



## Reducing Energy Consumption in Restaurants and Kitchens

*Better Buildings Alliance*

*Food Service Technology Team*

# Agenda

- Introduction and review of 2015 projects
- Integrating DCKV With EMS: A Field-study Perspective  
Don Fisher, Fisher Consulting
- Making Energy Efficiency Make Cents  
Jeffrey Clark, National Restaurant Association (NRA)
- Innovation Is Not The Game Changer: It's Behavior  
Carol Tobian, National Resource Management (NRM)
- Closing

# Better Buildings Alliance

## Food Service Team **members:**

- Arby's Restaurant Group ‡
- Army & Air Force Exchange Service
- Boston Market
- Chipotle Mexican Grill
- CKE Restaurants Holdings, LLC ‡
- Dunkin' Brands, Inc.
- Einstein Noah Restaurant Group, Inc.
- Harris Teeter Inc.
- McDonald's Corporation
- Panda Restaurant Group, Inc.
- Red Robin Restaurants
- Starbucks Coffee Company
- Wawa, Inc.
- Wendy's Quality Supply Chain Coop, Inc.
- Yum! Brands

‡ Better Buildings **Challenge** partner as well!

# Better Buildings Alliance

## Food Service Team **affiliates:**

- Consortium for Energy Efficiency (CEE)
- EPA's ENERGY STAR® program
- Food Service Technology Center (FSTC)
- National Restaurant Association (NRA)
- Restaurant Facility Management Association (RFMA)



# BBA Food Service Team

## Recent and Current Projects

- Recent:
  - Demand-Controlled Kitchen Ventilation Guides
  - Summary of Advanced Walk-In Cooler/Freezer Controls
  - Energy Management System (EMS) Guidance for Food Service
- Current:
  - Online Food Service Resource Catalog
  - Co-branding collaboration with National Restaurant Association

# Integrating DCKV With EMS: A Field-study Perspective

Don Fisher, President  
Fisher Consulting

- (Until recently) President/CEO of Fisher-Nickel, inc. (FNI)
- Cofounder of PG&E's Food Service Technology Center (FSTC)
- Over 35 years of experience managing foodservice-related energy-efficiency programs for utilities and governments
- 2006 recipient of the American Council for an Energy-Efficient Economy (ACEEE) Champion of Energy Efficiency Award
- "I have motorcycle disease. Whenever it's 75 degrees and sunny I take the time to go out riding."

# Integrating DCKV with EMS: A Field-Study Perspective



**Don Fisher**

*Fisher Consultants*

*PG&E Food Service Technology Center*

925-866-5770

[dfisher@fishnick.com](mailto:dfisher@fishnick.com)

But first...

...my Perspective!

***More than 3 Billion CFM...***

**...exhausted from  
Commercial Kitchens in the U.S.**

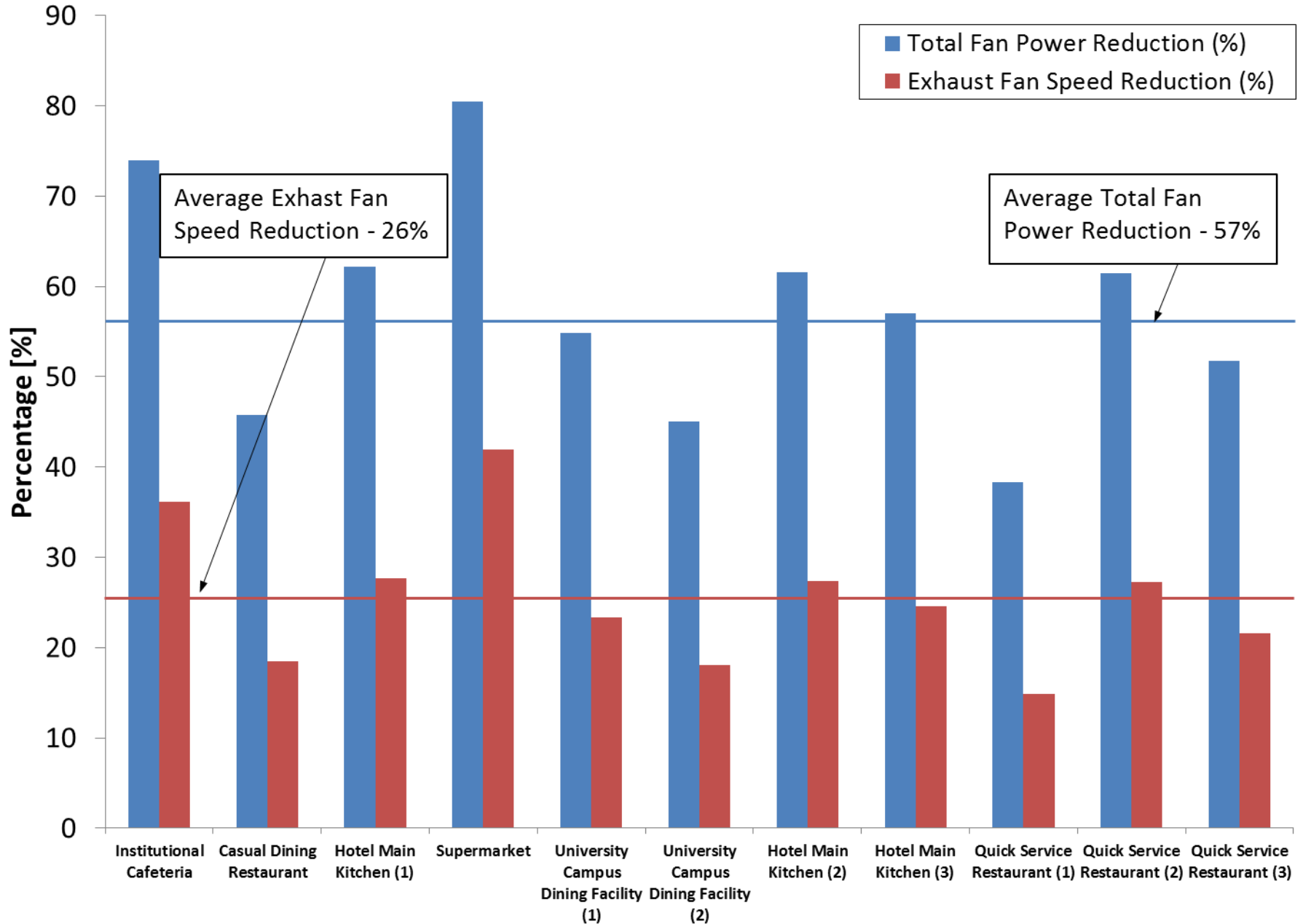




...dominated by single-speed systems!



# California DCKV Case Studies



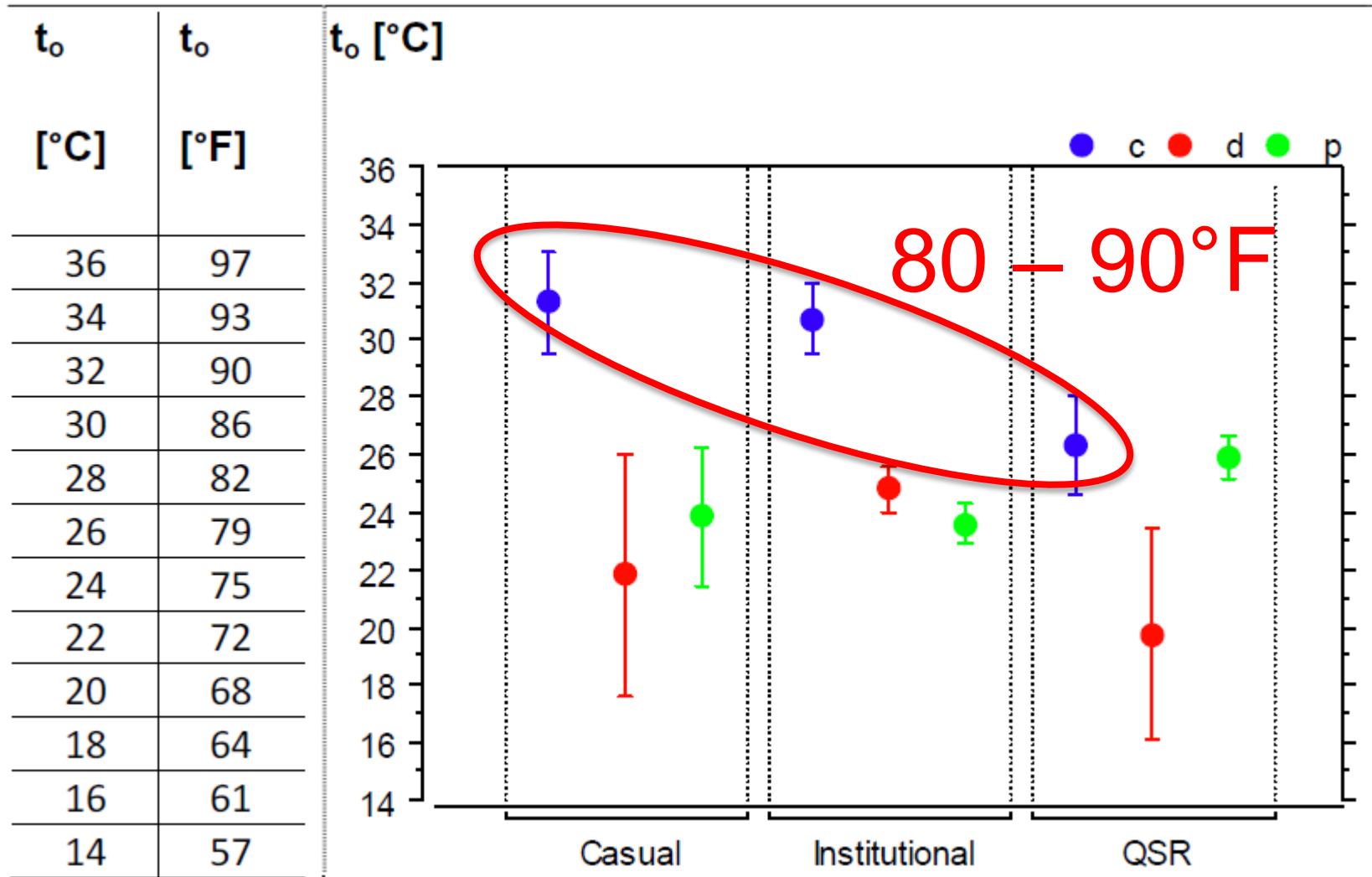
# ASHRAE RP-1469 – Thermal Comfort in Commercial Kitchens

Final Report 01.06.12





# Average of Operative Temperature for Kitchen Type and Kitchen Zones with 95% confidence interval (100 kitchens)



Note: “c” is Cooking, “p” is Preparation, and “d” is Dishwashing zone.

25

# Energy Management Systems

## Wiring the Intelligent Kitchen



Food Service  
Technology Center





# The Energy Efficient McDonald's (T.E.E.M)



**TABLE 3**  
**Summary of Estimated Savings, Estimated Installed Costs, and Payback Period for Technologies Applied at the Demonstration Restaurant**

Technology	Estimated Savings (\$)	Estimated Incremental Installed Cost (\$)	Payback Period (yr)
Controllable ballasts	702	620	0.9
Low-temperature occupancy sensors	327	340	1.0
Two-speed exhaust fan*	230	400	1.7
Energy management system*	3254	12,000	3.7
High-efficiency air conditioning*	480	600	1.3
Kitchen evaporative cooling*	648	1200	1.9
Play area evaporative cooling*	936	0	0.0
Evaporative precoolers on AC units*	76	1000	13.2
Spectrally selective glazing†	3950	6000	1.5

\* Energy savings for these technologies were dependent on the location and weather at the demonstration project.

† The savings for the spectrally selective glazing includes \$450 for energy savings and \$3500 for reduced capital cost of air-conditioning units.

**While this represented about 5% of energy bill...**

The EMS system was absolutely crucial to the success of the TEEM project.

What were the challenges?

Hassle for the Operator



What were the challenges?

# Slow Communications Call Centers





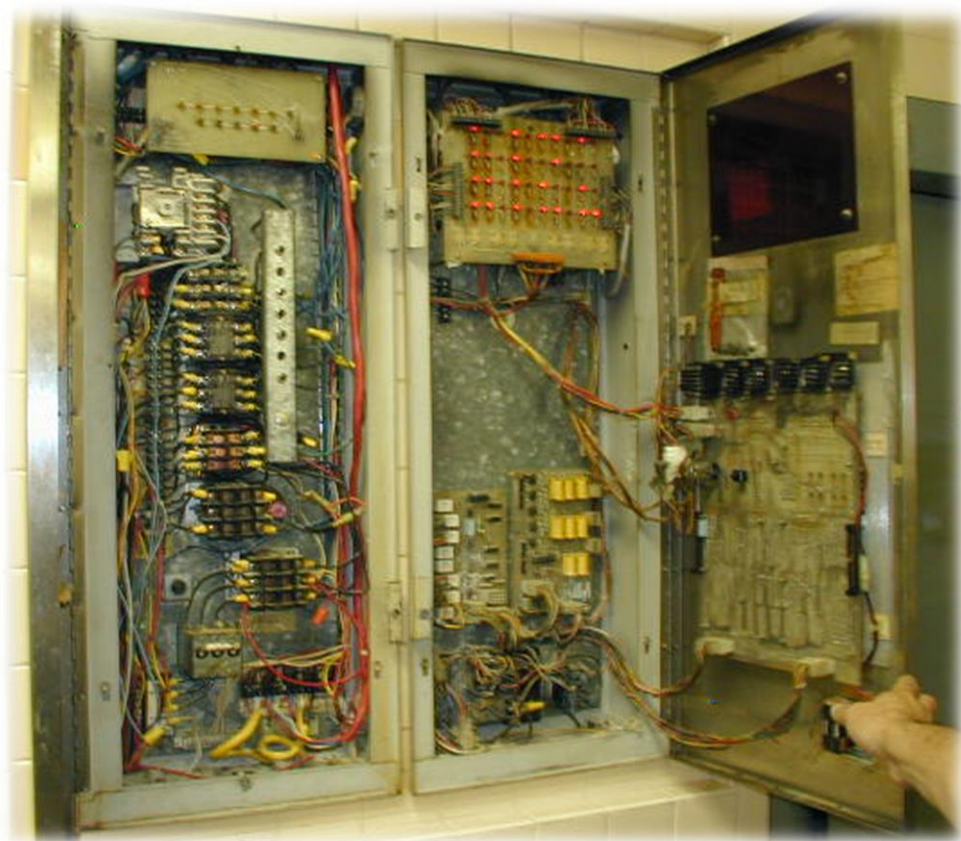
# What were the challenges?

## Proprietary communications protocol



EMS companies did NOT understand restaurants (or really care)





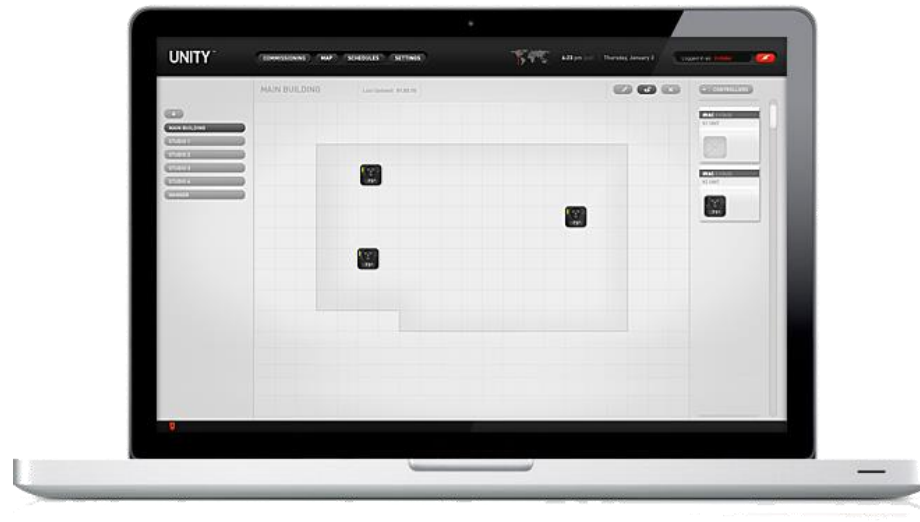
# 19 Years later...

## Many Technological Advances

Small Inexpensive Electronics

Wireless and the Internet

Handheld Devices



[kiteandlightning.com](http://kiteandlightning.com)

And...other positive influences:

Higher Energy Prices



Renewed Interest

Information Boom – this is no longer “weird”

Small and nimble tech companies with more understanding of restaurants.

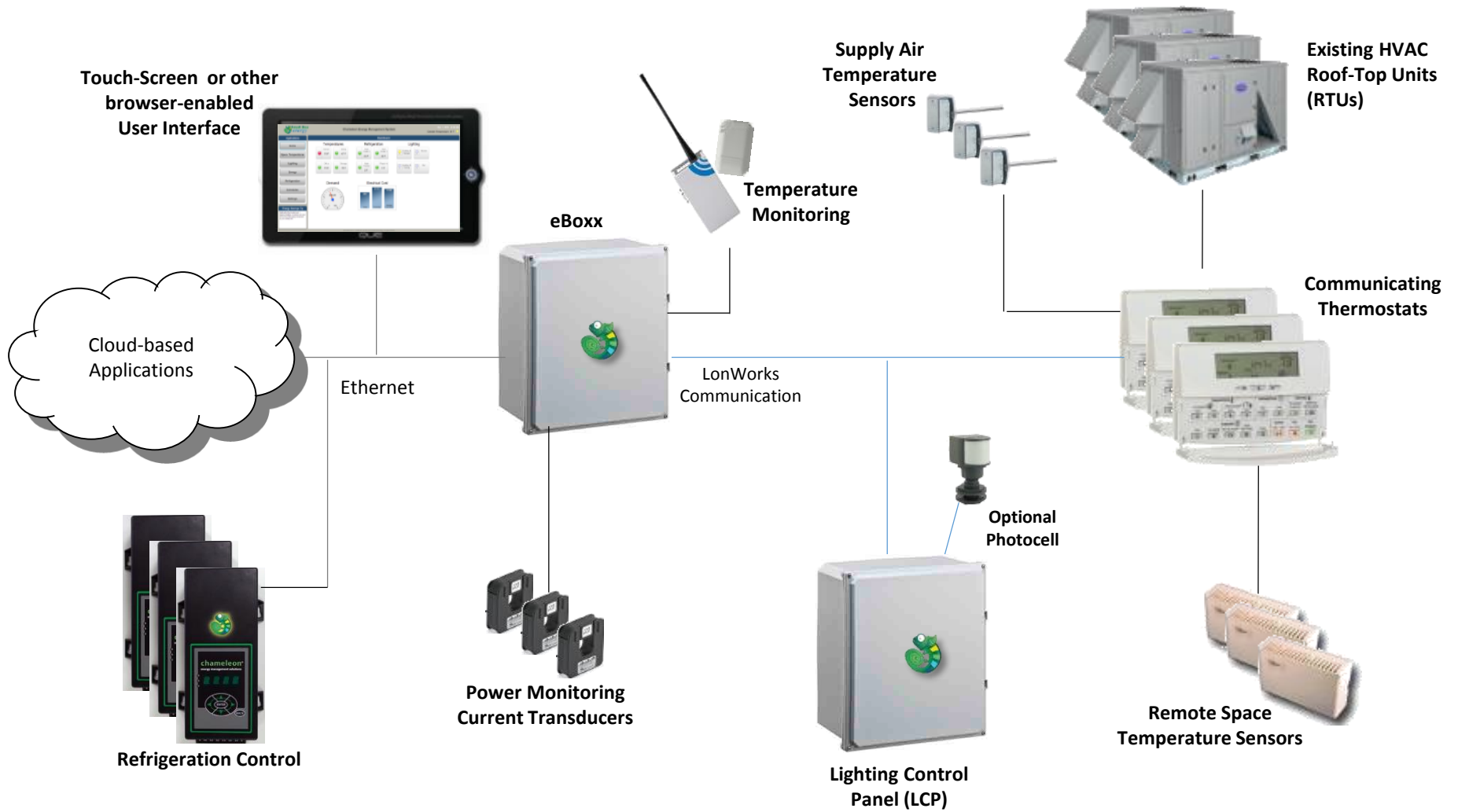
# What will make EMS practical?

1. Controls integrated into smart appliances
  - NAFEM Protocol
2. Adaptive logic – don't bug the humans
  - Nest Thermostat



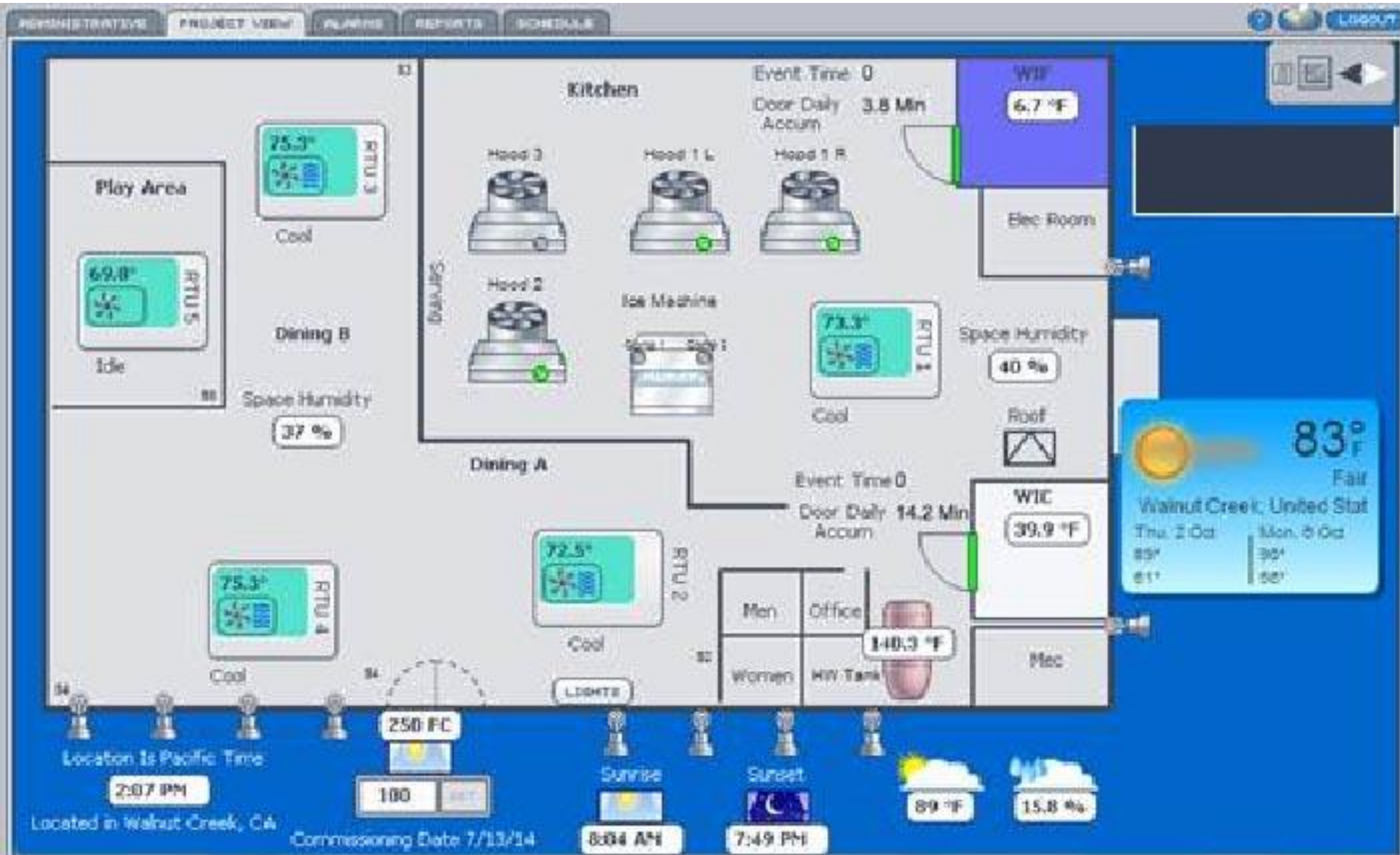
3. Continuous commissioning of systems
4. Control and/or communication with more systems – Refrigeration? DCKV?

# System Architecture





# EMS Dashboard: Facility Management Tool



Home | Energy Management Systems (EMS) and Demand-Controlled Kitchen Ventilation (DCKV) Energy Savings in Restaurants

## Energy Management Systems (EMS) and Demand-Controlled Kitchen Ventilation (DCKV) Energy Savings in Restaurants

**Category:** Food Service Industry  
**Project Number:** ET13PGE8151  
**Start Year:**

- 2013

**End Year:**

- 2014

**Markets:** Commercial Commercial, Small Educational Facilities Food Service Industry Government - Institutional  
**Segments:** Facilities Hospitality Medical - Healthcare Supermarket  
**Project Type:** Demand Savings Electric Energy Savings Product Evaluation  
**Type of Technology:** Building Controls Commercial Cooking HVAC, Commercial

**Organization:** Pacific Gas and Electric (PG&E)  
**Project Status:** Basic Research  
**Savings Type:** Work

Scaled field placement evaluates the electrical and thermal savings for DCKV when combined with building EMS systems in order to provide work-paper updates and inform new measures. Further evaluates opportunities for chains and SMBs using a tiered pricing model.

**Image:**



**PDF Report:**

[et13pge8151\\_dcvandemsreport\\_final.pdf](#)

<http://www.fishnick.com/publications/fieldstudies/>



# Objectives of Study

- This study provided an assessment of the EMS market to determine the market's scope, the vendors that cater to the market, and the capabilities of the systems that are being offered.
- It also included a field study that demonstrated the efficacy of EMSs that were installed in conjunction with demand-controlled kitchen ventilation DCKV system in three restaurants.

**TABLE 1. EMS VENDOR DATABASE**


COMPANY	PRODUCT FEATURES			INTEGRATED END-USE SYSTEMS	
	HARDWARE SOLUTIONS	SOFTWARE SOLUTIONS	CONSULTING SERVICES	HVAC	LIGHTING
Adura Technologies	X	X			X
Building IQ		X	X	X	
Comverge	X	X	X	X	X
Cypress EnviroSystems	X	X		X	
Delta Controls	X	X		X	X
Ecobee	X	X		X	
Energent	X	X		X	X
EnerNoc	X	X	X	X	X
EnTouch	X	X	X	X	X
FieldServer Technologies	X	X		X	X
First Fuel		X		X	X
Honeywell	X	X	X	X	X
Johnson Controls	X	X	X	X	X
Kite & Lightning	X	X	X	X	X
Lucid		X		X	X
Millennial Net	X	X		X	
Novar		X	X	X	X
Optimum Energy		X	X	X	
Powerhouse Dynamics		X		X	X
PlotWatt		X			
Profile Systems	X	X		X	X
Pulse Energy		X	X	X	X
Shneider Electric	X	X		X	X
Siemens	X	X	X	X	X



**Advanced Energy-Saving Logic** – Advanced energy-saving logics improve control of equipment to reduce energy expenditure. Examples of this include, but are not limited to:

- Demand control ventilation
- Lighting dimming
- Smart defrost
- Economizer control
- Water heater output temperature control and setback
- Recirculation pump control
- Booter heater night-time shut off
- Load shifting – e.g. Ice Machine

These features, however, are not typically offered in EMS packages.

And what about Water???

# Save On Energy

## Demand Control Ventilation for Rooftop Air Handlers

CATALYST is a fully packaged control system that converts constant volume RTU's to an energy-efficient demand-controlled air handling system yielding 25-40% savings.

CATALYST is designed and manufactured by Transformative Wave Technologies, Kent, Washington, USA. Arborus Energy Services is a Canadian Affiliate Partner with TWT and is a distributor for CATALYST.

[Get a Quote](#)



 **CATALYST**  
Efficiency Enhancing Controller  
Patent Pending

**TABLE 2. DCKV PRODUCT DATABASE**

<b>Manufacturer</b>	<b>Product Name</b>	<b>VFD Capable of 50% Speed Reduction</b>	<b>Optical / Infrared Sensors</b>	<b>External Connection Capabilities</b>	<b>Alert System</b>	<b>Warranty</b>
Accurex	<a href="#">Vari-Flow</a>	Yes	No	Yes	Yes	Yes
CaptiveAire	<a href="#">SC-EMS</a>	No	No	Partially	Yes	Yes
Gaylord	<a href="#">DCV-AV Air Vantage</a>	Yes	No	Yes	Yes	Yes
Gaylord	<a href="#">DCV-F</a>	Yes	No	Yes	Partially	Yes
Gaylord	<a href="#">DCV-R</a>	Yes	No	Yes	Partially	Yes
Green Energy Hoods	<a href="#">TEL Kitchen Control System</a>	Yes	Yes	Yes	Yes	Yes
Halton	<a href="#">MARVEL</a>	Yes	Yes	Yes	Yes	Yes
Hood Depot	<a href="#">On Demand Ventilation</a>	Yes	No	Yes	Partially	*
Melink	<a href="#">Intelli-Hood</a>	Yes	Yes	Yes	Yes	Yes
Noveo	<a href="#">EcoHood</a>	*	Yes	Yes	*	Yes
Spring Air	<a href="#">TruFlow</a>	Yes	No	Yes	Yes	Partially
Strelvor	<a href="#">DemandAire</a>	No	No	Yes	No	*
Intellinox	<a href="#">ConceptAZUR</a>	*	Yes	Yes	Yes	*

**TABLE 1: FIELD STUDY EMS AND DCKV PRODUCTS**

		<b>Site 1—QSR (Burger)</b>	<b>Site 2—QSR (Chicken)</b>	<b>Site 3—Casual</b>
<b>EMS</b>	<b>Manufacturer</b>	Franke	Halton	Kite & Lighting
	<b>Product Name</b>	EEMS	F.O.R.M.	Unity
<b>DCKV</b>	<b>Manufacturer</b>	Franke	Halton	Gaylord
	<b>Product Name</b>	VariVent	M.A.R.V.E.L.	DCV-R

Source: FNI

**TABLE 4. ELECTRIC BILLING DATA SUMMARY BY SITE**

Electric	Site 1—QSR (Burger)		Site 2—QSR (Chicken)		Site 3—Casual	
	Baseline	EMS-DCKV	Baseline	EMS-DCKV	Baseline	EMS-DCKV
<b>Average Daily Energy (kWh/day):</b>	1,268	1,246	1,164	1,222	863	921
<b>Start Date:</b>	7/1/13	7/1/14	8/1/13	8/1/14	12/18/10	12/15/12
<b>End Date:</b>	8/26/13	8/26/14	10/29/13	10/30/14	12/15/11	12/15/13
<b>Average Monthly Peak Demand (kW):</b>	82	75	113	123	N/A	N/A
<b>Avg. Monthly Cost (\$):</b>	3,045	2,967	7,415	8,388	3,509	3,899
<b>Avg. Outdoor Air Temp (°F):</b>	69	71	67	68		
<b>Percent Energy Savings (%):</b>	1.7		-6.2		-6.7	
<b>Percent Cost Savings (%):</b>	2.6		-11.6%		-11.2	

\*Site 1 was on a rate schedule which did not include time-of-use charges.

**TABLE 5: GAS BILLING DATA SUMMARY BY SITE**

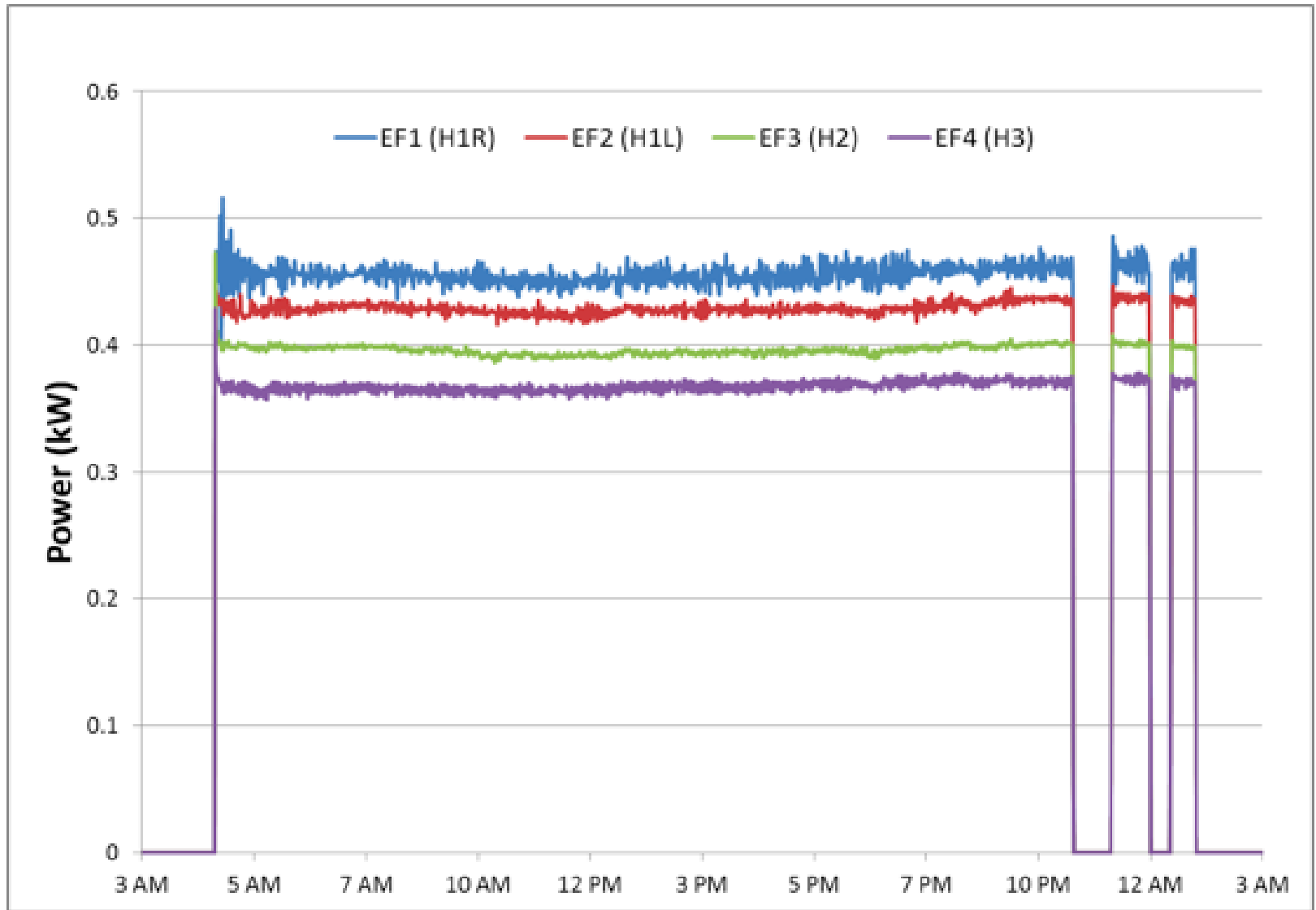
Gas	Site 1—QSR (Burger) <sup>a</sup>		Site 2—QSR (Chicken) <sup>c</sup>		Site 3—Casual	
	Baseline	EMS-DCKV	Baseline	EMS-DCKV	Baseline	EMS-DCKV
<b>Average Daily Energy (therm):</b>	N/A	N/A	N/A	N/A	53.1	42.0
<b>Average Monthly Cost (\$):</b>	N/A	N/A	N/A	N/A	1,619*	1,272*
<b>Start Date:</b>	7/1/13	7/1/14	8/2/13	8/2/14	11/18/10	11/18/12
<b>End Date:</b>	8/26/13	8/26/14	10/30/13	10/31/14	11/18/11	11/18/13
<b>Average Outdoor Air Temperature (°F):</b>	N/A	N/A	N/A	N/A	57	58
<b>Percent Energy Savings:</b>	N/A		N/A		21.0%	
<b>Percent Cost Savings (%)*:</b>	N/A		N/A		21.0%	

\* Calculation based on \$1.00 per therm.

† Gas data was not available for Site 1.

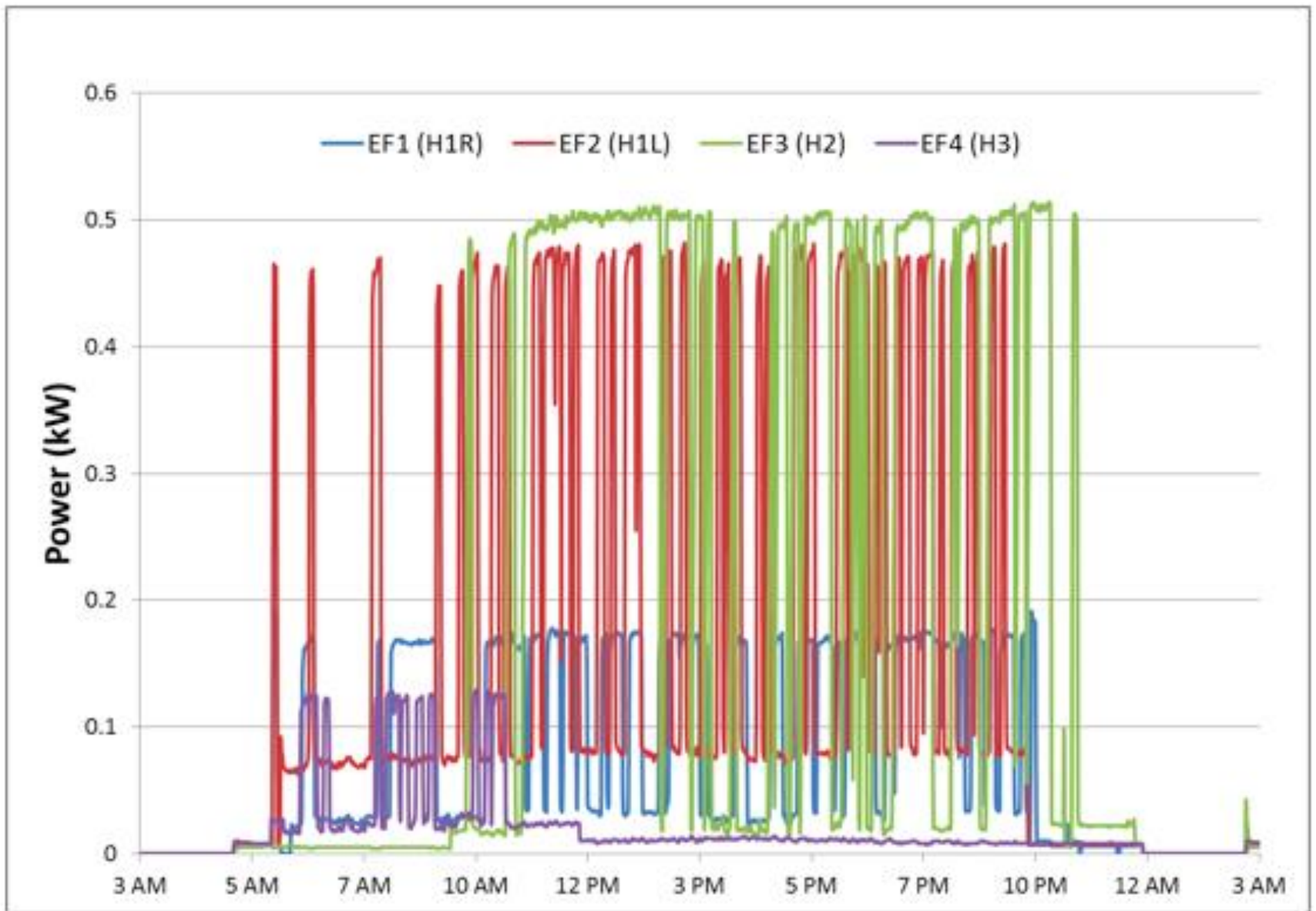
‡ The monitoring period at Site 2 occurred during a period when gas use would not apply to the results of this study.





Source: FNI

**FIGURE 13: BASELINE FAN POWER PROFILES FOR SITE 2**



Source: FNI

**FIGURE 14: DEMAND-CONTROLLED FAN POWER PROFILES FOR SITE 2**

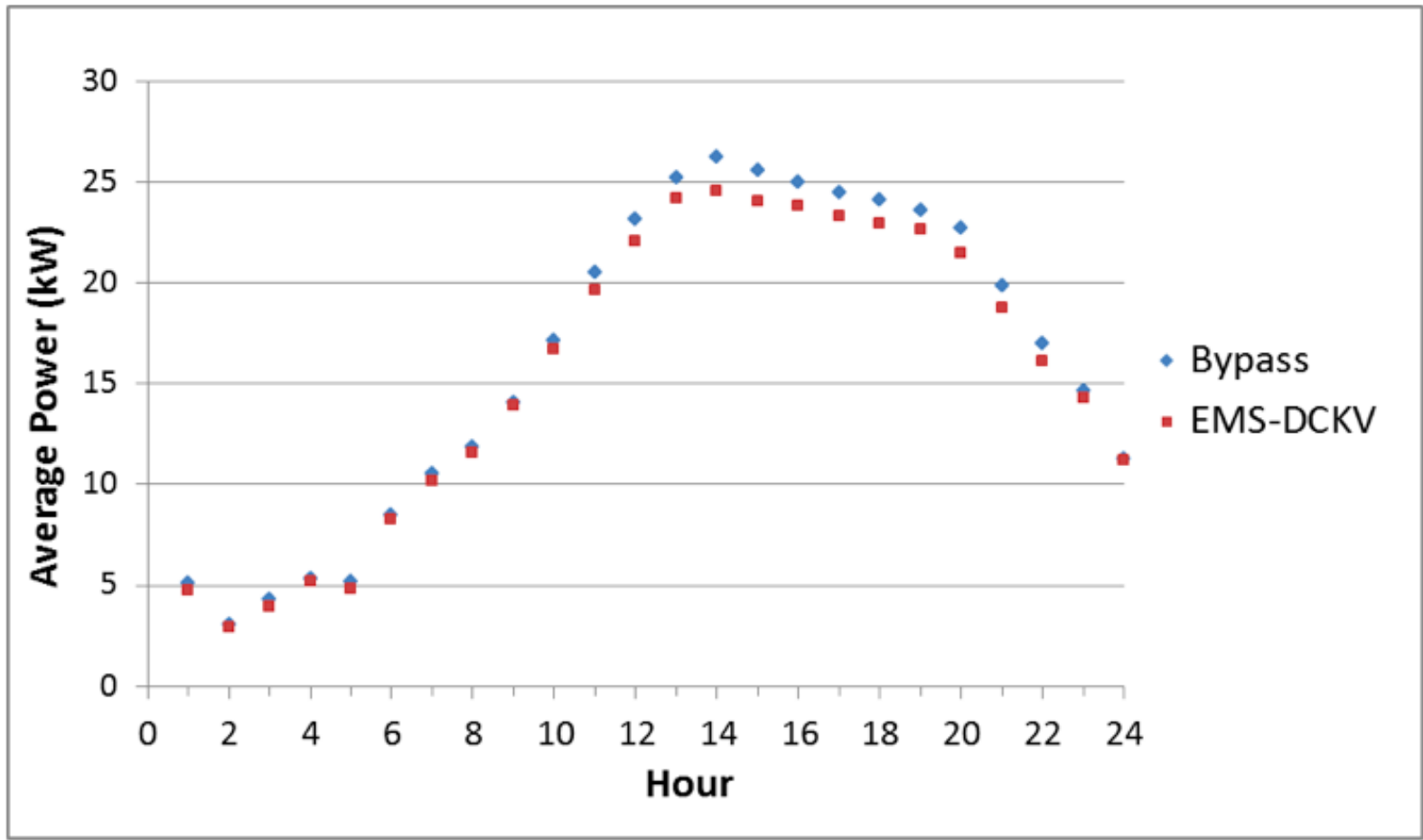
**TABLE 6. DCKV SAVINGS BY SITE**

<b>Fan Energy Savings</b>	<b>Site 1—QSR (Burger)</b>	<b>Site 2— QSR (Chicken)</b>	<b>Site 3— Casual</b>	<b>Average</b>
<b>Average Daily Baseline* Energy (kWh/d):</b>	40.5	26.1	89.4	52.0
<b>Average DCKV<sup>†</sup> Energy (kWh/d):</b>	20.3	8.4	61.0	29.9
<b>Reduction (kWh/d):</b>	20.2	17.7	28.4	22.1
<b>Percent Reduction (%):</b>	49.9	67.9	31.8	49.9
<b>Average Monthly Cost Savings<sup>‡</sup> (\$):</b>	72	64	102	80

\* The exhaust fans were set to maximum fan speed during normal operating hours.

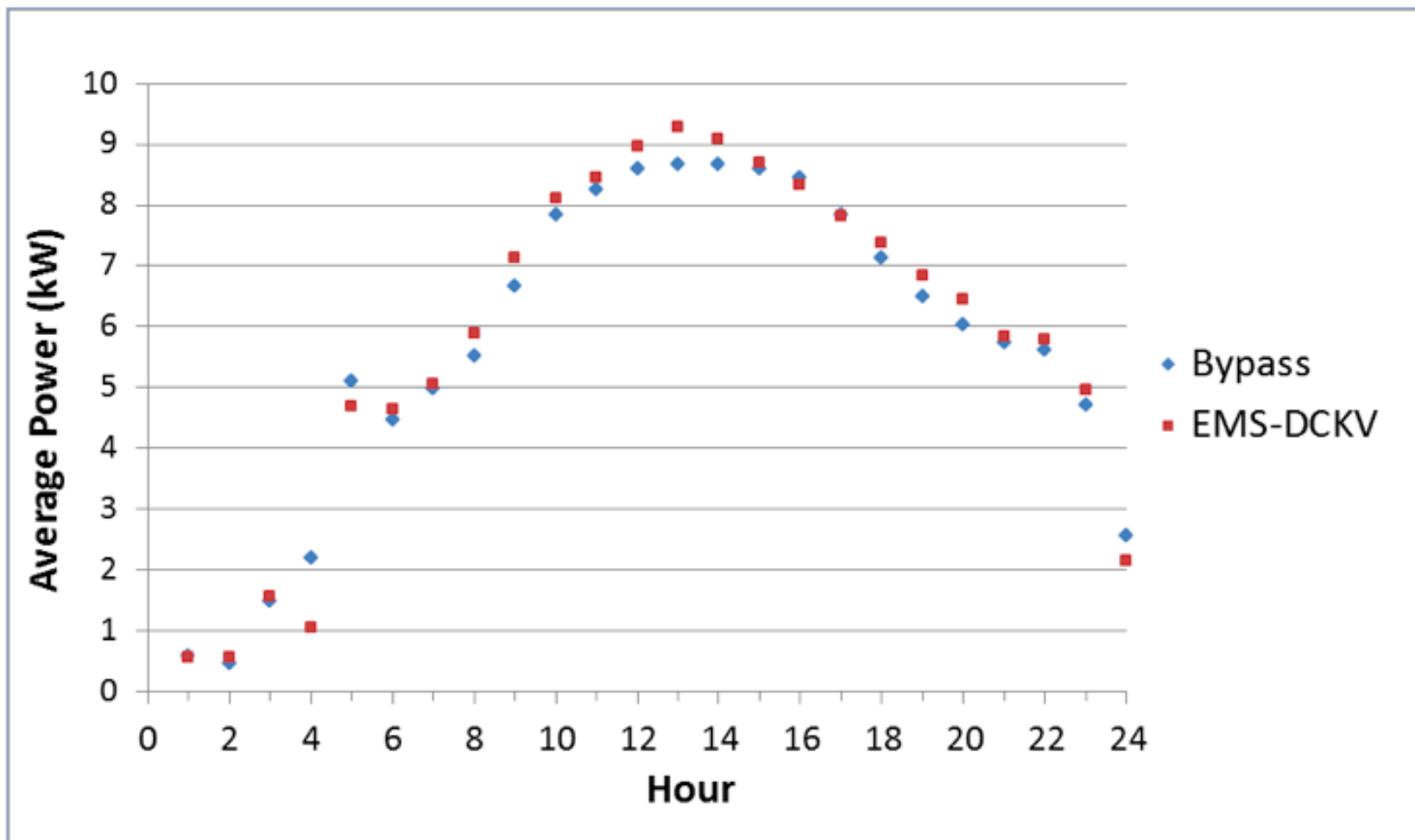
† The DCKV was active and modulating the fan speed during normal operating hours.

‡ Annual cost savings projection based on \$0.12/kWh. This average cost savings was based on the data sampled between 6/3/2014 and 9/21/2014. The monthly energy was based on a 30-day period.



Source: FNI

**FIGURE 16: KITCHEN AND DINING ROOM COMBINED RTU HOURLY POWER AT SITE 1, AVERAGED FOR 6/3/14 - 9/21/14**



Source: FNI

**FIGURE 17: SITE 2'S KITCHEN RTU HOURLY POWER, AVERAGED OVER A FOUR-WEEK PERIOD**

**TABLE 7. RTU SAVINGS AS A RESULT OF EMS-DCKV INTEGRATION OUTSIDE ECONOMIZER WINDOW**

	<b>Site 1—QSR (Burger)</b>	<b>Site 2—QSR (Chicken)</b>
<b>Baseline Daily RTU Energy Use (kWh)</b>	386.8	185.3
<b>EMS-DCKV Daily RTU Energy Use (kWh)</b>	371.3	186.2
<b>Daily RTU Energy Savings (kWh)</b>	15.5	-0.9
<b>Percent Energy Savings (%)</b>	4.00	0.48
<b>Average Monthly RTU Cost Savings (\$)*</b>	56	-3

\* Average monthly cost savings projection based on \$0.12/kWh. This average cost savings was based on data sampled between 6/3/14 and 9/21/14.



**TABLE 8. PRE- AND POST-INSTALLATIUN HVAC AND EXHAUST ENERGY AND COST SAVINGS**

	<b>Site 1—QSR (Burger)</b>	<b>Site 2—QSR (Chicken)</b>
<b>Daily Baseline HVAC and Exhaust Energy (kWh/day)</b>	427.3	211.4
<b>Daily DCKV-EMS HVAC and Exhaust Energy (kWh/day)</b>	391.6	194.6
<b>EMS-DCKV Energy Savings (kWh/day)</b>	35.7	16.8
<b>Monthly Cost Savings* (\$)</b>	128.5	61
<b>Savings as Percentage of Monthly Energy Bill (%)</b>	2.8	<b>1.4</b>

*\*Average monthly cost savings projection based on \$0.12/kWh. These results may only pertain to the time of year when the tests were conducted at each site.*

# Conclusions – Market Assessment

- The core hardware capabilities of all systems identified in this study were comparable; however, the individual software-driven features offered between products varied significantly.
- The primary features offered with most EMSs are equipment monitoring, scheduling, controls, and alarms for HVAC and lighting systems.



# Conclusions – Market Assessment

- A small percentage of EMS providers have expanded upon these base offerings to include DCKV integration, water heater setback, smart defrost for walk-in freezers, and other advanced energy-saving options.
- In addition, select EMS products enable load-shifting and peak-demand management through various methods. While hardware from most EMS products can support the aforementioned features, the preprogrammed software logic and learning capabilities of most systems is relatively limited.

# Conclusions – Market Assessment

- EMS is as much a preventative maintenance and diagnostic tool as it is a energy-saving platform. A building management tool.
- The efficacy of these aspects is hinged upon the extent to which the data is leveraged.

# Conclusions – Field Study

- The installation of EMS integrated with DCKV within the scope of this ET project was considered successful; the challenges of securing, installing and commissioning the equipment and then holding to the project schedule were significant.
- Furthermore, meter-level energy savings were not quantified to the degree that can directly support a deemed rebate or program at this time.

# Conclusions – Field Study

- It was concluded that the EMS adopt DCKV as a primary “control” attribute.
- Similarly, the EMS should monitor and/or control the water heater setpoint, recirculation pump, refrigeration defrost, evaporator fan controls, and ice machine operating time, all where appropriate.

# Conclusions – Field Study

- Independent of the field results, the authors believe that EMS products have the inherent capability of achieving energy savings and load shifting that would otherwise be unattainable.
- Multiple energy-saving EMS strategies were examined and vetted in the study; however, it was clear that the efficacy of these systems is hinged upon commissioning, equipment maintenance, and programming (these can be changed).

# Conclusions – Field Study

- It should be recognized that the California climate zone is a hurdle for both EMS and DCKV savings. The heating and cooling loads for both space and outdoor air are minimal compared to other regions in the country. Thus, savings claimed by vendors of EMS and DCKV may reflect operating experiences averaged across the country—not California.

Has anyone installed a DCKV  
and an EMS in the same  
facility?

*Give a Hoot!*

**be  
energy  
wise**

**save energy, save money,  
save the environment.**





# Making Energy Efficiency Make Cents (*Why Restaurants Tend to Not Care About Energy*)

Jeffrey Clark, Conserve Program Director  
National Restaurant Association (NRA)

- Environmental liaison to the restaurant industry
- Regularly speaks to audiences about environmental issues
- Jeff also works with Atlanta-based environmental groups and the Georgia Restaurant Association to implement the [Zero Waste Zones](#) (ZWZ) program
- A part-time surfer, a full-time foodie, and an amateur photographer



May 27, 2015

# Making Energy Efficiency Make Cents

*Why Restaurants Tend to Not Care About Energy*

*Presented by:*

Jeff Clark, Conserve Program Director  
*National Restaurant Association*

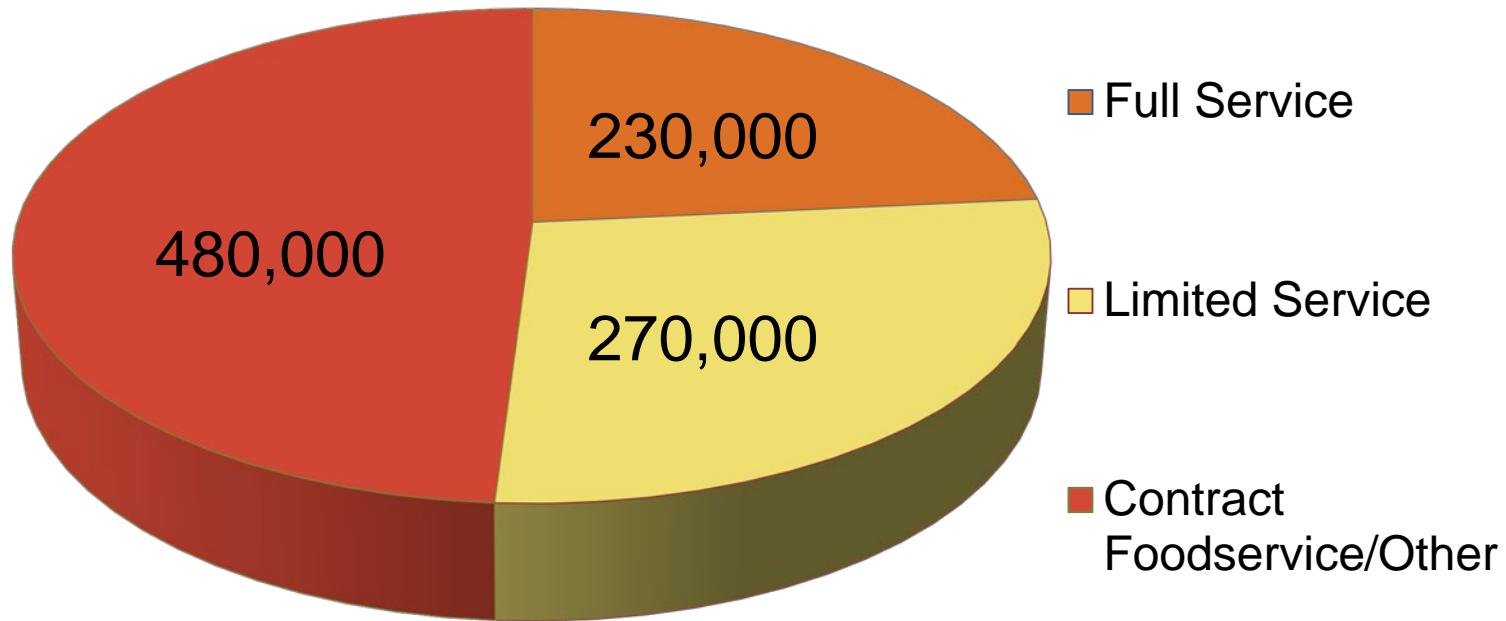
**[Restaurant.org/Conserve](http://Restaurant.org/Conserve)**

# National Restaurant Association

- The association represents the restaurant industry, which is:
  - Nation's second largest private sector employer.
  - An industry with nearly 14 million jobs.
  - Almost one million restaurant and foodservice locations.
  - Annual sales of more than \$709 billion.



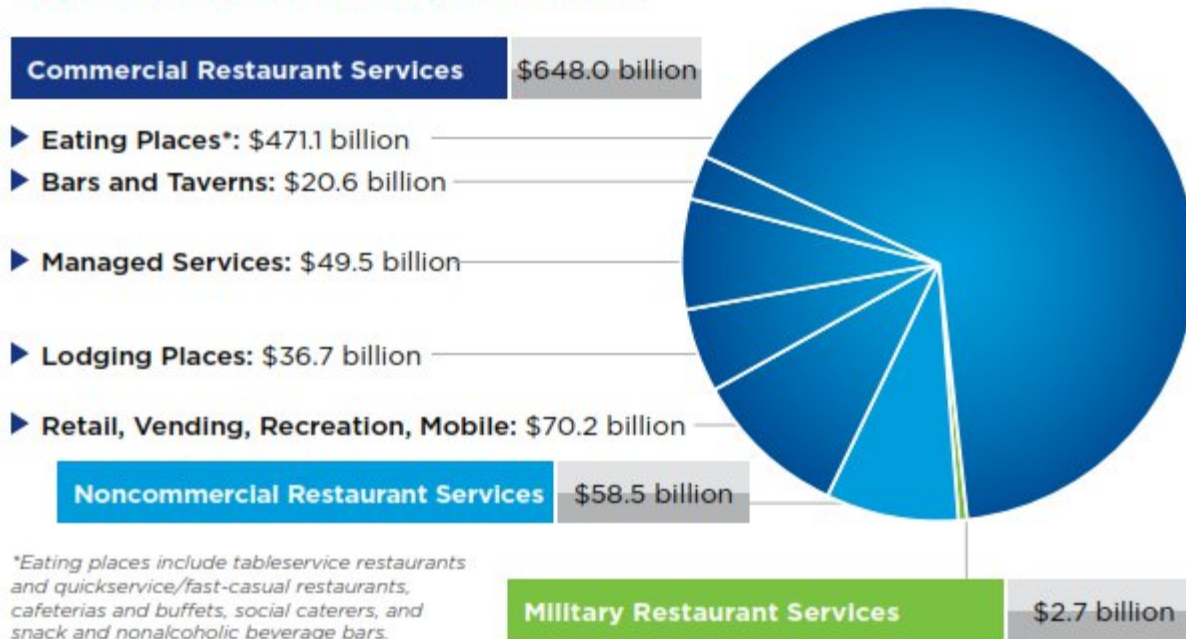
# Location Breakdown



# Enormous Economic Impact

## Adding It All Up: \$709.2 billion

Projected restaurant industry sales in 2015



## Restaurant Industry's Share of the Food Dollar



# Environmental Sustainability is Hot

But...

## What's **HOT**

2015 CULINARY FORECAST

### TOP 10 FOOD TRENDS

1. Locally sourced meat and seafood
2. Locally grown produce
3. Environmental sustainability
4. Fresh/flat-top meats
5. Natural ingredients/minimally processed food
6. New cuts of meat
7. Hyper-local sourcing
8. Sustainable seafood
9. Food waste reduction/management
10. Farm/estate branded items



NATIONAL  
RESTAURANT  
ASSOCIATION



# 2015 What's Hot Survey

1) Locally sourced meats and seafood

2) Locally grown produce

**Nothing specific to conserving energy**

3) Environmental sustainability

4) Heartful kids meals

5) Natural ingredients/minimally



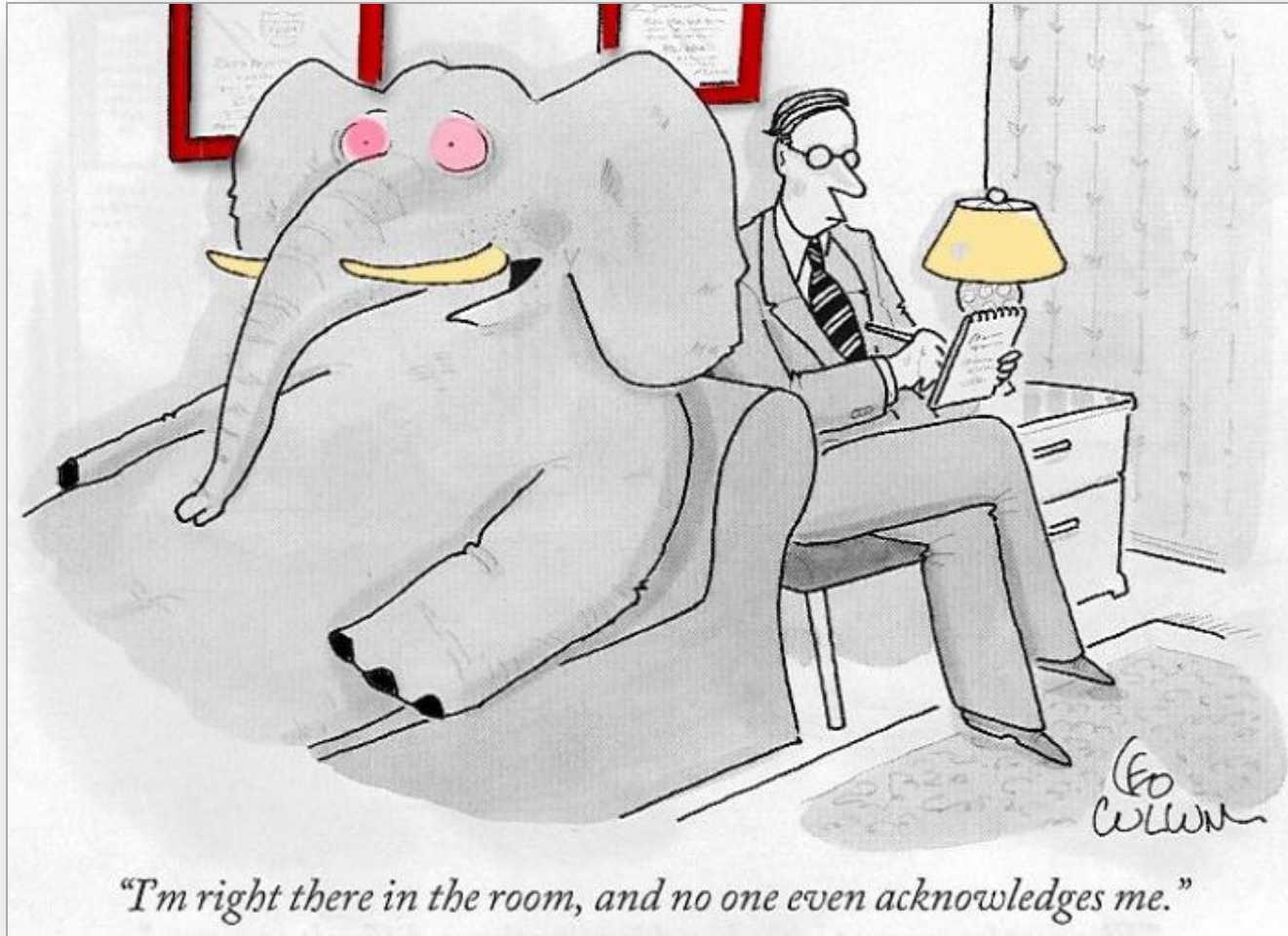


# 2015 What's Hot Survey

**Nothing specific to  
conserving energy**



# Why? Energy Is An Afterthought



*Source:* The New Yorker Magazine

# Top Operating Costs & Profitability

Cost Category	Family Dining (under \$15)	Casual Dining (\$15 to \$25)	Fine Dining (\$25 and up)	All Limited Service
Food and Beverage Sales	32.2%	31.8%	31.9%	31.9%
Salaries and Wages	33.7%	33.2%	33.7%	29.4%
Restaurant Occupancy	4.9%	5.1%	6.1%	7.7%
Utility Costs	3.6%	3.4%	3.5%	3.0%

**Note:** Family and casual dining definitions have changed since 2010 (e.g., family dining went from \$15 to \$10 per person).

**Source:** National Restaurant Association, 2010 Industry Operations Report

# Top Operating Costs & Profitability



	Casual Dining (\$15 to \$25)	Fine Dining (\$25 and up)	All Limited Service
Food & Beverage Sales	31.8%	31.9%	31.9%
Salaries and Wages	33.2%	33.7%	29.4%
Real Estate Occupancy	5.1%	6.1%	7.7%
Utilities	3.4%	3.5%	3.0%

Almost 10x costs of utilities

&



**Not** ...ing definitions have changed since 2010 (e.g., family dining went from \$15 to \$10 per person).

**Source:** National Restaurant Association, 2010 Industry Operations Report

# Pre-Tax Profit Margin

Family Dining (under \$15)	Casual Dining (\$15 to \$25)	Fine Dining (\$25 and up)	All Limited Service
3.0%	3.5%	1.8%	5.9%

**Note:** Family and casual dining definitions have changed since 2010 (e.g., family dining went from \$15 to \$10 per person).

**Source:** National Restaurant Association, 2010 Industry Operations Report





## DID YOU KNOW?

Commercial kitchens use about 5 to 7 times more energy per square foot than other commercial building spaces like office buildings and retail stores.

# Willingness to Upgrade

*Proportion of restaurant operators devoting more or fewer resources to capital expenditures:*

## **Adding new equipment**

<b>Restaurant Category</b>	<b>More resources</b>	<b>Fewer Resources</b>
Family Dining	31%	13%
Casual Dining	28%	14%
Fine Dining	29%	14%
Quickservice	31%	18%
Fast Casual	26%	14%

*Source: National Restaurant Association, Restaurant Trends Survey, 2012*



# Putting Energy Into Conservation

*Proportion of restaurant operators making purchases in the following areas:*

## **Purchase energy-saving light fixtures**

<b>Restaurant Category</b>	<b>More resources</b>	<b>Fewer Resources</b>
Family Dining	33%	16%
Casual Dining	38%	16%
Fine Dining	46%	16%
Quickservice	37%	19%
Fast Casual	37%	15%

*Source: National Restaurant Association, Restaurant Trends Survey, 2012*

# Restaurateurs Put Energy Into Conserving Resources

## Zapping Energy Costs With Conservation Efforts

Proportion of restaurant operators planning to take the following actions in 2012

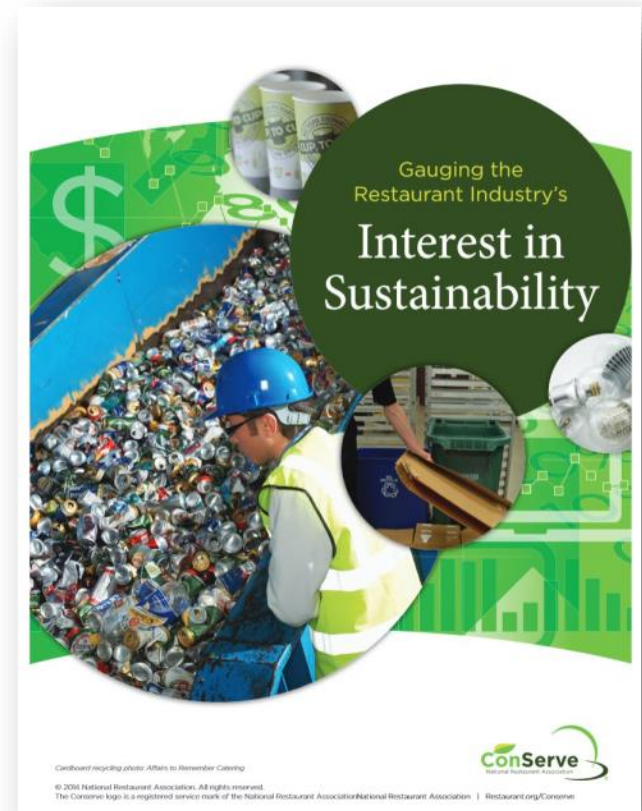
	Family Dining	Casual Dining	Fine Dining	Quick-service	Fast Casual
Purchase energy-saving light fixtures	63%	68%	65%	76%	78%
Purchase energy-saving kitchen equipment	61%	72%	58%	67%	73%
Purchase energy-efficient refrigeration, air conditioning or heating systems	53%	53%	57%	65%	65%
Install water-saving equipment or fixtures	42%	54%	52%	47%	48%

**Source:** National Restaurant Association, *Restaurant Trends Survey*, 2011

# Gauging Industry's Interest

- Released report in Sept. 2014.
- Survey of 1,000 fullservice and quickservice operators.
- Available on Conserve website under: About → Research + Tools.

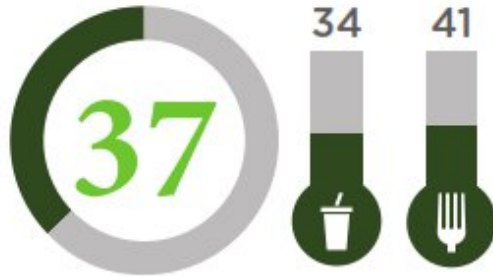
**Some key findings include...**



# Energy Efficiency

Is your restaurant business currently using any of the following items? % yes

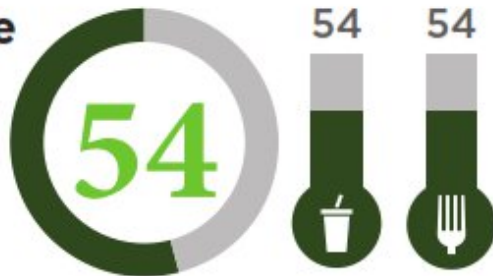
EPA  
Energy  
Star-rated  
appliances



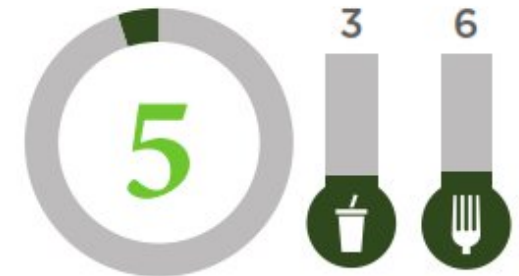
Compact  
fluorescent  
lighting



Programmable  
HVAC  
thermostats



Solar panels

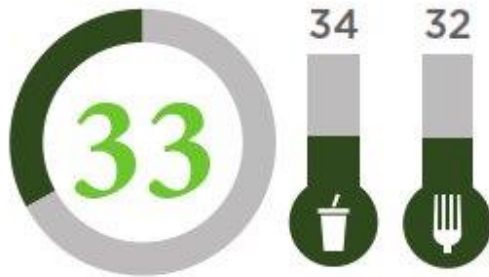




# Water Efficiency

Is your restaurant business currently using any of the following items? % *yes*

Tankless water heater



Faucet aerators



Low-flush toilets or waterless urinals



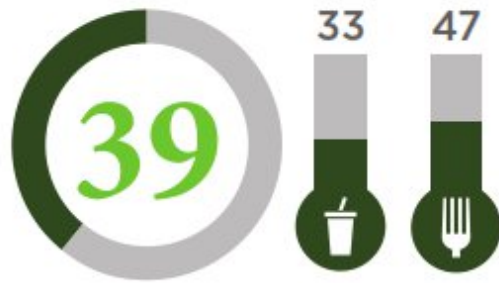
Motion-activated toilets or faucets



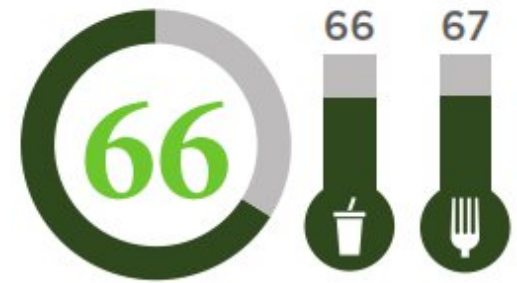
# Fats, Oils, & Greases

Does your restaurant business currently recycle any of the following items? % *yes*

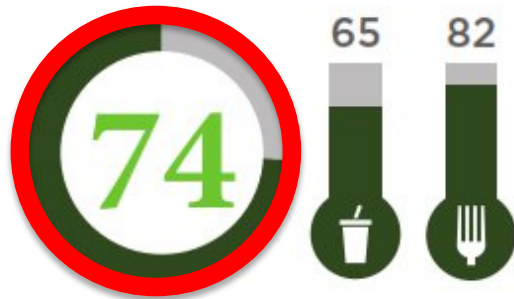
Plastic, cans or glass



Cardboard or paper



Fats, oils and grease



## Why?

Mature market for valuable resource...

# What Do Chefs/Owners Care About?

Have you considered that the average person might not find the number of watts saved by a CFL quite as intriguing as you do?

**Engage** restaurant power players by communicating **attention grabbing** and **memorable** ideas.



# Tell A Story to Your Power Players

- Highlight **losses from inaction**, rather than savings from action/changed behavior
- Leverage association...we're more persuasive if we align with things that people like (e.g., food)
- Appeal to **self-interest** and **identity**
- Avoid **negative descriptive norms**
  - Common behaviors that are undesirable
  - 75% of people leave lights on when not at home

*Source:* Promoting Sustainable Behavior: Psychology and Communication, University of California, Berkeley Office of Sustainability, 2010



# Webinar / Hands On Ed. Is Great

## FSTC education sessions



**Food Service Technology Center**

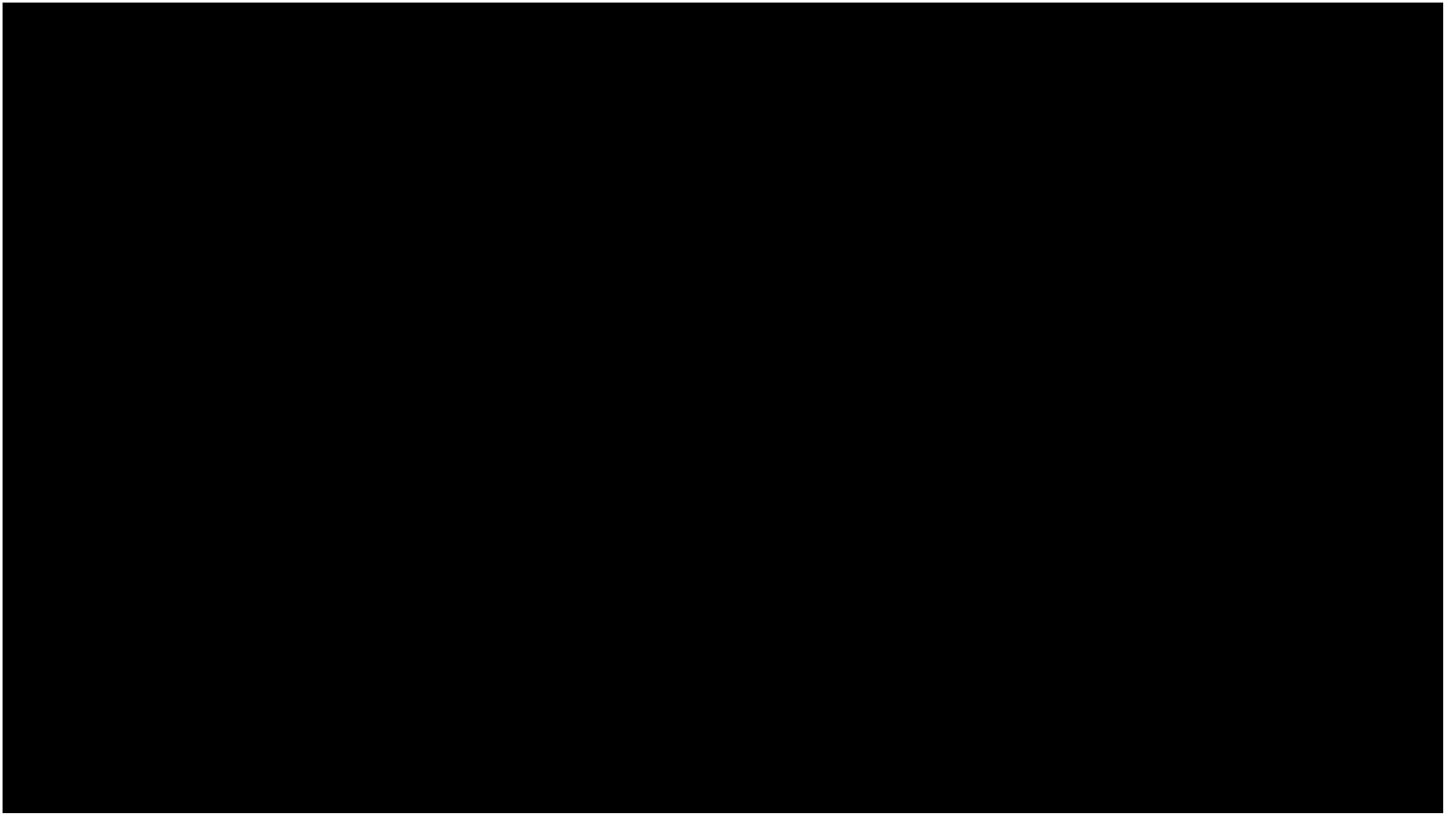
Yesterday at 1:37pm · Edited ·

FSTC's Richard Young, David Zabrowski & Mark Finck prepping before the LIVE webinar "What You Need To Know Before NRA" which is going on now!



# Where to Start with Chefs & Owners

- Work with the five senses:
  - See pilot lights get turned down
  - Feel the cold air leaking out of the open refrigerator
- Explain the “why” better (Conserve included!)
  - Esp. for chefs! They are used to talking about taste, smell, and tooth feel; not electrons.
- Work towards market mechanisms to change behavior
  - Fats, oils, greases as an example
- Personal touch helps!



Double-click on the paper clip to the left to play the video.

# Restaurant.org/Conserve

The National Restaurant Association's  
**ConServe Program**  
SERVING UP SUSTAINABILITY

Home About Learn Voices News + Events Bright Ideas Tools + Solutions

Did you know May 3-9 is International Compost Awareness Week? Be loyal to your soil!  
[LEARN MORE](#)

**FEATURED VIDEO**  
**Paula Owens, Ted's Montana Grill**  
Meet Paula Owens, purchasing and sustainability manager for Ted's Montana Grill. Ted's was founded on the belief that businesses could be both successful and environmentally responsible. Here she talks about how they select vendors and suppliers who share a passion for the environment and why she is part of the Conserve Sustainability Advisory Council.

**NEWS & HIGHLIGHTS**

- SERVING UP SUSTAINABILITY 2014 Annual Report**  
2014 Year in Review  
Check out NRA's second annual sustainability report and see how we served up sustainability in 2014.
- Trash Talk — Reducing Food Waste**  
American Express shares why restaurateurs are focusing on the impact of food waste on our environment, their communities, and their bottom lines.
- Kudos to KI Award Winners!**  
Check out the 2015 Kitchen Innovation Award Winners. Awarded products this year reflect fantastic approaches to sustainability including impressive energy and water savings in the kitchen.

**BEST PRACTICES**

Take advantage of these best practices to use water wisely!

**What ARE you spending? Track water and energy use**  
One of your biggest purchases is probably one you know the least about: utility bills! Tracking water and energy costs, just like labor, food, and rent, to understand where you can conserve.

**A twist on water service: Offer before pouring**  
Asking one simple question: "Would you like a glass of water?" is a great way to save water in your restaurant. This easy step saves not only water, but ice and dishwashing costs.

**One great trade: Swap your old pre-rinse spray valves and save \$\$\$**  
Spray valves can account for nearly one-third of the water used in the typical commercial kitchen. Low-flow units are designed effectively with high velocity to ensure that they do the same job as higher-pressure units.

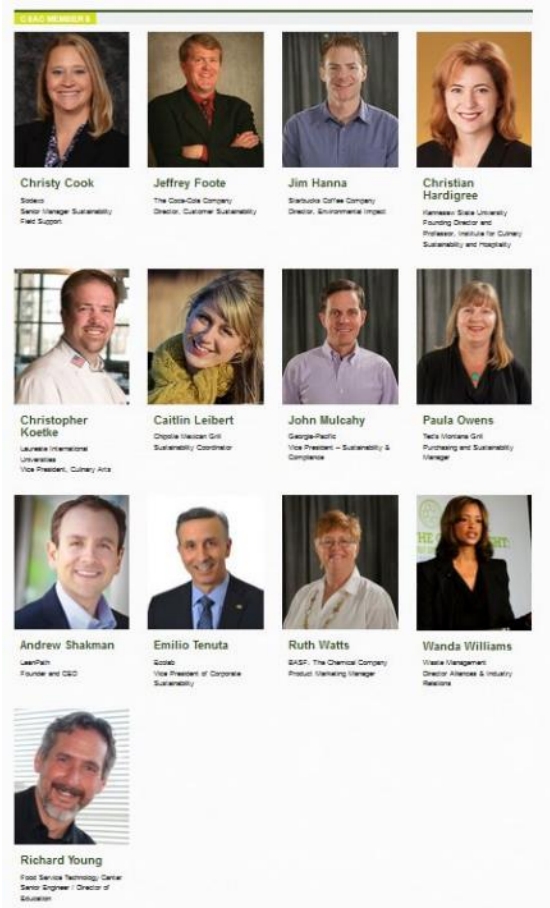
**Don't be a drip: fix leaks fast**  
Allowing leaks to drip can poke holes in your finances. The relentless drip erodes your profits at least two times over: paying for the water and paying for the sewer. If it's a hot water leak, add a third cost: heating the water. Take a little time out of your busy day and fix that faucet.

**Make a splash: cut outdoor water use**  
Consider the importance of your landscaping plan as you seek to update your restaurant's curb appeal and/or save water.

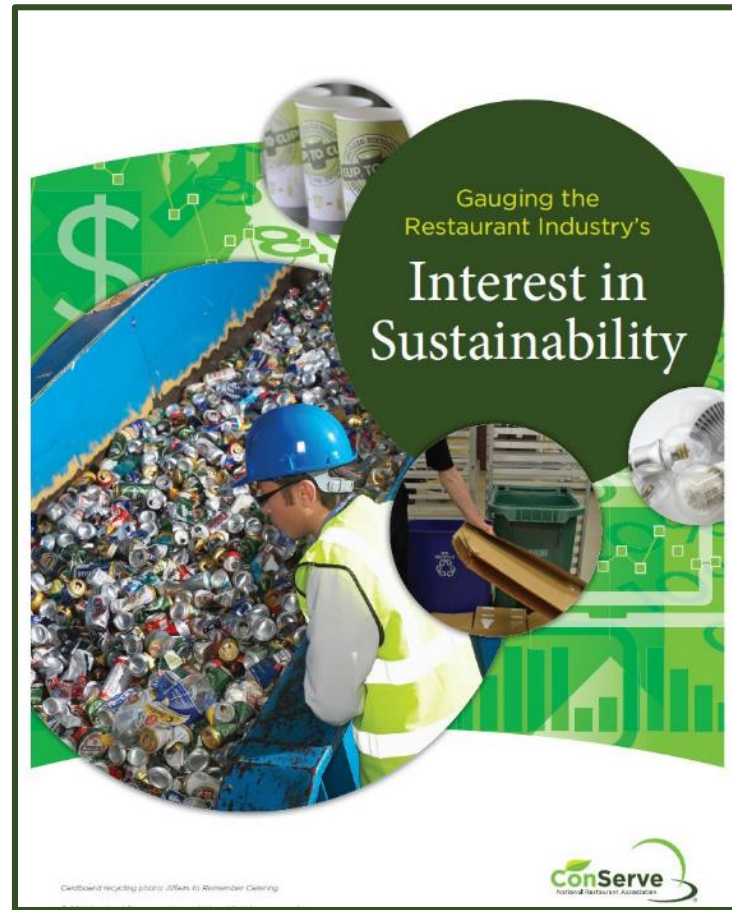
## Best Practices



# Bringing Industry Insights to the Table



**Advisory Council**



**Reports**

# Engage with us!

Newsletter: Bright Ideas (on Conserve page)

Follow us on social!

- Twitter: [@ConserveNow](https://twitter.com/ConserveNow)
- Facebook: “Restaurants Conserve”  
[www.facebook.com/restaurantsconserve](http://www.facebook.com/restaurantsconserve)



Subscribe to our video channel  
[www.youtube.com/CafesConserve](http://www.youtube.com/CafesConserve)



# Thank You

# Jeff Clark

Conserve Program Director  
National Restaurant Association

E: [jclark@restaurant.org](mailto:jclark@restaurant.org)

## SUSTAINABILITY



With **LED lightbulbs**,  
payback is usually  
less than **one year**.

**10+**  
Years

*Average life of an LED bulb*



It takes **three**  
glasses of water to  
serve **one** glass.

**1 each**

For ice, washing the glass,  
and the water itself

*Serve water to guests only upon request*



Turn a **\$70** purchase  
into savings of **\$115**  
to **\$240** per year.

**7,000**  
Gallons

*Volume of water kept out of our sewers*

# Innovation Is Not The Game Changer: It's Behavior

Carol Tobian, Mid-Atlantic Business Development Manager  
National Resource Management (NRM)

- Leads all aspects of business development for NRM in New Jersey, Maryland, and Pennsylvania
- Clean-tech energy industry experience includes commercial & industrial energy efficiency program management, demand response, and transmission system development
- Carol was a part of the 'founding 20' team at EnerNOC
- Served on the Leadership Council of the MA Chapter of the Surfrider Foundation (non-profit dedicated to the protection and enhancement of the world's waves and beaches)



# INNOVATION IS NOT THE GAME CHANGER IT'S BEHAVIOR

Carol Tobian, *Business Development Manager, Mid-Atlantic*  
National Resource Management, Inc.

Department of Energy Better Buildings Summit

May 27 – 29, 2015

# Learning to Recognize Wasted Resources

Down the drain is a metaphoric term for resources (e.g. money) on the way to being lost or wasted



# Driving Value in the Business Context

Sustainability continues to emerge as a business opportunity yet execution is often haphazard due to a lack of performance tracking data

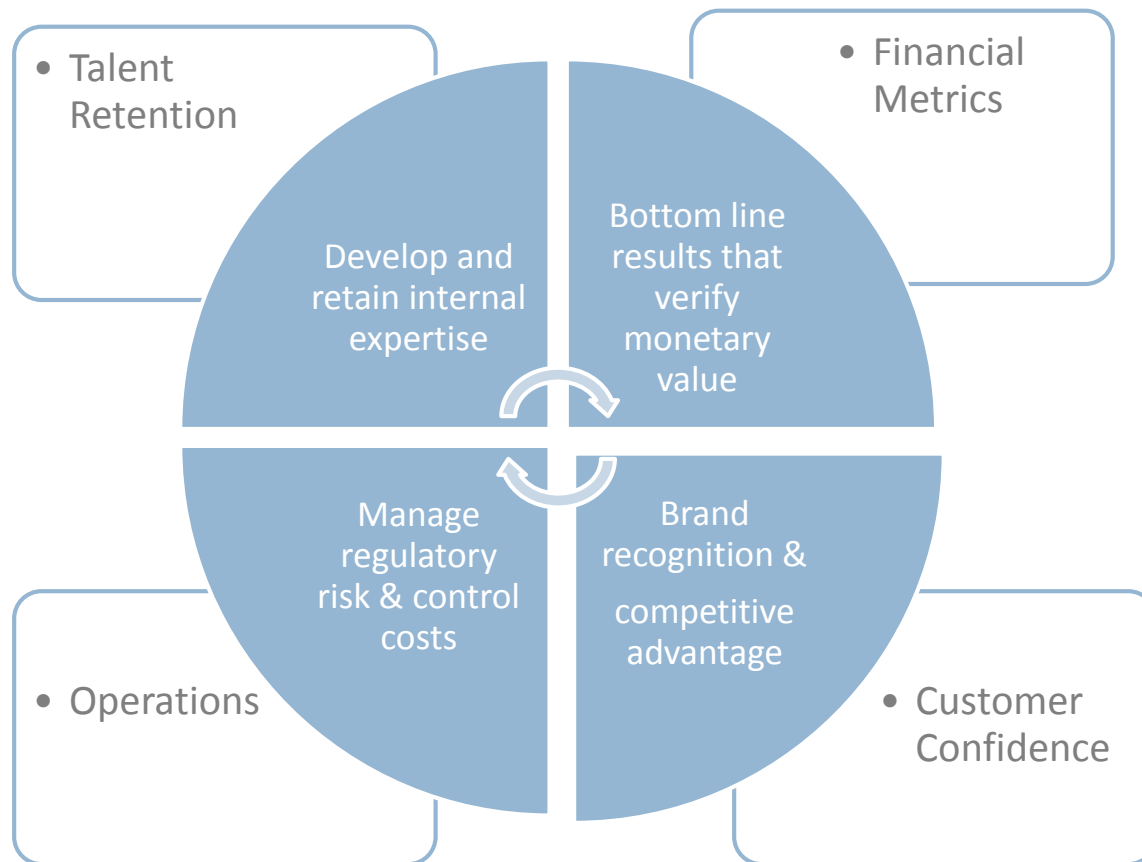
*“The best strategy in the boardroom means nothing if the operational personnel feel disengaged or burdened by the SPM”*



Sustainability plans should be strategic, not just tactical, and linked to business performance so the benefits are realized across a number of facets:

- ✓ Revenue Generation
- ✓ Cost Control
- ✓ Building Trust
- ✓ Risk Management

# Engage Mid-Level Managers in Corporate Sustainability Goals Delivers Strong Results



# Let's Talk About You

Beyond good intentions and learning how to recognize new efficiency opportunities

*Teams of energy engineers conduct investment grade energy audits for a broad set of measures yet walk past Walken*





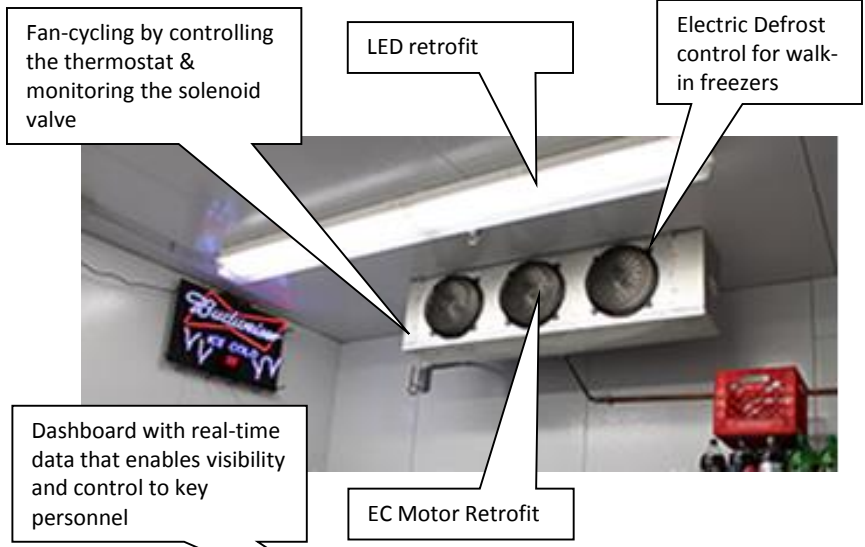
# Unlikely Source of Energy Efficiency? Think Again.

Walk-in cooler and freezers are often sized for the warmest days of the year (*and then some*) and/or air velocities of door openings which results in excess cooling capacity



# Learning to Recognize & Trust Technology

How to 'unlearn' what is considered conventional wisdom about refrigeration systems and why organizations trust technologies to underpin operational & sustainability goals



Dashboard with real-time data that enables visibility and control to key personnel

NRM CoolTrol MC Series 4			Temperature °F				Status				Amps		Starts 24 Hr.		% Run 24 Hr.		% Run 7 Days				
Description	Notes	Status	Space	Evap	SP	24hr	Mode	Dfrst	Sol	Fan	Door	Comp	Sol	Comp	Fan	Sol	Comp	Fan	Sol	Comp	Fan
Freezer		🟢	13	8	-3	7.1	Run	Off	On	On	Open	-6.3	21	38	23	75.1	75.2	75.5	71.2	72.6	73.3

IP Thermostat		Temperature °F					Status					Compressor					
Description	Status	Space	Supply	Return	24hr	Sp Heat	Sp Cool	Unit Mode	Unit State	Fan Mode	Fan State	Door	Amps	Starts 24 Hr.	% Run 24 Hr.	% Run 24 Hr.	% Run Week
Bar HVAC	🟢	71.5	65	70.7	69.6	66	68	Cool	Cool	Auto	On	🟢	42.8	8	35.2	37.3	
Dining HVAC	🟢	72.7	74.5	72.8	69.4	70	72	Cool	Off	Auto	Off	Open	11	4	4.7	20	
Kitchen HVAC	🟢	71.5	62.7	72.7	66	64	70	Cool	Cool	On	On	Open	44.1	7	49.1	37.9	

Chilis Lincoln #1070  
622 George Washington Hwy, Lincoln RI 02865  
Tel: 401-333-4085

Pawtucket, North Central State Airport, RI  
Last Updated on May 12 2015, 2:53 pm EDT - Partly Cloudy  
Temperature 82°F, Humidity 48%, Dewpoint 61°F

NRM CoolTrol Series 1			Temperature °F				Status				Starts 24 Hr.			% Run 24 Hr.			% Run 7 Days					
Description	Notes	Status	Space	Evap	SP	24hr	Byp	Mode	Dfrst	Sol	Fan	Door	Amps	Sol	Comp	Fan	Sol	Comp	Fan	Sol	Comp	Fan
Beer Cooler		🟢	40	36	38	38.8	Off	Run	Off	On	On	Closed	4.9	39	40	157	14.7	15.4	32	16.8	17.9	33.2
Food Cooler		🟢	38	32	38	39	Off	Run	Off	Off	Off	Closed	3.0	47	10	100	37.4	0.1	59.2	44.4	0.1	64

Step Trends: 05/11/2015 16:27:16 | 1 Day

### Food Cooler

Temperature (°F) vs Date/Time

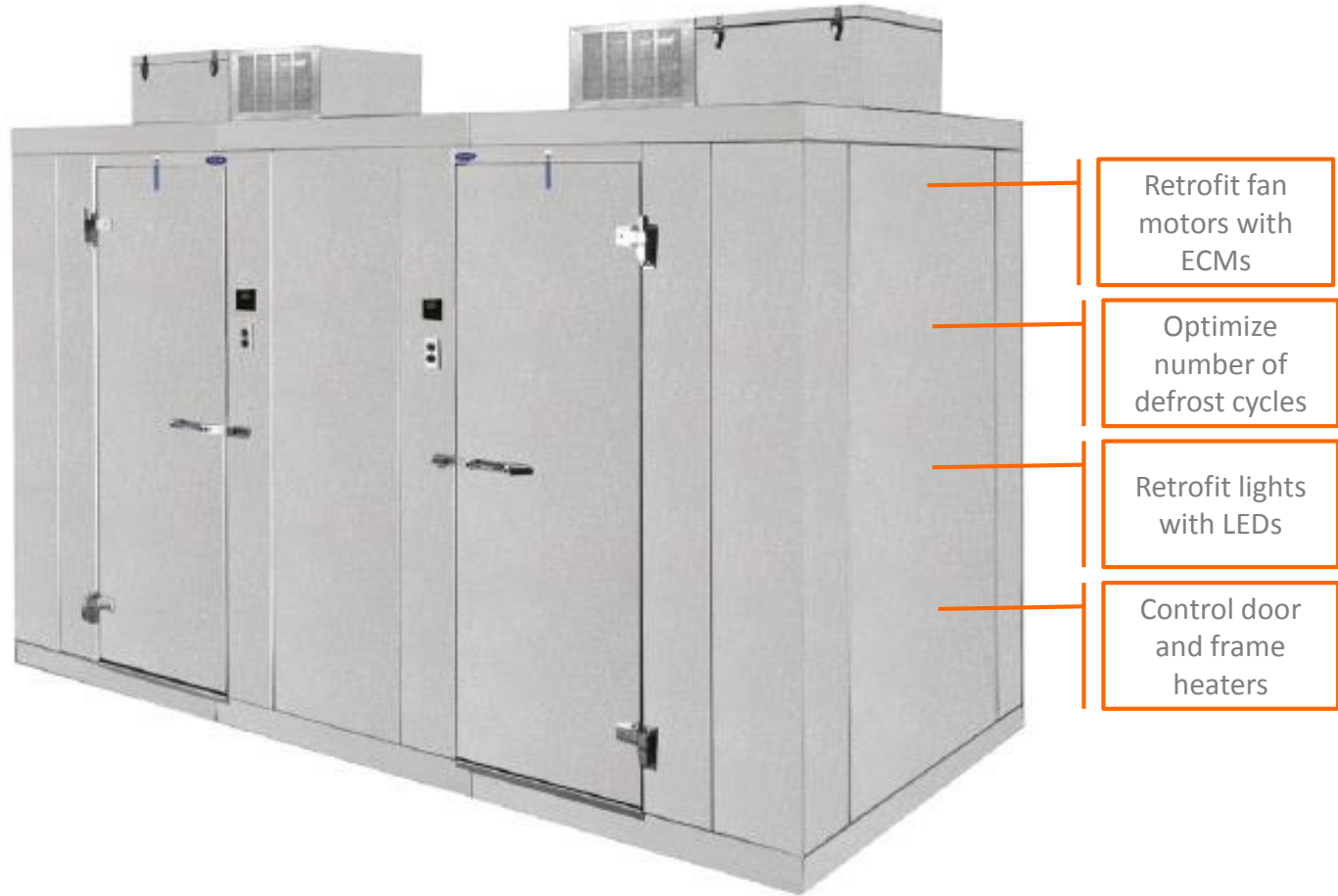
Step Trends: 05/11/2015 16:27:16 | 1 Day

Amps vs Date/Time



# Heat Load Reduction

Reducing heat loads in refrigerated spaces delivers a secondary effect as a result of reduced compressor run time



# Case Study: Pepper Dining

Pepper Dining has realized \$ 180,000 in annual electricity costs across 60 locations in Massachusetts, Rhode Island, and Connecticut



Going Green to Find More ... x RSM Menu x CHL1070 Summary Page x +

https://www.remotesitemanager.com/sy.html?site=CHL1070

Most Visited NRM CoolTrac 1.0.0 Sales Territory Hunt Big Sales http://www.intellicast... E-power Trade Allies Jostle ADI SMECO R A

Chilis Lincoln #1070 622 George Washington Hwy, Lincoln RI 02865 Tel: 401-333-4085

Pawtucket, North Central State Airport, RI Last Updated on May 27 2015, 6:55 am EDT - Fair Temperature 81°F, Humidity 45%, Dewpoint 57°F

Log Out: ctobian

NRM CoolTrol Series 1			Temperature °F				Status				Starts 24 Hr.		% Run 24 Hr.		% Run 7 Days							
Description	Notes	Status	Space	Evap	SP	24hr	Byp	Mode	Dfrst	Sol	Fan	Door	Amps	Sol	Comp	Fan	Sol	Comp	Fan	Sol	Comp	Fan
Beer Cooler		✔	39	35	38	38.7	Off	Run	Off	Off	Off	Closed	0.2	92	93	158	20.2	23.3	40	15.9	17	31.6
Food Cooler		✔	38	33	38	39.1	Off	Run	Off	Off	Off	Closed	3.0	46	8	90	43.6	0.1	63.3	40.4	0.1	60.8

Door Heaters		Environmental			% Power		% Power 24 Hours		% Power 7 Days		Settings			
Description	Status	°F	% RH	Dew	Cooler	Freezer	Cooler	Freezer	Cooler	Freezer	Cooler		Freezer	
Cooltrol 1	✔	76	66	63	100	100	**	**	**	**	Normal Heat Output		Normal Heat Output	

NRM CoolTrol MC Series 4			Temperature °F				Status				Amps	Starts 24 Hr.		% Run 24 Hr.		% Run 7 Days					
Description	Notes	Status	Space	Evap	SP	24hr	Mode	Dfrst	Sol	Fan	Door	Comp	Sol	Comp	Fan	Sol	Comp	Fan	Sol	Comp	Fan
Freezer		✔	0	0	-3	4	Run	Off	On	On	Open	3.4	38	53	40	63	64.3	67.5	64.5	66.2	69.2

IP Thermostat		Temperature °F						Status				Compressor				
Description	Status	Space	Supply	Return	24hr	Sp Heat	Sp Cool	Unit Mode	Unit State	Fan Mode	Fan State	Door	Amps	Starts 24 Hr.	% Run 24 Hr.	% Run Week
Bar HVAC	✔	67.6	59.3	66.5	70.3	60	68	Cool	Cool	Auto	On		42	21	58.4	24.7
Dining HVAC	✔	70.8	70.3	70.1	71	60	80	Cool	Off	On	On	Open	10.8	26	18.4	7.8
Kitchen HVAC	✔	70.5	71.9	71	70.5	64	70	Cool	Off	On	On	Open	8.4	9	55.9	35.3

- (1) Walk-in Cooler
- (1) Walk- in Freezer
- EC Motor Retro fit
- Door Heater Controls
- Novelty Cooler Night Shut off

# Sustainability and the Value it Creates

Link sustainability to business performance so the benefits so it becomes part of the planning and reporting

## Financial Analysis of National Resource Management-Installed Refrigeration Controls Project Simulating Streams of Cash Inflows and Outflows

Heath and Lejeune/Souly Organic ~ 1417 S. Eastman Ave. ~ Commerce CA 90023

3/24/2014

### Cost of money inputs:

Discount Rate:	10%
Finance Rate:	10%
Reinvestment Rate:	10%
Inflation Rate:	3.0%

Utility:	SCE
Tariff:	Commercial
Est. cost/kwh	13.6 cents

	Today	End of	End of	End of	End of	End of	End of	End of	End of	End of	End of	End of
Date:	0	YR 1	YR 2	YR 3	YR 4	YR 5	YR 6	YR 7	YR 8	YR 9	YR 10	YR 10
<b>CASH OUTFLOWS</b>												
Installed Project Cost	\$ (42,998)											
Phased investment												
Financed investment												
<b>SUBTOTAL OUTFLOWS</b>	<b>\$ (42,998)</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>
<b>CASH INFLOWS</b>												
Est. SCE Incentive	\$ 14,414											
Est. Energy savings		\$ 20,225	\$ 20,832	\$ 21,457	\$ 22,100	\$ 22,763	\$ 23,446	\$ 24,150	\$ 24,874	\$ 25,620	\$ 26,389	
Est. Maint. savings		\$ 750	\$ 773	\$ 796	\$ 820	\$ 844	\$ 869	\$ 896	\$ 922	\$ 950	\$ 979	
<b>SUBTOTAL INFLOWS</b>	<b>\$ 14,414</b>	<b>\$ 20,975</b>	<b>\$ 21,604</b>	<b>\$ 22,252</b>	<b>\$ 22,920</b>	<b>\$ 23,608</b>	<b>\$ 24,316</b>	<b>\$ 25,045</b>	<b>\$ 25,797</b>	<b>\$ 26,571</b>	<b>\$ 27,368</b>	
<b>Annual Cash Flow</b>	<b>(\$28,584.00)</b>	<b>\$20,975.00</b>	<b>\$21,604.25</b>	<b>\$22,252.38</b>	<b>\$22,919.95</b>	<b>\$23,607.55</b>	<b>\$24,315.77</b>	<b>\$25,045.25</b>	<b>\$25,796.60</b>	<b>\$26,570.50</b>	<b>\$27,367.62</b>	
<b>Annual Present Value</b>	<b>(\$28,584.00)</b>	<b>\$19,068.18</b>	<b>\$17,854.75</b>	<b>\$16,718.54</b>	<b>\$15,654.63</b>	<b>\$14,658.43</b>	<b>\$13,725.62</b>	<b>\$12,852.17</b>	<b>\$12,034.31</b>	<b>\$11,268.49</b>	<b>\$10,551.40</b>	
<b>NOTE THAT CERTAIN RETURNS VARY DEPENDING ON THE LENGTH OF THE ANALYSIS TERM</b>												
	10-YEAR	1-YEAR	2-YEAR	3-YEAR	4-YEAR	5-YEAR	6-YEAR	7-YEAR	8-YEAR	9-YEAR	10-YEAR	10-YEAR
NPV	\$ 115,803	(\$9,515.82)	\$8,338.93	\$25,057.47	\$40,712.11	\$55,370.54	\$69,096.16	\$81,948.33	\$93,982.64	\$105,251.12	\$115,802.52	
SPP	1.4											
ROI	73.4%											
IRR	76.0%	-26.6%	31.1%	54.7%	65.3%	70.5%	73.1%	74.6%	75.3%	75.8%	76.0%	
MIRR	29.3%	-26.6%	25.0%	35.7%	37.3%	36.5%	35.0%	33.4%	32.0%	30.6%	29.3%	
SIR	5.1	0.7	1.3	1.9	2.4	2.9	3.4	3.9	4.3	4.7	5.1	

The investment...

The utility rebate...

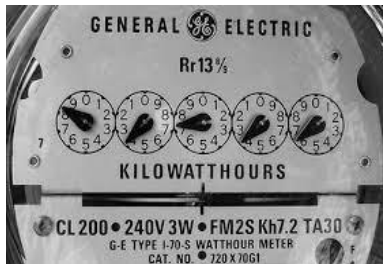
The energy savings...

the good stuff...

# Where Financial and Sustainability Goals Align



National Resource Management (NRM) delivers verifiable kWh savings from commercial refrigeration that results in permanent reduction in electricity consumption for its clients.



As a turn-key full service provider, NRM serves its business clients by linking regional utility incentive programs our with refrigeration energy-efficiency measures which accelerates ROI while delivering newly found operations and maintenance savings opportunity.



Contact NRM to learn more:  
(800) 377-5439 ext. 1  
[www.nrminc.com](http://www.nrminc.com)

# Closing

- Thank you to Don, Jeff, and Carol!
- We would love to hear from the audience:
  - What are your challenges and successes in saving energy?
  - What does the industry need in order to accelerate energy & cost savings?

Feel free to email us about these topics, or with questions about the BBA Food Service Team:

[Richard.Shandross@navigant.com](mailto:Richard.Shandross@navigant.com)

[Andrew.Mitchell@EE.Doe.Gov](mailto:Andrew.Mitchell@EE.Doe.Gov)





Thank you for joining us  
today!