

USS Lake Erie deploys to western Pacific

Story and photo by
MCSA Rose Forest

Navy Public Affairs Support
Element West, Det. Hawaii

Sailors aboard the Hawaii-based, Ticonderoga-class guided-missile cruiser USS Lake Erie (CG 70) departed Feb. 18 for a western Pacific deployment, the ship's last while being homeported at Pearl Harbor.

Families gathered on the pier to say goodbye to loved ones, waving and holding signs. Sailors in their dress white uniforms crowded along the rails to shout their good-byes to loved ones.

While deployed, Lake Erie will conduct theater security operations with partner nations while providing deterrence, promoting peace and security, preserving freedom of the seas and, if needed, providing humanitarian assistance/disaster response.

"We are trained and ready for deployment," said Capt. John S. Banigan, Lake Erie commanding officer.

"I am very proud of this crew and all that they have accomplished. We have an amazing team of professionals, and I have the utmost faith in their abilities. I could not ask for a better group of Sailors to go to sea alongside."

Lake Erie is one of 11 surface ships of Commander, Naval Surface Group Middle Pacific. The ship is named in commemoration



The Ticonderoga-class, guided-missile cruiser USS Lake Erie (DDG 70) deploys to the western Pacific from Joint Base Pearl Harbor-Hickam.



Line handlers watch as the Ticonderoga-class guided-missile cruiser USS Lake Erie (DDG 70) deploys.

of the Battle of Lake Erie fought Sept. 10, 1815.

During the pivotal engagement, Commodore Oliver Hazard Perry hoisted a crudely stitched flag bearing the dying words of his friend, Capt. James Lawrence,

"Don't give up the ship!" That motto served as the battle cry that day and continues to inspire today.

"I am very excited because I've never been overseas before. I am excited to navigate through some interesting ports," said

Quartermaster 3rd Class Lane Daigle. "I can't wait to see Japan and South Korea. Those countries have been on my bucket list since I joined the Navy."

U.S. Navy guided-missile cruisers are multi-mission surface com-

batants capable of supporting carrier strike groups, amphibious readiness groups, surface action groups or operating independently.

"It's going to be hard," said one of the spouses, whose husband deployed with the Lake Erie. "Being away is always difficult, but it's worth it. I'm proud of him and all his shipmates who are deploying today."

Upon completion of this deployment, Lake Erie is expected to replace John Paul Jones as a rotational ballistic missile defense (BMD) deployer in San Diego.

Commander, U.S. Naval Surface Group Middle Pacific leads and manages the overall warfighting capability of the surface combatant force homeported at Joint Base Pearl Harbor-Hickam (JBPHH), Hawaii.

Navy increases efforts to trap coconut rhinoceros beetle

Tom Clements

Navy Region Hawaii
Public Affairs

The Navy, along with the State of Hawaii Departments of Agriculture (HDOA) and Land and Natural Resources (DLNR), as well as the United States Department of Agriculture (USDA) Animal and Plant Health Inspection Service Plant Protection and Quarantine (APHIS-PPQ), is engaged in efforts to eradicate the coconut rhinoceros beetle (CRB) on the island of Oahu.

The CRB is a high profile invasive species and is a pest of coconut palms and other palm species. Immediately after the discovery of the beetles at Joint Base Pearl Harbor Hickam (JBPHH) property Dec. 23, military service members and civilians at the joint base joined with state and federal agencies to combat the spread of the invasive threat.

Four breeding areas were located in mulch piles along

the Mamala Bay Golf Course at JBPHH. To effectively eliminate the invasive pest, APHIS and program cooperators must survey and remove all life stages of the CRB from the compost piles and other vegetative debris. The debris has been excavated and ground twice on site using a "tub grinder," similar to a wood-chipper but capable of reducing material to a smaller size.

Once the debris is completely processed, it is placed on plastic in the excavation area and covered with secure bird netting. The netting allows adults to return to the breeding sites but inhibits them from leaving.

The advantage provided by the Navy-funded grinding process is that it eliminates all but the earliest life stages of the CRB. Adults, pupae and large larvae are destroyed by the grinding. With only the early stages of eggs and small larvae, this technique then provides time to develop and perfect methods for complete eradication.

HDOA is the lead agency in this effort. Navy Region Hawaii and JBPHH remain in close coordination with State of Hawaii Department of Agriculture and USDA while also working together with U.S. Fish and Wildlife Service and University of Hawaii.

A total of 119 adult CRB have been captured near the Hickam golf course and beach, along with more than 250 larvae and 16 pupae. More than 300 traps have been deployed in a two-mile radius, and thousands of surveys have been conducted by state and federal personnel in search of the large beetle.

Seabees from Construction Battalion Maintenance Unit (CBMU) 303 are building coconut rhinoceros beetle bucket traps to combat the invasive pest.

It is unknown at this time how the CRB arrived at JBPHH, and it is very difficult to determine the method of arrival. It is possible the CRB could have come on either military or



U.S. Navy photo by Denise Emsley

Utilitiesman 2nd Class (SCW) Justin McNair builds a coconut rhinoceros beetle trap at JBPHH.

civilian flights from many possible locations. Joint Base Pearl Harbor-Hickam has the nearest green space to the shared runway and airfields of Honolulu International Airport

(HNL) and Hickam, so it is likely that invasive species could appear there first. In early November, inspectors at HNL airport picked up a CRB in luggage from a flight arriving from Japan.

Residents are advised to report beetles on the state pest hotline 643-7378 (643-PEST).

Residents who find a trap that is damaged can call 832-0585 to have it picked up.

647th Logistics Readiness Squadron 'goods to go'



(Far left): Airman 1st Class Erik Chapman, 647th Logistics Readiness Squadron vehicle operator loads cargo aboard a 40-foot flatbed trailer at the 647th Travel management office at Joint Base Pearl Harbor-Hickam on Feb. 14. For authorized personnel to move cargo, they first must have 40 or more hours in training before becoming certified. (Shot at right): Airman 1st Class Erik Chapman, 647th Logistics Readiness Squadron vehicle operator, (center right) and Walter Simmons (right), 647th LRS Travel Management Office Outbound Section, verify the manifest for cargo after loading it aboard a 40-foot flatbed trailer.

U.S. Air Force photos by Master Sgt. Jerome S. Tayborn / photo illustration by Rico Onaha Hutter



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USS Houston gets sweet greeting at Pearl Harbor
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Sounds of Freedom ring out at Great Aloha Run
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Hawaii Five-0's Chi McBride meets with 15th Wing Airmen
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Training prepares Hickam leaders to better care for Airmen
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COLA Living Pattern Survey available through Feb. 28 at online site
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USS Greenville departs for western Pacific deployment

Story and photo by
MC1 Steven Khor

Commander Submarine
Force U.S. Pacific Fleet
Public Affairs Office

Families and friends bid farewell to the crew of the Los Angeles-class, fast-attack submarine USS Greenville (SSN 772) as it departed from Joint Base Pearl-Harbor Hickam on Feb. 15 for a deployment to the western Pacific region.

Cmdr. Martin Muckian, Greenville's commanding officer, said the submarine and her crew are excited to get under way.

"We had a very successful and rewarding deployment in 2012," said Muckian. "That makes our experienced Sailors eager to go out there and deploy again. I think our new Sailors are excited to experience their first deployment and see the world, which is one of the reasons many of them, including myself, joined the Navy in the first place."

Muckian said Greenville will be working with U.S. 7th Fleet in support of national security objectives, as well as fostering closer ties with allies in the region while on their six-

month deployment to the Pacific region.

Greenville's goal is to support the operational commander and accomplish the mission, whether that is conducting at-sea operations or in port showing the flag.

Muckian said deployment is a great seasoning experience for the crew, and they plan to use every opportunity to advance the qualifications and experience level of the Sailors.

"The new Sailors on this deployment are going to be the 'old salts' for the next deployment, and it is important we give them as much responsibility and experience as they can handle," said Muckian.

Muckian added that the crew will also have the opportunity to experience enjoyable times at sea and exciting foreign ports of call.

Greenville recently won the Battle Efficiency Award, or Battle "E" Award, for sustaining superior performance in an operational environment within a command.

Muckian said he hopes the strong performance of Greenville's crew that showed all year long in 2013 will have laid the

foundation for a great performance on this deployment. But at the same time, Muckian said he does not want the crew to be complacent and forget how challenging deployment can be.

"I have told the crew that you should be justifiably proud of what you have accomplished and enjoy the moment, but don't rest on your laurels," maintained Muckian. "Deployment is a very challenging time, and we need to be our own worst critics if we are to keep sharp and stay ahead of those challenges."

Greenville deployed with 140 Sailors, many of them on their first deployment.

For Electronics Technician 3rd Class Gabriel Coronado, a first-time deployment brings feelings of anticipation and expectation.

"I expect little to no sleep," said Coronado. "I'll probably have some personal growth. I want to be reactor operator-qualified and submarine-qualified before we return."

Despite the challenges that await the crew of Greenville, Muckian said he is amazed at the work the Sailors do, and said that success is due to the result



Photo Illustration by Rico Onaha Hutter

(Left): Cmdr. Martin Muckian, commanding officer of the Los Angeles-class, fast attack submarine USS Greenville (SSN 772), spends time with his daughter at a farewell lunch before Greenville departs Joint Base Pearl Harbor-Hickam on Feb. 15. (Right): Electronics Technician 1st Class Christopher Neel spends time with girlfriend Angela Kershner. (Bottom): USS Greenville leaves joint base for a western Pacific deployment.

of the whole crew doing it right, day in and day out.

"I am honored to lead this crew out on deployment a second time," said Muckian.

USS Greenville is the 61st Los Angeles-class submarine and the 22nd improved Los Angeles-class

attack submarine. Commissioned in 1996, Greenville is the first ship of the U.S. Navy to be named after the small town in eastern Tennessee.

Los Angeles-class submarines are ideally suited for covert surveillance, in-

telligence gathering and special forces missions. This stealth, when combined with the submarine's Tomahawk cruise missiles, mines and torpedoes, provide the operational commander with an unseen force multiplier.

Hawaii Five-0's Chi McBride meets with 15th Wing Airmen



U.S. Air Force photo by Sr. Airman Chris Stoltz

Actor Chi McBride speaks to 15th Wing Airmen and civilians about diversity during a guest appearance Feb. 14 at Joint Base Pearl Harbor-Hickam.

Tech. Sgt. Terri Paden

15th Wing Public Affairs

Actor Chi McBride of Hawaii Five-0 brought his life philosophies, comedic chops and true Hollywood stories to Joint Base Pearl Harbor-Hickam, Hawaii, for a meet-and-greet Feb. 14 with Airmen of the 15th Wing.

In the spirit of African American History Month, McBride took a moment to speak candidly about what diversity means to him before sharing personal stories about his life as an actor and answering questions and taking pictures with the audience.

"The only way to truly have and embrace diversity

is to have diversity in thought," said the Chicago native. "We don't all look the same or think the same, but we do have to accept that others are different."

McBride, who described himself as, "not the kind of guy to get hung up on race," also shared his views on the idea of simply tolerating one another. "People deserve acceptance, not tolerance," he said.

In addition to spreading his message of diversity and acceptance, McBride also shared his passion for the armed forces with the crowd. "I consider myself a patriot because I love this country," he said. "I wish I were brave enough to do

what you do. You sacrifice it all. And I have a deep profound respect for everyone who puts on the uniform and protects the United States of America."

McBride's casual demeanor, appreciation for the military and clever sports metaphors about life was a hit with the crowd, drawing a standing ovation at the conclusion of his visit, according to participants.

"I couldn't wait to come meet him. I was very interested in what he had to say, and I was pleasantly surprised to find he was so open and grounded and I liked his sports references," said Master Sgt. Alfred Wells, 15th Aircraft Maintenance

first sergeant.

"I also like that he said he's just like us. He goes to work and does his job and then goes home to the things that really matter, like his friends and his family. I was expecting something completely different, but he met us on our level and was relatable."

Wells, who is a long-time fan of McBride, was also impressed by the actor's appreciation of the military.

"I think it's absolutely wonderful how passionate he is about the military," he said. "You can tell it's genuine the way he feels, and it's not just something he's saying. The fact that he took time out of his schedule to come speak here says a lot about him and his character."

USS Houston gets sweet greeting at Pearl Harbor

Lt. j.g. Brett G. Stewart

USS Houston (SSN 713)
Public Affairs

Friends and families gathered at the submarine piers at Joint Base Pearl Harbor-Hickam with Valentine's Day wishes and welcome home greetings for the crew of the Los Angeles-class fast attack submarine USS Houston (SSN 713) as it returned to Pearl Harbor from a deployment to the western Pacific region.

"After a change of homeport and an arduous shipyard period, the crew of Houston was eager to get their submarine back overseas into the western Pacific area of operations and contribute to national defense," said Cmdr. Paul Davis, Houston's commanding officer.

"I am very proud of the way these men have handled themselves throughout our seven months, meeting every challenge with professionalism and pride," Davis said.

Houston conducted a variety of operations and theater security exercises throughout the deployment, contributing to the nation's strategic posture in the region.

Houston also strengthened relationships with South Korea through exercises with the Royal Korean navy submarine Choi Moo Sun and the USS George Washington carrier strike group.

"They represented our nation well throughout the deployment, and I also am thankful for the tremendous support we have enjoyed from the spouses and family members. Their support, encouragement and sacrifice enabled our successful deployment," said Davis.



U.S. Navy photo by MCI Steven Khor

Lt. j.g. Coleman Ward of the Los Angeles-class fast attack submarine USS Houston (SSN 713) hugs his wife Eileen following the submarine's Valentine's Day return Feb. 14, from a deployment to the western Pacific Region. See additional photos on A-5.

During the deployment, 33 enlisted submariners became submarine-qualified and are now entitled to wear the enlisted submarine warfare insignia.

Davis said a majority of the crew also completed advanced qualifications that are the building blocks for future operations, ensuring Houston's performance

will remain strong. "With about 60 percent of the crew making their first western Pacific deployment, invaluable training and experience were ob-

tained," said Houston's chief of the boat, Senior Chief Machinist's Mate Jay Cherland.

"But we couldn't do it without the love and support of those we left behind. My hat goes off to our command ombudsman Consuela Rodriguez and the family readiness group. They really helped take care of the command families," Cherland added.

One Sailor had an extra special homecoming waiting for him. Sonar Technician (Submarines) 1st Class Fred Leonard arrived back home to meet his new daughter, born Sept. 3 while the boat was under way. "I've been looking forward to holding my daughter for five months. It's great that it's finally a reality," said Leonard.

"He's the best Valentine's gift ever!" said Eileen Ward, spouse of Houston Sailor Lt. j.g. Coleman Ward. "I'm overwhelmed, elated and excited! We're expecting our first child, and I'm just so excited to have him home so we can move forward and enjoy Hawaii together as a family again."

With more than 46,000 nautical miles steamed and participation in multinational exercises, Houston worked to enhance strong relationships in the region. Additionally, during their seven months away from Pearl Harbor, the crew enjoyed several memorable port visits including Guam and Singapore.

Houston is the fourth U.S. Navy vessel named in honor of the city of Houston, Texas. It is a Los Angeles-class submarine, 360 feet long and displacing 6,900 tons. It can be fitted with Mk-48 torpedoes and Tomahawk missiles.

Diverse Views



Who is your favorite U.S. president?

YN2 Kawon Harrington
COMSUBPAC



"I think my favorite would have to be Bill Clinton. I think the economy was at its peak at that time. Me being 24, that's when I remember it being at its best."



Amie Torralva
Military spouse

"Abraham Lincoln — he was a man of conviction."

LN2 Marcella Faust
Region Legal Service Office Hawaii



"I would have to say JFK. Former Sailor. He seemed like he knew what he wanted for his country and he was going to make it happen. It was more about the job than the politics."



Senior Master Sgt. Michael Von Ahnen
613th Air and Space Operations Center

"George W. Bush — he rallied America together in one of the darkest hours. Standing in the smoke and rubble of the twin towers, he assured America that justice would be done."

CTR3 Douglas Holleman
NIOC Hawaii



"Probably president Abraham Lincoln for the amount of work he put in for increasing diversity. Especially for the Navy, diversity really helps having people from all over versus one small skill set."

Provided by Lt. j.g. Eric Galassi
and David Underwood Jr.

Want to see your command featured in Diverse Views?
Got opinions to share?

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

Eugene Bullard became groundbreaking pilot



U.S. Air Force photo

In August 1917 Eugene Jacques Bullard (shown in this photo), an American volunteer in the French army, became the first African American military pilot in history. He was also the only African American pilot in World War I. He is seen here posing with his pet monkey, Jimmy.

HO'OKELE

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Joint base EOC response team ready for emergencies

Story and photo by SrAirman Christopher Stoltz

Joint Base Pearl Harbor-Hickam Public Affairs

As an old English proverb quotes, "Hope for the best, prepare for the worst."

For some, this is but a simple quote. For the Joint Base Pearl Harbor-Hickam (JBPHH) Emergency Management Emergency Operations Center, this is their culture.

JBPHH Emergency Management hosted a week of training this month for the JBPHH Emergency Operations Center Incident Management Team (EOC-IMT). Instructors from the CNIC Shore Force Training Center taught the course over three and a half days to 22 students from various JBPHH codes and tenant organizations.

The class included medical, security, safety, emergency management and various other specialists assigned to the JBPHH Emergency Operations Center. Each student learned how to properly

serve as a member of an installation's EOC IMT during an emergency through a series of practical application classroom exercises, which utilize student working groups to apply the knowledge gained during lectures.

During exercises, students in the IMT are broken into common emergency support functions under the general areas of operations, logistics and plans.

"They (the students) are given a practical scenario of an on-base emergency where they are forced to realistically lead, brief, coordinate and plan," said Daniel T. DuBois, JBPHH Emergency Management Officer. "Each day, classroom instruction is followed by an EOC exercise that gets progressively complex as the course progresses."

According to DuBois, exercises encompass an all-hazard approach from earthquake, tsunami or hurricane natural disasters to man-made events, such as a hazardous materials spill or an active shooter. All are timely and plausible and designed to stress the EOC-IMT.

The EOC is the command

and control point for Joint Base Pearl Harbor-Hickam for response and recovery operations after any man-made or natural disaster and as a support center during major events at JBPHH including POTUS visits, base concerts, 4th of July and other events of major significance.

The EOC-IMT is staffed by a combination of active duty Air Force, Navy and civilian personnel from 18 support units within Joint Base Pearl Harbor-Hickam that are capable of conducting 24/7 support operations. The EOC functions as a conduit of response coordination between units including fire, security, port operations, air operations, logistics, mass care and public affairs.

Joint Base Pearl Harbor-Hickam's EOC-IMT also combines the efforts of Air Force, Navy and civilian personnel.

"The EOC is important because it provides the joint base commander and other emergency operations control centers around JBPHH with a common operating picture," said DuBois. "It also enables focus of effort



These protective suits are used by military personnel during an exercise or in the event of a toxic environment, such as during a chemical, biological, radiological or nuclear strike. It depends on the mission-oriented protective posture (MOPP) level declared at the time. Each MOPP level corresponds to an increasing level of protection. The readiness level will usually be dictated by the commander.

for the response recovery efforts during natural and manmade disasters."

DuBois explained that this common operating picture allows the incident management team to communicate quickly and effectively, reducing response time to any incident that

may occur. It also allows for these team members to quickly disseminate information to their reporting officials back at their main office.

"The EOC is usually in standby status," said DuBois. "But it can be fully activated and engaged for

emergency response duties within minutes."

DuBois and the rest of the emergency operations center staff provide monthly training sessions for the EOC-IMT, in conjunction with quarterly exercises—all to help keep the IMT vigilant.

Renovation is underway on Hickam Gymnasium restrooms



As part of the Hickam Gymnasium's foyer bathrooms complete makeover, an Air Force apprentice installs cement backer board to the walls of the men's restroom at Joint Base Pearl Harbor-Hickam.

Story and photo by Sila Manahane

Naval Facilities Engineering Command Hawaii

A maintenance project currently underway that will benefit military personnel, their families and government civilians at Joint Base Pearl Harbor-Hickam (JBPHH) is the Hickam Gymnasium renovation of the men and women's restrooms located in the building's foyer.

The Naval Facilities Engineering Command (NAVFAC) Hawaii Air Force military members from the 647th Civil Engineer Squadron are in the process of rebuilding the lavato-

ries at a cost of \$47,000.

The project, originally intended to replace only a few plumbing fixtures, missing tiles and bathroom stall partitions, developed into a multi-month project to revitalize the restrooms into fully functioning and safe spaces. The transformation involves an all-around effort from various trade workers—carpenters, electricians and plumbers.

"During inspection of the lavatories, we realized there was a great deal of damage to the drywall under the tiles," said Christopher Coover, project work leader.

"The metal studs in the walls were rusted approximately two feet up from the bottom, mak-

ing the wall structurally unsound. Realizing the amount and variety of modifications to be done in the restrooms, we seized this opportunity to involve our younger Air Force apprentices in the project with the intention to build on and exercise their abilities in their trades," Coover said.

The new project plan, effective Jan. 6, consists of a complete makeover to the major structural elements of the restrooms. The construction plan requires a number of remedial actions.

These include the removal and replacement of all tile and drywall six feet from the floor and the replacement of all studs in the walls to be covered with

Duracore cement backer board. New ceramic tiles will also be placed throughout the bathrooms. Other upgrades will go toward new bathroom fixtures (toilets, urinals, and sinks) and floor repair throughout both men's and women's restrooms.

Additionally, the project involves the installation of new partitions as well as light and electrical fixtures to transform the old space into a serviceable one. For finishing touches, fresh paint will be used throughout, and the entrances and closets will also be changed to coordinate with the rest of the new look.

The lavatory renovations are expected to continue through March.

Pearl Harbor-Hickam *Highlights*

Electrician's Mate 1st Class Arthur Valliere of the Los Angeles-class, fast attack submarine USS Houston (SSN 713) hugs his fiancée, Marina Yurchak, following the submarine's Valentine's Day return from a deployment to the western Pacific Region. U.S. Navy photo by MCI Steven Khor



Sonar Technician (Submarines) 1st Class Jesse Chaney of the Los Angeles-class, fast attack submarine USS Houston (SSN 713) hugs his wife, Elizabeth Proell, following the submarine's Valentine's Day return from a deployment to the western Pacific Region.

U.S. Navy photo by MCI Steven Khor



The Los Angeles-class, fast attack submarine USS Houston (SSN 713) moors pier-side at Joint Base Pearl Harbor-Hickam on Feb. 14, following a return from deployment to the western Pacific region.

U.S. Navy photo by MCI Steven Khor

The Ticonderoga-class, guided-missile cruiser USS Lake Erie (DDG 70) deploys to the western Pacific from Joint Base Pearl Harbor-Hickam.

U.S. Navy photos by MCSA Rose Forest



Sailors aboard the Ticonderoga-class, guided-missile cruiser USS Lake Erie (DDG 70) prepare to deploy Feb. 18 to the western Pacific from Joint Base Pearl Harbor-Hickam.



Training prepares Hickam leaders to better care for Airmen

Story and photo by
Tech. Sgt. Terri Paden

15th Wing Public Affairs

Frontline supervisors at Joint Base Pearl Harbor-Hickam were educated on suicide prevention in a training course held Feb. 13 at the Hickam Memorial Theater.

Hosted by the 15th Medical Operations Squadron Mental Health Flight, the three-hour course was based on the motto, "Good Leadership is Good Prevention."

The frontline supervisor course was initially developed by the Air Force to prepare supervisors to identify and intervene with Airmen at risk for suicide.

"This is an important program to aid in suicide prevention and teaches supervisors better ways to interact and relate to their Airman," said Tech. Sgt. Dawn MacKenzie, mental health flight NCO in charge.

MacKenzie said frontline supervisors are the target audience because they typically have the most direct

interaction with Airmen. "Good leadership should decrease suicides," she said. "You want to get to know your people, so that you also know when they aren't doing well. This training is about learning how to recognize the signs. We're teaching additional leadership techniques to help supervisors understand if their Airmen are in distress."

The training, which is built as a workshop, is interactive, participatory and experimental. MacKenzie said it is intended to emphasize supervisory skills as much as helping skills.

Though the training is mandatory for E-5 and above, Airmen of every rank are strongly encouraged to attend.

Tech. Sgt. Jonathan Nightingale, 647th Civil Engineer Squadron, attended the training and said while he thinks frontline supervisor training is important for experienced supervisors, he thinks the course holds particular significance for newly appointed supervisors or Airman preparing to

fill that role.

"I think this training is a good first step to get first-time supervisors ready for what they should be looking for in their Airmen," he said. "Personally, I think this training should be added to the Airman Leadership School (ALS) curriculum."

"If this training was presented in ALS to the Airmen who are in line to be frontline supervisors, I think it could give them a head start and set them up for success. When I was coming up through the ranks, this type of training wasn't available and so I learned a lot through trial and error, but I would have appreciated having something like this to guide me early on.

I think this type of training is really important and serves as a refresher for seasoned supervisors, but it's definitely vital information for first time supervisors to get," Nightingale said.

In addition to teaching supervisors how to take care of their Airmen, the



Frontline supervisor training attendees look through information materials before taking the three-hour course focused on suicide prevention and improving supervisory skills at the Hickam Memorial Theater at Joint Base Pearl Harbor-Hickam on Feb. 13.

course also emphasized the importance of being a good wingman and Airmen helping each other.

"It is every Airman's responsibility to seek help

when necessary to ensure their best performance, but also it's every Airman's responsibility to reach out to fellow Airmen in distress," said MacKenzie.

For more information about frontline supervisor training, contact the 15th Medical Operations Squadron Mental Health Clinic at 448-6377.

Pearl Harbor Naval Shipyard announces Sailors of Year

David Tomiyama

Pearl Harbor Naval Shipyard Public Affairs

Pearl Harbor Naval Shipyard has announced its 2013 Sailor of the Year and Junior Sailor of the Year.

Navy Diver 1st Class (DSW/EXW) Adrian McPherson is the shipyard's 2013 Sailor of the Year (SOY). The code 760 unlimited diving supervisor and intermediate maintenance facility (IMF) and material management coor-

inator (3MC), was chosen from a field of 178 shipyard Sailors for the annual honor.

"It's a great honor to be named SOY, but I didn't get here by myself," McPherson said. "This award is also for the guys who helped me out and contributed to a successful program."

McPherson is directly responsible for the execution of inspections, troubleshooting and repairs of the 36 homeported ships and submarines here as well as transient vessels that stop at Joint Base Pearl Harbor-

Hickam.

"He is a well-respected petty officer who leads, supervises and provides daily counseling and mentorship to our Sailors," said Senior Chief Navy Diver Christopher Pederson, code 760 leading chief petty officer (LCPO).

"He leads a cohesive workforce capable of completing any task assigned. His dedication to this command and the U.S. Navy are demonstrated daily and are worthy of his selection as the shipyard's SOY."

Navy Diver 2nd Class (DSW/EXW) Jarrette Neal is the shipyard's 2013 Junior Sailor of the Year (JSOY). The code 760 work center supervisor (WCS) competed with 178 Sailors to win the coveted honor.

"I think it's a great way to bring recognition of my and the dive lockers exceptional performance to the attention of the shipyard," Neal said.

As a WSC, Neal performs husbandry or repair dives on the 36 ships and submarines homeported here

and transient and foreign vessels that pass through Joint Base Pearl Harbor-Hickam.

In preparation for the diving operation readiness assessment (DORA), an inspection conducted once every three years by Naval Sea Systems Command on diving equipment, practices, administrative organization and maintenance, Neal ensured the DLSS was up-to-speed for the inspection, resulting in an "outstanding" rating for the unit.

"Neal has shown the abil-

ity to fulfill his challenging primary duties as a Navy diver while balancing the responsibilities of a WCS," said Senior Chief Navy Diver Christopher Pederson, code 760 leading chief petty officer.

"The managerial and organizational skills he displayed as team one's WCS enabled the team to conduct continuous diving operations with zero missed days of production and are directly responsible for (the unit) receiving an 'outstanding' in the recent DORA."

Story Ideas? Story Ideas? Story Ideas? Story Ideas? Story Ideas?
Contact Ho'okele editor for guidelines and story/photo submission requirements. 473-2890 editor@hookelenews.com