

University of North Texas at Dallas
Fall 2010
SYLLABUS

COUN 5690D Section 090 Practicum in Counseling

Department of		Counseling	Division of		Education and Human Services
Instructor Name:		Dr. Ryan Holliman			
Office Location:		UNT Dallas Campus #160			
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Office Hours:		4:30-5:30			
Virtual Office Hours:					
Classroom Location:		UNT Dallas Campus #274			
Class Meeting Days & Times:		Monday 5:00-9:50			
Course Catalog Description:		COUN 5690. Practicum in Counseling. 3 hours. Provides actual counseling experience with a variety of clients and problems			
Prerequisites:		Prerequisite(s) : All required degree courses in counseling program except specialty track course (COUN 5300, COUN 5770, COUN 5600, COUN 5750) , COUN 5720, and COUN 5721. COUN 5740 may be taken concurrently. With the exception of COUN 5700, students may take an elective concurrently.			
Co-requisites:					
Required Text:		American Counseling Association (2005). <i>ACA Code of Ethics: 2005</i> . Alexandria, VA: Author. Available from http://www.counseling.org (click on ethics resources). American Psychiatric Association. (2000). <i>Diagnostic and statistical manual of mental disorders-Text Revision</i> . (4th ed. Text revision). Washington, DC: Author. Engels, D. W. Barrio Minton, C. A., Ray, D., and associates. (2009). <i>The professional counselor: Portfolio, competencies, performance guidelines, and assessment (4th ed.)</i> . Alexandria, VA: American Counseling Association. Counseling Practicum Handbook			
Recommended Text and References:		N/A			
Access to Learning Resources:		UNT Dallas Library: phone: (972) 780-3625; web: http://www.unt.edu/unt-dallas/library.htm UNT Dallas Bookstore: phone: (972) 780-3652; e-mail: 1012mgr@fhcg.follett.com			
Course Goals or Overview:					
This course is designed to provide students with a supervised counseling experience that will facilitate the student's development as a professional counselor. The focus is on a consistent implementation of an internally consistent, personal theory of counseling with a variety of clients. Students are required to carry a specified caseload at Counseling Program clinical facilities.					
Students must complete supervised practicum experiences that total a minimum of 100 clock hours. Each					

- student's practicum includes all of the following:
1. At least 40 clock hours of direct service with actual clients that contributes to the development of counseling skills.
 2. Weekly interaction that averages one hour per week of individual and/or triadic supervision throughout the practicum.
 3. An average of 1 1/2 hours per week of group supervision that is provided on a regular schedule throughout the practicum.
 4. The development of video recordings for use in supervision or live supervision of the student's interactions with clients.
 5. Evaluation of the student's counseling performance throughout the practicum, including documentation of a formal evaluation after the student completes the practicum.

Learning Objectives/Outcomes: The student will demonstrate knowledge, skills, and practices necessary for success as a professional counselor via his or her participation in key assessments in this course. Student Learning Outcomes for this course are as follows:

CMHC Knowledge and Skills Outcomes	CACREP	Evaluation
1. Demonstrate the ability to apply and adhere to ethical and legal standards in CMHC.	CMHC B1	Professional Counseling Performance Evaluation (PCPE)-Practicum
2. Use the principles and practices of diagnosis, treatment, referral, and prevention of mental and emotional disorders to initiate, maintain, and terminate counseling.	CMHC D1	PCPE- Practicum
3. Apply multicultural competencies to clinical mental health counseling involving case conceptualization, diagnosis, treatment, referral, and prevention of mental and emotional disorders.	CMHC D2	PCPE- Practicum
4. Demonstrates appropriate use of culturally responsive individual, couple, family, group, and systems modalities for initiating, maintaining, and terminating counseling.	CMHC D5	PCPE- Practicum
5. Demonstrates the ability to use procedures for assessing and managing suicide risk.	CMHC D6	PCPE- Practicum
6. Applies current record-keeping standards related to clinical mental health counseling.	CMHC D7	PCPE- Practicum
7. Provides appropriate counseling strategies when working with clients with addiction and co-occurring disorders.	CMHC D8	PCPE- Practicum
8. Demonstrates the ability to recognize his or her own limitations as a clinical mental health counselor and to seek supervision or refer clients when appropriate.	CMHC D9	PCPE- Practicum
9. Maintains information regarding community resources to make appropriate referrals	CMHC F1	PCPE- Practicum
10. Advocates for policies, programs, and services that are equitable and responsive to the unique needs of clients	CMHC F2	PCPE- Practicum
11. Demonstrates the ability to modify counseling systems, theories, techniques, and interventions to make them culturally appropriate for diverse populations.	CMHC F3	PCPE- Practicum
12. Selects appropriate comprehensive assessment interventions to assist in diagnosis and treatment planning, with an awareness of cultural bias in the implementation and interpretation of assessment protocols	CMHC H1	PCPE- Practicum
13. Demonstrates skill in conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history, and a psychological assessment for treatment planning and caseload management.	CMHC H2	PCPE- Practicum
14. Screens for addiction, aggression, and danger to self and/or others, as well as co-occurring mental disorders.	CMHC H3	PCPE- Practicum
15. Applies the assessment of a client's stage of dependence, change, or recovery to determine the appropriate treatment modality and placement criteria within the continuum of care.	CMHC H4	PCPE- Practicum

16. Demonstrates appropriate use of diagnostic tools, including the current edition of the DSM, to describe the symptoms and clinical presentation of clients with mental and emotional impairments.	CMHC L1	PCPE- Practicum
17. Is able to conceptualize an accurate multi-axial diagnosis of disorders presented by a client and discuss the differential diagnosis with collaborating professionals.	CMHC L2	PCPE- Practicum
18. Differentiates between diagnosis and developmentally appropriate reactions during crises, disasters, and other trauma-causing events.	CMHC L3	PCPE- Practicum
SC Knowledge and Skills Outcomes	CACREP	Evaluation
1. Demonstrates the ability to apply and adhere to ethical and legal standards in school counseling.	SC B1	PCPE- Practicum
2. Demonstrates self-awareness, sensitivity to others, and the skills needed to relate to diverse individuals, groups, and classrooms.	SC D1	PCPE- Practicum
3. Designs and implements prevention and intervention plans related to the effects of (a) atypical growth and development, (b) health and wellness, (c) language, (d) ability level, (e) multicultural issues, and (f) factors of resiliency on student learning and development.	SC D3	PCPE- Practicum
4. Demonstrates the ability to use procedures for assessing and managing suicide risk.	SC D4	PCPE- Practicum
5. Demonstrates the ability to recognize his or her limitations as a school counselor and to seek supervision or refer clients when appropriate.	SC D5	PCPE- Practicum
6. Demonstrates multicultural competencies in relation to diversity, equity, and opportunity in student learning and development.	SC F1	PCPE- Practicum
7. Assesses and interprets students' strengths and needs, recognizing uniqueness in cultures, languages, values, backgrounds, and abilities.	SC H1	PCPE- Practicum
8. Selects appropriate assessment strategies that can be used to evaluate a student's academic, career, and personal/social development.	SC H2	PCPE- Practicum
9. Analyzes assessment information in a manner that produces valid inferences when evaluating the needs of individual students and assessing the effectiveness of educational programs.	SC H3	PCPE- Practicum
10. Makes appropriate referrals to school and/or community resources.	SC H4	PCPE- Practicum
11. Assesses barriers that impede students' academic, career, and personal/social development.	SC H5	PCPE- Practicum
12. Applies relevant research findings to inform the practice of school counseling.	SC J1	PCPE- Practicum
13. Develops measurable outcomes for school counseling programs, activities, interventions, and experiences.	SC J2	PCPE- Practicum
SACC Knowledge and Skills Outcomes	CACREP	Evaluation
1. Demonstrates the ability to apply and adhere to ethical and legal standards in student affairs and college counseling	SACC B1	PCPE-Practicum
2. Demonstrates the ability to recognize his or her own limitations as a college counselor and/or student affairs	SACC C5	PCPE- Practicum
3. Applies multicultural competencies to the practice of student affairs and college counseling.	SACC D1	PCPE- Practicum
4. Demonstrates the ability to use procedures for assessing and managing suicide risk.	SACC D4	PCPE- Practicum
5. Demonstrates a general understanding of principles and models of biopsychosocial assessment and case conceptualization that lead to appropriate counseling for	SACC D5	PCPE- Practicum

students in postsecondary education.		
6. Applies multicultural competencies to serve diverse postsecondary student populations.	SACC F4	PCPE- Practicum
7. Addresses multicultural counseling issues as they relate to student development and progress in postsecondary education (e.g., discrimination, power, privilege, oppression, values).	SACC F5	PCPE- Practicum
8. Assesses and interprets postsecondary student needs, recognizing uniqueness in culture, languages, values, backgrounds, and abilities.	SACC H1	PCPE- Practicum
9. Applies relevant research findings to inform the practice of student affairs and college counseling.	SACC J1	PCPE- Practicum
10. Develops measurable outcomes for college counseling and student development activities.	SACC J2	PCPE- Practicum

Course Outline

This schedule is merely a suggestion of topics to be covered and may deviate from the below schedule. The schedule subject to change by the instructor. Any changes to this schedule will be communicated by the instructor in class.

TOPICS	TIMELINE
1. Orientation to the clinic	8/30
2. Labor Day- University Closed	9/6
3. Developing Rapport & the Therapeutic Relationship	9/13
4. Developing Rapport & the Therapeutic Relationship –Cont'd	9/20
5. Change Strategies	9/27
6. Change Strategies-Cont'd	10/4
7. Mid-Term Evaluations	10/11
8. Theoretical Conceptualization	10/18
9. Theoretical Conceptualization	10/25
10. Personalization & Self-Care	11/1
11. Case Presentations	11/8
12. Case Presentations	11/15
13. Case Presentations	11/22
14. Termination of Services with Clients	11/29
15. End of Term Evaluations	12/6
16. End of Semester Wrap-up	12/13

Course Evaluation Methods

Methods of instruction: Instructional methods include assigned readings, role plays, group discussion, didactic lectures, journal exploration, individual/triadic and group supervision, case conceptualizations and related presentations, video/film analysis, and experiential activities.

Student performance evaluation criteria and procedures:

KEY ASSESSMENT: PCPE-Practicum Midterm

KEY ASSESSMENT: PCPE-Practicum Final

Instrument	Value (points or percentages)
Assigned Readings/Resources and Group Participation	Professional Responsibility
Role Plays/ Practice Exercises (demonstrated learning)	10
Weekly Journals	10
Professional Counseling Performance Evaluations [PCPE]-Practicum Midterm and Final	30 (15 each)

Session Critiques and Transcripts	30 (15 each)
Review of Client Files	10 (5 each)
Case Presentation	10 (5 each)
Total:	100

University Policies and Procedures

Students with Disabilities (ADA Compliance):

The University of North Texas Dallas faculty is committed to complying with the Americans with Disabilities Act (ADA). Students' with documented disabilities are responsible for informing faculty of their needs for reasonable accommodations and providing written authorized documentation. For more information, you may visit the Office of Disability Accommodation/Student Development Office, Suite 115 or call Laura Smith at 972-780-3632.

Student Evaluation of Teaching Effectiveness Policy:

The Student Evaluation of Teaching Effectiveness (SETE) is a requirement for all organized classes at UNT. This short survey will be made available to you at the end of the semester, providing you a chance to comment on how this class is taught. I am very interested in the feedback I get from students, as I work to continually improve my teaching. I consider the SETE to be an important part of your participation in this class.

Assignment Policy:

Assignments are expected to be turned in on the due date designated in the syllabus. Assignments that are not turned in by the end of the day on which they are due will receive an automatic deduction of 20pts. Assignments will receive a deduction of 10 pts/week they are late. Assignments that are more than 2 weeks late will not be accepted, and the student will be assigned a 0 for the assignment.

Exam Policy:

Exams should be taken as scheduled. No makeup examinations will be allowed except for documented emergencies (See Student Handbook).

Academic Integrity:

Academic integrity is a hallmark of higher education. You are expected to abide by the University's code of conduct and Academic Dishonesty policy. Any person suspected of academic dishonesty (i.e., cheating or plagiarism) will be handled in accordance with the University's policies and procedures. Refer to the Student Code of Conduct at http://www.unt.edu/csrr/student_conduct/index.html for complete provisions of this code.

Bad Weather Policy:

On those days that present severe weather and driving conditions, a decision may be made to close the campus. In case of inclement weather, call UNT Dallas Campuses main voicemail number (972) 780-3600 or search postings on the campus website www.unt.edu/dallas. Students are encouraged to update their Eagle Alert contact information, so they will receive this information automatically.

Attendance and Participation Policy:

The University attendance policy is in effect for this course. Class attendance and participation is expected because the class is designed as a shared learning experience and because essential information not in the textbook will be discussed in class. Students who miss more than 2 periods of class will have 10 pts deducted from their final grade, and an additional 10 pts for each additional absence. Attendance is defined as both physical and intellectual presence. Therefore, students who are not awake during class will be asked to leave and assigned an absence for the day. The dynamic and intensive nature of this course makes it impossible for students to make-up or to receive credit for missed classes. Attendance and participation in all class meetings is essential to the integration of course material and your ability to demonstrate proficiency. Students are responsible to notify the instructor if they are missing class and for what reason. Students are also responsible to make up any work covered in class. It is recommended that each student coordinate with a student colleague to obtain a copy of the class notes, if they are absent.

Diversity/Tolerance Policy:

Students are encouraged to contribute their perspectives and insights to class discussions. However, offensive & inappropriate language (swearing) and remarks offensive to others of particular nationalities, ethnic groups, sexual

preferences, religious groups, genders, or other ascribed statuses will not be tolerated. Disruptions which violate the Code of Student Conduct will be referred to the Center for Student Rights and Responsibilities as the instructor deems appropriate.

Additional Policies:

- Use of Cell Phones & other Electronic Devices in the Classroom

Due to the experiential nature of this class and the importance of the information being conveyed during lecture, electronic devices of any form are not allowed. Cell phones must be set to vibrate or silent during class, and for no reason may a student make or receive a call during class, except for medical emergencies. In addition, texting is not allowed during class time. Students must set their texting device (cell phone, smart phone, etc...) to silent. Students who engage in texting or phone calls during class will be asked to leave.

- Food & Drink in the Classroom

Due to the length and time during which class has been scheduled food and drink are allowed in the classroom. However, it is the responsibility of the student to bring food which does not result in distraction from participation in class activities. Students are responsible for cleaning any trash which results from their food items and cleaning any spills/messes.

- Grade of Incomplete, "I"

For this course the grade of "I" is, as a general rule, not given. If a student believes that they possess extenuating circumstances which bear the instructor's consideration, a conference with the instructor should be scheduled.