

Life & Leisure

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Sounds of Freedom ring out at Great Aloha Run

Story and photos by
MC3 Johans Chavarro

Navy Public Affairs Support Element
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Service members from all five branches of the military on Oahu participated in the 30th Annual Great Aloha Run in Honolulu on Feb. 17.

The Great Aloha Run spanned 8.15 miles, starting in downtown Honolulu at the Aloha Tower and ending at Aloha Stadium.

The race had more than 21,000 participants, with approximately 1,500 service members, some of whom participated in the "Sounds of Freedom" divisions in which military members ran in formation while calling out cadence.

"Our ship has done it for the past three years," said Interior Communications Electrician 2nd Class Beau Strickland, a Sailor stationed aboard guided-missile destroyer USS Chung-Hoon (DDG 93). "It's a good opportunity to build camaraderie with the people you've been on deployment with, the people you've served with."

Lt. John Schermerhorn, also stationed aboard Chung-Hoon, added that the opportunity gave Sailors a chance to interact with those they may not regularly have a chance to when stationed aboard the ship.

"There's no ship separation through the ranks," said Schermerhorn. "You can run right next to the captain, and it's just really great for building that cohesion."

According to Master Chief Salvatore Beneventano from Commander, U.S. Pacific Fleet, the run provided a means for service members from the different branches to interact.

"Coming together in the spirit of the day to show the Navy spirit was great," said Beneventano. "And it's great when all the branches come together like this. It shows the relationship and trust within the services, so running alongside them and hearing the cheering all the way through each drink station was really just excellent."

The Great Aloha Run is recognized as one of the top 100 road races in the country since its inauguration in 1984.

Over the past 30 years the Great Aloha Run has raised more than \$10 million in support of more than 150 non-profit health and human service organizations as well as community service groups throughout Hawaii.

(Top and Below) Participants in the annual Great Aloha Run run through the course leading into Aloha Stadium.

Photo illustration



(Left) Soldiers participate in the Great Aloha Run, an 8.15 mile run from Aloha Tower to Aloha Stadium on the island of Oahu as part of the Sounds of Freedom by singing cadence and running in formation.



(Right) Service members assigned to various commands in the Hawaii region participate in the Sounds of Freedom division.

(Below) Sailors participate in the Sounds of Freedom division during the annual Great Aloha Run.



(Below) Sailors from the Virginia-class submarine USS Texas (SSN 775) participate in the Great Aloha Run, an 8.15 mile run from Aloha Tower to Aloha Stadium on the island of Oahu as part of the Sounds of Freedom.



COMSUBPAC beats 15th MXG to keep record perfect

Story and photo by
Randy Dela Cruz

Sports Editor

Commander Submarine Force U.S. Pacific Fleet (COMSUBPAC) saw their 11-point lead evaporate, but held on to defeat 15th Maintenance Group (15 MXG), 46-43, in a battle of unbeaten Blue Division teams Feb. 13 at Joint Base Pearl Harbor-Hickam Fitness Center.

Up by a score of 22-11 at halftime, COMSUBPAC saw their lead slashed to a single point on a basket-and-one by 15 MXG forward Michael Stephens, a military-family member, with 8:56 remaining in the game.

However, that was as close as the MXG would get as COMSUBPAC held on for the win to raise the team's record to 3-0. Both teams entered the matchup at the top of the division with identical 2-0 marks.

"We were missing one of our main ball-handlers, so that kind of hurt us a little bit," said COMSUBPAC center Electronics Technician 2nd Class Jesse Gauf.

"Then we started turning the ball over and anybody knows that when you start turning the ball over it's going to let a team back in there really quick and that's what happened. Luckily we



Lt. Greg Koch goes up for a shot during an intramural game between Commander Submarine Force U.S. Pacific Fleet (COMSUBPAC) and 15th Maintenance Group (15 MXG.)

turned up the defense a little bit the last five minutes of the game and that was the difference."

After Stephens drew the 15 MXG back to within a point, COMSUBPAC got clutch baskets from Sonar Technician (Submarine) 1st Class Marquis Perry and Lt. Greg Koch, who dropped a trey to keep the team's advantage at 35-31 with 6:54 left in the game.

Then Gauf turned up the heat with back-to-back putbacks inside the paint to make it 39-33 at the 5:00 mark.

Gauf, who scored six of the team's first nine points of the game, finished the game with 15 points.

While Gauf had the hot hand for COMSUBPAC, 15 MXG Airman 1st Class Garren Richardson's long shots from the perimeter kept his team in the game as time wound down.

Richardson's trey with 4:34 in the game pulled the 15th MXG back to within three points at 39-36, and then at the 2:43 mark, Richardson deposited another bulls-eye from long range to cut the deficit down to two points at 41-39.

The teams traded a couple of baskets over the next two minutes to keep the teams separated by two with 24 seconds on the clock, but COMSUBPAC played keep away

long enough to secure the win.

"We just kind of slowed it down," said Gauf about the team's ability to hold on for the win. "I think for awhile, we were rushing it, taking bad shots, so I think that's what happened."

Richardson said that the team's slow start, scoring only 11 points in the first half, hampered MXG's ability to complete the comeback.

"We came out slow on defense," he explained. "We started in a zone, but more intensity came when we played 'man' in the second half. Next time, we need to come out with more intensity on defense. If we turned up on defense, we'll keep the game much closer. So when we do catch fire in the second half, we'll be pulling away instead of trying to catch up."

Meanwhile, COMSUBPAC's strong start this season is in stark contrast to their struggles of 2013.

Gauf said that the biggest difference this year is overall team experience.

"Last season, we'd never played together," Gauf said. "We got the majority of players back, so I think the continuity is a little bit better. We're a little bit undersized, but we make up for it with team defense and rebounding."

Scholarship applications due April 2

Hickam Communities LLC

WinnCompanies, the firm providing the property management and maintenance services at Hickam Communities, is offering a scholarship opportunity to residents.

High school seniors, high school graduates and GED graduates living in communities managed by WinnCompanies or its affiliates are invited by the board of direc-

tors of WinnCompanies to apply for scholarship grants for the 2014-2015 academic year, to be awarded in May.

Four Hickam Communities residents were awarded the scholarships last year.

Residents who are pursuing some form of higher education in a community college, college, university, or trade/professional school to apply for scholarship grants starting at \$1,000. Those

who are interested can log on to www.hickamcommunities.com/go/WinningEdge to download the full application packet and details to find out if they or a member of their family are eligible for a scholarship.

All completed applications need to be submitted no later than April 2 to Hickam Communities housing office at 211 Mercury St. or its leasing office at 200 Koko-malei St.

GOT SPORTS

Phone: 473-2890

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Contact the Ho'okele editor for guidelines and story/photo submission requirements.



Tigers come from behind to defeat CE Bulls

Story and photo by Randy Dela Cruz

Sports Editor

Trailing by a basket at half-time, the 324th Intelligence Squadron (324 IS) Tigers rallied in the second half to come from behind and defeat the 647th Civil Engineer Squadron (647 CES) Bulls, 45-34, Feb. 18 in a matchup of Red Division intramural basketball teams at Hickam Fitness Center, Joint Base Pearl Harbor-Hickam.

With the win, the Tigers captured their fourth game in a row and grabbed sole possession of first place over Navy Information Operations Command (NIOC) Hawaii, which remained at 3-0 after an idle week.

Meanwhile, the hard-luck Bulls lost their third game of the season with no wins. Two of the team's losses were absorbed after the Bulls held leads going into the second half.

"The other team came out really strong," said 324 IS head coach Cryptologic Technician (Collection) 3rd Class Ryan Shirley about the Tigers slow start. "They forced us to change our game plan. We had to play smart basketball. We came out a little slow, a little rocky, but ultimately, we got it together."

Up at 19-17 heading into the second half, the Bulls immediately increased their lead to four at 21-17 on a basket by Bulls point guard Airman 1st Class Jurel Burton.

Instead of folding, the 324 IS stepped up to the challenge and finally caught the Bulls at 22-22 on a lay-up by Tech. Sgt. Tim Harris with 12:36 remaining on the clock.

Then, on the next trip down the court, the Tigers pulled ahead for only the second time in the game on a long-range jumper from beyond the three-point arc by Senior Airman Jonathan Bates.

"That was a sigh of relief, not just for myself, but for the players also," Shirley said. "From that point on it was 0-0 again and we could just play basketball."

After the clutch shot by Bates, the 324 IS got even more support from the perimeter, when Senior Airman A.J. Abdul sank his second three-pointer of the game to stretch out the Tigers' lead to six at 28-22.

Clinging to a five-point lead with 5:00 showing on the clock, the Tigers finally put the Bulls away by scoring the next five points on a trey by Senior Airman Raymond Garay-Paravisini and a lay-up by Harris.

In gaining the win, the Tigers got balanced scoring throughout their lineup as a total of 10 players posted points for the team. Leading the way was Harris with 17 points.

While the Tigers offense eventually got on track, Shirley said that it was the team's defense that stole the show in the second half by shutting down the Bulls inside the paint.



Tech. Sgt. Tim Harris leaps up to shoot for two of his 17 points to help the 324th Intelligence Squadron (324 IS) Tigers defeat the 647th Civil Engineer Squadron (647 CES) Bulls, 45-34, in a Red Division game.

Forward Staff Sgt. Joe Gannon helped the Bulls gain the early upper hand by controlling the boards and scoring eight points in the first half, but he was shut out by the Tigers defense after intermission.

"Our focus was we had to communicate," Shirley said. "They wanted to get the ball inside and look to kick it out. So we had to get down, force Gannon to make bad decisions. Once we put the pressure on him, that's what he did."

Gannon credited the Tigers for making adjustments in the second half but also added that the Bulls ran out of gas after arriving with only six players.

"In the second half, it really started to hurt because they went 'man' on us," said Gannon, who also pointed out that reinforcements are coming in the next couple of weeks. "Having only six players on the team is hard to keep running because there's no subs. It definitely showed that a lack of people hurt us today."

While Shirley said that the perfect record puts a bulls-eye squarely on the back of the team's jerseys, he believes that the Tigers will continue to play winning basketball.

"There's no added pressure," said Shirley about the team's spotless record. "We expected this when we came in. But we do know that from here on out, we're going to get everybody's best shot because they want to take what we have."

COMPACFLT surprises JPAC in last-second thriller

Story and photo by Randy Dela Cruz

Sports Editor

Marine Sgt. J.R. Martin scored the game-tying basket and then calmly sank a free throw to give Commander U.S. Pacific Fleet (COMPACFLT) a heart stopping 30-29 win on Feb. 18 over Joint Prisoner of War/Missing in Action Accounting Command (JPAC) Ballers. The match was a Red Division intramural basketball showdown at Hickam Fitness Center, Joint Base Pearl Harbor-Hickam.

Up by a score of 29-27 with less than 10 seconds to go, the Ballers seemed to have the game well in hand as JPAC center Master Sgt. Rick June set up at the free-throw line to put the finishing touch on a hard-fought battle between two of the top teams in the Red Division.

However, June missed the front end of a one-and-one, and the ball ricocheted off the rim before being grabbed by COMPACFLT guard Intelligence Specialist 2nd Class Aaron Jackson.

Martin, who released off of



the missed shot, swooped in from the right wing, made a catch and converted on a lay-up with 3.6 seconds remaining in the game.

After being fouled on the play, Martin then completed the "and-one," which proved to be the difference in the game.

Both teams entered the showdown near the top of the division with identical 2-1 records.

COMPACFLT has now won three games in a row after opening the season with a loss, while the Ballers have dropped two straight games.

"All we had to do was get the rebound, get it to the open man and let him push the ball," Martin said. "My goal was to try and dunk on somebody. In order for me to dunk on somebody, I had to beat everyone down the floor."

The exciting finish put an exclamation mark on the game after both teams started off ice cold on the court.

The teams were tied at 2-2 after six minutes of play and the Ballers didn't score their

first basket until 10 minutes had passed after the opening tipoff.

Despite getting off to such a slow start, JPAC still managed to go into halftime holding a 16-14 advantage.

After JPAC started off the first half on a cold streak, COMPACFLT experienced a dry spell to begin the second half.

Held scoreless for the first eight minutes after the break, COMPACFLT finally broke the drought on a basket by Jackson that cut the deficit down to four at 20-16.

Then with 6:38 remaining in the game, COMPACFLT pulled ahead at 21-20 on two free throws by Intelligence Specialist 3rd Class Ryan Malone.

The Ballers answered with three free throws to retake the lead at 23-21, but Intelligence Specialist 3rd Class Malik Coleman retied the game at 23-23 on a basket for COMPACFLT.

Martin put his team back out in front at 25-23 by converting a lay-up on an inbound play under the bas-

ket. However, the lead was short lived as Sgt. 1st Class Don Fields sank one free throw but missed the second shot, which June tapped in for a basket and a 26-25 lead.

A coast-to-coast drive and lay-up by Martin gave COMPACFLT a 27-26 advantage, but June answered with a trey from the right corner to put JPAC ahead at 29-27 before missing the free throw that set the stage for Martin.

June, who led the Ballers with 16 points, said that the loss was a hard pill to swallow.

"That's the worst loss because you just think what you could have done different," June said. "I guess we didn't get back. They pushed the ball and we didn't expect that."

As Martin approached the line for the game-winning shot, he said that he didn't feel any pressure to make it.

"We're all in the military. There's no such thing as pressure in the military," Martin said. "You make it or you don't. There's no pressure."

Marine Sgt. J.R. Martin reaches high up into the rafters to pull down a rebound in a Red Division intramural basketball game between Commander U.S. Pacific Fleet (COMPACFLT) and Joint Prisoner of War/Missing in Action Accounting Command (JPAC) Ballers.

Chaplain Corps announces release of strategic plan for religious ministry

Christianne M. Witten

Chief of Chaplains Public Affairs

WASHINGTON (NNS) — Chief of Chaplains Rear Adm. Mark L. Tidd on Feb. 10 announced the release of the Department of the Navy's Strategic Plan for Religious Ministry 2014-2019.

"Chaplains play a vital role for our Navy and Marine Corps team, providing counsel, building hope, and increasing the resilience of our force," Secretary of the Navy Ray Mabus stated in the strategic plan.

Navy chaplains and religious program specialists operate across a broad spectrum of environments to fulfill the mission of the Chaplain Corps: to inspire hope and strengthen spiritual well-being through the delivery and coordination of effective religious ministry at sea and ashore.

The Department of the Navy (DoN) Strategic Plan for Religious Ministry 2014-2019 was carefully designed to support the priorities of the Secretary of the Navy,



Chaplain Lt. James Ragain plays guitar and leads a sing-along during Vacation Bible School on June 14, 2013 at the Pearl Harbor Memorial Chapel.

Chief of Naval Operations, Commandant of the Marine Corps, and Commandant of the Coast Guard. The plan also advances professional naval chaplaincy and expands on the goals of the previous strategic plan released in 2008, Tidd said.

"Part of 'Be Ready' is having the opportunity to practice one's faith wherever our

shipmates serve. Whether at home or operating forward, our Navy chaplains play a vital role in ensuring our Sailors, civilians and families have the resilience to meet every challenge they face," Chief of Naval Operations Adm. Jonathan W. Greenert stated in the strategic plan.

Gen. James F. Amos,

commandant of the Marine Corps, also remarked in the strategic plan that "chaplains are invaluable when it comes to ensuring we keep faith with our Marines, our Sailors and our families."

Navy chaplains support the religious freedom of Sailors, Marines, Coast Guardsmen, DoN civilians and families as well as sup-

port commanders as they carry out their charge of command by:

- Providing and facilitating religious ministry.
- Caring for all with complete confidentiality, dignity, respect, and compassion.
- Advising commanding officers on the accommodation of religious needs; the spiritual well-being of service members and families; a moral and ethical command climate; and religious matters that affect the command's mission.

The strategic plan will focus on leveraging these core capabilities to meet three strategic goals: serve our people, engage with leadership, and meet professional standards, Tidd explained.

"When professional religious ministry is delivered effectively, chaplains can help inspire hope, strengthen spiritual well-being, increase personal resilience, and enhance mission readiness across the naval service," Tidd added.

The strategic plan will serve as the foundation for policy and programming for the professional delivery of

religious ministry across the Navy, Marine Corps and Coast Guard. It will also inform and shape the development of professional standards for chaplains and religious program specialists.

"Every chaplain oversees a command religious program which can address health of force issues that impact resilience and readiness in a meaningful, substantive way," he added.

"Each chaplain has a role to play in aligning their command religious program to support the commander's mission and intent as well as the DoN Strategic Plan for Religious Ministry 2014-2019," Tidd said.

The Navy Chaplains Corps is currently comprised of 1,056 chaplains in both the active and reserve components, representing more than 100 different faith groups and religious organizations.

For more information on the strategic plan, visit:

<http://www.navy.mil/docs/2014-2019-StratPlan-ReligiousMinistry.pdf> or <http://www.navy.mil/docs/ImpactofReligiousMinistry-Final.pdf>.



Live the Great Life

MFSC to hold classes about saving money

**Joint Base Pearl Harbor-Hickam
Morale, Welfare and Recreation**

Those interested in learning how to save money can join the Joint Base Pearl Harbor-Hickam Military and Family Support Center (MFSC) for three upcoming classes for Military America Saves.

A coupon class will be held from 11:30 a.m. to 1 p.m. Feb. 24 at MFSC Pearl Harbor. The class will be led by Ashley Dougherty, author of "Couponing in Hawaii."

A financial evening for single Sailors and Airmen will be held from 6 to 7:30 p.m. Feb. 25 at Beeman Center, building 711. Besides financial information, the event will include free pizza and games.

A class on retirement planning will be held from



Photo courtesy of Shutterstock

Upcoming classes sponsored by the Joint Base Pearl Harbor-Hickam Military and Family Support Center will focus on how military members can learn to save money.

11:30 a.m. to 1 p.m. Feb. 27 at MFSC Pearl Harbor. The class will be led by Roberta Lee-Driscoll, certified financial planner. For more information on the classes and to register, call 474-1999.

DoD grant provides no-cost junior golf program

Justin Hirai

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

The First Tee of Hawaii junior golf program has a Department of Defense grant, which provides the organization's program to children of active duty, Reserve and National Guard service members at no cost. The program is available for youth ages 6-18 years of age at Joint Base Pearl Harbor-Hickam at the Ke'alohe Par 3 Golf Course. Youth must be enrolled prior to the grant expiration, which is Feb. 28.

While enrolled in the First Tee of Hawaii program, youth learn life skills through the game of golf. The program is designed to teach young people not only to golf, but also how to become good citizens. The program's core values are honesty, integrity, sportsmanship, respect, confidence, responsibility, perseverance, courtesy and judgment.

For more information and to register youth prior to the deadline, call Ken Zitz at 478-3466 or stop by the Ke'alohe Golf Course at 2 p.m. on Sunday or Wednesday to fill out the necessary forms. The forms, voucher and more information can be found on their website at www.thefirstteehawaii.org.



Photo courtesy of Shutterstock

The deadline to apply for the First Tee of Hawaii junior golf tournament is Feb. 28.

Your Weekly Fun with MWR

Visit www.greatlifehawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.



Chinatown Food & Historic Tour will be held from 8:45 a.m. to 12:45 p.m. Saturday departing from Information, Tickets and Travel-Hickam. Patrons can discover the secrets and history of Honolulu's Chinatown as they sample Chinese food along the way and end with a traditional dim sum lunch. FMI: 448-2295.

Free Golf Clinic will begin at 9 a.m. Saturday at Mamala Bay Golf Course. In addition, beginning in March, patrons can play from 2:30 p.m. until dusk and pay for a nine-hole green fee at Mamala Bay Golf Course. The cart fee is \$8. Rental equipment needs to be turned in at dusk. FMI: 449-2304 or 449-2305.

UFC 170 will begin at 3 p.m. Saturday at JR Rockers sports café. Patrons can watch women's bantamweight champion Rhonda Rousey vs. former Olympian Sara McMann in a mixed martial arts event live from Mandalay

Bay Events Center in Las Vegas. FMI: 448-2271.

A Spaghetti Special Family Night will be held from 5:30 to 8 p.m. Feb. 27 at the Hickam Teen Center. Teens can bring their parents and siblings. After the spaghetti is served, group games will be held. Parents will have the chance to meet the staff members and their teen's friends and can see where their teens are spending time. New families are welcome to attend. FMI: 448-0418.

Texas Hold'em will begin at 5:45 p.m. Feb. 28 at Tradewinds Enlisted Club Oahu Room. This is a members' only event. The event is subject to change or cancellation due to other special catering events. FMI: 448-2271.

Couples Massage will be held from now through Feb. 28 at the Hickam Fitness Center

Spa. Patrons can treat themselves and their significant other to a 60-minute massage. A 24-hour cancellation policy applies for all appointments. FMI: 448-2214.

North Shore Bike Ride will begin at 8:30 a.m. March 1 departing from Outdoor Adventure Center-Fleet Store. Patrons need to sign up by Feb. 26. The ride will start at Waimea Bay and travel to just beyond Sunset Beach. This trip is about seven miles round-trip on level terrain and is suitable for beginners. The trip includes gear and transportation. FMI: 473-1198.

Learn to Surf at Hickam Harbor will begin at 9 a.m. March 1 at Outdoor Recreation-Hickam Harbor. Patrons need to sign up by Feb. 26. Professional instructors will teach the basics from standing and paddling to catching waves and angling down the wave. Participants must be able to

swim without a lifejacket. FMI: 449-5215.

Family Hike: Makapu'u Lighthouse/Swimming at Pele's Chair will begin at 9 a.m. March 2. Patrons need to sign up by Feb. 27. This easy hike is designed to accommodate the whole family. FMI: 473-1198.

Bottom Fishing at Hickam Harbor will begin at 2:30 p.m. March 2. Patrons need to sign up by Feb. 27. The fishing gear, bait, boat and some instruction will be provided. This trip is designed for beginners and also those who are more experienced. FMI: 449-5215.

Ford Island 10K Bridge Run registration will be held until March 21. The event is one of the largest 10K runs on Oahu. The starting gun for the run goes off at 7 a.m. on April 5. Patrons can download the application at www.greatlifehawaii.com. FMI: 473-0784 or 473-2437.

Morale Welfare & Recreation

WHEEL THROWING

The Hickam Arts & Crafts Center will hold a class on creating ceramic forms on the potter's wheel from 9 to 11:30 a.m. on Saturdays, Feb. 22 to March 29. Functional as well as decorative ceramics will be explored. All of the fundamentals will be covered as well as advanced techniques. The class will progress at each individual's speed. FMI: 448-9907.

PEARL HARBOR VALOR TOUR

Pearl Harbor Valor Tours are offered Tuesdays through Fridays. This tour includes a visit to the USS Arizona Memorial as well as stops at the USS Utah Memorial on Ford Island, the USS Oklahoma Memorial and the Navy Club Memorial. Departures are from Information, Tickets & Travel. FMI: 448-2295.

PRESCHOOL STORY TIME

Preschool story time will be held from 9 to 10 a.m. Feb. 26 at the Hickam Library. The theme will be "storytime bugs." FMI: 449-8299.

CALL OF DUTY ACTORS AT CLUB PEARL

Voice actors Kamar de los Reyes and James C. Burns from the video game Call of Duty: Black Ops 2 will be at Club Pearl Brews & Cues on March 7. There will be a question-and-answer session beginning at 5 p.m., followed by a meet-and-greet starting at 5:20 p.m. FMI: www.greatlifehawaii.com.

SPRING CRAFT CAMP

Spring craft camp for children 7 years and older will be held 10 a.m. to noon March 11 to 14 or March 18 to 21 at the Hickam Arts & Crafts Center. Registration is required. FMI: 448-9907.

OCEAN ADVENTURE CAMP

Ocean adventure camp runs from March 17 to 21 at Outdoor Recreation-Hickam Harbor. Activities will include swimming, fishing and kayaking. The camp will be held from 9 a.m. to noon for children ages 7 to 9 years and from 1 p.m. to 4 p.m. for children ages 10 to 15 years. Each session will vary depending on weather, ocean conditions and the abilities of the group. Children must be signed up by a parent or guardian. Registration begins on March 1. FMI: 449-5215.

SPARTAN SPRINT REGISTRATION

The Spartan Sprint will be held at Aloha Stadium on March 23. Early registration runs through March 1 and can be purchased through Information, Tickets & Travel. FMI: 473-0792.

Community Calendar

FEBRUARY

SATURDAY — The Hickam African American Heritage Association will host a Gospel Fest and Taste of Soul beginning at 1 p.m. at Nelles Chapel on the Hickam side of the joint base. The food judging categories will include meats, sides and desserts. Participants can submit their dishes by sending their name, contact number and the dish they wish to bring. FMI: Tech Sgt. Sharlana Griffin at 448-6211 or email sharlana.griffin@us.af.mil, or call Tech. Sgt. Tiffany Storman at 433-6775.

25 — Tripler Army Medical Center will hold a national prayer breakfast from 8:15 to 9:15 a.m. at the hospital chapel, third floor, D-wing. Lt. Gen. Patricia Horoho, Army surgeon general, will be the guest speaker. Refreshments will follow. FMI: 433-5727.

MARCH

1 — A documentary on the history of equal rights titled "Slavery by Another Name" will begin at 1 p.m. at Hickam Library, 990 Mills Blvd. Discussion will be facilitated by Hawaii Pacific University historian Jon Davidann. FMI: 449-8299 or www.greatlifehawaii.com.

1 — The Hui 'O Na Wahine will host the second annual mock dining in at 5 p.m. at the Nehelani Club, Schofield Barracks. Email huischofield@gmail.com or seek out a board member to purchase tickets. The tickets are \$25 and are on sale until Feb. 24. FMI: http://www.schofieldspousesclub.com.

4, 5 — Tripler Army Medical Center Blood Donor Center has updated its schedule of upcoming blood drives as part of the Armed Services Blood Donor Program. Currently scheduled drives include March 4, 7:30 a.m. to noon at Makalapa Clinic, Joint Base Pearl Harbor-Hickam; and March 5, 9 a.m. to 1 p.m., Club 14, U.S. Coast Guard Sector Honolulu, Sand Island. FMI: 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil or visit www.militaryblood.dod.mil.

10 — The Hickam Officers' Spouses Club is currently accepting scholarship applications from all college-bound military family members, including high school seniors, current college students and spouses. Family members from all branches of service are eligible. The deadline is March 10. FMI: http://www.hickamosc.com/ or email scholarships@hickamosc.com.



JACK RYAN: SHADOW RECRUIT (PG-13)

Jack Ryan is a global action thriller set in the present day. This original story follows a young Jack as he uncovers a financial terrorist plot. The story follows him from 9/11, through his tour of duty in Afghanistan, which scarred him forever, and into his early days in the financial intelligence unit of the modern CIA where he becomes an analyst, under the guardianship of his handler, Harper.

Movie Showtimes

SHARKEY THEATER

TODAY 2/21
7:00 PM Jack Ryan: Shadow Recruit (PG-13)

SATURDAY 2/22
2:30 PM The Nut Job (PG)
4:50 pm I, Frankenstein (PG-13)
7:00 pm Lone Survivor (R)

SUNDAY 2/23
2:30 PM The Nut Job (3D) (PG)
4:30 pm The Legend of Hercules (PG-13)
7:00 pm August: Osage County (R)

THURSDAY 2/27
7:00 PM Her (R)

HICKAM MEMORIAL THEATER

TODAY 2/27
6:00 PM The Nut Job (PG)

SATURDAY 2/8
4:00 PM The Nut Job (PG)
7:00 PM The Legend of Hercules (PG-13)

SUNDAY 2/9
2:00 PM The Nut Job (PG)

THURSDAY 2/13
2:00 PM Jack Ryan: Shadow Recruit (PG-13)



Pacific Fleet Band makes melodic music



The Tradewinds Woodwind Quintet of the Pacific Fleet Band performed Feb. 12 for residents at the Arcadia retirement residence morning music club in Honolulu.



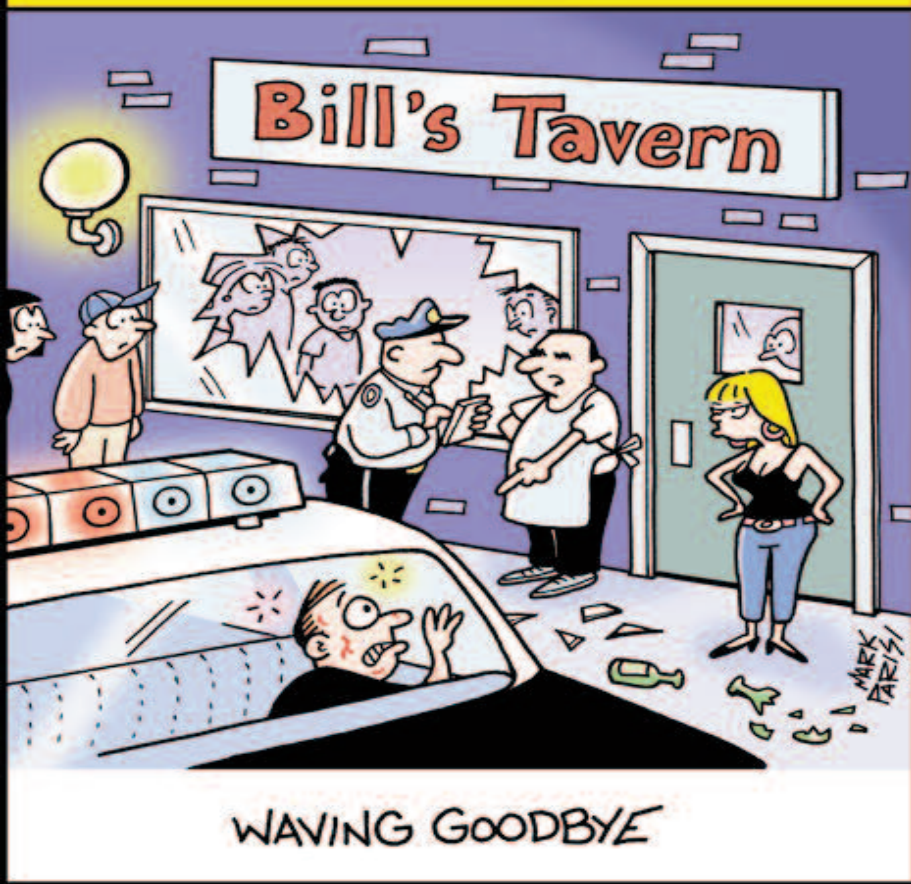
The Pacific Fleet Band Tradewinds Woodwind Quintet performed at Arcadia retirement residence in Honolulu on Feb. 12. They met with 92-year-old U.S. Army retired service member Bob Berssenbrugge, who was in the Army Signal Corps during World War II. He was in charge of the code room at theater headquarters in China and later ran the U.S. embassy in Nanking as a civilian.

A youngster stops to listen to the Pacific Fleet Band Woodwind Quintet at an afternoon performance Feb. 6 at the visitors' center at the USS Arizona Memorial.

U.S. Navy photos by MU3 Ryan P. Putt

That Guy.com

REASON #622 NOT TO BE THAT GUY:



NAVFAC Pacific celebrates National Engineers' Week

NAVFAC Pacific

Naval Facilities Engineering Command (NAVFAC) Pacific kicked off National Engineers' Week Feb. 18 by reflecting on the contributions many of its engineering professionals bring to the organization.

"NAVFAC Pacific has a very diverse group of engineering professionals who have a wide-range of experience and bring a wealth of knowledge to the organization," said Capt. Pete Lynch, NAVFAC Pacific vice commander.

"National Engineers' Week is a great way to highlight what engineers do for our nation and what our engineers are doing for the Department of the Navy in the Pacific."

National Engineers' Week is held Feb. 16-22 and this year's theme, "Let's Make a Difference," is suitable for



Photo by Majella Stevenson

National Engineers' Week: 2014 Engineers' Week 'kick-off' luncheon was held Feb. 18 at the Hale Koa Hotel in Waikiki.

NAVFAC as it is a way to highlight what the organization's engineers are doing for the command.

"The contribution that each engineer brings to the NAVFAC *ohana* is priceless

and I am honored to work alongside such great professionals," said Lynch. "Please help me congratulate our engineering force for their service and commitment to meeting NAVFAC's mission

to support the fleet and our nation."

In honor of National Engineers' Week, the Hawaii Council of Engineering Societies (HCES) recently organized engineering

exhibits and a VEX robotic tournament at the Pearlridge Shopping Center.

The Society of American Military Engineers (SAME), Honolulu Post and the HCES also hosted a kickoff Luncheon

Feb. 18 at the Banyan Tree Showroom at the Hale Koa Hotel. Maj. Gen. Todd T. Semonite, commander, U.S. Army Corps of Engineers, Pacific Ocean Division deputy commanding general, served as the luncheon guest speaker and presented on "Engineering the Future."

"The luncheon was a great way to start off National Engineers' Week as it allowed various organizations to come together and network with other engineers around Hawaii," said Majella Stevenson, NAVFAC Pacific supervisory civil engineer. "This week gives me the opportunity to truly recognize what an honor it is to be part of the NAVFAC family."

Stevenson said there are several events scheduled later in the week including a University of Hawaii College Engineering Career Day and an Engineers Week banquet to wrap-up the celebration.

TRICARE For Life begins notifications for a new pharmacy pilot program

TRICARE

TRICARE For Life beneficiaries soon will receive letters guiding them to TRICARE pharmacy home delivery or a military pharmacy for some prescriptions as part of a Congressionally-mandated pilot program, according to officials of the military health care plan.

TRICARE For Life is secondary coverage for TRICARE beneficiaries who have both Medicare Parts A and B in the United States and U.S. territories.

Starting this week, officials will send letters to affected TRICARE For Life beneficiaries notifying them of the pilot program.

The pilot program starts March 15, and it requires beneficiaries who use TRICARE For Life to get certain medications through home delivery or at a military pharmacy. The program applies to refills of maintenance medications taken regularly for chronic conditions, officials said.

As part of the pilot program, officials added, TRICARE will stop paying for these medications from a retail pharmacy. But they noted that the program does not apply to medications for acute conditions taken for a limited time, such as antibiotics or pain medications or any generic medications. At this time, they said, it also does not apply to generic drugs.

Congress mandated the pilot program in the 2013 National Defense Authorization Act. It will last for five years, but beneficiaries may choose to opt out after filling an affected prescription under the pilot program through home delivery for one year.

Beneficiaries will be notified if they are taking a medication covered under the program. They will have two "courtesy fills" available through a retail pharmacy before they are responsible for the entire cost of their medication.

Beneficiaries may call the TRICARE pharmacy contractor,

Express Scripts, at 1-877-882-3335 or visit the Express Scripts website to switch to home delivery or with questions about their medications. To switch a prescription to a military pharmacy, beneficiaries may need to get a new prescription from their doctor, officials said.

Some people are exempt, including people with another prescription drug plan or people living overseas. People living in a nursing home may contact Express Scripts to request a waiver from the pilot program.

TRICARE pharmacy home delivery offers beneficiaries a 90-day supply of their medication with no copays for generic drugs and \$13 for brand-name drugs. Switching from a retail pharmacy to home delivery can save TRICARE beneficiaries up to \$152 every year for each prescription, officials said. Beneficiaries also can save by asking their doctor to write them a prescription for a generic version of their medication, they added.

COLA Living Pattern Survey available through Feb. 28 at online site

The Cost of Living (COLA) Living Pattern Survey is now online and will be available through Feb. 28.

Service members are asked to help the Department of Defense (DoD) determine what Hawaii COLA should be by taking the COLA Living Pattern Survey. The survey provides DoD critical information for determining rates for Hawaii. The survey takes approximately 30 minutes to complete.

The data collected identifies the types of the local economy outlets where military members shop and the amount each of these outlets are used by military members. DOD then compares the prices in Hawaii to averages in the continental United States and the resulting COLA reflects the difference.

Visit <http://ow.ly/tQ3w6> to take the survey. This link is also available at www.pacom.mil by clicking on the graphic that says "COLA Living Pattern Survey Hawaii."