

# Life & Leisure

B

## Hawaii blooms with flower power

Story and photos by Don Robbins

Editor, Ho'okele

When people say "lucky you live Hawaii," one of the things that often come to mind are the colorful tropical flowers that grow year-round, including orchids of all shapes, sizes and colors that can be seen across the island.

For example, members of orchid clubs throughout the state avidly grow and display their orchids at shows including the recent annual Kunia Orchid Show held at Leilehua High School. Besides orchids, a few of the other exotic plants popular in Hawaii include bromeliads, anthuriums and cactus and *bonsai* trees.

The state and city offer programs open to the public that can help increase knowledge and answer questions about plants. Among them, the University of Hawaii Master Gardener program holds monthly Second Saturday at the

Garden educational programs. The events include tours of the garden center, ongoing demonstrations, UH Master Gardeners' "Got a Plant Question?" table, and seeds, herbs and ornamentals for sale. The urban garden center is located in Pearl City, near Joint Base Pearl Harbor-Hickam.

For more information on the urban garden center, visit <http://www.ctahr.hawaii.edu/ougc/> or call 453-6050 or 453-6055.

In addition, the City and County of Honolulu Department of Parks and Recreation has several botanical gardens that the public, including military members and their families, can visit to experience a variety of plant life.

They include Foster Botanical Garden, Koko Crater Botanical Garden and Lili'uokalani Botanical Garden in Honolulu, Wahiawa Botanical Garden and Ho'omaluhia Botanical Garden in Kaneohe.

For more information on the gardens, visit <http://www.honolulu.gov/parks/hbg.html>.





# Navy, Air Force score big at bodybuilding championships

Story and photos by Randy Dela Cruz

Sports Editor, Ho'okele

Navy and Air Force bodybuilders showed off their physiques at the International Natural Bodybuilding Association (INBA) 8th Annual Pacific Rim Armed Forces Bodybuilding and Fitness Championships on June 14 at Nanakuli High School.

Bodybuilders and fitness athletes from across the spectrum of Hawaii's armed forces took to the stage to display the results of their hard work and dedication. When the final calls were announced, two of the night's biggest winners represented Joint Base Pearl Harbor-Hickam.

Two years after winning the INBA Aloha Classic, Senior Chief Sonar Technician Arvin Combs, Commander, Destroyer Squadron 31, scaled the mountain once again to capture not only the men's masters' title, but also the men's overall open championship.

Meanwhile, Air Force Capt. Anjanette Lowe, 109th Air Operations Group, dazzles the audience with her posing at the 8th Annual Pacific Rim Armed Forces Bodybuilding and Fitness Championships. Lowe captured Bikini Divas title and overall bikini open championship. (Right) Senior Chief Sonar Technician Arvin Combs, Commander, Destroyer Squadron 31, displays his muscularity at the 8th Annual Pacific Rim Armed Forces Bodybuilding and Fitness Championships. Combs won the men's masters' title and the men's overall open championship.

Lowe, who competed and won in the novice division last year, came back to win the Bikini Divas title and overall bikini open championship.

Army Staff Sgt. Donna Fagarang, 524th Combat Sustainment Support Battalion, won the overall women's fitness crown.

While Combs and Lowe enjoyed outstanding evenings, they weren't the



(Left) Air Force Capt. Anjanette Lowe, 109th Air Operations Group, dazzles the audience with her posing at the 8th Annual Pacific Rim Armed Forces Bodybuilding and Fitness Championships. Lowe captured Bikini Divas title and overall bikini open championship. (Right) Senior Chief Sonar Technician Arvin Combs, Commander, Destroyer Squadron 31, displays his muscularity at the 8th Annual Pacific Rim Armed Forces Bodybuilding and Fitness Championships. Combs won the men's masters' title and the men's overall open championship.

only members of Navy and Air Force to earn high marks for their efforts.

Cryptologic Technician (Collection) 2nd Class Brad Angell-Tiedemann, Navy Information Operations Command (NIOC), received second place in the men's open novice division, while Senior Airman William Jones, 15th Maintenance Squadron (15th MXS), got

second in the men's open short category and Tech. Sgt. Jeremy Wilson, 647th Civil Engineer Squadron (647 CES), picked up third place in the men's open physique.

Show promoter Robert Chun said that putting the armed forces event together is always a pleasure and noted that the men and women on the stage repre-

sent our country's finest in health and fitness.

"We're committed to the military because it is the backbone for the Pacific Rim," Chun said. "We look back at the commitment they gave us for our freedom and we give it back in our competitions."

Chun revealed that the organization is at the cutting edge when it comes to drug

testing and that every contestant is the real deal.

"It's a 100 percent all-natural show," he said. "We want them as healthy as possible. If you notice the athletes that we have, six months later, they'll still look like that."

Although Combs has reached the pinnacle of local bodybuilding before, he said that he plans to take things a

bit further this time around. "I've qualified for pro, but I've never competed as a pro," he admitted. "I made it, but I didn't feel that I was ready. This felt good. I've got my eyes set on the natural Olympia and I had to win here to qualify. The guy who has won, has won five times, so I'm hoping to beat him."

Even though Combs looked flawless and ready to take on the world, he noted that he's got his work cut out for him, but at least he knows what to work on.

"I guess it's the same as last time," he said. "I need to continue to put size on my legs and get leaner."

Like Combs, who praised his wife for being so understanding, Lowe thanked her spouse Maj. Kimo Lowe, 15th Wing, for believing in her passions for living healthy and competition.

Building off of her win in the novice division last year, Lowe admitted that while she had high hopes for this year, she didn't expect to garner two open division championships.

"I decided to do the open and was a little nervous with the younger crowd," she said. "But, fortunately for me, I was successful."

Lowe said that while dieting can be a challenge, she loves doing what she does and even shared her secret for competing at a high level.

"Get a good support system," he pointed out. "You need someone that you can talk with, share your feelings and someone that will support you and say, 'you're doing good, keep going, keep eating that chicken, you got two more weeks to go.' You need that support system and mentor."

**HO'OKELE Online** PEARL HARBOR - HICKAM NEWS <http://www.hookelenews.com/> or visit <https://www.cnicy.navy.mil/Hawaii/index.htm> 



# Naval Health Clinic Hawaii wins soccer championship

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

After two back-to-back grueling days of playoffs, Naval Health Clinic Hawaii (NHCH) got past the 15th Maintenance Group (15 MXG) Rum Runners, 1-0, in the season's grand finale on June 15 to win the 2014 Joint Base Pearl Harbor-Hickam intramural soccer championship at Ward Field.

Winners of the White Division title during the regular season, NHCH ousted 515th Air Mobility Operations Wing (515 AMOW) in the first round and then defeated the defending champions Kunia Gallos and USS Cheyenne (SSN 773), before edging the 15th MXG to win it all.

"I don't want to say we're surprised," said NHCH team captain Hospital Corpsman 3rd Class Matthew Tharp. "We play without the expectation of taking first place because we work together and we're all friends. We didn't think anything more than getting through the first day. The first 8-0 team lost and when we heard that the other (8-0 team) fell,



Lance Cpl. Isidro Hernandez lets the game-winning kick fly to the goal to give Naval Health Clinic Hawaii (NHCH) a 1-0 win over the 15th Maintenance Group (15 MXG) Rum Runners.

then we realized that we're the last team with the best record. Beating the Cheyenne and shutting them out of goals was, I think, what led to this."

The only score of the game came midway through the first half when NHCH striker Hospital Corpsman 3rd Class Talla Mamadou was tripped up

near the Rum Runners' goal.

Unable to take the penalty kick, NHCH called upon newcomer Lance Cpl. Isidro Hernandez to step

up for the shot.

Hernandez, who only recently came to the islands, positioned himself before booting the ball past the goalkeeper for the 1-0 lead.

"It all starts with the confidence that the team gives you," Hernandez said. "The team trusts you to do what you need to do and it's pretty much instinct. It was a spot kick and I was, like, just put it in."

Tharp said that the situation was typical of how the team played the entire season. When one player goes down, he said, someone else steps up.

"That's the thing," Tharp pointed out. "Since we're all corpsmen we all kind of step up when one falls down."

Heading into the game, Tharp said he felt that the team matched up well against the 15 MXG and liked their chances of winning.

"We noticed after we saw them play the first time and saw how they played, that we had a strategic advantage," he said. "We know what it's like to have one goal scored against you and being down there is a certain anxiety that sets in. We could see it setting

in their plays."

The 15 MXG had a golden chance to tie the score when Tech. Sgt. Dustin Jose broke away into the open and had a one-on-one opportunity.

However, NHCH goalkeeper Lt. Mike Hill challenged the shot and made a key block at the top of the box to preserve the lead.

"He (Hill) kind of speared into my stomach," Jose said. "I tried to put it in, but it was what it was. It was a good play by him."

Jose admitted that the two-day tournament was tough, but he felt good about the way the season came to a close.

A few more through balls against NHCH and, Jose said, things might have turned out differently.

"We adjusted our lineup," he said. "We played as good as we could, but they got the win."

Hernandez also admitted that the two-day tournament started to take its toll on the players, but where there's a will, there's a way.

"The body gets tired, but passion is there, the fire is there," Hernandez said. "We just kept on pushing. It's a great feeling."

# Wahine Koa keeps perfect football record with 14-0 win

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

It wasn't the grand send-off that defending champions Wahine Koa wanted to give departing offensive coordinator Lt. j.g. Gennaro Hawkins, Computer Telecommunications Area Master Station Pacific, but the team, despite dropped passes and numerous penalties, still prevailed over the Air Force Falcons, 14-0, on June 15 in an Ohana Sports Alliance women's flag football showdown at Manana Community Park in Pearl City.

Both women's flag football teams are a mixture of civilians and active-duty military or armed forces family members.

Wahine Koa got two touchdown passes from quarterback Dana Hester to running back Shardae Ingano to escape with the victory for their fourth straight win against zero defeats.

The Falcons remained tied for fourth place with a record of 1-3.

"We had a few hiccups," Hawkins admitted. "We're past the days of beating a team by 30, 40 (points). Every team we play, every week, they're going to come with their best. At the end of the day, that's what we like. We keep it going, we keep it a battle, and we keep it fun."

On the opening drive of the game, the Falcons defense appeared to stop the Koa on four plays, but offsetting penalties gave

Wahine another chance and Hester made them pay.

Facing fourth down and 10 from the Falcons' 39-yard line, Hester found Dee Hawkins, the coach's wife, down the left sideline for a huge pickup that placed the ball on the 28 and a first down.

Two plays later, Hester connected with a wide-open Ingano, who made the catch and ran into the end zone for a 6-0 advantage.

The lead stood through halftime and most of the second half, but with time running out in the game, Hester led the Koa on the most impressive drive of the game.

Starting at their own three-yard line, the Koa sealed the game by embarking on a time-consuming, 77-yard drive that took 12 plays to complete.

The last 15 yards of the drive saw Hester hook up with Ingano for their second touchdown of the game.

This time, Ingano beat coverage to the left corner of the end zone before jumping up to cradle her second scoring pass.

The Hester-to-Ingano duo then put the finishing touch on the win by locking up for the two-point conversion.

While Koa hit a few road bumps on their way to the win, the Falcons didn't help their cause by missing coverage in the backfield and fumbling the ball four times on exchanges from their center to quarterback.

Falcons head coach Chief Cryptologic Technician (Collection) Kenny Wright said that tentative play on de-



Running back Shardae Ingano goes up to grab her second touchdown pass of the day in leading Wahine Koa to a 14-0 win over the Air Force Falcons. Wahine Koa goes up against the Marine Corps Base Hawaii (MCBH) based Wardaws on June 22 at Manana Community Park in Pearl City. Kickoff is set for 2 p.m.

fense may have cost them the game.

"There was too much peeking in the backfield by our defensive backs," he pointed out. "That's the main thing that, to me, killed us."

As for mishandling the ball at the line of scrimmage, assistant coach Army Sgt. Nick Ford said that it is

a problem that is being addressed.

"We switched to a new center, so we're still trying to get to work on their exchange," Ford acknowledged. "We're adjusting that and working on it every week."

For Hawkins, the game also represented the end of 13 consecutive years of ser-

vice in Hawaii. He now departs for Sasebo, Japan where he will serve two years on USS Bonhomme Richard (LHD 6).

Besides his service in the Navy, Hawkins, who met his wife of 10 years here in the islands, has had a stellar career as an athlete and coach.

In total, he has accumu-

lated 10 championships as a coach and in intramural athletics on base.

"I'm just happy to be part of something that is special," said Hawkins about coaching Wahine Koa. "We started four or five years ago and where we are as a league, as an organization, it's just been a pleasure. It's home now."

# Pacific Air Forces Airmen team up for Air Force Marathon

Tech Sgt. Joy Meek

PACAF Public Affairs

It starts by placing one foot in front of the other, increasing speed, building endurance and the next thing you know, 26.2 miles have passed. OK, well, it may not be that easy, but some Pacific Air Forces Airmen have the opportunity to experience exactly what it takes to train for and complete the Air Force Marathon.

Ten Airmen from bases throughout the Pacific region were selected to represent PACAF in the Air Force Marathon on Sept. 20, in either the half or full marathon at Wright Patterson Air Force Base in Dayton, Ohio.

"This year is the first year that PACAF will officially be sending a full team of 10 runners for the MAJCOM Challenge," said Master Sgt. Terilyn Madrona, PACAF services sustainment branch noncommissioned officer

at Joint Base Pearl Harbor-Hickam. "In previous years, PACAF only funded four full marathon runners."

The AF Form 303, Request for USAF Specialized Sports Training, is the official document the athletes use to apply for the team which lists their last three years of run times and accomplishments. All of the applications are evaluated by a PACAF Services board which selects the participants.

With 59 applicants, Madrona said it wasn't an easy selection decision for the board.

"It was a lengthy process to go through each application as many candidates had multiple recent run times to evaluate," Madrona said. "The AF Form 303 asks for sports experience and significant performance or training for the past three years."

Airman 1st Class Andrew Riesenberger, civil engineer with the 51st Civil Engineer Squadron at Osan Air Base,

South Korea, one of six PACAF runners selected for the half marathon, said he looks forward to meeting other military running enthusiasts.

"It's really exciting for me because I've been running for so long on high school and college teams it's cool to have a different kind of team to run and compete with," Riesenberger said.

His sentiment was shared by fellow half marathon participant, 2nd Lt. Herman Reinhold, 374th Force Support Squadron Readiness and Plans chief at Yokota Air Base, Japan. "I'm excited to meet other running enthusiasts from across PACAF," Reinhold said. "Sometimes I feel like I'm the only crazy guy out there doing laps around the flight line in 40 degree weather when everyone else is already home watching TV."

For some participants it may be a new experience, but for Master Sgt. Karissa Gunter, fit-

ness center section chief with the 36th Force Support Squadron at Andersen Air Force Base, Guam, this will be her ninth full marathon and second time on the PACAF team.

She credits her running passion to a previous assignment.

"I was stationed at Aviano [Italy] in 2007 and running encouraged me to get out and see all the fascinating sites in Europe," Gunter said.

Proper training and running a few half or full marathons is important for anyone wanting to be on a future team, according to Madrona. For helpful training information, visit the USAF Marathon site at [www.usafmarathon.com/training.htm](http://www.usafmarathon.com/training.htm).

For anyone interested in applying to participate in next year's AF Marathon, Reinhold offers some advice.

"All it takes is a strict running regime and a little bit of confidence. Turn off the TV for a few minutes, load some music onto your MP3

player, tie your shoes and go."

The full team representing PACAF in the 2014 Air Force Marathon is listed below:

- Full Marathon:**  
 Maj. Luke Casper, 35 Fighter Wing Safety, Misawa AB  
 Master Sgt. Karissa Gunter, 36 FSS, Andersen AFB  
 Master Sgt. Traveller Hill, 25 Air Support Operation Squadron, JBPHH  
 SrA Kevin McInerney, 5 ASOS, Eielson AFB  
**Half-Marathon:**  
 Col. Dondi Costin, HQ PACAF Chaplin, JBPHH  
 Capt. Allison Easterly, 962 Airborne Air Control Squadron, JBER  
 2nd Lt. Herman Reinhold, 374 FSS, Yokota AB  
 Staff Sgt. Joshua Johnson, 51 Operation Support Squadron, Osan AB  
 SrA Lauren Weimer, 647 Civil Engineer Squadron, JBPHH  
 A1C Andrew Riesenberger, 51 CES, Osan AB





# Live the Great Life

## Summer Reading Program continues at Hickam Library

Reid Tokeshi

Joint Base Pearl Harbor-Hickam  
Morale, Welfare and Recreation

The summer reading program at Joint Base Pearl Harbor-Hickam Library is still accepting registration for all ages. The program began May 28 and participation is free.

Launched years ago as an incentive to keep everyone reading throughout the summer and when school is out of session, the program rewards readers for reaching certain goals.

Readers are divided into three groups: Read to Me (birth to 7 years), I Can Read (8 to 15 years) and Young Adult/Adult Reader (16 years and up). Each group has three levels of goals to reach, based on the amount of reading



MWR Marketing photo

Magician Glen Bailey entertains children at last year's final party for the summer reading program. Bailey will return for this year's party on July 19.

they accomplish and log in an online account.

This year's theme is "Paws to Read," and weekly activities match the theme. A dog demonstration will take place on July 28 to teach about human-animal interaction. Additional games, puzzles and crafts will be offered in July. The program

ends on July 12, and a final party with prizes, food and entertainment for the participants will be held July 19.

The program is provided courtesy of the Department of Defense (DoD) Library system every year. For more information, visit the library or call 449-8299.

## Beachside restaurant to celebrate two-year anniversary on JBPHH

Reid Tokeshi

Joint Base Pearl Harbor-Hickam  
Morale, Welfare and Recreation

Sam Choy's Island Style Seafood Grille opened its doors two years ago on the waterfront of Hickam Beach at Joint Base Pearl Harbor-Hickam. Sam Choy's will host a family fun day Saturday on the grassy area in front of the restaurant to celebrate the occasion. The free event will be held from 11 a.m. to 3 p.m.

Activities for the kids include jumper castles, face painting and *keiki* hot dogs. Shaved ice and cotton candy will be available for purchase. For the adults, live music from Push-O-Verse can be heard on the Hapa Deck from 1 to 4 p.m.

Working with Joint Base Pearl Harbor-Hickam Morale, Welfare & Recreation, the restaurant has adjusted their service to fill the needs of the military community. Donovan Maples, the general manager, said they recognized the unique needs of those patrons working on the base.

He explained that one example was the start of their lunch in a rush buffet that runs Monday through Friday. On alternate days, the restaurant offers a burger bar or taco bar. Fridays is their *aloha* Friday buffet with a larger selection.

"Because we are on the opposite side of the base from where most people work, this allows food to be ready so people can eat and go in the matter of minutes," Maples said. "They can still get the great service we offer and good food without the normal wait time of other restaurants."

The expanded service has also benefited the restaurant. Maples said they have been rewarded with increased patronage from groups holding their functions there.

"We are now the go-to spot for farewell lunches, promotion ceremonies and office gatherings," Maples said.



MWR Marketing photo

Sam Choy's Island Seafood Grille located at Hickam Harbor will hold a family fun day from 11 a.m. to 3 p.m. Saturday.

## Your Weekly Fun with MWR

Visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com) or subscribe to MWR's digital magazine Great Life Hawaii.



**Free Advance Screening of "Transformers: Age of Extinction"** will be shown in 3D at 3 p.m. Saturday at Sharkey Theater. Assigned seating tickets will be issued at the ticket box office at 1:30 p.m. to the first 400 authorized patrons. Active duty ID cardholders can receive up to four tickets. Family members, retirees and Department of Defense cardholders can receive up to two tickets. FMI: 473-0726.

**Cardio Kickboxing Instructor Certification class** will be held from 10 a.m. to 4 p.m. June 22 at the Joint Base Pearl Harbor-Hickam Fitness Center. Students can learn proper punch and kick techniques and combinations plus safe ways to lead a kickboxing class. The registration fee is \$300 and includes a pre-mixed

music CD and workout DVD. Registration is through [www.cardiokickboxing.com](http://www.cardiokickboxing.com). FMI: 471-2019.

**Command Fitness Leader Course** will be held June 23 through 27 at the Joint Base Pearl Harbor-Hickam Fitness Center. This free course is open to Navy and Marines only. It provides the basic fitness and nutrition tools for personnel to go back to their respective commands and design fitness programs, facilitate classes, and become the ambassadors of fitness and nutrition. FMI: 471-2021, 202-433-4367.

**Registration for Group Swim Lessons** will be held at Hickam Pool 2 Mondays through

Thursdays for parent and child (ages 6 months-3 years); preschool (ages 3-4 years); levels 1-3 and levels 4-5 (ages 5-16 years); and adults (ages 17 years and older). Available sessions are: June 30-July 10, July 14-24, and July 28-Aug. 7. The cost is \$60 per session. Youth registrations are through [www.greatlifehawaii.com](http://www.greatlifehawaii.com), and adult swimmers may register in person at Hickam Pool 2. FMI: 260-9736.

**Fashion Illustration class** will be held from 3:45 to 5:15 p.m. every Monday from June 23 through July 21 at the Hickam Arts & Crafts Center for youth ages 12 years and older. Fundamentals such as proportion, form, anatomical exaggerations and gesture will be covered. Basic sketching and painting experience is a

plus but is not required. Tuition is \$65. FMI: 448-9907.

**Summer Craft Camp** will be held from 10 a.m. to noon June 24 through 27 at the Hickam Arts & Crafts Center. Weekly sessions are available until the end of July for youth ages 7 years and older. New creative projects will be offered each session. The cost is \$55 per session. FMI: 448-9907.

**Beginning Adult Watercolor class** will be held from 6 to 8 p.m. every Tuesday from June 24 through July 29 at the Hickam Arts & Crafts Center. Students can learn how to use and apply basic tools, techniques and procedures of watercolor to compose and paint pictures. Tuition is \$70. FMI: 448-9907.



Community Calendar

**JUNE**

**HOMEWARD BOUND**

**NOW** — The Army & Air Force Exchange Service's Homeward Bound campaign is offering giveaways to celebrate the homecoming of America's warfighters and honor those who serve. Shoppers who visit the exchange's Facebook page at [www.facebook.com/AAFES.BX.PX](http://www.facebook.com/AAFES.BX.PX) have a chance to win various prizes throughout the month. FMI: [www.shopmyexchange.com/homewardbound](http://www.shopmyexchange.com/homewardbound).

**BLOOD DRIVE SCHEDULE**

Tripler Army Medical Center Blood Donor Center has updated its schedule of upcoming blood drives as part of the Armed Services Blood Donor Program (ASBP).

- June 23, 9 a.m. to 1 p.m., Naval Submarine Support Command, 822 Clark St. suite 400, Joint Base Pearl Harbor-Hickam.
  - June 24, 9 a.m. to 1 p.m., 205th Military Intelligence Battalion, Fort Shafter.
  - June 30, 9 a.m. to 1 p.m., Marine Aviation Logistics Squadron 24, building 375, Marine Corps Base Hawaii.
  - July 8, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center.
  - July 10, 9 a.m. to 1 p.m., Pearl Harbor Naval Shipyard, building 2, Joint Base Pearl Harbor-Hickam.
- FMI: 433-6699 or 433-6148, email [michelle.lele@amedd.army.mil](mailto:michelle.lele@amedd.army.mil) or [www.militaryblood.dod.mil](http://www.militaryblood.dod.mil).

**CHINATOWN FOOD AND HISTORIC TOUR**

**28** — A Chinatown Food and Historic Tour will be held from 8:45 a.m. to 1 p.m. Participants can discover the history of Honolulu's Chinatown, sample Chinese treats and have a traditional *dim sum* lunch. The tour departs from Information, Tickets & Travel Hickam office. FMI: 448-2295.

**KAYAKING THE MOKULUA ISLANDS**

**28** — A Kayaking the *Mokulua* Islands excursion will begin at 9 a.m. MWR Outdoor Adventure Center staff will lead a paddling trip to the Mokulua Islands, a protected bird sanctuary located off Kailua and Lanikai beaches. This activity is somewhat moderate in the level of difficulty, depending on winds and ocean conditions. The cost is \$35. The sign-up deadline is June 25. FMI: 473-1198.

**LEARN TO SPEARFISH**

**28, 29** — A Learn to Spearfish class will begin at 9 a.m. with instructors from the Outdoor Recreation-Hickam Harbor staff. On day one, class is held at the pool. On day two, depending on skill level, there may be two ocean dives from the boat. Mask, fins and snorkel are required. Other equipment and transportation will be provided. The cost is \$60. The sign-up deadline is June 25. FMI: 449-5215.

**TRAIL HIKE**

**29** — A Nu'uuanu-Judd Hike will begin at 9 a.m. MWR Outdoor Adventure Center staff will take participants on a trail that runs along the ridge of the Ko'olau Mountains through dense forest, bamboo and banyans and ends at the Pali Lookout. Hikers are advised to bring mosquito repellent. The cost is \$10. The sign-up deadline is June 27. FMI: 473-1198.

**JULY**

**HUMAN CAMERA**

**2** — The "Human Camera, Artemio" will be available to draw three-minute portraits of people and animals from 3 to 6 p.m. at the Pearl Harbor Navy Exchange mall second floor. This is a free event for authorized patrons only. FMI: 423-3287.

**PICK & PAINT**

**2, 3** — The Hickam Craft Center will hold a "Pick & Paint" event from 11 a.m. to 3 p.m. at the Pearl Harbor Navy Exchange, second floor books department. Participants can choose a piece, color it and take it home that day. Children and adults are welcome to attend the free event for authorized patrons only. FMI: 423-3287.

**STORY-TELLING AND SUMMER READING CRAFTS**

**3** — Hickam Library will hold a story-telling and craft-making event from noon to 3 p.m. at the Pearl Harbor Navy Exchange, second floor books department. This is a free event for authorized patrons only. FMI: 423-3287.

**COLORING WITH SPIDERMAN**

**3** — Authorized patrons can color their favorite portrait of Spiderman with web-wonder himself from 3 to 5 p.m. at the Pearl Harbor Navy Exchange. Picture-taking is also welcomed. This is a free event for authorized patrons only. FMI: 423-3287.

**SUMMER BASH LUNCHEON**

**3** — A Summer Bash Luncheon will be held from 11 a.m. to 12:30 p.m. at the Silver Dolphin Bistro. The price is \$4.65 and the meal is open to all active duty military, Department of Defense employees, retirees and family members of active duty with valid IDs. Menu items will include ribs with dry rub, hamburgers, hot dogs and more. FMI: 473-2948.

**FOURTH OF JULY CELEBRATION**

**4** — Joint Base Pearl Harbor Hickam Morale, Welfare and Recreation will hold a Fourth of July celebration from 3:30 to 9:30 p.m. at Ward Field. Featured artist 3 Doors Down will perform beginning at 7:30 p.m. Fireworks will begin at 9 p.m. The event is open to all military-affiliated personnel and their sponsored guests. FMI: [www.greatlifeohawaii.com](http://www.greatlifeohawaii.com).



**TRANSFORMERS: AGE OF EXTINCTION (3-D) (PG-13)**

Mechanic Flynn Vincent, his daughter and her racing driver boyfriend make a discovery that not only awakens the Autobots and the Decepticons but a paranoid FBI agent who wants to throw them into jail and throw away the key.

Movie Showtimes

**SHARKEY THEATER**

**TODAY 6/20**

7:00 p.m. The Amazing Spider-Man 2 (3D) (PG-13)

**SATURDAY 6/21**

3:00 p.m. Transformers: Age of Extinction (3-D) (PG-13)  
Free to the first 400 authorized patrons. Assigned seating tickets will be distributed at the ticket booth at 1:30 p.m. active duty personnel can receive up to four tickets. Others; military family members, military retirees, DoD personnel with ID card can receive up to two tickets.  
7:00 p.m. Godzilla (3-D) (PG-13)

**SUNDAY 6/22**

2:30 p.m. Maleficent (3-D) (PG)  
5:10 p.m. Blended (PG-13)  
7:10 p.m. Neighbors (R)

**HICKAM MEMORIAL THEATER**

**TODAY 6/20**

6:00 p.m. Godzilla (PG-13)

**SATURDAY 6/21**

4:00 p.m. Mom's Night out (PG)  
7:00 p.m. Neighbors (R)

**SUNDAY 6/22**

2:00 p.m. Godzilla (PG-13)

**THURSDAY 6/26**

7:00 p.m. Godzilla (PG-13)





# Eagle Scout project helps improve fire safety

Don Robbins

Editor, Ho'okele

Owen Woelper, son of Navy Capt. Eric Woelper and Leah Woelper, led the Scouts of Troop 180 based out of Aiea in his Eagle Scout project at Barbers Point Stables on June 7 and 8. The stables are a recreational facility in Ewa.

Owen's project was based on improving fire safety at the stables and involved clearing a field of trees, brush and debris to facilitate fire engine access to a long overgrown fire hydrant and installing fire extinguishers around the stables. Godfrey Akaka, Navy Region Hawaii fire inspector, met with Owen prior to the project to provide advice on the placement of the fire extinguishers.

Ten Scouts and four parents from Troop 180 participated in the project, dedicating their Saturday and Sunday to improving their community. Owen directed the efforts of the group.

"I feel a sense of pride and accomplishment in completing the project as well as the merit badges required to become an Eagle Scout. I have learned a lot of useful skills both during this project and throughout my Scouting experience," Owen said.

"The Eagle Scout project is an important part of the requirement for Eagle because the Scout has to practice the leadership skills that he has honed through his years in Scouting and give back to the community." Owen identified wasted

efforts and readjusted assignments to maximize the efficiency and effectiveness of his team of Scouts. The Scouts hauled away 12 trailers' worth of debris, which was used to bolster the sides of a horse corral made wholly of cleared debris.

After the debris was cleared, the team constructed boxes made of PVC siding to provide sun and weather protection for fire extinguishers.

The Scouts mounted 10 fire extinguishers and their corresponding boxes to provide readily available extinguishers through a large portion of the stable grounds.

"This was a great experience watching my son take charge of a group of Scouts," said Eric Woelper. "I'm thrilled to see him set a goal several years ago and demonstrate both leadership and work ethic in completing his Eagle Scout project. I am obviously very proud of him."

"We were excited when Owen approached us for a project idea. Owen and his troop exceeded all expectations," said Valerie Van der Veer, a volunteer and president of the Barbers Point Riding Club.

"Owen's project was especially valuable because it involved interactions with multiple civil authorities which is a skill that we specifically seek to develop in our Scouts. This was a great Eagle Scout project," said Carey Pantling, who participated in the project with three of his sons and is the Troop 180 chaplain.



(Top left) Owen Woelper places a fire extinguisher into the weather-proof box installed on the coconut tree. (Top right) Brothers Adam and Aaron Pantling work together to construct the box for the fire extinguishers. (Bottom) Adam Pantling, Aaron Pantling, Tristan Lundy and Koa Thoemmes load up the trailer with cut-down debris that had blocked the fire hydrant.



Photos courtesy of the Woelper family

**WHO'OKELE Online** PEARL HARBOR - HICKAM NEWS <http://www.hookelenews.com/> or visit <https://www.cnrc.navy.mil/Hawaii/index.htm> 



# SCRA law helps

Lt. Nick Hambley

Region Legal Service Office Hawaii

The Service Members Civil Relief Act, or SCRA, is U.S. federal law which provides numerous protections and benefits for service members and their families.

## Who does it protect?

Benefits and protections in the SCRA cover all active duty members and activated Reservists and may also cover their families. In addition, the SCRA covers National Guard members, public health service officers, National Oceanic and Atmospheric officers, and some U.S. citizens serving with allied forces.

## What does the SCRA do for me and my family?

The SCRA provides numerous protections and benefits. Below is a brief summary of some of the ways the SCRA can help you and your family. Keep in mind that sometimes whether or not the SCRA can benefit you is complicated, and you may be best served by visiting your local legal assistance JAG office.

- Lower a pre-service loan interest rate to 6 percent. The SCRA enables you to lower the interest to 6 percent on debt you incurred prior to joining the military. This includes student loans, credit card debt and home mortgages. You will need to provide a written request referencing your right under the SCRA to the loan servicer as well as a copy of your orders.

- End a lease early when deploying or PCSing. The SCRA permits you or sometimes your family to break a lease early without penalty when you have orders to deploy, PCS or retire. You should provide your landlord at least 30 days' written notice and will need to send a copy of your new orders.

- End other types of installment contracts early. You may also end cell phone contracts, auto leases and other types of installment contracts early when deploying or PCSing. You should request an early termination in writing or seek legal assistance.

- Delay or reopen court proceedings. You may request a stay for any civil court proceeding when your military service affects your ability to appear. If you did not find out about the court proceeding until after there was a default judgment against you, you will be granted a rehearing under certain circumstances. These rights apply to all civil state and federal proceedings. It is a good idea to seek legal assistance from an attorney on these matters.

- Pre-service foreclosures must be through court order. For mortgages you had before you became active, a foreclosure must be done through the court. Some states, like Hawaii, require all foreclosures to go through the court, but other states, like California, allow for a bank to foreclose on a home without necessarily involving the court. The SCRA also prevents certain storage leases from being foreclosed without a court order.

- Evictions must be through the court. A landlord may not evict you or your family without a court order as long as your lease is under a certain amount (that amount is \$3,135 for 2014).

# Groundbreaking held for new library

Story and photo by  
SrAirman  
Christopher Stoltz

Joint Base Pearl Harbor  
Hickam Public Affairs

Although students are dismissed for summer break, there is going to be a lot of noise at Hickam Elementary School for the next year or so. Hickam Elementary faculty members and Hawaii House District 31 Rep. Aaron Ling Johanson celebrated the construction of a new library at the school with a groundbreaking ceremony June 17 at the school.

The new addition to Hickam Elementary is being constructed next to where the main office and current library stand and is expected

to be completed in the next 12 to 14 months. Construction is currently delayed as pipes near the building's foundation are being rerouted to meet building code standards.

According to Richard Shimabukuro, acting principal for Hickam Elementary, the facility will host a state-of-the-art library, administrative offices and a new computer lab, which will further promote the use of technology in Hickam Elementary and help give their students the chance to further expand their learning capabilities.

"A unique feature of the building is the fact that if you see an aerial view of it when it is completed, it will be shaped like a fighter plane," he said. "It will be interesting



Hickam Elementary faculty members, JBPBH personnel and Hawaii State Rep. Aaron Ling Johanson celebrate the construction of a new library at the school with a groundbreaking ceremony held June 17 at Hickam Elementary School.

to hear what those who fly over it think about it."

Special guests were in attendance at the ceremony, including former Hickam Elementary principal

George Okino

"I am glad the school contacted me to help," he said. "I know this project will be great for both the school and the students who attend."