

Dominique

Certifications:

ACE Certified Personal Trainer



Personal Information:

Hi my name is Dominique Smith and I am a kinesiology major at UNT. I am an ACE certified trainer and I specialize in strength and conditioning for athletes and non-athletes. I have worked with a variety of people of ages ranging from 14 to 65. I also have extensive experience working with high school, college and professional athletes. I want all of my clients to be in the best shape as they can possibly be physically, mentally, emotionally and psychologically.

Motto:

Persistence always conquers.



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