

University of North Texas at Dallas
Fall 2016
SYLLABUS

PSYC 1100 (001): Introduction to Psychology; 3 Hrs

Department of: Sociology & Psychology

School of: Liberal Arts & Sciences

Instructor Name: Candice Kowalski-Dulaney, M.A.

Office Location: Adjunct Offices, DAL2, Room 302A

Email Address: candice.kowalski@untDallas.edu OR kowalskicm12@gmail.com

Office Hours: MW 11:20 – 12:20 or by appointment

Course Format/Structure: 100% face-to-face

Classroom Location: DAL2 336

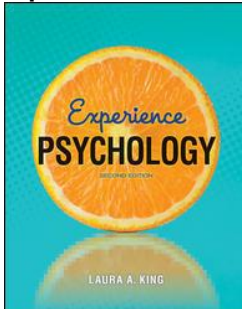
Class Meeting Days & Times: MW 10:00 – 11:20

Course Catalog Description: This course offers a general understanding and application of the basic principles of psychology. Topics will include the history of psychology, scientific methods, physiological foundation of behavior, development, principles of learning, personality theory, abnormal behavior, health psychology, and social psychology.

Prerequisites: None

Co-requisites: None

Required Text:



King, L. A. (2013). *Experience psychology* (2nd ed.). New York, NY: McGraw Hill. ISBN 9780078035340.

Recommended Text and References: Students are expected to read in advance the chapters designated by week in the outline and any additional readings I assign. Be prepared to discuss topics in class.

Access to Learning Resources:

UNT Dallas Library:
phone: (972) 338-1616;
web: <http://www.untDallas.edu/library>
UNT Dallas Bookstore:
phone: (972) 780-3652;
web: <http://www.untDallas.edu/bookstore>
e-mail: untDallas@bkstr.com

Course Goals or Overview:

The goal of this course is to introduce psychology as a scientific discipline and a profession. Emphasis will be placed on the diverse theoretical approaches within psychology and applications of these theories. We will broadly cover many core areas in psychology in academia and the real world including the historical basis of psychology, psychological research methods, memory and learning, sensation and perception, mind and consciousness, personality, social psychology, psychological disorders and treatments, health psychology,

and human development. By the end of the course, students should be familiar with the basic methodologies and theories of the topics presented in class and be expected to apply critical thinking and effective communication, both written and verbal.

Student Learning Objectives/Outcomes: At the end of this course, the student will:

- 1 Be able to demonstrate effective writing for different purposes, exhibit effective presentation skills for different purposes, and interact effectively with others.
- 2 Be able to use scientific reasoning to interpret psychological phenomena, engage in innovative and integrative thinking and problem solving, and interpret, design, and conduct basic psychological research.
- 3 Be able to apply ethical standards to psychological science and practice and adopt values that build community as local, national, and global levels.
- 4 Be able to describe key concepts, principles, and overarching themes in psychology, and will be able to describe applications of psychology.
- 5 Be able to apply psychological content and skills to career goals, exhibit strong teamwork capacity, and develop meaningful professional direction for life after graduation.

Course Outline

As instructor, I reserve the right to make appropriate changes to calendar dates and lecture material. Any changes to this schedule will be communicated in class.

Week	Date	Chapter(s)	Activity/Assignment
1	8/22/2016	NONE	Welcome
	8/24/2016	1: The Science of Psychology	
2	8/29/2016	1 continued	
	8/31/2016	2: The Brain and Behavior	
3	9/5/2016	NONE	NO CLASS
	9/7/2016	2 continued	
4	9/12/2016	3 Sensation and Perception	
	9/14/2016	1 – 3	TEST 1
5	9/19/2016	4: States of Consciousness	
	9/21/2016	4 continued & 5: Learning	
6	9/26/2016	5 continued	
	9/28/2016	5 continued & 6: Memory	
7	10/3/2016	6 continued	
	10/5/2016	4 – 6	TEST 2
8	10/10/2016	7: Thinking, Intelligence, and Language	
	10/12/2016	8: Human Development	
9	10/17/2016	8 continued	
	10/19/2016	9: Motivation	
10	10/24/2016	9 continued & 10: Personality	
	10/26/2016	10 continued	
11	10/31/2016	10 continued	
	11/2/2016	7 – 10	TEST 3
12	11/7/2016	11: Social Psychology	
	11/9/2016	11 continued	
13	11/14/2016	11 continued & 12: Psychological Disorders	
	11/16/2016	12 continued	
14	11/21/2016	12 continued & 13: Therapies	
	11/23/2016	13 continued	STRESS JOURNAL DUE
15	11/28/2016	13 continued & 14: Health Psychology	

	11/30/2016	14 continued	END OF COURSE PAPER DUE
16	12/5/2016	14 continued	Review; Last Class Day
	TBD	11 – 14	TEST 4 (FINAL EXAM)

Course Evaluation Methods

This course will utilize the following instruments to determine student grades and proficiency of the learning outcomes for the course.

EXAMS (4 at 100 points each)

There will be four exams during the semester for this course, including the final exam. They will be worth 100 points each. The final exam will NOT be cumulative and will only cover material in the last two chapters and material discussed in class after the fourth exam. Each exam will consist of 50 multiple choice questions worth 2 points each. Anything discussed in the text or in class is fair game for testing purposes. Please be sure to bring a scantron (882-E) and pencil on test days.

STRESS JOURNAL (50 points)

During the health psychology chapter, we will be discussing stress and its effects of both physical and psychological well-being. Prior to that chapter, you are asked to keep a stress journal for a week. For that journal, you are asked to record your stress levels twice a day, the causes of said stress levels (or lack thereof), and what coping techniques you utilized to manage your stress. I will provide a template during this semester in preparation for this assignment.

END OF COURSE PAPER (50 points)

At the end of the semester, you will be required to submit an end of course paper. This assignment is a reflection of sorts and must be at least 2 pages in length. To complete this writing assignment, please reflect over the chapters we have covered. Select one chapter that you found interesting and explain why this chapter was important to you. How can you apply the information covered here in your personal and professional life? Then, please write in-depth on at least 3 concepts covered within the chapter. Please use 12-point text and 1-inch margins. While additional references are not required, please include in-text citations and a reference sheet in APA format if you decide to use any sources beyond the textbook.

Grading Matrix:

Instrument	Value	Total
Exams	100 points each	400
Stress Journal	50 points	50
End of Course Paper	50 points	50
TOTAL	100%	500

Grade Determination:

- A = 450 – 500 points (90% and above)
- B = 400 – 449 points (80% to 89%)
- C = 350 – 399 points (70% to 79%)
- D = 300 – 349 points (60% to 69%)
- F = 0 – 299 points (59% and below)

*Note: I do not “bump up” at the end of the semester. It is your responsibility to keep track of your grade throughout the semester and apply yourself. Take advantage of extra credit opportunities as they become available; they are limited and will not be saved until the very end of the semester. In addition, I will not offer an influx of opportunities to improve your grade at the end of the semester. If you wait until the end of the semester, it may be too late to achieve the grade you want.

University Policies and Procedures

Student with Disabilities (ADA Compliance):

The University of North Texas Dallas faculty is committed to complying with the American with Disabilities Act (ADA). Students with documented disabilities are responsible for informing faculty of their needs for reasonable accommodations and providing written authorized documentation. Grades assigned before an accommodation is provided will not be changes as accommodations are not retroactive. For more information, you may visit Rosemary Meredith, Disabilities Services and Compliance Officer, Suite 204, Building 2, or call 972-338-1777.

Student Evaluation of Teaching Effectiveness Policy:

The Student Evaluation of Teaching Effectiveness (SETE) is a requirement for all organized classes at UNT. This short survey will be made available to you at the end of the semester, providing you a chance to comment on how this class is taught. I am very interested in the feedback I get from students, as I work to continually improve my teaching. I consider the SETE to be an important part of your participation in this class.

Assignment Policy:

Please refer to the previous section regarding required assignments in this course. For any writing assignments in this class (required or extra credit), please use 1-inch margins and 12-point text. All papers are expected to at least 2 pages in length. If additional references are required, please include in-text citations and a reference sheet in APA format.

All assignments must be submitted as a physical copy in-person as the start of class on the designated due date. I will not accept emailed documents. In addition, I will accept assignments early, but I will not accept them late. It is your responsibility to complete your work in a timely manner.

Exam Policy:

Each exam will consist of 50 multiple choice questions worth 2 points each. Anything discussed in the text or in class is fair game for testing purposes. Please be sure to bring a scantron (882-E) and pencil on test days. Please do not be late. Exams should be taken as scheduled. No makeup examinations will be allowed except for documented emergencies (See Student Handbook).

Academic Integrity:

Academic integrity is a hallmark of higher education. You are expected to abide by the University's code of academic integrity policy. Any person suspected of academic dishonesty (i.e., cheating or plagiarism) will be handled in accordance with the University's policies and procedures. Refer to the Code of Academic Integrity at

http://www.untDallas.edu/sites/default/files/page_level2/pdf/policy/7.002%20Code%20of%20Academic_Integrity.pdf

In addition, conduct all academic work turned in for this class, including exams, papers, and written assignments according to the following:

On my honor, I have not given, nor received, nor witnessed any unauthorized assistance that violates the UNTD Academic Integrity Policy.

Bad Weather Policy:

On those days that present severe weather and driving conditions, a decision may be made to close the campus. In case of inclement weather, call UNT Dallas Campuses main voicemail number 972-78-3600 or search postings on the campus website www.untDallas.edu. Students are encouraged to update their Eagle Alert contact information, so they will receive this information automatically.

Attendance and Participation Policy:

Class attendance and participation is expected because the class is designed as a shared learning experience and because essential information not in the textbook will be discussed in class. The dynamic and intensive nature of this course makes it impossible for students to make-up or to receive credit for missed classes. Attendance and participation in all class meetings is essential to the integration of

course material and your ability to demonstrate proficiency. Students are responsible to notify the instructor if they are missing class and for what reason. Students are also responsible to make up any work covered in class. It is recommended that each student coordinate with a student colleague to obtain a copy of the class notes if they are absent.

Diversity/Tolerance Policy:

This is meant to be a safe environment for the exchange of ideas. Students are encouraged to contribute their perspectives and insights to class discussions. However, offensive and inappropriate language and remarks offensive to others of particular nationalities, ethnic groups, sexual preferences, religious groups, genders, or other ascribed statuses will not be tolerated. Please conduct yourself with dignity and respect. Disruptions that violate the Code of Student Conduct will be referred to the Center for Student Rights and Responsibilities as I deem appropriate. Furthermore, please practice discretion when discussing personal matters and give others a chance to share.

Other Policies:

- Blackboard: You are not required to submit any assignments on Blackboard, but I encourage you to check it regularly. Class announcements, exam reviews, grades, and assignments will be posted there.
- Cell Phones and Electronics: Please silence your cell phones during class time. If you must take a call, step out. PLEASE DO NOT TEXT IN CLASS. It is very distracting, and you cannot apply undivided attention to class material if you choose to text.
- Laptops: As before, I expect you to conduct yourself with dignity and respect. If you choose to use a laptop for note taking, the sole purpose of your laptop during class time is for note-taking ONLY. Do not surf the web or check on other responsibilities. This is also distracting. If it is brought to my attention that laptops are being used for purposes outside of note taking, I reserve the right to revoke all laptop privileges.