

## PEARL HARBOR REMEMBRANCE TO HIGHLIGHT 'Pathway to Reconciliation'



### National Park Service

Navy Region Hawaii and the National Park Service have scheduled a series of upcoming events to observe the 74th anniversary of Pearl Harbor Remembrance Day with the theme "Pathway to Reconciliation — From Engagement to Peace." Events include:

- The National Park Service and the United States Navy will co-host the 74th commemoration of the attack on Pearl Harbor from 7:45 to 9:15 a.m. Dec. 7 at Kilo Pier, Joint Base Pearl Harbor-Hickam. Historian David Kennedy will give the keynote address. Those with base access and their sponsored guests may enter through Nimitz or Makalapa Gate and may park in general parking areas near Kilo Pier.

The general public is required to park at Aloha Stadium with free ADA shuttle transportation to

Kilo Pier from 6 a.m. to 7:15 a.m. and with return shuttles to Aloha Stadium after the ceremony, from 10 a.m. to noon.

Due to strict security measures, guests are not allowed to bring handbags, purses, camera bags or other items that offer concealment to the ceremony. No bag storage will be available, so please plan accordingly. Small personal cameras, cell phones, wallets and bottled water are allowed.

A photo ID is required for all attendees. For guests not able to attend the ceremony at Kilo Pier, a live stream of the ceremony will be available for viewing in the Pearl Harbor Visitor Center theaters (7 to 9:30 a.m.) and online.

Pearl Harbor survivors or World War II veterans, contact the Joint Base Pearl Harbor-Hickam Public Affairs office for special arrangements or questions regarding the ceremony and access to

Kilo Pier by calling 473-1173 or 473-2880 or via email at cnrh.pao@navy.mil.

- The live stream of the National Pearl Harbor Remembrance Commemoration will be held online from 7 a.m. to 5 p.m. Dec. 7. The live stream includes three live events with 10 hours of educational and historical programming and begins at 7 a.m. (Hawaii Standard Time.)

This will include the live and interactive 74th anniversary commemoration, with park educators and volunteers standing by to answer questions in a live chat, a live broadcast of the USS Oklahoma ceremony, and a special live broadcast from the USS Arizona Memorial as Pearl Harbor survivor Joseph Langdell is interred back in the ship. For a complete live stream schedule, visit the <http://www.pearlharborevents.com/live-stream/> site.

- The 15th Wing will

host a remembrance ceremony at the Atterbury Circle historic flagpole at 7:55 a.m. Dec. 7 to honor the 189 killed and 303 wounded during the attacks at Hickam Field. The ceremony is open to those with base access and their sponsored guests.

- Due to ongoing ceremonies throughout the day, public programs on Dec. 7 to the USS Arizona Memorial will operate on a special schedule. The first public program will begin at 11 a.m. with the last program at 2 p.m. Programs run every 15 minutes and include a 23-minute movie followed by a short boat ride and visit to the memorial.

Tickets to the USS Arizona Memorial programs are free and will be distributed on a first-come, first-served basis only from the visitor center ticket and information counter. No reserved tickets will be available via [recreation.gov](http://recreation.gov). Ticket

distribution begins at 10 a.m. and will continue until tickets are depleted.

- A ceremony from 1:30 to 2:30 p.m. Dec. 7 at the USS Oklahoma Memorial on Ford Island will honor and commemorate the loss of the USS Oklahoma (BB-37) and 429 of its crew. Members of the public who wish to attend the ceremony may catch a

free shuttle departing every 15 minutes from the USS Bowfin Submarine Museum & Park, which is adjacent to the Pearl Harbor Visitor Center.

**Other events leading up to the Dec. 7 ceremonies include:**

- The Army 25th Infantry Division Military

See DEC. 7 page A-7



### Ford Island Bridge closure

**Joint Base Pearl Harbor-Hickam Public Affairs**

7 ceremonies.

All lanes of the Ford Island Bridge will be closed from 9:15 to 10:45 a.m. today for rehearsal operations in support of Dec. 7 ceremonies.

All lanes of the bridge will also be closed from 7 to 10 a.m. Dec. 7 for operations in support of the Dec.

All motorists and pedestrians are reminded to plan accordingly for those two days.

The small craft gate will be closed during bridge opening evolution to minimize collision hazard present when roadway pontoon is in motion. All boat traffic under the causeway will be suspended during these events.

## Fox Sports events planned for JBPHH

### Joint Base Pearl Harbor-Hickam Public Affairs

Fox Sports Pearl Harbor Invitational basketball games will be held Dec. 7 at Bloch Arena, Joint Base Pearl Harbor-Hickam.

Limited free ticket distribution to military and DoD ID card-holders is available at the Fleet Store Information, Tickets and Travel office.

The event will include men's Division 1 NCAA basketball games.

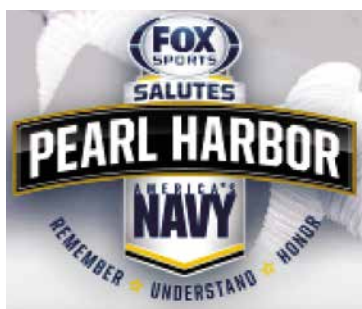
The first game will begin at 2 p.m., featuring Villanova University vs. the University of Oklahoma.

The second game will feature the U.S. Naval Academy vs. the University of Oregon.

Admission gates will open at 12:30 p.m. Food, beverages, souvenirs and programs will be available for purchase at the event.

There will be a limit of four tickets per military and Department of Defense ID card holder, ages 18 and older. Each ticket provides access to both games. Ticket acceptance needs to be made in person. Phone orders will not be taken. Distribution is on a first-come, first-served basis while supplies last. No exchanges will be offered. Because tickets are complimentary, seat location requests will not be taken.

All active duty military in



attendance at the games are required to wear service dress whites, summer whites or the equivalent short-sleeved class B U.S. Marine Corps or class A U.S. Army uniforms.

Besides the basketball games, baseball fans will have an opportunity to see Major League Baseball players live at Joint Base Pearl Harbor-Hickam.

The Fox Sports MLB All-Star Event will begin at 9 a.m. Saturday at Ward Field, JBPHH. The event will be a discussion/meet and greet with an autograph session for youth to follow.

Among the players scheduled to appear are Mitch Harris of the St. Louis Cardinals. Harris attended the United States Naval Academy from 2005 to 2008 and is the first Naval Academy graduate to play in the major leagues since 1921.

Also scheduled to appear is two-time all-star and Hawaii native Shane Victorino. Twice a World Series champion, Vic-



Photo by Keith Allison

Hawaii's own Shane Victorino will be on hand at the Fox Sports MLB All-Star Event taking place Dec. 5 at Ward Field, JBPHH.

torino is from Wailuku, Maui and has played in the majors for 12 years.

Fox MLB's award-winning analyst Harold Reynolds will host the event. Before becoming a broadcaster, Reynolds played 10 seasons in the major leagues and is a two-time all star.

Other players, not announced at press time, will also make appearances.

The event is free and is open to all military-affiliated personnel and their sponsored guests.

No tickets are needed, but seating is limited and is first come, first in. Patrons are

welcome to bring their own beach chair or blanket.

The following parking lots will be secured during the following times in support of the Fox Sports preparations and events that will occur from now through Dec. 7:

- The front and rear parking areas of Bloch Arena including the parking lots near building 1722 and a portion of the parking area between building 1722 and building 1370.

- The parking area on Fifth Street and A Avenue will be closed from now to 8 p.m. Dec. 8.

- The Mike Pier parking lot on North Avenue across from Club Pearl will be closed from 4 p.m. today to 11 p.m. Dec. 7.

- The Delta parking lot located on Paul Hamilton Road will be closed from 4 p.m. today to 10 p.m. Saturday.

- The Battleship Missouri Memorial parking lot, located at F-5 Pier, will be closed from 6 p.m. Saturday to 8 a.m. Sunday, excluding the Federal Fire Department building parking lot for authorized personnel.

- The Ford Island Child Development Center parking lot and a portion of the Ford Island airfield will be closed from 6 p.m. today to 8 p.m. Sunday.

For more information including updates on items authorized for entry, visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com).



10 'sterling' insights in life of Pearl Harbor survivor  
See page A-2



PMRF finds new ways to protect endangered species  
See page A-4



Holiday harmonies to happen at Hale Koa  
See page B-1



Brave Americans made sacrifices to defend freedom  
See page A-3



Live dive scheduled for Dec. 8  
See page A-6



Exchanges to celebrate events with Santa  
See page B-6



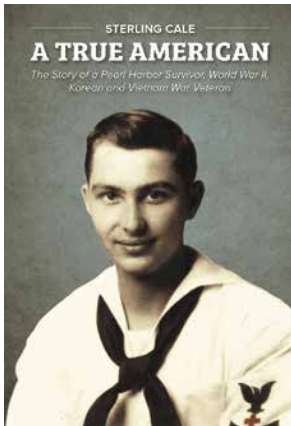
# 10 'sterling' insights in life of Pearl Harbor survivor

Review by Bill Doughty

Another Pacific Historic Parks (2014) booklet focuses on "A True American: The Story of a Pearl Harbor Survivor, World War II, Korean and Vietnam War Veteran." Here are 10 insights in a remarkable life of a member of the "Greatest Generation" narrated by Sterling R. Cale to his son Sterling V. Cale.

**1. Medical:** Cale served as a pharmacist's mate, forerunner to Navy hospital corpsmen. Early in his career, he passed out during a circumcision when the patient, supposedly anesthetized, started screaming. He thought of himself first as a farm boy from Illinois, but he had dreams of one day becoming a surgeon, dreams that were cut short later in life when he injured his thumb.

**2. Dec. 7, 1941:** Cale worked the night shift at the Pearl Harbor naval dispensary, a shift that ended in the morning of Dec. 7. He



said he walked outside to witness Japanese planes attacking Battleship Row. He broke into the armory and helped hand out Springfield rifles to fellow Sailors.

**3. Rescue:** During the attack, Cale rushed toward USS Oklahoma and helped with the rescue of Sailors from the waters of Pearl Harbor. "Some of them were already dead, some burned, some wounded and some were just tired," he remembers.

**4. Recovery:** After the attack, he was assigned—

along with 10 other men—to "ride out to the USS Arizona and start recovering bodies." Cale climbed into a heavy suit and diver's helmet, something out of Jules Verne's "Twenty Thousand Leagues Under the Sea." His description of what he finds beneath the surface is disturbing and haunting.

**5. Risk:** Cale took risks. He was written up for breaking into the armory (even though Pearl Harbor was under attack). And he was court-martialed (but cleared) for keeping a war diary. "I meticulously recorded the precise location of every item and body part" to help with identification. He eventually earned commendation instead of condemnation; luckily, common sense would trump military bureaucracy.

**6. Action:** During World War II, he served with the 1st Marine Division at Guadalcanal, then saw action at Saipan, Tinian, Bougainville and Espiritu Sato, later serving aboard USS

Panang (AG 41), named for "the U.S. gunboat that had been sunk [by Imperial Japan's military] in Chinese waters."

**7. Love:** Sterling Cale met beautiful Victoria Viena Ventula in Honolulu in 1941. They courted, married and started a family. "We managed to live with two children on my \$21 monthly military salary," he said. Cale shares poignant family photos in the booklet.

**8. Korea:** Cale left the Navy for the Army "with no break in military service" and headed to Korea with the 5th Regimental Combat Team, serving with the 24th (later 25th) Infantry Division as a field medic. "The North Koreans booby trapped everything: cans, bodies, vehicles and foxholes ... I remember sleeping with a grenade in each hand because North Korean soldiers would come in to the sleeping areas to slit throats." It's no wonder that Cale was affected. "Later in life, my family could not touch

me when I was asleep or I would jump up, prepared to kill them." He faced and overcame "post traumatic stress disorder."

**9. Vietnam:** Like the war itself, Cale's involvement in Vietnam was complicated. It started in 1955 and continued through the '60s, with assignments that included military advisor, intelligence, logistics, medic and hospital administrator. Cale briefly discusses his work in Da Nang and support missions to the Philippines, Taiwan and Hong Kong.

**10. Legacy:** "A True American" concludes with an epilogue from Sterling Cale that shows his acceptance of the realities of life. "Pearl Harbor haunted me, but I did my best to put the past behind me, focus on the present and be positive about everything. Today, Sterling Cale volunteers at the Pearl Harbor Visitor Center where he can talk about his role in the Pacific War and other wars in the Pacific.

This booklet offers other interesting tidbits about Cale's life: as an orphan, working with the Tom Mix circus, book binding and repair at the public library, musician (trumpet and drums), Eagle Scout, Navy "frogman" training, partying with "gold hair" tobacco heiress Doris Duke aboard her yacht, and serving as NCOIC of the honor guard and burial detail at National Cemetery of the Pacific (Punchbowl).

Thanks, once again, to YNCM (ret.) Jim Taylor, Pearl Harbor survivors Liaison and honorary USS Utah survivor, for recommending this read. See a related Navy Reads post about another PHVC volunteer, Uncle Herb Weatherwax: "From Street Gang to WWII Veteran."

*(Doughty writes and posts to Navy Reads [www.navyreads.blogspot.com](http://www.navyreads.blogspot.com) on weekends. The Navy Reads blog supports the CNO's professional reading program and related books.)*

## USS Jacksonville changes command, Cmdr. Faulk takes helm

Story and photo by MC1 Jason Swink

Submarine Force Pacific Public Affairs

Command of the Los Angeles-class fast attack submarine USS Jacksonville (SSN 699) was passed Nov. 25 as Cmdr. Steven Faulk relieved Cmdr. Matthew Boland as commanding officer during a ceremony at the historic submarine piers at Joint Base Pearl Harbor-Hickam.

Boland said submarining is a team sport and expressed how proud he was of his crew, comparing them to playing on a Major League team like the New York Mets.

"Every member of my team is elite and well trained," said Boland. "We have a challenging schedule with no off season, and you play to win."



Cmdr. Matthew Boland is piped ashore following a successful tour as commanding officer of the Los Angeles-class fast attack submarine USS Jacksonville (SSN 699).

While in command, Boland led Jacksonville through its 16th deployment, completing operations in support of U.S. 7th Fleet and conducting port

calls in Kota Kinabalu, Malaysia; Stirling, Australia; Singapore and Guam.

Boland expressed his thanks to the crew for the last time in

his role as commanding officer.

"Being your captain for the last three years has been an incredible experience," said Boland. "I will be bragging about your accomplishments for years to come."

Capt. Timothy Rexrode, commodore of Submarine Squadron One and the ceremony's guest speaker, praised Boland for overcoming significant challenges.

"The performance, both professional and personal, of the officers and crews assigned under their captain, in rough times as well as good ones, is the ultimate measure of his leadership," said Rexrode.

"Under their captain, Jacksonville's crew served as ambassador in four separate ports, accomplishing numerous community and bilateral military relations, reflecting the highest credit on our nation as an ally

in the Pacific," he said.

During the ceremony, Boland was awarded the Meritorious Service Medal for his performance aboard Jacksonville from August 2013 to November 2015.

As Faulk assumed command, he thanked Boland for turning over a great, classic ship and addressed the crew.

"Thank you for the warm welcome, your aloha spirit and can-do attitude," said Faulk. "You set the standard for these other boats with your deployment accomplishments, and I am lucky to inherit this ship and crew."

Faulk challenged his crew to start preparing for their next deployment now.

"Own your piece, take care of each other and fight hard," said Faulk. "We are going to have a fantastic ride on 'The Bold One.'"



# Diverse VIEWS



How do you plan to avoid putting on holiday pounds?



CTI3 Lisa Pham  
NIOC

"I like to work out every day. It keeps me feeling great and healthy through the year."

Tech. Sgt. Travis Gotch  
8th Intelligence Squadron

"I plan on maintaining my current workout plan and just having fun with the family. We plan on doing some active events."



STG3 Quijan Otis  
USS Port Royal (CG 73)

"I plan to keep PT'ing a lot to burn lots of calories. My ship has been using a program called NoFS for the last few months which has worked great."

Maj. Regina Komine  
154th Logistics Readiness Squadron

"I have absolutely no plan on how to avoid putting on the holiday pounds. I say eat up and worry about it after the new year, unless you have a PT test coming up."



IS2 Christopher Ryan  
NIOC

"I am going to go to the gym on a schedule. Consistently working out keeps your body fit and burns calories."

Tech. Sgt. Kon Lee  
HQ PACAF

"I usually go to the gym six to seven times a week, so I am not too worried about gaining weight."



CTN2 Timothy Taylor II  
NIOC

"I encourage people to work with their command ACFL (assistant command fitness leader) if they are having trouble keeping their weight down. Working with a group encourages accountability for working out and losing weight."

Senior Airman Korina Myers  
535th Airlift Squadron

"I plan on continuing my weekly gym routine of five days a week and eating as healthy as possible over the holidays."



Provided by Lt. Paul Fylstra  
and David D. Underwood Jr.

Want to see your command featured in Diverse Views?  
Got opinions to share?

Drop us a line at [editor@hookelenews.com](mailto:editor@hookelenews.com) or [karen.spangler@navy.mil](mailto:karen.spangler@navy.mil)

To report...

## Fraud, Waste or Abuse

CONTACT COMMANDER, NAVY REGION HAWAII INSPECTOR GENERAL

- WE ARE HERE TO HELP
- YOU CAN REMAIN ANONYMOUS
- REMEMBER TO USE YOUR CHAIN OF COMMAND FIRST

HOTLINE:  
808-471-1949

EMAIL:  
[PRHLHCNRHIG@NAVY.MIL](mailto:PRHLHCNRHIG@NAVY.MIL)



Commentary

## Celebrate holiday season safely

Ashton B. Carter

Secretary of Defense

It is a chance to enjoy a break away from our daily stresses while recharging ourselves to prepare for a new year of challenges and opportunities. Sadly, the holidays are also a time when we see a spike in traffic accidents and off-duty mishaps. As more people take to the road, speeding and not wearing seat



Ashton B. Carter

belts lead to needless deaths.

Please remind your team members about the importance of exercising good judgment and looking out for one another, so that we can ensure the holidays are a safe and happy time for all.

The holidays are also a time for us to honor those serving our country overseas, away from families and friends. It is the sacrifice and hard work of these Soldiers, Sailors,

Airmen, Marines and Department of Defense civilians who give us the opportunity to enjoy the holidays with our loved ones.

As we begin this season, I would like to personally offer my sincere gratitude for the outstanding accomplishments we have achieved and to extend my warmest wishes for a happy holiday season.

Thank you and happy holidays!

Commentary

## Brave Americans made sacrifices to defend freedom

Capt. Stanley Keeve Jr.

Commander, Joint Base Pearl Harbor-Hickam

This coming Dec. 7 is a special day here on Oahu.

On Monday we commemorate 74 years since the attack on America at Pearl Harbor. As a point of reference, most of us still have tangible memories of the 9-11 attacks in New York, Washington, D.C. and Pennsylvania, and can all remember where we were and what we were doing. In fact, many younger members of the armed services today serve because they were inspired to action from their memories of that day.

Our country forever changed that day. Like Sept. 11, 2001, Dec. 7, 1941 is a day no less important in our nation's history, as we were also changed that day. The attack at Pearl Harbor not only surprised our country, but also it subsequently challenged us to stand up for the ideas, principles and values we hold dear.

We had to prove that we truly cared and would fight for the values of free-

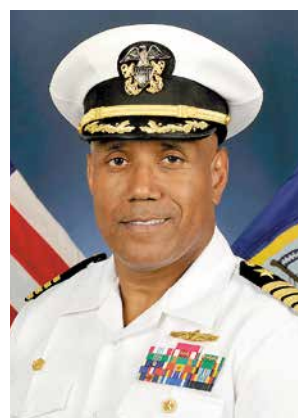
dom and democracy, that we would stand up to aggression, that we would support friends and allies, and that we would strive to help create a better future through the idea of democracy.

The Dec. 7 attack also changed Hawaii as well. Then just an American territory, the Hawaiian islands were dramatically changed. The attack brought martial law restrictions to the Hawaiian islands and placed Oahu at the forefront of the fighting in the Pacific theater.

As a principal staging base for ships, submarines, aircraft and troops, Hawaii played a leading role in preparing the military for battles such as Midway, Coral Sea and others. Ultimately, these events shaped and helped shape Hawaii's transition from territory to our 50th state.

None of this would be possible without the men and women who fought bravely that day on Dec. 7 as well as throughout the remainder of the war.

As we approach this 74th anniversary of the attacks, we are fortunate to have Pearl Harbor sur-



Capt. Stanley Keeve Jr.

vivors still in our ranks. Although their numbers get smaller and smaller each passing year, we should be grateful we have living links to the past that remind us of the sacrifice they endured to ensure the freedom we have today.

I invite each of you to attend this year's Dec. 7 commemoration ceremonies happening throughout Joint Base Pearl Harbor-Hickam. This Monday morning we will have the main ceremony at Kilo Pier featuring the PACOM commander Adm. Harry Harris and historian professor David Kennedy, keynote speaker. We will also have ceremonies throughout the day

to remember the attacks on former Hickam Airfield, USS Utah and USS Oklahoma.

Finally, appreciating and honoring the sacrifice of past WWII heroes and also of today's service members in the U.S. armed forces, the Fox Sports network for the first time will be broadcasting from Joint Base this weekend to promote Dec. 7 remembrance and appreciation. This Sunday, Fox Sports will bring their award-winning broadcast team to the Battleship Missouri Memorial to broadcast their NFL pregame and halftime shows.

On Monday afternoon, they also will be televising two NCAA basketball games at the "Pearl Harbor Classic" in Bloch Arena. Major League baseball players and the World Champion U.S. Women's Soccer Team will also visit Joint Base.

I hope each of you are able to support one of our Dec. 7 commemoration events to honor those brave Americans who 74 years ago sacrificed their lives all here in Hawaii, in defense of the freedom and liberties we have today.

## Gun manned after Dec. 7 attack



Photo courtesy of state of Hawaii Department of Transportation, Airports Division

A hastily constructed gun emplacement in front of hangar 5 is manned by Private 1st Class Raymond Perry and Cpl. Howard Marquardt shortly after the Dec. 7, 1941 Imperial Japanese raid on Hickam Field, as shown in this historical photo.

## HO'OKELE

Managing Editor  
Karen Spangler

Editor  
Don Robbins

Assistant Editor  
Brandon Bosworth

Sports Editor  
Randy Dela Cruz

Sr. Graphic Artist  
Antonio Verceluz

Graphic Artist  
Michelle Poppler

Commander,  
Navy Region Hawaii  
Rear Adm. John V. Fuller

Chief of Staff  
Capt. Mark Manfredi

Commander, Joint Base  
Pearl Harbor-Hickam  
Capt. Stanley Keeve Jr.

Deputy Commander  
Col. Richard Smith

Director, Navy Region  
Hawaii Public Affairs  
Agnes Tauyan

Deputy Director,  
Public Affairs  
Bill Doughty

Director, Joint Base  
Pearl Harbor-Hickam  
Public Affairs  
Grace Hew Len

Ho'okele is a free unofficial paper published every Friday by The Honolulu Star Advertiser 500 Ala Moana Boulevard Suite 7-500 Honolulu Hawaii 96813, a private firm in no way connected with DoD, the U. S. Navy, Air Force or Marine Corps, under exclusive contract with Commander, Navy Region Hawaii. All editorial content is prepared, edited, provided and approved by the staff of the Commander, Navy Region Hawaii Public Affairs Office: 850 Ticonderoga, Suite 110, Pearl Harbor, Hawaii, 96860-4884. Telephone: (808) 473-2888; fax (808) 473-2876; e-mail address: [editor@hookelenews.com](mailto:editor@hookelenews.com) World Wide Web address: <https://www.cnic.navy.mil/Hawaii/> or [www.hookelenews.com](http://www.hookelenews.com). This civilian enterprise newspaper is an authorized publication primarily for members of the Navy, Air Force and Marine Corps military services and their families in Hawaii. Its contents do not necessarily reflect the official views of the U. S. Government, the Department of Defense, the U.S. Navy, Air Force or Marine Corps and do not imply endorsement thereof.

The civilian publisher, The Honolulu Star Advertiser, is responsible for commercial advertising, which may be purchased by calling (808) 521-9111.

The appearance of advertising in this newspaper, including inserts or supplements, does not constitute endorsement of the products and services advertised by the Department of Defense, the U.S. Navy, Air Force or Marine Corps, Commander, Navy Region Hawaii or The Honolulu Star Advertiser. Everything advertised in this paper shall be made available for purchase, use or patronage without regard to race, color, religion, gender, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. A confirmed violation of this policy of equal opportunity by an advertiser will result in the refusal to print advertising from that source. Ho'okele is delivered weekly to Navy & Air Force housing units and Navy and Air Force installations throughout Oahu.



# PMRF finds new ways to protect endangered species

Story and photo by  
MC2 Gabrielle Joyner

Navy Public Affairs Support Element Detachment Hawaii

KAUAI, Hawaii— Located on the lush and quiet island of Kauai is the world's largest instrumented multi-environmental range, Pacific Missile Range Facility Barking Sands (PMRF). PMRF simultaneously supports surface, sub-surface, air and space training and testing operations. But PMRF also has undertaken an additional responsibility: being a good steward of the environment.

Kauai, the oldest of the main Hawaiian Islands, is known for its tropical wilderness and wildlife, but unlike the hustle and bustle of city life that can be found on its close neighbor, Oahu, life on Kauai is slower, more rural, more laid-back. It's a feature that many of its inhabitants value and might argue makes Kauai so unique.

Despite this, Kauai is still continually changing. Human development is increasing on the quiet island and, unfortunately, has been slowly impacting the natural wildlife on this island. For this reason, those who call Kauai home, including those who live and work at PMRF, want to protect the natural environment. PMRF has been recognized by state legislatures, the local community and the Navy for



John Nelson, installation environmental program director at Pacific Missile Range Facility (PMRF) Barking Sands on Kauai, explains a graph used to keep track of night operations during the fledging season of the Newell's shearwater.

its environmental conservation efforts.

This year, the military installation has been kicking it up a notch, especially when it comes to the Newell's shearwaters, an endangered seabird.

"Kauai is changing all the time," said Tom Savre, PMRF environmental specialist with Naval Facilities Engineering Command Hawaii.

"There are more people and more development, and over time it has brought some challenges in trying to protect the native wildlife," he said.

On Kauai alone, one can find three different species of shearwaters, but the Newell's shear-

water's population, specifically has fared the worst in recent years. Nesting in the most remote mountains and ridges of Kauai, Newell's shearwaters are pelagic sea birds, meaning they spend most of their lives at sea, only flying over land in total darkness.

Unfortunately, there is not enough known about these mysterious birds to understand for sure why this is, but, according to Savre, it could be to avoid predators or it could be to

maximize their time at sea. But what is known is the adults come in after dark and they leave in the morning before light, and similarly the young fledglings will fly out to sea for the first time ever in total darkness.

Armed with

only their inborn navigational skills, the young shearwaters use the stars and moon to find their way to the sea.

"Unfortunately, human development, with all of our artificial lighting, has caused these young fledgling birds to be confused when they are trying to fly to the ocean for the first time ever," said Savre.

"All they have is a mental map of the stars and these lights confuse things, and that's the origin for the shearwater fallout problem in Kauai."

"Fallout," Savre described, happens when the birds get confused from non-natural light and either fly into standing obstacles, like power lines or, in their confusion, fly into the ground.

The shearwater fallout phenomenon has been a concern in Kauai for years, which has motivated PMRF to jumpstart several different programs to mitigate negative impacts on the Newell's shearwater population.

"So here at PMRF we have implemented numerous conservation measures to reduce the likelihood of impacting shearwaters flying over or near our base," said John Nelson, installation environmental program director at PMRF.

(Below) The Navy's Pacific Missile Range Facility provides protected habitat for a colony of wedge-tailed shearwaters.

Photo by John Burger



**WHO'OKELE Online** PEARL HARBOR - HICKAM NEWS <http://www.hookelenews.com/> or visit <https://www.cnmc.navy.mil/Hawaii>





# Pearl Harbor-Hickam *Highlights*

Pearl Harbor Naval Shipyard is hosting USS Halsey (DDG 97) for its first dry dock availability. During the availability, Halsey will undergo preservation and life cycle repairs.

U.S. Navy photo by Danielle Jones



A member of the Naval Facilities Engineering Command (NAVFAC) environmental program at Pacific Missile Range (PMRF) Facility, Barking Sands on Kauai, starts up the ornithology radar used to keep track of flight patterns of the Newell's shearwater. (Related story about how the Navy is protecting endangered species is on page A-4.)

U.S. Navy photo by MC2 Gabrielle Joyner

(Right) Navy Chaplain Lt. Matthew Riley from the USS Port Royal (CG 73) led a command tour of Port Royal Sailors to the USS Arizona Memorial. The objective of the tour was to honor the Sailors lost on the Arizona, provide information about a significant Navy historical event, and prepare the Port Royal Sailors for their deployment in 2016.

Photo by April Riley



Sailors aboard the guided-missile destroyer USS Chung-Hoon (DDG 93) man operator consoles in Chung-Hoon's sonar control center.

U.S. Navy photo by MC3 Jonathan Jiang

(Below) Capt. Stanley Keeve Jr., commander, Joint Base Pearl Harbor-Hickam, provides opening remarks at the annual Thanksgiving Day meal Nov. 26 at the Hale Aina Dining Facility at Joint Base. The meal at the dining facility is an annual event where JBPPH leaders serve junior-enlisted members of the military on Thanksgiving Day.

U.S. Air Force photo by Capt. Nicole White





# USS Chung-Hoon participates in sustainment exercise

Ensign Amber Lowman

USS Chung-Hoon  
(DDG 93) Public Affairs

In order to maintain readiness for deployed operations, USS Chung-Hoon (DDG 93) transitioned to the southern California operating area to participate in a 10-day sustainment exercise with the other ships of the John C. Stennis Strike Group.

During the exercise, Chung-Hoon participated in multiple tactical evolutions including multi-ship anti surface, anti-submarine and air defense exercises. The sustainment exercise provided one last opportunity for the John C. Stennis Strike Group to hone critical interoperability skills before deployment to the western Pacific.

Chung-Hoon participated in a live undersea warfare event which was another chance for Chung-Hoon, the 2013 Pacific Fleet Bloodhound award winner, to prove



U.S. Navy photo by MC3 Jonathan Jiang

The guided-missile destroyer USS Chung-Hoon (DDG 93) fires an SM-2 missile Nov. 10 during a live-fire exercise.

it had not lost its edge in anti-submarine warfare.

The Bloodhound Award is the award presented to one Atlantic Fleet and one Pacific

Fleet ship each year for exceptional performance in the areas of anti-submarine warfare (ASW) proficiency, preparedness and training.

Chung-Hoon looks forward to retaking this prestigious award sometime in the near future.

Chung-Hoon also conducted a live fire air

defense exercise using missile engagement, close in weapon system and gun engagements.

"Tensions were high but I performed as I

had been trained, confidently knowing the coordination would pay off," said Fire Controlman 2nd Class Garrett Sloan, the fire controlman who shot the missile. The missile engaged the target and displayed Chung-Hoon's advanced war fighting capabilities.

"This missile shoot represented the culmination of 12 months on intensive unit level and strike group level training," said Lt. Christopher Danley, operations officer on Chung-Hoon.

"We can now confidently say that both our tactical watch standers and our Aegis combat systems stand ready to defend U.S. interests anywhere in the world," he said

As Chung-Hoon prepares to deploy to the western Pacific in the following months, the crew is confident it is prepared to face whatever lies ahead. The sustainment exercise enhanced the readiness of Carrier Strike Group 3.

# Smoking poses major risks to women's reproductive health

Military Health System and Defense Health Agency

The risks to human health from smoking are well documented: damage to the lungs and heart, increased chances of stroke and various cancers throughout the body. Women face additional, unique health risks.

Dr. Angeline Lazarus, staff pulmonologist at Walter Reed National Military Medical Center, said the most obvious risk to women is in reproduction.

"People who smoke may have fertility issues because smoking can affect their ability to conceive," she said, adding that smoking also affects their babies if they are able to get pregnant. "It can cause premature birth or low birth



U.S. Navy photo

Women who smoke may have fertility issues because smoking can affect their ability to conceive.

weights, certain birth defects, such as cleft palates and complications with the placenta that passes nutrients from mother to child."

Lazarus, a retired Navy doctor now working as a civilian, said there are more women in the military than when she entered 40 years

ago. As with men in the military, women's smoking rates are higher than their civilian counterparts.

Lazarus said that could be due to the peer pressure women in the military get from the overall higher smoking instances for all military members. She said

the key is education and the earlier the better.

"Education [is important] right from the time they get into the military," she said.

But too often, when women give up smoking for a pregnancy, they unfortunately take it up again after the baby is born.

"Then they are exposing the baby to secondhand smoke, and that has a long-term effect on the child."

There are resources available to help women and men to stop smoking. The military's ucanquit2.org website provides a variety of stop smoking tools, including information about local tobacco cessation programs and even a 24/7 live support chat option. Lazarus also pointed out that women need to be aware of challenges their own bodies might pose in trying to quit smoking.

"The timing of starting a smoking cessation program is important," said Lazarus, recommending women start after their latest period. "It's very difficult during the menstrual cycle or pre-menstrual cycle because of hormonal challenges."

Lazarus added that women need to be aware that quitting smoking could prompt them to eat more and gain weight, which can serve as a major disincentive for quitting smoking. Diets need to be adjusted accordingly.

She noted women can be more receptive to counseling and support, perhaps because of the impact of smoking on reproduction for women.

Once anyone quits smoking, there are improvements

in his or her health. Lazarus said those who quit smoking can see improvements in lung function within six months, as well as reducing risks of cardio-vascular disease over a longer period of time. She said it's just a matter of starting and sticking with it.

"The earlier women quit smoking, the better it is for them in the long run," said Lazarus. "We just need to educate them early of the dangers."

*(Editors note: Beginning Jan. 1, 2016, it will be against the law in the state of Hawaii for anyone under 21 to buy or use tobacco products, including electronic nicotine delivery devices.)*

*(For more information, visit [www.health.mil](http://www.health.mil).)*

# Live dive scheduled for Dec. 8

On Dec 8, World War II Valor in the Pacific National Monument's Park Education team will partner with the National Park Service Submerged Resources Center to bring the public a live dive presentation.

Scott Pawlowski, chief of cultural resources for World War II Valor in the

Pacific National Monument, will be underwater on the USS Arizona.

Participants will answer questions live from the theater audience and Facebook. New shipboard locations previously not shown will also be featured.

The goal is to help the public experience the wreck as it is today, illus-

trate life aboard the vessel in battle and peace, as well as understand the world-class science behind managing this hallowed ground for future generations.

The theater will open at 3:45 p.m. Hawaii Standard Time. The dive will start at 4 p.m.

Visitors can watch the live broadcast in the visitor

center theater (150 walk-in seats), or online via Adobe Connect. There will be free parking at the Pearl Harbor Visitors Center located at 1 Arizona Memorial Place.

For more information and to register with Adobe Connect visit <http://www.nps.gov/valr/learn/education/learning/live-dive.htm>.



Video stills courtesy of National Park Service

# Meritorious Advancement Program termed success for PACFLT Sailors

**MC2 Tamara Vaughn**

*U.S. Pacific Fleet Public Affairs*

U.S. Pacific Fleet (PACFLT) played a major role in the implementation of the Meritorious Advancement Program (MAP), helping to catapult the number of on-the-spot advancement quotas used Navy-wide to 99.5 percent in fiscal year 2015.

According to PACFLT Master Chief Career Counselor Tyrone Jiles, in fiscal years 2013 and 2014, only 41 and 47 percent of quotas were reported, respectively, to PERS-8.

"Now that we shifted gears to fiscal year 2016, we have a better process," Jiles said. "We have more accountability with the MAP certification letter and more accuracy and timeliness of submissions, all critical for proper execution of this program and key to why we were able to get 99.5 percent

quota utilization."

During a speech in May at the Naval Academy, Secretary of the Navy (SECNAV) Ray Mabus committed to radically boosting the number of spot advancement opportunities and revamping the out-of-date Command Advancement Program (CAP).

"One of SECNAV's discussion topics talked about replacing CAP with MAP, which would allow commanding officers (CO) to petition for more of these advancements quotas," Jiles said. "Sailors are chosen for MAP by their chain of command, in which the commanding officer has final approval. Like CAP, MAP is a tool to recognize top talent in an effort to retain our best and brightest Sailors," he said.

The process change should place commands in a better position to recognize their best Sailors. The MAP program is designed to give com-

manders a greater ability to promote their highest performing Sailors, to allow command leadership another avenue for promotion of high-performing Sailors, instead of solely relying on traditional advancement testing.

Commands may also have more opportunities to advance new petty officers or add chevrons to existing petty officers because COs can now request more quotas via MAP. Through the redistribution of unused quotas, 111 additional PACFLT Sailors were advanced during the fiscal year 2015 MAP redistribution season.

"MAP provides our command the opportunity to advance our top Sailors," said USS O'Kane (DDG 77) Command Master Chief Charles Thomas.

"Each department will submit an eligible candidate. The chief petty officer's mess will have a MAP board similar to a Sailor of the quarter or

Sailor of the year board, and send the commanding officer recommendations of the best candidates," Thomas said.

Jiles said his experience meeting PACFLT's newly promoted MAP Sailors, who are praising the effectiveness of the program, has been inspiring.

"MAP has made a positive impact on the PACFLT area of operations," Jiles said. "I traveled throughout PACFLT during the MAP season and met with Sailors that were advanced through the program, and let me tell you that they were all smiling ear to ear. Pacific Fleet advanced roughly 900 Sailors through the MAP program and big Navy's numbers overall were 2,277 advanced."

Personnel Specialist 3rd Class Jennifer Dico-tanzo, who was advanced through the MAP program aboard USS Theodore Roosevelt (CVN 71), is just one of the many

Sailors Jiles referred to.

"I felt vindicated. My chain of command truly believed in me and because of that I was chosen," Dico-tanzo said. "I was honored, humbled and elated."

Command quotas are based on size. A command with 100 or fewer enlisted billets can spot advance two Sailors, one to E-5 and one to E-6. Those with more than 100, but fewer than 1,000, get two E-5 quotas and one for E-6.

Commands between 1,000 and 2,000 get four E-5s and two E-6s. The biggest sea duty commands, such as aircraft carriers, can spot-advance six E-5s and two E-6s. There are no quotas for E-4, so a command can use E-5 or E-6 billets to advance members to E-4.

"Since we are rebalancing more of the fleet to the Pacific, you will see that there will be more advancement opportunities for Sailors through

this program," Jiles said.

"It is simple math. As we shift our focus to increasing the Navy's presence in the Pacific, our number of quotas will increase for candidates whose commands feel they are ready for the next paygrade."

Additionally, the MAP program will expand its promotion quota numbers to some shore-based commands, with further guidance coming out next fiscal year.

"We will look at all the ratings on shore duty that have the opportunity to [utilize] MAP," Jiles said.

"We understand that we have some outstanding Sailors doing some great things on shore duty, and [they] should have the same opportunities as Sailors on sea-duty platforms with the MAP. And that is one of the reasons SECNAV wanted to expand this program to shore commands as well," Jiles said.

## Dec. 7 events to include educational programs

*Continued from page A-1*

Band will perform from 8:45 to 10 a.m. today at the Pearl Harbor Visitor Center lanai.

• An Afternoon in the Park event will be held from 4 to 5 p.m. today in the Pearl Harbor Visitor Center Theater. Guests can join Scott Pawlowski, chief of cultural resources, for an inside look into the new underwater world of 3-D scanning and photography of the sunken remains of the USS Arizona. The event

will discuss a number of key cultural program highlights that occurred in 2015.

• An After Dark in the Park event featuring an evening with Professor David Kennedy will be held from 6:30 to 7 p.m. today at the Pearl Harbor Visitor Center Theater. The event will include a book signing for the Pulitzer Prize-winning book, "Freedom from Fear" from 7:15 to 8:45 p.m.

• The Pacific Fleet Band will perform from 8:45 to 10 a.m. Saturday

at Pearl Harbor Visitor Center lanai.

• From 8 a.m. to 4 p.m. Saturday and 8 a.m. to 2 p.m. Sunday at the Pearl Harbor Visitor Center education building classroom, the local chapter of International Plastic Modelers Society will have a free public display of ships, planes and vehicles related to those used during the attack on Oahu and Pearl Harbor.

• An Ewa Mooring Mast Field Commemoration will begin at 10 a.m.

Sunday at Ewa Field, across from the Hawaiian Railway Museum, West Oahu. Members of the local community and veterans will participate in the annual observance of the attack on Ewa Mooring Mast Field, which was defended by the U.S. Marines.

The ceremony honors those who were killed that day, both Marines and civilians.

For complete information, visit <http://www.pearlharborevents.com>.

# GOT SPORTS

**(808) 473-2888**

**[editor@hookelenews.com](mailto:editor@hookelenews.com)**

**Contact the Ho'okele editor for guidelines and story/photo submission requirements.**