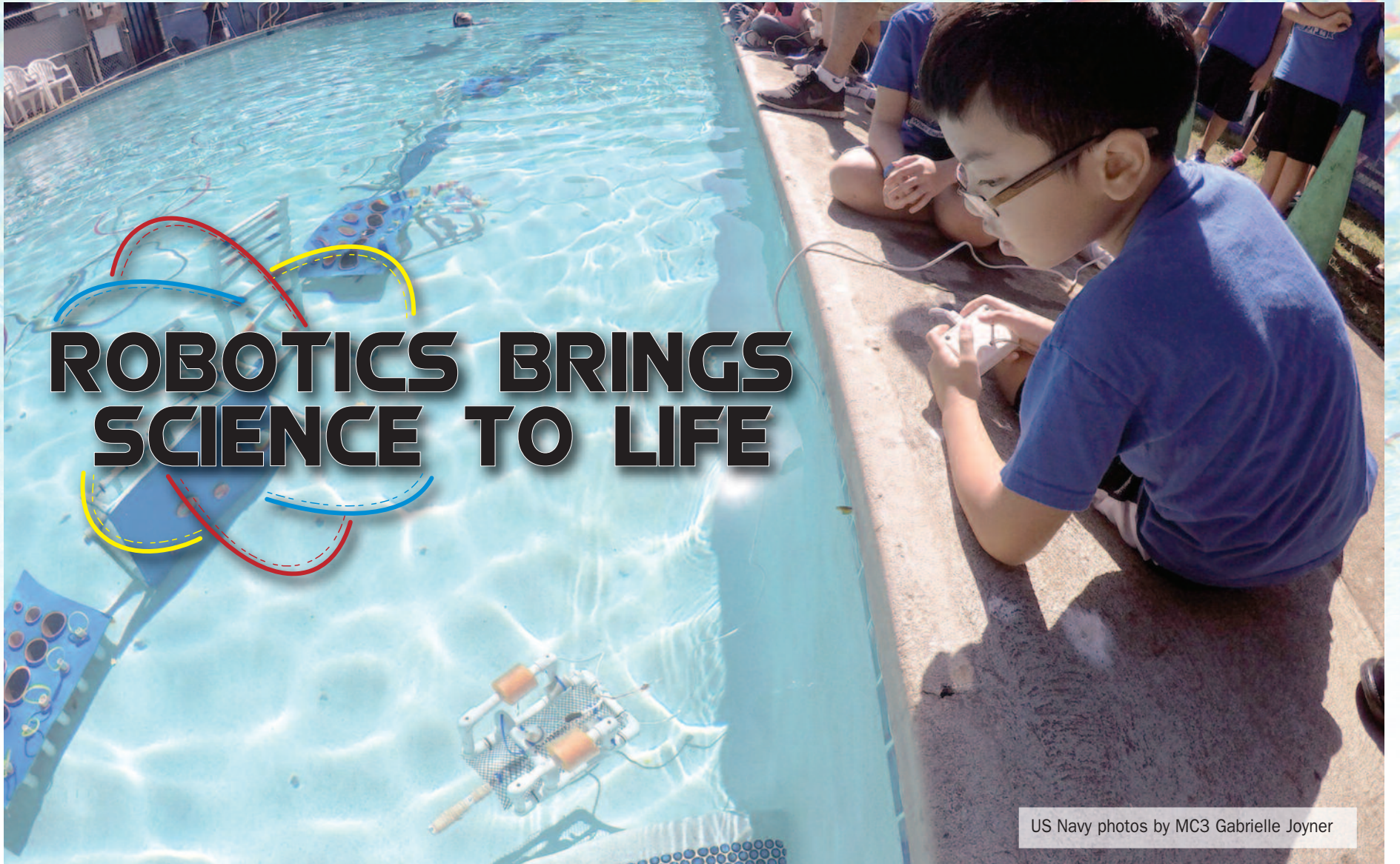


Life & Leisure



US Navy photos by MC3 Gabrielle Joyner

A participant in the 2015 Hawaii Regional SeaPerch Underwater Robotics for Youth competition navigates an underwater remotely operated vehicle through obstacles.

MC2 Johans Chavarro

Navy Public Affairs Support
Element West, Det. Hawaii

Students from elementary, middle and high schools around the State participated in the 2015 Hawaii Regional SeaPerch Underwater Robotics for Youth competition Feb. 21 at U.S. Coast Guard Base Honolulu.

Sponsored by the Office of Naval Research and managed by the AUVSI (Association for Unmanned Vehicle Systems International) Foundation, SeaPerch is an innovative underwater robotics program that equips teachers and students with the resources they need to build an underwater remote-operated vehicle (ROV), allowing students to learn about science, technology, engineering and mathematics (STEM) and robotics and electronics.

According to Coast Guard Lt. Cmdr. Andy Goshorn, regional naval engineer for the Coast Guard and event coordinator, the SeaPerch competition is a way for students to put what they have learned about robotics and engineering to the test, with this year's competition attracting the highest attendance to date.

"This year we had 40 teams and around 200 students," said Goshorn. "That's about 20 students and four more teams than last year, and being out here you really see that [the students] love the competition and the challenge. They have this resiliency to really double down when they face obstacles during the competition and to not give up. And most of all, they have a good time doing it."

Students built their ROVs from a kit comprised of low-cost, easily accessible parts, following a curriculum that teaches basic engineering and science concepts with a marine engineering theme.

This year, the Pearl Harbor Naval Shipyard Association provided funding for the kits, which were distributed to interested schools.

To assist with the build process, Goshorn and his team provided mentors to individual schools and also organized a "build day," which allowed students from different schools to meet with mentors and receive assistance on soldering circuit boards, waterproofing



U.S. Coast Guard Lt. Cmdr. John Goshorn, regional naval engineer for the Coast Guard and event coordinator, welcomes participants to the 2015 Hawaii Regional SeaPerch Underwater Robotics for Youth competition.

the engines and wiring, and field-testing their ROVs.

Anne Calef, a fifth grade teacher at Hale Kula Elementary School, said aside from the chance to learn about the hardware, tools and concepts involved in building the ROV, the project also provided the students with lessons in communication and teamwork.

This year's competition consisted of a video and poster presentation, as well as two challenging underwater events: the "obstacle course," where teams navigated their ROV through a series of large rings oriented in different directions, and a "finesse course," which tested the capability of each team's ROV to perform individual tasks, such as maneuvering and actuating equipment on the pool floor.

For many participating students, seeing their creations come to life throughout the project was both exciting and rewarding despite whatever unexpected challenges came up.

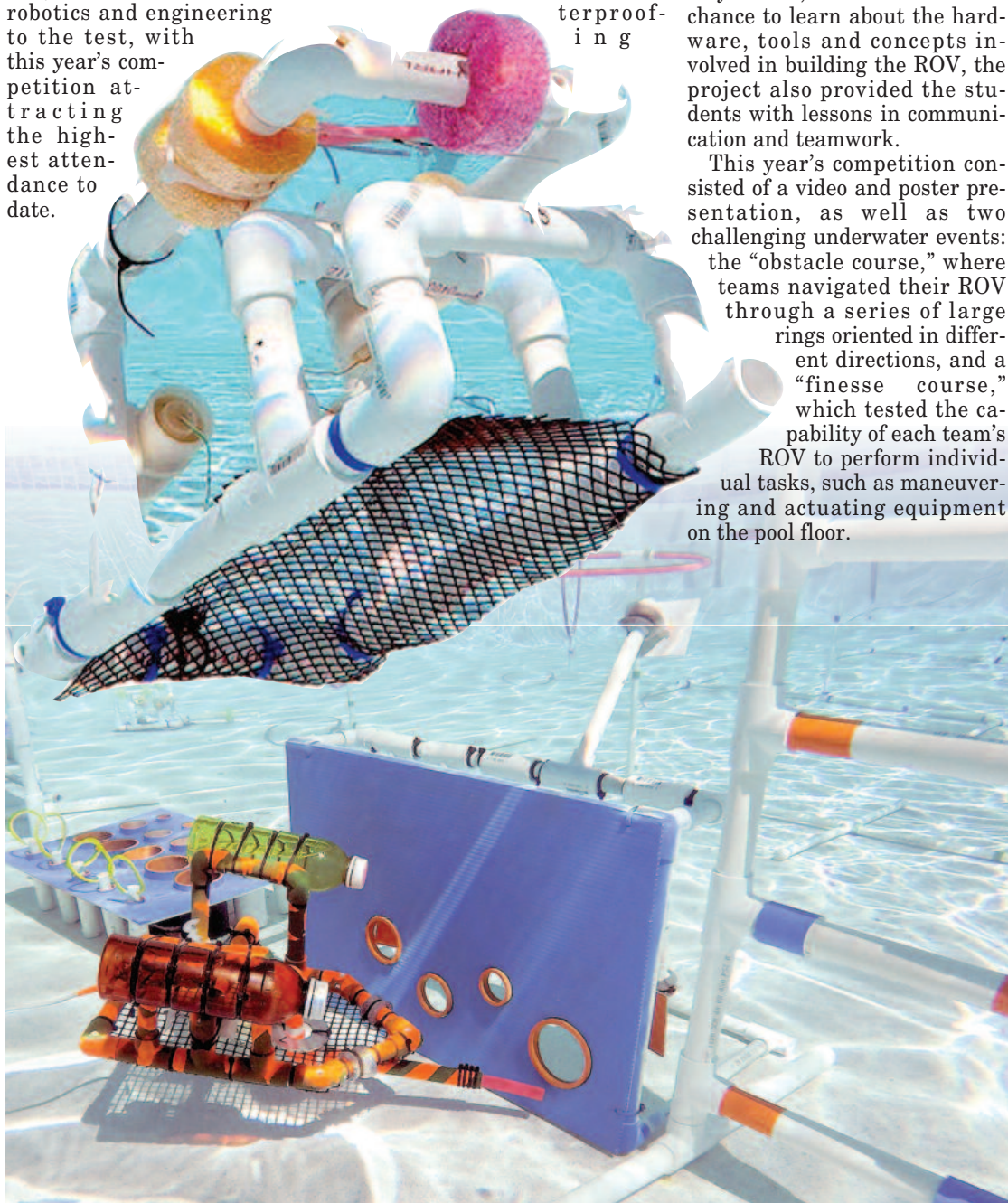
"My favorite part for the whole project was working on the robot," said Melissa Takahashi, a student at August Ahrens Elementary School. "Getting to build the robot and then seeing if it actually worked and fixing the problems it had was really fun."

Coast Guardsmen, along with volunteers from Pearl Harbor Naval Shipyard, Space and Naval Warfare Systems Com-

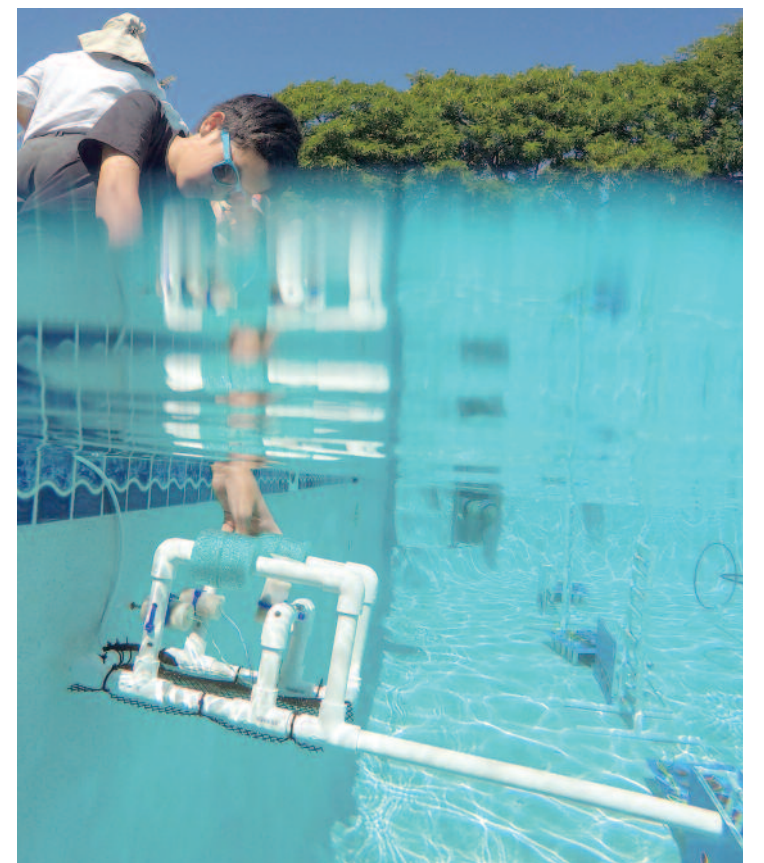
mand and Navy divers assigned to Mobile Diving and Salvage Unit 1, spent the competition evaluating the robots' performance, resetting obstacles in the water and retrieving ROVs from the courses.

In the end, Goshorn said the competition allowed more than just a way to teach students about ROVs, it allowed them to see how STEM can transcend paper and pen to affect change and create.

For more information about Hawaii SeaPerch, visit <http://seaperch-hawaii.org/> and <http://www.seaperch.org/index>.



An underwater remotely operated vehicle maneuvers through obstacles.



A participant in the 2015 Hawaii Regional SeaPerch Underwater Robotics for Youth competition lowers an underwater remotely operated vehicle (ROV) into the pool to start the obstacle course at U.S. Coast Guard Base Honolulu.

Cyberspace Operations Squadron earn double-digit win

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

After a slow start in the first half, the 690th Cyberspace Operations Squadron (690 COS) picked up the pace and came back to beat the 735th Air Mobility Squadron (735 AMS), 41-30, in a battle of undefeated Blue Division teams on Feb. 19 at Joint Base Pearl Harbor-Hickam Fitness Center.

The win gave the 690 COS sole possession of first place in the Blue Division with a 4-0 record, while the 735 AMS dropped their first game of the season and hold a 3-1 mark.

In the showdown of the division's top-two teams, it was the 735 AMS that came out on fire and with 12:46 remaining before halftime, Sgt. Jason Huestis splashed a three-pointer from beyond the arc to put the AMS up by a score of 13-0.

After a timeout by the 690 COS, Senior Airman Demetrius Harvey finally

got his team on the scoreboard with a shot inside the lane to make it 13-2.

The basket woke up the team as Harvey dropped in two more baskets to lead a 12-0 run by the 690 COS to pull to within a basket at 13-12.

Then with 3:22 left in the first half, 6-foot-10-inch center Airman 1st Class Theryn Hudson gave the 690 COS their first lead of the game at 16-15 on a putback under the basket.

The 690 COS opened up a five-point advantage at 20-15, but a three ball by Tech. Sgt. Marco Knight just before intermission cut the lead back to two at 20-18.

"When we came out, we weren't all together," Harvey admitted about the team's slow start. "So we got in a huddle, got our minds back together and think about what we was doing wrong. You have to play as a team. That's exactly what happened."

Immediately after the break, the 735 AMS got back out in front on two baskets by Knight, but a

huge basket-and-one by Hudson put the 690 COS on top at 23-22.

The 690 COS increased their lead to four points at 28-24, but the 735 AMS got the next two baskets to tie the game with only 8:27 remaining on the clock.

The deadlock was short lived, however. On the next trip down the floor, Airman 1st Class Robert Light, who had been shut out throughout the game, sank his first basket on a baseline jumper to put the 690 COS up at 30-28.

From that point on, the 690 turned to their twin-tower combination of Hudson and Harvey to secure the boards and the game.

In the second half, the 690 COS held the 735 AMS to only 12 points.

"At halftime, we figured out what was going on," Harvey said about the team's solid defensive stand. "We saw one play that was working effectively and we just continued to pursue that."

Hudson scored a total of 13 points, while Har-

vey ended up as the game's high scorer with 17 points.

Meanwhile, the 735 AMS was led by Knight who popped in four points in the first and second half to finish with eight points.

Knight said that although he and his teammates tried their best to crack the 690's defensive code, the combination of Hudson and Harvey proved to be too formidable.

"They stepped up their defense for sure," Knight noted. "They had some big players. Even when we had good position, we were still losing the battle of rebounds. They made a huge difference. I think we held our own. I think if we play them again, we'd do a couple things different."

Harvey agreed with Knight that in the game of basketball, having good height is certainly an advantage.

"We do have size and that helps a lot," Harvey said. "As long as we get into the paint, we're good to go."



Senior Airman Demetrius Harvey takes off in the lane before slamming down a two-handed stuff.

My Favorite Photo...

Hookele assistant editor Brandon Bosworth recently took this photo of students from Nippon Sports Science University giving a performance of taiko drumming at Hickam Gym, Joint Base Pearl Harbor-Hickam.

How to submit: send your non-posed photos to editor@hookelenews.com.



USO spring troop visit March 8

Joint Base Pearl Harbor Hickam
Morale, Welfare and Recreation

A USO Spring Troop Visit featuring a free variety show will begin at 6:30 p.m. March 8 at Ward Field, Joint Base Pearl Harbor-Hickam. Gates open at 5:15 p.m.

The event will include appearances by celebrities, including:

- Jason "Wee Man" Acuna, actor/skateboarder and host of MTV's show Jackass.
- Dwayne Allen, Indianapolis Colts tight end.
- David DeCastro, Pittsburgh Steelers guard.
- Diana DeGarmo, American Idol season three runner up.
- Dennis Haysbert, actor from The Unit, 24 and the Allstate Insurance spokesman.

- Miss America 2015 Kira Kazantsev.
- Andrew Luck, Indianapolis Colts quarterback.
- Chuck Pagano, Indianapolis Colts head coach.
- Phillip Phillips, American Idol season 11 winner.
- Ace Young, American Idol season five finalist.

The event is open to Department of Defense ID cardholders and their sponsored guests. Food and beverages will be available for purchase.

Authorized items include small clutches, blankets and folding chairs. All items are subject to search. Outside food and beverages, pets, backpacks, bags/totes, purses, umbrellas, video/audio recorders and tents are not authorized.

For more information, visit www.greatlifehawaii.com.

Port Royal holds off spirited comeback by Chung-Hoon

Story and photo by Randy Dela Cruz

Sports Editor, Ho'okele

After leading by as much as 20 points in the first half, defending base champions USS Port Royal (CG 73) were forced to fight off a dramatic comeback by USS Chung-Hoon (DDG 93) on Feb. 21 to win by a narrow margin of 53-49 in an Afloat Division intramural basketball game at Joint Base Pearl Harbor-Hickam Fitness Center.

Port Royal raised their league record to 2-0 with the win, while Chung-Hoon, which forfeited their season opener, fell to 1-2.

The game not only pitted two of the top teams in the Afloat Division, but also matched up two of the best point guards on base in Yeoman 3rd Class Courtney Sims of Chung-Hoon and Logistics Specialist 3rd Class London Waldon of Port Royal.

While both guards still contributed heavily to their own teams, the spotlight shifted to Navy spouse Mana Hawkins, who stole the show with a deluge of outside shots that sparked Port Royal to a huge lead in the first half.

Hawkins knocked down five shots from beyond the arc with her last deep ball giving Port Royal a 29-11 advantage with 6:36 remaining before halftime.

In addition to Hawkins, Port Royal also got two treys from Seaman Michael Elzin and one from Waldon en route to a 34-15 lead at intermission.

Chung-Hoon head coach Chief Hospital Corpsman Banny Chavez said that he opened the game in box-and-one to try to neutralize Waldon, but admitted that he might have stayed in the zone a bit too long.

Although Waldon was held to only five points in the first half, the open shots from the perimeter by Hawkins and Elzin put Chung-Hoon in a deep hole.

"I made the mistake of keeping us in the box-and-one a bit too long," Chavez pointed out. "They (Port Royal) really come and go with their point guard. Our strategy was to keep the ball away from him. You've got to give it up to them. They made their shots. If they don't make those, we end up blowing them out of the game."

Senior Airman Charlton Burton, who coached Port Royal to the Summer Basketball League championship in 2013, is back at the helm for the defending champs.

Burton said that as long as teams will give his shooters an open look, he's OK with letting them take it.

"I tell them to find the open man," Burton said. "If they're going to take that open shot, I tell them two things, you've got to take it in rhythm and with confidence."

While the box score in the first half was all Port Royal, the second half was a complete turnaround, as Chung-Hoon slowly chipped away at the lead.

Coming out of the break, back-to-back treys by Lo-

gistics Specialist 3rd Class Nikita Mayo and a basket by Sims cut the lead down to 13 at 36-23.

Then with 7:35 remaining on the clock, a three-point shot by Sims brought the team to within 10 at 40-30.

Two minutes later, Sims whittled down the lead to four on a basket-and-one to make it 42-38, but a big bucket by Hawkins with only 1:52 gave Port Royal a 45-38 lead to seal the game.

Hawkins ended up as the high scorer for Port Royal with 19 points, while teammates Waldon and Elzin added 13 and eight respectively.

Sims was a one-man-wrecking crew for Chung-Hoon as the flashy point guard topped all scorers with 26 points.

Although the loss was a heartbreaker for Chung-Hoon, Chavez said that he does see the light at the end of the tunnel.

"We really need to get some practice time in," he stated. "Once we start to jell, and that really comes with practice."

Burton said that although Port Royal has yet to put a complete game together on the court this season, he isn't too particularly worried at this time.

Whether the team comes out slow and finishes fast or comes out fast and finishes slowly, Burton said all that matters is who is on top at the end.

"We rely on everybody," he said. "It's team effort. If everybody does their part, good things happen."



USS Port Royal (CG 73) guard Logistics Specialist 3rd Class London Waldon challenges Yeoman 3rd Class Courtney Sims of USS Chung-Hoon (DDG 93) for a shot.

PIYO Strength offers full-body conditioning for everyone

Story and photos by Randy Dela Cruz

Sports Editor, Ho'okele

Every year, it seems that Morale, Welfare and Recreation at Joint Base Pearl Harbor-Hickam pulls out something new and exciting to keep the doldrums from sabotaging the fitness goals of the military and their family members.

Starting in February, the folks at MWR continued the tradition of providing their members cutting-edge fitness options by introducing PIYO Strength workouts to their ever-growing list of exercise programs.

Taught by master fitness trainer Missy Cornish, the workout is so complete, she said that if you can train with only one program a week, this is the one to do.

"It has so many moves for you," Cornish said. "The variety is what you need and it gets them going and gets them stronger."

According to Cornish, PIYO, which was introduced to the public through Beachbody, a fitness company that also features workouts, such as, P90X, Insanity and T25, has been around since 2001 and has since been adapted to become an excellent standalone or auxiliary workout.

Cornish said that what was once just a mixture of pilates and yoga moves, PIYO has evolved to become a highly effective format for ath-

letic training.

"When you hear PIYO, people thinks it's pilates and yoga," she explained. "But what it's trying to get across is that while there are pilates and yoga inspired moves in there, the rest of the moves are very athletic. It incorporates flexibility, balance and strength."

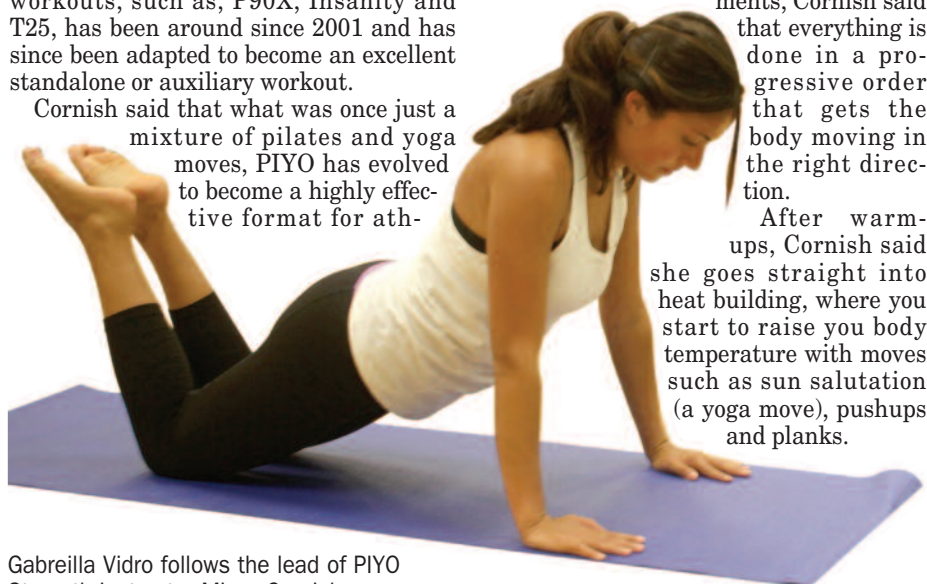
After finishing her second PIYO class at Joint Base Pearl Harbor-Hickam Fitness Center, Tami Renard, a military spouse, said that she is very pleased with the workout and promises to be back for more.

An avid fitness devotee, Renard said PIYO is not only a good way to round out her workouts, but she said that the faster pace makes yoga much more enjoyable.

"I have background like doing boot camp (workouts), so I know it's important to have high intensity and low-impact stuff," Renard explained. "No matter what kind of athlete you are, it's good for people who are lightly active, it's good for people who are like me, very active. It even things out."

While to the untrained observer, PIYO may seem like a series of random movements, Cornish said that everything is done in a progressive order that gets the body moving in the right direction.

After warm-ups, Cornish said she goes straight into heat building, where you start to raise your body temperature with moves such as sun salutation (a yoga move), pushups and planks.



Gabreilla Vidro follows the lead of PIYO Strength instructor Missy Cornish.



Tami Renard stretches out during the warmup portion of the PIYO Strength workout.

From there, she moves into full-body fusion, using arms and lower body, and then into power for explosive moves before going into a segment she calls flow.

While there are a lot of movements incorporated into the full hour of workout, Gabreilla Vidro, who has attended PIYO classes since they started on base, said that Cornish keeps you engaged throughout the whole process.

Vidro, who is a fitness coach herself, said that while the workout is fun, having an instructor like Cornish makes the time fly by.

"I love it," Vidro said. "I like her energy. Energy is something that gives off to people and her (Cornish) energy is awesome."

If anyone is thinking of giving PIYO a try, Cornish said come aboard and pick

any of the two classes held at JBPBH Fitness Center, every Tuesday from 4:30 to 5:30 p.m. and Friday from 11:30 a.m. to 12:30 p.m., or at the Hickam Fitness Center, Tuesdays from 8:30 to 9:30 a.m. and Thursdays from 5:15 to 6:15 p.m.

"One major thing is that it's built for all levels," Cornish said. "So even though I'm showing a more advanced positioning, I always take it down to a more beginner level."

Cornish also added that for people that are interested in becoming certified instructors for PIYO, a class will be held from 9 a.m. to 5 p.m. March 15 at the JBPBH Fitness Center.

For more information about the PIYO Strength classes, visit the website at www.greatlifehawaii.com.

JBPBH intramural basketball standings (as of Feb. 24)

Blue Division			Red Division			Afloat Division		
W	L		W	L		W	L	
1. 690th COS	4	0	1. Pound Town	4	0	1. Port Royal	2	0
2. NIOC HI	3	0	2. 647 FSS	3	1	2. John Paul Jones	2	1
3. 647 CES	2	0	3. 8 IS	3	1	3. Jefferson City	2	1
4. 735 AMS	3	1	4. NSSC	3	1	4. PCP Warriors	2	1
5. The System	1	1	5. 15 MXG	3	1	5. O'Kane	2	1
6. COMPACFLT	2	2	6. PHNSY & IMF	3	1	6. Chosin	1	1
7. 324 IS	2	2	7. 15 MDG	2	2	7. North Carolina	1	1
8. JIOC	2	2	8. Security	2	2	8. Chung-Hoon	1	2
9. 647 LRS	1	2	9. 747 CS	1	3	9. Hopper	1	2
10. HQ PACAF	1	3	10. Bronze St. Warriors	0	4	10. Bremerton	0	1
11. 17 OWS	0	4	11. Company I	0	4	11. Corpus Christi	0	3
12. Bushmasters	0	4	12. Nock Boyz	0	4			

Blood drives

• March 4, 11 a.m. to 3 p.m., main exchange, Wharf Access Road, building 992. Schofield Barracks. For more information, call 433-6699 or 433-p.m., S P A W A R 6148 or email michelle.lele@a medd.army.mil.

Story Ideas?

Contact Ho'okele editor for guidelines and story/photo submission requirements.

473-2890 / editor@hookelenews.com



Live the Great Life

Library promotes reading with bowling

Justin Hirai

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation



MWR Marketing photo

The Bowled Over by Books program is designed to encourage youth to read and rewards them with free games of bowling on base.

Kindergarteners through 12th graders can earn free games of bowling by using the Joint Base Pearl Harbor-Hickam Library. The return of the Bowled Over by Books program brings the joint efforts of the library and the bowling centers together to benefit youth on base.

The steps to earning free games of bowling are simple. First, youth must stop by the library to pick-up a bookmark with 10 empty spaces. They then check out library materials each week to earn a sticker for their bookmark. A limit of one stamp per week will be awarded, regardless of the number of library visits.

These stickers will entitle them to a free game of bowling at either the Pearl Harbor or Hickam Bowling

Centers. Once all 10 spaces on the bookmark are filled, they can win a free bowling party for six people.

The Bowled Over by Books program began earlier this month and more than 300 participants have already picked up their bookmarks. The program is a way for them to earn free bowling games and possibly a free bowling party while promoting library use.

"Encouraging youth to enjoy reading helps them academically, and socially,

as well as helping them develop their understanding of the world and their imagination. For example, reading a biography about an inventor might help a young person make an earlier decision to pursue a technical or engineering career," said Phyllis Frenzel, JBP HH Library director.

The program ends on May 16, leaving only 11 weeks from now to earn stamps.

For more information on the program or the library, call 449-8299.

New sport coming to JBP HH

Helen Ko

Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation



MWR Marketing photo by Reid Kagemoto

A new game called FootGolf is starting up at the Ke'alohe Golf Course on the Hickam side of Joint Base Pearl Harbor-Hickam. It will begin in early or mid-March.

The game is played like golf, with either two, three or four players, according to Carl Kelly, manager of Mamala Golf Course. However, a soccer ball will be kicked into larger foot golf cups located near the regular golf greens.

FootGolfers will be playing on the same course as golfers and should understand and abide by all of golf's customs and courtesies.

Players are not allowed to use their hands, just like in soccer.

FootGolf will be offered whenever the Ke'alohe Golf Course is open. Kelly recommended that players call the golf course ahead and book a tee time, and let the staff know they want to play.

The price to play will be \$5 per person for nine holes of FootGolf. Customers will be able to rent a soccer ball from the shop for \$1.

Youth ages 7-12 must be accompanied by a parent or guardian at all times. If patrons have younger soccer players interested who will be accompanied by a parent, Kelly recommended calling ahead and asking about

CTR1 (IDW/NAC) Matt Kazlauskas demonstrates teeing off FootGolf-style on the first hole at Ke'alohe Golf Course at Joint Base Pearl Harbor-Hickam.

the FootGolf policy and availability.

"With soccer being the largest sport on the planet and so many youth soccer leagues, I think this new sport has the opportunity to bring many new people to our golf facilities. Unlike disc golf, which has been around for many years and is played by a small following of Frisbee enthusiasts, FootGolf will require less athletic ability and hand eye coordination to enjoy.

We hope FootGolf brings families to the course to spend quality time exercising and having fun at the same time," Kelly said.

For more information, visit www.greatlife-hawaii.com.

Your Weekly Fun with MWR

Visit www.greatlife-hawaii.com or subscribe to MWR's digital magazine Great Life Hawaii.



Junior Golf Clinic will begin at 9 a.m. Saturday at Mamala Bay Golf Course. The pro will offer tips for junior golfers at this free clinic. FMI: 449-2304.

Family/Group Sailing Instruction will be held from 9:30 a.m. to noon Saturday at Rainbow Bay Marina. Students ages 10 years and older can get a brief introduction to sailing, including an overview in the classroom, demonstration of rigging and some time on the water. The cost is \$10 per person. There is a maximum of four people per session. FMI: 784-0167.

"Created Equal" Documentary and Discussion will begin at 1 p.m. Saturday at the Joint Base Pearl Harbor-Hickam Library. "Freedom Summer," the fifth documentary film in the Created Equal series covering America's civil rights struggle, is about gaining the right to vote in the summer of 1964. Professor Mitch

Yamasaki of Chaminade University will facilitate a discussion after the screening. This free program commemorates African American History Month. FMI: 449-8299.

Wood Shop Safety class will be held from 4:30 to 7:30 p.m. Saturday at the Hickam Arts & Crafts Center. Students will learn the proper and safe use of the tools and equipment in the wood hobby shop. Upon completion, participants will be issued a safety certification card enabling them to use the shop tools and equipment and to go on to more advanced wood-working classes. The cost is \$20. FMI: 448 9907.

2015 Creative Writing Contest submissions will be accepted starting March 1 at the base library. Entries can be submitted in short story and poetry divisions (no more than one entry for each type). There are three age categories:

children, ages 6 to 10 years old; young adults, ages 11 to 18 years old; and adults, ages 19 years and older. The complete rules, entry form and details are available at www.greatlife-hawaii.com. The entry deadline is April 4 with judging taking place April 7-14. The awards party with refreshments will begin at 1 p.m. April 18. FMI: 449-8299.

Youth Beginner Sailing classes will be held from noon to 2 p.m. and from 3:30 to 5:30 p.m. every Monday and Wednesday from March 2 through March 25 at Rainbow Bay Marina for youth ages 10 to 17 years old. The class is taught by a certified instructor and consists of classroom theory and on-the-water group instruction. The fee is \$50 for each session. FMI: 784-0167.

Monday Night Kid's Night will be held from 5 to 9 p.m. March 2 at Sam Choy's Island Style

Seafood Grille. Children ages 12 years and younger can obtain a free kid's meal with the purchase of an adult entrée. A bounce house will be available from 5 to 7 p.m. for children. FMI: 422-3002.

Full Moon Hike at Lanikai Pillboxes will begin at 5:30 p.m. March 5. MWR Outdoor Adventure Center staff will take participants on a trail with semi-steep terrain and moonlit views of the Mokulua Islands and the windward coast. The cost is \$15. The sign-up deadline is March 2. FMI: 473-1198.

Moonlight Paddle at Hickam Harbor will begin at 7:30 p.m. March 5. Patrons of all paddling abilities are welcome. The trip will be led by Hickam Harbor's Outdoor Recreation staff and includes all required gear. The cost is \$25. The sign-up deadline is March 2. FMI: 449-5215.

VOTE NOW!

Voting runs 2/22 - 3/7

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FEBRUARY

GIRLS' DAY CELEBRATION

SATURDAY — A Girls' Day celebration will be held from 11 a.m. to 1 p.m. at the Pearl Harbor Navy Exchange children's department. The event will include an appearance by Hello Kitty and free balloons. FMI: 423-3287 or email Stephanie.Lau@nexweb.org.

GOSPEL FEST, TASTE OF SOUL

SATURDAY — A Gospel Fest & Taste of Soul will begin at 3 p.m. at Nellis Chapel. The Gospel Fest will involve choirs and praise teams from across the island. The Taste of Soul involves tasting of a variety of soul food dishes. Volunteers are needed and participants are invited to bring food. FMI: email shadonna.mcphaul.1@us.af.mil or call 449-6562.

HART CONSTRUCTION WORK

NOW — The Honolulu Authority for Rapid Transportation (HART) is working on Kamehameha Highway in the westbound direction between Center Drive and Radford Drive. Motorists should prepare for lane closures and contraflow traffic. The work is expected to last three to four months. Construction work takes place from 8:30 a.m. to 2:30 p.m. Drivers will experience two lane closures along Kamehameha Highway in the westbound direction for ongoing utility work. A contraflow lane will allow westbound traffic to make a left turn into Makalapa Gate. Traffic at the Makalapa Road and Radford Drive intersection will be controlled by Honolulu Police Department officers. Motorists should follow posted speed limits and other signs in the construction areas. In addition, the bus stop at Kamehameha Highway and Center Drive is closed during construction hours. Updated bus routes and temporary changes can be found at www.TheBus.org. FMI: www.honolulutransit.org.

CALL FOR VOLUNTEERS

NOW — Navy Region Hawaii will host the Wounded Warrior Pacific Trials March 9 -13. Navy Region Hawaii is asking for volunteers to support the event. There will be a mandatory brief for all athlete sponsors and event coordinators from 9 to 10:30 a.m. March 2 at Hickam Memorial Theater. Athletes from the trials will be selected to represent the Navy and Coast Guard at the annual Warrior Games in the fall. FMI: Matthew.P.Butler@navy.mil or 472-8881, ext. 332 or 371-0271, or Christopher.Creek@navy.mil or 472-8881, ext. 332.

NCIS CRIME REDUCTION PROGRAM

NOW — From the start of fiscal year 2015, the NCIS Crime Reduction Program (CRP) has been focusing its efforts on the awareness and prevention of domestic violence. The CRP is a program which unites law enforcement and community service organizations with a shared goal of educating Sailors, Marines and Department of the Navy civilians about common threats to their safety. With the increasing focus on domestic violence prevention, the first quarter CRP has been extended through March. FMI: 474-1218 or the NCIS Hotline at 1-877-579-3648, text "NCIS" and tip information to CRIMES (274637) or call the DoD Safe Helpline at 1-877-955-5247.

TAX ASSISTANCE CENTER

NOW — The Navy Tax Assistance Center is now open. The self-service model center is located at the Navy College, 1260 Pierce St., building 679, Joint Base Pearl Harbor-Hickam in classroom 11. The tax center is open daily from 8:30 a.m. to 3 p.m. FMI: Ursula.m.smith1@navy.mil or 473-0443.

MARCH

CREWS INTO SHAPE

1 TO 28 — The Navy and Marine Corps Public Health Center will hold its 15th annual Crews Into Shape Challenge in conjunction with National Nutrition Month and Navy Nutrition Month. Crews into Shape is a four-week challenge that uses a team approach to promote wellness, combining the support of colleagues and family members to help the entire "crew" work toward a healthier lifestyle. Participants need to register by Feb. 28. FMI: www.med.navy.mil/sites/nmcphc/health-promotion/Pages/crews-into-shape.aspx.

DISCOVER YOUR FUTURE IN AVIATION

7 — A Discover Your Future in Aviation event will be held from 9:30 a.m. to 4 p.m. at Pacific Aviation Museum Pearl Harbor. The event is designed for young people interested in aviation as a career, school groups, Scouts and families. It will include discussions with aviation professionals, aircraft flyovers, remote-control demonstrations and prizes. FMI: www.pacificaviation.org or 441-1000.

WOUNDED WARRIOR FAMILY SYMPOSIUM

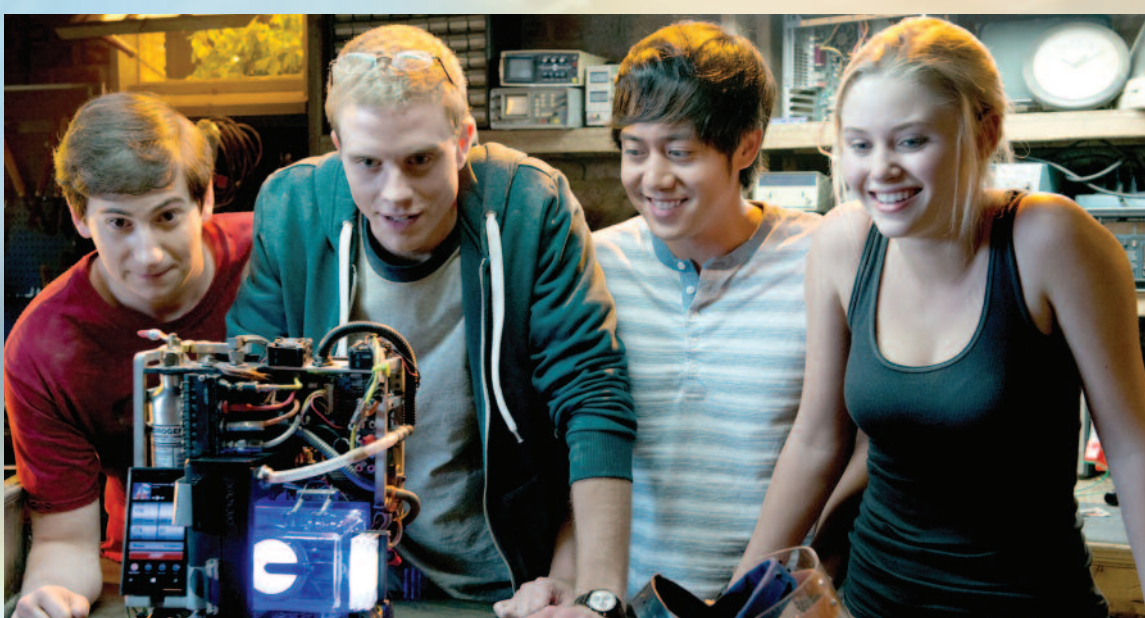
10 — A Navy Wounded Warrior Family Symposium will be held from 9 a.m. to 1 p.m. at the Hickam Officers Club. Navy Wounded Warrior Safe Harbor coordinates the non-medical care of seriously wounded, ill and injured Sailors and Coast Guardsmen, in addition to providing resources and support to their families. Assistant Secretary of the Navy for Manpower and Reserve Affairs Juan P. Garcia III will deliver the opening remarks. Participants are asked to RSVP as early as possible because seating is limited to 100 guests. FMI: 426-6381 or email Thomas.D.Howell7.mil@mail.mil.

A BETTER YOU

11-24 — The Pearl Harbor Navy Exchange (NEX) will partner with health and fitness organizations for A Better You event from 11 a.m. to 2 p.m. daily throughout the NEX mall. Participating groups include Naval Health Clinic Hawaii, TRICARE and the base Morale, Welfare and Recreation department. The free event for authorized patrons will include demonstrations, health analysis, program information and giveaways. FMI: 423-3287 or email Stephanie.Lau@nexweb.org.

'KICK BUTTS DAY'

18 — Aliamanu Military Reservation Youth Sports, Pearl Harbor Navy Exchange (NEX) and other organizations will hold a Kick Butts Day event from 11 a.m. to 2 p.m. at the NEX mall. Kick Butts Day is a national day designed to empower youth to stand out, speak up and seize control against tobacco use. In addition, a two-mile walk-run will begin at 7 a.m. at the NEX. FMI: Brittany.K.Bigham@navy.mil at 836-1923 or Stephanie.Lau@nexweb.org at 423-3287.



PROJECT ALMANAC (PG-13)

A brilliant high school student and his friends uncover blueprints for a mysterious device with limitless potential, inadvertently putting lives in danger.

SHARKEY THEATER

TODAY 2/27
7:00 p.m. Project Almanac (PG-13)

SATURDAY 2/28
2:30 p.m. Paddington (PG)
4:40 p.m. Black or White (PG-13)
7:20 p.m. American Sniper (R)

SUNDAY 3/1
2:30 p.m. Black or White (PG-13)
5:10 p.m. Taken 3 (PG-13)
7:30 p.m. The Wedding Ringer (R)

THURSDAY 3/5
7:00 p.m. American Sniper (R)

HICKAM MEMORIAL THEATER

TODAY 2/27
6:00 p.m. Paddington (PG)

SATURDAY 2/28
4:00 p.m. Paddington (PG)
7:00 p.m. American Sniper (R)

SUNDAY 3/1
2:00 p.m. Paddington (PG)

