

HO'OKOLE

Life & Leisure

Operation Hele On *defines mission readiness for youth*

CTR3 Deric Jones

Navy Public Affairs Support Element
Detachment Hawaii

It's no secret that military children have anything but a typical childhood. They move more than their fair share and sometimes parents have to go on "trips," as they often call them. These are the facts of a military family.

Although these may be the facts, it isn't always easy explaining deployments to young children.

Operation Hele On, Hawaiian for "ready go," provides military children with a first-hand experience of what it's like to lace up those boots and pack that sea bag. More than 100 children participated in this year's event, which took place Aug. 21 at Joint Base Pearl Harbor-Hickam.

The mock deployment is for military children to better understand the deployment process.

The participants, 8 to 14-year-old children, get a unique, hands-on experience to be a service member for the day.

"Operation Hele On is a way for military children to get a better understanding of what their parents might go through when they get deployed," said Regina Fivella, supervisor at Military and Family Support Center and a product of a military family. "We want to make sure that we have something to help them de-stress and get a better understanding."

Fivella recalled the concerns she had as a young girl when her father, an Air Force veteran, departed on deployments.

"I didn't know anything," Fivella said about the deployment process.

She said an event like Operation Hele On would have reduced her stress. The operation begins like most military deployments.

First, these young service members check-in, receive gear and are issued dog tags. Teams are made up of 16-18 young recruits and volunteer active-duty military acting as recruit division commanders and training instructors. The active-duty volunteers conduct a thorough basic training by teaching their teams military drills, marching techniques, and customs and courtesies.

Operations Specialist 2nd Class Simone Ridgell, leader of Team Seals, found the opportunity to volun-

teer for Operation Hele On to be rewarding. Being dual military and having a 6-month-old daughter, Ridgell said she hopes her child will one day have the opportunity to participate in an event like Operation Hele On.

"I would love for her to do something like this so that she can better understand deployment," said Ridgell.

Navy Capt. Stanley Keeve Jr., commander of Joint Base Pearl Harbor-Hickam, welcomed and encouraged the children to absorb as much of the experience as possible as they represented their teams throughout the day.

Kaila Augare of Team Falcons, age 8, expressed her excitement about Operation Hele On.

"I wasn't nervous about Hele On because my dad told me all about what a deployment is, and it was cool to see what he goes through," said Augare.

Augare, who looked forward to the obstacle course and felt prepared for the day, said she could see herself joining the military some day.

The children had a full range of military experiences during Operation Hele On.

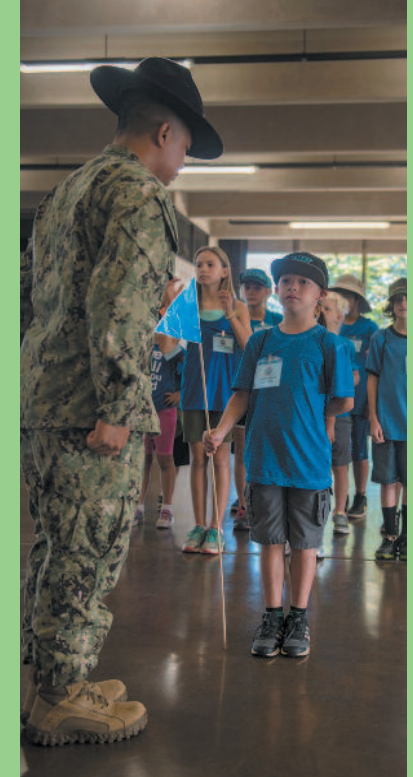
The day's events included an obstacle course built by the Navy's construction battalion and field demonstrations from the Navy Mobile Dive and Salvage Unit 1. The National Oceanic and Atmospheric Administration (NOAA) provided damage control training with firefighting equipment and basic seamanship with line handling.

Operation Hele On is the platform to give the youth a voice and show them that their parents' commitment is appreciated because "they build a sense of pride within themselves," said Natasha Pitts, coordinator of the 2015 Operation Hele On.

At the conclusion of Operation Hele On, all teams were recognized for their participation, and awards were provided to the Sky Warriors for their performance on the obstacle course, the Falcons for their team spirit, and the Wild Cats for their drill presentation.



Top, children of military members run an obstacle course. Above, children of military members participate in Operation Hele On.



U.S. Navy photos by MC3 Katarzyna Kobiljak

Above left, Lt. Cmdr. Keith Golden, assigned to the NOAA (National Oceanic and Atmospheric Administration) research vessel Oscar Elton Sette, instructs a youngster on how to hold a hose. Above right, Military youth learn the proper way to hold a guidon. Below, Golden helps a child try on a helmet during Operation Hele On.



Navy gives origami cranes to JBPHH Library

Story and photo by
Blair Martin Gradel

Joint Base Pearl Harbor-
Hickam Public Affairs

The Joint Base Pearl Harbor-Hickam (JBPHH) Public Affairs Office (PAO) recently gifted more than 3,000 authentic origami paper cranes to the Joint Base Pearl Harbor-Hickam (JBPHH) Library after they were displayed during the Nagaoka-Honolulu 70 Years of Peace commemorative event held Aug. 14 and 15 at Ford Island.

The cranes were originally donated to the commemorative event by various participating Japanese groups including local Nagaoka schools. They were donated to the library so that military families who were unable to attend the event would have a chance to appreciate the authentic craftsmanship and cultural relevance of the origami cranes, known as a Japanese "good luck charm."

"In the Asian culture, to make 1,000 paper cranes is considered a demonstration of discipline and commitment," explained Kathy Isobe, community relations manager at JBPHH PAO.

"That is why it is customary for a bride-to-be to make or display at least 1,001 cranes on her wedding day as a good will gesture to her soon-to-be husband," she said.

Isobe added that the cranes donated to the library were part of a 10,000 paper origami crane display at the event, serving as a "demonstration of friendship and peace" between sister cities Nagaoka and Honolulu.

Phyllis Frenzel, JBPHH Library director, said she not only welcomed the beautiful gift into the military community but has already been brainstorm-



Margaret Cieurzo, a fourth grader, and other children in the Joint Base Pearl Harbor-Hickam Library book club, examine some of the 3,000 authentic origami paper cranes made by Nagaoka school children for the Nagaoka-Honolulu 70 Years of Peace commemorative event held earlier this month at Ford Island.

ing new and exciting ways to incorporate the cranes' cultural significance into various future themes and events hosted by the library each month.

"To have the cranes here is not only such a wonderful surprise but also a fabulous addition to our [military] community," she said. "What a great way to get our kids interested in Japanese culture, such as

origami art, and what a wonderful reminder to hold on to in light of this past weekend's events. We are so honored to have this [display] here on base."

School age children enrolled in JBPHH Library book club were among the first to view the cranes which arrived at their new home on Aug. 19.

Cooper Denny, fourth grader and an Air Force

family member, said he thought on a scale of one to 10, the cranes' beauty ranked a 10.

"I really think the colors are so pretty and especially the different shades they used on each [string]," he said while holding one of the strands. "I can't believe [Japanese] kids my age made some of them. I would love to learn how to do that one day."

Pacific Aviation Museum to hold events

Pacific Aviation Museum Pearl Harbor plans a series of upcoming events.

- Smithsonian Magazine Museum Day Live will be held Sept. 26. The event will feature free admission to Pacific Aviation Museum Pearl Harbor for anyone presenting a Museum Day Live ticket. Guests can download free tickets at <http://www.smithsonianmag.com/museumday/>.

Pacific Aviation Museum Pearl Harbor is a Smithsonian affiliate. This is an annual national celebration of culture and learning between the two museums.

- Open Cockpit Day will be held from 10:30 a.m. to 3 p.m. Oct. 3 in the museum's hangar 79. Guests can climb into the cockpit of one of several of the museum's historic aircraft and talk story with pilots. Flight suits and helmets will be provided. Guests



Photo courtesy of Pacific Aviation Museum Pearl Harbor

Patrons explore the hangar at Pacific Aviation Museum.

are invited to bring their cameras.

- The Explorers Club will be held from 9 a.m. to 4 p.m. Oct. 6 to 8. The event is a three-day STEM experience for third through fifth graders. Students can explore topics

in science, technology, engineering and math plus flight simulation programs.

Participation is \$175 (or \$155 for museum members) and includes all program materials, meals, snacks and T-shirt.

For more information and to register for the Explorers Club, call 808-445-9137.

(For more information on Pacific Aviation Museum, call 441-1000 or visit www.pacificaviationmuseum.org.)



Photo by Theresa Johnson

Participants take part in last year's Fisher House Hero & Remembrance Run. This year's event will be held on Saturday.

Fisher House Run to honor fallen

Tripler Army Medical Center

The Tripler Army Medical Center's Fisher House will hold the fourth annual 8K Hero & Remembrance Run on Saturday.

The free event starts at 6 a.m. at the Pacific Aviation Museum on Ford Island.

It honors more than 7,000 fallen service members from all branches of the military who have given their lives since 9/11.

There will be numerous boots, with pictures of fallen service members on them and flags inside, that will line the 8K running route. The run is not a timed event.

Military and political leader from the community will participate in the opening ceremonies and the run.

The event is open to the public. All participants should be on the island no later than 6 a.m. to ensure access before the Ford Island Bridge closes.

The Ford Island Bridge will be closed from 6:45 to 7:45 a.m., including all roads entering Chafee and O'Kane Boulevards.

An official welcome and military honors will be held from 6:30 to 7 a.m. The run starts near the Pacific Aviation Museum at 7 a.m. and proceeds to the bridge entry gate and back.

Motorists will be directed to park between O'Kane Boulevard and the Pacific Aviation Museum. Vehicles left in the parking lot one hour after the event is over will be subject to towing at the owner's expense. There is no cost for parking.

Due to the number of anticipated participants, carpooling and buses are recommended. Ford Island residents are encouraged to walk to the event.

Monitors will be stationed at intersections on Ford Island to assist participants.

Shirts will be available for \$20 at the event, with limited quantities available. Bottled water will be available at the event.

The registration website is www.eventbrite.com.

(For more information or to volunteer, contact anita.f.clinger@naaf@mail.mil or 489-8261 or theresa.m.johnson@naaf@mail.mil or 931-217-0800.)

Tips for enjoying water recreation safely

Naval Safety Center

Personal watercraft

This weekend, the United States will celebrate Labor Day. This holiday marks the unofficial end to summer, giving the worker a break and chance to enjoy recreation.

As with any holiday, it is important to stay safe when enjoying outdoor recreational activities on the water involving equipment such as boats, personal watercraft and water skis. The Naval Safety Center Website has some tips for engaging in these activities safely.

Boating safety tips

- Learn to swim so you don't have to rely on a life preserver or another person.

- Don't drink while boating. It leaves you tipsy, both mentally and physically. More than half the people who drown in boating accidents had been drinking.

- Wear an approved life jacket and make sure passengers in the boat do, too.

- Before you launch your boat, tell someone where you're headed and when you'll be back at the dock. In an emergency, rescuers will need to know where to start looking.

- Keep learning about boats and the water. Groups including the U.S. Power Squadron and the Coast Guard Auxiliary teach classes in navigation, weather and emergency procedures.

- Check the forecast and watch the weather while you're underway. If you see or hear a storm, get back to land.

- Check the local laws for how and where you can ride, requirements for registration and licenses, safety equipment, training and age.

- Be courteous, and use common sense. Pay attention to no-wake zones and speed limits. Understand traffic patterns.

- Be very careful around people who are swimming and surfing.

- Go slow near other boats, shore, piers and docks.

- Wear an approved life jacket.

- Use the buddy system, which can be invaluable in an emergency, and especially if you get hurt or are far from shore.
- Don't drink before or during your session on the water.

Water skiing

- Be sure the boat and ski equipment are in good shape.

- Always turn off the motor when you approach a fallen skier.

- Keep an eye peeled ahead of your boat.

- Have an extra person aboard as a lookout and to help the skier.

- Go over hand signals with the person driving the boat.

- Don't ski after dark or in areas that are off-limits.
- Learn to swim and wear an approved life jacket.

- Check the weather and get off the water if you see a storm approaching.

(For more information, visit the Naval Safety Center website at www.public.navy.mil/navsafecen/Pages/media/safetips.aspx.)

Summer Music Fest at PMRF celebrates statehood

Summer Music Fest was held at the Pacific Missile Range Facility, Barking Sands, Kauai on Aug. 22. The free event honored the anniversary of Hawaii's statehood with a distinct Hawaiian theme and featured three popular local artists. Kauai's own Shar Carillo kicked off the concert.



MWR Marketing photo

Civil Engineer Bulls stop streaking PACOM/JIOC

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

One week prior to their showdown against the 647th Civil Engineer Squadron (647 CES) Bulls, Pacific Command/Joint Intelligence Operation Center (PACOM/JIOC) played their most solid game to date in a straight-set victory over Team Maintenance Group (MXG).

Needing another complete game against the contending Bulls, PACOM/JIOC got close but could not put away the civil engineers, as the Bulls took two-straight sets, 25-23 and 25-21, from PACOM/JIOC on Aug. 26 in a Gold Division intramural volleyball matchup at Hickam Fitness Center.

The win kept the Bulls one step out of first place with a 7-2 record, while PACOM/JIOC fell behind with a mark of 6-3.

"We just played a really good team," said PACOM/JIOC head coach Maj. Tex Purtee about his team falling short against the Bulls. "They (the Bulls) didn't make too many unforced errors, and they always found the open spot. Our team was not really prepared for chips and dinks. I actually think we did pretty good. We need better passing, we do need to kill more

on the first hit, but to be honest, we just faced a really good team."

In the first set, initially it appeared that the game was going to be an easy one for the Bulls, which led for a large portion of the set.

After being tied at 4-4, the Bulls rattled off four straight to take an 8-4 lead and slowly built up a 21-12 advantage after a kill by Howard Kaululaau, a Department of Defense civilian.

However, from that point on, PACOM/JIOC rallied back to within a point at 24-23 and had control of the ball with Michelle Farrar holding service.

While PACOM/JIOC toyed with the idea of making a full comeback, a hitting error by the team ended the first set with the Bulls taking it 25-23.

"We always play together, and that's how we win our games," said Bulls hitter Staff Sgt. Labronze Paden, who also connected on a few clutch kills to keep his team ahead. "You got to just focus when the ball comes down. Focus on an open spot or focus on someone's body. That's how I do it."

The second set picked up right where the first set left off, with both teams neck-and-neck throughout the set.

While the Bulls managed to sneak out to a three-

point advantage early in the set, the lead never got beyond that and was eventually tied at 16-16 when Yeoman 2nd Class Joshua Wright put down a kill for PACOM/JIOC.

The Bulls pulled ahead by three, but a kill by Staff Sgt. Kyle Rachan off a set by Farrar brought PACOM/JIOC to within two at 21-19.

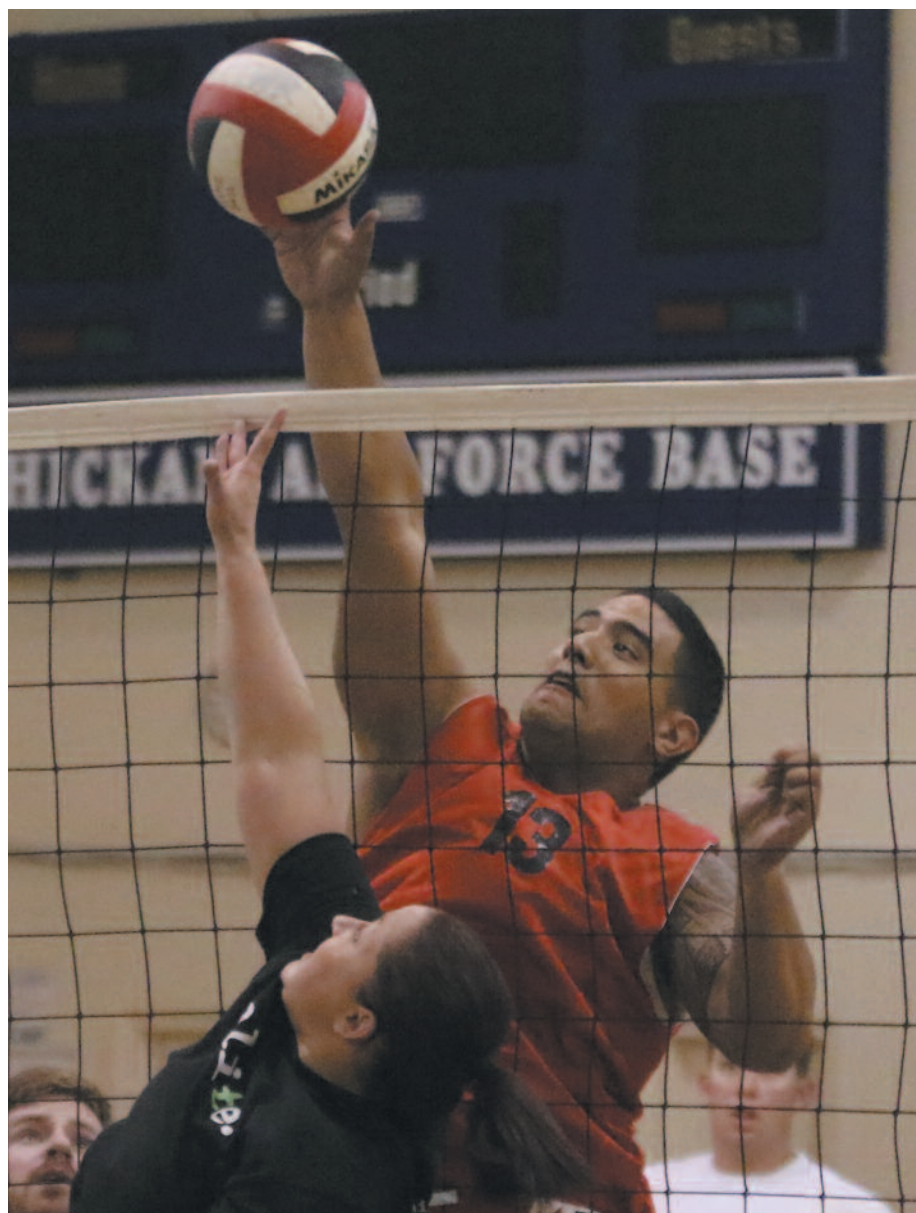
The Bulls, though, weren't about to let this one go to a third set, as back-to-back kills by Paden and Airman 1st Class Roland Kaaiialii put the game out of reach at 23-19.

Despite having to challenge two of the top teams in the division in two consecutive weeks, Purtee refused to acknowledge that the schedule might have hurt his team.

"I'm happy where we're at," Purtee said. "We made them (the Bulls) thread the needle on their offense. It's just when we did that, they still came through. Honestly, just maybe a few more things on the mechanical side, and we're much better than where we started at the beginning of the season."

Paden also said that he likes where his team is at and if everyone plays their game, the Bulls could do well in the playoffs.

"I think if everybody comes out, we're going to win this thing," Paden said.



Bulls hitter Airman 1st Class Roland Kaaiialii tries to get the ball over the reach of PACOM/JIOC setter Michelle Farrar, who is a military spouse.

HQ 5-0 does enough to take two over 67th CW

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

The intramural volleyball season has been tough for both Headquarters Pacific Air Forces (HQ PACAF) HQ 5-0 and the 67th Cyberspace Wing (67 CW) as the teams entered their Blue Division matchup with only one win between them.

Even among cellar dwellers, though, the competitive fire still burns bright as the two teams gave it their all on Aug. 27 in a highly contested, but friendly showdown at Joint Base Pearl Harbor-Hickam Fitness Center.

In the end, it was all HQ 5-0, as the team went on to sweep the 67 CW by scores of 25-21 and 25-23 to raise their record to 2-6, while the CW fell to 0-8.

"We're all cops and as defenders, we tend to try communicate," said Master Sgt. Jeff Adkins. "I think that it transfers over to our game. When we started communicating towards the end, we came back and started to win."

Down by a score of 6-2 in the first set, HQ 5-0 bounced back to tie the



Staff Sgt. David Floyd challenges Master Sgt. Jeff Adkins for the game-winning shot but Adkins got the best of Floyd to close out the set and match in a win for HI 5-0 over 67th VW.

score up at 9-9.

Later, an ace by Adkins put HQ 5-0 ahead by their biggest margin at five with

HQ holding a 16-11 lead.

A kill and side-out by Tech. Sgt. Edwin Ventura made it 24-19 before HQ 5-

0 squashed any notion of a comeback by the CW on a hitting error that ended the first set at 25-21.

While HQ 5-0 did get a couple of key kills by Capt. Eddie Clements during the first set win, according to Adkins, it was the team's steady play that kept them in the game and then led them to victory.

"Our serves were really good today," Adkins said. "In the past, we've always had the line-fault issue. We had all of our serves in for the most part, so that was really the key."

Like in the first set, the 67 CW got out in front early, this time taking a 4-0 advantage off the strong service of Airman 1st Class Ryan Knight.

However, sparked by a couple of kills by Clements, HI 5-0 pulled even at 5-5 before Clements took over service and induced three hitting errors plus an ace to give his team a 9-5 lead.

The 67 CW did manage to battle back this time and even caught HI 5-0 in a tie at 16-16 and again at 21-21.

The game was deadlocked one final time at 23-23, but Adkins put an end to the game by placing back-to-back kills at the feet of the 67 CW defenders for the win.

"Each time, especially when one is close to the net, all I was really trying was

to get the ball over the net," Adkins explained. "I saw where the holes were, and I tried to pinpoint on that."

After tasting only one victory before the win over the 67 CW, Adkins said that with the game so close, they knew they had to put it away.

"That's our goal," he stated. "We got at least four more games as far as I know. If we win out, we have a possibility to be in the top eight and go to the finals. That's what we want to try to do."

Later that evening, HQ 5-0 went on to defeat the 792nd Intelligence Support Squadron for their third win of the season, which places the team in ninth place.

Make it to the playoffs or not, Adkins said no matter what happens, it won't change the reason why all of them come out to play.

"We try to tell ourselves, get out there and have fun," he said. "This is our first time playing together, and we knew coming in that expectations were low. But even still, I have that winning mindset. I only get on myself and not anyone else. Because of that, we try to help each other and at the end of the day, we're just trying to have fun."

HIANG wrap up dominating win against HQ PACAF

Story and photo by
Randy Dela Cruz

Sports Editor, Ho'okele

On paper, it looked like a solid matchup between two of the top teams in the Blue Division.

Up on top, the division-leading and defending Joint Base intramural champs Hawaii Air National Guard (HIANG) with a record of 8-0 squared off against the once-beaten Head Quarters Pacific Air Forces (HQ PACAF), which came in with a mark of 6-1.

While records are usually a good indicator for what's about to happen on the court, the teams' proximity in the standings did nothing to foretell about the blowout that was about to come.

In dominating fashion, the HIANG, much like they have consistently done all season long, easily dispatched HQ PACAF in two straight sets, 25-12 and 25-

8, on Aug. 27 in a Blue Division clash at Joint Base Pearl Harbor-Hickam Fitness Center.

"We knew that this was a good team," said HIANG hitter Lt. Col. Rick Cox. "We wanted to play at a high level to see what we're capable of doing and I think we did. There is always room for improvement, but if we keep playing like this all season long..."

Knowing what HQ PACAF has done this season, the HIANG left nothing to chance and opened up the first set on fire, as Cox and teammate Tech. Sgt. Stephen Lorenzo controlled the net with three kills each to start off the match with a 7-0 lead.

The HIANG picked up a 10-point advantage on an ace by Senior Airman Braden Park and a hitting error by HQ PACAF to make it 16-6.

Still holding on to a double-digit lead at 22-12, Cox took over service and helped his team finish off HQ



HIANG hitter Navy Lt. Chuck Wood slams the ball through the HQ PACAF defense.

PACAF with three straight points off of kills by Lorenzo, Aviation Boatswain's Mate (Equipment) 2nd Class Isaac Atkins and a set-ending ace.

"We have a lot of players on the team that really enjoy playing volleyball,"

Cox said. "They have the basics down, so when the game is close and on the line, we kind of reach back and just rise up."

HIANG setter Tech. Sgt. Alike Kaahanui said that it also helps that many of the players on the team have

played together for many years.

Kaahanui said that chemistry has played a big part in the team's success over the years, and he feels very fortunate to be able to deliver the ball to hitters that know what to do when the ball comes their way.

"I have a lot of confidence in my hitters," Kaahanui said. "But for me, sometimes it's bad because it makes me complacent. It's my supporting cast that makes me look good. They deserve all the praises."

If the first set looked bad for HQ PACAF, the second set must have really put the team in the doldrums.

After the game stood tied at 6-6, HIANG turned up the burners to another level and sent everyone home early.

A kill by Cox gave HIANG a 15-8 lead and after he took over service, Cox never stepped away from the back line until it was over.

In one of the most

impressive runs of the season, Cox delivered three aces, five hitting errors and got two kills from Atkins for a streak of 10-straight points and a 25-8 victory.

"I was looking where the holes were on the opposite side," Cox said. "I was trying to put as much heat and topspin as I could to get to the hole."

While it's hard to believe, 2015 just may turn out to be the most dominating season for HIANG volleyball.

The team has yet to lose a set this season and Cox says it's all because the team is loaded with good players that want to play at a high level.

Still, Kaahanui cautioned that the season isn't over and anything could happen.

"We'd like to think so," said Kaahanui when asked if HIANG is going all the way. "But always stay humble and always just enjoy it for the love of the sport."

Your Weekly Fun with MWR

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Meditation class to begin in September

Helen Ko

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Beginning Sept. 8, the Joint Base Pearl Harbor-Hickam Fitness Center will offer a new Mindful Meditation class on Thursdays at 5:35 p.m. The fee is \$35 per month or \$15 drop-in rate.

Dennis Williams, who has been practicing meditation for more than 20 years, will be teaching the class.

"If you're looking for a more deeper understanding of the meaning of life and to boost emotional health and overall being, you should take this class," said Williams.

This quiet and restorative

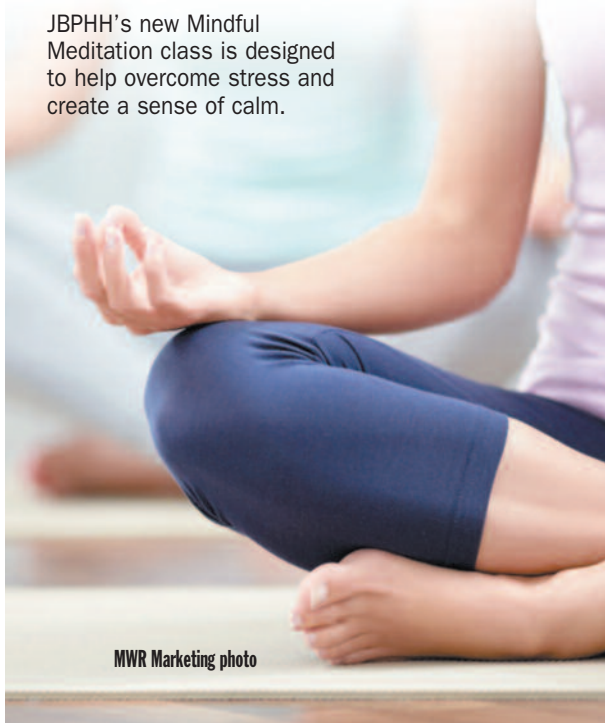
meditation class helps you learn techniques to help you overcome stress, sadness, anxiety and depression. It can help you recharge your energy level, improve memory and find inner peace and tranquility, he said.

As JBPHH is part of the Healthy Base Initiative, Wahiawa Annex fitness manager Lori Gaynor hopes provide a variety of classes for the military community as a means of contributing to a healthy lifestyle.

"I am very excited to showcase Mindful Meditation in our fitness center as it will complement our mind body program," said Gaynor.

Those interested in attending the class can visit the JBPHH Fitness Center or call 471-2019.

JBPHH's new Mindful Meditation class is designed to help overcome stress and create a sense of calm.



MWR Marketing photo



MWR Marketing photo

Shinedown will perform a free concert Sept. 7 at Ward Field, JBPHH.

Shinedown highlights free Labor Day Concert

Reid Tokeshi

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

Rock group Shinedown will perform a free Labor Day concert at Ward Field, Joint Base Pearl Harbor-Hickam on Sept. 7.

This event is open to all base-eligible patrons. The

band is returning to the States after a 10-day Armed Forces Entertainment Tour that included Yokosuka, Yokota and Okinawa.

Shinedown's debut album, "Leave a Whisper," hit platinum in 2003. Their hits include "Simple Man," "Second Chance," "If You Only Knew," and "Save Me."

Armed Forces Entertain-

ment and JBPHH MWR are presenting the concert. Gates will open at 3 p.m. and the show begins at 5 p.m. A pre-concert party will feature games, prizes and more. Food and beverages will be available for purchase.

Certain safety and security restrictions will also apply as in the past. Authorized items include

small clutches, blankets and folding chairs. All items are subject to search. Outside food and beverages, pets, backpacks, bags/totes, purses, umbrellas, video/audio recorders and tents are not authorized.

For more details on what is and is not permitted at the event, and other information go to www.greatlifehawaii.com.

Tickets for 2015 Navy Ball are now on sale

Tickets for the 2015 Navy Ball are now on sale. The event will be on Oct. 17 at the Sheraton Waikiki. Uniform for the ball will be dress whites. Options for the meals will be a chicken/beef plate and a vegetarian plate.

Prices for tickets are as follows: E1 to E4 is \$40, E5 to E6 is \$55, E7 to O4 (GS-13 and below) is \$80,

and O5 (GS-14) and above is \$90.

Payments need to be in cash or a check. If using a check, make it payable to Hawaii Navy Ball.

Contact BM1 Garrett Bowman at 223-2142 or email garrett.a.bowman@navy.mil or BMC George Glover at George.glover@navy.mil to buy tickets for the ball.

Community Calendar

SEPTEMBER

GALLERY SHOWCASE

NOW — Artwork, crafts, photography and digital creation entries for the 2015 Joint Base Pearl Harbor-Hickam Arts & Crafts Center Gallery Showcase will be accepted until Oct. 1 at the center. The showcase is open to active-duty military and their family members, Department of Defense civilians, Reservists, retirees and contractors. An opening reception will be held Oct. 14 and all submissions will be on display until Jan. 15. FMI: 448-9907 or email donna.sommer@navy.mil for an entry form.

LIBRARY KNOW-HOW

SATURDAY — A library know-how event will begin at 2 p.m. at the Joint Base Pearl Harbor-Hickam Library. Every first Saturday of the month, participants can learn about the library and its collections. This is a free event. FMI: 449-8299.

ALL-AGES SWIM MEET

SATURDAY — An all-ages swim meet will be held from 5 to 6 p.m. Saturday at Scott Pool. Events include a wheelbarrow tag-team relay, doggie paddle sprint and a dive contest based on originality and technique with costumes welcome. Participants can sign up now at Scott Pool. There is no charge for the event. FMI: 473-0394.

AVENGERS AND X-MEN CHARACTERS

5 — Avengers and X-Men comic characters will make an appearance from 11 a.m. to 2 p.m. at the Pearl Harbor Navy Exchange heritage wall on the first floor. The event is for authorized patrons. FMI: 423-3287 or Stephanie.lau@nexweb.org.

AFCEA HAWAII MEETING

8 — AFCEA (Armed Forces Communications and Electronics Association) Hawaii will meet at the Fort Shafter, Hale Ikena Club. The speaker will be Edward Tavares, IT audit manager for

Hawaiian Electric Industries. The price is \$14 for preregistered members, \$17 for preregistered non-members and \$20 for walk-ins. FMI: 386-7424 or email president@afcea-hawaii.org.

KIDS BOOK CLUB

9 — A book club for children in fourth and fifth grades will begin at 2 p.m. at the Joint Base Pearl Harbor-Hickam Library. There are two groups. The second Wednesday group will meet Sept. 9 to discuss "Shiloh," and the third Wednesday group will meet Sept. 16 to discuss "Gathering Blue." Participants need to register prior to the meeting. This is a free event. FMI: 449-8299.

PEEWEE BASKETBALL REGISTRATION

11 — Peewee basketball registration for youth ages 3 to 5 will close Sept. 11. The season runs from Oct. 3 to Dec. 19. The fee is \$35, and registration is available at www.greatlifeohawaii.com. FMI: 473-0789.

PET ADOPTION CLINIC

12 — A pet adoption clinic will be held from 10 a.m. to 2 p.m. at the Pearl Harbor Navy Exchange mall tent and outdoor living center. This is a free event for authorized patrons only. The mall will host the Oahu SPCA, and the outdoor living center will host the Hawaiian Humane Society. FMI: 423-3287 or email Stephanie.lau@nexweb.org.

CPR TRAINING FOR KIDS

26 — A cardio-pulmonary resuscitation (CPR) training session for any child of a Department of Defense ID card holder in grades kindergarten through six will be held from 10 a.m. to noon at the Joint Base Pearl Harbor-Hickam Fitness Center. The program is designed to teach school-aged children the skills needed to save a life in time of need. FMI: HM2 Aaron Hepps at 474-4242, ext. 9-1216 or aaron.r.hepps.mil@mail.mil.



MISSION: IMPOSSIBLE - ROGUE NATION

With the IMF now disbanded and Ethan Hunt (Tom Cruise) out in the cold, a new threat – called the Syndicate – soon emerges. The Syndicate is a network of highly skilled operatives who are dedicated to establishing a new world order via an escalating series of terrorist attacks.

Movie Showtimes

SHARKEY THEATER

TODAY 9/4
7:00 PM Shaun The Sheep Movie (PG)

SATURDAY 9/5
2:30 PM Pixels (PG)
4:40 PM Minions (3-D) (PG)
6:40 PM Mission: Impossible - Rogue Nation (PG-13)

SUNDAY 9/6
2:30 PM Shaun The Sheep Movie (PG)
4:40 PM Pixels (3-D) (PG)
6:50 PM Vacation (R)

THURSDAY 9/10
7:00 PM Mission: Impossible-Rogue Nation (PG-13)

HICKAM MEMORIAL THEATER

TODAY 9/4
6:00 PM Pixels (3-D) (PG-13)

SATURDAY 9/5
4:00 PM Pixels (PG-13)
7:00 PM Trainwreck (R)

SUNDAY 9/6
2:00 PM Ant-man (PG-13)

MONDAY 9/7
2:00 PM Pixels (PG-13)

THURSDAY 9/10
7:00 PM Vacation (R)



Shopping the exchange pays millions in dividends

Army & Air Force Exchange Service Public Affairs

All military and their families shopping and dining at Army & Air Force Exchange Service stores and restaurants on Hawaii Exchange generated nearly \$1.4 million last year for Army and nearly \$3.0 million for Air

Force for quality-of-life programs.

Over the past 10 years, the exchange has provided more than \$2.4 billion in dividends to military programs including Better Opportunity for Single Soldiers (BOS), Hickam Harbor Marina, outdoor recreation and Mamala Bay Golf course.

"Roughly two-thirds of exchange earnings are paid

to the services' morale, welfare and recreation programs, while the other third goes toward building new stores and renovating facilities," said Robert Rice, Hawaii Exchange general manager.

The exchange's mission of providing quality goods and services at competitively low prices while generating earnings to support quality-of-life efforts means

that the exchange benefit is more than finding a good price on merchandise.

This structure ensures that shoppers who take advantage of their benefit at the Hawaii Exchange or online www.shopmyexchange.com are working to better their communities.

"One hundred percent of exchange earnings serve the military and their families," said Rice.

"When service members shop or dine at their exchange, they're investing in their own community, making it a better place to live and work."

The Army & Air Force Exchange Service is a joint nonappropriated fund instrumentality of the Department of Defense and is directed by a board of directors which is responsible to the secretaries of the

Army and the Air Force through the service chiefs of staff.

The exchange has the dual mission of providing authorized patrons with quality merchandise and services at competitively low prices and generating non-appropriated fund earnings as a supplemental source of funding for military morale, welfare and recreation programs.



My Favorite Photo...

Traci B. Feibel snapped this photo when she took weaths from the Nagaoka 70 Years of Peace celebration to decorate the graves of unknowns at National Memorial Cemetery of the Pacific Punchbowl.

Do you enjoy taking pictures and have a favorite photo? Would you like to see it featured in Ho'okele? Here is your opportunity. Along with your photo, please send a little bit of information about the photo, such as where it was taken or any interesting details. Also include the name of the photographer and contact information. Please send your photos to editor@hookelenews.com and "cc" Karen Spangler, managing editor, at karen.spangler@navy.mil and Don Robbins, editor, at drob-bins@hookelenews.com.

Upcoming blood drives

- Sept. 8, 9 a.m. to 1 p.m., USS Chosin (CG 65), Joint Base Pearl Harbor-Hickam.
- Sept. 11, 9 a.m. to 1 p.m., Pearl Harbor Naval Shipyard, building 2, Joint Base Pearl Harbor-Hickam.



(For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.)

NCIS announces crime reduction focus

The NCIS Crime Reduction Program (CRP) has focused this quarter's efforts on the awareness and prevention of child abuse and exploitation (CAE).

The CRP is an awareness and education pro-

gram, which unites law enforcement and community service organizations with a shared goal of educating Sailors, Marines, and Department of the Navy civilians about the common threats to their safety and the safety of

others around them.

With school having recently begun, it is important to get awareness and education out about potential dangers and signs of child abuse.

For more information on how you can assist with

the NCIS CRP, contact your local NCIS office at 474-1218. Text tip information to 1-(800) 543-NAVY or text NCIS plus your tip information to CRIMES (274637) or the DoD Safeline at 1-(877) 955-5247.

Volunteer opportunity set for Oct. 3

Naval Facilities Engineering Command (NAVFAC) Hawaii is looking for volunteers for National Public Lands Day from 9 a.m. to noon Oct. 3 at the Loko Pa'iaiu Fishpond at Joint Base Pearl Harbor-Hickam.

The pond is located at Kamehameha Highway and Honomanu Street.

Access is by McGrew Point naval officers housing. Registered volunteers will be placed on an access list at the guard shack.

The fishpond is an ancient Hawaiian site where fish were raised for daily sustenance. Due to its location on Navy property, the site is protected and still intact. It was overgrown with invasive mangrove that was recently

cleared. Future plans include clearing for and maintaining this natural cultural site.

Navy archeologists, cultural resources, biologists and natural resources program managers will kick off the event with information about the fishpond and the wildlife attracted to it, helping volunteers to understand the importance of their efforts at this site.

Volunteers will:

- Clean the area of debris that has washed up from the harbor waters from the surrounding streams.
- Clear the fishpond rock walls of vegetation.
- Remove invasive mangrove seedlings that have

started to grow back.

- "Outplant" of native plant species to attract pollinators and wetland birds.

- Initiate creating an education/rest area for future outreach volunteer events.

Volunteers are advised to wear and bring closed-toed shoes, long-sleeved shirts, long pants, wide brimmed hats, sunglasses, filled water bottles, sunscreen and bug spray. Water refills, work gloves and tools will be provided.

Those interested in participating should sign up by Sept. 30 by visiting <http://www.publiclandsday.org/npld-sites/loko-paiaiu-fishpond-joint-base-pearl-harbor-hickam> or contact Patty Coleman at patricia.colemon@navy.mil or 473-0369.

Dental program can help save money

TRICARE

Comprehensive dental coverage under the TRICARE Retiree Dental Program (TRDP) makes good financial sense.

When seeing a participating TRDP network dentist—who has agreed to accept reduced fees and will file all claims paperwork—TRDP enrollees get two routine exams, a set of X-rays and two cleanings (or

three for diagnosed diabetics) at 100 percent of the program's allowed amount with no out-of-pocket expenses.

In most cases, TRDP enrollees will save more money on just these routine services than they would pay in annual premiums—and will have more of their \$1,300 annual maximum left to pay for other services offered by the TRDP, such

as root canals, oral surgery, crowns, bridges and dental implants.

In addition to the annual maximum, each TRDP enrollee also gets a separate \$1,200 dental accident maximum and a lifetime orthodontic maximum of \$1,750.

(For more information on the TRICARE Retiree Dental Program, visit trdp.org.)

Native American Heritage Month volunteers sought

Navy Region Hawaii Plan of the Week

Volunteers are being sought for the special observance in November of Native American Heritage Month.



A team is being established to develop and plan activities that will increase awareness, mutual respect and understanding of the

rich history and traditions of Native Americans.

(For more information about becoming a member of the Native American Heritage Month team, contact Bruce Ayres at 473-2146 or email bruce.ayres@navy.mil.)



LIVING A BAD COUNTRY SONG

Labor Day commissary hours

In observance of Labor Day Sept. 7, the Pearl Harbor Commissary store hours will be from 9 a.m. to 5 p.m. The Hickam Commissary will be open from 10 a.m. to 6 p.m.

For more information, call the Pearl Harbor Commissary at 471-8402 ext. 101 or the Hickam Commissary at 449-1363.

GOT SPORTS

Phone: 473-2890

editor@hookelenews.com

Contact the Ho'okele editor for guidelines and story/photo submission requirements.



HO'okele Online

<http://www.hookelenews.com> or <https://www.cnmc.navy.mil/hawaii>