

# Whiting Tower

Seventy-two Years of Aviation Training News

Naval Air Station Whiting Field, Milton, Fla.  
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Forging Wings for the Fleet  
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# 74th Commemoration Ceremony for the Battle of Midway



Guest speaker, NAS Whiting Field Executive Officer Cmdr. Donald Gaines gave a speech about aviation tactics against the Japanese that impacted our national history. U.S. Navy Photo by Jamie Link, NAS Whiting Field Public Affairs

By: Jamie Link, NAS Whiting Field Public Affairs

Naval Air Station Whiting Field marked the 74th anniversary of the Battle of Midway on June 6 with a ceremony held at the base auditorium.

Commanding Officer Capt. Todd Bahlau welcomed the guests to the event and tied in a bit of NAS Whiting Field trivia during his remarks. Bahlau talked about NAS Whiting Field's first commanding officer Capt. Sanford Meade, a Battle of Midway survivor. Meade reported to the USS Yorktown in 1941 as a combat information officer as part of the ship's crew.

Bahlau further told the audience the story that when Meade knew the ship was going down, he went back to his state room and put on his pair of \$32 oxford shoes that he had yet to wear. In tradition he wore the shoes, then removed them placing the shoes on the deck of the ship. They were the last thing he saw as he left the ship. The Battle of Midway is full of individual stories and anecdotes as well as facts about how this battle was so pivotal.

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## NAS Whiting Field Sailors Advance to New Ranks

By: Marissa Tungjunyatham, NAS Whiting Field Public Affairs

Thirteen Naval Air Station Whiting Field Sailors were able to don their new ranks for the first time during their frocking ceremony Friday, June 3 in the Operations Auditorium. Each Sailor wore their new collar device with a smile as their accomplishments were honored as part of a proud Navy tradition.

The frocking ceremony recognized the advancement of selected Sailors and celebrated their first opportunity to wear their new rank before they are formally promoted. Second Class Petty Officers were frocked to First Class, Third Class Petty Officers were frocked to Second Class, and Airmen frocked to Third Class.

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## The Whiting Tower

Commanding Officer

Capt. Todd Bahlau

Executive Officer

Cmdr. Don Gaines

Command Master Chief

Command Master Chief (AW/SW) Lee Stephens

Public Affairs Officers

Jay Cope

Jamie Link

Public Affairs Staff

Ensign Marissa Tungjunyatham

Lt. j.g. Benjamin Ziemski

The Whiting Tower is an authorized publication for members of the Naval Air Station Whiting Field team, tenant commands, their family members and retirees in the surrounding area. The contents of this publication do not necessarily reflect the views of the U.S. Government, the Department of Defense or the Department of the Navy, and do not imply endorsement thereof. The editorial content is prepared, edited and provided by the Public Affairs Office of Naval Air Station Whiting Field.

# 27 Nations to Participate in World's Largest Maritime Exercise

By: Commander, U.S. Third Fleet Public Affairs

SAN DIEGO, Ca. (NNS) -- Twenty-seven nations, 45 ships, five submarines, more than 200 aircraft and 25,000 personnel will participate in the biennial Rim of the Pacific exercise scheduled, June 30 - Aug. 4, in and around the Hawaiian Islands and southern California.

As the world's largest international maritime exercise, RIMPAC provides a unique training opportunity that helps participants foster and sustain cooperative relationships that are critical to ensuring the safety of sea lanes and security on the world's oceans. RIMPAC 2016 is the 25th exercise in the series that began in 1971.

The theme of RIMPAC 2016 is "Capable, Adaptive, Partners." The participating nations and forces will exercise a wide range of capabilities and demonstrate the inherent flexibility of maritime forces. These capabilities range from disaster relief and maritime security operations to sea control and complex warfighting. The relevant, realistic training program includes amphibious operations; gunnery, missile, anti-submarine and air defense exercises; counter-piracy operations; mine clearance operations; and explosive ordnance



U.S. Navy PhotoFile

disposal and diving and salvage operations.

This year's exercise includes forces from Australia, Brazil, Brunei, Canada, Chile, Colombia, Denmark, France, Germany, India, Indonesia, Italy, Japan, Malaysia, Mexico, the Netherlands, New Zealand, Norway, the People's Republic of China, Peru, the Republic of Korea, the Republic of the Philippines, Singapore, Thailand, Tonga, the United Kingdom and the United States.

This is the first time that Brazil, Denmark, Germany, and Italy are participating in RIMPAC. Additional firsts

- (Cont. on Page 8)

## This Day in Naval History

June 10

1945 - USS Skate (SS 305) sinks Japanese submarine (I 122) in the Sea of Japan.

June 11

1944 - F6Fs from TF 58, commanded by Vice Adm. Marc A. Mitscher, begin to intercept and splash Japanese planes in the vicinity of the Mariana Islands, taking the enemy by surprise.

June 12

1943- TBF aircraft from Composite Squadron Nine (VC 9) based on board USS Bogue (ACV 9) sink German submarine (U 118) west by north of the Canary Islands.

June 13

1913 - Lt. j.g. P.N.L. Bellinger sets an American altitude record for seaplanes when he reaches 6,200 feet in a Curtiss (A 3) aircraft.

June 14

1945 - PB4Y aircraft bomb Japanese shipping off Banjarmasin, Borneo and sink Japanese (No. 470) shuttle vessel.



Lieutenant Commander Patrick Bellinger

This 1907 Naval Academy graduate set a seaplane altitude record of 6200 feet. One of his most renowned assignments was as commanding officer of the Navy's first trans-atlantic squadron of seaplanes, the "NC-1."



## Midway Commemoration

- (Cont. from Page 2)

The Battle of Midway is considered one of the most decisive battles of the war in the Pacific theatre and a significant victory during World War II. The battle took place June 4-7, 1942, six months after the attacks on Pearl Harbor. The overwhelming success of US Naval Forces, under the command of Adm. Chester Nimitz marks the turning point in the war against Japan.

A critical aspect of the battle was the sinking of four Japanese aircraft carriers, which gave the US Navy a significant tactical advantage over the Imperial Japanese Navy as the conflict in the Pacific progressed.

Guest speaker, Executive Officer Cmdr. Donald Gaines spoke about the events at The Battle of Midway, the Japanese tactics, U.S. Navy and VT-8 successes.

Gaines talked about Ens. George Gay and the challenges he and fellow sailors faced as Gaines discussed how

Gay had to learn how to fly and train with abbreviated training plans, Gay even carried a torpedo for the first time into Midway. Gay's plane crash-landed into the water and he surfaced to the top, hid behind a seat cushion as he watched dive bombers from above and witnessed ships sinking. Gaines also discussed the strategies that the U.S. utilized to conquer the Japanese and call The Battle of Midway a victory.

"Admiral Yamamoto's goal of taking Midway and eventually crushing the U.S. Navy fleet was met with will and determination of the American Sailor. Their belief that the price of freedom had to be paid regardless of cost and the men of VT 8 realize that more than anyone-and it was that dedication that the Japanese failed to realize" said Gaines.

## New Ranks

- (Cont. from Page 2)

"It signifies an important milestone in their career," said Command Master Chief Lee Stephens. "Their new appointments provide them with a position of greater authority and their willingness to accept that greater responsibility."

The Sailors recognized for their new advancement are: Aviation Boatswain's Mate 2nd Class Tyler Knight, Air Traffic Controller 2nd Class Matthew E Peters, Air Traffic Controller Kelsey Nielsen, Aviation Boatswain's Mate 1st Class Anthony Kirby, Aviation Boatswain's Mate 1st Class Terrance Wever, Air Traffic Controller 3rd Class Patrick Cook, Air Traffic Controller 3rd Class Jeffrey Vohnout Jr., Aviation Boatswain's Mate 1st Class Michael Sauber, Air Traffic Controller 2nd Class Christian Herrera, Aviation Boatswain's Mate 3rd Class Iannino Divad, Air Traffic Controller 3rd Class Bobby Spradley, Air Traffic Controller 2nd Class Airin Wyatt, and Air Traffic Controller 2nd Class Eduardo Longvalenzuela.

"It feels amazing and wonderful," said Knight. "I get to help out junior sailors in more ways than before."

At the conclusion of the ceremony Capt. Todd Bahlau, NAS Whiting Field commanding officer, praised the sailors on their accomplishments. He told them to appreciate the moment and to share it with their friends and family.



Air Traffic Controller 2nd Class Bryan Madden, left, pins new rank on Air Traffic Controller 3rd Class Patrick Cook, right, during a frocking ceremony on June 3. U.S. Navy Photo by Ensign Marissa Tungjunyatham, NAS Whiting Field Public Affairs.

## New Security Measures Implemented at NAS Whiting Field

By: Marissa Tungjunyatham, NAS Whiting Field, Public Affairs

As most of the Naval Air Station Whiting Field has undoubtedly experienced, new security measures have been implemented aboard the installation. The long line and increased impediments, while inconvenient, are designed to help keep members of the base protected. These measures, as is often the case, are in response to real-world threats.

"Gate runners" are any motorist or vehicle that drive past control points without approval. A recent increase in such attempts to illegally gain entrance onto military installations, have prompted the additional security procedures.

Although he realizes the frustration people are feeling, the man who is responsible for the safety of the NAS Whiting Field team, remains steadfast in his belief that such measures are necessary – and likely long term.

"It's permanent until we can find a better solution," NAS Whiting Field Security Officer Lt. Stephen Pakola stated. "After speaking with [the Commanding Officer] and region leaders, this is going to be the new norm. We're doing everything in our power to follow the instructions and also minimize gate delays."

- (Cont. on Page 11)



A NAS Whiting Field Security Officer motions for an approaching vehicle to proceed forward. U.S. Navy Photo by Ensign Marissa Tungjunyatham, NAS Whiting Field Public Affairs

## NAS Whiting Field Gardening Contest is Underway!



NAS Whiting Field's friendly gardening competition is in full swing! Several teams throughout the base compete for the best garden.

The judging will be conducted on July 14 by a volunteer panel. Pictures of winners will appear in the July 20 edition of the Whiting Tower and prizes will be announced closer to the judging date.

To the left is an Okra plant growing in a garden located near NAS Whiting Field's headquarters, Building 1401.

U.S. Navy Photo by Ensign Marissa Tungjunyatham, NAS Whiting Field Public Affairs.



### 7th Annual Blueberry Bash

The 7th Annual Blueberry Bash will take place Saturday, June 25 from 8 a.m. to 2 p.m. There will be blueberry picking, a plant and blueberry sale, 5k fun run, live entertainment, car show, and farmer's market. Location is 6225 Dixie Road, Milton, FL (four miles south of NAS Whiting Field, off Hwy 87). For more information, contact Donna Tashik at dtashikarcemeraldcoast@gmail.com.

### Free School-Age Camp

Ebonwood Community Center, operated by Santa Rosa County, will be holding a FREE camp for school-age kids M-F from May 31 through Aug. 5. The camp will run from 10:30 a.m. to 5:30 p.m.

### Gary Sinise and the Lt. Dan Band

Gary Sinise and the Lt. Dan Band will perform a benefit concert on June 18 at 8:30 p.m. at Pemberton Place, located between Georgia Aquarium and World of Coca-Cola. Gates open at 6:30 p.m.. Food and beverages will be available for purchase.

### Religious Program Updates

"Prevention and Relationship Enhancement Program on August 5 from 8 a.m. to 4 p.m. at NAS Pensacola

### NASWF Carnival Fantasy Cruise

Come sail with NAS Whiting Field on a 5-day cruise on the Carnival Fantasy. Cruise leaves Nov. 28 at 4 p.m. from Mobile, AL, heads to Cozumel and Yucatan, Mexico, and returns to Mobile Dec. 3. Cabins are still available, so contact NASWF Ticket and Travel Office at 850-665-6250.

### 2016 Amateur Radio Field Day

Ever consider becoming an Amateur Radio Operator or perhaps you're thinking about solar power or heating for your home? Well, if you're interested in learning more about either, stop by the Russell Harbor Landing Park off of River Road in Milton on Saturday or Sunday, June 25 and 26. For more information, please contact; Wes Smith at 850-665-6254 or 850-623-8492.

### Voluntary Leave Transfer Program

Patricia Barefield is a Child & Youth Care Program Assistant at NAS Pensacola. She is under the Voluntary Leave Transfer Program and is in urgent need of annual leave donations. If anyone would like additional information concerning the Leave Transfer Program, contact 305-293-2783 or email kathleen.mcguire1@navy.mil.

### Home Buying Class

The Fleet & Family Support Center will be offering a Home Buying class on Friday, June 17th at 1300 - 1500. If you are interested in finding out more information on purchasing a home, please call us at 850-623-7177 and reserve your seat.

### Career Technical Training Track Workshop

Are you interested in pursuing a "Technical career" after the Military? If so, this Two Day Workshop is for "You"! At-

tend the Career Technical Training Track Workshop on June 27 and June 28 from 8 a.m. to 4 p.m. each day. Location will be the Transition, Goal, Plans, Success (TGPS) Classroom, BLDG 2998 (West End of the Tower Café Building). Please call 850-623-7177 to RSVP.

### Career Opportunity Information Sessions

- Take part in Delta Air Lines' information sessions on June 16 from 9 a.m. to 12 p.m. at NAS Whiting Field 7522 USS Enterprise St., Milton, FL at the Fleet and Family Support Center, Building 3025. To RSVP, please call 850-623-7177.

- Become a Vital Part of Air Evac's Lifesaving Team. AirEvac's information sessions will be held on June 19 from 9a.m. to 2:30 p.m. It will be at the 7511 USS Enterprise Street, Building 3025, Milton, FL. Please call 850-623-7177 to RSVP.

- Flight Safety International's Information sessions will be held on June 28, 2016 from 8:30 a.m. to 2 p.m. at 7511 USS Enterprise Street, Milton, FL at the Fleet and Family Support Center, Building 3025. Please call 850-623-7177 to RSVP.

### SRMC Health Seminar

Join SRMC for Talk with the Doc: Diseases of the Aging Eye FREE Health Seminar. It will be held on Monday, June 27, from 6 p.m. to 7:30 p.m. at the Santa Rosa Medical Center, Education Building, Classroom A and B on 6002 Berryhill Road Milton, Fla. Light Refreshments will be served. For more information or to reserve a seat, call 850-626-5060.



### Moore Retires After 24 Years of Aviation

Lt. Cmdr. Thomas Moore is all smiles as he gets ready to cut his celebratory cake during his retirement ceremony hosted by Training Squadron 2 at NAS Whiting Field. U.S. Navy Photo by Ensign Marissa Tungjunyatham, NAS Whiting Field Public Affairs.

# Whiting Park Ready for Summer

By: Lt. j.g. Benjamin Ziemski, NAS Whiting Field Public Affairs

The warm summer months have arrived, and Whiting Park, operated by Naval Air Station Whiting Field's Morale, Welfare and Recreation team, is ready to help Whiting Field's personnel take full advantage of the long, sunny days.

Located on the bank of the Blackwater River, just north of downtown Milton, Whiting Park offers swimming, beach volleyball, a playground, boat ramp, fishing pier, and picnic areas. The park also offers pavilions that can be rented up to 90 days in advance, at \$30/day for the small pavilions and \$40/day for the large.

One of the biggest draws to Whiting Park is the large number of boats available at affordable prices. Whiting Park offers pontoon boats, jon boats, skiffs, ski boats (and the associated equipment), canoes, paddle boats, paddle boards, and kayaks.

"We have something for everybody," said Seth Helms, the recreation aide for the park. Boat rental prices range from \$5/hr for a jon boat to \$35/hr for the new pontoon boats and the customer is also required to pay fuel costs as well.

On a short cruise on one of the park's pontoon boats, Helms pointed out many interesting natural features of the river. Ospreys, turtles, hawks, bald eagles and sport fish such as largemouth bass and gar all call the river home.

"We get gators, too, but they don't get too big," Helms joked.

Whiting Park makes visiting the beautiful Blackwater River as simple as it can get. Proof of completion of a boater safety course must be provided if renting any craft with more than 12 horsepower, but there are no requirements for human-powered craft, or those with less than 12 horsepower. Rental rates vary based on type of vessel, but are much lower than renting elsewhere.

Regular visitors to Whiting Park can expect some changes. Due to the increased security measures Navy-wide, a valid ID must be presented to use the facilities or rent equipment. Military members, civilian personnel, and contractors at NASWF are all authorized to use the facilities at Whiting Park.

The operating hours of the park have also changed recently. The current hours for the park are: Friday-Monday 7 am to 8 pm, Tuesday and Wednesday 7 am to 4 pm, and closed on Thursday.

For more information, or to make a reservation for a boat or pavilion, call 850-623-2383. To Drive to Whiting Park: Follow Highway 90 East through downtown Milton



Kids play in water near the boat dock at Whiting Park. Whiting Park offers a wide variety of recreational opportunities for NASWF Personnel. U.S. Navy Photo by Lt. j.g. Benjamin Ziemski, NAS Whiting Field Public Affairs

across the Blackwater River. Turn left onto Johnson Rd and then left on Hay Lo Drive, which dead-ends into the park. The drive takes less than five minutes from downtown Milton.

"I have the best job in Milton," Helms said, "There's all kinds of nature out here, and we make it really easy for people to get out on the water."

**NAS Whiting Field  
Photo Contest Kicked Off!  
(Submit photos through;  
Instagram, Twitter, and  
Facebook with the  
hashtag: #whitingfieldpics  
or facebook!)**  
**Winners' photo will be published in the NASWF Whiting Tower and MWR Package!**

**\*\*See Facebook and Instagram for more details!**



## Congratulations to TRAWING 5 Wingers



Top Row: Lt. Col. Cory DeKraai, USMC, CO HT-28; Lt. j.g. Alexander Geis, USN, HT-18; Lt. j.g. Isaac Eickmeier, USN, HT-8; Lt. j.g. Daniel Cozad, USN, HT-18; RDML Kyle Cozad, USN. Middle Row: Cmdr. Brian Sanderson, USN, CO HT-18; Lt. j.g. Shane Hass, USN, HT-28; Lt. j.g. Andrew Robinson, USN, HT-18; Lt. j.g. Richard Schuster Jr., USN, HT-18; Lt. j.g. Ethan Mayne, USN, HT-8. Bottom Row: CDR John McBryde, USN, CO HT-8; Lt. j.g. Garrett Bennett, USN, HT-8; Lt. j.g. Blase Busse, USN, HT-28; Lt. j.g. Christopher Ketay, USN, HT-28; Lt. j.g. Matthew Bernard, USN, HT-28.  
U.S. Navy Photo by Ensign Marissa Tungjunyatham NAS Whiting Field Public Affairs Staff.

### Maritime Exercise

- (Cont. from Page 3)

will involve flexing the command and control structure for various at-sea events and incorporating a submarine rescue exercise. This year will see amphibious operations in the Southern California operating area, feature a harpoon missile shoot from a U.S. Navy littoral combat ship and highlight fleet innovation during the Trident Warrior experimentation series.

The Department of the Navy's Great Green Fleet yearlong initiative will also play a major role in RIMPAC. The initiative highlights global operations using energy conservation measures and alternative fuel blends to demonstrate how optimizing energy use increases resiliency and operational readiness. During RIMPAC, almost all participating units will operate using an approved alternate-fuel blend.

Hosted by U.S. Pacific Fleet, RIMPAC 2016 will be led by U.S. Vice Adm. Nora Tyson, commander of the U.S. 3rd Fleet (C3F), who will serve as the Combined Task Force (CTF) Commander. Royal Canadian Navy Rear Adm. Scott Bishop will serve as deputy commander of the CTF, and Japan Maritime Self Defense Force Rear Adm. Koji Manabe as the vice commander. Other key leaders of the multinational force will include Commodore Malcolm Wise of the Royal Australian Navy, who will command the maritime component; Brig. Gen. Blaise Frawley of the Royal Canadian Air Force, who will command the air component; and the amphibious task force will be led by Royal New Zealand Navy Commodore James Gilmour.

## Sailor Mail Retires, Direct Delivery Takes Over

By: Commander, Submarine Force Atlantic Public Affairs

**NORFOLK (NNS)** -- The Navy is modernizing its method for sending emails to Sailors aboard submarines, effective June 30. The 25-year-old 'Sailor Mail' is migrating to the 'Direct Delivery' system as a necessary improvement, ensuring the Navy has a supported program in the future.

Under the older Sailor Mail system, emails would automatically be modified to include removing attachments with the sender receiving a notification of the modification. This will not happen with Direct Delivery and some attachments may be allowed, depending on mission and ship settings to control attachment size.

"The new system is bringing some improvements, but overall, families will see little change in the basic system for keeping in touch with their loved ones," said Master Chief Information Systems Technician Richard Okrasinski, Commander, Submarine Force Atlantic Force information technician. "Your Sailor's email address will not change, and emails should flow faster between you and your Sailor since we are eliminating a manual intermediate step."

As before, ship connection speed will still be limited by operational and environmental conditions; however, emails will flow directly to the submarine if the vessel is communicating.

"A significant difference from the old system is that instead of your email being moved to and processed on a classified network -- required by the old system -- it will be delivered directly to the boat via the unclassified network," said Okrasinski.

Follow these steps to ensure a smooth transition between services:

- 1) Do not send emails with large attachments. Re-



U.S. Navy Photo File

member words do not use a lot of bandwidth, but forwarding a long email thread can become a large file. Adding background pictures and images in the signatures also takes up space. By sending emails in plain text, you will help the email get on and off the ship sooner and more reliably.

2) If you do not receive a response daily, please be patient. While underway, the ship may have limited connectivity to the unclassified network and may not receive all non-mission essential message traffic. Additionally, as in the past, some operations will prohibit the transmission of unclassified email.

3) Remember, what you write is likely to be read by a human reviewer on board. The reviewer is a trusted member of the crew who has been trained on allowable content.

### NASWF Plank Challenge Coming This July. Are you Ready?



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[www.facebook.com/naswhitingfield](http://www.facebook.com/naswhitingfield)

*Follow us on Twitter*  
 @naswf

*Follow us on Instagram*  
 @naswhitingfield



## Beat the Heat with these Summer Tips

By: **Jamie Link, NAS Whiting Field Public Affairs**

Members of the NAS Whiting Field community have countless outdoor summer activities to choose from but there are inherent risks involved. During the summer, a significant safety aspect are the dangers of overexposure to the heat. Heat cramps, heat exhaustion, and heat stroke are all significant medical conditions that require immediate attention. Learn the signs of each, and seek medical attention if a heat-related condition is suspected.

Heat cramps are the least severe of these conditions. Signs of heat cramps include brief muscle cramps, spasm, and jerking in conjunction with activities in the summer heat. Heat cramps can be treated with rest, cooling the body temperature, and replenishment of fluids.

Heat Exhaustion is a more severe condition. Confusion, dizziness, fatigue, headache, nausea, profuse sweating, and rapid heartbeat are symptoms that suggest heat exhaustion. The victim should be immediately treated by cooling body, fluids, and removal of restrictive or excessive clothing. Medical help should be sought if symptoms are not relieved through these treatments.

Most serious of the heat-related conditions is heat stroke, a life-threatening condition. The predominant symptom of heat stroke is that the victim's skin is extremely hot to the touch, but the skin is dry, indicating that the body's ability

to sweat, and thus cool itself, has ceased. Other symptoms include nausea, flushed skin, confusion, and rapid heartbeat. If heatstroke is suspected, call 911 or seek medical attention immediately. While awaiting medical attention, try to cool victim using cool water, fans, icepacks in the armpit area, and ice bath.

Another heat related consideration is vehicle safety. Far too often, we hear tragic stories of children or pets being left in hot cars, resulting in significant injury or death. The US averages 37 deaths each year of children suffering heat-related conditions from being left in vehicles. Remember, a car's interior temperature can increase over 20 degrees in only 10 minutes, and cracking the window open does very little to keep a car cool. Even on a relatively mild, 80 degree day, a car parked in shade can heat up to life-threatening levels in a matter of minutes.

The best way to safeguard your loved ones from this type of heat-related tragedy is to never leave children unaccompanied in a car. Remember, pets are also highly susceptible to elevated car temperatures, and should also never be left unattended in a car.

Summer is a fantastic time of year here on the Panhandle. Being able to identify, treat, and most importantly, prevent heat-related injuries is a major step in ensuring a safe, fun, and healthy summer.

### Sea Lice Facts

For the Gulf Coast, sea lice are actually microscopic larvae of thimble jellyfish that contain nematocysts (stinging cells).

**Common symptoms:** intensely itchy red rash with small blisters and swelling. Severe reactions include fever, chills, nausea, and vomiting. Extreme allergic reactions require hospitalization in rare cases.

If you suspect you've been exposed to sea lice, exit the water immediately, remove your bathing suit, and shower thoroughly. **Do not** rinse with fresh water while still wearing the suit as this will cause the stinging cells still in the fabric to fire, releasing even more venom. **Do not** wear the same swimsuit again until it's been thoroughly machine washed and dried.

Common home remedies to relieve the itching and burning from sea lice stings include vinegar and meat tenderizer. Hydrocortisone cream and oral antihistamines such as Benadryl may help to relieve the itching.

Sea lice "season" generally runs from April through August (although they may appear at any time of year) and affects most of the coastal United States, the Gulf of Mexico, the Caribbean islands, Mexico, and South America

**HOW LONG DOES IT TAKE FOR A CAR TO GET HOT?**

VEHICLE TEMPERATURE	INSIDE TEMP (F)	
	10 MINS	30 MINS
OUTSIDE TEMP (F)		
70°	89°	104°
75°	94°	109°
80°	99°	114°
85°	104°	119°
90°	109°	124°
95°	114°	129°

**DOGS DIE EVERY SUMMER IN MINUTES YOUR CAR TEMPS ARE DEADLY!**

kxan

## SECURITY CORNER

By: **Stacy McFadden, NAS Whiting Field Security**  
CRIME PREVENTION



For the next few weeks, we'll be covering driving privileges onboard NAS Whiting Field covered in the NASWFINST 5560.5A. This includes section 4. Definition of Terms- paragraph Operation Privilege, paragraph n. Suspension of Operator's Driving Privilege. And section 5. Information – paragraph a. Operator's Driving Privileges, paragraph b. Inspection of Individuals and Automobiles and paragraph c. Traffic Court.

4. Definition of Terms – paragraph i. Operation Privilege. The conditional privilege extended by the Commanding Officer to an individual permitting the operation of motor vehicles within the boundaries of NAS Whiting Field and Navy Outlying Landing Fields. This privilege is subject to suspension or revocation by the Commanding Officer.

Paragraph n. Suspension of Operator's Driving Privilege. The temporary withdrawal, by official action of the issuing authority, of an individual's driving privilege to operate a motor vehicle. When taken by the Commanding Officer, this action will be for a specified period up to a maximum of two years.

### New Security Measures

- (Cont. from Page 5)

This increased security was not solely incorporated at Whiting Field.

Commander, Navy Installations Command (CNIC) conducted a high velocity learning event with US Fleet Forces (USFF); Commander, U.S. Pacific Fleet (PACFLT); and Navy Regions to allow the leadership the opportunity to create a plan to deter gate runners from happening within all of continental U.S.

In order to reduce the numbers of gate runners, measures such as speed bumps and permanent stop signs with the words "Proceed only when directed by sentry" were placed at each entry point at NAS Whiting Field. With the help of the public works department on base, the security department was able to incorporate these measures at each entry control point in a timely and efficient manner.

"There are plans for a west gate redesign to mitigate high speed and make traffic smoother," Pakola said. "We just ask for everyone to be patient and mindful of

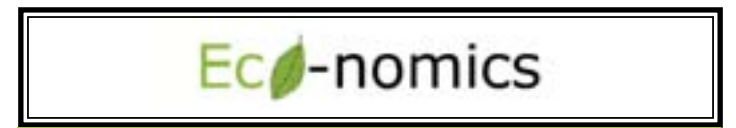
5. Information – a. Operator's Driving Privileges. The operation of a vehicle onboard NAS Whiting Field constitutes a conditional privilege extended by the Commanding Officer.

Note: By accepting permission to enter NAS Whiting Field, a vehicle operator gives implied consent to a blood, urine, or breath test if the operator is suspected to be under the influence of alcohol or drugs (see subparagraph 5d of NASWFINST 5560.5A).

Individuals desiring the privilege will meet the following sustaining conditions:

- (1) Comply with laws and regulations governing motor vehicle operation onboard.
- (2) Comply with the requirement for station registration as directed by reference (b) OPNAVINST 5560.10B.
- (3) Possess, while operating a motor vehicle (including mopeds), and produce on demand of law enforcement personnel, vehicle registration, valid driver's license, proof of liability insurance, military personnel Armed Forces ID Card (DD Form 2), or Common Access Card (DoDCIO/OUSE(P&R)).

other motorists. These measures are implemented for the protection of base population."



### Summer Energy Saving Tip

Don't set your thermostat at a colder setting than normal when you turn on your air conditioner. It will NOT cool faster. It WILL cool to a lower temperature than you need and use more energy.