

**University of North Texas at  
Dallas Spring 2016  
SYLLABUS**

<b>PSYC 1100-Introduction to Psychology</b>		<b>3Hrs</b>	
<b>Department of</b>	<b>Psychology</b>	<b>Division of</b>	<b>Liberal Arts and Sciences</b>
<b>Instructor Name:</b>	<i>Suzie Manning, Ph.D., LSSP</i>		
<b>Office Location:</b>	<i>Adjunct Psychology Room 302 Building 2</i>		
<b>Office Phone:</b>	<i>817-271-7174 (texts accepted during normal business hours)</i>		
<b>Email Address:</b>	<b>Use email in Blackboard classroom</b>		
<b>Office Hours:</b>	<b>MW 11:30-12:30 phone conference or by appointment</b>		
<b>Classroom Location:</b>	<b>Online</b>		
<b>Class Meeting Days &amp; Times:</b>	<b>Online</b>		
<b>Course Catalog Description:</b>	Introduction to Psychology. 3 hours. This course offers a general understanding and application of the basic principles of psychology. Topics will include the history of psychology, scientific methods, physiological foundation of behavior, development, principles of learning, personality theory, abnormal behavior, health psychology, and social psychology.		
<b>Prerequisites:</b>	None		
<b>Co-requisites:</b>	None		
<b>Required Text:</b>	Cacioppo, J. T. and Freberg, L.A. (2016) <i>Discovering Psychology: The Science of Mind</i> , 2 <sup>nd</sup> Ed, Wadsworth/Cengage: Belmont, CA. <i>*Students may use the first edition of the textbook along with the powerpoint slides</i>		
<b>Recommended Text and References:</b>	<b>Reading Assignments:</b> Students are expected to read in advance the chapters designated by week in the outline below; and any extra reading I assign.		
<b>Access to Learning Resources:</b>	UNT Dallas Library: phone: (972) 780-3625; web: <a href="http://www.unt.edu/unt-dallas/library.htm">http://www.unt.edu/unt-dallas/library.htm</a> UNT Dallas Bookstore: phone: (972) 780-3652; e-mail: <a href="mailto:1012mgr@fheg.follett.com">1012mgr@fheg.follett.com</a>		
<b>Course Goals or Overview:</b>			
	The goal of this course is to introduce psychology as a scientific discipline and a profession. Emphasis will be placed on the diverse theoretical approaches within psychology and applications of these theories. We will broadly cover many core areas in psychology in academia and the real world including the historical basis of psychology, psychological research methods, memory and learning, sensation and perception, mind and consciousness, personality, social psychology, psychological disorders and treatments, health psychology, and human development. By the end of the course, students should be familiar with the basic methodologies and theories of the topics presented in class.		
<b>Learning Objectives/Outcomes:</b> At the end of this course, the student will:			
1	Understand the evolution of psychology from historical foundations to modern psychology.		
2	Explain research methods, measurement and statistics, and ethical issues in research.		

3	Build a foundation for understanding human development throughout the lifespan.
4	Describe consciousness, altered states, and sleep cycles.
5	Understand personality theories including psychodynamic, humanistic, social-learning, and self-theories.
6	Understand the constructs of social psychology in relationships, attitudes, aggression, and prejudice.
7	Describe the nature of psychological disorders, including anxiety, mood, somatoform, dissociative, schizophrenic, personality and childhood disorders, and treatment options for these disorders.
8	Explain learning/memory theories and behavior analysis, including the motivation behind them.
9	Build a foundation for understanding the biological and physiological bases of behavior.
10	Describe intelligence and cognitive processes including the sensation and perception of the outside world.
11	Understand how emotions and stress can affect psychological health and function.
12	Demonstrate an ability to engage with others through classroom discussions and interactions.
13	Demonstrate an ability to write research papers in APA format using scholarly references.

### Course Outline

This schedule is subject to change by the instructor. Any changes to this schedule will be communicated in class. Additional readings and activities may be added, these will be noted in the Readings and Activities/Assignments sections under Course Modules and/or in the Announcements.

WEEK	TOPICS	TIMELINE
1	Chapter 1 The Science of Mind-Psychology  Reading: Cacioppi and Freberg chapter 1 <i>Introduction post due Wednesday 1/20</i> <i>Initial post due Thursday 1/21</i> <i>Response post due Sunday 1/24</i>	1/19-1/24
2	Chapter 2 The Measure of Mind-Methods Chapter 3 The Evolving Mind-Nature and Nurture  Reading: Cacioppi and Freberg Chapter 2 and 3 <i>Initial post due Thursday 1/28</i> <i>Response post due Sunday 1/31</i> <b>Quiz 1 Chapters 1-3</b>	1/25-1/31
3	Chapter 4 The Biological Mind-Biological Psychology  Reading: Cacioppi and Freberg chapter 4 <i>Initial post due Thursday 2/4</i> <i>Response post due Sunday 2/7</i>	2/1-2/7
4	Chapter 5 The Perceiving Mind-Sensation and Perception  Reading: Cacioppi and Freberg chapter 5 <i>Initial post due Thursday 2/11</i> <i>Response post due Sunday 2/14</i> <b>Quiz 2 Chapters 4-5</b>	2/8-2/14
5	Chapter 6 The Aware Mind-Consciousness  Reading: Cacioppi and Freberg chapter 6 <i>Initial post due Thursday 2/18</i> <i>Response post due Sunday 2/21</i>	2/15-2/21
6	Chapter 7 The Feeling Mind-Motivation and Emotion  Reading: Cacioppi and Freberg chapter 7 <i>Initial post due Thursday 2/25</i> <i>Response post due Sunday 2/28</i> <b>Quiz 3 Chapters 6-7</b>	2/22-2/28

7	Chapter 8 The Adaptive Mind-Learning Chapter 9-The Knowing Mind-Memory  Reading: Cacioppi and Freberg chapters 8-9 <i>Initial post due Thursday 3/3</i> <i>Response post due Sunday 3/6</i>	2/29-3/6
8	Chapter 10 The Thinking Mind-Intelligence and Language  Reading: Cacioppi and Freberg chapter 10 <i>Initial post due Thursday 3/10</i> <i>Response post due Sunday 3/13</i> <b>Midterm Exam Chapters 1-7</b>	3/7-3/13
	Spring break	3/14-3/20
9	Chapter 11 The Developing Mind-Life Span Development  Reading: Cacioppi and Freberg chapter 11 <i>Initial post due Thursday 3/24</i> <i>Response post due Sunday 3/27</i>	3/21-3/27
10	Chapter 12 The Individual Mind-Personality  Reading: Cacioppi and Freberg chapter 12 <i>Initial post due Thursday 3/31</i> <i>Response post due Sunday 4/3</i> <b>Quiz 4 chapters 8-10</b>	3/28-4/3
11	Chapter 14 The Troubled Mind-Psychological Disorders  Reading: Cacioppi and Freberg chapter 14 <i>Initial post due Thursday 4/7</i> <i>Response post due Sunday 4/10</i>	4/4-4/10
12	Chapter 15 Healing the Troubled Mind-Therapy Reading: Cacioppi and Freberg chapter 15 <i>Initial post due Thursday 4/14</i> <i>Response post due Sunday 4/17</i> <b>Quiz 5 chapters 11-12</b>	4/11-4/17
13	Chapter 13 The Connected Mind-Social Psychology Chapter 16 The Healthy Mind-Stress/Coping, Health Psychology  <i>Initial post due Tuesday 4/21</i> <i>Response post due Wednesday 4/24</i> <b>Quiz 6 Chapters 14-15</b>	4/18-4/24
14	<b>Paper Due Sunday 5/1</b> <b>*Optional bonus points Quiz 7 chapters 13, 16</b>	4/25—5/1
15	<b>Final Exam preparation. Optional study materials will be available for students to study for final exam.</b>	5/2-5/8
16	<b>Final Exam Chapters 8-16</b>	5/9-5/11

## Course Evaluation Methods

This course will utilize the following instruments to determine student grades and proficiency of the learning outcomes for the course.

### Discussion Posts

There will be required discussion posts for each week in the semester. Students are required to post an initial post to the question(s) for the unit (by Thursday midnight) and post a response to a classmate (by Sunday midnight) within the assigned weekly unit. Weekly discussion posts will be graded on a 100-point scale with the total discussion grade comprising 30% of the final grade. Late discussion posts are not accepted due to the nature of online classes.

### Quizzes

There will be a total of 6 quizzes worth 10 points each. Quizzes cover the reading material from the textbook, assigned readings, activities, and lecture, and will typically consist of multiple choice questions. Quizzes will allow three attempts to improve your grade. These are open book without a time limit and are designed to help you study for your exams. Total quiz grade will comprise 20% of your final grade. Quizzes are due by the close of the unit they are assigned (by Sunday midnight). No late quizzes allowed as they are open for an entire week.

### Exams

There will be a total of two exams worth 100 points each (each exam is worth 20% of your final grade). Exams cover material from the texts, assigned readings, lectures, and class discussions, and will typically consist of multiple choice, short answer, and/or essay questions.

### Paper

Students will write a research paper from a list of topics that will be provided in the Blackboard classroom (students can choose their own topic from the semester as well). Papers are required to be written in APA format with a minimum of 5 scholarly references (websites will not count, but can be used if scholarly, no sites like Wikipedia). Paper should be 2-3 pages in length not including title or reference page. Due dates are on the schedule. -Paper will be accepted early, no late papers accepted. The paper will count as 10% of the final grade.

### **Grading Matrix:**

<b>Activities/Assignments</b>	<b>Value (percentages)</b>
Discussion Posts	30%
Quizzes	20%
Midterm	20%
Final Exam	20%
Paper	10%
<b>Total:</b>	<b>100%</b>

### Grade Determination

Grades are based on the weighted percentages for each activity/assignment as noted above. The final grade is not the percentage of points you earned divided by the total points. The weighted column in the gradebook is the correct weighted grade as you earn points, and will be used for your final grade.

A = 90% or better

B = 80 – 89 %

C = 70 – 79 %

D = 60 – 69 %

F = less than 60%

## University Policies and Procedures

### **Students with Disabilities (ADA Compliance):**

Chapter 7(7.004) Disability Accommodations for Students

The University of North Texas at Dallas makes reasonable academic accommodation for students with disabilities. Students seeking accommodations must first register with the Disability Services Office (DSO) to verify their eligibility.

If a disability is verified, the DSO will provide you with an accommodation letter to be delivered to faculty to begin a private discussion regarding your specific needs in a course. You may request accommodations at any time, however, DSO notices of accommodation should be provided as early as possible in the semester to avoid any delay in implementation. Note that students must obtain a new letter of accommodation for every semester and must meet/communicate with each faculty member prior to implementation in each class. Students are strongly encouraged to deliver letters of accommodation during faculty office hours or by appointment. Faculty members have the authority to ask students to discuss such letters during their designated office hours to protect the privacy of the student. For additional information see the Disability Services Office website at <http://www.untDallas.edu/disability>. You may also contact them by phone at 972-338-1777; by email at UNTDdisability@untDallas.edu or at Building 2, room 204.

#### Blackboard Learn Accessibility Statement:

University of North Texas at Dallas is committed to ensuring its online and hybrid courses are usable by all students and faculty including those with disabilities. If you encounter any difficulties with technologies, please contact our ITSS Department. To better assist them, you would want to have the operating system, web browser and information on any assistive technology being used. Blackboard Learn course management system's accessibility statement is also provided: <http://www.blackboard.com/Platforms/Learn/Resources/Accessibility.aspx>

**NOTE:** Additional instructional technology tools, such as Turnitin, Respondus, Panopto, and publisher cartridge content (i.e. MyLab, Pearson, etc.) may NOT be fully ADA compliant. Please contact our Disability Office should you require additional assistance utilizing any of these tools.

#### **Student Evaluation of Teaching Effectiveness Policy:**

Student's evaluations of teaching effectiveness is a requirement for all organized classes at UNT Dallas. This short survey will be made available to you at the end of the semester, providing you a chance to comment on how this class is taught. I am very interested in the feedback I get from students, as I work to continually improve my teaching. I consider students' evaluations to be an important part of your participation in this class.

**Assignment Policy:** (According to the instructor's discretion while working in concert with the division/program's guidelines).

**Exam Policy:** (Online exams and the ability to retake is solely at the instructor's discretion). **NOTE:** Online exams may be proctored on campus per instructor's discretion.

#### **Academic Integrity:**

Academic integrity is a hallmark of higher education. You are expected to abide by the University's code of Academic Integrity policy. Any person suspected of academic dishonesty (i.e., cheating or plagiarism) will be handled in accordance with the University's policies and procedures. Refer to the Student Code of Academic Integrity at [http://www.untDallas.edu/sites/default/files/page\\_level2/pdf/policy/7.002%20Code%20of%20Academic\\_Integrity.pdf](http://www.untDallas.edu/sites/default/files/page_level2/pdf/policy/7.002%20Code%20of%20Academic_Integrity.pdf) for complete provisions of this code.

Academic dishonesty includes, but is not limited to, cheating, plagiarizing, fabrication of information or citations, facilitating acts of dishonesty by others, having unauthorized possession of examinations, submitting work of another person or work previously used without informing the instructor, or tampering with the academic work of other students.

**Web-based Plagiarism Detection:** Please be aware in some online or hybrid courses, students may be required to submit written assignments to Turnitin, a web-based plagiarism detection service, or another method. If submitting to Turnitin, please remove your title page and other personal information.

### Classroom Policies

#### **Online Attendance and Participation:**

The University attendance policy is in effect for this course. Class attendance in the Blackboard classroom and participation is expected because the class is designed as a shared learning experience, and because essential information not in the textbook will be discussed in the discussion board. Online presence and participation in all class discussions is essential to the integration of course material and your ability to demonstrate proficiency.

Attendance for this online or hybrid course is considered when you are logged in and active in Blackboard, i.e., posting assignments, taking quizzes, or completing Discussion Boards. To maintain financial aid award eligibility, activity must

occur before the census date of the session or term of the course. Refer to <http://www.untDallas.edu/registrar> for specific dates. If you are absent/not active in the course shell, it is YOUR responsibility to let the instructor know immediately, upon your return, the reason for your absence if it is to be excused. All instructors must follow university policy 7.005 covering excused absences; however, it is the instructor's discretion, as outlined in the course syllabus, of how unexcused absences may or may not count against successful completion of the course

**Inclement Weather and Online Classes:** Online classes may or may not be effected by campus closures due to inclement weather. Unless otherwise notified by your instructor via e-mail, online messaging, or online announcement, students should assume that assignments are due as scheduled.

### **Online "Netiquette:**

In any social interaction, certain rules of etiquette are expected and contribute to more enjoyable and productive communication. Emails, Discussion Board messages and/or any other forms of written communication in the online environment should use proper "netiquette" (i.e., no writing in all caps (usually denotes yelling), no curse words, and no "flaming" messages (angry, personal attacks).

Racial, ethnic, or gender slurs will not be tolerated, nor will pornography of any kind.

Any violation of online netiquette may result in a loss of points or removal from the course and referral to the Dean of Students, including warnings and other sanctions in accordance with the University's policies and procedures. Refer to the Student Code of Student Rights Responsibilities and Conduct at <http://www.untDallas.edu/osa/policies>. Respect is a given principle in all online communication. Therefore, please be sure to proofread all of your written communication prior to submission.

### **Diversity/Tolerance Policy:**

Students are encouraged to contribute their perspectives and insights to class discussions in the online environment. However, offensive & inappropriate language (swearing) and remarks offensive to others of particular nationalities, ethnic groups, sexual preferences, religious groups, genders, or other ascribed statuses will not be tolerated. Disruptions which violate the Code of Student Conduct will be referred to the Dean of Students as the instructor deems appropriate.

**Technology Requirements:** In order to successfully access the materials in an online or hybrid course, UNT Dallas advises that your computer be equipped with the minimum system requirements.

Blackboard Learn 9.1 is the platform software for this course. Blackboard Learn supports major web browsers such as Windows Internet Explorer, Apple Safari, Mozilla Firefox, and Google Chrome. However, since the latter two are updated continually, some recent versions may not be compatible. If you experience difficulty accessing or using components of the course, try using Internet Explorer. Also, no matter what browser you use, always enable pop-ups. For more information see:

- <http://www.untDallas.edu/dlit/ecampus/requirements>
- [https://help.blackboard.com/en-us/Learn/9.1\\_SP\\_12\\_and\\_SP\\_13/Student/040\\_Browser\\_Support\\_for\\_SP\\_13](https://help.blackboard.com/en-us/Learn/9.1_SP_12_and_SP_13/Student/040_Browser_Support_for_SP_13)
- [https://learn.unt.edu/bbcswebdav/institution/BrowserCheck/check\\_full.html](https://learn.unt.edu/bbcswebdav/institution/BrowserCheck/check_full.html)