

# Life & Leisure

## Blue Angels

to fly high over  
Marine Corps Base Hawaii

Story by Brandon Bosworth

Assistant Editor, Ho'okele

The U.S. Navy flight team the Blue Angels will be the featured performers at the Kaneohe Bay Air Show on Oct. 17 and 18 at Marine Corps Base Hawaii.

The Blue Angels will use the F/A-18 Hornet aircraft to exhibit the choreographed refinement of skills possessed by all naval aviators. There will also be demonstrations by the Blue Angels C-130 Hercules support aircraft, known affectionately as "Fat Albert", a reference to the 1970s popular cartoon character. The Marine Air-Ground Task Force (MAGTF) will demonstrate a combined offensive, including simulated explosions and a wall of fire.

The Blue Angels Flight Demonstration Squadron is among the most popular aviation acts in the world, entertaining approximately 11 million people last air show season.

The air show will also offer static displays of vintage and modern aircraft, food booths and a carnival midway, featuring rides, games and more for the kids.

"We hope families, young and old, stop by to see the incredible aerial demonstrations, check out the static aircraft, and learn about Navy and Marine Corps missions," said Col. Eric Schaefer, Marine Corps Base Hawaii commanding officer.

Marine Corps Base Hawaii's last air show was in 2012, drawing nearly 110,000 people during the two-day event.

The event is open to the public and general admission is free. Premium seating is available for purchase now at military ticket outlets, including all Information, Tickets & Travel offices at Joint Base Pearl Harbor-Hickam.

Those purchasing premium seating tickets in advance can receive discounts over prices on the day of the event. Five categories are offered: grandstand, box seats, flight deck, devil dog and top brass. Prices begin at \$15 for grandstand (which offer elevated views) and go up to \$85 for top brass (which includes shaded areas, food and beverages and souvenirs).

Volunteers are also needed for the air show to assist with food service, marketing, ticketing and as ushers. Volunteers will receive an air show volunteer T-shirt and certificate of appreciation.

The gates are tentatively set to open to the public at 9 a.m. on both days. Security restrictions will be in place.

"I'm so excited to be a part of this," said Schaefer. "This event is important to us because it's a great opportunity to say thank you to our neighbors across Oahu, while showcasing the pride and professionalism of Hawaii Marines and Sailors."

(For more information about the 2015 Kaneohe Bay Air Show, visit [www.kaneohebayairshow.com](http://www.kaneohebayairshow.com).)

At right, The Blue Angels on the airfield next to the vendor booths. Below, a wall of fire simulated explosion lights up the background of the planes.

U.S. Navy photo & additional photos courtesy MCSS Hawaii

Below, The Blue Angels perform maneuvers over Kaneohe Bay.



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— Col. Eric Schaefer, Marine Corps Base Hawaii commanding officer



# Three turnovers allow Asheville to upend Chung-Hoon



Asheville receiver Electronic Technician 2nd Class Abel Pajas goes above the crowd to haul in a pass. Pajas caught two passes for touchdowns.

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

Culinary Specialist Seaman Recruit Knya Davis' second of two picks led to the game-winning touchdown as USS Asheville (SSN 758) came back to defeat USS Chung-Hoon (DDG 93), 18-12, on Sept. 26 in an Afloat Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

The interception by Davis placed Asheville deep in Chung-Hoon territory late in the game with the score all tied at 12-12.

Six plays later, Asheville quarterback Electrician's Mate 2nd Class Michael Fajardo threw for the game-winning touchdown as the clock wound down.

"That was monumental," said Fajardo about the steal by Davis. "It was the key play of the game. We were gaining some momentum, so we just needed that chance to get the ball into the end zone. Davis, luckily, stepped up."

With the win, Asheville has won their first two games of the season, while Chung-Hoon now holds a record of 1-1.

The game-winning drive was a fitting way to end the game, which seesawed back and forth

from the opening whistle.

Asheville threatened first when a pick by Electronic Technician 2nd Class Abel Pajas on the very first play of the game handed the ball to Fajardo at their own 37.

Fajardo brought his team all the way down to the Chung-Hoon four but had to turn the ball over on downs.

Chung-Hoon QB Sonar Technician Surface 2nd Class Colin Darnathan got his second chance at moving the team and quickly found his groove.

Darnathan completed five passes on a 10-play drive that covered 76 yards and a touchdown, with the signal caller scrambling to his right for the final 12 yards and a 6-0 lead.

Then it was Asheville's turn to answer, and this time Fajardo made sure that the team took it all the way.

After moving the ball from his own 15 to the Chung-Hoon 30 on seven plays, Fajardo went long and found Pajas in the end zone for six to tie the game up.

However, just before halftime, Darnathan, still feeling it from the team's last drive, directed an eight-play, 65-yard drive that was punctuated by a 10-yard toss to Operations Specialist 2nd Class Alvin Williams for six points and a 12-6 lead going into the break.

Early in the second half, Fajardo hit Pajas with his second touchdown pass of the game to tie the score at 12-12, but after that, things turned into a muddy grind in the second half as rain not only made a mess of the field but also made it difficult for both teams to advance the football.

The scene was the perfect setup for Davis, whose second interception of the game gave Asheville one final chance to break the tie.

"I was just looking to do my thing, so I could help my team to win," Davis said about his crucial swipe. "We needed that stop bad, so I stepped up and made a good play."

The outcome was decided for good when Fajardo completed his third and final touchdown pass of the day.

"We depend on each other and we work hard," said Fajardo about what it took to win their second game of the season. "We don't give up until the final whistle. We knew we are always in the game. Our teammates are going to make plays for us to put us in the right position."

While the season is still very fresh, Fajardo said he is feeling pretty positive that Asheville has what it takes to extend their season to the very last game.

"Playoffs (and) championship, as long as we keep working," he said.

## October is Domestic Abuse Awareness Month

Joint Base Pearl Harbor-Hickam Military and Family Support Center

October is Domestic Abuse Awareness Month. It is an opportunity to inform our community about prevention efforts as well as inform victims help is available. It can sometimes be difficult to determine if a relationship is unhealthy or if it is abusive.

Domestic violence is not about anger, stress, or alcohol. It's when one person controls, dominates and or coerces their partner. It has

### Upcoming relationship workshops

- Mastering the Art of Relationship Skills, 10 a.m. to noon, Oct. 6, 13 and 20, MFSC Moanalua.
- Effective Couple's Communication, 10 to 11 a.m., Oct. 8, MFSC Wahiawa location.
- Unplug Your Marriage, 5 to 7 p.m., Oct. 22, MFSC Moanalua.

devastating effects on victims, families and military readiness. Those affected by abuse live in fear and isolation, children are traumatized by the unstable environment, and it impacts workload and mission requirements

How can someone get

help or help someone in an abusive relationship? The family advocacy program at the Joint Base Pearl Harbor-Hickam Military and Family Support Center (MFSC) is available to provide prevention, intervention, safety planning, resources and treatment to

help families recover and heal from abuse.

Family advocacy program victim advocates are available to assist victims of domestic abuse with safety planning, reporting options and resources 24/7 at 590-7719.

Communication workshops and confidential counseling services for individuals and couples are available.

Upcoming communication workshops are available in October.

(For more information on classes or to schedule an appointment, call 474-1999.)

## Silver Dolphin Bistro to celebrate Hispanic Heritage Month

Hispanic Heritage Month will be observed through Oct. 15. To celebrate, Silver Dolphin Bistro Galley will offer a special meal from 11 a.m. to 12:30 p.m. on Oct. 7.

### Items on the menu will include:

- picadillo
- pollo asado
- pork carnitas
- arroz amarillo
- Cuban black beans
- tostones
- corn and flour tortillas
- flan
- tres leches cake

The price for the special meal is \$5.55. Military personnel, their immediate families, retirees and Department of Defense personnel are welcome. For more information call, 473-2519.

# Lady Paniolos topple defending champs Wahine Koa

Story and photo by  
Randy Dela Cruz

Sports Editor, Ho'okele

After sitting out last season, the Lady Paniolos have returned to Hawaii's Finest Flag Football (HF3) with a vengeance by following last week's season-opening win with a 14-7 victory over the league's defending champs Wahine Koa, 14-7, on Sept. 26 at Waikale Community Park.

After coming up short on their first drive of the game, the Lady Paniolos converted on back-to-back drives before holding off Wahine Koa for the victory.

The HF3 is the only flag football league on Oahu that accommodates both men's and women's teams.

The league is also well known for its vision of creating a sports organization that intermingles military family members with the islander community.

"Koa played good defense," said Lady Paniolos head coach Shandale Graham. "Can't take nothing away from them, but our offense, once we get clicking, it's hard to stop us."

On their first possession, the Lady Paniolos appeared to get a huge break when the team broke camp deep in Wahine Koa territory at the 11-yard line.

Instead of taking advantage of the good field position, Lady P's quarterback Kate Robinson misfired on three passes and was sacked for a 12-yard loss before being forced to hand the ball over to the Wahine Koa.

After running the ball for no gain, Koa quarterback Aubrey Kiemnec, a Department of Defense civilian, connected on a long throw to Sabrina Gonzalez, a military spouse, that gave the Wahine first and 10 on the Lady Paniolos 27-yard line.

Later, on fourth down and goal-to-goal on the three, Kiemnec hit Gonzalez again with a clutch pass to put the first points on the board.

The point after touch-



Lady Paniolos slotback Army Spc. Abigail McCoy makes a catch in front of Wahine Koa defensive back Keala Kuupu-Chambers. McCoy also caught a pass for atouchdown to help the Lady Ps beat Wahine Koa.

down (PAT) was good to give Wahine Koa an early 7-0 lead.

With time running out in the first half, the Lady Paniolos got a chance to

redeem themselves, and they took full advantage of the opportunity.

Starting at their own 25, Robinson came up big by connecting on two fourth-

down passes to keep the chains moving.

The first one went to former Moanalua High School standout Britni Ronolo, whose catch made it first

and goal from the nine.

The Wahine Koa defense stiffened, but on fourth down, Robinson found Army Spc. Abigail McCoy down the middle of the field

and into the end zone for six.

The Lady Ps went for the two-point conversion and got it to go into halftime holding a razor-thin 8-7 lead.

After intermission, the Wahine Koa was forced to hand over the football after just four downs to set up the Lady Paniolos at their own 24.

From there, Robinson made quick work of the Koa defense by needing only five plays to hit pay dirt.

On the drive, Robinson hit Ronolo at the Koa 18, McCoy on the seven before going into the end zone for Ronolo for another six and 14-7 lead that stood up until the end.

While Graham was pleased with the team's performance, he admitted that the ladies still have a long way to go after sitting out last season.

"It's going good," he stated. "We're still trying to implement the new players that we got, so it's a learning curve. We lost some players to PCS and people moving off island, but it's an adjustment."

Over on the other sideline, Koa head coach Marine Staff Sgt. Marques Nelson said that although his team came out on the short end this time around, he will use the memory of the defeat to get the ladies ready for the next time the two teams meet.

"I think we need to actually learn from this game, especially when you have championship aspirations," Nelson said. "We have a target on our backs, so every team wants to beat us. The main thing is we can't come out with the same intensity as the other team. We need to come out with more intensity, and we can't make mental mistakes."

While it's been a couple of seasons since the Lady Paniolos won the league's title, Graham said that he isn't expecting anything but another run to the trophy.

"It's championship or bust," he said. "It all starts with practice."

# Na Koa Kai has too much firepower for CNRH/MIDPAC

Story and photo by  
Randy Dela Cruz

Sports Editor, Ho'okele

Commander, Navy Region Hawaii/ Middle Pacific (CNRH/MIDPAC) tallied one touchdown in the second half, but the problem with the team's lone score was that Naval Health Clinic Hawaii Dental Na Koa Kai sandwiched the TD with two touchdowns on each side to crush CNRH/MIDPAC, 25-7, on Sept. 29, in a Red Division intramural flag football game at Ward Field, Joint Base Pearl Harbor-Hickam.

For the second game in a row, Na Koa Kai quarterback Hospitalman Jarvis Tavares-Somildam threw for three touchdowns and ran in for another to lead the team's potent attack which, over two games, has outscored their opponents by a margin of 45-7.

The fast start has produced back-to-back wins to open the season, while CNRH/MIDPAC has fallen to 1-1.

"It's actually from last week," said Tavares-Somildam about the team's dominating performance against CNRH/MIDPAC. "We saw what we didn't do and just made some little tweaks in our play. We were missing one of our defensive captains, so people just stepped up."

Against CNRH/MIDPAC, Na Koa Kai opened up in a prevent defense, which seemed to bother their opponent right from the start.

Although CNRH/MIDPAC drove all the way down to the Na Koa Kai 28-yard line on their first time behind the ball, the team stalled and



Hospitalman Jarvis Tavares-Somildam tries to knock away the ball from intended receiver Electrician's Mate 1st Class John Manning. Tavares-Somildam had a big night for Naval Health Clinic Hawaii Dental Na Koa Kai by throwing for three touchdowns, rushing for another, while picking off a pass on defense.

was forced to hand the ball over to Na Koa Kai. Wasting little time, Tavares-Somildam picked up 13 yards on first down to break enemy territory at the 39.

Three plays later, with first and goal from the 19, Tavares-Somildam rifled a shot down the middle of the field and into the arms of Hospitalman Dedrich Cantu

for a touchdown and 6-0 lead. After forcing CNRH/MIDPAC to punt the ball away, Na Koa Kai was back in business with the ball in the hands of the dangerous Tavares-Somildam.

A false start against the offense pushed the ball back to the Na Koa Kai 28, but on the very next play, Tavares-Somildam scram-

bled out of the pocket to buy some time and then took off down field on a spectacular run that covered 52 yards for a touchdown and a 12-0 lead at halftime.

"I just saw people drifting to the left," he explained.

"It's just made a hard cut making them think I was going back to my right. It's just practice."

In the second half, things got interesting for a while when CNRH/MIDPAC quarterback Quartermaster 2nd Class Kyle Stevens finally figured out what to do against the stifling Na Koa Kai defense.

Stevens struck for 18 yards to Electrician's Mate 1st Class John Manning that placed the ball at the

Na Koa Kai one-yard line before hitting Lt. Cmdr. Paul March with a short scoring toss to narrow the gap.

The team's point after touchdown was good to make it only a five-point game at 12-7.

However, Na Koa Kai quickly seized back momentum as Tavares-Somildam engineered a four-play, 65-yard drive to the end zone with the last 34 yards being covered on a 34-yard scoring toss from the QB to Hospitalman Chris Cole.

Cole, with time running out, came up with another huge catch that placed the ball on the CNRH/MIDPAC 14 before Tavares-Somildam hit Hospital Corpsman 3rd Class Daniel Harper with the final touchdown pass of the game.

Stevens, who was held to only one touchdown, said that the Na Koa Kai defense might have presented the biggest obstacle for his team to overcome.

"It (defense) disrupted us a lot," Stevens admitted. "Our routes had to be a lot crisper, and my throws had to be a lot better. I feel like we were running the ball, but as far as my passing and the routes could have been better."

Tavares-Somildam said that in order to keep the team's season going strong, Na Koa Kai would have to pay attention to details and continue making key adjustments along the way. "There are always little things that we need to work on," he stated. "We saw what we needed to do, that we didn't, this week. So we're going to talk about that."

# Your Weekly Fun with MWR

Visit [www.greatlifehawaii.com](http://www.greatlifehawaii.com) or subscribe to MWR's digital magazine Great Life Hawaii.



## Sesame Street Live returns to JBPHH this weekend

Reid Tokeshi

*Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation*

Sesame Street and the United Service Organizations (USO) are bringing the Sesame Street/USO Experience for Military Families to the Hickam Fitness Center at Joint Base Pearl Harbor-Hickam this weekend. There will be shows at 2 p.m. and 5 p.m. on both Saturday and Sunday. All four shows are free and open to all military-affiliated personnel and their sponsored guests.

This year USO and Sesame Street are presenting the Moving Show. This short show features Katie, a military kid on Sesame Street who is dealing with her family moving to a new base. The Moving Show was made specifically for the military audiences along the tour.

Doors will open 30 minutes before each show. No tickets are needed. Seating is limited and is first come, first served. For more information about the event, go to [www.greatlifehawaii.com](http://www.greatlifehawaii.com). For tour information, visit [www.sesamestreet.org/TLC](http://www.sesamestreet.org/TLC) or [www.uso.org](http://www.uso.org).

Sesame Street is coming back to Hickam Fitness Center Gymnasium at JBPHH this Saturday and Sunday.

MWR Marketing photo



MWR Marketing photo

## MWR Super Garage Sale to be held tomorrow

Justin Hirai

*Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation*

After a five-month absence, the Morale Welfare and Recreation (MWR) Super Garage Sale returns to Richardson Field tomorrow from 8 a.m. to noon. There will be 175 vendor stalls selling a variety of products.

"The Super Garage Sale is a great event if you have just moved here and are looking for home items or to get a jump start on Christmas shopping," said Erica Meyers, manager, Rainbow Bay Marina. "There are lots of new and lightly used items for sale."

Richardson Field is located across from Aloha Stadium on Kamehameha Highway. Free event parking will be available at Rainbow Bay Marina, and overflow parking will be at Aloha Stadium for a minimal cost. The event is open to the public, and there is no admission charge.

The MWR Super Garage Sale is now a biannual event and the next sale is set for May 7, 2016. For those interested in being a vendor, the registration usually opens a few months prior to the event, so it is advised to keep an eye out for future sales in "Ho'okele," "Great Life Hawaii" magazine, or the Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation website, [www.greatlifehawaii.com](http://www.greatlifehawaii.com).

The MWR Super Garage Sale returns to Richardson Field tomorrow.

Community Calendar

**OCTOBER**

**HAWAII NAVY BALL TICKETS**

**NOW** — Tickets for the 2015 Hawaii Navy Ball are now on sale. The event will be on Oct. 17 at the Sheraton Waikiki. Uniform for the ball will be dress whites. Options for the meals will be a chicken/beef plate and a vegetarian plate. The event is open to all military, Department of Defense civilians and contractors. Prices for tickets are follows: E1 to E4 is \$40, E5 to E6 is \$55, E7 to O4 (GS-13 and below) is \$80, and O5 (GS-14) and above is \$90. Payments need to be in cash or a check. If using a check, make it payable to Hawaii Navy Ball. FMI: BM1 Garrett Bowman at 223-2142, email garrett.a.bowman@navy.mil or BMC George Glover at George.glover@navy.mil.

**USS ARIZONA MEMORIAL RESTORATION**

**NOW** — Work on the USS Arizona Memorial will continue until at least Nov. 3. The memorial will remain open during normal business hours from 8 a.m. to 4 p.m. and visitors will be impacted minimally while the flooring is restored in sections.

**STORMTROOPER SATURDAY**

**TOMORROW** — A Stormtrooper from Vader's Fist 501st Legion will appear from 11 a.m. to 2 p.m. on the first floor of the Pearl Harbor Navy Exchange for a meet and greet event with fans. Dressing-up and picture-taking is encouraged. FMI: 423-3287 or email Stephanie.lau@nexweb.org.

**SUNDAY BRUNCH BUFFET**

**4** — Beginning this weekend, the Historic Hickam Officers' Club dining room will host brunch buffets on Sundays from 10 a.m. to 1 p.m. The costs are \$26.95 for adults, \$13.50 for children ages 7 to 12 years old and \$8.25 for children ages 4 to 6 years old. Val Vasquez will provide musical entertainment. FMI: 448-4608.

**INTRAMURAL RACQUETBALL TOURNAMENT**

**5** — The tournament will be held from 8 a.m. to 4 p.m. at the JBPHH-Pearl Harbor Fitness Center. This is a double-elimination tournament (or single elimination, depending on number of entries) for men's and women's divisions. All matches will be best of three games (15-point game). Eye protection is manda-

tory. Participants must be JBPHH active-duty, Department of Defense civilians and family members over 18 years old to be eligible. Entries must be received by Sept. 28 at the intramural office (Pearl Harbor, building 667). There is no charge for this event. FMI: 473-2494 or 473-2437.

**MISSOULA CHILDREN'S THEATER**

**6** — Missoula Children's Theater is returning to JBPHH and hosting a rehearsal camp at Hickam Memorial Theater. Open auditions begin at 10 a.m. Oct. 6., and the camp will run Oct. 7-9. The camp will end with a production of "Sleeping Beauty" at 11:30 a.m. Oct. 10. This event is free for ages 1st through 12th grades. Space is limited, and there is no guarantee that everyone who auditions will be cast. FMI: 421-1556.

**PARENTING WITH ALOHA**

**6** — The Military and Family Support Center (MFSC) will host a parenting class from 10 a.m. to noon. The workshop will provide tools that parents can use to build and improve their relationship with their children. FMI: 474-1999 or register online at <http://ow.ly/SuTKH>.

**HISPANIC HERITAGE MEAL**

**7** — Silver Dolphin Bistro Galley will celebrate National Hispanic Heritage Month with a special meal from 11 a.m. to 12:30 p.m. Items on the menu will include picadillo, pollo asado, carnitas, arroz amarillo, tortillas, and flan. The price for the special meal is \$5.55. Military personnel, their immediate families, retirees and Department of Defense personnel are welcome. FMI: 473-2519.

**PINK RUN**

**7** — A free two-mile Pink Run celebrating Breast Cancer Awareness Month will be held at the Pearl Harbor Navy Exchange parking lot. Registration will begin at 6:15 a.m. and the run will begin at 7 a.m. Authorized patrons are invited to wear pink and spend the morning getting exercise, winning prizes and trying healthy food samples. The event is sponsored by The Pearl Harbor Navy Exchange, the Defense Commissary Agency and Naval Health Clinic Hawaii. FMI: 423-3287 or email Stephanie.Lau@nexweb.org.



**THE MAN FROM U.N.C.L.E.**

At the height of the Cold War, a mysterious criminal organization plans to use nuclear weapons and technology to upset the fragile balance of power between the United States and Soviet Union. CIA agent Napoleon Solo (Henry Cavill) and KGB agent Ilya Kuryakin (Armie Hammer) are forced to put aside their hostilities and work together to stop the evildoers in their tracks.

Movie Showtimes

**SHARKEY THEATER**

**TODAY 10/2**  
7:00 PM A Walk In The Woods (R)

**SATURDAY 10/3**  
2:30 PM War Room (PG)  
5:00 PM The Man from U.N.C.L.E. (PG-13)  
7:10 PM No Escape (R)

**SUNDAY 10/4**  
2:30 PM Inside Out (PG) (free showing)  
4:40 PM The Man from U.N.C.L.E. (PG)  
7:00 PM American Ultra (R)

**THURSDAY 10/8**  
7:00 PM Straight Outta Compton (R)

**HICKAM MEMORIAL THEATER**

**TODAY 10/2**  
6:00 PM The Gift (R)

**SATURDAY 10/3**  
4:00 PM Pixels 3D (PG-13)  
7:00 PM Hitman: Agent 47 (R)

**SUNDAY 10/4**  
2:00 PM Ant-Man (PG-13)

**THURSDAY 10/8**  
7:00 PM Straight Outta Compton (R)

