

# VETERANS DAY

We remember & honor those who served & sacrificed  
"Navigator"

# HO'OKELE

PEARL HARBOR - HICKAM NEWS

November 12, 2010

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## Pearl Harbor-Hickam hosts makahiki festival

MC2 Jon Dasbach

Navy Public Affairs  
Support Element West Det.  
Hawaii

Joint Base Pearl Harbor-Hickam hosted the 2010 Makahiki at Kapuaikaula at Hickam Harbor beach on Nov. 6.

The festival at Kapuaikaula, ancient name for Hickam, provided an opportunity for military families to understand the culture and history of Hawaii. The makahiki was organized by the Oahu Council of Hawaiian Civic Clubs in partnership with Joint Base Pearl Harbor-Hickam.

"Today we're celebrating a thanksgiving," said Capt. Larry Scruggs, chief staff officer for Joint Base Pearl Harbor-Hickam. "This is a time where the tribes in Hawaii would get together, declare peace, and meet and have a plentiful bounty from the sea and the land."

Makahiki is an ancient Hawaiian festival dedicated to "Lono," the deified guardian of agriculture, rain, health and peace.

For more than 2,000 years, the significance of Lono and his contribu-



(Above) Braven Kalama Cabigon, a high priest or "Kahuna Nui," awaits the arrival of Lono, the deified guardian of agriculture, rain, health and peace, at Hickam Harbor beach on Nov. 6, during the makahiki at Kapuaikaula (ancient name for Hickam) at Joint Base Pearl Harbor-Hickam.

(Left) Capt. Richard Kitchens, commander, Joint Base Pearl Harbor-Hickam, presents "ho'okupu" (gift) to Shad Kane of the Oahu Council of Hawaiian Civic Clubs, during the makahiki ceremony at Hickam Harbor beach on Nov. 6. (See more photos on page A-5)

U.S. Navy photos by David D. Underwood Jr.

tions to the beliefs and practices of the early Hawaiian people influenced the celebration of events held during makahiki festivals through the Hawaiian Islands.

Makahiki starts in October and lasts until the end of January. During this time, all warfare between tribes was strictly forbidden.

The festival included native Hawaiian chants and an exhibition of games which are important aspects of makahiki.

Service members and their families were able to play traditional games during makahiki such as stone rolling, dart tossing, one-leg wrestling and spear throwing.

"I think it's very important for us to understand the Hawaiian culture, living here on the island," said Lt. Cmdr. Jon Ward, assigned to Commander, Submarine Force U.S. Pacific Fleet, who attended the festival with his sons. "I think it's very important for us to have an understanding of their culture and an appreciation for the ancient rituals here on the island."

The festival was held to

See MAKAHIKI, A-8

## 613th Support Group inactivated during ceremony at JBPHH

Tech. Sgt. Kerry Jackson

13th Air Force Public Affairs

Members of the 613th Support Group (SPTG) encased their unit flag a final time during an inactivation ceremony at Joint Base Pearl Harbor-Hickam on Nov. 8.

The 613th SPTG became operational on Dec. 16, 2005, included the 17th Operational Weather Squadron (OWS) and the 56th Air and Space Communications Squadron (ACOMS). The unit provided operational and personnel support to the 13th AF mission to plan, command and control, execute, and assess air, space and information operations in the United States Pacific Command's area of operations (PACOMAOR).

"Today is a tough day for the support group," said Lt. Gen. Hawk Carlisle, 13th Air Force commander, during the ceremony. "This marks the end of just under five years of amazing work, dedication and service

accomplished by this relatively young unit. However, in these challenging times of incredibly tight manpower and money constraints, this is the right thing to do."

The 613th SPTG directly supported the 13th Air Force warfighting mission through its assigned squadrons, and developed and managed personnel programs in support of assigned personnel. The 613th SPTG provided operational-level communications expertise for the command and control of air, space, information operations for Commander, Pacific Air Forces and Commander, U.S. Pacific Command and regional and operational-level air and space weather support.

"Collectively, for the past five years, we - the CSS (Commander's Support Squadron), OWS and ACOMS - have called ourselves the 'quiet professionals,'" said Col. Seth Bretscher, the 613th Support Group commander, who relinquished command during the ceremony. "'Quiet' because what you have done has enabled every-



U.S. Air Force photo by Master Sgt. Victoria Meyer

Lt. Gen. Hawk Carlisle (left), 13th Air Force commander and Col. Seth Bretscher, 613th Support Group (SPTG) commander, encase the 613th SPTG unit flag a final time before the unit inactivated during a ceremony at Joint Base Pearl Harbor-Hickam, on Nov. 8. The 613th SPTG became operational Dec. 16, 2005, and included the 17th Operational Weather Squadron and the 56th Air and Space Communications Squadron.

one seated around you and up here on the stage - you've quietly made them successful. And 'professionals' because of the operational focus that directly enables every mission we conduct across the span of the PACOM AOR," he said. "To the 'quiet professionals,' remember, the first rule of leadership is 'service' - service to oth-

ers, service to those you lead," Bretscher reminded. "There is no greater honor to me than allowing me to serve you as your commander. Thank you. God bless you all."

God bless the United States of America."

The 613th SPTG's numerous accomplishments include:

- Increased field commanders' visibility of more than 2,000 aircraft tracks by transmitting battle space images to deployed Army tactical operations centers.

- Increased the Joint Force Air Component Commander's visibility more than 21 million miles by consolidating the air picture that links Alaska, Japan, Korea and China coverage, and drove the air picture upgrade to Guam's Federal Aviation Administration's feed.

- Consistently produced the highest number of award winners in 13th Air Force quarterly and annual awards.

- The 17th OWS was the 2006 Air Force Weather Squadron of the Year.

"While this marks a strategic pause in the official history of the 613th Support Group, it is a step forward for the history of the 13th Air Force, Pacific Air Forces and the United States Air Force," Carlisle said.

## SECNAV RELEASES VETERANS DAY MESSAGE

Special from the Secretary of the Navy

WASHINGTON - Secretary of the Navy Ray Mabus released the following Veterans Day message to the fleet on Nov. 8:

"On Nov. 11 each year, the United States formally honors the service and sacrifice of more than 20 million living American veterans through their service, as well as all the men and women who have guaranteed our freedom and

kept America secure against those who would harm us throughout the years.

Our veterans represent the best of America. Coming from every background and every walk of life, they represent the rich tapestry of our nation

and the multitude of cultures that make the United States unique upon the earth.

On Veterans Day, we have an opportunity to thank them, to thank every Marine, Sailor, Soldier, Airman and Coast Guardsman who has

ever worn the uniform for what they have done, and to thank those of you still in uniform for what you continue to do for the United States every day.

Thank you for your service, Godspeed."



Col Baumgardner and children plant tree for Arbor Day  
See page A-2



USS Crommelin, MDSU-1 participate in CARAT 2010  
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Joint Base Pearl Harbor-Hickam Sailors volunteer to honor veterans  
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Sailors support Konishiki Kids Foundation  
See page A-4



Base conducts Major Accident Response Exercise  
See page A-7



Bold comeback leads Security over 15th MXG  
See page B-3

# Gov. Lingle commends shipyard for support of Innovation Initiative

## Pearl Harbor Naval Shipyard Public Affairs

Hawaii Gov. Linda Lingle presented Pearl Harbor Naval Shipyard with a state-level commendation for its "significant and enduring contributions" in support of her Hawaii Innovation Initiative.

The commendation was presented to the shipyard at the state capitol on Oct. 28. It was signed by both Lingle and Lt. Gov. James R. "Duke" Aiona.

The Innovation Initiative, announced by Lingle in January 2007, is an effort by the state government to shift Hawaii's economic base from land development to human capital and innovation in processes, products and services. The initiative includes emphasizing science, technology, engineering and math (STEM) in schools.

In the commendation, Lingle praised shipyard leaders, engineers and trades people who "enthusiastically encourage high school students to engage in ... STEM education, providing them with the teamwork, critical thinking and problem-solv-



U.S. Navy photo by Katie Vanes  
Rebecca Dumlao, a Pearl Harbor Naval Shipyard engineer, advises a student on how to build a "brushbot," a robot powered by an electric toothbrush motor, during "Introduce a Girl to Engineering Day" on April 17 at Waipahu Intermediate School.

ing skills they need to compete in the 21st century workforce."

The governor said shipyard leaders and volunteers have helped "to build a brighter future for our students, our state and our nation at large."

Lingle specifically praised shipyard mentors for supporting 10 schools in various robotics competitions, such as FIRST (For Inspiration and Recognition of Science and Technology), VEX (VEX Robotics, Inc.), MATE (Marine Advanced Technology Education) Underwater, and FIRST Lego League. Three of those schools earned the right to compete in both the VEX and FIRST world championships.


Lingle also lauded the fact that in 2008, the shipyard established a robotics scholarship. The scholarship, awarded annually to one Hawaii high school student who has participated in robotics competitions, pays for four years of tuition, fees and books at the University of Hawaii College of Engineering.

Shipyard Commander Capt. Brian Osgood said,

"We are deeply honored that Gov. Lingle recognized our contributions to improving education in Hawaii." He noted that shipyard statewide support of robotics is a "win-win" proposition.

"The shipyard workforce includes about 600 engineer billets and many other jobs that are filled by upwardly mobile engineers, making us the largest employer of engineers in the state," Osgood said. "We need highly capable engineers to maintain, repair and modernize the Navy's high-tech ships and submarines. Our support of student robotics programs is both an investment in the future of the children of Hawaii as well as in our national security," he remarked.

In a recent example of shipyard support, five shipyard Sailors mentored student cadets at a 12-week robotics program at the Hawaii National Guard Youth Challenge Academy. The program culminated in a robotics competition on Oct. 31 in which Capt. Lawrence Hill, deputy shipyard commander, served as a judge.



## Cycling safely

**Joint Base Pearl Harbor-Hickam Safety Office**

It is always fun and, at times, a challenge to ride a bicycle safely. Whether you are a child riding in an alley of base housing or an adult training for a race, you should continue to practice caution while riding bikes. As the old saying goes, "It is better to be safe than sorry."

Here are a few tips and rules everyone should follow while operating a bicycle on Joint Base Pearl Harbor-Hickam.

Regardless of age and location, while operating a bicycle it is mandatory to wear a bicycle helmet that fits properly and is intended for the type of riding to be performed. More information on the type of helmet can be found at the Bicycle Helmet Safety Institute: [http://www.bhsi.org/type\\_s.htm](http://www.bhsi.org/type_s.htm)

Bicyclists must obey all traffic laws on the road and travel with the flow of traffic, the same way as if you were driving a car or motorcycle.

If you decide to ride on the sidewalk, you must get off the bike and walk it across all crosswalks, then you can resume riding once you have crossed the crosswalk. Bicyclists must yield to pedestrians on sidewalks and keep speeds no faster than 10 mph on sidewalks, running/fitness tracks and paths.

Headphones should not be worn while riding on or near roadways.

During hours of darkness, bicycles must be equipped with lights and reflectors. Operators should wear brightly colored or reflective clothing.

With every situation in which you decide to ride a bicycle, have a plan, ride smart, and by all means, have fun while operating a bicycle on Joint Base Pearl Harbor-Hickam.

## Col. Baumgardner and children plant tree for Arbor Day

Col. Charles Baumgardner, deputy commander of Joint Base Pearl Harbor-Hickam (JBPHH), assists children from the Child Development Center at JBPHH on Nov. 5 as they plant a tree for Arbor Day.

U.S. Navy photo by David D. Underwood Jr.





## SENIOR AIRMAN MATTHEW ISON



### SrA Ison tracks aircrew requirements

Story and photos by  
SrA Gustavo Gonzalez

15th Wing Public Affairs

Senior Airman Matthew Ison, 96th Air Refueling Squadron aviation resource manager, is this week's Hickam Warrior.

He is responsible for maintaining the ARMS database which tracks aircrew flying and training requirements.

"I ensure correct input and auditing of over 50 aircrew members' training," Ison said. "I am also the primary individual for tracking aircrew qualifications in the 96th Air Refueling Squadron, and responsible for all mission paperwork from pre-flight to post-flight, to include accurate documentation of up to

200,000 pounds of offloaded fuel per sortie. I am also responsible for tracking the hours and sorties flown by the 96th ARS," he explained.

According to Senior Master Sgt. Dicky Hunt, 96th ARS superintendent, Ison has been pivotal to the standup of the 96th ARS.

"Airman Ison was the first enlisted member assigned to the 96th ARS and has been instrumental to the unit's quick start," Hunt said. "He has been instrumental to getting unit members in-processed quickly and up and flying in a matter of weeks. His expertise in the aviation resource management career field is beyond reproach and to date has been the most valuable enlisted member of the 96th ARS," he continued.

Ison's favorite thing about being stationed in Hawaii is the golfing weather all year.

"On my off duty time, I spend it in the gym, play golf, take classes, go to the beach, learning how to play the guitar," Ison noted.

According to Ison, he would change nothing about Hickam or the Air Force.

"The one issue I had was the low PT standards, which have since been changed to meet the ever increasing demands for a fit Airman," he said.

## Diverse Views



Sailors and civilians from the Navy Operational Support Center, Pearl Harbor recently witnessed one of their own service members, Engineman 2nd Class (SW) Moikeha J. Keogh, take the oath of citizenship, on Nov. 2. Below are their thoughts on Keogh's citizenship ceremony:



Cryptologic Technician  
(Collection) 2nd Class  
Michelle Allen

"I was pretty proud. It's not something that we see every day, and I liked it. I was glad that he was able to do it and that he wanted to. I'm hoping that this will give him more pride in his job and serving our country, especially now that he is serving 'his' country."

Rich Stewart



"I've never been to a ceremony for citizenship before. So to see how the induction goes and the pride and integrity that goes with that because they talk about the history, how important it is for you to understand and read the oath and the seriousness behind it, it kind of made you realize that we take it for granted on a regular basis, that we're United States citizens and that it is an honor and a privilege for someone else to actually get to that level because they had to work for it. For me I was born here — easy day. For them, it is a little bit different. So just to see that, how it was all rolled out, it was somewhat inspiring, and it was good to see how fortunate you are to actually live here in this country."



Personnel Specialist 3rd Class  
Salimah Muhammad

"I felt proud to witness the ceremony and of the fact that he wanted to become a United States citizen. It will make the Navy more diverse, adding people who haven't been born here."

Hull Technician 2nd Class (SW)  
Anthony Guerra



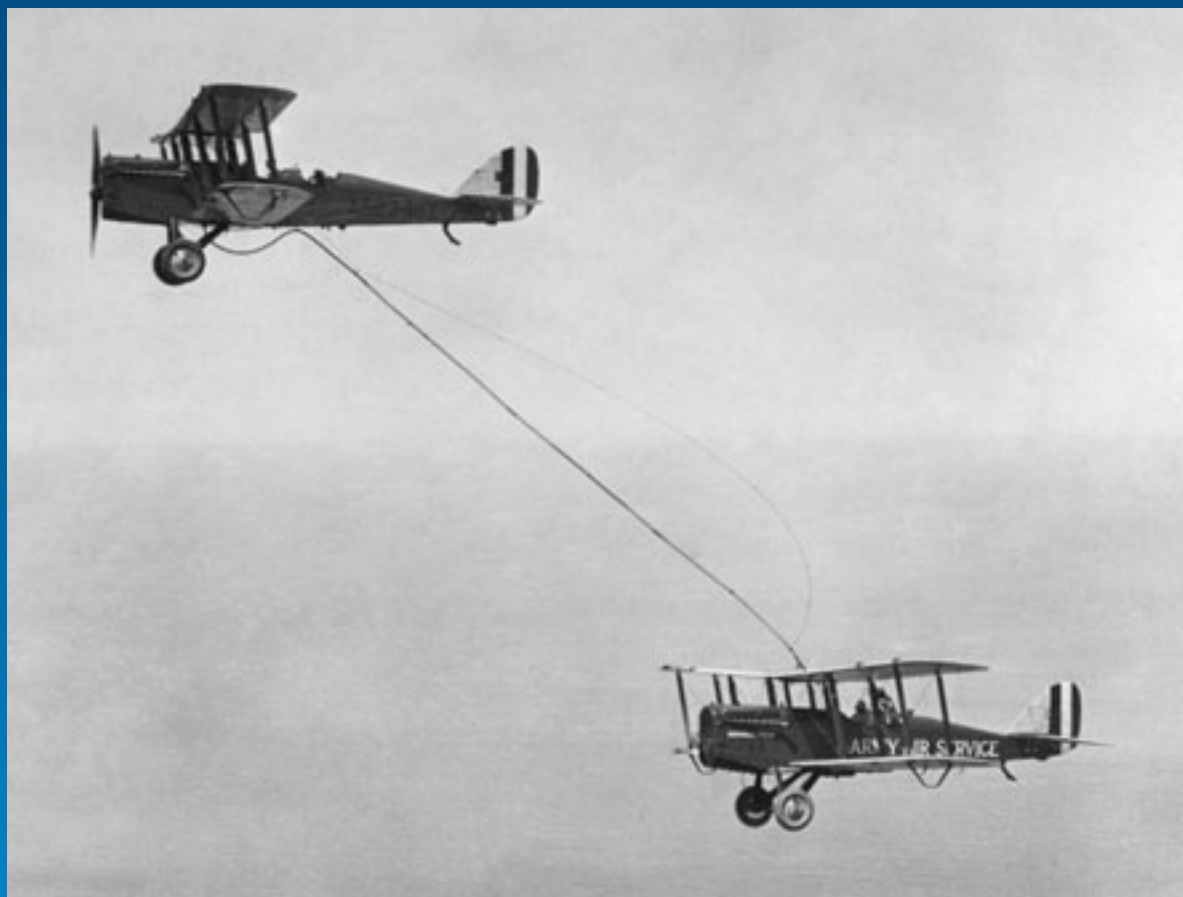
"I think it's a great thing he took the initiative and pursued what he needed to pursue to become a citizen. I think it's not only going to open up doors for him, but it will benefit the command as well."

(Provided by MC2 (SW) Mark Logico)

Want to see your command featured in Diverse Views?  
Got opinions to share?

Drop us a line at [editor@hookelenews.com](mailto:editor@hookelenews.com) or [karen.spangler@navy.mil](mailto:karen.spangler@navy.mil)

## Mid-air refueling in early years



Refueling in mid-air by Capt. Lowell H. Smith and Lt. John P. Richter, at Rockwell Field, Calif. In June 1923. They stayed in the air four days using DeHaviland airplanes.

U.S. Air Force photo

## HO'OKELE

PEARL HARBOR - HICKAM NEWS

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# Sailors support Konishiki Kids Foundation

Story and photos by  
MC2 (SW) Mark Logico

*Navy Region Hawaii Public Affairs*

KAPOLEI, Hawaii—More than 30 Hawaii-based Sailors and their families volunteered their time and energy to support the Konishiki Kids Foundation at the Kapolei Carnival Nov. 5 to 7.

The Konishiki Kids Foundation is a non-profit organization that was created to help broaden the horizons of the leeward coast children to make a difference in their community. The carnival is sponsored by the foundation.

“My concept has been about the gathering of family,” said Konishiki Yasokichi, the founder of the foundation. “I want families to come.”

Konishiki is the first non-Japanese sumo wrestler to attain the prestigious title of ozeki, sumo's second highest rank. According to his website, Konishiki's foundation was founded in 1996 with a mission to broaden children's horizons through cultural exchange trips to Japan. The Konishiki Kids Foundation annually sends 35 sixth grade students from the leeward coast of Oahu, Hawaii to Japan to help them realize that the world is full of possibilities.

“The biggest thing we have done this year out of all the other years is having the Navy become involved, and we are most appreciative,” said Michele Leao, the CEO of the foundation. “We want them to



(Top) Gas Turbine System Technician (Mechanical) 1st Class (SW) Rafael Santillan, assigned to the guided-missile destroyer USS Hopper (DDG 70), prepares the hamburger patties at the Kapolei Carnival. Hawaii-based Sailors and their families volunteered at the Kapolei Carnival to help the Konishiki Kids Foundation. (Bottom left) Konishiki Yasokichi, the founder of Konishiki Kids Foundation, invites Hawaii-based Sailors and their families to his home in Waianae to talk about the foundation and the volunteer work at the Kapolei Carnival Nov. 5 to 7. Konishiki is the first non-Japanese sumo wrestler to attain the prestigious title of ozeki, sumo's second highest rank. The Konishiki Kids Foundation is a non-profit organization that was created to help broaden the horizons of the leeward coast children to make a difference in their community. (Bottom right) Senior Chief Gunner's Mate (SW/AW) Jimmie Ellison, assigned to Afloat Training Group Middle Pacific, serves an order of french fries at the Kapolei Carnival.

do this event with us.”

The military volunteers worked together with the community volunteers as they helped with directing traffic, location set-up and food preparation at the carnival.

Senior Chief Quartermaster (SW/AW) Anthony Bastidas was the military volunteer coordinator for the event. He said that volunteering is one of the pillars of success in the Navy.

“Being a whole Sailor means serving not only your own ship command, but also serving your community,” Bastidas said. “It is almost required of us in today's Navy to be fully employed, not only in our duty time but also in our off-duty time giving back to the community. It's part of our calling wherever we go.”

Bastidas said he was impressed with how Konishiki is assisting young people in seeing their dreams and making them a reality through education.

Information Systems Technician 2nd Class (SW) Dimple Bemley, assigned to Joint Maritime Ashore Support Team Pacific, was one of the volunteers for the event. She said that the opportunity was amazing.

“I think that Konishiki represents what he stands for,” Bemley said. “I'm not a local. I'm not from here, but for the kids to see that this foundation is out here, that other people care about the program, I think is amazing. We are here. The military is here to say to them that we care about them.”

# Pearl Harbor-Hickam *Highlights*

(Right) Lt. Mike Rigoni, Marine Aviation Logistics Squadron, Kaneohe, competes in the makaihe (spear throwing) event during the Makahiki ceremony at Hickam Harbor Beach on Nov. 6 at Joint Base Pearl Harbor-Hickam, Hawaii.

U.S. Navy photo by David D. Underwood Jr.



(Below) Capt. Richard Kitchens, commander, Joint Base Pearl Harbor-Hickam, Hawaii, poses with winners of the traditional games competition during the makahiki ceremony at Hickam Harbor Beach on Nov. 6.

U.S. Navy photo by David D. Underwood Jr.



(Below) Participants the makahiki play traditional Hawaiian games during a ceremony held Joint Base Pearl Harbor-Hickam on Nov. 6. Makahiki is an ancient annual festival also known as a "Hawaiian Thanksgiving."

U.S. Navy photo by MC2 Jon Dasbach



(Above) Donna Willard, sponsor of the Virginia-class submarine Pre-Commissioning Unit (PCU) California (SSN 781), christens the submarine as Mike Peters, center, president of Northrop Grumman Shipbuilding, and Jackalyne Pfannenstiell, assistant secretary of the Navy for Energy, installations and environment, look on.

Photo courtesy of Northrop Grumman

(Left) Master Chief Cryptologic Technician (Collection) (SW/AW) R.T. McClain, team leader for NIOC Hawaii's Make-a-Difference Day project, fishes trash out of Kapakahi Stream during the cleanup effort on Oct. 23.

U.S. Navy photo by IT2 Jedidiah Dyer

## USS Crommelin, MDSU-1 ... CARAT 2010



(Top right) Lt. j.g. Vanessa Walton, the navigator aboard the guided-missile frigate USS Crommelin (FFG 37) at Joint Base Pearl Harbor-Hickam, explains how she uses charts to visiting Royal Cambodian Navy officers during Cooperation Afloat Readiness and Training (CARAT) Cambodia 2010. U.S. Navy photo by MC1 Robert Clowny. (Top left) Seaman George Paul Scheppler, assigned to the guided-missile frigate USS Crommelin (FFG 37), leads local children in a physical training session during a Cooperation Afloat Readiness and Training (CARAT) Philippines community service project. U.S. Navy photo by MC2 Jessica Bidwell. (Bottom left) Interior Communication Specialist 3rd Class Daniel Western, assigned to the guided-missile frigate USS Crommelin (FFG 37), battles for possession during a futsal game against sailors from the Royal Brunei Navy during a sports day for Cooperation Afloat Readiness and Training (CARAT) Brunei 2009. U.S. Navy photo by MC2 Nancy C. diBenedetto (Bottom right) U.S. Navy Diver 1st Class Tony Eddleman, assigned to Mobile Diving and Salvage Unit (MDSU) 1 at Joint Base Pearl Harbor-Hickam, places a MK-21 dive helmet on a Royal Cambodian Armed Forces diver during dive training aboard the Military Sealift Command rescue and salvage ship USNS Safeguard (T-ARS 50). MDSU-1 and Safeguard are participating in Cooperation Afloat Readiness and Training (CARAT) Cambodia 2010. U.S. Navy photo by MC2 Jason M. Tross

## Base conducts Major Accident Response Exercise

Airman First Class Brian Wood, a player in Major Accident Response Exercise, waits in pain for medical attention while another patient is treated after a simulated explosion behind the softball fields near Kuntz Gate at Joint Base Pearl Harbor Hickam, Hawaii on Nov. 9. A MARE in which a simulated terrorist drove an explosive truck into a group of Airmen was conducted to test the base's ability to respond in case of a major accident. (Inset) Paramedics prepare a patient to be sanitized after he was contaminated by a simulated explosion during a Major Accident Response Exercise behind the softball fields near Kuntz Gate at Joint Base Pearl Harbor Hickam, Hawaii on Nov. 9.



U.S. Air Force photos by Staff Sgt. Nathan Allen

Photo Illustration

### Traffic advisory near Halawa Gate

Motorists are advised that there will be increased traffic near the Halawa Gate and Kamehameha Highway through Nov. 23, especially during the morning rush hours from 7:30 to 8:30 a.m. The delays are due to a Navy construction project at Joint Base Pearl Harbor-Hickam.

All commercial vehicle inspections will continue at Halawa Gate.

Traffic access to buildings 550 and 1775 on base will be temporarily re-aligned to run within the Fleet Industrial Supply Center, Pearl Harbor paved staging area.

## KHON (FOX) TV 2 Hawaii Navy News upcoming segments

**Nov. 18** – Pearl Harbor Naval Shipyard  
“Innovation Initiative”

**Nov. 25** – Thanksgiving holiday

**Dec. 2** – Pearl Harbor survivors

**Dec. 9** – Toys for Tots concert

(The segments currently air between 6:15 and 6:45 a.m. each Thursday. Previous segments can be viewed at <http://www.bit.ly/KHONNavy>)

**Got a story for KHON Hawaii Navy News?**  
Email [editor@hookelenews.com](mailto:editor@hookelenews.com) or call Navy Region Hawaii Public Affairs at 473-2875. Stories must have a Navy tie and be of interest to the general public.

## Diamond Tips

### Getting familiar with the ‘little brown book’

(Diamond Tips are provided by Air Force first sergeants to address concerns in the Air Force community and provide guidance to Airmen)

**SMSgt Stephen Kniffen**

735th Air Mobility Squadron

How many times have you heard one of your supervisors make reference to the Enlisted Force Structure (AFI 36-2618) commonly referred to as the “little brown book”? Not that long ago, it was very common to see an NCO or SNCO break out their little brown book from their BDU pocket and start quoting some of our responsibilities as junior enlisted airman, noncommissioned officers and senior noncommissioned officers.

Over the years, the little brown book has morphed into an electronic file that is accessible on the Air Force Publications/Forms website ([www.e-publishing.af.mil](http://www.e-publishing.af.mil)). While the physical appearance has changed, much of the contents have remained the same. As our enlisted force is a diverse group both functionally and operationally, there was a need to define a deliberate approach to enlisted force development, career progression, and assumption

of increased supervisory and leadership responsibilities.

Over the course of the past 19 years, there have been many changes in our Air Force culture, so now more than ever it's imperative that we know and understand our institutional competencies of leadership, management and warrior ethos. The enlisted force structure helps provide a common language in describing what makes us Airmen.

One such quality that I find paramount for all Airmen to embrace is in section 3.1.6 under General Junior Enlisted Airman Responsibilities. According to the (Enlisted Force Structure, AFI 36-2618) we must “Know and understand the wingman concept. Airmen take care of other fellow Airmen.”

So my question to you is:

- Are you taking care of your fellow Airmen?
- Are you watching for the key signs of depression?
- Are you alert to warning signs that may indicate suicidal thoughts?
- Are you correcting substandard behaviors/actions with your fellow Airmen when witnessed?

Bottom line, the Air Force counts on you to support each other, in all situations, both on and off duty.

Will you be there when your wingman needs you?



## Warrior Run

Members of Joint Base Pearl Harbor-Hickam run in formation during the Warrior Run at Hickam on Nov. 5. This month, the Warrior Run was hosted by Col. Robert Dague, 15th Wing vice commander.

U.S. Air Force photo by SrA Gustavo Gonzalez

## Safe start to Fiscal Year 2011 for Navy

April Phillips

Naval Safety Center Public Affairs

NORFOLK, Va. (NNS) – After completing fiscal year (FY) 2010 with record low numbers of fatalities and class A mishaps in many categories, the Navy enjoyed a solid start to FY11 in October and November 2010.

“Clearly, personal accountability is a big reason the mishap numbers are improving,” said Rear Adm. Arthur J. Johnson, commander, Naval Safety Center. “Whether it’s the risk of driving while fatigued, riding a motorcycle too fast, or over-extending themselves during off-duty activities, Sailors realize that they have choices, and they are choosing to manage those risks. They are accountable to themselves and their shipmates, and they’re making decisions that lead to success.”

For the entire Navy, there has been one fatality in FY11. A Sailor lost his life in a physical training-related incident in late October 2010. This time last year, the



U.S. Navy photo by MC2 (S/W) Mark Logico

Chiefs assigned to Joint Base Pearl Harbor-Hickam participate in a sign-waving event along Lehua Avenue to raise awareness about driving safely and reducing speed in a school zone.

Navy had endured three on-duty fatalities, five personal motor vehicle fatalities and one off-duty recreation fatality.

Johnson noted the positive trend, but said this is no time to get complacent.

“FY11 is off to a great start in terms of mishaps and injuries. As we move forward into the holiday season, leadership engagement will continue to be very important. Find out what your Sailors are planning and help them be successful,” Johnson said.

With the approaching holidays, there is the potential for increased mishaps when Sailors are more likely to travel long distances to visit family members and friends. There are tools available to reduce these risks, such as the Travel Risk Planning System (TRiPS). TRiPS is an online risk survey accessed through Navy Knowledge Online. More than 200,000 TRiPS surveys have been completed to date, and there hasn’t been a single fatality for any Sailor traveling on an approved assessment.

TRiPS also enables personal counseling by sending the survey to the Sailor’s direct supervisor. That way, the two can discuss the planned travel and work together to make adjustments that will make the drive safer. These adjustments include allowing the Sailor to leave work a little early to get started on the drive during daylight hours.

Managing risk appropriately is the best way to eliminate preventable mishaps, Johnson said. He also believes that Sailors across the fleet deserve credit for the steps they have taken to make the Navy a safer place. He said these improving trends are more than just a statistic.

“It’s not just a number when we talk about reducing fatalities and injuries,” Johnson said. “We are enhancing our mission readiness.”

For more information about safety statistics and risk management, visit [www.safetycenter.navy.mil](http://www.safetycenter.navy.mil).

For more news from Naval Safety Center, visit [www.navy.mil/local/nsc/](http://www.navy.mil/local/nsc/).



## Combined Federal Campaign Nears End - Nov. 15

Call (808) 772-0130 or email [cni\\_h\\_cfc@navy.mil](mailto:cni_h_cfc@navy.mil)  
For more information: [www.cfc-hawaii.org](http://www.cfc-hawaii.org)

## Makahiki

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help improve the relationship between the military, Hawaiian and non-Hawaiian communities, as well as establish an awareness of the Hawaiian tradition and history of the land.

“It brings different cultures and different individuals, it brings diversity, it helps us understand each other, makes us better neighbors, better friends and ultimately it helps the community and it helps us understand what issues we have so that in the long run we can work better together,” Scruggs said.





U.S. Navy photos by IT2 Jedidiah Dyer  
Sailors from Navy Information Operations Command (NIOC) Hawaii participate in a Make-a-Difference Day cleanup at Kapakahi Stream on Oct. 23.

## NIOC Hawaii Sailors 'make a difference' cleaning up Kapakahi Stream Watershed

**Lt. j.g. Melissa Ocasio**

*Navy Information  
Operations Command  
Hawaii Public Affairs*

Thirty Sailors from Navy Information Operations Command (NIOC) Hawaii rolled up their sleeves to participate in the 20th anniversary of Make-a-Difference Day on Oct. 23. Volunteers worldwide spent the day focusing on community improvement, with projects ranging from rebuilding playgrounds to restoring wetlands.

Here in Hawaii, NIOC Sailors devoted their week-end morning to cleaning up the Kapakahi Stream

Watershed. Kapakahi Stream flows from its headwaters at the Hawaii Plantation Village to the West Loch of Pearl Harbor.

The Kapakahi Watershed spans 280 acres and is home to the Pouhala Marsh. This marsh provides a crucial habitat for several native plant and animal species. NIOC Sailors helped by pulling up trash that lined and was floating in the stream.

"We have a very successful event, probably due to our partnerships. It is a diverse group of volunteers, ranging from school groups, the military and other agencies.

We have hands-on activities here which challenge people and make them more aware about the watershed and how pollution affects the community they live in," said Iwalani Sato, environmental services community relations specialist for the City and County of Honolulu. "It is everyone's responsibility to prevent pollution, and by being here today they have taken individual responsibility," she said.

The team leader for Sailors from NIOC Hawaii was Master Chief Cryptologic Technician (Collection) (SW/AW) R.T. McClain. Speaking about

the cleanup effort, he remarked, "This is my third year doing this. I really enjoy being stationed in Hawaii, and the most rewarding part of this day is being able to give back to the community. A watershed like this does not get the attention that a beach will get for cleanup. An area like this often gets overlooked."

After approximately two hours of pulling weeds, fishing trash out of the stream, and picking up garbage alongside the stream, NIOC Sailors were able to clean a one-fourth-mile stretch of the Kapakahi Stream. All participants were thanked for their time and efforts, and invited back for the next cleanup in April. "I

had heard about this event from a friend at the command. I wanted to come today because I like doing outdoor volunteer work that impacts the environment. I recently PCS'd to Hawaii and am glad to get involved in the community," said Cryptologic Technician (Networks) 2nd Class (EXW) Joshua Reed.

