

Life & Leisure

B

Photo illustration by Rico Onaha Hutter



Karen S. Spangler Managing Editor, Ho'okele

U.S. Navy photos by MC3 Sean Furey

With its unique blend of culture, pageantry and tradition, the Merrie Monarch Festival will showcase ancient (traditional or *kahiko*) hula and modern (*auana*) hula at its 51st event which runs this week from April 20 to 26 in Hilo on the Big Island.

Selected hula troupes, called *halau*, are invited to enter the competition. *Halau* use Merrie Monarch as a tool to express their art, dance, stories and history through their hula. The performers are judged on a point system, based on a group's entry, exit, costuming, grooming, expression, hand gestures, feet or body movements, posture, precision and chant interpretation.

The Navy has been invited to participate in the festival every year since it began in 1964. This has included, whenever possible, ship visits as well as participation in the Royal Floral parade by musicians from the Pacific Fleet Band.

Lt. Patrick Sweeten, fleet bandmaster for the Pacific Fleet Band, is a newcomer to Hawaii and the Merrie Monarch.

"I am the newest member of the Pacific Fleet Band, and it is a distinct honor and privilege to lead these incredibly talented and professional Navy musicians. I am indeed blessed to be surrounded by such great shipmates," he said as he discussed the band's participation in this year's Merrie Monarch floral parade.

"As one of my first opportunities to publicly lead the band, I

am excited to represent our Navy at such a renowned event. I look forward to meeting new friends and enjoying new cultural experiences this weekend on the Big Island, and it is my hope we can continue a long association with the Merrie Monarch Festival," he said.

Other band members also expressed their excitement about the opportunity to travel to Hilo and participate in the annual cultural event.

"I'm so grateful to be able to represent the Navy on the Big Island for the Merrie Monarch parade. I consider it a privilege to be able to perform for audiences that might not get to hear us very often and to get a chance to see more of the beautiful state of Hawaii," said Musician 2nd Class Katherine Kalinowski.

"The Hawaiian culture and history is very unique and important. It is nice to be able to participate in and support the Merrie Monarch Festival. As the Navy values history and tradition, this is a great opportunity for the PACFLT Band to support Hawaiian heritage. I am excited and looking forward to Saturday's parade," said Musician 3rd Class Benjamin Lightner.

Ancient Hawaiians had no written language, so all communication beyond the spoken word took place in the form of chants and the dance called hula. Hula and its accompanying chants recorded Hawaiian genealogy, mythology and prayers of the heart and mind. The hula was the means by which the culture, history, stories and almost every aspect of Hawaiian life was expressed and passed down through generations.

According to the Merrie Monarch Festival website, the Merrie Monarch Festival is dedicated to the memory of King David Kalakaua, known as the Merrie Monarch. King Kalakaua came to the throne of the Hawaiian Kingdom in 1874 and reigned until his death in 1891. He was a patron of the arts, especially music and dance.

Kalakaua restored Hawaiian cultural traditions that had been suppressed for many years under missionary teachings. He advocated a renewed sense of pride in such things as Hawaiian mythology, medicine, chant and hula.

Retired Navy Chief Jim Taylor, Pearl Harbor survivors' liaison for Navy Region Hawaii, expressed his pride about his grand-

daughter's participation in Merrie Monarch. Taylor's 20-year-old granddaughter, Tyra Fonseca, has participated in the past three Merrie Monarchs.

"I am blessed to have granddaughters who have performed the hula and when they reached the "Superbowl or World Series" of hula, it brought a feeling of pride to me. The program is a perpetuation of the Hawaiian culture; it teaches one dedication and commitment to the traditions of hula. It creates a strong bond between the dancers along with a greater understanding of traditional and contemporary hula," Taylor said.

"Tyra told me, 'Participating in the Merrie Monarch is a very rewarding experience because of the connection between yourself, your hula sisters and your *kumu* (hula teacher), which is irreplaceable,'" he said.

"Tyra participated in the past three Merrie Monarchs and, even though they did not win, our entire family is proud of her accomplishments," the proud grandfather said.

Through the celebration of the Merrie Monarch Festival, thousands of people in Hawaii and throughout the world are able to

learn more about the history and culture of Hawaii. The major purpose of the festival is the perpetuation, preservation and promotion of the art of hula and the Hawaiian culture through education. The chants, songs and dance tell stories of the Hawaiians' relationship with nature—the birds and fish, trees and flowers, mountains, oceans, rivers, wind, rain and Hawaii's active volcanoes.

"Hula is the language of the heart and therefore the heartbeat of the Hawaiian people," said King Kalakaua as he described this Hawaiian ancient art more than a hundred years ago.

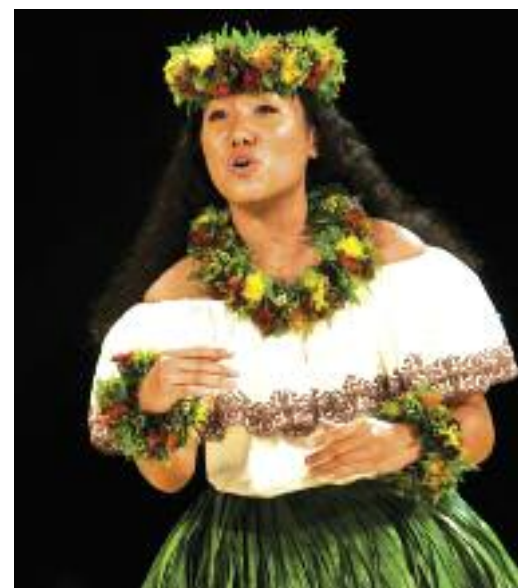
"People in Hawaii and throughout the world are provided an opportunity to learn about Hawaii's history and culture during the Merrie Monarch Festival," said Musician 1st Class David Baine, a musician with the Pacific Fleet Band.

"King Kalakaua, the Merrie Monarch, was a strong supporter of music and dance and recognized the importance of preserving arts. It is an honor to represent the Navy and be part of this festival that embraces the arts and immerses us in the rich traditions of Hawaiian culture," Baine said.



U.S. Navy photo by Brandon Bosworth

(Left): Musicians from the Pacific Fleet Band, led by Lt. Patrick Sweeten, fleet bandmaster, rehearse April 23 in preparation for participation in the Merrie Monarch Festival parade this weekend.



King Kalakaua

Merrie Monarch events

Group Hula *Kahiko*: Begins at 5:45 p.m. today at the Edith Kanaka'ole Stadium. *Halau* hula perform ancient style dances.

Group Hula *Auana* and awards: Begins at 5:45 p.m. Saturday at the Edith Kanaka'ole Stadium. *Halau* hula perform modern style dances with an awards presentation for all group winners.

Merrie Monarch Royal Parade: Begins at 10:30 a.m. Saturday. The parade begins and ends at Pauahi Sreet, and winds through downtown Hilo (Kilauea Avenue to Keawe Street to Waianuenu Avenue to Kamehameha Avenue). The Merrie Monarch hula competition is broadcast on local television stations.



(Right): Retired Navy Chief Jim Taylor's 20-year-old granddaughter, Tyra Fonseca, has participated in the past three Merrie Monarchs.



Sailors from the Pearl Harbor-based guided missile frigate USS Crommelin (FFG-37) attend a hula competition during the 49th annual Merrie Monarch Festival.



Using squash gourd drums called *ipu heke*, *kumu hula* and *ho'opa'a* (drummer/chanter) set the tempo and help tell the story of a hula.

Joint base drives 'green' initiative at Earth Day events

Story and photo by
MC3 Johans Chavarro

Navy Public Affairs
Support Element West,
Det. Hawaii

Service members, families and friends celebrated the annual environmental protection event, Earth Day, with a weekend of recreational activities at the Pearl Harbor Navy Exchange (NEX) and Hickam Harbor on Joint Base Pearl Harbor-Hickam (JBPHH) held April 18 and 19.

The celebration began on April 18 with the Pearl Harbor NEX Earth Day Expo, Partnering for a Greener Future, which featured eco-friendly demonstrations, informational booths staffed by various local environmental agencies and conservation groups, and included Earth Day children's games.

Among those present were representatives from Naval Supply Systems Command (NAVSUP) Fleet Logistics Center Pearl Harbor (FLCPH), who spoke on the importance of having events like these to teach patrons about environmen-

tal initiatives like energy saving and responsible water usage.

"As NAVSUP FLCPH, we do a lot of outreach efforts but also bring initiatives internally such as water conservation, energy savings, and other facets that keep environmental awareness in focus for us as a command," said Lt. Cmdr. Angela Watson, fuel and facilities director for NAVSUP FLCPH.

"However, it's important to have days like this to make sure the environment is not something that is forgotten about in the community and, these sort of events serve to trigger somebody onto a new way of doing things," she said.

"I've had several folks comment on never having thought about replacing their light bulbs with something a little more efficient, like the LED (light-emitting diode) lights we have on display here. Events like this bring folks together and helps spark those ideas to make environment conservation part of their day-to-day routine," Watson said.

Also in attendance was the JBPHH Energy team,

which showcased several common appliances individuals can use to aid in their energy conservation efforts.

"We're trying to show the sort of general run of the mill type of appliances people can get, in a way that people can relate to," said Jonathan Sakomoto, acting JBPHH Energy Team energy director.

"We're showing timers for showers and also low-flow shower heads, which everyone knows about, but is the kind of common things that are applicable to most people. We also have on display a device that shows the differences between the uses of an incandescent bulb and an LED bulb."

"We've found that having these visual aids help people understand how much energy they actually use, and that's what's most important here, to teach and instill change through understanding," Sakomoto said.

The environmental awareness events continued through the weekend at Hickam Harbor where Joint Base Pearl Harbor-Hickam's Morale, Welfare & Recreation's (MWR) Out-



Lt. Cmdr. Joe Root, assigned to the Office of Naval Research, speaks to patrons on the conservation benefits of hydrogen-powered fuel cell vehicles on April 18, at Pearl Harbor Navy Exchange Earth Day Expo, "Partnering for a Greener Future" on Joint Base Pearl Harbor-Hickam.

door Recreation program hosted a free event. It featured various eco-friendly activities like sailing rides, harbor tours, bounce houses and tide and touch pools for patrons and children as well as information booths that stressed safety and environmental conservation.

The event taught patrons about the environment and

how to protect it, but also showcased events offered by MWR.

The Earth Day celebration continued with a NAVSUP FLCPH Earth Day Fair on April 22 at Kilo 8 Pier. The event featured environmental displays, the oil spill recovery vessel (OSRV) Clean Islands, alternative fuel ve-

hicles and more.

Earth Day is an annual event, officially celebrated on April 22. Events are held worldwide to demonstrate support for environmental protection. It was first celebrated in 1970 and is now coordinated globally by the Earth Day Network and celebrated in more than 192 countries each year.

Bats come alive for 692nd ISRG in triumph over Aces

Story and photo by
Randy Dela Cruz

Sports Editor

Led by the power of 2nd Lt. Chris Cullinan, the 692nd Intelligence, Surveillance and Reconnaissance Group (692 ISRG) Warriors cured their drought at the plate by bashing the 613th Air and Space Operation Center (613 AOC) Aces, 17-6, on April 22 in a White Division intramural softball game at Ward Field, Joint Base Pearl Harbor-Hickam.

Cullinan blasted a grand slam with an inside-the-park job in the bottom of the second inning and then hit a long drive for a walk-off, three-run homer in the fifth for the mercy-rule victory.

After a 0-2 start, the win over the Aces evened out the Warriors' record at 2-2 while the Aces, which played in their first game after previously winning on a forfeit, fell to 1-1.

"It's really this field," Cullinan said about his two shots that produced seven RBIs. "As soon as you can get it over the outfielder's head, it's kind of like you just keep running. Both of them felt good coming off the bat."

Although his first shot took place in the second inning, it seemed to be enough to take the steam out of the Aces' attack.

In the first inning, the Warriors quickly scored three runs, and then with two outs and the bases loaded, Tech. Sgt. Jamison Jones lined a clutch seeing-eye single past third to drive in two more runs and a 5-0 advantage.

Warriors pitcher Philip Schmelzer, a military spouse, set down the Aces in order in the top of the second before Cullinan launched his grand slam to take a 9-0 lead after two complete innings.

The Warriors added a run in the



After hitting a grand slam that gave the 692nd Intelligence, Surveillance and Reconnaissance Group (692 ISRG) Warriors a 9-0 lead, 2nd Lt. Chris Cullinan is greeted near the dugout by teammate Philip Schmelzer.

bottom of the third to up their lead to 10-0, but the Aces broke the shutout in the top of the fourth after Tech. Sgt. Jeff Camacho led off the inning with a single and later came around to score on a sacrifice fly.

The Aces plated another run in the inning to make it a 10-2 game, but the Warriors bounced right back to push the lead up to double digits with a four-run rally in the bottom of the fourth.

The big hit of the inning came off the bat of Tech. Sgt. James Whitehurst, who stroked a standup triple to drive in Schmelzer after the hurler singled to open the fourth.

Entering the fifth, the Aces were down to their final out, but with two runners in scoring position, Camacho got his third hit of the game to drive in two runs to make it 14-4.

Then with Camacho on base, the Aces extended their life when Tech. Sgt. Ryan Kniss cleared the bases with a two-run, inside-the-park homer to make it 14-6.

Needing two runs to mercy-rule the Aces in the bottom of the fifth, the Warriors got two men on with one out before Cullinan sent everyone home with his second homer of the game.

"After our first two games,

where we scored a total of the runs we scored in this game, it was nice to out there and just throw it and let them hit it," Schmelzer said about pitching with a big lead. "I was just trying to throw strikes."

Schmelzer said that the team struggled at the plate early in the season due to inexperience but believes that players are starting to feel comfortable in the box.

"Most of the guys on this team have never played before," Schmelzer stated. "Each practice we had, they legitimately got better. So I think they're getting more comfortable each time. I think it's just more confidence

than anything."

Cullinan added that the team had only one practice before the season started and that contributed heavily to the slow start.

"I couldn't have been more proud of the guys tonight. They really lit the ball up," Cullinan said. "We started off 0-2, but I think tonight is the turning point. We're excited to see what our games are going to be like in the future."

While scoring 17 runs might be difficult to repeat, Schmelzer said that he wouldn't put it past his teammates to do it again.

"I think it can be," he said. "We have a couple of guys with power."

Breakfast with the Easter bunny



Children and their parents had a "hoppy" experience during breakfast with the Easter bunny April 19 at the Pearl Harbor Navy Exchange food court lanai. There were 75 children and 70 adults in attendance for the pancake and ham breakfast. The grand prize for the 19-inch TV was awarded to the Lambert family and the portable grill grand prize was awarded to the Turner family.

Photo by Stephanie Lau

Strong defensive effort leads 647th CES to victory



Lt. j.g. Mary Whitt, Naval Facilities Engineering Command (NAVFAC), who plays striker for the 647th Civil Engineer Squadron (647 CES), puts up a header near the goal during a Red Division intramural soccer game against USS Chafee (DDG 90).

Story and photo by
Randy Dela Cruz

Sports Editor

The 647th Civil Engineer Squadron (647 CES) got a goal midway through the first half and then let their defense do the rest to gain a 1-0 win over USS Chafee (DDG 90) on April 19 in a Red Division intramural soccer matchup at Ward Field, Joint Base Pearl Harbor-Hickam.

Senior Master Sgt. Todd Kirsch, who knocked in the only score of the game, said that defense is what the team does best after completing its second contest of the season.

"We seen them (Chafee) play, we know what they got, they got really crisp passing, so we were cutting off the passing lanes on them," Kirsch said.

"Obviously, we want to score as many goals as possible. But our game plan was to play mostly a defensive game, try to frustrate them, spread them out a little more, force bad passes and make runs on their goal."

The strategy worked to perfection in the entire contest, but was particularly effective in the second half when it seemed that the 647

retreated on offense in order to protect their lead.

Early in the game, the 647 was able to get in front of a few through balls for fast-break shots, but came up empty each time.

Lt. j.g. Mary Whitt, Naval Facilities Engineering Command (NAVFAC), who led the way for the 647 with shots on goals, appeared to be locked in on one breakthrough, but couldn't put it away.

"I just miss kicked it," she admitted. "When you lean back and kick it, it usually goes up higher than you intended it to go, so that's what happened."

Soon after the missed opportunity, Whitt made up for it with a perfect assist to Kirsch to make it a 1-0 game.

Setting up from the right corner, Whitt booted a perfect pass to Kirsch, who seized the moment and kicked in the ball from point-blank range.

"It was a perfect pass that came right through," he said. "I thought the guy out front was going to catch it on a header, but it was right on my foot. It was effortless for me. It was a perfect pass from my teammate (Whitt)."

To make the pass from the corner, Whitt said that she just relied on the instincts and skills

that she developed over many years of playing soccer.

"I've been playing since I was two years old," she said. "It's a lot of practice and that just makes perfect I guess."

Although Chafee had a few opportunities to tie the game, the team just couldn't get the ball to cooperate with their efforts.

Electrician's Mate 1st Class Luis Zamora, a striker for Chafee, explained that a lack of communication might have been the team's downfall.

"I'd say it was communication and effort as well," Zamora admitted. "We had one-on-one chances at the goal but totally missed out on those opportunities. I'll give it to them (647). Their defense was solid."

While it's still early in the season, Kirsch said that he is impressed by what he has seen so far of his teammates.

Kirsch pointed out that when the 647 gets their offense down, the team would spell trouble for other squads in the Red Division.

"We did some really good conditioning and I think that paid off today," Kirsch said. "We're going to be a menace later in the season. Once we jell a little bit more, we're going to be tough to beat."

New faces keep the pound in Pound Town going

Story and photo by
Randy Dela Cruz

Sports Editor

After many years of the softball excellence on base, the 647th Security Forces Squadron (647 SFS) Pound Town team has a different look to it this season, but the results are still the same.

The perennial challenger to the title took to the field for the third time this season on April 21 and improved to 3-0 after trouncing Commander, Naval Surface Group Middle Pacific (CNSG MIDPAC) Swagernauts, 15-0, in a Red Division intramural softball game at Millican Field, Joint Base Pearl Harbor-Hickam.

Officials ended the game after four innings due to the league's mercy-rule.

Department of Defense civilian Eddie Silva, a retired veteran, is one of the few familiar names in the Pound Town lineup.

He said that although many of the names have changed, he likes the composition of the team and believes that the new combination should help Pound Town continue their legacy of supremacy.

"The nucleus is there," Silva, a pitcher on the team, pointed out. "We'll see after Memorial Day. That's kind of like the halfway point and basically, we'll get an idea of where we're at."

Silva got the team started off on the right foot when he opened the top of the first by setting down

the Swagernauts batters in order.

Then in the bottom of the first, Pound Town hitters took full advantage of Silva's pitching by storming out of the gates to produce 10 runs on six base hits and two costly errors by Swagernauts fielders.

The big pop in the inning came off the bat of cleanup hitter Senior Airman Keith Munson, who is one of the new players on Pound Town.

With two runners on base and one out, Munson drilled a line shot that split the outfielders and rolled all the way to the fence.

The drive allowed all of the runners to touch home, including Munson, who was credited with an inside-the-park home run.

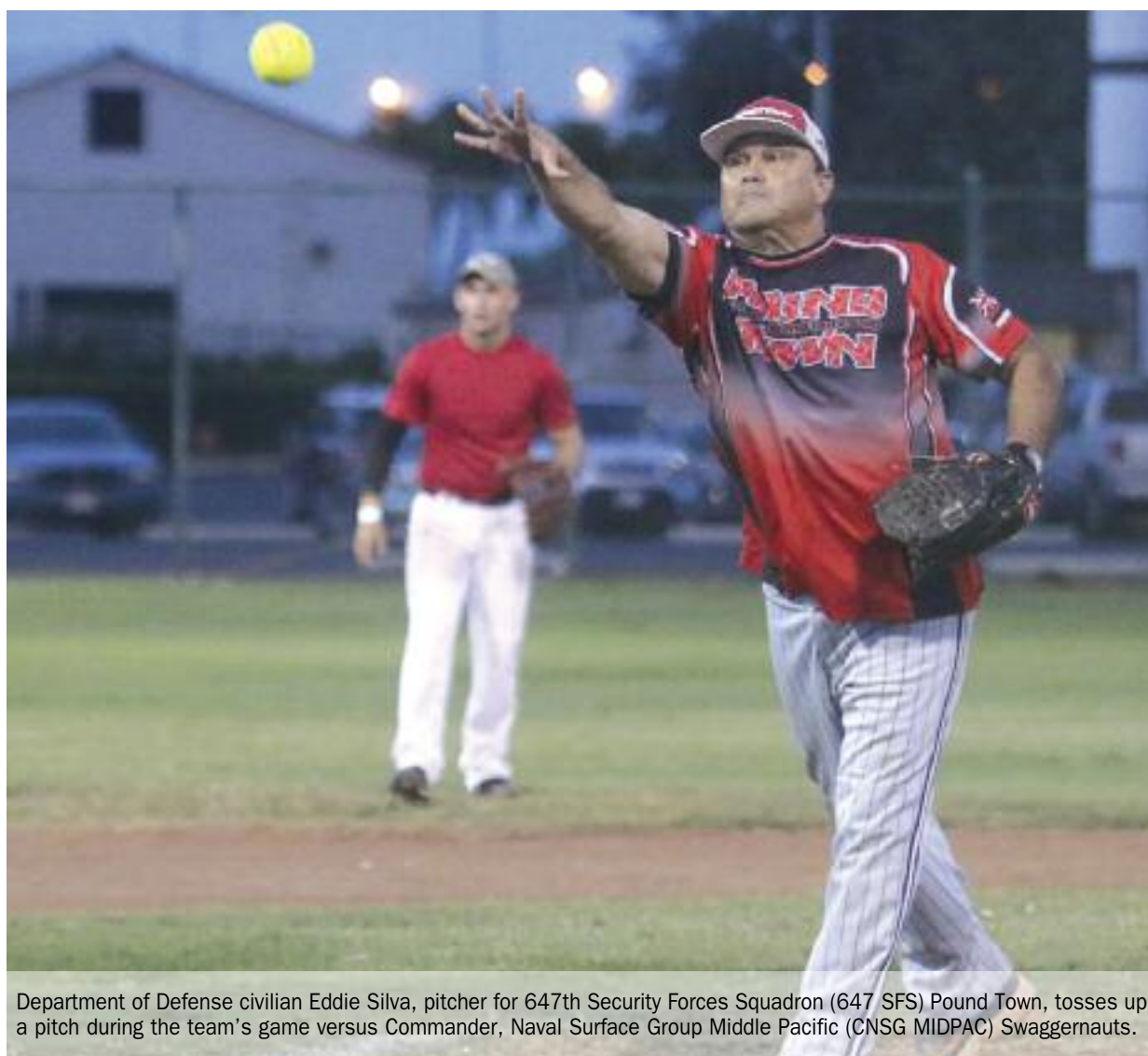
"They were floating them in, middle inside, and I roped it into left field," Munson said about his shot. "I turned on the burners after second base and ran home."

Immediately after Munson cleared the bases, Airman 1st Class Derric Ross cracked a single to start the merry-go-round all over again.

After scoring three more runs, Pound Town loaded the bases and then cleared every one of them on a muffed fly ball to the outfield for a 9-0 lead.

After Silva got off the top of the second by facing only three batters, Pound Town crept closer to their mercy-rule finish by tallying another four runs in the bottom of the frame.

Once again, Munson got



Department of Defense civilian Eddie Silva, pitcher for 647th Security Forces Squadron (647 SFS) Pound Town, tosses up a pitch during the team's game versus Commander, Naval Surface Group Middle Pacific (CNSG MIDPAC) Swagernauts.

things rolling when he opened up the inning with a leadoff double.

In the top of the third, Silva gave way to Master Sgt. Rod Dove, who continued to befuddle Swagernauts hitters by setting them down in order for the third time in the game.

Pound Town scored their

final run of the game in the bottom of the third before completing the shutout in the top of the fourth inning.

"It feels good to join a good team," Munson said about his new squad. "I think they're awesome. Last year they came in second place. I'm looking forward to playing with them

in the playoffs."

Silva, who is one of the oldest players in the league at age 57, said that even though many of the team's members are new, their talent and abilities made the transition easy.

To keep things interesting, Silva said that Pound Town has an inside compe-

tion between the new players and the older members (over 40) on the team.

"Right now I think we're batting .412, but the younger players are catching up," he said. "It's good because I've got to put the bar up higher. It makes them (younger players) press."

U.S. Olympian, bronze medal winner visits 15th Wing



From left: U.S. Olympic snowboarder Alex Deibold (left) shakes hands with Col. Johnny Roscoe, 15th Wing commander, on April 15 during a tour of the wing at Joint Base Pearl Harbor-Hickam.

Story and photos by
Staff Sgt. Alexander Martinez

15th Wing Public Affairs

As part of a morale tour sponsored by the American 300 Warrior Support Organization, U.S. Olympian and Sochi Olympics bronze medal winner Alex Deibold toured the 15th Wing on April 15 and visited with

Airmen at Joint Base Pearl Harbor-Hickam.

Deibold, a professional snowboarder from Manchester, Vt., began his visit with a physical training session with Airmen from the 15th Operations Group as well as Airmen from other operations support units.

"I appreciate you guys having me here," Deibold said. "Some people treat us kind of soft on these tours, so it's nice to get out here and actually work and break a sweat."

The tour also included a visit to the 15th Wing commander, Col. Johnny Roscoe, and stops at the 15th Medical Group, 15th Comptroller Squadron, 15th Civil Engineer Squadron Explosives Ordnance Disposal, the Binnicker Professional Military Education Center and the 15th Logistics Readiness Squadron.

Col. Virginia Garner, 15th Medical Group commander, said it was an honor to have Deibold visit the medical group Airmen.

"You are an example of perseverance and resiliency for our Airmen and, we appreciate you sharing your stories and time with us," Garner said.

With the coveted bronze medal in hand, Deibold spoke with many Airmen during the tour about his experiences with snowboarding, the Sochi Olympics and other physical activities in which he participates.

For more information on Deibold and his accomplishments, visit <http://ussnowboarding.com/athletes/alex-deibold>.



Col. Virginia Garner, 15th Medical Group commander, holds the Sochi Olympic bronze medal of U.S. Olympic snowboarder Alex Deibold on April 15 during a tour of the medical group at Joint Base Pearl Harbor-Hickam.



Live the Great Life

Friends find escape, comfort through painting classes

Reid Tokeshi

Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation

Patrons usually sign up for art classes because they want to learn a new skill or have fun. For some, the classes can turn into a rejuvenating or even therapeutic experience. Army spouse K. Latzka began taking classes for the latter reason. She has taken two acrylics painting classes at Morale, Welfare and Recreation's Hickam Arts & Crafts Center at Joint Base Pearl Harbor-Hickam.

"I love it. I'm enjoying every minute of it," she said.

Latzka signed up for the first class in part to help a close friend.

"Michaëlle Gall and I came to know each other through our commonality. We were both military spouses recently stationed in Hawaii, but what brought us together was our shared diagnosis: lung cancer," Latzka said.

Gall was diagnosed at age 40, while Latzka was diagnosed at age 46. The two met about a year ago after Gall read an article about cancer in the local Midweek paper, prompting her to contact Latzka.

Painting served as a temporary escape for the two.

"Life as a cancer patient



is full of unpleasant things – surgery, chemotherapy, radiation, clinical trials. Every single moment of every day you're focused on the disease," Latzka said. "I wanted to give her two hours a week to escape from being a patient and to find her inner creative woman."

Neither of the women had ever painted before when they signed up for Dennis McGeary's Hawaii Landscape Painting class at the center, but just taking part in the class helped Gall.

"It gave her the opportunity to not think about cancer," Latzka said, adding that it helped her friend to have time away from all the craziness in her life.

At the end of the four-week class the friends completed their first piece. "Michaëlle created a beautiful painting," Latzka said. That encouraged them to sign up for another class. But two weeks after the end of the first class, Gall passed away just shy of her 42nd birthday. Now, Gall's family keeps the sunset painting she created as a cherished memory. "Her husband refers to it as 'Michaëlle's sunrise and sunset,'" Latzka said.

Gall's memorial service was held at Pyramid Rock Beach at Marine Corps Base Hawaii, the beach she lovingly called "my beach." Latzka decided for her sec-



(Left): Michaëlle Gall shows the painting her family now has as a keepsake.

(Above): K. Latzka works on her painting of Pyramid Rock Beach.

ond painting she would depict one of her friend's favorite locations.

"She loved walking on this beach, so I wanted this painting to be in honor of her," Latzka said. She added that the painting will be a memory she can have of her friend and the beach she loved.

Latzka said she appreciates what the Hickam Arts & Crafts Center offers patrons.

"They're wonderful, and very convenient," Latzka said.

She added that other classes look interesting, but she is concentrating on acrylics for now. Her husband expressed interest in the woodworking shop.

A four-year lung cancer survivor, Latzka said she knows very well the effects of the disease. She said lung cancer kills nearly twice as many women as breast cancer, and only 16 percent of those afflicted will survive five years. Although smoking causes lung cancer, Latzka points out that not all lung cancers re-

sult from smoking.

"Michaëlle is proof of that and she's not alone," said Latzka, adding that the fastest growing population being diagnosed with lung cancer is young women with no smoking history.

In memory of her friend, Latzka will participate in a 5K walk on Nov. 16 at Ala Moana Beach Park's Magic Island to raise awareness. For more information, visit the website www.LungForce.org or email LungCancerHawaii@gmail.com.

Your Weekly Fun with MWR



Visit www.greatlifehawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.

"Operation: Megaphone" Worldwide Teen Lock-in will be held from 7:30 p.m. tonight to 7:30 a.m. Saturday at the Hickam Teen Center. Military youth around the world, across all branches of services, can participate in the "Operation: Megaphone" Worldwide Lock-in. Teens can bring a friend. Non-members can participate with a sponsor. FMI: 448-0418.

Chinatown Food & Historic Tour will be held from 8:45 a.m. to 1 p.m. Saturday. Participants can discover the history of Honolulu's Chinatown, sample Chinese treats during the walking tour and have a traditional dim sum lunch. The cost is \$30 for adults, \$25 for children ages 3-11 years old, and free for children ages 2 years and under on an adult's lap. FMI: 448-2295.

Free Beginners Golf Clinic will begin at 9 a.m. Saturday at Mamala Bay Golf Course. FMI: 449-2304.

Library Know-How will begin at 2 p.m. Saturday at the Hickam Library. Patrons can learn how to search the online catalog, use the Dewey Decimal system and see items from the library's inventory of online resources. FMI: 449-8299.

UFC 172 will be presented at 3 p.m. Saturday at J.R.

Rockers Sports Café. Jon "Bones" Jones will take on Glover Teixeira in the light heavyweight title fight in Baltimore. Admission is free for members and \$10 for non-members. FMI: 448-2271.

Aeration Special will be in effect from April 29 to May 4 at Barbers Point Golf Course. Green fees will be half-price during aeration of the greens. The course will be closed on April 28. FMI: 682-1911.

Aiea Loop Hike will begin at 8:30 a.m. May 3. Outdoor Adventure Center staff will take participants on a trail through bamboo, ferns and strawberry guava. Water, sunblock and snacks are recommended for this hike. The cost is \$15 and the sign-up deadline is May 1. FMI: 473-1198.

Mother's Day Brunch will be held at the Historic Hickam Officers Club on May 11. Lanai seating is at 10 a.m. and 1 p.m. Dining room seating is at 11 a.m. The cost is \$29.95 for adults, \$15.50 for children ages 7-12, \$8.25 for children ages 4-6 and free for children ages 3 years and under. All ranks are welcome to attend. Reservations are required and will be accepted until noon May 9. FMI: 448-4608.

Bottom Fishing excursion will depart at 2:30 p.m. May 3 from Hickam Harbor. This trip is suitable for both experts and beginners and includes gear, bait, guides and boat. The cost is \$30 and the sign-up deadline is May 1. FMI: 449-5215.

Snorkeling at Kaiona Beach excursion will begin at 8 a.m. May 4. Outdoor Adventure Center staff will take participants to a beach on the eastern side of Oahu. Snorkel gear will be provided. The cost is \$25 and the sign-up deadline is May 1. FMI: 473-1198.

Learn to Surf class will begin at 9 a.m. May 4 at Hickam Harbor. The class starts out on land, transitions to the water near shore, then goes by surf taxi out to the "breaks." Participants need to be proficient swimmers and able to swim without a lifejacket. The cost is \$30 and the sign-up deadline is May 1. FMI: 449-5215.

Annual Spring Craft Fair will be held from 9 a.m. to 3 p.m. May 3 at the Hickam Arts & Crafts Center lawn. Fees vary for vendors. Admission is free for shoppers. FMI: 448-9907.

MWR Super Garage Sale will be held from 8 a.m. to noon May 10 at Richardson Field. Admission is free for shoppers. No pets are allowed at the event or on the field. FMI: 473-0792.

Fitness and Wellness Fair will be held from 11 a.m. to 5 p.m. May 9 at the Joint Base Pearl Harbor-Hickam Fitness Center. The free event will include mini workouts, fitness evaluations, healthy foods and the second annual fire truck pull. FMI: 471-2019.

Community Calendar

APRIL

NMCRS THRIFT SHOP CLOSURE

NOW — The Navy Marine Corps Relief (NMCRS) Pearl Harbor thrift shop is temporarily closed. The thrift shop sustained damage due to a water main break over the Easter weekend. Paul Belanger, director of NMCRS Pearl Harbor, is hoping to reopen the shop by early May. Until then, the thrift shop will be closed and will not be accepting donations. For more information, or to volunteer to help with the clean-up, contact NMCRS. FMI: 473-0282.

FOREST CITY SPRING CULTURAL FESTIVAL

SATURDAY — The Forest City Spring Cultural Festival will be held from 11 a.m. to 3 p.m. at Richardson Field. The event will include bounce houses for children, prizes, food trucks, snacks, drinks and free entertainment. FMI: www.fcnavyhawaii.com or www.facebook.com/fcnavyhawaii.

HICKAM COMMUNITIES SURVEY

SATURDAY — Hickam Communities staff will be knocking on residents' doors at Joint Base Pearl Harbor-Hickam, delivering the annual resident satisfaction survey that is kicked off with the Gimme 5 campaign. Residents can redeem an ice cream coupon for participating in the survey from noon to 5 p.m. Saturday at either the Ka Makani Community Center or Earhart Community Center. They may also drop the survey envelope in the mail as long as it is postmarked by May 30. If residents immediately complete the survey and have it ready for staff to pick up on Saturday, their family will be eligible for a random prize drawing. In addition, a comment card has been included with the survey, and residents can return the card and survey postmarked by May 16 to be eligible for an early bird prize drawing. FMI: 423-2300.

HOLOCAUST DAYS OF REMEMBRANCE

28 — A Holocaust Days of Remembrance commemoration will be held from 11 a.m. to 12:30 p.m. at Aloha Jewish Chapel, Joint Base Pearl Harbor-Hickam. The guest speaker will be Seymour Kazirmirski, sharing his mother's story of surviving the Holocaust. Commander, Navy Region Hawaii invites all members of the base community to attend the event. Transportation from building 150 to the chapel will be provided. The Holocaust was the systematic, state-sponsored persecution and murder of approximately six million Jews by the Nazi regime and its collaborators. FMI: megan.steffy@navy.mil or 474-0302.

FORD ISLAND BRIDGE CLOSURE

30 — From 9 to 10:30 a.m., all lanes of the Ford Island Bridge will be closed for operations and periodic maintenance. All motorists and pedestrians are advised to plan accordingly. Boat traffic under the causeway will not be allowed, because the small-craft gate will be closed during bridge opening to minimize collision hazards.

MAY

HANGAR TALK

3 — A hangar talk with retired Marine Lt. Col. Terry Tonkin will begin at 2 p.m. followed by a meet-and-greet at 3 p.m. at Pacific Aviation Museum Pearl Harbor. Tonkin will share his first-hand account of the actions of the Air Force HH-53 aircrews and Marines whose mission was to free the crew of the merchant marine vessel SS Mayaguez following the end of the Vietnam War. The event is free with museum admission and to museum members. FMI: 441-1007 or www.pacificaviationmuseum.org.

BLOOD DRIVE SCHEDULE

5, 6, 9 — Tripler Army Medical Center Blood Donor Center currently scheduled drives include May 5, 7:30 a.m. to 1:30 p.m., Makalapa Clinic, Joint Base Pearl Harbor-Hickam; May 6, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center; May 9, 7:30 a.m. to noon, Pearl Harbor Naval Shipyard, building 2, Joint Base Pearl Harbor-Hickam. FMI: www.militaryblood.dod.mil, 433-6699, 433-6148 or email michelle.lele@amedd.army.mil.

HI-5 REDEMPTION CENTER REOPENING

6 — The Navy Region Hawaii Recycling Program plans to reopen its HI-5 Redemption Center, building 1715, near Kuntz Gate at Joint Base Pearl Harbor-Hickam. Vouchers will be issued at building 1715 that can be redeemed for cash at the Pearl Harbor Navy Exchange customer service desk in the main atrium. Besides cans and bottles, personnel on the other end of the building will accept cardboard and paper items such as newspaper, soft cover books, catalogs and magazines. The redemption center is open from noon to 6 p.m. Tuesday through Friday and 9 a.m. to 3 p.m. Saturday. FMI: 474-9207.

CAREER FAIR

16 — The Joint Employment Management System (JEMS) and Army Career Alumni Program career fair will be held from 10:30 a.m. to 2 p.m. at the Makai Recreation Center, Joint Base Pearl Harbor-Hickam. The fair is to support active duty service members who are leaving the military due to downsizing. FMI: www.jemsjobs.com.

MEMORIAL DAY WEEK HARBOR TOURS

23-26 — The National Park Service will host Memorial Day commemoration white boat harbor tours at 2:45 p.m. May 23-25, and a sunset tour at 3:45 p.m. May 26. Boat launches to the Arizona Memorial after 2:45 p.m. will be suspended on those dates. Funds from the harbor tours will benefit the Arizona Memorial restoration projects at Pacific Historic Parks.

COMEDIAN JEFF DUNHAM

24 — Comedian Jeff Dunham will perform at 7 p.m. at Ward Field, Joint Base Pearl Harbor-Hickam. Doors open at 5 p.m. Admission is free for all military-affiliated personnel and their guests. The show is recommended for mature audiences. FMI: www.greatlifehawaii.com.



DIVERGENT (PG-13)

In a world where the population is divided into factions by personality types, Tris Prior (Shailene Woodley) is classified as Divergent. When she uncovers a conspiracy to eliminate all Divergents, she teams with the mysterious Four (Theo James) to find out what makes the powers-that-be so frightened of them.



Movie Showtimes

SHARKEY THEATER

TODAY 4/25

7:00 PM Mr. Peabody and Sherman (PG)

SATURDAY 4/26

2:30 PM Muppets Most Wanted (PG)
5:00 PM Mr. Peabody and Sherman (PG)
7:00 PM Sabotage (R)

SUNDAY 4/27

2:30 PM Mr. Peabody and Sherman (PG)
4:50 PM 300: Rise of an Empire - 3D (R)
7:20 PM Noah (PG-13)

HICKAM MEMORIAL THEATER

TODAY 4/25

6:00 PM Muppets Most Wanted (PG)

SATURDAY 4/26

4:00 PM Muppets Most Wanted (PG)
7:00 PM Divergent (PG-13)

SUNDAY 4/27

2:00 PM Muppets Most Wanted (PG)

THURSDAY 5/1

7:00 PM Divergent (PG-13)

Navy Region Hawaii, Sailors emphasize SAAM during April events



Photo courtesy of the University of Hawaii West Oahu Campus

Michelle Dewberry

Navy Region Hawaii Sexual Assault Prevention and Response Program

Navy Region Hawaii and Sailors participated in a series of events in April to emphasize the importance of Sexual Assault Awareness Month (SAAM).

Capt. Mark S. Manfredi, chief of staff for Navy Region Hawaii, signed a proclamation at the beginning of the month to kick off the campaign. The theme for this year's SAAM is "Live Our Values: Step Up and Stop Sexual Assault."

"We are making progress, raising awareness and demonstrating success in prevention," Manfredi stated.

In addition, Sailors from Construction Battalion Maintenance Unit 303 (CBMU 303) recognized the need for sexual assault awareness by taking a stand against sexual assault, abuse and violence on April 9 at the University of Hawaii West Oahu Cam-

pus. The service members participated in the Walk a Mile in Her Shoes event, aimed at getting men involved with the fight by encouraging men to have empathy by walking a mile in women's shoes.

"This is a crime that is not gender-specific, but impacts all of us because trust is broken and the mission is harmed," said Construction Electrician 1st Class Michael Walden.

Navy Region Hawaii sponsored several other events in April, including a total confidentiality forum at the Silver Dolphin Bistro.

The Chaplain Corps and Navy Region Hawaii Sexual Assault Prevention and Response (SAPR) office personnel teamed up to spread the word that "Chaplains Equal Total Confidentiality" while enjoying a menu of comfort food prepared by the Silver Dolphin Bistro staff. Patrons were also treated to a message-filled chocolate fortune cookie advertising the SAPR hotline numbers.

SAPR personnel contin-

(Above): Sailors from Construction Battalion Maintenance Unit 303 participated in the Walk a Mile in Her Shoes event April 9 at the University of Hawaii West Oahu Campus.

(Top right): Military members from all services and civilians took part in the fourth annual Sexual Assault Awareness Ride on April 19 sponsored by Oahu Ruff Ryders and Navy Region Hawaii SAPR Team.

(Right): The Navy Region Hawaii Sexual Assault Prevention and Response office and unit victim advocates sponsored a canned-food drive at the Pearl Harbor Commissary in April.

ued their efforts to raise awareness with the community at large by joining forces with the University of Hawaii at Manoa for a resource fair. The fair, called "Breaking the Silence," showcased organizations from the university, local



Photo courtesy of Oahu Ruff Ryders



Photo courtesy of the Navy Region Hawaii SAPR office

community and the Navy to educate college students on resources and prevention efforts that are available regarding sexual assault.

The Navy Region Hawaii SAPR office and unit victim advocates also sponsored a canned-food drive in April at the Pearl Harbor Commissary. SAPR personnel distributed 600 Department of Defense Safe Help Line grocery bags to the patrons while educating shoppers on awareness and prevention efforts.

The event generated four hundred pounds of non-perishable items and collected more than \$170, which was donated to the Armed Services YMCA to benefit mili-

tary families.

On April 19, military members from all services and civilian riders took part in the fourth annual Sexual Assault Awareness Ride sponsored by Oahu Ruff Ryders and Navy Region Hawaii SAPR Team.

The event consisted of 150 motorcyclists' from various clubs rallying against the traumatic impacts that sexual assault have within our military communities. The ride kicked off at Montgomery Powersports and ended at Keehi Lagoon with a barbecue lunch and SAPR presentation.

"We are each other's brothers' and sisters' keepers and together we can

make a difference," said Navy Region Hawaii SAPR office member Terilynn Brannon.

Several riders said the event has become meaningful for them because sexual assault has a ripple effect and most people know someone who has been assaulted or personally affected by it.

The Oahu Ruff Ryders chapter was established in 2006 and is the largest sport bike club on Oahu.

The Oahu Ruff Ryders will donate all proceeds from the event to the Sex Abuse Treatment Center in Honolulu.

For more information about SAPR, call 474-1999.

Story Ideas? Story Ideas? Story Ideas? Story Ideas? Story Ideas? Contact Ho'okele editor for guidelines and story/photo submission requirements. 473-2890 editor@hookelenews.com

National Take-Back day is this Saturday

United States Drug Enforcement Administration

In conjunction with a National Take-Back Initiative, unused or expired medication can be turned in for safe, anonymous disposal from 10 a.m. to 2 p.m. on Saturday at locations throughout the state, including Joint Base Pearl Harbor-Hickam. New or used needles and syringes will not be accepted.

Locations at military installations where the medications will be accepted include the Pearl Harbor Navy Exchange main lobby at 4725 Bougainville Drive, the front of the Marine Corps Exchange at Marine Corps Base Hawaii, Kaneohe Bay, and the Schofield Barracks Army and Air Force Exchange Service Post Exchange.

For more information, visit www.dea.gov or call 541-1930.

Chiefs Action Group events planned

Chiefs Action Group

Chiefs Action Group (CAG) events have been announced.

A chief petty officer (CPO) board eligibility brief will be held from 7:30 to 10:30 a.m. April 30 at Hickam Memorial Theater.

This brief is for all CPO board-eligible E-6s. The brief will consist of best practices in record review and submissions to the board.

In addition, a CPO board eligibility records review will be held from 7:30 a.m. to 4:30 p.m. May 7 at the Naval Operational Support

Center (NOSC) Pearl Harbor, building 279.

This records review is for all CPO board-eligible first class petty officers. Each Sailor will be given a 30-minute appointment with a senior chief petty officer or master chief petty officer with board experience.

This event is on a first-come, first-served basis. Registration will be taken at the end of the April 30 CPO boards brief.

For more information, contact AGCS Enrique Acosta at chiefsactiongroup@hotmail.com or 471-4588.

DoD salutes children during Military Child Month

Terri Moon Cronk

American Forces Press Service

The Defense Department (DoD) believes military children serve their country alongside their service member parents, according to DoD's director of the office of family policy/children and youth.

When military children serve, they do so by making sacrifices when parents are deployed, through frequent moves, starting new schools and making new friends on a continuing basis, Barbara Thompson said in a recent interview with The Pentagon Channel for the Month of the Military Child.

"We feel it's important for the nation to know that military children also serve their country," Thompson said.

To honor military children for their sacrifices and service, DoD and the services have planned activities this month that range from installation-based fairs, parades, and literacy and art events, she said.

Military Kids Day, April 15, marked the third-annual "Purple Up!" day when adults wear purple to show support of children from all the services, Thompson said.

DoD has numerous year-round programs and awareness efforts to honor military children, and Thompson elaborated on some of those initiatives.

To help children build their resilience, DoD has coordinated programs with Sesame Street to help with ongoing change in military children's lives, Thompson noted.

"Sesame [Street] has been an outstanding contributor to the well-being of military children," she said, naming a series of DVDs that cover such topics for military children as divorce, grief, separation and deployment, resilience skills, and visible or invisible injuries.

Sesame Street also recently launched two new smartphone applications.

"One [app] covers relocation, and another is to help children learn self-regulation skills so they become more resilient," Thompson

said. "And everything is free."

Thompson emphasized that April also is Child Abuse Prevention Month and said awareness in this arena is important to DoD.

"Child Abuse Prevention Month is particularly important because it's a social responsibility for all of us to make sure children are safe and their well-being is protected," she said. "Everybody has a responsibility."

Giving parents the tools to make them strong supporters of their children and to keep them safe from predators and from violence within the family is crucial, she added.

"Parenting is tough, regardless of the situation and the age of the child. They each bring their nuances to the table, whether it's children at [age] 2 who say 'no,' or a teenager who's sometimes a little defiant," she said.

DoD offers parenting skill resources, Thompson noted, such as the newly launched parenting course. The course, she explained, examines parenting from the context of the military lifestyle, which revolves around deployments and parental separations from their children at different stages of their development.

And an installation-based initiative, the new Parent Support Program, involves home visitation for new parents of children up to age 3, "to help parents reach their full potential working with and being responsible for their children," Thompson said. The Marine Corps' program supports parents with children up to age 5, she added.

"The New Parent Support Program is a part of the Family Advocacy Program, which has a prevention piece that offers courses and opportunities for support groups. We want to make sure we address the stressors in families' lives before they escalate," Thompson said.

"Sometimes [certain] things really push our buttons," she added. "So we need to have the tools, to know how to cope with those kinds of stressors and how we react to them."

My Favorite Photo...

Jim Taylor, Pearl Harbor survivors' liaison, took this photo of the wreckage of the USS Utah in Pearl Harbor on a perfectly calm day.



How to submit: Email your (non-posed) photos to editor@hookelenews.com

Story Ideas?
 Contact Ho'okele for submission requirements.
 473-2890 editor@hookelenews.com