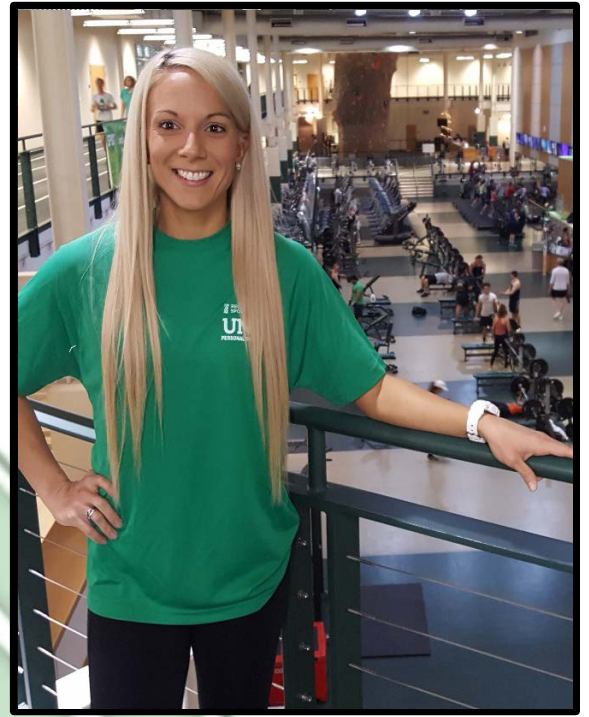


# Natalie

## Certifications:

Bachelor of Science-Kinesiology

AFAA Certified Personal Trainer



## Personal Information:

I love everything about fitness and I have at least 6 years of personal training and group exercise experience. I have worked with a broad range of clientele from beginners and weight loss to triathlon athletes and muscle building. My areas of focus are weight training, bodybuilding, and any type of interval training.



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