



2010-11
NORTH TEXAS
SWIMMING AND DIVING

FACT AND RECORDS BOOK

MEAN GREEN™
SWIMMING AND DIVING



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North Texas Athletic Department

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Mean Green Mission Statement

- * To Promote and monitor the educational achievement and personal growth of student-athletes, emphasizing that their educational growth and development is the primary purpose of intercollegiate athletics
- * To conduct an athletics program that protects and enhances the physical and educational welfare of student-athletes
- * To provide fair and equitable opportunity for all student-athletes and staff participating in intercollegiate sport activities, regardless of gender or ethnicity
 - * To promote the principles of good sportsmanship and honesty in compliance with the University of North Texas, state, NCAA and conference regulations
 - * To conduct a competitive athletics program that promotes faculty, staff, student and community affiliation with the University of North Texas
 - * To serve the community through public service and outreach activities which positively reflect on the University of North Texas and promote good will in the community.



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Swimming & Diving Quick Facts

University Information

Location: Denton, Texas
 Founded: 1890
 Enrollment: 36,123
 Nickname: Mean Green
 Colors: Green and White
 Conference: Sun Belt
 President: V. Lane Rawlins
 Athletic Director: Rick Villarreal
 Home Facility: Pohl Recreation Center
 Main Athletics Phone: 940.565.2662
 School Website: MeanGreenSports.com

Staff Information

Head Coach: Joe Dykstra
 Alma Mater: Washington ‘98
 Overall Record: 21-27
 NT Record: Same
 Office Phone: 940.369.7528
 E-Mail: joe.dykstra@unt.edu
 Assistant Coaches: Michele Lowry, Jim Pynch

Team Information

2009-10 Record: 9-5
 Conference Finish: 3rd
 Letterwinners Returning/Lost: 30/7

Media Information

Swimming & Diving Media Contact: David Waxman
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PROFILES

↳ 2010-11 roster

↳ Alphabetical Roster

Name	Ht.	Cl.	Event	Hometown (Last School)
Rosita Bado	5-6	Sr.	Breaststroke/IM	Georgetown, Texas (Georgetown HS)
Stephanie Bernier	5-7	Jr.	Sprints	Cedar Hill, Texas (Cedar Hill HS)
Jessica Bills	5-4	So.	Diving	Humble, Texas (Atascocita HS)
Amanda Campos	5-6	Fr.	Breaststroke	Abilene, Texas (Cooper HS)
Delia Covo	4-11	Jr.	Diving	San Antonio, Texas (MacArthur HS)
Angie Dworschack	5-10	Sr.	Freestyle	Peoria, Ariz.(Ironwood HS)
Madison Fleming	5-7	Jr.	Fly/Distance	Keller, Texas (Keller HS)
Mary Beth Geeze	5-3	Sr.	Diving	Albuquerque, NM (University of New Mexico)
Rosa Gentile	5-3	Jr.	Fly/Backstroke/Sprint Freestyle	Houston, Texas (Clear Lake HS)
Leanne Hill	5-7	Sr.	Backstroke	Plano, Texas (Plano HS)
Kaitlynn Jackson	5-9	Fr.	IM/Freestyle	Littleton, Colo. (Columbine HS)
Natalie Jakopin	5-10	Fr.	Backstroke/Freestyle/IM	Etobicoke, Ont. (Michael Power Saint Joseph)
Samantha Kluttz	5-6	Fr.	Freestyle/IM/Fly	Charleston, S.C. (James Island Charter HS)
Carleigh Kutac	5-5	Jr.	Sprint Freestyle/Backstroke	Houston, Texas (Memorial HS)
Bryn Lewis	5-6	So.	Sprint Freestyle/Fly	Round Rock, Texas (Round Rock HS)
Lorraine Lopez	5-8	Fr.	Backstroke/Sprint Freestyle	Angleton, Texas (Angleton HS)
Gabriella Lozano	5-4	Fr.	Breaststroke	Houston, Texas (St. Thomas Episcopal)
Morgan Morrow	5-9	Sr.	Sprints	Sugarland, Texas (Clements HS)
Sarida Muslow	5-7	Fr.	Breaststroke/Sprint Freestyle	Beit Gamliel, Israel (Pelech HS)
Becca Ploetz	5-7	So.	Freestyle	San Antonio, Texas (Churchill HS)
Seabre Pope	5-7	Jr.	Sprints	Grandbury, Texas (Grandbury HS)
Dawn Richerson	5-9	Sr.	Freestyle	Mansfield, Texas (Legacy HS)
Hillary Riedmann	5-9	Jr.	Distance Freestyle/Fly	Moore, OK (Moore HS)
Erika Roach	5-5	Sr.	Freestyle/Fly	San Antonio, Texas (Washington State)
Kendall Schmid	5-8	Sr.	Diving	Carrrollton, Texas (UNLV)
Sarah Standlee	5-11	Sr.	Backstroke	Houston, Texas (Cypress Falls HS)
Rebecca Taylor	5-4	Fr.	Diving/Sprint Freestyle	San Antonio, Texas (O'Connor HS)
Melanie Tobias	5-4	Fr.	Sprints	Jakarta, Indonesia (American HS)
Brandi Townsend	5-9	Jr.	IM/Backstroke/Breaststroke	Dripping Springs, Texas (Dripping Springs HS)
Catia Weickgenant	5-11	So.	Freestyle/Fly	Dallas, Texas (Lakewood Presbyterian HS)
Danae Welch	5-7	Jr.	Breaststroke/IM	Cedar Park, Texas (Vista Ridge HS)
Alexis Widacki	5-10	Fr.	Sprint Freestyle	Austin, Texas (McNeil HS)
Monica Wolfe	5-5	So.	Diving	Lubbock, Texas (Coronado HS)
Joanna Wozniak	5-10	So.	IM/Freestyle/Breaststroke	Etobicoke, Ont. (University of New Orleans)

Head Coach: Joe Dykstra (5th year)

Assistant Coach: Michele Lowry (1st year)

Diving Coach: Jim Pynch (3rd Year)

↳ Roster Breakdown

BY CLASS

Seniors (9): Bado, Dworschack, Geeze, Hill, Morrow, Roach, Schmid, Standlee, Richerson

Juniors (9): Bernier, Covo, Fleming, Gentile, Kutac, Pope, Riedmann, Townsend, Welch

Sophomores (5): Bills, Lewis, Ploetz, Weickgenant, Wolfe, Wozniak

Freshmen (10): Campos, Jackson, Jakopin, Kluttz, Lopez, Lozano, Muslow, Taylor, Tobias, Widacki,

BY EVENT

Backstroke (7): Gentile, Hill, Jakopin, Kutac, Lopez, Standlee, Townsend

Breaststroke (7): Bado, Campos, Lozano, Muslow, Townsend, Welch, Wozniak

Diving (6): Bills, Covo, Geeze, Schmid, Taylor, Wolfe

Fly (7): Fleming, Gentile, Kluttz, Lewis, Riedmann, Roach, Weickgenant

Freestyle (17): Dworschack, Gentile, Jackson, Jakopin, Kluttz, Kutac, Lewis, Lopez, Muslow, Ploetz, Richerson, Riedmann, Roach, Taylor, Weickgenant, Widacki, Wozniak

Individual Medley (6): Bado, Jackson, Kluttz, Townsend, Welch, Wozniak



Joe Dykstra

Head Coach

5th Year ▶ Washington '98

In just four seasons at the University of North Texas, Joe Dykstra has quickly turned the Mean Green swimming and diving team into a major contender in the Sun Belt Conference.

Entering the 2010-11 season, the Mean Green will look to build off its most successful season in school history. North Texas won nine meets and placed third at the Sun Belt Conference Championships. North Texas earned a final ranking of No. 16 in the CollegeSwimming.com mid-major poll.

In addition, Dykstra helped a school-record 13 swimmers achieve All-Sun Belt Conference honors in 2009-10. North Texas also won three weekly honors from the Sun Belt Conference. The Mean Green put an assault on the school record book, breaking 11 records throughout the season.

In 2008-09, Dykstra led North Texas to its highest conference finish in program history and a final ranking of No. 14 in the mid-major poll. The Mean Green reached as high as tenth in the polls during the season which was a school best.

His young squad that included 15 newcomers, set school records in 14 of the 19 swimming events with five swimmers earning all-conference honors. Two swimmers and one diver won Sun Belt Performer of the Week honors during the regular season. In December of 2008, North Texas finished second out of nine schools, ahead of Nebraska, Iowa State, and Colorado State at the Husker Invitational.

Dykstra was awarded the 2008 Sun Belt Conference Women's Swimming Coach of the Year and the Greater Denton Sports Commission North Texas Coach of the Year following the 2007-08 season in which the Mean Green set every swimming record in the school record books and tallied its first two NCAA consideration cuts in the program's history.

North Texas finished the 2007-08 season ranked No. 15 in the mid-major poll after finishing No. 24 in Dykstra's first season the year before.

In his first season at North Texas, Dykstra led the Mean Green to a school-record seven dual-meet wins and a fourth-place finish at the Sun Belt Conference Championships. North Texas also picked up its first-ever tournament win during the 2006-07 season at the annual UALR Christmas Invitational.

Digging deeper into the numbers, every current school record holder in each of the 19 swimming events and over 80 percent of all swimmers on the team's all-time top 10 performer's list has been coached by Dykstra. He has also coached 27 all-conference swimmers.

Prior to North Texas, the former Husky standout and team captain spent six years as an assistant at Washington, the last two as associate head coach. Dykstra coached the team's breaststrokes and distance swimmers, and served as the team's recruiting coordinator. Dykstra also assisted with all administrative duties, including travel, team operations and budgeting.

During his tenure at Washington, many of Dykstra's swimmers earned team and individual honors. He coached five Washington school record holders, five NCAA qualifiers, two All-Americans, one academic All-American, one Pac-10 champion and conference record holder and more than a dozen U.S. National Championship competitors. Three student-athletes also earned Pac-10 Post-Graduate NCAA Scholarships under his tutelage.

Prior to his stay at Washington, Dykstra spent two years as a volunteer assistant with the University of Tennessee while earning his master's degree in sport administration. With his assistance, the Volunteers placed seventh at the 2000 NCAA Championships.

A four-year letterwinner at Washington from 1994-98, Dykstra left the program ranked among the Huskies all-time top 10 swimmers in five events. He swam career-best times of 1:50.08 in the 200 IM and 1:50.11 in the 200 butterfly at the 1997 Pac-10 Championships and 3:56.22 in the 400 IM at the 1998 Pac-10 Championships.

Dykstra was recognized numerous times by the Huskies for his team leadership and athletic accomplishments, including Most Valuable Rookie (1994-95), Most Improved (1995-96), Most Inspirational (1995-96 & 1996-97) and Total-Student Athlete (1997-98). Dykstra was also named to the Pac-10 All-Academic second team as a senior.

The Dykstra File

Age: 34

Hometown: West Covina, CA

High School: West Covina H.S.

Alma Mater

Washington '98 - BS in Zoology

Tennessee '99 - MS in Sports Administration

Awards

Sun Belt: 2008 Women's Coach of the Year

Greater Denton Sports Commission: 2008 North Texas Coach of the Year

Coaching Career

Overall Record: (21-27, four years)

Record At North Texas: Same

Coaching Experience

2006-present: University of North Texas, Head Women's Coach

2004-06: University of Washington, Associate Head Coach

2000-04: University of Washington, Assistant Coach

1998-2000: University of Tennessee, Volunteer Assistant Coach

Collegiate Experience

1994-98: University of Washington

Four-year letterwinner

Most Valuable Rookie (1994-95)

Most Improved (1995-96)

Most Inspirational (1995-96, 1996-97)

Total-Student Athlete (1997-98)



PROFILES

↳ assistant coaches



Michele Lowry

Assistant Coach

First Year ▶ Denver '09

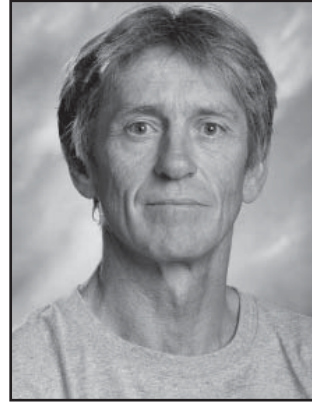
Michele Lowry will begin her first year as the assistant swimming coach at North Texas in 2010-11.

Lowry comes to North Texas from Denver, where she was one of the most accomplished swimmers in the history of the Sun Belt Conference. A native of Hailey, Idaho, the four-time letterman qualified for the NCAA Championships as a senior in the 400 IM and the 1650 Freestyle. She set school records in the 1650 Freestyle (16:25.85), the 400 IM (4:12.99), the 1000 Freestyle (9:55.80) and as a member of the 800 Free Relay.

As a senior, she received team MVP and Sun Belt Conference Most Outstanding Female Swimmer honors. Over the course of her career, she received team awards for hardest worker and most improved swimmer and was a two-time captain.

"I am so very excited to have Michele Lowry join our coaching staff," said head coach Joe Dykstra. "She is a dynamic young coach that will bring a great deal of positive energy and leadership to our program. Having been an NCAA Qualifier and the Sun Belt Swimmer of the Year means that she knows exactly what it takes to reach those heights, and I am thrilled for her to share that knowledge with our team."

Lowry earned a bachelor's degree in management from the University of Denver in 2009. She brings coaching experience on the club level since 2007. In addition to her coaching duties, Lowry will pursue a master's degree in higher education at North Texas and intern with the Mean Green Student-Athlete Services Center.



Jim Pynch

Assistant Coach

Third Year ▶ Southern Connecticut State

Jim Pynch begins his third year as the Mean Green's diving coach.

Pynch's success with North Texas divers continued in a big way in 2009-10. The Mean Green posted five of the top 10 one-meter diving scores in school history. Pynch guided Mary Beth Geeze to a second-place finish on the one-meter board at the Sun Belt Championships while having both Geeze and Delia Covo record points on both stages.

In the three-meter variety, Pynch helped Covo shatter the school record and post five of the top 10 diving scores at NT, as well as the top three scores. As a squad, the North Texas divers brought home four different Sun Belt Conference diver of the week honors throughout the season.

In his first year, Pynch made his mark on the program, having three divers finish in the top seven all-time at North Texas in the one and three-meter dives. One of his divers posted the second-highest score at North Texas in each event. The team also had three divers receive scores of at least 200 points in a meet for the first time in program history.

A two-time National Diving Coach of the Year (1987, 1993), Pynch has extensive international coaching experience with the US National Diving team, and spent nearly a quarter of a century as the diving coach at Yale.

Pynch has produced NCAA All-Americans at the Division I, II and III level, and had the honor of coaching with the US National Diving team in competitions in East Germany, the Soviet Union and China in the summer of 1990. In 1991, he coached for the United States at the World Age Group Championships in Sweden.

Boasting an extensive list of school and conference record holders, as well as conference and national champions, Pynch has become a nationally-respected coach at the collegiate and international stages. He coached at Fairfield College and the University of Northern Iowa prior to serving at Yale from 1982-2005. Pynch spent the last three seasons at Macalester College in St. Paul, Minn.

Pynch earned All-American honors while diving at Southern Connecticut State from 1972-76. He and his wife, Krissa, have two children.



Rosita Bado

Back/IM

Sr. ▶ 5-6
Georgetown, Texas
(Georgetown HS)

North Texas

Sits sixth all-time in the 100 Breaststroke (1:05:08), fourth in the 200 Breaststroke

(2:20.62) second in the 400 IM (4:30.89) ... Holds three of the top 10 times in the 400 IM.

2009-10

Received the team's Most Improved Award ... Posted the fastest time of the season in two events ... **100 BREASTSTROKE:** Posted a season-best 1:05.08 at the SBC Championships prelims ... Time is the sixth-best in school history ... Took sixth in the event ... **200 BREASTSTROKE:** Clocked in at 2:20.62 at the SBC Championships, fifth-best in the conference and second-best on the squad ... Time was also the fourth-best in school history ... **200 IM:** Took fifth at Houston with a 2:11.61 mark, a personal best for the season ... **400 IM:** Posted the second-best mark in school history with a 4:30.89 at the SBC Championships ... **400 MEDLAY RELAY:** Posted a school record in the 400 MR at the Sun Belt Conference Championship ... **ACADEMICS:** Named to the Athletic Director's Honor Roll and the Sun Belt Conference Honor Roll.

2008-09

Posted eight top-four finishes in multiple events ... **100 BACKSTROKE:** Season-best time (59.17) came at lead-off leg for 400 Medley Relay team at the Husker Invite ... Placed third in dual meets against Houston and New Orleans ... **200 BACKSTROKE:** Won event versus New Orleans with a time of 2:11.17 and finished second against Houston (2:10.63) ... Tallied career best (2:05.27) at the SBC Championships in prelims ... **200 IM:** Reached career best (2:07.52) at the SBC Championships ... **400 IM:** Swam career best and the team's season-best time (4:32.06) at the SBC Championships ... Placed fourth against TCU during regular season... **ACADEMICS:** Named to the Dean's List and the Sun Belt Conference Honor Roll.

2007-08

Had six top-three finishes ... Ranked in the top four in three different events on the all-time performers list ... **100 BACKSTROKE:** Finished 10th at the SBC Championships with a best time of 58.73 ... Ranks third on the all-time performers list ... **200 BACKSTROKE:** Placed 8th at the SBC Championships ... Posted a best time of 2:07.31 during prelims ... **200 IM:** Swam a season best of 2:11.08 at the UNLV Invitational ... **ACADEMICS:** Named to the Sun Belt Honor Roll.

High School

Lettered all four years at Georgetown High School ... Earned MVP honors as a junior ... Was a state finalist during her sophomore year.

Personal

Born on Nov. 22, 1988 ... Daughter of Jose and Yolanda Bado.



Stephanie Bernier

Sprints

Jr. ▶ 5-7
Cedar Hill, Texas
(Cedar Hill HS)

2009-10

Posted three top-five finishes ... **50 FREESTYLE:** Clocked in a 25.10 in the prelims of

the Texas Invitational, her best time of the season ... **100 FREESTYLE:** At the Texas Invitational, registered a 54.53, another personal best for the season ... **100 BACKSTROKE:** Placed third at Texas A&M with a 58.28 ... **100 BUTTERFLY:** Took fourth at Texas A&M with a personal best of 59.22 ... **ACADEMICS:** Named to the Athletic Director's Honor Roll.

2008-09

Posted four top-four finishes ... **50 FREESTYLE:** Posted personal best (24.66) at the SBC Championships ... **100 FREESTYLE:** Reached personal best (53.65) at the SBC Championships ... **100 BACKSTROKE:** Swam a 58.47 at the SBC Championships which was a personal best ... Finished second against Utah during the regular season ... **100 BUTTERFLY:** At the Husker Invite, registered a 1:00.25 which was a personal best ... **ACADEMICS:** Named to the Sun Belt Conference Honor Roll.

High School

Lettered in swimming at Cedar Hill High School ... Holds all but two school records, including relays ... Named Swimmer of the Year as a freshman, junior and senior ... Received the Mark Spitz Award four consecutive years ... Received High Point Award at Districts in 2008 ... Received Texas Scholar's Award.

Personal

Born on Oct. 1, 1989 ... Daughter of Roberto and Brenda Bernier ... Has two sisters, Barbie and Claudia.



PROFILES

↳ swimmer profiles



Jessica Bills

Diving

So. ▶ 5-4
Humble, Texas
(Atascocita HS)

2009-10

ONE-METER: Recorded a personal-best diving score of 189.87 versus Austin College ... Placed 14th at the SBC Championships with a diving score of 171.45 ... **THREE-METER:** Posted a personal-best diving score of 192.95 against New Orleans ... Placed 13th at the SBC Championships with a diving score of 183.00 ... **ACADEMICS:** Named to the Athletic Director's Honor Roll and the Sun Belt Conference Honor Roll.

High School

Was the school record-holder in six and 11-Dive ... Selected as the Female MVP for Varsity Gymnastics in 2006-07.

Personal

Born on Aug. 4, 1991 ... Daughter of Jay and Sonja Bills ... Has one brother, Jacob.



Amanda Campos

Breaststroke

Fr. ▶ 5-6
Abilene, TX
(Cooper HS)

High School

Lettered all four years at Cooper High School ... Named MVP all four years in high school.

Personal

Born on January 2, 1992 ... Daughter of Mike and Kristie Thompson ... Has two sisters, Anelise and Caylie.



Delia Covo

Diving

Jr. ▶ 4-11
San Antonio, Texas
(MacArthur HS)

North Texas

Holds four of the top eight one-meter diving scores in school history, the top three three-meter diving scores and five of the top ten.

2009-10

Received the team's Outstanding Diver Award ... Recorded six top-five finishes ... Named Sun Belt Conference Diver of the Week three times ... **ONE-METER:** Recorded a personal best and No. 4 in school history, 246.23 points, against Texas A&M, placing second in the event ... Posted a 244.30 at the SBC Championships, the fifth-best mark in school history ... Led the team with a fourth-place finish against SMU with a 238.05, the eighth-best mark in NT history ... Placed second against TCU with the No. 7 mark in Mean Green history (242.03) ... **THREE-METER:** Recorded the top three and five of the top ten diving scores in school history ... Posted the school record 262.13 against Texas A&M, placing second in the event ... Garnered a 245.65 at the Denver/Utah Dual Meet ... Placed second at Arkansas with a mark of 258.38, the second-best diving score in program history ... Finished second against TCU with a score of 255.30, the number three mark in NT history ... **ACADEMICS:** Named to the President's List and the Sun Belt Conference Commissioners List.

2008-09

Received the team's Outstanding Diver Award ... Earned Sun Belt Diver of the Week honors on January 14 ... Posted eight top-four finishes ... **ONE-METER DIVE:** Finished first against TCU and New Orleans ... Personal-best score registered versus Utah (224.95) ... **THREE-METER DIVE:** Tallied personal-best score of 245.35 for a second-place finish against Utah ... Placed second against TCU and fourth at the SBC Championships ... **ACADEMICS:** Named to the Athletic Director's List and the Sun Belt Conference Commissioners List.

High School

Member of the MacArthur aquatics team in 2007-08 ... Placed second in diving competition at the North Side Invitational in 2007 ... Named an academic All-American in diving in 2008 ... Named to the all-district athletic academic team in 2007-08 ... Placed fifth in Region 3, Level 10 USAG Gymnastics in the floor exercise in 2007 ... Currently holds a Brown Belt in Tae Kwon Do ... Received President's Award for Outstanding Academic Excellence in 2008 ... Earned a 4.0 cumulative grade point average ... Named MacArthur High School Scholar Athlete in 2008.

Personal

Born on June 27, 1990 ... Daughter of Frederic and Angela Covo.



Angie Dworschack

Freestyle

Sr. ▶ 5-10
Peoria, Ariz.
(Ironwood HS)

North Texas

Member of the current school record-holding 800 Freestyle Relay team which finished second at the SBC Championships (7:21.90) ... Currently in the North Texas all-time Top 10 for five separate events ... Comes in at No. 9 all-time in the 1000 Freestyle (10:18.79), the 1650 Freestyle (17:10.50) and the 100 Freestyle (51.68).

2009-10

Named one of the team's hardest workers ... **50 FREESTYLE:** Posted a 25.06 in the prelims of the Texas Invitational, a personal season-best time ... **100 FREESTYLE:** Recorded a 51.68 at the SBC Championships, placing eighth ... The 51.68 was the ninth-best time in school history ... **200 FREESTYLE:** Posted a 1:51.74 time at the SBC Championships, placing ninth ... **500 FREESTYLE:** Took eighth in the conference with a finish of 5:01.47 ... **800 FREESTYLE RELAY:** Helped the team finish second at the SBC Championships with a 7:22.11, the second-best time in school history ... **1000 FREESTYLE:** Posted a time of 10:29.85 against TCU where she placed third ... **1650 FREESTYLE:** Clocked in at 17:40.00 at the Texas Invitational, which was the fourth-fastest time of the season ... **ACADEMICS:** Named to the Athletic Director's List and the Sun Belt Conference Commissioners List.

2008-09

Earned the Hardest Worker Award ... Received all-conference honors in the 800 Freestyle Relay ... Totaled six top-four finishes ... **500 FREESTYLE:** Put up career-best time at SBC Championships (4:58.95) ... **1000 FREESTYLE:** Swam career-best times in splits of the 1650 Free ... Posted a 10:18.79 at the Husker Invite ... Placed fourth in dual meets versus Houston and Utah ... **1650 FREESTYLE:** Registered career-best time in a third-place finish at the Husker Invite (17:10.50) ... Finished second at New Orleans ... **ACADEMICS:** Named to the Dean's List and the Sun Belt Conference Commissioners List.

2007-08

Tallied 13 top-five finishes ... Ranks among the top six or better in the 500, 1000, and 1650 Freestyle events on the all-time performers list ... **500 FREESTYLE:** Posted a lifetime best of 5:07.70 in prelims at the SBC Championships ... **1000 FREESTYLE:** Swam a season best of 10:38.79, finishing fourth against SMU and Wyoming ... **1650 FREESTYLE:** Finished 16th at the SBC Championships with a best time of 17:41.66 ... Holds two of the top five fastest times of the season ... **ACADEMICS:** Named to the Sun Belt Commissioner's List and the North Texas Dean's List.

High School

Named swimmer of the year her final three seasons at Ironwood High School ... Finished fifth at the 2006 Arizona state meet in both the 200-yard and 500-yard freestyle.

Personal

Born on Dec. 5, 1988 ... Daughter of William and Jennifer Dworschack.



Madison Fleming

Fly/Distance

Jr. ▶ 5-7
Keller, Texas
(Keller HS)

2009-10

Received one of the team's Ultimate Athlete Awards ... **100 BUTTERFLY:** Registered a personal season-best 1:00.34 in the prelims of the Texas Invitational ... **200 BUTTERFLY:** Swam a 2:11.85 at Texas A&M where she placed sixth ... **200 FREESTYLE:** Posted a 2:00.70 in the prelims of the Texas Invitational ... **500 FREESTYLE:** Placed fourth at Texas A&M with a 5:19.94 ... **ACADEMICS:** Named to the President's List and the Sun Belt Conference Commissioners List.

2008-09

100 BUTTERFLY: Swam a personal-best time at the Husker Invite (58.43) ... **200 BUTTERFLY:** Set a personal-best mark at the Husker Invite (2:09.21) ... **ACADEMICS:** Named to the President's List and the Sun Belt Commissioners List.

High School

Was a four-year letterwinner for the Indians ... Was a two-time team captain ... Finished third at the 5A Region III Championships and 12th overall at the 5A State Championships in the 100 butterfly ... Named Most Outstanding Female Swimmer ... Named Most Valuable Swimmer ... Also received Most Team Spirited and Most Improved honors ... Also lettered in soccer and tennis ... Named Texas Scholar ... Named to Presidential Honor Roll.

Personal

Born on August 1, 1990 ... Daughter of Donald and May Lou Fleming ... Has one sister, Brilin ... Father played baseball and football at the University of Redlands.



PROFILES

↳ swimmer profiles



Mary Beth Geeze

Diving

Sr. ▶ 5-7
Albuquerque, NM
(University of New Mexico)

2009-10

Named one of the team's Most Valuable Rookies ... **ONE-METER:** Took second at the SBC

Championships with a team-best 253.55, the second-best mark in school history and best since 2000 ... **THREE-METER:** Placed third at Texas A&M with a mark of 236.48, the second-best mark for the team ... **ACADEMICS:** Named to the President's List and the Sun Belt Conference Commissioners List.

New Mexico

Spent two years at the University of New Mexico and was named to the Dean's list every semester ... Received the Mountain West Conference Student Athlete Academic Award in 2009.

High School

Lettered in multiple sports, including diving and track and field ... Won the 2006 New Mexico state title at La Cueva High School ... Finished second in the state in pole vaulting that same year.

Personal

Born Jan. 15, 1988 ... Daughter of Donald and Mary Ann Geeze ... Has two older brothers, Donald and Zachary.



Rosa Gentile

Fly/Back/Sprint Free

Jr. ▶ 5-3
Houston, Texas
(Clear Lake HS)

North Texas

Holds school record in the 100 Butterfly (54.21), the 100 Backstroke (56.07), and the 200 IM (2:04.21) ... Member of school record-holding 200 Freestyle Relay (1:33.26), 400 Freestyle Relay (3:25.16), 200 Medley Relay (1:43.39) and 400 Medley Relay (3:47.33) ... Sits fourth all-time in the 200 Butterfly (2:03.81) and third in the 100 Freestyle (51.34) ... Holds seven of the top 10 times in the 100 Butterfly ... Holds the top four times in the 200 IM.

2009-10

Named to the CollegeSwimming.com Mid-Major All-America team ... Named one of the team's Most Valuable Veterans ... **50 FREESTYLE:** Took third at Texas A&M with a 24.27 ... **100 FREESTYLE:** Led off the 400 Freestyle Relay with a 51.34 at the SBC Championship, third-fastest time in school history ... **100 BUTTERFLY:** Placed second at Texas A&M with a 57.00 ... Posted an NCAA 'B' cut time, 54.21, breaking her own school record, with a second-place finish at the SBC Championships ... **100 BACKSTROKE:** Placed sixth at the SBC Championships with a time of 56.07, a personal-best and a school record ... **200 IM:** Set the school record at the SBC Championships with a 2:04.21, placing sixth ... **200 FREESTYLE RELAY:** Member of third-place squad at the SBC Championships (1:33.26), setting a school record ... **200 MEDLEY RELAY:** Pushed the Mean Green to a second-place finish at the SBC Championships, setting a school record ... **400 FREESTYLE RELAY:** Member of third-place squad at the SBC Championships (3:25.16), setting a school record ... **400 MEDLEY RELAY:** Pushed the Mean Green to a third-place finish at the SBC Championships with a time of 3:47.33, setting a school record.

2008-09

Co-Winner of the Most Valuable Swimmer Award ... Earned all-conference honors in the 100 Butterfly ... Won Sun Belt Swimmer of the Week honors twice ... Tallied eight wins and 12 top-two finishes ... **100 BACKSTROKE:** Swam personal-best time in the prelims of the Husker Invite (58.28) ... Won event at New Orleans (59.18) and placed second at Houston (59.35) ... **100 BUTTERFLY:** Broke school record four times during the season ... Current school record set at the SBC Championships for a second-place finish (54.82) ... Finished first against TCU, Houston, and Utah during the regular season ... Placed second at the Husker Invite (56.98) ... **200 BUTTERFLY:** Put up personal-best time at the SBC Championships (2:03.81) and placed third at the Husker Invite (2:04.72) ... Won event versus Utah and finished second against TCU during the regular season ... **200 IM:** Broke school record twice at the SBC Championships ... Swam a 2:04.90 in the prelims then a 2:04.27 in the finals ... **ACADEMICS:** Named to the Athletic Director's List.

High School

Was a four-time NISCA All-America ... Finished second as a senior in the Texas 5A state meet in the 100 butterfly with a time of 55.79; two seconds faster than the current North Texas school record ... Finished third in the 100 fly at the state meet as a junior ... Placed third in the 200 medley relay at the state meet as a senior ... Named high school team captain ... Was a four-year letterwinner for coach Tom Landgraf and the Falcons.

Personal

Born on May 31, 1990 ... Daughter of Robert and Joanne Gentile ... Has one brother, Vito, and two sisters, Dia Rose Waguespack and Angelica ... Sister, Angelica, was a four-year letterwinner for the Mean Green.



Leanne Hill

Backstroke

Sr. ▶ 5-7
Plano, Texas
(Plano HS)

North Texas

Sits 10th all-time in the 200 Backstroke (2:04.74).

2009-10

Holds top time of the season in 200 Backstroke (2:04.63) ... **100 BACKSTROKE:** Placed second against Arkansas with a time of 59.91 ... **200 FREESTYLE:** Took fourth versus Tulane with a 1:59.42 ... **200 BACKSTROKE:** Recorded the top time of the year for North Texas with a 2:04.63 at the SBC Championships, placing seventh ... **1000 FREESTYLE:** Placed fourth against Texas A&M, clocking in at 10:49.29, fifth-best time of the season ... **100 BUTTERFLY:** Posted the sixth-best time of the season at the SBC Championships (58.41) ... **ACADEMICS:** Named to the President's List and the Sun Belt Conference Honor Roll.

2008-09

Totaled seven top-five finishes ... **100 BACKSTROKE:** Swam a personal-best time at the SBC Championships (58.49) ... **200 BACKSTROKE:** Finished with another personal-best time at the SBC Championships (2:04.74) ... Placed third at Houston and fourth against Utah during the regular season ... **ACADEMICS:** Named to the Dean's List ... **ACADEMICS:** Named to the Sun Belt Commissioners List.

High School

Named a NISCA All-American in 2008 ... Placed third at state meet in the 400 freestyle relay ... Placed 19th in the state of Texas in the 100 backstroke as a junior in 2007 ... Placed fourth at regionals in the 100 backstroke as a senior in 2008 ... Part of a regional championship in the 400 freestyle relay in 2008 ... Named to the all-state team in 2008 ... Was a four-year letterwinner and swimming and lettered one year in track and field.

Personal

Born on July 24, 1990 ... Daughter of Aaron and Colleen Hill ... Has two brothers, Chris and Greg.



Kaitlynn Jackson

IM/Free

Fr. ▶ 5-9
Littleton, CO
(Columbine HS)

High School

Named high school MVP in 2009 ... Holds the Columbine High School Record in 100 Free, and three Relays (200FR, 200MR, 400FR) ... Was a USA Swimming Junior Nationals Qualifier in 200 IM ... Finished first in 200 IM at Colorado Long Course State 2009 ... Was a Junior Athlete Representative on Colorado Swimming, Inc. Board of Directors ... Top 5-percent of class academically.

Personal

Born on February 2, 1992 ... Daughter of Susan and Paul Jackson ... Has two brothers, Brandon and Justin.



Natalie Jakopin

Back/Free/IM

Fr. ▶ 5-10
Etobicoke, Ontario
(Michael Power Saint Joseph)

High School

Ranked in the top 25-50 in Canada for her age group for the backstroke, sprint -mid freestyle and individual medley ... Qualified for senior nationals ... Was a Quebec Cup Competitor ... Named to the honor roll all four years ... Graduated with academic awards throughout high school and a Concentration in Business.

Personal

Daughter of Ludvik and Irena Jakopin ... Born June 24, 1992 ... Has one brother, Adam.



PROFILES

↳ swimmer profiles



Samantha Kluttz

Free/IM/Fly

Fr. ▶ 5-6
Charleston, SC
(James Island Charter H.S.)

High School

Named the Post and Courier Lowcountry Swimmer of the Year in 2008 and 2009 ... Named MVP of high school swim team in 2008 and 2009 ... Was the state champion in high school in 200 free from 2007-09 ... Was the state champion in high school in 500 free in 2009 ... Named the High School Sports Report SCHSL Swimmer of the Year 4A as a senior in 2009 ... Was a U.S. Open Relay Qualifier in 2006 ... Was a NSCA Junior National Qualifier in 2009 ... Named the Marine Corps Athlete of the Year.

Personal

Born on July 24, 1992 ... Daughter of Warren and Natalie Kluttz ... Has one brother, Warren, and two sisters, April and Angela.



Carleigh Kutac

Back/Fly/Sprint Free

Jr. ▶ 5-5
Houston, Texas
(Memorial HS)

2009-10

50 FREESTYLE: Clocked in at a personal-best 24.45 at the SBC Championships ... Posted a 16th finish in the finals at the SBC Championships with a time of 24.82 ... Placed third against Tulane with a time of 25.17 ... Registered a fifth-place finish against New Orleans with a 25.23 ... **100 FREESTYLE:** Posted a second-place finish against Tulane with a 54.92, a season-best time ... **200 FREESTYLE:** Clocked in at 1:59.15, placing ninth, against Texas A&M, a season-best time ... **200 BACK-STROKE:** Took fourth versus New Orleans with a 2:13.48, a season-best time ... **100 BUTTERFLY:** Posted a 59.38 at the SBC Championships ... **ACADEMICS:** Named to the Dean's List and the Sun Belt Commissioners List.

2008-09

Racked up eight top-four finishes ... **50 FREESTYLE:** Recorded personal-best time in the prelims of the SBC Championships (24.64) ... Placed third in dual meet at New Orleans (25.13) and finished fourth at Houston (25.21) ... **100 FREE-STROKE:** Personal-best time registered in the SBC Championships prelims (53.51) ... **200 FREESTYLE:** Swam personal best at the lead-off leg for the 800 Freestyle Relay team at the Husker Invite (1:55.43) ... **100 BACKSTROKE:** Posted personal best at the Husker Invite (59.66) ... **200 BACKSTROKE:** Tallied personal best at the Husker Invite (2:09.04) ... Finished second at New Orleans (2:12.12) and placed fourth in dual meets versus Houston, Texas A&M, and Rice ... **ACADEMICS:** Named to the President's List and the Sun Belt Commissioners List.

High School

Was a three-time district champion and regional finalist ... Was a member of three school record-breaking relays ... Named to the all-district and all-region team three times ... Named to the UIL All-State Team twice ... Named team captain of the swim team as a junior and senior ... Was a district champion in the 800 meters in track ... Was a four-year letterwinner in swimming and track and lettered two years in cross-country ... Named a USA Swimming Scholastic All-American in 2006 and 2007 ... Received the Keena Rothammer Award twice, which is awarded to the team's most hardworking and dedicated swimmer ... Named team's most valuable swimmer in 2006 and 2007 ... Named most improved runner in 2005.

Personal

Born on Aug. 21, 1990 ... Daughter of George and Linda Kutac ... Has one brother, George.



Bryn Lewis

Sprint Free/Fly

So. ▶ 5-6
Round Rock, Texas
(Round Rock HS)

2009-10

50 FREESTYLE: Posted a 25.99 against Rice ... **100 FREESTYLE:** Placed fourth against Texas A&M with a 54.29 ... **100 BUTTERFLY:** Posted the second-fastest time of the season (57.32) against Texas A&M, placing third ... **ACADEMICS:** Named to the Dean's List and the Sun Belt Commissioners List.

High School / AquaTex Swim Team

Tallied top times of 25.20 in the 50 Freestyle, 54.52 in the 100 Freestyle, 58.53 in the 100 Butterfly, and 2:13.51 in the 200 Butterfly.

Personal

Born July 30, 1991 ... Daughter of Rick and Mindy Lewis ... Has three siblings, Sydney, Andi and Tucker



Lorraine Lopez

Back/Sprint Free

Fr. ▶ 5-8
Angleton, TX
(Angleton HS)

High School

Qualified for the 2008 and 2009 Texas 4-A State Championships ... Received first team all-state in the 100 backstroke ... Named the MVP all four years of the Angleton High School swim team ... Lettered in multiple sports ... Received academic all-district honors all four years.

Personal

Daughter of Arnold and Sylvia Lopez ... Born March 12, 1992 ... Has one brother, Christopher.



Gabriella Lozano

Breaststroke

Fr. ▶ 5-4
Houston, TX (St. Thomas Episcopal)

High School

Second place in 100 Breast at TAPPS - Division III State Championships in 2010 ... Named the most valuable swimmer at St. Thomas Episcopal in 2008 and 2010 ... Lettered in soccer and track as well as swimming.

Personal

Daughter of Dr. Pablo Lozano and Dr. Martha Laird ... Has three brothers, Victor, Elliot and Luke.



PROFILES

↳ swimmer profiles



Morgan Morrow

Back/Freestyle

Sr. ▶ 5-9
Sugarland, Texas
(Clements HS)

2009-10

100 FREESTYLE: Placed third against Texas A&M with a 53.81 ... Swam a 55.12 against

Tulane to finish fourth... Claimed a fifth-place finish against New Orleans with a 55.13 ... **200 FREESTYLE RELAY:** First leg on second-place group, helping her team to a 1:40.86 at Texas A&M ... **400 FREESTYLE RELAY:** Member of group that recorded the eighth-best time in school history, 3:31.55, at the Texas Invitational.

2008-09

Totaled five top-five finishes ... **50 FREESTYLE:** Swam a season-best time of 25.06 at the lead-off leg for the 200 Freestyle Relay team who finished first against TCU (1:38.46) ... **100 FREESTYLE:** Posted personal best against TCU (54.27) ... **100 BACKSTROKE:** Tallied season best versus TCU for a fourth-place finish (1:01.20) ... **200 BACKSTROKE:** Recorded personal-best time at the Husker Invite (2:13.72).

2007-08

Earned six top-five finishes in individual events as a freshman ... Is a top ten all-time performer in two events ... **50 FREESTYLE:** Swam a lifetime best of 24.88 at the SBC Championships ... **100 FREESTYLE:** Posted her top time of 54.30 during prelims at the UNLV Invitational ... **100 BACKSTROKE:** Finished 13th at the SBC Championships and swam a best time of 1:00.25 ... **ACADEMICS:** Named to the Sun Belt Academic Honor Roll and the North Texas Athletic Director's Honor Roll.

High School

Was a two-time All-American ... Earned MVP honors ... Was a three-time district, regional & state qualifier ... Broke a 21-year -old school record in the 50 free during the summer as a freshman.

Personal

Born on July 28, 1989 ... Daughter of Tim and Cindy Morrow.



Sarida Muslow

Breast/Spr Free

Fr. ▶ 5-6
Beit Gamliel, Israel
(Pelech HS)

High School

Coached by Yael Ashkenazi at Pelech High School ...

A member of the Israeli women's national team ... Qualified for the Israeli Nationals as a senior and a junior ... Earned medals in the 50, 100 and 200 breaststroke and the 50 freestyle as the Israeli Nationals from 2006 to 2008 ... Won first place in the 100 breaststroke and second place in the 200 breaststroke at the Maccabi Games in 2005 ... Member of the winning 400 medley relay team at the Games.

Personal

Born July 17, 1990 in Shreveport, Louisiana ... Is the daughter of Harry and Suan Muslow ... Has three brothers, Eitan, Eliezer and Ben-Izion, and two sisters, Sima and Leia.



Becca Ploetz

Sprint Free/IM/Breast

So. ▶ 5-7
San Antonio, Texas
(Churchill HS)

2009-10

Posted or helped record seven top-five finishes, including two victories ... Member of four top ten finishing relays in North Texas history ... **50 FREESTYLE:** Posted the fifth-best time on the team with a 24.58 at the Texas Invitational ... **100 FREESTYLE:** Took second versus Texas A&M with a time of 52.77 ... **200 FREESTYLE:** Took first against Austin College with a time of 1:58.65 ... Placed fifth against Texas A&M with a 1:54.20 ... **100 BREAST-STROKE:** Posted a 1:09.24 at the Texas Invitational ... **200 BREASTSTROKE:** Posted a 2:35.32 at the Texas Invitational ... **200 FREESTYLE RELAY:** Helped record the fourth-best mark in school history at the Texas Invitational with an overall time of 1:36.11 ... Pushed her group to a second-place finish versus Texas A&M with an overall time of 1:40.17 ... **400 FREESTYLE RELAY:** Member of group that recorded the eighth-best time in school history, 3:31.55, at the Texas Invitational ... **500 FREESTYLE:** Took first place against Austin College with a time of 5:23.91 ... **800 FREESTYLE RELAY:** Helped North Texas finish fifth at the Texas Invitational with an overall time of 7:31.52, the fifth-best time in North Texas history.

High School / Alamo Area Aquatics Association

Selected as an All-American from 2007-09 ... Served as a captain during her junior and senior years ... Chosen as the Hardest Worker in '06-07 ... Was Rookie of the Year in '05-06 ... Four-year letterwinner ... Tallied top times of a 24.85 in the 50 Freestyle, 53.00 in the 100 Freestyle, 1:55.12 in the 200 Freestyle, 1:07.80 in the 100 Breaststroke, 2:27.52 in the 200 Breaststroke, and 2:10.24 in the 200 IM ... Also recruited by Army, Incarnate Word ... Selected to the National Honor Society and NEISD Academic Team at Churchill.

Personal

Born on Oct. 27, 1990 ... Daughter of Scott and Malia Ploetz ... Has three sisters, Kara, Londa, and Sara.



Seabre Pope

Sprint Free/Fly

Jr. ▶ 5-7
Granbury, Texas
(Granbury HS)

North Texas

Holds five of the top 10, 50 Freestyle times, in school history, including the top two ... Claims two of the top six, 100 Freestyle, marks in school history ... Currently part of three school record-holding relay teams – 200 Freestyle (1:33.26), 400 Freestyle (3:25.16), and 200 Medley (1:43.39).

2009-10

Named to the CollegeSwimming.com Mid-Major All-America team ... Received one of the team's Most Ultimate Athlete Awards ... Set or helped set four school records, 50 Freestyle, 200, 400 Freestyle and 200 Medley relays ... Only second North Texas swimmer to win an individual Sun Belt event in school history ... **50 FREESTYLE:** Won the Sun Belt championship and set a school record and a Sun Belt record in the process with a 22.99 ... Also recorded the No. 2 time in Mean Green history in the prelims, a 23.04 ... **100 FREESTYLE:** Finished fifth at the SBC Championships with a time of 51.41, the fourth-best time ever at North Texas ... **200 FREESTYLE RELAY:** Member of third-place squad at the SBC Championships (1:33.26), setting a school record ... Helped push her team to first place against Texas A&M with an overall time of 1:38.97 ... **200 MEDLEY RELAY:** Helped NT finish second in the conference with a mark of 1:43.39 ... Member of school-record team with a 1:33.26, setting a school record ... **400 FREESTYLE RELAY:** Member of third-place team at the SBC Championships with an overall time of 3:25.16, also a school record.

2008-09

Totaled 10 top-four finishes ... **50 FREESTYLE:** Posted personal-best time at lead-off leg for record-setting 200 Freestyle Relay team at the SBC Championships (23.42) ... Won event against TCU (24.27) and placed second at New Orleans (24.98) ... **100 FREESTYLE:** Swam the lead-off leg for record-setting 400 Freestyle Relay team at the SBC Championships (52.31) ... Set personal-best mark in the 100 Free event at the SBC Championships (52.00) ... Finished second in dual meet at New Orleans and third at Houston ... **100 BUTTERFLY:** Captured personal-best times at the SBC Championships ... Swam a 57.21 in the prelims followed by a 57.07 in the finals ... Placed fourth versus both Houston and Utah.

High School

Named an All-American as a freshman ... Named all-state as a junior and senior ... Was a three-time Texas 5A State qualifier ... Named MVP as a junior ... Named District 4-5A MVP ... Lettered in swimming all four years ... Lettered in track three years and volleyball for two.

Personal

Born on Aug. 20, 1990 ... Daughter of Charles Pope and Stacie and Kevin McCoy ... Has one brother, Drake McCoy.



PROFILES

↳ swimmer profiles



Dawn Richerson

Freestyle

Sr. ▶ 5-9
Mansfield, Texas
(Legacy HS)

North Texas

Member of fourth-best 800 Freestyle Relay team in school history (7:31.47).

2009-10

50 FREESTYLE: Finished sixth against Texas A&M with a 25.51 ... Posted a personal season-best at Texas Invitational (25.30) ... **200 FREESTYLE:** Placed 11th at the SBC Championships with a 1:52.64 ... **200 BACKSTROKE:** Compiled a fourth-place finish at Texas A&M with a 2:16.79 ... **500 FREESTYLE:** Took 10th-place at the SBC Championships with a time of 4:58.87 ... **1650 FREESTYLE:** Swam a 17:16.88 at the SBC Championships, placing fourth ... **ACADEMICS:** Named to the Athletic Director's Honor Roll.

2008-09

Racked up six top-four finishes ... **100 FREESTYLE:** Tallied personal-best performances at the SBC Championships ... Swam a 52.67 in the prelims and a 52.49 in the finals ... Finished fourth in dual meet against TCU (53.55) ... **200 FREESTYLE:** Established personal-best marks at the SBC Championships ... Recorded a 1:53.06 in the prelims followed by a 1:52.89 in the finals ... Placed fourth in dual meets at both Houston and New Orleans ... **500 FREESTYLE:** Registered personal-best times at the SBC Championships ... Posted a 5:02.65 in the prelims and a 5:01.05 in the finals ... **1000 FREESTYLE:** Swam a 10:49.88 in dual meet versus Utah ... **ACADEMICS:** Named to the Athletic Director's List and the Sun Belt Conference Honor Roll.

High School

Was a three-time regional qualifier ... Was a state qualifier in the 100 free as a senior ... Was a state qualifier in the 50 and 100 free as a junior ... Named 5A All-State Honorable Mention in the 50 and 100 free as a junior ... Holds five individual school records ... Holds three relay records ... Named team captain as a senior ... Named Most Valuable Athlete as a junior ... Named Newcomer of the Year as a freshman ... Lettered in swimming all four years ... Member of Mid-Cities Arlington Swimmers ... Coached by North Texas alumnus Brian Dangelmaier.

Personal

Born on March 14, 1990 ... Daughter of Ben and Donna Richerson ... Has one sister, Kim.



Hillary Riedmann

Dist Free/Fly

Jr. ▶ 5-9
Moore, Okla.
(Moore HS)

North Texas

Holds three of the top eight marks all-time in the 1000 Freestyle (10:14.27 is a personal-

best)... Ranks fifth and seventh all-time in the 1650 Freestyle (16:56.42 p.r.) ... Also ranks sixth in the 100 Butterfly (56.74) ... Ranks ninth all-time in the 500 Freestyle (4:54.81) and sixth in the 200 Butterfly (2:04.02).

2009-10

Named Sun Belt Conference Swimmer of the Week ... **100 BUTTERFLY:** Finished second against Houston with a 57.97 ... Posted a personal best of the season against New Orleans with a time of 57.73 ... **200 BUTTERFLY:** Recorded a 2:04.02, the No. 6 time in NT history, at the SBC Championships, where she ultimately placed eighth ... **800 FREESTYLE RELAY:** Member of fifth-ranking team in school history with an overall time of 7:31.52 at the Texas Invitational ... Also helped record the No. 7 time in North Texas history, a 7:37.44 versus Houston ... **1650 FREESTYLE:** Swam a 16:56.42 at the SBC Championships, taking home second place and the fifth-best time in school history ... Also took second against Tulane with a 17:42.42 ... **ACADEMICS:** Named to the President's List and the Sun Belt Conference Commissioner's List.

2008-09

Honored with the Most Improved Swimmer Award ... Recorded eight top-four finishes ... **500 FREESTYLE:** Put up personal-best times at the SBC Championships ... Swam a 5:00.58 in the prelims then a 4:54.81 in the finals ... Placed third against both Houston and Utah in dual meets ... **1000 FREESTYLE:** Personal best set at the SBC Championships in the 1000 split of the 1650 Free (10:17.61) ... Took third at Houston and fourth versus Texas A&M, Rice, and TCU in dual meets ... **1650 FREESTYLE:** Registered personal-best time at the SBC Championships (16:58.97) ... **100 BUTTERFLY:** Swam a 56.74 in the finals of the SBC Championships preceded by a 57.12 in the prelims ... **200 BUTTERFLY:** Recorded personal-best time at the Husker Invite (2:06.87) ... **ACADEMICS:** Named to the President's List as well as the Sun Belt Conference Commissioner's List.

High School

Was a three-year letterwinner for coach Ed Alexander and Moore High School ... Was a two-time Oklahoma state champion in the 500 freestyle ... Was an all-state selection all three years she has competed at the varsity level ... Was a three-time Mid-State Conference Champion in the 500 free and the 100 fly ... Named high school team's swimmer of the year twice ... Named team co-captain ... Holds three school records at Moore High School, including the individual record in the 100 butterfly ... Member of the Sooner Swim Club ... Member of NHS ... Named an AP Scholar ... Was a two-time USA Swimming Scholastic All-American.

Personal

Born on Aug. 1, 1990 ... Daughter of Donald and Marian Riedmann.



Erika Roach

Free/Fly/Back

Sr. ▶ 5-5
San Antonio, Texas
(Washington State)

North Texas

School record-holder in the 200 Butterfly (2:02.28), also holds four of the top 10 marks

... Member of school record-holding 800 Freestyle Relay team (7:21.90) and is on five of the top eight teams ... Also member of No. 2 400 Freestyle Relay team (3:26.33) ... Stands second in 500 Freestyle (4:51.98), eighth all-time in the 200 Freestyle (1:50.73) and tied for ninth in the 100 Backstroke (57.20).

2009-10

Recorded seven top-ten finishes ... **100 BACKSTROKE:** Earned a third-place finish against Houston with a time of 1:00.35 ... Posted the second-fastest time of the season (58.20) at the Texas Invitational ... **200 FREESTYLE:** Finished seventh at the SBC Championships with a 1:53.08 ... **200 BUTTERFLY:** Took seventh at the SBC Championships with a 2:04.74, ninth-fastest time in school history ... **200 IM:** Swam a 2:11.54 against Houston to finish fourth ... **500 FREESTYLE:** Placed fifth at the SBC Championships with a time of 4:55.59, a personal-best ... **800 FREESTYLE RELAY:** Member of team that recorded the second-best time in school history (7:22.11) at the SBC Championships, where the team placed second and qualified under an NCAA B cut time ... Helped post a win against Houston with a 7:37.44 ... **ACADEMICS:** Named to the Athletic Director's Honor Roll.

2008-09

Selected all-conference in the 500 Freestyle (4:51.98) and the 800 Freestyle Relay (7:21.90) ... Tallied 12 top-three finishes ... **200 FREESTYLE:** Captured career-best times at the SBC Championships ... Recorded a 1:51.23 in the prelims then a 1:50.73 in the finals ... Finished second at the Husker Invite and third in dual meet versus TCU ... **500 FREESTYLE:** Earned career-best times at the SBC Championships ... Swam a 4:56.33 in the prelims followed by a 4:51.98 in the finals for a third place finish ... Won event against Utah and at New Orleans in dual meets ... **100 BACKSTROKE:** Career-best time registered as the leadoff leg for the 400 Medley Relay team who placed fifth (57.20) ... Tied for third in dual meet against Utah ... **100 BUTTERFLY:** Split in the 200 Fly at the SBC Championships made her fifth all-time in the 100 Fly (57.99) ... **200 BUTTERFLY:** Set school record at the Husker Invite (2:04.71) then broke it at the SBC Championships (2:02.28) ... Finished second at the Husker Invite, at Houston, and at New Orleans ... **ACADEMICS:** Named to the President's List as well as the Sun Belt Commissioner's List.

Washington State

Swam her freshman year at Washington State ... Listed in the top five times of the year in five events ... Held the third-fastest time of the season in the 200 free (1:52.32) and the 200 fly. (2:05.99)

High School

Was a four-time state qualifier ... Named All-American in the 200 medley relay and the 400 free relay at the 5A State Meet ... Named to the 5A All-State team in the 200 and 500 free as a junior ... Was a district and regional champion and state qualifier in the 200 free as a junior ... Was a district champion and regional runner-up in the 500 free ... Placed second at state in the 200 free and third in the 100 butterfly ... Named San Antonio Express News Area Class 4A best 500 freestyler as a freshman ... Placed third at the state meet in the 100 butterfly as a freshman ... Placed fourth at the state meet in the 500 free as a freshman ... Swam for San Antonio WAVE under coach Matt Bos.

Personal

Born on Feb. 27, 1989 ... Daughter of John and Susan Roach ... Has one sister, Regina, who is a student at Texas A&M.



Kendall Schmid

Diving

Sr. ▶ 5-8
Carrollton, Texas
(UNLV)

2009-10

Named Sun Belt Conference Diver of the Week ... **ONE-METER:** Placed 11th at the SBC Championships with a diving score of 196.60

... Claimed first place against Austin College and Southwestern with a score of 217.95 ... **THREE-METER:** Placed 12th at the SBC Championships with a diving score of 195.25 ... Came in fifth against Texas A&M with a score of 213.38 ... **ACADEMICS:** Named to the Athletic Director's Honor Roll.

UNLV

Spent three years with the UNLV swimming and diving team.

High School

Both swam and dove in high school ... Was a swimming district champion her sophomore season ... Was a regional diving medalist her junior and seniors seasons ... Team finished second in the region her junior year, and were regional champions her senior season.

Personal

Born on Feb. 29, 1988 ... Daughter of David and Buffy Schmid ... Has two sisters, Callie and Courtney.



Sarah Standlee

Backstroke

Sr. ▶ 5-11
Houston, Texas
(Cypress Falls HS)

2009-10

100 BACKSTROKE: Came in fourth against Houston with a time of 1:00.38 ... Took sixth against Texas A&M with a 1:01.21 ... Earned

a sixth-place finish against TCU with a 1:02.22 ... Claimed a fifth-place finish against Rice with a 1:02.32 ... **200 BACKSTROKE:** Finished fourth against Rice with a 2:12.26 ... Placed 13th at the SBC Championships with a 2:08.50 ... Swam a 2:12.23 against TCU to place fifth ... Took fifth against Arkansas with a 2:14.69.

2008-09

Posted eight top-five finishes ... **50 FREESTYLE:** Swam the lead-off leg for the 200 Freestyle Relay 'B' team which finished third against TCU (24.85) ... **200 FREESTYLE:** Recorded career-best time at New Orleans for a fifth place finish (2:00.23) ... **100 BACKSTROKE:** Tallied career-best time of 58.71 versus TCU for a second place finish ... **200 BACKSTROKE:** Won event against TCU while registering career-best time (2:04.84).

2007-08

Tallied three top-five finishes in the 100 and 200 backstroke ... **100 BACKSTROKE:** Swam a season-best of 1:02.39 ... **200 BACKSTROKE:** Placed second with a season-best of 2:12.70 against UNO ... **ACADEMICS:** Named to the Sun Belt Academic Honor Roll.

High School

Named team MVP as a junior and senior ... Earned all-state honors ... Received the AP Scholar Award ... Earned consideration for All-American honors for relay team.

Personal

Born on Oct. 19, 1987 ... Daughter of C.R. and Janine Standlee.



PROFILES

↳ swimmer profiles



Rebecca Taylor

Diving/Spr Free

Fr. ▶ 5-4
San Antonio, TX
(O'Connor HS)

High School

Coached by Bill Thomas and Tommy Law at O'Connor High School ... Holds the O'Connor record for both one-meter and three-meter diving ... Named District 28-5A Diver of the Year and Athlete of the Year as a senior ... Earned second team all-state in the 50 freestyle and Honorable Mention All-State in diving and the 200 IM ... Named Class 4A Region I Diver of the Year and District 3-4A Diver of the Year and Athlete of the Year at Pampa High School in 2008 ... Garnered District 3-4A Diver of the Year in 2007 ... Named Area Swimmer and Diver of the Year in 2007 and 2008 by the *Amarillo Globe News* ... Member of the National Honor Society and Spanish National Honor Society in high school.

Personal

Born July 19, 1991 in Amarillo, Texas ... Is the daughter fo Barry and Kellye Taylor ... Has one younger brother, Chris.



Melanie Tobias

Sprints

Fr. ▶ 5-4
Jakarta, Indonesia
(International School)

High School

Lettered in swimming all four years at the International School and received one letter in track ... Named team MVP in 10th and 11th grade ... Set school records in the 50 and 100 fly, 400 IM relay and 200 free relay ... Was a two-time team captain.

Personal

Born on February 12, 1992 ... Daughter of Dr. Steven and Gayle Tobias ... Has one brother, Steven.



Brandi Townsend

Breast/IM

So. ▶ 5-8
Dripping Springs, Texas
(Dripping Springs HS)

North Texas

Member of the school's second-ranked 200 Medley Relay team (1:44.40) and sixth-ranked 400 Medley Relay team (3:53.78).

2009-10

Posted seven top-five finishes, including one victory ... **100 BREASTSTROKE:** Posted a personal season-best time at the Texas Invitational with a 1:09.57 ... Won the event against Austin College and Southwestern with a mark of 1:11.35 ... Finished fifth against New Orleans with a 1:11.97 ... **200 BACKSTROKE:** Finished 12th at the SBC Championships with a 2:08.24 ... Took third against Texas A&M with a 2:10.82 ... Posted a fourth-place finish against Arkansas with a 2:11.76 ... **200 BREASTSTROKE:** Posted a personal season-best time of 2:28.58 at the Texas Invitational ... Placed third against Tulane with a 2:34.42 ... **ACADEMICS:** Named to the Athletic Director's Honor Roll and Sun Belt Conference Honor Roll.

2008-09

Totaled nine top-five finishes ... **100 BREASTSTROKE:** Swam personal-best time of 1:07.87 at the Husker Invite ... Won event in dual meet at New Orleans (1:09.78) ... **200 BREASTSTROKE:** Posted personal-best times at the SBC Championships ... Swam a 2:24.95 in the prelims ... Won event at New Orleans dual meet (2:28.76) ... **ACADEMICS:** Named to the Dean's List and Sun Belt Commissioner's List.

High School

Was a four-time team MVP ... Named team captain as a junior and senior ... Holds district and pool record in the 100 back ... Named first-team all-state all four years of high school ... Was a four-time state finalist ... Was a state qualifier in the 50 and 100 free as a junior ... Was a four-year letterwinner at Dripping Springs High School ... Swam for the West Austin Aquatic Team.

Personal

Born on March 14, 1990 ... Daughter of Brent and Loraine Townsend.



Catia Weickgenant

Free/Fly

So. ▶ 5-11
Dallas, Texas
(Lakewood Presbyterian HS)

North Texas

Holds the No. 2 and 3 marks all-time in 200 Freestyle (1:49.87, 1:49.98) and No. 2, 3 and 5 200 Butterfly (2:02.73, 2:03.43, 2:03.87) ... Sits at No. 5 and No. 6 in 500 Freestyle (4:53.87, 4:53.92).

2009-10

Named one of the team's Most Valuable Rookies ... Recorded six top-five finishes and seven all-time top 10 times ... Placed in the top 5 at three different events at the SBC Championships ... **100 BUTTERFLY:** Posted a season-best time of 58.01 at the Texas Invitational ... Swam a 58.95 against Rice to finish third ... **200 FREESTYLE:** Took fourth at the SBC Championships with a time of 1:49.98 (No. 3 in North Texas record book) ... Her prelim time of 1:49.87 is the second-best time in NT history ... **200 BUTTERFLY:** Came in fifth at the SBC Championships with a 2:03.43 (the third-best time in NT history) ... Recorded the second-best mark in school history in the prelims with a 2:02.73 ... Earned a win against Rice with a 2:06.14 ... **200 IM:** Recorded a career-best time of 2:09.92 against Texas A&M ... Posted a 2:11.77 against Rice to take third ... **500 FREESTYLE:** Placed second at the SBC Championships with a mark of 4:53.92, the sixth-best time in Mean Green history ... Also swam the No. 5 mark in North Texas history in the prelims with a 4:53.87 ... **ACADEMICS:** Named to the Dean's List and the Sun Belt Commissioners List.

High School

Attended Lake Highlands High School for sophomore year and qualified for 5A State in 200 Free ... Received hardest worker and newcomer of the year awards.

Dallas Mustangs Area Swim Team

Received the Golden Mustang Award ... Racked up top times of 50.93 in the 100 Freestyle, 1:51.42 in the 200 Freestyle, 5:07.22 in the 500 Freestyle, 57.85 in the 100 Butterfly, and 2:05.24 in the 200 Butterfly ... Was a Junior National qualifier at the age of 15 and club team won the Junior National meet in 2007 ... Also recruited by Rice and Miami (OH).

Personal

Born on Aug. 18, 1990 ... Daughter of Thomas and Sharon Weickgenant ... Has two brothers, Aaron and Joel, and one sister, Amy.



Danae Welch

Breast/IM

Jr. ▶ 5-7
Cedar Park, Texas
(Vista Ridge HS)

2009-10

Registered 10 top-five finishes, including one victory ... **100 BREASTSTROKE:** Came in 14th at the SBC Championships with a 1:07.94, a season-best time ... Started the year off with a victory against Tulane with a 1:10.17 ... Swam a 1:08.01 to take fourth against Houston ... Posted a 1:10.03 against Arkansas to finish fifth ... **200 BREASTSTROKE:** Took 16th at the SBC Championships with a 2:28.72 ... Set a season-best time of 2:27.01 in the prelims at the SBC Championships ... Placed third against Texas A&M with a 2:31.65 ... **200 IM:** Placed fifth against Rice with a 2:13.89 ... Posted a personal-best time of 2:13.82 at the Texas Invitational ... **200 MEDLEY RELAY:** Aided North Texas 'A' to a win against New Orleans with an overall time of 1:49.47 ... Helped North Texas 'B' take second against SMU with a 1:52.81 ... **500 FREESTYLE:** Garnered a fourth-place finish against Tulane with a 5:23.34, a personal season-best time.

2008-09

Registered three top-five finishes ... **100 BREASTSTROKE:** Personal-best time earned in dual meet at Houston for a second-place finish (1:09.58) ... Placed fifth at New Orleans dual meet (1:11.15) ... **200 BREASTSTROKE:** Swam a 2:34.02 at the FAU Invite which was a personal best ... Placed fourth in dual meet at New Orleans (2:37.08) ... **ACADEMICS:** Named to the Athletic Director's List.

High School

Was a two-time state finalist and has qualified for state every year since her freshman season ... Named both District 25-4A and Vista Ridge High Most Valuable Swimmer in 2006 and 2007 ... Was a four-time letterwinner at Vista Ridge ... Was a member of Twin Creeks Swim Club coached by Laura Koch.

Personal

Born on March 30 1990 ... Daughter of David and Joi Welch ... Has one sister, Darah, and two brothers, Daniel and Darion.



PROFILES

↳ swimmer profiles



Alexis Widacki

Sprint Free

Fr. ▶ 5-10
Austin, TX
(McNeil HS)

High School

Finished 12th in 50 Free and 11th in 100 Free at Texas 5-A State Championships in 2010 ... Tabbed as an All-American in the 200 free relay ... Received the Volunteer of the year Award from McNeil High School in 2010 ... Received the Social Studies Leadership and Academic Award in 2009 and 2010.

Personal

Daughter of Steven and Michelle Widacki ... Born May 31, 1992 ... Has three sisters, Stephanie, Christina and Katherine.



Joanna Wozniak

IM/Free/Breast

Fr. ▶ 5-10
Etobicoke, ON
(University of New Orleans)

New Orleans

Swam at New Orleans for her freshman year ... Eighth in 400 IM, 11th in 200 IM, 19th in 200 Breast at 2010 SBC Championships ... Swam fastest leg on UNO's 4th place 800 Free Relay ... Swam the second-fastest all-time in the 200 Free ... Swam the second-fastest time of the season and all-time in the 1000 Free and the 400 IM ... Swam the fourth-fastest time of the year and fifth-fastest all-time in the 500 Free ... Swam the second-fastest time of the season and the fourth-fastest time all-time in the 200 Breast.

High School

Swam for ESWIM under head coach Kevin Thorburn ... Was a 2008 Olympic Trials qualifier ... Was a multiple-time Ontario champion in the 100 and 200 breast ... Was a Ontario Provincial Tour Team member in 2006 ... Was a member of two National Age Group record setting relays ... Placed 11th in the 200 breast at the Age Group Nationals in 2007 ... Completed International Baccalaureate Program ... Named to honor roll all four years ... Graduated with honors.

Personal

Was born Oct. 12, 1991 ... Daughter of Ivaylo Petrov and Krystyna Wozniak ... Youngest of four siblings ... Sister Dorota and brothers Daniel and Paul.



Monica Wolfe

Diving

So. ▶ 5-5
Lubbock, Texas
(Coronado HS)

2009-10

Named one of the team's hardest workers ...

Recorded four top-five finishes ... **ONE-METER:** Garnered a seventh-place finish against Texas A&M with a diving score of 182.85, a personal best ... Registered a second-place finish against Austin College with a score of 176.25 ... Posted a fifth-place finish against New Orleans with a 149.75 ... Posted a 15th place finish at the SBC Championships with a diving score of 165.50 ... **THREE-METER:** Took sixth against Texas A&M with a 202.12, a personal best ... Placed fifth against Austin College with a 163.42 ... Took fourth against New Orleans with a 152.00 ... Posted a 15th place finish at the SBC Championships with a diving score of 159.15 ...

ACADEMICS: Named to the Athletic Director's Honor Roll and Sun Belt Conference Honor Roll.

High School

Served as the team captain (2008-09) ... Earned the Pete Ragus "Team First" Award (2008-09), Honored as the Most Improved Diver (2007-08) ... Was a three-time district and regional finalist ... Was a two-time TISCA North Zone finalist ... Selected to the National Honor Society and received the Rotary Youth Leadership Award ... Was a three-year letterwinner.

Personal

Born on April 19, 1991 ... Daughter of Cindy Wolfe ... Has two brothers, Kyle and Ryan.



↳ 2009-10 Results

DATE	W/L/PLACE	OPPONENT/MEET	SITE	SCORE/TEAMS
9/25/09	White Wins	Green & White Meet	Denton, Texas	149-132
9/26/09	N/A	Alumni Meet	Denton, Texas	N/A
10/9/09	3rd	North Texas Relays	Mansfield, Texas	4 teams
10/10/09	W	Tulane	Denton, Texas	173-118
10/17/09	W	New Orleans	Denton, Texas	177-109
10/24/09	L	Denver	Denver, Colo.	182.5-116.5
10/24/09	L	Utah	Denver, Colo.	174-126
11/6/09	L	SMU	Dallas, Texas	143-96
11/7/09	W	Southwestern/Austin College	Sherman, Texas	218-50 and 216-58
12/3-5/09	5th	Texas Invitational	Austin, Texas	14 teams
1/6/10	W	UALR/ Henderson State	Little Rock, Ark	65-29 and 65-29
1/9/10	L	Arkansas	Fayetteville, Ark.	192-106
1/15/10	W	TCU	Fort Worth, Texas	155.5-144.5
1/22/10	W	Houston	Denton, Texas	141-101
1/23/10	W	Rice	Denton, Texas	152-110
2/6/10	L	Texas A&M	College Station, Texas	178-112
2/17-20/10	3rd	Sun Belt Conference Championships	Nashville, Tenn.	7 teams

↳ 2009-10 Superlatives

Event	Time	Name(s)	Team/Meet	Date	Place
50 Freestyle	22.99*	Seabre Pope	SBC Championships	2/17/10	1st
100 Freestyle	51.17	Alicia Hale	Texas Invitational	12/5/09	17th
200 Freestyle	1:49.87 (pre)	Catia Weickgenant	SBC Championships	2/18/10	2nd
500 Freestyle	4:52.38	Emily Floyd	SBC Championships	2/17/10	1st
1000 Freestyle	10:00.64* (sp)	Emily Floyd	SBC Championships	2/19/10	1650 split
1650 Freestyle	16:37.29*	Emily Floyd	SBC Championships	2/19/10	1st
100 Backstroke	56.07*	Rosa Gentile	SBC Championships	2/18/10	6th
200 Backstroke	2:04.63 (pre)	Leanne Hill	SBC Championships	2/19/10	6th
100 Breaststroke	1:05.08 (pre)	Rosita Bado	SBC Championships	2/18/10	5th
200 Breaststroke	2:19.48*	Hannelle Luoma	SBC Championships	2/19/10	9th
100 Butterfly	54.21*	Rosa Gentile	SBC Championships	2/18/10	2nd
200 Butterfly	2:02.73 (pre)	Catia Weickgenant	SBC Championships	2/19/10	4th
200 Individual Medley	2:04.21* (pre)	Rosa Gentile	SBC Championships	2/17/10	1st
400 Individual Medley	4:30.89	Rosita Bado	SBC Championships	2/18/10	11th
200 Freestyle Relay	1:33.26*	Pope, Gentile, Leslie, Hale	SBC Championships	2/18/10	3rd
400 Freestyle Relay	3:25.16*	Gentile, Pope, Dworshack, Hale	SBC Championships	2/20/10	3rd
800 Freestyle Relay	7:22.11	Hale, Dworshack, Floyd, Roach	SBC Championships	2/20/10	2nd
200 Medley Relay	1:43.39*	Leslie, Luoma, Gentile, Pope	SBC Championships	2/17/10	2nd
400 Medley Relay	3:47.33*	Gentile, Bado, Riedmann, Hale	SBC Championships	2/19/10	3rd
1-Meter Diving	253.55	Mary Beth Geeze	SBC Championships	2/18/10	2nd
3-Meter Diving	262.13*	Delia Covo	Texas A&M	2/6/10	2nd

*-School Record

(pre)-Preliminaries

(sp) - split



IN REVIEW

↳ 2009-10 Individual Performer's List

50-YARD FREESTYLE

Seabre Pope	22.99 #	SBC Championships	2/17/10
Nicole Leslie	23.80	SBC Championships	2/17/10
Rosa Gentile	24.27	Texas A&M	2/6/10
Alicia Hale	24.55	Texas Invitational	12/3/09
Becca Ploetz	24.58	Texas Invitational	12/3/09
Morgan Morrow	24.74	Arkansas	1/9/10
Carleigh Kutac	24.45	SBC Championships	2/17/10
Angela Dworschack	25.06(pre)	Texas Invitational	12/3/09
Sarah Standlee	25.07	SBC Championships	2/17/10
Stephanie Bernier	25.10(pre)	Texas Invitational	12/3/09
Catia Weickgenant	25.10(pre)	Texas Invitational	12/3/09
Christine O'Connell	25.22	Texas A&M	2/6/10
Dawn Richerson	25.30(pre)	Texas Invitational	12/3/09
Brandi Townsend	25.40(pre)	Texas Invitational	12/3/09
Leanne Hill	25.56(pre)	Texas Invitational	12/3/09
Kristen Tuttle	25.88	Rice	1/23/10
Kristen Hempleman	26.06(pre)	Texas Invitational	12/3/09
Shannon Dwyer	26.36	TCU	1/15/10
Madison Fleming	26.55(pre)	Texas Invitational	12/3/09
Bryn Leiwis	25.99	Rice	1/23/10
Laura Littleton	26.21	Arkansas	1/9/10

100-YARD FREESTYLE

Alicia Hale	51.17	Texas Invitational	12/5/09
Rosa Gentile	52.23	Texas Invitational	12/5/09
Nicole Leslie	52.23	SBC Championships	2/19/10
Seabre Pope	51.41	SBC Championships	2/19/10
Angela Dworschack	51.68	SBC Championships	2/19/10
Becca Ploetz	52.77	Texas A&M	2/6/10
Catia Weickgenant	53.47(pre)	Texas Invitational	12/5/09
Dawn Richerson	53.77(pre)	Texas Invitational	12/5/09
Morgan Morow	53.81	Texas A&M	2/6/10
Leanne Hill	54.07(pre)	Texas Invitational	12/5/09
Emily Floyd	54.13(pre)	Texas Invitational	12/5/09
Bryn Lewis	54.29	Texas A&M	2/6/10
Christine O'Connell	54.34	Texas A&M	2/6/10
Hilary Riedmann	54.34	Texas A&M	2/6/10
Stephanie Bernier	54.53(pre)	Texas Invitational	12/5/09
Kristen Tuttle	54.73	Texas A&M	2/6/10
Carleigh Kutac	54.92	Tulane	10/10/09
Sarah Standlee	55.39	Texas A&M	2/6/10
Laura Littleton	57.18(pre)	Texas Invitational	12/5/09
Shannon Dwyer	1:00.43	Arkansas	1/10/10

200-YARD FREESTYLE

Catia Weickgenant	1:49.87	SBC Championships	2/18/10
Alicia Hale	1:50.31	Texas Invitational	12/4/09
Emily Floyd	1:51.49	SBC Championships	2/18/10
Erika Roach	1:51.61	SBC Championships	2/18/10
Angela Dworschack	1:51.74	SBC Championships	2/18/10
Dawn Richerson	1:52.64	SBC Championships	2/18/10
Becca Ploetz	1:54.20	Texas A&M	2/6/10
Hilary Riedmann	1:55.78(pre)	Texas Invitational	12/4/09
Rosa Gentile	1:57.26	Tulane	10/10/09
Kristen Tuttle	1:59.11(pre)	Texas Invitational	12/4/09
Carleigh Kutac	1:59.15	Texas A&M	2/6/10
Leanne Hill	1:59.42	Tulane	10/10/09
Nicole Leslie	1:59.84	Texas A&M	2/6/10
Madison Fleming	2:00.70(pre)	Texas Invitational	12/4/09
Shannon Dwyer	2:01.58(pre)	Texas Invitational	12/4/09
Emily Cardone-Dennis	2:04.26	Arkansas	1/9/10

500-YARD FREESTYLE

Emily Floyd	4:52.38	SBC Championships	2/17/10
Catia Weickgenant	4:53.87	SBC Championships	2/17/10
Hilary Riedmann	4:54.85	SBC Championships	2/17/10
Erika Roach	4:54.98	SBC Championships	2/17/10
Angela Dworschack	4:57.68	SBC Championships	2/17/10
Dawn Richerson	4:58.87	SBC Championships	2/17/10
Alicia Hale	5:14.26	Tulane	10/10/09
Madison Fleming	5:19.94	Texas A&M	2/6/10
Danae Welch	5:23.34	Tulane	10/10/09
Becca Ploetz	5:23.91	Austin College	11/7/09
Emily Cardone-Dennis	5:26.96	Tulane	10/10/09

1000-YARD FREESTYLE

Emily Floyd	10:00.64 #	SBC Championships	2/19/10
Hilary Riedmann	10:14.27	SBC Championships	2/19/10
Dawn Richerson	10:21.93	SBC Championships	2/19/10
Angela Dworschack	10:29.85	TCU	1/15/10
Leanne Hill	10:49.29	Texas A&M	2/6/10
Danae Welch	10:59.03	Texas A&M	2/6/10

1650-YARD FREESTYLE

Emily Floyd	16:37.29 #	SBC Championships	2/19/10
Hilary Riedmann	16:56.42	SBC Championships	2/19/10
Dawn Richerson	17:16.88	SBC Championships	2/19/10
Angela Dworschack	17:40.00	Texas Invitational	12/5/09

100-YARD BACKSTROKE

Rosa Gentile	56.07 #	SBC Championships	2/18/10
Erika Roach	58.20(pre)	Texas Invitational	12/4/09
Stephanie Bernier	58.28	Texas A&M	2/6/10
Nicole Leslie	58.36	SBC Championships	2/18/10
Sarah Standlee	58.69	SBC Championships	2/18/10
Leanne Hill	59.91	Arkansas	1/9/10
Seabre Pope	1:00.82	Texas Invitational	12/4/09
Morgan Morrow	1:01.19	Texas Invitational	12/4/09
Catia Weickgenant	1:01.89	Texas A&M	2/6/10
Rosita Bado	1:02.53	Denver, Utah	10/24/09
Laura Littleton	1:02.94	Texas Invitational	12/4/09
Kristen Hempleman	1:04.41	Arkansas	1/9/10
Shannon Dwyer	1:07.62	Tulane	10/10/09

200-YARD BACKSTROKE

Leanne Hill	2:04.63	SBC Championships	2/19/10
Sarah Standlee	2:06.35	SBC Championships	2/19/10
Brandi Townsend	2:06.67	SBC Championships	2/19/10
Emily Cardone-Dennis	2:08.51	SBC Championships	2/19/10
Alicia Hale	2:08.75	Texas A&M	2/6/10
Rosita Bado	2:09.26(pre)	Texas Invitational	12/4/09
Rosa Gentile	2:11.59	Tulane	10/10/09
Carleigh Kutac	2:13.48	UNO	10/17/09
Dawn Richerson	2:16.79	Texas A&M	2/6/10
Kristen Hempleman	2:20.40	Tulane	10/10/09
Hannele Luoma	2:31.20	Arkansas	1/9/10

100-YARD BREASTSTROKE

Rosita Bado	1:05.08	SBC Championships	2/18/10
Hannele Luoma	1:05.33(pre)	Texas Invitational	12/4/09
Kristen Hempleman	1:07.32	Texas A&M	2/6/10
Danae Welch	1:07.94	SBC Championships	2/18/10
Alicia Hale	1:08.80	Texas Invitational	12/4/09
Becca Ploetz	1:09.24	Texas Invitational	12/4/09
Brandi Townsend	1:09.57	Texas Invitational	12/4/09
Seabre Pope	1:12.09	Tulane	10/10/09



200-YARD BREASTSTROKE

Hannele Luoma	2:19.48 #	SBC Championships	2/19/10
Rosita Bado	2:20.62	SBC Championships	2/19/10
Kristen Hempleman	2:24.13	Texas A&M	2/6/10
Danae Welch	2:27.01	SBC Championships	2/19/10
Brandi Townsend	2:28.58(pre)	Texas Invitational	12/4/09
Becca Ploetz	2:35.32(pre)	Texas Invitational	12/4/09
Angie Dworschack	2:37.81	Texas A&M	2/6/10
Shannon Dwyer	2:43.47	Tulane	10/10/09

100-YARD BUTTERFLY

Rosa Gentile	54.21 #	SBC Championships	2/18/10
Bryn Lewis	57.32	Texas A&M	2/6/10
Hilary Riedmann	57.73	UNO	10/17/09
Catia Weickgenant	58.01(pre)	Texas Invitational	12/4/09
Seabre Pope	58.29	SBC Championships	2/18/10
Leanne Hill	58.41	SBC Championships	2/18/10
Stephanie Bernier	59.22	Texas A&M	2/6/10
Carleigh Kutac	59.38	SBC Championships	2/18/10
Emily Cardone-Dennis	59.90	Houston	1/22/10
Kristen Tuttle	59.95	Texas A&M	2/6/10
Madison Fleming	1:00.34(pre)	Texas Invitational	12/4/09
Shannon Dwyer	1:01.45	TCU	1/15/10
Alicia Hale	1:01.54	Texas A&M	2/6/10
Rosita Bado	1:01.66	Texas A&M	2/6/10
Christine O'Connell	1:01.92(pre)	Texas Invitational	12/4/09
Shannon Dwyer	1:02.07	Houston	1/22/10
Nicole Leslie	1:02.20	Tulane	10/10/09
Danae Welch	1:02.38(pre)	Texas Invitational	12/4/09
Becca Ploetz	1:02.41	Arkansas	1/10/09
Laura Littleton	1:05.69	Houston	1/22/10

200-YARD BUTTERFLY

Catia Weickgenant	2:02.73	SBC Championships	2/19/10
Hilary Riedmann	2:04.02	SBC Championships	2/19/10
Erika Roach	2:04.74	SBC Championships	2/19/10
Rosa Gentile	2:06.54	Texas Invitational	12/4/09
Emily Cardone-Dennis	2:07.86	SBC Championships	2/19/10
Shannon Dwyer	2:11.31	Texas A&M	2/6/10
Madison Fleming	2:11.85	Texas A&M	2/6/10
Kristen Tuttle	2:17.56(pre)	Texas Invitational	12/4/09
Angela Dworschack	2:18.96	Texas A&M	2/6/10
Hannele Luoma	2:19.08	Tulane	10/10/09
Bryn Lewis	2:21.59	Tulane	10/10/09

200-YARD INDIVIDUAL MEDLEY

Rosa Gentile	2:04.21 #	SBC Championships	2/17/10
Alicia Hale	2:06.14	SBC Championships	2/17/10
Hannele Luoma	2:09.55(pre)	Texas Invitational	12/4/09
Brandi Townsend	2:09.62(pre)	Texas Invitational	12/4/09
Catia Weickgenant	2:09.92	Texas A&M	2/6/10
Erika Roach	2:11.54	Houston	1/22/10
Rosita Bado	2:11.61	Houston	1/22/10
Becca Ploetz	2:12.71(pre)	Texas Invitational	12/4/09
Shannon Dwyer	2:13.75	Texas A&M	2/6/10
Danae Welch	2:13.82(pre)	Texas Invitational	12/4/09
Emily Cardone-Dennis	2:13.85	UNO	10/17/09
Kristen Hempleman	2:14.06(pre)	Texas Invitational	12/4/09
Sarah Standlee	2:14.86(pre)	Texas Invitational	12/4/09
Leanne Hill	2:17.71	Texas A&M	2/6/10
Brandi Townsend	2:17.95	Tulane	10/10/09
Hilary Riedmann	2:18.07	Tulane	10/10/09
Kristen Hempleman	2:18.51	Tulane	10/10/09
Madison Fleming	2:24.05	Tulane	10/10/09

400-YARD INDIVIDUAL MEDLEY

Rosita Bado	4:30.89	SBC Championships	2/18/10
Hilary Riedmann	4:38.06	Texas A&M	2/6/10
Hannele Luoma	4:39.79(pre)	Texas Invitational	12/4/09
Brandi Townsend	4:40.45(pre)	Texas Invitational	12/4/09
Kristen Hempleman	4:40.65	Texas Invitational	12/4/09
Emily Cardone-Dennis	4:40.20	SBC Championships	2/18/10
Angela Dworschack	4:44.45	Arkansas	1/9/10
Danae Welch	4:44.50	Texas Invitational	12/4/09
Sarah Standlee	4:44.87	Texas A&M	2/6/10
Brandi Townsend	4:43.82	SBC Championships	2/18/10

ONE-METER DIVING (Six Dives)

Mary Beth Geeze	253.55	SBC Championships	2/18/10
Delia Covo	246.23	Texas A&M	2/6/10
Kendall Schmid	217.95	Austin College	11/7/09
Kim Nelson-Wulff	207.83	Texas A&M	2/6/10
Jessica Bills	189.87	Austin College	11/7/09
Monica Wolfe	182.85	Texas A&M	2/6/10
Jordan Engel	144.90	Texas A&M	2/6/10

THREE-METER DIVING (Six Dives)

Delia Covo	262.13 #	Texas A&M	2/6/10
Mary Beth Geeze	236.48	Texas A&M	2/6/10
Kim Nelson-Wulff	225.97	Texas A&M	2/6/10
Kendall Schmid	213.38	Texas A&M	2/6/10
Monica Wolfe	202.12	Texas A&M	2/6/10
Jessica Bills	192.95	UNO	10/24/09

- School Record; (pre) - preliminaries



IN REVIEW

→ sbc conference review

↳ 2010 SBC Swimming and Diving Awards

Women's Swimmer of the Year: Claire Donahue (Western Kentucky)
 Men's Swimmer of the Year: Sean Penhale (WKU) and Mark Schindler (UNO)
 Women's Diver of the Year: Namiko Shibata (Florida International)
 Men's Diver of the Year: Cody Stambaugh (Denver)

Women's Coach of the Year: Bruce Macrchionda (Western Kentucky)
 Men's Coach of the Year: Bruce Macrchionda (Western Kentucky)
 Women's Diving Coach of the Year: Bob Benson (Western Kentucky)
 Men's Diving Coach of the Year: Aaron D'Addario (Denver)

↳ SBC Female Performers of the Week Archive

Date	Swimmer	Diver
2/10	Kristen Hempleman (NT)	Delia Covo (NT)
2/3	Kayla Derr(FIU)/Eszter Bucz (FAU)	Christina Sterman (FAU)
1/27	Alicia Hale (NT)	Namiko Shibata (FIU)
1/20	Jonna Nyback (FAU)	Delia Covo (NT)
1/13	Alicia Hale (NT)/Eszter Bucz (FAU)	Namiko Sibata (FIU)
12/23	Elly James/Jonna Wozniak	Christina Sterman/Namiko Shibata
12/9	Alicia Hale (NT)	Elizabeth Yovich (DU)
11/25	Claire Donahue (WKU)	Maegan Butler (FAU)
11/18	Haydn Maclean (UNO)	
11/11	Kirsten Milberg (DU)	Kendall Schmid (NT)
11/5	Claire Alexander (WKU)	Stephanie Goodman (FAU)
10/28	Yesica Rojas (FIU)	Jamie Stinson (FIU)
10/21	Hilary Riedmann (NT)	Delia Covo (NT)
10/14	Eszter Bucz (FAU)	Kylie Ruiz (WKU)

↳ Final SBC Team Rankings

Women - Team Scores

Place	School	Points
1	Western Kentucky	821
2	Denver	746
3	North Texas	701
4	Florida Atlantic	352
5	New Orleans	338
6	Florida International	246
7	Arkansas-Little Rock	143

↳ Sun Belt Championship Results (Top NT finishes)

Women 200 Yard Medley Relay		
2. North Texas 'A'		1:43.39
Nicole Leslie, Hannelle Luoma, Rosa Gentile, Seabre Pope		
Women 800 Yard Freestyle Relay		
2. North Texas 'A'		7:22.11
Alicia Hale, Angie Dworschack, Emily Floyd, Erika Roach		
Women 500 Yard Freestyle		
1. Emily Floyd		4:52.38
2. Catia Weickgenant		4:53.92
3. Hiliary Riedmann		4:54.85
5. Erika Roach		4:55.59
8. Angela Dworschack		5:01.47
10. Dawn Richerson		4:58.87
Women 200 Yard IM		
6. Rosa Gentile		2:04.21
13. Alicia Hale		2:07.16
Women 50 Yard Freestyle		
1. Seabre Pope		22.99
8. Nicole Leslie		23.87
16. Carleigh Kutac		24.82
Three-Meter Dive (6)		
2. Delia Covo		242.95

5. Mary Beth Geeze	222.70
11. Kim Nelson-Wulff	198.50
12. Kendall Schmid	195.25
13. Jessica Bills	183.00
15. Monica Wolfe	159.15

Women 200 Yard Freestyle Relay

3. North Texas 'A'	1:33.26
Seabre Pope, Rosa Gentile, Nicole Leslie, Alicia Hale	

Women 400 Yard IM

11. Rosita Bado	4:30.89
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Women 100 Yard Butterfly

2. Rosa Gentile	54.21
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Women 200 Yard Freestyle

4. Catia Weickgenant	1:49.98
5. Alicia Hale	1:50.67
7. Erika Roach	1:53.08
8. Emily Floyd	1:53.13
9. Angie Dworschack	1:51.74
11. Dawn Richerson	1:52.64

Women 100 Yard Breaststroke

6. Rosita Bado	1:05.29
8. Hannelle Luoma	1:06.33
14. Danae Welch	1:07.94

Women 100 Yard Backstroke

6. Rosa Gentile	56.07
14. Nicole Leslie	59.23
15. Sarah Standlee	59.55

Women 400 Yard Medley Relay

3. North Texas 'A'	3:47.33
Rosa Gentile, Rosita Bado, Hiliary Riedmann, Alicia Hale	

Women 1650 Yard Freestyle

1. Emily Floyd	16:37.29
2. Hiliary Riedmann	16:56.42
5. Dawn Richerson	17:16.88

Women 200 Yard Backstroke

7. Leanne Hill	2:06.24
12. Brandi Townsend	2:08.24
13. Sarah Standlee	2:08.50
16. Emily Cardone-Dennis	2:11.75

Women 100 Yard Freestyle

5. Seabre Pope	51.41
7. Alicia Hale	51.66
8. Angie Dworschack	51.97
16. Nicole Leslie	52.67

Women 200 Yard Breaststroke

5. Rosita Bado	2:20.62
9. Hannelle Luoma	2:19.48
16. Danae Welch	2:28.72

Women 200 Yard Butterfly

5. Catia Weickgenant	2:03.43
7. Erika Roach	2:04.74
8. Hiliary Riedmann	2:05.61
14. Emily Cardone-Dennis	2:10.74

One-Meter Dive (6)

2. Mary Beth Geeze	253.55
7. Delia Covo	213.35
11. Kendall Schmid	196.60
12. Kim Nelson-Wulff	178.45
14. Jessica Bills	171.45
15. Monica Wolfe	165.50

Women 400 Yard Freestyle Relay

3. North Texas 'A'	3:25.16
Rosa Gentile, Seabre Pope, Angie Dworschack, Alicia Hale	



↳ Year-By-Year Dual Meet Results

Year	W	L	T	Pct.
1998-99	2	14	0	.125
1999-00	0	15	0	.000
2000-01	4	6	0	.240
2001-02	3	6	0	.333
2002-03	5	12	0	.294
2003-04	5	10	0	.333
2004-05	5	8	0	.384
2005-06	2	10	0	.166
2006-07	7	5	0	.583
2007-08	4	8	0	.333
2008-09	1	9	0	.100
2009-10	9	5	0	.643

↳ All-Time Tournament Results

Date	Tournament	Place	Teams
1/8-9/99	TCU Classic (Fort Worth, Tex.)	4th	4
2/25-27/99	Big West Conf. Championships (Long Beach, Calif.)	7th	7
2/17-19/00	Big West Conf. Championships (Long Beach, Calif.)	7th	7
11/10-11/00	Lobo Invitational (Albuquerque, N.M.)	7th	7
1/12-13/01	TCU Classic (Fort Worth, Tex.)	4th	5
2/15-18/01	Sun Belt Conf. Championships (Little Rock, Ark.)	4th	5
11/30-1/01	UALR Christmas Invitational (Little Rock, Ark.)	2nd	9
2/14-16/02	Sun Belt Conf. Championships (Denver, Co.)	4th	5
12/6-7/02	UALR Christmas Invitational (Little Rock, Ark.)	2nd	8
1/31-2/1/03	Trinity Invitational (San Antonio, Tex.)	1st	7
2/13-15/03	Sun Belt Conf. Championships (Little Rock, Ark.)	4th	6
12/5-6/03	UALR Christmas Invitational (Little Rock, Ark.)	3rd	8
2/12-14/04	Sun Belt Conf. Championships (Little Rock, Ark.)	5th	7
12/3-4/04	UALR Christmas Invitational (Little Rock, Ark.)	3rd	7
1/7-8/05	UNO Sugar Bowl Invitational (New Orleans, La.)	3rd	7
2/17-19/05	Sun Belt Conf. Championships (Little Rock, Ark.)	5th	9
12/4-5/05	UALR Christmas Invitational (Little Rock, Ark.)	2nd	7
2/17-19/06	Sun Belt Conf. Championships (Denver, Co.)	5th	7
12/1-2/06	UALR Christmas Invitational (Little Rock, Ark.)	1st	8
2/15-17/07	Sun Belt Conf. Championships (Nashville, Tenn.)	4th	7
12/15-17/07	UNLV Winter Invitational (Las Vegas, Nev.)	4th	15
2/28-3/1/08	Sun Belt Conf. Championships (Nashville, Tenn.)	4th	7
11/20-23/08	Husker Invitational (Lincoln, Neb.)	2nd	9
1/3/09	FAU Invitational (Boca Raton, Fla.)	5th	6
2/18-21/09	Sun Belt Conf. Championships (Nashville, Tenn.)	3rd	7
12/3-5/09	Texas Invitational (Austin, Texas)	5th	14
2/17-20/10	Sun Belt Conf. Championships (Nashville, Tenn.)	3rd	7



RECORDS

↳ year-by-year records

↳ 2009-10 (9-5)

Head Coach: Joe Dykstra

DATE	W/L/PLACE	OPPONENT/MEET	SCORE/TEAMS
10/33.....	North Texas Relays4
10/10W.....	Tulane173-118
10/17W.....	New Orleans177-109
10/24L.....	Denver182.5-116.5
.....L.....	Utah174-126
11/6L.....	SMU143-96
11/7W.....	Austin College216-58
.....W.....	Southwestern218-50
12/3-55.....	Texas Invitational14
1/6W.....	Arkansas-Little Rock65-29
.....W.....	Henderson State65-29
1/9L.....	Arkansas192-106
1/15W.....	TCU155.5-144.5
1/22W.....	Houston141-101
1/23W.....	Rice152-110
2/6L.....	Texas A&M178-112
2/-17-203.....	Sun Belt Conf. Championships7

↳ 2008-09 (1-9)

Head Coach: Joe Dykstra

DATE	W/L/PLACE	OPPONENT/MEET	SCORE/TEAMS
10/34.....	North Texas Relays5
10/10L.....	Texas A&M103-187
.....L.....	Rice109-184
10/11L.....	Houston126-174
10/24W.....	New Orleans171-116
11/8L.....	Arkansas63-237
.....L.....	Colorado State111-189
.....L.....	New Mexico State123-177
.....L.....	SMU75-225
11/20-232.....	Husker Invite9
1/35.....	FAU Invite6
1/10L.....	Utah112.5-187.5
2/4L.....	TCU130-158
2/18-213.....	Sun Belt Conf. Championships7

↳ 2007-08 (4-8)

Head Coach: Joe Dykstra

DATE	W/L/PLACE	OPPONENT/MEET	SCORE/TEAMS
10/32.....	North Texas Relays3
10/11W.....	Missouri State125-118
10/12L.....	Georgia82-212
.....L.....	Arkansas90-210
10/27L.....	Northern Arizona148-152
.....L.....	Texas A&M112-184
11/9L.....	SMU30-83
.....L.....	Wyoming33-80
12/15-174.....	UNLV Winter Invite15
1/8L.....	New Mexico State98-143
1/18W.....	Houston133-110
1/19L.....	Rice134-154
2/6W.....	TCU161-139
2/9W.....	New Orleans133-86
2/28-3/14.....	Sun Belt Conf. Championships7

↳ 2006-07 (7-5)

Head Coach: Joe Dykstra

DATE	W/L/PLACE	OPPONENT/MEET	SCORE/TEAMS
10/21W.....	Austin College161-62
10/25W.....	Incarnate Word124-13
10/25L.....	TCU61-79
11/10L.....	SMU137-193
11/17W.....	San Diego State181-119
11/17W.....	Centenary219-69
12/1-21.....	UALR Invitational8
1/12-13W.....	Florida International112-66
1/12-13L.....	New Mexico State169-170
1/12-13L.....	Houston105-204
1/24W.....	Incarnate Word118-9
1/24L.....	TCU48-83
2/3W.....	New Orleans143.5-111.51
2/15-174.....	Sun Belt Conf. Championships7

↳ 2005-06 (2-10)

Head Coach: Mona Nyheim-Canales

DATE	W/L/PLACE	OPPONENT/MEET	SCORE/TEAMS
10/22-23L.....	Houston104-126
.....L.....	Rice70-133
11/4L.....	Air Force122-176
11/11L.....	Wyoming68-175
.....L.....	Houston117-126
11/12W.....	Centenary112-70
11/17L.....	TCU130-152
12/32.....	UALR Invitational7
1/64.....	Golden Panther InvitationalRelays only - 8
1/18L.....	SMU85-149
1/27L.....	Missouri State48-65
2/1L.....	TCU40-60
.....W.....	Incarnate Word52-28
2/17-19L.....	Texas A&M101-151
2/17-195.....	Sun Belt Conf. Championships7

↳ 2004-05 (5-8)

Head Coach: Mona Nyheim-Canales

DATE	W/L/PLACE	OPPONENT/MEET	SCORE/TEAMS
10/22-234.....	Sun Belt Fall Classic5
.....L.....	Air Force95-148
.....W.....	New Mexico State126-117
.....L.....	Nevada52.5-190.5
.....W.....	Northern Colorado126-117
10/30L.....	Texas A&M112-178
11/6W.....	Arkansas-Little Rock245-33
.....W.....	Henderson State219-79
.....L.....	Tulane92-206
11/10L.....	TCU57-80
.....W.....	Incarnate Word126-55
12/3-43.....	Arkansas Christmas Invitational7
1/7-84.....	2005 UNO Invite6
1/14L.....	SMU112-155
.....L.....	Houston114.5-157.5
1/19L.....	TCU104-124
2/17-195.....	Sun Belt Conf. Championships9



↳ **2003-04 (5-10)**

Head Coach: Mona Nyheim-Canales

DATE	W/L/PLACE	OPPONENT/MEET	SCORE/TEAMS
10/10	L	Texas A&M	109-171
10/11	L	Houston	91-151
10/24	L	New Mexico State	102-139
10/25	L	Denver	91-150
10/25	W	Florida International	118.50-114.50
10/25	L	Western Kentucky	47.50-194.50
11/1	W	Trinity University	94-50
11/8	W	Spring Hill College	87-19
11/8	L	Louisiana-Monroe	56-57
11/13	L	TCU	102-139
11/15	W	Arkansas-Little Rock	36-3
11/15	L	Tulane	36-72
12/5-6	3	UALR Christmas Invitational	8
1/16	W	New Mexico State	156-138
1/17	L	Houston	107-131
1/21	L	SMU	80-150
1/28	L	TCU	92-140
2/12-14	5	Sun Belt Championships	7

↳ **2002-03 (5-12)**

Head Coach: Mona Nyheim-Canales

DATE	W/L/PLACE	OPPONENT/MEET	SCORE/TEAMS
10/12	L	Rice	86-114
10/12	L	Houston	76-167
10/25	L	New Mexico State	105-136
10/25	L	Denver	110-124
10/25	L	Air Force	54-187
10/25	L	Western Kentucky	79-158
11/1	L	Texas A&M	97-190
11/1	L	Arkansas	71-222
11/1	L	SMU	84-207
11/7	L	TCU	139-163
11/23	W	Ouachita Baptist	59-54
11/23	W	Arkansas-Little Rock	95-16
11/23	W	Centenary	108-3
12/6-7	2	UALR Christmas Invitational	8
1/15	L	TCU	122-158
1/25	W	Austin College	100-9
1/25	L	Rice	36-74
1/25	W	Louisiana-Monroe	67-46
1/31-2/1	1	Trinity Invitational	7
2/13-15	4	Sun Belt Conf. Championships	6

↳ **2001-02 (3-6)**

Head Coach: Scott Hines

DATE	W/L/PLACE	OPPONENT/MEET	SCORE/TEAMS
10/6	W	Louisiana-Monroe Relays	450-438
10/20	L	Houston	112-184
10/26	L	New Mexico State (Meters)	76-169
10/27	L	New Mexico State (Meters)	103-128
11/2	L	TCU	130-157
11/3	W	Austin College	99-10
11/3	W	Delta State	69.50-38.50
11/9	L	Southwest Missouri State	33-71
11/11	L	Texas A&M	113-173
11/30	2	UALR Christmas Invitational	9
2/14-15	4	Sun Belt Conference Championships	5

↳ **2000-01 (4-6)**

Head Coach: Joel Stout

DATE	W/L/PLACE	OPPONENT/MEET	SCORE/TEAMS
10/27	L	New Mexico State	79-145
10/29	L	New Mexico State	85-140
11/2	L	Houston	130-149
11/3	L	Texas A&M	19-121
11/3	L	Arkansas	37-103
11/10-11	7	Lobo Invitational	7
11/18	W	Austin College	150-59
11/18	W	McMurry University	124-49
12/2	W	Southwestern University	119-23
12/2	W	Palo Alto College	125-14
1/12-13	4	TCU Classic	5
2/3	L	TCU	77-145
2/15-18	4	Sun Belt Conference Championships	5

↳ **1999-2000 (0-15)**

Head Coach: Mark Clark

DATE	W/L/PLACE	OPPONENT/MEET	SCORE/TEAMS
10/13	L	TCU	86-137
10/22	L	New Mexico State	49-63
10/22	L	Air Force	48-65
10/23	L	New Mexico State	53-60
10/23	L	Air Force	41-72
11/5	L	Kansas	59-119
11/6	L	Penn State	49-96
11/6	L	Illinois	38-99
11/7	L	Missouri	55-163
11/7	L	Southern Illinois	57-141
11/13	L	TCU Relays	27-40
11/19	L	Houston	107-167
11/20	L	Rice	98-153
2/5	L	TCU	32-90
2/5	L	Fresno State	12-120
2/17-19	7	Big West Conference Championships	7

↳ **1998-99 (2-14)**

Head Coach: Mark Clark

DATE	W/L/PLACE	OPPONENT/MEET	SCORE/TEAMS
10/10	L	Southwest Missouri State	53-144
10/16	L	Texas	118-344-325
10/24	W	Southern Arkansas	82-17
10/24	W	Arkansas-Little Rock	61-47
10/31	L	Rice	64-120
10/31	L	Houston	55-159
11/2	L	SMU	56-102
11/4	L	TCU	60-103
11/7	L	Kansas	56-111
11/20	L	Texas A&M	64-113
11/20	L	Houston	N/A
12/5	L	Arkansas	79-169
1/8-9	4	TCU Classic	4
1/16	L	New Mexico State	76-95
1/22	L	TCU	73-103
2/6	L	Houston	42-164
2/6	L	Northeast Louisiana	41-192
2/25-27	7	Big West Conference Championships	7



RECORDS

↳ all-time records/home pool records

↳ ALL-TIME RECORDS

Individual Races

Event	Time	Name	Opponent/Meet	Date	Place
50-Yd Freestyle	22.99	Seabre Pope	SBC Champ.	2/18/10	1st
100-Yd Freestyle	51.16	Nicole Leslie	SBC Champ.	2/21/09	5th
200-Yd Freestyle	1:49.86	Alicia Hale	SBC Champ.	2/18/09	Relay Leg
500-Yd Freestyle	4:50.74	Emily Floyd	SBC Champ.	2/19/09	2nd
1000-Yd Freestyle	10:00.64 (sp)	Emily Floyd	SBC Champ.	2/20/10	1650 split
1650-Yd Freestyle	16:37.29	Emily Floyd	SBC Champ.	2/20/10	1st
100-Yd Backstroke	56.54	Nicole Leslie	SBC Champ.	2/20/09	6th
200-Yd Backstroke	1:59.14	Bonnie Garcia-Meitin	SBC Champ.	3/1/08	2nd
100-Yd Breaststroke	1:03.92	Hannah Bakke	SBC Champ.	2/29/08	3rd
200-Yd Breaststroke	2:19.48	Hannele Luoma	SBC Champ.	2/20/10	9th
100-Yd Butterfly	54.21	Rosa Gentile	SBC Champ.	2/19/10	2nd
200-Yd Butterfly	2:02.28	Erika Roach	SBC Champ.	2/21/09	9th
200-Yd Individual Medley	2:04.21 (pre)	Rosa Gentile	SBC Champ.	2/18/10	1st
400-Yd Individual Medley	4:30.52	Christina Hammervold	SBC Champ.	2/29/08	6th

Relays	Time	Name	Opponent/Meet	Date	Place
200-Yd Freestyle Relay	1:33.26	Pope, Gentile, Leslie, Hale	SBC Champ.	2/18/10	3rd
400-Yd Freestyle Relay	3:25.16	Gentile, Pope, Dworschack, Hale	SBC Champ.	2/20/10	3rd
800-Yd Freestyle Relay	7:21.90	Hale, Floyd, Dworschack, Roach	SBC Champ.	2/18/09	2nd
200-Yd Medley Relay	1:43.39	Leslie, Luoma, Gentile, Pope	SBC Champ.	2/17/10	2nd
400-Yd Medley Relay	3:47.33	Gentile, bado, Riedmann, Hale	SBC Champ.	2/19/10	3rd

Diving	Time	Name	Opponent/Meet	Date	Place
One-Meter Diving (6) Dual	256.50	Melissa Whitaker	New Mexico State	1/28/00	3rd
Three-Meter Diving (6) Dual	262.13	Delia Covo	Texas A&M	2/6/10	2nd

↳ HOME POOL RECORDS

Individual Races

Event	Time	Name	Team	Year
50-yd Freestyle	23.58	Candace Blackman	SMU	2008
100-yd Freestyle	51.19	Candace Blackman	SMU	2008
200-yd Freestyle	1:50.63	Candace Blackman	SMU	2008
500-yd Freestyle	4:49.06	Flavia Rigamonti	SMU	2005
1000-yd Freestyle	10:04.27	Stephanie Carr	Arkansas	2008
1650-yd Freestyle	17:36.90	Jessica Hughes	Tulane	2003
100-yd Backstroke	56.65	Petra Klosova	SMU	2006
200-yd Backstroke	1:59.78	Anja Carman	SMU	2006
100-yd Breaststroke	1:04.28	Leah Pierce	Arkansas	2008
200-yd Breaststroke	2:17.91	Leah Pierce	Arkansas	2008
100-yd Butterfly	56.42	Denisa Smolenova	SMU	2008
200-yd Butterfly	2:02.08	Justine Clark	SMU	2006
200-yd Individual Medley	2:04.15	Katie Kastes	Arkansas	2008
400-yd Individual Medley	4:25.87	Whitney Lopus	Utah	2009

Relays	Time	Name	Team	Year
200-yd Freestyle Relay	1:34.78	Blackman, Klosova, Werth, Van den Branden	SMU	2008
400-yd Freestyle Relay	3:28.84	Blackman, Blackman, Cisneros, Soza	SMU	2007
800-yd Freestyle Relay	7:31.00	Blackman, Blackman, Roberts, VandenBraden	SMU	2007
200-yd Medley Relay	1:46.18	Soza, Callaghan, Smolenova, Van den Branden	SMU	2008
400-yd Medley Relay	3:51.39	Klosova, Callaghan, Cisneros, VandenBraden	SMU	2007

Diving	Time	Name	Team	Year
One-Meter (Six Dives)	321.00	Tania Cagnotto	Houston	2005
Three-Meter (Six Dives)	397.65	Anastasia Pozdniakova	Houston	2010

(pre) - Preliminaries



50-YARD FREESTYLE

1. Seabre Pope (2/17/10)	22.99
2. Seabre Pope (2/17/10)	23.04
3. Nicole Leslie (2/19/09)	23.38
4. Seabre Pope (2/19/09)	23.42
5. Nicole Leslie (2/19/09)	23.46
6. Seabre Pope (2/19/09)	23.62
7. Nicole Leslie (1/18/08)	23.75
8. Elizabeth Weiss (2/28/08)	23.79
9. Nicole Leslie (2/18/10)	23.80
10. Seabre Pope (2/19/09)	23.81

100-YARD FREESTYLE

1. Nicole Leslie (2/21/09)	51.16
2. Alicia Hale (12/5/09)	51.17
3. Rosa Gentile (2/20/10)	51.34
4. Seabre Pope (2/20/10)	51.41
5. Nicole Leslie (2/21/09)	51.53
6. Seabre Pope (2/20/10)	51.54
7. Alicia Hale (2/20/10)	51.64
8. Alicia Hale (2/20/10)	51.66
9. Angela Dworschack (2/20/10)	51.68
10. Alicia Hale (11/23/08)	51.90

200-YARD FREESTYLE

1. Alicia Hale (2/18/09)	1:49.86
2. Catia Weickgenant (2/19/10)	1:49.87
3. Catia Weickgenant (2/19/10)	1:49.98
4. Alicia Hale (2/29/08)	1:50.27
5. Alicia Hale (12/5/09)	1:50.31
6. Alicia Hale (2/29/08)	1:50.63
7. Alicia Hale (2/19/10)	1:50.61
8. Erika Roach (2/20/09)	1:50.73
9. Alicia Hale (12/5/09)	1:50.79
10. Alicia Hale (2/19/10)	1:50.91

500-YARD FREESTYLE

1. Emily Floyd (2/19/09)	4:50.74
2. Erika Roach (2/19/09)	4:51.98
3. Emily Floyd (2/18/10)	4:52.38
4. Emily Floyd (2/19/09)	4:52.55
5. Emily Floyd (2/18/10)	4:53.16
6. Catia Weickgenant (2/18/10)	4:53.87
7. Catia Weickgenant (2/18/10)	4:53.92
8. Emily Floyd (2/28/08)	4:54.19
9. Hiliary Riedmann (2/19/09)	4:54.81
10. Hiliary Riedmann (2/18/10)	4:54.85

1000-YARD FREESTYLE

1. Emily Floyd (2/20/10)	10:00.64
2. Emily Floyd (2/21/09)	10:06.15
3. Emily Floyd (11/20/08)	10:13.19
4. Hiliary Riedmann (2/20/10)	10:14.27
5. Emily Floyd (1/15/10)	10:16.12
6. Emily Floyd (2/4/09)	10:16.61
7. Hiliary Riedmann (2/21/09)	10:17.61
8. Hiliary Riedmann (2/6/10)	10:18.69
9. Angie Dworschack (11/20/08)	10:18.79
10. Emily Floyd (11/8/08)	10:19.56

1650-YARD FREESTYLE

1. Emily Floyd (2/20/10)	16:37.29
2. Emily Floyd (2/21/09)	16:42.06
3. Emily Floyd (11/20/08)	16:52.89
4. Emily Floyd (12/5/10)	16:53.71
5. Hiliary Riedmann (2/20/10)	16:56.42
6. Hiliary Riedmann (2/21/09)	16:58.97
7. Hiliary Riedmann (12/5/09)	17:05.47
8. Emily Floyd (3/1/08)	17:07.27
9. Angie Dworschack (11/20/08)	17:10.50
10. Angie Dworschack (2/21/09)	17:12.35

100-YARD BACKSTROKE

1. Rosa Gentile (2/19/10)	56.07
2. Rosa Gentile (2/19/10)	56.18
3. Nicole Leslie (2/20/09)	56.54
4. Bonnie Garcia-Meitin (2/29/08)	56.57
5. Bonnie Garcia-Meitin (2/28/08)	56.74
6. Nicole Leslie (2/20/09)	56.97
7. Bonnie Garcia-Meitin (12/16/07)	57.00
8. Bonnie Garcia-Meitin (2/29/08)	57.03
9. Erika Roach (2/20/09)	57.20
Bonnie Garcia-Meitin (12/16/07)	57.20

200-YARD BACKSTROKE

1. Bonnie Garcia-Meitin (3/1/08)	1:59.14
2. Bonnie Garcia-Meitin (3/1/08)	2:01.16
3. Bonnie Garcia-Meitin (12/2/06)	2:03.67
4. Bonnie Garcia-Meitin (2/18/06)	2:03.77
5. Bonnie Garcia-Meitin (12/17/07)	2:03.91
6. Bonnie Garcia-Meitin (10/27/07)	2:04.04
7. Bonnie Garcia Meitin (2/15/07)	2:04.05
8. Bonnie Garcia-Meitin (12/15/07)	2:04.26
9. Bethany Pipes (2/14/04)	2:04.44
10. Leanne Hill (2/21/10)	2:04.63

100-YARD BREASTSTROKE

1. Hannah Bakke (2/29/08)	1:03.92
2. Hannah Bakke (12/16/07)	1:04.02
3. Hannah Bakke (2/15/07)	1:04.49
4. Hannah Bakke (12/16/07)	1:04.55
5. Hannah Bakke (2/29/08)	1:04.62
6. Rosita Bado (2/19/10)	1:05.08
7. Hannah Bakke (12/2/06)	1:05.21
8. Hannah Bakke (2/15/07)	1:05.30
9. Hannele Luoma (12/5/09)	1:05.33
10. Hannah Bakke (1/18/08)	1:05.36

200-YARD BREASTSTROKE

1. Hannele Luoma (2/20/10)	2:19.48
2. Hannah Bakke (12/17/07)	2:20.02
3. Hannele Luoma (12/5/09)	2:20.28
4. Rosita Bado (2/20/10)	2:20.62
5. Rosita Bado (2/20/10)	2:20.77
6. Hannah Bakke (12/17/07)	2:22.37
7. Gwen Rourke (12/4/04)	2:23.13
8. Hannele Luoma (1/9/10)	2:23.26
9. Gwen Rourke (12/2/06)	2:23.48
10. Hannele Luoma (12/5/10)	2:23.52

100-YARD BUTTERFLY

1. Rosa Gentile (2/19/10)	54.21
2. Rosa Gentile (2/19/10)	54.79
3. Rosa Gentile (2/20/09)	54.82
4. Rosa Gentile (2/20/09)	55.06
5. Rosa Gentile (12/5/09)	56.37
6. Hiliary Riedmann (2/20/09)	56.74
7. Rosa Gentile (11/22/08)	56.98
8. Rosa Gentile (2/6/10)	57.00
9. Seabre Pope (2/20/09)	57.07
10. Hiliary Riedmann (2/20/09)	57.12

200-YARD BUTTERFLY

1. Erika Roach (2/21/09)	2:02.28
2. Catia Weickgenant (2/20/10)	2:02.73
3. Catia Weickgenant (2/20/10)	2:03.43
4. Rosa Gentile (2/21/09)	2:03.81
5. Catia Weickgenant (12/5/09)	2:03.87
6. Hiliary Riedmann (2/20/10)	2:04.02
7. Erika Roach (11/23/08)	2:04.71
8. Rosa Gentile (11/23/08)	2:04.72
9. Erika Roach (2/20/10)	2:04.74
10. Erika Roach (2/20/10)	2:05.07

200-YARD INDIVIDUAL MEDLEY

1. Rosa Gentile (2/18/10)	2:04.21
2. Rosa Gentile (2/18/10)	2:04.21
3. Rosa Gentile (2/19/09)	2:04.27
4. Rosa Gentile (2/19/09)	2:04.90
5. Alicia Hale (2/19/09)	2:04.98
6. Alicia Hale (2/18/10)	2:06.14
7. Alicia Hale (12/5/09)	2:06.39
8. Alicia Hale (2/28/08)	2:06.76
9. Christina Hammervold (2/28/08)	2:07.00
10. Alicia Hale (2/19/09)	2:07.08

400-YARD INDIVIDUAL MEDLEY

1. Christina Hammervold (2/29/08)	4:30.52
2. Rosita Bado (2/19/10)	4:30.89
3. Rosita Bado (2/20/09)	4:32.06
4. Alicia Hale (1/24/07)	4:32.78
5. Katie Lowry (2/16/07)	4:33.13
6. Christina Hammervold (2/29/08)	4:33.19
7. Alicia Hale (1/12/07)	4:33.25
8. Alicia Hale (11/9/07)	4:33.65
9. Rosita Bado (2/20/09)	4:33.85
10. Alicia Hale (2/6/08)	4:35.04



RECORDS

↳ all-time top 10 performances

200-YARD FREESTYLE RELAY

1. Pope, Gentile, Leslie, Hale	1:33.26
(2/18/10)	
2. Pope, Leslie, Hale, Gentile	1:33.28
(2/19/09)	
3. Weiss, Leslie, Neal, Garcia-Meitin	1:35.29
(2/28/08)	
4. Pope, Leslie, Hale, Ploetz	1:36.11
(12/5/09)	
5. Leslie, Weiss, Garcia-Meitin, Hale	1:36.55
(12/15/07)	
6. Leslie, Pope, Kutac, Gentile	1:36.77
(11/21/08)	
7. Leslie, Weiss, Garcia-Meitin, Rourke	1:37.10
(2/15/07)	
8. Garcia-Meitin, Morrow, Weiss, Leslie	1:37.61
(1/18/08)	
9. Leslie, Pope, Kutac, Hale	1:38.05
(10/17/09)	
10. Leslie, Morrow, Weiss, Garcia-Meitin	1:38.18
(10/12/07)	

400-YARD FREESTYLE RELAY

1. Gentile, Pope, Dworschack, Hale	3:25.16
(2/20/10)	
2. Pope, Leslie, Roach, Hale	3:26.33
(2/21/09)	
3. Hale, Leslie, Dworschack, Gentile	3:27.36
(12/5/09)	
4. Weiss, Leslie, Floyd, Hale	3:28.27
(3/1/08)	
5. Hale, Weiss, Morrow, Leslie	3:29.47
(12/17/07)	
6. Gentile, Hale, Pope, Leslie	3:29.85
(11/20/08)	
7. Hale, Leslie, Weiss, Floyd	3:30.34
(2/17/07)	
8. Weickgenant, Ploetz, Pope, Morrow	3:31.55
(12/5/09)	
9. Ploetz, Leslie, Pope, Hale	3:32.22
(10/9/09)	
10. Gentile, Dworschack, Weickgenant, Hale	3:32.65
(1/15/10)	

800-YARD FREESTYLE RELAY

1. Hale, Floyd, Dworschack, Roach	7:21.90
(2/18/09)	
2. Hale, Dworschack, Floyd, Roach	7:22.11
(2/17/10)	
3. Hale, Dworschack, Floyd, Roach	7:30.19
(11/22/08)	
4. Hale, Richerson, Dworschack, Roach	7:31.47
(12/5/09)	
5. Weickgenant, Floyd, Ploetz, Riedmann	7:31.52
(12/5/09)	
6. Hale, Dworschack, Gordon, Floyd	7:34.10
(2/29/08)	
7. Riedmann, Roach, Dworschack, Hale	7:37.44
(1/22/10)	
8. Hale, Dworschack, Weickgenant, Floyd	7:44.67
(10/9/09)	
9. Cantillo, Richerson, Tuttle, Riedmann	7:45.56
(11/22/08)	
10. Hale, Rourke, Liston, Floyd	7:47.10
(2/16/07)	

200-YARD MEDLEY RELAY

1. Leslie, Luoma, Gentile, Pope	1:43.39
(2/17/10)	
2. Leslie, Townsend, Gentile, Pope	1:44.40
(2/18/09)	
3. Gentile, Luoma, Pope, Leslie	1:45.73
(12/5/09)	
4. Garcia-Meitin, Bakke, Leslie, Weiss	1:45.99
(2/29/08)	
5. Garcia-Meitin, Bakke, Harris, Leslie	1:46.24
(2/16/07)	
6. Leslie, Luoma, Gentile, Pope	1:47.11
(1/15/10)	
7. Leslie, Luoma, Gentile, Pope	1:47.69
(1/22/10)	
8. Garcia-Meitin, Bakke, Cantillo, Leslie	1:47.81
(12/16/07)	
9. Leslie, Townsend, Gentile, Pope	1:48.02
(11/22/08)	
10. Leslie, Luoma, Gentile, Pope	1:48.02
(11/6/09)	

400-YARD MEDLEY RELAY

1. Gentile, Bado, Riedmann, Hale	3:47.33
(2/19/10)	
2. Garcia-Meitin, Bakke, Cantillo, Hale	3:48.65
(2/28/08)	
3. Garcia-Meitin, Bakke, Olesen, Leslie	3:51.71
(2/16/07)	
4. Roach, Hempleman, Gentile, Hale	3:51.73
(2/20/09)	
5. Garcia-Meitin, Bakke, Cantillo, Leslie	3:51.77
(12/16/07)	
6. Bado, Townsend, Gentile, Hale	3:53.78
(11/21/08)	
7. Leslie, Luoma, Gentile, Hale	3:54.00
(12/5/09)	
8. Garcia-Meitin, Bakke, Olesen, Weiss	3:54.78
(12/1/06)	
9. Gentile, Luoma, Riedmann, Hale	3:54.81
(1/23/10)	
10. Garcia-Meitin, Bakke, Cantillo, Weiss	3:55.89
(11/9/07)	

ONE-METER DIVING (Six Dives)

1. Melissa Whitaker (10/28/00)	256.50
2. Mary Beth Geeze (2/19/10)	253.55
3. Melissa Whitaker (10/13/99)	252.37
4. Delia Covo (2/6/10)	246.23
5. Delia Covo (2/19/10)	244.30
6. Melissa Whitaker (1/15/03)	243.45
7. Delia Covo (1/15/10)	242.03
8. Delia Covo (11/6/09)	238.05
9. Melissa Whitaker (11/7/02)	237.29
10. Melissa Whitaker (10/26/01)	236.85

THREE-METER DIVING (Six Dives)

1. Delia Covo (2/6/10)	262.13
2. Delia Covo (1/9/10)	258.38
3. Delia Covo (1/15/10)	255.30
4. Melissa Whitaker (12/2/00)	248.65
5. Melissa Whitaker (10/13/99)	246.22
6. Melissa Whitaker (10/26/01)	246.15
8. Delia Covo (10/24/09)	245.65
7. Delia Covo (1/10/09)	245.35
8. Melissa Whitaker (11/12/01)	244.80
9. Melissa Whitaker (11/2/00)	243.43
10. Delia Covo (2/10/10)	242.95

Times from current swimmers in **BOLD**



50-YARD FREESTYLE

1. Seabre Pope (2/17/10)	22.99
2. Nicole Leslie (2/19/09).....	23.38
3. Elizabeth Weiss (2/28/08).....	23.79
4. Bonnie Garcia-Meitin (2/28/08)	24.19
5. Rosa Gentile (2/6/10)	24.27
6. Elizabeth Johnson (2/13/03).....	24.41
7. Amanda Neal (2/28/08).....	24.43
8. Charlene McClain (2/13/03).....	24.60
9. Carleigh Kutac (2/19/09)	24.64
Emilia Tudose (2/12/04).....	24.64

100-YARD FREESTYLE

1. Nicole Leslie (2/21/09).....	51.16
2. Alicia Hale (11/23/08).....	51.90
3. Rosa Gentile (2/19/10)	51.34
4. Seabre Pope (2/19/10)	51.41
5. Angie Dworschack (2/19/10)	51.68
6. Elizabeth Weiss (3/1/08).....	51.95
7. Dawn Richerson (2/21/09)	52.49
8. Becca Ploetz (2/6/10)	52.77
9. Bethany Pipes (2/19/05).....	53.33
10. Carleigh Kutac (2/21/09)	53.51

200-YARD FREESTYLE

1. Alicia Hale (2/18/09).....	1:49.86
2. Catia Weickgenant (2/18/10)	1:49.87
3. Erika Roach (2/20/09)	1:50.73
4. Emily Floyd (2/20/09).....	1:50.95
5. Angie Dworschack (2/18/10)	1:51.74
6. Dawn Richerson (2/20/09)	1:52.64
7. Bethany Pipes (2/18/05).....	1:53.33
8. Becca Ploetz (2/6/10)	1:54.20
9. Kelly Gordon (2/29/08).....	1:55.07
10. Elizabeth Weiss (2/29/08).....	1:55.25

500-YARD FREESTYLE

1. Emily Floyd (2/19/09).....	4:50.74
2. Erika Roach (2/19/09)	4:51.98
3. Catia Weickgenant (2/17/10)	4:53.87
4. Hillary Riedmann (2/19/09)	4:54.81
5. Angie Dworschack (2/19/09)	4:57.68
6. Dawn Richerson (2/17/10)	4:58.87
7. Alicia Hale (12/2/06).....	5:00.88
8. Bethany Pipes (2/12/04).....	5:04.21
9. Jamie Hosner (2/12/04).....	5:04.47
10. Kelly Gordon (2/28/08).....	5:05.39

1000-YARD FREESTYLE

1. Emily Floyd (2/19/10).....	10:00.64 (sp)
2. Hillary Riedmann (2/19/10)	10:14.24
3. Angie Dworschack (11/20/08)	10:18.79
4. Dawn Richerson (2/19/10)	17:16.88
5. Alicia Hale (1/8/08).....	10:29.18
6. Jamie Hosner (1/19/05).....	10:36.79
7. Kelly Gordon (1/19/08).....	10:42.11
8. Kristen Carson (2/15/01).....	10:46.97
9. Leanne Hill (2/6/10)	10:49.29
10. Christina Hammervold (10/27/07).....	10:51.88

1650-YARD FREESTYLE

1. Emily Floyd (2/19/10)	16:37.29
2. Hillary Riedman (2/19/10)	16:56.42
3. Angie Dworschack (11/20/08)	17:10.50
4. Dawn Richerson (2/19/10)	17:16.88
5. Alicia Hale (12/17/07).....	17:26.72
6. Kelly Gordon (3/1/08).....	17:26.95
7. Jaime Hosner (2/18/06).....	17:28.85
8. Kristin Carson (2/15/01).....	17:51.92
9. Megan Gerstenberger (2/18/06).....	18:21.03
10. Charity Dillow (2/19/00).....	18:25.41

100-YARD BACKSTROKE

1. Rosa Gentile (2/18/10)	56.07
2. Nicole Leslie (2/20/09).....	56.54
3. Bonnie Garcia-Meitin (2/29/08).....	56.57
4. Erika Roach (2/20/09)	57.20
5. Stephanie Bernier (2/6/10)	58.28
6. Leanne Hill (2/20/09)	58.49
7. Tiffany Graham (2/15/07).....	58.62
8. Sarah Standlee (2/4/09).....	58.71
9. Rosita Bado (2/29/08)	58.73
10. Bethany Pipes (2/14/03).....	59.21

200-YARD BACKSTROKE

1. Bonnie Garcia-Meitin (3/1/08).....	1:59.14
2. Bethany Pipes (2/14/04).....	2:04.44
3. Leanne Hill (2/19/10)	2:04.63
4. Sarah Standlee (2/4/09).....	2:04.84
5. Rosita Bado (2/21/09)	2:05.27
6. Christina Hammervold (3/1/08).....	2:06.72
7. Tiffany Graham (2/15/07).....	2:08.50
8. Emily Cardone-Dennis (2/19/10).....	2:08.51
9. Carleigh Kutac (2/6/10)	2:08.75
10. Lauren Liston (2/15/07).....	2:10.70

100-YARD BREASTSTROKE

1. Hannah Bakke (2/29/08).....	1:03.92
2. Rosita Bado (2/18/10)	1:05.08
3. Hannelle Luoma (12/4/09).....	1:05.33
4. Gwen Rourke (2/15/07).....	1:05.94
5. Betsmara Cruz (2/18/06).....	1:06.12
6. Parisa Dana (2/29/08).....	1:06.19
7. Kristen Hempleman (2/20/09).....	1:06.36
8. Jessica Wellington (12/16/07).....	1:06.65
9. Brandi Townsend (11/22/08)	1:07.87
10. Danae Welch (2/18/10)	1:07.94

200-YARD BREASTSTROKE

1. Hannelle Luoma (2/19/10).....	2:19.48
2. Hannah Bakke (12/17/07).....	2:20.02
3. Rosita Bado (2/19/10)	2:20.62
4. Gwen Rourke (12/4/04).....	2:23.13
5. Kristen Hempleman (2/6/10).....	2:24.13
6. Brandi Townsend (2/21/09)	2:24.95
7. Brooke Louisell (2/6/02).....	2:26.18
8. Chelsea Bolton (2/4/09).....	2:26.39
9. Danae Welch (2/19/10)	2:27.01
10. Kara Brock (12/5/03).....	2:27.73

100-YARD BUTTERFLY

1. Rosa Gentile (2/18/10)	54.21
2. Hillary Riedmann (2/20/09)	56.74
3. Seabre Pope (2/20/09)	57.07
4. Taryne Cantillo (2/20/09).....	57.21
5. Bryn Lewis (2/6/10)	57.32
6. Erika Roach (2/21/09)	57.99
7. Catia Weickgenant (12/4/09)	58.01
8. Alesha Olesen (2/15/07).....	58.38
9. Leanne Hill (2/18/10)	58.41
10. Madison Fleming (11/22/08)	58.43

200-YARD BUTTERFLY

1. Erika Roach (2/21/09)	2:02.28
2. Catia Weickgenant (2/19/10)	2:02.73
3. Rosa Gentile (2/21/09)	2:03.81
4. Hillary Riedmann (2/19/10)	2:04.02
5. Taryne Cantillo (3/1/08).....	2:05.17
6. Emily Cardone-Dennis (2/21/09).....	2:07.53
7. Michelle Gomez (2/17/05).....	2:08.99
8. Madison Fleming (11/22/08)	2:09.21
9. Angelica Gentile (3/1/08).....	2:09.84
10. Katie Lowry (2/3/07).....	2:10.16



RECORDS

↳ all-time top 10 performers

200-YARD INDIVIDUAL MEDLEY

1. **Rosa Gentile (2/17/10)** 2:04.21
2. Alicia Hale (2/19/09).....2:04.98
3. Christina Hammervold (2/28/08)2:07.00
4. **Rosita Bado (2/19/09)** 2:07.52
5. Gwen Rourke (2/15/07).....2:07.60
6. **Brandi Townsend (2/19/09)**..... 2:10.11
7. Taryne Cantillo (2/19/09).....2:10.57
8. Michelle Gomez (2/15/07)2:12.04
9. **Erika Roach (1/22/10)**..... 2:11.54
10. Kristen Hempleman (11/21/08)2:12.23

400-YARD INDIVIDUAL MEDLEY

1. Christina Hammervold (2/29/08)4:30.52
2. **Rosita Bado (2/18/10)** 4:30.89
3. Alicia Hale (1/24/07).....4:32.78
4. Katie Lowry (2/16/07).....4:33.13
5. Kristen Hempleman (2/20/09)4:36.46
6. Emily Cardone-Dennis (2/20/09)4:37.16
7. Megan Peek (2/26/99).....4:39.23
8. Brittany Hosner (2/29/08)4:40.27
9. Michelle Gomez (2/15/01)4:40.95
10. Laura Liston (12/2/06).....4:41.59

ONE-METER DIVING (Six Dives)

1. Melissa Whitaker (10/28/00)256.50
2. **Mary Beth Geeze (2/18/10)**..... 253.55
3. **Delia Covo (2/6/10)** 246.23
4. Lauren Page (10/30/04)223.40
5. Bailey Devine (11/16/06).....222.90
6. Lindsay Therrian (11/1/03)219.30
7. **Kendall Schmid (11/7/09)**.....217.95
8. Kim Nelson-Wulff (2/4/09).....212.47
9. Lauren Hudson (1/10/09).....212.05
10. Whitney Tyrone (1/8/08)205.20

THREE-METER DIVING (Six Dives)

1. **Delia Covo (2/6/10)** 262.13
2. Melissa Whitaker (12/2/00)248.65
3. **Mary Beth Geeze (2/6/10)**..... 236.48
4. Kim Nelson-Wulff (2/6/10)225.97
5. Lauren Hudson (10/10/08)224.47
6. Whitney Tyrone (1/18/08)216.98
7. Bailey Devine (11/16/06).....215.78
8. **Kendall Schmid (2/6/10)**..... 213.38
9. Lindsay Therrian (10/10/03).....207.00
10. Lauren Page (11/6/04)204.70



↳ All-Conference Selections

Sun Belt Conference

- 2001** Michelle Gomez
3rd place - 200-yard butterfly
3rd place - 200-yard individual medley
- 2002** Bethany Pipes
2nd place - 500-yard freestyle
3rd place - 200-yard backstroke
- 2003** Bethany Pipes
3rd place - 100-yard backstroke
3rd place - 200-yard backstroke
3rd place - 500-yard freestyle
Elizabeth Johnson
2nd place - 50-yard freestyle
3rd place - 200-yard freestyle relay
Elizabeth Jennings
3rd place - 200-yard freestyle relay
Cynthia Bernal
3rd place - 200-yard freestyle relay
Charlene McClain
3rd place - 200-yard freestyle relay
- 2004** Bethany Pipes
1st place - 200-yard backstroke
- 2005** Bethany Pipes
2nd place - 200-yard backstroke
- 2007** Nicole Leslie
2nd Place - 100-Yard Freestyle
2nd Place - 400-Yard Medley Relay
3rd Place - 200-Yard Medley Relay
3rd Place - 200-Yard Freestyle Relay
Hannah Bakke
2nd Place - 400-Yard Medley Relay
3rd Place - 200-Yard Medley Relay
Bonnie Garcia-Meritin
2nd Place - 400-Yard Medley Relay
3rd Place - 200-Yard Medley Relay
3rd Place - 200-Yard Freestyle Relay
Lauren Harris
3rd Place - 200-Yard Medley Relay
Alesha Olesen
2nd Place - 400-Yard Medley Relay
Gwen Rourke
3rd Place - 200-Yard Freestyle Relay
Elizabeth Weiss
3rd Place - 200-Yard Freestyle Relay
- 2008** Hannah Bakke
3rd Place - 100-Yard Breaststroke
3rd Place - 400-Yard Medley Relay
Taryne Cantillo
3rd Place - 400-Yard Medley Relay
Emily Floyd
3rd Place - 500-Yard Freestyle
3rd Place - 400-Yard Freestyle Relay
Bonnie Garcia-Meritin
2nd Place - 200-Yard Backstroke
3rd Place - 200-Yard Freestyle Relay
3rd Place - 400-Yard Medley Relay
Alicia Hale
2nd Place - 200-Yard Freestyle
3rd Place - 400-Yard Medley Relay
3rd Place - 400-Yard Freestyle Relay

- Nicole Leslie
3rd Place - 200-Yard Freestyle Relay
3rd Place - 400-Yard Freestyle Relay
Amanda Neal
3rd Place - 200-Yard Freestyle Relay
Elizabeth Weiss
3rd Place - 200-Yard Freestyle Relay
3rd Place - 400-Yard Freestyle Relay

- 2009** Angie Dworschack
2nd Place - 800-Yard Freestyle Relay
Emily Floyd
2nd Place - 500-Yard Freestyle
2nd Place - 1650-Yard Freestyle
2nd Place - 800-Yard Freestyle Relay
Rosa Gentile
2nd Place - 100-Yard Butterfly
Alicia Hale
2nd Place - 800-Yard Freestyle Relay
Erika Roach
2nd Place - 800-Yard Freestyle Relay
3rd Place - 500-Yard Freestyle

- 2010** Nicole Leslie
2nd Place - 200-yard Medley Relay
3rd Place - 200-yard Freestyle Relay
Hannelu Luoma
2nd Place - 200-yard Medley Relay
Rosa Gentile
2nd Place - 100-yard Butterfly
2nd Place - 200-yard Medley Relay
3rd Place - 200-yard Freestyle Relay
3rd Place - 400-yard Medley Relay
3rd Place - 400-yard Freestyle Relay
Seabre Pope
1st Place - 50-yard Freestyle
2nd Place - 200-yard Medley Relay
3rd Place - 200-yard Freestyle Relay
3rd Place - 400-yard Freestyle Relay
Delia Covo
2nd Place - Three-Meter Diving
Alicia Hale
2nd Place - 800-yard Freestyle Relay
3rd Place - 200-yard Freestyle Relay
3rd Place - 400-yard Medley Relay
3rd Place - 400-yard Freestyle Relay
Angela Dworschack
2nd Place - 800-yard Freestyle Relay
3rd Place - 400-yard Freestyle Relay
Emily Floyd
1st Place - 500-yard Freestyle
1st Place - 1650-yard Freestyle
2nd Place - 800-yard Freestyle Relay
Erika Roach
2nd Place - 800-yard Freestyle Relay
Catia Weickgenant
2nd Place - 500-yard Freestyle
Hiliary Riedmann
2nd Place - 1650-yard Freestyle
3rd Place - 500-yard Freestyle
3rd Place - 400-yard Medley Relay

- Mary Beth Geeze
2nd Place - One-Meter Diving
Rosita Bado
3rd Place - 400-yard Medley Relay

↳ SBC Women's Coach of the Year

- 2002** Scott Hines
2008 Joe Dykstra

↳ SBC Swimmer of the Week

- 2000-01** Charlene McClain
2001-02 Bethany Pipes
2002-03 Elizabeth Johnson
2003-04 Bethany Pipes (two times)
2004-05 Jaime Hosner
Gwen Rourke
2005-06 Bonnie Garcia-Meritin
2006-07 Alicia Hale
Katie Lowry
2007-08 Hannah Bakke
Bonnie Garcia-Meritin (two times)
Alicia Hale (two times)
2008-09 Emily Floyd
Rosa Gentile (two times)
2009-10 Alicia Hale (three times)
Kristen Hempleman
Hiliary Riedmann

↳ SBC Diver of the Week

- 2003-04** Lindsay Therrian
2004-05 Lauren Page
2006-07 Bailey Devine
2008-09 Delia Covo
2009-10 Delia Covo (three times)
Kendall Schmid

↳ NCAA Consideration Cut

- 2008** Bonnie Garcia-Meritin
Alicia Hale

↳ NCAA Zone D Diving Champ.

- 2001** Melissa Whitaker
2003 Melissa Whitaker

↳ CSCAA Academic All-American

- 2005** Academic All-American team
2006 Academic All-American team
2007 Academic All-American team
2008 Academic All-American team
2009 Academic All-American team



RECORDS

↳ all-time letterwinners

↳ A

Alyse Anderson, '06-07, '08-09
April Archer, '98-99

↳ B

Rosita Bado, '07-08, '08-09, '09-10
Hannah Bakke, '06-07, '07-08
Heather Barcroft, '99-00, '00-01, '01-02, '02-03
Micaela Bergstrom, '98-99
Christina Bernal, '00-01, '01-02, '02-03
Cynthia Bernal, '99-00, '00-01, '01-02, '02-03
Stephanie Bernier, '08-09, '09-10
Jessica Bills, '09-10
Chelsea Bolton, '08-09
Stephanie Brazeale, '98-99
Kara Brock, '01-02, '02-03, '03-04, '04-05

↳ C

Jennifer Campanaro, '98-99
Taryne Cantillo, '07-08, '08-09
Sara Cantu, '01-02, '02-03
Emily Cardone-Dennis, '08-09, '09-10
Kristin Carson, '99-00, '00-01, '01-02, '02-03
Emily Cassell, '02-03, '03-04, 04-05
Heidi Chapman, '98-99
Maggie Chujo, '99-00, '00-01
Delia Covo, '08-09, '09-10

↳ D

Bailey Devine, '06-07
Charity Dillow, '99-00, '00-01, '01-02, '02-03
Devon Dlouhy, '03-04, 04-05, '05-06, '06-07
Angie Dworschack, '07-08, '08-09, '09-10

↳ E

Leslie Evans, '99-00

↳ F

Marika Feenstra, '99-00
Kathryn Fleck, '01-02
Madison Fleming, '08-09, '09-10
Emily Floyd, '06-07, '07-08, '08-09, '09-10
Renee Flowers, '98-99

↳ G

Bonnie Garcia-Meitin, '04-05, '05-06, '06-07, '07-08
Lindsey Gaston, '98-99
Mary Beth Geeze, '09-10
Angelica Gentile, '04-05, '06-07, '07-08
Rosa Gentile, '08-09, '09-10
Kim Gibbs, '03-04, '04-05
Andrea Gomez, '99-00, '00-01
Michelle Gomez, '99-00, '00-01
Kelly Gordon, '07-08, '08-09

↳ H

Alicia Hale, '06-07, '07-08, '08-09, '09-10
Christina Hammervold, '05-06, '06-07, '07-08
Stephanie Hardwick, '99-00, '00-01, '01-02
Tiffani Harkrider, '99-00, '00-01, '01-02
Lauren Harris, '03-04, '04-05, '06-07
Kristen Hempleman, '07-08, '08-09, '09-10
Lauren Hill, '00-01
Leanne Hill, '08-09, '09-10
Heather Horn, '05-06, '06-07
Brittany Hosner, '04-05, '05-06, '06-07, '07-08
Jaime Hosner, '03-04, '04-05, '05-06, '06-07
Lauren Hudson, '08-09
Jennifer Hunt, '99-00, '00-01, '01-02, '02-03

↳ J

Elizabeth Jennings, '99-00, '00-01, '01-02, '02-03
Elizabeth Johnson, '02-03, '03-04
Stephanie Johnston, '02-03, '03-04, '04-05

↳ K

Carleigh Kutac, '08-09, '09-10

↳ L

Leslie Lamberson, '98-99
Taylore Leiblsle, '06-07
Nicole Leslie, '06-07, '07-08, '08-09, '09-10
Lauren Liston, '06-07
Laura Littleton, '06-07, '07-08, '08-09
Brooke Louisell, '02-03, '03-04, '04-05
Katie Lowry, '06-07
Hannele Luoma, '09-10

↳ M

Jennifer Mallen, '98-99, '99-00
Gina Martin, '98-99
Charlene McClain, '99-00, '00-01, '01-02, '02-03
Kim McFerrin, '01-02
Kathleen McManis, '03-04
Wendy Mealer, '98-99
Sara Meyer, '01-02
Sara Michelich, '99-00, '00-01
Emily Moore, '98-99
Monika Morris, '01-02
Morgan Morrow, '07-08, '08-09, '09-10
Erin Mouser, '01-02, '02-03, '03-04

↳ N

Amanda Neal, '04-05, '06-07, '07-08
Kim Nelson-Wulff, '07-08, '08-09, '09-10
Emily Newton, '98-99

↳ O

Christine O'Connell, '08-09
Alesha Olesen, '05-06, '06-07

↳ P

Heather Page, '03-04
Lauren Page, 04-05
Megan Peek, '98-99, '99-00, '00-01, '01-02
Tara Peek, '00-01
Sarah Phillips, '98-99, '99-00
Bethany Pipes, '01-02, '02-03, '03-04, 04-05
Seabre Pope, '08-09, '09-10
Kristin Purcell, '01-02

↳ R

Sarah Richardson, '99-00
Dawn Richerson, '08-09, '09-10
Hillary Riedmann, '08-09, '09-10
Erika Roach, '08-09, '09-10
Jill Rosol, '01-02, '02-03, '03-04
Gwen Rourke, '03-04, '04-05, '05-06, '06-07

↳ S

Kendall Schmid, '09-10
Heather Smith, '98-99
Laura Standeven, '03-04
Sarah Standlee, '08-09, '09-10
Katie Starnes, '01-02, '02-03, '03-04
Laura Swan, '03-04

↳ T

Lindsay Therrian, '03-04, '04-05
Brandi Townsend, '08-09, '09-10
Emilia Tudose, '03-04, 04-05, '05-06
Kristen Tuttle, '07-08, '08-09
Michelle Tuttle, '99-00
Whitney Tyrone, '06-07, '07-08

↳ W

Kristin Wade, '98-99
Emily Wagner, '99-00
Lisa Walfield, '00-01, '01-02
Ashley Walker, '03-04, 04-05
Catia Weickgenant, '09-10
Elizabeth Weiss, '06-07, '07-08, '08-09
Danae Welch, '08-09, '09-10
Melissa Whitaker, '99-00, '00-01, '01-02, '02-03
Jessica Wellington, '07-08



↳ Dual Meet Series Records

Opponent	W	L	First Meeting	Last Meeting
Air Force	0	5	10/22/99	11/4/05
Arkansas	0	6	12/5/98	1/9/10
Arkansas-Little Rock	5	0	10/24/98	1/6/10
Austin College	5	0	11/18/00	11/7/09
Centenary	3	0	11/23/02	11/17/06
Colorado State	0	1	11/8/08	11/8/08
Delta State	1	0	11/3/01	11/3/01
Denver	0	3	10/25/02	10/24/10
FIU	2	0	10/25/03	1/13/07
Fresno State	0	1	2/5/00	2/5/00
Georgia	0	1	10/12/07	10/12/07
Henderson State	2	0	11/6/04	1/6/10
Houston	2	14	10/31/98	1/22/10
Illinois	0	1	11/6/99	11/6/99
Incarnate Word	4	0	11/10/04	1/24/07
Kansas	0	2	11/7/98	11/5/99
Louisiana-Monroe	2	2	2/6/99	1/16/04
McMurray	1	0	11/18/00	11/18/00
Missouri	0	1	11/7/99	11/7/99
Missouri State	1	3	10/10/98	10/11/07
Nevada	0	1	10/22/04	10/22/04
New Mexico State	2	12	1/16/99	11/8/08
New Orleans	4	0	2/3/07	10/17/09
Northern Arizona	0	1	10/27/07	10/27/07
Northern Colorado	1	0	10/22/04	10/22/04
Ouachita Baptist	1	0	11/23/02	11/23/02
Palo Alto College	1	0	12/2/00	12/2/00
Penn State	0	1	11/6/99	11/6/99
Rice	1	8	10/31/98	1/23/10
San Diego State	1	0	11/17/06	11/17/06
Southern Arkansas	1	0	10/24/98	10/24/98
Southern Illinois	0	1	11/7/99	11/7/99
SMU	0	9	11/2/98	11/6/09
Southwestern	2	0	12/2/00	11/7/09
Spring Hill	1	0	11/8/03	11/8/03
Texas	0	1	10/16/98	10/16/98
Texas A&M	0	10	11/20/98	2/6/10
TCU	2	17	11/4/98	1/15/10
Trinity	1	0	11/1/03	11/1/03
Tulane	1	2	11/15/03	10/10/09
Utah	0	2	1/10/09	10/24/09
Western Kentucky	0	2	10/25/02	10/25/03
Wyoming	0	2	11/11/05	11/9/07

2010-11 North Texas Women's Swimming & Diving Schedule

Date	Opponent	Location	Time
Fri, Oct 1	Green & White Meet	Denton, TX	4:00pm
Sat, Oct 2	Alumni Meet	Denton, TX	11:00am
Fri, Oct 8	4th Annual North Texas Relays NT, SMU, TCU, Arkansas, Tulane, Incarnate Word	Mansfield, TX	4:00pm
Sat, Oct 9	Arkansas, Tulane	Denton, TX	9:00am
Fri-Sat, Oct 22-23	New Mexico State, Boise State	Las Cruces, NM	4:30pm/11:00am
Fri, Nov 5	SMU	Denton, TX	6:00pm
Thurs-Sat, Dec 2-4	Texas Invitational	Austin, TX	All Day
Sat, Dec 18	Florida Gulf Coast	Ft. Meyers, FL	11:00am
Fri, Jan 7	Texas A&M	Denton, TX	4:00pm
Fri, Jan 14	Rice	Houston, TX	4:00pm
Sat, Jan 15	Houston	Houston, TX	11:00am
Wed, Feb 2	TCU	Denton, TX	6:00pm
Wed-Sat, Feb 23-26	Sun Belt Championships	Rockwall, TX	All Day
Thurs-Sat, Mar 10-12	NCAA Zone D Diving Meet	Austin, TX	All Day
Thurs-Sat, Mar 17-19	NCAA Championships	Austin, TX	All Day