

# THE SANDPAPER



Issue 35

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February 2014

## COMMANDING OFFICER

CDR Erik Franzen



### 2014 Food Fest and Air Show



We are rapidly approaching the show date for our annual Air Show. As many of you know we are the winter home of the Blue Angels Flight Demonstration Squadron. In addition to having the privilege of watching them practice overhead for three months, we also get the honor of hosting their first performance of the air show season. For those of you that are new to the base and the area, I wanted to pass along some information, or gouge as we call it in the aviation business.

Starting the week of the Air Show, we transition into Air Show mode around the base and you will see less flight training and more event execution throughout the base. There will be a number of aircraft, both civilian and military that will be flying into the airfield starting on Wednesday afternoon.

The first event of the week is the Food Festival on Friday, March 14<sup>th</sup>, at 1730 and is held at Hangar 6 (that is our largest hangar on the south side of the field across from medical). The Food Festival is an event that allows our local restaurants and vendors a chance to show case their specialties. The general concept is that they provide small portions (think tapas style) so that you can try a number of food booths over the course of the evening. Tickets or "scrip" are available for purchase at four locations in and around the hangar. We will also have a live band playing throughout the evening. The Blue Angels will be formally introduced to the public and the evening ends around 2030 with an awesome fireworks show brought to us by Fireworks America.

The Air Show will be held on Saturday, March 15<sup>th</sup> and the gates open at 0900. The main gate is located next to the "Strike" hangar, if you are not sure where that is, just follow the crowds. The event itself is free, we have a number of chalets that provide a place to sit, some shade and food/beverages. Tickets for the various chalets are available for purchase, see one of our many MWR reps or Lincoln housing (if you live in Lincoln housing) for more info on chalet tickets. Out on the ramp we will have many different static display aircraft as well as multiple vendors selling everything from cotton candy and hot dogs to souvenirs and t-shirts. The day will be a full day of performances starting at 1100 and ending with the Blue Angels performance around 1600. Be sure to bring/wear plenty of sunscreen and stay well hydrated.

I hope that you are able to enjoy the events and finally for more information please visit the following link:

<http://navylifesw.com/elcentroairshow/>

# COMMAND MASTER CHIEF

CMCCM John Crewdson



Shipmates, as we move into this New Year I wanted to share a portion of an excellent article with you.

*"At this time I would like to pass on a guide that may serve petty officers at the National Parachute Test Range in carrying out what I interpret to be sound policy for leadership and a philosophy toward accomplishing the same.*

*Policy – this command will maintain high standards of performance, discipline, cleanliness, and smartness and emphasize effective communication in the chain of command while recognizing the personal worth of every man as an individual.*

*Philosophy – A good command is a tightly run command where authority of each individual is fully supported and in turn each individual is held accountable for his actions. Guidance for carrying out these actions is "by the book" with liberal application of common sense. Policies should meet the test of being reasonably applies to all hands. Policies should be consistent and changes minimized so all hands know where they stand. Rules and regulations should not be compromised to fit lifestyles outside of the navy. The Navy is a unique and challenging life style that supports the requirements of a military organization and the rigors of dangerous operations.*

*I have always been an advocate of "Leadership by example", so if you look like an unmade bed when reporting for work, or if you arrive at your work space twenty minutes late and immediately check the muster report to see who wasn't on time, and if your work space looks like downtown Pittsburgh at the height of the garbage strike, you as an individual do not fit into an effective example of leadership.*

*A supervisor cannot effectively lead individuals or inspire their confidence by bypassing wrongs because of he himself is lax, unconcerned, or just doesn't know what is going on or what is expected of him."*

I share this with you because we find ourselves in an environment where the one constant is change. So many things have changed in the past few years but who we are at our core has never wavered. The above excerpt was from the CMC here at El Centro in December 1977. Although most of you were not born yet, our values and leadership principals remain steadfast. Honor, Courage, and Commitment, our core values are as strong today as they were 40 years ago, 100 years ago or 200 years ago. We are Sailors! Take pride in everything you do! Be proud of whom you are, what we stand for, those who have gone before us and those we serve with now. ❖ - CMC

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[WWW.FACEBOOK.COM/NAFEC](http://WWW.FACEBOOK.COM/NAFEC)

## Potential Phishing Scam

A third-party Smartphone app named "MyPay DFAS LES" is being advertised to connect to DFAS on your behalf to access your myPay account.

This app is NOT sponsored by the Department of Defense (DOD) or the U.S. Government. As such, it presents a serious risk of compromising your account information and theft of funds. While giving your myPay account information to strangers is typically not considered a good idea, the app presents itself as an official DFAS service and as many as 50,000 members are estimated to have installed the app.

Additional investigation has found similar apps for Android and iPhone. Again, DO NOT download this app or provide any PII/Privacy information to unknown or unconfirmed sources. ❖

# GENERAL INFO

NKO migrated to CAC access only on 2 August 2013 due to security issues. The digital library continues to be available to those who access it from their workstations or have CAC readers at home. Those without a CAC (spouses/kids) will not be able to access services. However, Tutor.com has created a new method for spouses and kids to establish a Tutor.com account. You can go to <http://www.tutor.com/unitedstatesnavy1>. Spouses and kids will need to establish an account and verify that they are eligible when applying. ❖

Catholic services at NAF El Centro are postponed until further notice. Due to the current budget crisis, the contract for this position has been cut. It is difficult to tell if or when the contract will be renewed.

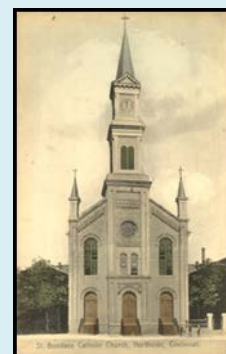
We would encourage you to take full advantage of the Catholic services available in our community. Please find more detailed information below. If you have any questions or concerns, please contact me at x2290 or [jared.n.smith@navy.mil](mailto:jared.n.smith@navy.mil). I look forward to assisting you in any way that I can.

### Local Catholic Churches in the Imperial Valley

St. Mary and Our Lady of Guadalupe in El Centro  
 St. Margaret Mary and Sacred Heart in Brawley  
 St. Anthony's in Imperial  
 Our Lady of Guadalupe in Calexico  
 St. Joseph's in Holtville

The closest one to the base is St. Mary's on La Brucherie. Here is the website for that one:

[www.stmaryec.org](http://www.stmaryec.org). ❖



EL CENTRO AREA, Calif. – Saving lives is the core mission of the California Highway Patrol (CHP). In order to accomplish that mission, the CHP's El Centro Area office will use a federal grant to conduct a regional traffic safety campaign in Imperial County. The 12-month project starts October 1, 2013, and ends on September 30, 2014.

The CHP El Centro Area will deploy officers on enhanced enforcement on State Routes 7, 8, 78, 86, 98, 111, and 115; including unincorporated roadways, such as Evan Hewes Highway, and Austin, Dogwood, and Forrester Roads in Imperial County. In addition to enhanced enforcement, this traffic safety effort will also include a community-based task force and public awareness campaign by the CHP to help reinforce the traffic safety message.

"With a proactive approach for making our roadways safer, we can continue to reduce the number of collisions occurring in the El Centro region," said CHP Capt. Kari Clark, commander of the El Centro Area. "This grant will help to keep the momentum from past education and enforcement campaigns and save lives."

According to the CHP's Statewide Integrated Traffic Records System, during the course of a 12-month period (October 1, 2010, through September 30, 2011), there were 15 people killed and 510 others injured in 316 traffic collisions on state routes and highways patrolled by the CHP's El Centro Area jurisdiction. The top primary collision factors were for improper turning, unsafe speed, and driving under the influence of alcohol and/or drugs.

Funding for this program was provided by a grant from the California Office of Traffic Safety through the National Highway Traffic Safety Administration. ❖

**REMINDER!! Driving and texting, or talking on a cell phone without a hands free device is not authorized onboard NAF El Centro. Do not tempt fate and try this. Pull over, chat and then start driving again. Security will be looking for distracted drivers. ❖**

Walgreens in El Centro has a full service Navy Federal Credit Union ATM. This is excellent news for those who do not want to travel to Yuma or San Diego. ❖

Due to some connectivity issues with our cell phone provider the SARC phone line is not very reliable. If you need to reach someone and can't get through on 760-644-2913 the alternate number is the toll-free SAPR Hotline: 877-995-5247. ❖



# Upcoming Events



**For more information please call 760-339-2627 or visit our website at [www.navalifesw.com/elcentro](http://www.navalifesw.com/elcentro)**

## Scholarships for Military Children program opens Dec. 3

Applications for the 2014 Scholarships for Military Children Program become available Dec. 3 at commissaries worldwide or on the Internet at <http://www.militaryscholar.org>. Applications must be turned in to a commissary by close of business Feb. 28, 2014. Packages must be hand-delivered or shipped via U.S. Postal Service or other delivery methods, not emailed or faxed. This year's award amount has risen to \$2,000, and the program awards at least one scholarship at each commissary with qualified applicants. Applicants should ensure that they and their sponsor are enrolled in the Defense Enrollment Eligibility Reporting System database and have a military ID card. For more information, students or sponsors should call Scholarship Managers at 856-616-9311 or email them at [militaryscholar@scholarshipmanagers.com](mailto:militaryscholar@scholarshipmanagers.com). ❖

## BASE YARD SALE

The Base Thrift Store is scheduled to host the next base-wide yard sale Friday, Feb. 21, 2014 from 0900 to 1300 and 1500 to 1800. If you would like to set up a table to sell, you may either bring your own table (free) or rent a table for \$3.00 each. To reserve your spot, please contact Tammy Smith at [tammysmith365@yahoo.com](mailto:tammysmith365@yahoo.com) or 847-714-3917 or stop by the thrift store during normal business hours on Monday and Wednesday 0900-1200. **Tables must be reserved no later than Feb. 20 at 1200.**

The Thrift Store will also have their winter clearance sale the same day. All untagged clothes will be \$1.00 per bag. Coats will be 50% off. Toys will be 50% off. Adult shoes \$1 per pair or 50% off if tagged. Plus other sale items priced as marked. The Chief's Mess will also be selling lunch so stop by and support the base and find some great bargains! ❖

## Upcoming Imperial Market Days

<http://business.elcentrochamber.com/events/calendar>

**February 22, 2014**

**March 22, 2014**

Looking for something to do in the Valley? Try the following link for a great collection of happenings:

<http://www.letsmeetiv.com/>

## Free Anti-Virus Software Available

Navy Information Operations Command (NIOC) Norfolk has put together a brochure that lists ways Navy Sailors, civilian employees and contractors can protect their computers, both at home and at work. The brochure and free anti-virus software are available to all [Sailors, DoD civilians and contractors](#). Only those at a .mil computer and using their Common Access Card (CAC) can download this software via file transfer protocol to their computer. However, once downloaded, the software can be saved to a compact disk and installed in home computers. NIOC Norfolk also suggests [CERT's Home Computer Security](#) website as a good source for home-cyber safety tips. ❖

<https://infosec.navy.mil/main/index.jsp>

# The Wellspring - Chapel News



**Joy in the Journey**—David Steindle-Rast defined “joy” as “the kind of happiness that doesn’t depend on what happens”. Wouldn’t it be great to be able to be genuinely happy each and every day regardless of how difficult or depressing our circumstances in life may be at the moment? In the book of Philippians, the Apostle Paul (writing from a prison cell!) reminds us of how and where true joy in life can be found. Come join us as we learn to find joy in the journey of this life. Our sermon schedule is as follows...

- Sunday, 09 February—“Complete Joy” (Philippians 1:27-2:18)
- Sunday, 16 February—“Welcome Home” (Philippians 2:19-30)
- Sunday, 23 February—“The Finish Line” (Philippians 3:1-4:1)
- Sunday, 02 March—“Rejoice in the Lord” (Philippians 4:2-9)
- Sunday, 09 March—“Joyful Generosity” (Philippians 4:10-20) ❖

## Schedule of Events:

- Adult Bible Study-All base personnel (military, civilian, contract personnel, and retirees) are invited to join us each Wednesday from 1630-1730 at the Community Center (Bldg. 364). Beverages and snacks provided.
- Women’s Bible Study- Our Women’s Bible Study has concluded their most recent study. They will begin meeting again in January 2014. For more information, please contact Tammy Smith at [tammysmith365@yahoo.com](mailto:tammysmith365@yahoo.com).
- Protestant Worship Service-Sunday @ 0930 – Nursery (4 and under) available.

## To Give or Not to give

*Chaplain Smith*

In 1957, The Monotones recorded their hit song “Who Wrote the Book of Love?” If you’ve ever asked that question, let me suggest to you this answer—God did!

It comes as no surprise that the Bible is book all about love—God’s love for us, our love for God, and our love for another. Love is a theme found throughout the Scriptures. Of course, this is a love that can best be described as being “spiritual” and/or “sacrificial” in nature.

What may come as a great surprise to many is that the Bible also includes an entire book detailing a very different kind of love—a love that is almost completely physical and sexual in its scope. The title of the book is Song of Songs—a poetic love song describing the physical/sexual relationship between a Lover and his Beloved.

The intent of the book is to offer us God’s perspective on human sexuality. The description and details included are so explicit that it is has been suggested by some that Jewish males were not allowed to read Song of Songs until the age of thirteen—or even later! The honesty and openness of this book reminds us of one truth that God wants to make very explicit—human sexuality is intended to be both desirable and delightful. At Creation, God created it and even commanded it for the good of all humanity. God does not blush at the topic of sex!

But while human sexuality is good and part of God’s great design, it is also very dangerous. Fire brings warmth and light to a home, but it can burn us if it is not contained properly. The book of Song of Songs provides a similar perspective regarding human sexuality. Sex is intended to be experienced within the permanent bonds of marriage. We note that the Lover in Song of Songs postpones sexual intimacy until after the Beloved is his “bride”. In the context of matrimony, human sexuality brings warmth and light to our relationships.

However, when it is allowed to “escape” the bonds of marriage, human beings tend to get “burned” physically, emotionally, socially, and spiritually through sexual addictions, sexual abuse, sexual assault, adultery, teen pregnancy, sexual infections, broken hearts, etc. We don’t have to believe in God, the Bible, or any particular religion at all, to see the ashes of damaged lives all around us.

God loves us so much that He gave us an entire book on love to tell us just how desirable, delightful, and dangerous human sexuality can be so that we might allow our human sexuality to burn hot without getting burned up in the process.

To learn more watch this powerful video-- <http://www.youtube.com/watch?v=UOUJDCQ2ym0>. Be sure to [watch to the very end for the biggest bonfire you’ve ever seen!](#) ❖



# IN THE SPOTLIGHT



CONGRATULATIONS TO OUR NEWEST SAILORS OF THE QUARTER



**Blue Jacket of the Quarter**  
ACAN Roderick Blake



**Junior Sailor of the Quarter**  
MA2(EXW) Christopher Watson



**Sailor of the Quarter**  
AC1(AW/SW) Deon Pitts

## THE OMBUDSMAN

If you're like many people, you'd like to be able to have some money set aside for an emergency, for that big purchase you'd like to make, that special vacation, and/or for retirement. Having savings sounds like a great idea but can seem difficult to actually make happen. But there are things everyone can do, small and large, to increase personal savings and pay down debt.

Military Saves Week is Feb. 24 – Mar. 1, 2014. This is a week used to promote good savings behavior and for service members and their families to assess their own saving status. Do you have any savings in the bank? Do you have enough to cover an unexpected car repair or travel expense? Sometimes money that could be put into savings can be found in everyday places we don't even think about. Here are just a few ideas to get you thinking about ways you can begin to save or increase your savings:

- If you normally purchase coffee every day, consider making your own at home and bringing it with you in an insulated travel mug. Average cost of brewed coffee at a coffee shop - \$2.00. Average cost of brewing your own at home (not including the cost of buying a coffeemaker if you don't already have one) \$.25-.50. Potential savings of \$1.50 per day, which adds up to as much as \$45 per month. And although individual cup brewers are popular and convenient, the cups/pods are more expensive than ground coffee, so drip coffeemakers are the most economical.
- If you normally purchase soda or bottled water from a vending machine every day, consider buying in cases or 12 packs at the grocery instead and bringing them with you. Average cost of bottled water from a vending machine = \$1.00. Average cost of a 24 pack at the store - \$5.25(including CRV) or \$.22 each. Potential savings of \$.78 cents a day or about \$23.00 a month.
- Shop around for auto insurance pricing before you renew. Get quotes from several different companies to see if you can get a better rate without sacrificing quality coverage.
- If you're getting a tax refund this year, consider putting some or all of it into a savings account instead of spending it all. Or use your refund to pay down debt such as a credit card.
- Once you're able to pay off a debt or loan, consider starting to "pay yourself" the same amount you were paying on the debt by putting that amount into savings each month instead.

The ideas are limitless and saving even a little bit every month can add up in the long run - \$25 a month adds up to \$300 over the course of one year. For more ideas on ways to save, check out the Military Saves website at [www.militarysaves.org](http://www.militarysaves.org) and read their blog article on 10 Ways to Save \$2014 in 2014.

As your command Ombudsman, I am here to connect you with resources such as these and many more, on a variety of topics. Please feel free to contact me any time at 760-679-4182 or [nafecomb@gmail.com](mailto:nafecomb@gmail.com). As your Ombudsman, I am a confidential resource for you. I am obligated to report certain situations to the command (suspected child abuse, domestic violence, suicide risk, other potential violence, and significant financial problems like bankruptcy or foreclosure) but nothing shared with me is ever made public knowledge. I look forward to serving you! ❖



# MONTHLY DET LOADING



MONTH	TOTAL DETS	FOREIGN DETS	PERSONNEL	AIRCRAFT
FEB	11	2	1230	86
MAR	14	2	1675	109



\*\*Numbers subject to change based on availability of hangar space and time of squadron det request.

## COOL TIPS

Sometimes we find a better way to do something and sometimes we see an easier way to get the job done. If you have a helpful tip on how to do something please send it to us. Everyone can use a helping hand! Send your tips to:

[W\\_ELCN\\_PAO\\_SANDPAPER\\_GS@NAVY.MIL](mailto:W_ELCN_PAO_SANDPAPER_GS@NAVY.MIL)



# Summary of Mishaps 1000 Ways to Hurt Yourself



WELCOME TO THE LATEST EDITION OF THE SUMMARY OF MISHAPS, ANOTHER CHAPTER IN OUR ONGOING SAGA OF SITUATIONAL AWARENESS (LOSS OF), COMMON SENSE (LACK OF), AND COMPLACENCY (NO LACK OF).

## LITTLE OUCHIES!

*Compiled from Safety Center Staff Reports*

1. IN FLORIDA, AN E-5 WAS RIDING HIS DIRT BIKE AT A CIVILIAN MOTOCROSS TRACK. HE WAS ON THE SECOND LAP OF A PRACTICE RUN, TRYING TO GO OVER A JUMP, WHEN (THE REPORT SAYS) "HIS BIKE'S WHEELS HIT A RUNT ON THE GROUND." LANDING CROOKEDLY, THE BIKE JERKED AND TOSSED HIM OVER THE HANDLEBARS. HE LANDED ON HIS SHOULDER AND BROKE HIS COLLARBONE.

CLEARLY, THEY SHOULD KEEP RUNTS OFF THAT COURSE, BUT I STILL DON'T THINK IT IS VERY NICE TO MAKE FUN OF SOMEONE'S SIZE.

2. AN E-5 (SPECIFICALLY, AN "AVIATION STRUCTURAL MECHANIC – SAFETY EQUIP") WAS STROLLING THROUGH A HANGAR. LIGHTING CONDITIONS WERE ADEQUATE, THE REPORT SAID. HOWEVER, VISIBILITY WAS RESTRICTED TO "3 FEET." THE E-5 THEN "SUFFERED HEAD LACERATION."

THE REPORT DOESN'T SAY WHAT THE E-5 SLICED HER HEAD ON. NOR WHAT WAS RESTRICTING VISIBILITY. NOR DID IT SAY WHETHER SHE WAS DISTRACTED OR IN A HURRY.

THOSE ARE SOME OF THE THINGS THE REPORT DIDN'T SAY. ONE THING IT DID SAY WAS "LOST WORK TIME (NONE)." I SUPPOSE IT WAS POSSIBLE THAT THE E-5 SWABBED OFF THE BLOOD, SLAPPED ON A PIECE OF SPEED TAPE AND KEPT ON TRUCKING, BUT I DOUBT IT.

SHOULDN'T SOMEONE WITH THE TERM "SAFETY EQUIP" IN HER JOB TITLE HAVE A PRETTY GOOD IDEA OF WHY CRANIALS ARE REQUIRED AND WHAT TO LOOK OUT FOR WHEN YOU AREN'T WEARING ONE? ❖

# Commissary Fast Facts

## February 2014

By DEFENSE COMMISSARY AGENCY – PUBLIC AFFAIRS OFFICE



### Commissaries offer sweet savings in February

Whether it's nutritious foods for better health, candy treats for that Valentine's Day sweetheart or all foods in between, commissary patrons will be able to find what they want with plenty of promotional savings in February. "Between Valentine's Day and February being 'Heart Health Month,' there are lots of options for our patrons to save money at their commissary," said Randy Chandler, the Defense Commissary Agency's director of sales. Throughout February, DeCA's industry partners – vendors, suppliers and brokers – are collaborating with commissaries to offer discounts beyond everyday savings. Overseas stores may have substitute events for certain promotional programs. For more, go to [http://www.commissaries.com/press\\_room/press\\_release/2014/DeCA\\_03\\_14.cfm](http://www.commissaries.com/press_room/press_release/2014/DeCA_03_14.cfm)

### 'Exclusive Savings' offers link to commissary specials

Commissary customers who want to check out more opportunities to find exclusive specials, promotions and sales are just one website link away. The Defense Commissary Agency recently added more top name-brand websites to its "Exclusive Savings" link on the DeCA homepage, <http://www.commissaries.com>. When shoppers visit the commissary's homepage and look underneath the large rotating banner, they will find smaller, square banners, one of them being "Exclusive Savings." Simply click on that banner and the landing page appears, showing all of DeCA's industry partners who are participating in this exclusive savings Web program. The individual websites are exclusively for commissary shoppers, offering downloadable coupons, recipes, promotional giveaways and contests. ❖

## Military OneSource Offers Free Tax Services

By Nick Simeone - American Forces Press Service

WASHINGTON, Jan. 15, 2014 - If it hasn't arrived yet, your 2013 W-2 wage and tax statement likely is on its way, and with it the countdown toward the April 15 tax filing deadline.

As preparations begin for the upcoming tax season, military families are being offered a free service to ensure they can meet that deadline from anywhere they may be stationed around the world.

Military OneSource, partnering with H&R Block, is offering all active duty, Guard and reserve forces help in preparing their taxes and in filing their federal and state returns, in addition to the variety of other financial planning services it already provides free of charge.

"No matter where you are, when you call 800-342-9647 or go to [the Military OneSource website], you can access the programs and services," Tony Jackson, a military community and family policy analyst for the service told American Forces Press Service.

The program is designed to address the unique tax requirements and issues affecting military personnel and their families, Jackson said.

With many still likely dealing with holiday credit card bills, the April tax deadline may seem far off. But with many military families having to file multiple state tax returns in addition to federal taxes, beginning the work now on gathering tax-related documents can prevent headaches later.

"Now is the time to prepare, to gather your documents and your questions," Jackson said, "and [you can] to speak to a tax consultant at no cost at Military OneSource."

Additional paperwork at tax time for those living outside their home state that may have rental property or may be subject to taxes where they are currently deployed is a common additional burden, he noted. Military OneSource will provide help filing a federal tax return, as well as up to three state returns, at no charge.

Jackson said some 224,000 federal and state tax returns were prepared for military families last year.

"Nobody ever gets turned away," he said.

The program's tax experts are able to help military families navigate changes in tax laws that may have a particular impact on or benefit for members of the military -- as well as any tax implications related to military benefits, he added.

"They are nationally certified financial planners, so they are definitely qualified to assist families and service members," regardless of the topic, Jackson said.

Reserve component members are eligible for the free service regardless of their activation status, as are veterans within 180 days of being discharged, retired or separated.

The Defense Department established Military OneSource in 2002 to provide comprehensive information on military life free of charge to military families. ❖



Morale, Welfare and Recreation



Want to know what is going on and what cool things there are to do? Need to know what free movies are playing? Here is a helpful link!

<http://navylifefsw.com/elcentro/>

NFL Sunday Ticket at the Mirage Club. The Club opens every Sunday for the NFL Sunday Ticket at 10 am.

Starting this Friday the Mirage Club Bar will be hosting Friday Round-Up! Stop by the bar, between 1500 and 1900 for a round of drink specials and appetizers to help get your weekend started.



The Liberty Center will temporarily re-locate to Build 4015 on Nov. 4, 2013. They will stay there until the renovations, including a new Starbucks, are finished. The operating hours will be the same. ITT services will not be located there. It has not been determined yet where that service will move to. As soon as the location is determined, we will put that word out. Please come by, visit their temporary location and continue to enjoy the stellar services Delaine and her team provide.



Contact Information: <http://www.public.navy.mil/bupers-npc/support/nadap/Pages/DEFY.aspx>

Program Manager: HN3 Victoria Nieblas  
 Email: [victoria.nieblas@med.navy.mil](mailto:victoria.nieblas@med.navy.mil)  
 Phone: (760)339-2674

**CSD has new numbers!**

The customer Support Detachment has some new numbers.

Please note the following changes:

ID card section - 760-339-2623/2417

Military Personnel Supervisor / ESO (760)339-2473

Transfers - 760-339-2473

Receipts / Separations - 760-339-2474



**NAF El Centro's Desert Eagle Squadron of the Sea Cadets**

Base Program Coordinator: MA2 Izeke Pinkas  
 E-Mail: [izeke.pinkas@navy.mil](mailto:izeke.pinkas@navy.mil)  
 Phone 760-339-2525



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Mr. Juan Salinas

E-MAIL: [jsalinas@vinu.edu](mailto:jsalinas@vinu.edu)

CALL FOR AN APPOINTMENT TODAY! 760-339-2986



# CREDO



CREDO Marriage Enrichment Retreats are still the best kept secret in the Navy! If you are looking for an opportunity to invest in your relationship with your spouse, there's no better place to go than the beautiful Doubletree in San Diego. Did I mention that it is FREE!

## 2014 DATES:

21-23 FEB

21-23 MAR

25-27 APR

16-18 MAY

20-22 JUN

18-20 JUL

15-17 AUG

19-21 SEP

1. SCHEDULE: Friday at 1800 until Sunday at 1200. Sessions are Friday night (2 hours), Saturday morning (4 hours), Saturday evening (2 hours), and Sunday morning (3.5 hours). Saturday afternoon is set aside for couples to enjoy the local area/attractions on their own.

2. ELIGIBILITY: Active duty and activated reservists ONLY.

3. AMENITIES: FREE lodging, parking, and meals (Friday snacks; Saturday breakfast, lunch, and dinner; and Sunday breakfast). Participants must provide their own transportation to and from San Diego and arrange for child care as needed. Given the nature and purpose of the retreat, children are not permitted to attend sessions or occupy hotel rooms.

4. CONTENT: Couples will learn how to maintain or improve their relationship and better handle the inevitable conflicts that come with marriage. There is no pressure to change as each couple incorporates what information and tools work best for them. A variety of practical and engaging teaching methods are used. All content is non-religious.

5. REGISTRATION: Registration opens THREE months prior to the retreat date. Please contact Chaplain Smith at [jared.n.smith@navy.mil](mailto:jared.n.smith@navy.mil) or x2290 to complete the registration process. Registration is now online and only takes minutes to complete. Retreats tend to fill up quickly so be sure to register at the earliest possible date. (Please note that no cost TAD orders are required for E-6 and below.)

If you have any questions, please contact Chaplain Smith. ❖



## RAPIDS Self Service

***Do you need an 1172-2, Email Update, or to Update Contact Information?***

***Save Time -- Do These Actions Yourself Using the RAPIDS Self Service (RSS) Website!***

Just visit [https://www.dmdc.osd.mil/self\\_service](https://www.dmdc.osd.mil/self_service) to get started.

**You Can Use this Self-Service Website if:**

1. You are a Sponsor.
2. You have a CAC.
3. You use a CAC-enabled personal computer.

# A Helping Hand – A Year in Review

By Chaplain Smith

Have you ever tried to drive forward while you're looking backwards? I'm guessing that didn't work out too well for you! Moving forward requires us to look forward. But having an eye on the rear view mirror isn't such a bad idea either. Knowing where we've been can aid us in our drive to move forward and further than we ever have before.

As we look back at 2013, we continue to see some exciting trends developing in the area of community service here at NAFEC. Did you know that that last year more than 200 Sailors and dependents volunteered more than 720 hours and served over 14,850 community members in the Imperial Valley.

And this number only reflects the COMREL activities sponsored by the Religious Ministry Team. We know that there is so much more that our Sailors are doing in the community, serving as individuals, as families, and as departments from across the base.

This is the direction in which we want to continue to travel in 2014! Our goal is to surpass our past success, aspiring to even greater contributions as our NAFEC team moves forward together. It will be exciting to look back next year to see where we have been. We'll be sure to keep you up-to-date on our COMREL activities each month. And if you are involved in a COMREL, please let me know where you are serving so we can recognize and celebrate your efforts this year.

Our upcoming COMREL activities currently include the following. If you have questions or would like to participate, please contact RPC Kirby at [justin.b.kirby@navy.mil](mailto:justin.b.kirby@navy.mil) or x2461.

**Niland (Imperial Valley Food Bank)**—This COMREL is scheduled for Wednesday, 19 February. We will depart NAFEC at 0730 (meet at chapel parking lot) and return by 1230. Volunteers will assist in food distribution to needy families. NWU/flight suit is preferred. Six volunteers needed.

## A Word of THANKS...

We would like to thank the 3 volunteers that served in the Niland COMREL in January, including RPC Kirby, AT3 Salugao, and AE3 Ritchie. Together they helped serve more than 500 local residents.

We would also like to thank the 44 Sailors, retirees, civilians, and DoD employees who came out in support of the American Red Cross blood drive in January. Of these willing volunteers, 30 were eligible to donate. This was just enough to reach our goal of 34 units, enough blood to save nearly 100 lives! ❖

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## Building Overhaul Improves Morale for Weapons Personnel

With the snip of a gigantic pair of scissors, LT Michael Korsnes, the officer-in-charge of Naval Munitions Command Detachment El Centro opened up the refurbished Combat Aircraft Loading Area Building recently. "The purpose of the building is to provide refuge from the searing summer heat during extended operations on the airfield," Korsnes said.

The project, costing nearly \$30,000 was accomplished over the holiday stand down by AOC, the base's operations and maintenance contractor. ❖



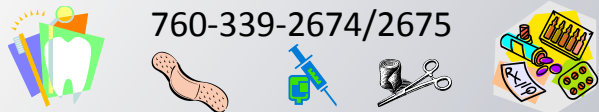
Gunner Korsnes prepares to cut the ribbon, re-opening the CALA's support building as members of his detachment cheer.



## CLINIC INFO

By: HM2(FMF) Espinoza, F.  
Branch Health Clinic, NAF El Centro

760-339-2674/2675



### Branch Medical Clinic NAF El Centro is enrolling new patients.

The following are eligible to enroll:

- Active Duty Military Members
- Dependents – Up to Age 64
- Dependent Children – Age 4+
- Retired Military Members – Up to Age 64

To sign up stop by the clinic Monday – Friday from 0730-1600, walk ins only. Point of Contact is Mrs. Shannon Franzen.

OUR OFFICE IS ONLINE!



You can:

- ❖ Visit your doctor through a web visit
- ❖ Get your lab results
- ❖ Schedule your next appointment
- ❖ Refill your medications

It is so easy to get started!!!!!!

Provide our front desk with your e-mail address and your PCM (Primary Care Manager) or visit us at our website at: [www.RelayHealth.com](http://www.RelayHealth.com). You may also send your information to HM2(FMF) Espinoza at: [Francisco.espinoza@med.navy.mil](mailto:Francisco.espinoza@med.navy.mil)

### Exceptional Family Member Program (EFMP)



EFMP Regional Coordinator:

Ms. Jenny Turner [jenny.turner@med.navy.mil](mailto:jenny.turner@med.navy.mil)

BHC EI CENTRO EFMP Coordinator:

HM2 Pomeroy [trevor.pomeroy@med.navy.mil](mailto:trevor.pomeroy@med.navy.mil)

**UNITED HEALTH CARE** Representatives are also waiting on standby to help you out. Please see Mrs. Shannon Franzen for updates on your healthcare. Stop by BLDG 523, Naval Branch Health Clinic for assistance. ❖

**Urgent Issues:** Please contact our DUTY CREW, we are available 24 hours, 7 days a week. Petty Officer of the Watch can be reached at (619) 804- 1520, and Chief of the Day at (619) 804- 1037.

**Medical Records Requests:** Due to our desire to provide the utmost service to our patients and accuracy of all medical entries/ records, we would like to inform the patients that we now require 30 days or more for Record Request (Retirement and Separations to include Request for Records for Dependents). This will allow our Medical Records PO to gather all referral paper work from providers in the civilian sector, compile and review all notes prior to release. For any concerns or questions, contact HN Young at (760) 339- 2677.

**Individual Medical Readiness:** Please ensure that you are up to date with your Physical Health Assessments, Vaccinations, Blood work, etc. For Immunizations, see HM1 Burns or HM2 Espinoza. For any questions regarding your command's Unit Readiness, Contact our IMR representative, HM2 Ducut at (760) 339-2680.

**Physicals:** Please ensure that you make the necessary appointments (Audiograms, Driver's Physical, Respirator Physical, Eye exam, etc). It is your responsibility to stay on top of your requirements. Contact HN Diaquoi / HM3 Rivera at x 2634.

**Translation Services Program:** Naval Medical Center San Diego (NMCS D) is responsible for ensuring patients with Limited English Proficiency (LEP) and/or American Sign Language (ASL) needs are afforded language assistance (NAVME DCEN SDIEGOINST 6320.101). NMCS D offers contracted LEP/ASL services. If you need LEP/ASL translation services, please contact the Patient Relations Department. POC is HM2 Adriell Gonzales or Ms. Jen Joyce at Patient Relations, 532-6418. ❖

**DENTAL SERVICES:** Please stop by the NBHC Medical Bldg. 523 for assistance. If you are nearing your Annual Dental Exam date, please stop by and see us. Having any dental work (e.g. fillings/ operative, oral surgery, braces/Orthodontics,) other Dental Exam does not count as it is a different procedure. It will also impede any process/ request to reenlist, deploy, school, etc. ❖

**\*DID YOU KNOW?\* Beginning Feb, Wart Clinic will begin the 1st and 3rd of every month starting at 1330. Patients can book an appointment by calling the clinic or by walking in. ❖**

**Emergencies:** Ensure you contact your Primary Care Manager after your visit to an Emergency Department (civilian or military). For our troops in San Diego area, kindly utilize NMC San Diego for emergency needs. We still see an increase of civilian Emergency Department usages, and this is still costing us tremendous amount of money. ❖

### \*REFILLS\*REFILLS\*REFILLS\*

Please be informed that Branch Health Clinic El Centro is unable to provide prescription refills. Please call the phone number listed on your pill bottle (619) 532-8400 and follow the prompts. (Pick up your medication at any of the Naval Pharmacy Locations, or have it mailed to you between 7-10 business days). Ensure you have enough medication and as always, please plan ahead. Thank you. ❖

**WHAT WAS GOING ON...**

In November during the 1970's - NAFEC Sandpaper

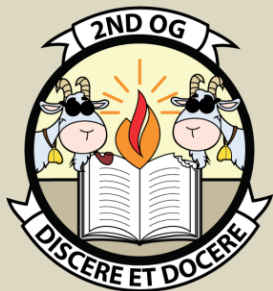
**February 4, 1972 – Navy Loses 9,000 Personnel in Latest DOD Reductions:**

Reductions in military and civilian manpower, announced by the Department of Defense on Jan. 7, will mean a loss of 9,000 personnel to the Navy, according to CHINFO. ❖

**February 11, 1972 – Sandbar Announces Return of Dancer:** The fabulous Go Go Dancer “Desiree” is scheduled to come back on 15 Feb. 1972 to the Sandbar (NAFEM Club). ❖



2012-2015  
“Our Flag Was Still There”



**LOCAL HISTORY BY TWO OLD GOATS**

# Joker Visits Base

## 27 July 1973



TOMMY MARTIN of El Centro is presented with gold medal in long jump and silver medal in 50-yard dash, as Cesar Romero congratulates him.

While thumbing through an old copy of the Sandpaper, the two Old Goats were amazed to discover that Cesar Romero visited the base.

Romero was probably better known to many as “The Joker” from the late 1960’s action/adventure/comedy show “Batman.”

Romero, along with other Hollywood stars, was on hand to interact and pose with Special Olympians as they received awards for various feats.

The base here at El Centro has been visited throughout the years by many incredible personalities. Wonder who else we can find? ❖



Cesar Romero as “The Joker.”





# Date Night



with ABFC(Ret.) Marc Willis

----- A Movie Review -----

## Ride Along

Players: Ice Cube, Kevin Hart, Tika Sumpter, John Leguizamo  
Genres: Action, Comedy,

Rating: PG-13

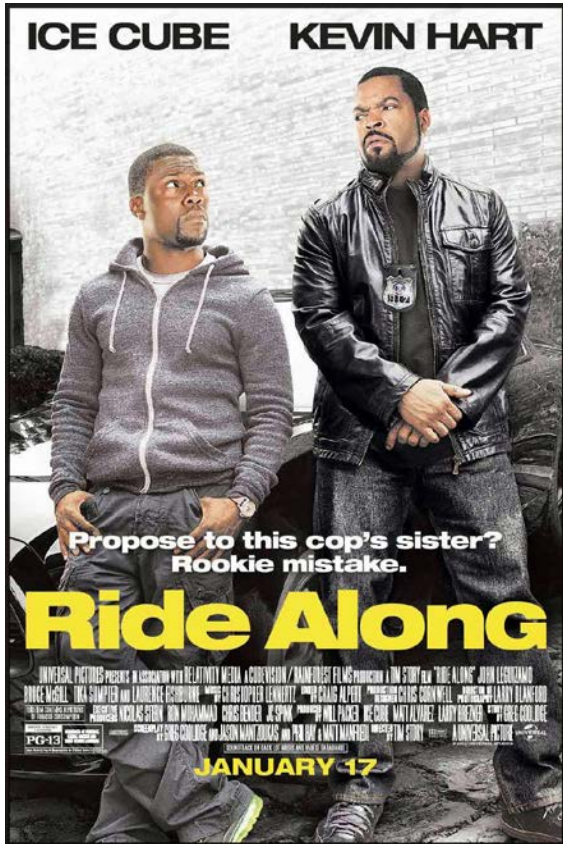
It has been awhile since I last blessed you with one of my colorful reviews. I want to let all of the fans that have been clamoring for me to put ink to paper that I truly appreciate your support. During the interim the lovely wife and I have viewed numerous movies, some good some bad but first and foremost; we viewed them together.

This particular night we decided to see why there was so much commotion surrounding *Ride Along* starring Ice Cube and Kevin Hart. Being a fan of both Ice Cube and Kevin Hart it wasn't too hard of a sale for my wife.

From the opening credit roll it was obvious that *Ride Along* was not going to be the next *Training Day*. James (Ice Cube) starts things off with a Bond like opening scene that has him "jacking" a truck in a hot car chase. The rest of the movie was filled with hotness so to speak as Ben (Kevin Hart) continuously threw flames with one-liners.

Ben's story in all of this is that he wants to marry his longtime girlfriend Angela (Tika Sumpter), because he definitely overachieved in that department, and wants the blessing of her brother James. Hence the ride along for Ben was arranged for him to prove his worth. Along the way doubt creeps in but Ben has a way of overcoming obstacles by relating real world situations to his gaming experiences. Eventually his techniques allowed him to hammer out his differences with James.

Cube and Hart made a good team, they gelled onscreen which brings up the question of plans for a sequel? Based on their onscreen and box office success I don't see why not. Sure the plot was simple, thinly masked but it was overtly funny. This is not the movie for anyone looking for an emotional comedy or a comedy with meaning. *Ride Along* is a simple comedy in tune with the *Rush Hour* franchise. With that being said, I rate this film three and a half anchors out of five. ❖



## THE GYD

Mr. Castro from the Recruitment Office talked to our teens during our teen night the benefits of joining the Armed Forces. He also gave tips on how to prepare themselves to reflect on the next step toward their future. CYP Staff and MFLC Mr. Lee also share with the teens our workshops available in the next months such as interview tips, resume writing, career building, and community services. ❖





# YOU HAVE THE POWER

## (To Save Energy)

By Ruth Erro – Public Works Power Ranger



Improving energy efficiency and reducing energy waste at NAF El Centro by just 10 percent could generate nearly half a million in savings each year, savings that will help secure jobs and fund facility repairs and improvements.

Integral to the NAFEC energy program is a commitment to improving workplace comfort and quality of life.

Personnel need to understand that energy efficiency does not mean going without; it means learning about opportunities to be more efficient and changing wasteful practices and habits.

Major energy-saving initiatives such as lighting retrofits, cooling system improvements, water conservation programs, renewable energy opportunities, and prioritizing the use of energy-efficient materials and systems in new construction and renovations have been and will continue to be implemented at NAFEC.

True success, however, can only be achieved if all military and civilian personnel make energy efficiency a part of their daily lives. It should be just as routine as Safety awareness. You have the power to help NAFEC realize tremendous savings by taking a few simple steps.

### **Turn off task lighting and overhead lights when leaving an area.**

- Turning off 1,000 watts of lighting for 10 hours per week will save 520 KWh and \$70.2 each year. This may not seem like a large amount of money, but if everyone on board took this initiative, it would add up! It currently costs NAFEC 14.2 cents per KWh.

### **Set Air Conditioning thermostats at 76°F or higher during the summer and 68 °F or lower during winter.**

- For every degree you lower/raise the temperature, the energy costs rise by 6 percent. A temperature setting of 75°F costs 18 percent more; a 72°F setting costs 36 percent more.

### **Keep Air Conditioned space boundaries secure.**

- Close doors and windows when the AC is running. On hot days, draw the curtains and/or shades to keep the sun out. Turn off the AC at night or when the space is unoccupied for longer than an hour.

### **Be Energy Smart with office equipment.**

- Turn off office equipment or set it to "power down" when not in use. Setting computers, monitors, and copiers to use sleep-mode when not in use helps cut energy costs by approximately 40%. Remember to turn equipment off at the end of the workday.

### **Repair or Report leaking plumbing fixtures at once.**

- A dripping faucet can waste 6-10 gallons of water a day. (Not to mention drive you crazy.) The cause is most often a worn-out washer. Replacing it takes just a few minutes.

### **Turn off outside lights during the day.**

- If there is no switch, check for a faulty photocell or timer and have it repaired/replaced. A typical building outside security light wastes approximately \$44 per year in electricity costs when left on all day long. ❖



# Fair News

By Bill Gay – Alliance Public Relations

The roar of auto racing, the unique sounds of a heavy metal mariachi group and melodic country rock music will be just some of the sounds emanating from the grandstands during the 10 day California Mid-Winter Fair and Fiesta Feb. 28 to March 9.

Not to mention the drum lines and cheering students during High School Madness and the roar of trucks, hay bailers and other farm equipment competing in the second farm competition which this year has been renamed “Redneck Rodeo.”

“We are very excited about this year’s theme ‘Now Playing’ and how we are bringing it to life,” said Fair Chief Executive Officer Theresa Garcia.

“This theme is giving us a magnificent opportunity to partner with the Imperial Valley Film Commission to highlight some of the great pictures that have been filmed in the Valley as well as short films by local film makers. We will also have opportunities for people to show off their talents in front of a green screen,” she said.

The fair will open with a salute to the military and veterans on Feb. 28 and that evening, “Aerorocks—Tribute to Aerosmith” will be performing a free concert in the grandstands. The band provides all the hits over Aerosmith’s four-decade span, from the group’s newest 2012 CD, “Music From Another Dimension” all the way back to their 1973 debut album, “Aerosmith”.

“Back in Black—Tribute to AC/DC” follows on Saturday, March 1. All the members of Back in Black are experienced musicians not only dedicated to the sound and look, but also capturing the power and excitement of AC/DC.

The following day, during the March 2 Dia de la Familia, “Los Cuates de Sinaloa and a Selena Tribute” will take the grandstand stage. Los Cuates De Sinaloa performs Narcocorrido music and are mostly notable for their appearance on the hit US TV series ‘Breaking Bad’. There will be a separate admission ticket required for this concert.

High School Madness will follow on Monday, March 3 and free concerts will resume on Tuesday, March 4 with Journey Unauthorized, a Tribute to Journey.

High energy country rock and soulful harmonies provided by the Chris Gardner Band will occupy the grandstand stage Wednesday, March 5. The Nashville recording artists released their first album titled “The Answer” last April. They also have their first single, “Everybody Loves My Baby.”

And Metalachi will provide a unique blend of mariachi and heavy metal music when it performs Thursday March 6. The Hollywood-based quintet performs mariachi versions of popular heavy metal songs such as Dio’s “Rainbow in the Dark,” Europe’s “The Final Countdown” and Ozzy Osbourne’s “Crazy Train.”

Back by popular demand..... It will be a return to the more traditional forms of music Friday March 7 with a visit by the Chicago Tribute Authority and its Tribute to Chicago. The eight member Authority pays tribute to Chicago by faithfully reproducing their music, starting with the first songs in 1967 and continuing to their more recent hits.

Entertainment will be moving fast on the final fair weekend, as folks will have a chance to see the driving skills of race car drivers, as well as truck and tractor drivers.

Lightening sprint Car Racing returns to the fair on Saturday, March 8 in a separate admission event being hosted by Imperial Motorsport Promotions. Tickets are \$12 adults, \$10 for seniors, \$10 for active military, \$6 for children. Presale tickets for adults and children will save you \$2 if purchased before race day. These prices do not include fair admission.

On closing day, competition among local farming operations will return to the fair during the “Red Neck Rodeo.” The rodeo is a friendly team competition that will showcase talent in truck driving and farm related activities.

Presale fair admission and carnival wristband tickets are currently on sale at the fair box office and at other outlets throughout the county. Presale tickets are \$6 for adults (13 to 59), \$4 children (6-12) and \$5 for seniors (over age of 60). They are available at all Rabobank branches, Sonic Burger in El Centro and Goyal’s Shell in Brawley.

Family value packs are \$56 and are on sale at the Imperial Valley Mall and all Rabobank locations. This \$176 value includes two adult and two child admissions, two carnival coupons, two adult and two children admissions to the 2014 San Diego County Fair plus \$50 in fair coupons.

**The fair will open with Military Appreciation Day on February 28 that will provide free admission to all military (active duty, retired and reservists) and veterans as well as one guest. Opening day will also be free to seniors with a coupon from the Imperial Valley Press. ❖**

**CLASSIFIEDS**

**FREE SERVICES:** Would you like to be more prepared if a disaster, natural or manmade were to occur? You can be prepared for the unexpected. **Join the Imperial Valley Ready Group** to get items such as 72 Hour Kits, food storage and emergency items. For more information email LT Marcie Wilde at [marcie@wildeforce.com](mailto:marcie@wildeforce.com).

**CAR/VAN POOLS**

If you commute from San Diego to NAF El Centro, please contact:  
**Jimmie Collins @ 760-339-2261** or  
[jimmie.collins@navy.mil](mailto:jimmie.collins@navy.mil)

If you commute from Yuma to NAF El Centro, please contact:  
**Eric Rube at 760-339-2265** or  
[eric.rube@navy.mil](mailto:eric.rube@navy.mil)

YOUR  
AD  
COULD  
BE  
HERE...

CONTACT  
[KRISTOPHER.HAUGH@NAVY.MIL](mailto:KRISTOPHER.HAUGH@NAVY.MIL)  
 TO SELL  
 YOUR  
 STUFF!

**AIR SHOW CHALET TICKETS  
 ON SALE NOW  
 \$5 Box Seating  
 \$50 Executive Chalet Seats  
 Call 760-339-2486 for more info**

**BASE YARD SALE !!**

**FRIDAY, 21 FEB 14**

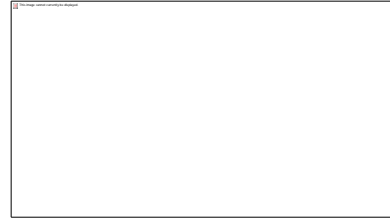
**0900-1300 & 1500-1800**

**GREAT DEALS**

**GIGANTIC THRIFT STORE  
 MEGA SALE**

**JOB POSTINGS**

**MWR Jobs:**



**HOW TO APPLY:** Submit a NAF application or resume to the NAF Human Resources Office, Building 3210, Anchors Catering and Conference Center, Naval Base, San Diego, 2375 Recreation Way, San Diego, California 92136-5518 or fax to (619) 556-9537. Resumes and applications may also be submitted via email to [mwr.hr.dept@mwrsw.com](mailto:mwr.hr.dept@mwrsw.com). Submitted applications and resumes will be retained for 90 days. For more information, visit our website at <http://mwrtoday.com/sandiego/about/jobs/>. Submitted applications and resumes will be kept for 90 days. It is the responsibility of the applicant to resubmit an application after 90 days. ❖

**NAFEC  
 THRIFT  
 STORE**

**Open Monday and Wednesday from 0900-1200.**  
 The Thrift Store is currently seeking additional volunteers. If interested, please stop by the thrift store during normal business hours or contact Tammy Smith ([tammysmith365@yahoo.com](mailto:tammysmith365@yahoo.com)) for more information.

**JOB Links for Employment**

- Federal Jobs: <http://www.usajobs.gov>
- DoD Jobs: <http://www.militaryconnection.com/dod.asp>
- Employment Development Department's California Jobs: <http://www.caljobs.ca.gov/>
- Imperial County Jobs: <http://imperialcountyjobs.org/>
- Energy Conservation: <http://www.tetrattech.com>
- HOUSING/ Contract ALUTHIQ: <http://www.aluthiq.com>
- AOC: <http://aocwins.com/>
- HAZMAT/ SERCO: <http://www.serco-na.com/Default.aspx?Page=HomePage>
- JET MART/NEX: <https://www.nexnet.nexweb.org/pls/nexjobs/work4us>
- MWR: <http://navylifesw.com/sandiego/about/jobs/>
- NMCI: <http://h10134.www1.hp.com/services/>
- SECURITY/CONTRACT/LOCKHEED MARTIN : <http://www.lockheedmartinjobs.com>



# Am I Hydrated? Urine Color Chart

1  
GOOD

2

3

4

5

6

7

8  
BAD

## HELPFUL NUMBERS

Chaplain's Office--760-339-2290  
 Chaplain (after hours)--847-714-3743  
 Drug and Alcohol Advisor--760-339-2603  
 Medical Emergency Room--911  
 Duty Corpsman--619-804-1037 / 619-804-1520  
 FFSC--1-800-273-8255  
 Suicide/Crisis Center Hotline--1-800-342-9647  
 SAPR--760-540-1053  
 Victim Advocate Duty Phone--760-644-2913

## CO Suggestion Box Locations

Jet Mart  
 AOC Bldg  
 NGIS Bldg 401  
 Weapons  
 Liberty Center

**SANDPAPER CONTACT INFO:**  
[ELCNPAO@NAVY.MIL](mailto:ELCNPAO@NAVY.MIL)

**HOW TO GET NMCI HELP:**  
**(866) 843-6624**



**"If you can't find it, WE CAN GET IT!!!"**

*We'll make it easy...*

1. Let us know what you're looking for.
2. We'll find it for you.
3. We'll contact you when item(s) are ready for pick-up.

Please contact us at  
 760-339-2342  
 or see one of our friendly  
 NEX associates for details.

*Thank you for supporting your NEX*

## Operating Hours

### NEX:

M-F 0900-1800  
 Sat 0900-1700  
 Sun Closed  
 Holidays Special  
 760-339-2342

### JET MART:

M-F 0700-2000  
 Sat, Sun 0900-2000  
 Holiday 0900-1800  
 760-339-2670

### COMMISSARY:

M-Sa 0900-1830  
 Sun, Closed  
 760-339-2558

### THRIFT STORE:

M & W 0900-1200

### ITT (TICKET OFFICE):

M-F 0800-1100, 1530-1900  
 Sat/Sun/Holidays closed  
 760-339-2486

### CYBER CAFÉ/LIB CENTER:

M-F 0700-1100, 1530-1900  
 Sat 1200-1900  
 Sun 1230-1800  
 Holidays 0800-1500  
 760-339-2559

### MOVIE THEATER:

Currently closed for repairs  
 760-339-6015

### NAVY FITNESS CENTER

M-F 0500-2100  
 Sat 0900-1700  
 Sun/Holidays 1000-1700  
 760-339-2488/2489

### DESERT LANES BOWLING & HOT STUFF PIZZA

M-Su 1000-2200

