

Life & Leisure

Federal Fire Department promotes awareness

Story and photos by
Fire Inspector Angela Sanders

Adults and children of all ages stopped, dropped and rolled their way through educational fire safety booths during National Fire Prevention Week, Oct. 5-11.

The Federal Fire Department Hawaii held several events on military installations throughout the week, including at Joint Base Pearl Harbor-Hickam, to promote this year's campaign message, "Working smoke alarms save lives: test yours every month."

The Federal Fire Department Hawaii Prevention Division observed National Fire Prevention Week by informing the public through various demonstrations on the importance of testing your smoke alarms.

Adults were instructed on how to properly use a portable fire extin-

guisher and were put to the test by competing against each other for the fastest time by using the new state of the art BullEx laser-driven fire extinguisher training system. Adults were also instructed on how to safely extinguish a stove-top fire.

Children were put to the test as well by demonstrating how to stop, drop and roll and learned the emergency contact number of 911. Families were able to tour the fire trucks, try on firefighters gear and take photos with Sparky the Fire Dog.

"I have been in the fire service for over 35 years and Fire Prevention Week has always been a special time for me. The time spent talking and interacting with the communities passing on fire safety tips and seeing the smiling faces of future firefighters. If the fire

safety message provided by this event every year saves even one life from being lost in a fire, then, fire departments everywhere can say "job well done," said Jeffrey Fernaays, fire prevention chief.

According to the latest National Fire Protection Association research, working smoke alarms cut the chance of dying in a fire in half. However, almost two-thirds of home fire deaths resulted from fires in homes with no smoke alarms or no working smoke alarms, usually because batteries are missing, disconnected or dead.

"A properly installed and tested smoke detector does in fact save lives and in some cases can minimize the damage in the event of a fire," said Shannon Gipaya, fire inspector.

Fire Prevention Week was established to commemorate the Great Chicago Fire in 1871 that killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures and burned more than 2,000 acres.

The fire began on Oct. 8, but continued on and did most of its damage on Oct. 9, 1871.

Since 1922, Fire Prevention Week has been observed on the Sunday through Saturday in which Oct. 9 falls. According to the National Archives and Records Administration's Library Information Center, Fire Prevention Week is the longest running public health and safety observance on record.

For more information about the Federal Fire Department, call Angela Sanders, fire inspector at 471-3303, ext. 617 or email angela.sanders1@navy.mil. For more information about smoke alarms and the message "Working smoke alarms save lives," visit NFPA's Website at www.firepreventionweek.org.



Photo illustration
Federal Fire Department held several events on military installations from Oct. 5 to 11 to promote this year's fire safety message, "Working smoke alarms save lives: test yours every month."

Port Royal bounces back with shutout over Chung-Hoon

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

After experiencing their first defeat in the previous week, USS Port Royal (CG 73) returned with a vengeance and unleashed a blistering attack to wallop USS Chung-Hoon (DDG 93) Koa Kai, 26-0, on Oct. 11 in an Afloat Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

The win put Port Royal back on the winning track after opening the season with three straight victories before dropping a 26-6 decision to USS Chafee (DDG 90) Bulldawgs.

Playing against the 4-1 Chung-Hoon, Port Royal came out on fire, scoring on their first drive and stayed in control from wire to wire.

"We got really complacent because there wasn't much competition in the first weeks," said Port Royal quarterback Information Systems Technician 3rd Class Angelo Messina. "Last week, we had a good turnout on Monday and on Friday (practice) and it showed."

While the Port Royal's defense was constantly burned by the Chafee on third- and fourth-down conversions, against Chung-Hoon, the team—especially the defensive secondary—was back to its lockdown style of play.

After scoring on their first drive, Port Royal immediately went on another scoring jaunt to take a 14-



Seaman London Waldon bats away a pass while surrounded by USS Chung-Hoon (DDG 93) Koa Kai receivers.

0 lead going into halftime.

Starting at their own 15, Messina quickly moved the ball upfield on back-to-back rushes to move the chains to the 30.

Three straight completions by Messina gave Port Royal a first-and-goal on the 19 before the QB found Seaman Michael Elzen, who made a fingertip catch just outside

the goal line and then tiptoed into the end zone.

Coming out of halftime, Port Royal continued to dominate on defense and forced a stop by Chung-Hoon on the 30-yard line.

Messina completed two passes for a total of 15 yards to place the football on the Chung-Hoon 15.

Following an incompletion,

Messina went back on the run and used his legs to motor down the right sideline and into the end zone for a 20-0 advantage.

With Koa Kai's back against the wall, the team was forced to go to the air and, Port Royal's tight defensive backfield stepped up to the challenge.

On Chung-Hoon's second play

from their own 15, Seaman London Waldon picked off a pass to give Port Royal good field position at the Koa Kai's 29.

The pick set up Port Royal's final score of the day before the game was called at the two-minute mark due to the league's 20-point mercy rule.

"We just went back to the books and got back to the basics of the defense," said Waldon about the team's shutout. "We had to eliminate their (Koa Kai) offensive line because in the last game, they (Bulldawgs) moved our defensive line and scrambled us, so we had to go back to the drawing board."

Besides a great performance by Port Royal's defense, Messina said that getting a fast start on offense made all the difference in the world.

"Last week, we were playing from behind the whole game, which really messed us up," Messina said. "Today, we elected to take the ball first, got a lead and then kept moving the ball on every drive."

By keeping the pressure on defense and offense, Port Royal resembled the team that was expected to be the frontrunner in the Afloat Division.

While no team wants to lose, Waldon hinted that losing to the Bulldawgs might have been a good wakeup call for him and his teammates.

"That (loss to Chafee) was definitely motivation and fuel for the fire," Waldon said. "I definitely feel that."

Pearl Harbor Memorial Chapel to hold harvest festival

Brandon Bosworth

Assistant Editor, Ho'okele

Pearl Harbor Memorial Chapel, Joint Base Pearl Harbor-Hickam will hold a harvest festival from 5 to 8 p.m. on Oct. 24.

The free event will feature a Hawaiian-style dinner, carnival type games, kids' crafts, bounce house, an inflatable obsta-

cle course and a puppet show. There will be trick-or-treating, and kids are encouraged to wear costumes. Activities at the event are wholly staffed by chapel volunteers.

"The festival is for everyone here at joint base, not just those who attend the chapel," said Chaplain Cmdr. George Mendes. "It's a chance for us to reach out to the joint base community."

Mendes added that by holding the festi-

val a week before Halloween, kids will be able to dress up and celebrate two times instead of just once.

"This is a great opportunity to enjoy some Halloween fun in a safe, friendly, environment," said Marta Linzy, Protestant director of religious education. "Chaplains and chapel members will be on hand to answer any questions about chapel services or other chapel events. Everyone is welcome!"

For more information, call 473-3971.



PACAF takes first place in AF Marathon challenge

Headquarters Pacific Air Forces Public Affairs

The Pacific Air Forces team recently placed first in the Air Force Marathon Major Command team challenge based upon composite scores from both the full and half marathons held Sept. 20 at Wright-Patterson Air Force Base, Ohio.

The total run time for the half marathon team was 9:07:38 with an average time of 1:31:17, earning the team first place. The PACAF team consisted of six members, including Col. Dondi Costin, Headquarters PACAF, Joint Base Pearl Harbor-Hickam (JBPHH); Capt. Allison Easterly, Joint Base Elmendorf-Richardson, Alaska; 2nd Lt. Herman Reinhold, Yokota Air Base, Japan; Staff Sgt. Joshua Johnson, Osan Air Base, Republic of Korea; Senior



Courtesy photo from Lois Johnson

Participants, including the Pacific Air Forces team, begin the Air Force Half Marathon held Sept. 20 at Wright-Patterson Air Force Base, Ohio. The PACAF team won first place in the half marathon Major Command team challenge.

Airman Lauren Weimer, Joint Base Pearl Harbor-Hickam, Hawaii; and Airman 1st Class Andrew Riesenberger, Osan AB.

Their individual run times were as follows:
Riesenberger - 1:19:17,
Johnson - 1:27:45, Costin - 1:30:12, Reinhold - 1:30:38, Easterly - 1:37:24, Weimer - 1:42:33.

The PACAF full marathon team took second place in the team challenge with an overall run time of 13:53:40 and an average time of 3:28:25. Team members included Maj. Luke Casper, Misawa Air Base, Japan; Master Sgt. Karissa Gunter, Andersen Air Force Base, Guam; Master Sgt. Traveller Hill, JBPHH; and Senior Airman Kevin McInerney, Eielson Air Force Base, Alaska.

Their individual run times were as follows:
Casper - 3:09:37, Hill - 3:14:52, McInerney - 3:15:18, Gunter - 4:14:17.

Lady Paniolos go for repeat against Wahine Koa

Story and photos by Randy Dela Cruz

Sports Editor, Ho'okele

After rolling to their second straight undefeated regular season, the Lady Paniolos earned the right to defend their Ohana Sports Alliance women's flag football title after dispatching the Wardawgs, 31-0, on Oct. 12 in a semifinal showdown at Keehi Lagoon Park.

The championship game will be played at Keehi Lagoon Park on Oct. 19 starting at 4 p.m., where the Paniolos will meet their old nemesis Wahine Koa, who held the title for three consecutive seasons before getting their streak snapped by the Lady Ps.

Both the Lady Paniolos and Wahine Koa are a mixture of civilians and active-duty military or armed forces family members.

For the first time, Wahine Koa had to battle from the first round of the playoffs, but the team responded by defeating the Sugar Skulls, 25-6, before beating the Bombshells, 24-0, to advance to their fifth championship game in a row.

Despite beating Wahine Koa twice during the regular season, Paniolos head coach Army Sgt. Marcello McDade said that he is not taking anything for granted.

"It happens. Trust me it happens," McDade said about the possibility of falling short. "I remind them that any given Sunday, anybody can be beat. You let your guard down and all it takes is one touchdown and that's your season. So for me, I try to keep them hungry, but keep them grounded. But we've beaten everybody and when you haven't been tested, it's hard to

say, I'm nervous."

Against the Wardawgs, the Paniolos showed everyone just how dominant they could be by excelling in every aspect of the game.

Not only did the team's offense post three touchdowns, but the Paniolos defense scored twice and the special teams also got on the scoreboard.

In order to keep the team sharp, McDade revealed that he might hold three practices instead of the usual two.

Meanwhile, on defense, Shandale Graham, Paniolos defensive coordinator, said that for him,



it's just business as usual.

"I don't have to prove anything," Graham said. "My girls do my talking for me on the field. Everybody plays as one. We don't have individuals on this team. It's all one unit.



(Left) Gas Turbine System Technician (Mechanical) 2nd Class Shaluan Douglas, USS Chafee (DDG 90), seen here returning a pick, leads a tough defensive secondary for Wahine Koa while Lauren Lupinetti (above) heads a solid receiving corps for Lady Paniolos. The teams will meet for the Ohana Sports Alliance women's flag football championship on Oct. 19 at Keehi Lagoon Park.

If one person makes a mistake, somebody else makes up for it. Even if we're up, we play as if we're behind."

As if on cue, it appears that the Wahine Koa has awoken from their disappointing 2-3-1 season just in time to make their fifth

consecutive appearance in the championship game.

August Young, who has been the Koa's head coach throughout all of their glory years, said that while the team has stumbled a bit this season, he is confident that the gals are ready for one more

big hurrah.

"I keep telling them that the regular season doesn't matter," he said. "They rose to the occasion exactly as they need to. If we can get this same team to play next weekend, I believe we can take it home."

The 49 points scored on Sunday represented a great improvement for Wahine Koa, which struggled to find their groove under the direction of first year offensive coordinator Gas Turbine System (Mechanical) 2nd Class John Lennon.

After losing starting quarterback Dana Hester, Lennon has retooled the offense back to health with Cryptologic Technician (Technical) 2nd Class Michelle Dannenberger, Navy Information Operations Command (NIOC) Hawaii, behind center.

"We adjusted, did our homework every week and used every game to see our flaws and fix them," Lennon said. "I think our offense is fine. It's just practice, practice, practice. You have to make adjustments from the players to the coaches down."

For McDade, after reaching the top of the mountain last season, he said that anything else would be a disappointment.

"Predictions? Lady Ps get the trophy," McDade said. "Like I said, it does us no good to get there and walk away with a loss."

Young, who will be PCSing at the end of this year with wife Hospital Corpsman 2nd Class Adriana Tirado-Young, Naval Operation Support Center, said he can think of nothing better than to leave Hawaii as a champion.

"As bad as we want to breathe air, we want to spoil it (Paniolos season)," he admitted. "They didn't just beat us during the regular season, they commanded it. So I want to make them play."

NIOC X-Div controls Bushmasters from wire to wire

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

Clinging to a 7-6 lead at half-time, Navy Information Operations Command (NIOC) Hawaii X-Div outscored the 25th Air Support Operation Squadron (25 ASOS) Bushmasters, 21-6, in the second half to score a 28-12 victory on Oct. 14 in a Red Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

Quarterback Cryptologic Technician (Maintenance) 3rd Class Michael Quash led scoring drives of 25, 65, 4 and 65 yards for X-Div, while the team's defense limited the Bushmasters to one touchdown in each half to raise NIOC's record to 4-2.

Things haven't gone quite as easy for the Bushmasters this season as the hard-luck team continues to struggle with a 1-5 record.

"Every game is a must-win in this league," Quash said. "Every win is important."

The Bushmasters started off with the ball but saw their first drive stall after picking up only 10 yards.

Instead of punting on fourth-and-long, the Bushmasters rolled the dice and went for it but failed in

their attempt to pick up the first down.

Getting the ball in good field position at the Bushmasters' 25, Quash needed only three plays before hitting receiver Cryptologic Technician (Collection) 1st Class Anthony Craig inside the end zone on a short five-yard toss.

The converted extra point gave X-Div an early 7-0 lead, which seemed to be good enough to stand until halftime.

However, with only 1:04 remaining on the clock and the ball resting on the Bushmasters' 15, quarterback Capt. Christopher Curtis ran the hurry-up-offense to perfection and marched the team downfield for a touchdown in only 52 seconds to bring his team to within one point going into the half.

On the final play of the drive, Curtis connected on a six-yard scoring pass to Capt. Josh Hamblin.

"We kind of changed our defense up," Quash explained about the Bushmasters' quick score. "But we knew what we could do on offense."

True to his words, Quash came out and led the team on a five-play, 65-yard drive for the team's second touchdown down of the day.

Quash came out of the break on fire and connected on his first two passes to move the football from the 15 out to the 32.



Zack Main, a military family member, reaches up to make a catch before turning upfield to score six for Navy Information Operations Command (NIOC) Hawaii X-Div.

After misfiring on the next two plays, Quash, on fourth down and eight yards to go, came up with a clutch completion to Zack Main, a military family member, who made

the grab for the first and then turned it upfield for a 48-yard, pass-and-catch touchdown.

"They (Bushmasters) had coverage on the outside, but on the

inside, it was just snap and release," Main said. "I just tried to get the first down. I caught it, didn't feel anything, so I kept going."

After gaining a 14-6 lead, the X-Div defense turned red hot as the unit dropped the Bushmasters back from the 15 to the four.

Needing to catch up, the Bushmasters went for it on fourth down deep in their own territory, but they failed to convert and were forced to hand the ball over.

On the first play from the four, Quash scrambled in for a touchdown before completing a pass to finish off a two-point conversion for a commanding 22-6 lead

The Bushmasters answered with a touchdown on a five-yard pass from Curtis to Staff Sgt. Jeff McInaney, but Quash ended the night with a 53-yard bomb to Chief Cryptologic Technician (Collection) Stephan Zakaruskas.

The win not only kept X-Div among the top teams in the Red Division but also goes a long way toward the respect that the team desires.

"Everybody on this team has a chip on their shoulders because we're quote-unquote our command's second team," Quash said. "But we don't look at it that way. We come out here and compete every Tuesday."



Live the Great Life

JBPHH Fitness Center offers free program to get fit for duty

Helen Ko

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Joint Base Pearl Harbor-Hickam Fitness Center offers a free program called Navy Operational Fitness and Fueling System (NOFFS), which provides physical training to Sailors and Airmen to meet the needs of their active operational requirements. The training includes pushing, pulling, lifting and carrying.

"The program is beneficial for everyone and has support with more than 400 evidence-based sources, along with a cadre of subject matter experts that put this program together. The ultimate goal of the program is to decrease injuries (specifically musculoskeletal), i.e. sprains, strains and stress fractures," said Mark McFarland, JBPHH fitness



Photo courtesy of Mark McFarland

NOFFS helps personnel meet the physical requirements to perform their duties.

training director.

The NOFFS system includes sandbag, endurance, strength and rejuvenation phases. In addition, the system has a fueling phase, which is the nutrition component including information about meals

and calories.

"This can be used on any platform to include airframes, helicopters, submarines, surface ships and large decks (i.e., carriers), fitness anywhere around the world in the sand, in the mountains, wherever

our active duty are, they can use this program," McFarland said.

NOFFS is a worldwide program. For more information, call 471-2021 or visit greatlifehawaii.com or Navyfitness.org/fitness/NOFFS.

My Favorite Photo...

Brandon Bosworth, Ho'okele assistant editor, took this photo of a male House Finch near the USS Utah Memorial on Ford Island.



How to submit: Email your (non-posed) photos to editor@hookelenews.com

Your Weekly Fun with MWR



Visit www.greatlifehawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.

Free Golf Clinic will begin at 9:15 a.m. Saturday at Barbers Point Golf Course. FMI: 682-1911.

Wood Shop Safety class will be held from 4:30 to 7:30 p.m. Saturday at the Hickam Arts & Crafts Center. Upon completion, participants will be issued a safety certification card enabling them to use the shop tools and equipment and to go on to more advanced woodworking classes. The cost is \$20. FMI: 448-9907.

NFL Football Sunday will begin at 6:30 a.m. Sunday at J.R. Rockers Sports Café. There will be a special breakfast menu for \$7.50 for Air Force Club members and \$9.50 for non-members. FMI: 448-2271.

Gridiron Breakfast will be held from 7 to 11 a.m. Sunday at Brews & Cues. Patrons can watch NFL football games and eat free fruits and pastries. FMI: 473-1743.

Ford Island & Battleship Tour will be held from 8 a.m. to noon Oct. 22. Round-trip transportation from the Information, Tickets & Travel (ITT)-Hickam office is included. FMI: 448-2295.

Anime & Entertainment Art class will be held from 3:30 to 5 p.m. every Wednesday from Oct. 22 through Nov. 19 at the Hickam Arts & Crafts Center for youth ages 12 years and older. Tuition is \$65. FMI: 448-9907.

Liberty's Barracks Bash will be held from 5 to 7 p.m. Oct. 23 at Hickam Barracks, building 1805. This free event is for single, active-duty Airmen and Sailors only. FMI: 473-2583.

Mongolian Barbecue will be offered from 5:30 to 8 p.m. Oct. 23 on the lanai of the Historic Hickam Officers' Club. A variety of meats, vegetables and sauces will be available for 85 cents per ounce. Rice, noodles, soup, beverages and fortune cookies are included. FMI: 448-4608.

Hickam Historical Tour will be held from 9:30 a.m. to 1:30 p.m. Oct. 24. The tour departs from the ITT-Hickam office and from Royal Alaka'i Lodge and includes lunch. Due to the nature of the tour, it is not recommended for children under 6 years old. FMI: 448-2295.

Intramural Racquetball Tournament will be held from 8 a.m. to 4 p.m. Oct. 25 at the Hickam Fitness Center. The tournament is open to authorized fitness center users 18 years and older. Awards will be given to the first- and second-place winners in men's and women's categories. There is no fee to enter. The sign-up deadline is Oct. 20. FMI: 448-2214.

OCTOBER**BAYFEST IS CANCELED**

BayFest, scheduled for Oct. 17-19 at Marine Corps Base Hawaii Kaneohe Bay, has been canceled due to emergency preparations in advance of Tropical Storm Ana. Tropical Storm Ana is currently tracking a direct path to hit the Hawaiian Islands this weekend. MCB Hawaii is now shifting focus from the planning and execution of a community relations event, to planning emergency support for on-base personnel and their families, as well as the neighboring community, should it become necessary. Pre-purchased tickets will be refunded. For refund information, call Information, Tickets and Tours at 254-7563. FMI: www.bayfsthawaii.com for updates and information.

LANE CLOSURES ANNOUNCED

NOW — Ongoing through Oct. 22, turn lanes into the parking lot next to the Pacific Air Forces (PACAF) headquarters building are closed off daily from O'Malley Boulevard and Atterbury Circle to access communication manholes. The work schedule will be from 9 a.m. to 2 p.m. Vehicle and pedestrian traffic control will be provided during the lane closures by the contractor, including signs, cones and flag personnel. Motorists should seek alternate routes during this time and plan for delays. In addition, the outbound lane of Kuntz Gate will be closed from Oct. 20 through Dec. 3 for repaving. Motorists should obey all lane closure signs and traffic cones, which will be posted throughout the repair work. Large trucks exiting the base should use O'Malley Gate.

VEHICLE REGISTRATION OFFICE CLOSED

NOW — The City & County of Honolulu's Pearl Harbor Satellite Vehicle Registration Office is temporarily closed until further notice. Visit one of the other nine satellite city hall locations on Oahu: <http://www1.honolulu.gov/csd/satellite/>.

A BETTER YOU EXPO

NOW TO 28 — A Better You Expo will be held from 10 a.m. to 2 p.m. daily at the Pearl Harbor Navy Exchange, second floor. The event will include participation from Morale, Welfare and Recreation fitness, Naval Health Clinic Hawaii, Tripler Army Medical Center and other health care organizations. FMI: 423-3287 or email Stephanie.lau@nexweb.org.

COMBINED FEDERAL CAMPAIGN

NOW — The 2014 Hawaii-Pacific Area Combined Federal Campaign (CFC) began Sept. 15 and will continue through Oct. 31. The CFC is the annual fund-raising drive conducted by federal employees in their workplace. The mission of the CFC is to encourage philanthropy and to provide all federal employees the opportunity to improve the quality of life for all. FMI: www.cfc-hawaii.org.

USS ARIZONA MEMORIAL SHRINE ROOM WORK

NOW — The National Park Service is replacing the marble panels on the shrine room wall. During the next month, access to the shrine room will be limited. Wreath presentations should be considered for the area near the flagpole or viewing well. Work days will be after public hours until approximately 10 p.m.

TRAFFIC PATTERN CHANGE

NOW — Tripler Army Medical Center (TAMC) Ohana Directorate of Emergency Services has initiated a traffic pattern change at the TAMC gate. Between the hours of 2 to 5 p.m., the merge will move from its previous location after the gate to its new location after the speed bumps on Krukowski Road to reduce the risk of a motor vehicle accident. The left lane for outbound traffic starts after the traffic board between the hours of 2 to 5 p.m., Monday through Friday (excluding holidays). FMI: 433-2809.

BIKE PATH CLEANUP CANCELED

The Pearl Harbor Bike Path cleanup led by the City and County of Honolulu scheduled for Saturday has been canceled due to the approach of Tropical Storm Ana. FMI: Lt. j.g. Eric Galassi at 473-0660 or email [HYPERLINK "mailto:eric.galassi@navy.mil" eric.galassi@navy.mil](mailto:eric.galassi@navy.mil) or Tom Clements, Navy Region Hawaii outreach at 473-0662.

AMOW HAUNTED HOUSE

OCTOBER — The 515th Air Mobility Operations Wing (AMOW) Booster Club will conduct its first haunted house fundraiser at building 1050 on Vickers Avenue from 6:30 to 8:30 p.m. on Oct. 17-18 and 24-25 and from 8:30 to midnight on Oct. 31.

HARVEST FESTIVAL

24 — A Harvest Festival will be held from 5 to 8 p.m. at Pearl Harbor Memorial Chapel. The event will include costumes, free food, games, bounce houses, a puppet show, crafts and candy. FMI: 473-3971.

BELLOWS BOOFEST

25 — Bellows Air Force Station will be held from 5 to 9 p.m. at Turtle Cove. Admission is free. The event will include a haunted village, costume contest, "trunk-or-treat," decoration stations and movies under the stars. The event will also include prizes, giveaways and food and beverages available for purchase. The event is open to active duty military members, military retirees, Reservists, National Guard members, current and retired Department of Defense civilian employees with an authorized ID card and their families. FMI: 259-4112 or www.bellowsaafs.com.

ADOPT A FURRY FRIEND

25,26 — Oahu SPCA will be in attendance from 10 a.m. to 2 p.m. at the Pearl Harbor Navy Exchange pet shop with dogs and cats available for adoption. The staff can walk patrons through the process of adopting to take pets home that day. Patrons are encouraged to arrive early for the best selection. FMI: 423-3287.

ANNIVERSARY OF VIETNAM WAR

30 — Marking the 50th anniversary of the Vietnam War, pilots will reunite for a panel discussion and book signing beginning at 3 p.m. in hangar 37, Pacific Aviation Museum Pearl Harbor. Guest speakers include Gen. Lori Robinson, commanding general of Pacific Air Forces, Misty 40 pilot Dick Rutan and Air Force Maj. Gen. Don Shephard. The museum's North American F-100 Super Sabre will be dedicated to Col. George "Bud" Day, Vietnam prisoner of war and Medal of Honor recipient at 5 p.m. FMI: 441-1000 or www.pacificaviationmuseum.org.

**AS ABOVE, SO BELOW (R)**

Miles of twisting catacombs lie beneath the streets of Paris, the eternal home to countless souls. When a team of explorers venture into the uncharted maze of bones, they uncover the dark secret that lies with this city of the dead.

SHARKEY THEATER**TODAY 10/17**

7:00 p.m. This Is Where I Leave You (R)

SATURDAY 10/18

2:30 p.m. Dolphin Tale 2 (PG)

5:00 p.m. No Good Deed (PG-13)

7:00 p.m. A Walk Among the Tombstones (R)

SUNDAY 10/19

2:30 p.m. Dolphin Tale 2 (PG)

5:00 p.m. This Is Where I Leave You (R)

7:10 p.m. As Above, So Below (R)

THURSDAY 10/23

7:00 p.m. No Good Deed (PG-13)

HICKAM MEMORIAL THEATER**TODAY 10/17**

6:00 p.m. No Good Deed (PG-13)

SATURDAY 10/18

4:00 p.m. No Good Deed (PG-13)

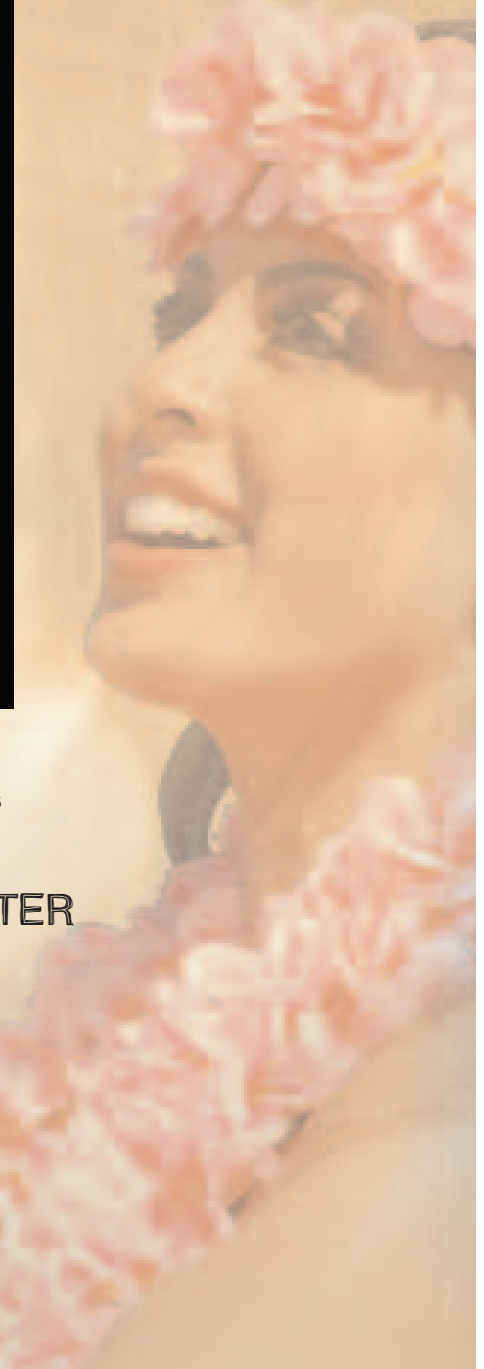
7:00 p.m. This Is Where I Leave You (R)

SUNDAY 10/19

2:00 p.m. Dolphin Tale 2 (PG)

THURSDAY 10/23

7:00 p.m. A Walk Among the Tombstones (R)





Hickam Communities offers Halloween tips

Hickam Communities has offered some tips to create a ghoulishly great Halloween for children and pets.

Tips for kids and teens

Some children already know things that they can do to be safe, like how to cross the street and not to talk to or go with strangers. But they can sometimes forget to be careful. Some of these ideas are called "common sense" ideas, which means that they are things that people should know and use every day in life.

Tips for driving on Halloween

Children and adults tend to be preoccupied and may not pay as much attention to safety as they should. They may not see a vehicle or just assume that drivers see them automatically. Drivers should stay on the defensive so they won't have a problem while driving on Halloween night.

No scaredy cats this Halloween

Attention, animal lovers, it's almost the spookiest night of the year. The ASPCA recommends taking some common sense precautions this Halloween to keep pets safe, such as keeping them away from chocolate, electrical cords and candles, and keeping them indoors.

For more information, visit www.hickamcommunities.com.

Scare up some fun with Halloween-themed events

Joint Base Pearl Harbor-Hickam

Morale, Welfare and Recreation

Joint Base Morale, Welfare and Recreation will hold a variety of activities this month to celebrate Halloween.

- Youth ages 7 to 14 can make their own Halloween mask from 3:30 to 5:30 p.m. on Oct. 21 and 28 at the Hickam Arts & Crafts Center. The cost of the event is \$50, which includes supplies. For more information call 448-9907.

- Preschool storytime featuring stories with the Halloween theme will be held from 9 to 10 a.m. Oct. 22 at the Joint Base Pearl Harbor Hickam Library. For more information call 449-8299.

- A free spooky movie and costume contest will begin at 6 p.m. Oct. 24 at Hickam Pool 2. Signups begin at 5:30 p.m. Judging will be by the other patrons at the pool. For more information call 260-9736.

- Patrons ages 12 and older can make origami decorations for Halloween from 10:30 a.m. to noon Oct. 25 at the Hickam Arts & Crafts Center. The cost is \$20 per session, which includes supplies. No folding experience is needed. For more information call 448-9907.

- A free zombie 5K run will begin at 8 a.m. Oct. 25 at the Hickam Fitness Center. Awards will be given to the top two finishers in men's, women's and youth ages 17 and younger categories. For more information call 448-2214.

- A free candy hunt will begin at 1 p.m. Oct. 26 at Scott Pool for children ages 2 to 12. Children can dress up in their Halloween costumes and hunt for candy in the field by the pool. For more information call 473-0394.

- Haunted Hawaii ghost stories will be held at Dole Plantation with Liberty on Oct. 26. Patrons will leave at the following times and locations: Express at 6 p.m., Beeman at 5 p.m., Instant at 5:15 p.m. and Makai Recreation at 5:30 p.m. The free event is for single, active-duty Sailors and

Airmen only. For more information call 473-2583.

- Liberty's Halloween-themed "No Dough Dinner" will be held from 5 to 7 p.m. Oct. 29 at Beeman Center. This free event is for single, active-duty Sailors and Airmen only. For more information call 473-2583.

- A gymnastics "spooktacular" will be held from 4 to 8 p.m. Oct. 30 at the youth fitness gymnasium, Bloch Arena. The cost is \$5 per hour for members and \$7 per hour for nonmembers. Prizes will be awarded at 5 and 7 p.m. for the most unique costume. For more information call 422-2223.

- Halloween costume parties for patrons ages 12 and under will be held from 2:30 to 4:30 p.m. Oct. 31 at Hickam Bowling Center and Naval Station Bowling Center. Bowling games are \$1.50. Shoe rental is \$1.50. The event will also feature free punch and cookies. For

more information call 448-9959 or 473-2574.

- A free "trunk or treat" event will be held from 3:30 to 5:30 p.m. Oct. 31 at Hickam Beach. Patrons can pre-register at the MWR Outdoor Recreation-Hickam Harbor office. For more information call 449-5215.

- A Halloween bowling party will be held from 5:30 to 8:30 p.m. Oct. 31 at the Escape Bowling Center, Wahiawa Annex. Bowling games are \$1.50, and shoe rental is \$1.50. For more information call 473-2651.

- A haunted plantation with Liberty event will be held on Oct. 31. Participants will leave from the following Liberty locations at the following times: Express at 6 p.m., Beeman at 6:30 p.m., Instant at 6:45 p.m. and Makai Recreation at 7 p.m. The cost of the event is \$20 and includes a front-of-the-line pass. This event is for single, active-duty Sailors

and Airmen only. For more information call 473-2583.

- "Nightmare on McChord Street, Part II" Teen Center Lock-In will be held from 8 p.m. to 7 a.m. Oct. 31 to Nov. 1 at the Hickam Teen Center. The event is for youth ages 13 to 18. The cost is \$25, or \$20 with a canned food donation. The event will include scary games and a costume contest. Teens need to have a current registration form on file in order to attend. The form can be downloaded from www.greatlifeohawaii.com or patrons can stop by the teen center. For more information call 448-0418.

- A free Halloween costume party will begin at 11:30 p.m. Oct. 31 at The Country Bar. Participants should register by 11 p.m. Prizes will be awarded for best male costume, best female costume and best overall couple. For more information call 473-1743.

Blood drive schedule updated

Tripler Army Medical Center Blood Donor Center has updated its schedule of upcoming blood drives as part of the Armed Services Blood Donor Program (ASBP). Dates and locations are updated regularly online as new drives are scheduled. Donors are encouraged to schedule an appointment online, call to make an appointment, and check www.militaryblood.dod.mil for the latest information.

Currently scheduled drives include:

- Oct. 22, 9 a.m. to 1 p.m., Commander, Pacific Fleet, BOQ Volcano Room, Joint Base Pearl Harbor-Hickam.

- Oct. 28, 9 a.m. to 1 p.m., 45th Sustainment Brigade, Schofield Barracks.

- Nov. 3 and 4, 9 a.m. to 1 p.m., 3rd Radio Battalion, Marine Corps Base Hawaii.

For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.