

Secretary of State arrives at Joint Base



Secretary of State Hillary Clinton arrives at Joint Base Pearl Harbor-Hickam, Hawaii on Oct. 27, beginning her two-week Asia trip. Clinton is greeted by Adm. Robert Willard, commander, U.S. Pacific Command, his wife Donna, and Col. Joe Dague, 15th Wing vice commander.

U.S. Air Force photo by David D. Underwood Jr.



Airmen 'deploy' during initial response readiness exercise

Story and photo by Staff Sgt. Mike Meares

15th Wing Public Affairs

The Air Force tested its ability to respond to contingency operations in the Pacific during Beverly Kahuna 2010-F, an initial response readiness exercise (IRRE) on Oct. 20-21.

For the first time since Pearl Harbor and Hickam joined their borders to become a joint base, the 15th Wing, 154th Wing, 647th Air Base Group, 515th Air Mobility Operations Wing and Joint Base Pearl Harbor-Hickam joined forces to deploy Airmen from multiple organizations to respond to a "contingency operation."

"This is the first time since full operational capability that we have exercised for a full-scale deployment," said Lt. Col. George Fritts, 15th Wing inspector general.

According to Hickam leadership, the units in Hawaii continue



Airmen work to load a C-17 Globemaster III during Beverly Kahuna 2010-F, an initial response readiness exercise on Oct. 20-21. During the exercise, more than 200 Airmen were processed through a deployment line, eight C-17 missions were generated and 140 short tons of cargo were moved while practicing the "deployment machine." This exercise concentrated on the basic "blocking and tackling" of getting cargo and people downrange.

to set the benchmark of total force integration, now adding another element of integrating their Navy partners.

"This is significant because the majority of the individuals that make up the deployment line are now Navy employees, working day-to-day for Fleet Industrial Service Center Hawaii," the inspector general said. "We also operated closely with our total force counterparts, as well as other critical mission partners, to work toward a single, mission-minded focus."

This exercise was designed to mirror the 15th Wing's wartime mission - "Warrior Airmen projecting peace and power in the Pacific and beyond." The "deployment machine" was put to the test as eight C-17 missions were generated, more than 200 Airmen were processed through a deployment line, and more than

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JBP HH volunteers participate in Pearl Harbor Make-a-Difference Day cleanup

Story and photo by MC2 Robert Stirrup

Navy Region Hawaii Public Affairs

Sailors, Airmen and civilians assigned to Joint Base Pearl Harbor-Hickam and Navy Region Hawaii participated in the Pearl Harbor Make-a-Difference Day cleanup at Pearl Harbor and at Waipahu on Oct. 23.

The event is an environmental project sponsored by the City and County of Honolulu's Adopt-a-Stream/Adopt-a-Block Program in partnership

with JBP HH to organize volunteer efforts for the Navy.

Volunteers removed trash and debris, and planted native Hawaiian plants at Kapakahi Stream in Waipahu.

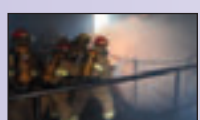
"We had approximately 100 Sailors out here to help with the cleanup today," said Iwalani Sato, environmental services community relations specialist for the City and County of Honolulu. "You can see the difference immediately when you look at this site before and after the cleanup. The Navy showed great leadership, and their

involvement with today's event was huge."

Culinary Specialist 2nd Class (AW) Zikiya Watters-Bonnett, assigned to JBP HH, talked about the importance of the Navy's

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Sailors assigned to Joint Base Pearl Harbor-Hickam (JBP HH) participate in the Pearl Harbor Make a Difference Day at the Kapakahi Stream in Waipahu, Hawaii. Approximately 100 Sailors participated in the event hosted by the City and County of Honolulu's Adopt-a-Stream/Adopt-a-Block program.



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Women urged to take control of health, get breast cancer screenings
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Halloween Happenings
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HIANG fights off 747 CS to earn tough win
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USS Key West holds change of command ceremony

Story and photo by
MC2 Ronald Gutridge

Commander Submarine
Force U.S. Pacific Fleet
Public Affairs Office

A time-honored change of command ceremony was held for the Los Angeles-class submarine USS Key West (SSN 722) at Joint Base Pearl Harbor-Hickam, aboard the former battleship Missouri (BB 63) on Oct. 22.

Cmdr. Curtis Duncan relieved Cmdr. Robert Koonce as commanding officer of Key West.

Guest speaker Capt. Daryl Caudle, commander, Submarine Squadron Three, praised Koonce for his exceptional performance while commanding Key West, as well as the crew on their accomplishments under Koonce's leadership.

"Cmdr. Koonce is an outstanding leader with impeccable standards and relentless drive. He excels in tactics, training and execution of all submarine missions," Caudle said. "He is the backbone of the crew under his leadership, which has made Key West



Cmdr. Robert Koonce is piped ashore after being relieved as commanding officer of the Los Angeles-class submarine USS Key West (SSN 772) by Cmdr. Curtis Duncan in a change of command ceremony held Oct. 22 at Joint Base Pearl Harbor-Hickam aboard the former battleship Missouri (BB 63).

hands-down the most reliable, well-trained and tactically proficient submarine in Squadron Three. I am extremely proud of all

of them and their drive for excellence," he added.

Following his remarks, Koonce was awarded the Legion of Merit for his

exceptional performance as commanding officer from March 2008 to October 2010.

In his closing remarks,

Koonce acknowledged that the majority of the submarine's success during his time as commanding officer could be attributed to the crew and their hard work efforts.

"These great submarines that we operate are complex and sophisticated machines that require significant maintenance to keep them fit to fight. Today, I would like to take the opportunity to thank the men that helped USS Key West successfully complete the past two and a half years of operations under my command," Koonce said. "To the crew of Key West, you are patriots who have stepped up to serve your country and you work hard with so little thanks. You don't shrink from it, and you don't turn your back on your commitment to protect our nation."

As Duncan assumed command of Key West, he too recognized the quality of the crew he was inheriting and promised to carry on the excellence.

"Over the past few weeks, I have been able to observe and talk to many of the crew members of Key West," Duncan said. "I

have been impressed with their professionalism and their dedication to getting the job done, but most importantly, getting it done right. I could not be any more fortunate as to step into a command with a crew as fine as Key West," he said.

Koonce will report for duty to Commander, United States Pacific Fleet Nuclear Examining Board.

He graduated from the University of Illinois in May 1991 with a bachelor's degree in electrical engineering. In September 1991, he earned a commission through Officer Candidate's School in Newport, R.I. He subsequently earned a masters in business administration with distinction from Northwestern University's Kellogg Graduate School of Business in August 1998.

His sea tours include USS Chicago (SSN 721), USS Albuquerque (SSN 706) and USS Philadelphia (SSN 690). Koonce's personal decorations include the Meritorious Service Medal, Navy Commendation Medal (six awards) and the Navy Achievement Medal (three awards).

Instructors ensure firefighting skills on the seas

Story and photos by
Tech Sgt.
Cohen A. Young

Defense Media Activity
Hawaii

Instructors at Joint Base Pearl Harbor-Hickam, Hawaii trained Sailors from the USS Port Royal (CG 73) on how to fight fires at sea on Oct. 21.

The engineering and fire fighting School located at the Center for Naval Engineering Learning Site Pearl Harbor trains 5,000 people yearly in one of their four fire fighting classes, according to Chief Warrant Officer 3 Kenneth Bates, a native of Vineland, N.J. and the officer in charge of the engineering and fire fighting school.

"We have four fire fighting courses that we teach here in addition to several other classes that we teach here to include fuel testing, gauge calibration, hatch water door maintenance and several other miscellaneous courses to total 17 courses in all," Bates said.

The school instructs people from San Diego, Guam, Japan and also trains Army in their various courses.

"We aren't just Navy; we train everyone," Bates said.

According to Navy regulations, all Sailors are required to be certified to put out fires.

"When there's a fire out at sea, there isn't anyone coming to put the fire out," Bates explained. "We have to do it," he added.

"Civilian fire personnel aren't geared for multi-structure accesses and having to combat fire and flooding and the other things that can occur on a ship. Damage on a ship can last for days, but the battle on the ship has to be won in comparison to our civilian firefighters where if the fire has gotten out of control, they can let it burn after evacuating everyone ... we don't have that option on a ship," Bates said.

Port Royal shipboard crews recently learned how to contain machinery fires during a one-day course taught at the school. For many of the crew members, it was their first time fighting a fire since basic training.

"This class is a lot better than what I experienced in boot camp," said USS Port Royal Information Systems Technician Apprentice



(Above) Crew members of the USS Port Royal work together to put out a fire during fire training at the engineering and firefighting school at Joint Base Pearl Harbor-Hickam, Hawaii on Oct. 21.

(Left) Crew members of the USS Port Royal raise their hands to signal the "hold" or "stop" signal during fire training at the engineering and firefighting school at Joint Base Pearl Harbor-Hickam.

Seaman Joshua Fischer. "I could actually feel the heat this time and it overwhelmed me at first, but I then settled down and got with my shipmates and put the fire out," said Fischer, a native of Memphis, Tenn.

The instructors stress teamwork throughout the course.

"We teach them how important teamwork is in fighting a fire," said fire instructor, Machinist's Mate 2nd Class Alvin Dogojo.

We're able to give students that real feeling of fighting a fire here," said Dogojo, a native of Brooklyn, N.Y.

"Most students will never have the opportunity to fight a fire and I hope they never have to, but after hav-



ing this class, they will be able to if they need to," Dogojo added.

The school puts the students in scenarios and lets them practice getting through those scenarios, and through that training they become accustomed on how to react in that situation.

"It's all instinctive,"

Dogojo said. "If you aren't properly trained, then you won't know how to react when faced with a real fire because you'll panic, but if you're well trained, you will know what to do," explained Dogojo, the current Sailor of the Year for his command.

"This was a great learning experience for me today because I had never done

this before," said USS Port Royal Seaman Elicia Guillory of Sacramento, Calif. "This class reinforced teamwork because without a good team, the fire won't be put out," Guillory continued.

"After dealing with wild hoses and the intense heat during this class, I felt like I will be prepared if I have to

actually fight a fire," Guillory said.

"It's great seeing the reaction of the students after they complete the trainer because they are so excited because they thought it was hot and rigorous, but they made it through and that's what makes me happy at the end of the day," Dogojo said.



CTMSN Joy Armstrong is proud to be part of survivor ceremonies

Story and photos by
MC2 (SW) Mark Logico

Navy Region Hawaii
Public Affairs

Barely two weeks after arriving in Hawaii, Cryptologic Technician (Maintenance) (CTM) Seaman Joy Armstrong was temporarily reassigned from Navy Information Operations Command to the Joint Base Pearl Harbor-Hickam

(JBPHH) Navy Detachment Honor Guard. "I've been in the honor guard since June of this year," said Armstrong, who has only been in the Navy for a year as of September. "I absolutely love it. I think it's a privilege to be here. I didn't volunteer for it. I didn't know anything about it until I got here, but then I got in, and I found out that it's amazing," she explained.

Today, Armstrong is qualified to perform any of the required ceremonial duties, but one of the duties that she finds difficult performing is presenting the folded Ensign to the family of a deceased service member.

"Most of the time you'll hear the eulogy from the pastor or preacher, so you learn a lot about the per-

son," said Armstrong. "It means something to pass the flag off to someone."

Recently, Armstrong was part of the flag bearer detail during a burial ceremony at the USS Utah Memorial on Ford Island. Armstrong respectfully helped prepare and fold the flag to be handed to the immediate family member of a Pearl Harbor survivor.

"You're thanking them for the service they ultimately died for when they were part of the Navy and the military," said Armstrong. "There's a sense of pride there."

Hull Technician 2nd Class (SW) William Edwards is one of Armstrong's immediate supervisors, and he believes that Armstrong has the potential to be a great Sailor.

"She shows initiative," said Edwards. "Even as a Seaman, she's training second class petty officers who are coming in without having any experience in honors and ceremonies. She's got potential to be a great leader."

As a CTM, Armstrong said she plans to go as far as her rate will take her when she returns to her original command in December. She also plans to look into the officer program as a possible progression in her career.

"I hope that she is able to stay on track, that she attains the goals that she set for herself," Edwards said. "I want her to be in my shoes one day as a second class petty officer and training those junior thirds and seamen to be better Sailors to take this knowl-

edge to the ships and to share this knowledge to the crew."

Armstrong said that being part of the honor guard has allowed her to learn more about the rich histories and traditions of the Navy as she participates in ceremonies such as changes of commands, retirement ceremonies and burial services.

The JBPHH Navy Detachment Honor Guard carries the Navy colors and the U.S. flag. This duty is considered a special duty assignment, and only the Navy's sharpest Sailors in the region are selected to perform as part of the ceremonial guard. Their primary mission is to provide military honors for military funerals and support for official ceremonies and memorials.



JOY ARMSTRONG
CRYPTOLOGIC TECHNICIAN (MAINTENANCE) SEAMAN

Diverse Views



For at least once a month, the Navy Region Hawaii Honor Guard gathers at the USS Utah Memorial to render honors, offer condolences and give respect for a passing Pearl Harbor Survivor. We asked them: What does it mean to be part of this unique ceremony?



Musician 2nd Class
Bryan Parmann
U.S. Pacific Fleet Band

"I've been a bugler for the United States Navy for eight years now. These ceremonies for these prior service men, they make my job worth doing. Moments like this are what makes me proud."

Master-at-Arms 2nd Class (AW)
Maritza Gamez
Joint Base Pearl Harbor-Hickam



"It makes me feel humbled to be able to come and witness my fellow military family from way past who serve for my country. We are all a family here."



Damage Controlman
1st Class (SW)
Jason Mole
Flag Detail

"I've done about eight Utah Memorial ceremonies, and I feel privileged and proud to be part of it."

Hospital Corpsman 2nd Class (FMF)
Richard Baun
Flag Detail



"I've done these Utah Memorial ceremonies five times already, but I've been doing ceremonies at Punchbowl as well. With all the deployments I've done in Iraq, it makes me proud to actually serve these guys in our end back home and give them the proper funeral that they want."



Hull Technician 2nd Class (SW)
William Edwards
Rifle Detail, Squad Leader

"I've done about 150 ceremonies include interns at Arizona, Punchbowl. It's a complete honor. When you're turning that flag over, when you're commanding that rifle squad to do those three volleys, it's just a sense of overwhelming pride. I'm so honored to be able to say that I got to serve as a Navy Region Honor Guard member. How many Sailors get to do that?"

(Provided by MC2 (SW) Mark Logico)

Want to see your command featured in Diverse Views?
Got opinions to share?

Drop us a line at editor@hookelenews.com
or karen.spangler@navy.mil

The 'Arizona Balloon Buster'



During World War I in 1918, Lt. Frank Luke, American fighter ace pilot, brought down three heavily armed German observation balloons in 35 minutes. Luke stands by one of the balloons he brought down.

U.S. Army photo

HO'OKELE

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Family and friends pay homage to Pearl Harbor survivor

Story and photos by
Brister Thomas

Contributing Writer

The waters enfolding the battered remains of the USS Utah now offer a final resting place for one of America's unspoken heroes, Boatswain's Mate 2nd Class John Francis Gwiazdon.

The grieving family and friends of Gwiazdon gathered Oct. 21 to pay homage to the Pearl Harbor survivor who was stationed on the USS Castor during the Japanese attack on Dec. 7, 1941.

Full military honors were rendered, including a rifle salute and flag-folding ceremony provided by the Navy Region Hawaii Honors and Ceremonial command.

In respect to the boatswain's rate traditions, Cmdr. Colin Caswell from joint base operations, Joint Base Pearl Harbor-Hickam (JBBHH), piped Gwiazdon onto the Utah. Cmdr. Chaplain Kelly of Pearl Harbor Memorial Chapel offered these words of comfort, "We are more victorious because of those who loved us. We pray that his memory remains sacred in our hearts."

Donald Zuk, Navy League member, and his wife Chris from Los Angeles accompanied the late boatswain mate's son, Lee Gwiazdon, and his wife Colleen from Minnesota. Zuk and Gwiazdon's wife, Colleen, are sisters. While all of Gwiazdon's children were present in spirit, as stated by Lee, he was the only one of the children who was able



Photo illustration

to make the voyage across the Pacific to put their father's remains at peace. Lee said that he knew his father would finally be at rest once they were able to scatter the ashes at the site of the Utah. Lee had no idea that this was even a possibility until his brother-in-law suggested it.

"As a member of the Navy League, I was aware of the honors bestowed upon Pearl Harbor survivors. Lee was honored to be able to bring his father back to the place that meant the most to him," Zuk explained.

Capt. Lawrence Scruggs, chief staff officer for JBBHH, said, "We really enjoy the opportunity to bring back our Sailors. It's a peaceful place today, not like that on Dec. 7."

The elder Gwiazdon was born in 1920 in Minneapolis, Minn., and joined the Navy at the age of 19. Lee said that his father did not speak much of what happened at Pearl Harbor on Dec. 7, 1941, which also happened to be the day after his father celebrated his 21st birthday. "But, being here, around this base, on this memorial,

surrounded by friends, reminds me of what my dad must have experienced before the attack," Lee said.

Gwiazdon was assigned to the USS Castor and had only been in Pearl Harbor three days when the attack took place.

Jim Taylor, retired Navy master chief and Navy Region Hawaii Pearl Harbor Survivors' liaison, described the USS Castor's involvement on Dec. 7, 1941. "The ship swung into action with her 23-caliber, anti-aircraft battery and 30-caliber machine guns against

enemy planes flying low and close aboard, presumably torpedo planes and dive bombers, while being strafed by machine guns. The ship was credited with a possible kill of one enemy plane," Taylor explained. "The crew, made up mostly of reservists, performed in an outstanding manner and were fortunate to suffer no deaths or serious injuries," he noted.

The USS Castor, Gwiazdon and her crew served the next four years, supplying U.S. troops at Pearl Harbor and making

supply runs to the South Pacific without naval escort.

When the war ended in 1945, the Castor returned to her home port of San Francisco. The following year, Gwiazdon married Donna Ann King and had three children. Donna died suddenly when their children were only 14, 12 and nine years old.

Lee said that his dad hit rock bottom when their mother died. "But my dad started every job he had at the bottom and worked his way to the top. Life's struggles, losses and sufferings turned him into a better man."

Lee attributed this survival attitude to the training his dad received in the Navy. He believes this is where his father found his strength to endure life.

Colleen, Gwiazdon's daughter-in-law, said, "John always used to say, 'Tomorrow will be better.' He was a man with a kind heart, a kind smile and he offered help to everyone, never expecting anything in return."

While the family celebrated John's life in a service in Minnesota over the summer, Lee said, "This service would have meant the world to my dad. Even though he did not talk a lot about his Navy career, all of us always knew where his heart was."

He added, "He did not keep in touch with his shipmates, but we saw them in everything my dad did. Dad would not have expected this great honor, but he would have been proud to have known how much he was appreciated by his country."

JPAC teams search for missing in action (MIA) Americans from Vietnam War, Korean War

Joint POW/MIA
Accounting
Command



Several archeological recovery teams and investigation teams from the U.S.

Joint POW/MIA Accounting Command (JPAC) recently deployed to the Socialist Republic of Vietnam, the Lao People's Democratic Republic, and the Republic of Korea, searching for MIAs from the Vietnam and Korean War. Recovery teams will

search for human remains, life support items and other material evidence (personal and military issued items) that may further

the identification of Americans missing from past U.S. conflicts. Investigation teams will authenticate leads from eyewitnesses, conduct field research, and gather information throughout the various provinces to determine whether there will be

a return visit for excavation at a later date.

Socialist Republic of Vietnam: Approximately 60 JPAC team members will investigate and excavate several sites associated with Vietnam War losses. Three recovery teams will search the Yen Bai, Dien Bien and Kon Tum provinces at sites where six Americans may have perished.

Two investigation teams will authenticate eyewitness leads and conduct field research throughout 12 provinces, searching for

information for 21 unsolved cases. The approximately 40-day undertaking marks the 101st Joint Field Activity in Vietnam.

Lao People's Democratic Republic: More than 45 JPAC recovery team members will excavate three aircraft crash sites and one ground site in search of 12 missing Americans at sites in the Khammouan, Savannakhet and Xekong provinces. The approximately 35-day deployment marks the 116th Joint Field Activity in Laos.

Republic of Korea: A JPAC investigation team will investigate eight case sites located throughout the Kangwon and Kyonggi provinces. The team will spend approximately 30 days gathering information to further qualify cases for future excavation.

Falling directly under the U.S. Pacific Command, the jointly manned organization of more than 400 military and civilian specialists has investigated and recovered missing Americans since the

1970s. To date, close to 1,700 Americans are still listed as missing in action from the Vietnam War, 8,100 from the Korean War, approximately 125 from the Cold War, and 74,190 are missing from World War II.

The ultimate goal of the Joint POW/MIA Accounting Command, and of the agencies involved in returning America's heroes home, is to achieve the fullest possible accounting of Americans lost during the nation's past conflicts.

Pearl Harbor-Hickam *Highlights*

Engineman (SW/EXW) 2nd Class Matthew Harris, assigned to the Commander, U.S. Pacific Fleet boathouse, re-ties mooring line after a remembrance cruise barge departed from the USS Arizona Memorial during an evening harbor tour on Oct. 21 given for a group of foreign naval officers. The 15 officers from 11 different countries are currently enrolled in a six-week International Shipyard Management Course at Pearl Harbor Naval Shipyard. They visited the Battleship Missouri, Pacific Aviation Museum and the USS Arizona Memorial as part of the Pacific Fleet remembrance cruise in the late afternoon.

U.S. Navy photo by Liane Nakahara



U.S. Navy photo by MM3 Dustan Longhini

(Above) Two Pearl Harbor Naval Shipyard Sailors who served a year as individual augmentees (IAs) in Cuba returned to Pearl Harbor in October. A lei-bedecked Engineman 2nd Class Eric Bronstein (in civilian clothes in center of photo) receives a warm welcome from his shipyard shipmates upon arrival at Honolulu International Airport on Oct. 13. Sonar Technician (Submarine) 2nd Class Timothy Smith (not pictured) returned earlier on Oct. 5.

(Right) Capt. Jeff Cole, commanding officer of Navy Information Operations Command Hawaii, NIOC, presents the folded U.S. Ensign to the POW/MIA table at the Ko' Olina Resort where NIOC Sailors recently gathered to celebrate the U.S. Navy's 235th birthday.

U.S. Navy photos by IT2 Jediaiah Dyer



Sailors assigned to Joint Base Pearl Harbor-Hickam (JBPHH) participate in the Pearl Harbor Make-a-Difference Day at the Kapahaki Stream in Waipahu, Hawaii. Approximately 100 Sailors participated in the event hosted by the city and County of Honolulu's Adopt-a-Stream/Adopt-a-Block program.

U.S. Navy photo by MC2 Robert Stirrup



Two crew members from the USS Port Royal ensure one another's protective gear are in the proper place prior to putting out a fire during fire training at the engineering and firefighting school at Joint Base Pearl Harbor-Hickam, Hawaii on Oct. 21.

U.S. Air Force photo by Tech Sgt. Cohen A. Young

IRRE tests AF response ability

Continued from A-1

140 short tons of cargo was prepared and loaded on an aircraft. Airmen processed through the mobility line to ensure they met all requirements for the operation.

"It is important that we are able to execute this mission at a moment's notice," he said. "Exercises take a lot of resources, in terms of time, manpower and money, so it is important that we take full advantage of every exercise opportunity."

Fritts said each exercise provides many learning opportunities. For this particular IRRE, cargo and passenger processing were a focus. The basic "blocking and tack-

ling" of getting people down range in order to support operations plans, humanitarian missions and other contingency operations was a major focus.

Since the relationships with joint base personnel is relatively new, learning to develop new ways to communicate across cultural differences will ensure all the appropriate organizations get the information they need in order to make time-critical, life-or-death decisions.

"This mission we train for is unique and tough," Fritts said. "It is critical that we are able to execute this mission flawlessly at a moment's notice, should the need arise."

Sailors are 'environmental heroes'

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involvement with events throughout the community.

"There are a few properties out here that are co-owned by the Navy and the city. Therefore, it is important that the Navy helps out with these sponsored clean-up events," Watters-Bonnett said. "I feel it is very important that we show our support to the community by participating in events like

the one today."

Members of the community expressed their gratitude toward the Navy's involvement during the cleanup.

"The Navy is a great partner for our community," said Barbara Tom, interim chair for the Waipahu community coalition. "The Sailors out here today are great volunteers and we are thankful for their help."

Adopt-a-Stream, sponsored by the City and

County of Honolulu Department of Environmental Services Storm Water Quality Branch, is a step that residents can take to help improve the quality of streams. The program is a "hands-on" way for residents and local businesses to make a commitment to keep the city clean, and improve the quality and condition of Oahu's communities by keeping pollutants off city roads and connected bodies of water.



Staff Sgt. Robert Wilson, 735th Air Mobility Squadron consolidated tool kit technician, reaches for a tool at the joint consolidated tool kit at Joint Base Pearl Harbor-Hickam on Oct. 22. The consolidated tool kit is a tool shop made up of 15th Aircraft Maintenance Squadron and 735th Air Mobility Squadron consolidated tool kit Airmen.

'Consolidated tool kit' directly supports Air Force mission

Story and photo by Senior Airman Gustavo Gonzalez

15th Wing Public Affairs

Worldwide, 24/7, Hickam's "consolidated tool kit" is working hard to maintain aircraft.

The joint consolidated tool kit is a tool shop made up of Airmen from 15th Aircraft Maintenance Squadron and 735th Air Mobility Squadron. Their job is to make sure every maintenance tool and

piece of specialized aircraft is serviceable for aircraft repairs. They also help service transient aircraft.

According to Peter Newton, 735th Air Mobility Squadron sortie support technician, the consolidated tool kit is an essential part of keeping aircraft airborne.

"We are a key element to this base due to the fact that nothing can get fixed or done without us. There is no way to service an aircraft without the consoli-

dated tool kit," he said.

Staff Sgt. Mark Roberson, 15th Aircraft Maintenance Squadron support section NCOIC, noted that the worldwide Air Force mission is affected day in and day out.

"Being in the middle of the Pacific, it's a major transient spot," he said. "Planes come in and out here every day and we have a lot to do with that. Anything that comes in we handle the tools in and out to support the mission."

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Military families urged to participate in study on Hawaii education

Karen S. Spangler

Managing Editor

One of the top concerns for military families stationed in Hawaii is the quality of education for their children.

To reach out to parents and their children and provide the opportunity to express their opinions regarding education in Hawaii, U.S. Pacific Command has contracted with the Johns Hopkins School of Public Health, with an assist from the University of Hawaii. The objective is to conduct a study that will identify the perceptions and needs of military children families related to their educational experiences here in Hawaii.

The study will survey military parents and their children between the ages of 10 and 18 who are currently stationed on Oahu as well as those who will arrive during the next few years and those who will have a permanent change of station from Hawaii.

All military families with school-age children, whether

they are enrolled in public, private, charter or home schools, are included in the study.

"The survey is important because it helps leadership, both in the military and civilian sectors, determine how the Hawaii educational system provides services to our military families and also considers families' expectations and experiences with this education system," explained Navy Region Hawaii Command Master Chief Marcos Sibal.

"The more families we have taking the survey will equate to a more realistic outcome and analysis of the data that will be gathered at the end of the study. The information that families provide to this survey will have a lasting impact on our families now and in the future," Sibal added.

"Change and the consideration of change can only be done based on quantifiable data and not hearsay, or passed along perceptions," noted Liz Gocong, schools liaison for Navy Region Hawaii and Joint Base Pearl Harbor Hickam

"For the most part we do not,

as most do not vote in Hawaii, have elected representation to hear our concerns or the ability to elect anyone for the hope of change. This study, with PACOM's commitment, is our way as families and military members of voting and voicing our hopes based on factual input," she added.

The longitudinal study will consist of various elements – an arrival survey, an annual survey and a PCS survey. As part of the arrival survey, parents will be asked about the steps they took in preparation for coming to Hawaii, their previous school experiences, and their perceptions of the quality of education offered in Hawaii.

Those who are on-island or are newcomers will be asked to participate in an annual survey. This will gauge their perceptions of how educational opportunities in Hawaii changed throughout their tour of duty here.

Participants will also be involved in a follow-on survey about three to six months after they PCS from Hawaii. The objective of the PCS survey is to deter-

mine if their children were academically prepared and able to transition easily into their new school at the next duty station.

Focus groups also give all active-duty military parents who have children in grades kindergarten through 12th grade, along with their children in grades four to 12, with an opportunity to talk about successes and challenges related to Hawaii's educational opportunities.

"This is an important part of our continuing efforts to provide military children the quality education they deserve. Oftentimes, we hear how schools in Oahu are mostly not up to par, but the reality is we need to provide our experiences in quantifiable data that can then be presented and analyzed to effect changes," said Sibal as he encouraged military parents to participate in the surveys.

Questions in the surveys primarily relate to one of three areas:

- School: Academic quality, teachers and peers, school safety, advanced placement courses, school-parent communications, and supports in school.

- Expectations: Expectations for life and schooling in Hawaii, expectations for parents' involvement with their child's school, and academic expectations of parents for their children.

- Family and child background: Previous moves, living overseas, child's learning and behavioral/emotional history, child's skills and aptitudes, family stressors and types of social supports.

Sibal noted, "The data collected from these surveys will help researchers identify the changes that our families will experience as far as the Hawaii educational system."

"These surveys will be taken annually for a total of three consecutive years. They are hoping that over time this will show changes as the educational system undergoes changes. The data collected from this study will also be used to initiate any changes that need to be made with regards to policy and procedures," he said.

For more information or to participate, visit <https://community.apan.org/pop/2/wiki/pacom-education-study.aspx> or <http://www.hawaiikids.org/>.

CPPD rolls out Leadership Modules Five and Six this fall

Susan Lawson

Center for Personal and Professional Development Public Affairs

The Center for Personal and Professional Development (CPPD) will roll out modules five and six of the Leadership Core Continuum (LCC) in November 2010.

These are the final modules in the LCC, which are now available for download from Navy Knowledge Online (NKO). Modules five and six will also be distributed to commands in the form of a

CD starting Nov. 29.

"The only change commands can expect with this distribution of LCC is the packaging," said Chief Gas Turbine System (Electrical) James Scarnati, LCC course manager. "Modules five and six are the last two courses in this LCC series, so we have repackaged all six modules on one CD, which we will distribute to commands this fall and also make available for download on NKO."

LCC training is designed to meet the continuing process of training and developing enlisted leaders in pay grades E4 through E6.

"LCC is the foundational link in the Navy's enlisted leadership continuum and is designed to enhance the leadership training our junior enlisted Sailors receive between promotion cycles," said CPPD's commanding officer, Capt. Chuck Hollingsworth.

The core competencies of LCC include accomplishing missions, leading change, working with people and resource stewardship; all of which are essential in the process of engaging our Sailors and capitalizing on previous lessons learned through command-delivered courses.

LCC content is reality-based, taught in an operational environment, and appropriate to its target audiences. The training contained in these six modules, and the various petty officer selectee command-delivered training courses, will provide all E4 through E6 Sailors with knowledge and tools needed to sustain and continually improve upon their leadership skills.

For more information about the Center for Personal and Professional Development (CPPD), visit: <https://www.netc.navy.mil/centers/cppd/>

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Women urged to take control of health, get breast cancer screenings

Brister Thomas

Contributing Writer

Women make up almost one-half of the military health system's 9.5 million beneficiaries, according to the National Military Family Association.

While representatives from Naval Health Clinic Hawaii (NHCH) state that women's health, in general, has improved significantly in the last century, there is much more that must be accomplished.

Tracy Navarrete, health promotion director at NHCH, said if there were one message she could send to the women of Hawaii, it would be, "Get your mammogram now. This is a huge concern, especially for women over 40 years of age. Early detection is the best treatment."

The staff at NHCH wants to empower every woman to take control of her health, Navarrete shared. "We realize the time commitments and extended demands on the women of today. We at NHCH want to do all we can to simplify the process of women taking care of themselves," Navarrete stated.

NHCH, located at the Makalapa Clinic at Pearl Harbor, recently announced its policy change in regard to self-request mammograms. Previously, it was necessary for a woman's primary care manager (PCM) to input a referral before they were able to schedule a mammogram. With the new policy, women over the age of 40 with no current breast issues (mass/lump, breast discharge, pain or history of breast cancer) may contact NHCH radiology directly at 473-1880, ext. 2200 to schedule a mammogram. The results are automatically sent to the PCM of record.

According to the Susan G. Komen Breast Cancer Foundation information, the signs of breast cancer are not the same for all women. In fact, it explains that some women may not show any signs at all. The foundation recommends that women in their 20s and 30s have a clinical breast exam by a doctor or nurse every three years.

Women with increased risks, the



Photo courtesy of Naval Health Clinic Hawaii

Participants head over Ford Island Bridge during the Making Strides Walk on Oct. 2. The walk, in observance of Breast Cancer Awareness Month, started at Richardson Field at Joint Base Pearl Harbor-Hickam.

foundation advised, should consider additional tests such as a breast ultrasound and MRI at the recommendation of medical professionals. They explained that this is due to the fact that while mammograms serve a viable purpose, they are not the only way to detect breast cancer.

Dr. Jeffery Wong, a gynecologist at NHCH, recommended, "If you have had hormone replacement therapy (HRT), you should talk to your doctor about scheduling a mammogram." Wong said that HRT numbers can sometimes be skewed and may increase risk of breast cancer.

"Having a mammogram can be extremely scary for many patients," stated Mary Johnson, breast health educator at NHCH.

"To all women, I would like to say, 'Don't be afraid to get your mammogram.' Many women hesitate to schedule a mammogram because they do not want to find out. However, the rate of curing breast cancer when detected in early stages is extremely high," Johnson said.

Johnson has been with NHCH for six years and has just recently earned the latest medical certification as the breast care nurse (CBCN). She considers herself a 'navigator' for Navy and Marine affected patients. She is their medical advocate. "I navigate newly diagnosed breast cancer patients. I am there

when the doctor notifies a patient. The patient is being hit with a lot of information while they are still in shock at devastating news. I am there to take notes while they simply try to absorb the information," she explained.

Johnson talked about the journey of being a breast cancer patient. "My patients do not have to worry about making appointments and understanding the process. I do that for them. I process their access to care and facilitate timely appointments, proper education for emotional support, and serve as their conduit between doctor and patient."

Johnson stressed the importance of patients seeking a support system. "Do not go it alone," Johnson said. She continued, "It's not easy and every family dynamic is affected. Please come see me or someone else that has the tools to provide you and your family members with information and guidance through this journey."

The National Cancer Institute estimates that 207,090 women and 2,000 men will be diagnosed with breast cancer this year.

NHCH offers support groups for patients, spouses and family members and a monthly calendar of health promotion classes including yoga, aerobics sleep hygiene and self-care. The classes are available for everyone who has base access.

KHON (FOX) TV 2 Hawaii Navy News upcoming segments

Nov. 4 – Makahiki Festival

Nov. 11 – Veterans Day

Nov. 18 – Pearl Harbor Naval Shipyard
"flyaway teams"

Nov. 25 – Thanksgiving holiday

Dec. 2 – Pearl Harbor survivors

Dec. 9 – PACFLT Band

(The segments currently air between 6:15 and 6:45 a.m. each Thursday. Previous segments can be viewed at <http://www.bit.ly/KHONNavy>)

Got a story for KHON Hawaii Navy News?
Email editor@hookelenews.com or call Navy Region Hawaii Public Affairs at 473-2875. Stories must have a Navy tie and be of interest to the general public.

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Pipeline work near Halawa Gate

**Naval Facilities
Engineering Command
Hawaii**

The Navy is executing a construction project that replaces underground fuel pipelines around Joint Base Pearl Harbor-Hickam. A phase of construction is about to commence on Nov. 2 that is expected to continue for approximately three weeks until Nov. 23.

It may affect inbound and outbound traffic at Halawa Gate. This could cause some slowing of traffic on Kamehameha Highway in both directions near the gate, but most likely during the morning rush hour traffic between 7:30 to 8:30 a.m. Commercial traffic coming onto the base may also be affected.

Vehicles entering or exiting from Halawa Gate will be re-routed within the gate area to go around the pipeline work. All commercial vehicle inspections will continue at this gate.

Traffic access to Navy buildings 550 and 1775 on base will be temporarily re-aligned to run within the Fleet Industrial Supply Center, Pearl Harbor paved staging area inside the base perimeter.

Navy personnel, civilian employees, and contractors are asked to be mindful of this fuel pipeline work when entering and exiting Halawa Gate and plan accordingly since the temporary rerouting action is expected to result in slower access through the gate.

If additional information is about the project, contact Lt. Trey Johnson, assistant public works officer north of Naval Facilities Engineering Command, Hawaii, at 474-9019.

NIOC Hawaii celebrates Navy birthday with 2nd annual Navy Day Ball

CTI2

Theresa M. Buitron

Navy Information
Operations Command
Hawaii

Sailors from Navy Information Operations Command (NIOC) Hawaii recently gathered at the Ko' Olina Resort to celebrate the Navy's 235th birthday with their second annual Navy Day Ball.

Approximately 500 service members, enlisted and officer from the Navy, Air Force, Army, Marine Corps and Coast Guard, joined together to remember naval heritage and share this time-honored tradition.

The evening's theme was "Celebrating Naval History in Hawaii." The Navy Day Ball committee set up the Japanese Surrender documents on loan from the Battleship Missouri (BB-63) Memorial Association and a historical timeline display of the history of the Navy in the Hawaiian Islands.

The event included an array of presentations and involved many hands from around the command and from the island. The evening's invocation was given by Ollie Tucker, a local Navy veteran who retired as a master chief storekeeper (SKCM) in 1984. Tucker is currently the local Fleet Reserve Association's branch chaplain.

He was joined by John Ippert, another local veteran who retired in 1986, to perform the two-bell ceremony. The dinner presentation was a hula dance and fire show performed by a local dance troupe from Dizanne Productions. During the show, some guests including new NIOC Command Master Chief Terry Watson, were invited on stage to demonstrate their own hula skills.

Following the traditional POW/MIA Remembrance Ceremony, a historical presentation involving a num-



U.S. Navy photo by IT2 Jedidiah Dyer
Navy Information Operations Command Hawaii Command Master Chief Terry Watson dances the hula on stage at NIOC Hawaii's recent Navy Day Ball.

ber of NIOC Sailors, from Cryptologic Technician (Collections) Seaman Kimberly Henry to NIOC commanding officer Capt. Jeff Cole, provided a look at numerous Sailors who were awarded medals for their valor and courageous service to the Navy during World War II.

In a solemn closing, members participated in presenting a folded U.S. Ensign to one another, in turn presenting it to the

POW/MIA table, while the poem of Old Glory was recited. To the music of "Amazing Grace," Retired USAF Senior Master Sgt. Don S. Miller's famous poem, "My Name is Old Glory," was read by Lt. j.g. Evelyn Prendergast and Chief Cryptologic Technician (Collections) (SS/SW) J. Patrick Prendergast.

While this may have been NIOC's second birthday celebration, it was the first for Cole who just assumed com-

mand in July. Cole, recognized as the 'saltiest' Sailor at the command, participated in the historical presentation and was a speaker for the evening.

"The Navy Day Ball was a success due to all the hard work of the planning committee. They really did a fantastic job. The whole presentation was an emotional and memorable event," Cole said.

(Additional photo on page A-5.)

Diamond Tips Professionalism

(Diamond Tips are provided by Air Force first sergeants to address concerns in the Air Force community and provide guidance to Airmen.)

Master Sgt. Bradley C. Green

First Sergeant, 15th Maintenance Group

As a military member, regardless of the branch of service, you are expected to present a professional military image. In the Air Force, failure to do so may prevent you from attending Professional Military Education (PME) or even sewing on your next rank.

With approximately 1.5 million American military personnel currently serving, the way you present yourself in public directly reflects on the American military. According to Forbes.com, the military is one of the top 10 most respected careers. As a member of the armed forces, you have the great responsibility to carry that honor and tradi-

tion, and present a positive image to whoever may see you, on or off duty.

AFI 36-2903 gives us some guidance on what we should and should not wear, how and when it should be worn, and where or where not to where it. Along with that, AFI 36-2905 now addresses physical fitness standards and also refers to presenting a professional military image. Just because you can pass your fitness assessment does not mean you present a professional military image.

Your actions, as well, play a large part in professionalism. Are you loud and obnoxious in public? Do you draw attention to yourself in a crowd? Do you treat others with respect and dignity?

The next time you put on your uniform, before you go out look in the mirror and ask yourself if you are proud of the image you portray, both through your actions and your looks. Do you present a professional military image?

HO'OKELE Online

PEARL HARBOR - HICKAM NEWS

<http://www.hookelenews.com/> or visit

<https://www.cnic.navy.mil/Hawaii/index.htm>

