



**HEAD COACH
ANDREW PALILEO**

2018 NORTH TEXAS VOLLEYBALL CAMP

MEAN GREEN VOLLEYBALL CENTER
RUN BY NORTH TEXAS STAFF AND STUDENT-ATHLETES

YOUTH CAMP

JULY 9 & 10, 9AM-11:30AM (BOTH DAYS)

This camp will focus on the fundamental skills of volleyball that will include the identification and training of each specialized position such as "Setter, Outside and Opposite Hitter, Middle Hitter and Libero." In addition, this camp will provide instruction of serve receive rotations and defense.

NORTH TEXAS BEGINNER SERVING CAMP

JULY 9 & 10, 1PM-3:30PM (BOTH DAYS)

This camp is for athletes who want instruction in the fundamentals of serving. The camp is designed to provide athletes repetition using skills that will promote a stronger, more efficient serve. We will also introduce the fundamentals of a jump serve (float and top spin).

ADVANCED SERVING CAMP

JULY 11 & 12, 9AM-11:30AM (BOTH DAYS)

This camp will focus on advanced serving techniques to improve power, speed and control when serving. This camp will also provide instruction to help with efficiency and effectiveness while performing a standing float, jump float, or jump top spin serve.

LIBERO/PASSING/DEFENSIVE CAMP

JULY 11 & 12, 1PM-3:30PM (BOTH DAYS)

This camp will focus on all of the techniques to become a highly skilled Libero. Our passing, defense, setting and serving drills will prepare you for your high school season. Players enrolling in this camp should be ready for advanced skills training.

ALL SKILLS CAMP

JULY 13 & 14, 9AM-11:30AM & 1PM-3:30PM (BOTH DAYS)

This camp offers the highest level of training to experienced players and all-around fundamentals for beginning players. The camp is designed to expose campers to the collegiate practice environment. This is a great opportunity for athletes to raise their skill level in a competitive setting.

SETTER/HITTER CAMP

JULY 16 & 17, 9-11:30AM & 1-3:30PM (BOTH DAYS)

This camp is for athletes who have already established themselves as a setter and hitter who want to focus on refining their skills. This camp will provide specialized instruction to improve on set location, athleticism, footwork and hand position for setters; arm swing mechanics, attack approach and explosiveness/power for hitters. Players enrolling in this camp should be ready for intermediate and advanced skills training. Campers will be grouped based on skill level.

ELITE CAMP

JULY 19 & 20, ALL DAY

CHECK-IN 9 AM JULY 19, CHECK-OUT 12PM-1PM JULY 20

July 19- Session 1- 10-12pm, Session 2- 1:30-4:00, Session 3 6-8pm

July 20- Session 1- 9-11:30, Session 2- 1:30-4:00

Our Elite Camp offers a high level of training and increased individual playing time for each athlete. We expect players who attend this session to be very serious about learning advanced volleyball systems and training. A positive attitude and good work ethic are a must in this intensive experience.

**YOUTH CAMP
JULY 9 & 10: GRADES 3-8. \$165**

**BEGINNER SERVING CAMP
JULY 9 & 10: GRADES 4-10. \$165**

**ADVANCED SERVING CAMP
JULY 11 & 12: GRADES 7-12. \$165**

**LIBERO/PASSING/DEFENSIVE CAMP
JULY 11 & 12: GRADES 7-12. \$165**

**ALL SKILLS CAMP
JULY 13 & 14: GRADES 7-12. \$275**

**SETTER/HITTER CAMP
JULY 16 & 17: GRADES 9-12. \$275**

**ELITE CAMP
JULY 19 & 20: GRADES 9-12
\$350 OVERNIGHT - \$295
COMMUTER**

**NORTH TEXAS SATELLITE CAMPS
BRING NORTH TEXAS VOLLEYBALL
TO YOUR GYM!**

MEANGREENSPORTS.COM    [MEANGREEN VB](#)

North Texas Volleyball Camps are open to any and all entrants, limited only by number, age, grade level, and/or gender of participants.



Contact: Carrie Gurnell at Carrie.Gurnell@unt.edu or 940-565-3610 or register online at coachpalileo.com



Cancellation fee is \$100.00 or contact coaches to transfer your athlete to another camp, space permitting.

