

MISSION REDEFINED

Department of Veterans Affairs
Office of National Veterans Sports
Programs and Special Events

2013

**Community-Based
Adaptive Sports
Programs Directory**

www.va.gov/adaptivesports





Department of Veterans Affairs

810 Vermont Ave., NW

Suite 915B

Washington, DC 20420

The Veterans Affairs Office of National Veterans Sports Programs and Special Events is pleased to partner with U.S. Paralympics for the third year in a row in support of disabled Veterans and disabled members of the Armed Forces. Through our partnership to-date, we have provided more than \$4M in grant funding to 223 organizations that are providing sport programs and opportunities for Veterans with physical and visual disabilities.

Thousands of Veterans across the nation are participating in Paralympic and adaptive sport programs – some recreationally, others with a dream to compete in a future Paralympic Games.

At the London 2012 Paralympic Games, 20 Veterans and service members helped make up the U.S. team; they accounted for a total of 12 U.S. medals. With the 2014 Paralympic Winter Games around the corner, we hope to continue to see additional Veterans compete in Sochi, Russia.

Regardless of skill level, the goal for VA and U.S. Paralympics is to provide opportunities for disabled Veterans and disabled members of the Armed Forces to plug into sport programming to achieve better overall health and fitness.

If you haven't checked out the opportunities available to you, I urge you to give it a try. To find out about programs near you, visit http://va.gov/adaptivesports/va_clubFinder.asp.

Thank you for your service.

Christopher J. Nowak
National Director
VA Office of National Veterans Sports
Programs and Special Events



MISSION
COMPLETED

United States Olympic Committee

One Olympic Plaza
Colorado Springs, CO 80909



Thanks to the leadership of Veterans Affairs, thousands of veterans' lives have been impacted positively through sport. Through the continued support of the VA's grant funding, countless more disabled veterans and disabled members of the Armed Forces will have the chance to try a new sport or even return to one they thought they could no longer participate in.

U.S. Paralympics, a division of the U.S. Olympic Committee (USOC), is honored to partner with the VA to help provide expanded sport programs and events for veterans whose lives have changed due to a life-altering disability.

In communities around the country, programs that serve our veterans and service members are being expanded and enhanced. The variety of sports offered is staggering, and through testimonials from those who've taken advantage of some of the programs, we've heard time and time again that their participation has re-ignited their competitive drive.

At U.S. Paralympics, we know firsthand the power that a sport can play in a person's life. Running, swimming, or shooting hoops with peers, being active, having fun, and developing new skills all lead to stronger overall self-worth, productivity, and positive overall health benefits.

Whether you're interested in some pick-up ball, or training to be on the podium at a future Paralympic Games, we encourage you to get involved.

The opportunities are endless. Learn more at usparalympics.org/findaclub.

Thank you for the sacrifices you've made on behalf of our great nation.

Charlie Huebner
Chief of Paralympics, USOC



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susanr@lakeshore.org
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www.lakeshore.org



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602-386-4566
www.abil.org

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lane@arizonadisabledsports.com
480-835-6273
www.arizonadisabledsports.com





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tom@usarc.org
909-584-0243
www.usarc.org

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559-432-6292
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Racquetball

CONTACT:

STEVEN HARPER

steven@militaryracquetball.com

757-831-8458

www.militaryracquetball.com

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CONTACT:

MAGGIE PALCHAK

mpalchak@disabledsportseasternsierra.org

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skelleher@riekes.org
650-364-2509
www.riekes.org

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CONTACT: ANNIE DESALERNOS
adesaler@cityofsacramento.org
916-808-3809
www.accessleisuresac.org

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CONTACT: NICO MARCOLONGO
nico@challengedathletes.org
858-210-3525
www.operationrebound.org

SAN DIEGO DISTRICT TENNIS ASSOCIATION

Tennis, Wheelchair Tennis

CONTACT: STEVE KAPPES
stevekappes@hotmail.com
619-299-8647
www.sandiegotennis.com

SAN DIEGO ROWING CLUB

Rowing (Sweep and Scull)

CONTACT: ROB HIBLER
bhmanager@sandiegrowing.org
858-488-1893
www.sandiegrowing.org

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CONTACT: NANCY MEGGINSON, PH.D.
nancy.megginson@sjsu.edu
Office 408-283-9036
Cell 541-531-2101
www.sjsu.edu/timpany

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foster@sharedadventures.org
831-459-7210
www.sharedadventures.org

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CONTACT: CINDY SMITH
cindy@disabledsports.net
530-581-4161 ext. 202
www.disabledsports.net



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keystone@boec.org
970-496-4016
www.boec.org

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CONTACT: JENNIFER HEILVEIL
heilveilj@bouldercolorado.gov
303-413-7474
www.boulderparks-rec.org

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CONTACT: DAVID SCHADLE
veteransdirector@igniteadaptivesports.org
303-588-2862
www.igniteadaptivesports.org

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Cycling, Rowing, Running, Skiing

CONTACT: MARK LUCAS
mlucas@usaba.org
719-866-3220
www.usaba.org

USA TRIATHLON

Paratriathlon

CONTACT: AMANDA DUKE
Amanda.duke@usatriathlon.org
719-597-9090
www.usatriathlon.org

CITY OF COLORADO SPRINGS PARALYMPIC SPORT CLUB

Adaptive Kayaking/Canoe, Indoor Shooting

CONTACT: DIANE RIDDERHOFF
dridderhoff@springsgov.com
719-385-6958
www.springsgov.com/Page.aspx?NavID=2083

NATIONAL WHEELCHAIR BASKETBALL ASSOCIATION

Wheelchair Basketball

CONTACT: RANDY SCHUBERT
randyschubert@nwba.org
719-266-4082
www.nwba.org

COLORADO

COLORADO SPRINGS

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Sitting Volleyball

CONTACT

ELLIOT BLAKE

elliott.blake@usav.org

405-974-3153

www.usavolleyball.org

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CONTACT:

JEREMY STEINHAUER

jeremys@coloradodiscoverability.org

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www.coloradodiscoverability.org



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www.challengeaspen.org

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CONTACT: **CHARLEY PHELAN**
director@adaptiveathleticspecialist.com
970-734-4403
www.adaptiveathleticspecialist.com

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epetersen@nscd.org
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www.nscd.org

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capitaladaptive@gmail.com
202-320-5094
www.capitalrowing.org/crc

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PARALYMPIC SPORT CLUB

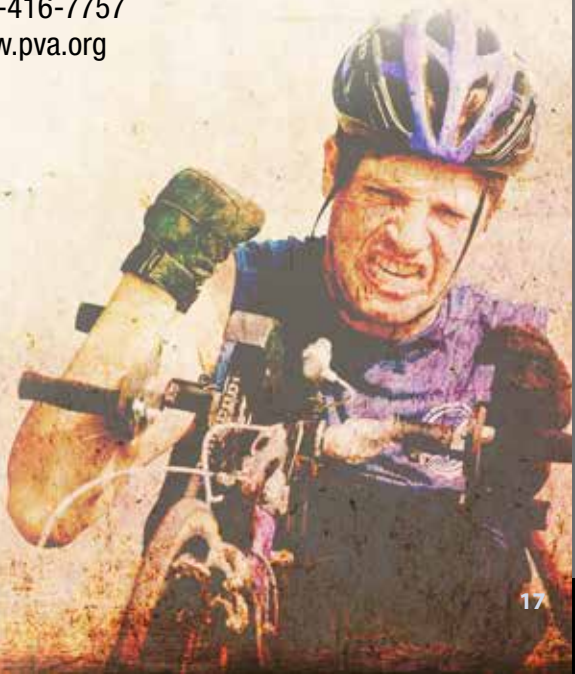
Handcycling, Skiing, Wheelchair Basketball

CONTACT: PAMELA LEHNERT
pamela.j.lehnert@medstar.net
202-316-8623
www.nrhrehab.org

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captainbranson@gmail.com

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davisc@floridagulfcoastpva.org
813-264-1111
www.pva.org/site/c.ajlRK9NJLcJ2E/b.6463495/k.
C5D5/Florida.html

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kmorrison@aquability.org
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skatz@worldsportchicago.org
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www.worldsportchicago.org

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CONTACT: CINDY HOUSNER
chousner@glasa.org
847-283-0908
www.glasa.org

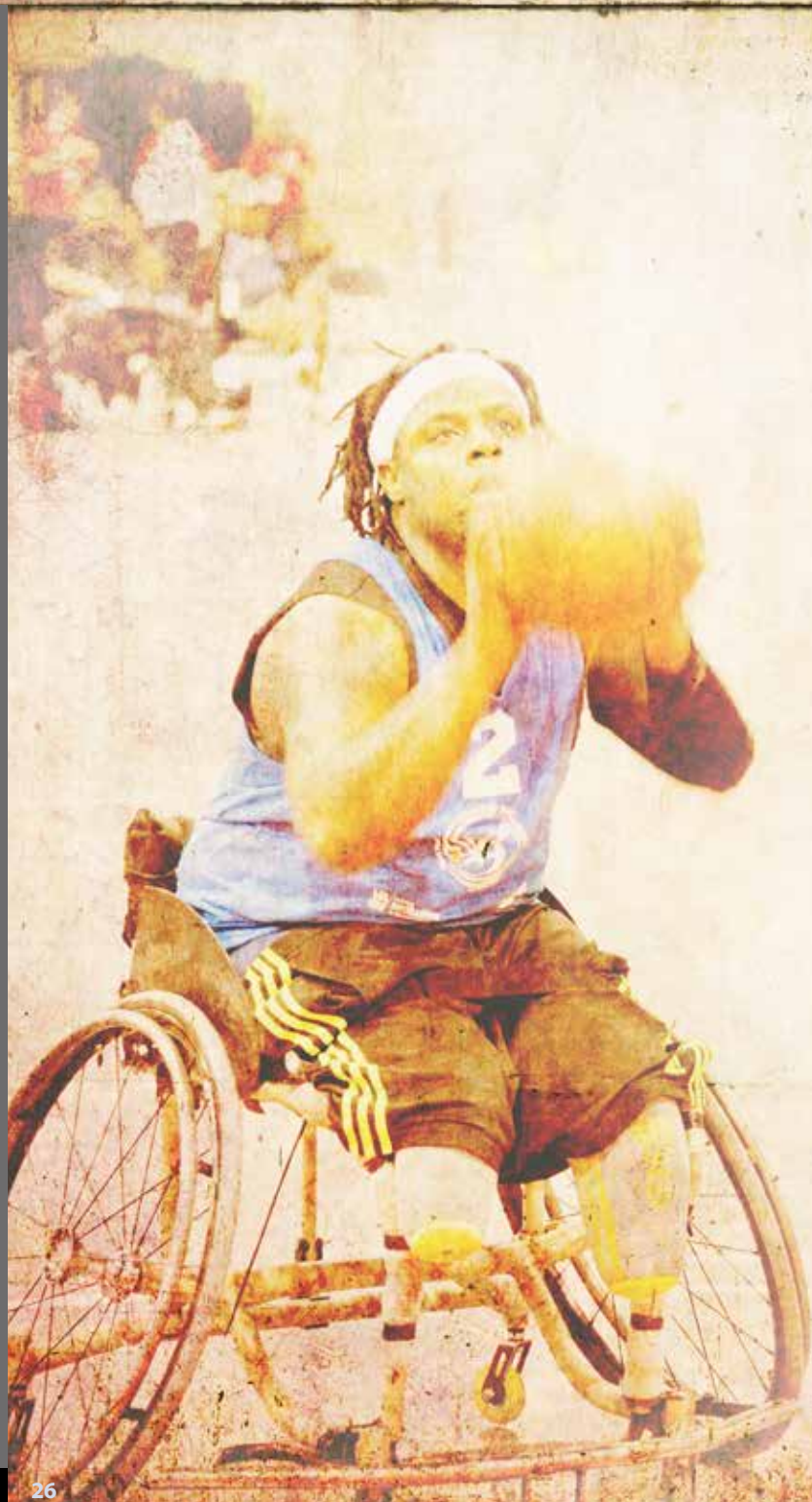
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ellen@communityrowing.org
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www.teamriverrunner.org



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207-310-8694
www.pinelandfarms.org

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Biathlon, Nordic Skiing

CONTACT: MAX COBB
Max.Cobb@USBiathlon.org
207-688-6500
www.teamusa.org/US-Biathlon.aspx



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kevin@creatingability.com
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CONTACT: JR MAMEA
jr.mamea@courage.org
763-520-0558
www.couragecenter.org

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antoniovwright@yahoo.com
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www.macemississippi.org

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joshp@dasasports.org
636-477-0716
www.dasasports.org



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CONTACT: FIONA ALLEN
fiona@bridge2sports.org
866-880-2742 Ext. 4
www.bridge2sports.org

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Cycling

CONTACT: DEBORAH AHLERS
teamracine@thearriorride.org
910-278-6578
www.thewarriorride.org

NEBRASKA

OMAHA

GREAT PLAINS CHAPTER PARALYZED VETERANS OF AMERICA, INC.

Boccia, Shooting

CONTACT: PATRICK REYNOLDS
reynolds@greatplainspva.org
402-398-1422
www.greatplainspva.org



FOR MORE INFORMATION VISIT WWW.VA.GOV/ADAPTIVESPORTS

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PARALYMPIC SPORT CLUB

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CONTACT: DAVID LEE
david.lee@unh.edu
603-862-6171
www.nepassage.org



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Cycling

CONTACT: GEOFF KRILL
geoffk@nedisabledsports.org
603-616-6067
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505-480-2374
www.gounlimited.org

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wolfea@reno.gov
775-333-7765
www.reno.gov



NEW YORK

NEW YORK CITY

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Paratriathlon

CONTACT: **BILLY LISTER**
WilliamLister@gmail.com
516-353-5660
www.wheelchairsportsfederation.org

ACHILLES INTERNATIONAL

Handcycling, Running

CONTACT: **GENNA GRIFFITH**
ggriffith@achillesinternational.org
212-354-0300
www.achillesinternational.org

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Swimming, Paratriathlon

CONTACT: **DAVID LUDWIG**
Dludwig@asphaltgreen.org
646-981-2243
www.asphaltgreen.org

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CONTACT: **MARY ELLEN WHITNEY**
mwhitney@stride.org
518-598-1279
www.stride.org

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CONTACT: ADAM AYERS, CTRS
adam.ayers@cincinnati-oh.gov
513-352-4629
www.cincyrec.org/tr

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mbmoore@columbus.gov
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www.columbusrecreparks.com

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svettel@spireinstitute.org
440-361-4640
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CONTACT:

LISA FOLLOWAY

director@adaptivesportsohio.org

330-262-1200

www.adaptivesportsohio.org

FOR MORE INFORMATION VISIT WWW.VA.GOV/ADAPTIVESPORTS

OKLAHOMA

EDMOND

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Swimming, Table Tennis*

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www.ucowellnesscenter.com





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WITH PHYSICAL CHALLENGES
PARALYMPIC SPORT CLUB**

Adaptive Cycling

CONTACT:

MARGIE CROSSNO

mcrossno@tulsacenter.org

918-794-4510

www.tulsacenter.org

PENNSYLVANIA

MERCERSBURG

TWO TOP MOUNTAIN ADAPTIVE SPORTS FOUNDATION, INC. PARALYMPIC SPORT CLUB

Alpine Skiing, Cycling, Kayaking, Snowboarding, Water Skiing

CONTACT: BILL DIETRICH
bill@twotopadaptive.org
717-507-7668
www.twotopadaptive.org

PHILADELPHIA

PENNSYLVANIA CENTER FOR ADAPTED SPORTS PARALYMPIC SPORT CLUB

Cycling, Rowing, Skiing, Sled Hockey

CONTACT: JEFF MCGINNIS
jeff.mcginis@centeronline.com
215-765-5118
www.centeronline.com

UNIVERSITY PARK

PENN STATE ABILITY ATHLETICS PARALYMPIC SPORT CLUB

Sitting Volleyball, Swimming, Track and Field

CONTACT: TERI JORDAN
txj3@psu.edu
814-777-7004
www.athletics.psu.edu/ability

SOUTH CAROLINA

NORTH MYRTLE BEACH

**COASTAL CAROLINA ADAPTIVE SPORTS &
RECREATION, SOUTHEASTERN
WHEELCHAIR SPORTS ASSOCIATION
PARALYMPIC SPORT CLUB**

*Archery, Boccia, Golf, Powerlifting, Adaptive Tennis, Track and Field, Wheelchair
Basketball*

CONTACT: **MELINDA CHAPPELL**
mechappell@nmb.us
843-280-5632
www.sportsmobilitynetwork.org

TENNESSEE

CHATTANOOGA

**CHATTANOOGA PARKS & RECREATION
THERAPEUTIC RECREATION SERVICES
PARALYMPIC SPORT CLUB**

Kayaking, Paddle Boarding, Rowing

CONTACT: **ELAINE ADAMS**
adams_e@chattanooga.gov
423-697-1345
www.chattanooga.gov/parks-and-recreation

TEXAS

ARLINGTON

SOUTHWEST WHEELCHAIR ATHLETIC ASSOCIATION

Track and Field

CONTACT: **PAUL JOHNSON**
swaa.wsusa@gmail.com
817-602-0243
www.swaasports.org

TEXAS

ARLINGTON

**UNIVERSITY OF TEXAS ARLINGTON
MOVIN' MAVS ADAPTED SPORTS
PARALYMPIC SPORT CLUB**

Handcycling, Table Tennis, Track and Field, Wheelchair Basketball

CONTACT: DOUG GARNER
dgarner@uta.edu
501-655-6507
www.uta.edu/movinmavs

AUSTIN

LONE STAR PARALYSIS FOUNDATION

Archery, Cycling, Kayaking, Paratriathlon, Powerlifting, Power Soccer, Soccer, Swimming, Track and Field

CONTACT: WENDY GUMBERT
wgumbert@hotmail.com
512-914-3152
www.lonestarparalysis.org

**TEXAS ROWING FOR ALL
PARALYMPIC SPORT CLUB**

Rowing

CONTACT: KARA ROTH
kara.roth@rocketmail.com
512-769-9003
www.texasrowingforall.org

DENTON

TEXAS WOMAN'S UNIVERSITY

Goalball, Sitting Volleyball, Swimming, Wheelchair Basketball, Wheelchair Tennis

CONTACT: **DR. RONALD DAVIS**
rdavis4@twu.edu
940-898-2589
www.twu.edu

HARKER HEIGHTS

THE CITY OF HARKER HEIGHTS PARALYMPIC SPORT CLUB

Archery, Boccia, Kayaking

CONTACT: **SAM HANIE**
shanie@ci.harker-heights.tx.us
254-953-5657
www.ci.harker-heights.tx.us/index.php/athletics/adaptive-sports

TEXAS

HOUSTON

HOUSTON PARKS AND RECREATION DEPARTMENT PARALYMPIC SPORT CLUB

*Adaptive Tennis, Judo, Sitting Volleyball, Wheelchair Basketball,
Wheelchair Rugby*

CONTACT: CHUCK FRENCH
charles.french@houston.tx.gov
713-562-4089
www.houston.tx.gov/parks/adaptivesports.html

IRVING

RISE ADVENTURES INC. PARALYMPIC SPORT CLUB

Wheelchair Rugby

CONTACT: PAUL GRAY
pgray@riseadventures.org
469-762-5075
www.riseadventures.org

ROUND ROCK

WRECKERS INC DBA PARASPORTS PARALYMPIC SPORT CLUB

Wheelchair Basketball

CONTACT: WILLIE JACKSON
WreckersInc@hotmail.com
210-843-6336
www.ParaSports.org

SAN ANTONIO

OPERATION COMFORT

Sled Hockey

CONTACT: JANIS ROZNOWSKI
jroz814@yahoo.com
512-297-8972
www.operationcomfort.org

SAN ANTONIO FENCING CENTER

PARALYMPIC SPORT CLUB

Fencing (seated & standing)

CONTACT: GARY M. VAN DER WEGE
wedge@austin.rr.com
210-657-9673
www.SAFencingCenter.com

SAN MARCOS

RED RIVER RACING TEAM

DBA TEAM RIVER RUNNER

PARALYMPIC SPORT CLUB

Canoe/Kayak

CONTACT: BEN KVANLI
Ben.Kvanli@Olympian.org
512-203-0093
www.RedRiverRacing.org

UTAH

PARK CITY

**NATIONAL ABILITY CENTER
PARALYMPIC SPORT CLUB**

*Alpine Skiing, Biathlon, Cross Country Skiing, Cycling,
Sled Hockey, Snowboarding*

CONTACT: ELLEN ADAMS
ellena@discovernac.org
435-649-3991 ext. 622
www.discovernac.org

SALT LAKE CITY

**THE REHABILITATION CENTER AT
UNIVERSITY OF UTAH HEALTHCARE
PARALYMPIC SPORT CLUB**

*Alpine Skiing, Handcycling, Kayaking, Nordic Skiing,
Swimming, Tennis*

CONTACT: TANJA KARI
tanja.kari@hsc.utah.edu
801-581-2526
www.healthcare.utah.edu/rehab

VERMONT

WEST DOVER

**ABILITYPLUS, INC.
PARALYMPIC SPORT CLUB**

*Boccia, Cycling, Kayaking, Sled Hockey, Wheelchair Basketball,
Wheelchair Soccer*

CONTACT: SUE TATEM
statem@abilityplus.org
802-464-1100 Ext. 1-4699
www.abilityplus.org

VIRGINIA

ALEXANDRIA

WOUNDED WARRIOR AMPUTEE SOFTBALL TEAM

Softball

CONTACT: **DAVID VAN SLEET**
woundedwarrioramputeessoftball@gmail.com
802-777-7232
woundedwarrioramputeessoftballteam.org

CENTREVILLE

ARLINGTON-FAIRFAX CHAPTER IWLA

Air Rifle, Air Pistol

CONTACT: **THOMAS CIARULA**
Tom-C@cox.net
703-250-0947
www.arlingtonfairfax-iwla.org

FREDERICKSBURG

AMERICAN CANOE ASSOCIATION

Canoeing, Kayaking

CONTACT: **CHRISTOPHER STEC**
cstec@americancanoe.org
828-329-3404
www.americancanoe.org

RICHMOND

SPORTABLE PARALYMPIC SPORT CLUB

PARALYMPIC SPORT CLUB

Archery, Cycling, Fencing, Kayaking, Paratriathlon, Power Soccer, Rowing, Shooting, Swimming, Tennis, Track and Field, Wheelchair Basketball, Wheelchair Lacrosse, Wheelchair Rugby, Wheelchair Softball, Wheelchair Tennis

CONTACT: **KRISTEN LESSIG, CTRS**
klessig@sportable.org
804-677-1467
www.sportable.org

WASHINGTON

GIG HARBOR

GIG HARBOR CANOE KAYAK RACING TEAM

Sprint Canoe, Sprint Kayak

CONTACT: **MISSY HILL**
kmghill@juno.com
253-230-3631
www.ghck.org

LUMMI ISLAND

ADAPTIVE ACTION SPORTS, INC.

Snowboarding

CONTACT: **NANCY GALE**
nancy@nancygale.com
360-820-9268
www.adacs.org



SEATTLE

OUTDOORS FOR ALL FOUNDATION PARALYMPIC SPORT CLUB

Alpine Skiing, Cycling, Nordic Skiing, Snowboarding

CONTACT: CONNOR INSLEE
conoorinslee@outdoorsforall.org
206-838-6030 ext. 2224
www.outdoorsforall.org

TACOMA

GREATER METRO PARKS FOUNDATION PARALYMPIC SPORT CLUB

*Adaptive Rowing, Archery, Goalball, Kayaking,
Wheelchair Basketball*

CONTACT: PARKER AYERS
parkera@tacomaparks.org
253-404-3955
www.metroparksfoundation.org

WISCONSIN

STEVENS POINT

UNITED STATES CURLING ASSOCIATION, INC.

Wheelchair Curling

CONTACT: RICK PATZKE
rick.patzke@usacurl.org
715-344-2279
www.usacurl.org

VERONA

CENTRAL CROSS-COUNTRY SKI ASSOCIATION PARALYMPIC SPORT CLUB

Biathlon, Cross Country Skiing

CONTACT: YURIY GUSEV
yuriy.gusev@cxcskiing.org
608-385-8864
www.cxcskiing.org

WEST VIRGINIA

SNOWSHOE

CHALLENGED ATHLETES OF WEST VIRGINIA PARALYMPIC SPORT CLUB

Bicycling, Canoeing, Kayaking, Climbing, Golf, Swimming, Horseback Riding

CONTACT: DAVID BEGG
dbegg@snowshoemountain.com
304-572-6708
www.cawvsports.org

WYOMING

CASPER

CASPER MOUNTAIN BIATHLON CLUB PARALYMPIC SPORT CLUB

Biathlon, Cross Country Skiing

CONTACT:

ROBERT ROSSER

casperbiathlon@gmail.com

307-277-0318

www.home.caspermountainbiathlonclub.org



NATIONWIDE

ACHILLES INTERNATIONAL

Handcycling, Running

CONTACT: GENNA GRIFFITH
ggriffith@achillesinternational.org
212-354-0300
www.achillesinternational.org

AMERICAN CANOE ASSOCIATION

Canoeing, Kayaking

CONTACT: CHRISTOPHER STEC
cstec@americancanoe.org
828-329-3404
www.americancanoe.org

ASPEN VALLEY SKI / SNOWBOARD CLUB

Alpine Skiing

CONTACT: BARRETT STEIN
bstein@teamavsc.org
970-429-8324
www.teamavsc.com

CHALLENGED ATHLETES FOUNDATION

Archery, Air Rifle, Cycling, Martial Arts, Surfing, Triathlon

CONTACT: NICO MARCOLONGO
nico@challengedathletes.org
858-210-3525
www.operationrebound.org

DISABLED SPORTS USA

*Alpine Skiing, Biathlon, Cross Country Skiing, Nordic Skiing,
Sled Hockey, Snowboarding*

CONTACT: JULIA RAY
jray@dsusa.org
301-217-9840
www.dsusa.org

INJURED MARINE SEMPER FI FUND

Alpine Skiing, Archery, Basketball, Biathlon, Cycling, Shooting, Track & Field

CONTACT: TEE DRAPER
tee.draper@semperfifund.org
760-213-8156
www.semperfifund.org

MILITARY RACQUETBALL FEDERATION

Racquetball

CONTACT: STEVEN HARPER
steven@militaryracquetball.com
757-831-8458
www.militaryracquetball.com

NATIONAL WHEELCHAIR BASKETBALL ASSOCIATION

Wheelchair Basketball

CONTACT: RANDY SCHUBERT
randyschubert@nwba.org
719-266-4082
www.nwba.org

PARALYZED VETERANS OF AMERICA

Bowling, Handcycling, Shooting

CONTACT: ANDY KRIEGER
andyk@pva.org
202-416-7757
www.pva.org

NATIONWIDE

TEAM RIVER RUNNER

Kayaking

CONTACT: MELANIE BALAS
melaniebalas@gmail.com
571-330-6383
www.teamriverrunner.org

US BIATHLON

Biathlon, Nordic Skiing

CONTACT: MAX COBB
Max.Cobb@USBiathlon.org
207-688-6500
www.teamusa.org/US-Biathlon.aspx

UNITED STATES ASSOCIATION OF BLIND ATHLETES

Cycling, Rowing, Running, Skiing

CONTACT: MARK LUCAS
mlucas@usaba.org
719-866-3220
www.usaba.org

UNITED STATES CURLING ASSOCIATION, INC.

Wheelchair Curling

CONTACT: RICK PATZKE
rick.patzke@usacurl.org
715-344-2279
www.usacurl.org

USA TRIATHLON

Paratriathlon

CONTACT: AMANDA DUKE
Amanda.duke@usatriathlon.org
719-597-9090
www.usatriathlon.org

USA VOLLEYBALL

Sitting Volleyball

CONTACT

ELLIOT BLAKE

elliott.blake@usav.org

405-974-3153

www.usavolleyball.org

WOUNDED WARRIOR AMPUTEE SOFTBALL TEAM

Softball

CONTACT:

DAVID VAN SLEET

woundedwarrioramputeesoftball@gmail.com

802-777-7232

woundedwarrioramputeesoftballteam.org

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