         | FAU Invitational                  | 6           |
| 1/10     | L         | Utah                              | 112.5-187.5 |
| 2/4      | L         | TCU                               | 130-158     |
| 2/18-21  | 3         | Sun Belt Conference Championships | 7           |

## ↳ 2007-08 (4-8)

Head Coach: Joe Dykstra

| DATE     | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS |
|----------|-----------|-----------------------------------|-------------|
| 10/3     | 2         | North Texas Relays                | 3           |
| 10/11    | W         | Missouri State                    | 125-118     |
| 10/12    | L         | Georgia                           | 82-212      |
|          | L         | Arkansas                          | 90-210      |
| 10/27    | L         | Northern Arizona                  | 148-152     |
|          | L         | Texas A&M                         | 112-184     |
| 11/9     | L         | SMU                               | 30-83       |
|          | L         | Wyoming                           | 33-80       |
| 12/15-17 | 4         | UNLV Winter Invitational          | 15          |
| 1/8      | L         | New Mexico State                  | 98-143      |
| 1/18     | W         | Houston                           | 133-110     |
| 1/19     | L         | Rice                              | 134-154     |
| 2/6      | W         | TCU                               | 161-139     |
| 2/9      | W         | New Orleans                       | 133-86      |
| 2/28-3/1 | 4         | Sun Belt Conference Championships | 7           |

## ↳ 2006-07 (7-5)

Head Coach: Joe Dykstra

| DATE    | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS  |
|---------|-----------|-----------------------------------|--------------|
| 10/21   | W         | Austin College                    | 161-62       |
| 10/25   | W         | Incarnate Word                    | 124-13       |
| 10/25   | L         | TCU                               | 61-79        |
| 11/10   | L         | SMU                               | 137-193      |
| 11/17   | W         | San Diego State                   | 181-119      |
| 11/17   | W         | Centenary                         | 219-69       |
| 12/1-2  | 1         | UALR Invitational                 | 8            |
| 1/12-13 | W         | FIU                               | 112-66       |
| 1/12-13 | L         | New Mexico State                  | 169-170      |
| 1/12-13 | L         | Houston                           | 105-204      |
| 1/24    | W         | Incarnate Word                    | 118-9        |
| 1/24    | L         | TCU                               | 48-83        |
| 2/3     | W         | New Orleans                       | 143.5-111.51 |
| 2/15-17 | 4         | Sun Belt Conference Championships | 7            |

## ↳ 2005-06 (2-10)

Head Coach: Mona Nyheim-Canales

| DATE     | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS     |
|----------|-----------|-----------------------------------|-----------------|
| 10/22-23 | L         | Houston                           | 104-126         |
|          | L         | Rice                              | 70-133          |
| 11/4     | L         | Air Force                         | 122-176         |
| 11/11    | L         | Wyoming                           | 68-175          |
|          | L         | Houston                           | 117-126         |
| 11/12    | W         | Centenary                         | 112-70          |
| 11/17    | L         | TCU                               | 130-152         |
| 12/3     | 2         | UALR Invitational                 | 7               |
| 1/6      | 4         | Golden Panther Invitational       | Relays only - 8 |
| 1/18     | L         | SMU                               | 85-149          |
| 1/27     | L         | Missouri State                    | 48-65           |
| 2/1      | L         | TCU                               | 40-60           |
|          | W         | Incarnate Word                    | 52-28           |
| 2/17-19  | L         | Texas A&M                         | 101-151         |
| 2/17-19  | 5         | Sun Belt Conference Championships | 7               |

## ↳ 2004-05 (5-8)

Head Coach: Mona Nyheim-Canales

| DATE     | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS |
|----------|-----------|-----------------------------------|-------------|
| 10/22-23 | 4         | Sun Belt Fall Classic             | 5           |
|          | L         | Air Force                         | 95-148      |
|          | W         | New Mexico State                  | 126-117     |
|          | L         | Nevada                            | 52.5-190.5  |
|          | W         | Northern Colorado                 | 126-117     |
| 10/30    | L         | Texas A&M                         | 112-178     |
| 11/6     | W         | UALR                              | 245-33      |
|          | W         | Henderson State                   | 219-79      |
|          | L         | Tulane                            | 92-206      |
| 11/10    | L         | TCU                               | 57-80       |
|          | W         | Incarnate Word                    | 126-55      |
| 12/3-4   | 3         | Arkansas Christmas Invitational   | 7           |
| 1/7-8    | 4         | UNO Invitational                  | 6           |
| 1/14     | L         | SMU                               | 112-155     |
|          | L         | Houston                           | 114.5-157.5 |
| 1/19     | L         | TCU                               | 104-124     |
| 2/17-19  | 5         | Sun Belt Conference Championships | 9           |

## ↳ 2003-04 (5-10)

Head Coach: Mona Nyheim-Canales

| DATE    | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS   |
|---------|-----------|-----------------------------------|---------------|
| 10/10   | L         | Texas A&M                         | 109-171       |
| 10/11   | L         | Houston                           | 91-151        |
| 10/24   | L         | New Mexico State                  | 102-139       |
| 10/25   | L         | Denver                            | 91-150        |
|         | W         | FIU                               | 118.50-114.50 |
|         | L         | Western Kentucky                  | 47.50-194.50  |
| 11/1    | W         | Trinity University                | 94-50         |
| 11/8    | W         | Spring Hill College               | 87-19         |
|         | L         | Louisiana-Monroe                  | 56-57         |
| 11/13   | L         | TCU                               | 102-139       |
| 11/15   | W         | Arkansas-Little Rock              | 36-3          |
|         | L         | Tulane                            | 36-72         |
| 12/5-6  | 3         | UALR Christmas Invitational       | 8             |
| 1/16    | W         | New Mexico State                  | 156-138       |
| 1/17    | L         | Houston                           | 107-131       |
| 1/21    | L         | SMU                               | 80-150        |
| 1/28    | L         | TCU                               | 92-140        |
| 2/12-14 | 5         | Sun Belt Conference Championships | 7             |



↳ **2002-03 (5-12)**

**Head Coach: Mona Nyheim-Canales**

| DATE           | W/L/PLACE | OPPONENT/MEET                            | SCORE/TEAMS    |
|----------------|-----------|--|----------------|
| 10/12          | L         | Rice                                     | 86-114         |
|                | L         | Houston                                  | 76-167         |
| 10/25          | L         | New Mexico State                         | 105-136        |
|                | L         | Denver                                   | 110-124        |
|                | L         | Air Force                                | 54-187         |
|                | L         | Western Kentucky                         | 79-158         |
| 11/1           | L         | Texas A&M                                | 97-190         |
|                | L         | Arkansas                                 | 71-222         |
|                | L         | SMU                                      | 84-207         |
| <b>11/7</b>    | <b>L</b>  | <b>TCU</b>                               | <b>139-163</b> |
| 11/23          | W         | Ouachita Baptist                         | 59-54          |
|                | W         | UALR                                     | 95-16          |
|                | W         | Centenary                                | 108-3          |
| 12/6-7         | 2         | UALR Christmas Invitational              | 8              |
| <b>1/15</b>    | <b>L</b>  | <b>TCU</b>                               | <b>122-158</b> |
| 1/25           | W         | Austin College                           | 100-9          |
|                | L         | Rice                                     | 36-74          |
|                | W         | Louisiana-Monroe                         | 67-46          |
| 1/31-2/1       | 1         | Trinity Invitational                     | 7              |
| <b>2/13-15</b> | <b>4</b>  | <b>Sun Belt Conference Championships</b> | <b>6</b>       |

**2001-02 (3-6)**

**Head Coach: Scott Hines**

| DATE     | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS |
|----------|-----------|-----------------------------------|-------------|
| 10/6     | W         | Louisiana-Monroe Relays           | 450-438     |
| 10/20    | L         | Houston                           | 112-184     |
| 10/26    | L         | New Mexico State (Meters)         | 76-169      |
| 10/27    | L         | New Mexico State (Meters)         | 103-128     |
| 11/2     | L         | TCU                               | 130-157     |
| 11/3     | W         | Austin College                    | 99-10       |
|          | W         | Delta State                       | 69.50-38.50 |
| 11/9     | L         | Southwest Missouri State          | 33-71       |
| 11/11    | L         | Texas A&M                         | 113-173     |
| 11/30    | 2         | UALR Christmas Invitational       | 9           |
| 2/28-3/1 | 4         | Sun Belt Conference Championships | 5           |

↳ **2000-01 (4-6)**

**Head Coach: Joel Stout**

| DATE     | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS |
|----------|-----------|-----------------------------------|-------------|
| 10/27    | L         | New Mexico State                  | 79-145      |
| 10/29    | L         | New Mexico State                  | 49-63       |
| 11/2     | L         | Houston                           | 130-149     |
| 11/3     | L         | Texas A&M                         | 19-121      |
|          | L         | Arkansas                          | 37-103      |
| 11/10-11 | 7         | Lobo Invitational                 | 7           |
| 11/18    | W         | Austin College                    | 150-59      |
|          | W         | McMurry University                | 124-49      |
| 12/2     | W         | Southwestern University           | 119-23      |
|          | W         | Palo Alto College                 | 125-14      |
| 1/12-13  | 4         | TCU Classic                       | 5           |
| 2/3      | L         | TCU                               | 77-145      |
| 2/15-18  | 4         | Sun Belt Conference Championships | 5           |

↳ **1999-2000 (0-15)**

**Head Coach: Mark Clark**

| DATE    | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS |
|---------|-----------|-----------------------------------|-------------|
| 10/13   | L         | TCU                               | 86-137      |
| 10/22   | L         | New Mexico State                  | 49-63       |
|         | L         | Air Force                         | 48-65       |
| 10/23   | L         | New Mexico State                  | 53-60       |
|         | L         | Air Force                         | 41-72       |
| 11/5    | L         | Kansas                            | 59-119      |
| 11/6    | L         | Penn State                        | 49-96       |
|         | L         | Illinois                          | 38-99       |
| 11/7    | L         | Missouri                          | 55-163      |
|         | L         | Southern Illinois                 | 57-141      |
| 11/13   | L         | TCU Relays                        | 27-40       |
| 11/19   | L         | Houston                           | 107-167     |
| 11/20   | L         | Rice                              | 98-153      |
| 2/5     | L         | TCU                               | 32-90       |
|         | L         | Fresno State                      | 12-120      |
| 2/17-19 | 7         | Big West Conference Championships | 7           |

**1998-99 (2-14)**

**Head Coach: Mark Clark**

| DATE         | W/L/PLACE | OPPONENT/MEET                     | SCORE/TEAMS   |
|--------------|-----------|-----------------------------------|---------------|
| 10/10        | L         | Southwest Missouri State          | 53-144        |
| 10/16        | L         | Texas                             | 118-344-325   |
| 10/24        | W         | Southern Arkansas                 | 82-17         |
|              | W         | UALR                              | 61-47         |
| 10/31        | L         | Rice                              | 64-120        |
|              | L         | Houston                           | 55-159        |
| <b>11/2</b>  | <b>L</b>  | <b>SMU</b>                        | <b>56-102</b> |
| 11/4         | L         | TCU                               | 60-103        |
| 11/7         | L         | Kansas                            | 56-111        |
| <b>11/20</b> | <b>L</b>  | <b>Texas A&amp;M</b>              | <b>54-113</b> |
|              | L         | Houston                           | N/A           |
| <b>12/5</b>  | <b>L</b>  | <b>Arkansas</b>                   | <b>79-169</b> |
| 1/8-9        | 4         | TCU Classic                       | 4             |
| <b>1/16</b>  | <b>L</b>  | <b>New Mexico State</b>           | <b>76-95</b>  |
| <b>1/22</b>  | <b>L</b>  | <b>TCU</b>                        | <b>73-103</b> |
| 2/6          | L         | Houston                           | 42-164        |
|              | L         | Northeast Louisiana               | 41-192        |
| 2/25-27      | 7         | Big West Conference Championships | 7             |



# RECORDS

↳ all-time records/home pool records

## ↳ ALL-TIME RECORDS

### Individual Races

| Event                       | Time     | Name                                    | Opponent/Meet               | Date     | Place |
|-----------------------------|----------|---|-----------------------------|----------|-------|
| 50-Yd Freestyle             | 22.99    | Seabre Pope                             | SBC Champ.                  | 2/18/10  | 1st   |
| 100-Yd Freestyle            | 50.45    | Emma Beth Jensen                        | C-USA Champ.                | 2/25/17  | 7th   |
| 200-Yd Freestyle            | 1:47.67  | Catia Weickgenant                       | SBC Champ.                  | 2/27/13  | (sp)  |
| 500-Yd Freestyle            | 4:46.01  | Catia Weickgenant                       | SBC Champ.                  | 2/28/13  | 1st   |
| 1000-Yd Freestyle           | 9:48.72  | Kimmy Phillips                          | SBC Champ.                  | 3/2/13   | (sp)  |
| 1650-Yd Freestyle           | 16:13.58 | Kimmy Phillips                          | SBC Champ.                  | 3/2/13   | 1st   |
| 100-Yd Backstroke           | 53.13    | Rebekah Bradley                         | C-USA Champ.                | 2/26/16  | 1st   |
| 200-Yd Backstroke           | 1:56.20  | Mona Groteguth                          | Incarnate Word Invitational | 12/21/14 | (pre) |
| 100-Yd Breaststroke         | 1:01.38  | Sarah Vaisse                            | Houston Invitational        | 11/20/16 | 1st   |
| 200-Yd Breaststroke         | 2:12.57  | Krista Rossum                           | SBC Champ.                  | 3/2/13   | 2st   |
| 100-Yd Butterfly            | 54.14    | Rosa Gentile                            | Texas Invitational          | 12/2/10  | 9th   |
| 200-Yd Butterfly            | 1:59.65  | Catia Weickgenant                       | SBC Champ.                  | 2/25/12  | 2nd   |
| 200-Yd Individual Medley    | 2:00.35  | Krista Rossum                           | C-USA Champ.                | 2/19/15  | (pre) |
| 400-Yd Individual Medley    | 4:15.22  | Krista Rossum                           | C-USA Champ.                | 2/20/15  | 2nd   |
| <b>Relays</b>               |          |   |                             |          |       |
| 200-Yd Freestyle Relay      | 1:32.99  | Thurstin, Siencyzyk, Morris, Jensen     | C-USA Champ.                | 2/23/17  | -     |
| 400-Yd Freestyle Relay      | 3:21.58  | Whelan, Siencyzyk, Morris, Jensen       | C-USA Champ.                | 2/25/17  | 3rd   |
| 800-Yd Freestyle Relay      | 7:14.57  | Weickgenant, Rossum, Ploetz, Burkard    | SBC Champ.                  | 2/27/13  | 2nd   |
| 200-Yd Medley Relay         | 1:40.85  | Groteguth, Rossum, Lewis, Ploetz        | SBC Champ.                  | 2/23/11  | 2nd   |
| 400-Yd Medley Relay         | 3:41.25  | Groteguth, Rossum, Gentile, Weickgenant | SBC Champ.                  | 2/24/12  | 1st   |
| <b>Diving</b>               |          |   |                             |          |       |
| One-Meter Diving (6) Dual   | 304.85   | Catherine Johnson                       | Tiger Southwest Shootout    | 11/19/11 | 1st   |
| Three-Meter Diving (6) Dual | 304.45   | Rebecca Taylor                          | SBC Champ.                  | 2/22/12  | (pre) |
| Platform Diving             | 207.65   | Jasmine Abercrombie                     | C-USA Champ.                | 2/27/16  | 5th   |

## ↳ HOME POOL RECORDS

### Individual Races

| Event                    | Time     | Name                                      | Team        | Year |
|--------------------------|----------|---|-------------|------|
| 50-yd Freestyle          | 22.72    | Sammie Bosma                              | Texas A&M   | 2014 |
| 100-yd Freestyle         | 50.69    | Nathalie Lindborg                         | SMU         | 2015 |
| 200-yd Freestyle         | 1:49.38  | Sycerike McMahon                          | Texas A&M   | 2014 |
| 500-yd Freestyle         | 4:49.06  | Flavia Rigamonti                          | SMU         | 2005 |
| 1000-yd Freestyle        | 9:58.59  | Sarah Henry                               | Texas A&M   | 2013 |
| 1650-yd Freestyle        | 16:23.84 | Sarah Henry                               | Texas A&M   | 2013 |
| 100-yd Backstroke        | 55.52    | Isabella Arcila                           | SMU         | 2015 |
| 200-yd Backstroke        | 1:59.78  | Anja Carman                               | SMU         | 2006 |
| 100-yd Breaststroke      | 1:00.88  | Breeja Larson                             | Texas A&M   | 2013 |
| 200-yd Breaststroke      | 2:16.83  | Ashley McGregor                           | Texas A&M   | 2013 |
| 100-yd Butterfly         | 55.43    | Marne Erasmus                             | SMU         | 2017 |
| 200-yd Butterfly         | 2:01.85  | Caroline McElhany                         | Texas A&M   | 2013 |
| 200-yd Individual Medley | 2:04.15  | Katie Kastes                              | Arkansas    | 2008 |
| 400-yd Individual Medley | 4:13.11  | Sarah Henry                               | Texas A&M   | 2014 |
| <b>Relays</b>            |          |   |             |      |
| 200-yd Freestyle Relay   | 1:34.63  | Arcila, Lindborg, Permenter, Santa        | SMU         | 2015 |
| 400-yd Freestyle Relay   | 3:28.84  | Blackman, Blackman, Cisneros, Soza        | SMU         | 2007 |
| 800-yd Freestyle Relay   | 7:31.00  | Blackman, Blackman, Roberts, VandenBraden | SMU         | 2007 |
| 200-yd Medley Relay      | 1:44.76  | Siencyzyk, Vaisse, Opiela, Thurstin       | North Texas | 2017 |
| 400-yd Medley Relay      | 3:43.90  | Brandt, McMahon, Ibanez, Bosma            | Texas A&M   | 2014 |
| <b>Diving</b>            |          |   |             |      |
| One-Meter (Six Dives)    | 321.00   | Tania Cagnotto                            | Houston     | 2005 |
| Three-Meter (Six Dives)  | 397.65   | Anastasia Pozdniakova                     | Houston     | 2010 |

(sp)- Split

(pre) - Preliminaries



### ↳ A

Jasmine Abercrombie, '12-13, '13-14, '14-15, '15-16  
Kayla Aitken, '13-14  
Alyse Anderson, '06-07, '08-09  
April Archer, '98-99

### ↳ B

Rosita Bado, '07-08, '08-09, '09-10, '10-11  
Hannah Bakke, '06-07, '07-08  
Michelle Balcaen, '12-13, '13-14, '14-15, '15-16  
Heather Barcroft, '99-00, '00-01, '01-02, '02-03  
Micaela Bergstrom, '98-99  
Christina Bernal, '00-01, '01-02, '02-03  
Cynthia Bernal, '99-00, '00-01, '01-02, '02-03  
Stephanie Bernier, '08-09, '09-10, '10-11, '11-12  
Jessica Bills, '09-10, '10-11

#### **Lindsey Blanchard, '16-17**

Bobbi Bliss, '11-12, '12-13, '13-14, '14-15  
Bianca Bocsa, '12-13, '13-14, '14-15, '15-16  
Chelsea Bolton, '08-09  
Stephanie Brazeale, '98-99  
Rebekah Bradley, '15-16  
Kara Brock, '01-02, '02-03, '03-04, '04-05  
**Sydney Buckley, '14-15, '15-16, '16-17**  
Jana Burkard, '12-13, '13-14

### ↳ C

Kenzie Calkins, '11-12, '12-13, '13-14  
Jennifer Campanaro, '98-99  
Taryne Cantillo, '07-08, '08-09  
Sara Cantu, '01-02, '02-03  
Emily Cardone-Dennis, '08-09, '09-10  
Kristin Carson, '99-00, '00-01, '01-02, '02-03  
**Deenan Carter, '14-15, '15-16, '16-17**  
Emily Cassell, '02-03, '03-04, '04-05  
Heidi Chapman, '98-99  
Mackenzie Childs, '12-13, '13-14  
Maggie Chujo, '99-00, '00-01  
Gaby Colunga, '12-13, '13-14, '14-15, '15-16  
Courtney Connelly, '13-14, '14-15, '15-16, '16-17  
Mikaela Cornelissen, '16-17  
Delia Covo, '08-09, '09-10, '10-11  
**Allison Crites, '14-15, '15-16, '16-17**  
**Caroline Culpepper, '14-15, '15-16, '16-17**

### ↳ D

Bailey Devine, '06-07  
Charity Dillow, '99-00, '00-01, '01-02, '02-03  
Devon Dlouhy, '03-04, '04-05, '05-06, '06-07  
Angie Dworschack, '07-08, '08-09, '09-10, '10-11

### ↳ E

Leslie Evans, '99-00

### ↳ F

Marika Feenstra, '99-00  
Kathryn Fleck, '01-02  
Madison Fleming, '08-09, '09-10, '10-11, '11-12  
Emily Floyd, '06-07, '07-08, '08-09, '09-10  
Renee Flowers, '98-99

### ↳ G

Bonnie Garcia-Meitin, '04-05, '05-06, '06-07, '07-08  
Lindsey Gaston, '98-99  
Mary Beth Geeze, '09-10, '10-11  
Angelica Gentile, '04-05, '06-07, '07-08  
Rosa Gentile, '08-09, '09-10, '10-11, '11-12  
Kim Gibbs, '03-04, '04-05  
Haley Goertz, '12-13, '13-14, '14-15, '15-16  
Andrea Gomez, '99-00, '00-01  
Michelle Gomez, '99-00, '00-01  
Kelly Gordon, '07-08, '08-09  
Mona Groteguth, '11-12, '12-13, '14-15  
Jarmila Gupta, '13-14

### ↳ H

Alicia Hale, '06-07, '07-08, '08-09, '09-10  
Christina Hammervold, '05-06, '06-07, '07-08  
Stephanie Hardwick, '99-00, '00-01, '01-02  
Tiffani Harkrider, '99-00, '00-01, '01-02  
Lauren Harris, '03-04, '04-05, '06-07  
Kristen Hempleman, '07-08, '08-09, '09-10  
**Cecilia Hernandez, '14-15, '15-16, '16-17**  
Lauren Hill, '00-01  
Leanne Hill, '08-09, '09-10, '10-11  
Heather Horn, '05-06, '06-07  
Brittany Hosner, '04-05, '05-06, '06-07, '07-08  
Jaime Hosner, '03-04, '04-05, '05-06, '06-07  
Lauren Hudson, '08-09  
Jennifer Hunt, '99-00, '00-01, '01-02, '02-03

### ↳ I

Abbie Imes, '13-14, '14-15, '15-16, '16-17

### ↳ J

Kaitlynn Jackson, '10-11, '11-12  
Natalie Jakopin, '10-11, '11-12, '12-13, '13-14  
Zoe James, '12-13, '13-14, '14-15, '15-16  
Elizabeth Jennings, '99-00, '00-01, '01-02, '02-03  
**Emma Beth Jensen, '16-17**  
Catherine Johnson, '10-11, '11-12, '12-13, '13-14  
Elizabeth Johnson, '02-03, '03-04  
Stephanie Johnston, '02-03, '03-04, '04-05  
Chelsea Jordan, '12-13

### ↳ K

Zahra Kiaee, '12-13, '13-14  
**Claudia Kitching, '15-16, '16-17**  
Samantha Kluttz, '10-11, '11-12  
Carleigh Kutac, '08-09, '09-10, '10-11, '11-12  
**Natalia Kwiatkowska, '15-16, '16-17**

### ↳ L

Leslie Lamberson, '98-99  
Taylore Leibsle, '06-07  
Nicole Leslie, '06-07, '07-08, '08-09, '09-10  
Bryn Lewis, '09-10, '10-11, '11-12, '12-13  
Lauren Liston, '06-07  
Laura Littleton, '06-07, '07-08, '08-09  
Brooke Louisell, '02-03, '03-04, '04-05  
Katie Lowry, '06-07  
Hannele Luoma, '09-10

### ↳ M

Jennifer Mallen, '98-99, '99-00  
Sarah Manning, '12-13, '13-14, '15-16  
**Meredith Manry, '16-17**  
Gina Martin, '98-99  
Charlene McClain, '99-00, '00-01, '01-02, '02-03  
Kim McFerrin, '01-02  
Kathleen McManis, '03-04  
Wendy Mealer, '98-99  
Sara Meyer, '01-02  
Sara Michelich, '99-00, '00-01  
Holly Moon, '11-12, '12-13, '13-14  
Emily Moore, '98-99  
Katie Moore, '15-16, '16-17  
**Isabelle Morris, '14-15, '15-16, '16-17**  
Monika Morris, '01-02  
Morgan Morrow, '07-08, '08-09, '09-10, '10-11  
Erin Mouser, '01-02, '02-03, '03-04  
Sarida Muslow, '10-11, '11-12, '12-13, '13-14

### ↳ N

Amanda Neal, '04-05, '06-07, '07-08  
Kim Nelson-Wulff, '07-08, '08-09, '09-10  
Emily Newton, '98-99

### ↳ O

Christine O'Connell, '08-09  
Alesha Olesen, '05-06, '06-07

Eva Marie Oesterhus, '13-14, '14-15  
**Kelsey Opiela, '15-16, '16-17**

### ↳ P

Heather Page, '03-04  
Lauren Page, '04-05  
Ashley Payne, '12-13, '13-14, '14-15, '15-16  
Megan Peek, '98-99, '99-00, '00-01, '01-02  
Tara Peek, '00-01  
Kimmy Phillips, '11-12, '12-13  
Sarah Phillips, '98-99, '99-00  
Bethany Pipes, '01-02, '02-03, '03-04, '04-05  
Becca Ploetz, '09-10, '10-11, '11-12, '12-13  
Seabre Pope, '08-09, '09-10, '10-11, '11-12  
Kristin Purcell, '01-02

### ↳ R

Jordan Ransom, '16-17  
Sarah Richardson, '99-00  
Dawn Richerson, '08-09, '09-10, '10-11  
Hillary Riedmann, '08-09, '09-10, '10-11, '11-12  
Erika Roach, '08-09, '09-10, '10-11  
Jessica Rodriguez, '11-12, '12-13, '13-14, '14-15  
Jill Rosol, '01-02, '02-03, '03-04  
Krista Rossum, '11-12, '12-13, '13-14, '14-15  
Gwen Rourke, '03-04, '04-05, '05-06, '06-07  
**Kathleen Rousset, '15-16, '16-17**  
**Meaghan Rousset, '15-16, '16-17**  
**Averie Ruiz, '15-16, '16-17**  
Emily Rush, '13-14, '14-15, '15-16, '16-17

### ↳ S

Samantha Scheck, '13-14, '14-15, '15-16, '16-17  
Kendall Schmid, '09-10, '10-11  
Casey Schneider, '11-12  
**Jowita Sienczyk, '16-17**  
**Gabryella Silva, '16-17**  
Heather Smith, '98-99  
Laura Standeven, '03-04  
Sarah Standlee, '08-09, '09-10, '10-11  
Katie Starnes, '01-02, '02-03, '03-04  
Ash Stone, '13-14, '14-15, '15-16, '16-17  
Laura Swan, '03-04

### ↳ T

Rebecca Taylor, '10-11, '11-12, '12-13, '13-14  
Lindsay Therrian, '03-04, '04-05  
**Brittany Thurstin, '15-16, '16-17**  
Lauren Tidwell, '14-15, '15-16  
**Haley Timmons, '16-17**  
Chloe Tong, '11-12, '12-13, '13-14, '14-15  
Brandi Townsend, '08-09, '09-10, '10-11, '11-12  
Emilia Tudose, '03-04, '04-05, '05-06  
Kristen Tuttle, '07-08, '08-09  
Michelle Tuttle, '99-00  
Whitney Tyrone, '06-07, '07-08

### ↳ V

**Sarah Vaisse, '14-15, '15-16, '16-17**

### ↳ W

Kristin Wade, '98-99  
Emily Wagner, '99-00  
Lisa Walfield, '00-01, '01-02  
Ashley Walker, '03-04, '04-05  
**Barbara Wasilewska, '14-15, '15-16, '16-17**  
**Sara Whelan, '15-16, '16-17**  
Shannen Wehrman, '11-12  
Catia Weickgenant, '09-10, '10-11, '11-12, '12-13  
Elizabeth Weiss, '06-07, '07-08, '08-09  
Danae Welch, '08-09, '09-10, '10-11, '11-12  
Jessica Wellington, '07-08  
Melissa Whitaker, '99-00, '00-01, '01-02, '02-03  
Alexis Widacki, '10-11, '11-12  
Monica Wolfe, '10-11, '11-12  
Joanna Wozniak, '10-11, '11-12, '12-13





# RECORDS

↳ all-time top 10 performances

### 50-YARD FREESTYLE

|    |                           |              |     |                   |
|----|---------------------------|--------------|-----|-------------------|
| 1  | Pope, Seabre              | 22.99        | (B) | 02/17/2010        |
| 2  | Pope, Seabre              | 23.04        |     | 02/17/2010        |
| 3  | Bradley, Rebekah          | 23.13        |     | 02/25/2016        |
| 4  | Bradley, Rebekah          | 23.20        |     | 02/25/2016        |
| 5  | <b>Jensen, Emma Beth</b>  | <b>23.21</b> |     | <b>11/18/2016</b> |
|    | Rossum, Krista            | 23.21        |     | 12/15/2012        |
| 7  | <b>Jensen, Emma Beth</b>  | <b>23.28</b> |     | <b>02/23/2017</b> |
|    | Pope, Seabre              | 23.28        |     | 12/02/2010        |
| 9  | <b>Thurstin, Brittany</b> | <b>23.31</b> |     | <b>02/23/2017</b> |
| 10 | Bocsa, Bianca             | 23.33        |     | 02/21/2015        |

### 100-YARD FREESTYLE

|    |                          |              |    |                   |
|----|--------------------------|--------------|----|-------------------|
| 1  | <b>Jensen, Emma Beth</b> | <b>50.45</b> |    | <b>02/25/2017</b> |
| 2  | <b>Morris, Isabelle</b>  | <b>50.52</b> |    | <b>02/25/2017</b> |
| 3  | <b>Jensen, Emma Beth</b> | <b>50.56</b> |    | <b>11/20/2016</b> |
| 4  | Ploetz, Becca            | 50.83        |    | 03/02/2013        |
| 5  | Ploetz, Becca            | 50.84        |    | 03/02/2013        |
| 6  | <b>Whelan, Sara</b>      | <b>50.86</b> | \$ | <b>02/25/2017</b> |
| 7  | Bocsa, Bianca            | 50.87        |    | 02/27/2016        |
| 8  | Rossum, Krista           | 50.92        | \$ | 11/23/2014        |
| 9  | Bocsa, Bianca            | 50.94        |    | 11/21/2015        |
| 10 | Bocsa, Bianca            | 50.93        |    | 02/21/2015        |
|    | <b>Whelan, Sara</b>      | <b>50.93</b> |    | <b>02/25/2017</b> |

### 200-YARD FREESTYLE

|    |                         |                |     |                   |
|----|-------------------------|----------------|-----|-------------------|
| 1  | Weickgenant, Catia      | 1:47.67        | (B) | 02/27/2013        |
| 2  | Weickgenant, Catia      | 1:48.14        |     | 12/16/2012        |
| 3  | Weickgenant, Catia      | 1:48.45        |     | 02/24/2012        |
| 4  | Weickgenant, Catia      | 1:48.75        |     | 12/02/2011        |
| 5  | Rossum, Krista          | 1:48.80        | \$  | 02/18/2015        |
| 6  | <b>Morris, Isabelle</b> | <b>1:48.93</b> |     | <b>02/24/2017</b> |
| 7  | Morris, Isabelle        | 1:48.94        |     | 11/20/2015        |
| 8  | Morris, Isabelle        | 1:49.05        |     | 02/20/2015        |
| 9  | Weickgenant, Catia      | 1:49.07        |     | 02/22/2012        |
| 10 | Rossum, Krista          | 1:49.09        |     | 12/16/2012        |

### 500-YARD FREESTYLE

|    |                    |         |     |            |
|----|--------------------|---------|-----|------------|
| 1  | Weickgenant, Catia | 4:46.01 | (B) | 02/28/2013 |
| 2  | Phillips, Kimmy    | 4:46.23 | (B) | 02/28/2013 |
| 3  | Burkard, Jana      | 4:46.27 | (B) | 02/28/2013 |
| 4  | Weickgenant, Catia | 4:47.01 |     | 02/23/2012 |
| 5  | Burkard, Jana      | 4:47.58 |     | 02/28/2013 |
| 6  | Weickgenant, Catia | 4:48.13 |     | 12/15/2012 |
| 7  | Riedmann, Hiliary  | 4:48.84 |     | 02/23/2012 |
| 8  | Weickgenant, Catia | 4:48.89 |     | 12/01/2011 |
| 9  | Burkard, Jana      | 4:49.38 |     | 12/15/2012 |
| 10 | Burkard, Jana      | 4:49.68 |     | 11/21/2013 |

### 1000-YARD FREESTYLE

|    |                   |          |    |            |
|----|-------------------|----------|----|------------|
| 1  | Phillips, Kimmy   | 9:48.72  | \$ | 03/02/2013 |
| 2  | Riedmann, Hiliary | 10:00.14 | \$ | 02/25/2012 |
| 3  | Floyd, Emily      | 10:00.64 | \$ | 02/19/2010 |
| 4  | Burkard, Jana     | 10:00.69 | \$ | 03/02/2013 |
| 5  | Phillips, Kimmy   | 10:02.96 |    | 12/17/2012 |
| 6  | Phillips, Kimmy   | 10:04.90 | \$ | 02/25/2012 |
| 7  | Phillips, Kimmy   | 10:05.96 |    | 01/30/2013 |
| 8  | Burkard, Jana     | 10:07.74 | \$ | 11/23/2013 |
| 9  | Phillips, Kimmy   | 10:08.32 |    | 01/16/2013 |
| 10 | Burkard, Jana     | 10:08.54 |    | 12/17/2012 |

### 1650-YARD FREESTYLE

|    |                   |          |     |            |
|----|-------------------|----------|-----|------------|
| 1  | Phillips, Kimmy   | 16:13.58 | (B) | 03/02/2013 |
| 2  | Burkard, Jana     | 16:32.70 |     | 03/02/2013 |
| 3  | Riedmann, Hiliary | 16:32.77 |     | 02/25/2012 |
| 4  | Phillips, Kimmy   | 16:33.27 |     | 12/17/2012 |
| 5  | Burkard, Jana     | 16:36.06 |     | 03/01/2014 |
| 6  | Floyd, Emily      | 16:37.29 |     | 02/17/2010 |
| 7  | Phillips, Kimmy   | 16:40.45 |     | 02/25/2012 |
| 8  | Floyd, Emily      | 16:42.06 |     | 02/18/2009 |
| 9  | Burkard, Jana     | 16:43.26 |     | 12/17/2012 |
| 10 | Floyd, Emily      | 16:49.48 |     | 02/28/2010 |

### 100-YARD BACKSTROKE

|    |                  |       |       |            |
|----|------------------|-------|-------|------------|
| 1  | Bradley, Rebekah | 53.13 | (B)   | 02/26/2016 |
| 2  | Bradley, Rebekah | 53.42 | (B)   | 02/26/2016 |
| 3  | Groteguth, Mona  | 54.02 |       | 11/21/2013 |
| 4  | Groteguth, Mona  | 54.30 |       | 11/22/2013 |
| 5  | Groteguth, Mona  | 54.37 |       | 11/22/2013 |
| 6  | Bradley, Rebekah | 54.42 | (B)\$ | 02/26/2016 |
| 7  | Bradley, Rebekah | 54.49 | (B)   | 02/26/2016 |
| 8  | Groteguth, Mona  | 54.59 | (B)   | 11/22/2014 |
| 9  | Groteguth, Mona  | 54.67 |       | 03/01/2013 |
| 10 | Groteguth, Mona  | 54.79 | (B)   | 02/20/2015 |

### 200-YARD BACKSTROKE

|   |                  |         |     |            |
|---|------------------|---------|-----|------------|
| 1 | Groteguth, Mona  | 1:56.20 | (B) | 12/21/2014 |
| 2 | Bradley, Rebekah | 1:56.45 | (B) | 02/27/2016 |
| 3 | Groteguth, Mona  | 1:56.62 | (B) | 11/23/2013 |
| 4 | Bradley, Rebekah | 1:57.01 | (B) | 02/27/2016 |
| 5 | Groteguth, Mona  | 1:57.09 | (B) | 11/23/2014 |
| 6 | Groteguth, Mona  | 1:57.13 | (B) | 11/23/2014 |
| 7 | Groteguth, Mona  | 1:57.17 | (B) | 03/02/2013 |
| 8 | Groteguth, Mona  | 1:57.18 |     | 02/21/2015 |
| 9 | Groteguth, Mona  | 1:57.32 | (B) | 11/23/2013 |
|   | Groteguth, Mona  | 1:57.32 | (B) | 02/21/2015 |

### 100-YARD BREASTSTROKE

|    |                      |                |     |                   |
|----|----------------------|----------------|-----|-------------------|
| 1  | <b>Vaisse, Sarah</b> | <b>1:01.38</b> | (B) | <b>11/19/2016</b> |
| 2  | Rossum, Krista       | 1:01.41        | (B) | 03/01/2013        |
| 3  | Rossum, Krista       | 1:01.46        | (B) | 02/24/2012        |
| 4  | Rossum, Krista       | 1:01.66        | (B) | 12/16/2012        |
| 5  | Vaisse, Sarah        | 1:01.75        | (B) | 02/26/2016        |
| 6  | Kitching, Claudia    | 1:01.88        | (B) | 02/26/2016        |
| 7  | Rossum, Krista       | 1:01.99        | (B) | 03/01/2013        |
| 8  | <b>Vaisse, Sarah</b> | <b>1:02.12</b> |     | <b>02/24/2017</b> |
| 9  | Rossum, Krista       | 1:02.23        | (B) | 12/16/2012        |
| 10 | Rossum, Krista       | 1:02.27        | (B) | 02/24/2012        |

### 200-YARD BREASTSTROKE

|    |                          |                |     |                   |
|----|--------------------------|----------------|-----|-------------------|
| 1  | Rossum, Krista           | 2:12.57        | (B) | 03/02/2013        |
| 2  | Kitching, Claudia        | 2:13.18        | (B) | 02/27/2016        |
| 3  | Kitching, Claudia        | 2:13.51        | (B) | 02/27/2016        |
| 4  | Rossum, Krista           | 2:13.54        | (B) | 12/17/2012        |
| 5  | <b>Kitching, Claudia</b> | <b>2:13.76</b> | (B) | <b>02/25/2017</b> |
| 6  | Rossum, Krista           | 2:14.54        | (B) | 02/25/2012        |
| 7  | Rossum, Krista           | 2:14.58        | (B) | 03/02/2013        |
| 8  | Rossum, Krista           | 2:14.72        | (B) | 02/25/2012        |
| 9  | Rossum, Krista           | 2:14.84        |     | 12/03/2011        |
| 10 | Kitching, Claudia        | 2:14.90        | (B) | 02/27/2016        |

### 100-YARD BUTTERFLY

|    |                             |              |     |                   |
|----|-----------------------------|--------------|-----|-------------------|
| 1  | Gentile, Rosa               | 54.14        | (B) | 12/02/2010        |
| 2  | Gentile, Rosa               | 54.21        | (B) | 02/17/2010        |
| 3  | <b>Cornelissen, Mikaela</b> | <b>54.35</b> | (B) | <b>02/24/2017</b> |
| 4  | Gentile, Rosa               | 54.54        | (B) | 12/01/2011        |
| 5  | Gentile, Rosa               | 54.75        |     | 02/24/2012        |
| 6  | Groteguth, Mona             | 54.75        |     | 03/01/2013        |
| 7  | Gentile, Rosa               | 54.77        |     | 12/01/2011        |
| 8  | Gentile, Rosa               | 54.79        |     | 02/17/2010        |
| 9  | Gentile, Rosa               | 54.82        |     | 02/18/2009        |
| 10 | Gentile, Rosa               | 54.86        |     | 12/02/2010        |

### 200-YARD BUTTERFLY

|    |                     |         |  |            |
|----|---------------------|---------|--|------------|
| 1  | Weickgenant, Catia  | 1:59.65 |  | 02/23/2012 |
| 2  | Weickgenant, Catia  | 2:00.23 |  | 03/02/2013 |
| 3  | Weickgenant, Catia  | 2:00.51 |  | 12/03/2011 |
| 4  | Weickgenant, Catia  | 2:00.94 |  | 12/17/2012 |
| 5  | Culpepper, Caroline | 2:01.37 |  | 11/21/2015 |
| 6  | Weickgenant, Catia  | 2:01.72 |  | 02/23/2011 |
| 7  | Culpepper, Caroline | 2:01.80 |  | 02/27/2016 |
| 8  | Weickgenant, Catia  | 2:01.96 |  | 03/02/2013 |
| 9  | Roach, Erika        | 2:02.28 |  | 02/18/2009 |
| 10 | Weickgenant, Catia  | 2:02.50 |  | 12/03/2011 |

### 200-YARD INDIVIDUAL MEDLEY

|    |                      |                |     |                   |
|----|----------------------|----------------|-----|-------------------|
| 1  | <b>Vaisse, Sarah</b> | <b>2:00.01</b> | (B) | <b>02/23/2017</b> |
| 2  | Rossum, Krista       | 2:00.35        | (B) | 02/19/2015        |
| 3  | Rossum, Krista       | 2:00.36        | (B) | 02/28/2013        |
| 4  | Rossum, Krista       | 2:00.62        | (B) | 12/15/2012        |
| 5  | Rossum, Krista       | 2:00.64        | (B) | 02/19/2015        |
| 6  | Rossum, Krista       | 2:00.65        | (B) | 02/23/2012        |
| 7  | Rossum, Krista       | 2:00.98        | (B) | 11/21/2013        |
| 8  | Rossum, Krista       | 2:01.85        |     | 12/01/2011        |
|    | Rossum, Krista       | 2:01.85        |     | 02/28/2013        |
| 10 | Vaisse, Sarah        | 2:01.95        |     | 02/24/2016        |

### 400-YARD INDIVIDUAL MEDLEY

|    |                |         |     |            |
|----|----------------|---------|-----|------------|
| 1  | Rossum, Krista | 4:15.22 | (B) | 02/20/2015 |
| 2  | Rossum, Krista | 4:16.95 | (B) | 02/27/2014 |
| 3  | Rossum, Krista | 4:18.39 | (B) | 11/22/2013 |
| 4  | Rossum, Krista | 4:19.05 | (B) | 12/16/2012 |
| 5  | Rossum, Krista | 4:19.32 | (B) | 11/22/2014 |
| 6  | Rossum, Krista | 4:20.11 |     | 02/27/2014 |
| 7  | Rossum, Krista | 4:20.79 |     | 12/02/2011 |
| 8  | Rossum, Krista | 4:20.81 |     | 02/20/2015 |
| 9  | Rossum, Krista | 4:22.16 |     | 11/22/2013 |
| 10 | Rossum, Krista | 4:22.41 |     | 12/02/2011 |

### ONE-METER DIVING

|    |                    |        |  |            |
|----|--------------------|--------|--|------------|
| 1  | Johnson, Catherine | 304.85 |  | 11/19/2011 |
| 2  | Taylor, Rebecca    | 296.85 |  | 11/19/2011 |
| 3  | Johnson, Catherine | 286.50 |  | 01/14/2012 |
| 4  | Johnson, Catherine | 280.58 |  | 01/20/2012 |
| 5  | Johnson, Catherine | 279.35 |  | 02/26/2011 |
| 6  | Taylor, Rebecca    | 279.23 |  | 01/20/2012 |
| 7  | Taylor, Rebecca    | 275.60 |  | 02/24/2012 |
| 8  | Johnson, Catherine | 273.40 |  | 02/24/2012 |
| 9  | Geeze, Mary Beth   | 271.60 |  | 10/20/2010 |
| 10 | Johnson, Catherine | 270.37 |  | 10/22/2011 |

### THREE-METER DIVING

|    |                    |        |  |            |
|----|--------------------|--------|--|------------|
| 1  | Taylor, Rebecca    | 304.45 |  | 02/22/2012 |
| 2  | Taylor, Rebecca    | 298.88 |  | 01/30/2013 |
| 3  | Taylor, Rebecca    | 298.13 |  | 01/04/2012 |
| 4  | Johnson, Catherine | 294.45 |  | 01/20/2012 |
| 5  | Taylor, Rebecca    | 292.43 |  | 01/20/2012 |
| 6  | Taylor, Rebecca    | 292.20 |  | 11/02/2012 |
| 7  | Taylor, Rebecca    | 289.25 |  | 02/28/2013 |
| 8  | Johnson, Catherine | 287.10 |  | 11/02/2012 |
| 9  | Johnson, Catherine | 286.58 |  | 02/04/2012 |
| 10 | Johnson, Catherine | 284.55 |  | 02/28/2013 |

### PLATFORM DIVING

|    |                           |               |  |                   |
|----|---------------------------|---------------|--|-------------------|
| 1  | Abercrombie, Jasmine      | 207.65        |  | 02/27/2016        |
| 2  | Taylor, Rebecca           | 202.60        |  | 12/17/2011        |
| 3  | Taylor, Rebecca           | 198.05        |  | 12/17/2012        |
| 4  | Abercrombie, Jasmine      | 197.25        |  | 12/20/2014        |
| 5  | <b>Hernandez, Cecilia</b> | <b>188.55</b> |  | <b>02/25/2017</b> |
| 6  | Johnson, Catherine        | 184.95        |  | 03/01/2014        |
| 7  | Scheck, Samantha          | 184.85        |  | 02/21/2015        |
| 8  | Taylor, Rebecca           | 182.10        |  | 03/01/2014        |
| 9  | <b>Scheck, Samantha</b>   | <b>177.75</b> |  | <b>02/25/2017</b> |
| 10 | Johnson, Catherine        | 177.25        |  | 03/01/2014        |

Times and scores from 2016-17 in bold (B) - NCAA B-cut \$ - Split Time





## RELAYS

### 200 FREESTYLE RELAY

|    |   |                |                   |
|----|---|----------------|-------------------|
| 1  | <b>Thurstin, Sienczyk, Morris, Jensen</b> | <b>1:32.99</b> | <b>02/23/2017</b> |
| 2  | Pope, Gentile, Leslie, Hale               | 1:33.26        | 02/18/2010        |
| 3  | Pope, Leslie, Hale, Gentile               | 1:33.28        | 02/19/2009        |
| 4  | Rossum, Bocsa, Ploetz, Balcaen            | 1:33.53        | 12/15/2012        |
| 5  | Morris, Rossum, Balcaen, Bocsa            | 1:33.74        | 02/19/2015        |
| 6  | Gentile, Rossum, Ploetz, Pope             | 1:33.91        | 02/23/2012        |
| 7  | Bocsa, Rossum, Groteguth, Morris          | 1:34.00        | 02/21/2015        |
| 8  | <b>Jensen, Morris, Vaisse, Thurstin</b>   | <b>1:34.23</b> | <b>11/20/2016</b> |
| 9  | Bradley, Bocsa, Thurstin, Morris          | 1:34.39        | 02/25/2016        |
| 10 | Morris, Bocsa, Vaisse, Thurstin           | 1:34.48        | 11/19/2015        |

### 400 FREESTYLE RELAY

|    |   |                |                   |
|----|---|----------------|-------------------|
| 1  | <b>Whelan, Sienczyk, Morris, Jensen</b> | <b>3:21.58</b> | <b>02/25/2017</b> |
| 2  | Ploetz, Rossum, Childs, Weickgenant     | 3:22.48        | 03/02/2013        |
| 3  | Ploetz, Rossum, Bocsa, Weickgenant      | 3:23.04        | 12/17/2012        |
| 4  | Ploetz, Rossum, Gentile, Weickgenant    | 3:24.47        | 02/25/2012        |
| 5  | <b>Vaisse, Whelan, Morris, Jensen</b>   | <b>3:24.88</b> | <b>11/20/2016</b> |
| 6  | Gentile, Pope, Dworschack, Hale         | 3:25.16        | 02/20/2010        |
| 7  | Tidwell, Bocsa, Groteguth, Morris       | 3:25.31        | 11/23/2014        |
| 8  | Bocsa, Morris, Groteguth, Rossum        | 3:25.92        | 02/21/2015        |
| 9  | Morris, Moore, Vaisse, Bocsa            | 3:26.24        | 11/21/2015        |
| 10 | Pope, Leslie, Roach, Hale               | 3:26.33        | 02/21/2009        |

### 800 FREESTYLE RELAY

|    |  |                |                   |
|----|--|----------------|-------------------|
| 1  | Weickgenant, Rossum, Ploetz, Burkard   | 7:14.57        | 02/27/2013        |
| 2  | Weickgenant, Phillips, Ploetz, Rossum  | 7:19.00        | 02/22/2012        |
| 3  | Rossum, Morris, Groteguth, Bocsa       | 7:19.81        | 02/18/2015        |
| 4  | Rossum, Burkard, Phillips, Weickgenant | 7:19.87        | 12/17/2012        |
| 5  | Rossum, Groteguth, Oesterhus, Burkard  | 7:20.38        | 02/26/2014        |
| 6  | Hale, Floyd, Dworschack, Roach         | 7:21.90        | 02/18/2009        |
| 7  | Hale, Dworschack, Floyd, Roach         | 7:22.11        | 02/17/2010        |
| 8  | Morris, Whelan, Kwiatkowska, Moore     | 7:22.48        | 02/24/2016        |
| 9  | <b>Jensen, Moore, Morris, Whelan</b>   | <b>7:22.69</b> | <b>02/25/2017</b> |
| 10 | Rossum, Groteguth, Oesterhus, Burkard  | 7:22.94        | 11/22/2013        |

### 200 MEDLEY RELAY

|    |  |                |                   |
|----|--|----------------|-------------------|
| 1  | Groteguth, Rossum, Lewis, Ploetz               | 1:40.85        | 02/27/2013        |
| 2  | <b>Sienczyk, Vaisse, Cornelissen, Thurstin</b> | <b>1:41.22</b> | <b>02/25/2017</b> |
| 3  | Bradley, Vaisse, Culpepper, Bocsa              | 1:41.70        | 02/24/2016        |
| 4  | Groteguth, Rossum, Lewis, Balcaen              | 1:41.71        | 12/16/2012        |
| 5  | Bradley, Vaisse, Opiela, Thurstin              | 1:42.02        | 02/24/2016        |
| 6  | Bernier, Muslow, Gentile, Pope                 | 1:42.20        | (B) 02/23/2011    |
| 7  | <b>Sienczyk, Vaisse, Opiela, Morris</b>        | <b>1:42.24</b> | <b>11/18/2016</b> |
| 8  | Groteguth, Rossum, Bocsa, Balcaen              | 1:42.59        | 02/26/2014        |
| 9  | Groteguth, Muslow, Gentile, Pope               | 1:43.06        | 02/22/2012        |
| 10 | Groteguth, Rossum, Bocsa, Balcaen              | 1:43.09        | 11/22/2013        |

### 400 MEDLEY RELAY

|    |  |                |                   |
|----|--|----------------|-------------------|
| 1  | Groteguth, Rossum, Gentile, Weickgenant      | 3:41.25        | (B) 02/24/2012    |
| 2  | Groteguth, Rossum, Lewis, Weickgenant        | 3:41.50        | (B) 12/15/2012    |
| 3  | Groteguth, Rossum, Lewis, Weickgenant        | 3:41.95        | (B) 03/01/2013    |
| 4  | Groteguth, Rossum, Buckley, Bocsa            | 3:43.28        | 02/20/2015        |
| 5  | <b>Sienczyk, Vaisse, Cornelissen, Morris</b> | <b>3:43.33</b> | <b>02/24/2017</b> |
| 6  | Groteguth, Rossum, Bocsa, Balcaen            | 3:44.42        | 11/21/2013        |
| 7  | Groteguth, Rossum, Bocsa, Balcaen            | 3:45.44        | 02/28/2014        |
| 8  | Groteguth, Rossum, Gentile, Weickgenant      | 3:45.90        | 12/01/2011        |
| 9  | Bradley, Vaisse, Opiela, Bocsa               | 3:46.02        | 02/26/2015        |
| 10 | <b>Sienczyk, Vaisse, Jensen, Morris</b>      | <b>3:46.06</b> | <b>11/18/2016</b> |

Times and scores from 2015-16 in bold

(B) - NCAA B-cut



# RECORDS

↳ all-time top 10 performers

## 50-YARD FREESTYLE

|    |                           |              |     |                   |
|----|---------------------------|--------------|-----|-------------------|
| 1  | Pope, Seabre              | 22.99        | (B) | 02/17/2010        |
| 2  | Bradley, Rebekah          | 23.13        |     | 02/25/2016        |
| 3  | <b>Jensen, Emma Beth</b>  | <b>23.21</b> |     | <b>11/18/2016</b> |
|    | Rossum, Krista            | 23.21        |     | 12/15/2012        |
| 5  | <b>Thurstin, Brittany</b> | <b>23.31</b> |     | <b>02/23/2017</b> |
| 6  | Leslie, Nicole            | 23.38        |     | 02/19/2009        |
| 7  | Bocsa, Bianca             | 23.43        |     | 11/19/2015        |
| 8  | Ploetz, Becca             | 23.55        |     | 02/28/2013        |
| 9  | <b>Opiela, Kelsey</b>     | <b>23.56</b> | \$  | <b>02/23/2017</b> |
| 10 | Morris, Isabelle          | 23.66        |     | 11/19/2015        |

## 100-YARD FREESTYLE

|    |                           |              |    |                   |
|----|---------------------------|--------------|----|-------------------|
| 1  | <b>Jensen, Emma Beth</b>  | <b>50.45</b> |    | <b>02/25/2017</b> |
| 2  | <b>Morris, Isabelle</b>   | <b>50.52</b> |    | <b>02/25/2017</b> |
| 3  | Ploetz, Becca             | 50.83        |    | 03/02/2013        |
| 4  | <b>Whelan, Sara</b>       | <b>50.86</b> | \$ | <b>02/25/2017</b> |
| 5  | Bocsa, Bianca             | 50.87        | \$ | 02/27/2016        |
| 6  | Rossum, Krista            | 50.92        | \$ | 11/23/2014        |
| 7  | Leslie, Nicole            | 51.16        |    | 02/21/2009        |
| 8  | Hale, Alicia              | 51.17        |    | 12/05/2009        |
| 9  | <b>Thurstin, Brittany</b> | <b>51.31</b> |    | <b>02/25/2017</b> |
| 10 | Gentile, Rosa             | 51.34        |    | 02/19/2010        |

## 200-YARD FREESTYLE

|    |                         |                |     |                   |
|----|-------------------------|----------------|-----|-------------------|
| 1  | Weickgenant, Catia      | 1:47.67        | (B) | 02/27/2013        |
| 2  | Rossum, Krista          | 1:48.80        | \$  | 02/18/2015        |
| 3  | <b>Morris, Isabelle</b> | <b>1:48.93</b> |     | <b>02/24/2017</b> |
| 4  | Burkard, Jana           | 1:49.73        |     | 03/01/2013        |
| 5  | Phillips, Kimmy         | 1:49.75        |     | 03/01/2013        |
| 6  | Whelan, Sara            | 1:49.81        |     | 02/26/2016        |
| 7  | Hale, Alicia            | 1:49.86        |     | 02/18/2009        |
| 8  | Ploetz, Becca           | 1:50.60        |     | 03/01/2013        |
| 9  | <b>Moore, Katie</b>     | <b>1:50.64</b> |     | <b>02/24/2017</b> |
| 10 | Roach, Erika            | 1:50.73        |     | 02/20/2009        |

## 500-YARD FREESTYLE

|    |                    |         |     |            |
|----|--------------------|---------|-----|------------|
| 1  | Weickgenant, Catia | 4:46.01 | (B) | 02/28/2013 |
| 2  | Phillips, Kimmy    | 4:46.23 | (B) | 02/28/2013 |
| 3  | Burkard, Jana      | 4:46.27 | (B) | 02/28/2013 |
| 4  | Riedmann, Hiliary  | 4:48.84 |     | 02/23/2012 |
| 5  | Floyd, Emily       | 4:50.74 |     | 02/19/2009 |
| 6  | Roach, Erika       | 4:51.98 |     | 02/19/2009 |
| 7  | Groteguth, Mona    | 4:52.26 |     | 12/19/2014 |
| 8  | Whelan, Sara       | 4:53.12 |     | 02/25/2016 |
| 9  | Angie Dworschack   | 4:53.25 |     | 02/23/2011 |
| 10 | Dawn Richerson     | 4:55.38 |     | 02/23/2011 |

## 1000-YARD FREESTYLE

|    |                     |          |  |            |
|----|---------------------|----------|--|------------|
| 1  | Phillips, Kimmy     | 9:48.72  |  | 03/02/2013 |
| 2  | Riedmann, Hiliary   | 10:00.14 |  | 02/25/2012 |
| 3  | Floyd, Emily        | 10:00.64 |  | 02/19/2010 |
| 4  | Burkard, Jana       | 10:00.69 |  | 03/02/2013 |
| 5  | Richerson, Dawn     | 10:09.82 |  | 02/23/2011 |
| 6  | Calkins, Kenzie     | 10:10.06 |  | 03/02/2013 |
| 7  | Dworschack, Angie   | 10:12.08 |  | 02/23/2011 |
| 8  | Goertz, Haley       | 10:18.97 |  | 03/02/2013 |
| 9  | Wasilewska, Barbara | 10:20.63 |  | 11/22/2014 |
| 10 | Moon, Holly         | 10:23.57 |  | 03/02/2013 |

## 1650-YARD FREESTYLE

|    |                     |          |  |            |
|----|---------------------|----------|--|------------|
| 1  | Phillips, Kimmy     | 16:13.58 |  | 03/02/2013 |
| 2  | Burkard, Jana       | 16:32.70 |  | 03/02/2013 |
| 3  | Riedmann, Hiliary   | 16:32.77 |  | 02/25/2012 |
| 4  | Floyd, Emily        | 16:37.29 |  | 02/19/2010 |
| 5  | Richerson, Dawn     | 16:50.31 |  | 02/23/2011 |
| 6  | Calkins, Kenzie     | 16:50.49 |  | 03/02/2013 |
| 7  | Dworschack, Angie   | 16:53.65 |  | 02/23/2011 |
| 8  | Goertz, Haley       | 17:05.39 |  | 03/02/2013 |
| 9  | Wasilewska, Barbara | 17:10.22 |  | 11/22/2014 |
| 10 | Moon, Holly         | 17:12.24 |  | 03/02/2013 |

## 100-YARD BACKSTROKE

|    |                        |              |        |                   |
|----|------------------------|--------------|--------|-------------------|
| 1  | Bradley, Rebekah       | 53.13        |        | 02/26/2016        |
| 2  | Groteguth, Mona        | 54.02        |        | 11/21/2013        |
| 3  | <b>Siencyk, Jowita</b> | <b>54.81</b> | (B) \$ | <b>02/24/2017</b> |
| 4  | Bocsa, Bianca          | 55.36        |        | 11/20/2015        |
| 5  | Gentile, Rosa          | 56.07        |        | 02/18/2010        |
| 6  | Childs, Mackenzie      | 56.23        |        | 03/01/2013        |
| 7  | <b>Stone, Ash</b>      | <b>56.27</b> |        | <b>11/19/2016</b> |
|    | Colunga, Gaby          | 56.27        |        | 02/26/2016        |
| 9  | Leslie, Nicole         | 56.54        |        | 02/20/2009        |
| 10 | Garcia-Meitin, Bonnie  | 56.57        |        | 02/29/2008        |

## 200-YARD BACKSTROKE

|    |                           |                |  |                   |
|----|---------------------------|----------------|--|-------------------|
| 1  | Groteguth, Mona           | 1:56.20        |  | 12/21/2014        |
| 2  | Bradley, Rebekah          | 1:56.45        |  | 02/27/2016        |
| 3  | Garcia-Meitin, Bonnie     | 1:59.14        |  | 02/28/2008        |
| 4  | <b>Stone, Ash</b>         | <b>2:00.45</b> |  | <b>11/20/2016</b> |
| 5  | Manning, Sarah            | 2:01.21        |  | 02/05/2016        |
| 6  | <b>Siencyk, Jowita</b>    | <b>2:02.40</b> |  | <b>11/20/2016</b> |
| 7  | Colunga, Gaby             | 2:02.85        |  | 03/02/2013        |
| 8  | Hill, Leanne              | 2:02.89        |  | 02/23/2011        |
| 9  | Kwiatkowska, Natalia      | 2:03.47        |  | 11/20/2015        |
| 10 | <b>Blanchard, Lindsey</b> | <b>2:03.81</b> |  | <b>11/20/2016</b> |

## 100-YARD BREASTSTROKE

|    |                          |                |     |                   |
|----|--------------------------|----------------|-----|-------------------|
| 1  | <b>Vaisse, Sarah</b>     | <b>1:01.38</b> | (B) | <b>11/19/2016</b> |
| 2  | Rossum, Krista           | 1:01.41        |     | 03/01/2013        |
| 3  | Kitching, Claudia        | 1:01.88        |     | 02/26/2016        |
| 4  | Muslow, Sarida           | 1:03.87        |     | 02/24/2012        |
| 5  | Bakke, Hannah            | 1:03.92        |     | 02/29/2008        |
| 6  | <b>Rousset, Kathleen</b> | <b>1:04.69</b> |     | <b>02/24/2017</b> |
| 7  | Buckley, Sydney          | 1:04.82        |     | 02/20/2015        |
| 8  | Rousset, Meaghan         | 1:04.94        |     | 02/26/2016        |
| 9  | Bado, Rosita             | 1:05.08        |     | 02/18/2010        |
| 10 | Luoma, Hannelle          | 1:05.33        |     | 12/04/2009        |

## 200-YARD BREASTSTROKE

|    |                          |                |  |                   |
|----|--------------------------|----------------|--|-------------------|
| 1  | Rossum, Krista           | 2:12.57        |  | 03/02/2013        |
| 2  | Kitching, Claudia        | 2:13.18        |  | 02/27/2016        |
| 3  | <b>Vaisse, Sarah</b>     | <b>2:16.14</b> |  | <b>11/20/2016</b> |
| 4  | Muslow, Sarida           | 2:17.73        |  | 12/17/2012        |
| 5  | Luoma, Hannele           | 2:19.48        |  | 02/19/2010        |
| 6  | Bakke, Hannah            | 2:20.02        |  | 12/17/2007        |
| 7  | Rousset, Meaghan         | 2:20.40        |  | 02/27/2016        |
| 8  | Bado, Rosita             | 2:20.62        |  | 02/19/2010        |
| 9  | <b>Rousset, Kathleen</b> | <b>2:21.16</b> |  | <b>02/04/2017</b> |
| 10 | Tong, Chloe              | 2:22.34        |  | 02/25/2012        |

## 100-YARD BUTTERFLY

|    |                             |              |     |                   |
|----|-----------------------------|--------------|-----|-------------------|
| 1  | Gentile, Rosa               | 54.14        |     | 12/02/2010        |
| 2  | <b>Cornelissen, Mikaela</b> | <b>54.35</b> | (B) | <b>02/24/2017</b> |
| 3  | Groteguth, Mona             | 54.75        |     | 03/01/2013        |
| 4  | Buckley, Sydney             | 55.13        |     | 02/20/2015        |
| 5  | <b>Jensen, Emma Beth</b>    | <b>55.33</b> |     | <b>11/19/2016</b> |
| 6  | <b>Manry, Meredith</b>      | <b>55.39</b> |     | <b>02/24/2017</b> |
| 7  | Bernier, Stephanie          | 55.55        |     | 02/24/2012        |
| 8  | Lewis, Bryn                 | 55.68        |     | 03/01/2013        |
| 9  | <b>Opiela, Kelsey</b>       | <b>55.76</b> |     | <b>02/24/2017</b> |
| 10 | Bocsa, Bianca               | 55.86        |     | 02/20/2015        |

## 200-YARD BUTTERFLY

|    |                      |         |  |            |
|----|----------------------|---------|--|------------|
| 1  | Weickgenant, Catia   | 1:59.65 |  | 02/25/2012 |
| 2  | Culpepper, Caroline  | 2:01.37 |  | 11/21/2015 |
| 3  | Roach, Erika         | 2:02.28 |  | 02/21/2009 |
| 4  | Lewis, Bryn          | 2:02.76 |  | 03/02/2013 |
| 5  | Gentile, Rosa        | 2:03.81 |  | 02/21/2009 |
| 6  | Riedmann, Hiliary    | 2:04.02 |  | 02/19/2010 |
| 7  | Calkins, Kenzie      | 2:04.02 |  | 11/23/2013 |
| 8  | Oesterhus, Eva Marie | 2:04.30 |  | 03/01/2014 |
| 9  | Cantillo, Taryne     | 2:05.17 |  | 03/01/2008 |
| 10 | Colunga, Gaby        | 2:05.49 |  | 02/05/2016 |

## 200-YARD INDIVIDUAL MEDLEY

|    |                        |                |     |                   |
|----|------------------------|----------------|-----|-------------------|
| 1  | <b>Vaisse, Sarah</b>   | <b>2:00.01</b> | (B) | <b>02/23/2017</b> |
| 2  | Rossum, Krista         | 2:00.35        |     | 02/19/2015        |
| 3  | <b>Siencyk, Jowita</b> | <b>2:02.30</b> |     | <b>02/23/2017</b> |
| 4  | Gentile, Rosa          | 2:04.21        |     | 12/02/2010        |
| 5  | Weickgenant, Catia     | 2:04.59        |     | 12/15/2012        |
| 6  | Hale, Alicia           | 2:04.98        |     | 02/19/2009        |
| 7  | Hill, Leanne           | 2:05.78        |     | 02/23/2011        |
| 8  | Wozniak, Joanna        | 2:06.50        |     | 02/28/2013        |
| 9  | Jackson, Kaitlynn      | 2:06.86        |     | 12/01/2011        |
| 10 | Hammervold, Christina  | 2:07.00        |     | 02/28/2008        |

## 400-YARD INDIVIDUAL MEDLEY

|    |                        |                |  |                   |
|----|------------------------|----------------|--|-------------------|
| 1  | Rossum, Krista         | 4:15.22        |  | 02/20/2015        |
| 2  | <b>Siencyk, Jowita</b> | <b>4:23.70</b> |  | <b>02/24/2017</b> |
| 3  | Calkins, Kenzie        | 4:25.02        |  | 03/01/2013        |
| 4  | Oesterhus, Eva Marie   | 4:25.82        |  | 02/27/2014        |
| 5  | Wozniak, Joanna        | 4:27.14        |  | 12/16/2012        |
| 6  | Culpepper, Caroline    | 4:27.22        |  | 11/20/2015        |
| 7  | Colunga, Gaby          | 4:27.94        |  | 03/01/2013        |
| 8  | Jackson, Kaitlynn      | 4:27.99        |  | 02/24/2012        |
| 9  | Riedmann, Hiliary      | 4:28.11        |  | 12/02/2010        |
| 10 | Payne, Ashley          | 4:28.46        |  | 03/01/2013        |

## ONE-METER DIVING

|    |                      |               |  |                   |
|----|----------------------|---------------|--|-------------------|
| 1  | Johnson, Catherine   | 304.85        |  | 11/19/2011        |
| 2  | Taylor, Rebecca      | 296.85        |  | 11/19/2011        |
| 3  | Covo, Delia          | 278.40        |  | 11/16/2012        |
| 4  | Geeze, Mary Beth     | 271.60        |  | 10/20/2010        |
| 5  | Scheck, Samantha     | 263.92        |  | 01/29/2016        |
| 6  | Whitaker, Melissa    | 256.50        |  | 10/28/2000        |
| 7  | Abercrombie, Jasmine | 249.22        |  | 01/29/2016        |
| 8  | Bliss, Bobbi         | 243.55        |  | 11/16/2012        |
| 9  | <b>Ruiz, Averie</b>  | <b>237.37</b> |  | <b>01/27/2017</b> |
| 10 | Jessica Bills        | 232.55        |  | 10/20/2010        |

## THREE-METER DIVING

|    |                      |               |  |                   |
|----|----------------------|---------------|--|-------------------|
| 1  | Taylor, Rebecca      | 304.45        |  | 02/22/2012        |
| 2  | Johnson, Catherine   | 294.45        |  | 01/20/2012        |
| 3  | Covo, Delia          | 282.45        |  | 02/28/2013        |
| 4  | Geeze, Mary Beth     | 272.55        |  | 10/20/2010        |
| 5  | Abercrombie, Jasmine | 264.25        |  | 12/19/2014        |
| 6  | Scheck, Samantha     | 263.30        |  | 12/19/2014        |
| 7  | Bliss, Bobbi         | 256.00        |  | 02/28/2013        |
| 8  | Whitaker, Melissa    | 248.65        |  | 12/02/2000        |
| 9  | <b>Ruiz, Averie</b>  | <b>235.05</b> |  | <b>02/03/2017</b> |
| 10 | Jordan Chelsea       | 233.15        |  | 11/15/2012        |

## PLATFORM DIVING

|   |                           |               |  |                   |
|---|---------------------------|---------------|--|-------------------|
| 1 | Abercrombie, Jasmine      | 207.65        |  | 02/27/2016        |
| 2 | Taylor, Rebecca           | 202.60        |  | 12/17/2011        |
| 3 | <b>Hernandez, Cecilia</b> | <b>188.55</b> |  | <b>02/25/2017</b> |
| 4 | Johnson, Catherine        | 184.95        |  | 03/01/2014        |
| 5 | Scheck, Samantha          | 184.85        |  | 02/21/2015        |
| 6 | <b>Silva, Gabryella</b>   | <b>143.00</b> |  | <b>02/25/2017</b> |
| 7 | Ruiz, Averie              | 155.00        |  | 02/27/2016        |
| 8 | <b>Ransom, Jordan</b>     | <b>132.55</b> |  | <b>02/25/2017</b> |
| 9 | Covo, Delia               | 118.25        |  | 12/17/2012        |



## RELAYS

### 200 FREESTYLE RELAY

|    |   |                |                   |
|----|---|----------------|-------------------|
| 1  | <b>Thurstin, Sienczyk, Morris, Jensen</b> | <b>1:32.99</b> | <b>02/23/2017</b> |
| 2  | Pope, Gentile, Leslie, Hale               | 1:33.26        | 02/18/2010        |
| 3  | Pope, Leslie, Hale, Gentile               | 1:33.28        | 02/19/2009        |
| 4  | Rossum, Bocsa, Ploetz, Balcaen            | 1:33.53        | 12/15/2012        |
| 5  | Morris, Rossum, Balcaen, Bocsa            | 1:33.74        | 02/19/2015        |
| 6  | Gentile, Rossum, Ploetz, Pope             | 1:33.91        | 02/23/2012        |
| 7  | Bocsa, Rossum, Groteguth, Morris          | 1:34.00        | 02/21/2015        |
| 8  | <b>Jensen, Morris, Vaisse, Thurstin</b>   | <b>1:34.23</b> | <b>11/20/2016</b> |
| 9  | Bradley, Bocsa, Thurstin, Morris          | 1:34.39        | 02/25/2016        |
| 10 | Morris, Bocsa, Vaisse, Thurstin           | 1:34.48        | 11/19/2015        |

### 400 FREESTYLE RELAY

|    |  |                |                   |
|----|--|----------------|-------------------|
| 1  | <b>Whelan, Sienczyk, Morris Jensen</b> | <b>3:21.58</b> | <b>02/25/2017</b> |
| 2  | Ploetz, Rossum, Childs, Weickgenant    | 3:22.48        | 03/02/2013        |
| 3  | Ploetz, Rossum, Bocsa, Weickgenant     | 3:23.04        | 12/17/2012        |
| 4  | Ploetz, Rossum, Gentile, Weickgenant   | 3:24.47        | 02/25/2012        |
| 5  | <b>Vaisse, Whelan, Morris, Jensen</b>  | <b>3:24.88</b> | <b>11/20/2016</b> |
| 6  | Gentile, Pope, Dworschack, Hale        | 3:25.16        | 02/20/2010        |
| 7  | Tidwell, Bocsa, Groteguth, Morris      | 3:25.31        | 11/23/2014        |
| 8  | Bocsa, Morris, Groteguth, Rossum       | 3:25.92        | 02/21/2015        |
| 9  | Morris, Moore, Vaisse, Bocsa           | 3:26.24        | 11/21/2015        |
| 10 | Pope, Leslie, Roach, Hale              | 3:26.33        | 02/21/2009        |

### 800 FREESTYLE RELAY

|    |  |                |                   |
|----|--|----------------|-------------------|
| 1  | Weickgenant, Rossum, Ploetz, Burkard   | 7:14.57        | 02/27/2013        |
| 2  | Weickgenant, Phillips, Ploetz, Rossum  | 7:19.00        | 02/22/2012        |
| 3  | Rossum, Morris, Groteguth, Bocsa       | 7:19.81        | 02/18/2015        |
| 4  | Rossum, Burkard, Phillips, Weickgenant | 7:19.87        | 12/17/2012        |
| 5  | Rossum, Groteguth, Oesterhus, Burkard  | 7:20.38        | 02/26/2014        |
| 6  | Hale, Floyd, Dworschack, Roach         | 7:21.90        | 02/18/2009        |
| 7  | Hale, Dworschack, Floyd, Roach         | 7:22.11        | 02/17/2010        |
| 8  | Morris, Whelan, Kwiatkowska, Moore     | 7:22.48        | 02/24/2016        |
| 9  | <b>Jensen, Moore, Mooris, Whelan</b>   | <b>7:22.69</b> | <b>02/25/2017</b> |
| 10 | Rossum, Groteguth, Oesterhus, Burkard  | 7:22.94        | 11/22/2013        |

### 200 MEDLEY RELAY

|    |  |                |                   |
|----|--|----------------|-------------------|
| 1  | Groteguth, Rossum, Lewis, Ploetz               | 1:40.85        | 02/27/2013        |
| 2  | <b>Sienczyk, Vaisse, Cornelissen, Thurstin</b> | <b>1:41.22</b> | <b>02/25/2017</b> |
| 3  | Bradley, Vaisse, Culpepper, Bocsa              | 1:41.70        | 02/24/2016        |
| 4  | Groteguth, Rossum, Lewis, Balcaen              | 1:41.71        | 12/16/2012        |
| 5  | Bradley, Vaisse, Opiela, Thurstin              | 1:42.02        | 02/24/2016        |
| 6  | Bernier, Muslow, Gentile, Pope                 | 1:42.20        | (B) 02/23/2011    |
| 7  | <b>Sienczyk, Vaisse, Opiela, Morris</b>        | <b>1:42.24</b> | <b>11/18/2016</b> |
| 8  | Groteguth, Rossum, Bocsa, Balcaen              | 1:42.59        | 02/26/2014        |
| 9  | Groteguth, Muslow, Gentile, Pope               | 1:43.06        | 02/22/2012        |
| 10 | Groteguth, Rossum, Bocsa, Balcaen              | 1:43.09        | 11/22/2013        |

### 400 MEDLEY RELAY

|    |   |                |                   |
|----|---|----------------|-------------------|
| 1  | Groteguth, Rossum, Gentile, Weickgenant | 3:41.25        | 02/24/2012        |
| 2  | Groteguth, Rossum, Lewis, Ploetz        | 3:41.50        | 12/15/2012        |
| 3  | Groteguth, Rossum, Buckley, Bocsa       | 3:43.28        | 02/20/2015        |
| 4  | <b>Sienczyk, Vaisse, Jensen, Morris</b> | <b>3:43.33</b> | <b>02/24/2017</b> |
| 5  | Groteguth, Rossum, Bocsa, Balcaen       | 3:44.42        | 11/21/2013        |
| 6  | Bradley, Vaisse, Opiela, Bocsa          | 3:46.02        | 02/26/2016        |
| 7  | Bocsa, Vaisse, Buckley, Morris          | 3:46.14        | 11/19/2015        |
| 7  | Groteguth, Rossum, Bocsa, Morris        | 3:46.62        | 12/19/2014        |
| 8  | Gentile, Bado, Riedmann, Hale           | 3:47.33        | 02/19/2010        |
| 9  | <b>Sienczyk, Vaisse, Opiela, Jensen</b> | <b>3:47.81</b> | <b>12/18/2016</b> |
| 10 | Bernier, Muslow, Gentile, Pope          | 3:48.43        | 02/25/2011        |

Times and scores from 2016-17 in bold

(B) - NCAA B-cut



# RECORDS

↳ all-time award winners

## ↳ All-Conference Selections

### Sun Belt Conference

- 2001** Michelle Gomez  
3rd place - 200-yard Butterfly  
3rd place - 200-yard Individual Medley
- 2002** Bethany Pipes  
2nd place - 500-yard Freestyle  
3rd place - 200-yard Backstroke
- 2003** Bethany Pipes  
3rd place - 100-yard Backstroke  
3rd place - 200-yard Backstroke  
3rd place - 500-yard Freestyle  
Elizabeth Johnson  
2nd place - 50-yard Freestyle  
3rd place - 200-yard Freestyle Relay  
Elizabeth Jennings  
3rd place - 200-yard Freestyle Relay  
Cynthia Bernal  
3rd place - 200-yard Freestyle Relay  
Charlene McClain  
3rd place - 200-yard Freestyle Relay
- 2004** Bethany Pipes  
1st place - 200-yard Backstroke
- 2005** Bethany Pipes  
2nd place - 200-yard Backstroke
- 2007** Nicole Leslie  
2nd Place - 100-yard Freestyle  
2nd Place - 400-yard Medley Relay  
3rd Place - 200-yard Medley Relay  
3rd Place - 200-yard Freestyle Relay  
Hannah Bakke  
2nd Place - 400-yard Medley Relay  
3rd Place - 200-yard Medley Relay  
Bonnie Garcia-Meritin  
2nd Place - 400-yard Medley Relay  
3rd Place - 200-yard Medley Relay  
3rd Place - 200-yard Freestyle Relay  
Lauren Harris  
3rd Place - 200-yard Medley Relay  
Alesha Olesen  
2nd Place - 400-yard Medley Relay  
Gwen Rourke  
3rd Place - 200-yard Freestyle Relay  
Elizabeth Weiss  
3rd Place - 200-yard Freestyle Relay
- 2008** Hannah Bakke  
3rd Place - 100-yard Breaststroke  
3rd Place - 400-yard Medley Relay  
Taryne Cantillo  
3rd Place - 400-yard Medley Relay  
Emily Floyd  
3rd Place - 500-yard Freestyle  
3rd Place - 400-yard Freestyle Relay  
Bonnie Garcia-Meritin  
2nd Place - 200-yard Backstroke  
3rd Place - 200-yard Freestyle Relay  
3rd Place - 400-yard Medley Relay  
Alicia Hale  
2nd Place - 200-yard Freestyle  
3rd Place - 400-yard Medley Relay  
3rd Place - 400-yard Freestyle Relay  
Nicole Leslie  
3rd Place - 200-yard Freestyle Relay  
3rd Place - 400-yard Freestyle Relay  
Amanda Neal  
3rd Place - 200-yard Freestyle Relay

- Elizabeth Weiss  
3rd Place - 200-yard Freestyle Relay  
3rd Place - 400-yard Freestyle Relay

- 2009** Angie Dworschack  
2nd Place - 800-yard Freestyle Relay  
Emily Floyd  
2nd Place - 500-yard Freestyle  
2nd Place - 1650-yard Freestyle  
2nd Place - 800-yard Freestyle Relay  
Rosa Gentile  
2nd Place - 100-yard Butterfly  
Alicia Hale  
2nd Place - 800-yard Freestyle Relay  
Erika Roach  
2nd Place - 800-yard Freestyle Relay  
3rd Place - 500-yard Freestyle
- 2010** Nicole Leslie  
2nd Place - 200-yard Medley Relay  
3rd Place - 200-yard Freestyle Relay  
Hannelle Luoma  
2nd Place - 200-yard Medley Relay  
Rosa Gentile  
2nd Place - 100-yard Butterfly  
2nd Place - 200-yard Medley Relay  
3rd Place - 200-yard Freestyle Relay  
3rd Place - 400-yard Medley Relay  
3rd Place - 400-yard Freestyle Relay  
Seabre Pope  
**1st Place - 50-yard Freestyle**  
2nd Place - 200-yard Medley Relay  
3rd Place - 200-yard Freestyle Relay  
3rd Place - 400-yard Freestyle Relay  
Delia Covo  
2nd Place - Three-Meter Diving  
Alicia Hale  
2nd Place - 800-yard Freestyle Relay  
3rd Place - 200-yard Freestyle Relay  
3rd Place - 400-yard Medley Relay  
3rd Place - 400-yard Freestyle Relay  
Angela Dworschack  
2nd Place - 800-yard Freestyle Relay  
3rd Place - 400-yard Freestyle Relay  
Emily Floyd  
**1st Place - 500-yard Freestyle**  
**1st Place - 1650-yard Freestyle**  
2nd Place - 800-yard Freestyle Relay  
Erika Roach  
2nd Place - 800-yard Freestyle Relay  
Catia Weickgenant  
2nd Place - 500-yard Freestyle  
Hiliary Riedmann  
2nd Place - 1650-yard Freestyle  
3rd Place - 500-yard Freestyle  
3rd Place - 400-yard Medley Relay  
Mary Beth Geeze  
2nd Place - One-Meter Diving  
Rosita Bado  
3rd Place - 400-yard Medley Relay  
**2011** Catia Weickgenant  
**1st Place - 500-yard Freestyle**  
2nd Place - 800-yard Freestyle Relay  
3rd Place - 200-yard Freestyle  
3rd Place - 200-yard Butterfly  
Angie Dworschack  
2nd Place - 800-yard Freestyle Relay  
2nd Place - 1650-yard Freestyle  
3rd Place - 500-yard Freestyle  
Erika Roach  
2nd Place - 1650-yard Freestyle

- Catherine Johnson  
2nd Place - 3-meter Diving  
2nd Place - 1-meter Diving  
Delia Covo  
3rd Place - 3-meter Diving  
Rosa Gentile  
3rd Place - 200-yard Medley Relay  
3rd Place - 200-yard Freestyle Relay  
Sarida Muslow  
3rd Place - 200-yard Medley Relay  
Stephanie Bernier  
3rd Place - 200-yard Medley Relay  
Alexis Widacki  
3rd Place - 200-yard Freestyle Relay  
Becca Ploetz  
3rd Place - 200-yard Freestyle Relay  
Seabre Pope  
3rd Place - 200-yard Medley Relay  
3rd Place - 200-yard Freestyle Relay  
Dawn Richerson  
1st Place - 1650-yard Freestyle  
Hiliary Reidmann  
2nd Place - 1650-yard Freestyle  
3rd Place - 1650-yard Freestyle
- 2012** Rosa Gentile  
**1st Place - 400-yard Medley Relay**  
2nd Place - 400-yard Freestyle Relay  
3rd Place - 100-yard Butterfly  
3rd Place - 200-yard Freestyle Relay  
Mona Groteguth  
**1st Place - 400-yard Medley Relay**  
3rd Place - 100-yard Backstroke  
Catherine Johnson  
2nd Place - 1-meter Diving  
2nd Place - 3-meter Diving  
Kimmy Phillips  
3rd Place - 1650-yard Freestyle  
Becca Ploetz  
2nd Place - 400-yard Freestyle Relay  
3rd Place - 200-yard Freestyle Relay  
Seabre Pope  
3rd Place - 200-yard Freestyle Relay  
Hiliary Riedmann  
2nd Place - 1650-yard Freestyle  
3rd Place - 500-yard Freestyle  
Krista Rossum  
**1st Place - 100-yard Breaststroke**  
**1st Place - 200-yard Breaststroke**  
**1st Place - 400-yard Medley Relay**  
2nd Place - 400-yard Freestyle Relay  
3rd Place - 200-yard Freestyle Relay  
Catia Weickgenant  
**1st Place - 500-yard Freestyle**  
**1st Place - 400-yard Medley Relay**  
2nd Place - 200-yard Freestyle  
2nd Place - 200-yard Butterfly  
2nd Place - 400-yard Freestyle Relay
- 2013** Jana Burkard  
2nd Place - 1650-yard Freestyle  
3rd Place - 500-yard Freestyle  
Mona Groteguth  
**1st Place - 100-yard Butterfly**  
3rd Place - 100-yard Backstroke  
Catherine Johnson  
3rd Place - 1-meter Diving  
3rd Place - 3-meter Diving  
Kimmy Phillips  
**1st Place - 1650-yard Freestyle**  
2nd Place - 500-yard Freestyle  
Becca Ploetz  
3rd Place - 100-yard Freestyle





Krista Rossum  
**1st Place-100-yard Breaststroke**  
 2nd Place- 200 Breaststroke  
 Catia Weickgenant  
**1st Place- 500-yard Freestyle**  
 2nd Place- 200 Freestyle  
 2nd Place-200 Butterfly

## Conference USA

**2014** Jana Burkard  
 3rd Place- 500 Freestyle  
 3rd Place-1650 Butterfly  
 Krista Rossum  
 2nd Place- 400-yard IM  
**2015** Krista Rossum  
 2nd Place- 400-yard IM  
 3rd Place- 400-yard Medley Relay  
 Bianca Bocsa  
 3rd Place- 400-yard Medley Relay  
 Sydney Buckley  
 3rd Place- 400-yard Medley Relay  
 Mona Grotoguth  
 3rd Place- 400-yard Medley Relay  
**2016** Rebekah Bradley  
**1st Place - 200-yard Backstroke**  
 2nd Place - 100-yard Backstroke  
 Claudia Kitching  
 2nd Place - 200-yard Breaststroke  
 3rd Place - 100-yard Breaststroke  
**2017** Sarah Vaisse  
 3rd Place - 200-yard IM  
 Claudia Kitching  
 3rd Place - 200-yard Breaststroke

## ↳ NCAA 'B' Consideration Cut

**2007-08** Bonnie Garcia-Meitin  
 Alicia Hale  
**2009-10** Emily Floyd (1650 Free)  
 Emily Floyd (500 Free)  
 Rosa Gentile (100 Fly)  
 Seabre Pope (50 Free)  
**2010-11** Rosa Gentile (100 Fly)  
 Catia Weickgenant (500 Free)  
 Bernier, Muslow, Gentile, Pope  
 (200 Medley Relay)  
**2011-12** Rosa Gentile (100 Fly)  
 Mona Grotoguth (100 and 200 Back)  
 Krista Rossum (100 and 200 Breast,  
 200 IM)  
 Catia Weickgenant (500 Free, 200 Fly)  
 Ploetz, Rossum, Gentile, Weickgenant  
 (400 Free Relay)  
 Weickgenant, Phillips, Ploetz, Rossum  
 (800 Free Relay)  
 Grotoguth, Rossum, Gentile, Weickgenant  
 (400 Medley Relay)  
**2012-13** Jana Burkard (500 Free)  
 Mona Grotoguth (200 Back)  
 Kimmy Phillips (1650 Free, 500 Free)  
 Krista Rossum (100 Breast, 200 Breast, 200 IM)  
 Catia Weickgenant (500 Free)  
**2013-14** Mona Grotoguth (200 Back)  
 Krista Rossum (200 IM, 400 IM)  
**2014-15** Mona Grotoguth (100 and 200 Back)  
 Krista Rossum (200 Breast, 200 IM, 400 IM)  
**2015-16** Rebekah Bradley (100 Back, 200 Back)  
 Sarah Vaisse (100 Breast)  
 Claudia Kitching (100 Breast, 200 Breast)

**2016-17** Jowita Sienczyk (100 Back)  
 Sarah Vaisse (100 Breast, 200 IM)  
 Claudia Kitching (200 Breast)  
 Mikaela Cornelissen (100 Fly)

## ↳ NCAA Zone D Diving Qualifiers

**2001** Melissa Whitaker  
**2003** Melissa Whitaker  
**2011** Delia Covo  
 Mary Beth Geeze  
 Catherine Johnson  
**2012** Catherine Johnson  
 Rebecca Taylor  
**2013** Catherine Johnson  
 Rebecca Taylor  
**2014** Catherine Johnson  
 Rebecca Taylor

## ↳ CSCAA Academic All-America

**2005** Academic All-America team  
**2006** Academic All-America team  
**2007** Academic All-America team  
**2008** Academic All-America team  
**2009** Academic All-America team  
**2010** Academic All-America team  
**2011** Academic All-America team  
**2012** Academic All-America team  
**2013** Academic All-America team  
**2014** Academic All-America team  
**2015** Academic All-America team  
**2016** Academic All-America team  
**2017** Academic All-America team

## ↳ Conference Women's Coach of the Year

### Sun Belt Conference

**2002** Scott Hines  
**2008** Joe Dykstra  
**2013** Joe Dykstra

## ↳ Conference Swimmer of the Week

### Sun Belt Conference

**2000-01** Charlene McClain  
**2001-02** Bethany Pipes  
**2002-03** Elizabeth Johnson  
**2003-04** Bethany Pipes (two times)  
**2004-05** Jaime Hosner  
 Gwen Rourke  
**2005-06** Bonnie Garcia-Meitin  
**2006-07** Alicia Hale  
 Katie Lowry  
**2007-08** Hannah Bakke  
 Bonnie Garcia-Meitin (two times)  
 Alicia Hale (two times)  
**2008-09** Emily Floyd  
 Rosa Gentile (two times)  
**2009-10** Alicia Hale (three times)  
 Kristen Hempleman  
 Hiliary Riedmann  
**2011-12** Krista Rossum  
 Catia Weickgenant

### Conference USA

**2014-15** Krista Rossum (two times)  
**2015-16** Rebekah Bradley (two times)  
 Sarah Vaisse

## ↳ Conference Diver of the Week

### Sun Belt Conference

**2003-04** Lindsay Therrian  
**2004-05** Lauren Page  
**2006-07** Bailey Devine  
**2008-09** Delia Covo  
**2009-10** Delia Covo (three times)  
 Kendall Schmid  
**2010-11** Delia Covo  
 Mary Beth Geeze  
**2011-12** Catherine Johnson (four times)  
**2012-13** Catherine Johnson (two times)  
 Rebecca Taylor

### Conference USA

**2013-14** Catherine Johnson  
**2014-15** Jasmine Abercrombie  
**2015-16** Jasmine Abercrombie  
 Samantha Schreck  
**2016-17** Averie Ruiz



# RECORDS

↳ series records

## ↳ Dual Meet Series Records

| <b>Opponent</b>    | <b>W</b> | <b>L</b> | <b>First Mtg.</b> | <b>Last Mtg</b> |
|--------------------|----------|----------|-------------------|-----------------|
| Air Force          | 0        | 5        | 10/22/1999        | 11/04/2005      |
| Alabama            | 0        | 1        | 12/20/2011        | 12/20/2011      |
| Arkansas           | 0        | 8        | 12/05/1998        | 10/05/2013      |
| Austin College     | 5        | 0        | 11/18/2000        | 11/07/2009      |
| Boise State        | 0        | 2        | 10/22/2010        | 10/23/2010      |
| Centenary          | 3        | 0        | 11/23/2002        | 11/17/2006      |
| Colorado State     | 0        | 2        | 11/08/2008        | 01/10/2014      |
| Delta State        | 1        | 0        | 11/03/2001        | 11/03/2001      |
| Denver             | 0        | 3        | 10/25/2002        | 10/24/2010      |
| FIU                | 3        | 0        | 10/25/2003        | 12/20/2011      |
| Florida Gulf Coast | 0        | 1        | 12/18/2010        | 12/18/2010      |
| Fresno State       | 0        | 1        | 02/05/2000        | 02/05/2000      |
| Georgia            | 0        | 1        | 10/12/2007        | 10/12/2007      |
| Henderson State    | 2        | 0        | 11/06/2004        | 01/06/2010      |
| Houston            | 5        | 17       | 10/31/1998        | 10/29/2016      |
| Illinois           | 0        | 1        | 11/06/1999        | 11/06/1999      |
| Incarnate Word     | 6        | 0        | 11/10/2004        | 10/10/2015      |
| Kansas             | 0        | 2        | 11/07/1998        | 11/05/1999      |
| Louisiana-Monroe   | 2        | 2        | 02/06/1999        | 01/16/2004      |
| McMurray           | 1        | 0        | 11/18/2000        | 11/18/2000      |
| Missouri           | 0        | 1        | 11/07/1999        | 11/07/1999      |
| Missouri State     | 1        | 3        | 10/10/1998        | 10/11/2007      |
| Nevada             | 0        | 1        | 10/22/2004        | 10/22/2004      |
| New Mexico State   | 3        | 14       | 01/16/1999        | 10/22/2011      |
| New Orleans        | 4        | 0        | 02/03/2007        | 10/17/2009      |
| Northern Arizona   | 0        | 1        | 10/27/2007        | 10/27/2007      |
| Northern Colorado  | 1        | 0        | 10/22/2004        | 10/22/2004      |
| Ouachita Baptist   | 2        | 0        | 11/23/2002        | 01/16/2016      |
| Palo Alto College  | 1        | 0        | 12/02/2000        | 12/02/2000      |
| Penn State         | 0        | 1        | 11/06/1999        | 11/06/1999      |
| Rice               | 3        | 13       | 10/31/1998        | 10/28/2016      |
| San Diego          | 2        | 0        | 01/09/2015        | 01/09/2016      |
| San Diego State    | 1        | 1        | 11/17/2006        | 11/10/2014      |
| Southern Arkansas  | 1        | 0        | 10/24/1998        | 10/24/1998      |
| Southern Illinois  | 1        | 1        | 11/07/1999        | 01/16/2016      |
| SMU                | 0        | 16       | 11/02/1998        | 02/03/2017      |
| Southwestern       | 2        | 0        | 12/02/2000        | 11/07/2009      |
| Spring Hill        | 1        | 0        | 11/08/2003        | 11/08/2003      |
| Texas              | 0        | 1        | 10/16/1998        | 10/16/1998      |
| Texas A&M          | 0        | 17       | 11/20/1998        | 01/11/2017      |
| TCU                | 5        | 19       | 11/04/1998        | 01/27/2017      |
| Trinity            | 1        | 0        | 11/01/2003        | 11/01/2003      |
| Tulane             | 5        | 3        | 11/15/2003        | 01/24/2015      |
| UALR               | 8        | 0        | 10/24/1998        | 01/16/2016      |
| Utah               | 0        | 2        | 01/10/2009        | 10/24/2009      |
| Western Kentucky   | 0        | 2        | 10/25/2002        | 10/25/2003      |
| Wyoming            | 0        | 3        | 11/11/2005        | 11/04/2011      |