

Life & Leisure

Beach fest puts 'Magic' in the air



Story and photos by Tech.
Sgt. Aaron Oelrich

15th Wing Public Affairs

About 3,000 people gathered Jan. 16 at Hickam Harbor, Joint Base Pearl Harbor-Hickam, for Beach Fest.

Presented by Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation and Armed Forces Entertainment, Beach Fest brought games and entertainment together and ended with a live concert from the band MAGIC!

"Working with AFE has been outstanding, said Lara Katine, special events and sponsorship coordinator for JBPHH's MWR. "Their expertise and connections have added to what we offer the military members and families of JBPHH and we can't thank them enough."

During Beach Fest, families' participated in games like beanbag toss, ladder ball, water balloon challenge, bubbles, as well as other beach activities. If participants were skilled enough to win one of

the games or lucky enough to win the drawing, they were given the opportunity to meet the band MAGIC! back stage prior to the show.

Army Capt. Travis Kaufman, a member of the 25th Infantry Division from Schofield Barracks, and his family were able to create a little magic of their own by winning a meet and greet with the band before the concert.

"We came out to the beach because I really like the band," said Kaufman. "I saw the drawing [to meet the

band back stage] and entered because I thought it would be cool for my kids to meet them."

Although Kaufman and his family were excited, they were not the only ones looking forward to the concert.

"There are a lot of different shows that we do, but this is a unique opportunity for us, we get to play music for people who are doing a service," said Nasri Tony Atweh, the lead singer for MAGIC!. "We hope everyone enjoyed the show and we would like

to come back."

"The concert was awesome," said Sarah Nelson, a military family member from Fort Shafter. "I thought the band was awesome and we liked that it [the concert] was at the beach."

The next MWR and AFE collaboration will be this Independence Day, when they will host Three Days Grace on JBPHH.

For more information about upcoming concerts and events, go to www.greatlifehawaii.com.



Lady Paniolos sneak past Khaos in season opener

Story and photos by Randy Dela Cruz

Sports Editor, Ho'okele

Only a month removed from winning the Hawaii's Finest Flag Football (HF3) women's division championship, the Lady Paniolos struggled, but got past Khaos, 14-13 to kick off the 2016 spring season on Jan. 16 at Mililani Mauka Community Park.

Military veteran Mike Todd, a current Department of Defense civilian at Joint Intelligence Operation Center, owns and operates HF3, which mixes active-duty military and Department of Defense members with civilian players from around the island.

In the season-opening matchup that pitted the top two teams from last season, the Lady Paniolos had to come from behind in the final minutes of the game to score the game-tying touchdown and game-winning extra point.

"It's a rebuilding season," admitted Lady Paniolos first-year head coach Alonzo Chopp III, a military veteran and former running back for the University of Hawaii Rainbow Warriors. "We only had one practice because our basketball team has been on the mainland for a month and a half. We just started practice this week and we have a lot of players missing. We're missing, like, eight or nine people today."

At first, the missing players didn't appear to be a factor, as the Lady Paniolos broke out on top with a 35-yard kickoff return to the house by Army Spc. Abigail McKoy on the very first play of the game.

The converted extra point staged the Lady Paniolos to a quick 7-0 lead.

After Khaos was forced to punt the ball away on their first possession, the Lady Paniolos threatened to break the game wide open after quarterback Britni Ronolo dropped back from her own 18 and connected downfield with receiver Dana Cardenas, a Marine spouse, to



(Above) Lady Paniolos quarterback Britni Ronolo pitches the ball during an option.

(Right) Lady Paniolos receiver Dana Cardenas goes up to haul in a pass good for 23 yards.



place the ball inside the Khaos red zone at the 19.

However, Khaos stiffened on defense and stopped the Lady Paniolos 14 yards short of the end zone to take over possession.

Then with time running down before halftime, Khaos quarterback C'ani Kealoha connected on three straight passes, the first one to Staff Sgt. April Kelly, that moved the football into Lady Paniolos territory at the 25.

Another completion put the ball on the 18 and then with seconds ticking off until the half, Kealoha came up with a clutch pass on fourth down into the hands of Army Sgt. Shawn Hillman.

Hillman was well covered by two defenders, but somehow managed to get her two hands on the football before securing it away for the catch inside the

end zone to cut the deficit down to one point at the break.

"I just tried to keep my eyes on the ball," Hillman said. "I was hoping it (the ball) would slip through her (defensive back) hands and it did. I just made sure I was right there to catch it."

In the second half, Khaos got the ball first and went on a long drive that not only gave them the lead, but also nearly used up all the minutes of the half.

Starting at their own two, Khaos used a dozen plays before Kealoha went back to her favorite target in Hillman and connected on a 12-yard scoring toss to give Khaos their first lead of the game at 12-7.

After Khaos made good on their point after touchdown, the Lady Paniolos took possession at their own 29.

The Lady Paniolos moved the ball down to the 2 on five

plays, before Ronolo, who had to leave the game for a play due to an ankle injury, returned to plunge the ball into the end zone on a keeper.

Ronolo then sealed the game by converting the extra point on a pass to Desiree Vega, as time expired.

"If we had everybody here, we definitely would have pulled this game out," Hillman said after suffering the one-point defeat. "Last season,

we lost to them by a point in the championship game. So now we're trying to at least stay close and pull out a championship this year."

Chopp said that while it may be harder to repeat after losing so many players from last season, the goal of winning it all is still in the team's sights.

"It's never going to change," Chopp stated. "That's what we're here for."

Radford Rams drop heartbreaker to Waianae

Story and photos by
Randy Dela Cruz

Sports Editor, Ho'okele

The surging Admiral Arthur W. Radford High School Rams boys varsity basketball squad saw their three-game winning streak come to an abrupt end, as the visiting Waianae Seariders staged a fourth-quarter comeback to steal a 56-55 win in an OIA Division I West game on Jan. 16.

Radford, which trailed for most of the game,

caught Waianae at 35-35 on a buzzer-beating trey by guard Sean Musrasrik to close out the third quarter.

The Rams held an eight-point lead at 47-39 with only 4:41 remaining in the game, but eventually wilted under a tough full-court-pressure defense from the Seariders.

The loss put Radford in a three-way tie for fourth in the West with four games remaining in the regular season.

Next week, the Rams will close out the sched-

ule on the road with away games against the state's No. 9 ranked team Leilehua Mules on Jan. 26 and Mililani Trojans on Jan. 28.

"I'm super proud of them," said Rams head coach David Lane, who is in his first year at the helm of the team that is loaded with players of Navy and Air Force parents. "They are really learning how to pull together. I'm proud and not mad at all. It's just that the ball didn't bounce our way."

From tip-off to the final horn, both teams went back and forth, but it was the Seariders who closed out the second and fourth quarters with rallies to gain the upper hand.

A basket-and-one by Rams forward Brandon Campbell gave Radford a slim 18-16 lead in the second quarter, but Waianae, with four points apiece from Douglas Mitchell and Manu Taukolo went on an 8-0 run to pace the Seariders to a 24-21 lead at halftime.

In the third quarter, Radford, behind the sharp shooting from the free-throw line by guard Jeremy Ramos kept the Rams within striking distance just enough to allow Musrasrik to tie the score on his long-distance bomb, as the horn sounded.

With momentum seemingly on their side, the fired-up Rams immediately went ahead for the first time since the second quarter on a basket by forward Cameron Copeland.

Ramos continued

his hot shooting by adding four straight points from the charity stripe to eventually lead Radford to their biggest advantage of the night with eight points at 47-39, but with Waianae adding pressure to the backcourt, things changed in a hurry.

The Seariders climbed right back into the game with two baskets, one off a stolen inbound pass, to make it 47-43 at the 2:46 mark.

Then, 30 seconds later, Mitchell pulled down an offensive rebound off a missed shot by Campbell and went coast-to-coast to tie the score at 47-47.

Mitchell was also fouled on the play and sunk the and-one to put Waianae ahead at 48-47.

Later, two straight free throws by Taukolo all but sealed the game at 52-49 with only 33 seconds left in the game.

For the night, the Rams were led by Ramos, who finished the game with 17 points on two baskets and an impressive 13-for-14 from the free-throw line.

Teammates Campbell and Musrasrik chipped in with eight points apiece.

While the loss was disappointing for Lane, the coach pointed out that the Rams are in a far better place as a team than they were at the beginning of the season.

"We're in a situation where we just got to get better every day," Lane admitted with big games ahead at Leilehua and Mililani. "We can't just sit still. Every day is like a practice. We got to get better, but I think we've turned the corner."



(Left) Radford Rams guard Jamal Hill drives to the basket.

(Above) Radford Rams forward Brandon Campbell takes it strong to the hoop.

Free taxes services available to military members, families

Lisa Ferdinando

Defense Media Activity

With the holidays now over, service members and their families might start looking toward another annual event, albeit one that generally garners far less excitement: filing taxes.

The Defense Department wants service members and their families to know they can get free tax consultations and tax-filing software through Military OneSource, according to Erika Slaton, program analyst for Military OneSource.

"The financial environment in which we live is very complex," Slaton said. "When you combine that with the realities of military life that includes frequent moves and deployments, it can present some special challenges for service members and their families."

The Defense Department, through Military OneSource, has teamed up, as it has in previous years, with H&R Block to offer the free tax services.

The services could save members

and families hundreds of dollars, Slaton said. She encourages all those who are eligible to consider using the services.

"It's extremely important because of those challenges [including] frequent moves and deployments, and because tax laws change every year," she said.

Military OneSource tax consultants are available January through April 15, seven days a week from 7 a.m. to 11 p.m. eastern time at 1-800-342-9647. After April 15, the consultants can be reached Monday through Friday, 8 a.m. to 10 p.m. eastern time.

While Military OneSource tax experts are available only via the phone, Slaton points out that other tax experts are available in person at military installations with a Volunteer Income Tax Assistance, or VITA, location.

The Military OneSource free tax software, which can be found at www.militaryonesource.mil, is available at VITA locations as well.

File electronically
The software is self-paced and walks users through a series of

questions to help them to prepare their return. It allows individuals to electronically file a federal return and up to three state tax returns.

"If at any time during the course of completing their return, the user has any questions about their own tax situation, they can call Military OneSource," Slaton said.

Those eligible for the Military OneSource tax services include National Guard members, and active duty and reserve members of the Army, Air Force, Marines and Navy.

Immediate family members of those eligible and non-remarried

survivors from any era can also use the services. Military members who retired or were discharged honorably are eligible up to 180 days after leaving the service.

Other groups are eligible, Slaton explained. She encourages people to check the website for further information or call Military OneSource to find out about eligibility.

Available Through June

The free tax preparation and filing software is available through the end of June.

The Military OneSource tax software is secure, as the vendor uses industry-recognized security safeguards, she said. The vendor

stands by the filer in the event of an audit or mistake.

Military OneSource, which is a confidential DoD-funded program, offers many other resources, Slaton said, including counseling and services related to family and relationships, finances, health and wellness, education and employment.

"We encourage service members and their families to call Military OneSource and just explore everything that Military OneSource has to offer," she said. "They can call, click and connect with Military OneSource today."

MY FAVORITE PHOTO



Brandon Bosworth, Ho'okele assistant editor, recently took this photo of his cat Ziggy lounging on the sofa. Ziggy is named for the late David Bowie's alter ego Ziggy Stardust.

Do you enjoy taking pictures and have a favorite photo? Would you like to see it featured in Ho'okele? Here is your opportunity. Along with your photo, please send a little bit of information about the photo, such as where it was taken or any interesting details. Also include the name of the photographer and contact information. Please send your photos to editor@hookeleneews.com.

Joint Base Tax Assistance Center to open soon

The Joint Base Pearl Harbor-Hickam (JBPHH) Tax Assistance Center will open Jan. 28 and be available through April.

Volunteer Income Tax Assistance (VITA)-certified tax volunteers can assist with questions military members may have as they file their tax return electronically using this year's self-service program.

Hours will be from 12:30 p.m. to 6:30 p.m. Mondays, 8 a.m. to 2 p.m. Tuesday through Thursday, and 8:30 a.m. to noon on Fridays. The tax center will close promptly at scheduled closing time. Hours are subject to change.

No appointments are available. The center is walk-in only.

The tax assistance center will be located at the Navy College building, first floor, classroom 11, 1260 Pierce St., (building 679).

Those using the center need to bring: their business photo ID (taxpayer and spouse); Social Security cards (taxpayer, spouse, all dependents); all tax forms (W-2s, 1098s, 1099s, receipts, etc.); bank account and routing numbers; and most recent tax return.

For more information, contact the JBPHH Tax Assistance Center at 473-4112 or Region Legal Service Office Hawaii at 473-0443.

NAVSUP helps Navy promote healthy choices through 'Go For Green'

Kathy Adams, NAVSUP Corporate Communications

Naval Supply Systems Command (NAVSUP) is working to educate Sailors on the Go for Green (G4G) program, which helps Sailors know what choices to make in the galley line to stay fit and healthy.

G4G is a food identification system designed to help service members identify healthy food and beverage choices while dining in military galleys. The color codes—green (eat often), Yellow (eat occasionally), and Red (eat rarely), along with a salt shaker graphic to measure sodium content, help service members choose foods and beverages that boost their performance, readiness, and health.

"This program will provide Sailors worldwide with accurate nutrition information that will help them



U.S. Navy photo by MC3 Cody Hendrix

Culinary Specialist 3rd Class Robert Lockerman prepares sandwiches on Jan. 12 for Sailors aboard the aircraft carrier USS Ronald Reagan (CVN 76) while the Reagan was in Yokosuka, Japan.

make healthy choices," said Jen Person-Whippo, NAVSUP dietician who is tasked

with educating the Navy on the G4G's green, yellow, red system.

"Ultimately, G4G will allow Sailors to choose healthy options at each

meal as part of their broader fitness goals," Person-Whippo added.

A NAVSUP G4G pilot education program will take place late January in Norfolk, Virginia, educating the NAVSUP Fleet Logistics Centers (FLCs) Navy Food Management Teams, which will play an important part in educating Culinary Specialists (CSs) who work the galleys both ashore and afloat on the food labeling system. The first step in implementing G4G across the Fleet is training galley personnel.

NAVSUP, in partnership with Combat Feeding Directorate at Natick Labs, and Uniform Services University, prepared eight training modules that will be used across the Navy to train galley personnel on the proper use of G4G when preparing and labeling food items served to Sailors.

NAVSUP's dietician is also collaborating with

other agencies to train Bureau of Medicine dietitians, Morale Welfare and Recreation (MWR) Command fitness leaders, and Navy and Marine Corps Public Health Center Health Promotion directors.

"NAVSUP is driving toward innovative solutions to the Navy Food Service experience by ensuring our customers receive healthy meals with diverse menu options," Cmdr. Bert Hornyak, NAVSUP Navy food service director. "In concert with the Fleet and Commander Navy Installation Command (CNIC), we are leveraging technology, standardized equipment, and a variety of delivery options to revamp and modernize afloat, pier-side, and shore feeding to satisfy customer expectations. We are also maintaining viable experiences and training to nurture and challenge our Culinary Specialists throughout their careers."

'Sounds of Freedom' to participate in Great Aloha Run

Brandon Bosworth

Assistant editor, Ho'okele

The 32nd annual Great Aloha Run will be held President's Day, Feb. 15.

Taking part in the race will be Sounds of Freedom. Sounds of Freedom is made up of active

duty service men and women from all branches of service, running in formation in PT gear, and calling out cadence.

The registration deadline for service members who wish to participate in Sounds of Freedom is Feb. 4.

Recognized as one of

the top "100 Great Road Races" by "Runner's World" magazine, the Great Aloha Run is Hawaii's largest participatory race and has raised more than \$10.9 million for more than 150 non-profit health and human service organizations and community groups

throughout the state.

The 8.15-mile, relatively flat course, starts on Nimitz Highway fronting Aloha Tower in downtown Honolulu, winds its way along the historic harbor, down Nimitz Highway, Kamehameha Highway and on to the Aloha Stadium.

Aid stations are at miles 2, 3, 5, 7 and at the finish. Each aid station has water, a medical staff and portable restrooms.

There are divisions for elites, age groups, wheelchair and hand-cycle competitors, as well as those who just want to walk the course with friends and

socialize along the way in the back of the pack.

For more information on the Sounds of Freedom, email Blair Gradel at blair.gradel1@navy.mil.

The last day to register for the Great Aloha Run is Jan. 31. Racers can register online at www.greataloharun.com.

Upcoming blood drives

Tripler Army Medical Center Blood Donor Center has updated its schedule of upcoming blood drives as part of the Armed Services Blood Donor Program (ASBP). Donors are encouraged to schedule an appointment online, call to make an appointment, and check www.militaryblood.dod.mil for the latest information.

Currently scheduled drives:

- Jan. 25, 9 a.m. to 1 p.m., Tripler Army Medical Center Blood

Donor Center.

- Jan. 26, 8 a.m. to 3:30 p.m., Tripler Army Medical Center Blood Donor Center.

- Jan. 28, 10 a.m. to 1:30 p.m., Naval Submarine Support Command, 822 Clark St., suite 400, Joint Base Pearl Harbor-Hickam.

- Feb. 3, 10 a.m. to 2 p.m., Tropics, Schofield Barracks.

(For more information, contact Michelle Lele-Himalaya, Armed Services Blood Program, Tripler Army Medical Center, at 433-6699 or email Michelle.Lele.civ@mail.mil.)

JANUARY

VEHICLE PROCESSING CENTER

NOW — The Honolulu Vehicle Processing Center is no longer at Sand Island Access Road. It has moved to Pier 1 on Forrest Street, just off Ala Moana Boulevard in the Kaka'ako area of downtown Honolulu. Visit www.pcsmypov.com to book an appointment. FMI: 808-670-3095.

HOSC SCHOLARSHIPS

NOW — Applications are available for Hickam Officers' Spouses Club (HOSC) scholarships for military family members to further their education. Applications are available online and must be received by March 1, 2016. FMI: www.hickamosc.com/scholarships or hosc scholarship@gmail.com.

PRO BOWL TAILGATE VOLUNTEERS

NOW — Volunteers are being sought for the NFL Pro Bowl Tailgating Party on Jan. 31 at Richardson Field across from Aloha Stadium. Department of Defense cardholders can sign up until spaces are filled. Volunteers get a free T-shirt, box lunch and a ticket to the game. Priority will be given to single Navy and Air Force service members (who can sign up now at Beeman Center), followed by all DoD card holders. FMI: 473-2583.

FOOD VOLUNTEER OPPORTUNITY

NOW — The Joint Base Pearl Harbor-Hickam (JBPHH) command volunteer service seeks Navy and Air Force service members to participate in various volunteer opportunities. The Honolulu Community Action Program (HCAP) in partnership with the Hawaii Food Bank will conduct a food distribution in the Kalihi Valley Homes area located at 2250 Kalena Drive in Honolulu. The event is scheduled for Feb. 19 and March 11 from noon to 3:30 p.m. FMI: MAC William Matteson at william.n.matteson@navy.mil. In addition, the Commodity Supplemental Food Program (CSFP) is a new program by the U.S. Department of Agriculture. Volunteers are needed to pack nearly 2,400 food boxes for low income kupuna (elderly). The event is scheduled for Jan. 23 and Feb. 27 from 8 a.m. to 12:30 p.m. at the Hawaii Food Bank warehouse. FMI: CS1 Jenny Bueso at jenny.bueso@navy.mil.

TRAFFIC IMPACTS

NOW — Contractor excavation work at the intersection of Kamehameha Highway and Radford Drive for a sewer line will impact Makalapa Gate traffic. Work requires adjustments to the

lanes exiting through Makalapa Gate off JBPHH. Departing the base, the right lane will continue to be a dedicated right-turn only lane. The center straight lane will continue to cross Kamehameha Highway towards the NEX and be directed into a contraflow lane. Makalapa Gate's left lane will become a left-turn only lane. This work is anticipated to continue for approximately three weeks. To reduce traffic at Makalapa Gate, motorists should consider alternate exits from JBPHH.

FITNESS CHALLENGE

SATURDAY — Fitness Challenge 2016 will be held from 9 to 11 a.m. at the Joint Base Pearl Harbor-Hickam Fitness Center. Participants can sample different genres of classes, including PIYO, kickboxing, Zumba and yoga. This is a free event to all eligible patrons. FMI: 471-2019.

FREE ADVANCE SCREENING

SATURDAY — A free advance screening of the movie "The Finest Hour" will be shown at Hickam Memorial Theater at 4 p.m. Doors will open at 2 p.m. Tickets will be available at the Hickam Food Court. FMI: 422-4425.

SUPPORT YOUR NFL TEAM RUN

27 — Support Your Favorite NFL Team Run will begin at 7 a.m. at the Pearl Harbor Navy Exchange/Defense Commissary Agency parking lot. This free event is a two-mile walk/run for breast cancer awareness. The check-in will be held from 6:15 to 6:45 a.m. Participants need to bring their registration on the day of the event. Registration can be downloaded at www.greatlifhawaii.com. FMI: Naval Health Clinic Hawaii Health Promotions Office at 471-2280.

SHIPYARD RECRUITMENT

27 — Pearl Harbor Naval Shipyard will be recruiting at the Job Quest Job Fair at Blaisdell Center in Honolulu. The shipyard is hiring for more than 500 production, engineering and support positions. FMI: www.facebook.com/PearlHarborNavalShipyard/.

COFFEE OUTREACH SOCIAL

27 — A coffee outreach social will be held from 10 to 11 a.m. at the Makai Recreation Center, Joint Base Pearl Harbor-Hickam. The Joint Base Military and Family Support Center will help participants at the event connect with local military agencies and community members providing tools and resources. FMI: Reagan or Melissa at 474-1999.



ALVIN AND THE CHIPMUNKS: THE ROAD CHIP

Through a series of misunderstandings, Alvin, Simon and Theodore come to believe that Dave is going to propose to his new girlfriend in New York City... and dump them. They have three days to get to him and stop the proposal, saving themselves not only from losing Dave but possibly from gaining a terrible stepbrother.

Movie Showtimes

SHARKEY THEATER

TODAY 1-22

7:00 PM Star Wars: The Force Awakens (3-D) (PG-13)

SATURDAY 1-23

2:30 PM Alvin and the Chipmunks: The Road Chip (PG-13)

4:40 PM Star Wars: The Force Awakens (PG-13)

7:20 PM Daddy's Home (PG-13)

SUNDAY 1-24

2:30 PM Alvin and the Chipmunks: The Road Chip (PG)

4:30 PM Star Wars: The Force Awakens (PG-13)

7:10 PM In the Heart of the Sea (PG-13)

HICKAM MEMORIAL THEATER

TODAY 1-22

6:00 PM Star Wars: The Force Awakens (PG-13)

SATURDAY 1-23

4:00 PM *Studio appreciation advance screening - free admission* (PG-13)

SUNDAY 1-24

2:00 PM Star Wars: The Force Awakens (PG-13)

THURSDAY 1-28

7:00 PM Star Wars: The Force Awakens (PG-13)

