

## U.S. Chamber of Commerce hosts 'Hiring Our Heroes'

Story and photo by  
MC3 Gabrielle Joyner

Navy Public Affairs  
Support Element  
Detachment Hawaii

The U.S. Chamber of Commerce hosted a "Hiring Our Heroes" service member transition summit July 8-9 at Joint Base Pearl Harbor-Hickam.

"Hiring Our Heroes" is a nationwide initiative to help veterans, transitioning service members and military spouses find meaningful employment opportunities outside of military service.

According to the U.S. Chamber of Commerce, "Hiring our Heroes" transition summits are designed to educate recruiters and community leaders on the best practices in hiring and retaining military employees, while also helping service members and military spouses prepare for the civilian workforce.

"Each year, 3,000 people from Joint Base transition from the military and that does not include hundreds more family members," said Capt. Stanley Keeve Jr., commander of Joint Base Pearl Harbor-Hickam.

"So this summit addresses a significant quality of life issue for our service members and their families at a stressful time in their lives."

The summit began with a forum, which included remarks by Secretary of the U.S. Department of Labor Thomas Perez and an informal networking reception



Service members network with potential employers during a "Hiring our Heroes" transition summit July 8 at Joint Base Pearl Harbor-Hickam. Hiring our Heroes transition summits are designed to educate recruiters and community leaders on the best practices in hiring and retaining military employees, while also helping service members and military spouses prepare for the civilian workforce.

that included a speed mentoring component for employers and jobseekers.

"We like to think of ourselves at the Department of Labor as match.com," said Perez. "Our goal is to match job seekers with employers who want to grow their business. You make our job easier because you have so many assets."

According to Perez, there are 5.4 million jobs opening up as we speak and assured the attending service members and families that their skills and expertise were coveted in

the civilian sector.

"When I go and talk to employers and when we work with our partners at the Chamber of Commerce, what we hear is 'give us more veterans!'" said Perez.

"Because you know what? You have game. Your skills, knowledge and experiences in the military are why you are so in demand," he said.

Operations Specialist 3rd Class Wesley Scott, who is getting out of the Navy in one month, stated the meet and greet forum was helpful and informative for learning how to network and made

him feel more comfortable with the transition process.

"The secretary's speech stood out the most to me," said Scott. "He was very open and very enthusiastic about how important our veterans are to the workforce and giving us that boost of confidence that we can do this and it's not the end of the world to transition out."

After the networking reception, a panel of subject matter experts, ranging from employers to recently retired military members and spouses, held a ques-

tion-and-answer session.

A job fair took place after, where service members were greeted by more than 100 local and mainland employers participating in the event. On average, job fairs connect employers of every size and industry with more than 1,000 veterans, transitioning service members, and military spouses directly on military installations in the U.S. and overseas.

Joe Wallace, the senior military engagement manager for Microsoft, said as a sponsor of the "Hiring our

Heroes" summit at JBPHH, Microsoft is looking to bring the IT industry to service members as they transition and let them know there are great careers in technology.

"There are all of the intangibles that military members bring to the table such as leadership, discipline, mission focus and drive, plus they are very technical and that translates very well into opportunities at Microsoft," Wallace said.

Navy Career Counselor 1st Class Johnathan Young commented the transition summit was a great first step and stressed the importance of going to job fairs.

"To not make use of a job fair would be like trying to utilize your thumb to hit a nail instead of a hammer," said Young.

"Every time a job fair comes up, I push Sailors to attend, especially in transition and even way prior to that. Everybody should start their transition out of military on their first enlistment even if their intention is to stay in 20 years. They can make use of this information and build a wealth of knowledge," he said.

Perez said a future for veterans is not only an important issue to not only the federal government, but for employers as well.

"Making sure you have a seamless transition from your service to the civilian sector is an all hands enterprise," said Perez. "Because you have done so much for us, the least we can do is return the favor."

## Next Pearl Harbor Colors to highlight youth service

Navy Region Hawaii  
Public Affairs

The next Pearl Harbor Colors Ceremony will be held beginning at 7:30 a.m. July 16 at the Pearl Harbor Visitor Center.

This month's ceremony recognizes the U.S. Naval Sea Cadets, a military youth outreach program for Americans ages 11-17, committed to the development of future leaders.

"Each drill, my goal is to work towards making sure that American's future is in good hands by instilling in the cadets the Navy core values of honor, courage and commitment," said U.S. Naval Sea Cadet En-

sign Eddie Barinque.

The ceremony will also recognize the enlistment to service candidates from the Honolulu Military Entrance Processing Station (MEPS), while veterans past and present welcome the newest members of the armed forces and their families to service.

"This is a great experience for applicants and their families and will be something they will never forget," said Lt. Cmdr. Andrew Gerla, the commanding officer of the Honolulu MEPS station.

The monthly Pearl Harbor Colors Honor and Heritage Ceremony serves to enhance the recognition and



U.S. Pacific Fleet Band plays ceremonial music during the Pearl Harbor Colors Ceremony at the World War II Valor in the Pacific National Monument, May 21. This month's ceremony will recognize the U.S. Naval Sea Cadets.

preservation of Navy history and heritage, as well as honor the sacrifice of veterans and those currently serving.

Pearl Harbor Colors is a monthly military ceremony that is open free to the public. The event will take place every third Thursday of the month at 7:30 a.m., though the day may shift to accommodate an historic event in history.

Pearl Harbor Colors is an opportunity for local residents and international visitors to witness a U.S. military ceremony and meet veterans, service members and their families. Attendees can learn about various aspects of military history.

## Unlocked belongings drive uptick in local crime, suspects arrested

Story and photo by  
Brandon Bosworth

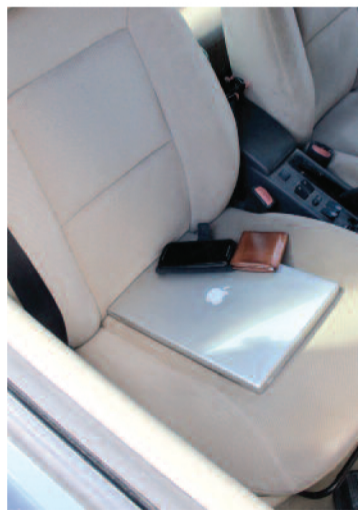
Assistant Editor, Ho'okele

In recent months, there has been a spike in property crimes committed in military housing areas, both off base and at Joint Base Pearl Harbor-Hickam (JBPHH).

Incidents include theft of personal property, such as electronic devices, wallets, personal identification, credit cards, handbags, cash and keys. Most of the items were stolen from parked, unlocked automobiles. There has also been a marked increase in stolen bicycles.

According to Lt. Col. Karla Heren, deputy commander, 647th Air Base Group and deputy chief staff officer, JBPHH, none of the reported incidents involved picking locks or breaking windows.

"It seems like all the crimes



Susan Ridgeway, director of property operations, Forest City, said much the same thing.

"The crimes that are reported are 'crimes of opportunity,' primarily reported thefts from unsecured motor vehicles, thefts of bikes, scooters and other toys left unsecured in the yard, and thefts from unsecured garages," she said. "We aren't experiencing strong-arm robberies or home break-ins."

She added that while crimes have been reported at different times of the day, the majority happened at night.

Contrary to rumors on social media, neither housing officials nor JBPHH security are aware of any recent automobile thefts in area military housing.

It is not uncommon for the frequency of property crimes to increase during the summer months.

"Usually during the summer months, there is an increase in petty crime," said Lt. John J.

Caicedo, deputy security officer, JBPHH.

"Schools are out and kids are bored," said Heren.

Heren also notes that individuals living within the community commit most of these crimes. However, there are exceptions. An investigation by JBPHH security personnel led to the arrest of a subcontractor who was stealing bicycles from local housing areas.

There was an additional arrest of two suspects in May by the Honolulu Police Department. While no further details are available at this time, the May arrest could be linked to criminal incidents returning to more normal levels recently. According to Ridgeway, there were two thefts from vehicles in Forest City housing in March, two in April, 15 in May, and back down to two in June.

These arrests do not mean service members and their families should lower their guard

or be any less vigilant. Caicedo stresses that it is still important for people to be proactive when it comes to securing themselves and their belongings.

"Both off-installation residents, as well as those living inside the installation in housing areas, can take actions to reduce the risk of being victims of these types of crimes," he said.

"First, always secure vehicles and do not leave valuables inside them, even if the vehicle is parked in the driveway. Second, maintain garage doors closed; do not invite crime. It is well known that personnel who commit these types of crimes survey the residences, and if they see valuables inside car garages, there is a greater chance of becoming a target of crime.

Additionally, do not leave



Pacific Partnership 2015  
See page A-2



Sailors honor late Pearl Harbor survivor EMC Haag  
See page A-4



JBPHH celebrates Fourth of July  
See page B-1



Consumer protection fair to be held July 15 at NEX  
See page A-3



Hawaii's history and military legacy perpetuated at regatta  
See page A-6



Pacific Aviation Museum to offer series of events  
See page B-2



# Seabees renovate schools in the Federated States of Micronesia

MC1 Carla Burdt

*Pacific Partnership Public Affairs*

KOLONIA, Pohnpei—Pacific Partnership celebrated the completion of two elementary school renovations during ribbon-cutting ceremonies July 3 in Pohnpei, Federated States of Micronesia (FSM).

U.S. Seabees and one U.S. Marine assigned to Task Force Forager, the Pacific Partnership contingent embarked aboard the Military Sealift Command joint high speed vessel USNS Millinocket (JHSV 3), began renovations June 21 of Lukop Elementary School and Rohi Elementary School.

Wailer Olter, principal of Lukop Elementary, recognized each Seabee and Marine who contributed to the renovation of the school.

"I want to give my sincerest thanks for the work you have done here," said Olter.

At Rohi Elementary, the



U.S. Marine Corps photo by Sgt. James Gulliver

Pacific Partnership leadership and local Federated States of Micronesia government officials cut a ribbon officially reopening up Lukop Elementary School after completion of the renovation project July 3.

Seabees and Marine painted the exterior, replaced security screens, installed a water catchment tank and concrete pad, repaired gutters, replaced the roof, and installed two toilets and new doors.

At Lukop Elementary, the team painted the exterior, replaced the roof, installed the security screens, replaced

four toilets and did minor plumbing work.

The renovations will provide a more comfortable learning environment for the 400 students who attend the Rohi and Lukop schools.

U.S. ambassador to the Federated States of Micronesia Doria Rosen spoke of the value added by the renovations.

"When Millinocket departs in a couple of days, Lukop and Rohi will be the souvenirs that will be left behind," said Rosen.

"The improvements we are celebrating here today will help ensure the children of this community have the facilities in working order that they need to learn effectively.

"It shows the importance that you all place on education and youth," she added. "The skills and knowledge that they cultivate here are going to form the foundation for the entire future for them and their country. These schools are an instrument of the community to build to the future. They are more than just buildings. What is most important is what is happening in those buildings."

According to Acting Secretary of Foreign Affairs Samson Pretrick, the repairs are symbolic of the relationship between the U.S. and FSM.

"Today we gather together to rejoice the successful completion of renovations and repairs," said Pretrick. "As we rejoice, we must be thankful, thankful for the kind assistance we have received as a result of our cherished and solid partnership that we have with the United States of America and its people."

He also spoke about the value that the government

of FSM places on education.

"The assistance complements and supports our government's ongoing effort to provide better educational conditions for our communities and our children," said Pretrick.

"This ongoing effort will always be a priority for our government because education is fundamental to creating a knowledgeable population to progress and carry our country forward into the generation to come."

Millinocket and embarked Task Force Forager are currently serving as the secondary platform for Pacific Partnership 2015. The primary platform for the mission is the Military Sealift Command hospital ship USNS Mercy (T-AH 19).

Now in its 10th iteration, Pacific Partnership is the largest annual multilateral humanitarian assistance and disaster relief preparedness mission conducted in the Indo-Asia-Pacific Region.

## Pacific Partnership 2015



U.S. Navy photo by MC3 William McCann

The Pacific Fleet Band performs a music ensemble at a community engagement event at Rorovana Elementary School in Papua New Guinea, July 2, during Pacific Partnership 2015.



U.S. Marine Corps photo by Sgt. James Gulliver

Army Capt. Andy Vu teaches local children how to brush their teeth during a medical outreach event at Nanpei Memorial High School in Pohnpei. The July 2 event was designed to provide medical, dental and optometry care and was spearheaded by medics aboard the Military Sealift Command joint high speed vessel USNS Millinocket (JHSV 3).



U.S. Navy photo by Hospital Corpsman David Sarzo

Construction Electrician 1st Class Amdra Dangerfield, project supervisor, and Armed Forces of the Philippines engineers review designs for a future construction project during Pacific Partnership 2015. Seabees from Naval Mobile Construction Battalion Five are planning to build a two-room classroom as part of a project at the Roxas School for Philippine Craftsmen.



U.S. Air Force photo by Senior Airman Peter Reft

Lt. Jenna Redgate prepares to extract teeth from a patient during a community health engagement at the Arawa Medical Clinic as part of Pacific Partnership 2015.





Commentary

# Service, summits show commitment to our people

Rear Adm. John Fuller

Commander, Navy Region Hawaii and Naval Surface Group Middle Pacific



Rear Adm. John V. Fuller

People are the key to success for any organization. Not money or machines. People.

The Secretary of the Navy announced last week that the U.S. Navy will triple maternity leave from six to 18 weeks. This helps Navy families, and we believe it will also help improve retention of female Sailors.

News outlets reported the story, and at least one noted

how the military is on the cutting edge of quality-of-life improvements for its people, citing outstanding

child development centers as an example.

Like many of you, I have seen leadership's commitments turn into tangible improvements in our Sailors' quality of life aboard ships, in barracks, in family housing, in the exchanges, and in educational opportunities.

This week's transition summit demonstrated the strong commitment by the president and Congress to improve services to our veterans. Secretary of Veterans Affairs Robert McDonald and Secretary of Labor Tom Perez held meetings with Air Force/Navy teams at

Joint Base and with other services this week—roundtable discussions, working lunches and keynote events with employers and leaders in government and the community.

Transition summits here in Hawaii are important when we consider our relative remoteness from prospective employers on the mainland.

Our business partners recognize that our military team has a special set of skills, talents and abilities.

Men and women in uniform are disciplined, diversified and digitally oriented, with an international focus.

They are experienced in STEM—science, technology, engineering and math. Unfazed by hard work and difficult demands, they are skilled at networking, being innovative and remaining flexible.

And by the way—make no doubt—so are our families!

We are grateful to Secretary Perez and Secretary McDonald and their teams, along with the U.S. Chamber of Commerce and the many prospective employers who offered assistance to our veterans and those in transition.

Thank you to everyone

who coordinated and participated in the transition events in Hawaii. And, thank you to everyone who works at our installations and leans forward to serve our people. Our Sailors, civilians and families are the critical enablers and our greatest advantage to achieve our mission if we prepare them.

For anyone who missed the opportunity to attend the transition summits and who qualifies for assistance, I urge you to work with your career counselors, command ombudsmen and the Military and Family Support Center.

## Consumer protection fair to be held July 15 at NEX

In honor of Military Consumer Protection Day (MCPD), the state Department of Commerce and Consumer Affairs (DCCA) is partnering with the Pearl Harbor Navy Exchange (NEX) to host a consumer protection fair from 10 a.m. to 1 p.m. July 15.

The event is free and open to the public, and will take place at the NEX, which is located at 4725 Bougainville Drive.

Representatives from more than two dozen government and nonprofit agencies will be available to answer questions.

In addition, free document shredding will be provided from 10 a.m. to 12:30 p.m. Consumers can bring their unwanted confidential documents to shred, with a limit of two boxes per household or organization.

The first 100 visitors to the DCCA Consumer Edu-

cation Program table will receive a free misting fan.

MCPD is a joint initiative with the Department of Defense, Federal Trade Commission and the Consumer Financial Protection

Bureau to empower active and retired service members, military families, veterans and civilians in the community.

"We are pleased to work with our partners to help

consumers learn to better protect themselves," said Catherine Awakuni Colón, DCCA director. "Consumer education is a top priority at DCCA, and we offer a wide variety of education

materials that cover many areas from financial literacy to information on identity theft and scams."

For more information, visit [www.military.ncpw.gov](http://www.military.ncpw.gov).

## EES/WAPS briefing team visits JBPHH

Air Force Personnel Center

Personnel from Headquarters Air Force and the Air Force Personnel Center (AFPC) will visit Joint Base today to share information about Enlisted Evaluation System (EES) and Weighted Airman Promotion System (WAPS) changes.

Base briefings will be held at 1 p.m. and 3:30 p.m. at the Hickam Memorial Theater.

During the briefing, EES/WAPS

subject matter experts will speak about changes that have already been implemented, those slated for implementation in the months ahead, and the reasons and philosophy behind the changes.

"This is one of the most significant changes to the enlisted evaluation and promotion system in a generation. So we feel it's important to bring this information directly to commanders and Airmen and allow them to ask questions and get immediate answers from

the experts," said Maj. Gen. Peggy Poore, AFPC commander.

For more information about EES/WAPS changes, go to the myPers website at <https://mypers.af.mil>, select "enlisted" under the active duty, Guard or Reserve drop down menus, and then select "evaluations" in the left hand column.

For more information about the briefing, contact Capt. Lon Hopkins, Military Personnel Flight commander, at 448-0685.

## Makalapa Gate right turn exit lane closure announced

Honolulu Authority for Rapid Transit (HART) contractor Nan, Inc. is working on a water line on Kamehameha Highway just outside Makalapa Gate.

As a result, the right turn exit lane from Makalapa

Gate onto Kamehameha Highway eastbound is closed between 8:30 a.m. and 3:30 p.m. from now through July 24.

Honolulu police will permit right turns onto Kamehameha Highway from the straight-through lane.

## Diverse Views



### How has being in the military changed you as a person?



Intelligence Specialist 3rd Class  
Chelsea Rosales  
JBPHH

"The military has given me purpose. It helped me be able to stand on my own two feet, and it also introduced me to my husband."

Senior Airman Melissa Sherrit  
8th Intelligence Squadron



"Being in the Air Force has given me a driven and goal-oriented personality. It has allowed me to see numerous missions accomplished and given me a sense of worth I wouldn't have experienced without it."



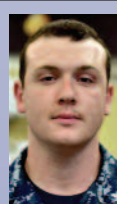
Sonar Technician Geographical 2nd Class  
Matthew Paiva  
USS Chosin (CG 65)

"The military has improved my time management skills, and I would say it has made me a more well-rounded person. Since being in the military, I now know what true sacrifice really is, and I am appreciative of everyone who decides to serve."

Tech. Sgt. Keith Roscoe  
15th Operations Support Squadron



"Lost some hair, a few inches shorter, and I learned a lot of acronyms. But it also has changed my perspective on the world and has broadened my sense of place."



Cryptologic Technician Network 2nd Class  
Kyle McCreery  
NIOC Hawaii

"The military has made me a smarter person. The technical training I attended provided me with the knowledge I need to perform in my job. Without the military, I wouldn't almost be as close to completing my associate's degree as I am now."

Senior Airman Michael Smith  
647th Force Support Squadron



"Being in the military made me more mature, more responsible. I met my amazing wife, who is also in the Air Force. The military has changed my life for the better."



Staff Sgt. Kristianna Arline  
647th Force Support Squadron

"Being in the military has made me be not only a better leader but also a better follower. It has also made me more disciplined. But without the military, I would not have met my husband and great friends."

Provided by Senior Airman Christopher Stoltz and David D. Underwood Jr.

Want to see your command featured in Diverse Views? Got opinions to share?

Drop us a line at [editor@hookelenews.com](mailto:editor@hookelenews.com) or [karen.spangler@navy.mil](mailto:karen.spangler@navy.mil)

## John Paul Jones known as 'Father of the U.S. Navy'

John Paul Jones was born on July 6, 1747, 268 years ago this week. Often called the "Father of the United States Navy," he was the only naval officer to receive a Congressional Gold Medal during the American Revolutionary War. During the Battle of Flamborough Head he uttered the famous quote "I have not yet begun to fight!" The John Paul Jones Memorial shown in this photo is a monument in West Potomac Park in Washington, D.C.

Public domain photo



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Ho'okele is a free unofficial paper published every Friday by The Honolulu Star Advertiser 500 Ala Moana Boulevard Suite 7-500 Honolulu Hawaii 96813, a private firm in no way connected with DoD, the U. S. Navy, Air Force or Marine Corps, under exclusive contract with Commander, Navy Region Hawaii.

All editorial content is prepared, edited, provided and approved by the staff of the Commander, Navy Region Hawaii Public Affairs Office: 850 Ticonderoga, Suite 110, Pearl Harbor, Hawaii, 96860-4884. Telephone: (808) 473-2888; fax (808) 473-2876; e-mail address: [editor@hookelenews.com](mailto:editor@hookelenews.com) World Wide Web address: <https://www.cnic.navy.mil/Hawaii/> or [www.hookelenews.com](http://www.hookelenews.com).

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# Sailors honor late Pearl Harbor survivor EMC Haag

Story and photos by  
MC2 Laurie Dexter

Navy Public Affairs  
Support Element  
Detachment Hawaii

Sailors from Joint Base Pearl Harbor-Hickam (JBPHH) honored the late Pearl Harbor survivor Chief Electrician's Mate Leo Haag by scattering his ashes in the waters near the USS Utah Memorial on Ford Island, JBPHH during a ceremony July 2.

Among those in attendance were Haag's daughters, Cheryl Yocum and Nancy Haag, and other family members. Jim Taylor, Pearl Harbor survivor liaison, provided remarks during the ceremony.

"It was Leo's wish to return to Pearl Harbor on his final voyage after he died, so he could be with his shipmates, his brothers, who were killed that fateful morning in December of 1941," said Taylor.

"Thanks to his loving daughters, Cheryl and Nancy, along with these wonderful family members and friends, his wish will come true."

Military honors included a gun salute and the presentation of colors to the family by the Joint Base Pearl Harbor-Hickam Honors and Ceremonial Guard.

"It's a very deep, emotional feeling because he loved the Navy so much and Pearl Harbor was very dear to him. The whole experience helped shape his life," said Yocum.

According to Haag, on the morning of Dec. 7, her father mistook the alarms for training.

Haag said, "He was ly-



ing in his bunk, and he thought, 'What the heck are they doing out there?'"

"He didn't even get his cup of coffee," added Yocum.

Leo Haag was born Nov. 17, 1913 in Twin Bridges,

Mont. He joined the Navy in the early 1930s and was assigned to the USS Argonne during the attack. Two months after the attack, Haag was transferred to the battleship USS Indiana (BB-58)

where he served for most of the remaining years of the war.

After fulfilling his service in the Navy, Haag joined the Army and retired in 1956. During his time in the Army, he was

stationed in Alaska where he was able to enjoy the outdoors. He enjoyed fishing, prospecting for gold, and growing hothouse tomatoes.

"When I think back on my father, I think about a

man who lived an incredible life, and there was never a down moment for him. He was always busy, he was always active, and he was an incredible father," said Yocum.

**HO'OKELE Online** PEARL HARBOR - HICKAM NEWS <http://www.hookelenews.com/> or visit <https://www.cnmc.navy.mil/Hawaii/index.htm> 



# Pearl Harbor-Hickam Highlights



Capt. Stan Keeve, commander Joint Base Pearl Harbor Hickam, (left) talks with members of the rock band O.A.R. at the Joint Base Pearl Harbor-Hickam Fourth of July celebration at Ward Field. O.A.R. performed at the celebration.

U.S. Navy photo by MC2 (SW) Jeff Troutman



U.S. Navy photo by MC2 Gabrielle Joyner

U.S. Army Specialists Kevin Brown and Henry Arias, assigned to Alpha Company 225th Brigade Support Battalion, take an oath of re-enlistment during a re-enlistment ceremony at the USS Arizona Memorial at Joint Base Pearl Harbor-Hickam. During the June 26 event, Sailors and Soldiers from several commands participated in re-enlistments at the Arizona Memorial.



U.S. Navy photo by MC2 Gabrielle Joyner

Electrician's Mate 2nd Class Michael Anderson, assigned to the guided-missile destroyer USS Hopper (DDG 70), takes an oath of re-enlistment June 26 during a re-enlistment ceremony at the USS Arizona Memorial at Joint Base Pearl Harbor-Hickam.

Members of the 747th Communications Squadron stand at attention prior to a Reveille ceremony at Joint Base Pearl Harbor-Hickam July 2. The ceremony was performed in honor of Independence Day. The reveille ceremony is performed to honor the flag of the United States of America and signify the beginning of the duty day.

U.S. Air Force photo by Tech. Sgt. Aaron Oelrich



Aviation Machinist's Mate Airman Alex Cowen, left, and Aviation Machinist's Mate 2nd Class Tamatha Shulmerich, right, assigned to the 'Golden Eagles' of Patrol Squadron (VP) 9, troubleshoot engine four on a P-3C Orion maritime patrol aircraft after a faulty start July 9 at Marine Corps Base Hawaii, Kaneohe. Aviation machinist's mates conduct daily maintenance, as well as emergency troubleshooting, to ensure mission readiness.

U.S. Navy photo by MC3 Amber Porter





Commentary

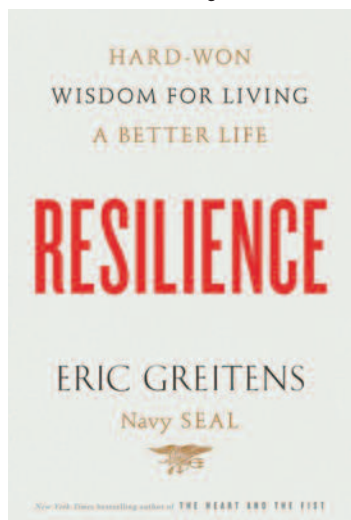
# Time for resilience/Navy SEAL's 'Hard-won wisdom for living a better life'

Bill Doughy

There can be happiness in struggle as long as fear doesn't cripple us from making good choices and taking positive action.

That's the conclusion of Navy SEAL Lt. Cmdr. Eric Greitens, author of "Resilience: Hard-Won Wisdom for Living a Better Life" (Houghton Mifflin Harcourt, 2015). This book is filled with philosophy and insights from the Greeks, Romans, enlightenment thinkers and BUD/S training — all geared to understanding and promoting resilience.

"Resilience is the virtue that enables people to move through hardship and become better. No one escapes pain, fear and suffering. Yet from pain can come wisdom, from fear can come courage, from suffering can come strength —if you have the virtue of resilience. People have known this for thousands of years. But today a lot of this ancient wisdom goes unheeded. In my work with other veterans who have overcome in-



juries and loss—the loss of limbs, the loss of comrades, the loss of purpose—I have heard one thing over and over again: their moments of darkness often led, in time, to their days of greatest growth."

Greitens's book is structured as a series of letters to a fellow SEAL suffering post-traumatic

stress disorder. The author offers practical advice based on esoteric lessons of life through history.

Whether in war, in business or at home, "Resilience is the key to a well-lived life ... You need resilience because you can't have happiness, success, or anything else worth having without meeting hardship along the way."

In a thoughtful piece in "Time" magazine early last month, Mandy Oaklander reported that the study of resilience started after World War II by Ann Masten, examining the effects of war on displaced and traumatized men, women and children. Why did some bounce back despite the hardships they had endured?

Another researcher, Emmy E. Werner of the University of California, Berkeley and author of several publications related to her work, began a 40-year study in 1955. She followed "nearly 700 children in Kauai, Hawaii, many of whom had alcoholic parents," and finding that one-third of the most at-risk children fared exceptionally well over time

due to three factors:

- A tight-knit community,
- A stable role model and
- A strong belief in their ability to solve problems.

You can see how that applies in Greitens's world: The SEALs provide the tight-knit community; good leaders, instructors and shipmates provide stable role models; and a culture of honor, courage and commitment provides the belief in self. Other groups have their own systems of support.

Studies of resilience were conducted with U.S. prisoners of war from Vietnam in the '70s. They used their only "two resources—free time and their minds" to creatively and imaginatively escape inward and retain hope in the face of stress and fear.

The military is at the forefront of studying resilience.

Not surprisingly, SEALs demonstrate exceptional abilities in mindfulness and controlling fear. Scientists are proving the importance of the link between exercising the body and exercis-

ing the mind in building neurological strength and resilience.

With humility and a caring attitude, Greitens gives advice and "practical wisdom" gained through the ages in order to "focus your mind, control your stress and excel under pressure."

"Pain can break us or make us wiser. Suffering can destroy us or make us stronger. Fear can cripple us, or it can make us more courageous. It is resilience that makes the difference."

"Resilience" is a good companion to help understand the pain, fear and suffering endured by the Sailors and civilians who go north in Hampton Sides's "In the Kingdom of Ice," recommended by former Adm. James Stavridis and recently reviewed on Navy Reads.

*(Editor's note: A version of this review appeared on Doughy's Navy Reads blog: <http://navyreads.blogspot.com>. Recent posts include Mark Twain's Thug Life, a review of "Dead Wake," and Monty Python and Magna Carta.)*

## Hawaii's history and military legacy perpetuated at regatta

Story and photo by Jim Neuman

Navy Region Hawaii Historian

Hundreds of Waikiki visitors and local residents were on hand to cheer on dozens of canoe paddlers in the oldest canoe race in the world, the Walter J. Macfarlane Memorial Canoe Regatta, held July 4 and sponsored by the Outrigger Canoe Club (OCC).

The annual Independence Day regatta, which started in 1943, is named after Walter J. Macfarlane, a part-Hawaiian territorial legislator, avid waterman, businessman and former president of the Outrigger Canoe Club.

In 2010 the club added the Military Invitational Race to honor the nation's

military. Service members from the Army, Navy, Air Force, Marines and Coast Guard were invited to compete against each other on a half-mile course for the bragging rights and the satisfaction of proudly representing the nation's armed forces. Winning entries from the past five years included teams from the U.S. Navy, U.S. Marines, U.S. Coast Guard and the Navy SEALs.

This year's race added another incentive; the winning team would now have the honor of having their names enshrined on the inaugural USS Arizona Award.

Following the construction of the USS Arizona Memorial in 1961, a section of the iconic ship's superstructure was placed in



Canoe paddlers participate in the Walter J. Macfarlane Memorial Canoe Regatta held July 4 in Waikiki.

a remote area of Pearl Harbor to be kept in storage. Since 1996, Navy Region Hawaii has been designated by the Naval History and Heritage Command as their agent to provide pieces of the superstructure, known as Arizona Relics, to qualified veterans groups, educa-

tional and historical organizations to be used for display where members of the public may see it.

To date, more than 90 pieces of the relics have been sent to museums and educational sites around the United States. In February of this year, the Outrigger Canoe Club re-

quested and was presented with a piece for use in the perpetual trophy.

"Outrigger Canoe Club and the paddlers of the Oahu Hawaiian Canoe Racing Association are appreciative of all that the military does to keep our island home safe," said Jon Whittington, OCC president.

"It is a privilege for us to host the Military Invitational Race at the Walter J. Macfarlane Regatta on the Fourth of July and to share this special day with our troops. We thank the Navy for entrusting us with a relic from the USS Arizona to use as a perpetual trophy for the race," he said.

Saturday's 73rd annual race consisted of seven military teams. Three teams from the U.S. Navy

and one each from the U.S. Army, U.S. Marines, U.S. Coast Guard and U.S. Air Force. In the end, it was the canoe from the USS Port Royal that prevailed, winning first place and becoming the first team to be named on the trophy.

Whittington said that the USS Arizona Award was on display at the regatta in Waikiki on the 4th of July and will reside permanently in the trophy display case in the lobby of the Outrigger Canoe Club.

"The names of this year's winners from the USS Port Royal will be engraved on the trophy, as well as the winners from past and future races. We look forward to hosting troops from all branches of the military at our 74th Annual Regatta next July 4," he said.



# NCTAMS PAC flies information dominance warfare pennants

**Ensign  
Denise Baumeister**

*Naval Computer and Telecommunications Area Master Station Pacific Public Affairs*

Naval Computer and Telecommunications Area Master Station Pacific (NCTAMS PAC) in Wahiawa recently held a ceremony in honor of earning the right to fly both the enlisted and officer information dominance warfare pennants.

Due to the significance of this event, Capt. William A. Dodge Jr., NCTAMS PAC commanding officer, invited Rear Adm. Kathleen Creighton, United States Pacific Command (PACOM) J6 and director for command, control, communications and cyber, to speak at the occasion.

Dodge opened the ceremony and commented on the occasion. "Five short years ago, the Navy established a new warfare specialty: information dominance. It was recognition by the Navy as a whole that what we do in the information and cyber domains is no longer support, but a warfare area on par



U.S. Navy photo

Lt. Alejandro Musquiz and IT1 (IDW/SW) Kris Caguioa raise the officer and enlisted IDW pennants for the first time over NCTAMS PAC.

with air, surface and subsurface.

"It combines the complementary capabilities of information technology, cryptology, meteorology and intelligence. This recognition has effectively made our operations center, the Dan Healy Communication Center, and Wahiawa SATCOM our weapons systems," Dodge said.

Before raising the pennants, Cmdr. James B. Gateau NCTAMS PAC chief staff officer, presented eight Sailors, who recently completed the enlisted information dominance warfare specialist (EIDWS) qualification, for pinning. Creighton, along with the Sailors' mentors, pinned the EIDWS breast insignia and presented the Sailors with their designation certificates.

"During the preceding five years, we have worked hard to establish a robust IDW [information dominance warfare] program here at NCTAMS PAC for both officer and enlisted qualification and to qualify our entire workforce in that program.

Today we are here to celebrate the hard work that has resulted in 100 percent

workforce qualification or enrolled on-track with zero delinquencies for the first time in our program's history," said Dodge, alluding to the requirements set forth by Navy Information Dominance Forces that dictate a command's ability to fly the warfare pennants.

Creighton offered comments in recognition of NCTAMS PAC's achievement. "We can't do anything without assured command and control (C2), and the work done at NCTAMS PAC ensures reliable communications that provide C2 to our joint forces in the Pacific, so I salute you. NCTAMS PAC has an amazing reputation and the fleet and joint warfighters appreciate what you do," she said.

"In regards to the IDWS program, you should be proud of this honor and being able to fly the pennant. It is really hard to get all your personnel qualified or on track with the program. Keep up that hard work and perseverance, and congratulations to the shipmates who got pinned today," Creighton added.

She also announced the recently selected NCTAMS

PAC Senior Sailor of the Quarter, Information Systems Technician 1st Class (IT1) (IDW/SW/AW) Mark Malinowski; Junior Sailor of the Quarter, IT2 (SW) Janromnick Escano; and Blue Jacket of the Quarter, IT3 (IDW) Joshua Hall.

Following the ceremony, Dodge gave Creighton a tour of Wahiawa Annex and a command brief covering the history of NCTAMS PAC and its mark on the island of Oahu, the command's mission and its outlying sites. Creighton was provided with a tour of the Dan Healy Communications Center where she met with several NCTAMS PAC Sailors standing the watch.

The Dan Healy Communications Center, NCTAMS PAC's operations center, is named after Information Technician Senior Chief (ITCS) and Navy SEAL Daniel Healy who died attempting to rescue his team mates, including Lt. Michael Murphy in Afghanistan during Operation Red Wings on June 28, 2005. Healy's wife and daughter attended the dedication, and the center became operational in January 2012.

## Security official offers precautions to residents to prevent crime

Continued from A-1

garage door openers inside vehicles. Lastly, if you notice something suspicious (i.e., unknown vehicles driving in your neighborhoods scanning the area, unfamiliar personnel walking behind your house), report it to proper authorities," Caicedo emphasized.

Heren echoed Caicedo's advice. "Help us help you by securing your property," she said.

Hickam Communities has also been proactive in distributing safety messages to military residents and through other efforts to deter illegal activity.

"The safety of our residents is important, and our base security has always done a tremendous job keeping us informed about activities we and our fami-

lies should be aware of. We work closely with security forces to get essential information out to our residents in a timely manner, whether it's alerting families about suspicious activities or just sending out friendly reminders," said Stephen Quinn, director of property management for Hickam Communities.

"Within our own footprint, we recently initiated an aggressive street light repair and maintenance program that can enhance safety and, hopefully, deter unlawful activity," Quinn said.

Anyone who observes a violation of regulations or laws is encouraged to immediately report it to the base police via the regional dispatch center (RDC) at 474-2222 or 471-1550. Off-installation residents should call Honolulu Police Department by dialing 911.

### Keep your stuff safe

Joint Base Pearl Harbor-Hickam Security Department reminds service members and their families to stay vigilant and be proactive in safeguarding their belongings.

- Keep vehicles locked at all times.
- Do not leave valuables inside vehicles.
- Keep garage doors closed.
- Secure bicycles.

Anyone who observes a violation of regulations or laws is encouraged to immediately report it to the base police via the regional dispatch center (RDC) at 474-2222 or 471-1550. Off-installation residents should call Honolulu Police Department by dialing 911.

**HO'okele Online**

<http://www.hookelenews.com> or <https://www.cnmc.navy.mil/hawaii>