

Life Leisure

CEREMONIES HONOR FALLEN SERVICE MEMBERS



Photo Illustration

U.S. Navy photos by MC2 Laurie Dexter
(Top) Guests participate in the 66th Mayor's Memorial Day Ceremony at the National Memorial Cemetery of the Pacific at Punchbowl.

(Center) Gravestones at the National Memorial Cemetery of the Pacific at Punchbowl are decorated with American flags and Hawaiian lei.

(Above) Gen. Lori J. Robinson, commander Pacific Air Forces (left) and Judge Thomas Kaulukukui Jr. lay a wreath during the Memorial Day Ceremony.

U.S. Navy photo by MC1 Steven Khor
Retired Master Chief Charles Womac of the U.S. Submarine Veterans Bowfin Base chapter honors fallen submariners during a wreath presentation at the USS Parche Park and Submarine Memorial May 25, at Joint Base Pearl Harbor-Hickam.

Navy Region Hawaii Public Affairs

The 66th Mayor's Memorial Day Ceremony took place May 25 at the National Memorial Cemetery of the Pacific at Punchbowl in Honolulu. The ceremony honored America's service members who have fallen while serving their country.

The event featured a flyover of F-22 Raptors, gravestones decorated with American flags and lei, and guests who honored those buried at the cemetery.

In addition, a Memorial Day ceremony took place at the USS Parche Park and Submarine Memorial, May 25,

at Joint Base Pearl Harbor-Hickam. At the annual Memorial Day event sponsored by the Bowfin Base SubVets, submariners honor those whose lives were lost defending the nation beneath the sea, and all those on "eternal patrol."

Other events during the weekend included a Roll Call of Honor in Remembrance ceremony at Punchbowl, a Veterans Candlelight Memorial Day ceremony at Punchbowl, A Friends of the Natatorium Memorial Day event at the Waikiki World War I Memorial Natatorium and the Governor's Memorial Day ceremony at the Hawaii State Veterans Cemetery at Kaneohe.



U.S. Navy photo by MC1 Steven Khor
The Joint Base Pearl Harbor-Hickam Navy Honor Guard performs a three-gun volley during a Memorial Day ceremony at the USS Parche Park and Submarine Memorial.



U.S. Navy photo by MC1 Steven Khor
Retired submariners Ben Bearis, left, and Hap Belisle of the U.S. Submarine Veterans Bowfin Base chapter honor submarines and their crews lost at sea during a Memorial Day ceremony at the USS Parche Park and Submarine Memorial, May 25.



U.S. Navy photo by MC1 Steven Khor
Joan Peters, national president of the Subvettes, ladies auxiliary of the U.S. Submarine Veterans, honors fallen submariners during a wreath presentation at the USS Parche Park and Submarine Memorial, May 25, at Joint Base Pearl Harbor-Hickam.

Shipyard wins soccer championship in shootout

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

Not since the Kunia Gallos won back-to-back titles in 2012 did a team claim two soccer championships in a row, but on May 23 the Pearl Harbor Naval Shipyard matched the monumental feat by defeating Pacific Command/Joint Intelligence Operation Center/Pacific Fleet (PACOM JIOC/PACFLT) in an overtime shootout to win the 2015 Joint Base Pearl Harbor-Hickam intramural trophy at Earhart Field.

Shipyard, who has won the last two Summer Soccer championships, can now count the intramural title to their list of accomplishments.

Troy Switzer, a Department of Defense civilian, sealed the win by placing a perfect shot through the goal on the team's third try after a PACOM JIOC/PACFLT shooter missed the mark.

Although the pressure was definitely on, Switzer, who is one of the veterans on the squad, calmly stepped up and booted in the winning goal.

"It was on," said Switzer about feeling the tension. "I just got to tell you something, you just got to go out and do it. There was extra pressure with the wind in your face. I just wanted to keep it down, keep it low and put it in the corner."

The climax was a fitting end to an all-out battle that pitted two undefeated teams and regular-



Troy Switzer maneuvers past a couple of defenders. Switzer kicked the winning goal in a shootout for Pearl Harbor Naval Shipyard.

season leaders of their own divisions.

Much like their semifinal win over the 15th Maintenance Group over the 15th Maintenance Group "B" (15 MXG "B") team, Shipyard got out to a slow start and had to dig their way out of an early hole.

Less than midway through the first half, PACOM JIOC/PACFLT got on the scoreboard first when Chief Intelligence Specialist Jared

Jeppson got the ball near the Shipyard goal before steadying the shot to boot it into the net and a 1-0 lead.

"It was a nice throw-in from a teammate," Jeppson said. "I managed to place it in the right spot and just tapped it past the goalie."

The game seemed to remain in control of PACOM JIOC/PACFLT for the next few minutes, but as

Shipyard has done all season, the momentum shifted on a dime.

In Shipyard's semifinal matchup against the 15 MXG "B," Gas Turbine Systems (Electrical) 3rd Class Terry Gross picked up two late goals to seal the win and it was Gross that came to the team's rescue again.

Although Gross claimed that he could feel the pressure of the PACOM JIOC/PACFLT defense

throughout the game—especially after scoring three times in the previous week—he found a seam near the goal and took it home to tie the game at 1-1.

"I could definitely feel them covering me, but I used that to my advantage," Gross said. "We didn't really have a whole lot of forwards on top. I decided to come down and take a chance. I actually feel that I was kind of lucky. Somehow I managed to shoot it through his hands."

The goal was the final one during regulation, which set the stage for the three-against-three shootout.

Both teams were good on their first attempts, but on one crucial shot, PACOM JIOC/PACFLT had the ball carom off the crossbar—placing Switzer front and center.

While Switzer said he felt sorry for PACOM JIOC/PACFLT, he knew what he had to do.

"It's tough because the sportsman in you doesn't want to celebrate," he admitted. "Then you realize quickly after the excitement and the pressure is on me."

As the team rejoiced over yet another title, Switzer said that he feels this title just might be the sweetest one to date.

"It might be because we hadn't won this one yet," said Switzer, who also noted that the team would be back in a couple of weeks to go for their third Summer Soccer League championship in a row. "You know it. We'll be here."

Rally in ninth leads Maintenance Group to win

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

Master Sgt. Matt Proemsey smacked a walk-off single that drove in Master Sgt. Tyson Andrews for the game-winning run on May 26 to complete a 12-11 come-from-behind victory for the 15th Maintenance Group over Navy Information Operations Command Hawaii Direct Support (NIOC-DIRSUP) in a White Division intramural softball game at Millican Field, Joint Base Pearl Harbor-Hickam.

Down by four runs with two outs and nobody on in the bottom of the seventh, MXG rallied for the first run on a single and error before another infield miscue on a batted ball by Andrews tallied the team's second run of the inning.

Then with the bases loaded, Staff Sgt. Andrew Golembiewski singled to drive in two runs to tie the game up at 11-11.

Proemsey's single cleared the way for the win but not without a little drama along the way.

Circling third base, Andrews appeared headed to score standing up but instead fell in between the bases before struggling up to beat the throw at home.

The win kept the 15 MXG in the hunt for the division's top spot with five wins against only two defeats, while NIOC-DIRSUP fell to 1-6.

"My legs just gave out," Andrews said about the call at home. "I haven't been running enough lately."

While the win was in doubt entering the last inning, the 15 MXG appeared to be on their way to an easy victory after the bottom of the third frame when the team held a 5-0 advantage.

The MXG broke out on top in the bottom of the first inning when Golembiewski picked up an RBI single.

A quiet frame kept the score the same after two innings, but in the bottom of the



Chief Cryptologic Technician (Collection) Alexander James beats the throw to home to score a run for NIOC-DIRSUP.

third, the MXG scored four times on four hits, which included a triple off the bat of Staff Sgt. Cory Hamilton that drove in two runs.

However, after having their bats silenced for three innings, NIOC-DIRSUP stepped up to the challenge and put up a rally of their own in the top of the fourth.

The team got RBI hits off the bats of Chief Cryptologic Technician (Technical) Jose Ocana and Cryptologic Technician (Interpretive) 1st Class Zac Metz to get things started and pulled to within a single run with a four-run outburst.

In the top of the sixth, Metz lined a shot through the gap to drive in two runs and then rounded third to score on a bad relay to home to give NIOC-DIRSUP their first

lead of the game at 7-5.

The MXG tied the score with two runs in the bottom of the sixth, but in the top of the seventh, NIOC-DIRSUP appeared to put the game away for good with four runs to take an 11-7 lead.

Instead, the MXG completed the improbable comeback with five runs in the bottom of the frame for the win.

"It's this team. They don't give up," Andrews said. "No matter how far we're behind, we never give up. Contribute this to them."

Heading in the final inning, Metz said he felt pretty good about getting the win, but sometimes things just happen.

The good thing about the team's effort, Metz said, is that the game gave them a

solid indication that everyone is coming together.

"This is probably the first game we've put it together," Metz said. "We're excited about finally playing well."

For Andrews, the win was bittersweet, as he will be PCSing in just a couple days.

Even though he won't be able to see it, Andrews said that the MXG is in a good position for a great season.

"I've just played my last game," he said. "It's hard. I've known these guys for four years. It hurts, but they'll carry on."

Story Ideas?
Contact Ho'okele @
473-2890
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Museum to feature Midway programs



U.S. Navy National Museum of Naval Aviation photo

U.S. Navy Douglas TBD-1 Devastators of Torpedo Squadron 6 (VT-6) are seen on the deck of USS Enterprise (CV-6) prior to launching for attack against four Japanese carriers on June 4, 1942 on the first day of the Battle of Midway.

Pacific Aviation Museum Pearl Harbor

Marking the 73rd anniversary of the Battle of Midway, two special programs will be held at Pacific Aviation Museum Pearl Harbor.

The events will feature Craig L. Symonds, one of America's leading naval historians and an award-winning author.

A free presentation for military families will begin at 3 p.m. June 4 in the museum theater, followed by a reception and book signing by the author in the museum gallery of hangar 37.

In addition, a presentation for the public will begin at 1:30 p.m. June 6 in the museum theater, followed by a book signing in the museum gallery of hangar 37.

Symonds is a former U.S. Navy officer, served as a U.S. Naval War College professor, and is a professor emeritus of the U.S. Naval Academy, where he taught naval history and Civil War history for 30 years.

He is the author of 12 books and editor of nine others.

In addition, Symonds has written more than 100 articles in professional journals and popular magazines, as well as more than 20 book chapters in historical anthologies. He has won multiple awards for his work, including the Barondess/ Lincoln Prize.

In his book, "The Battle of Midway," Symonds details the reasons why, contrary to popular belief, the victory at Midway was not based on luck, but rather strategy and the element of surprise. Symonds' presentation will include an account of the decisions that were made, why they were made, and the interactions and relationships that existed between key leaders.

"Craig Symonds has developed an in-depth knowledge of Midway. He is not only one of the nation's leading naval historians, but is also an excellent story teller, making this year's presentation an event you won't want to miss. We are honored to have him as this year's Battle of Midway commemoration keynote," said Kenneth DeHoff, Pacific Aviation Museum Pearl Harbor executive director.

For more information, call 441-1000, or visit www.PacificAviationMuseum.org.

Harlem Globetrotters shoot hoops on 'Mighty Mo'



Photo courtesy of Battleship Missouri Memorial

Harlem Globetrotter "Slick" Willie Shaw takes the first shot on the newly dedicated basketball hoop aboard the Battleship Missouri Memorial during a visit to the ship May 26, continuing a long history of the Globetrotters performing for U.S. military. The Harlem Globetrotters and active duty Navy Sailors were invited to play basketball, perform trick shots, and honor the tradition of shipboard basketball on the ship, also known as the 'Mighty Mo.' The special exhibition featured the dedication of a new basketball hoop and backboard installed in the exact place as the Missouri's original hoop.

JPPSO helps families create smooth move this summer

Patricia Matthews

Fleets Logistics Center Pearl Harbor

Each year more than 250,000 Department of Defense and U.S. Coast Guard household good shipments are slated for movement during the summer months. These shipments compete with private sector moves creating a "peak moving season" challenge. Peak moving season runs May through August each year with the peak of the peak between Memorial Day and July 4.

Hawaii is particularly affected due to limited authorized commercial agencies and applicable regional policies affecting moves. Since requested pickup and delivery dates may not be available, flexibility is important. It is recommended to build in extra time into move schedules for unforeseen circumstances.

According to Richard Rohr, director of the Joint Personal Property Shipping Office (JPPSO), Hawaii, pack dates are already blocked for May, and parts of June have reduced availability. However, creating a smooth move for household goods is possible during peak moving season with



Daniele Haiili, a JPPSO Hawaii household goods inspector, conducts an unannounced quality assurance check with the local moving company assigned to do a military PCS move.

proper planning.

Personnel should begin the move process by registering on www.move.mil immediately upon receiving permanent change of station (PCS) orders. Requesting pickup and delivery dates as soon as possible will increase the possibility of obtaining preferred dates.

All DOD service members and civilians, including their families, should refer to the Defense Personal Property System (DPS), which is accessed through the website, move.mil. This

website is the portal for DPS and the one-stop shop where members can manage their move process. Members using move.mil also have access to online training resources explaining how to navigate through the move process.

Personnel can consult with relocation counselors at the local personal property shipping office and access the onsite internet cafe to assist with moves. The Joint Personal Property Shipping Office receives approximately 1,200 calls per month, assists nearly 2,000

walk-in customers monthly, and is committed to "service with aloha."

The following tips may help "smooth move" planning:

- Create a personal moving calendar with checklists, phone numbers and links to critical moving processes and information.
- Utilize the Personal Property Shipping Office (PPSO). It is never too early to ask questions—your move is our mission.
- Once your move dates are requested, don't assume they are set. Move dates are

JPPSO

Hours of operation:
7:30 a.m. to 4 p.m.
(Mon./Tues./Thurs./Fri.)
9 a.m. to 4 p.m. (Wed.)
Closed on federal holidays

Phone: 473-7782

Aloha Center, 4825 Bougainville Drive, building 2652, room 211 (Moanalua Shopping Center)

move.mil. Keep in mind this is only an estimate and each individual shipment will vary.

- Moving is a good time to dispose of unnecessary items. This will help you avoid excess weight charges if your shipment is close to the authorized weight allowance. Personnel can request a reweigh of personal property shipment at no cost. This is done when members are near or over weight allowance.

- [Move.mil](http://move.mil) places you in direct contact with your moving company to manage the movement of your personal property. It is extremely important to keep your contact information (phone number and e-mail address) updated in move.mil.

- You can find the "It's Your Move," "Shipping Your Privately Owned Vehicle" and "Storing Your POV" pamphlets on the move.mil website. These pamphlets provide explanations on responsibilities for personal property and POV shipments and are a great source for additional moving tips to help you prepare for the move.

Visit the Facebook page: NAVSUP Fleet Logistics Center Pearl Harbor for additional information.

not confirmed until you coordinate with your transportation service provider, the company contracted to do your move.

- Pack, pickup and delivery dates are usually scheduled on weekdays. You or your designated representative must be available between the hours of 8 a.m. and 5 p.m. Missing move dates will cause unnecessary hardship on everyone and possibly extra expenses for you. Obtain an appropriate power of attorney if necessary.

- Calculate an accurate estimated weight of your personal property. An estimate can be made using the weight estimator found at

Upcoming blood drives

- June 1, 8 a.m. to noon, Marine Aviation Logistics Squadron 24, building 375, Marine Corps Base Hawaii.
- June 9, 9 a.m. to 1 p.m., SEAL Division Team-1 SDVT-1 classrooms.
- June 10, 9 a.m. to 1 p.m., Naval Submarine Support Command, 822 Clark St. suite 400, JBPHH.
- June 15, 9 a.m. to 1 p.m., Camp Smith Pollack Theatre, Camp Smith.
- June 16, 9 a.m. to 1 p.m., Makalapa Clinic, Joint Base Pearl Harbor-Hickam. For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.

GOT SPORTS

Phone: 473-2890

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Contact the Ho'okele editor for guidelines and story/photo submission requirements.



U.S. Navy file photo





Live the Great Life

Hypnosis show will return this weekend



MWR Marketing photo

Hypnotist Chuck Milligan will return for two shows on Joint Base Pearl Harbor-Hickam this weekend.

Reid Tokeshi

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

A longtime entertainer of the military makes his return to Joint Base Pearl Harbor-Hickam as hypnotist Chuck Milligan performs two shows this weekend.

On Saturday, an adult-themed show will take place at Sharkey Theater. Admittance to that show is limited to 18 years and older. Another show on Sunday, will be held at the Makai Recreation Center and is appropriate for all people. Parents are welcome to bring their kids.

Milligan has spent nearly three decades entertaining the military and their families. He has visited bases across the U.S. as well as Europe, Asia, the Middle East and Africa.

"I have been to Japan every year for 28 years in a row, and I did over 100 shows in Iraq for the troops there," Milligan said. What many don't know is that Milligan is also a former military member, having served in the U.S. Marine Corps.

Lara Katine of MWR Special Events said that attendees can expect constant, ongoing laughs at both shows.

"The feedback after every show has always been that it's absolutely, 100 percent side-splitting hilarious," Katine said.

She added that both shows, including the one for adults, maintain the dignity of the participants.

"Some people think an adult hypnosis show is something they don't want to see or participate in," Katine said. "(Milligan's) show is hilarious, fun and sassy, but it's not embarrassing or humiliating to the people on stage."

With Milligan's record of entertaining the military for 29 years, some may have seen his show before, but Katine said that shouldn't sway people from coming out again.

"Some things may sound familiar, but every show is new and fresh because the participants make it new and fresh," Katine said.

Both shows are free to attend and no tickets are required. The adult show at Sharkey Theater is limited to the first 400 while the "all ages" show at the Makai Recreation Center is limited to 300 patrons. Each show will last between 60 to 90 minutes.

For more information, go to www.greatlifehawaii.com.



MWR Marketing photo

Joint Base youth leave the starting line at the 2015 America's Armed Forces Kids Run.

Joint Base youth participate in run

Justin Hirai

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

The Joint Base Pearl Harbor-Hickam Youth Sports Program participated in the America's Armed Forces Kids Run May 16 at the recently renovated Earhart Field on the Hickam side of Joint Base Pearl Harbor-Hickam.

America's Kids Run is one of the many Armed Forces Day activities held in May each year. Military bases worldwide participate in the event to promote fitness among youngsters.

More than 200 youth between the ages of 5 to 13 participated this year.

Runners were split into three running groups, based on age. The first group of kids, ages 5 and 6 years old, ran a half-mile.

The second group of kids, ages 7 and 8 years old, ran one mile. The final group of youth, ages 9 to 13 years old ran two miles.

No finishing places were awarded for the run. Instead, all who participated received Kids Run T-shirts.

Parents and siblings cheered on the young athletes throughout the run and as they crossed the finishing line. Some parents even ran alongside their kids to show support.

The youth sports program provided water and fruit for refreshment after the run.

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Fraud, Waste or Abuse
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HOTLINE: **808-471-1949**
 EMAIL: PRLH-CNRHIG@NAVY.MIL

Your Weekly Fun with MWR

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Color Your Summer 2.0 will be held from 4 to 8 p.m. Saturday at the JBPHH Teen Center for youth ages 13 to 18 years old. Participants will play a variety of color games. (Color will be similar to that used in the 5K Color Runs.) The cost is \$5, and food will be provided. FMI: 448-0418.

Youth Adventure Sports Registration period closes June 1 for youth ages 12 to 15 years old. The session runs June through August. The fee is \$120, and registration is available at www.greatlifehawaii.com. FMI: 473-0789.

"Read to the Rhythm" Summer Reading Program free activity "Make Your Own 'Rock' Band" is available during library hours from June 1 to 6 at the JBPHH Library. Participants can combine smooth rocks and used CD and

DVD disks in creative ways. Projects will be on display in the library for a week. FMI: 449-8299.

Monday Night Kids Night will be held from 5 to 9 p.m. June 1 at Sam Choy's Island Style Seafood Grille. Youth ages 12 years and younger can get a free kid's meal with the purchase of an adult entrée. A bounce house will be up from 5 to 7 p.m. FMI: 422-3002.

\$1.50 Monday will be held from 5 to 9 p.m. June 1 at the bowling center on the Pearl Harbor side of Joint Base Pearl Harbor-Hickam. Bowling games, shoe rental and hot dogs are \$1.50 each. FMI: 473-2574.

Ladies Golf Clinic will begin at 9:30 a.m. June 3 at Barbers Point Golf Course. The pro will offer tips for female golfers at this free clinic. FMI: 682-1911.

Wii Wednesday will begin at 2 p.m. June 3 at the JBPHH Library. Youth ages 6 to 16 years old can try out the Wii U consoles for free. FMI: 449-8299.

Golf Demo Day will be held from 4 to 6:30 p.m. June 3 at Navy-Marine Golf Course. Participants can try out some of the latest golf equipment at the driving range for free. FMI: 471-0142.

One-Fifty Wild Wednesday will be held from 4 to 9 p.m. June 3 at the bowling center on the Hickam side of JBPHH. Bowling games, shoe rental and hot dogs are \$1.50 each for patrons with military CAC cards. FMI: 448-9959.

Mongolian barbecue will be served from 5:30 to 8 p.m. June 4 on the lanai of the Historic Hickam Officers' Club. A variety

of meats, vegetables and sauces will be available. Rice, noodles, soup, beverages and fortune cookies are included. FMI: 448-4608.

All-Military Surf Classic will be held from 7 a.m. to 5 p.m. June 6 at White Plains Beach, Kalaeloa (Barbers Point). Military and Department of Defense surfers will compete in various age categories in long board and short board divisions. Admission is free for spectators. FMI: 682-4925.

Bottom Fishing excursion will depart at 8:30 a.m. June 6 from Hickam Harbor. This trip is suitable for both experts and beginners and includes gear, bait, guides and boat. The cost is \$30. The sign-up deadline is June 4. FMI: 449-5215.

Learn to Surf class will begin at 9 a.m. June 7 at Hickam Harbor. Instructors familiarize students with the technique, gear and etiquette of surfing. The class starts out on land, transitions to the water near shore, then goes by surf taxi out to the "breaks." Participants need to be proficient swimmers and able to swim without a lifejacket. The cost is \$30. The sign-up deadline is June 5.

STORY IDEAS?
 Contact the Ho'okele editor for guidelines and story/photo submission requirements
 Phone: (808) 473-2890/2895
 Email: editor@hookelenews.com

Community Calendar

MAY

MFSC VOLUNTEER OPPORTUNITY

NOW — The JBPHH Military and Family Support Center is seeking volunteers. FMI: Susan Hodge at 474-1999.

CULTURAL SHOWCASE

TODAY — A cultural showcase for Asian American and Pacific Islander Heritage Month will be held from 9:30 to 11:30 a.m. at Sharkey Theater on the Pearl Harbor side of Joint Base Pearl Harbor-Hickam, followed by a special lunch until 12:30 p.m. at the Silver Dolphin Bistro galley. The cost of the lunch is \$5.55 per person. FMI: kon.lee@us.af.mil or 449-3639.

COLOR YOUR SUMMER

SATURDAY — A Color Your Summer 2.0 event will be held from 4 to 8 p.m. at the JBPHH Teen Center, building 1859. The event for teens ages 13 to 18 will include a variety of "color games," so teens should wear white or black and be ready to get dirty. The colors are similar to what are used in 5K color runs. The cost is \$5. Food will be provided. FMI: 448-0418 or www.greatlifehawaii.com.

CHUCK MILLIGAN SHOWS

SATURDAY, SUNDAY — Chuck Milligan Comedy Hypnosis Adult-Themed Show for ages 18 years and older will begin at 7 p.m. Saturday at Sharkey Theater. Beverages and snacks will be available for purchase, and seating is limited to the first 400 patrons. The show is free, and no tickets are needed. Milligan's All Hands show will begin at 5 p.m. Sunday at the Makai Recreation Center. Participation on stage is limited to ages 14 years and older, and seating is limited to the first 300 patrons. The show is free, and no tickets are needed. FMI: www.greatlifehawaii.com.

JUNE

BATTLE OF MIDWAY COMMEMORATIONS

4, 6 — Marking the 73rd anniversary of the Battle of Midway, two special programs will be held at Pacific Aviation Museum Pearl Harbor. The events will feature Craig L. Symonds, one of America's leading naval historians and an award-winning author. A free presentation for military families will begin at 3 p.m. June 4 in the museum theater, followed by a reception

and book signing by the author in the museum gallery of hangar 37. In addition, a presentation for the public will begin at 1:30 p.m. June 6 in the museum theater, followed by a book signing in the museum gallery of hangar 37. FMI: 441-1000, or www.PacificAviationMuseum.org.

STRESS MANAGEMENT CLASSES

9, 11 — Stress management classes will be held from 8 to 11 a.m. June 9 at Military and Family Support Center (MFSC) Pearl Harbor and from 8 to 11 a.m. June 11 at MFSC Wahiawa. The classes will focus on how stress affects personal and professional lives, how to decrease stress, interrupt the cycle, and use relaxations techniques. FMI: 474-1999 or www.greatlifehawaii.com.

SMOOTH MOVE WORKSHOP

11 — A smooth move workshop will be held from 8 to 11:30 a.m. at MFSC Hickam. This workshop will feature speakers from different JBPHH agencies who will provide participants with a better understanding of the permanent change of station (PCS) process. Topics will include financial planning, TRICARE, basic entitlements and allowances, shipment of household goods, shipping a vehicle and researching a new base and location. FMI: 474-1999 or www.greatlifehawaii.com.

BOOT CAMP FOR NEW DADS

13 — A boot camp for new dads will be held from 9 a.m. to 12:30 p.m. at Halsey Terrace Community Center. The event will include holding a baby, diaper-changing and working with mothers. This is a dads-only workshop for first time fathers-to-be coached by experienced dads. FMI: 474-1999 or www.greatlifehawaii.com.

SCHOOL PHYSICALS

13 — The 2015-2016 school year and sports season is just around the corner. Tripler Army Medical Center has set aside one Saturday each month this summer solely for the purpose of completing school /sports physicals for children 4 years old and up who are enrolled in the Tripler pediatric and adolescent/young adult clinics. Patients should call Tripler's central appointments for an appointment on June 13, July 11 or Aug. 15. Patients should bring all immunizations records and physical forms needed. FMI: www.tamc.amedd.army.mil.



FREE SNEAK PREVIEW: ENTOURAGE (R)

Movie star Vincent Chase, together with his boys, Eric, Turtle and Johnny, are back- and back in business with super agent-turned-studio head Ari Gold. Some of their ambitions have changed, but the bond between them remains strong as they navigate the capricious and often cutthroat world of Hollywood.

Movie Showtimes

SHARKEY THEATER

TODAY 5/29
7:00 PM Avengers: Age of Ultron (PG-13)

SATURDAY 5/30
2:00 PM Avengers: Age of Ultron 3D (PG-13)
7:00 PM Chuck Milligan Comedy Hypnosis Show

SUNDAY 5/31
2:20 PM Paul Blart: Mall Cop 2
6:00 PM Free Sneak Preview- Entourage (R)

THURSDAY 6/4
7:00 PM Ex Machina (R)

HICKAM MEMORIAL THEATER

TODAY 5/29
6:00 PM Avengers: Age of Ultron 3D (PG-13)

SATURDAY 5/30
4:00 PM Monkey Kingdom (G)
7:00 PM Avengers: Age of Ultron (PG-13)

SUNDAY 5/31
2:00 PM Avengers: Age of Ultron (PG-13)

THURSDAY 6/4
7:00 PM The Longest Ride (PG-13)

Seabees assemble to work with Boy Scouts

BUCR Alejandra Chavez

CBMU 303 Detachment Pearl Harbor

Seabees from Construction Battalion Maintenance Unit (CBMU) 303 Detachment Pearl Harbor recently volunteered in the annual Boy Scouts makahiki event at Ala Moana Beach Park.

Volunteers were tasked with creating a booth which would represent the Seabees and would be an opportunity to interact with the community of Honolulu. The booth consisted of various displays and activities that included building a beach chair and a static display of a Humvee and dump truck for the Boy Scouts and their families to interact with.

Construction Electrician's Mate Constructionman Gary Stevens was overall in charge of putting on the event. "It was a fulfilling and rewarding experience. I learned how to lead a team and get things done correctly to make the event an overall success," he said.

The scouts are taught how to use various tools when they enter the program. One of the tasks for the young boys consisted of the challenge to build a beach chair and a bench. With a volunteer's supervision, they instructed the scouts how to properly use power tools, then helped them to assemble the furniture. After the bench and the beach chairs were completed, the scouts were allowed to stencil their names and pack number on the pieces they built. Soon after that, the chairs were donated to some lucky winners.

Equipment Operator 3rd Class Matthew Nally, one of the key volunteers, attained the rank of Eagle Scout during his time in the Boy Scouts. He has successfully transitioned the lessons and experiences he learned from the Boy Scouts into his military career.

"During my time as a Boy Scout, the BSA [Boy Scouts of America] program taught me



U.S. Navy photo by BU1 Rouel Agustin

Seabees from Construction Battalion Maintenance Unit (CBMU) 303 instruct Boy Scouts recently on the assembly of bench chairs.

leadership qualities, patience and how to be a team player," he said. "It felt good to show the scouts what we do and where they can go in life by applying the lessons they've been taught."

The main attraction was the MTRV (medium tactical vehicle replacement) dump truck and the HMMWV (high mobil-

ity multipurpose wheeled vehicle). The MTRV can load up to 14 tons and is the one most used by Seabee units.

The Humvee is an off road tactical transport vehicle used by the Navy, Army, Air Force and Marine Corps to carry up to four passengers and weighs approximately 8,000 pounds. The Boy Scouts had the op-

portunity to explore each vehicle and take pictures.

The Boy Scouts of America (BSA) is an organization that was founded on February 8, 1910 and has evolved to become known worldwide. BSA gives the opportunity to young boys to develop their leadership skills and irreplaceable life lessons.

Forest City supports child cancer research

Story and photos by Forest City Residential Management

Two employees of the Forest City Hawaii Navy property management team, April Nicosia and Franco Labella, recently volunteered to have their heads shaved to support the local chapter of St. Baldrick's.

The shave-off event took place in Honolulu on April 26. On May 11, the Forest City team reached its goal to raise \$2,500.

A national nonprofit organization, the St. Baldrick's Foundation is a funder of childhood cancer research grants, second only to the U.S. government.

St. Baldrick's Foundation donations were provided by Forest City employees, residents, friends and families.

According to the organization's website, since 2005, St. Baldrick's has awarded more than \$53.5 million to the Children's Oncology Group, a cooperative research group with approximately 200 member institutions across the United States and beyond.

Nicosia, a Navy spouse, is a manager at Forest City's east resi-



Forest City employees, April Nicosia and Franco Labella, volunteer to get their heads shaved to raise support for childhood cancer research.

dent services office in Honolulu. She started the Forest City campaign in March.

"After hearing the stories of families impacted by cancer, I wanted to get more personally involved, so having my head shaved seemed like the next logical step. Although I was nervous about losing my hair, being surrounded by other volunteers and supporters was truly touching," Nicosia said.

Forest City's other volunteer, Labella, is a

groundskeeper for Forest City's central resident services office in Pearl City Peninsula.

He wasn't familiar with St. Baldrick's but once he heard about the fundraiser, he quickly volunteered to participate.

"I'm always looking for more ways to give back to the community so this was a great opportunity to get involved," Labella said.

In addition to donations from employees from Forest City's Hawaii Navy and

Marine Corps properties, the fundraiser also brought in contributions from employees of Forest City's corporate office on the mainland.

Forest City manages 6,884 homes for Navy and Marine Corps housing in Hawaii, with properties on Oahu and Kauai. The St. Baldrick's Foundation fundraising efforts continue. For more information, visit <http://www.stbaldricks.org/> or <https://www.stbaldricks.org/teams/mypage/101208/2015>.



My Favorite Photo...

Tucked away at the end of the rugged Manana Trail in Pearl City are the Waimano Falls gushing into two clear water pools. They served as a reward during a recent three-hour roundtrip hike by Anna General, who works for Joint Base Pearl Harbor-Hickam.

Photo by Anna General

How to submit: send your non-posed photo to editor@hookelenews.com.



Heritage month luncheon set

A special meal in honor of Asian American Pacific Islander Heritage Month will be offered from 11 a.m. to 12:30 p.m. today at the Silver Dolphin Bistro.

The price is \$5.55 and the meal is open to active duty military, Department of Defense civilians, retirees and family members of active duty military with valid ID cards. The meal will include pork sinigang soup, lechon roast pork, huli huli chicken, beef and broccoli, shrimp pancit miki, vegetable fried rice, steamed jasmine rice, stir-fried vegetables, seasoned green peas, fried lumpia with sweet sour sauce, hot pandesal, pan de coco, Asian style macaroni salad, haupia cream pie, chocolate chip cookies, coconut bread pudding and assorted ice cream. For more information, call 473-2519.

STORY IDEAS?

Contact the Ho'okele editor for guidelines and story/photo submission requirements
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