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EVALUATION OF COVER CROPS AND PLANTING DATES FOR IRRIGATED ROTATIONS IN CENTRAL WASHINGTON

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Spring-planted cover crop plots at the WSU Othello Experiment Station, May 2014.

This technical note presents findings from the Cover Crop Biomass Study conducted near Othello, WA, which compared the above-ground biomass of 41 cover crop species, varieties and mixes with two fall and two spring planting dates. The Technical Note contains recommendations for optimal species and planting dates for cover crops in irrigated central Washington rotations.

TABLE OF CONTENTS

	Page
Key Points	2
Introduction	3
Materials and Methods	4
Results and Discussion	7
Fall Biomass Production	7
Cover Crop Over-Wintering	11
Over-Wintering Biomass Production	12
Spring Biomass Production	13
Conclusions	16

KEY POINTS

- Cover crops planted for late fall incorporation in the Columbia Basin should be planted no later than August 15 for optimal biomass production. Cover crops planted after this date produce significantly less biomass and may not provide any agronomic benefits.
- Cover crops planted for soil erosion protection during the winter months should be planted around September 15. Winter-tolerant cover crops planted before this date do not over-winter well and produce less biomass.
- Cover crops planted in the spring should be planted as soon as the soil can be worked in order to maximize biomass production prior to planting a late spring crop. Cover crops planted on March 14 in this study produced about 3 times more biomass than cover crops planted on April 3.
- Mixes generally produced more biomass than individual species in this study, which is likely a result of more efficient light capture in the canopy due to various plant architecture types.
- The August-planted cover crops with the most biomass were the mixes, oriental mustard, yellow mustard, oat and sorghum-sudangrass.
- Sixteen of the 41 fall-planted cover crops over-wintered, and the ones with the most biomass were winter triticale, winter wheat and hairy vetch.
- The March-planted cover crops with the most biomass were the mixes, spring barley, oil seed radish and spring wheat.

INTRODUCTION

Cover crops in the Columbia Basin are planted for a variety of reasons, including prevention of wind erosion, sequestration of nutrients, suppression of soil-borne pathogens, and improvement of soil organic matter. Extensive research has been conducted on the use of mustards as a fall-planted cover crop in the Columbia Basin, which is a practice producers sometimes use to suppress soil-borne pathogens such as *Verticillium dahliae* and parasitic nematodes, and/or to sequester unused nitrogen remaining in the soil following the previous crop. Cover crops other than mustards may be able to provide more diverse cover cropping options and benefits. Information is lacking in regards to other cover crops; specifically how cover crops perform as individual species compared to mixes, and how different planting dates affect cover crop biomass production. The objectives of this trial were to:

- 1) Determine the best performing cover crops based on above-ground biomass production.
- 2) Compare cover crop biomass production at different planting dates.
- 3) Compare the biomass production of individual cover crop species with mixes.

We chose above-ground biomass production as the primary measurement in this study because it is an indicator of how well the cover crop is adapted to particular growing conditions. Plants that establish well and are adapted to the environment accumulate more biomass (carbon) as they perform photosynthesis. Adding more carbon to the agroecosystem may be a way to improve "soil health" because the carbon provides food for microorganisms and improves soil structure and water-holding capacity. Cover crops that produce large amounts of biomass are also more likely to out-compete weeds, and may provide more economic return to justify seed and operational costs.

However, above-ground biomass production may not be the best or only criterion for selecting a cover crop. Cover crops that produce large amounts of biomass may also use substantial amounts of water, which may result in a moisture deficit. (This may not be a serious concern in irrigated fields, however it is a concern in non-irrigated fields.) Also, plants that produce large amounts of biomass may not provide benefits such as the interruption of a disease cycle, attraction of beneficial insects, or suppression of soil-borne pathogens which may be provided by other cover crops.

In addition, above-ground biomass may not always be directly correlated with below-ground biomass, and root exudates of some cover crops may be better for supporting beneficial soil microbes than others. Unfortunately, research on these subjects is very difficult to conduct and there is little information for specific crops. Until more research can be conducted on these subjects, tangible factors such as above-ground biomass production and measurable agronomic benefits are our best criteria for selecting cover crops.

MATERIALS AND METHODS

This study was conducted at the WSU Othello Experimental Research Station near Othello, WA. The area receives an average of 9 inches of annual precipitation and has an average of 6890 growing degree days (GDD) (base temperature 32°F). During the time of this study (August 1, 2013 to May 31, 2014) the Othello Experiment Station received approximately 4.45 inches precipitation. The number of GDDs and average maximum and minimum temperatures for the periods of cover crop growth are listed in Table 1. There were two extremely cold episodes during the winter months, one in December and one in February, with low temperatures at or below 0°F, high temperatures not exceeding 20°F, gusty winds, and no snow cover.

Table 1. Number of calendar days, growing degree days (GDD), and average maximum and minimum temperatures during the periods of growth for the fall- and spring-planted cover crops.

	Calendar	GDD (base	Ave Max	Ave Min
Fall	Days	32°F)	Temp (°F)	Temp (°F)
8/8/13 - 10/22/13	69	2279	71.8	43.1
9/12/13 - 10/22/13	40	920	66.6	42.3
Overwintering				
8/8/13 - 5/19/14	278	4224	52.1	33.1
9/12/13 - 5/19/14	249	2865	47.6	30.8
Spring				
3/14/14 - 5/20/14	67	1314	64.3	38.3
4/3/14 - 5/20/14	47	1048	67.1	40.6

Cover crop species were selected for this study based on their potential to provide an agronomic benefit, availability and low cost. Cultivars were selected based on what the seed companies had on hand or, in the case of the mustards, good performance in other studies. The NRCS Irrigated Mix and the NRCS Dryland Mix were developed by Washington NRCS technical staff for previous cover crop guidelines. The Diana's Cool and Warm 9 Species Mix was developed by Diana Roberts, WSU Extension Specialist in Spokane County in cooperation with a landowner. Roberts has evaluated this mix in other trials. Other mixes were developed to compare various numbers of species, and cool season, warm season, or cool and warm season mixes.

The following table (Table 2) lists the cover crops planted, the timing of planting (fall/spring), seeds per pound and pure live seed (PLS) seeding rates. Most individual species plots were seeded at rates of 10 to 60 PLS per sq ft, depending on seed size, and mixes were seeded at rates of 20 to 30 total PLS per sq ft, depending on species components.

Table 2. Cover crops, varieties and mixes planted in this study with indication of fall or spring planting and seeding rate.

Variety	Common Name	Scientific Name	l	Fall		Spring	Season	Seeds/lb	PLS lb/ac
Nemat	arugula	Eruca sativa	1	Х	1	Х	cool	280,000	5
	spring barley	Hordeum vulgare			2	х	cool	14,000	93
Wintmalt	winter barley	Hordeum vulgare	2	Х	3	Х	cool	14,000	93
Koto	buckwheat	Fagopyrum esculentum	3	Х			warm	20,000	65
Balady	berseem clover	Trifolium alexandrinum	4	Χ			cool	206,880	6
	spring chickpea	Cicer arietinum			4	Х	cool	2,300	189
	crimson clover	Trifolium incarnatum	5	Х			cool	150,000	9
	white Dutch clover	Trifolium repens	6	Х			cool	712,000	4
	red clover	Trifolium pratense	7	Х			cool	272,000	5
	sweet clover	Melilotus officinalis	8	Х	5	Х	cool	260,000	5
small seed	faba bean	Vicia faba	9	Х	6	х	cool	2,000	22
	flax	Linum perrene	10	Х	7	Х	cool	88,000	15
	spring lentil	Lens culinaris			8	Х	cool	10,000	44
Red Chief	winter lentil	Lens culinaris	11	Х	9	Х	cool	10,000	44
German	foxtail millet	Setaria italica	12	Х			warm	216,000	6
White Huntsman	proso millet	Panicum miliaceum	13	Х			warm	84,800	15
Caliente	oriental mustard	B. juncea + S. alba	14	Х	10	Х	cool	180,000	7
Martigena	yellow mustard	Sinapis alba	15	Х	11	Х	cool	140,000	8
Monida	oat	Avena sativa	16	Х	12	Х	cool	19,400	67
Fenn	Austrian winter pea	Pisum sativum	17	Х	13	Х	cool	3,800	115
Granger	Austrian winter pea	Pisum sativum	18	Х	14	Х	cool	3,800	115
Melrose	Austrian winter pea	Pisum sativum	19	Х	15	Х	cool	3,800	115
Specter	Austrian winter pea	Pisum sativum	20	Х	16	Х	cool	3,800	115
F210	Austrian winter pea	Pisum sativum	21	Х	17	Х	cool	3,800	115
1269	Austrian winter pea	Pisum sativum	22	Х	18	Х	cool	3,800	115
VNS	Austrian winter pea	Pisum sativum	23	Х	19	Х	cool	3,800	115
Banner	spring pea	Pisum sativum			20	Х	cool	2,000	218
daikon type	oil seed radish	Raphanus sativus	24	Х	21	Х	cool	39,200	33
Longtail Delight	safflower	Carthamus tinctorius	25	Х			warm	44,000	30
	sorghum	Sorghum bicolor	26	Х			warm	27,300	48
MS9000	sorghum-sudangrass		27	Х			warm	21,000	62
	teff	Eragrostis tef	28	Х			warm	1,300,000	1
Trical102	winter triticale	x Triticosecale	29	Х	22	Х	cool	12,000	109
	spring triticale	x Triticosecale	3		23	Х	cool	12,000	109
	forage turnip	Brassica rapa ssp. rapa	30	Х	24	Х	cool	220,000	6
	spring wheat	Triticum aestivum	3		25	Х	cool	12,000	109
Norwest553	winter wheat	Triticum aestivum	31	Х	26	Х	cool	12,000	109
	common vetch	Vicia sativa	32	Х	27	Х	cool	40,000	33
	hairy vetch	Vicia villosa	33	Х	28	Х	cool	16,300	80
	Mix 1 NRCS Dryland N		34	Х	29	Х	cool	see Mix Cal	
Mix 2 NRCS Irrigated Mix		35	X	30	X	cool	see Mix Cal		
	Mix 3 Winter Hardy M		36	Х	31	X	cool	see Mix Cal	
	Mix 4 Warm Season Mix		37	X	- در		warm	see Mix Cal	
	Mix 5 Cool Season 2 Species		38	X	32	Х	cool	see Mix Cal	
	Mix 6 Cool Season 3 Species		39	X	33	X	cool	see Mix Cal	
	Mix 7 Cool and Warm	•	40	X	34	X	c & w	see Mix Cal	
	Mix 8 Diana's Cool and	•	41	Х	35	X	c & w	see Mix Cal	
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Mixes were composed of the following species, each represented equally on a percentage basis.

Mix 1: NRCS Spring Dryland Mix			
Variety Common Name			
	spring barley		
VNS	sweetclover		
	spring rapeseed		
Banner	spring pea		

Mix 2: NRCS Spring Irrigated Mix			
Variety	Common Name		
VNS	spring triticale		
VNS	sweetclover		
Martigena	yellow mustard		
daikon type	oil seed radish		
Koto	buckwheat		
Banner	spring pea		

Mix 3: Winter Hardy Mix			
Variety	Common Name		
VNS	Austrian winter pea		
Red Chief	winter lentil		
Norwest553	winter wheat		
Trical102	winter triticale		
Winfred	winter rapeseed		

Mix 4: Warm Season Mix			
Variety	Common Name		
Koto	buckwheat		
White Huntsman	proso millet		
VNS	safflower		
VNS	sunflower		
MS9000	sorghum-sudangrass		

Mix 5: Cool Season 2 species Mix			
Variety Common Name			
Monida	oat		
Banner	spring pea		

Mix 6: Cool Season 3 species Mix		
Variety Common Name		
Monida	oat	
Banner	spring pea	
VNS	hairy vetch	

Mix 7: Cool and Warm Season 6 species Mix			
Variety Common Name			
Monida	oat		
Banner	spring pea		
VNS	hairy vetch		
Martigena	yellow mustard		
White Huntsman	proso millet		
Koto	buckwheat		

Mix 8: Diana Robert's Cool and Warm 9 sp			
Variety Common Name			
Monida	oat		
Banner	spring pea		
VNS	crimson clover		
VNS	hairy vetch		
VNS	forage turnip		
VNS	safflower		
VNS	sunflower		
Martigena	yellow mustard		
MS9000	sorghum-sudangrass		

The plots were planted in a field with Shano silt loam soil. Seedbeds were prepared by rotovating and disking. Fall-planted plots were planted on August 8 and September 12, 2013, and spring-planted plots were planted on March 14 and April 3, 2014. Plots were 7 ft wide by 20 ft long and were seeded at a depth of 0.75'' with a Hege dual cone double disk drill. Legume species were inoculated with the appropriate *Rhizobium* bacteria at the time of planting. The experimental design is a randomized complete block with three replications of each plot. Fall-planted plots were irrigated with 0.25 - 0.35'' water every 2 to 3 days from the time of planting until Oct 1, and with 0.40'' every 2 to 3 days Oct 2 – Oct 23. Irrigation resumed on March 25, 2014 and all plots were irrigated with 0.25'' water every 4 to 5 days until biomass sampling.

Biomass was sampled in the fall and spring by cutting all plant material in a 0.5 m² frame to a height of 2 inches with a gas- or battery-powered hedge trimmer. The biomass was weighed, weeds were removed and the biomass was weighed again. A grab sample was taken from the material, weighed, dried, and weighed again to calculate percent dry matter. Percent dry matter was multiplied by cover crop biomass to calculate dry matter (DM) lb/ac values. Other data collected include percent establishment 6 weeks after planting, percent cover of the overwintering plots in early spring, and height at the time of biomass sampling.

RESULTS AND DISCUSSION

Fall Biomass Production

At the time of biomass sampling (October 22, 2013), there were dramatic differences in the August- and September-planted plots. The August-planted plots were approximately 5 to 50 inches tall, and the September-planted plots were 0.3 to 8 inches tall. The slow growth in the September-planted plots was surprising, considering Othello had warm, sunny days throughout the end of September and beginning of October, and the plots had sufficient moisture provided by irrigation. However, the August-planted plots had 2.5 times more growing degree days, with 2279 GDD, compared to the September-planted plots, which had 920 GDD (base temperature 32 °F) (Table 1).

In addition to fewer growing degree days, plant growth of the September-planted plots was also slowed by shorter day length and lower sun angle. These factors reduce the amount of solar radiation the plants receive, which decreases their photosynthetic activity.



August-planted cover crops (right) and September-planted cover crops (left) on October 22, 2013.

Our results are consistent with previous mustard planting date trials conducted by Andy McGuire, which demonstrate mustard biomass production declines significantly when planted after September 1 (Figure 1). McGuire recommends planting mustards during the second week of August for maximum biomass production prior to incorporation in late October.

Mustard Planting Date Trials

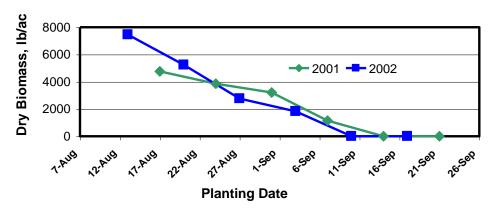


Figure 1. Dry matter biomass production of mustards planted at different dates mid-August through late September.

Andy McGuire

We determined the September-planted plots were too short to sample, and only collected biomass from the August-planted plots. Biomass production among the August-planted plots ranged from 6279 DM lb/ac to 24 DM lb/ac. The top five cover crops that produced the most biomass were, in order: the NRCS Irrigated Mix, the Cool and Warm Season 6 Species Mix, 'Caliente' oriental mustard, 'Monida' oat, and 'Martigena' yellow mustard (Table 2 and Figure 2).

Table 2. Comparison of height and biomass production of the 17 top-performing cover crops planted on August 8 and September 12, 2013 near Othello. Plots were sampled on October 22, 2013.

		Planting Date			
		8/8/2013		9/1	2/2013
		Height	Biomass	Height	Biomass
Variety	Common Name	(in)	(DM lb/ac)	(in)	(DM lb/ac)
	Mix 2 NRCS Irrigated Mix	41	6279 a ^{1/}	5	
	Mix 7 Cool and Warm Season 6 Species Mix	45	6259 a	8	
Caliente	oriental mustard	50	6008 a	6	
Monida	oat	37	5885 a	7	
Martigena	yellow mustard	46	5853 a	5	
	Mix 3 Winter Hardy Mix	31	4945 a	3	
	Mix 8 Diana's Cool and Warm 9 Species Mix	41	4864 a	7	
MS9000	sorghum-sudangrass	37	4206 a	1	
	Mix 4 Warm Season Mix	37	4149 a	2	
	Mix 1 NRCS Dryland Mix	30	4034 a	7	
	forage turnip	22	3703 a	3	
	Mix 5 Cool Season 2 Species Mix	35	3628 a	7	
	Mix 6 Cool Season 3 Species Mix	37	3603 a	8	
Nemat	arugula	20	3555 a	3	
	teff	20	3445 a	1	
	safflower	26	3430 a	2	
daikon type	oil seed radish	22	3149 a	5	

^{1/} Means within the same column followed by the same letter are not significantly different in Tukey HSD means comparisons at $\alpha = 0.05$.

The NRCS Irrigated Mix and the Cool and Warm 6 Species Mix produced more biomass than the component species grown individually, even though the seeds per sq ft rate was lower in the mixes (~30 seeds/sq ft for the individual species, and ~26 seeds/sq ft for the mixes). Two species were predominant in each of the mixes; they were yellow mustard and oil seed radish in the NRCS Irrigated Mix, and yellow mustard and millet in the Cool and Warm 6 Species Mix. The yellow mustard ('Martigena') and oriental mustard ('Caliente') have performed well in Andy McGuire's other evaluations.

The cover crops with the least amount of biomass were legume species. They likely performed poorly in the August planting because they did not tolerate the heat. Also, the clovers may have been seeded too deep and the peas may have been seeded too shallow. Most of the legumes are poor competitors with weeds. In addition, some of the clovers are perennial species and are slow to establish. Weed biomass in all of the plots was usually inversely proportional to cover crop biomass.

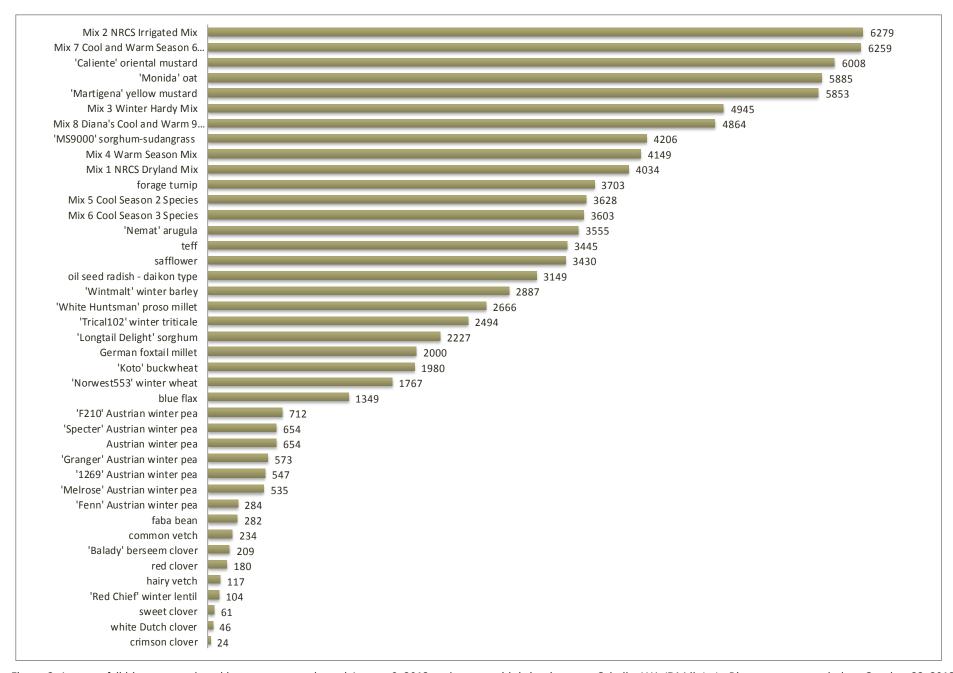


Figure 2. Average fall biomass produced by cover crops planted August 8, 2013 and grown with irrigation near Othello, WA (DM lb/ac). Biomass was sampled on October 22, 2013.

Despite the differences in biomass production, there was no statistical difference among the top 17 cover crops with the most biomass using the Tukey's HSD All-Pairwise Comparison test (α =0.05) (Table 2) due to the large variation in values among the replicated plots, and having the minimal number of replications. Transforming the data or using a different test may result in statistical differences.

Cover Crop Over-Wintering

Rotations in the Columbia Basin typically require incorporation of a fall-planted cover crop prior to the winter months in order to be prepared for early-season planting the following spring. However, sometimes an over-wintering cover crop may be desired, for example, to provide protection of the soil from wind erosion. This practice may only be practical when preceding a late-planted spring crop such as dry beans, sweet corn, and silage corn, which allows more time for cover crop growth.

Sixteen of the 41 fall-planted cover crops survived the winter (Table 3). The clover species (white Dutch clover, red clover, and sweet clover) had higher percent cover the following spring when they had an earlier planting date and more time to establish in the fall, however spring percent cover was still low (less than 35%). Some cover crops fared better over winter when they were planted later, during cooler temperatures. These included several Austrian winter pea varieties, winter barley, winter triticale, winter wheat, and five of the mixes. Among the mix components, however, the only species that survived the winter were the winter triticale, winter wheat, and hairy vetch. The September-planted winter triticale and winter wheat individual species plots had the highest percent spring cover among all plots, and the triticale was the tallest.

The poor performance of the Austrian winter peas, winter barley, and other typically winter-tolerant species was likely due to the two exceptionally cold periods during the winter months. The cold temperatures combined with wind, dry soil and no snow cover caused loss of winter peas and winter wheat throughout the region. Farther east, in the Palouse, temperatures were even lower but snow cover and moist soils protected the crops.

Table 3. Average percent cover and height of the over-wintering cover crops on April 7, 2014.

		Planting Date			
		8-Aug-13		12-Sep-13	
		Ave %	Ave Ht	Ave %	Ave Ht
Variety	Common Name	Cover	(in)	Cover	(in)
Wintmalt	winter barley			32	3.7
	white Dutch clover	13	1.2	6	0.1
	red clover	25	2.2		
	sweet clover	32	1.8	13	0.5
Fenn	Austrian winter pea			6	0.4
Melrose	Austrian winter pea			6	0.5
Specter	Austrian winter pea			6	0.3
VNS	Austrian winter pea			19	1.3
Trical 102	winter triticale	70	14.4	95	13.3
Norwest 553	winter wheat	19	8.7	95	9.3
	hairy vetch	19	2.9	76	2.2
	Mix 2 NRCS Irrigated Mix	19	8.7	70	8.1
	Mix 3 Winter Hardy Mix	19	8.4	76	6.7
	Mix 6 Cool Season 3 Species			32	3.1
	Mix 7 Cool and Warm Season 6 Species			13	1.0
	Mix 8 Diana's Cool and Warm 9 Species			13	1.2

Over-Wintering Biomass Production

We sampled the winter triticale, winter wheat, hairy vetch, NRCS Irrigated Mix, and Winter Hardy Mix from the August- and September-planted plots, and the sweet clover from the August-planted plots for biomass. The remainder of the over-wintering plots had negligible biomass. The September-planted winter triticale and winter wheat produced 2 and 4.5 times the amount of biomass as the August-planted plots, respectively, whereas hairy vetch biomass production was about the same from the two planting dates (Table 4 and Figure 3).

Table 4. Comparison of height and biomass production of over-wintering cover crops planted on August 14 and September 12, 2013 near Othello at the time of sampling on May 19, 2014.

		Planting Date				
		8/8/2013		9/1	2/2013	
		Height	Biomass	Height	Biomass	
Variety	Common Name	(in)	(DM lb/ac)	(in)	(DM lb/ac)	
Trical102	winter triticale	37	5040 a ^{1/}	49	10714 a	
VNS	hairy vetch	29	3521 ab	32	3275 b	
VNS	sweet clover	35	2837 ab			
Norwest553	winter wheat	16	1692 b	25	7617 ab	
	Mix 2 NRCS Irrigated Mix	31	1398 b	46	7099 ab	
	Mix 3 Winter Hardy Mix	28	867 b	43	7320 ab	

^{1/} Means within the same column followed by the same letter are not significantly different with Tukey HSD means comparisons at $\alpha = 0.05$.

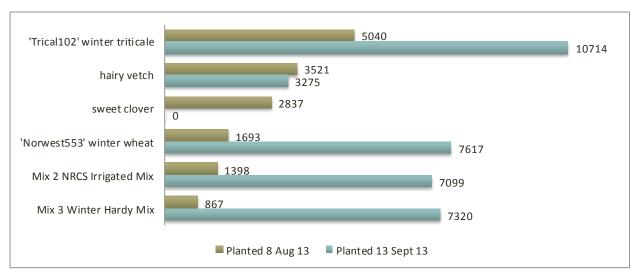


Figure 3. Comparison of biomass production of over-wintering cover crops planted on August 14 and September 12, 2013 near Othello at the time of sampling on May 19, 2014.

Spring Biomass Production

Cover crops planted on March 14 were generally taller and produced more biomass than the cover crops planted on April 3 at the time of sampling on May 20. This is logical, considering the March-planted cover crops had more time to grow. A colder spring may have resulted in smaller differences. Results from 2014 show planting spring cover crops as soon as the ground can be worked may be beneficial if the goal is to produce maximum cover crop biomass prior to planting a late spring crop.

The March-planted cover crops that produced the most biomass were, in order: the Cool and Warm Season 6 Species Mix, spring barley, the Cool Season 3 Species Mix, the NRCS Irrigated Mix, oil seed radish, and spring wheat (Table 5 and Figure 4). The Cool and Warm 6 Species Mix plots were primarily comprised of yellow mustard, oat and spring pea. Plots with the Cool Season 3 Species Mix were primarily comprised of oat, and the NRCS Irrigated Mix plots were primarily comprised of spring triticale, yellow mustard and oil seed radish.

All of the March-planted cover crops were tall enough to harvest, but only about half of the April-planted cover crops were tall enough to harvest. The other plots were less than 6" tall at the time of sampling.

Table 5. Comparison of height and biomass production of the 16 top-performing spring cover crops planted on March 14 and April 3, 2014 near Othello at the time of sampling on May 20, 2014.

		Planting Date			
		3/14/14		4/3/14	
		Height	Biomass	Height	Biomass
Variety	Common Name	(in)	(DM lb/ac)	(in)	(DM lb/ac)
	Mix 7 Cool and Warm Season 6 Species Mix	20	3530 a ^{1/}	12	1049 ab
	spring barley	21	3190 ab	14	1506 a
	Mix 6 Cool Season 3 Species Mix	25	2865 abc	14	1179 ab
	Mix 2 NRCS Irrigated Mix	24	2850 abc	8	929 bc
daikon type	oil seed radish	22	2728 abcd	10	868 bc
	spring wheat	16	2725 abcd	10	1197 ab
	Mix 8 Diana's Cool and Warm 9 Species Mix	21	2356 abcd	7	925 bc
	Mix 5 Cool Season 2 Species Mix	12	2347 abcd	8	1080 ab
	Mix 1 NRCS Dryland Mix	16	2040 abcd	13	986 bc
Martigena	yellow mustard	19	1967 abcd	6	1333 ab
Monida	oat	12	1851 abcd	8	913 bc
Banner	spring pea	19	1767 bcd	8	510 cd
Nemat	arugula	18	1675 bcd	6	479 cd
Wintmalt	winter barley	10	1337 cd	10	583 cd
Norwest553	winter wheat	14	1071 d	9	212 de
1269	Austrian winter pea	12	1057 d	5	

^{1/} Means within the same column followed by the same letter are not significantly different with Tukey HSD means comparisons at $\alpha = 0.05$.

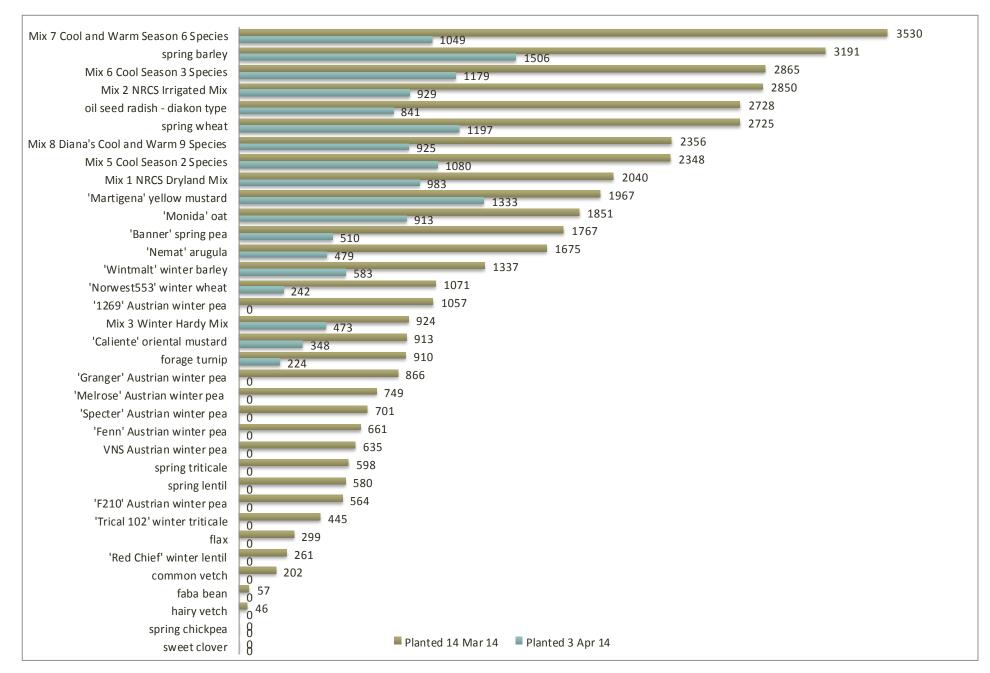


Figure 4. Comparison of dry matter biomass produced by cover crops planted on March 14, 2014 and April 3 near Othello at the time of sampling on May 20, 2014.

CONCLUSIONS

This study demonstrates the necessity for planting cover crops in early August in the Columbia Basin if the goal is to maximize biomass production prior to late fall incorporation. Cover crops planted on August 8 produced substantially more biomass than cover crops planted on September 12. Conversely, winter-hardy varieties of cover crops produced more biomass and had higher percent cover in the spring when they were planted in September. Winter-hardy cover crops should therefore be planted later in the fall if the goal is to have an over-wintering cover crop. Spring cover crops should be planted as soon as the soil can be worked to maximize biomass production prior to the late spring planting of a commodity crop. Cover crops in this study planted on March 14 produced about 3 times more biomass than cover crops planted on April 3.

The August-planted cover crops with the most biomass were the mixes, oriental mustard, yellow mustard, oat and sorghum-sudangrass. The overwintering cover crops with the most biomass were winter triticale, winter wheat and hairy vetch, and the March-planted cover crops with the most biomass were the mixes, spring barley, oil seed radish and spring wheat.

Mixes in this study generally produced more biomass than the individual species, even though the seeding density of the mixes was often lower. Mix biomass was often comprised of one to three dominant species, and the others were absent or negligible. If the seeding density of only the dominant species was considered, the seeding density was even lower. It will be worthwhile evaluating mixes containing the dominant species in this study: mustards, oil seed radish, oats, barley, and triticale (or millet if the cover crop is planted during the warm season) at low seeding rates in other studies or on-farm trials.

Biomass production is important, even when a cover crop is selected for a specific function. A mustard cover crop grown for its bio-fumigation properties or a legume cover crop grown for its nitrogen contribution is more likely to perform its intended function if it produces maximum amounts of biomass. Biomass production can be optimized by selecting the ideal cultivar and planting date.

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