# Life Leisure Life Leisure

# FOCUSES ON FITNESS

Story and photos by MC2 Johans Chavarro

Navy Public Affairs Support Element West, Detachment Hawaii

Service members, families and friends gathered May 8 at the Joint Base Pearl Harbor-Hickam (JBPHH) Fitness Center for a Morale, Welfare and Recreation (MWR)-sponsored health and wellness fair.

The fair featured several booths throughout the JBPHH Fitness Center, which informed service members and their families on the different resources available to them on base regarding healthy living, nutrition and fitness.

According to Benny Miguel, JBPHH Fitness Center manager, the fair is an effective way to show service members the types of resources available to them when it comes to healthy living and fitness.

"We want service members to know what health and fitness options are available to them, whether through the military or outside vendors," said Miguel. "Where we have the Naval Wellness Center providing nutritional guidance, we also have private companies providing additional information and resources on how to improve their fitness. We want our community to be aware of healthy living, what that means for them, and the programs available for them that'll point them in

the right direction."

Equipped with plastic models of fatty tissue, jars of tar accumulated from a year of smoking, and body mass index analyzers, Tracy Navarette, health and wellness director for Navy Health Clinic Hawaii, and her team set out to teach and inform patrons on how to approach healthy living from different angles.

"It's not always just about fitness," said Navarrete. "We really need to look at what people are doing with respect to mind, body and soul. You have to ask yourself, 'how good am I mentally, how good am I physically?' 'Are we really balanced?' And that's what we want to promote- a balanced lifestyle."

To supplement the nutritional and fitness information that was available throughout the booths, live Zumba and Hula Fitness, fitness classes available at JBPHH Fitness Center, demonstrations were also displayed for attendees throughout the event.

For Airman 1st Class Jason Michaels, an attendee at the fair, the event helped give greater insight into various aspects of the health and fitness knowledge he already had.

"I recently went through a health class offered on Hickam, and I found a lot of the booths really expanded on the stuff I had learned," said Michaels.

After visiting each of the booths available during the event, Information Systems Technician 1st Class Renee Ingram, assigned to Commander Naval Surface Group Middle Pacific, said she walked away with a new perspective on what it means to live a healthy lifestyle and the importance of applying those lessons today.

"I think healthy living is very important because the way we live helps us plan for our future," said Ingram. "If we don't plan our fitness and our health goals for today, we won't be able to survive for the future or teach our kids what it means to be healthy, and we need to be healthy for them."

In the end, Miguel said when it comes to service members, health and fitness plays a critical role in helping them accomplish their mission.

"It's important that we promote health and fitness to our service members because on a military perspective it increases our readiness when it comes down to warfighting capabilities," said Miguel. "We want to make sure that our Airmen, Sailors and Soldiers are fit to fight."

(Above) Participants in the Joint Base Pearl Harbor-Hickam Fitness Center Zumba class put on a demonstration during a Morale, Welfare and Recreation-sponsored health and wellness fair at JBPHH.



Attendees at a Morale, Welfare and Recreation sponsored health and wellness fair participate in a truck-pulling contest at Joint Base Pearl Harbor-Hickam.



Hula fitness class participants in the Joint Base Pearl Harbor-Hickam Fitness Center put on a demonstration.



# MSUBPAC hosts 115th Navy submarine birthday balls

MC1 Jason Swink

Submarine Force Pacific Fleet Public Affairs

Submariners past and present gathered May 8-9 at the Hilton Hawaiian Village in Waikiki, to celebrate 115 years of distinguished U.S. Navy Submarine Force service.

This year's milestone birthday galas recorded the largest crowds ever in the history of the event. With enlisted submariners celebrating on Friday and the officers attending Saturday, a combined crowd of nearly 3,000 guests packed the ballroom, during the weekend's festivities.

Speakers during the two-day event included Rear Adm. Phil Sawyer, commander of Submarine Force, U.S. Pacific Fleet, and retired Navy Capt. Bruce Smith, a former commanding officer of the most highly decorated vessel in U.S. history, the submarine USS Parche (SSN 683).

"Pearl Harbor is and always will be the heart and soul of our Navy's submarine force," said Smith. "The war in the Pacific began with a crushing surprise attack on Pearl Harbor: Our submarine force survived the blow and took the fight to the enemy."

Smith continued, quoting Fleet Adm. Chester Nimitz, "It was to the submarine force that I looked to carry the load until our great industrial activity could produce the weapons we so sorely needed to carry the war to the enemy. It is to the everlasting honor and glory of our submarine person-



U.S. Navy photo by MC1 Steven Khor

Retired Rear Adm. Lloyd Joe Vasey, 98, center, World War II submarine veteran, greets an officer at the 115th annual Navy Officer's Submarine Birthday Ball at the Hilton Hawaiian Village Hotel.

nel that they never failed brate the present." us in our days of peril."

"Let's be mindful of our legacy and of the cost," said Smith. "We do know that freedom isn't free, many of our submarine force men and women stand the watch this evening."

During the balls on each evening, ceremonies honoring 65 boats and crew lost at sea during war and peacetime resacrifices and courage of our predecessors were, undersea warriors.

for us to spend with our year." friends, with our shipmates and our loved ones," said Sawyer.

as importantly to cele- up

submarine veterans in attendance and said although submarine force accomplishments remain largely unknown to the public, their contributions over the years have molded the force into what it is today.

"The nation expects the military and the submarine force to be ready," said Sawyer. "Ready for minded attendees of the whatever, whenever, like you can be justifiably "Tonight is a celebra- proud of what you have tion about us. It is a time accomplished this last

Russ Mason, Pacific Submarine Force master chief, expressed his ap-"It's a chance for us to preciation for the Sailors tell sea stories and re- and the year they have member the past and just had, including the stand-Submarine of

Squadron 21 in Manama, crews stationed in Hawaii and in Guam.

"It's been a great year," said Mason. "You have Lloyd "Joe" Vasey was

done a lot of awesome Sawver recognized the Bahrain and the missions things. I am truly proud executed by submarine of each and every one of you and appreciate your families."

Retired Rear Adm.

honored as the most senior qualified submariner in attendance, having earned his dolphins in

"Dolphins" are the submarine warfare insignia worn by both enlisted personnel and officers signifying proficiency in using all on-board submarine systems.

Vasey was honored by Sailors and spouses throughout the evening. A pioneer in the submarine force, Vasey served as a submarine officer throughout World War II, including the invasion of North Africa and later in the Pacific theater.

Submarine Ball events commemorate the anniversary of the U.S. Navy s submarine force. Since April 11, 1900, when the U.S. Navy first purchased John Holland's revolutionary submarine and dubbed it America's first commissioned submarine, USS Holland (SS-1), submariners have been patrolling the depths of oceans, providing maritime security around the world.



U.S. Navy photo by MC1 Steven Khor

Sailors, their families and friends let loose on the dance floor at the 115th annual Navy Enlisted Submarine Birthday Ball held May 8 at the Hilton Hawaiian Village Hotel.

OKELE Online http://www.hookelenews.com or https://www.cnic.navy.mil/hawaii

## PACOM JIOC/PACFLT subdue short-handed HIANG

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

Pacific Command/Joint Intelligence Operation Center (PACOM/JIOC)/ Pacific (PACFLT) got two goals in past Hawaii Air National Guard (HIANG), 4-1, on Division squads at Earhart Field, Joint Base Pearl Harbor-Hickam.

The win was the seventh in a row for PACOM JIOC/PACFLT, which con- took it. I saw the keeper tinues to lead the pack out of position from playwith a 7-0 record, while ing towards the right side HIANG lost for only the and I was able to take adsecond time this season against five wins.

HIANG trol Although against nine, the matchup times late in the game to secure the victory.

With two of the top

important and, as they have done for most of the **PACOM** season, JIOC/PACFLT quickly gained the upper hand within minutes of the opening whistle.

On a quick run to the Fleet middle, Capt. Matt Agnew emerged from the pack the first half and two more and then delivered a nice after intermission to get touch shot that snuck under the goal's upright and over the top of the goal-May 9 in a battle of Blue keeper's reach for the first score of the game.

> "We were able to get the ball back quickly," Agnew said. "I had the spacing, saw nobody there, so I vantage of it."

PACOM of played the entire game JIOC/PACFLT for the with only eight players next few minutes, but midway through the first pass down the middle and a one-on-one to score the short with no substitu- middle to take a 3-1 lead. scored on a breakaway.

However as time teams in the Blue duking wound down, PACOM it out, first score is always JIOC/PACFLT jumped



The game stayed in con- Navy Lt. Joey Bullen puts PACOM/JIOC ahead 2-1 over HIANG on a kick for goal in the first

back out in front, when teams came out with solid by PACOM JIOC/PACFLT Navy Lt. Joey Bullen team's second goal of the game and take a 2-1 advantage into halftime.

defensive efforts, but late was a hard-fought half, HIANG got even at cleared his defender on in the contest HIANG contest until PACOM 1-1, when Airman 1st the right sideline before started to falter under the JIOC/PACFLT capitalized JIOC/PACFLT scored two Class Troy Egloria took a beating the goalkeeper on strain of playing one man

began to take its toll.

Finally, PACOM on a breakaway to the

As hard as HIANG tried Cryptologic Technician we're putting it together, to hang in the game, the (Technical) 2nd Class and we're looking forward In the second half, both constant pressure applied Russ Bauer made good on to the challenge.

a putback shot to put his team up by two goals.

Then moments later, PACOM JIOC/PACFLT sealed the win on a shot for goal by Lt. Cmdr. Jeff Chachka for the final margin of victory.

While HIANG dug in as much as they could, Egloria said that fatigue was his team's ultimate undo-

Yeah, they had a lot of subs," Egloria pointed out. "It was very difficult keeping up. It was fresh legs against no legs. That hurt."

After coming off of the team's seventh win, Agnew said that he and his teammates are feeling pretty good.

As long as everyone continues to show up, he feels that the team should do well for the rest of the sea-

"It's tough, week to week," Agnew admitted. "Everybody has their obligations, but we've put out a full squad for the entire On a blitz to the goal, season. We're doing well,

# ATG MIDPAC holds on to hand Coast Guard first loss

tions.

Story and photo by Randy Dela Cruz

Sports Editor, Hoʻokele

Afloat Training Group Middle Pacific (ATG MIDPAC) built up a six-run lead and then hung on to beat U.S. Coast Guard Base Honolulu, 11-10, on May 11 in a Red Division intramural softball matchup at Millican Field, Joint Base Pearl Harbor-Hickam.

The win halted the Coast Guard's four-game winning streak and put ATG on the winning side of the ledger with a record of 3-2.

"We just fought hard," said Yeoman 1st Class John Singleton about the exciting win. "We played smart, we looked at what we had, played them up and down, and tried to make sure we made plays."

After an inconsistent start this season, the ATG bats were right on target as the team battled back from a three-run deficit to tie and then surpass the Coast Guard with a five-run eruption in the top

In the bottom of the first, it was the Coast Guard that got on the scoreboard first, when Machinery Technician 3rd Class Josh Ervin slammed a double to drive in teammate Storekeeper 2nd Class Niko Langas.

After advancing to third, Ervin was driven home on a sacrifice fly by Machinery Technician 3rd Class Robert Fitch, who later came around on an RBI single by Electrician's Mate 1st Class Micah Curimao for a 3-0 advan-

After falling behind, the ATG



Yeoman 1st Class John Singleton clubs a double to give ATG a 3-3 tie with the Coast Guard.

created an immediate rally in the top of the second by loading the bases with three singles.

Chief Operations Specialist Alex Garcia drove in the drive in the team's third run. ATG's first run on a single, before Information Systems Baumgartner lofted a sacrifice fly for run number two.

top of the third inning, when Singleton, with two runners on base, connected on a double to

Then, in the very next inning, the ATG pulled out in front Technician 1st Class James for the first time in the game oa single to left field

Systems Information

The ATG tied the score in the Technician 1st Class Jamie Bannister that drove in Garcia.

With the lead in their pocket, the ATG continued their run of small ball to put together the biggest inning of the game.

In the top of the fifth, the ATG rapped out six singles to stretch their lead out to six at 9-3.

The team kicked off the merry-

go-round on an RBI single by Chief Information Systems Technician Cliff McDaniel.

A single by Garcia and a sacrifice by Bannister plated two more runs, before Chief Information Systems Technician Matt Butler drove in the final two run on a single for a 9-3 lead in the top of the fifth.

While the game seemed to be well in hand for ATG, the Coast Guard had other ideas going into their turn at-bat.

The Coast Guard loaded the bases with one out and then Langas, an All-Armed Forces player, brought his team back to within striking distance by crushing a pitch deep over the left-field fence for a grand slam.

"I just went up there to swing hard," Langas said about his shot. "We needed those runs."

Langas narrowed the margin again in the bottom of the six on a two-run double to make it 11-10, but that was as close as the Coast Guard would get.

"We didn't have our main players," Langas explained. "That's not an excuse, but we were just guessing our lineup. We were missing three of our main infielders."

Meanwhile, Singleton said that he hopes the win over the division leader is a sign of things to come for the ATG.

"I think we're getting our groove in," he said. "It's just base hits, not worrying about trying to go to the fence, play hard and just looking to see where we can put ball into nice spots. With the momentum of winning this game, we feel like we can go into next week ready to play."

#### Combined Military Band Appreciation Concert set for Saturday

as national Military Appreciation Month, the Pacific Fleet Band under Honolulu Council of the Navy League will host the Sweeten. 30th annual Combined Military Band Appreciation Concert, at 6 p.m. atre in downtown Hon-

Seating will begin at 5 served-basis. The performance is free and open to the public.

master Lt. Patrick K.

Band features instrumentalists and vocalists from Hawaii and members of observe May as symbol of Saturday at Hawaii The- each branch of the U.S. the Hawaii Army Naarmed forces, with re-tional Guard's 111th spective conductors from Army Band. all of the military service p.m. on a first-come, first bands stationed on Oahu information is available taking up the baton for patriotic selections.

The lead organization will feature musicians olulu at 1130 Bethel St.

the United States Navy's cific Fleet Band, the U.S. 25th Infantry Division through Saturday. Band (Army Music Force Band of the Pacific-

from the Hawaii Theatre box office, which is lo-This special concert cated in downtown Hon- call the box office at 528-

In recognition of May for this year's concert is from the U.S. Navy Pa- (between Hotel and Pauahi Streets), during Marine Forces-Pacific regular box office hours Hawaii Theatre and the the leadership of band. Band, the U.S. Army's from 9 a.m. to 5 p.m.

National Military Ap-The Combined Military Hawaii), the U.S. Air preciation Month encourages U.S. citizens to patriotic unity, to honor current and former members of the U.S. armed Free tickets and event forces and those who have died in the pursuit of freedom and peace.

For more information,

#### Memorial Day events announced

Several events to observe Memorial Day have been planned across Oahu. They include:

• The Roll Call of Honor in Remembrance ceremony will be held from 10 to 11 a.m. May 24 at the National Memorial Cemetery of the Pacific (Punchbowl).

 A Veterans Candlelight Memorial Day ceremony will be held from 4 to 8 p.m. May 24 at National Memorial Cemetery of the Pacific (Punchbowl).

• A Friends of the Natatorium Memorial Day event will be held from 10 to 11 a.m. May 24 at the Waikiki World War I Memorial Natatorium.

• The mayor's annual Memorial Day ceremony will be held from 8 to 10:30 a.m. May 25 at the National Memorial Cemetery of the Pacific (Punchbowl.)

• The Bowfin SubVets Memorial Day ceremony will begin at 11 a.m. May 25 at the USS Parche Submarine Memorial Park.

• The governor's annual Memorial Day ceremony will be held from 12:30 to 2:30 p.m. May 25 at the Hawaii State Veterans Cemetery in Kaneohe.

# Naval Health Clinic Hawaii closed on May 22

All Naval Health Clinic Hawaii (NHCH) operations will be closed on May 22.

This includes all medical and dental facilities at branch health clinics Makalapa, Camp Smith, Wahiawa, Marine Corps Base Hawaii and Pearl Harbor Naval

Providers will be attending re- NHCH hours of operation, visit the dental emergencies, dial 864-4705.

asked to take this into consideration when scheduling care. All routine care should be planned prior health care provider at any time to or after May 22. This includes the clinics are closed by calling the appointment scheduling, prescrip- toll-free "Nurse Advice Line" at 1tion refills, laboratory draws, etc. All clinics will re-open for regu-

quired training. Beneficiaries are website at http://www.med.navy. mil/sites/nhch.

Beneficiaries can speak to a 800-874-2273, ext. 1. For emergencies, dial 911 or go to Tripler Army lar business hours on May 26. For Medical Center. For active duty

#### Heritage month luncheon set

A special meal in honor of Asian American Pacific Islander Heritage Month will be offered from 11 a.m. to 12:30 p.m. May 29 at the Silver Dolphin Bistro.

The price is \$5.55 and the meal is open to active duty military, Department of Defense civilians, retirees and family members of active duty military with valid ID

The meal will include pork sinigang soup, lechon roast pork, huli huli chicken, beef and broccoli, shrimp pancit miki, vegetable fried rice, steamed jasmine rice, stir-fried vegetables, seasoned green peas, fried lumpia with sweet sour sauce, hot pandesal, pan de coco, Asian style macaroni salad, haupia cream pie, chocolate chip cookies, coconut bread pudding and assorted ice cream. For more information, call 473-2519.





### Live the Great Life MWR Leisure & Travel Showcase to be held Saturday

# Dog show returns to craft fair venue

Reid Tokeshi

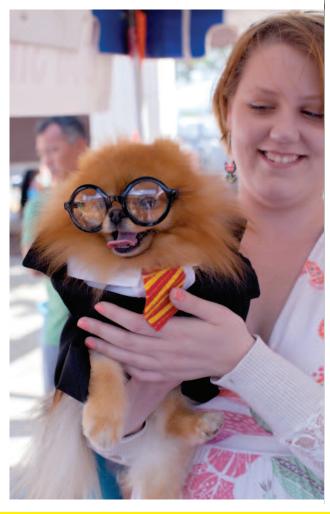
Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

The 40th Annual Spring Craft Fair, held May 2 at the Hickam Arts & Crafts Center, not only featured more than 120 booths of original, handmade arts and crafts, but the event also marked the return of the dog show.

Patrons were welcome to bring their dogs to the fair and enter them in contests. Contestants entered their dogs in four categories: best costume, most obedient, owner/dog look alike or best trick. All contestants received a bone dog tag they can have personalized at the engraving shop at Hickam Arts and Crafts Center. Winners in each contest category received prizes. Donations for PAWS of Hawaii were also accepted at the event.

MWR Marketing photo by Reid Kagemoto Taz, a male Pomeranian, took first place in the costume category for his Harry

Potter costume.



**Justin Hirai** 

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation

This year's Morale, Welfare and Recreation Leisure & Travel Showcase will be held from 9 a.m. to 2 p.m. Saturday at the Pearl Harbor Navy Exchange (NEX).

The main focus of the event is to display what MWR's Information, Tickets and Travel (ITT) and Travel Connections offices have to offer and to promote the discounted rates offered to military patrons. This year's theme is "Spring into Summer," so those in attendance can expect to discover ideas for summer activities or trips.

This is a great opportunity to see what ITT offers, whether it's attractions or travel inquires. Patrons have the opportunity to speak to the representatives that will be present if they have further questions

MWR Marketing photo

NEX patrons can talk directly with representatives from the travel and hospitality industry at MWR's Leisure and Travel Showcase.

services," explained Yvette Perez Iwatsu, ITT program manager.

Companies will not be selling anything onsite, keeping the atmosphere relaxed with no added pressure to purchase anything immediately. However, if customers do wish to make a purchase, the NEX ITT office will be open for service.

Live entertainment about their products or and prize giveaways,

provided by the vendors, will take place throughout the event.

The event tents will be set up on the left side of the NEX, near the ITT office and NEX package store entrances. Customers can look for directional signage or listen for the sound of live music to help find the tents. (For more information, call 473-

# **Your Weekly Fun with MWR**

Visit www.greatlifehawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.

9 p.m. tonight at Hickam Pool 2. Patrons can bring their own floats and watch "Big Hero 6" (rated PG) in the pool. There is no admission charge. FMI: 260-9736.

Bowled Over by Books program for youth in kindergarten through 12th grades ends Saturday at the Joint Base Pearl Harbor-Hickam (JBPHH) Library. Saturday is the last day to get stamp 10 on the "Bowled Over by Books" bookmark when checkthe last day to use up the free

party for six people, which must be redeemed by June 30. FMI: 449-8299.

Free Golf Clinic will begin at 9:30 a.m. Saturday and also May 20 at Barbers Point Golf Course. FMI: 682-1911.

Asian American-Pacific Islander Month Samurai Sword Display **lecture** will be held from 10 a.m. to noon Saturday at the JBPHH Liing out materials, and May 31 is brary. Mike Nii will discuss the different periods of the Japanese weekly bowling cards. Those who sword, sword construction, termihave accumulated 10 stickers will nology and sword etiquette in this vice members presenting an active- Club ballroom. There will be a free cers' Club. FMI: 448-4608.

Dive-in Movie will be held from 6 to receive a free one-hour bowling free presentation. FMI: 449-8299.

> Armed Forces Day Bowling Special will be held from noon to 4 p.m. Saturday at the bowling centers on the Hickam and Pearl Harbor sides of Joint Base. Active-duty military card holders and military retiree card holders will receive one free game of bowling to thank them for their service. FMI: 448-9959, 473-2574.

Armed Forces Day Movie Special will begin at 7 p.m. Saturday at Sharkey Theater. Active-duty ser-

duty ID card will receive free admission in honor of Armed Forces Day. FMI: 473 0726.

Parent Night Event: Military appreciation will be held from 5:30 to 7:30 p.m. May 19 at the Joint Base Pearl Harbor-Hickam Teen Center. Families of teens who are ages 13 to 18-years-old can eat and play games to celebrate Military Appreciation Month at this free event. FMI: 448-0418.

MWR Newcomers Luncheon will be held from 11 a.m. to 12:30 p.m. May 20 at the Tradewinds

buffet lunch, Morale, Welfare and Recreation (MWR) information booths, sponsor tables, activities for the kids, and prizes and giveaways. Registration, www.greatlifehawaii.com.

Kids' Book Club will begin at 2 p.m. May 20 at the JBPHH Library for youth in fourth and fifth grades. The "Third Wednesday" group will discuss "Hana's Suitcase." FMI: 449-8299.

Mongolian BBQ will be held from 5:30 to 8 p.m. on May 21 on the lanai of the Historic Hickam Offi-



#### MAY

#### AMERICA'S ARMED FORCES KIDS RUN

SATURDAY — The America's Armed Forces Kids run will begin at 9 a.m. at Hickam Track at Joint Base Pearl Harbor-Hickam. The event is open to all military youth ages 5 to 13 years old. Today is the deadline for registration. FMI: www.americaskidsrun.org or 473-0789.

#### PINEAPPLE RUN

SATURDAY — The Wahiawa Pineapple 10K Run will be held through the town of Wahiawa. The run is a community outreach event by the Central Oahu Chief Petty Officer Association. Same day registration from 5 to 6:45 a.m. is \$60. FMI: pineapplerunhi@gmail.com or www.active.com.

#### **OPEN COCKPIT DAY**

SATURDAY — An open cockpit day event will be held from 10:30 a.m. to 3 p.m. in hangar 79 at Pacific Aviation Museum Pearl Harbor. Guests can climb into the cockpit of one of several historic aircraft and talk with pilots. Flight suits and helmets will be provided. Walter Klein, project director at NASA, will speak at 1 p.m. on advancements in spacecraft and aeronautics. FMI: www.pacificaviationmuseum.org.

#### ARMED FORCES DAY

SATURDAY — The bowling centers on the Hickam and Pearl Harbor sides of Joint Base will thank the men and women of the armed services from noon to 4 p.m. The bowling centers will provide a free game of bowling for all active duty military card holders and military retiree card holders. FMI: www.greatlifehawaii.com.

#### **COMBINED MILITARY BAND CONCERT ON**

SATURDAY — The 30th annual Combined Military Band Appreciation Concert will begin at 6 p.m. at Hawaii Theatre in downtown Honolulu. Seating will begin at 5 p.m. on a first come, first served basis. The performance is free and open to the public. FMI: 528-0506.

#### **FACEBOOK TOWN HALL MEETING**

18 — A Facebook town hall meeting with Col. Randall Huiss, 15th Wing commander, will be held from 3:30 to 4 p.m. The commander will hear and address the questions and concerns of service members and their families across the installation. Attendance of the meeting will be virtual by following the Facebook page, and no RSVP is required. FMI: www.facebook.com/15thWing.

#### 101 DAYS OF SUMMER

19, 20, 21 — Joint Base Pearl Harbor-Hickam will hold a safety standdown called "101 Days of Summer 2015" from 9 to 11 a.m. and 1 to 3 p.m. at Sharkey Theater. The agenda will include water safety, personal safety and recreation off-duty safety. FMI: 473-1169.

#### TEEN CENTER PARENT NIGHT

19 — A Parent Night: Military Appreciation event will be held from 5:30 to 7:30 p.m. at the Joint Base Pearl Harbor-Hickam Teen Center. Families of teens ages 13 to 18 can enjoy free food and games. FMI: 448-0418.

#### **MUSTANG ROAD SHOWS**

19, 21 — The Navy Mustang Association, Hawaii Chapter will hold the first of its two Mustang Road Shows from 9 a.m. to noon May 19 at Hickam Memorial Theater, Joint Base Pearl Harbor-Hickam. The second road show will be held at the base theater at Marine Corps Base Hawaii Kaneohe Bay from 12:30 to 3:30 p.m. May 21 for Sailors and Marines assigned to units and commands in Hawaii. The road shows are a series of lectures, which cover enlisted-to-officer commissioning programs. FMI: 471-2537 or email Michael.matthews@navy.mil.

#### PEARL HARBOR COLORS

21 — The Pearl Harbor Colors ceremony from 7:30 to 8:30 a.m. at the Pearl Harbor Visitor Center will focus on Pearl Harbor Naval Shipyard and the Battle of Coral Sea/Battle of Midway. The shipyard will host the event and discuss the role of shipyard workers in readying the damaged USS Yorktown.

#### MOVIE UNDER THE STARS

22 — Disney's "Big Hero 6" will begin at 7:30 p.m. at Bellows Air Force Station on the lawn behind Turtle Cove. There will be free balloon creations while supplies last. FMI: 259-4112.

#### FREE MEMORIAL DAY CONCERT

25 — A free Memorial Day concert featuring country artist Kristian Bush of Sugarland will begin at 5:30 p.m. at Ward Field, Joint Base Pearl Harbor-Hickam. Gates will open at 3:30 p.m. The event is open to Department of Defense cardholders and their sponsored guests. Food and beverages will be available for purchase. FMI: www.greatlifehawaii.com.

#### HICKAM RADIOLOGY CLOSURE

28 — The Hickam radiology department will be closed from May 28 to July 15 for major construction and equipment upgrades. The closest military radiology facility is Naval Health Clinic Hawaii Makalapa clinic, JBPHH. FMI: 473-1880, ext. 2200.

#### **CULTURAL SHOWCASE**

29 — A cultural showcase for Asian American and Pacific Islander Heritage Month will be held from 9:30 to 11:30 a.m. at Sharkey Theater on the Pearl Harbor side of the base, followed by a special lunch at the Silver Dolphin Bistro galley. The cost of the lunch is \$5.55 per person. FMI: kon.lee@us.af.mil or 449-3639.

#### COLOR YOUR SUMMER

30 — A Color Your Summer 2.0 event will be held from 4 to 8 p.m. at the Joint Base Pearl Harbor-Hickam Teen Center, building 1859. The event for teens ages 13 to 18 will include a variety of "color games," so teens should wear white or black and be ready to get dirty. The colors are similar to what are used in 5K color runs. The cost is \$5. Food will be provided. FMI: 448-0418.



#### HOME (PG)

Oh, an alien on the run from his own people, lands on Earth and makes friends with the adventurous Tip, who is on a quest of her own.

#### SHARKEY THEATER

#### **TODAY 5/15**

7:00 PM Furious 7 (PG 13)

#### SATURDAY 5/16

2:30 PM Home (PG)

4:40 PM The Longest Ride (PG 13) 7:20 PM Paul Blart: Mall Cop 2 (PG)

#### SUNDAY 5/17

2:30 PM Home (3-D) (PG) 4:40 PM Paul Blart: Mall Cop 2 (PG) 6:50 PM Furious 7 (PG 13)

#### THURSDAY 5/21

7:00 PM Unfriended (R)

#### HICKAM MEMORIAL THEATER

#### **TODAY 5/15**

6:00 PM Furious 7 (PG-13)

#### SATURDAY 5/16

4:00 PM Home (PG)
7:00 PM The Longest Ride (PG 13)

#### **SUNDAY 5/17**

2:00 & 6:00 p.m. Aloha (PG 13) Studio appreciation advance screening with free admission. Tickets are available at your local exchange food courts. Seating is open to non-ticket holders 30 minutes prior to showtime.

#### THURSDAY 5/21

7:00 PM Furious 7 (PG-13)



#### DPAA edges Shipyard Sharks to gain third victory

Story and photo by Randy Dela Cruz

Sports Editor, Hoʻokele

Defense POW/MIA Accounting Agency (DPAA) bats got out to a fast start and then relied on the pitching of Senior Chief Explosive Ordnance Disposal Jeremy Porter to hold on to 6-5 win over Pearl Harbor Naval Shipyard Sharks on My 12 in a White Division intramural softball game at Ward Field, Joint Base Pearl Harbor-Hickam.

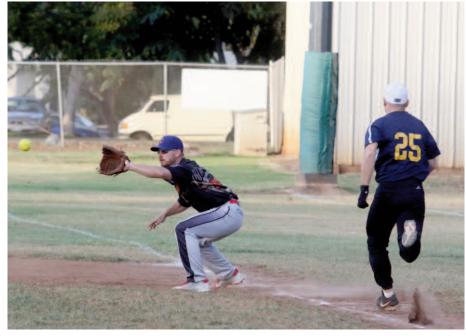
DPAA got two runs in the first and second innings and one run in the third to take a 5-0 lead, before holding off the Sharks to improve their record to 3-1, while the Sharks fell to 2-2.

"I play with half of these guys (on the Sharks), so I knew when the pressure was on, they're going to start hitting," Sgt. 1st Class Joe Vann said about the close game. "In softball, all it takes is for you to bring that ball down a little bit lower and you can hit all

the Sharks started to drop in a few hits, DPAA got out in the top of the first inning and immediately got two men on base, before Department of Defense (DoD) civilian Ben Fransen drove for a three-run, inside-thea deep single to drive in two

DPAA was at it again in their next turn at-bat and got four hits to score two more times, with the last run coming on an RBI single by Staff Sgt. Erik Car-

toss his third shutout inning in a row, and after DPAA got another run in



Ben Fransen, DPAA first baseman, makes the putout on Shipyard Sharks Chief Interior Communications Electrician Johnie Nicholson.

the team would be well on the way to an easy win.

Instead, the Sharks started to hit the ball in the bottom of the third and with two men on, shortstop Alex Moore, a military family member, sliced a shot to While it took a bit before the opposite field that landed fair and skipped toward the right-field corner.

Seeing that the ball got past the outfielder, Moore cranked up the speed and wheeled around the bases park homer to make it a 5-3

"When it first started, I saw it tailing away to the right, Moore said. "That's when I started kicking it into another gear and that's what happened."

The game remained tight Porter then went out to when Fransen stepped up to the plate for DPAA in the top of the fifth inning.

Leading off, Fransen outs to secure the win. the third, it appeared that cracked a deep fly ball that

got over the top and started Porter for coming up with rolling to the fence in the spacious outfield at Ward Field.

Fransen had no problem in circling the bases for an inside-the-park homer to put DPAA ahead at 6-3.

The extra run came up huge as Shipyard got on a hot streak in the bottom half of the frame.

After putting runners on second and third with one out, Machinist's Mate 1st Class Derek Mitchell singled in a run to make it 6-4.

Following Mitchell's RBI hit, Sonar Technician (Submarine) 1st Class Austin Langthorn picked up the Sharks' fourth hit of the inning to cut the lead down to one.

However, Porter took the mound in the bottom of the seventh and calmly induced three straight fly balls for

Moore paid tribute to own worst critic."

enough big pitches to keeps Sharks hitters off balance.

"I can honestly say the pitcher (Porter) threw a lot of pitches that we've never seen before," Moore admitted. "I'm sure we'll take this loss and learn from it."

Although DPAA has played solid softball coming out of the gates, Vann admits that the team isn't the same squad of old that could pound the ball with any team on base.

Vann said that deployments make it very difficult for the team to remain consistent, but no matter what happens, everyone is committed to enjoy the game while they are here.

"I know these people. I work with them and you can see it in their faces," Vann said. "If you don't have fun out here and get in your head, you're your

#### Blood drives announced

Tripler Army Medical Center (TAMC) Blood Donor Center has updated its schedule of upcoming blood drives.

- May 18, 9 a.m. to 1 p.m., TAMC Blood Donor Center, room 2A207, Tripler Army Medical Center.
- May 19, 9 a.m. to 1 p.m., 94th Army Air and Missile Defense Command, Fort Shafter Flats, building 1507, Fort Shafter.
- May 26, 11 a.m. to 3 p.m., NEX, Tripler Army Medical Center.
- May 28, 9 a.m. to 1 p.m., Club 14, U.S. Coast Guard Sector Honolulu, Sand Island.

For more information, call 433-6699 or 433-6148 or email michelle.lele@amedd.army.mil.



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