

# Military Services Compete at Ironman World Championship

Story and photos by  
Tech Sgt. Cohen Young

Defense Media Activity Hawaii

KONA-KAILUA, Hawaii – U. S. military members made a strong showing at the 2010 Ironman Triathlon World Championships held in Kailua-Kona, Hawaii on Oct. 9.

The United States Army, Navy, Air Force, Marines and Coast Guard sent representatives to the annual Ironman World Championships in Hawaii to battle it out for the military division championship. The nine officially sponsored military competitors joined more than 1,800 other competitors in completing what is considered by many to be one of the hardest individual sports in the world. There were 55 countries represented across various categories including pro, age and military divisions.

There were individual winners for the male and female military division as well as a team award. The Air Force team of Maj. William "Kidd" Poteet, a former Thunderbird pilot and current instructor at the Air Force Academy in Colorado, and Capt. Jamie Turner a Joint Base Charleston, S.C. C-17 Globemaster III pilot, won the team honors with a combined time of 20 hours, 27 minutes and 36 seconds.

U. S. Army Capt. Robert Killian, a signal officer with 2nd Battalion, 185th Division, Colorado National Guard, finished first in the military male division with a time of nine hours, 30 minutes and 50 seconds, and Turner won the military female division with a time of 10 hours, 48 minutes and 31 seconds.

Joining Poteet, Killian and Turner in the competition were U.S. Army Capt. Erica Chabalko of Baylor University, Texas; U.S. Navy Capt. Scott Jones of Port Hueneme, Calif. and Cmdr. Kristin Barnes of Virginia Beach, Va.; U.S. Coast Guard Command Master Chief Michael Ferreira of 14th District, Hawaii; Lt. Rachael Beckmann of the Oregon State University; and U.S. Marine Lt. Col Hunter Hobson, who is currently assigned at the Pentagon in Washington, D.C.

The triathlon, which was started by the U.S. Navy here in Hawaii in 1978, is a three-part race that involves a 2.4-mile swim, followed by a 112-mile bike ride and finally ends with a treacherous 26.2-mile marathon that is both a mental and physical challenge. Each member found their own way to

battle through the various parts of the race.

"It's hard when you're out there, but you just take one pedal stroke at a time to get closer to your goal," Beckman said. "It blows my mind how adaptable the body is and how much it can really do."

"It's important to know that no one runs a perfect race," Turner explained. "There's always a chance that something could go wrong, but you have to be able to deal with it," she added.

It was an honor for all of the members to represent their individual services.

"It's amazing to see your name on the list and know that you will be representing the

Army in this competition," Chabalko said. "This was an awesome experience because in the sport of triathlon, this is the mecca event to have attended," she said.

According to Ferreira, "It's an honor and privilege to represent the Coast Guard at Ironman, especially since we're such a small service and don't have a lot of sports teams."

"Usually, we end up competing on All-Navy teams," Ferreira said.

"There's nothing like being able to come out here and do well and represent the Air Force at the same time," Turner said.

(See additional story on page B-3)



# Hail Mary lifts Lake Erie past Port Royal

Story and photo by  
Randy Dela Cruz

Sports Editor

USS Lake Erie (CG 70) scored on a last-second 30-yard touchdown pass, before converting the extra point to pull off a stunning come-from-behind victory over the previously undefeated USS Port Royal (CG 73), 27-26, in an Intramural Afloat Flag Football League game at Ward Field, Joint Base Pearl Harbor-Hickam, on Oct. 9.

The win raised Lake Erie's league record to 2-0, while Port Royal's mark now stands at 2-1.

Lake Erie began its improbable comeback with only a minute remaining in the game after Port Royal seemed to have put the game away by scoring the go-ahead touchdown on a four-yard pass from quarterback Electronics Technician 3rd Class Collin Vidal to Information Systems Technician 2nd Class Marshall Williams on a seven-play drive that covered 65 yards.

Starting with the ball resting on its own 15, Lake Erie quarterback Chief Operations Specialist Lateef Day connected on three straight passes to place the ball on the Port Royal 25, before being sacked for a five-yard loss.

With time running out, Day handed over the reins to playmaker Information Systems Technician 1st Class Gennaro Hawkins.

On second down at the Port Royal 30, Hawkins escaped a heavy pass rush before hoisting a spiral toward the end zone where Boatswain's Mate Seaman Devlin Dones set up behind a wall of defenders.

At the last second, Dones timed the pass perfectly and stretched up above the Port Royal secondary to make the game-tying grab.

"They just called trips right and told everybody to go deep," said Dones about his touchdown. "I had a lot of energy left, so I ran as fast as I could. I saw the ball in the air; I snatched it and came down with it for the TD. It felt good."

Hawkins then ran in the point-after-touchdown attempt as the game-ending whistle sounded to secure Lake Erie's second victory in a row.

Hawkins said that even with time running out, he still felt that the team had a chance to walk off the field with the win.

"We have faith in ourselves that we can drive it down," Hawkins said. "We wanted to throw the Hail Mary, but after having to scramble, I saw him (Dones) break down towards the left. I threw the ball and he snagged it."

Although Vidal said that he was disappointed in the final outcome, he wasn't surprised about the way Lake Erie responded after falling behind late in the game.

Once he saw Hawkins' pass sail past the outreached fingertips of his defenders, Vidal said he knew that his team was in trouble.

"As soon as I saw our guys jump, I knew they were jumping early," Vidal said. "I saw it all unfold and I just started walking over to the other side to shake their hands."

The game ended on a fitting note as the teams exchanged leads six times throughout the contest.

Port Royal scored first on a 20-yard toss from Vidal to

Sonar Technician (Surface) Seaman Joseph Gilmore, but the lead was short-lived as Lake Erie would go ahead on a 10-yard pass from Day to Fire Controlman 2nd Class Chris Robinson, which was followed by a two-point conversion after the touchdown.

Port Royal went back out on top at 12-8 on a 32-yard catch-and-run for a touchdown from Vidal to Ensign Greg Shinego, but back came Lake Erie as Day connected with Gas Turbine System (Mechanical) Seaman Brandon Reed on a 21-yard pass play that sent the CG 70 Sailors into halftime with a 14-12 advantage.

Following the break, Shinego picked off Hawkins on Lake Erie's second play from scrimmage to set up Port Royal in good field position at its opponent's 39-yard line.

Four plays later, Vidal hooked up with Sonar Technician (Surface) Seaman Michael Larzarz for a 15-yard scoring strike, before coming up with a two-point conversion to take a 20-14 lead.

Lake Erie would tie the score at 20-20 on a 17-yard pass play from Day to Reed, before Port Royal's final touchdown led to Lake Erie's dramatic comeback.

While Hawkins said that he wasn't surprised at the way Port Royal battled throughout the game, he indicated that the outcome might not have been as close if one of Lake Erie's key defensive players hadn't been ejected after the first play of the game.

Lake Erie defensive linemen Damage Controlman Fireman Daniel Mancine, who along with Information Systems Technician 2nd Class Dan Drury form one of



Two USS Port Royal (CG 73) defenders go up to block a pass that was intended for USS Lake Erie (CG 70) Gas Turbine System (Mechanical) Seaman Brandon Reed during an Intramural Afloat Flag Football League game at Ward Field, Joint Base Pearl Harbor-Hickam, on Oct. 9. Reed went on to catch two passes for touchdowns as Lake Erie came back to defeat Port Royal by a score of 27-26.

the league's most fearsome pass-rushing combos, was kicked out after getting into a dispute with a referee.

"It definitely made a difference," Hawkins pointed out. "I think the refs got to think a little bit more before

they kick somebody out with just six seconds into the game. We don't appreciate that."

# Families travel back in time at Day for Kids

**Melissa Heintz**

*Warfighter and Family Services Marketing*

Hundreds of people showed up for an evening of family fun at Joint Base Pearl Harbor-Hickam Morale, Welfare and Recreation's Day for Kids on Sept. 18. Both parents and their children traveled back in time to the '70s with the retro-themed event that featured outdoor activities that the whole family could enjoy.

The youth soccer field behind the teen center at Hickam was filled with kids and parents who enjoyed many of the free activities during the celebration. They participated in family field sports, contests, games and live game shows. Members of the United States Tennis Association (USTA) were on the field, giving free junior tennis lessons through out the afternoon.

Youngsters were able to take some of the fun home with make-and-take craft stations that included ceramics, macramé and



weaving. Among the most popular take-aways were personalized dog tags, where patrons wrote messages on blank pieces of paper which were then punched into metal dog tags.

At the photo booth, patrons dressed up in retro clothing and had their pictures taken. From brightly patterned dresses to tweed blazers, there was something for every-

one. Even mom and dad could get in on the action with wigs, perhaps a throwback to high school days?

Live entertainment kept the crowd amused.

Performers included dance routines from Hickam Halau Hula, Jig This Hawaii, and the Dance Movement Academy, as well as martial arts demonstrations from Victory

Martial Arts and Okinawan Kempo Karate. At the stage, there were prize drawings and giveaways for those who were lucky enough to get their names called.

London DJ Bennie James was spinning music throughout the evening. On the field, he let hopeful young emcees take their turn on the ones and twos, teaching them how to spin the latest hits with his interactive DJ classes. When the sun went down, James took the tunes inside to the teen center where DJ Sumi joined him for a pre-teen and teen dance. The teens boogied down with music from the '70s to today's top 40.

After the sun went down, the stage was converted into a giant movie screen for a showing of "The Karate Kid," starring Jackie Chan and Jaden Smith, a remake of the classic movie from the '80s. Patrons were encouraged to bring their own blankets and chairs to enjoy the movie under the stars, which included free popcorn for all.

## Inter-service rivalry: Air Force claims Ironman military division

**Staff Sgt. Mike Meares**

*15th Wing Public Affairs*

KAILUA - KONA, Hawaii -- A pair of Air Force pilots pushed the envelope of mental and physical toughness to claim the 2010 Ironman World Championships Kona Military Division on a 140.6-mile grueling course, held Oct. 9 at Kailua-Kona, Hawaii.

Maj. Scott Poteet and Capt. Jamie Turner combined for a 20:27:36 time to claim this year's top honors for the armed forces. Poteet, U.S. Air Force Academy Cadet Squadron 02, Colo., finished the course in a few ticks over nine-and-a-half hours at 9:39:05, placing second to the U.S. Army's Robert Killian at 9:30:50. The Airmen are part of a special group at the mecca of triathlons. There were a total of nine individuals hand-picked from each of the services, including the Coast Guard, who take physical fitness and mental toughness to new lengths - all 140.6 miles to be exact.

They started their day with a 2.4-mile swim in the choppy saltwater of Kona Bay. They climbed from its depths to begin a 112-mile bike ride through the heat-emitting lava fields along the Kona and Kohala coastlines. The marathon of 26.2 miles spanned the same path as the bike ride, the Queen Ka'ahumanu Highway.

"This is a very unforgiving environment, especially once you get out on the highway - There's no hiding from the elements," Poteet said. "One of the biggest challenges is the sun and unforgiving heat radiating off the lava fields."

These nine military competitors, five males and four females, were selected from their ranks to represent the U.S. Armed Forces in the 2010 Ironman World Championships, a race dubbed *ke alahele o ke koa*, a Hawaiian saying meaning "The Way of the Warrior."

"I think Ironman is one of the greatest displays of what the armed forces is about," said Navy Capt. Scott Jones, Port Hueneme, Calif., who posted a time of 9:46:00. "It's about discipline. It's about being extraordinary when called upon to be extraordinary. When it gets hard, you get harder. The military embodies what the whole ethos this race is built upon."

These individuals are



part of a fraternity that call themselves an "Ironman," a fraternity that started with a debate among military men and women trying to determine who the top endurance athlete was more than 30 years ago.

During an awards banquet in 1977, a group of military athletes stationed in Hawaii announced a brain child that would change the course for endurance athletics. Gordon Haller, retired U.S. Navy lieutenant commander, was the inaugural Ironman champion in 1978. He was the first of only 12 finishers to the race.

"I know they are all pretty disciplined because I was one of those guys," said Haller. "I was not good enough to make one of those teams."

The military competitors relish the magnitude of the event that began among their ranks more than 30 years ago. In the final turn, people lined the streets, recognizing each military competitor's logos on their uniforms and cheered for their service.

"Ali'i Drive is the most famous road I know," Poteet said. "It is just lined three or four deep with fans cheering loud as can be, zigzagging along the seawall ... You turn a corner and see the finish line to the Ironman World Championships. Mike

Reilly, the voice of Ironman, is cheering you on and announces your name. As soon as you cross that line it's, 'Scott Poteet, you are an Ironman!'

2010 Ironman World

Championships Military Division finishing times:

**U.S. Air Force**  
Maj. Scott Poteet, U.S. Air Force Academy, Colo.  
2.4-mile swim 1:06:12;  
112-mile bike 5:09:42;  
26.2-mile run 3:18:19;

Overall 9:39:05  
Capt. Jamie Turner, Joint Base Charleston, S.C.  
2.4-mile swim 1:15:43;  
112-mile bike 5:46:23;  
26.2-mile run 3:41:26;  
Overall 10:48:31

**U.S. Army**  
Capt. Robert Killian, U.S. Army Forces Command, Colo.

2.4-mile swim 1:14:34 ;  
112-mile bike 4:59:51;  
26.2-mile run 3:09:58;  
Overall 9:30:50

Capt. Erica Chabalko, Baylor University, Texas  
2.4-mile swim 1:07:28;  
112-mile bike 6:05:26;  
26.2-mile run 4:26:35;  
Overall 11:50:49

**U.S. Navy**  
Capt. Scott Jones, Port Hueneme, Calif. and Boulder, Colo.

2.4-mile swim 1:01:06;  
112-mile bike 5:12:52;  
26.2-mile run 3:25:48;  
Overall 9:46:00

Cmdr. Kristin Barnes, Virginia Beach, Va.  
2.4-mile swim 1:21:54;  
112-mile bike 6:03:47;  
26.2-mile run 4:11:57;  
Overall 11:44:45

**U.S. Coast Guard**  
Command Master Chief Michael Ferreira, 14th District, Hawaii

2.4-mile swim 1:07:20;  
112-mile bike 5:18:13;  
26.2-mile run 3:38:52;  
Overall 10:10:33

Lt. Rachel Beckmann, University of Oregon, Ore.  
2.4-mile swim 1:15:57;  
112-mile bike 5:49:20;  
26.2-mile run 4:17:56;  
Overall 11:31:37

**U.S. Marine Corps**  
Lt. Col. Hunter Hobson, Pentagon, Washington, D.C.

2.4-mile swim 1:08:33;  
112-mile bike 5:25:04;  
26.2-mile run 3:58:36;  
Overall 10:40:54

## Hickam Communities offers housing residents contest to celebrate Veteran's Day with Tennessee Titans

**Hickam Communities LLC**

Has your spouse gone above and beyond the call of duty, deserving of special recognition? Is he or she not only a great service member, but also a great parent? If so, we want to honor him or her. Parents, this is your opportunity to work together with your children and tell the world how proud you are of your spouse and why your children are proud of their parent.

Hickam Communities LLC is offering Hickam housing residents the opportunity to enter a contest to celebrate Veterans Day with the Tennessee Titans.

In honor of Veterans Day, Actus Lend Lease, LP Building Products, and the Tennessee Titans are giving you the opportunity of a lifetime, by showing thousands of people just what your loved one means to you and your child.

"From the Front Line to the Goal Line" contest is your chance to cele-

brate your hero at the Tennessee Titans game on Nov. 21. Simply fill out a questionnaire and tell us why you think they deserve to be recognized. If your winning entry is chosen, you will win:

- Four VIP suite tickets to the Nov. 21 Tennessee Titans game at LP Stadium vs. the Washington Redskins.
- An all-expense paid, roundtrip transportation to and from your home location to Nashville, Tenn. for up to four people.
- Hotel accommodations for three nights.
- \$500 cash.
- An opportunity to attend a pri-

vate practice session of the Tennessee Titans the morning of the game and VIP passes to be on the field during pre-game and halftime events.

- The winning essay will be published in several media outlets, websites and Facebook pages.

Entrants must be residents of Hickam Communities or on its housing waitlist, and entries must be submitted through the Hickam Communities Facebook page.

Log on to <http://www.facebook.com/hickamcommunities> and click on the Events page for details. The contest closes at midnight on Oct. 25.

Once in a Lifetime  
An exciting Facebook contest for residents is happening NOW.  
Click here to find out more!

Actus Lend Lease LP  
Contest open until October 25th



## Forest City residents 'paws' for pet walk

Natasha N. Jackson

Community Services Coordinator, Forest City Residential Management, Inc. Navy Family Housing

Forest City residents recently participated in the 20th anniversary of the Hawaiian Humane Society's PetWalk.

Forest City Residential Management (FCRM) supported their community of pet lovers by organizing the Forest City Military Communities PetWalk Team so that residents and their furry families could participate.

Residents arrived early for the walk, unified in their 'paw print' decorated Forest City team shirts. Along with their furry friends, residents walked together with a common motivation of supporting the Hawaiian Humane Society. This cause was

close to everyone's hearts because many residents and Forest City volunteers adopted their pets from the Hawaiian Humane Society.

"Kiyann Pepper is a rescued dog from the OSPCA. We got her in April and she is 10 months old," said Brooke Bartness, Forest City resident. "I feel that it is especially important for our military families to adopt animals. I like to do my part and adopt some of these animals that are left behind. I even had my children write a puppy pledge to promise how they would take care of our Kiyann," Bartness added.

Supporters enjoyed a sunny morning walk around Magic Island and Ala Moana Beach Park. Residents could choose between the two-mile course or the shorter half-mile course. Event goers enjoyed each other's company, goody

bags, a pet costume contest, music, games and, of course, doggy treats.

# Feel Like a Million

## Health Tip of the Week

*"Reduce stress by de-cluttering your environment. Start with one area or room at a time and notice how much better you feel."* <http://www.healthcoachtraining.com>

Wherever you are at on your wellness journey, your daily habits can determine 95 percent of your thoughts, feelings and actions. The Feel Like a Million program can help you develop life-long habits for better health and life balance. To learn more, visit <http://hickam.ifeellikeamillion.com>.

## Grand opening for new Sailor's Attic

The grand opening for the new Sailor's Attic will be at 9 a.m. today. The Sailor's Attic is located inside the Makalapa Gate, across the parking lot from Makalapa medical building. This is a service provided for junior Sailors to obtain free donated goods. The Sailor's Attic is open from 10 a.m. to noon every Friday and Saturday. Donations are welcome. For more information, call 265-1855.

PREVIOUS ISSUE

### WHO SAID IT?

"I wish to have no connection with any ship that does not sail fast, for I intend to go in harm's way."

In a letter to Ray de Lafayette on Nov. 16, 1778,  
Capt. John Paul Jones

### WHO SAID IT?

"I recently learned something quite interesting about video games. Many young people have developed incredible hand, eye and brain coordination in playing these games. The Air Force believes these kids will be our outstanding pilots should they fly our jets."

### This Week's Trivia

Was the Department of the Navy the first supervisory body to oversee the U.S. Navy?

**Last Issue's Question:**  
Who was the first Hispanic Air Force fighter pilot?

**Answer:**  
Col. Manuel J. Fernandez Jr., an Air Force fighter ace during the Korean Conflict. From September 1952 to May 1953, Fernandez shot down 14 MIGs and flew 125 combat missions with the 4th Fighter Intceptor Wing in Korea. Flying F-86 aircraft, his first MIG victory occurred on Oct. 4, 1952. On May 10, 1953, he had his last Korean victory. He is credited with 14 solo victories.

PEARL HARBOR-HICKAM **Maniawa Nanea** LEISURE

**Morale Welfare & Recreation**

**TEEN SPOOK-TACULAR GHOST TOURS**  
Have you ever heard the scary stories of Hawaii? Or visited the haunted places on Oahu? Tour around the island and hear about the ghosts of Hawaii from Pali Lookout to Waikiki, Manoa and more. There are only two dates available: 6:30 to 9 p.m. today and 6:30 to 9:30 p.m. Oct. 23. The cost is \$5 per participant. The tours are limited to 15 teens. Participants must have a signed permission slip (available at teen center) and payment to reserve a spot. FMI: 448-2296.

**CHINATOWN WALKING TOUR**  
Take a guided tour of Chinatown from 8:45 a.m. to 12:45 p.m. Oct. 16 and learn about its history and heritage while walking through open markets. The tour includes dim sum lunch and round-trip transportation from Information, Tickets and Travel-Hickam. The cost is \$25 for adults and \$15 for children. FMI: 448-2295.

**SPEAR FISHING 101**  
Learn the basics of spear fishing and go over state rules and regulations at spear fishing 101 beginning at 9 a.m. Saturday at Hickam pool one. Participants will need a mask, fins and snorkel and must be able to swim. The cost is \$35 per person. FMI: 449-5215.

**KNITTING**  
The Hickam Arts and Crafts Center will host a knitting class from 6 to 8 p.m. Oct. 20 to teach participants about simple stitching and using different yarns. The next class will be held Nov. 3. All levels of skill are welcome, and the class is open to ages 10 and up. The cost is \$25 (plus cost of supplies). FMI: 448-9907.

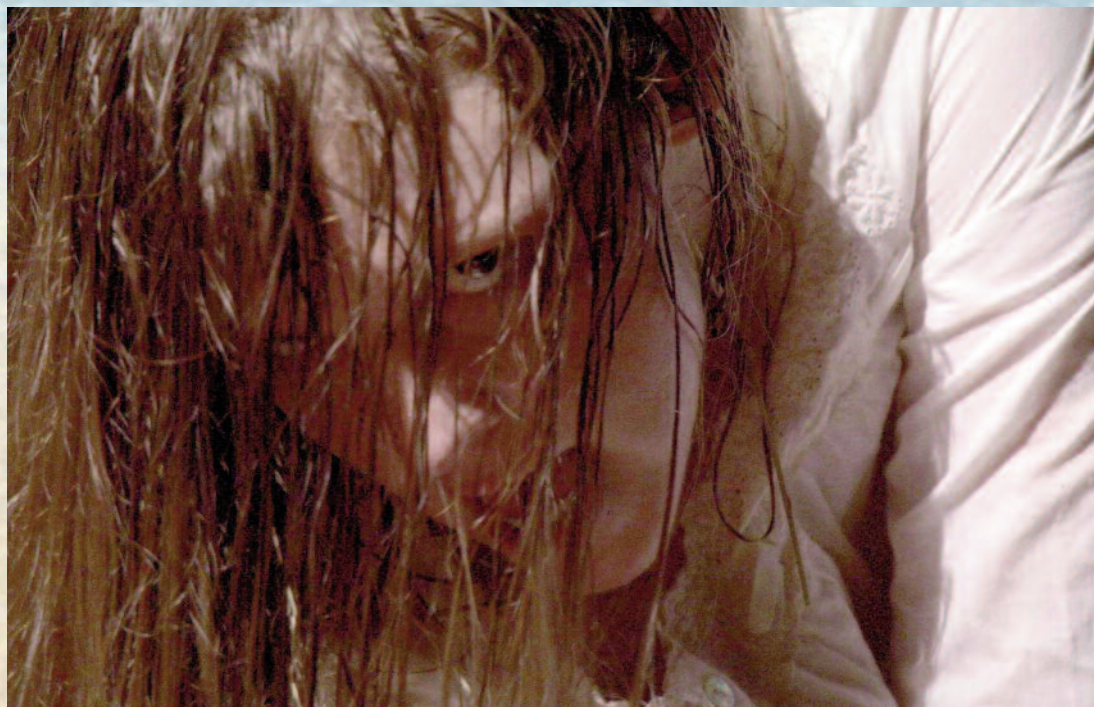
**SEWING**  
Learn how to use a sewing machine, measure, cut and pin, and how to draft a simple pattern by hand. The two-week class will be held from 6 to 8 p.m. Oct. 21 and Oct. 28 at the Hickam Arts and Crafts Center. Another class is planned for Nov. 4 and Nov. 18. The cost is \$25 (plus cost of supplies). FMI: 448-9907.

**LADIES GOLF AT MAMALA BAY GOLF COURSE**  
There will be a free ladies' golf clinic for beginning golfers from 4 to 4:45 p.m. Oct. 22 at Mamala Bay Golf Course. Space is limited to the first 12 golfers. FMI: 449-2300.

**HALLOWEEN COSTUME DANCE**  
The teen center at Hickam will host Halloween costume dances. For youth ages 10-14, the dance is from 6 to 9 p.m. Oct. 29. For young adults ages 14-18, the dance is from 6 to 9 p.m. Oct. 30. Both dances will offer a snack bar, costume contests, games and a DJ. No reservations are needed. The cost is \$5 per person. Wear your best costume to win a prize. FMI: 448-2296.

For more information on events, visit [www.greatlifeohawaii.com](http://www.greatlifeohawaii.com) or [www.hickamservices.com/](http://www.hickamservices.com/)

**Movie Showtimes**



**The Last Exorcism (PG-13)**

When he arrives on the rural Louisiana farm of Louis Sweetzer, Rev. Cotton Marcus expects to perform just another routine "exorcism" on a disturbed religious fanatic. An earnest fundamentalist, Sweetzer has contacted the charismatic preacher as a last resort, certain his teenage daughter Nell is possessed by a demon who must be exorcized before their terrifying ordeal ends in unimaginable tragedy.

**SHARKEY MOVIE THEATER**

**TODAY**  
7:00 PM Going The Distance (R)

**SATURDAY**  
7:00 PM The Last Exorcism (PG-13)

**SUNDAY**  
4:45 PM Going The Distance (R)  
7:00 PM Takers (PG-13)

**HICKAM MEMORIAL THEATER**

**TODAY**  
6:00 PM The Last Exorcism (PG-13)  
8:30 PM Going The Distance (R)

**SATURDAY**  
4:00 PM The Last Airbender (PG-13)  
7:00 PM Machete (R)

**SUNDAY**  
2:00 PM Nanny McPhee Returns (PG)

**Community Calendar**

**October**

**15** ~ The grand opening for the new Sailor's Attic will be at 9 a.m. today. The Sailor's Attic is located inside the Makalapa Gate, across the parking lot from Makalapa medical building. This is a service provided for junior Sailors to obtain free donated goods. The Sailor's Attic is open from 10 a.m. to noon every Friday and Saturday. Donations are welcome. FMI: 265-1855

**15** ~ Naval Health Clinic Hawaii will conduct free screenings in observance of Breast Cancer Awareness Month from 10 a.m. to noon at the Pearl Harbor Navy Exchange. FMI: 471-9002, ext. 705.

**16** ~ Tickets are now being sold for the 2010 Navy Enlisted Ball which will be held at Hilton Hawaiian Village. Ticket prices are: E-4 and below, \$35, E-5, \$45, E-6, \$55, E-7 through E-9, \$60, other services, civilians and officers, \$65. Free child care is available. Uniform is full dress whites with medals. FMI: YN2 (SW) Maxine Turner at 473-1267 or maxine.turner@navy.mil.

**19** ~ There will be a commander's call for all HQ PACAF staff at 3 p.m. on the Hickam Officer's Club lanai. For those wishing to use it, a bus will depart the HQ PACAF building at 2:15 p.m. and will return immediately following the commander's call. FMI: 448-3214.

**23** ~ Bellows Air Force Station will host the 2nd Annual Halloween Bash from 11 a.m. to 9 p.m. The event will include a costume contest, scavenger hunt, haunted village, kids' activities and more. FMI: 259-4112.

**26** ~ A newcomers' luncheon is held monthly at the Tradewinds Enlisted Club/J.R. Rockers from 11 a.m. to 12:30 p.m. The luncheon is followed with the Trolley Tour from 12:30 to 1:30 p.m. Lunch is open to all personnel on PCS orders (including family members on PCS orders) during the first three months of arrival. Upcoming luncheon dates are: Oct. 26, Nov. 23 and Dec. 14. FMI: 473-0606.

**November**

**12** ~ The 2010 USPACOM -JSEC Golf Tournament check-in begins at 11 a.m. with a shotgun start at noon. Registration deadline is 11:45 a.m. on the day of the tournament. The event is open to all hands. The cost is \$60 for military and \$70 for civilians. The event will be held rain or shine. FMI: MSgt Bret Miller at [bret.t.mill@pacom.mil](mailto:bret.t.mill@pacom.mil), 477-9291 or 266-0873.

