

USSOCOM

Force & Family Readiness



Your Force and Family Readiness team would like to welcome you to Headquarters United States Special Operations Command (HQ USSOCOM). We compiled this Resource Guide to help our force and their families stay informed and to assist you during your stay at HQ USSOCOM. Here is a little history...

USSOCOM is one of nine unified commands in the U.S. military's combatant command structure. The formation of the command was a result of the Nunn-Cohen Amendment to the National Defense Authorization Act. The command, located at MacDill AFB, FL., was activated 16 April 1987.

USSOCOM Mission – Provide fully capable Special Operations Forces to defend the United States and its interests. Synchronize planning of global operations against terrorist networks.

USSOCOM Vision – To be the premier team of special warriors, thoroughly prepared, properly equipped, and highly motivated: at the right place, and the right time, facing the right adversary, leading the Global War on Terrorism, accomplishing the strategic objectives of the United States.

USSOCOM's distinctive insignia is an adaptation of one originally designed during World War II by the first and only director of the Office of Strategic Services, Major General William "Wild Bill" Donovan.

The color black represents special operations activities under the cover of darkness.

The spearhead, taken from the color staffs dating to antiquity represents the initial forces of attack and symbolizes how Special Operations Forces lead the way to subdue the enemy's defenses.

The four stars represent the four points of the compass emphasizing a global mission.

Finally, the braided cord encircling the shield symbolizes strength through jointness.



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USSOCOM RESOURCES



USSOCOM DIRECTORATES MISSION STATEMENT

FMD (J1/J7/J9) Force Management and Development - We promote the advancement and value of our people and their families from recruitment through retirement in order to build a resilient, adaptive, well-trained, and professionally educated Special Operations Force.

J2 - Provide fully capable Special Operations Forces to defend the United States and its interests. Synchronize planning of global operations against terrorist networks.

J3 - "Conduct Worldwide Global Force Management of Special Operations Forces. Direct and support select Special Activities. Lead DoD efforts in Military Information Support planning and coordination. Provide global situational awareness and connectivity for USSOCOM leadership. Synchronize, and when directed, conduct Special Operations."

J4 - Synchronizes and coordinates worldwide logistics support for Special Operations Forces (SOF) and manages the sustainment of SOF- Peculiar Equipment.

J5 - ISO National Strategic Guidance and DOD policy, develop SOCOM strategy, policy and plans to posture and employ SOF worldwide and to synchronize the Global War On Terror Campaign against violent extremist organization IOT achieve strategic end states as defined in + global and theater campaign plans.

J6 - Provide, operate and defend responsive C4ISR in order to support fully capable Special Operations Forces and enable global operations against terrorist networks. Identify, validate, resource and govern C4ISR. Agile development, acquisition, and sustainment of C4ISR capabilities from the garrison to the tactical edge.

J8 - The Center for Force Structure, Requirements, Resources, and Strategic Assessments provides the Commander of U.S. Special Operations Command a program of resourced requirements for the sustainment of current and future Special Operations Forces mission capabilities designed to meet the needs of USSOCOM customers. The Center's responsibilities include conducting analysis and strategic assessments, developing an out-year resource forecast, and executing approved programs.

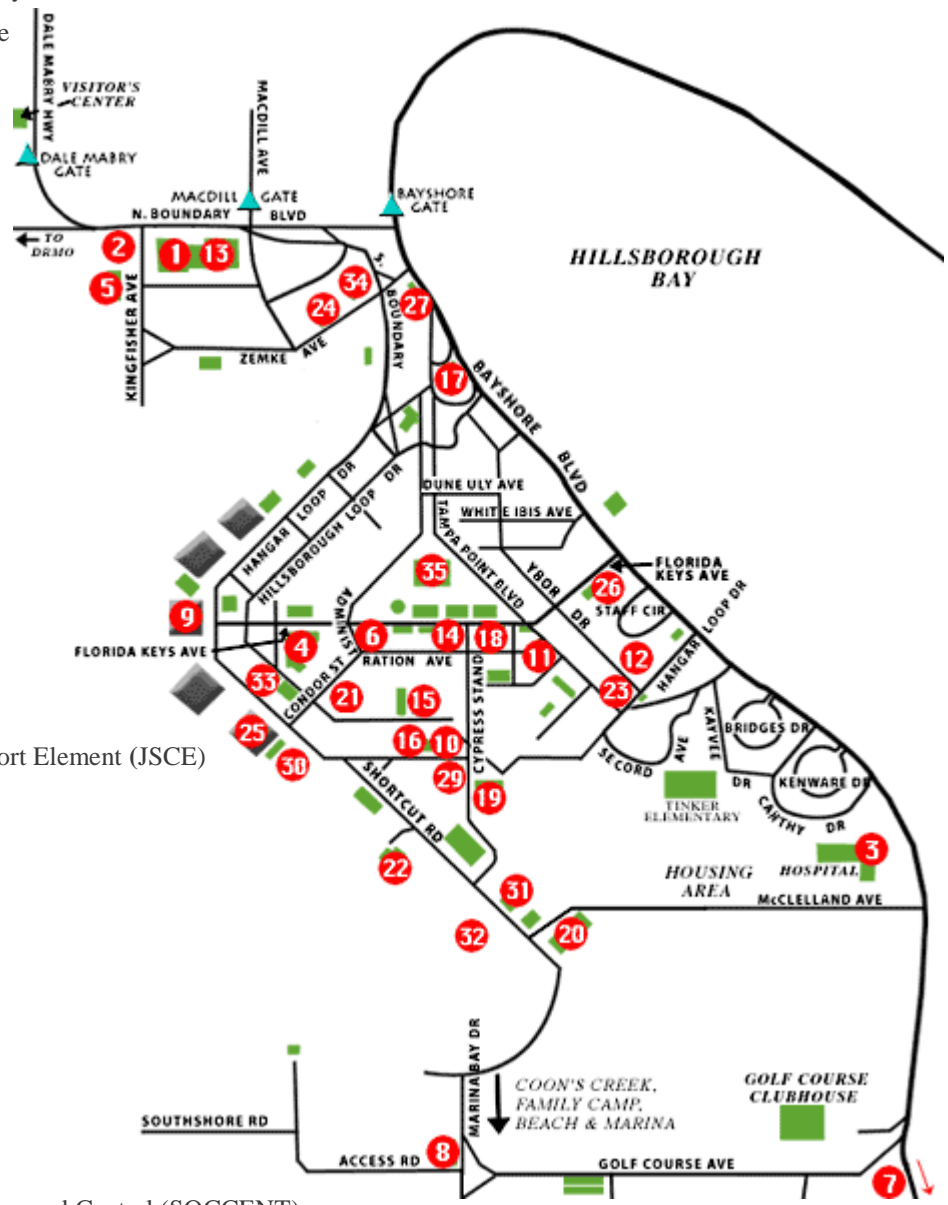
SOCS - Provide fully capable Special Operations Forces to defend the United States and its interests. Synchronize planning of global operations against terrorist networks.

SOFM- Advise the Commander, USSOCOM, the USSOCOM staff, the components commanders, and TSOCs on all financial management matters. Prepare, submit, and defend all budget products, and analyze the execution of the command's funding and Congressional appropriation matters. Utilize a strategy-to-resource integration approach across the Planning, Programming, Budget, and Execution (PPBE) process.

SORDAC- We provide rapid and focused Acquisition, Technology, and Logistics to Special Operations Forces.

MacDill AFB Facilities

1. Base Exchange (Main Exchange, Concessions, Exchange Restaurants, Military Clothing Store, Retiree Affairs)
*Address: 3108 N Boundary Blvd
Tampa, FL 33608*
2. Burger King
3. Mini Mall/Post Office/Subway/Post Office
4. Express/ Firestone Auto Care
5. Theater
6. 37 AEG
7. 290 JCSS
8. Base Operations
9. Bowling Ctr.
10. Chapel
11. xxxxx
12. Child Development Ctr.
13. Commissary
14. Comm. Ctr./Teen Ctr.
15. Dining Facility
16. Wing Hqtrs./Public Affairs
17. Enlisted Club
18. Family Support Ctr.
19. Fitness Ctr.
20. Joint Communications Support Element (JSCE)
21. Library/Education Center
22. Logistics Hqtrs.
23. MacDill Inn (Billeting)
24. NAVCENT
25. NOAA
26. xxxxxx
27. Pass & ID/Security Forces
28. Skills Dev. Ctr.
29. Social Actions
30. U.S. Special Operations Command Central (SOCCENT)
31. Support Grp. Hqtrs.
32. SATO/TMO
33. U.S. Central Command (CENTCOM)
34. U.S. Special Operations Command (SOCOM)



SENIOR ENLISTED ADVISOR

The Senior Enlisted Advisor carries out policies and standards of the performance, training, appearance, and conduct of enlisted personnel and advises and initiates recommendations to the commander and staff in matters pertaining to the local Non-Commissioned Officer support channel. Wise and experienced, the Senior Enlisted Advisor is expected to function completely without supervision. Like the old sage of times past, the Senior Enlisted Advisor's counsel is expected to be calm, settled and unequivocally accurate, but with an energy and enthusiasm that never wanes, even in the worst of times.

CONTACT INFORMATION:

Bldg 501
(813) 826-5144

HEADQUARTERS COMMANDANT

The Headquarters Commandant's Office conducts day to day logistics, airborne operations, and training support for HQ USSOCOM. The Commandant and First Sergeant advise Service Element Commanders and Senior Enlisted Advisors on issues affecting good order, discipline, and morale in the Headquarters. This office oversees airborne training section, rigger section, Security Management Office, and Force and Family Readiness Program; as well as coordinates disaster response activities within the Headquarters, by providing and coordinating logistical assistance to the Headquarters.

CONTACT INFORMATION:

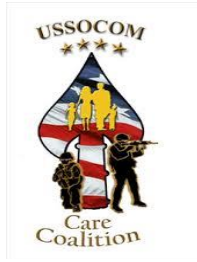
Bldg 153
(813) 826-3722

HEADQUARTERS FIRST SERGEANT

The Headquarters First Sergeant is the advisor to the Headquarters Commandant on enlisted matters and assists the Headquarters Commandant in planning, coordinating, and supervising all activities that support the unit mission. He advises on enlisted personnel matters to include duty assignments, promotions and reductions, leave programs, military justice, privileges, awards, welfare and recreational activities, human relations, equal opportunity, and alcohol and drug abuse concerns. He is indispensable in all aspects of planning, conducting, evaluating, and assessing unit training and gets involved in "a little bit of everything."

CONTACT INFORMATION:

Bldg 153
(813) 826-4869



CARE COALITION

In 2005, the Commander of U.S. Special Operations Command (CDR, USSOCOM) established what would become the USSOCOM Care Coalition (CC). The CC has created the capability to provide comprehensive lifetime support for all Special Operations Forces (SOF) military members, across the USSOCOM Enterprise, which includes, Wounded, Ill, and Injured (WII), service members', their immediate family and families of SOF Enterprise service members killed in combat (Gold Star Families). The mission of the Care Coalition is to provide SOF Enterprise service members and their families with a model advocacy program, in order to enhance their quality of life and strengthen the overall readiness of the SOF Enterprise. The Commander's intent was achieved by developing an organization with an administratively-ready infrastructure that has access to universal supplies and support. By setting this in place, the Commander can guarantee warriors, SOF Enterprise alumni, and their families have access to the maximum benefits available worldwide twenty-four hours a day, three hundred sixty-five days a year.

CONTACT INFORMATION:

Bldg 149

(877) 672-3039

<http://www.socom.mil/carecoalition>

MILITARY FAMILY LIFE CONSULTANT (MFLC)

USSOCOM has a Military Family Life Consultant assigned to support the HQ. This position provides support for Service Members, their families and Command Staff. Short term behavioral counseling and consultations are provided to assist the community with issues such as deployment/reintegration, marriage/relationship, parenting, stress, combat stress, communication, etc. To preserve confidentiality, appointments are available on or off the installation. Services are exception to confidentiality is duty to warn situations; child/domestic abuse issues.

No documents are maintained and seeking help will not affect your security clearance. Question 21 of the SF86 Questionnaire for National Security Positions, which asks about mental health treatment, has been revised. The question now makes exception for counseling related to marital, family, or grief issues unrelated to violence by you. It also excludes counseling for adjustments from service in a military combat environment as grounds for answering, "yes". Seeking professional care for these mental health issues should not jeopardize an individual's security clearance. We encourage you to take advantage of this free and confidential service.

CONTACT INFORMATION:

To schedule an appointment please call 813-470-0421

CASUALTY ASSISTANCE

Personnel assigned to USSOCOM and their families are entitled to casualty services without delay. Timely and accurate reporting, sympathetic and dignified notification, as well as thorough and compassionate assistance are the goals of the USSOCOM Casualty Services Program. The coordinated support of all individuals and agencies assigned or attached to USSOCOM is necessary to achieve these goals.

Any individual, agency, or organization having knowledge of an incident that produces a casualty to this command must immediately notify the USSOCOM Command Center. Reporting of information will be made to the Watch Officer located in the Command Center at (813) 826-5300. Provide the Command Center with as much required information as possible regarding the incident.

In the event a USSOCOM member becomes a casualty, the next of kin (NOK) shall be notified as promptly as possible in a dignified, humane, professional, empathetic, and understanding manner. In those cases in which the member is declared killed in action, deceased or missing, USSOCOM shall appoint a Casualty Notification Officer (CNO) to make personal notification to the primary NOK and the secondary NOK within four hours after the report of death. Within 24 hours after the report of death, USSOCOM shall appoint a Casualty Assistance Officer (CAO) to advise and assist with the immediate family in matters concerning NOK assistance and entitlements. In the case of Navy, the CNO/CAO is the same individual and the correct terminology is Casualty Assistance Call Officer (CACO).

In incidents involving the death of a USSOCOM member, the notification of NOK will not be made by any individual of this headquarters without the consent of the Director of Personnel. The dignity and privacy of the next of kin and surviving family members will be protected and guarded. No information concerning the USSOCOM member will be released to individuals, agencies, the media, or the general public until the appropriate NOK have been notified.

CONTACT INFORMATION:

Bldg 501
(813) 826-5300
Hours: 24 hrs/day



ENTRY/EXIT FOR USSOCOM COMPOUND

Assigned Personnel:

The Security Management Office (SMO) controls vehicle entry/exit for the USSOCOM Compound through two points of entry:

- Main Entrance located at Tampa Point Boulevard
- Southeast Entrance located at Tampa Point Boulevard and Florida Keys Ave.

Visitors:

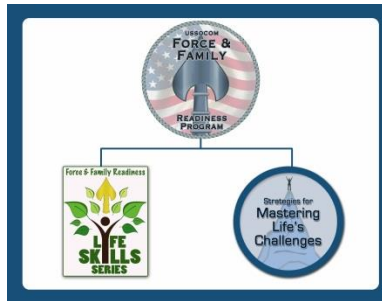
- Unescorted access to the compound is granted to personnel with USSOCOM/USCENTCOM issued badges. All other persons will have a valid military issued ID card (active, retired, or guard/reserve); valid US government issued ID card; or a USSOCOM Protocol Badge.
- All personnel/vehicles entering the compound are subject to search.
- Security guards will ascertain positive identification and then allow entry to the compound.
- Parking is permitted in any un-numbered/un-reserved spot in any of the three parking lots.
- No cell phones, PDA's, IPODs, laptop computers, recordable devices, etc. are allowed in any of the building.

Safety:

- Always approach entry/exit points slowly.
- Pay caution to all posted signs, guards, and traffic signals.
- Do not tailgate over barricades...serious damage and injury will occur!
- Once the barrier is lowered, the traffic light will turn green indicating it is safe to proceed. If the light stays red, do not proceed. Push the black button on the card reader and a security member will respond to assist.
- Never attempt to enter the compound through the exit lanes or exit through the entry lanes.
- Do not drive motorcycles between the barricades.
- Return your USSOCOM issued badge/gate pass before departing MacDill AFB.
- Report loss of any badge IMMEDIATELY to the SMO.

CONTACT INFORMATION:

Bldg 501
(813) 826-2556



Force & Family Readiness Program

The HQ USSOCOM Force & Family Readiness Program links formal and informal networks to develop systems that provide information, support, outreach, and programs promoting a sense of community to optimize Serve Member and family strengths in order to build resiliency. Please contact the F&FRP with any questions or concerns.

CONTACT INFORMATION:

Bldg 153

(813) 826-3742

<http://www.socom.mil/ffrp/default.aspx>

CHAPLAIN

The mission of the Chaplain is to facilitate pastoral care for HQ USSOCOM families by offering privileged and confidential counseling relating to individual spiritual growth, marriage, family, and personal concerns; Bible study; and spiritual literature.

Weekly Bible studies are held on Tuesday at the HQ USSOCOM Pinewood Facility and Wednesday at HQ USSOCOM, Bldg 501E RM 132, 1135-1215.

The Chaplains' Office maintains a close relationship with the USSOCOM Care Coalition, Warrior Foundation, MacDill AFB Chapel, and local Veterans Administration Hospital.

SOF Chaplain Truths:

People are more important than programs

Integrity is better than expediency

Spiritual care is offered one person at a time

Spiritual maturity should be developed before emergencies occur

CONTACT INFORMATION:

Bldg 501A

(813) 826-5080



BOOSTER CLUB

The HQ USSOCOM Booster Club (SOBC) is a non-profit, private organization that provides organizational memorabilia for purchase, recognizes significant Command achievements, and sponsors group activities that positively reflect the Command to the public. The Booster Club started over 10 years ago with 25 members. Currently there are over 1000 members and still growing. Membership eligibility is automatic upon permanent or temporary assignment to HQ USSOCOM and extends to all military (active duty, reserve, and guard), civilian, and contractor employees of the command. Honorary membership can be extended to any person nominated by a SOBC Executive Council member and approved by majority of a quorum at any meeting. Honorary membership will be considered for retired military, civilian, and contractors who held membership and made significant contributions to SOBC while assigned at HQ USSOCOM. Honorary members shall not vote or hold office.

Membership is \$10.00 per year and entitles the individual to a free quarterly membership breakfast, a store credit equal to membership dues paid, and a 10% discount off of future purchases.

CONTACT INFORMATION:

Bldg 501 (Room 1175)
Hours: Mon-Fri 1145-1245

COMMAND CONTACT INFORMATION

Security Police Desk

(813) 826-2888/4343

Command Post / Duty Officer

(813) 826-5300

Hurricane Status Line

(866) 686-3653

HQ USSOCOM Website

<http://sof.socom.mil/Default.aspx>

MEDICAL RESOURCES



USSOCOM MEDICAL CLINIC

Individuals assigned to HQ USSOCOM are seen for medical treatment at the USSOCOM Medical Clinic located on the ground floor within the MacDill AFB 6th Medical Group – Medical Clinic facility.

The USSOCOM Medical Clinic provides prompt, high quality preventive, routine, and acute primary care services to active duty, reservists, their family members, and personnel retired from HQ USSOCOM. Children must be 5 years of age or older.

Key services include:

Physicals: flight/school/sport

Preventive health screens

Behavioral Health Support

Comprehensive well-woman program

Minor procedures

Disease management

Sick call for active duty/reserve members with an acute illness or injury that prevents performance of duty for that day

CONTACT INFORMATION:

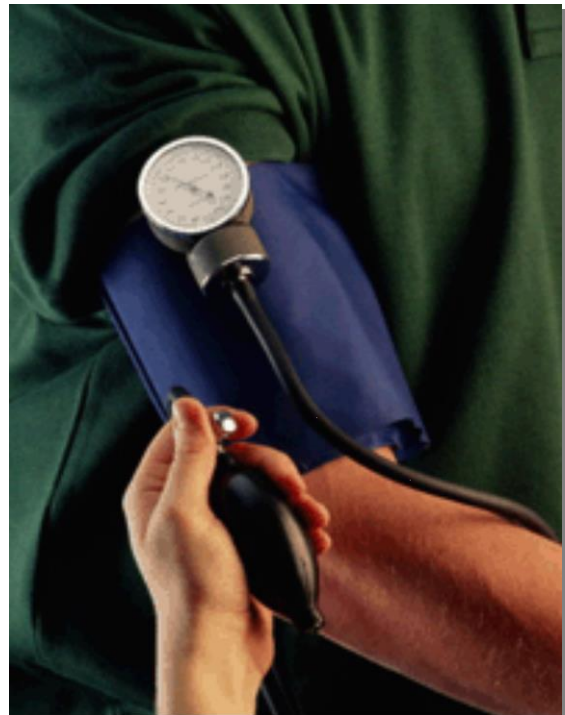
3250 Zemke Ave. MacDill AFB, FL 33621

(813) 827-9870/9872

Hours: Mon, Tues, Thurs, Fri 0730–1130, 1300–1630, 3rd Wed 0730-1130

Sick Call: Mon–Fri 0730-0745

Triage Check-in



MEDICAL CLINIC - 6th MEDICAL GROUP

There are No Emergency Services at MacDill AFB Medical Clinic

The 6th Medical Group – Medical Clinic offers outpatient care and operates within the TRICARE system. A patient guidebook is available at the Medical Clinic.

CONTACT INFORMATION:

3250 Zemke Ave. MacDill AFB, FL 33621
(813) 828-CARE(2273)

Information:		828-5393
Administration:		827-9856/9857
Appointments:		
TRICARE Prime	0730-1630	828-2273
TRICARE (Other)	0900-1630	
TRICARE Information:		1-800-444-5445
Pharmacy:		
Medical Clinic		827-9300
(for prescriptions written within the Medical Clinic)		
Prescription Refill		828-5367
PharmaCare Center		828-2226
(for prescription written by an off-base provider)		
SOCOM Pick Point in 501 main building		
Specialty Clinics:		
Brandon Medical Clinic		(813)-827-9729
220 Grand Regency Blvd, Brandon		
Dental Clinic		827-9400/9401
(Active duty only)		
Flight Medicine		827-9805/9806
Immunization		827-9375
Mental Health/Life Skills Center		827-9170/9171
(psychiatric and psychological services, family advocacy, behavioral health, substance abuse)		
Radiology		827-9630
TRICARE Operations Patient Administration		827-9487
(Exceptional Family Member Program, overseas screening)		

AFTER HOURS CARE FOR THE MACDILL AFB AREA

If you believe that a serious medical condition exists that would result in a threat to life, limb, or eyesight then proceed to the nearest emergency room or dial 911... MacDill AFB 6th Medical Group does not have an Emergency Room (ER).. For medical problems that are not emergencies but cannot wait until a time when the primary care manager is available, proceed to an urgent care center (UCC). A list of UCCs is available at the USSOCOM Medical Clinic.

In the event a service member is unexpectedly hospitalized, contact the USSOCOM Command Center (813-826-5300) and their supervisor as soon as possible after the incident.

Notify the USSOCOM Medical Clinic during normal duty hours after a visit to an ER or an UCC. The appropriate referral will be submitted to TRICARE. The following information is required for the referral: name, SSN, location, date of service, and diagnosis. This will also allow us the opportunity to obtain reports from your visit. Any ambulance transportation will also require a referral to TRICARE; we will need the name of the ambulance company in order to complete the referral.

UCCs do not require an authorization PRIOR to the visit. Try to use a network UCC versus an ER, if possible. If a network UCC is closed, or out of a reasonable driving area, then proceed to a non-network UCC. Call your provider the next duty day for a retro-referral. Go to an ER only if it is truly a risk to life or limb (an emergency).

Note: Make sure you go to a non-network UCC ONLY if the network UCC is out of driving distance and/or closed. If TRICARE would note that a network UCC was up the street, as an example, they may deny the claim to the non-network UCC.

CONTACT INFORMATION:

USSOCOM Medical Clinic
3250 Zemke Ave. MacDill AFB, FL 33621
(813) 827-9870/9872





TRICARE SERVICE CENTER

TRICARE is the Department of Defense's Managed Care Program for members of the uniformed services and their families, retired members and their families and survivors. The TRICARE Service Center is part of the 6th Medical Support Squadron of the 6th Medical Group and provides assistance and support to TRICARE beneficiaries in Prime, Standard/Extra, and TRICARE for Life on available benefits, program choices and billing and enrollment issues. Humana Military Healthcare Services (HMHS) is your TRICARE contractor for the South Region. TRICARE Service Center Walk-in Services will no longer be provided as of 1 April 2014 please call Humana-Military Health Services below for assistant.

CONTACT INFORMATION:

Humana-Military Health Services (HMHS)

(800) 444-5445

www.humana-military.com

MyTRICARE

www.mytricare.com

(available access to claims filed to TRICARE for civilian services)

TRICARE Online

www.TRICAREOnline.com

(for those assigned to a Military Treatment Facility (MTF), you may access the MTF for appointments)

United Concordia (ADFM Dental Program)

(886) 984-2337

www.addp-ucci.com

Delta Dental (Retiree Dental Program)

(888) 838-8737

www.trdp.org

Express Scripts (TRICARE Pharmacy Contractor)

(877) 363-1303

www.tricare.mil/pharmacy

FREQUENTLY ASKED TRICARE QUESTIONS

-- **What is the first step in obtaining benefits under TRICARE?** The first step in establishing benefits for you and your dependents under TRICARE is ensure that all information in the Defense Enrollment Eligibility Reporting System (DEERS) is always current. DEERS is the computer system at every military PASS & ID section.

-- **As an active duty member, do I have a choice of which TRICARE program to be in?** No, all active duty members with their initial entry in DEERS are TRICARE Prime awaiting enrollment to a Military Treatment Facility (MTF). Only AD family members (ADFM) have a choice as to which TRICARE program they choose to be in.

-- **Are ADFMs enrolled in TRICARE Prime automatically?** No, the default status when a family member is entered into DEERS is TRICARE Standard. Family members are required to complete the enrollment if they wish to be in the TRICARE Prime program. This can be accomplished at your local TRICARE Service Center (TSC) and completing the TRICARE Prime enrollment application.

-- **Does enrolling my family in TRICARE Prime also enroll them into the dental program?** No, enrolling family members in the ADFM dental program is a separate process. Information, including the enrollment application is available at the TSC.

-- **How do I get my newborn started in TRICARE?** Enroll your child in DEERS and then come to the TSC to enroll the child in TRICARE Prime. This must be done within 60 days after birth. If you do not have the birth certificate and SSN, you may use the Letter/Certificate of Live Birth and the child will be given a Temporary Identification Number (TIN). DEERS must be updated with the SSN and birth certificate as soon as received. For the first 60 days, all claims will be processed as Prime under the family member who is already TRICARE Prime. Updating DEERS is the first step in adding or deleting dependents for TRICARE benefits via birth, adoption, marriage, or divorce. You should contact your local PASS & ID for information as to what documentation is needed to update your dependents status in DEERS.

-- **Should I dis-enroll my family and me from the base we are leaving when PCS'ing?** No, the base you leave is responsible for putting in needed referrals/authorizations for medical issues that occur while you are en-route to your new duty station. When you complete your new enrollment, this will change your Primary Care Manager (PCM) to your new duty station. This does not occur until you stop at your local TRICARE Service Center and complete the change form.

-- **If one of my family members or I have to go to an Urgent Care Center after hours or on the weekend, what do we do next?** If assigned to the MTF, the first step should be to contact the MTF on-call provider at (813) 828-2273 for guidance. If directed or if you go to an UCC, make sure you contact your PCM the next business day to schedule any follow-up and to obtain an authorization for the visit. Please have name and address of the facility you went to, date, time, and symptoms. For those assigned to civilian PCM's contact Humana-Military at (800) 444-5445. You may also obtain the address of the closest network UCC to your location via the toll free number.

-- **As an active duty member, what is the correct procedure for seeing a civilian specialist?** All active duty members must have referrals/authorizations put in by their PCM before going to see any specialists. The only exception is for emergency situations, in which members contact their PCM after the medical event to request referrals/authorizations.

MACDILL AFB READINESS RESOURCES

COMMISSARY

The Commissary offers over 30 check-out lanes, including several self-check lanes, large deli, takeout sandwich shop (1100-1400), fresh seafood market, sushi bar, bakery, olive bar, and a large assortment of international foods, live plants, fresh fruit and vegetables. Patrons may enjoy a complimentary cup of coffee at a café-style seating area.



CONTACT INFORMATION:

Bldg 925 – 2908 North Boundary Blvd
(813) 828-3361/3362

Hours: 7 days a week, 0900-1900 (Early
Bird M-F 0600-0900)

Closed on New Years, Thanksgiving,
Christmas

www.commissaries.com



ARMY/AIR FORCE EXCHANGE SERVICES (AAFES)

Base Exchange - Bldg 926

Main Store

(813) 840-0511
Mon-Sat: 0900-2000
Sun: 1000-1800

Class Six

(813) 840-2323
Mon-Sat: 0900-1900
Sun: 1000-1700

Furniture Store
(813) 840-2584
Mon-Fri: 0900-1900
Sat: 0900-1800
Sun: 1000-1800

Barber Shop
(813) 840-0087
Mon-Fri: 0800-1800
Sat: 0900-1600
Sun: 1000-1600

Dunkin Donuts
Mon-Sat: 0600-1800
Sun: 0900-1600

Mobile Center
(813) 840-2148
Mon-Sat: 0600-2000
Sun: 0900-1800

GNC
(813) 840-2505
Mon- Sat: 0900-1845
Sun: 1000-1745

Laundry/Dry Clean
(813) 840-0395
Mon- Fri: 0800-1800
Sat: 0900-1600
Sun: Closed

Alterations
(813) 840-0181
Mon- Fri: 0800-1800
Sat: 0900-1600
Sun: Closed

US Patriot
(813) 840-9400
Mon- Fri: 0800-1800
Sat: 0900-1600
Sun: Closed

Concessions

Military Clothing Sales
(813) 840-2375
Mon-Fri: 0900-1900
Sat: 0900-1600
Sun: 1100-1600

Beauty Salon
(813) 840-0525
Mon-Fri: 0900-1800
Sat: 0800-1600
Sun: Closed

Petals & Blooms
(813) 840-0501
Mon-Fri: 0900-1800
Sat: 0900-1600
Sun: Closed

Optical Center
(813) 840-2292
Mon- Fri: 0900-1800
Sat: 0900-1600
Sun: Closed

Optometry Care
(813) 840-1161
Mon- Fri: 0900-1700
Sat: 0900-1600
Sun: Closed

Frame Shop
Mon- Fri: 0900-1800
Sat: 0900-1600
Sun: Closed

UPS Store
(813) 840-2500
Fax (813) 840-2540
Mon- Fri: 0800-1800
Mon- Fri: 1730
Sat: 1400

** last drop off*

Food Court Facilities
840-2200

Anthony's Pizza
Baskin Robbins
Charley's Grilled Subs
Manchu Wok
Subway
Taco Bell

Mon-Thu: 1000-1700, Fri-Sat: 1000-1800, Sun: 1100-1600
Mon-Sat: 1100-1600, Sun: Closed
Mon-Sat: 0800-1800, Sun: 1000-1700
Mon-Sat: 1000-1500, Sun: Closed
Mon-Sat: 0800-2000, Sun: 1030-1700
Mon-Sat: 1030-1800, Sun: 1300-1600

Mini Mall - Bldg 17

Barber Shop
Mon-Sat: 0800-1700
Sat & Sun: Closed

Enterprise Car Rental
Mon-Fri: 0800-1800
Sat: 0900-1200
Sun: Closed

Launderette
24 hrs, 7 days a week

Subway
Mon-Fri: 0700-1800
Sat & Sun: Closed

US Post Office
Mon-Fri: 0800-1630
Sat & Sun: Closed

Marco's Pizza
Mon-Fri: 1000-2200
Sat: 1100-2200
Sun: 1200-2100

Firestone / Shoppette - Bldg 924

(813) 840-8295
Mon-Fri: 0700-1900
Sat: 0700-1800 Sun: 0800-1700
(Bays are closed on Holidays)

(813) 840-0640/0448
Mon-Fri: 0500-2300
Sat-Sun: 0700-2200

Food Concessions

Burger King
Bldg 930

Mon-Fri: 0600-2200
Sat: 0800-1800
Sun: 1030-1700

AIRMAN'S ATTIC

The Airman's Attic welcomes all donations and exists to defer some cost of living expense by providing, at no cost, donated clothing and household items to eligible Airmen, as well as active duty members of all branches of the U.S. military assigned to MacDill AFB or any unit supported by MacDill AFB. Eligibility is defined as active duty E-1 through E-6 and their family members who have a valid DoD ID card. Those donating uniforms should note that regulations require all name tags be removed. The Airmen's Attic accepts volunteers.

CONTACT INFORMATION:

Bldg 18 – Mini Mall – 8106 Condor Pl
(813) 828-2221
Hours: Tue and Fri 1000-1400

MACDILL FAMILY RESOURCE CENTER - BRANDON

The Airman and Family Readiness Center works in partnership with the Brandon community to provide support for military families of all branches of the service that reside in the greater Brandon area. To accomplish this mission the following base services are provided in the Brandon community: legal consultation, chaplain assistance, personal financial management, employment assistance, relocation assistance, family readiness, computer classes, tax preparation and various activities. Additionally, electronic mail, computer/world-wide web access, copying, fax and base resource information are available daily during the center's operational hours. Seminars, classes and parenting groups are scheduled monthly.

CONTACT INFORMATION:

710 Oakfield St, Suite 153, Brandon
(813) 655-9281
Hours: Mon-Fri 0900-1600

AIRMAN AND FAMILY READINESS CENTER

The Airman and Family Readiness Center provides valuable information about military life and MacDill AFB. A variety of programs are offered, including:

Employment Focus provides assistance to spouses seeking employment and workshops in job-seeking skills including resume writing and interview skills. One-on-one career counseling is available by appointment. Resume review is also available by appointment. Youth employment assistance available for ages 16 through college-aged students.

Family Life Education provides short-term assistance for personal and family development issues by appointment. Educational classes and materials on a wide variety of family issues are offered. A library of community, base, and family support resources is available.

Personal Financial Management provides information, education and counseling. Long term solutions to financial problems are provided in the following areas: analysis of your personal financial status, budgeting information, checkbook maintenance, credit management, debt liquidation, and consumer protection.

Personal & Family Readiness provides information to assist single and married service members in preparing themselves and their families to meet mission requirements with minimal personal stress.

Relocation Assistance is a congressionally mandated program designed to assist the service member and his/her family adjust to the sometimes-frequent moves associated with life in the military. Sponsorship training, relocation orientation classes, and cultural adaptation information are all available through this program. Relocating is a common event with the military lifestyle, and it can be a challenging experience whether you are single or moving with a family. Careful planning and preparation are essential to reduce the stress and financial losses associated with changing residences. Relocation assistance is structured to give a broad range of information while focusing on the details critical to a successful move.

Transition Assistance offers various programs/workshops for members and their spouses as they prepare to separate or retire from the military. Services available include: transition counseling for families, a career resource center for job search and resume preparation, a 5-day workshop, computerized job search and resume assistance.

Aid Society the Aid Society provides emergency financial assistance to military service members and their families. The Aid Society promotes mission accomplishment by helping to relieve distress of service members and their families caused by personal financial problems.

Volunteer Resources provides placement of volunteers in various agencies on MacDill AFB and incorporates a monthly awards program for volunteers.

CONTACT INFORMATION:

8105 Condor Street Bldg 18

813-828-0145

Hours: Mon-Fri 0800-1600, Thur 1100-1600

CHAPEL

The Chapel mission is to provide opportunities for spiritual growth, education, and worship. The mission also provides for enhancement of a person's relationship with God and one another. Chaplains are available to meet personal needs through counseling concerning spiritual, moral, and personal problems.

Worship Times

Catholic

Mon-Wed	Mass	1210
Sat	Confessions	1600-1700 (or by appointment)
	Mass	1730
Sun	Mass	0930
Holy Days	Mass	1210 & 1700
Religious education		1045

Protestant

Sun Contemporary Service 1100 (with children's Church)

Fam Camp Service (Nov-Mar) 0930

Contact the Chapel during duty hours for information concerning Jewish and Muslim faith contacts on base.

CONTACT INFORMATION:

Bldg 355 – 2204 Administration Ave

Admin Hours: Mon-Fri 0800-1500

(813) 828-3621

After Hours: 813-828-4362

<http://www.macdill.af.mil/macdillchapel/>

CHILD CARE

Child Development Center:

The Child Development Center program offers childcare for children ages 6 weeks to 5 years of age in three buildings with a local capacity of 380 children. Enrollment is primarily on a full-time basis. Hourly care is offered on a space available basis at a cost per hour rate. Weekly fees are based on total family income. Priority is given to single active duty military or DOD civilian parents; then dual active duty and dual DOD civilian parents; then active duty military and DOD civilian parents whose spouse works full time or attends school full time; then all others, including contract workers and families with only one parent employed.

Family Child Care / Child Care Resource and Referral:

The Family Child Care Program provides listings and license information for home day care providers on base. The Child Care Resource and Referral program provides child care referrals for on and off base agencies.

CONTACT INFORMATION

CDC 1

Bldg 381 – 8706 Hangar Loop Dr
(813) 828-5195/3332
Hours: Mon-Fri 0630-1745

CDC 2

Bldg 395 – 8660 Hangar Loop Dr
(813) 828-2244/2189
Hours: Mon-Fri 0630-1745

CDC 3

Bldg 384 – 8718 Hangar Loop Dr
(813) 828-0195/0196
Hours: Mon-Fri 0630-1745

Family Child Care Program

Bldg 18 – 8107 Condor St
(813) 828-7760
Hours: Mon-Fri 0830-1730

Child Care Resource and Referral

Bldg 384 – 8718 Hanger Loop Dr.
(813) 828-5750
Hours: Mon-Fri 0830-1700

EQUAL OPPORTUNITY

The Equal Opportunity (EO) program provides a means for resolving military and civilian employment issues contributing to degradation of the mission and counter to the establishment of good order and discipline and a healthy Human Relations climate. The staff encourages resolution of complaints at the lowest level possible. Programs include: Cultural Diversity training, Sexual Harassment training, Mediation or Alternate Dispute Resolution, and more. An aggrieved person who believes he/she has been sexually harassed or discriminated against on the basis of race, color, religion, sex, national origin, age or physical disability should consult with an EO counselor – within 45 calendar days for civilian employees and within 60 calendar days for military members.

CONTACT INFORMATION:

Bldg 1066 – 7407 Blackbird Street

(813) 828-3333/2505

Hours: Mon-Fri 0730-1630

6amwmeo.distro@us.af.mil

EDUCATION AND TRAINING CENTER

The Base Education and Training Center is committed to providing sound education and training to MacDill AFB's military and civilian community. The training section specializes in professional development, skill-levels, upgrade training, and career development course completions. Education specialists encourage students to participate in off-duty educational opportunities that include remedial through graduate level courses. Students receive academic advisement for the Community College of the Air Force, technical/vocational certifications, commissioning programs, professional military education, Veterans' Affairs benefits, and Troops to Teachers. Saint Leo University National Testing Center provides same day results on Department of Defense Activity for Non-traditional Education Support sponsored examinations. Hillsborough Community College provides one-on-one tutoring on mathematics.

Five academic institutions teach on-base courses. The Fred D. Learey Technical Center certification. Hillsborough Community College offers more than 60 Associate degree programs. Embry-Riddle Aeronautical University provides the Associate's through the Master's degree in Professional Aeronautics, Aviation, and Safety. Saint Leo offers a variety of two-year and Baccalaureate programs. Troy University offers the Master's degrees in Public Administration and Management. Co-located with the Base Library, the 30,000 square-foot center includes a multi-purpose science laboratory, three college computer laboratories, ten classrooms, and two distance learning halls for satellite broadcast and teleconferencing.

CONTACT INFORMATION:

Bldg 252 – Library Complex - 8102 Condor St

(813) 828-3115

Hours: Mon-Fri 0800-1600, Tue 0800-1200

Email: education@macdill.af.mil

EXCEPTIONAL FAMILY MEMBER PROGRAM

The Exceptional Family Member Program (EFMP) is a DoD program designed to assist, through selective assignments, the individual who has family members with special needs. The EFMP is designed to include all eligible family members requiring special education, medical treatment, therapy, training, or counseling. Enrollment is mandatory for all military personnel with exceptional family members. Another objective is to ensure that the eligible family members receive information and assistance needed to involve them with community support and services to meet their needs.

CONTACT INFORMATION:

3250 Zemke Ave.

(813) 827-9487

Email: macdill.efmpm@us.af.mil

Hours: Mon-Fri 0730–1630

FAMILY ADVOCACY

The Family Advocacy Program (FAP) is for all military personnel and any family member who is at risk for potential violence or who has experienced violent episodes of some sort. This is accomplished by professionally trained staff that provides assessment and treatment referrals for families experiencing conflict. This includes child maltreatment, abuse between spouses and substance abuse.

Child maltreatment is any behavior or act by a caretaker that inflicts harm on a child. It usually occurs in one or more of four forms: physical abuse, emotional abuse, neglect, and sexual abuse. The result of any and all types of child maltreatment is always psychologically and emotionally damaging. Physical abuse can result in permanent physical disabilities and death.

Domestic violence includes any behavior or act by one spouse that inflicts harm or that is intended to inflict harm on another spouse. This includes physical violence, verbal abuse, and psychological abuse.

The FAP targets all military personnel with a goal of enhancing the health, welfare and morale of each family member in efforts to reduce family violence. This is accomplished by providing outreach, prevention programs and treatment referrals for families. The FAP provides programs and services for families before exceptional needs or problems occur. Primary prevention reduces the expenditures of resources, reduces both the frequency and severity of problems, enhances the restoration of wellness and supports mission readiness. FAP is responsible for the education of individuals, groups, organizations, and the general military community.

CONTACT INFORMATION:

3250 Zemke Ave.

(813) 827-9172/9173

Hours: Mon-Fri 0730-1630



HOUSING

The Housing Office provides information and assistance with on-base and off-base housing. If you wish to live on-base, submit an advance application, DD Form 1746, through your Housing Office before you leave your current assignment. An application is considered on the date it is received. On-base housing is managed by a public private venture partner, Harbor Bay at MacDill. See the following page for detailed information.

Community Housing:

Rental housing is available in the Tampa Bay area. Security deposits normally equal one month's rent. The average lease is 7 to 12 months. The Military Release Clause became part of Florida law in 2003, providing assistance in breaking a lease upon the receipt of PCS orders.

MacDill AFB actively participates in the Rental Partnership Program. There are over 60 apartment communities throughout the Tampa Bay area participating in the program. Any active duty military member assigned to MacDill AFB, single or married, who is authorized to live off base and receives BAH, may participate in this program. The program requires members to pay their rent by allotment, in addition to waiving security deposits and application fees. Pet fees do apply. Discounts being offered to qualified military members range from 5-12%. Utilities are not included. If you are considering this program, you must complete a "Rental Partnership Program" application before contacting participating apartment complexes.

Personnel who plan to purchase a home may find it takes an average of six to eight weeks to complete the process. Members are encouraged to pre-qualify for funding prior to starting their house hunting. During hurricane season (June-Nov) the process may be delayed and homeowner insurance policies are not written if there is an active hurricane in the area.

The Automated Housing Referral Network is an online, joint service housing referral system available to military members only, connecting service members with available community housing. Visit www.ahrn.com.

Dorm Residents:

Military members in grades E-1 to E-4 who are unaccompanied (single with no dependents) are required to live in the dormitories. This includes military members married to military members who are geographically separated with no dependent children. Military personnel who will be assigned to the Tampa Bay area must ensure that their organization has a current Host Tenant Support agreement with MacDill AFB.

Dorms are single room occupancy with each person sharing a bathroom with only one other person. Most rooms are 180 square feet, fully furnished, including refrigerator and microwave. Dorms are organized by "Unit/Group Integrity" with each organization having a designated dorm.

CONTACT INFORMATION:

8414 Fortress Drive MacDill AFB FL. 33621

(813) 828-3166/5404

Hours: Mon-Fri 0800-1600

Dorms: (813) 828-2790/2429/3495



HARBOR BAY AT MACDILL

Harbor Bay at MacDill is the public private venture partner that manages and maintains housing at MacDill AFB. Its dedicated team has an unyielding commitment to create communities that reflect a vivid sense of place, a strong environmental ethic, and a rich quality of life for today's military families. The new MacDill AFB neighborhoods are being built by Clark Realty, an award winning development and construction firm that is currently building the new HQ USCENCOM building.

All new homes feature a spacious, inviting floor plan and carefully selected amenities and upgrades, such as:

- Square footage that exceeds Air Force requirements
- Two car covered parking
- Ample storage space, patios & fenced yards
- Lawn maintenance

In addition, the community master plan includes new playgrounds, running and walking tracks, new community centers and sports recreational areas.

CONTACT INFORMATION:

8414 Fortress Drive MacDill AFB FL. 33621

Hours: Mon-Fri 0730-1630

(813) 840-2600

www.macdillfamilyhousing.com

ID CARD OFFICE

The Customer Service Section of the 6th Wing Mission Support Squadron is where you can obtain/renew ID cards and enroll dependents in DEERS. ID cards are renewed no earlier than 30 days prior to the expiration date.

In order to issue an ID card, the sponsor must be present or the dependent must hold a power-of-attorney from the military member or the dependent must have a notarized DD Form 1172 with the military member's signature.

Documentation Required - 2 valid picture IDs (Sam's or Wal-Mart cards unacceptable)

Other documentation that may be required:

- Marriage certificate
- Divorce decree
- Death certificate (sponsor or dependent)
- DD Form 214 or retirement orders
- Medicare card
- SSN card
- Birth certificate
- Court documents (custody/ward)
- For children over 21 years of age, unmarried, enrolled as a full time student: a letter from the accredited college, stating that they are full-time, and their major, semester start date and expected graduation date signed by the School Registrar on school letterhead.

To request a copy of a DD Form 214 contact: National Personnel Records Center, 9700 Page Blvd., St. Louis MO 63122 Air Force: (314) 538-4218 Other Services: (314) 538-4122
If your spouse or dependents become deceased, please notify the ID Card Office by bringing in a copy of the death certificate and their ID card.

CONTACT INFORMATION:

Bldg 373 – 8011 Tampa Point Blvd

(813) 828-6673 x 2

(By Appointment Only)

email 6fss.fsmp@us.af.mil

<https://rapids-appointments.dmdc.osd.mil>

LEGAL OFFICE

The Legal Office provides legal assistance on personal civil legal matters to support and sustain command effectiveness and readiness. Legal assistance is available to members of the armed forces on active duty, including reservists and National Guard members. Members entitled to retired pay may also be provided legal assistance, subject to the availability of legal staff resources and expertise.

Legal assistance is provided on a variety of civil matters including wills, advance medical directives, powers of attorney, notaries, the Soldiers' and Sailors' Civil Relief Act domestic relations, landlord/tenant matters, and other consumer affairs issues. Clients may be referred to a civilian lawyer referral services or other referral agency for assistance when the legal assistance problem exceeds the scope of the Air Force legal assistance program.

Military personnel are encouraged to seek legal counsel to assess their need for a will, advance medical directive, powers of attorney, and any matter requiring the assistance of an attorney before mobilization, deployment, or similar activities.

The Legal Office also handles damage claims in association with PCS moves.

Power of Attorney and Notary Services

Mon; Wed & Fri	0900–1500
Thur	0900–1200

Legal Assistance & Wills By appointment only Thursdays

Complete a worksheet before heading to legal appointment; <https://aflegalassistance.law.af.mil>

CONTACT INFORMATION:

Bldg 299 – 8208 Hangar Loop Dr
(813) 828-4421/4422
Claims Information: 828-4425

LIBRARY

In support of military members, the collection offers military online databases; online databases covering newspapers, newswires, magazines and journals; military history; and professional reading list titles for all services.

In support of civilian education, resources include test preparation materials for CLEP, DANTES, ACT, SAT, GRE, GED, CLAST, LSAT, GMAT, etc.; online databases covering a wide range of topics from popular magazines and professional journals; quiet study areas; fast, free document delivery/inter-library loan; and special collections on loan from local colleges and universities.

In support of professional military education, resources include test preparation materials for the Officer Candidate, ASVAB, and Military Flight Aptitude Tests; and Air War College materials.

In support of leisure activities, the collection includes multiple copies of bestsellers; music CDs: rock, pop, jazz, blues, classical, country/western, etc.; videos of all kinds: instructional, classic movies, and family movies on DVD/VHS; recorded books on cassette tape and CD; and over 100 different periodicals.

Electronic resources include an online public access catalog; multimedia computers with MS Office; Internet computers with multimedia capabilities; and online databases.

Children's resources include reading incentive programs; separate children's room; story times; accelerated Reader titles with easy catalog lookup; and SIRS Discoverer online database with child appropriate newspaper and magazine articles.

Equipment for public use includes a self-service photocopier \$0.10/copy; scanner with image and text scanning capability; DVD/VHS players with headphones; typewriter; outside patio with tables and chairs; and wireless access for laptop users.

CONTACT INFORMATION:

Bldg 252 – 8102 Condor St
(813) 828-3607

Hours: Mon-Thur 0900-2000, Fri 0900-1700, Sat: 1000-1700

Closed Sundays and holidays

Email: 6SVS.Library@macdill.af.mil



LODGING

MacDill Inn:

Lodging is provided on a space-available basis and reservations may be made 24 hours in advance of your visit. You are authorized 30 days per year on a space-available basis. A credit card deposit is required to hold a room past an 1800 arrival time and at 1800, all reservations not guaranteed with a credit card are cancelled. Cancellations must be made 24 hours in advance.

Reservations for the Distinguished Visitor suites, for E9 and O6 and above, may be made with the 6th Wing Protocol Office.

Temporary Lodging Facility (TLF):

Military members with dependents who are inbound or outbound may stay at the TLF for up to 30 days. Unaccompanied E7 and above, and unaccompanied officers may stay in the Visiting Officers Quarters for up to 30 days. The MacDill Inn staff accepts advance reservations for military members on a TDY or PCS assignment. For others, lodging is available on a space-available basis and reservations may be made 24 hours in advance.

Pets are allowed in specially designated units. Pet cages and food bowls are provided. Guests are responsible for their pets and when not in the units, guests must secure their pets in order to allow the housekeeping staff to clean the units. A designated pet walk area is available.

CONTACT INFORMATION:

Bldg 411 – 8604 Hangar Loop Dr

(813) 828-4259

Hours: 24 hours/day

Email: macdill.inn@macdill.af.mil

RETIREE ACTIVITIES OFFICE

The Retiree Activities Office is manned by retiree volunteers and led by a retiree director, and provides assistance and counseling to active duty/retiree personnel (regardless of their branch of service) and their dependents in retirement planning, survivor's assistance, Survivor Benefit Plan (SBP), supplemental health insurance, VA benefits, income tax preparation, and many other areas pertaining to the needs of the retiree community. Under the retiree activities program, volunteers work in the Air Passenger Terminal, FamCamp, Golf Course, Fitness Center, Thrift Shop, Chapel, Medical Clinic, Satellite Pharmacy, and with the Security Forces, Staff Judge Advocate and Finance offices.

CONTACT INFORMATION:

Bldg 925 – next to Commissary – 2912 Boundary Blvd

(813) 828-4555/5322

Hours: Mon-Fri 0900-1500

SECURITY FORCES

The Security Forces Squadron provides law enforcement and security services for MacDill AFB. Specialized services include: Information, Industrial and Personnel Security; Resource Protection and Crime Prevention; Investigations; and Military Working Dog Operations. They also manage the Base Small Arms Firing Range and Confinement Facility.

CONTACT INFORMATION:

Law Enforcement Desk

Bldg 203 – 2505 SOCOM Memorial Dr.
Non-Emergency (813) 828-3322/3323/3324
Emergency/Crime In Progress 911
Hours: 24 hours/day

Visitor Reception Center

Bldg 1089 - Dale Mabry gate
(813) 828-2737
Hours: 7 days/week 0600-2200



SCHOOLS – K TO 12

The Tampa Bay area offers a wide variety of public and private schools, grades K-12, including an elementary school located on MacDill AFB. For more information, visit these websites:

Hillsborough County Schools	www.sdhc.k12.fl.us
Pasco County Schools	www.pasco.k12.fl.us
Pinellas County School	www.pinellas.k12.fl.us

SCHOOLS - HIGHER EDUCATION

Eckerd College	(727) 867-1166
Hillsborough Community College	(813) 253-7000
Stetson University College of Law	(386) 822-7100
University of South Florida	(877) 873-2855
Poynter Institute for Media Studies	(888) 769-6837
St Petersburg College	(727) 341-4772
University of Tampa	(813) 253-3333

TINKER ELEMENTARY SCHOOL

Tinker Elementary School, part of the Hillsborough School District, is a “school of choice” for dependents of active duty military, retired military and civilians employed on MacDill AFB, grades PreK to 5. The school is proud to be a 2001-2007 Florida “A” school. The school is named for Major General Clarence Tinker, a daring pilot and warrior who was the first Native American Indian to become a major general in the US Army and the first US general officer to die in combat in World War II.

Vision: Every child and adult at Tinker will be provided a positive, welcoming and supportive atmosphere that is conducive to giving and receiving instruction. To create this environment, the 3 R’s are: Respect for ourselves, Respect for others, Respect for our school as a place of learning.

Mission: We will educate our children in social, physical and academic skills that are meaningful and lifelong. We will provide opportunities for all our students and personnel to realize their self-worth and reach their maximum potential.

Activities and programs include: Clubs (Future Teachers, Friends/Neighbors, Showteam), Arts (Orchestra, Art, Band, Chorus, Theater), Before & After School Program. Uniforms are mandatory and may be purchased at local department stores.

CONTACT INFORMATION:

Bldg 1203 – 8207 Tinker St
(813) 840-2043
Hours: Students Mon-Fri 0800-1415

TAXI SERVICE

For Active Duty or Government Employees needing transportation to an official appointment.

CONTACT INFORMATION:

(813) 828-5282

Hours: Mon-Fri 0700-1600

VETERINARY SERVICES

Veterinary Services offers all annual vaccinations for cats and dogs, such as rabies, distemper, bordetella, FVRCP and FELV. Heartworm testing, feline leukemia/ FLV testing, and micro-chipping are also available. The veterinarian will see animals for minor skin, eye, and ear problems. Unfortunately, care for major problems or surgery cannot be offered. Everyone is encouraged to also have a civilian vet in case such a need arises. All dogs must be on a leash and cats in a pet carrier. Appointments may be made 1 week in advance.

Emergency services are not available.

Everyone is encouraged to have a civilian Veterinarian.

CONTACT INFORMATION:

Bldg 936 – 7804 Blackbird St

(813) 828-3558/3559

Hours: Mon-Fri 0800-1600



YOUTH PROGRAMS

All youth programs are available to direct family members of active duty personnel (to include Air/Army National Guardsmen and reservists on active duty), DoD civilian, and retirees.

Numerous instructional classes are offered such as Tae Kwon Do, ballet & piano. The youth sports program includes little league baseball, soccer, basketball, flag football, and cheerleading.

Programs and activities help improve and maintain the physical, social, and mental well-being of youth to include year-round programs and wholesome leisure-time experiences. Not only are there games, crafts, music, and sports for the after school kindergarten age members, but youth can learn how to become meaningful members of their community.

Serving youth 5 to 18 years-of-age with special features at our School Age Program, Summer Camp, and Mactivities Enrichment opportunities make it the #1 stop for newly arrived families. Field trips, dances, seminars, instructional classes, sports, and special events are just a few of the options available.

Instructional classes in ballet, acrobatics, jazz, tap, Tae Kwon Do, and sports help make this a well-rounded program. A diversified sports program offers Little League and winter baseball, soccer, winter and summer basketball, flag football, and cheerleading for MacDill youth.

The Youth Center, with an indoor gymnasium has enabled us to expand our programs and provides for a variety of sports and activities. Teens have their own area where they can come to "just hang out", play Nintendo or Sega, pool, ping-pong, or get homework assistance. The center hosts membership nights, food and game nights, dances, and has a complete stereo system. Teens are considered to be ages 13-18. Pre-Teens are considered to be ages 6-12 and if under age 9 must be accompanied by a parent or sibling 16 years or older.

The Youth Council meets monthly and gives teens the opportunity to be active participants in planning activities and events. Valuable developmental skills are applied in team-building concepts and planning.

The School-Age Program offers youth of working parents a safe, creative, recreational outlet before and after school hours. Priority is given to eligible children of active duty military and DoD Civilians. The program operates throughout the school year, including Hillsborough County School System Winter & Spring vacations and teachers' planning days.

Summer Camp is geared for children who have completed kindergarten through 12 years of age. Offering working parents supervised recreational care during summer months. Offering Arts & Crafts, indoor/outdoor sports, field trips, bowling, swimming and other recreational activities, our goal is to enhance self-worth and self-image, introduce youngsters to new skills & activities and foster academic achievement through creative thinking, problem solving, exploration and experimentation.

CONTACT INFORMATION:

Youth Center

7811 Hangar Loop Dr

(813) 828-7956/7957

School Year Hours:

Mon-Fri

Teens (13-18)

1430-1830

Pre-Teens (6-12) 1430-1830
Sat for special events
Extended hours on half school days and full days off
Closed Sun and all Federal holidays

Summer Hours:

Mon-Fri Teens (13-18) 1200-1900
Pre-Teens (6-12) 1200-1800
Sat for special events
Closed Sun and all Federal holidays

School Age Program
2410 Florida Keys Ave
(813) 828-5971

School Year Hours:

Mon-Fri 0630-0800 and 1415-1800
Closed Sat, Sun and all Federal holidays

No School Days/Summer Hours:

Mon-Fri 0630-1800
Closed Sat, Sun and all Federal holidays



MACDILL AFB FITNESS, CLUBS & SPORTS RESOURCES



ARTS & CRAFTS CENTER

Auto Hobby Shop:

The Auto Hobby Center is committed to serving the individual and their vehicles, and features a multitude of work-bays for performing both minor and major automotive repairs. Hydraulic lifts, a paint booth, and a variety of computerized equipment are among the many services available.

Our skilled technicians can provide professional guidance should you encounter any difficulties. Providing assistance for the do-it-yourselfer is only part of our guarantee of the best possible vehicle maintenance.

Wheel Alignment is available on an appointment basis. Services include a Diagnostic Inspection, Two-wheel thrust/four-wheel thrust, shims & parts, and installation.

A full-service car wash, open 24-hours-a-day, is directly behind the center with three do-it-yourself bays, and two vacuum islands.

Awards and Engraving Shop:

The Awards & Engraving Shop stands readily available to fulfill all your engraving and awards needs. Plaques, medals, acrylics, pen sets and more are available for recognizing that special accomplishment. We also offer full color sublimation printing on a variety of products, including coffee mugs, t-shirts, mouse pads and more!

Crafter's Corner:

A variety of craft classes are regularly scheduled to meet your creative desires. Special classes for young people help nurture their creative talents, as well. Well-qualified and concerned personnel will assist you in turning your imagination into reality. Classes include scrap booking, drawing, painting, stamping, and more!

Frame Shop:

The custom Frame Shop presents a wide selection of custom moldings and matting. All our materials are acid-free to ensure the longevity of your picture. Our skilled staff can assist you in choosing the best mat and molding to truly make your picture into a work of art.

Do-It-Yourself Framing classes are offered on a monthly basis with excellent instruction on how to complete a project from start to finish. Participants completing these classes are certified to use the do-it-yourself frame area.

Wood Hobby Shop:

The Wood Shop provides a pleasant professional environment complete with industrial equipment and hand tools needed to complete the most complex woodworking projects. Our highly-skilled craftsmen will gladly provide any technical assistance you may need, such as training on the machinery, selecting proper lumber, or choosing just the right stain. If you'd like to learn more about woodworking, just look to our staff for valuable beginner's guidance. Some of our most popular custom products include shadow boxes, coin holders, book shelves, and display boards. Bring in your idea, and we'll make it a reality!

CONTACT INFORMATION:

Bldg 300 – 8223 Hangar Loop Dr
(813 828-4413)

<http://www.macdillfss.com/mainmenusub-ll.aspx?sectionID=310>

BAY PALMS GOLF COMPLEX

Tropical weather and beautiful surroundings make our 18-hole, par 72 course a “golfer's paradise”. The complex houses a lighted practice putting green, a 24 hour a day lighted driving range, a practice chipping green and sand trap areas to help you perfect your game. There are also two putting greens for your practicing pleasure.

The atmosphere of the 12,500 sq. ft. clubhouse makes it a great place to relax. The clubhouse features a private tournament room, and ultramodern pro shop, larger restroom/locker areas and a colossal eatery. To further compliment this facility, the building is mostly surrounded by a 10 ft. wide veranda.

The South Course is one of the most scenic & challenging courses in the Air Force. The North Course offers yet another opportunity to experience paradise by the bay. The Bay Palms Golf Complex was named 'Best Golf Program in the Air Force' for 2002. Group and private lessons can be arranged through the pro shop.

The Main Course Eatery offers a variety of selections, including breakfast, daily specials, hot/cold sandwiches, and much more.

MacDill AFB is a great place to have golf tournaments and not just for military folks. Along with a military sponsor, base policy allows the general public to schedule tournaments on either of the two beautiful courses. Civic clubs, corporations, church or school groups, or any other organization can take advantage of this amazing opportunity.

CONTACT INFORMATION:

Bldg 726 - 1805 Golf Course Ave
(813) 840-6904

Fairway Eatery Hours: 0630-1330/Express (Grab and Go) Hours:1330-1500

Hours: 0630-1830 (Apr-Oct) 0630-1730 (Nov-Mar)

Fairway Eatery	(813) 840-6906
Starter Shack	(813) 828-4494
Tee Times:	(813) 840-6904

<http://www.macdillservices.com/mainmenusub-rc.aspx?SectionID=410>



CLUBS AND DINING

Surf's Edge Club:

Serving as the center for enlisted activities, the Surf's Edge Club has something for everyone. From Bingo to Family Fun Nights, Karaoke to Trivia, our entertainment programs and great food contributed to our award of "Best Enlisted Club in AMC" in 2005.

- Boomers Bar and Grill, one of MacDill AFB's coolest restaurants and hang outs.
- Bar Bingo, Mon-Fri, 1730
- Pinochle Tournament, Wed
- Team Trivia, Thur
- TGIF Party, Fri

- Catering: Looking for a great place to have a wedding, reunion, banquet, birthday party or retirement ceremony? Our goal is to provide quality, consistent service and exceptional cuisine in a unique setting at reasonable prices.

CONTACT INFORMATION:

7315 Bayshore Blvd

(813) 840-6900

Hours: Mon&Thur 1100-2100, Tue&Wed 1100-2200

Fri 1100-2300, Sat 1600-2300

SeaScapes Beach Club:

Take in the scenic view of Tampa Bay, while dining in our tropical atmosphere. Surrounded by Outdoor Recreation facilities, SeaScapes is sure to put you in the Florida state of mind. Sip delicious cocktails, or dine on delectable fare, while enjoying a magnificent view of the setting sun on the bay.

- Lunch on Mon-Fri, 1100-1430
- Dinner on Tue-Fri, 1600-2030
- Bar open Tue-Fri, 1600-2100

CONTACT INFORMATION:

Bldg 682 – 9951 Marina Bay Dr

(813) 840-1451

Hours: Lunch (Mon-Fri 1100-1400), Dinner (Tues-Sat 1600-2100)

SHORT FITNESS & SPORTS CENTER

Fitness is the name of the game and our Fitness Center is definitely a winner in this category. We provide optimum opportunities for participation in all levels of competition for military personnel, DoD civilians, retirees and family members.

Offered year-round is an active and diversified program that strives to meet the mental & physical needs of all participants. Those associated with the military, whether active duty, retired, family members, DoD or contract employees, all take advantage of the recreational activities available at MacDill's Fitness Center.

The ¼ mile track and 4-mile jogging path are big hits with runners, joggers & walkers. Active duty personnel can also volunteer to represent their organizations or units on the Base Athletic Advisory Council. Personal Trainers are available by appointment only. They will evaluate your personal health history and design an individualized training program, to include instruction on weight loss, strength training and proper conditioning.

The facility includes a large cardio workout area, massive free-weight room, Fit N Play Parent/Child area, aerobic and cycling classes, family fitness programs, intramural and varsity sports, unit level sports/recreation program, and individual team sports for men and women.

CONTACT INFORMATION:

Bldg 303 - 8115 Cypress Stand St

(813) 828-4496

Hours: Mon-Fri 0430-2330; Sat, Sun & Holidays 0800-2000

Email: 6svs.fitnesscenter@macdill.af.mil

<http://www.macdillservices.com/fitness.html>

HEALTH AND WELLNESS CENTER

The Health and Wellness Center (HAWC) provides total and fitness enhancement programs to include awareness, education, motivation, and intervention for: Blood Pressure, Cholesterol, Cardio respiratory capacity, Strength and endurance, Body composition and weight control. The HAWC is open to active duty, reservists/guardsmen on active duty, family members, civilians and retirees.

Programs:

- Running Clinic - Two hour class on the mechanics of running (4th Thursday)
- Wellness Coaching Series - 1 hour classes which covers maintaining Healthy Blood Pressure, Healthy Fitness, Healthy Fitness, & a Healthy Weight. (Tuesdays)
- Tobacco Cessation Program instructed by Physicians - 5 Week Class (1 Hour Sessions)
- Prenatal Fitness via Bundles For Babies
- Bone Health (Last Friday)
- Cholesterol Screening - (Last Friday)
- Microfit Assessments
- One-on-One Nutritional Counseling (Referral)
- Chill Out- Massage Chair/Private Relaxation Room (Mon- Fri)
- Eat/Smart Play Hard

Special Events:

- National Cholesterol Month
- Annual Men's Health Seminar
- Annual Women's Health Seminar
- Great American Smoke-out
- Health Fairs

CONTACT INFORMATION:

Bldg 303 – 8115 Cypress Stand St
(813) 828-4739/828-4885

Hours: Mon–Fri 0730-1130, 1230-1630

www.macdill.afb.bestofhealth.com



INFORMATION, TICKETS & TRAVEL

Information, Tickets & Travel (ITT) is located in the AAFES Mall. ITT offers discount tickets to most of Florida's major attractions, as well as assisting with information on all the exciting things you can experience in the area, while saving money.

Local Attractions:

Adventure Island (Water Park), Busch Gardens Theme Park, Channelside IMAX, Florida Aquarium, Lowry Park Zoo, Museum of Science and Industry, Starship Dining Yacht, Tampa Bay Lightning (hockey), Tampa Bay Storm (Arena football), Tampa Bay Rays (baseball).

Orlando Area Attractions:

Arabian Nights (Dinner/show), Busch Gardens Sea World , Disney World Theme Parks (Magic Kingdom, Epcot, MGM, Animal Kingdom, Typhoon Lagoon, Blizzard Beach), Dolly Parton's Dixie Stampede, Fantasy of Flight, Medieval Times (Dinner/show), Ripley's Believe It or Not, Sleuth's Mystery Dinner, Universal Studios Orland (Universal Studios, Islands of Adventure, CityWalk), Wet n' Wild Orlando (Water park).

Leisure Travel:

Shades of Green Resort, Hale Koa Hotel, Edelwiss Lodge & Resort, Armed Forces Vacation Club, travel and tours, cruise information, Hartline bus passes, mail-order ticket service, and more.

CONTACT INFORMATION:

Bldg 926 – 3108 North Boundary Blvd

(813) 828-2478

Hours: Mon-Fri 0900-1700, Sat 1000-1500

MACDILL LANES

Our 12-lane facility offers year-round, top quality bowling for all ages and is equipped with automatic pinsetters and an automatic scoring system. League play, lessons, open bowling, and special programs are just a few of the many offerings.

Our well-stocked Pro Shop carries an inventory of the latest balls, bags, shoes and other bowling accessories to meet your bowling needs. The conveniences of ball measuring and drilling are also available.

Xtreme Bowling: Totally hot and totally cool - with balls and pins that glow in the dark and flashing lights.

Snack Bar: The snack bar provides a variety of snack foods, sandwiches, pizzas & beverages, as well as daily luncheon specials. Full carry-out service, telephone orders and catering are available.

Other services include: Fund-Raising Programs, Birthday Parties, Gift Certificates, Ball/Shoe Rental, Leagues/Tournaments, Private/Group Instruction.

CONTACT INFORMATION:

8216 Hangar Loop Dr

(813) 828-4005

Hours: Tue & Thu 1100-1300 & 1500-2000
Wed 1500-2000
Fri & Sat 1200-2200; Sun 1200-1800
<http://tinyurlom/macbowling>

OUTDOOR RECREATION

Resale Shop:

For the purchase ice, tackle, live/frozen bait, rods, reels and many more fishing items. Tents, campers and accessories are available for rental on hourly, daily, and/or weekly basis. Our vast rental area includes boats, fishing gear, sleeping bags, camping equipment, grills and more.

Marina:

The Marina has wet and dry storage areas for boats and other recreational equipment.

Raccoon Creek Pavilion:

This facility is a screened-shaded building with tables - a perfect site for parties. Advance reservations, with a refundable deposit are required.

Lewis Lake:

North of the Raccoon Creek Recreation Area, this site has three pavilions, picnic tables, grills, a playground and a volleyball court. Advance reservations are required.

FamCamp:

This program operates year round, with 334 full-service sites, complete with electricity, water, waste disposal, cable TV and optional phone service. The area also includes 37 partial hook-up spots, complete with water and electric; 36 dry camp sites and a tent camping area.

Outdoor Adventure Program:

This program takes you to many of the area attractions, including Orlando, Cedar Key, Ybor City & canoe trips. Also available through this program is our scuba & lifeguard certification instruction sessions.

Main Pool:

The Main Pool, located near the Mini Mall, is open from Memorial Day through Labor Day (longer periods are weather dependant). Swimming classes are available for infants through adults.

Skeet Range:

The Skeet Range is located on Rattlesnake Road and is open during the following periods: (Oct - May: Fri-Sun 0800-1400) and (Jun - Sep: Fri&Sat 0800-1400). Contact number for Skeet Range: (813) 828-5299

CONTACT INFORMATION:

Bldg 60 – 9909 Marina Bay Dr
(813) 840-6919

Hours: 7 days/week 1000-1800 (1 Oct - 30 Mar)
6 days/week 1000-1800 (1 April - 30 Sep)
<http://www.macdillservices.com/outdoorrec.html>

SPOUSES' CLUBS

MacDill Enlisted Spouses' Club:

The Enlisted Spouses Club (ESC) was created to encourage social, cultural, educational, and charitable activities among its members, and to further relations between its members and other organizations. The ESC spends time volunteering, fundraising, and attending social functions. Our goal is to create a tight knit support group for all the enlisted spouses at MacDill AFB. All enlisted spouses of both active duty and retired service members are encouraged to join.

The ESC meets the 2nd Tuesday of every month at 1900 at the Base Chapel, Annex 1.

CONTACT INFORMATION:

PO Box 6423, Tampa FL 33608
Email: macdilleesc@yahoo.com
<http://hub.cinchouse.com/macdilleesc>

MacDill Officers' Spouses' Club:

Are you new to the Tampa Bay area? Come get to know us at one of our monthly events and learn about MacDill AFB and the Greater Tampa Area. Our mission is to encourage social, cultural and educational activities among our members and to further relations between members and other organizations. We also participate in community service projects and charitable events that support our base and local area.

Membership is open to all active duty and retired officers' spouses, coalition forces spouses, and officer equivalent civilian grade spouses.

The MacDill OSC meets the 3rd Thursday of every month at 1100 at the Bayshore Club.

CONTACT INFORMATION:

PO Box 6506, Tampa FL 33608
Email: macdillosc@hotmail.com
http://www.macdillosc.com/home_page.html

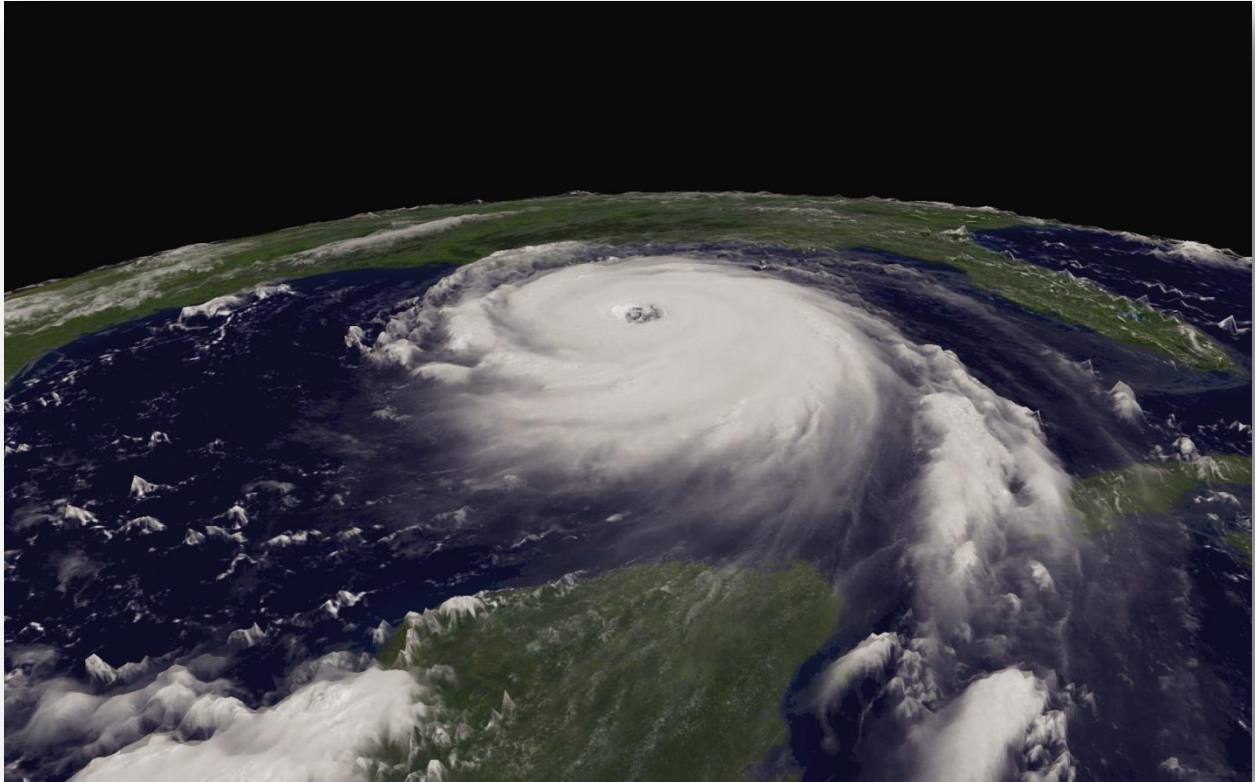
THEATER

The Theater is open on Friday and Saturdays. Call the number listed for the current show schedule.

CONTACT INFORMATION:

Bldg 41
(813) 828-2780
Hours: Fri&Sat

EMERGENCY PREPAREDNESS RESOURCES



HURRICANE PREPAREDNESS

Hurricane Season runs 1 June – 30 November

Resources:

USSOCOM Hurricane Status Line: 1-866-686-3653

USSOCOM Hurricane Website - <http://www.socom.mil/pages/weather.aspx>

Hillsborough County Hurricane Information –
www.hillsboroughcounty.org/emergency/hurricaneinfo

Television stations – Bay New 9 and The Weather Channel

Radio station – 970AM

Severe Storm Categories:

Tropical Depression	Winds 20-34 knots / 0-38 mph	No storm surge
Tropical Storm	Winds 35-63 knots / 39-73 mph	No storm surge
Hurricane normal	Cat 1 Winds 64-82 knots / 74-95 mph	Storm surge 4-5 ft above
	Cat 2 Winds 83-95 knots / 96-110 mph	Storm surge 6-8 ft
	Cat 3 Winds 96-113 knots / 111-130 mph	Storm surge 9-12 ft
	Cat 4 Winds 114-135 knots / 131-155 mph	Storm surge 13-18 ft
	Cat 5 Winds above 135 knots / 155 mph	Storm surge more than 18 ft

Hurricanes often spawn small tornadoes.

Tornado	F-0	Winds up to 72 mph
	F-1	Winds 73-112 mph
	F-2	Winds 113-157 mph
	F-3	Winds 158-206 mph
	F-4	Winds 207-260 mph
	F-5	Winds greater than 260 mph

Important Tips:

- Create a disaster plan and discuss it with your family. Have an out-of-town contact to report to once everyone is safe.
- Know your evacuation zone. Determine if and when you would have to evacuate. All mobile home residents must evacuate regardless of location.
- Have a plan to relocate your family if needed (family, friend, hotel, shelter). Locate the nearest public shelter as part of your evacuation plan. Have a rendezvous point should your family become separated. If you are going to leave the area, do not delay.
- Make a survival kit
- Stock up on cash, gas and prescriptions
- Know your sponsor's contact and HQ USSOCOM Center contact information
- Have your sponsor enter family evacuation information into the USSOCOM electronic database.
- Ensure personal property, real estate and vehicles are covered with adequate insurance.
- Carry your military/dependent ID Card and a copy of a utility bill, containing your home address, with you at all times. These will serve as identification and allow you to re-enter your housing area after an evacuation.
- Make plans and purchase supplies such as storm shutters to protect your home
- Keep your home and yard in good repair.
- Purchase a battery-powered weather alert radio and a non-electric land-line phone. During a power outage, cordless phones will not work.
- Make a paper and video or photo inventory of your property. Store with your important papers and give a copy to a relative or friend who lives outside this area
- Make sure your street address is clearly marked on your home.

As a storm approaches:

- Hurricanes are unpredictable. Stay tuned to local television and radio stations for the latest information. Call the USSOCOM Hurricane Status Line.
- Refill prescriptions. Maintain at least a 2-week supply.
- Clear your yard of potential airborne missiles: furniture, potted plants, bicycles, trash cans, etc. Leave the swimming pool filled with super-chlorinated water and cover the filtration system.
- Anchor the roof of your house with planks or plywood and apply wood adhesive along the intersections of the roof deck and roof support element.
- Brace entry and garage doors.
- Cover windows with plywood or storm shutters.
- If there is a chance of flooding, move important items such as electronics and antiques off of the floor.
- Secure your boat early. Drawbridges will be closed to boat traffic after an evacuation order is issued.
- Select a safe room in your house. Use an interior room (bathroom, closet or hallway) away from unprotected windows or glass doors.

Evacuation:

- Evacuation zones are based on the expected storm surge from a hurricane that may push water levels up along coastlines and into rivers.
- Evacuation orders are issued long before a storm hits. However, bad weather arrives hours before the center of a hurricane does.
- If you are going to leave the area, do not delay. Determine your route and leave early. Travel the shortest distance possible. Bridges will close when winds top 40mph and causeways may be underwater by that time.
- If you leave your home, tape a piece of paper (8 ½ by 11) with a large “E” printed on it in a front window.

After the storm passes:

- Expect a power loss due to flooding or high winds. Downed trees and storm debris may be extensive.
- Clean-up crews and power company workers cannot be sent into neighborhoods before the storm winds die down.
- The priority restoration plan lists critical facilities first (hospitals, nursing homes, fire stations, shelters), followed by those repairs which will bring the most residents and businesses back online the quickest.
- Unplug as many appliances and electrical equipment as possible to avoid shock and surges when power is restored.
- Use perishable foods from the refrigerator first, followed by foods from the freezer. Foods in a well-insulated freezer should still have ice crystals in their centers and therefore should be safe to eat for at least 3 days. Do not refreeze foods once power is restored.

Precious commodities before and after a storm:

- Gas
- Cash (With no power, banks may be closed, checks and credit cards unaccepted, and ATMs may not be operational).
- Charcoal, wooden matches and grill
- Ice

HURRICANE SURVIVAL KIT

One of the most important tools for emergency preparedness is your Disaster Supplies Kit. You'll need provisions to carry you through a week or more after the storm. Remember, there may be no electricity or clean water for days. Downed trees and other hurricane related debris blocking the roads will keep you from traveling far. Below are the most important items for your Disaster Supply Kit. Stock up today; store them in a water-resistant container; and replenish as necessary, especially at the beginning of the hurricane season – June 1.

- Two weeks supply of prescription medicines
- Two weeks supply of non-perishable/special dietary foods. Buy plenty of nonperishable foods, because there won't be any refrigeration.
- Drinking water/containers: 1 gallon per person per day for two weeks. It's a good idea to sterilize the bathtub and fill it with water just before the storm.
- Flashlights and batteries for each member of the family
- Portable radio and (7 sets) batteries
- First aid book and kit including bandages, antiseptic, tape, compress, non aspirin pain reliever, anti-diarrhea medication
- Mosquito repellent and citronella candles
- Two coolers (one to keep food; the other to go get the ice)
- Plastic tarp for roof/window repair, screening, tools, nails, etc.
- Water purification kits (tablets, chlorine (plain) and iodine)
- Infant necessities (medication, sterile water, diapers, ready formula, bottles)
- Clean up supplies (mop, buckets, towels, disinfectant)
- Camera and film (to record damage)
- Non-electric can opener
- Extra batteries for camera, portable TV & lamps, etc.
- Toilet paper, paper towels and pre-moistened towelettes
- Paper plates, eating utensils, plastic cups
- Masking tape, zip-lock bags, large trash bags to keep valuables safe from water.
- Matches or butane lighter
- Lantern with batteries and candles
- Fire extinguisher
- Work gloves

If you evacuate you also should take:

- Pillows, blankets, sleeping bags or air mattresses
- Extra clothing, shoes, eyeglasses, raingear, etc.
- Folding chairs, lawn chairs or cots
- Personal hygiene items (toothbrush, toothpaste, deodorant, etc.)
- Quiet games, books, playing cards and favorite toys for children
- Important papers (ID card, utility bill with home address, drivers license, special medical information, insurance policies, property inventories)
- Cell phone and charger

Pet Survival Kit

- Proper ID collar and rabies tag/license – Make sure your pets have had all their shots within the past 12 months. Pet shelters will require proof of vaccinations.
- Carrier or cage
- Leash
- Ample food supply (at least two weeks)
- Water/food bowls
- Any necessary medication(s)
- Specific care instructions
- Newspapers, cat litter, scoop, plastic trash bags for handling waste
- Proper ID on all belongings
- Non-electric can opener



FAMILY READINESS CHECKLIST

What is your family support plan?

It is important to have the documents and items listed below available for day-to-day living and in case of an emergency. Keep your important papers in a safe place so that you and your spouse or someone outside of your house (family member or trusted friend) knows where they are.

Medical

- Are you and all the family members enrolled in DEERS? Contact 1-800-538-9552.
- Do you know about your TRICARE benefits? Check www.tricare.osd.mil for information on benefits and other health care information.
- Do you know the status of your spouse's civilian employer health and/or dental coverage?
- Do you have medical or dental benefits from your employment?
- Are immunizations for each member of the family up-to-date?
- Are the names and numbers of the medical facilities, physician, and dentist readily available?
- Do you have a medical Power of Attorney?
- Have you named a medical surrogate?
- Do you have a living will?

Personnel/Administrative

- Do you have a current military ID card?
- Does every eligible family member have a current military ID card?
- Do you know where to go if you need to replace an ID card, or if one is lost?
- Do you have copies of your spouse's military orders?
- Do you have pertinent unit information: names (points of contact), telephone numbers, and addresses?
- Do you have a Power of Attorney to take any necessary action on important family matters?
- Where do you keep your Power of Attorney? Is it stored in a safe, secure, and fire proof location?
- Do you have a copy of every family member's birth certificate? Where are they kept?
- Do you know where your marriage certificate is kept?
- Where are all of the important papers kept (i.e. adoption papers, court orders, divorce decrees, etc.)? Are they stored in a safe, secure, and fireproof location?
- Does every family member have a Social Security Number? Where are the cards kept?
- Do you know where the federal and state tax forms are kept?
- Do you know where to go for tax assistance?
- Where are the insurance papers kept?
- Where are the stocks, bonds, and securities kept?
- Do you have an up-to-date will? Where is it kept?
- Do you have a set of duplicate keys for your residence? Where are they kept?
- Do you have a list of important people and telephone numbers readily accessible?

Finance

- Will there be money immediately available and on a continuing basis during your spouse's absence?
- Is your name on the bank account where his/her military pay is deposited?
- What type of accounts does your family have?

Type of Account	Name/Location	Comments
Checking:		
Savings:		
Money Market:		
Other:		

- Where are the bankbooks located? Do you know the account numbers?
- Does your family have a safety deposit box? If so, where are the box and key located?
- Are all credit card numbers written down and in a safe place?
- What are the company's numbers and addresses in case of loss or theft?
- Are you ready to take complete control of all of the accounts?

Name on Credit Card	Account#	Telephone # and Address

- What payments must be made? When and to whom should the payments be made?
- Do you know who to contact regarding Direct Deposit problems or other military finance issues?

Type of Payment	Account Number	Address	Phone Number	Comments

Transportation

- Are you familiar with the responsibilities for the automobile(s)?
- What is the name and address of the company holding the lien on your vehicles?
- Where are the titles kept?
- Is a copy of the registration in the vehicle?
- Do you have a Department of Defense or military installation sticker on your vehicle so that you can access services on base?
- When is the renewal date for the license plates?
- Do you have a duplicate set of keys? If so, where are they located?
- Do you know where to go for emergency repairs on the vehicle?
- If you do not have a driver's license, or do not drive, what transportation arrangements have been made for you and your family?
- Who can you call for emergency transportation?

Housing

- Do you know how to use the electrical control box and where it is located?
- Do you know the location of the water control valves to shut off in case of an emergency?
- Do you know the location of the gas control valves?
- Do you know the names and telephone numbers of individuals to call in case repairs are needed?

FAMILY SUPPORT PLAN (Example)

Member Deploying: _____ **Ext**

Duty Title:

Projected TDY Dates:

Supervisor: <Name> - <Section>, ext 826-xxxx

Spouse Information: _____ **Ext 828-xxxx, HP: xxx-xxxx**

Children: No children currently living in the household.

Spouse's SOCOM Contact Information:

<Supervisors name> and spouse: HP: 813-837-xxx, CP: xxx-xxx-xxxx

email:

FRA POC –

Narrative:

- Anticipated deployment duration 120 days. Spouse, <name here> is assigned to MacDill AFB and works in Bldg xxx near SOCOM Bldg #XXX.
- Will/powers of attorney all current.
- <Supervisor's Name> will periodically call (2 times monthly) during the deployment to contact spouse. Additionally, member notes spouse connected via Force and Family Readiness Program. No issues foreseen.
- No children live in the household--family is nearby. No issues foreseen at this time.
- Member and Spouse have been married XX years and wife is well-versed in military systems like TRICARE, etc. No issues foreseen at this time.
- Member currently rents house in <City>--issues settled through property manager. No major issues foreseen.
- Spouse owns/operates late model vehicle. No major vehicle repairs anticipated or foreseen.
- Member anticipates no major issues during the course of the deployment and will stay in contact with supervisor (once weekly and prior to each significant movement)

TAMPA BAY COMMUNITY RESOURCES



AMERICAN RED CROSS

The American Red Cross (ARC), a humanitarian organization led by volunteers and guided by its Congressional Charter and the Fundamental Principles of the International Red Cross Movement, provides relief to victims of disasters and helps people prevent, prepare for, and respond to emergencies.

Armed Forces Emergency Services:

The ARC helps military families stay in touch with their loved ones overseas, offers counseling to service members and their families during emergencies, and helps veterans adjust to their return home. The ARC is uniquely equipped with the latest technology to provide an exclusive worldwide communications and support network that serves as a lifeline between military service members and their families. If that requires the presence of the service member or his or her family, the ARC may provide access to financial assistance, either as an interest-free loan or as a grant for travel expenses. Financial assistance is provided to service members who have a demonstrated need for funds, such as emergency travel, burial assistance, food, or shelter. These funds are made available by the military aid societies. Referrals to specialized sources of help are also available to service members and their families.

Community Services:

The ARC of Central Florida provides locally relevant humanitarian services that help people be safer, healthier and more self-reliant. Programs offered are wide-ranging and include our Primrose student transportation service; caregiver education such as the new Family Caregiving modules and Preventing Shaken Baby Syndrome courses; the Dial-A-Friend telephone reassurance program; and Lifeline personal emergency response system.

Disaster Services:

Each year, the ARC responds to disasters including house or apartment fires, hurricanes, floods, earthquakes, tornadoes, hazardous materials spills, transportation accidents, and explosions. Relief focuses on meeting people's immediate emergency disaster-caused needs: shelter, food, and health and mental health services to address basic human needs. The ARC feeds emergency workers, handles inquiries from concerned family members outside the disaster area, provides blood and blood products to disaster victims, and helps those affected by disaster to access other available resources.

Vision:

- May we touch every household, workplace and organization with highly-skilled and impassioned professionals.
- May we always be the trusted pacesetter and organization of choice in readiness and response.
- May we exceed the expectations of our culturally diverse community.
- May we uphold an environment that engages individuals with genuine concern and enthusiasm.
- We strive for this excellence with humanity and compassion as the ideals that set us apart.

CONTACT INFORMATION:

Central Florida (407) 894-4141
www.centralflorida.redcross.org

FAMILY RESOURCES

Childcare Resource & Referral (813) 744-8941 ext 428

Civil Service Job News – Hillsborough County (813) 272-5900

Florida Dept of Highway Safety & Motor Vehicles (850) 617-2000

Hillsborough County Family Resource Center

<http://www.familysupporthc.org/>

Head Start

Provide comprehensive services, early education and care for low income families with young children

Hillsborough County (813) 272-5140

Pinellas County (727) 547-5920

Libraries – Hillsborough County (813) 273-3652

<http://www.hcplc.org/hcplc>

Military HomeFront

www.operationhomefront.net

The official DoD web site for reliable Quality of Life information designed to help service members and their families

Military OneSource

(800) 342-9647

Available to service members and their families, at no cost. Provides assistance in areas such as personal finances, emotional support during deployments, relocation information, and much more ... 24/7/365. The service is available by phone, online and face-to-face through private counseling sessions in the local community. Highly qualified consultants provide the service. Customized research detailing community resources and appropriate military referrals are offered. An interactive Web site includes locators for services such as education, child care, and elder care; online articles; referrals to military and community resources; live online workshops called Webinars; "E-mail a consultant" and more. Face-to-face counseling sessions focus on issues such as work/life balance, grief and loss, stress management, and parenting. Persons seeking counseling will receive up to six counseling sessions per issue at no cost.

www.militaryonesource.mil

Tampa Bay Workforce Alliance

(813) 740-4680

Private/public entity that bridges the gap between employees and employers. Counselors who work with veterans and military spouses are available.

www.workforcetampa.com

www.employflorida.com

www.fluidnow.com

Utilities:

Electric/Gas

Tampa Electric Company (TECO)	(813) 228-1010
Power Outages	(877) 588-1010
Hillsborough County	(813) 223-0800
Others	(888) 223-0800
TECO Peoples Gas	(813) 275-3700

Internet

Brighthouse	(813) 316-2626
Verizon and more	(877) 483-5898

Phone

Brighthouse	(813) 436-2325
Verizon and more	(800) 483-4000

Television

Brighthouse	(813) 684-6400
Dish Network	www.dishnetwork.com
Verizon and more	(888) 438-3467

Water

Hillsborough County	(813) 554-5010
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Women, Infants, and Children (WIC)

(813) 307-8055

Nearest office to MacDill AFB - Floyd Kelton Health Center / WIC
4420 Montgomery Ave

YMCA

(813) 224-9622

A place where families, children, teens and seniors find a warm welcome, a place to gather, to exercise, to play, to learn, and to find camaraderie. The goal of the children's summer program is to improve the physical, mental and social health of children through quality, creative, values-oriented activities under close supervision.



TRANSPORTATION

Bus Service

- Service provided with Hillsborough Area Regional Transit (HART)
- Express routes from Brandon, FishHawk, Riverview, and Tampa Areas to MacDill AFB.
- Savings of \$5 - \$10 per day on gas, mileage and tolls
- Monthly passes available from
 - 6th Comptrollers Squadron, (813) 828-9268 (free for Active Duty, Reserve on Active Duty, and Government Civilians)
 - ITT Office at the Base Exchange (813) 828-2478 (for a cost)
- For more information on bus service visit www.hartline.org

Van Pools

- Service provided by Bay Area Vanpool, part of the Bay Area Commuter Services (BACS). BACS, one of the Florida Department of Transportation's nine commuter assistance programs, is a private, non-profit organization founded and funded by the State of Florida Department of Transportation to promote transportation alternatives to the single-occupant vehicle in the Tampa Bay area and surrounding counties.
- Vanpooling is a great, cost effective choice for your daily commute. You can enjoy the convenience of sharing a ride to work with others together in a friendly environment. You'll arrive at work safe, on time and relaxed. By vanpooling you can begin to use your commute time productively to catch up on your work, your sleep or the latest best seller.
- Vanpool is a group of 5-15 people who commute together on a regular basis in a van.
- One person volunteers to be the Primary Volunteer Driver and two or three other group members volunteer to be Alternate Drivers. The vanpool group shares the monthly cost of operating the vanpool. Riders meet at a designated pick-up location. The program includes the van, vehicle insurance, all scheduled and unscheduled maintenance/repairs and a loaner vehicle (when available). Best of all, there's no long term commitment. Volunteer Driver agreements are written on a month-to-month basis. The Primary Driver only needs to give a 30-day notice to terminate the vanpool.
- Emergency Ride Home Program - all vanpool participants automatically qualify for the Emergency Ride Home which provides a free taxi ride home from work in the event of illness, unscheduled overtime or a family emergency.
- Small monthly expense.
- For more information on van service contact:
 - www.tampabayrideshare.org
 - (800) 998-RIDE (7433)
 - 6th Comptrollers Squadron, MacDill AFB, 828-9268

QUICK REFERENCE - PHONE DIRECTORY INFORMATION

(Area Code 813)

Emergency	911
Base Information	828-1110
AAFES	840-0511
Aid Society	828-2721
Airman & Family Readiness Center	828-0145
American Red Cross (Central FL)	407-894-4141
Base Command Post	828-4361
Bay Palms Golf Course	840-6904
Chapel	828-3621
Child Development Center	828-5195
Commissary	828-3361
Dining: Enlisted Club – Surf’s Edge	840-6900
SeaScapes	828-3805
Education & Training Center	828-3115
Family Advocacy	827-9172
Fitness Center	828-4496
Housing / Harbor Bay at MacDill	828-3166 / 840-2600
ID Card Office	828-6673
Information, Tickets & Travel	828-2478
Legal Office	828-4421
Library	828-3607
Lodging	828-4259
MacDill Family Resource Center (Brandon)	655-9281
Medical Clinic – 6 th Medical Group.	828-5393
Pharmacy	827-9300
TRICARE	827-9900
Military OneSource	800-342-9647
Outdoor Recreation.	840-6919
Security Forces (Non-Emergency)	828-3322
Tinker Elementary School	840-2043
USSOCOM	
Chaplain	826-5080
Care Coalition	826-3099
Command Post	826-5300
Emergency Information Line.	866-686-3653
F&FRP Coordinator	826-3742
HQ Commandant	826-3722
Medical Clinic	827-9870
Security Police	826-2888
Veterinary Services	828-3558
Visitor Reception Center	828-2737
Youth Center	828-7956



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