

Melissa Stanford Oden, DHEd, LMSW-IPR, MPH, CHES

EDUCATION

A.T. Still University Doctor of Health Education, <i>August 2011</i>	Kirksville, Missouri	2009-2011
University of North Texas Health Science Center Master of Public Health, <i>May 2006</i>	Fort Worth, Texas	2003-2006
University of Texas at Arlington Master of Science in Social Work, <i>May 2001</i>	Arlington, Texas	1998-2001
Texas Wesleyan University Bachelor of Science, Social Science, <i>December 1997</i>	Fort Worth, Texas	1996-1997

CERTIFICATIONS

Texas Social Work License with Independent Practice Recognition (LMSW-IPR) #36225	October, 2001
Certified Health Education Specialist #12915	April, 2006

HONORS AND AWARDS

Graduate School:

- ❖ 4.0 GPA during Doctoral Work
- ❖ Outstanding Student, Social & Behavioral Sciences, UNT Health Science Center, May 2006

Professional:

- ❖ Fellow, Texas Public Health Association, 2011-2012 service year
- ❖ Recipient of Jessie A. Yoas Memorial Advocacy Award, *Texas Public Health Association* (March, 2012)
- ❖ Nominee Finalist, The Phyllis Jack Moore Professional Development Award, Camp Fire Texas (March, 2014)
- ❖ Alumnus "Mover and Shaker", Texas Wesleyan University (June 2014)
<https://www.youtube.com/watch?v=6YcoGFzwZZA>

ASSOCIATIONS

Texas Public Health Association (TPHA)

- ❖ President 2016-present
- ❖ President-Elect 2015-2016
- ❖ Representative to Public Health Action Plan Steering Committee 2016
- ❖ Grant Liaison between TPHA and the American Planning Association 2014-present
- ❖ 1st Vice President 2014-2015
- ❖ 2nd Vice President 2013-2014
- ❖ Executive Board Member 2011-present
- ❖ Governing Council Member 2009-present
- ❖ Fellow 2012

University of North Texas Health Science Center School of Public Health Alumni Board

- ❖ President 2011-2012
- ❖ President-Elect 2010-2011

North American Association of Christians in Social Work (NACSW)

2011-present

Texas Business Women (TBW)

2012-2014

PRACTICE/RESEARCH INTERESTS

- ❖ Social Work & Public Health collaborative efforts in the field
- ❖ Social Work & Spirituality/ Faith-Based Social Work
- ❖ Student professional development through internships
- ❖ Student professional development through field experience/service learning
- ❖ Student personal development
- ❖ Development of effective teaching methods through experiential learning in the classroom

TEACHING INTERESTS

- ❖ Human Sexuality and Health
- ❖ Maternal and Child Health
- ❖ Health Promotion in Social Work Practice/Public Health Practice
- ❖ Student personal development
- ❖ Student professional development through Field Experience

TEACHING EXPERIENCE

Tarleton State University

Fort Worth, Texas

2011-present

Adjunct Professor. Taught Social Work with Diverse Populations in the fall of 2015. This course familiarizes the student with the cultural roots of the diverse ethnic groups that make up American society, tracing the process of acculturation that characterizes their American experience.

Adjunct Professor. Taught Human Behavior in the Social Environment I in the fall of 2015. Using systems theory as an organizing perspective, this course provides an integrated look at the bio-psycho-social factors influencing human development. Cultural factors affecting human functioning, as well as implications for social work practice are explored.

Adjunct Professor. Taught Human Behavior in the Social Environment I in the fall of 2014. Using systems theory as an organizing perspective, this course provides an integrated look at the bio-psycho-social factors influencing human development. Cultural factors affecting human functioning, as well as implications for social work practice are explored.

Adjunct Professor. Taught Field Placement II in the spring of 2014. The primary purposes of this course are: 1) to enable the student to experience and understand the impact of agency structure and policy, client expectations and needs, and community resources on social work practice; and, 2) to teach the student how to appropriately apply social work theory, skills, and techniques in delivery of service to clients. Field Placement II continues where Field Placement I left off in emphasizing generalist social work practice at the micro, mezzo, and macro levels. In addition to covering social work practice objectives, this course will also address professional and career development issues.

Adjunct Professor. Taught Service Learning in the fall of 2013. This course is designed to expose students to a variety of challenges facing communities in the North Central Texas region and beyond, and to help students develop an understanding of their individual role in addressing those challenges through community service and volunteer activity.

Adjunct Professor. Taught Social Issues in the spring of 2013. This course utilized major theoretical perspectives from Sociology to explore causes and consequences of contemporary social problems in American society such as alienation, family stresses, poverty, unemployment, and technological change.

Adjunct Professor. Taught Human Rights in the spring of 2013. Using the United Nations Declaration of Human Rights as a basis, this course will examine human rights and human rights violations from a global perspective. Concepts of universality and indivisibility will be used to study human rights and human rights related issues. This

course will also trace the development and history of human rights as they have evolved. Ethical issues in human rights violations will also be examined.

Adjunct Professor. Taught Methods of Social Work Research in the fall of 2012. This course emphasizes principles of the scientific method for building knowledge of and evaluating practice. Topics include: ethical and cultural issues in research; research design and methodology; quantitative and qualitative research strategies; evaluation of practice; critical evaluation of published research; and completion and reporting of research projects.

Adjunct Professor. Taught Methods and Skills of Social Work Interviewing in the fall of 2012. Beginning social work skills introduced include the principles of conducting the helping interview, initial client contact, attending, and listening, empathetic responses, exploration and elaboration, questioning, gaining cooperation, self-disclosure, and termination issues. Issues of problem solving with diverse populations and persons from different cultural backgrounds as well as ethical issues of helping relationships are explored.

Adjunct Professor. Taught Human Behavior in the Social Environment II in the spring of 2012. This course is a continuation of Human Behavior and Social Environment I with emphasis on theories and knowledge about the range of social systems in which individuals live and the ways in which systems deter people from achieving well-being. Values and ethical issues related to bio-psycho-social theories are included.

Adjunct Professor. Taught Methods of Social Work Research in the fall of 2011. This course emphasizes principles of the scientific method for building knowledge of and evaluating practice. Topics include: ethical and cultural issues in research; research design and methodology; quantitative and qualitative research strategies; evaluation of practice; critical evaluation of published research; and completion and reporting of research projects.

UNT Health Science Center

Fort Worth, Texas

2012-present

Adjunct Instructor. Taught Human Sexuality and Health in the spring of 2016. This course introduces students to the major theories and concepts guiding research on human sexuality. Students learn how the study of sexuality informs public health practice. A number of controversial issues are explored including: sexuality education, sexual risk taking, sexual orientation, unwanted pregnancy, sexually transmitted infections and disease, and sexual harassment and violence. Ethical issues related to sexual health promotion are addressed.

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Adjunct Instructor. Taught Maternal and Child Health in the School of Public Health in the fall of 2014. This course underscores the impact of family and community context in shaping women's health and reproductive success over the life course. Students will learn to advocate for the needs of women, mothers, and children to prevent disease and promote health.

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University of Texas at Arlington

Fort Worth, Texas

Fall 2014

Adjunct Professor. Taught Generalist Macro Social Work Practice for the Fort Worth campus cohort. This course examines generalist community and administrative practice roles, the perspectives of strengths, empowerment, and evidence-based practice along with the values of social justice, diversity, and participation. Specific attention is given to assessing community strengths and needs.

University of North Texas

Denton, Texas

2011, 2013

Adjunct Professor. Taught the Lab experience for Field II students in the Social Work program, Fall 2013.

Adjunct Professor. Was commissioned to create a course for the Women Studies program entitled "Global Women's Health". This course is a survey of gender-specific health issues and topics from a global perspective. Global health extends beyond the issues and perspectives of individual nations, comprising the totality of world-wide health and wellness. Global health focuses on problems and concerns existing beyond borders, politics, and economic conditions, emphasizing solutions through public health and sociological models.

PROFESSIONAL EXPERIENCE

Health Education Resources Network

Fort Worth, Texas

1997-present

Founder/President/Professor in Practice. Began the company in 1997 to help, support, and educate women who had been diagnosed with Endometriosis. Currently work with companies and agencies in various social service and public health/health education settings providing training and development, program development, and natural health education consulting and programs as well as student development through field experiences. Also provide consulting services to small non-profits.

Girls Incorporated of Tarrant County

Arlington, Texas

2000-2012

Vice President of Program Development (2008-2012): Began as a social work intern in August of 2000 and provided services to the agency doing health education groups and professional development training for the agency on a contract basis. Promoted to Vice President of Program Development in August of 2008. Led the Outreach Department that consisted of a staff of four and multiple interns to ensure quality health education and life skills programming to youth in Tarrant County. Created programs such as an innovative, week-long training for incoming interns called *Intern Training Institute*, and co-created a Mother/Daughter Conference called *Real Talk For Real Girls* in partnership with the March of Dimes.

Life Care Center of Haltom

Haltom City, Texas

2007-2008

Director of Social Services: In charge of the social and psychological well-being of up to 130 residents receiving rehabilitative as well as long-term care in the facility.

University of North Texas

Denton, Texas

2006-2007

Health and Substance Abuse Educator: Was sponsor of the Peer Education program on campus as well as created, planned and implemented health education programming campus-wide.

UNT Health Science Center**Fort Worth, Texas****2005-2006**

MKITS Teaching Fellow: Taught 6th Grade science classes under the supervision of a Master Teacher at J.P. Elder Middle School in Fort Worth as a part of the More Knowledge In The Sciences (MKITS) teaching fellows program while completing Master of Public Health degree.

Community Therapy Centers**N Richland Hills & Euless, Texas 2002-2005**

Director of Social Services and Marketing: Provided case management and referrals to respiratory patients in outpatient clinic setting. Was also responsible for marketing clinic and clinic services in the Tarrant County area.

North Hills Hospital**N Richland Hills, Texas****2001-2002**

Medical Social Worker: Administered discharge planning activities for medical/surgical unit, the emergency room, and the outpatient department.

PUBLICATIONS

Oden, M. (2013). Using PhotoVoice to Teach Social Issues With Undergraduate Social Work Students. *Texas Public Health Association Journal*, 65(4), 7-10.

Oden, M., & Galeener, C.A. (2011). TPHA and Future Public Health Professionals. *Texas Public Health Association Journal*, 64(1), 18-19.

Oden, M., & Brown, L.C. (2010). Real talk for real girls: Enhancing communication between mothers and daughters about sexual health issues. *Texas Public Health Association Journal*, 62(4), 37-38.

SPEAKING ENGAGEMENTS AND PRESENTATIONS

- ❖ L.D. Bell High School, *Nutrition Across the Life Span* (April 2016)
- ❖ American Planning Association National Conference, *Coalition Building* (April 2016)
- ❖ Millwood Hospital, *It IS All About You: The Lost Art of Self-Care* (Oct 2014)
- ❖ Emerald Hills Nursing & Rehab, N. Richland Hills, *Humor and Health* (Sept 2014)
- ❖ A-Z Pediatric Therapy, *Cultural Sensitivity Training* (June 2014)
- ❖ L.D. Bell High School, *Literacy in Early Childhood* (May 2014)
- ❖ Jewish Family Services, *2013 Domestic Violence Conference* (Oct 2013)
- ❖ Tarrant Area Gerontological Society, *Goal Setting Isn't For Cowards: The Science of Setting and Achieving Your Goals* (Sept 2013)
- ❖ Texas Business Women, *Mind, Body, & Soul Renewal for Busy Women* (Sept 2013)
- ❖ Health Education Resources Network, *Student Networking Event* (Jul, 2013)
- ❖ Texas Business Women, *Leadership Lessons From Broadway* (Jun, 2013)
- ❖ L.D. Bell High School, *Imagination Station* (May 2013)
- ❖ Mansfield church of Christ, *Media Matrix* (May 2013)
- ❖ Tarleton State University Excellence in Teaching Conference: World of Opportunities, *The Silver Bullet: Engaging Students in the Learning Process With Icebreakers* (Apr, 2013)
- ❖ Emerald Hills Nursing & Rehab, N. Richland Hills, *It IS All About You: The Lost Art of Self-Care* (March 2013)
- ❖ Child Welfare Conference, Tarleton State University *Child Poverty* (Jan, 2013)
- ❖ Mansfield church of Christ, *How to Talk to Your Kids About Sex* (Nov 2012)
- ❖ Remarkable Healthcare, *It IS All About You: The Lost Art of Self-Care* (Oct 30, 2012)
- ❖ Kiwanis Club of Southwest Fort Worth, *It IS All About You: The Lost Art of Self-Care* (Sept, 2012)
- ❖ Continuity of Care Fort Worth, *It IS All About You: The Lost Art of Self-Care* (Sept, 2012)
- ❖ Emerald Hills Health & Rehab, *It IS All About You: The Lost Art of Self-Care* (Aug, 2012)
- ❖ L. D. Bell High School, *Childhood Nutrition* (May 2012)
- ❖ Girls Inc. of Tarrant County, *Intern Networking Event* (April, 2012)

- ❖ Texas Public Health Association, *Student Pre-Conference Event* (Mar, 2012)
- ❖ Girls Inc. of Tarrant County, *Miss Representation Expert Panel* (Feb, 2012)
- ❖ Girls Inc. of Tarrant County, *Intern Training Institute* (Jan, 2012)
- ❖ Girls Inc. of Tarrant County, *Intern Training Institute* (Aug, 2011)
- ❖ Girls Inc. of Tarrant County, *Intern Training Institute* (May, 2011)
- ❖ Girls Inc. of Tarrant County, *Station-Based Summer Programming* (May, 2011)
- ❖ L. D. Bell High School, *Childhood Nutrition* (May, 2011)
- ❖ Girls Inc. of Tarrant County, *Intern Networking Event* (Apr, 2011)
- ❖ Texas Public Health Association, *Student Pre-Conference Event* (Apr, 2011)
- ❖ Texas Public Health Association, *Women & Stress: Reclaiming Your Life* (Apr, 2011)
- ❖ University of Texas at Arlington, *Women & Policy* (Apr 6, 2011)
- ❖ Girls Inc. of Tarrant County, *Intern Training Institute* (Jan, 2011)
- ❖ Texas Wesleyan University, *Using Your Sociology Degree in Non-Profit* (Jan, 2011)
- ❖ Teen Lifeline, *Living Above the Bar: The 6 Most Important Decisions You'll Ever Make* (Aug, 2010)
- ❖ Fort Worth Christian Women's Connection, *Grandparents Raising Grandkids* (Aug, 2010)
- ❖ Girls Inc. of Tarrant County, *Leadership in Childcare* (Aug, 2010)
- ❖ Continuity of Care – Fort Worth, *Grandparents Raising Grandkids* (Aug, 2010)
- ❖ University of North Texas Health Science Center, *The Impact of Networking* (Jul, 2010)
- ❖ Girls Inc. of Tarrant County, *Intern Training Institute* (May, 2010)
- ❖ Texas Public Health Association, *Real Talk For Real Girls* (Apr, 2010)
- ❖ Tarrant County College, *So You Wanna Be a Social Worker???* (Apr, 2010)
- ❖ Girls Inc. of Tarrant County, *Inspiring Imagination in Afterschool Programming* (Feb, 2010)
- ❖ Texas Christian University, *Best Practices in Internships* (Feb, 2010)
- ❖ University of North Texas Health Science Center, *Alumni Panel* (Feb, 2010)
- ❖ University of North Texas Health Science Center, *Maternal & Child Health* (Jan, 2010)
- ❖ Girls Inc. of Tarrant County, *Intern Training Institute* (Jan, 2010)
- ❖ Girls Inc. of Tarrant County, *Holiday Activities in Child Care* (Nov, 2009)
- ❖ Girls Inc. of Tarrant County, *School Year Programming* (Aug, 2009)
- ❖ Girls Inc. of Tarrant County, *Intern Training Institute* (Jun, 2009)
- ❖ Girls Inc. of Tarrant County, *Successful Summer Scheduling* (May, 2009)
- ❖ Girls Inc. of Tarrant County, *Summertime Programming* (May, 2008)
- ❖ Girls Inc. of Tarrant County, *ADHD & Positive Guidance* (Jan, 2005)
- ❖ Girls Inc. of Tarrant County, *Childcare Directors Training* (Feb, 2005)
- ❖ Girls Inc. of Tarrant County, *Caring For Youth With Special Needs* (Mar, 2005)
- ❖ Starrett Elementary, Arlington, TX, *Manners & Hygiene* (April, 2005)
- ❖ Girls Inc. of Tarrant County, *ADHD & Positive Guidance* (Apr, 2005)
- ❖ Girls Inc. of Tarrant County, *Ages and Stages in Arts and Crafts* (Apr, 2005)
- ❖ Girls Inc. of Tarrant County Annual Luncheon, Keynote Speaker, *How Girls Inc. Made Me Strong, Smart and Bold* (Apr, 2005)
- ❖ Girls Inc. of Tarrant County, Sister 2 Sister Annual Conference Presenter (May, 2005)
- ❖ Lone Star Solutions, Arlington, TX, *ADHD & Positive Guidance* (May, 2005)
- ❖ Girls Inc. of Tarrant County, *Childcare Directors Training* (Jul, 2005)
- ❖ Girls Inc. of Tarrant County, *Childcare Directors Training at the Jewish Education Agency* (Aug, 2005)
- ❖ Power & Authority Tabernacle, Grand Prairie, TX, *Women & Stress: Reclaiming Your Life* (Oct, 2005)
- ❖ Southwest College Health Association, *Women & Stress: Reclaiming Your Life* (Oct, 2005)
- ❖ Girls Inc. of Tarrant County, *Communication & Procrastination* (Nov, 2005)
- ❖ Starrett Elementary, Arlington, TX, *Nutrition & Hygiene* (Nov, 2005)
- ❖ Hispanic Women's Professional Network, *Handling Holiday Stress* (Dec, 2005)

REFERENCES

Dr. Robert Galvan
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Ms. Dina Davis
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Professional Mentor
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