

# Life & Leisure

B



## 'Hele On!'

Capt. James Hammelman, 535th Airlift Squadron pilot, conducts a tour of a C-17 Globemaster III on the flightline at Joint Base Pearl Harbor-Hickam during Operation Hele On.

## Kids get on board for mock deployment

Story and photos by Tech. Sgt. Terri Paden

15th Wing Public Affairs

Youth at Joint Base Pearl Harbor-Hickam recently got a chance to walk a mile in their parents' boots during Operation Hele On, a mock deployment line intended to help children understand the process parents go through before a deployment.

Hele On, which is Hawaiian for "ready to go" is an annual event hosted by the Military Family Support Center to help youth understand the difficulties associated with real world deployments and military exercises and increase the children's understanding of deployment related issues.

Utuka Knapp, Operation Hele On coordinator, said the process also helps relieve some of the negative issues children face when a parent de-

ploys such as depression, lack of motivation or isolation.

"This gives the kids a real experience, but makes it fun for them so thinking of deployments is not so scary," she said. "It's hard at this age group because many of the kids feel they don't have anyone to talk to."

More than 130 children attended the full day event, which included an intelligence briefing, mobility bag pickup, obstacle course, drill competition, combat arms training and a C-17 static tour.

The obstacle course was a favorite of Madison Helbis, 12, who said the event was both fun and educational.

"I really liked it," she said. "I learned a lot about how my dad gets ready for a deployment."

Future Airman Cooper Reynolds, 10, said he most enjoyed learning about the different career paths available in the Air Force, specifically, the Explosive Ordnance Disposal Flight.

"I think I understand more about deployments now, but I had the most fun at EOD and learning about ordnance," he said.

In addition to the MFSC staff, many active-duty members and parents volunteered to ensure the operation was a success.

Though Staff Sgt. Isabel Ochoa Jr., Pacific Air Forces A3 operations controller, doesn't have kids he said he volunteered simply because he enjoys working with kids.

"I thought this would be a great opportunity to sharpen my MTI skills and have fun with the kids at the same time" he said. "I had a phenomenal time. Yes, the kids know about the military through their parents, but today they got to see it for themselves from a different perspective. Granted this was not a real deployment or basic training environment, but it at least gave them a taste of what their parents do."



(Above) A walk in deep sea boots.



(left) Tug-of-war.

(Below left) Two competitors drag a tire toward the finish line as part of a relay race.

(Below middle) Two Joint Base Pearl Harbor-Hickam youth flip a tire toward the finish line.

(Below right) Tech. Sgt. Keith Thompson, 442nd Logistics Readiness Squadron material management technician, helps a young man try on a gas mask in building 2115 at JBPBH.



# Legendary volleyball coach reaches out to base athletes

Story and photo by Randy Dela Cruz

Sport Editor, Ho'okele

Any superlative you can think of to describe the career of celebrated University of Hawaii Rainbow Wahine volleyball coach Dave Shoji wouldn't be an exaggeration.

One look at the legendary coach's 40-year tenure at one of the most powerful women's collegiate volleyball programs in the nation and you'll agree that Shoji is, arguably, the greatest coach ever.

On Aug. 18, courtesy of Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation, Shoji, along with the entire Rainbow Wahine volleyball squad, took their collective knowledge to Joint Base Pearl Harbor-Hickam Fitness Center and shared volleyball tips and skill-building drills to the base's men and women of the armed forces.

"I just really wanted to do this for the men and women on base," said Shoji, who is the all-time winningest coach in NCAA Division I women's volleyball history. "For me and the team, it's just a little bit of a thank you for doing what they do. And we're just really happy to be here tonight."

After a brief talk and the introduction of the Rainbow Wahine team to the more than 50 service men and women at the three-hour clinic, Shoji divided up the attendees and, after explaining each drill, provided a short practice session to try out every technique.

Covering all the basics, such as serving, digging, setting, proper hitting and footwork, everyone in attendance with the help of the Rainbow Wahine players got a chance to learn proper fundamentals of volleyball.

Jerry Dolan, a retired Master Sgt. and current Department of Defense civilian, is the head coach of the 17th Operational Weather Squadron (17 OWS) intramural volleyball squad and is also a longtime soccer coach.

Dolan raved about the hands-on instruction offered by Shoji



Hawaii Rainbow Wahine volleyball coach Dave Shoji spikes the ball to UH freshman Clare-Marie Anderson during a digging drill at a volleyball clinic that was held at Joint Base Pearl Harbor-Hickam Fitness Center.

and said he could tell that many of the attendees were getting a lot out of the camp.

"It's fantastic," Dolan said.

"This is irreplaceable experience that the folks got. Our team is very inexperienced this year. We

have new volleyball players and they were out here and I saw improvement from them just from the training that they got here."

With the start of the season for the Rainbow Wahine just around the corner, Dolan said that he

was very appreciative for Shoji and his team to take the time out and visit the service members.

Dolan also admitted that he'd definitely apply the lessons he learned from the clinic to his practice sessions.

"This just shows how Mr. Shoji is and the program that he's got gives back to the community all the time," Dolan noted. "This has given me ammunition for my next practice."

Tech. Sgt. Tim Harris, who is a member of the two-time intramural volleyball runners-up 324th Intelligence Squadron (324 IS), also agreed with Dolan that the opportunity was chance of a lifetime.

"He taught us a lot—the footwork and all the necessary things you don't think of," Harris said. "The islands is full of military folks and I've been to quite a few of his games, so it's nice for him to show a little love back to us."

Rainbow Wahine outside hitter Keani Passi, a graduate of Pearl City High School, grew up just outside of the base and said she was glad to be back.

"We were really excited to show our appreciation and come out and help," she said. "It's (volleyball) what we enjoy to do, so we don't mind coming out and sharing our knowledge. It was fun. It's definitely better than practicing."

Shoji said that coming out to spend time with the base's service men and women was more than just about volleyball.

"It is important for us to reach out to the military," he stated. "They come to our games and they cheer for us and so I'm really happy to come out on base. Anything we can do to brighten their lives is awesome."

Entering his 40th season as head coach of the Rainbow Wahine, Shoji has accomplished all there is to do in the sport.

A member of the American Volleyball Coaches Association Hall of Fame, Shoji has won two national championships and is a nine-time regional and two-time national coach of the year.

While he said that he never thought it would be a career, coaching, he said, is the fountain of youth.

"It's nice to be around young people all the time," he said. "That's one thing that keeps me going and it's a challenge every year. I'll just keep doing it as long as I feel good."

# Pearl Harbor Futbol Club stays perfect with 7-2 win

Story and photo by  
Randy Dela Cruz

Sports Editor, Ho'okele

The defending Summer Soccer League champs Pearl Harbor Futbol Club kept pace with league-leaders USS Lake Erie (CG 70) by running away from USS Asheville (SSN 758), 7-2, on Aug. 16 at Quick Field, Joint Base Pearl Harbor-Hickam.

Pearl Harbor entered the day with a 4-0 record and trailed Lake Erie by four points, which sat on top of the league with a 5-0-1 mark.

Now at 5-0, PHFC made easy work of the 0-3-1 Asheville but is looking for a bigger prize when the team squares off against Lake Erie in a noon matchup on Aug. 23 at Quick Field.

"We're really excited waiting for to play against Lake Erie," said PHFC team captain and coach Moussa Niang, who is a Department of Defense civilian. "Like all the time, we're going to play to win. The guys know that and have that mentality. They usually play harder when they know they have a challenge ahead of us."

As if preparing for the showdown against Lake Erie, PHFC came out on fire against Asheville and scored within seconds of the start of the game on a breakaway boot by DoD civilian Joe Grogan.

"I just kind of ended up in the right place at the right time," Grogan said about recording his first of four goals on the day. "The ball was at my feet and I put it away."

Minutes later, but still early in the first half, Grogan found him-



Gas Turbine Systems (Electrical) 3rd Class Terry Gross heads the ball toward Pearl Harbor Futbol Club teammate Troy Switzer during the team's Summer Soccer League game against USS Asheville (SSN 758).

self at the right spot again and popped in his second goal of the game.

The shot by Grogan was set up by an outstanding pass from teammate Gas Turbine Systems (Electrical) 3rd Class Terry Gross, who connected with Grogan from the right wing.

Up by 2-0, PHFC gave up a

point on a penalty kick by Electrician's Mate 1st Class Peter Lick-sik, but got the goal back on scoring shot from Gross to make it 3-1.

Then, just before the half, Grogan picked up his third goal of the game to give PHFC a 4-1 lead at the break.

"The team moved the ball re-

ally well," said Grogan about his scoring. "We got a solid squad this year. Makes it easy to get wide open when you get a lot of good players around you."

As he has done throughout the season so far, Niang made his appearance to start the second half after sitting out the entire first half.

The captain made his presence known immediately by beating the goalkeeper on a one-on-one opportunity to score a goal that made it 5-1.

Gross put in his fourth and final goal of the game shortly after Niang's kick for a 6-1 lead, before Asheville got their second goal on a shot by Sonar Technician (Submarine) 2nd Class Ezra Ricks.

Then just before the game ended, Niang got his second goal of the game for the final score of 7-2.

Although the teams are at opposite positions in the standing, Niang said that PHFC never takes any team lightly and is always going to come out aggressive.

"That's what we always play for," he said. "We always play to win, so that means attacking the ball. That's what we did today."

The lopsided game also provided PHFC with a chance to improve by allowing players to try different positions, which will help before meeting Lake Erie, Niang said.

"As you can tell, we're missing some guys today, so I like to move guys around and see what they can do in those positions," he said. "We knew we had a big lead, so we could recover."

With the biggest game of season facing PHFC on Saturday, Niang said that he doesn't think it will change his playing time on the field, but will be ready if needed.

"We have way more better players than me this year," he said. "They don't really need me on the field, so I think they can handle the first half without me. If needed, I'll get on there."

## Wounded Warriors paddle as team during Canoe Regatta

Story and photos  
by Staff Sgt.  
Christopher Hubenthal

Defense Media  
Activity — Hawaii

Twelve teams emphasized teamwork while paddling a three lane, 300-meter sprint, as part of the Wounded Warrior division of the Duke's Oceanfest Wounded Warrior Canoe Regatta on Aug. 16 at the Hala Koa Hotel Beach Park in Waikiki.

Hawaii Congresswoman Tulsi Gabbard, Hawaii Sen. Mazie Hirono and Wounded Warrior U.S. Army Col. Gregory D. Gads-on provided opening remarks during the event to help honor and commemorate the service of Wounded Warriors and everybody involved in the event.

In addition to the twelve teams who competed in the wounded warrior division, 33 teams competed in the military division for active duty, National Guard, Reserves and veterans and nine teams competed in the youth division. Gold Star families were also able to participate in heats during the ocean sports festival.

Each canoe team consisted of six members who were required to work together to cross the finish line.

"You think of it as a group going out there on the battlefield, well we're a group in a canoe," said U.S. Army Staff Sgt. Billie Grines-Watson of the Warrior Transi-



U.S. Army and civilian team members of the Schofield Barracks Warrior Transition Battalion canoe team "Honu," paddle their canoe toward shore after competing in a wounded warrior division paddling heat.

tion Battalion (WTB) stationed at Schofield Barracks and team member of the WTB Honu canoe team. "Everyone has to work together. It can't just be one person. If you don't have everyone working together you won't be able to move the canoe at all."

Training together has been essential for members of the WTB Honu canoe team and has contributed to their performance, they said.

"[Training] gets your form down and you get the feel that no matter who's in your boat, just being in sync and doing the correct form is where it's at," said U.S. Army Sgt. Joshua Atkins of WTB stationed at Schofield Barracks and

team member of the WTB Honu canoe team. "Once you start doing that you switch around with everyone in the club and it builds camaraderie."

U.S. Air Force Staff Sgt. Brian Arzadon, 154th Wing maintenance operations control specialist, Hawaii Air National Guard stationed at Joint Base Pearl Harbor-Hickam, coaches wounded warriors on canoe paddling as part of the Ho'okanaka Canoe Club.

"They work together and it's [a good feeling] to see them progress and get where they're from despite what their dealing with coming home from the battlegrounds or coming back to the civilian life," Arzadon



U.S. Air Force F-22 Raptor pilots of the Hawaii Air National Guard compete as team "Ho'okanaka" in a military division for active duty paddling heat.

said. "It brings everybody together and it's a team effort. You're a team where you're learning the culture of canoe paddling. It teaches them how to blend and to be one unit."

U.S. Army Special Forces Sgt. Maj. Retired Kimo Wheeler has supported and mentored the men and women of the WTB canoe team and feels a sense of pride when working with them.

"I have a special feeling for these men and women out here," Wheeler said. "You see the peace in their eyes. Ten seconds of combat is completely thrown out of the picture by two hours of paddling because it's so peaceful and it helps

strengthen their minds and bring them back to the reality that there is a lot of love for their family, for their country, for their unit, and for themselves."

The teamwork and friendships that come along with canoe paddling racing has been rewarding and helpful for Grines-Watson.

"You've also got the invisible wounds that no one really sees so it's nice to be able to get together with your brothers and sisters to be able to talk," she said. "When no one else really knows what you're going through, they do. That's the best part of this, you've got your team with you."

Steven Nardizzi, Wounded Warrior Project chief execu-

tive officer, explained the goal of having wounded warrior events like this.

"It's to bring awareness to the fact that you have so many warriors coming back injured from these conflicts and to highlight their successes. You can see that when warriors get the right support and they're given the opportunity to heal they can move forward with their life but it takes a lot of community support for that. This is really to raise awareness that warriors need their help and that they're a vital part of this community," Nardizzi said.

The WTB Honu canoe team placed second in the Wounded Warrior division.

## 'Biggest Little Airshow' takes off at museum on Ford Island

Pacific Aviation  
Museum Pearl Harbor

Pacific Aviation Museum Pearl Harbor's remote-control Biggest Little Airshow in Hawaii lifted off again this year on Aug. 16 and 17.

For two days, Ford Island came alive with remote-control flying and static aircraft and full size aircraft on display, "candy bombings" over Ford Island runway for the young ones, hands-on modeling stations, rides and activities.

The event also featured open access to hangar 79 to see the museum's many aircraft exhibits and restoration shop. In addition,

the event included broadcasts from the U.K. of the 2014 Red Bull Air Race World Championship, the sky's fastest and most breathtaking sport.

On day one of the airshow, participants saw a free screening of "Disney Planes: Fire and Rescue" in hangar 79. Ferrell Barron, the movie's producer, spoke to the crowd before the screening, explaining the significance of the fire fighters and their aircraft, and then the movie was screened in the World War II hangar.

Local performers, mainland pilots from the Academy of Model Aeronautics, and remote control flyers from Japan all per-

formed remote-control aviation feats for two days, flying their massive, 1-to-5 scale planes in the skies above the museum and Ford Island runway. At noon each day, full scale WWII warbirds flew over the crowd, presented by Bruce Mayes and Pacific Warbirds. Hawaiian Airlines' first aircraft ever, the vintage Bellanca was among those.

The tours of hangar 79, which still bears the bullet holes of the Dec. 7, 1941 attack, included views of helicopters, fighter planes, and the Lt. Ted Shealy Restoration Shop. The shop is the 1941 machine shop that is busy restoring the museum's aircraft.



U.S. Navy photo by MC2 Diana Quinlan

A crew prepares a model of F/A 18 Hornet, depicting colors of the U.S. Navy flight demonstration squadron, the Blue Angels, for flight during the sixth Biggest Little Airshow Aug. 16 at the Pacific Aviation Museum Pearl Harbor on Ford Island, Joint Base Pearl Harbor-Hickam.



# Live the Great Life



MWR Marketing photo

Library patrons watch one of the videos from the "Created Equal" series earlier this year.

## Civil rights 'Created Equal' series continues at library

**Reid Tokeshi**

*Joint Base Pearl Harbor Hickam Morale, Welfare and Recreation*

The library at Joint Base Pearl Harbor-Hickam will continue its "Created Equal" series Saturday, in partnership with the National Endowment of the Humanities.

A condensed version of the full-length film "The Loving Story," will be shown. It tells about the struggles one married couple faced just because they were not of the same ethnicity. Richard and Mildred Loving were arrested in 1958 for violating a ban on interracial marriage in

the state of Virginia.

The base library showed two other documentaries on the civil rights movement in America earlier in the year. Saturday's viewing is the first since the library took a break over the summer to accommodate the out-of-school crowd.

"The series is a tremendous eye-opener, regardless of viewers' race or ethnicity," said Phyllis Frenzel, head librarian. She added that the series of videos illustrates the difficulties the country had moving forward with civil rights.

"Racial Equality essentially took over 100 years to achieve and did not happen simply because of constitutional amendments," says

Frenzel. "It came about as a direct result of the beneficiaries claiming it through great personal sacrifice."

Jack Taylor III, assistant professor at the University of Hawaii, will be the facilitator at Saturday's showing. Taylor will give insight into the film and will lead a discussion with the viewers after the viewing.

The final documentary in the series, "The Abolitionists" will be shown on Sept. 20. The time for both showings is 1 p.m. Frenzel said all four full-length documentaries are available to be borrowed at the library. Those interested in learning more can stop by the library or call 449-8299.



MWR Marketing photo by Reid Kagemoto

Riders view Sunset Beach on the North Shore bike path.

## Riders patrons can explore the North Shore on a bike

**Justin Hirai**

*Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation*

The North Shore of Oahu is known for its large winter surf and laid-back country atmosphere. One way to explore and see some scenery is by biking along the coast. The MWR Outdoor Adventure Center (OAC) offers a scheduled bike ride, which begins near Waimea Bay and ends just past Sunset Beach.

The bike ride is about seven miles round trip and is appropriate for beginner bike riders since it is on level terrain. Stops are made at some of the North Shore's world-class surf spots, which creates possible photo opportunities. OAC staff suggests bringing a towel and bathing suit in case riders want to jump in the water to cool off.

Patrons have the choice of bringing their own lunch and snacks or wait until the halfway point of the trip for

the stop at Ted's Bakery.

The cost for the trip is \$25, which includes a bike, transportation from OAC to the North Shore and guides. If customers would like to bring their own bike, the cost is lowered to \$20.

The next available North Shore Bike Ride is from 8:30 a.m. to 3:30 p.m. Aug. 31. The signup deadline is Aug. 28. For more information, including future scheduled activities, call 473-1198 or visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com).

### Your Weekly Fun with MWR

Visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com) or subscribe to MWR's digital magazine Great Life Hawaii.



**Hickam Half-Marathon Registration** closes today. The Eighth Annual Hickam Half-Marathon will be run this year on Aug. 30 starting and

finishing at the Hickam Track. This event is open to all authorized MWR patrons and their guests. The entry form, waiver and map are available

at [www.greatlife.hawaii.com](http://www.greatlife.hawaii.com). Packet pickup will be from 8 a.m. to 7 p.m. Aug. 27 to 29 at Hickam Fitness Center. The registration fee is \$40. FMI: 448-2214.

**Molokai Saint Damien Tour** will be held from 8 a.m. to 3 p.m. Saturday. The MWR Information, Tickets & Travel

(ITT) tour to Molokai Island includes shuttle to aircraft, round-trip airfare and guided tour. Participants should wear comfortable clothes and walking shoes and bring their own snacks, lunch and drinks (retail facilities will not be available). The cost is \$325 per person. FMI: 448-2295.

**Free Golf Clinic** will begin at 9 a.m. Saturday at Mamala Bay Golf Course. FMI: 449-2304.

**AFAA Primary Instruction Certification course** will be held from 9 a.m. to 6 p.m. Saturday at Wahiawa Annex Fitness Center. Participants can learn exercise standards and guidelines, basic anatomy

and exercise science. The cost is \$224.25. Registration is available at [afaa.com](http://afaa.com) or 1-800-225-2322. FMI: 653-5542.

**Preschool Story Time** will be held from 9 to 10 a.m. Aug. 27 at the base library. The theme of this free program will be "Grandparents." FMI: 449-8299.

**AUGUST****PEARL HARBOR COMMISSARY CLOSURE**

**NOW** — Pearl Harbor Commissary is temporarily closed for a total store "reset" as part of the Defense Commissary Agency's effort to enhance the shopping experience. The store is closed today and Saturday. It is scheduled to reopen on Sunday with normal operating hours of 9 a.m. to 9 p.m. Navy Exchange hours of operation are not impacted. The Hickam Commissary will be prepared to support commissary patrons during this time. FMI: 471-8402, ext. 101 or email [eyvinne.umemoto@deca.mil](mailto:eyvinne.umemoto@deca.mil).

**FEDS FEED FAMILIES**

**NOW** — Joint Base Pearl Harbor-Hickam (JBPHH) is participating in the annual Feds Feed Families program through Aug. 31. The program is a charitable campaign by the U.S. Department of Agriculture that collects canned goods and non-perishable food items for those in need. Collection boxes for the food items have been placed at several locations around JBPHH including base chapels, the Naval Surface Group Mid-Pacific administration building, and the third floor of building 150. Individual commands can place their own collection boxes. FMI: Chief Religious Program Specialist Kimberly Bell at 473-4512 or [www.fedsfeedfamilies.gov](http://www.fedsfeedfamilies.gov).

**NEW TRIPLER PARKING LOT**

**NOW** — As of Aug. 18, Tripler Army Medical Center (TAMC) is constructing a new parking lot in the area between the ball field and the Oceanside lower D-Wing parking lots. During construction, the makeshift parking area near the old TAMC driving range will be fenced off. Alternate parking space is available at the TAMC ball field parking lot and the Tripler Army Hotel. The Tripler Trolley routes include these areas for pickup. FMI: <http://www.tamc.amedd.army.mil/> or <https://www.facebook.com/TriplerArmyMedicalCenter>.

**BLOOD DRIVE SCHEDULE**

**25, 26** — Tripler Army Medical Center Blood Donor upcoming drives will be held from 9 a.m. to 1 p.m. Aug. 25 and 26 at Marine Corps Base Hawaii, Kaneohe Bay, 3rd Radio Battalion. FMI: 433-6699 or 433-6148 or email [michelle.lele@amedd.army.mil](mailto:michelle.lele@amedd.army.mil).

**WOMEN'S EQUALITY DAY ACTIVITIES**

**26** — A Women's Equality Day event will be held from 8:30 to 9:30 a.m. at the Pearl Harbor Memorial Chapel. The event is sponsored by Navy Region Hawaii. Guests should be seated by 8:15 a.m. The guest speaker will be Coralie Chun Matayoshi, chief executive officer of the American Red Cross, Pacific Islands Region. The Silver Dolphin Bistro Galley will also have a special menu from 11 a.m. to 12:30 p.m. on the same day in recognition of Women's Equality Day. The cost of the meal is \$4.65. The meal will be open to active duty military, Department of Defense civilians, retirees and family members of active duty military with valid ID cards. FMI: 473-2948.

**MINI-HEALTH FAIR**

**27** — A Coalition of Sailor Against Destructive Decisions (CSADD) and Navy Alcohol and Drug Abuse Prevention (NADAP) Mini-Health Fair will be held from 11 a.m. to 1 p.m. at Club Pearl, Joint Base Pearl Harbor-Hickam. The program is titled "Prescription for Discharge: Zero Tolerance. Infinite Risk." The event will discuss topics on how Sailors can protect their lives and careers. FMI: CSC Edwin Ebreo at 474-1930 or email [Edwin.ebrero@navy.mil](mailto:Edwin.ebrero@navy.mil).

**TROOPS TO TEACHERS**

**28** — Troops to Teachers will be held from 9 to 10 a.m. at Military and Family Support Center (MFSC) Pearl Harbor. The class is a collaboration between the U.S. Department of Education and the Department of Defense. Troops to Teachers is designed to help relieve teacher shortages, especially in math, science, special education and other high-needs subject areas, and assists military personnel in making successful transitions to second careers in teaching. FMI: call 474-1999 or register online at [www.greatlifehawaii.com](http://www.greatlifehawaii.com) under the Families/Military and Family Support Center tab.

**COMIC BOOK CHARACTERS AT NEX**

**30** — Comic book characters including Batman, Nightwing, Joker and Harley Quinn will participate in a meet-and-greet event from 10 a.m. to 5 p.m. at the Pearl Harbor Navy Exchange first floor heritage wall. This is a free event for all authorized patrons. FMI: 423-3287 or email [Stephanie.Lau@nexweb.org](mailto:Stephanie.Lau@nexweb.org).

**SEPTEMBER****SNAP YOUR SELFIE CONTEST**

**2** — Authorized patrons of the Pearl Harbor Navy Exchange (NEX) can enter to win one of three \$500 NEX gift cards in #NEXSavescontest from now through Sept 2. Participants need to be 18 years and older to win. FMI: <http://ow.ly/AfZFJ>.

**REMEMBRANCE, RUN, WALK OR ROLL**

**6** — The Tripler Fisher House will hold its 8K Hero and Remembrance Run, Walk or Roll beginning at 6 a.m. on Ford Island. All participants should be on the island no later than 5 a.m. The official welcome and military honors will be held from 6:30 to 7 a.m. The free event is open to the public and military members. Tripler Fisher House "Traveling Bronzed Boots" will be passed on to the unit with the most participation whose team to include family members, is registered online by Sept. 1. FMI: <http://triplerfisherhouse.eventbrite.com> website, email [anita.f.clingerman.naf@mail.mil](mailto:anita.f.clingerman.naf@mail.mil) or call 561-7423.

**JEMS JOB FAIR**

**10** — The Joint Employment Management System (JEMS) Job Fair will be held from 9:30 a.m. to 1 p.m. at Club Pearl, JBPHH. More than 100 local and mainland employers will attend. The event is open to members of the military community with base access. No children or strollers will be admitted. FMI: call 474-1999 or register online at [www.greatlifehawaii.com](http://www.greatlifehawaii.com) under the Families/Military and Family Support Center tab.

**AIR FORCE SPOUSE 101**

**12** — Air Force Spouse 101: Heart Link will be held from 7:45 a.m. to 1 p.m. at Military and Family Support Center (MFSC) Hickam. The program is designed to introduce participants to all aspects of Air Force life, provide them with an opportunity to establish a peer network with other Air Force spouses, and help them learn tools to adapt to the military way of life. Lunch will be included. FMI: call 474-1999 or register online at [www.greatlifehawaii.com](http://www.greatlifehawaii.com) under the Families/Military and Family Support Center tab.

**DAWN OF THE PLANET OF THE APES (PG-13)**

In the wake of a disaster that changed the world, the growing and genetically evolving apes find themselves at a critical point with the human race.

**SHARKEY THEATER****TODAY 8/22**

7:00 PM Transformers: Age of Extinction (3-D) (PG-13)

**SATURDAY 8/23**

2:30 PM Planes: Fire and Rescue (3-D) (PG)  
4:30 PM Transformers: Age of Extinction (PG-13)  
7:30 PM Sex Tape (R)

**SUNDAY 8/24**

2:30 PM Earth to Echo (PG)  
4:40 PM Planes: Fire and Rescue (PG)  
6:30 PM Transformers: Age of Extinction (PG-13)

**HICKAM MEMORIAL THEATER****TODAY 8/22**

7:00 PM Dawn of the Planet of the Apes (PG-13)

**SATURDAY 8/23**

4:00 PM Dawn of the Planet of the Apes (PG-13)  
7:00 PM Sex Tape (R)

**SUNDAY 8/24**

2:00 PM Dawn of the Planet of the Apes (PG-13)



## Airman wins big in Navy Bowling Base Team Championship



MWR Marketing photo by Reid Kagemoto

Art Hamabata shows the winning form he used to gain the highest average award in the Navy Bowling Base Team Championships.

**Helen Ko**

*Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation*

Competing against 250 bowlers and five bases in the Pacific Region, Art Hamabata won the title of the Navy Bowling Base Team Championships league high average bowler award with his 208.088 average score.

Hamabata is an Air Force staff sergeant, assigned to Joint Base Pearl Harbor-Hickam. He won a free bowling ball from Storm and an amateur staff contract for one year which includes four balls, two bags and three shirts, a \$500 product credit to be used throughout the year and staff pricing for all Storm products.

Hamabata started bowling at the age of 4, so he's been a bowler for the past 50 years. He practices at the Hickam

Bowling Center about once a week.

"I didn't expect this. This is my very first award for this title. This is the very first tournament that the Navy ran," Hamabata said.

Some of his stats include a 219 high average held. His highest series held at Hickam Bowling Center was 798, he played his first 300 game in 1984 in Florida and 18 years later he bowled his 600 game here at Hickam Bowling Center.

Hamabata heard the good news from Millie Gomes, director of bowling and Sharkey Theater, who encouraged him to put a team together.

"There is no plaque or trophy for winning this award, but I did get great products from Storm. I also want to thank Millie Gomes for being part of the team," Hamabata said.

## Blue Angels to soar at JBPHH next month

The Joint Base Pearl Harbor-Hickam (JBPHH) "Wings Over the Pacific" airshow will feature the Blue Angels, the U.S. Navy's world-famous flight demonstration squadron.

The airshow will take place Sept. 27 and 28 from 10 a.m. to 5:30 p.m. at JBPHH. The Blue Angels flight demonstration will use the F/A-18 Hornet aircraft to exhibit the choreographed refinement of skills possessed by all naval aviators.

The Leap Frogs, the United States Navy Parachute Team, will

also perform, and there will be demonstrations by the Blue Angels C-130 Hercules support aircraft affectionately known as "Fat Albert" and C-17.

"Wings over the Pacific" will also offer displays of vintage and modern aircraft, food booths and an Xtreme Fun Zone for children that will feature rides, games and more.

The show is free and open to the general public. Security restrictions will be in place.

For more information, visit [www.wingsoverthepacific.com](http://www.wingsoverthepacific.com).

# Network Operation Squadron outlasts Brig in three sets

Story and photo by  
Randy Dela Cruz

Sports Editor, Ho'okele

The 561st Network Operation Squadron (561 NOS) Det. 1 stumbled in the first set, but regrouped to defeat Naval Brig "Cell Block" in the next two sets to win by scores of 23-25, 25-12 and 15-9 on Aug 14 in a Blue Division intramural volleyball matchup at Joint Base Pearl Harbor-Hickam.

The 561 NOS improved their record to 4-1, while the Brig was left still seeking their first victory at 0-4.

Despite playing with only five players on court, the Brig managed to steal the first set by two points. However, after figuring out their opponent, the 561 NOS took full control of the match by coasting to an easy win in the second set, before finishing off the Brig in the third and final set.

"In the first set, we were trying to get everyone to play," said Staff Sgt. David Floyd about the team's early struggles. "We're trying to make sure that everyone is cohesive in the game. Our other people hung in, but they (Brig) had lucky bounces."

Down by four points to start the first set, the Brig, behind the hard slams of Aviation Boatswain's Mate

(Equipment) 2nd Class Isaac Atkins, caught the NOS at 5-5 and refused to lose in a seesaw first set that was tied 10 times.

Behind at 22-21, the Brig took the next four out of five points to win the set, with the final point coming on a kill from Atkins.

"We just communicated and pulled it together," Atkins said about the first-set win, which was made even more difficult after being penalized for not having six players. "We lose a point every time the rotation goes back around, so I was surprised about the winning the first game."

The second set got off the same way, with the NOS getting the first four points of the game.

Instead of allowing the Brig to sneak back into the set, this time around the NOS maintained full control and built a 10-point lead at 21-11 to seal the win.

During the set, the NOS upped their hitting and got consistent frontline play from Staff Sgt. Tim Skinner, Airman 1st Class Tim Johnson and Staff Sgt. Stephan Frost.

Floyd got the team off to a good start by serving up an ace during a 4-0 rally at the beginning of the set.

"That was very important," Floyd said. "Once we started to get into the

groove, then everything just seemed to flow."

Although the NOS started off the final set with two straight points, the Brig quickly got back into the match and tied the score up at 5-5 after a kill by Culinary Specialist 3rd Class Tyler Latham.

The Brig managed to keep the set close and trailed by only a single point at 10-9, but that was as close as the team would get, as the NOS closed out the set on a five-point run that was ended with a kill from Frost.

The loss was bittersweet for the Brig, which, with one player short of a starting team, pushed one of the top teams in the division to the brink of defeat.

"Everybody just needs to come to the game," Atkins said. "We just need to practice our hitting and communicating our passes."

With 20 names on the roster, the NOS have more than enough players to get through the season.

Floyd said that like the Brig, practice also holds the key to the future success of the team.

"We're definitely in the playoffs, so right now, we're just fighting for the upper seed," he said. "That's why we practice. We stay behind every game and try to get better."



Staff Sgt. Tim Skinner tries for a kill over the block attempt of Culinary Specialist 3rd Class Tyler Latham during a Blue Division intramural volleyball game between the 561st Network Operation Squadron (561 NOS) Det. 1 and Naval Brig.

## Reward offered by NCIS for tips

Naval Criminal Investigative Service (NCIS) is offering a reward of up to \$1,000 for information leading to a felony arrest, the recovery of drugs or stolen property.

The process is anonymous and you never have to give your name.

Tip submissions can be sent anytime by text, the web and smartphone app.

Text NCIS plus your tip information to 274637 (CRIMES), log on to [www.ncis.navy.mil](http://www.ncis.navy.mil) and submit your tip, or visit the iTunes or Android mobile store to download the TipSubmit App.

