

Life & Leisure

Pearl Harbor Futbol Club repeats as summer league champs



Story and photos by Randy Dela Cruz

Sports Editor, Ho'okele

The Pearl Harbor Futbol Club (PHFC) got the lead with two goals in the first half and made it stand as the team celebrated its second consecutive Summer Soccer League championship with a 2-0 win over Coast Guard United (CGU) on Sept. 20 at Quick Field, Joint Base Pearl Harbor-Hickam.

The victory not only capped off an outstanding season for Pearl Harbor, which finished off regular-season play with a near perfect 9-0-1 record, but also successfully accomplished the team's quest for a repeat.

"That was the expectation we had coming in," said Joe Grogan, Department of Defense civilian, who got the team's first goal on a penalty kick. "They (CGU) played a great game though. It's good to have the good competition. That was one of the closer games we had this year."

About midway through the first half, Grogan got an opportunity to put the team out in front and he didn't disappoint his teammates.

Lining up for a penalty kick just outside the top of the CGU box, Grogan looked up to see a wall of defenders but still managed to get the ball to the net for a 1-0 lead.

"There was a lot of people sitting in the middle, so I just put my head down and found that little spot in the corner," he said. "It felt pretty good."

Getting out in front—especially in a title showdown—was a great advantage for the team, said PHFC team captain Moussa Niang, who admitted that the team plays better when it has the lead.

"That's what we needed," he said.

"It's more like a breakthrough. Once we get a goal, that's when the guys are like it's something to fuel them. It's good for us to go on top. We don't play well when we're scored on first. When Joe scored, that was a relief."

While the game was tight, it was only close on the scoreboard, as PHFC out-kicked the Coast Guard 10-0 on kicks on goal in the first half.

With the defending champs pressuring CGU on just about every transition downfield, it was just a matter of time before someone kicked in a goal.

Shortly after Grogan's PK conversion, Gas Turbine Systems (Electrical) 3rd Class Terry Gross booted in a shot from the right wing to give PHFC a 2-0 lead going into halftime.

Up by two goals with only the second half separating PHFC from their goal of repeating, Niang told his team at halftime to keep it going until the end.

"Just finish it up and play the way we've been playing," Niang stated. "Bring it home."

Holding on to a two-score advantage, PHFC switched gears and relied more heavily upon their defense to secure the win.

"Two to nothing, I felt that with solid defense, we had a chance to win already," said the team captain. "And we wanted to give all the guys a chance to go on the field and show what they can do. So we played less aggressive, since we were up 2-0. We felt like we could hold them."

Grogan fully agreed with Niang and also thought it was a good idea to empty out the team's bench.

"We have a lot of confidence in all of our players," he said. "We like to get the guys in and out—especially when on the days when you got the back-to-back. We got a lot of depth on the team."

After wrapping up their second title in two years, Grogan, who last played with the team back in 2010, said that he had a blast and plans to stick around for at least another year.

"[It's] Always great to get out and play with a good group of guys," he pointed out. "It was a very enjoyable season. I look forward to next year."

After receiving his trophy, Niang said that he is also looking forward to next year and wants nothing less than a three-peat.

"We're going to go for it," Niang admitted. "I'm hoping I have the same guys for next year. We're looking forward to bringing more (titles) home."

Fed Fire holds National Night Out

Fire inspectors and firefighters from the Federal Fire Department Hawaii educate the community on the importance of fire safety during the National Night Out event held Sept. 12 at Wheeler Community Center. Along with firefighters and safety advocates nationwide, the Federal Fire Department Hawaii is joining forces with the nonprofit National Fire Protection Association (NFPA) during Fire Prevention Week from Oct. 5 to 11, to remind local residents about the importance of having working smoke alarms in the home and testing them monthly. The Federal Fire Department Hawaii will be at the following locations from 10 a.m. to 2 p.m. during Fire Prevention Week to promote the message that working smoke alarms save lives: Oct. 3 at the Hickam Base Exchange (BX); Oct. 7 at Marine Corps Base Hawaii Kaneohe Bay Mokapu Mall; Oct. 8 at Schofield Barracks; and Oct. 9 at Pearl Harbor Navy Exchange. In addition, the department will be in attendance from 4 to 6:30 p.m. Oct. 10 at National Night Out at Aliamanu Community Center, building 1788.

Photos by Angela Sanders



Chung-Hoon snatches victory from the jaws of defeat

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

Down by a point with less than a minute remaining on the clock, USS Chung-Hoon (DDG 93) Koa Kai quarterback Sonar Technician (Surface) 3rd Class Colin Barnathan connected with Yeoman 3rd Class Courtney Sims on a 50-yard, catch-and-run for the game-winning touchdown. The game resulted in a 28-21 come-from-behind victory over USS Columbus (SSN 762) Moon Howlers in an Afloat Division intramural flag football game on Sept. 20 at Ward Field, Joint Base Pearl Harbor-Hickam.

In averting the defeat, Koa Kai raised their league record to 2-0 while the hard-luck Columbus was left still looking for their first win.

"We'll take a win whenever we can get one," Barnathan said after the game.

While Koa Kai managed to come away with the victory, the game looked like it belonged to Columbus for most of the contest.

On the first play from the Chung-Hoon's own 15-yard line, Barnathan's quick toss to the middle of the field was picked off by Torpedoman's Mate 3rd Class Zac Carden at the 22 and returned all the way to the house for a pick-six that led to a 7-0 lead after the point-after conversion.

After both teams exchanged the ball on downs, Chung-Hoon took the ball at their own 23 and drove for 57 yards and a touchdown.

The methodical drive took 10 plays before Barnathan on fourth down zipped a short one-yard pass to Navy Counselor 1st Class Anthony Wagner for six to pull to



Yeoman 3rd Class Courtney Sims leaps up to make a catch before turning upfield to score the winning touchdown and lead USS Chung-Hoon (DDG 93) over USS Columbus (SSN 762) Moon Howlers in an Afloat Division intramural flag football game.

within a single point at 7-6.

With time running out before halftime, it appeared that Columbus would go into the break clinging to a one-point lead.

However, after moving the ball from the 15 to the Koa Kai 38, Columbus quarterback Electronics Technician 2nd Class Matthew Glessner rolled to his left and went over the top to land a pass into the hands of Sonar Technician (Submarine) 3rd Class Justin Heath, who ran in untouched for a touchdown.

A converted extra-point put Columbus ahead at the break by a score of 14-6.

Needing a score to stay in the game, Koa Kai came out on fire after the break and immediately marched 65 yards on only six plays to cut into the lead.

The final play came on a spectacular catch by Sims, who jumped above the coverage in the back of the end zone to haul in a 17-yard bullet from Barnathan before touching both feet inbounds for a touchdown.

Down by only two points, Koa Kai went for a two-point conversion and got it to tie the score at 14-14.

While momentum seemed to be on the side of Chung-Hoon, Columbus seized it right back on their next set of downs.

After scrambling for a 10-yard gain on first down, Glessner competed a pass to Heath for six yards before connecting on another short toss to Lt. j.g. Derric Olson.

After making the grab, Olson picked his way through the defense for a 49-yard, catch-and-run for six points.

The converted extra-point made it 21-14 in favor of Columbus.

Barnathan went right back to work and led the

team on a 65-yard drive that ended on a 20-yard-scoring pass to Wagner, but Koa Kai failed to convert their extra-point and trailed 21-20 with time winding down.

Knowing that time was on his side, Glessner went to his short game and ate up precious time by moving the ball from his own 15 down to the Koa Kai's 20 on nine plays.

Then on first down, Glessner decided to lock up the game on one play and went for it all on a pass into the end zone that was intended for Heath.

Instead, the pass was picked off by Operations Specialist 1st Class Alvin Williams Jr. in the end zone for a touchback to set the stage for the game-winning drive.

"I gave up one touchdown in the first half, so I really didn't want to give up another," Williams said. "The whole game I was playing off. Coach was like, 'play up. Don't give up anything short.' So I tightened up my pass coverage. I had to listen to my coach."

Though Barnathan completed the game-winner to Sims, the QB said that Williams made the play of the game.

While the focus on the season is to come out and have fun, Barnathan said the team is also looking for a title.

Meanwhile, Glessner said it's back to the drawing board, but he is confident that Columbus will bounce back.

"We come out, we practice, and we keep a positive attitude," Glessner said. "We have a bunch of really athletic guys that give their hearts out each play, so we won't have a problem with coming out with our heads down next game."

Campbell High School NJROTC gives back to the community

Cadet Petty Officer 2nd Class Luke Fia

The three core values of the Navy are honor, courage and commitment. Recognizing those values, 23 cadets from James Campbell High School Navy Junior Reserve Officers Training Corps (NJROTC) displayed commitment by taking time recently to help clean up trash at Oneula Beach Park, a public beach and park in Ewa Beach.

Each cadet was given two rubber gloves and a trash bag and as soon as the order was given to start they were off and running.

The cadets said they viewed this as a day to have fun and get to know one another better because this was still early in the school year.

The best part of the cleanup was "probably getting to bond with everyone after cleaning," said Cadet Seaman Recruit Keona Mora.

The said they were proud of their work by making sure the beach was clean and free of trash and learned their efforts could make big changes.

"I learned about the importance of keeping the beaches clean and the impact we have on the environment when we don't pick up our trash," said Cadet Lt. Cmdr. Alec Bell.

Photo by Cadet Lt. j.g. Kristina Ancheta

Campbell High School NJROTC members pick up trash at Oneula Beach Park.



FVAP program encourages military to exercise voting rights

Lt. Cmdr. Robert Carr

Navy Region
Hawaii Public
Affairs

Voting is one of the most important ways to exercise the rights of citizenship, but many in the military don't realize they can still participate in their local elections anywhere, no matter if they're stationed half a world away or hundreds of feet under the surface.

Military service members can request an absentee ballot from their home on record to vote in every election, including primaries. To get a ballot, all states will accept the Federal Post Card Application, which acts both as registration to vote as well as to request an absentee ballot.

The Department of Defense (DoD) actively supports the Federal Voting Assistance Program (FVAP) to ensure its personnel have the resources, time and ability to participate in their civic duty. To comply, department



leaders and military commanders appoint voting assistance officers at every level of command and ensure they are trained and equipped to provide voting assistance.

"The FVAP has made the absentee voting process very accessible. It is important that service members and their families have the ability to exercise the freedoms they serve to protect," said Lt. Cmdr. Lena Whitehead of the Region Legal Service Office Hawaii.

Master Sgt. Richard Montano, who works for the 15th Maintenance Group at Joint Base Pearl Harbor-Hickam, is the voting officer for his group. He said timing, knowing when to send in your ballot for an upcoming election, is one of the most important things to learn.

"It's pretty easy. I did it myself for the 2012 election. It depends on what state you live in, but you always want to get that ballot in sooner rather than later," Mon-

tano said.

The FVAP was created to encourage all federal employees, including military service members, to exercise their right to vote no matter where they are stationed. The website www.fvap.gov, has a treasure trove of information, including a downloadable application, instructions on how and when to fill out a ballot, and a timetable on various bases around the globe and suggested deadlines for mailing the ballot.

Personnel Specialist 2nd Class Domicia Humphries, stationed on the USS Chung Hoon (DDG-93), said she hasn't used absentee voting to participate in her home elections from Toccoa, Ga. However, she said she knows she has the tools to do it because of her ship's efforts at getting the word out.

"They really go all out on the ship to encourage us to vote. They have messages about it. Posters and then voting officers visit with you to help you," she said.

Other military members said they have had to really pay attention to their state's requirements

for sending in the ballot, though many will accept and count the ballot a week or two after the election. Different jobs may post more problems than others.

Electrician's Mate 1st Class Arthur Valliere from Manassas, Va., stationed on the USS Houston (SSN-713), said he voted in his most recent election using an absentee ballot, but added it is tough for a submariner to always make their vote heard.

"If you can get the form while you're home a couple months early, it's possible. When you're going down for six months, sometimes there's only so much that you can do," he said.

Key points to know about the FVAP

The DoD encourages all members of the armed forces, federal civilian employees and their eligible family members to register and vote. The DoD supports FVAP by publishing factual information about registration and voting laws, with special emphasis on absentee voting requirements. Commanders are required to provide voting assistance officers at every level of

command and ensure they are trained and equipped to provide voting assistance.

All members of the armed forces and federal civilian employees assisting in the voting process will take all necessary steps to prevent fraud and to protect voters against any coercion. No member of the armed forces or any federal civilian employee shall attempt to influence the voting or participation of any other member (though free discussion of politics while off-duty is OK).

Commanders responsible for operation of military post offices are to ensure expeditious processing of balloting material and proper postmarking and date stamping of absentee ballots.

More information is available through the Director, Federal Voting Assistance Program, 1155 Defense Pentagon, Washington, D.C. 20301-1155. Voting assistance information also is available by telephone at commercial (800) 438-8683, (703) 588-1584, DSN 425-1584, by fax (703) 696-1352, DSN 426-1352, by e-mail at vote@fvap.gov, or visit www.FVAP.gov.



Live the Great Life

Paint & Sip combines socializing, artistry

Reid Tokeshi

Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation

Paint & Sip is an activity that combines the social aspect of a night out at a restaurant or club with the creativity of a painting class.

It takes place at J.R. Rockers from 5:30 to 8:30 p.m. on the first and third Thursday of each month. The next sessions will be on Oct. 2 and 16. The cost is \$40 per person and includes all painting supplies, materials and the finished painting to take home. Participants can sign up at the Hickam Arts & Crafts Center.

Victoria Ledford, one of the instructors from MWR's Hickam Arts & Crafts Center, said that holding the event at J.R. Rockers is intentional. She explained that a classroom is more formal and possibly intimidating, so she took it out of that environment.



MWR Marketing photo

Paint & Sip patrons create artwork under the guidance of instructor Victoria Ledford.

"Here, you come in, do your thing and you walk out. Having it in this setting really makes it more comfortable for people," Ledford said. She added that the event makes art more accessible.

"Art is seen as such a solitary thing. This makes it a social event," Ledford said. "It's fun. You have some drinks and snacks, and you have a girl's

night out or date night. And you walk away with something."

That "something" is the canvas the patron painted.

The evening is geared more for beginners or newcomers to the world of painting with acrylics, although experienced artists are also welcome.

For more information, call 448-9907, ext. 103.

Hike Oahu's east side with MWR Outdoor Recreation

Justin Hirai

Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation

Morale, Welfare and Recreation Outdoor Recreation (ODR) at Joint Base Pearl Harbor-Hickam can help patrons explore Oahu with guided hikes to popular destinations across the island.

One of their family-friendly hikes is the Makapuu Lighthouse Hike and Swim at Pele's Chair, located on the eastern side of the island.

The next Makapuu Light-



MWR Marketing photo

Hikers take in the view from one of the vantage points on the Makapuu Lighthouse trail.

house hike and swim activity at Pele's Chair will be held from 9 a.m. to 3 p.m. Oct. 5. The cost is \$15 and includes transportation from the MWR Outdoor Adventure Center (OAC). Patrons can register at

OAC Pearl Harbor in building 1786.

Makapuu Lighthouse is a leisurely hike with inclines and most of the pathways are paved.

At the top of the hike, participants can see the

windward coastline, including the offshore islets known as Manana Island (Rabbit Island) and Kaohikaipu Island (Black Rock), which are wildlife sanctuaries for Hawaiian seabirds.

The swim at Pele's Chair is in a cove with fairly shallow water on the inside and usually is protected from large surf by the rocks.

This side of the island is usually dry and hot. Water and sunscreen are recommended as well as snacks or a small lunch.

For more information, call 473-1198 or visit www.greatlifehawaii.com.

Your Weekly Fun with MWR



Visit www.greatlifehawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.

Movies in the Park will be shown tonight on the grassy area at Hickam Harbor. Moviegoers may bring blankets, drinks and snacks. The free movie, which is to be announced, will be suitable for all ages. Call for show time. FMI: 449-5215.

Joint Base Pearl Harbor-Hickam Zumbathon will be held from 9 to 11 a.m. Saturday at the JBPHH Fitness Center. Fitness instructors will lead a two-hour, non-stop Zumba workout. Participants are encouraged to wear pink attire to support breast cancer awareness and prevention. The fee is two group exercise class coupons. FMI: 471-2019.

Wood Shop Safety class will be held from 4:30 to 7:30 p.m. Saturday at the Hickam Arts & Crafts Center. Upon completion, participants will be issued a safety certification card enabling them to use the shop tools and equipment and to go on to more advanced woodworking classes. The cost is \$20. FMI: 448-9907.

Kiln-Formed Vessels class will be held from 1:30 to 3:30 p.m. every Tuesday from Sept. 30 through Oct. 21 at the Hickam Arts & Crafts Center. Previous glass experience is recommended. Tuition is \$75. FMI: 448-9907.

Gallery Showcase Submissions deadline is Oct. 1 at the Hickam Arts & Crafts Center. Artwork may be submitted in the artist-craftsman, photography and/or digitally created categories and must be framed or "wall ready." The showcase is open to active-duty military and their family members, Department of Defense civilians, contractors, Reservists and retirees. Three entries per category are allowed for each participant. Entry forms can be requested by emailing donna.sommer@navy.mil. There is no entry fee. FMI: 448-9907.

Golf Demo Day will be held from 3:30 to 6:30 p.m. Oct. 1 at Navy-Marine Golf Course. Patrons can try out some of the latest golf equipment at the driving range for free. FMI: 471-0142.

Alteration & Custom Sewing class will be held from 6 to 8 p.m. every Wednesday from Oct. 1 through Oct. 22 at the Hickam Arts & Crafts Center. Students can learn how to do simple to advanced alterations on clothing. Tuition is \$60. FMI: 448-9907.

SEPTEMBER

COMBINED FEDERAL CAMPAIGN

NOW — The 2014 Hawaii-Pacific Area Combined Federal Campaign (CFC) began Sept. 15 and will continue through Oct. 31. The CFC is the annual fund-raising drive conducted by federal employees in their workplace. The mission of the CFC is to encourage philanthropy and to provide all federal employees the opportunity to improve the quality of life for all. FMI: www.cfc-hawaii.org.

USS ARIZONA MEMORIAL SHRINE ROOM WORK

NOW — The National Park Service is replacing the marble panels on the shrine room wall beginning next week. During the next month or so, access to the shrine room will be limited. Wreath presentations should be considered for the area near the flagpole or viewing well. Work days will be after public hours until approximately 10 p.m.

BLOOD DRIVE SCHEDULE

Tripler Army Medical Center blood donor drives include:
 • Sept. 30, 8 a.m. to 3 p.m., TAMC Department Blood Battle, room 2A207, Tripler Army Medical Center.
 • Sept. 30, 9 a.m. to 1 p.m., Aloha Conference Center, 650 Scott Circle, building 1106, Joint Base Pearl Harbor-Hickam.
 • Oct. 1, 9 a.m. to 1 p.m., Blood Donor Center, Tripler Army Medical Center.
 • Oct. 6, 9 a.m. to 1 p.m., TAMC Department Blood Battle, room 2A207, Tripler Army Medical Center.
 • Oct. 7, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center.
 FMI: 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

OCTOBER

LANE CLOSURES ANNOUNCED

1 to 22 — Turn lanes into the parking lot next to the Pacific Air Forces (PACAF) headquarters building will be closed off daily from O'Malley Boulevard and Atterbury Circle to access communication manholes from Oct. 1 to 22. The work schedule will be from 9 a.m. to 2 p.m. Vehicle and pedestrian traffic control will be provided during the lane closures by the contractor, including signs, cones and flag personnel. Motorists should seek alternate routes during this time and plan for delays.

MAKING STRIDES AGAINST BREAST CANCER

4 — The American Cancer Society is scheduled to conduct their sixth annual Making Strides Against Breast Cancer walk from 6 to 10:30 a.m. at Joint Base Pearl Harbor-Hickam. The three-mile route will begin and end at Richardson Field and include the Ford Island Bridge and park. FMI: www.makingstrideswalk.org.

SATURDAY FLU DRIVES

4, 18 — Patients enrolled in Tripler Family Medicine and who are 6 months of age or older, can walk in to Saturday flu drives from 8 a.m. to noon in the family medicine clinic. FMI: 433-2809 or ana.m.allen2.civ@mail.mil.

COUPLES CLASS

7, 14, 21 — "Couples Class: Mastering the Art of Relationship Skills" is a relationship-enhancing class which will be held from 10 a.m. to noon at Military and Family Support Center Pearl Harbor. The class is for couples and will include topics on communication skills, relationship stages and struggles, love languages, and understanding and different personality types. FMI: www.greatlifeohawaii.com or call 474-1999.

HOW TO AVOID FALLING IN LOVE WITH A JERK/JERKETTE

8 — The class "How to Avoid Falling in Love with a Jerk/Jerkette" will be held from 10 a.m. to noon at MFSC Pearl Harbor. Participants can discover the warning signs of difficult partners and break the destructive dating patterns that have prevented happiness in the past. FMI: 474-1999 or www.greatlifeohawaii.com.

COSTUME FUN RUN

11 — The 515th Air Mobility Operations Wing (515 AMOW) costume 5K fun run will begin at 7:45 a.m. Registration and sign in will be from 7 to 7:30 a.m. The run will be on the missing man trail behind Hickam Elementary School. Those with a CAC card are welcome to participate in addition to those with a military sponsor. Participants can wear their best costume for a chance at the trophy or try to be fastest male or female for a chance to win a trophy. Registration is open now on www.active.com. Search for costume fun run. Registration fees are \$30 until Oct 10. After that date the fee will be \$35. FMI: Tech Sgt. Andrea Conn at 448-0000 or email andrea.conn@us.af.mil or Tech. Sgt. William Vanek at 448-6562 or email william.vanek@us.af.mil.

BOOT CAMP FOR NEW DADS

11 — A "Boot Camp for New Dads" will be held from 9 a.m. to 12:30 p.m. at Halsey Terrace Community Center. This is a workshop for first-time fathers-to-be. FMI: www.greatlifeohawaii.com or 474-1999.

SPACE 'A' BRIEF

16 — A "space available" brief for those interested in the benefit will be held at 11 a.m. at Hickam Memorial Theater. FMI: 449-6833 or <http://www.facebook.com/HickamAMC>.

READY NAVY ZOMBIE CHALLENGE

31 — Ready Navy has issued a zombie challenge to the kids of Navy and Marine Corps families. This year's challenge is to create a comic strip or, for those wanting a bigger challenge, to create a short, YouTube-type video. The deadline for entries to be emailed to ready.navy@navy.mil is Oct. 31. FMI: <http://ow.ly/BQ8cq2>.



THE GIVER (PG-13)

The haunting story of "The Giver" centers on Jonas, a young man who lives in a seemingly ideal, if colorless, world of conformity and contentment. Yet as he begins to spend time with The Giver, who is the sole keeper of all the community's memories, Jonas quickly begins to discover the dark and deadly truths of his community's secret past.

SHARKEY THEATER

TODAY 8/8
7:00 p.m. When the Game Stands Tall (PG)

SATURDAY 8/9
2:30 PM The Expendables 3 (PG-13)
5:10 PM If I Stay (PG 13)
7:30 PM Into the Storm (PG-13)

SUNDAY 8/10
2:30 PM Teenage Mutant Ninja Turtles (PG-13)
4:30 PM When the Game Stands Tall (PG)
6:50 PM The November Man (R)

THURSDAY 8/14
7:00 PM Into the Storm (PG-13)

HICKAM MEMORIAL THEATER

TODAY 8/8
6:00 p.m. The Giver (PG-13)

SATURDAY 8/9
4:00 p.m. The Expendables 3 (PG-13)
7:00 p.m. Frank Miller's "Sin City: A Dame to Kill For" (R)

SUNDAY 8/10
2:00 p.m. Teenage Mutant Ninja Turtles (PG-13)

THURSDAY 8/14
7:00 p.m. Let's Be Cops (R)

Network Operation Squadron comes back to beat Code 900

Story and photos by Randy Dela Cruz

Sports Editor, Ho'okele

Down by seven going into halftime, the 561st Network Operation Squadron (561 NOS) Det. 1 scored one touchdown and then finished off a two-point conversion to defeat Pearl Harbor Naval Shipyard Code 900, 14-13, on Sept. 23 in a Red Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

The NOS, base champions in 2011, scored on their first drive coming out of intermission and then let their defense do the rest to preserve the team's third win of the season.

"Our defense stepped up today," said NOS quarterback Staff Sgt. Jacee Lawary. "Our offense struggled a little bit, but interceptions kept getting us back on the field."

At the start of the game, both teams had trouble moving the ball forward, until Code 900 finally broke through on their third drive from the line of scrimmage.

After a pick by Senior Airman Michael Kelley stopped Code 900's previous drive, the team collected itself and marched 78 yards on only five plays to take the first lead of the game.

Starting at their own two, Code 900 moved the ball out to the 28 on two completions and then, facing third and long, quarterback Machinist's Mate 2nd Class Matt Bombard rolled to his right and threw across his body to a wide open Boatswain's Mate 2nd Class Leland Harris, who made the catch and coasted into the end zone on a pass play that covered 52 yards.

The team converted its extra-point attempt to take a 7-0 lead.

While the first few minutes of the game produced very little points, the action in the final two minutes prior to halftime resembled a shootout.

As the clock ticked away, Lawary completed a pass and then scrambled for four



(Above) Machinist's Mate 2nd Class Anthony Jackson waits for the ball as Senior Airman Nicholas Chung tries to knock it away. (Right) Senior Airman Nicholas Chung gets in front of Boatswain's Mate 2nd Class Leland Harris to prevent a touchdown.

and eight yards on the next two plays to place the football at midfield.

On the next play, Lawary looked downfield for a Hail Mary, but was forced out of the pocket by a strong pass rush from Code 900.

Instead of throwing the ball long, Lawary tucked it away and took off for a 40-yard touchdown with 27 seconds on the clock.

"I was trying to throw the ball," Lawary said. "I didn't

want to run. I was tired, but I just took what they gave me. The middle was open, so I had one person to beat. I just took off running."

The touchdown brought the NOS to within a single point at 7-6, but a failed point-after kept NOS from tying it up.

With so few seconds left before halftime, many quarterbacks might be content to run out the clock and protect the one-point lead.

ing it out to Machinist's Mate 2nd Class Anthony Jackson, who made a leaping catch, turned and went in for the score to give Code 900 a 13-6 lead at the break.

The touchdown just before halftime looked like a game-changer, but the NOS quickly took momentum away from Code 900 by taking the opening drive in the second half and punching it in for a score.

Again, Lawary made things happen with his feet by rushing the ball two times for 24 yards to lead his team to Code 900's eight-yard line.

On the first play from the line of scrimmage, Lawary connected with Tech. Sgt. Wayne Fiery, who took the toss up the middle for a touchdown.

Trailing by a single point, Lawary took a gamble, went for the two-point conversion and got it to take a 14-13 lead.

"The two is only a yard or two back from the one, so if we can get the one, we can probably get two," Lawary said.

Back the other

way, Code 900 responded by moving the football 46 yards on only three plays.

But with first-and-goal from the NOS nine-yard line, Bombard was picked off by Staff Sgt. Ian Johnson to kill the drive and preserve the win for the NOS.

"That was the biggest play of the game," Lawary admitted. "If they'd scored, we would have lost."

The interception ended a heartbreaking night for Bombard, who delivered the team to the brink of winning, only to see it dashed on one play.

"I under threw it," Bombard said about the pick. "We're just new. We need to come out next week and keep getting better."

While Lawary admitted that the NOS might have dodged a bullet, he still feels that the team has what it takes to be base champions again.

"This is a championship team," he said. "We got a lot of new guys. Everybody is bringing new stuff to the table, but we can win."



'Created Equal' series ends at Joint Base Pearl Harbor-Hickam Library

Story and photo by
Brandon Bosworth

Assistant Editor, Ho'okele

The Joint Base Pearl Harbor-Hickam Library hosted its final film in the "Created Equal" series on Sept. 20.

The series of four documentary and film discussions documenting the civil rights struggle in America was sponsored by the Hawaii Council for the Humanities.

A guest speaker was featured for each film. The last film shown was "The Abolitionists." Mitch Yamasaki, a professor of history and director of applied humanities research and grants at Chaminade University of Honolulu, led the discussion.



Mitch Yamasaki, professor of history at Chaminade University of Honolulu, led a discussion about abolitionism at the final "Created Equal" event held Sept. 20 at the Joint Base Pearl Harbor-Hickam Library.

"The Abolitionists" illustrated the struggles of the men and women who led the battle to end slavery, using reenactments and narration to describe the lives and feelings of figures such as William Lloyd Garrison, a New

England newspaper editor; Frederick Douglass, a former slave, author and activist; Angelina Grimke, the daughter of a rich South Carolina slaveholder; Harriet Beecher Stowe, the author of "Uncle Tom's Cabin"; and John Brown, who led the raid on the federal arsenal at Harpers Ferry.

During the event, Yamasaki explained the history of the abolitionist movement from its origins in the Quaker community to the outbreak of the Civil War. He also delved into the stories of individual activists.

"To me it is always a privilege to hear from well-informed academics, who demonstrated throughout the 'Created Equal' series that the history of racial

equality was not black and white, nor did it take place in a vacuum," said Phyllis Frenzel, library director.

Raya Basiliati attended both the screening of "The Abolitionists" as well as the previous film, "The Loving Story," which told the story of Richard and Mildred Loving, who were arrested in 1958 for violating a ban on interracial marriage in the state of Virginia.

"I enjoy going to these," she said. "They are always informative, and I enjoy interacting with other people."

All four documentaries in the series are available for borrowing from the Joint Base Pearl Harbor-Hickam Library. For more information, call the library at 449-8299.

DoD announces virus prevention measures

Assistant Secretary of Defense,
Health Affairs

The recent outbreaks of respiratory illness involving enterovirus D-68 (EV-D68) that are being reported in multiple states have the potential to place children's health at risk.

This virus spreads from person-to-person when an infected person coughs, sneezes or touches contaminated surfaces. There are no vaccines or antiviral medications that are effective against this virus.

As a result, it is important to implement prevention measures in child development centers and in Department of Defense education activity schools in the continental United States, particularly when clusters of this illness are reported in the surrounding communities. Should the outbreak begin to extend outside of the continental United States, these measures would be applied as well.

The illness appears to affect primarily

children, with the illness reported in those as young as 16 weeks of age. The most common symptoms are a mild cold or respiratory illness. In some individuals, the illness may progress to wheezing and difficulty breathing and require hospitalization, especially among children with asthma.

The following are some prevention measures:

- Keep children and staff members home if they feel unwell.
- Cover mouth (tissue or sleeve) when sneezing or coughing and promptly dispose of the used tissues.
- Wash hands frequently with soap and water for 20 seconds, particularly after coughing, sneezing or blowing your nose, after going to the bathroom and changing diapers, and before eating.
- Avoid shaking hands, kissing, hugging, and sharing cups or eating utensils, especially with children or staff who are sick.



Pearl Harbor Bike Path cleanup volunteer opportunity planned for Oct. 18

The Joint Base Pearl Harbor-Hickam community and other military volunteers can participate in the Pearl Harbor Bike Path cleanup, led by the City and County of Honolulu, from 8:30 to 11 a.m. Oct. 18.

Volunteers, including family members ages 12 and above, can help in the area along the bike path near Kalua Stream behind the Pearl Kai Shopping Center.

Volunteers should meet at the Pearl Harbor Bike Path behind Pearl Kai

Shopping Center by 8:30 a.m.

Work will include trash removal, weeding and beautification. Volunteers should dress to get dirty, wear covered shoes, and bring sunscreen.

Contact MAC William Matteson, william.n.matteson@navy.mil or (209) 216-7190 to volunteer. For more information, call Lt. j.g. Eric Galassi at 473-0660 or e-mail eric.galassi@navy.mil or call Tom Clements, Navy Region Hawaii outreach, at work 473-0662 or cell 445-4981.



PMRF Sailors talk science with students



U.S. Navy photo by Stefan Alford

Pacific Missile Range Facility (PMRF) Mass Communications Specialist 2nd Class Mathew Diendorf (right) speaks with Kauai elementary school students about some of the high-tech operations that took place during the range's recent training and testing missions at the annual Kauai In-Step Children's Science Fair on Sept. 16. PMRF Sailors helped bring science and technology to approximately 600 students at the fair. As part of the events at the fair, Boatswain's Mate 1st Class Said Esparanza explained the remote-controlled seaborne-powered targets boat as the students climbed aboard.

STORY IDEAS?

Contact the Ho'okele editor for guidelines and story/photo submission requirements

Phone: (808) 473-2890/2895

Email: editor@hookelenews.com

HO'okele
PEARL HARBOR - HICKAM NEWS

My Favorite Photo...

John Burns, administrative support assistant for Navy Region Hawaii, took this photo recently from his apartment balcony in Aiea.



How to submit: Email your (non-posed) photos to editor@hookelenews.com

BLOOD DRIVE SCHEDULE

Tripler Army Medical Center blood donor drives include:

- Sept. 30, 8 a.m. to 3 p.m., TAMC Department Blood Battle, room 2A207, Tripler Army Medical Center.
 - Sept. 30, 9 a.m. to 1 p.m., Aloha Conference Center, 650 Scott Circle, building 1106, Joint Base Pearl Harbor-Hickam.
 - Oct. 1, 9 a.m. to 1 p.m., Blood Donor Center, Tripler Army Medical Center.
 - Oct. 6, 9 a.m. to 1 p.m., TAMC Department Blood Battle, room 2A207, Tripler Army Medical Center.
 - Oct. 7, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center.
- FMI: 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

HO'okele Online

<http://www.hookelenews.com> or <https://www.cnmc.navy.mil/hawaii>



Worldwide Navy birthday all-hands call planned

Chief of Naval Operations

In celebration of the Navy's 239th birthday, the Chief of Naval Operations (CNO) and Master Chief Petty Officer of the Navy (MCPON) will hold a worldwide all-hands call Oct. 7 at 1 p.m. Eastern Daylight.

The call will be televised on Direct-to-Sailor (DTS), the Pentagon channel, and online without the chat function at www.navy.mil or with the chat function at mwww.livestream.com/usnavy.

Questions may be submitted in advance for the CNO and MCPON to answer live. Submissions should be emailed to socialmedia@navy.mil prior to and during the all-hands call.

Questions can also be posted during the all-hands call via www.livestream.com/usnavy.

Personnel submitting questions should include their name, rank and command.

October is the month of the Navy's birthday and an appropriate time to reflect on the integral role the Navy plays in the country's warfighting mission. It also is a time to remember the vital contribution that families, friends and community partners provide to the Navy in keeping with this year's theme, "Thanking Those Who Support Us."

Gold Star Mothers, Families Remembrance Day to be held Sept. 28

Commander, Navy Installations Command

A Gold Star Mothers and Families Day Remembrance will begin at 11:30 a.m. Sept. 28 at National Memorial Cemetery of the Pacific (Punchbowl). Gold Star Mothers are those who have lost a son or daughter in the service of the country.

Sept. 28 is designated as Gold

Star Mothers and Families Day, and government officials display the flag of the United States over government buildings on this special day.

In addition, the president of the United States encourages the American people to display the flag and hold appropriate ceremonies as a public expression of the nation's sympathy and respect for the sacrifices of

Gold Star Mothers and Families.

The Navy Gold Star Program is a CNIC Fleet and Family Readiness program that honors the sacrifices of Sailors who have lost their lives.

For more information, visit the American Gold Star Mothers website at www.goldstarmoms.com or the Navy Gold Star Program Facebook page at <http://www.facebook.com/NavyGoldStar>.

Jewish High Holy Days services scheduled

Joint Base Pearl Harbor-Hickam
Religious Ministry Services

Jewish High Holy Days services at the Aloha Jewish Chapel, building 1514 at Joint Base Pearl Harbor-Hickam, include:

- Erev Shabbat Shuvah
Today at 7:30 p.m.
- Yom Kippur:

Evening service (also called Kol Nidre) at 7:30 p.m. on Oct. 3.

Morning service at 10 a.m. on Oct. 4 and service at 5:30 p.m. with break-the-fast to follow.

For more information, call 473-4088.

Motorcycle safety courses offered

Joint Base Pearl Harbor-Hickam Safety Office

Motorcycle safety courses that are offered to military service members include a Motorcycle Safety Foundation (MSF) Basic Rider Course, MSF Military Sport Bike Course and MSF Advanced Rider Course.

An Advanced Motorcycle Rider Track Day is also offered, but that event is held less frequently (about twice a year or less).

A drivers' improvement course is offered monthly or as required.

The courses are held at

Barbers Point near the Army National Guard building. Maps can be found on ESAMS under the class documents section when registering on the classroom training schedule.

In order to sign up for the classes, participants can either go to ESAMS (Enterprise Safety Applications Management Systems), or call Ranold Fujioka, the region motorcycle safety course coordinator at 473-1165.

To register for the class in ESAMS, click my links classroom training schedule and then the month tab when you want to take the training.

