Drought-Tolerant Plants for North and Central Florida

Gary Knox





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Prepared by: Gary Knox, Professor, North Florida Research and Education Center, University of Florida, Quincy, Florida

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Cover images – Upper left: Native Plant Society of Texas Lower left: Sarasota County Cooperative Extension Right: Shirley Denton

What is "Drought" and "Drought Stress?"

In nature, water is usually the most limiting factor for plant growth. This is also the case in home or commercial landscapes. If plants do not receive adequate rainfall or irrigation, the resulting drought stress can reduce growth more than all other environmental stresses combined.

Drought can be defined as the absence of rainfall or irrigation for a period of time sufficient to deplete soil moisture and injure plants.

Drought stress results when water loss from the plant exceeds the ability of the plant's roots to absorb water and when the plant's water content is reduced enough to interfere with normal plant processes.

In Florida, plants may frequently encounter drought stress. Rainfall is very seasonal, and periodic drought occurs regularly. Because Florida's soils are typically sandy and have low water-holding capacity, many plants may experience drought stress after only a few days without water. During drought, local governments may place restrictions on landscape irrigation in order to conserve potable water, and landscape plants may become subject to drought stress. Using drought-tolerant plants in the landscape can reduce the likelihood of plant injury due to drought stress.

How Does Drought Stress Affect Plants?

A plant responds to a lack of water by halting growth and reducing photosynthesis and other plant processes in order to reduce water use. As water loss progresses, leaves of some species may appear to change color — usually to blue-green. Foliage begins to wilt, and if the plant is not irrigated, leaves will fall off and the plant will eventually die.

Drought symptoms resemble salt stress because high concentrations of salts in the root zone cause water loss from roots. Close examination of environmental and cultural conditions should help identify the specific problem.

How Long Before Drought Stress Develops?

The time required for drought injury to occur depends on the water-holding capacity of the soil, environmental conditions, stage of plant growth, and plant species. Plants growing in sandy soils with low water-holding capacity are more susceptible to drought stress than plants growing in clay soils. A limited root system will accelerate the rate at which drought

stress develops. A root system may be limited by the presence of competing root systems, by site conditions such as compacted soils or high water tables, or by container size (if growing in a container). A plant with a large mass of leaves in relation to the root system is prone to drought stress because the leaves may lose water faster than the roots can supply it. Newly installed plants and poorly established plants may be especially susceptible to drought stress because of the limited root system or the large mass of stems and leaves in comparison to roots.

How Does Environment Affect Drought Stress?

Aside from the moisture content of the soil, environmental conditions of high light intensity, high temperature, low relative humidity and high wind speed will significantly increase plant water loss.

The prior environment of a plant also can influence the development of drought stress. A plant that has been drought stressed previously and has recovered may become more drought-resistant. Also, a plant that was well-watered prior to drought will usually survive drought better than a continuously drought-stressed plant.

What Changes Can Be Made to Reduce Effects of Drought in the Landscape?

The landscape environment can be modified to reduce or prevent drought stress by irrigation, mulching, providing shade, and creating windbreaks. Reducing the overall water requirements of the landscape is best achieved by initially designing the landscapes for water conservation, including efficient irrigation systems, proper watering, and the use of droughttolerant plants where appropriate. For more information, check these resources:

- Florida Yards and Neighborhoods Web site: <http://hort.ufl.edu/fyn/>
- Landscape Design for Water Conservation, Florida Extension Fact Sheet ENH-72
- Coping with Drought in the Landscape, Florida Extension Fact Sheet ENH-70
- Managing Your Florida Lawn Under Drought Conditions, Florida Extension Fact Sheet ENH-157
- Improving Drought Tolerance in Your Florida Lawn, Florida Extension Fact Sheet ENH-57
- Watering Your Florida Lawn, Florida Extension Fact Sheet ENH-9

Note: Fact sheets are available through the Florida Extension Service Publications Web site: http://edis.ifas.ufl.edu.

What are the Characteristics of Drought-Tolerant Plants?

Some species have an inherent tolerance of drought because they have evolved in arid areas, regions with frequent drought, or regions with soils of low water-holding capacity. Some species have anatomical or physiological characteristics that allow them to withstand drought or to acclimate to drought.

All plants have a waxy coating on their leaves called "cuticle," but some species have developed exceptionally thick cuticles that reduce the amount of water lost by evaporation from the leaf surface. Leaf hairs, which reduce air movement at the leaf surface, are another means of reducing evaporation from the leaf. Since the amount of surface area exposed to the atmosphere affects evaporation, leaf size and thickness are other adaptations, with thicker leaves and smaller leaves being more resistant to water loss.

Some species have evolved large surface root systems to quickly absorb rainfall, while other species grow deep root systems to tap deep water tables. Some plants avoid drought by dropping their leaves during droughts, and quickly regrowing new leaves when environmental conditions improve.

Lists of Drought-Tolerant Plants

The plants listed in the following tables have been reported to tolerate drought stress better than most landscape plants. Although these plants are considered drought-tolerant, new plantings will require regular irrigation for 6 weeks to 6 months or more before they become established well enough to be effectively drought-tolerant. Trees larger than two inches caliper (two inches in diameter) will take longer to establish.

Plants are listed in one of five categories:

- Trees
- Palms
- Shrubs
- Groundcovers
- Vines

Within each list, plants are listed in alphabetical order according to scientific name. Common names are also given. Plants native to Florida are indicated, and the region of adaptation within north and central Florida is given for each plant. North Florida (N) extends from Pensacola to Jacksonville and south to Ocala; central Florida (C) consists of the area from Ocala south to Punta Gorda and Fort Pierce.



Common Name	Scientific Name	Native?	Region of Adaptation
Box elder	Acer negundo	Yes	Ν
Bauhinia, Orchid tree	Bauhinia blakeana, B. purpurea, B. monandra		С
Bottlebrush	Calistemon spp.		С
Pignut hickory	Carya glabra	Yes	N, C
Catalpa	Catalpa spp.	Some	Ν
Cedar	Cedrus spp.		N, C
Hackberry, Sugarberry	Celtis spp.	Some	N, C
Redbud	Cercis canadensis	Yes	N, C
Citrus	Citrus spp.		N, C
Smoke tree	Cotinus spp.	Some	Ν
Hawthorn	Crataegus spp.	Some	N, C
Cypress	Cupressus spp.		Ν
Loquat	Eriobotryia japonica		N, C
Coral tree, Cockspur coral tree	Erythrina crista-galli	Yes	С
Eucalyptus, Gum tree	Eucalyptus spp.	Some	С
Evodia	Evodia spp.		N, C
Fig	Ficus carica		N, C
Honeylocust	Gleditsia triacanthos	Yes	Ν
Silk oak	Grevillea robusta		С
American holly	llex opaca	Yes	N, C
Yaupon, Yaupon holly	llex vomitoria	Yes	N, C
Jacaranda	Jacaranda mimosifolia		С
Southern red cedar	Juniperus silicicola	Yes	N, C

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Trees

Common Name	Scientific Name	Native?	Region of Adaptation				
Juniper	Juniperus spp.	Some	N, C				
Crape myrtle	Lagerstroemia indica, L. fauriei, L. (indica x fauriei)		N, C				
Laurel	Laurus nobilis		С				
Macadamia nut	Macadamia integrifolia		С				
Osage orange	Maclura pomifera		Ν				
Southern magnolia	Magnolia grandiflora	Yes	N, C				
Mulberry	Morus spp.	Some	N,C				
Wax myrtle	Myrica cerifera	Yes	N,C				
Jerusalem thorn	Parkinsonia aculeata		N, C				
Вау	Persea spp.	Some	N, C				
Sand pine	Pinus clausa	Yes	N, C				
Slash pine	Pinus elliottii	Yes	N, C				
Japanese black pine	Pinus thunbergiana		Ν				
Pistachio	Pistacia spp.		N, C				
Oriental arborvitae	Platycladus orientalis		N, C				
Podocarpus, Yew podocarpus	Podocarpus macrophyllus		N, C				
Nagi podocarpus	Podocarpus nagi		С				
White poplar	Populus alba		Ν				
Chickasaw plum	Prunus angustifolia	Yes	N, C				
Cherry laurel	Prunus caroliniana	Yes	N, C				
Cherry plum	Prunus cerasifera		Ν				
Hoptree	Ptelea trifoliata	Yes	N, C				
Chapman oak	Quercus chapmanii	Yes	С				

			Trees		
Common Name	Scientific Name	Native?	Region of Adaptation		
Holly oak	Quercus ilex		N, C		
Bluejack oak	Quercus incana	Yes	N, C		
Turkey oak	Quercus laevis	Yes	N, C		
Laurel oak	Quercus laurifolia	Yes	N, C		
Bur oak	Quercus macrocarpa	Yes	N, C		
Myrtle oak	Quercus myrtifolia	Yes	С		
Water oak	Quercus nigra	Yes	N, C		
Pin oak	Quercus palustris		N,C		
Chestnut oak	Quercus prinus	Yes	N,C		
Shumard oak	Quercus shumardii	Yes	N, C		
Post oak	Quercus stellata	Yes	N, C		
Cork oak	Quercus suber		N, C		
Black oak	Quercus velutina	Yes	N, C		
Live oak	Quercus virginiana	Yes	Ν		
Sumac	Rhus spp.	Some	N, C		
Locust	Robinia spp.	Some	Ν		
Soapberry	Sapindus spp.	Some	N, C		
Japanese pagoda tree, Necklace pod	Sophora spp.	Some	N, C		
Tamarisk	Tamarix spp.		N, C		
Pond cypress	Taxodium ascendens	Yes	N, C		
Baldcypress	Taxodium distichum	Yes	N, C		
Elm	Ulmus spp.	Some	N, C		
Zelkova	Zelkova serrata		N, C		
Jujube	Ziziphus spp.		N, C		

Palms

Common Name	Scientific Name	Native?	Region of Adaptation
Paurotis palm	Acoelorrhaphe wrightii	Yes	С
Queen palm	Arecastrum romanzoffianum		С
Pindo palm	Butia capitata		N, C
European fan palm	Chamaerops humilis		N, C
Sago palm	Cycas revoluta		N, C
Canary Island date palm	Phoenix canariensis		N, C
Pygmy date palm	Phoenix roebelenii		С
Needle palm	Rhapidophyllum hystrix	Yes	N, C
Lady palm	Rhapis excelsa		N, C
Dwarf palmetto	Sabal minor	Yes	N, C
Cabbage palm	Sabal palmetto	Yes	N, C
Saw palmetto	Serenoa repens	Yes	N, C
Windmill palm	Trachycarpus fortunei		Ν
California fan palm, Desert fan palm	Washingtonia filifera		N, C
Mexican fan palm, Washington palm	Washingtonia robusta		N, C

Common Name Native? Scientific Name **Region of** Adaptation Ν Glossy abelia Abelia x grandiflora Sweet acacia Acacia farnesiana N.C Century plant N, C Agave americana Aloe Aloe С Lead plant Amorpha canescens Yes N, C Chokeberry N, C Aronia spp. Some Sage, Sagebrush Artemisia spp. N, C ____ Eastern baccharis, Baccharis halimifolia N,C Yes Groundsel bush, Salt bush Mentor barberry Berberis x mentorensis Ν Japanese barberry Berberis thunbergii Ν Borrichia arborescens Silver sea oxeve С Yes Butterfly bush Buddleia spp. Ν Cactaceae family Some N, C Cactus Beauty berry N, C Calicarpa americana Yes **Bottlebrush** Callistemon spp. N, C Dwarf natal palm Carissa grandiflora 'Prostata' _____ С Senna, Cassia Cassia alata (Senna alata) N, C N, C Rosemary Ceratiola ericoides Yes N, C Hedge cactus Cereus peruvianus ____ Quince Chaenomeles spp. Ν _____ Sweet fern Comptonia peregrina Yes Ν N, C Pampas grass Cortaderia selloana _____ Cotoneaster Ν Cotoneaster spp. Southern bush honeysuckle Diervilla sessifolia Yes N, C Coral bean, Cherokee bean Erythrina herbacea Yes N, C

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Shrubs

Shrubs

Common Name	Scientific Name	Native?	Region of Adaptation			
Pascuita, Crown of thorns, Pencil tree	Euphorbia spp.		С			
Pineapple guava	Feijoa sellowiana		N, C			
Fig	Ficus carica		N, C			
Kumquat	Fortunella japonica		С			
African daisy	Gamolepis chrysanthemoides		С			
Broom, Woadwaxen	Genista spp.		N,C			
Sea buckthorn	Hippophae rhamnoides		N,C			
St. John's-wort	Hypericum spp.	Some	N, C			
Gallberry	llex glabra	Yes	N, C			
Yaupon, Yaupon holly	llex vomitoria	Yes	N, C			
Juniper	Juniperus spp.	Some	N, C			
Lantana	Lantana spp.		N, C			
English lavender	Lavandula angustifolia		Ν			
Bush clover	Lespedeza spp.	Some	N, C			
Texas sage	Leucophyllum frutescens		N, C			
Matrimony vine, Christmas berry	Lycium spp.	Some	N, C			
Rusty lyonia	Lyonia ferruginia	Yes	N, C			
Wax myrtle	Myrica cerifera	Yes	N, C			
Myrsine	Myrsine guianensis	Yes	С			
Myrtle	Myrtus communis		N, C			
Oleander	Nerium oleander		N, C			
Indian fig, Prickly pear	Opuntia ficus-indica	Yes	N, C			
Devils-backbone	Pedilanthus tithymaloides	Yes	С			
Photinia, Redtop			N, C			

Shurbs

Common Name	Scientific Name	Native?	Region of Adaptation
Pittosporum	Pittosporum spp.		N, C
Oriental arborvitae	Platycladus orientalis		N, C
Cape leadwort, Plumbago	Plumbago auriculata		С
Podocarpus, Yew podocarpus	Podocarpus macrophyllus		N, C
Nagi podocarpus	Podocarpus nagi		N, C
Cherry laurel	Prunus caroliniana	Yes	N,C
Pomegranate	Punica granatum		N,C
Firethorn	Pyracantha spp.		N, C
Indian hawthorn	Raphilepis spp.		N, C
Buckthorn, Indian cherry	Rhamnus spp.	Some	N, C
Sumac	Rhus spp.	Some	Ν
Rose	Rosa spp.		N, C
Rosemary	Rosemarinus officinalis		N, C
Butchersbroom	Ruscus aculeatus		N, C
Inkberry	Scaevola plumieri	Yes	С
Boxthorn	Severina buxifolia		N, C
Buffalo-berry	Shepherdia spp.		N, C
Japanese pagoda tree, Necklace pod	Sophora spp.	Some	N, C
Spiraea	Spiraea spp.		Ν
Bay cedar	Suriana maritima	Yes	С
Yellowbells, Yellow elder	Tecoma stans	Yes	С
Blueberry, Sparkleberry	Vaccinium spp.	Some	N, C
Viburnum	Viburnum spp.	Some	N, C
Chaste tree	Vitex agnus-castus		N, C
Үисса	Yucca spp.	Some	N, C
Coontie	Zamia floridana	Yes	N, C

Groundcovers

Common Name	Scientific Name	Native?	Region of Adaptation
Aloe	Aloe spp.		С
Bromeliads	Bromeliaceae family	Some	С
Beach bean	Canavalia maritima	Yes	С
Hottentot fig	Carpobrotus edulis		С
Bearberry cotoneaster	Cotoneaster dammeri		Ν
Bermudagrass	Cynodon dactylon		N, C
Golden creeper	Ernodea littoralis	Yes	С
Purpleleaf wintercreeper	Euonymus fortunei 'Coloratus'		Ν
Creeping fig	Ficus pumila		N, C
Trailing fig	Ficus sagittata		С
Sunrose	Helianthemum nummularium		N, C
Beach sunflower	Helianthus debilis	Yes	N, C
Daylily	Hemerocallis spp.		N, C
St. John's-wort	Hypericum spp.	Some	N, C
Morning glory	Ipomoea spp.	Some	N, C
Juniper	Juniperus spp.	Some	N, C
Lantana	Lantana spp.		N, C
Gopher apple	Licania michauxii	Yes	С
Matchweed	Lippia nodiflora	Yes	N, C
Liriope	Liriope spp.		N, C
Bahiagrass	Paspalum notatum		N, C
Cinquefoil	Potentilla spp.		N, C
Rosemary	Rosemarinus officinalis		N,C
Sea purslane	Sesuvium portulacastrum	Yes	N, C

Common Name	Scientific Name	Native?	Region of Adaptation
Purple heart	Setcreasea pallida		N, C
Cape honeysuckle	Tecomaria capensis		С
Rice-paper plant	Tetrapanax papyriferus		N, C
Asiatic jasmine	Trachelospermum asiaticum		N, C
Puncture vine	Tribulus terrestris		N, C
Society garlic	Tulbaghia violacea		N, C
Sea oats	Uniola paniculata	Yes	N, C
Zoysiagrass	Zysoia spp.		N, C

Groundcovers

Vines

Common Name	Scientific Name	Native?	Region of Adaptation				
Crossvine	Anisostichus capreolata	Yes	N, C				
Bouganvillea	Bouganvillea spp.	С					
Trumpet creeper	Campsis spp.	Some	N, C				
Marine ivy	Cissus incisa	Yes	N, C				
Drummond clematis	Clematis drummondii		N, C				
Texas clematis	Cematis texensis		N, C				
Purpleleaf wintercreeper	Euonymus fortunei 'Coloratus'		Ν				
Creeping fig	Ficus pumila		N, C				
Carolina yellow jasmine	Gelsemium sempervirens	Yes	N, C				
Mornign glory	Ipomoea spp.	Some	N, C				
Honeysuckle	Lonicera sempervirens	Yes	N, C				
'Dropmore Scarlet' honeysuckle	Lonicera (hirsuta x sempervirens 'Dropmore Scarlet'		N, C				
'Golden Flame' honeysuckle	Lonicera x heckrotti 'Gold Flame'		N, C				
Matrimony vine, Christmas berry	Lycium spp.	Some	N, C				
Virginia creeper	Parthenocissus quinquefolia	Yes	N, C				
Flame vine	Pyrostegia venusta		С				
Cape honeysuckle	Tecomaria capensis		С				
Confederate jasmine	Trachelospermum jasminoides		N, C				
Grape	Vitis spp.	Some	N, C				
Japanese wisteria	Wisteria floribunda		Ν				
Native wisteria	Wisteria frutescens	Yes	N,C				

Afterword

Why should we care about drought?

We expect that every time we turn a faucet's handle that plenty of fresh, drinkable water will flow out. Whenever we turn on the hose to clean the car, water the plants or wash the dog, we know that water will flow. Most people take for granted the ready availability of water for showers, toilets, and pools, but this is not always the case. Author John Steinbeck wrote in his novel *East of Eden, "*And it never failed that during the dry years the people forgot about the rich years, and during the wet years they lost all memory of the dry years. It was always that way."

Water management in the United States is very efficient, and most water users never really feel the impact of water shortages. Nevertheless, recent years have seen significant droughts in the United States. As populations continue to grow in the U.S. and throughout the world, demand for water is constantly increasing. During the past 50 years, groundwater depletion has spread from isolated pockets to large areas in many countries. One example is in the High Plains of the central U.S., where more than half of the groundwater storage has been depleted in some areas. In South Florida, water management officials have predicted they will run out of groundwater by 2020.

Added to the population increases and the increased demands for groundwater are the effects of drought. In recent years, many areas of the U.S. have suffered severe droughts — periods of years during which rainfall is much less than normal. During such periods, more water must be drawn from the ground to irrigate yards and farms, however, because rainfall is reduced, groundwater is not replenished. This vicious cycle makes the effects of drought more severe.

Drought comes with a high cost. For some, it may mean only minor inconveniences, such as modest water restrictions, but any enterprise that requires water can be severely impacted. Anyone who tends plants, whether on a small scale or large scale, soon feels the impact of drought. Businesses that depend on water must use more water to compensate for dry conditions and also pay more for the water they use. Hay production decreases during drought, and hay must be imported into the drought area to keep livestock alive. Drought is an insidious kind of disaster. You don't know you're in a drought until you are many months into it, and as it continues, it slowly takes a greater and greater toll.

The key is that we must not lose "all memory of the dry years." Even during times of normal precipitation and groundwater levels, citizens should be aware of how to use water wisely. Increased environmental awareness and improved irrigation practices like the ones outlined in this program can make a difference. With proper preparedness, the effects of drought can be minimized.

About the IFAS Disaster Information Program

The IFAS Disaster Information Program is an on-going project with the goal of producing a comprehensive information source for the general public, Extension agents, emergency preparedness and response professionals, and government. *Water, Water, Everywhere?* is the latest addition to this collection, which includes:

The Disaster Handbook – The cornerstone of the IFAS Disaster Information Program is the Disaster Handbook, a two-volume set that contains over 350 publications. Volume One contains a wide variety of information that can help people and communities prepare for, survive, and recover from disasters. Special chapters are devoted to Home Recovery and Farm Recovery. Volume Two covers many specific disasters, such as hurricanes, tornadoes, extreme heat and cold, lightning, wildland fires, hazardous materials and more. Each chapter has appropriate information for the general public, homeowners, businesses, agricultural producers... in short, for all sorts of groups.

The Disaster Handbook materials are designed so that they can be duplicated locally and distributed. This allows local professionals and community leaders to quickly develop appropriate packets of information customized to immediate local needs. All Disaster Handbook publications are also available for download from the IFAS Disaster Information Web Site. Check the Web site also for updated and new materials.

- Triumph Over Tragedy Video Series The IFAS Disaster Information Program has produced three videos that cover specific disaster topics. For each video, an extensive manual provides additional resources to help in creating your own workshops. Surviving the Storm: Coordination, Communication, and Cooperation is an introductory video which will be of interest to general audiences. This video shows the importance of citizens, government and private industry working together to confront disaster situations. Helping Four-Legged Friends Survive the Storm covers many important issues concerning small and large animals and their owners during a disaster. Much of the footage in this video is based on Florida experiences. A Community Response to Managing Post-Disaster Stress talks about the emotional and psychological challenges posed by disasters. This is an overlooked area and one that the general public and service providers should understand more fully.
- Public Service Announcements The Disaster Handbook contains over 70 scripts for public service announcements (PSA) that can be used by local radio stations. Over 40 of these scripts have been recorded and are available for direct download by radio stations on the Internet from RadioSource.net. PSAs are available in English and Spanish.The radio spots are available from RadioSource.net in MP3 and WAV formats. Make broadcasters and emergency managers in your vicinity aware of this resource.
- Agrochemicals and Security: A Training Module for the Safe and Secure Storage of Pesticides and Fertilizers — The new security environment has prompted the farm community to re-examine how the chemicals that are part of its daily work are handled. Agricultural chemicals have been used in two of the most significant terrorist incidents in the U.S., the World Trade Center Bombing of 1993 and the Oklahoma City Bombing of 1995. Also, another fertilizer, anhydrous ammonia, has become the target of drug manufacturers for the production of methamphetamine, now a significant law enforcement issue throughout the U.S. Agrochemicals and Security includes six units that cover the following topics: Introduction: Agrochemicals and Security — Why It Matters; Chemicals and Safety; Homeland Security and Fertilizers; Homeland Security and Pesticides; Security and Anhydrous Ammonia; and, Developing a Hazard Mitigation Plan. Units can be used separately or in combinations depending on audience needs. Each unit consists of a narrative which gives background material, a PowerPoint presentation which parallels the narrative, pre- and post-tests, an evaluation, and table-top exercises for selected units.

On the Web: <http://disaster.ifas.ufl.edu>

Drought-Tolerant Plants for North and Central Florida
