



US Navy Reserve Psychological Health Outreach Program (USNR PHOP)

To ensure that Reservists have full access to appropriate psychological health care services, to increase resilience, and to facilitate recovery, which is essential to maintaining a ready military force.

Mid-Atlantic Region	757-444-7295 ext 2510	757-444-7295 ext 2511
Midwest Region	866-535-8538 ext 290	866-535-8538 ext 291
Northwest Region	425-304-3871	425-304-3870
Southeast Region	904-542-2486 ext 116	904-542-2486 ext 152
Southwest Region	619-532-3723	619-532-3730



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- Behavioral Healthcare Screenings
- Determine any psychological health issues that may require services or intervention
- Provide outreach telephone calls to all identified Reservists returning from deployment within the past 6 months
- Assist referred Reservists with the Line of Duty determination process
- Maintain 24/7 phone/email on-call service to respond to inquiries and referrals

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To maintain psychological health, enhance resilience and facilitate the recovery of Reserve service members and their families which is essential to maintaining a ready and fully capable force.

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